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**AUGUST 2014
ISSUE 284**

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EDITOR

Brian Lee

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The *Harbour Spiel* is mailed to all addresses between Egmont and Middlepoint (1,370) and available by paid subscription and for free at a variety of locations on the Sunshine Coast:

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This month we thank: Mark Brezer, Frank Mauro, Shane McCune, Susan Nattall, Jim Rutherford, David Twentyman and Jan Watson.

Cover photo: Dan Bosch Park. (Brian Lee photo.)

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The *Harbour Spiel* can be delivered monthly by mail for \$60 per year (includes GST).

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**SEPTEMBER ISSUE MAILS
AUG. 28**

editorial

Somebody is watching you

By Brian Lee



I used sit pretty comfortably on the side of folks who oppose the proliferation of surveillance cameras.

I still do, in principle, because modern authorities seem to use Orwell's *1984* as a how-to-manual now instead of a warning.

Video surveillance is a powerful tool and many believe it restricts our personal freedom.

But even I have to admit to experiencing extreme pleasure when I stumble upon a news report with video or still images of a soon-to-be-identified jackass committing a crime while he thought he was invisible.

More and more, I find myself reluctantly appreciating the benefits of the technology over the obvious privacy dangers.

Recently, arsonists burned a family's remote summer cabin on Pitt Lake to the ground.

The cabin had been vandalized 20 times in the past three years so a relative decided to install a simple hunting camera in a tree nearby.

Enter stage right:

Three lifejacket-wearing Maple Ridge morons.

They snoop around and then, fire.

The images retrieved from the camera were clearer than most cell phone selfies.

Commenters on the Global News website quickly identified the alleged arsonists, even posting links to their facebook profiles.

Not long after the three men in their 20s turned themselves in.

And it's safe to say none of this would have happened without surveillance footage (and the Internet).

The investigation weeks ago of the disappearance of a Calgary couple and their grandson centred on surveillance footage of a truck passing through the neighbourhood that led to the man eventually charged with their murder.

Locally, a security camera at a summer cabin on Nelson Island captured images of plundering thieves a few years back.

I'm not sure if they were ever caught but the RCMP circulated the images widely.

While it makes their jobs easier, those same law enforcement agencies have a hard time ducking justice themselves when video surfaces of a cop giving some poor sucker a boot to the face.

It's safe to assume police officers everywhere conduct themselves better because of cameras.

Besides, surveillance cameras contribute a disproportionately large share of the entertainment found on sites like YouTube.

Case in point:

If it weren't for surveillance footage, I may never have had the opportunity to watch that convenience store clerk fall through the cellar opening a hundred times or so.

Dashboard cams, Google Glass, GoPro mounts — everything is being recorded.

You are picked up on surveillance cameras when you enter the Madeira Park Shopping Centre and its shops, when you fill up your car with gas and any number of other places you frequent daily.

Our lives have become much less private than even 10 years ago.

And it seems to me that we are starting to like it.

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spiel picks

BC FORESTRY BOAT RENDEZVOUS: Aug. 1 - 4

According to those in the know at the Madeira Park wharf, anywhere between five and nine wooden ex-forestry boats will soon be arriving for a rendezvous at Madeira Park. They can be seen at the Madeira Park government wharf between Aug. 1 and 4. The best viewing time will likely be on Aug. 2 or 3 when they all should have arrived.

GARDEN BAY SHOW & SHINE: Aug. 10

If the seductive line of a finely turned fender makes you grin like a fool, don't miss the 10th annual Garden Bay Show & Shine in beautiful, downtown Garden Bay, 10 a.m. to 4 p.m. on Sunday, Aug. 10.

The Show & Shine is proudly hosted by the Rotary Club of Pender Harbour with the Garden Bay Pub. Enter your vehicle one of three ways: go to the Show & Shine page at www.penderharbour.org to download a registration form, call Garden Bay Pub at (604) 883-2674 or show up a little early on show day to register onsite. Gates open at 10 a.m. and voting ends at 4 p.m.

10TH ANNUAL P. H. CHAMBER MUSIC FESTIVAL: Aug. 14-17

It's been a decade since the first Pender Harbour Chamber Music Festival took place and it keeps on growing in popularity every year. That's a hint to purchase your tickets now because if you wait until the 14th, you're likely to be disappointed because the festival usually sells out.

toon



Dan Murphy/Artizans

Harbour Spiel

Three face poaching, firearm charges in 2013 elk kill

Charges have been laid in connection with the killing of three cow elk near Ruby Lake in February 2013.

Kristopher Nichols of Pender Harbour has been charged with six counts under the Wildlife Act while associates Bryn Foreman and Kyle Bessette, both of Powell River, are each charged with a single count relating to the same incident.

In a press release the Conservation Officer Service stated, "The Crown alleges the elk were shot at night, off a public highway, in an area closed to hunting and the discharge of firearms."

Nichols has been charged with six counts under the Wildlife Act:

1. Hunting, taking, wounding or killing wildlife (three cow elk) at a time not within open season;
2. Hunting, taking, wounding or killing wildlife (three cow elk) with a firearm or bow during prohibited hours (hunting at night);
3. Hunting, taking, wounding or killing wildlife (three cow elk) by the use or with the aid of a light or illuminating device;
4. Discharging a firearm in a no shooting area (within the road allowance of Highway 101, also known as the Sunshine Coast Highway);
5. Hunting without reasonable consideration for the lives, safety and/or property of other persons, and
6. Having dead wildlife or a part of any wildlife in his possession (three dead cow elk without authorization under a licence or permit or as provided by regulation).

Foreman and Bessette have each been charged with a single count under the Wildlife Act of "Having dead wildlife or a part of any wildlife in his possession (three dead cow elk) without authorization under a licence or



Brian Lee photo

The site (Sunshine Coast Highway in the background) where three cow elk were killed on the evening of Feb. 19, 2013. The Conservation Officer Service announced that three men have been charged in the alleged poaching incident.

permit or as provided by regulation."

The release states that "a person who commits a first offence under the Wildlife Act is liable to a fine of not more than \$100,000 or to a term of imprisonment not exceeding one year, or both."

The three accused are scheduled to appear in Sechelt Provincial Court Aug. 20.

Roosevelt elk on the Sunshine Coast are a nursery herd used for translocation and re-establishment

of populations in historic ranges throughout the lower coast, including the Powell River area and watersheds north to the Homathko River.

Elk on the Sechelt Peninsula are of particular value to the people of British Columbia including the Shíshálh people.

These elk are the progeny of elk translocated to the area in the early 1990's at considerable cost to the taxpayers of BC and are now used to re-establish extirpated elk herds throughout coastal areas.

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Sorry Gibsons: South Pender water now best on the Coast

On June 27, residents of south Pender Harbour opened their taps to the first stream of treated water from the \$5.5 million water treatment plant recently built near McNeill Lake.

McNeill Lake is a dammed reservoir that has long served community water needs but often suffered from high levels of organic material.

This has been especially true in the summer months when the water level drops and the turbidity levels rise, often resulting in boil-water advisories.

That should be a thing of the past, says Kevin Johnson, SCR D plant manager for both the McNeill Lake and Chapman Creek water treatment plants.

Speaking during a July 24 media tour of the McNeill plant, Johnson raised a door in the floor to show the 500,000-litre reservoir of treated water that sits underneath the plant.

Because that water is at least 97-per-cent free of organic material — slightly better than the Chapman Creek plant's output — it requires much less chlorine to maintain health standards.

Johnson said that, where previous turbidity levels and organic



Brian Lee photo

The McNeill Lake water treatment plant has two of everything built in to its design to offer redundancies in case of failure. Only one half (called a 'train') of the plant is necessary to provide enough drinking water for south Pender Harbour.

build-up in the lines required chlorine treatment throughout the system, now the only chlorine added is at the plant.

"As it stands right now, we're using about half the chlorine," he said.

Not only is the water close to distilled quality, its pH is now raised at the plant in order to better facilitate treatment.

Raw water coming from the lake is slightly acidic at 6.8 to 6.9 but now is raised to 7.2.

It may seem a small thing but

Johnson said it goes a long way in preventing corrosion to pipes and hot water tanks.

Not only is the water better tasting, but Johnson said the recent dry weather raised turbidity levels above what might have triggered a drinking water advisory in the past.

Considering how early it was in the season, he said it's unlikely McNeill Lake water users could have avoided a drinking water advisory this season without the new plant.

RCMP news

THEFT OF LOGGING EQUIPMENT

On July 8, Sunshine Coast RCMP received a report that heavy duty equipment had been stolen from a logging site near Egmont sometime over the past few months.

The logging site was water-access only and a large vessel or barge would have been required to facilitate the theft.

Items stolen include a newer model Caterpillar 330C excavator,

two fuel pumps from high capacity fuel tanks, a fuel hose from an onsite fuel truck and a dual prop leg from a small boat.

This file is currently under investigation and police are requesting the public's assistance in locating these items and the suspect(s).

If you have any information with regard to this incident, please contact Const. Kelly at the Sunshine Coast RCMP.

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McNeill Lake water treatment: Source to tap



Water for the McNeill Lake treatment plant is pumped directly from the often murky lake.



A coagulant called ISOPAC and soda ash, used to raise the pH, are added to the raw water to facilitate treatment.



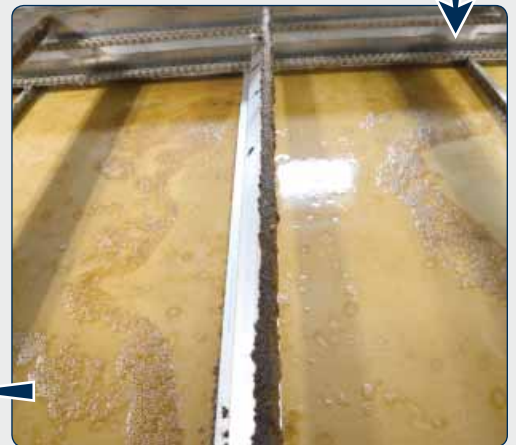
Mixing helps to ensure the chemicals are evenly distributed through the water. Note how only one 'train' (right) is active.



The water is then pumped into a dual media filter tank, trickling through anthracite coal and sand layering its bottom.



Brushes scoop the scum from the surface of the tank while the treated water is collected in a perforated pipe at the bottom.



Water, supersaturated with air, then enters a second tank through diffusers along the bottom. The air quickly floats to the surface picking up organic 'scum.'



Water is then treated with ultraviolet light to deactivate any remaining organisms. The UV light transmission display provides an accurate assessment of how pure the water is.



Waste water is pumped to one of two settling ponds onsite. Though slightly sandy in texture, when the waste material is dried it can be mixed with topsoil and reused for gardening.



Heavy rains reduced the turbidity before this site visit but the difference in water quality is still clear.

MMBC rules frustrating recyclers and feeding local landfills

Many residential recyclers are frustrated and confused about new rules governing what materials are accepted under the Multi Materials BC recycling system.

During a site visit to GRIPS recycling depot on July 17, the *Harbour Spiel* witnessed some of the reactions first-hand.

“They have to go to the landfill?” said one woman after a staff member told her that some of her plastic bags were now garbage.

“Are you serious?”

Items like books and phone-books, multi-layered pet food bags and crinkly cellophane wrap are but a few items that were previously accepted but are now turned away.

Some items, such as IGA shopping bags, are diverted to the landfill because they are compostable, but it’s hard to tell the difference.

Even more frustrated than those attempting to drop off their recyclables are the GRIPS staff and volunteers who are struggling to implement the new system.

On May 20 the SCRD announced it would join the Multi Materials BC recycling program, a province-wide initiative legislated to shift the responsibility for recycling consumer packaging material to producers and away from taxpayer-funded models.

