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Page 2 Harbour Spiel



The independent voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,200)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Jennifer Edwards, Leonard Lee, Robert Livingston, Shane McCune and Melli McMillan.

COVER

Deb Cole teaches her last class (on her 60th birthday) after 25 years managing the Pender Harbour Aquatic and Fitness Centre. (Brian Lee photo)

ADVERTISING

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CONTACT

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(604) 883-0770 editor@harbourspiel.com www.harbourspiel.com

April issue: April 2

A sign of disrespect



Brian Lee

Once again, those scamps down at the Sechelt band office have confirmed that non-band

members should expect to be considered collateral damage in the pursuit of their political goals.

As news of an application to change the name of Madeira Park settles (story p. 5), residents of Area A ponder how much more disrespect the shishálh First Nation is capable of.

Others chirp in with tired platitudes in support of the action.

"Well, imagine how they felt when we changed their names."

Or, "It's their land."

Or, "What's the big deal?"

Besides the fact that I've noticed these arguments often come from folks without family in the ground, they've missed the point.

It should be viewed as another reckless power play, lobbed without regard for the people the band insists it wants to share the territory with.

This argument has gone past attempts to define Indigenous rights, past reconciliation, past debates about how communities define their culture, to land at "What is an entitled corporate bully?"

I welcome including geographical locations in the shishalh language — it offers something to read while making the tedious drive down to chat'lich for micro beers.

But I can't help but detect a familiar note of bitterness in the way this community was excluded from an attempt to officially rename it.

Retaliation for historical grievances won't deliver reconciliation, only injustice.

Many in our community are exhausted to despair by a pattern of abuse by the shishalh.

Some might have applauded last

month's story in the *Spiel* of the first dock approval in Pender Harbour in almost 20 years.

I didn't.

That dock took the owner close to a decade to pass and because of impractical and poorly researched standards, it needlessly cost tens of thousands more than a safe, environmentally sound dock should.

Recall the small longhouse fiasco of a few years ago when, again, without warning or consultation, the SIB launched an ill-conceived scheme to send crews into cherished local parks to build permanent structures.

Throughout, redundant archaeological studies have cost property owners hundreds of thousands of dollars to undertake minor projects on fee simple land.

Clearly the shishalh are impatiently flexing their interpretation of reconciliation in the vacuum created by a provincial government that is only too happy to step aside in order appear progressive when it comes to First Nations issues.

Geographical names develop over time into accepted usage because they are practical, pronounceable and relative to the people who use them.

Madeira Park is not "the entrance to the channel/canoe pass."

It is a community of people and of commerce and its name holds significant heritage value in the community, far more than salalus ever will for families living in Sechelt.

So, yes, include both names on road signs, but to ignore the community that lives here while working behind its back to change its official name just isn't neighbourly.

It's time for the shishalh Nation to start talking to us and make an effort to explain their motives because this pattern of treatment is starting to appear like outright hostility from one community to another.

KIDS' CLUB AT THE POOL: Wednesday, March 11, 4:30 p.m.

It's an exclusive club. You have to be a kid to get in to enjoy an extra hour of pool and gym activities after Wet Set on March 11. It costs \$3 and participants can pre-register or drop in at the Pender Harbour Aquatic Centre.

INVESTING 101 WITH LINDA CORDELL: Tuesday, March 10, 6 p.m.

Everyone would like to have more money, right? On Tuesday, March 10, Linda Cordell of the Sunshine Coast Credit Union will offer tips on how to keep it and grow it by investing. This session will be held at the Harbour Learning Centre by the Madeira Park Elementary School and will run from 6 to 8 p.m. The cost is \$20 and participants are urged to bring questions.

P. H. MUSIC SOCIETY PRESENTS SLOCAN RAMBLERS: Saturday, March 28, 7 p.m.

Do you love bluegrass? If the answer is a resounding "Yes!", don't miss this opportunity to hear the Slocan Ramblers, Canada's hottest roots band whose Queen City Jubilee album was recently nominated for a 2019 Juno award. Their fearless acoustic approach to playing bluegrass, folk and old-time country music with lightning-fast instrumentals and tight vocals will challenge your ability to sit still.





photojournal



submitted

For Valentine's Day the Pender Harbour branch of the Sunshine Coast Healthcare Auxiliary hosted a 'staff appreciation day' at the Pender Harbour Health Centre providing baking, fresh coffee and tea. Pictured is Anne Pino, Pender Harbour Dental receptionist, flanked by SCHA hosts Judy Gideon (I) and Maureen Lee (r).

Page 4 Harbour Spiel

The names they are a-changing

Recent news of an application by the Shíshálh First Nation to change the official names of Wilson Creek, Saltery Bay and Madeira Park has coincided with a separate process to replace markers along Highway 101with dual language signs that include First Nations place names.

Last month, the *Coast Reporter* reported that a letter from BC's Geographical Names Office requesting comment on the name change proposal was included in Sechelt council's Feb. 5 agenda.

The SFN propose to change the name of Madeira Park to "salalus."

According to the BCGNO, "salalus is the she shashishalhem name for Madeira Park (community) and the surrounding areas.

"The name salalus refers to the entrance to the channel/canoe pass, harvesting/fishing sites and village located at and near what is now Sechelt Band Land 20, Madeira Park."

Leonard Lee, SCRD Area A director, told the *Harbour Spiel* that the SCRD received a letter from the GNO alerting them to the application but they haven't responded yet.

"We haven't even officially received the letter because we only became aware of its existence Friday (Feb. 14)," said Lee.

"I was a little surprised that we didn't get a heads-up at the SCRD before it came from the government."

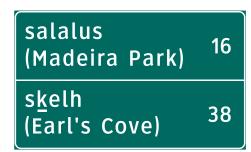
According to BC's Geographical Naming Principles, policy and procedures:

"First priority shall be given to names with long-standing local usage by the general public.

"Unless there are good reasons to the contrary, this policy should prevail."

The document also states, "In order to ensure consistency, only official









Ministry of Highways, Transportation and Infrastructure

New highway signs featuring shlshálh geographical names (areas south of Roberts Creek in Squamish Nation territory) are to be installed along 65 kilometres of the Highway 101 corridor from Robert's Creek to Lang Bay later this month. According to MOTI, the estimated cost to install 20 dual language signs is \$80,000.

place names are used on BC Lands maps and in publications."

On Feb. 18, the *Harbour Spiel* learned the Ministry of Highways, Transportation and Infrastructure will replace 20 highway signs along Highway 101 later this month.

In an emailed statement from the Ministry of Transportation and Infrastructure:

"The ministry has been working with shishalh Nation to implement dual-language signs along Highway 101, which is one of the commitments within the shishalh Nation/British Columbia Foundation Agreement that was signed in October 2018."

MOTI said existing distance guide signs and service and attraction signs will be replaced with dual language versions, along with new signs to identify Saltery Bay, Earl's Cove and Trout Lake.

New community entrance signs will be also be installed to mark the boundaries of the shíshálh territory

and Sechelt.

"The ministry expects these signs to be installed by the end of March, and sent letters to the District of Sechelt and the Sunshine Coast Regional District in early January regarding these plans."

Dual-language signs have been erected in other areas of the province, including the Sea to Sky Highway.

In a separate process, the Ministry of Forests, Lands, Natural Resource Operations and Rural Development is undertaking consultation on the shishálh's name change proposals.

The foundation agreement is available online at https://www2.gov. bc.ca/assets/gov/environment/natural-resource-stewardship/consulting-with-first-nations/agreements/shishalh_nation_foundation_agreement_-_final - redacted- signed.pdf.

The *Harbour Spiel* reached out to shishalh Chief Warren Paull by email and telephone for comment but he did not respond by press time.

March 2020

Egmonsters concerned about BCTS logging plan

A Feb. 13 meeting to discuss BC Timber Sales and Tsain-Ko Forestry Development Corporation (a company owned by the Shíshálh First Nation) cutblocks near Egmont was abruptly cancelled and moved to a new location after it was announced, in error, that the public would be welcome.

In an email to the Egmont Community Club, a representative for BCTS wrote:

"We are changing the venue and want to be clear that this meeting is only for representatives of the Egmont Community Club, as was stated in our original meeting request.

"We are prepared to meet with a maximum of 10 people."

According to Tom Silvey, Egmont Community Club liaison, three stakeholders — ECC, North Lake Residents Association and the Sunshine Coast Trails Society each had 20 minutes to present concerns.

Also in attendance were Leonard Lee, SCRD Area A director, Darnelda Siegers, Sechelt mayor and SCRD vice-chair, and Kim Tournat, representative for MLA Nicholas Simons.

Silvey said a BCTS representative stressed at the outset of the meeting that the process is in the stage of "early planning."