Under the new system, the 2011 BC Recycling Regulation requires businesses over a certain size that



Brian Lee photo

Many recyclers dropping off material at GRIPS are confused about what is accepted — including this gentleman who showed up with a handful of mixed plastic bags requiring assistance from employee Kristine Bennett to sort it out.

supply packaging and printed paper to pay a charge for the cost of collecting, sorting and recycling these materials.

This fee will then be passed on to member municipalities to finance residential recycling programs for printed paper and packaging, which will be returned to MMBC for post-collection services (processing and transport to market).

At press time, GRIPS was still negotiating with the SCRD over a contract that would fund the non-profit society under the new system.

Previously, the GRIPS bottle depot helped subsidize the recycling portion of the operation.

Under the new legislation, the recycling material becomes property of MMBC and the proceeds come back to GRIPS via the SCRD.

GRIPS secretary-treasurer Joe Harrison said that new transparency laws for non-profits prevent them

from directing the bottle depot proceeds anywhere but to a charitable recipient.

This prohibits GRIPS from subsidizing the recycling program because it would, in effect, be subsidizing the SCRD.

“The labour and the overhead [to run GRIPS] amounts to about \$60 an hour through the year pretty consistently,” said Harrison.

“Their [the SCRD] position is that must include some non-residential stuff, so they’re only going to give us \$50. So that means the charity has to pick up the difference.”

That “non-residential stuff” is posing other problems for local recyclers too.

Because the MMBC program deals solely with residential recyclables, businesses with significant quantities of recyclable material are left wondering where they stand.

Harbour Spiel



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Buddy Boyd, co-owner of Gibsons Recycling Depot, which has also refused to sign on with the SCRD and the MMBC program, says that he is forced to separate industrial waste from the residential material streams.

"Now we have to create an entirely different program that takes up a separate footprint and the cost associated with it is going to be higher than before."

That may make it prohibitive for many businesses to recycle at all.

Howard White, publisher of Harbour Publishing, recycles books, cardboard and plastic wrap each year from his Lagoon Road warehouse.

White said he hasn't needed to truck off any recyclables since the new rules came into effect May 20 but since books are no longer accepted under the MMBC program, he's not sure if he'll be able to recycle them anymore.

"It could be a very significant factor for us," said White.

"We have tons of books we recycle every year and if we're forced to landfill them it would be a shame."

GRIPS manager Ken Lee, said another change is that MMBC won't accept crushed glass or compacted cans.

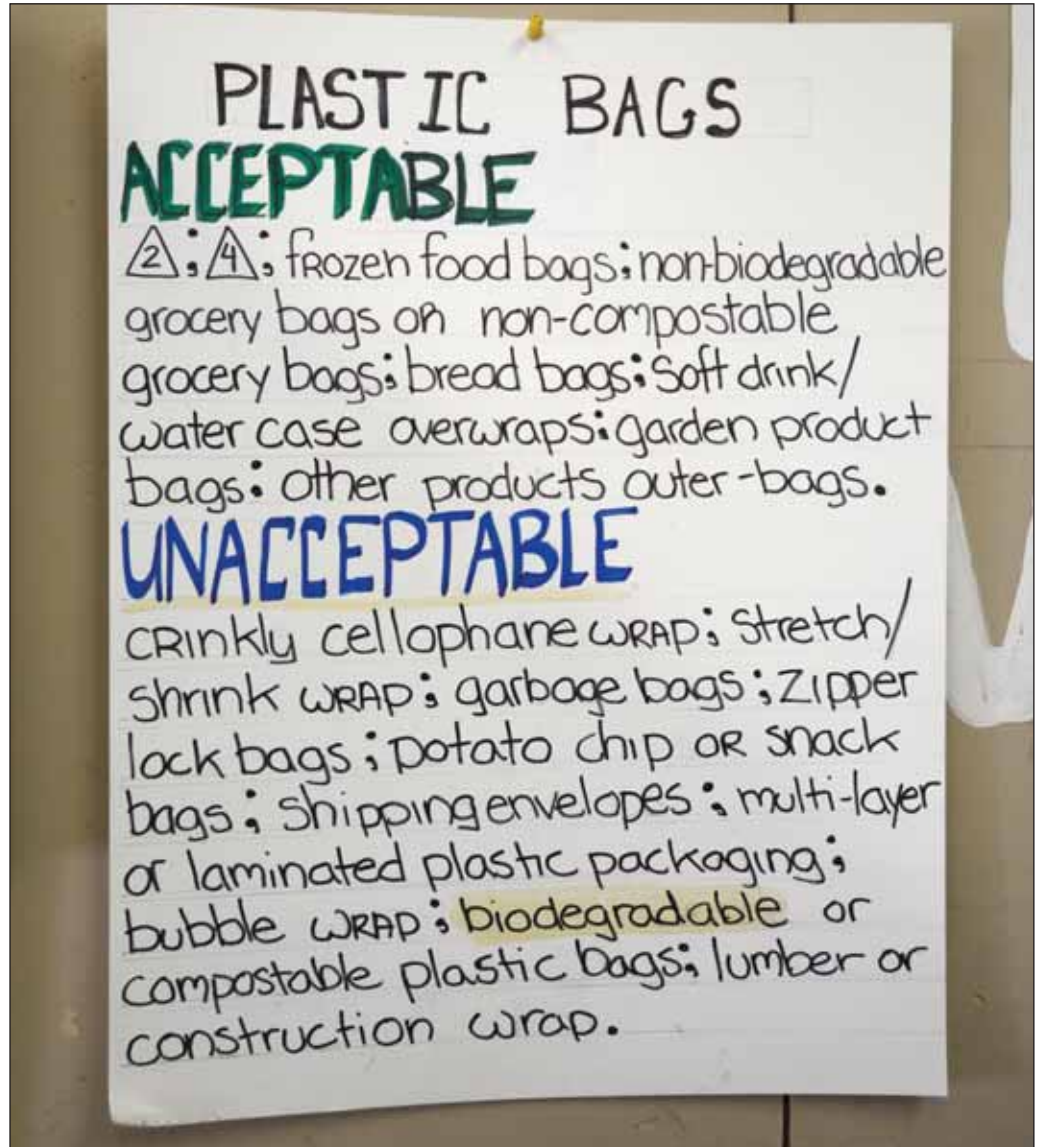
Lee pointed to a "mega bag" commonly used to transport crushed glass and says they will soon be transported on trucks to the Lower Mainland filled with intact glass jars.

Lee estimated that where they might have shipped 20,000 crushed glass jars in a single load before, they will now ship 1,000 intact jars.

He said that will mean more trucks on the road and more trucks in the ferry lineup — all increasing the carbon footprint for a practice intended to reduce the strain on resources.

Which is why the new rules have many recyclers questioning if it's

August 2014



Brian Lee photo

A new sign at GRIPS indicating what bags are now accepted and what are not.

worth the bother.

As another recycler enters the GRIPS depot he's immediately approached by a staff member who politely points out that the bags he's putting in a bin are not accepted.

The staff member helps the gentleman sort his bags, explaining how some are compostable, some are recyclable and some just aren't accepted at all.

"It's insanity," the man says.

"Who's going to friggin' waste their time to do this?"



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Brian Lee photo

Clearly this guy doesn't read the *Spiel*. Just two weeks after an editorial on problem parking in Madeira Park, someone left this truck for days, blocking the entire right lane leaving the Madeira Park government wharf.

Thank You!

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Brienne Campbell & Teal Loverock ~ Camp Leaders
Joe Wilson ~ Camp Helper

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Pender Harbour Community School Society
and Pender Harbour Aquatic & Fitness Centre Society



Chris Tite photo

This 29-pound Chinook was caught trolling on a rainy July 5 at Quarry Shoal by Port Coquitlam visitor Gord Schubert.

Madeira Park post office to close Saturdays

In an effort to “streamline operations,” Canada Post plans to eliminate Saturday service at the Madeira Park post office.

The changes are part of Canada Post’s “five point action plan” announced in December to reduce costs at the Crown corporation.

Carley Smith, media relations manager at Canada Post, told the *Harbour Spiel* the closure won’t affect mailbox access in the building, which will continue to be open daily from 7:30 a.m. to 8:30 p.m.

“We’ve done traffic and customer analysis at all these outlets and where we’ve found a lot of customers, we’re extending the hours and where we found no customers are using the office at all, we’ve shortened the hours,” said Smith.

“At this location in Madeira Park, we’re looking to close on Saturdays.

“But on Saturdays, it was only open from 9 a.m. until 1 p.m. so we’re also looking to extend the hours on Thursday evening where we found the most amount of traffic. So we extended it on Thursday by an hour.”

Smith says Canada Post has just completed consultation about these changes with the Canadian Postmasters and Assistants Association, the union representing postal workers in rural BC, and expects the new hours will be implemented in late August.

The CPAA issued a statement in response to these changes.

“In some communities, Saturday is the only day available for some to do their postal business.

“If these reductions are implemented, there will be a negative impact on the services as well as the earnings of the affected employee.”

Thursday opening hours will be



Brian Lee photo

This customer using the post office on Saturday, July 26 will soon find the door to the service desk locked on Saturdays.

extended by an hour from 8:30 a.m. to 6:30 p.m. while on Monday, Tuesday, Wednesday and Friday, the postal service will be available until 5:30 p.m.

Smith says there are no current changes planned to service hours at the Garden Bay or Egmont outlets.

Canada Post’s five main initiatives in their action plan involve:

1. Community mailboxes — the one-third of Canadian households that receive their mail at their door will be converted to community mailbox delivery over the next five years.

2. The introduction of a tiered pricing structure for lettermail, intending to “better reflect the cost of serving various customer segments.”

3. Expansion of postal franchises in retail outlets. “Canada Post will also streamline its corporate-run post offices.”

4. Streamlining operations for

a more efficient flow of parcels and mail.

5. Addressing the cost of labour — Canada Post “will continue to bring the cost of labour in line with its competitors through attrition and collective bargaining over time.”

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Tough decisions and bumps



By Frank Mauro,
Area A Director

A DIFFICULT DECISION

A rezoning application was submitted to satisfy the requirement to provide parking near Sakinaw Lake for a proposed "water access" subdivision located some three kilometres from the site of the subject property.

The water access designation was applied because, even though the proposed subdivision is accessible by a nondesignated road through Crown land, there is no tenure for that road.

This has been an application involving a great deal of community participation, both on the part of the

supporters of the application and those opposed to the application.

I would like to thank everyone who participated for their input and the respectful way views were presented.

The decision on whether to support or to deny the application was a difficult one.

At the information meeting over six months ago and since then, up to the date of the public hearing in June, I listened to the applicant, his development agent, staff, residents of the affected neighbourhood, residents of the Sakinaw Lake community and others regarding the application.

I visited the site several times with the applicant, staff, neighbourhood residents and on my own.

I listened to the comments of the

Area A area planning commission and noted that their vote on this application was a tie.

At the public hearing, many verbal and written submissions were presented, including some from survey professionals and lawyers.

I am satisfied that the process to get to the decision point was open and everyone was given an opportunity to present their views.

It was obvious by the information presented that this application is disruptive to a neighbourhood which would receive no benefit from this zoning amendment.

It would not be appropriate to approve the rezoning to correct one problem while creating another.

For this reason the board did not support the application.

Want to learn about what's going on at the Sunshine Coast Regional District?
Go to www.scrd.ca and click on "Sign up for our Newsletter" button to receive *Coast Current*, our quarterly newsletter.

twitter : [sunshinecoastrd](https://twitter.com/sunshinecoastrd)

There are no committee meetings in August.

Check back with us in September.