At issue for the ECC is the potential impact 24 proposed cutblocks totaling 168 hectares could have on watersheds, residents and the economy of the Egmont area.

The proposed cutblocks were announced last year in BCTS's five-year operational plan (2019 to 2023).

The plan included 65 cutblocks within the SCRD totalling approximate 1,012 hectares of forest.

Those cut blocks are mandated to be harvested by 2023.

BCTS has a mandate to harvest 313,027 cubic metres of timber annually in the Sunshine Coast Natural Resource District, which includes the area of the SCRD and qathet Regional District (formerly known as Powell River Regional District).

One concern of stakeholders is that some cutblocks slated to be logged border the SCRD's Suncoaster Trail and Skookumchuck Narrows Provincial Park.

In an email to the *Harbour Spiel*, Silvey wrote:

"At this point, we are working on ways to mitigate the effects of the logging and keeping lines of communication open will continue to be our main priority.

"And we are really hoping that our area director, the SCRD board, and our MLA can see the value of the Egmont area in terms of our contribution to the tourism economy on the Sunshine Coast.

"Hopefully we can provide them with the necessary information so that they can represent us well as we collectively try to mitigate the impacts to the local community."

In a document prepared for the meeting with BCTS representatives, the ECC noted three cutblocks within the Waugh Lake watershed and eight within North Lake's drainage area.

Other issues include public safety on many of the roads servicing Egmont neighbourhoods and recreation corridors.

Silvey also noted that the Skookumchuck Rapids attract 50,000 hikers per year and any serious impacts to the park's trail could negatively affect Egmont's economy.

Rick Craig, president of the North Lake Residents Association,

told the *Harbour Spiel* that he delivered a list of 25 questions to BCTS representatives.

The NLRA recently-formed to represent approximately 30 properties around North Lake.

NLRA concerns focused on specific issues involving the harvesting of a number of cutblocks that will likely require the transport of logs through the busy and narrow North Lake Road on the south side of North Lake.

Craig said BCTS estimates that 75,000 cubic metres of timber will be hauled out of the Egmont area as part of the current operational plan.

Up to 38,000 cubic metres of that could pass through North Lake Road.

"I'm worried about dust control," said Craig.

"We already have dust storms coating the whole lake but what if you have 10 logging trucks a day going down that road?

"One of the houses has a veranda just feet from the road."

Craig said the narrow gravel road services properties along North Lake's south shore as well as the Klein Lake campground.

"It's become a residential area—there are 22 houses along North Lake Road and many are very close to the road," said Craig.

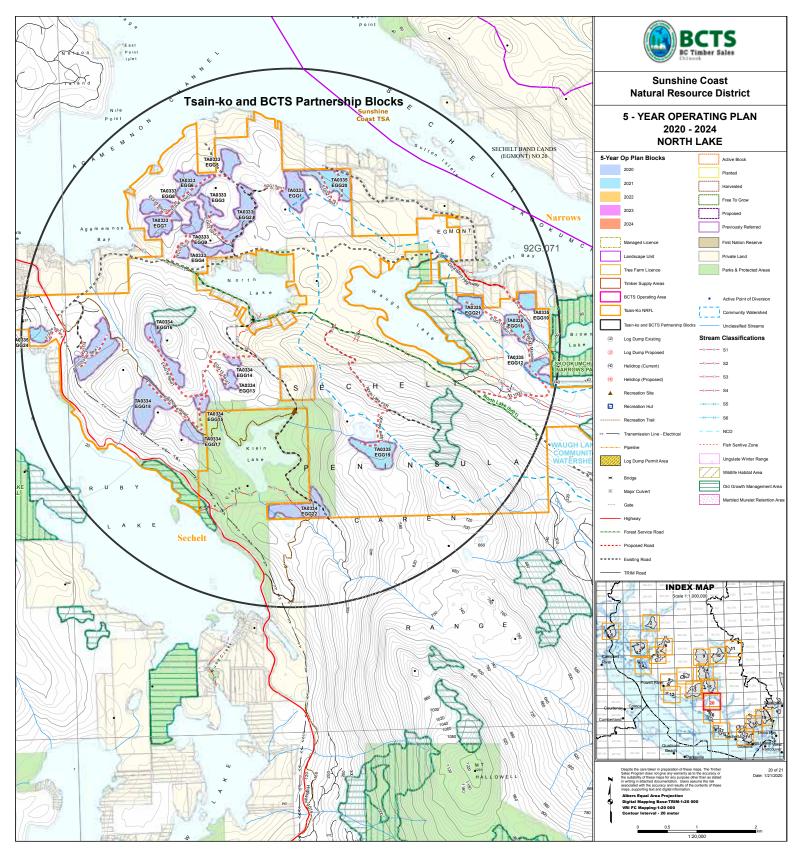
"About eight people live there full-time."

Craig said that BCTS representatives told him they will work on a "revised, refined plan" and schedule another meeting to review it.

"They're talking about having all this done by April," said Craig.

The meeting chair, Amanda Girard, a BCTS planning forester based in Squamish, did not respond to email or phone calls by press time.

Page 6 Harbour Spiel



BC Timber Sales

A map showing BC Timber Sales five-year operational plan for the north end of the Sunshine Coast. Representatives of the Egmont Community Club fear 24 proposed cutblocks (many slated to be logged this year) in the Egmont area will cause 'irreparable damage' to the community's main economy — ecotourism.

'Hostile' man shines light at Beaver attempting takeoff near Egmont

On Dec. 3, the pilot of a Gulf Island Seaplanes de Havilland DHC-2 MK (C-FOCN) was forced to abort a takeoff near Egmont after a boat operator allegedly shone a high-powered strobe light into the cockpit.

Flight magazine, the journal of the Canadian owners and pilots association, reported last month that the pilot taxied back to the float plane dock and was able to speak with the boat operator.

According to Flight, the boat operator was "exhibiting confrontational and hostile behaviour."

A second incident on Dec. 4 was reported to Sunshine Coast RCMP after an adult male shone a "laser or strobe light at a float plane attempting to land" near Egmont.

Flight reported that this incident was caused by the same man shining a "high-powered strobe" from his deck as the pilot circled to land.

Sunshine Coast RCMP confirmed that the pilot was forced to abort the



Brian Lee

At least two incidents involving a man shining a light into the cockpit of a de Havilland Beaver float plane occurred near Egmont in December.

landing due to safety reasons.

RCMP spoke with the man who claimed responsibility.

An RCMP spokesperson told the Harbour Spiel that, "He provided an

explanation as to his actions and was warned about the dangers of this."

RCMP recommended this incident be referred to the Transportation Safety Board for awareness.

Volunteer income tax help available starting March 1

From March 1 to April 30, trained volunteers are on hand to assist those in need of help with income tax preparation. It's a free service for

employees or volunteers of the Canada Revenue Agency. The volunteer

eligible clients and volunteers are not income tax program has three options to take advantage of this service:

- Walk-in tax clinics at the P. H. Community School (5012 Gonzales Rd.) on Tuesdays from 9 a.m. to noon and at the P. H. Health Centre (5066 Francis Peninsula Rd.) on Thursdays from 9 a.m. to noon;
- A drop-off service at the P. H. Community School on Tuesdays, Wednesdays and Fridays from 9 a.m. to 3 p.m. (excluding during spring break March 16 to 27) and at the P. H. Health Centre, Monday to Friday from 9 a.m. to 4 p.m., and
- By appointment, phone (604) 741-5132.

Applicants should bring all relevant tax slips and forms.



Page 8 Harbour Spiel



Brian Lee

Deb Cole gave her last aquafit class to a packed pool on Feb. 19 — her 60th birthday — before jetting off to retirement. Cole has been manager of the P. H. Aquatic and Fitness Centre for 25 years where she is well-known for fun classes and high energy.

rcmp news

THEFT OF GAS

Overnight on Jan. 19, a suspect stole gas from a vehicle parked in the 8000 block of Dogwood Road, Halfmoon Bay.

The owner was alerted when she noticed a warning light indicating the gas cap was not secured.

The suspect caused minor damage to the vehicle in the process but no other theft or damage was reported.

ATTEMPTED BREAK-AND-ENTER

On Jan. 25, a possible attempted break-and-enter was reported at a residence in the 8000 block of Redrooffs Road, Halfmoon Bay, after a suspect in a light-coloured hoodie was captured on security camera trying to open locked glass doors.

Unfortunately, the resident put some kind of powder on the possible suspect fingerprints, rendering them useless as forensic evidence.

Fortunately, no entry was gained and no property damage or theft was reported.

CARELESS USE OF FIREARM

On Saturday, Jan. 18 at 2:05 a.m., Sunshine Coast RCMP responded to a 911 call from a residence in Secret Cove.

The caller reported a male inside a residence with a firearm and his behaviour gave the caller concern for public safety.

The caller was calling from inside that residence and fled to a neighbour's.

Sunshine Coast RCMP responded and set up a containment of the area and attempts to establish contact

with the male were unsuccessful.

Due to the nature of the call involving a firearm, all available resources from the Sunshine Coast RCMP were deployed and the Lower Mainland Integrated Emergency Response team was called and arrived on the first ferry.

Neighbouring residents were evacuated for their safety and at 9:25 a.m., one adult male was taken into custody without incident.

The residence in question has been secured and the investigation in ongoing.



What's in a name?



Leonard Lee Area A director, SCRD

The BC Geographical Names Office recently invited the SCRD to comment on a shishálh

Nation proposal to change the name of Madeira Park to salalus, and we were given until April 23 to respond.

The Supreme Court acknowledged, in its 2014 Tsilhqot'in decision, that Aboriginal people hold title over most of what we call British Columbia, so it's important to hear what they call their land, and most agree renaming in the spirit of reconciliation and decolonization is a positive step (in support, the SCRD is dual-naming regional parks).

Madeira Park is not a shíshálh

name, but one given by a local, well-known and respected, Indigenous family.

Joe Gonsalves was born in Funichal (Madeira), came to Vancouver as a young man, married a Squamish Indian, Susalot (Latremoute or Crabolt), purchased property in Irvine's Landing in 1904, established the biggest business in the area, and bought extensive land in Madeira Park, much of which belongs to School District 46 today.

He donated Irvine's Landing property for a school, and many of his descendants, with the names Duncan, Warnock, Phillips and Hanna, live and work here today.

Place names define our sense of belonging, but they can cause unintended harm.

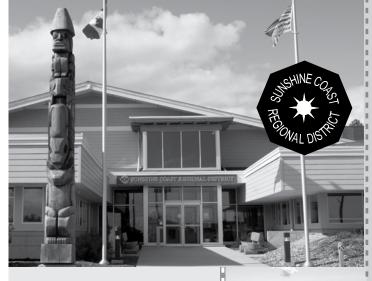
I promote open discussion of the

issue with the goal of understanding the hopes and desires of everyone affected, to arrive at a resolution that helps unite us as a fully functioning, healthy community.

EGMONT LOGGING

BC Timber Sales and Tsain-Ko Forestry Development Corporation met Feb. 13 with Egmont Community Club and North Lake Residents Association representatives to provide information about current plans, and to gather feedback so mitigation measures can be designed for cutblocks in the Skookumchuk-North Lake area.

Tsain-Ko Forestry Development Corporation holds and oversees management of the non-renewable timber license on behalf of the shíshálh Nation, and they must complete engi-



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SUNSHINE COAST REGIONAL DISTRICT Upcoming meetings

Agendas are available at www.scrd.ca/Agendas-2020.

Planning and Community Development Services Committee

March 12 at 9:30 a.m.

Regular Board March 12 at 1:30 p.m.

Infrastructure Services
Committee
March 19 at 9:30 a.m.

Regional Hospital District March 26 at 9:00 a.m.

Corporate and Administrative Services Committee March 26 at 9:30 a.m.

_ _ _

Regular Board March 26 at 1:30 p.m.

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www.scrd.ca 604-885-6800 info@scrd.ca Pender Harbour Satellite Office 12828 Lagoon Road, Madeira Park 604-885-6877 infrastructure@scrd.ca Monday to Friday 8:30 a.m. to 1:30 p.m. neering, road building and logging within three years (the duration of the license) or the timber rights will be auctioned to the highest bidder.

A town hall meeting in the near future will acknowledge concerns, and explain what can and cannot be done to resolve them.

2020 BUDGET

The SCRD services portion of our annual property taxes and utility fees will increase about \$200, with variances from \$50 to \$300, depending on where you live.

With budget deliberations complete, staff are now focused on successfully achieving the benefits expected when 60 carry-over projects and over 130 new ones from our strategic plan are complete, some this year and others in future.

This ambitious plan, which is a significant investment in our future, demands action on key services to meet community expectations, improve service levels and demonstrate responsible infrastructure management.

In our strategic plan, we vowed to act with courage and purpose, and we intend to follow through.

To foresee and respond to continued regional growth and change, we must involve the community to see where this change should be headed, through much staff-led dialogue with all stakeholders.

With a water shortage in the regional service area, we must avoid that situation in areas now adequately served and, through other projects, address current shortages and institute firm plans to ensure that we never again find ourselves in this situation.

In the past, we created substantial infrastructure but only paid to install

and operate it, neglecting maintenance and replacement costs.

Today, we must replace water mains, which is why, between parcel taxes and user fees, our water utility charges are increasing by 25 per cent.

We must invest in solid waste services, including projects to extend the life of our existing landfill while budgeting for its closure and developing a plan to replace it.

The SCRD is at 2009 staffing numbers, but our scope of work has increased considerably, the population of the Coast has grown, provincial regulations have increased and decisions that were delayed must now be addressed, such as asset management, water and solid waste.

To implement overdue work and requested changes, and to maintain the daily operations of the SCRD government, we will be adding 15 full-time employees including increasing hours for part-time positions.

Much like last year, we will prepare reports on each electoral area to present at community gatherings and look forward to providing details relevant to each area and share our views of what the future looks like for each of us.

Comprehensive budget details can be found at www.SCRD.ca/ agendas-2020 (scroll down to "2020 budget corporate and administrative services committee" to select each of three agendas).

CONTACT

This column is intended to inform you about issues that may be of interest within the scope of the SCRD government, but please contact me if you have any questions or comments about these or other SCRD issues.

My top priority is to represent you at the SCRD board.

Please email leonard.lee@scrd. ca or call/text (604) 212-0406.



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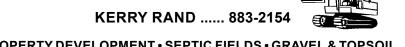
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□ a. 62	□ a. gypsum
□ b. 76	□ b. marble
□ c. 98	□ c. limestone
□ d. 111	□ d. granite
2. What is the first name of Pender Harbour's namesake?	5. On what island would you find Point Upwood?
□ a. James	□ a. Texada
□ b. William	□ b. Captain
□ c. George	□ c. Pearson
☐ d. Daniel	□ d. Nelson
3. What is a fid?	6. Where is the "prawn plant?"
\square a. Tool used in rope work	□ a. Egmont
□ b. Fishing lure	□ b. Francis Peninsula
□ c. Scottish violin	□ c. Daniel Point
☐ d. Local name for a rope swing	□ d. Gunboat Bay

Answers: p. 34

Less than two: Townie Four-plus: Local Two-plus: Newbie



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Page 12 Harbour Spiel

The 'Swamp Thing' rises March 28

submitted

The first race of the season in the Sunshine Coast Trail Series kicks off in Pender Harbour on March 28.

The organizer of the event, Wolverine Athletics, has chosen a course that takes runners through the lush forested trails surrounding McNeill Lake and Middle Point Forest Service road.

Trail runners should be aware that there is potential for the course to be wet (swamps) with plenty of roots and the odd burned-out abandoned car.

Athletes have the option to choose between three course distances:

- Grizzly (22 kilometres), starting at 10 a.m.;
- Deer (10.5 kilometres), starting at 10:30 a.m., and
- Rabbit (5.7 kilometres) starting at 10:45 a.m.

This year's race will feature a beer garden that opens at 11 a.m. and each runner gets one free drink.

Extra beer, cider and soft drinks can be purchased.

Burritos and tacos will be served up by Salt and Swine.

Grizzly runners receive a free burrito with their registration while Rabbit and Deer runners receive a discount on a burrito.

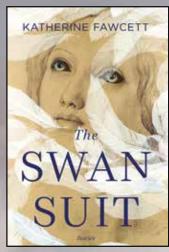
To register, visit *raceroster.com/ events/2020/27387/swamp-thing*.



submitted

The 'Swamp Thing' on March 28 will take runners on their choice of distance through local trails around McNeill Lake like Old Pole Road (pictured).

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Olympic torch relay positively overwhelming for many

Close to 1,000 people came out to cheer on the Olympic torch relay as it passed through Pender Harbour at two sites — the Pender Harbour Secondary School and Madeira Park.

The Pender Harbour Lions Club raised \$1,350 for Abbie Evans, a local girl undergoing treatment for leukemia, at the logger's breakfast held in the P. H. Community Hall before and after the Olympic torch relay.

It looked like May Day as people lined the road while the torch cavalcade passed through Madeira Park before carrying on to Sechelt.

(Rumours of the *Harbour Spiel* photographer's take-down by security on Lagoon Road have been grossly exaggerated.)



Brian Lee photos

Officials deny serving 'special' coffees to torch runners while they waited for their leg of the relay.