For information on who we are, and what we do, please visit www.scrd.ca, call 604-885-6800, or email info@scrd.ca. To contact Area A Director, Frank Mauro, please email frank.mauro@scrd.ca.

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Clients of GRIPS Resource Recovery Centre: **PATIENCE PLEASE!**

As the GRIPS staff and the GRIPS charity work with our Sunshine Coast regional director to get things back on track, we are asking for the public's patience.

We understand you may be frustrated and we hope to soon distribute information to sort out confusion.

New Revenue Canada charity rules and the introduction of MMBC regulations by the province have created a financial mess for the GRIPS charity board and a puzzlement for clients trying to sort plastics, paper, glass and metal packaging.

Whatever you do, please continue to recycle.



Unlike the landfill, GRIPS is free and the GRIPS Bottle DEPOT pays you to recycle drink containers.

In order to move the subdivision forward, a letter will be written to the Ministry of Transport and a meeting has been requested with the Minister of Forests, Lands and Natural Resource Operations to attempt to legitimize the existing road.

This road would serve the proposed subdivision and also provide legitimate access to another already established development.

The process and the information presented have reinforced for me that the Egmont/Pender Harbour community has an important task during the upcoming OCP review.

We must consider and plan to allow for subdivision of water access land parcels without having to require residents to repeat this process.

The plan must address the points raised by land survey professionals that they and land owners need guidelines to direct their work and plans.

In fact, the review must also consider planning for increased public access to Sakinaw Lake in general.

MULTI MATERIALS BC: A BUMPY STARTUP

There is some turmoil, misinformation and misunderstanding with the introduction of MMBC.

The creation of MMBC has been mandated by the province and, as with any change, startups always have their bumps that take time and experience to resolve.

MMBC is a stewardship program for printed paper and packaging materials which aims to make producers of this material pay for its handling and recycling.

The program accepts most film plastics including most plastic bags.

However, garbage bags, Ziploc bags, straws, toys and furniture are not

accepted by MMBC because they are products, not packaging, and therefore don't fall under the stewardship program.

Some items that were not previously accepted now are, such as styrofoam.

For more information on what is accepted, please visit www.recycling-inbc.ca.

Depots are permitted to create recycling programs for any material in parallel with running the MMBC program.

Materials for which there is an established recycling end-use should not be landfilled.

However, there is currently no market and no system to recycle the laminated plastic packaging and plastic products excluded, nor has there

been for some time.

The SCR D is working with local recyclers to find a way to recycle these plastics and it will require innovation and possibly applications for a taxpayer subsidy.

As indicated in our solid waste management plan, the SCR D strongly supports recycling.

It should be noted that the plan does not support incineration and has received assurances from MMBC that materials collected will not be incinerated.

While some residuals will end up in landfills we must continue to find ways to recycle as many products as possible.

I can be reached at (604) 740-1451 or by email at Frank.Mauro@scrd.ca.

HARBOURSIDE FRIENDSHIPS

Summer Program

Every Thursday throughout the summer!

AUGUST 7 10:30 a.m. Pender Harbour Community Hall	AUGUST 14 10:30 a.m. Pender Harbour Community Hall	AUGUST 21 10:30 a.m. Pender Harbour Community Hall	AUGUST 28 10:30 a.m. Pender Harbour Community Hall	SEPT. 4 TBA Pender Harbour Community Hall
Bring something to Share and Eat for a Potluck Lunch.	Enjoy music by Penny Lang . Lunch at noon (\$10).	Games of your choice. Lunch at noon (\$10).	Enjoy music by Joan & Ted . Lunch at noon (\$10).	Bus Trip to the Laughing Oyster Restaurant in Lund.

**For information and/or transportation,
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A bit of water history

Dear Editor,

Congratulations to director Mauro on the new South Pender water treatment facility — Madeira Park is relishing the crystal clean bath and drinking water.

Expensive to be sure, but better than getting sick.

Sometime in the mid-1900's, Frank White (who just turned 100), with help from other local families, threw a dam across Haslam Creek which flows from the 34-square-kilometre Caren watershed.

There has always been murky water but almost no summer storage.

Boil-water advisories were the norm while careless residents and visitors did get sick.

In 2003, Cheryl and the late Peter Steernberg, with volunteer lawyer

Joanne McCluskey and colleagues from West Coast Environmental Law, formed the Hotel Lake Area A Quality Water Association to pursue legal action against the SCRD before the BC environmental board.

The province eventually forced the SCRD to reluctantly agree to an Area A water master plan.

Based on the master plan, using federal/provincial grants and local taxes, a series of improvements in Garden Bay, Egmont and South Pender are presently under way or have been completed.

The taps now run clear but the story isn't finished yet.

A new long-term SCRD water licence application on Sakinaw Lake has been stalled for 10 years because owners of recreational properties fear boating restrictions.

Almost no treatment would have been needed on Sakinaw or Ruby Lake water.

Unfortunately, South Pender residents could wait no longer and agreed to extra cost to treat the poor quality water in Haslam Creek.

Future water sources on Sakinaw/Ruby lakes must be resolved in the upcoming OCP and regional district planning review.

Everyone on the Coast will benefit because the Haslam Creek treatment plant will eventually form part of a regional water system stretching from Egmont to Port Mellon.

An 11-kilometre connection to Secret Cove will eventually alleviate pressure on the Chapman Creek system during spring and fall.

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Butt it out

Dear Editor,

On the evening of Tuesday, July 15 at about 7 p.m., I was westbound on Claydon Road approaching the junction with Garden Bay Road.

As I came up the hill the angle of the sun coming through the trees illuminated something drifting in the air across the road ahead of me.

I slowed to investigate and saw that a smoldering John Players cigarette butt was lying on the south side of the road across from the house on the corner.

It may have been tossed there by one of the two young women who were walking down Garden Bay

Road, a passing motorist or someone else.

If it hadn't been for the special way the light filtered through the trees and highlighted the smoke at the very moment when someone was there to see it, this unthinking action in these tinder dry conditions could easily have had disastrous results.

All it would have taken was a little breeze blowing up the road or a car driving by to fan the smoldering cigarette and leaf litter into flames.

Be careful with your smoking material.

Make sure it's out.

Wayne Wilkinson
Garden Bay

It's not a competition...

Dear Editor,

I know it is a minor matter but have to comment on your grad coverage.

When you said Teaguen Craig's speech was "the shortest speech ever witnessed at a grad ceremony," that is not quite true.

My favorite moment at a grad

ceremony was when Rowan van Wersh accepted the key of knowledge.

He took reams of paper out from his pocket, carefully spread them out on the lectern and said,

"Thank you very much."

Adrian Schweitzer
Garden Bay

PS: I thoroughly enjoyed Teaguen's speech also.



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—Kristian Secher, *The Tye*

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Malaspina Regatta celebrates 25 years



photo submitted

The 25th running of the Malaspina Regatta, shortly after its start on June 28.

By David Twentyman

The Garden Bay Sailing Club held the 25th Malaspina Regatta on June 28, with 21 boats registered for this gala event.

The weather in June had been glorious but two days before the race was to take place, the clouds rolled in.

The forecast was for 20-25 knot winds with a good chance of thunderstorms.

On Saturday morning the decision was taken to race as there seemed to be a clearing and some blue sky was visible.

By the time the fleet assembled at the start line between Martin and Pearson Islands, the wind had picked up once again to 15 to 20 knots and the sea was choppy with three- to four-foot swells.

The Malaspina Regatta is a 10-nautical-mile triangular race, which takes the boats out to a buoy at Hospital Reef, then north up Malaspina Strait to the second mark at Acland Rock before returning to the finish between Martin and Pearson.

Before the start, six of the smaller boats decided the conditions were too challenging and withdrew, leaving

15 boats competing in three divisions.

The first leg proved to be frustrating for the skippers as they could not find the buoy.

It turned out that the Hospital Reef mark had broken loose and was slowly moving north down the course.

A number of the boats went a mile beyond the theoretical turning point before heading onto the next leg of the race.

The first three boats to round Hospital Reef were *Wings II*, skippered by Andy Paulus, *Flattery* with Dal Brynelsen at the helm, and *Frendy* with Charlie Park.

Usually the second part of the race involves the use of colourful spinnakers but the rough conditions dictated skippers leave them in their bags.

Some boats reported five-foot waves which allowed many of them to do some surfing.

By the time they reached Acland Rock, the lead order had changed to *Drifter* — the only trimaran in the



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race, under the control of Ron Badley — *Flattery* and *Wings II*.

The final leg back to the finish took the fleet along the western shore of Nelson Island.

Conditions were once again demanding with skippers having to choose between heading back out into the straits, which meant pounding head on into the rough waves, or going along the coast and finding themselves being pushed toward the rocks.

Of the 15 boats that started, only eight finished, the balance being forced to use their engines for one reason or another.

But, in spite of this, most of the skippers said that they had thoroughly enjoyed themselves and found it to be an exhilarating and demanding race.

In the evening, members of the club gathered at Fisherman's Resort where they took part in dinghy races.

The challenge: The rowers were blindfolded and the passengers had to tell them where to go.

This proved very popular, especially with the onlookers.

The winning pair was David Pritchard and Jennifer Love.

The barbecue afterwards was attended by 120 club members, their families and friends and was highly praised.

A frequently heard comment was, "This is the best party of the



photo submitted

The blind partner dinghy races provided post-race entertainment.

summer."

After the barbecue, 27 magnificent door prizes, generously donated by businesses up and down the Coast and Vancouver, were raffled off to wild excitement.

The winners of the regatta were handed their trophies by David Twentymen.

The "First Across the Line" trophy was awarded to Dal Brynensen in *Flattery*.

First overall went to Charlie Park in *Frendy*.

Winner of division AA was Dal Brynensen in *Flattery* and the winner of division A was Andy Paulus in *Wings II* while Charlie Park's *Frendy*

took division B.

Each year the GBSC race committee awards a special trophy to a skipper or club member of merit.

This year Bob Stickley was pleased to hand it to Andy Paulus for his overall involvement in club activities.

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Gentle Fit Exercise: Aug. 12 &
26 at the P. H. Community Hall. 10 am:

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news

Open burning update

The Pender Harbour Protection District and the Coastal Fire Centre had banned all open burning as of July 17 but recent heavy rains lifted the campfire ban, at least temporarily.

Effective July 23, campfires were again permitted throughout the Coastal Fire Centre's jurisdiction.

Campfires, as defined by the wildfire regulation, and open fires, as in an outdoor stove were allowed at press time.

Coastal Fire Centre warns that the long-term forecast is for a return to hot and dry conditions, which will likely result in the reintroduction of a campfire ban before the August long weekend.

The public is reminded that campfires cannot be larger than a half-metre high by a half-metre wide.

Anyone who lights a campfire must have a hand tool (such as a shovel) or at least eight litres of water available to fully extinguish it.

Should it be reinstated after press time, a campfire prohibition will again apply to backyard campfires and open burning of any size, including fires with a burn registration number and industrial burning.

The use of fireworks, chimneas, burning barrels, tiki torches, sky lanterns and beach fires (above or below the high tide line) will also not be permitted.



Brian Lee photo

The 2008 Pender Hill fire took many days to put out. It was started by careless youths letting off fireworks on top of the local landmark. Here BC Forest Service and Pender Harbour Volunteer Fire Department members catch their breath during the peak of the blaze while a helicopter drops water on a hot spot.

Harbour Spiel

Behold the astounding talent coming to this year's jazz festival

With only three ticketed events at this year's Pender Harbour Jazz Festival, organizers are warning fans to act fast if they want to catch the rare opportunity to see these jazz greats.

This is the 18th year for the popular festival, slated to run from Sept. 19 to 21.

GEORGE CABLES TRIO

Saturday, Sept. 20, 8 p.m.