PHSS grad Cassandra Whelan was the final runner, carrying the torch along Lagoon Road to the finish of the Pender Harbour portion of the relay at Francis Peninsula Road.



A patriotic East Coaster named Merlin got a swelled head from all the attention he received.

Page 14 Harbour Spiel

Kirk Mackie MARCH 5, 1954 — JANUARY 19, 2020

Kirk Mackie died suddenly on Jan. 19, after a quiet battle with cancer, surrounded by his wife, Leanna, and children Tami and Keith.

Mackie was born in Burnaby on March 5, 1954.

His lifelong career as a welderfabricator and shipbuilder started when he was a teenager, working for the family business, Benson Bros. Shipbuilding in Coal Harbour.

He later worked for Progressive Marine and Fraser Shipyard, where he helped build numerous boats.

He took great pride in his family's boating history, and was well respected for his marine welding and boat building knowledge.

Mackie, with other individuals and businesses, was honoured on the Coal Harbour Fellowship Bell for his place in this 1891-1979 Vancouver industrial marine community.

In 1995, Kirk relocated his family from Port Coquitlam to Madeira Park on the Sunshine Coast.

His first years here were spent working for his uncle Don Benson's Shakey's Precision Welding.

He later worked for Madeira Marina, then opened K.M. Welding where, for 20 years, he was always willing to go the extra mile with a repair or an original, custom fabrication.

He took an immense amount of pride in his work and had a lifetime of knowledge to back it up.

Mackie's impressive trophy shelf shows that he was athletic throughout his life, either playing or coaching soccer and baseball.

He competed in a number of baseball tournaments in Cache Creek and Port Coquitlam, competed in downhill skiing, and at a provincial level in bowling. Later in life he found a passion for golf, and every Sunday he and son Keith could be found competing with each other on the fairways of the Pender Harbour Golf Club.

He enjoyed spending time on the family boat, the *Dali-Anne*, built in 1929 for the RCMP, and in son Keith's still-nameless boat.

His favourite summers included road trips with Leanna, visiting friends throughout BC and Alberta.

Mackie loved family time most of all and was completely smitten by granddaughter Raylee.

Mackie is predeceased by his mother, Myrtle "Betty" (Benson) Mackie, his father, Arnold Mackie, and father-in-law, William Streifel.

He is survived by his loving wife, Leanna, brothers Gerald and Rick (Lori), daughter Tami (Genevieve), son Keith (Crystal), daughter Nicola (Shane), granddaughter Raylee, grandsons Jace and Tanner, and honourary son, Cody Goodwin.

A boat parade to spread his ashes will leave from Madeira Marina at 2 p.m. on his birthday, March 5.

Those with a boat, and those who can join aboard someone else's, are welcome to take part.

On March 7, all are welcome to a celebration of his life from 1 to 3 p.m. at the Pender Harbour Community Hall.

To honour the sobriety he undertook in his last months, these will be dry events.

His family offers a special thanks to the community of Pender Harbour for their generous support for the family throughout this difficult time, and to Lions Gate Hospital staff for making Mackie's transition as peaceful as possible.

Heather Bess Wright

Aug. 4, 1951 - Jan. 17, 2020



When I die, give what's left of me away to children and those who wait to die.

And when you need me, put your arms around anyone and give them what you need to give me.

I want to leave you something, something better than words or sounds.

Look for me in the people I've known or loved and let me live on in your eyes.

You can love me most by letting hands touch hands, and by letting go of children that need to be free.

Love does not die, people do. So, when all that's left of me is love, give me away.

I'll see you at home in the earth and in the sky.

~ adapted from *Epitaph* by Merrit Malloy

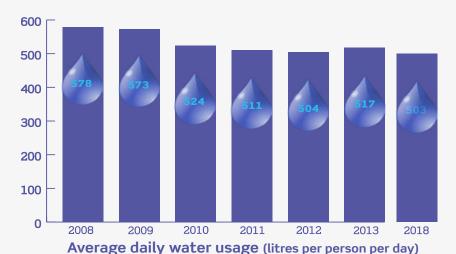
A celebration of Heather's life: Saturday, March 21 Noon to 4pm

Painted Boat Resort (Madeira Park)

In lieu of flowers, please consider a donation to the SPCA.

March 2020

3. ENVIRONMENT



75%

The percentage of Sunshine Coast commuters who drove to work in 2016.

6.5%

The percentage of **Sunshine Coast** commuters who took public transit in 2016.

The Sunshine Coast continues to gradually improve its conservation of water though it continues to be a significant environmental challenge.

Regionwide environmental pressures are evident in the increasing numbers of invasive plants and red-listed species at risk of extinction.

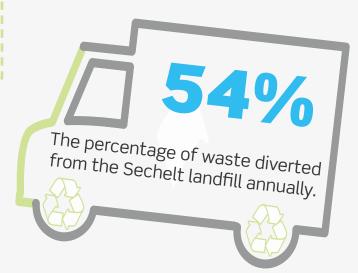
Sunshine Coast's landfilled waste (per capita):

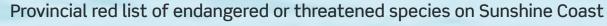
2013: 330 kg/year

22%

2018:

403 kg/year





- Threaded vertigo (snail)
- Northern goshawk (bird)
- Western painted turtle (reptile)
- Northern abalone (shellfish)
- Common wood-nymph (butterfly)
- Western branded skipper (butterfly)
- Silver spotted skipper (butterfly)
- Johnson's hairstreak (butterfly)

The Sunshine Coast Community Foundation is a charitable organization that brings together people who care about the Sunshine Coast community. Community foundations across Canada prepare Vital Signs reports, reporting on key areas of local life which are measurable, accountable and of interest to their communities. This information is from their 2019 "Vital Brief" which updates previously published full Vital Signs reports in 2009, 2001 and 2014. More detailed data is available at www.sccfoundation.com (Graphic: Brian Lee)

Margaret Ann Patricia Moss-Paquette

MARCH 13, 1928 — JANUARY 26, 2020



Marge Moss-Paquette was born in Woodstock, Ont., to Joseph and Margaret Moss.

Moss-Paquette was predeceased by her husband, Gerry.

She is survived by brothers Mike (Anne Marie), Jack, Jim (Phyllis) and

nieces and nephews.

She is also survived by her West Coast families, David Paquette, Mike and Judi Paquette, Nomi and Marc Davis, six grandchildren and 11 greatgrandchildren.

After completing her nurse's training and working for a while in Ontario, she followed her sister, Adrienne, to the West Coast.

They worked together at Surrey Memorial Hospital in the obstetrics department delivering many babies.

There she met Gerry Paquette and it was love at first sight.

While he moved to Madeira Park, Moss-Paquette took the opportunity to work in Saudi Arabia at King Faisals Specialist Hospital.

In Saudi Arabia she met her good friend Jeanette.

When she returned to Canada she moved to Madiera Park and worked at the local clinic until her retirement.

She enjoyed bridge games with Beth, entertaining others and going to church.

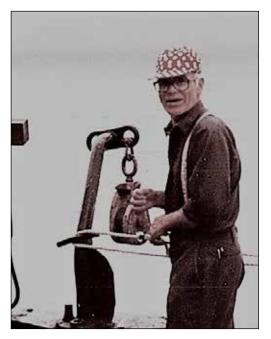
She quickly made many friends and enjoyed adventures with her close friends Carol and Jeanette.

She had a zest for life, enjoyed dancing and music, and was very sociable.

She will be missed by all who knew her.

Her family thanks the staff at Totem Lodge for their dedication and great care over the past several years.

Bill WarnockSEPTEMBER 20, 1923 — FEBRUARY 7, 2020



Captain Billie K. Warnock (the "Old Man") died peacefully at the age of 96.

He was predeceased by his wife Elna May Warnock in 1997.

Warnock was an early Pender Harbour pioneer born to parents Martin and Martha Annie Warnock.

Warnock was a commercial fisherman like his father and brothers.

He and his wife had seven children Paul (deceased), Robert (deceased), Linda, Marvin, Thomas, Fredrik and Randal.

Friends and acquaintances may call or text (604) 916-5572 for details about an upcoming celebration of life.

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a long-standing effort to recognize those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and date of death and be submitted in a digital format. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.



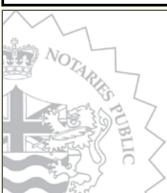
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Word nerds celebrate literacy week during second 'literacy crawl'

submitted

Over 100 people participated in the second annual Pender Harbour Literacy Crawl in late January.

From Madeira Park to Egmont, a total of 23 venues offered folks a literacy challenge.

At teach venue, participants received a letter bead to add to their literacy bracelet and entered their name to win a draw prize before setting off to the next location.

Perhaps you completed the word search at Marina Pharmacy or played Tic Tac Toe at the pool?

Maybe you played cribbage at the Legion or Sudoku at the S. C. Credit Union?

Even Pender Harbour Automotive, Pender Harbour Diesel and Mountain View Service Station offered up their own unique literary challenges.

For those of you who picked through the *Harbour Spiel*'s letter

submitted

In recognition of literacy week, the P. H. Community School welcomed folks to an open house on Jan. 22 featuring staff from Harbour Publishing. From I-r: Kym Harris, Francine Clohosey, Sherryl Latimer, Natalie Ingram, Patti Soos, Marisa Alps and Tamara Piekaar.

search, the answer was "The man who does not read has no advantage over the man who cannot read," quoted from Mark Twain.

The P. H. Community School hosted an open house featuring Harbour Publishing with a presentation by Marisa Alps, who shared the fascinating history of this local treasure.

The winners of this year's crawl are Sharon Halford, Nancy Howell, Sharlyne Niemala and Ken Walters, who all won tickets to the Sunshine Coast Festival of the Written Arts.

Book prizes were awarded to Annabelle Antilla, Heather Field, Amanda Peterson, Kate Purnell and Steve Williams.

photojournal



Hospital Bay looked like summer (without the boat traffic) on Feb. 3.

Page 22 Harbour Spiel

Oil spills: A reflection on the Valdez spill, insights and lessons learned

submitted

The 1989 Valdez oil spill occurred in a remote rugged shoreline region of Alaska not unlike the shorelines of the Sunshine Coast.

Pender Harbour Wildlife Society's next guest speaker, Andy Teal, was a key member of the response organization for three years from 1989 until 1992.

His role as the shoreline cleanup advisory team manager during that time provided unique perspective and insight.

Teal will tell us what really happened, describe the clean-up process and share what was learned.

Teal recently attended a meeting to assess Sunshine Coast oil spill response strategies and will discuss spill response preparedness.

A biologist who graduated from the University of Saskatchewan in Saskatoon in 1978, Teal held a number of positions with Imperial Oil.



Andy Teal

A ladened tanker about to exit Valdez arm Alaska shortly after the 1989 oil spill.

Most recently he was the safety security health and environment manager and leadership team member.

In 1989, he was asked to support Exxon in response to the Valdez Oil spill and spent three years in Alaska as the shoreline cleanup advisory team manager.

Andy and Betty Teal recently moved to Madeira Park from Bragg Creek, Alta., after retiring from Imperial Oil.

The PHWS will host Andy Teal on March 17 at 7 p.m.

Because of the March break and the closureof the high school, this presentation will be held in the Anderson Creek Hall basement at Christ the Redeemer Church (next to PHSS).

This is a free public event, doors open at 6:30 p.m. and home baked refreshments will be available.



Melli MacMillan

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ORGANIZATIONS DIREC	IORY
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Lions Club, Pender Harbour (1st & 3rd Tues.)	, ,
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P. H. and Area Residents Association	
P. H. Blues Society	` ,
P. H. Choir (7 p.m., Tuesday)	, ,
P. H. Community Club	, ,
P. H. Community School Society	, ,
• P. H. Garden Club	
• P. H. Golf Club	` ,
P. H. Hiking Club (8:30 am, Mon. & Wed.)	` ,
P. H. Living Heritage Society	, ,
P. H. Music Society (bookings)	, ,
P. H. Paddling Society (dragon boating)	, ,
P. H. Piecemakers (quilters)	
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P. H. Power & Sail Squadron	
P. H. Ramblers (hikers, every Tues. a.m.)	` '
P. H. Volunteer Fire Dept (Wed. evening)	, ,
P. H. Reading Room (library)	
Rotary Club (noon Fri. RC Legion No.112)	
Royal Canadian Legion No. 112	
Ruby Lake Lagoon Society	
Skookumchuck Heritage Society	, ,
S. C. Health Care Auxiliary (2nd Wed.,1:30 p.m.)	' '
Seniors' Housing Society	
Serendipity Child Care Centre	, ,
Sunshine Coast Better At Home	, ,
Sunshine Coast Women's Outreach Services	, ,
Wildlife Society (3rd Tues. PHSS)	` ,
Women's Connection (2nd & 4th Tue.)	, ,
	,00.// 000 0444

organizations

PENDER HARBOUR GARDEN CLUB

The Pender Harbour Garden Club will be meet on Monday, March 23 at 1 p.m. at the P. H. School of Music in Madeira Park.

The guest speaker will be Michelle Young from Ruby's Run Urban Farm in Sechelt. Young is an avid organic farmer and landscape contractor who has spent the last 25 years working in the fields of healing arts and organic land care. You can often find her at the summer market in Sechelt.

Upon arriving in Sechelt in 2013, Young and her partner transformed the barren backyard of their house into an urban market garden. Young will be talking about growing organic fruits/vegetables and organic flowers as done on the urban farm.

The annual \$15 membership fee will be due at this meeting.

PENDER HARBOUR WOMEN'S CONNECTION

On March 10, the Women's Connection welcomes Gigi Hoeller, Sunshine Coast artist, whose dramatic paintings have been compared to Georgia O'Keeffe. She will discuss how she uses the inspiration she receives from nature as a basis for her paintings of flowers, landscapes, wood carvings, totems and recently, beautiful silk scarves.

On March 24, Haida Bolton, president of the Sunshine Toastmasters Club, will speak about the history and benefits of personal development and fun offered through this communication and leadership organization. She will also include her seven-minute speech contest entry entitled "Embracing The Power of Your Voice: Healing The Child Within."

The P. H. Music School opens at 9:45 a.m. with presentations beginning at 10 a.m. Please note the new drop-in fee, which covers refreshments, is \$3.

SOM COFFEEHOUSE

This month's School of Music Coffeehouse is on Friday, March 13 at 7:30 p.m.

The lineup features:

- Lori Carmichael (vocals and keyboard);
- David Jones (vocals and guitar);
- Michelle Morand (vocalist and songwriter), and
- The Lynne Urquhart Band

The show will be presented cabaret-style in the Pender Harbour Music Society's waterfront theatre. Doors open at 7 p.m., music starts at 7:30 p.m. Admission is a suggested minimum donation of \$10 at the door and there will be desserts provided by the Pender Harbour Choir.

Page 24 Harbour Spiel

Pender Harbour Living Heritage spring art classes kick off March 2

submitted

The Pender Harbour Living Heritage Society is hosting two art classes this spring at the Sarah Wray Hall.

Aspiring artists are urged to come out and learn some simple, creative techniques from instructor Shelley Stunell.

All classes are held Mondays and Wednesdays from 1 to 3 p.m. at Sarah Wray Hall.

From March 2 to 25, lessons will focus on creating portraits in acrylic, pastels, pencil crayon, pen and ink plus colour.

Stunnell will run eight classes and they're open to new or experienced students.

Students should bring an 8" x 11" black and white photocopy of "someone you care about."

From April 6 to 29, students are



Brian I aa

Art students exhibited their work at this Nov. 2017 art show in the Sarah Wray Hall.

invited to attend eight classes that will illustrate techniques for creating landscapes with charcoal.

This class is for beginners and charcoal and paper will be supplied.

The cost for each set of lessons is \$80 for PHLHS members and \$90 for

non-members.

The Sarah Wray Hall is at 4334 Irvines Landing Road.

To register, visit the P. H. Living Heritage website at www.pend-erharbourheritage.ca/art-classes-spring-2020.html.

seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A grateful Harbour Seal of Approval to **Mary Anne Haase** for returning my lost my wallet after I lost it in the IGA parking lot.

Thanks also to the **Sunshine Coast Credit Union and Chelsea**who phoned me on my cellphone to
let me know. It is nice to live in a
small town where there are still honest
people.

Daniel Raymond

A Harbour Seal of Approval to **the whole community** for being there for us in our time of loss.

We couldn't have got through it without you.

Leanna, Keith and Tami Mackie March 2020 Grateful Harbour Seals to the **Pender Harbour Volunteer Fire Department and BC Ambulance Service paramedics** for a well done, and much appreciated transport on our January snow day.

Marty Lowe and Pat MacQueen

A Harbour Seal of Approval to Edda and Lorna at the P. H. Reading Centre for proctoring my written exam for my radiography course. They did it under short notice and saved me a trip to Vancouver.