P. H. School of Music

Tickets: \$32

Once again, the festival welcomes a jazz master to headline at the P. H. School of Music.

Pianist George Cables has played with Art Blakey, Sonny Rollins,



Dexter Gordon, Art Pepper, Joe Henderson and many other well-established jazz musicians.

A lyrical, sweet and strong sound is Cables' trademark.

SATURDAY JAZZAPALOOZA

Sept. 20, 12:30 - 4:15pm

Millennium Park (dry day) or

P. H. Community Hall (rain day)

Tickets: \$25

Opening Saturday's Jazzapalooza at 12:30 p.m. is the hot latin big band, Wil Campa y su Orquesta.



The 13-piece orchestra will play two sets.

At

2:30 p.m.

the Laura Crema Quartet will take the stage.

CBC radio summed it up best: "Laura Crema's sultry vocals pull you



deep into the dark smoky room of some '40s speak-easy."

Closing the show at 3:30 p.m. is PK3.

Described as "elegant, sophisticated, professional," the sound of this trio is based on the feel and arrangements inspired by such legends as Oscar Peterson, Ahmad Jamal and Harry Connick Jr.



SUNDAY JAZZAPALOOZA

Sept. 22, 12:30 - 4:15pm

Millennium Park (dry day) or

P. H. Community Hall (rain day)

Tickets: \$25

Kicking off the Sunday finale is the Ben Henriques Quartet.

Originally a native of Vancouver, Ben Henriques moved to Montreal to study jazz at McGill.

Since then he has made a name for himself on the Montreal jazz scene as a musician, bandleader, record-



ing engineer and educator.

At 1:30 p.m., the Dan Brubeck Quartet takes the stage for two sets.

For many years Dan Brubeck, son of jazz icon Dave Brubeck, has wanted to put together a musical tribute that honoured both his father's compositions



and his mother's lyrics.

Now he has.

Closing the Sunday Jazzapalooza are The Arntzens: Three Generations of Jazz.



The Arntzens bring a musical melding of grandfather, father and son that's been going on at family gatherings for years.

Pender Harbour Advisory Council

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TOWN HALL MEETING: Sunday, Sept. 14, 2-4pm

P. H. Community Hall, Madeira Park

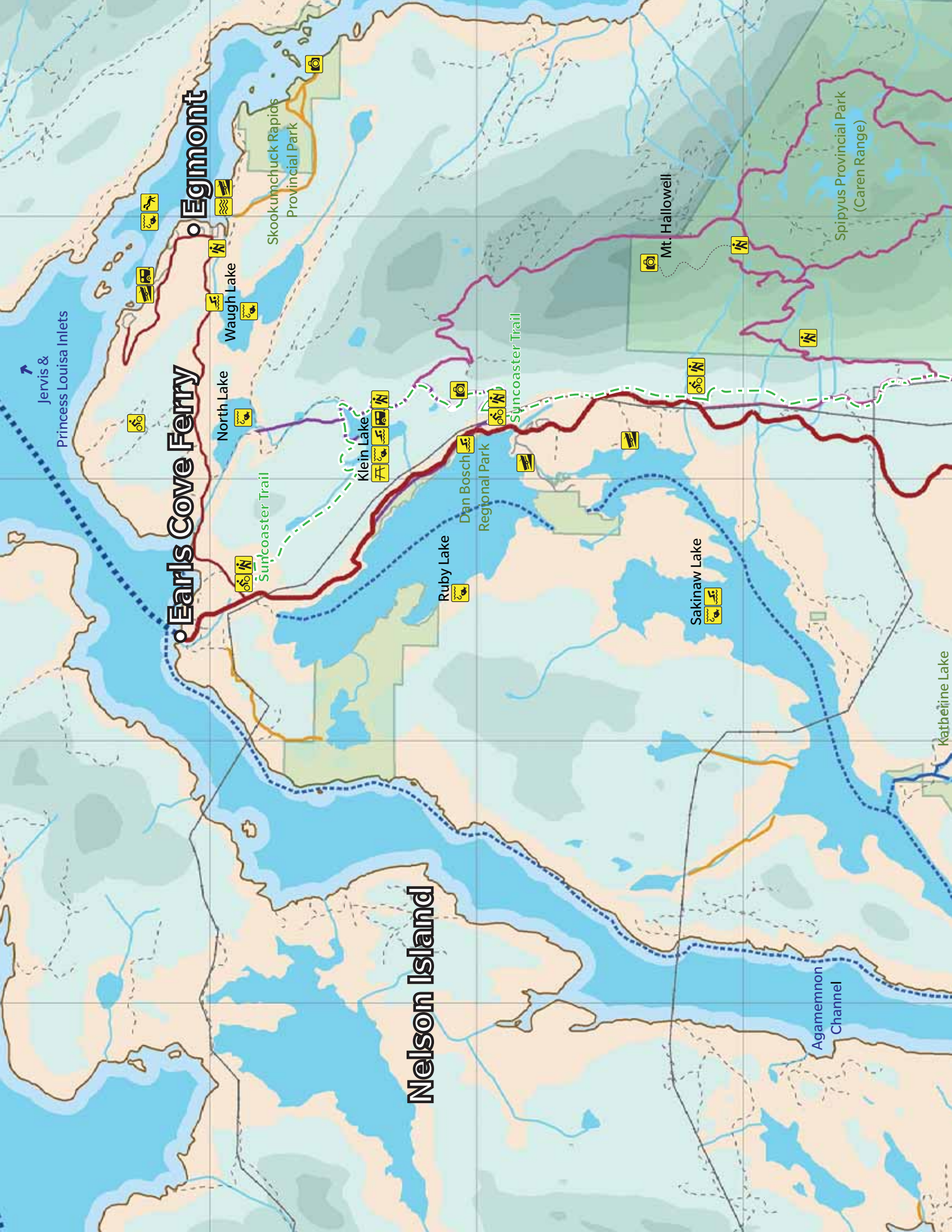
Hear about the new Lily Lake Trail, economic development in the Harbour and other developments.

COMMUNITY DAY: Saturday, Sept. 27, 10-3pm

P. H. Community Hall, Madeira Park

Meet many of the 50-plus organizations in Pender Harbour and find out what they have to offer. Demonstrations... and more.

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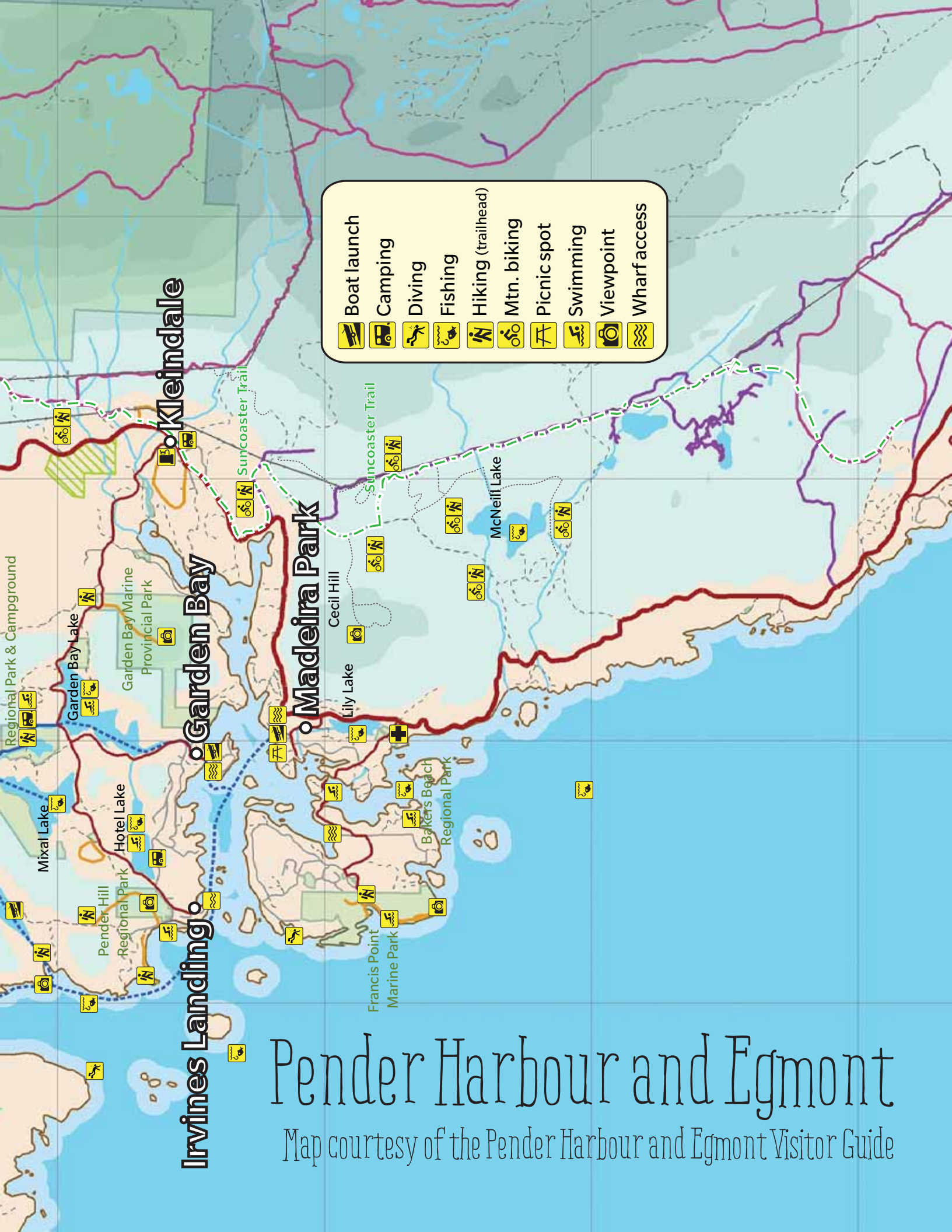
Sakinaw Lake

Agamemnon Channel

Spipyus Provincial Park (Caren Range)

Katherine Lake

Nelson Island



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 Mtn. biking

 Picnic spot

 Swimming

 Viewpoint

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Pender Harbour and Egmont

Map courtesy of the Pender Harbour and Egmont Visitor Guide



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DATE/TIME - SIZE (small, medium, large, **extra large**),
EBB (-), FLOOD (+) - Standing wave is best on large
 flood (tide flowing into Sechart Inlet).

Aug. 1	8:58 am +M, 2:51 pm -M
Aug. 2	10:02 am +M, 3:49 pm -M
Aug. 3	11:11 am +M, 5:03 pm -M
Aug. 4	12:27 pm +L, 6:24 pm -S
Aug. 5	1:46 pm +L, 7:35 pm -S
Aug. 6	6:49 am -XL, 2:56 pm +XL
Aug. 7	7:59 am -XL, 3:59 pm +L
Aug. 8	9:05 am -XL, 4:49 pm +XL
Aug. 9	10:01 am -XL, 5:32 pm +XL
Aug. 10	10:52 am -XL, 6:09 pm +XL
Aug. 11	11:54 am -XL, 6:38 pm +XL
Aug. 12	12:37 pm -XL, 7:12 pm +XL
Aug. 13	1:35 pm -XL, 7:43 pm +XL
Aug. 14	8:03 am +L, 2:19 pm -L
Aug. 15	9:08 am +L, 3:22 pm -L
Aug. 16	10:16 am +L, 4:17 pm -M
Aug. 17	11:28 am +L, 5:17 pm -M
Aug. 18	12:44 pm +L, 6:24 pm -M
Aug. 19	7:35 am -L, 1:56 pm +L
Aug. 20	8:40 am -L, 2:58 pm +XL
Aug. 21	9:35 am -L, 3:59 pm +XL
Aug. 22	10:22 am -XL, 4:47 pm +XL
Aug. 23	10:27 am -XL, 5:24 pm +XL
Aug. 24	11:04 am -XL, 5:55 pm +XL
Aug. 25	11:38 am -L, 6:18 pm +XL
Aug. 26	12:09 pm -XL, 6:26 pm +L
Aug. 27	12:50 pm -L, 6:47 pm +L
Aug. 28	1:18 pm -L, 7:05 pm +L
Aug. 29	2:00 pm -L, 7:29 pm +L
Aug. 30	8:40 am +L, 1:50 pm -M
Aug. 31	9:36 am +L, 3:50 pm -M

These are estimates only and not intended for navigation.