Zena Lanteigne

Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program



Meal service has resumed.

please call Linda, 604.883.2819 or Anky, 604.883.0033



DATE-TIME-SIZE (small, medium, large, extra large)
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1. 7:41 AM +L, 2:23 PM -L
- 2.8:17 AM +M, 2:59 PM -L
- 3. 9:16 AM +S, 4:03 PM -L
- 4. 10:47 AM +S
- 5. 7:45 AM -S, 12:24 PM +S
- 6.8:39 AM -M, 1:27 PM +M
- 7. 9:27 AM -M, 2:19 PM +L
- 8. 11:10 AM -M, 4:08 PM +L
- 9. 11:51 AM -L, 4:57 PM +L
- 10. 12:31 PM -L, 6:00 PM +XL
- 11. 1:11 PM -L
- 12. 1:50 PM -XL
- 13. 2:23 PM -XL
- 14. 8:17 AM +L, 3:11 PM -XL
- 15. 8:57 AM +L, 4:00 PM -XL
- 16. 10:02 AM +M, 4:54 PM -L
- 17. 11:23 AM +S, 5:55 PM -L
- 18. 8:12 AM -M, 12:40 PM +S
- 19. 9:11 AM -M, 1:45 PM +S
- 20. 10:13 AM -M, 2:39 PM +M
- 21. 10:45 AM -L, 3:26 PM +M
- 22. 11:20 AM -L, 4:19 PM +L
- 23. 11:51 AM -L, 5:03 PM +L
- 24. 12:16 PM -L, 5:47 PM +L
- 25. 12:41 PM -L, 6:31 PM +L
- 26. 1:00 PM -L
- 27. 1:17 PM -L
- 28. 1:36 PM -L
- 29. 1:31 PM -XL
- 30. 7:59 AM +M, 2:06 PM -XL
- 31. 8:48 AM +M, 3:01 PM -L

These are estimates only and not intended for navigation.

harbour almanac



WORKPLACE HARASSMENT

31%

Percentage of British Columbians who say they have been bullied in the workplace.

61%

Percentage of BC women who say they have experienced sexual harassment at work.

7%

Percentage of those above who say there was a "significant amount" of harassment.

19% vs 13%

Percentage of men and women who, in a 2016 survey, said they had experienced verbal abuse, humiliating behaviour, threats, physical violence or sexual harassment at work during the past year.

53%

The percentage of perpetrators of harassment to women who are "clients or customers."

39%

The percentage of perpetrators of harassment to men who are the "boss." For women it is 32%.

3,585

The number of enquiries Work-SafeBC received in 2018 related specifically to bullying and harassment.

Health industry

Canadian workers most likely to experience bullying or harassment (23%).

~ BC Business magazine

MARCH WEATHER

TEMPERATURES, MERRY ISLAND

Our average March daily high is 9.2C, our average daily low 4.3C, giving us a mean daily temperature of 6.7C. The highest March temperature recorded is 15.6C (March 11,1965); the lowest, -3.3C (March 3, 1976).

PRECIPITATION, MERRY ISLAND

March has an average of 127.7 hours of bright sunshine and 15 days with rainfall. The monthly total rainfall averages 78.6 mm; monthly total snowfall averages 1.5 cm. The highest March daily rainfall recorded is 44.7 mm (March 4, 1968). The lowest March daily snowfall recorded is 8.9 cm (March 2, 1962).

MARCH ASTROLOGY

PISCES: FEB. 19 - MAR. 20

The finest of the signs, Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics.

Pisceans are blessed with the favour of the stars, as usual, but the future will still deliver surprises. Don't worry, your intelligence prepares you for any challenge thrust your way. March will be the happiest of months for Pisceans. For those born between March 4 and 6, the stars lavish their favour upon you in the form of romance, family and finance. Beware of vibe-harshing Leos until April 2.

ARIES: MARCH 21 - APRIL 19

The sign of the ram gives Arians loyalty, generosity, high energy and courage. They love adventure and often fiercely defend

the underdog. As your worries subside with the coming of spring, Arians will discover an renewed intellectual and artistic freedom. This period may last or it may with away in a few months so make sure it doesn't get wasted for now is the time to create, think and love. The pet of someone close to you disappears but will found weeks later.

BC BESTSELLERS

For the week ending Feb. 15

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. One Drum: Stories and Ceremonies for a Planet by Richard Wagamese (Douglas & McIntyre)
- 2. I Saw Three Ships: West **End Stories** by Bill Richardson (Talonbooks)
- 3. From Where I Stand: for a Stronger Canada by Jody Pulp Press) Wilson-Raybould (UBC Press)
- 4. E. J. Hughes Paints British Columbia by Robert Amos (TouchWood Editions)
- 5. Can You Hear the Trees Talking?: Discovering the Hidden Life of the Forest by Peter Wohlleben (Greystone Books)

- 6. Land of Destiny by Jesse Donaldson (Anvil Press)
- 7. Sockeye Silver, Saltchuck Blue by Robert Budd, illustrated by Roy Henry Vickers (Harbour Publishing)
- 8. Vancouver After Dark: The Wild History of a City's Night-Rebuilding Indigenous Nations life by Aaron Chapman (Arsenal
 - 9. The Survival Guide to British Columbia by Ian Ferguson (Heritage House Publishing)
 - 10. Around the World in a **Dugout Canoe: The Untold Story of Captain John Voss** and the Tilikum by John M. MacFarlane & Lynn J. Salmon (Harbour Publishing)

~ Association of Book Publishers of BC

MARCH BIRTHDAYS

- March 1 ~ John Ellis and Linda Dunaway.
- March 2 ~ Sandra Bosch and Marcus Delaney.
- March 3 ~ Ernie Carswell, Lana Ross, Terry Bosner and
- March 4 ~ Glen Brydon and Brian Lee.
- March 5 ~ Mackenzie Stewart, Brigit Garrett, Sylvia Heiliger, Alicia McDonald and Valerie Reid.
- March 6 ~ Eden Logtenberg, Freda McDermott and Ron Minch.
- March 7 ~ Mitch Higgins, Cassidy Craig-Watters and Bob McDonald.
- March 8 ~ Jeremy Morin.
- March 9 ~ Bobbie Wendland, Eldor Dougan and Denise Cymbalist.
- March 10 ~ Stuart McLean.
- March 11 ~ Tannis Campbell and Gayle Adams.
- March 12 ~ Alicia Whittaker, Sunny Charboneau and Gord Wenman.
- March 13~ Ian McDonald and Paul McDonald.
- March 14 ~ Peter Hunsche and Heather Smith.
- March 15 ~ Bev Higgins, Arlen Howitt, Carissa Gilkes and Justin McKimm.
- March 16 ~ Steve Hanna and Brad Zayshley.
- March 17 ~ Bill Bradshaw, Jim Weir, Michelle Cymbalist and Chris Cavielier.
- March 18 ~ Mike Reid, John Struthers, Tayler Metcalfe, Blair Landry, Janie Arduini and Michelle Bernier.
- March 19 ~ Megan Knock.
- March 20 ~ Larry Curtiss, Patrick White, Kim Smail and Tammy Collins.
- March 21 ~ Melissah Charboneau and David Massullo.
- March 22 ~ Dennis Cotter, Eric Graham, Margaret Hartley, Ross Palmer and Dan Soper.
- March 23 ~ Mary Ann Haase and Barb Cowan.
- March 24 ~ Jane Reid, Heather Fearn.
- March 25 ~ Hailley Schroeder, Lexine Scoular and Shirley Norish.
- March 26 ~ Motoko Baum and Halle Bosch.
- March 27 ~ Maureen Lee, Donna Edwardson, Cole Edwardson, Doris White and Rick Wagner Jr.
- March 28 ~ Joka Roosen and Jill Bennett.
- March 29 ~ Melanie LeBlanc, Rod Webb and Terry Jacks.
- March 30 ~ **Del Deguire.**





Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie - Hygienist

Monika Miller - Hygienist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- · Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764 Annaliese Hasler, NP

Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890 Sharon Gilchrist-Reed LPN

• Foot care nursing

Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health (604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

• Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

• Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell & Robinson

Monday to Friday 9 a.m. - 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. noon, by appointment.
- Please call North Shore Wellness Centre,
 (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment **CHRONIC DISEASE MANAGEMENT PROGRAM:** Weekly on Wednesdays ~ call to book an appointment.

SOCIAL WORKER: Weekly on Tuesdays ~ call to book an appointment.

First-class health care for the people of the Pender Harbour area.

Page 28 Harbour Spiel

Advanced care planning: Now is the time

Jennifer Edwards, RN

Working in our community for the past two years I have come across a common theme — very few people know about advance care planning.

Advance care planning allows people to make their wishes known about what future medical treatment and care they want should they become too sick to voice their needs.

Advance care planning helps you get the care that's right for you, prepare for future health care decisions and enables your family to be prepared should something happen to you.

BC's Centre for Palliative Care defines advance care planning as "a process of thinking and talking about what's important to you which helps you and those closest to you prepare to make future health-care decisions."

Who makes health care decisions for you if you cannot?

Your health-care provider will look first to your representative (a substitute decision maker).

If you don't have a representative, they will follow your "advance directive."