THE DAYS

AUGUST BIRTHDAYS

Aug. 1: **Linda Drought, Kelly Marko, Edith Hubbard and Jen Hardwick.**

Aug. 2: **Enya Delaney and Jessica "Lu-Lu" Kammerle.**

Aug. 4: **Kathleen White, Daniel White, Carol Reid, Jessica Sutherland and Gloria Keene.**

Aug. 5: **Genevieve Patterson and Bill Purnell.**

Aug. 9: **Shirley Adams.**

Aug. 10: **Bryan Clerx and Norma Martin.**

Aug. 12: **Mary White and Helga Morin.**

Aug. 13: **Peter Kenny.**

Aug. 15: **George Huey and Daryl Percival.**

Aug. 16: **Paul McKimm, Anna-Maria Massullo and Justin Tiefenbach.**

Aug. 17: **Bob Forsyth.**

Aug. 18: **Charles Dougan.**

Aug. 20: **Jim Barnet, June Reeder, Glen Spencer, Helga Thiele and Rachel Wilson.**

Aug. 21: **Joyce Fowler, Kory Francis, Shelley Clay and Klisala Harrison.**

Aug. 22: **Buzzard Edwardson.**

Aug. 23: **Kelly Reid.**

Aug. 25: **Rory Percival.**

Aug. 27: **Warne Clay and Kailee Yablonski.**

Aug. 28: **Wilma Thompson, Mike Ough and Brent Metcalfe.**

Aug. 29: **Steve Adamson and Karen O'Leary.**

Aug. 30: **Ruth King, Donna Hobson, Megan Bathgate and Barbara Lofton.**

Aug. 31: **Eric English, Bryce Higgins, Corinne Gamble and Lillea Hohn.**

AUGUST ASTROLOGY

LEO: JULY 23 – AUGUST 23

Lions are idealists and romantics, honourable and loyal. Always individualistic, they are usually stylish, charismatic and flamboyant. You could be feeling restless and less than co-operative when the wilful Sun crashes into a stressful square with high-frequency Uranus. This nervous tension shakes up a partnership and might help you to make some overdue changes. If you feel stuck with someone or simply stuck in your own life, take a radically different approach to the relationship. It could provide the romantic breakthrough you've been looking for. If it doesn't, it means you're the problem.

VIRGO: AUGUST 24 - SEPTEMBER 23

Virgos value knowledge highly. They make good teachers and advisers while avoiding positions of high power. Often shy, Virgos hide their sensitivity under a self-controlled surface and overt sexual delinquency. Avoid over-thinking about issues of a social nature — the universe will take care of you. However, you could make it easier on the universe by refraining from bathing in Palm Bays and Chardonnay every weekend.

OF AUGUST

THE PERSEIDS ARE COMING!

The Perseids are a prolific meteor shower associated with the comet Swift-Tuttle. The Perseids are so called because the point they appear to come from, called the radiant, lies in the constellation Perseus.

Meteor showers occur when Earth moves through a meteor stream. The Perseid cloud stretches along the orbit of the Comet Swift-Tuttle. The cloud consists of particles ejected by the comet as it passed by the Sun.

Most of the dust in the cloud today is approximately 1,000 years old. However, there is also a relatively young filament of dust in the stream that boiled off the comet in 1862. The rate of meteors originating from this filament is much higher than for the

older part of the stream.

The Perseid meteor shower has been observed for about 2,000 years with the first known information on coming from the Far East. In early medieval Europe, the Perseids came to be known as the "tears of St. Lawrence."

The shower is visible from mid-July each year, with the greatest activity between August 8 and 14, peaking about August 12.

During the peak, the rate of meteors reaches 60 or more per hour. They can be seen all across the sky, but because of the path of Swift-Tuttle's orbit, Perseids are primarily visible in the northern hemisphere.

~ WIKIPEDIA.ORG

BC Bestsellers:

(For the week of July 20, 2014)

1. **Cloudwalker** by Robert Budd and Roy Henry Vickers
2. **Heart and Soil** by Des Kennedy
3. **Becoming Wild** by Nikki van Schyndel
4. **Food Artisans of Vancouver Island and the Gulf Islands** by Don Genova
5. **Storyteller** by Roy Henry Vickers
6. **King of the Mountain** by Jack Boudreau
7. **Olive Odyssey** by Julie Angus
8. **The Book of Kale and Friends** by Sharon Hanna and Carol Pope
9. **Seaside Walks on Vancouver Island** by Theo Dombrowski
10. **The Girl Who Writes** by K. Jane Watt and Richard Cole

~ Assn. of Book Publishers of BC

AUGUST WEATHER

TEMPERATURES (MERRY ISLAND)

Our average August daily high temperature is 21 C and our average daily low is 14.6 C, giving us a mean daily temperature of 17.7 C. August averages 22 days with temperatures above 18 C, and the highest August temperature recorded is 32.2 C (Aug. 4, 1961); the lowest is 8.9 C (Aug. 18, 1973).

PRECIPITATION (MERRY ISLAND)

August averages seven days with rainfall and a total of 38.1 mm for the month (the lowest of the year). The highest daily rainfall recorded in August was 42.4 mm (Aug. 4, 1962). August has an average of 275.3 hours of bright sunshine.

Pender Harbour & Egmont Visitor Guide

Now available at the following locations:

BC FERRIES

- Langdale route
- Earls Cove route

EGMONT

- Backeddy Resort
- W. C. Wilderness Lodge
- Bathgates Store
- Egmont Heritage Centre
- Ruby Lake Resort
- Iris Griffith Centre

KLEINDALE

- P. H. Golf Course
- Stonewater Motel

MADEIRA PARK

- Madeira Marina
- Visitor Information Centre
- Marketplace IGA
- Oak Tree Market
- Prudential Realty
- Ice Cream
- Java Docks
- Copper Sky Cafe
- Madeira Park wharf
- Sunshine Coast Resort
- Triple Bs Burgers
- Earth Fair Store
- Painted Boat Resort

GARDEN BAY

- LaVernes Grill
- Pender Harbour Resort
- John Henry's Marina
- Garden Bay Pub

SECRET COVE

- Secret Cove Marina
- Rockwater Resort
- Halfmoon Bay Store

SECHLT

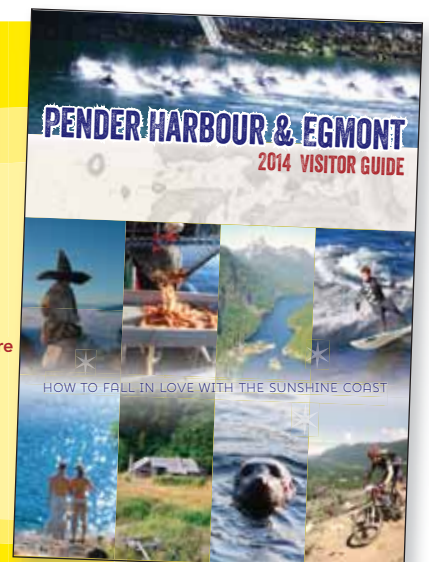
- Visitor Information Centre
- Driftwood Inn
- Pier 17
- Royal LePage
- Pearls Bakery

WILSON CREEK

- Marketplace IGA
- Alpha Adventures

GIBSONS

- Roberts Creek Store
- Marketplace IGA
- Visitor Information Centre
- Sunnycrest Motel
- Cedars Inn
- Garden Inn Hotel
- Sunshine Coast Museum



Hybrid club on 185-yard 12th at Swan-e-Set yields hole in one



By Jan Watson

Congratulations to Ian Fraser who shot his first hole-in-one using his 25-degree hybrid on the 185-yard 12th hole at

Swan-e-Set in Pitt Meadows.

MEN'S CLUB

The men completed a clean sweep of their interclub matches with a home and away win over Myrtle Point Golf Club, 32 points to 16.

On June 24 it was individual stroke play with low gross winner Mike Reid shooting 76 and low net winner Larry Honeybourne shooting 67.

KP on No. 3 was Harry Friesen, No. 6 was Merv Oleksyn, No. 12 was Ron Needham and on No. 15, it was Glen Bonderud.

July 1 saw a Stableford Tournament and winner Terry Cowan just beat out John Maveety with 29 points to Maveety's 28.

KP on No. 3 was Lorne Campbell, No. 6 Andrew Barker, No. 12 Al Wendland and No. 15 was Rob Cameron.

A skins tournament with partners on July 8 was won by the duo of Matt Hadfield and Rob Cameron with six skins.

Two teams tied for second with three skins.

KP on No. 3 was Rusty Ellis, No. 6 Matt Hadfield, No. 12 Garry Noble and No. 15 was Wayne Babcock.

The low gross winner on the July 15 individual stroke play was Lorne Campbell with 75.

Low net winner was George Brown with 63 and the runner up was Jamie Tufford with 66.

KP on No. 3 was Harry Friesen, No. 6 Lorne Campbell, No. 12 Norm Bullock and No. 15, Jamie Tufford.

LADIES' CLUB

June 26 was stroke play with low net winner Stephanie Garner shooting 54 and shooting second was Lori Wilson with 72.

On July 3, a three-person team event took place shooting for a total low net score.

Winners were Jan Watson, Jackie Grant and Kathy Needham with 207.

Second was Reni Ducich, Lorna Lycan and June Maynard with 215.

July 10 saw a Criers Tourney, where you take the worst hole and revert it to par.

The winner was Stephanie Garner with a net 62.

July 17 was two best low nets from teams of three and the winners were Connie McGill, Mary Carlsen and Kathy Bergman with 119.

THE 19th HOLE

The average golfer walks about 900 miles and drinks 22 gallons of alcohol a year.

That means, on average, golfers get about 41 miles to the gallon.

LADIES STEAK NIGHT AND SCRAMBLE

On July 11, 14 ladies braved scorching temperatures to play and the winning team was Stephanie Garner, Kelly Patton and Sandra Pylypiuk at one under par.

Two teams tied for second at two over par.

MONDAY TWILIGHT SCRAMBLES

June 30 saw 10 teams playing and winners were Mickey McMillan, Judy Ward, Wendy Haddock and John Clinton with 34.

KP on No. 3 was Brett Hallborg and Wendy Haddock while on No. 6 it was Reni Ducich and Blake Priebe.

On July 6, six teams played and winners after a tiebreaker were Gord Scott, Dave Purdy, Lorna Lycan and Pat Hallborg with 36.

Runners up were Doug Rae, Lynne Cameron, Merv Oleksyn and Jan Watson.

KP on No. 3 was Jan Watson.

Seven teams played on July 14 and winners were the birthday group from Gibsons with 33.

KP on No. 3 was Lorraine Wareham and on No. 6, Martin McKenzie.



Call the Pro Shop for tee time:
883-9541
www.pendergolf.ca

SHOW THIS PASS TO RECEIVE THE AUGUST SPECIAL:

Play any day, Friday thru Sunday and holidays for the weekday rate.

Valid: Aug. 1 until Aug. 31, 2014.
Cannot be combined with any other offer.



The web is a fad. Buy and sell it here the old-fashioned way.