If you do not have an advance directive, they will select a "temporary substitute decision maker" from a list defined by the law.

It is important to understand that health care decision making is different from legal or financial decision making.

Enduring power of attorney is an appointed individual who makes legal and financial decisions only.

A power of attorney cannot make health or personal care decisions for you.

Advance care planning explores your values, beliefs and wishes, helps



you understand who can make decisions for you, prepare you to make difficult health-care decisions and get that care that is right for you.

It allows your representative know what you want and allows them to make the right health care decision for you if needed.

Advance care conversations lets others who care for you support your decisions and helps reduce their worry and anxiety.

Frailty and chronic illness can change your life quickly or gradually.

Being less able to do things independently due to increased pain, decreased mobility, managing multiple medications, tiredness, nausea, dementia, or shortness of breath becomes a fact of life.

First, reflect on how changes in your health might affect how you cope with your activities of daily living.

Advance care planning is a process you should review from time to time, especially if your health or life status changes.

So, plan ahead.

The following is a common scenario I have witnessed many times in Pender Harbour:

What happens if, due to a medical reason, your driver's licence is revoked?

We have no public transportation
— so how do you get your groceries?

How will you get to your doctor appointments?

Start advance care planning conversations with the people who are most important to you.

Be proactive in your health care. For additional resources, visit the B.C. Ministry of Health website at www2.gov.bc.ca/gov/content/health/managing-your-health/incapacity-planning.

Also, read the "Public Guardian and Trustee guide at www.trustee. bc.ca/documents/STA/It%27s_Your_Choice-Personal_Planning_Tools.pdf.

PHAFC PHSI PHCS





PENDER HARBOUR COMMUNITY SCHOOL

HARBOUR LEARNING CENTRE HOURS: Monday to Friday 9am to 3pm

5012 Gonzales Road Box 232 Madeira Park, VON 2H0

604.883.2826 phcs@dccnet.com

www.pendercommunity.ca

STANDARD FIRST AID

Thursday, Mar 12, 10am-4pm, Harbour Learning Centre.

Some online work required in advance. Please call the Community School for details. \$175

INVESTING 101 with Linda Cordell

Tuesday, Mar 10, 6pm-8pm, Harbour Learning Centre

How to invest, what to look for when investing. Bring questions! Linda Cordell, \$20

VIETNAMESE COOKING

Thursday, Mar 12, 6-8pm @ PHSS Foods Room

Tonight it's all about salads and spring rolls with Chef Marcus. Pre-register \$35.

GREEK COOKING

Thursday, Apr 2, 6-8pm @ PHSS Foods Room

Learn to cook Souvlaki and Spanokapita with Chef Marcus. Pre-register \$45.

KIDS COOKING with Chef Marcus

Friday, Mar 6 & 13, 3-4:30pm, Community Hall

Kids learn to make simple meals they can recreate at home with Chef Marcus. G. 3-6, \$10.

AGENCY OUTREACH SERVICES at Harbour Learning Centre:

VOLUNTEER TAX ASSISTANCE — Tuesdays in March & April, 9am-12pm.

Call to book an appointment & to check your eligibility 604.741.5132

WORKBC EMPLOYMENT SERVICES — Thursday, Mar 5, 10am-12:30pm.

Employment assistance for workers and employers, by appointment 604.885.3351



PENDER HARBOUR **AQUATIC & FITNESS** CENTRE

20m, 4-lane pool hot tub & sauna gym & weight room

On lower level of PH Secondary School:

13639 S. C. Hwy. 604 885-6866

phaquatic@scrd.ca www.scrd.ca/Recreation

KIDS' CLUB: Wednesday March 11, 4:30-5:30pm

An extra hour of pool and gym activities after Wet Set. \$3 pre-register or drop in.

SPRING BREAK: March 16-27

Regular hours of operation and MYPASS schedule is in effect.

*YOGA CONDITIONING: Mondays 6-7pm, Mar 30-May 4

\$60/5 classes. Instructor Carol Logtenberg

*YOGA CORE BACK ESSENTIALS: Mondays 9:15-10:15am, Mar 9-April 8

\$60/5 classes. Instructor Brigit Cogrossi

*LADIES WHO LIFT:

Mondays 1:30-2:30pm, Mar 2-Apr 6 or Fridays 8:30-9:30am, Mar 6-Apr 17 \$120/6 classes. Instructor Amanda Peterson

*TOTAL BODY & CORE:

Tuesdays (12-1:15pm) and Thursdays (1-2:15 pm) Mar 24-Apr 16 \$160/8 classes. Instructor Amanda Peterson

*Pre-registration required

MYPASS HATHA FLOW YOGA: Returns March 13-May 29

Friday 9:45-11. Instructor Brigit Cogrossi.

NEW! You can now purchase your MYPASS online at www.scrd.ca/activities!

Registration is open for Spring 2020 programs. Swim lessons begin week of March 30. View full details and register online at www.scrd.ca/Recreation-Guide



PENDER HARBOUR SENIORS INITIATIVE

Sponsored by:

Smart Fund

HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION.

CALL MARLENE: (604) 883-9900

*Chair yoga returns to Sarah Wray Hall starting March 23!

CHAIR YOGA (Sarah Wray Hall): Mondays, March 23 & 30

At the Sarah Wray Hall from 11am-noon. Drop-in \$3. Improve your balance, strength & flexibility with gentle moves with Carole Logtenberg.

CARPET BOWLING: Wednesdays, March 4, 11, 18 & 25

At both the Egmont & Pender Harbour community halls, 1-3 pm. Cost \$3.

CHAIR YOGA (P. H. Community Hall): Fridays, March 6, 13, 20 & 27

At the Pender Harbour Community Hall from 10:30-11:30 am. Drop-In \$3.

Improve your balance, strength & flexibility with gentle moves with Maureen Clifford.

*Late afternoon Chair yoga classes!

CHAIR YOGA (P. H. Community Hall): Tuesdays, March 10, 17, 24, & 31

At the Pender Harbour Community Hall from 4-5pm. Drop-in \$3 Improve your balance, strength & flexibility with gentle moves with Brigit Cogrossi.

HARBOURSIDE FRIENDSHIPS: Thursdays, March 5, 12, 19, 26

Thursdays at the P.H. Community Hall. Starting at 10:30am lunch served at 12 noon. \$10.

March 5 – A visit and activity with the Grade 5/6 students. March 12 – Jeopardy played Harbourside Friendship style.

March 19 - Music with Skinny Jimmy

March 26 - Presentation about self-management courses offered through the P. H. Health Centre with Sharon Halford and Kym Harris.

MARCH EVENTS FOR SENIO

The Shíshálh Nation's 'Strategic Land Use Plan'

Completed by the Sechelt Indian Band in 2007, the 110-page *Strategic Land Use Plan* intends to be "a living document for the land use planning within the Shíshálh Nation territory."

Chapters of interest from the SLUP document will be excerpted in upcoming issues of the *Harbour Spiel*. To download the full document, visit *www.shishalh.com/docuploads/forms-and-applications/A-Strategic-Land-Use-Plan-for-the-sh--sh--lh-Nation-1416417270-1.pdf*.

Excerpted from the Sechelt Indian Band's "A Strategic Land Use Plan for the Shíshálh Nation."

6.3. MANAGEMENT DIRECTION FOR SHÍSHÁLH CULTURAL EMPHASIS AREAS

Shíshálh kw'emit sim (cultural emphasis) areas contain especially important or sensitive cultural and natural values requiring special management to prevent further loss or degradation.

The primary goal of shishalh kw'enit sim alap areas is to protect cultural values and maintain cultural use opportunities and sensitive ecological values, while allowing for appropriate resource development.

There is no blanket prohibition on industrial activity in these areas, however, specific kw'enit sim alap areas may prohibit some developments in specific areas, and there may be terms and conditions placed on appropriate land use to protect cultural values or sites, cultural use activities, wildlife fisheries and their habitats, tourism or other values.

The land use plan identified 14

COAST. YOGA

with Carole Logtenberg (RYT)

March 30th - June 18th Schedule:

- · Mondays 9:30am-10:30am Sarah Wray Hall
- Wednesdays 9:15am-10:30am PH Music School
- Thursdays 5:30pm-6:45pm PH Music School

visit coast.yoga or call 604-865-0706

cultural emphasis areas ranging in size from 25,569 hectares to 1,053 hectares and total 133,438 hectares, or approximately 34 per cent of the land area of shishálh territory.

Each of the cultural emphasis areas has unique values and features and distinct management issues.

Each area requires a more detailed planning process at the land-scape level, as well as the development of management plans in order to address protection of shíshálh cultural use sites and resources, cultural values, and other resources in the area.

A detailed planning process is envisioned as a second phase of the overall land planning process.