Classified advertising must be prepaid. Cost: \$20 for 25 words maximum for non-commercial ads only. By mail or e-mail: editor@harbourspiel.com.

FOR RENT

- **One bedroom ocean view cottage** in quiet western Francis Peninsula. Laundry, deck, storage. Backs on to forested 1.2 acres with view looking across Pender Harbour to Irvines Landing. NS. NP. \$750/month. Avail. Aug. 1. (604) 883-0770

FOR SALE

- **HP Four in one BW laser printer.** Excellent condition 32-bit compatible printer, fax, scanner, copier. Comes with a full, in box high yield ink cartridge worth \$252 (Staples). \$150. Call (604) 883-0770.

FOR SALE

- **Quality 4 X 4 lattice** made of 1x2 cedar \$45. Also cedar lumber for sale. Call Dave: (604) 883-2132.

HELP WANTED

- **Part-time courier** (sub-contracted) set route. Must be pleasant, dress neatly, bondable, reliable, drug-free, clean driving/criminal record & reliable non-smoking car. Email resume: cfrubin@xplornet.com.
- **Janitorial services** for the P. H. Community Hall. Requires regular cleaning with flexible schedule and minimal supervision. PHCC Cleaning Committee: Box 142, Madeira Park, BC, V0N 2H0. Starts Aug. 5.

HELP WANTED

- **Part-time line cook**, part-time bartender. Experience an asset, will train. Email resume: rcl@uniserve.com or phone Pat @ 604-883-9558.

WORK WANTED

- **Knees ripped** in your favourite jeans? For repairs, alterations, re-fashioning and custom sewing, call Billy. (604) 865-0640.
- **Free scrap car removal.** Hiab crane service. Reasonable rates for large/heavy items brought from Lower Mainland. Curt (604) 740-7287.
- **Have you recently** lost a loved one and finding the sorting and clearing out process overwhelming? I can help. Pauline @ Montgomery Estate Services. (604) 865-1202

harbour seals



Note your approval or disapproval.

Send to: editor@harbourspiel.com.
Include full name and telephone number for confirmation.
(Editor reserves the right to edit for length.)

A big seal of approval to the **Li-
ons Club and everyone who attend-
ed the Father's Day pancake break-
fast**. \$522 was raised to support Scott
in his Ride to Conquer Cancer. Also
a huge thank you to Cindy Schroeder
for helping to make this happen.

Scott and Melissa Minch

Harbour Seals to all **those indi-
viduals who support the Royal Ca-
nadian Legion No. 112** through their
volunteerism, patronage, and, dona-
tions. To our volunteers, especially,
without your support and contribution,
our branch would not survive. To our
hard-working staff, thank you.

Pat Wenger

(on behalf of RCL No. 112 executive)

Harbour Seals of Approval to
Lauryn Young and Lulu Kammerle
from Madeira Marina for reporting
smoke on our property last week.
The smoke was a fire and their quick
thinking prevented what could have
been catastrophic. It is great to see
such young people having concern for
others.

Michelle King

The P. H. Golf Club and the Back
Nine Bistro would like to thank the
volunteers and sponsors who helped
to make the Father's Day event a huge
success, raising a whopping \$1,102
for the P. H. Health Centre.

Roberta Oleksyn

P. H. Golf Club

Thanks so much to the **P. H. Wo-
mens Connection** group in Pender for
their generous donation of toiletries to
the food bank clients. Also all of you
who have donated gift cards — we are
grateful to you for your generosity.

Wendy Phillips
(and the food bank gang)

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CARPET CLEANING

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PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

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RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections
- Home Care/Palliative care • Dressings
- Blood pressure

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Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures • Surgical Extractions

PUBLIC HEALTH NURSE – 883-2764

- Well Baby Clinic
- Child and Adult Immunizations
- **All travel immunizations done in Sechelt

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Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

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Siemion Altman – MD Psychiatrist – 885-6101

Tim Hayward – Adult Mental Health – 883-2764

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Drs. Cairns, McDowell & Robinson.

Monday to Friday 9 a.m. – 5 p.m., by appointment only

HARBOUR PHYSIOTHERAPY – 740-6728

Paul Cuppen, RPT, BSc

- Musculoskeletal Examinations
- Sports Injury Treatments
- Post-operative Therapy/Home Visits

CHIROPRACTORS – 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 885-5850

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca

MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT:

CHILD AND YOUTH MENTAL HEALTH

**Elaine Hamel and Rhonda Jackman, child and youth
mental health clinicians available:**

- P. H. Clinic Tues. & Wed. afternoon
- Mental Health Assessments & Therapy:
Children age 0-19
- For more information call: Child & Youth Mental Health
Intake (604) 740-8900 or (604) 886-5525



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group in the fall, trained volunteers are available. Call Kathy Bergman at (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 8 p.m. – everyone welcome.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area.

Have you had your test?

By Susan Nattall, RN

In close collaboration with family physicians, the B.C. Centre for Disease Control has now developed new guidelines for Human Immunodeficiency Virus/Acquired Immune Deficiency Syndrome testing.

This is the first of its kind in Canada and they are encouraging all B.C. adults to get tested regularly as part of their overall checkup.

This in itself will help remove the stigma some associate with HIV, set a standard for care and treatment of this disease and help reduce the transmission of this virus.

In B.C., an estimated 12,000 people are living with HIV.

Each year 200 to 300 people, ranging in age from 13 to 81 years, are diagnosed with HIV.

It is also estimated that 54 per cent of new HIV infections occur via transmission from individuals who are unaware of their own HIV status.

Prior to these new 2014 guidelines, only pregnant women were routinely offered an HIV test.

This program has virtually eliminated HIV transmission from mother to child in B.C.

New testing guidelines recommend that practitioners offer an HIV test with informed consent:

- Routinely every 5 years for all patients 18-70 years of age;
- Routinely every year for all high risk patients 18-70 years of age;
- One time only for patients over 70 years of age, if HIV status is unknown;
- If a patient is presenting with new or worsening medical condition that warrants laboratory investigation;
- If a patient presents with symptoms of HIV infection or advanced



HIV disease;

- Upon patient's request;
- If risk factors are identified, and
- If patient is pregnant.

High risk groups include:

- Gay men;
- Injection drug users;
- Sex trade workers or someone who has multiple partners;
- People from endemic countries — Caribbean, Sub-Saharan Africa, and
- Aboriginals.

Early diagnosis and treatment with antiretroviral therapy allows HIV-infected patients to live long, healthy and productive lives.

Treatment can greatly reduce the likelihood of transmission and move the world towards an AIDS-free generation.

Be responsible for yourself and others — get tested.

WELCOME OUR NEWEST STAFF MEMBER

The Pender Harbour Health Centre welcomes nurse practitioner Annaliese Hasler whose focus is on women and youth health services.

Starting Aug.12 she will be seeing patients every second Tuesday.

Please call the Health Centre at (604) 883-2764 if you wish to book an appointment.

Tails Across the Kitchen Floor: An excerpt from Vi Tyner's ode to

By Vi Tyner (Excerpt transcribed by David Campbell)



The late Vi and Jim Tyner purchased their property at the southern end of Lily Lake in 1946 and lived there for many years. Vi Tyner wrote, illustrated and self-published *Tales Across the Kitchen Floor*, a book (with extremely small type) describing her relationship with the property and the creatures she shared it with.

In 2003, the Tyners bequeathed their 5.3-acre parcel to the “residents of the Sunshine Coast for their use and enjoyment in perpetuity as parkland.” Their property is now a regional park.

RACCOONS (pages 145-156)

(Continued from the July 2014 issue of the *Harbour Spiel*)

I had given up my job because I was tired, so in September I decided to go to Prince Edward Island to visit my sisters for a few days. Jim stayed at home with his job and to feed the seven cats and the raccoons.

I left the dog food and the rolled oats ready for the coons and although I knew that I was feeding 14 coons, I never mentioned the number to Jim. They never were all there at one time. On family would eat and go and another family would come. If sometime two families were there at the same time, the mothers started fighting over the anticipated food and the young ones who were quite big by now joined in the push.

When I went away, there was no one on the fast order service so when Jim came home from work there were 14 coons lined up to greet him and some of the mothers making little fights with each other every time one took a step ahead. Well, Jim had to go into the house to get the food and some of the animals made a rush at the door at the same time as Jim was going through so he nearly got squeezed to death in the onslaught. He threw them some food, heard their horrible snarling as they fought over it and then went inside to cook his supper.

Jim turned the heat up a little too high under the meat he was frying and was forced to open the door to



Vi Tyner's artwork inside *Tales Across the Kitchen Floor*.

let the smoke out. Jemima, the biggest coon came in. As she stood on her hind legs and looked over the variety of foods that Jim had for himself on the stove, she put her hand out to have it. Poor Jemima was hungry. Jim let out a yell.

“Jemima, leave that alone” at which point Jemima showed her teeth.

“I was scared of that Jemima. She’s got awfully big teeth,” Jim said later.

He managed to chase her out the door and shut the door behind her while the others were still squabbling.

“Why didn’t you tell me there were 14 coons?” he asked when I came home.

little living things

"I've had a terrible time with them."

"Jim you don't ever listen to me," I replied.

"I told you Jemima has three young ones and Jyp has three and Jomma has three and you know there are Junie and Jingtall who haven't got children."

I had had a beautiful four-day visit with my sisters and now that I was home again, things settled back to their old routine. Jomma and her kids came first in the morning, Junie and Jingtall came next and after they ate they stayed around in the garden so that Jyp and her kids could come and eat undisturbed, then after Jyp had taken her tribe away, old Jemima got around with her three. After Jemima and family had gone from the door, Junie and Jingtall came back and rested on the cement doorstep. If a visitor came, Junie coughed once to tell me that company was coming and then the coons discretely left.

At least the coons and cats were glad that I was back. The cats seemed timid as if they had been occupying a back seat. The cats had always been bosses over Junie and Jingtall. If one of the coons came too close, a cat would whack her on the face and Junie and Jingtall did not run, instead they put their heads down on the ground and covered eyes with hands as if to see no evil. They looked very funny in this position but it was plain to see that they knew that they should protect their eyes. The rest of the head could take it and it was sometimes bang, bang, bang, until I yelled at the cat to stop.

Jemima decided to stay under our house all winter, which was probably the best protection around. The place that Jemima and her kids took to sleep was directly under our bed and they were rather restless at night and constantly bumping their boneheads on what was our floor and their ceiling. If it made for poor sleeping for them, it also made for poor sleeping for Jim and me. We knew we didn't imagine it, we had things that went "bump" in the night.

Every day I fed all the coons, Jemima seemed very sleepy and half hibernated, the young ones getting bigger and more beautiful. Jot, the little one that looked as if she might peter out had grown into the most beautiful one, her fur was like silver, several shades lighter than all the others. She was the one that stood out like a princess among the others who seemed to be carbon copies of each other. Besides being the most beautiful, Jot had the shortest temper, as if she knew she was something special and we had to put up with it.

In the winter I always did some work outside unless

the weather was unreasonable, so one day I was moving stones making a place to plant more flowers and I was perhaps six feet from the place where Jemima was holed up. She kept coughing, as I thought, until I was moved to say,

"Poor Jemima, you've got a dreadful cough, haven't you?"

Upon hearing my voice, she stopped coughing and I realized that she had been barking but stopped when she recognized that it was harmless old me.

When spring came, Jemima and her kids moved to other quarters and I never saw them again.

Junie disappeared for four days and Jim and I were quite worried for Junie as she was the most sociable one of the bunch. Then she came back, the same old Junie and the same old appetite.

Sometimes Junie came by herself. On such occasions, she pranced in delightedly, black eyes aglow and since she was so special to me, I would give her half a can of sticky cat food on a sheet of newspaper. This was a bonanza that Junie decided could not be shared with anyone. She would look quickly all around her to see if she had been followed, then drag the newspaper under the bushes. Awhile later, she would bring the newspaper back, completely cleaned of food and with not a tooth mark in the paper and not a word licked off.

This was a constant source of amazement for Jim and me. How could she be so careful and why did she bring the newspaper back? Did she think we wanted to read it or did she think that by being real careful and neat, she could have a refill?

Junie also made the rounds of neighbour's places. The one who lived a quarter mile from us on the left side of the lake spoke to me of coons coming, especially one with a bold manner and that she always bought raisin bread to feed her.

Junie always played tricks on me. One of the tricks that she seemed to especially enjoy was to walk close behind me and step on the back of my shoe as I was about to take a step. I wore slip-on shoes with no buckles or ties and when Junie stepped on the top of my shoe heel, I stepped out of my shoe. She would practically laugh and jump from side to side as I put my shoe back on and if I didn't watch her closely, she would do her trick again.

(Continued next month)

Beating the heat wave, July 15



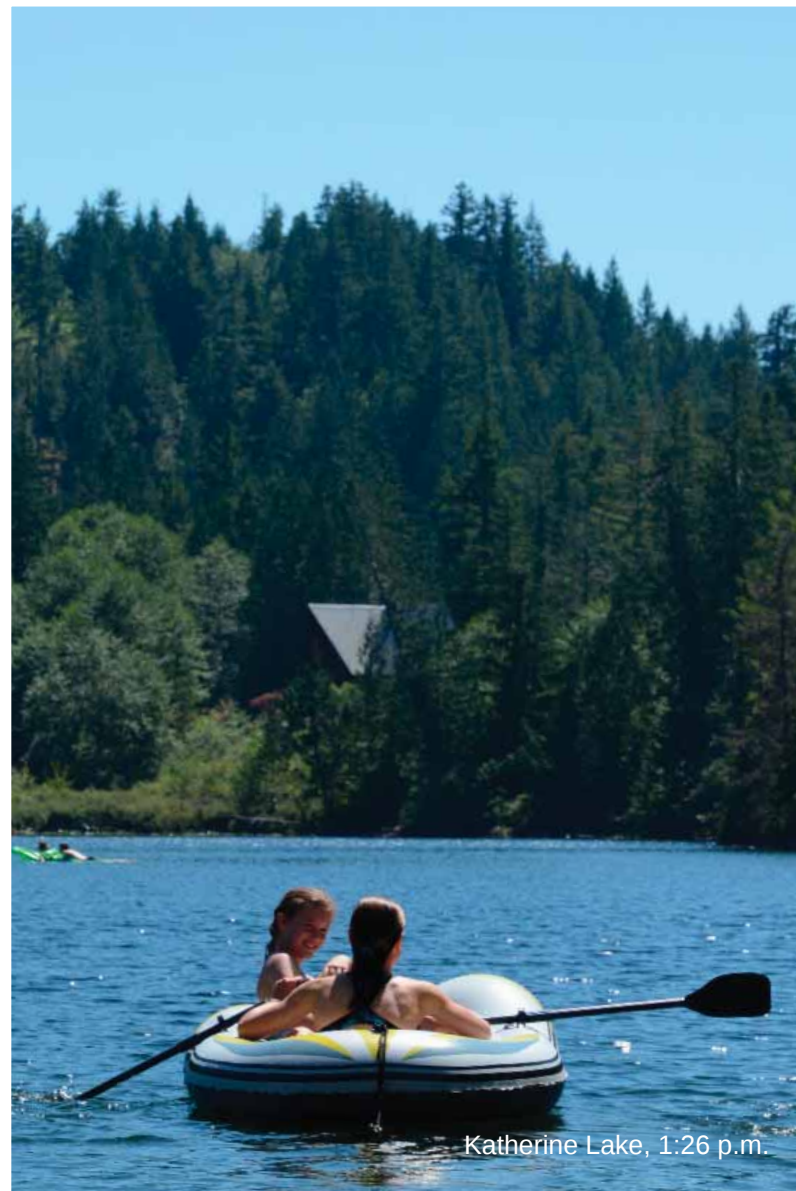
Katherine Lake, 1:29 p.m.



Dan Bosch Park, 12:57 p.m.



Katherine Lake, 1:27 p.m.



Katherine Lake, 1:26 p.m.



Dan Bosch Park, 12:57 p.m.



Garden Bay Lake, 1:46 p.m.



Garden Bay Lake, 1:46 p.m.

Deer me: A guide to 'deer-proofing' your garden

by Jim Rutherford

(This article originally appeared in the August 2009 issue of the *Harbour Spiel*.)

Deer.

They're lovely to behold but not when they wander through the garden and eat our favourite plants.

If they take a fancy to some plant they can do considerable damage or just plain kill it.

Sure, there are sprays (commercial and homemade) that can work — if sprayed often enough — to keep new growth covered and to replace what rain and watering has washed away.

Please read the labels carefully and do not apply to edible portions of the plants unless approved on the label — some are not safe to eat.

Deer netting works fine, but looks pretty ugly.

The nicest fence we've seen is a very lightly framed wooden one.

It was constructed with 1x1 or 1x2 in a pleasing alternating vertical height design with heavier laterals for support and posts for overall structural strength.

There are lots of design books for these 'architectural' fences that look light and airy, not like a barrier for deer and a visual fortress.

The fence will not support any clematis — deer-proof?

There are no plants that are really



Brian Lee photo

deer-proof, only deer-resistant and the menu changes yearly it seems.

So, here's a starter list of plants that are resistant but can be a little vulnerable when small.

TREES AND SHRUBS

Buddleia – go for the Black Knight or purple Scotch heather.

Cistus (Rock Rose) – great for dry hot places.

California lilac – Lilac in general, so go for it.

Cotoneaster

Daphne

Escallonia – a basic foundation

shrub for any garden. Prune up smartly.

Euonymus

Forsythia

Holly – try the variegated for Christmas cuttings.

Kerria Japonica – fast and easy to grow.

Mexican mock orange – needs a little shelter.

Nandina – protect when young.

New Zealand flax

Oregon grape

Osmanthus

Pontilla – good in full sun; try the pink/coral ones.

Rhododendrons

Ribes (flowering current) – great for color spring and fall, also for cutting.

Spirea – most.

Sumac

Skimmia

Taxus (Yew) – hedge material.

Viburnum tinus – not all Viburnums.

Weigela – protect when young.

Harbour Spiel

*Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program*



Regular service resumes September 22.

10,520 meals served to date!

Call Linda: 604.883.2819 or Anky: 604.883.0033.

PERENNIALS

Calla lily (Zantedeschia) – try them in a raised bed. You'll be surprised how rough they can take it.

Dicentra (Bleeding heart)

Dusty Miller – in the right design it's great, long-lasting, and very hardy.

Epimedium (Bishops cap) – ground cover.

Gaillardia (Basket flower)

Hellebores – collect some, they're beauties; great for cut flowers but poisonous.

Iberis (Candy tuff) – rockery.

Iris

Linaria

Lupine

Lychnis – Rose Campion, Maltese Cross.

Meadow rue

Monarda (bee balm) – look for pinks, lilac, mauves.

Penstemon

Poppies

Red hot poker

Rudbeckia – go for the big bronze ones.

Salvia – perennial types only.

Sedums – don't believe that for one minute!

Soapwort (Saponaria)

Tradescantia

Violas

ANNUALS

Begonia tuberosus

Calendula – easy to deadhead.

Clarkia/Godetia – sow seed on sight.

Forget-me-not

Verbena

BULBS

Leucojum (snowflake)

Narcissus/Daffodils – your tulips will be gone in a blink of an eye.

Oriental hybrid lily – group in multiples for maximum effect.

Ornithogalum – (Star of Bethlehem) try it in a rockery, but it can be invasive.

Scilla (bluebell, squill)

Snowdrops

Grasses, believe it or not, seem to be unpalatable to deer so design with them all you want.

Herbs the same. In general pungent smells and flavours seem to be a

turn off.

You may notice a trend here that plants with hairy leaves aren't bothered very much.

We leave a test plant in its pot outside the stockade to see how it fares.

No hard and fast rules here. It's like an irregular verb — so many exceptions.

So if the test plant is attacked — withdraw. It's live and learn with these furry rascals.

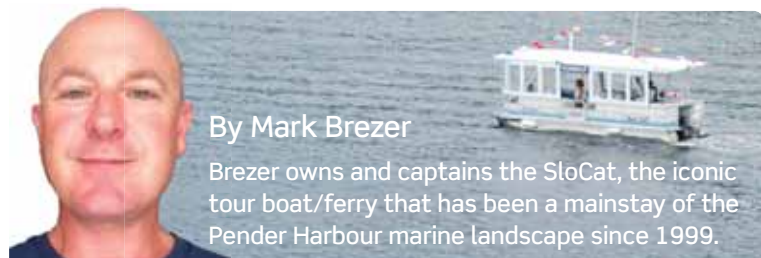
photojournal



Chris Tite photo

The coho are back. Alex (age 7) holds a four-pound hatchery coho and Graham (age 5) holds a wild six-pounder caught at Bjerre shoals on July 12. DFO is now allowing sports fishermen to retain one wild coho and one hatchery coho per day for the remainder of year and there have been multiple reports of coho success lately.

Cattin' around the Harbour



By Mark Brezer

Brezer owns and captains the SloCat, the iconic tour boat/ferry that has been a mainstay of the Pender Harbour marine landscape since 1999.

Running SloCat Harbour Tours, I'm out on Pender Harbour every day, showing off its beauty, discussing its history, geography, landmarks and the essence what life here is all about.

Not only do colourful boats come and go but so also do colourful tourists.

My favourite comment of the season so far?

"I would be a lot more interested in fishing if I could catch bacon."

It's hard not to agree.

But the most repeated question this year so far has been:

"Crabs? Crabs here too?"

I was asked this question about 30 times during one trip.

It was either one passenger's favourite food or her greatest fear.

At the end of some tours, I'm left wondering if the giant ice cream cone from John Henry's Marina was as big a highlight as any of the colourful history and information I supplied along the way.

If they haven't already, someone should have said, "You can't compete with bacon and ice cream."

MARINE UNGULATE

On a sunset cruise last month, just a few weeks after a pod of Orca whales came into Pender Harbour, we noticed something else swimming between the Indian [Skardon] Islands and Williams Island.

When we came a little closer, the finned-looking beast turned out to be a deers head from a side view.

The guests loved it and so did I.

SWAMP BOAT

Its always exciting when boats in the Harbour don't keep to the



posted speed limit of seven knots.

In cases like this, the SloCat gets swamped and the folks on board either lift their feet and knap sacks off the floor or they get wet.

PRETTY CAT

One of my favourite ships to come into the area this season has been *La Feline*.

She arrived in Bargain Harbour in mid-July.

A long-time West Vancouverite owns the 87-foot triple-planked, mahogany-built beauty.

I managed a private tour of the ship and learned she was built in France in 1974 before being purchased by Emily and Frank Griffiths Sr. (former owners of the Vancouver Canucks) and brought to New York on a freighter.

Her diesel tanks hold 8500 litres and while taking hours to fill, the owner changes the engine oil, over a dozen filters and whatever other maintenance is due.

She's a real beauty.



DERELICT TUG

The kids love to see the poor old *Kwatna*, now beached and apparently abandoned on Dusenbury Island.

It's a sad sight but it leads to discussions about abandoned boats up and down the Coast, environmental concerns and even offers opportunities to tell about the ghost crew members reputed to be still aboard.

SWEET BOATS

Edmonton car dealer Don Wheaton Sr.'s 151-foot *After Eight* is a frequent visitor to Pender Harbour in the summer.

I love to see the *After Eight* parked at the Garden Bay Pub to be reminded what \$30 million (allegedly) looks like:



Another boat with a similar price point, *The Glaze* caught everyone's eye earlier in the season when it was anchored in front of the Pender Harbour Hotel marina:



MOVING DAY

It's not just tourists out on the water all summer long — Pender Harbour is a working harbour too.

Demolishing an old house in Sinclair Bay was made easier by barging the material cross-Harbour to the government dock in Madeira Park before transferring it onto trucks to transport to the dump:



WORLD CUP TIMEOUT

The longest day?

The World Cup soccer tournament seemed to have kept people glued to the TV this summer.

We didn't run a single tour on the day of the final between Argentina and Germany. Now that's devotion.

DOCK TALK

Down at the government docks, there's always something to discuss with the usual suspects: George, Hugh, Rick, Sandy, Loretta, Dave... the list goes on.

It's not like we are going to solve any world issues anytime soon, but it's comforting to know we are all in it together.

Slocat tours run at 11 a.m., 1 p.m., 3 p.m. and sunset daily from the Madeira Park government wharf.

AUGUST

- Fri. Aug. 1.....Friday Market in Madeira - P. H. Community Hall grounds - 10 a.m. to 4 p.m.
 Fri. Aug. 1.....Russell Marsland (2 nights) - Garden Bay Pub, 8 p.m.
 Sun. Aug. 3.....Sunday Jam w/ Russell Marsland - Garden Bay Pub, 2 p.m.
 Fri. Aug. 8.....Friday Market in Madeira - P. H. Community Hall grounds - 10 a.m. to 4 p.m.
 Fri. Aug. 8.....SoM Coffee House (Skinny Jimmy, Ashey Hautala, Maddy Webber & friends), P. H. School of Music, 7:30 p.m.
 Fri. Aug. 8.....Steve Hinton (2 nights) - Garden Bay Pub, 8 p.m.
 Sun. Aug. 10.....11th annual Garden Bay Show and Shine - Garden Bay Pub, all day
 Sun. Aug. 10.....Sunday Jam w/ Steve Hinton - Garden Bay Pub, 2 p.m.
 Mon. Aug. 11.....P. H. Food Bank pickup - P. H. Community Church, noon
 Thurs. Aug. 14.....Sandy Bone with Broken Down (3 nights) - Garden Bay Pub, 8 p.m.
 Thurs. Aug. 14.....10th annual P. H. Chamber Music Festival (3 days) - P. H. School of Music
 Fri. Aug. 15.....Friday Market in Madeira - P. H. Community Hall grounds - 10 a.m. to 4 p.m.
 Sun. Aug. 17.....Sunday Jam w/ Gary Comeau and Simon Paradis - Garden Bay Pub, 2 p.m.
 Thurs. Aug. 21.....Cannery Row (3 nights) - Garden Bay Pub, 8 p.m.
 Fri. Aug. 22.....Friday Market in Madeira - P. H. Community Hall grounds - 10 a.m. to 4 p.m.
 Sat. Aug. 23.....P. H. Legion Golf Tournament - P. H. Golf Course
 Sun. Aug. 24.....Sunday Jam w/ Peter Van B3 - Garden Bay Pub, 2 p.m.
 Mon. Aug. 25.....P. H. Food Bank pickup - P. H. Community Church, noon
 Thurs. Aug. 28.....*Harbour Spiel* September issue hits the mail
 Fri. Aug. 29.....Friday Market in Madeira - P. H. Community Hall grounds - 10 a.m. to 4 p.m.
 Fri. Aug. 29.....Steve Kozak's West Coast All-Stars (two nights) - Garden Bay Pub, 8 p.m.
 Sun. Aug. 31.....Sunday Jam w/ Steve Kozak's West Coast All-Stars - Garden Bay Pub, 2 p.m.



FERRY DEPARTURES

~ Effective June 25 to September 1 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:25 a.m.
 9:00 a.m. - Sat. only
 9:40 a.m.
 11:10 a.m. - Sat. only
 12:00 p.m.
 *1:35 p.m.
 2:15 p.m. - Daily except Sat.
 Δ 3:45 p.m.
 4:30 p.m. - Daily except Tue/Wed
 5:50 p.m. - Daily except Sat & Aug 31
 6:35 p.m. - Daily except Tue/Wed
 ° 7:55 p.m.
 8:40 p.m. - Daily except Tue/Wed
 9:50 p.m. - Tue, Wed only
 10:35 p.m. - Daily except Tue/Wed

* Mon, Thu, Fri, Sat and Aug. 10, 17, 24 only
 Δ Tue, Wed, Fri, Sun and Aug 4 & Sept 1 only excluding Aug 29 & 31
 ° Tue, Wed, Sun only excluding Aug 3 & 31

LANGDALE

6:20 a.m.
 7:55 a.m. - Sat. only
 8:30 a.m.
 10:05 a.m. - Sat. only
 10:50 a.m.
 *12:30 p.m.
 1:05 p.m. - Daily except Sat.
 Δ 2:40 p.m.
 3:25 p.m. - Daily except Tue/Wed
 4:45 p.m. - Daily except Sat & Aug 31
 5:30 p.m. - Daily except Tue/Wed
 ° 6:55 p.m.
 7:35 p.m. - Daily except Tue/Wed
 8:55 p.m. - Tue, Wed only
 9:40 p.m. - Daily except Tue/Wed

EARLS COVE

◊ 6:25 a.m.
 8:20 a.m.
 10:35 a.m.
 12:55 p.m.
 ◊ 3:15 p.m.
 5:35 p.m.
 7:40 p.m.
 9:35 p.m.

SALTERY BAY

◊ 5:30 a.m.
 7:25 a.m.
 9:25 a.m.
 11:45 a.m.
 ◊ 2:05 p.m.
 4:30 p.m.
 6:40 p.m.
 8:35 p.m.

◊ Mon-Fri except Aug 4 & Sept 1
 ◊ Sat-Sun and July 2, Aug 4 & Sept 1 only

"In summer, the song sings itself."

~ William Carlos Williams

Ask Darlene, your hygienist.

Visiting Pender Harbour Dental for regular check-ups is about more than just loving your smile — it's about learning about how to take better care of it.

Your oral health offers a dentist a window to your overall health. How you treat your teeth and gums has a huge impact on the rest of your body and the connection goes well beyond how you look and feel day to day. Proper dental hygiene, such as brushing and flossing, can remove plaque and deter bacteria from entering your blood stream. Those bacteria have been linked to cardiovascular (heart) diseases and other serious conditions.

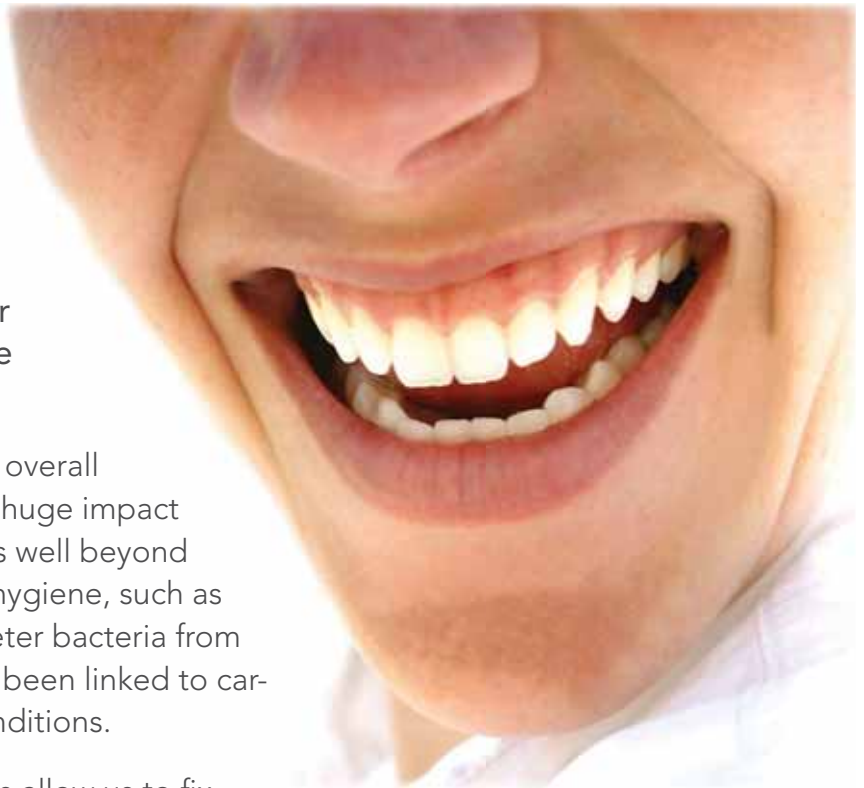
Regular check-ups and cleanings with our dentists allow us to fix problems at the early stages. Fixing an oral health problem like a cavity at the early stages can reduce your dental costs in the long run and save you time. Learning how to maintain better flossing habits and using the right tools at home can make fillings become a thing of the past.

But don't believe us:

Loretta McDonald: *The team at Pender Harbour Dental provide exceptional service. They are friendly, welcoming and do their very best to make your time in the office a good experience. My children transitioned from a pediatric dental office to this local office for all of their hygiene and dental care. Couldn't be happier!*

Alex Pernat: *Darlene is an amazing health care professional on the front lines of preventive oral care by helping to minimize plaque and calculus and its effects on the body. She is ever so gentle and makes me look forward to my next appointment.*

Call us today to book your next hygiene appointment with Darlene.

A stylized illustration of a tree with a thick, gnarled brown trunk and a dense canopy of green leaves. The tree is positioned on the left side of the page, with its branches extending towards the right.

PENDER HARBOUR DENTAL
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- ° Hygiene
- ° Implants
- ° Botox

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THRU AUGUST.

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TAKING PRE-ORDERS
FOR MID-SEPTEMBER ARRIVAL.



QUEEN CHARLOTTE ISLANDS

PACIFIC HALIBUT

JOSH YOUNG 604.883.9468 younggunfish@gmail.com

August music:

- AUG. 1: Russell Marsland
- AUG. 2: Russell Marsland
- AUG. 3: SUNDAY JAM: Russell Marsland (2 pm)
- AUG. 8: Steve Hinton with the Hinton Hart Band
- AUG. 9: Steve Hinton with the Hinton Hart Band
- AUG. 10: SUNDAY JAM: Steve Hinton (2 pm)
- AUG. 14: Sandy Bone with Broken Down
- AUG. 15: Sandy Bone with Broken Down
- AUG. 16: Sandy Bone with Broken Down
- AUG. 17: SUNDAY JAM: Gary Comeau & Simon Paradis (2 pm)
- AUG. 21: Cannery Row
- AUG. 22: Cannery Row
- AUG. 23: Cannery Row
- AUG. 24: SUNDAY JAM: Peter Van B3 (2 pm)
- AUG. 29: Steve Kozak's West Coast All-Stars
- AUG. 30: Steve Kozak's West Coast All-Stars
- AUG. 31: SUNDAY JAM: Steve Kozak's West Coast All-Stars (2 pm)

Pender Harbour Show and Shine

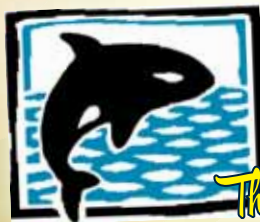
August 10

Menu specials - families welcome!

FRIDAYS: Meat Draw (5 p.m.) & Half price wings (4-7 p.m.)

SATURDAYS: \$19.95 Prime Rib (while quantities last).

SUNDAYS: Eggs Benny (until 2 p.m.)



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