6.3.1 STL'ÍXWIM - KÉKAW KW'ENIT SIM ALAP (NARROWS INLET – TZOONIE RIVER CULTURAL EMPHASIS AREA)

The Narrows Inlet – Tzoonie River cultural emphasis area) comprises approximately 25,569 hectares and is the largest cultural emphasis area in the territory.

Encompassing all of stl'íxwim (Narrows Inlet) and the lower portion of the kékaw (Tzoonie) River, this zone is an acknowledgement that while cultural use sites are fairly equal in their distribution throughout the territory, a significantly higher incidence of shíshálh historical sites are noted for Narrows Inlet.

KEY VALUES

Extremely high cultural and



spiritual values, including:

- Two village sites stl'íxwim (SBL No. 6, 6A, 7, 8) at head of Narrows Inlet and chichkwat (SBL No. 9) on kékaw (Tzoonie River);
- Numerous camps and settlements at the mouths of rivers and creeks along the inlet;
- Favoured location spiritual and ceremonial events, including trials, ordeals and vision quests designed to strengthen the character of young men:
- Numerous legends including the legend of First Ancestor or spelemulh associated with the stl'ixwim village at the head of the inlet;
- Legend of whail-tay-moh'-tsain associated with a location northeast of Tzoonie Narrows;
- Other legends associated with Narrows Inlet include the exploits of kayx (mink) and s-kw'étú? (raven).

In Storm Bay, the entrance to the inlet, there are two markings said to be the wings and feet of s-kw'étú, and

• High value cultural use area for harvesting of a wide variety of fish, animals and plant foods.

HIGH WILDLIFE/BIODIVERSITY VALUES, INCLUDING:

- Currently largest s-chélchálilhten (salmon) producing creek in ?álhtulich (Sechelt inlet), previously supported five salmon species, but no longer.
- Has one of the largest populations of sea-run s-kíkewíx (cutthroat trout), also s-kíwex (steelhead), yúmach (chinook) and freshwater stsékay

Harbour Spiel

Page 32

(sockeye), and

• Wild fruits, roots, barks and medicinal plants were widely distributed and collected.

Some wild fruit trees and vegetables were transplanted by the shishalh on the fertile flat lands around the mouths of rivers and creeks.

Key management issues include the development of shishalh cultural tourism opportunities based around Narrows Inlet Lodge and the protection of cultural resources and sites.

6.3.2 TS'ÚNAY KW'ENIT SIM ALAP (DESERTED RIVER CULTURAL EMPHASIS AREA)

The ts'únay kw'enit sim alap (Deserted River cultural emphasis area) comprises approximately 15,540 hectares and includes the lower portions of the Deserted River watershed, anchored on the village site of tsooadie (SBL No. 15).

Ts'únay has very high wildlife and cultural value and is identified as a cultural protection area through the Shíshálh community land use planning process.

KEY VALUES

Extremely high cultural and spiritual values, including:

- Human interment and recent burials;
 - Town site;
 - Mythological sites;
 - Trails and transportation routes;
 - Ceremonial and spiritual sites,

and

• Marine and terrestrial harvesting sites.

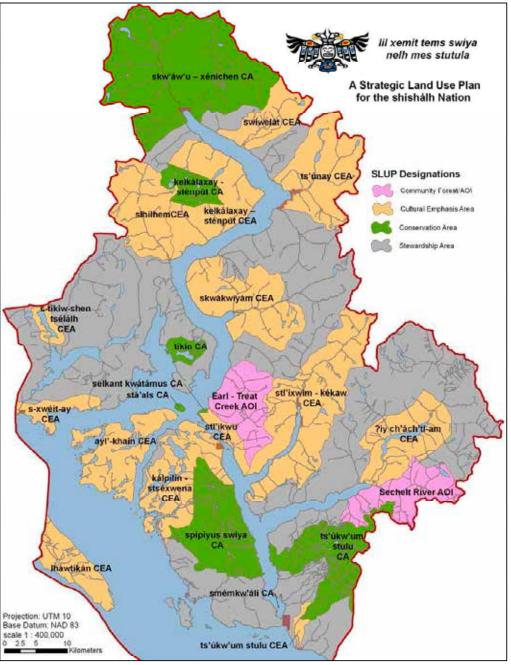
HIGH WILDLIFE/BIODIVERSITY VALUES:

- Very high value fisheries;
- Complex, rich marine habitat;

- Top s-chélchálilhten (salmon) producing runs in shíshálh territory;
- Upper Lakes may have been stocked by First Nations in the past;
- Máyukw (grizzly bear) wildlife habitat area, and
- Important habitat for s-xwitl'ay (mountain goats) and spipiyus (marbled murrelet).

KEY MANAGEMENT ISSUES

- Protection of high value salmon spawning and rearing habitat;
- Protection of high value wildlife habitat;
- Impacts from past and proposed logging, and
- Protection of shishalh cultural resources and sites.



Shíshálh Nation

Shíshálh Nation 'cultural emphasis areas' (in beige).

March 2020

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

MARCH

Sun. March 1Volunteer income tax help availability begins - P. H. Community School
Sun. March 1Cedar basket workshop with Jessica Silvey - Sarah Wray Hall, 10 a.m.
Sun. March 1Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.
Sat. March 2P. H. Living Heritage Society art class starts - Sarah Wray Hall, 1 p.m.
Mon. March 2Pender Harbour food bank pickup - P. H. Community Church, noon
Sat. March 7Celebration of life for Kirk Mackie - P. H. Community Hall, 1 p.m.
Sun. March 8Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.
Tues. March 10P. H. Women's Connection presents Gigi Hoeller - P. H. School of Music, 10 a.m.
Tues. March 10Investing 101 with Linda Cordell - Harbour Learning Centre, 6 p.m.
Wed. March 11Kids' Club - P. H. Aquatic and Fitness Centre, 4:30 p.m.
Thurs. March 12PHCS presents standard first aid course - Harbour Learning Centre, 10 a.m.
Thurs. March 12PHCS presents Vietnamese cooking - PHSS foods room, 6 p.m.
Fri. March 13School of Music Coffeehouse - P. H. School of Music, 7:30 p.m.
Sun. March 15Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.
Mon. March 16Pender Harbour food bank pickup - P. H. Community Church, noon
Tues. March 17St. Paddy's Day celebration - Royal Canadian Legion No. 112, 11 a.m. to 8 p.m.
Tues. March 17P. H. Wildlife Society presents Andy Teal - Christ the Redeemer Church, 7 p.m.
Sat. March 21Celebration of life for Heather Wright - Painted Boat Resort, noon
Sun. March 22Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.
Mon. March 23P. H. Garden Club presents Michelle Young - P. H. School of Music, 1 p.m.
Tues. March 24P. H. Women's Connection presents Haida Bolton - P. H. School of Music, 10 a.m.
Fri. March 27P. H. Living Heritage Society annual general meeting - Sarah Wray Hall, 1 p.m.
Sat. March 28Swamp Thing trail running race - @ McNeill Lake, 10 a.m.
Sat. March 28P. H. Music Society presents the Slocan Ramblers - P. H. School of Music, 7 p.m.
Sun. March 29Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.
Mon. March 30Pender Harbour food bank pickup - P. H. Community Church, noon

Harbour Spiel Trivia Answers: 6.b



FERRY DEPARTURES

Schedule in effect to March 31, 2020

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY LANGDALE 7:30 am - Daily 6:20 am - Daily 9:45 am - Daily 8:40 am - Daily 11:55 am - Daily 10:50 am - Daily 1:05 pm - Daily 2:10 pm - Daily 4:20 pm - Daily 3:15 pm - Daily 5:30 pm - Daily 5:25 pm - Daily 7:50 pm - Daily 6:40 pm - Daily 10:55 pm - Daily 8:55 pm - Daily

EARLS COVE SALTERY BAY 6:35 am - Daily except Sun 5:40 am - Daily except Sun 8:25 am - Daily 7:30 am - Daily 10:25 am - Daily 9:25 am - Daily 12:25 pm - Daily 11:20 am - Daily 4:55 pm - Daily 3:50 pm - Daily 7:00 pm - Daily 6:00 pm - Daily 8:50 pm - Daily 7:55 pm - Daily 10:40 pm - Daily 9:45 pm - Daily

Indoors or out, no one relaxes in March, that month of wind and taxes, the wind will presently disappear, the taxes last us all the year.

~ Ogden Nash



Hurry! Join today!

2020 LIMITED TIME MEMBERSHIP SPECIAL ----- Offer expires April 30, 2020 ------

UNLIMITED GOLF SINGLE MEMBERSHIP

No initiation fee (save \$1,000)

PAY ONLY \$600 PLUS GST TO START PLAYING NOW!

Balance of \$775 plus GST due May 31, 2020.

Membership valid calendar year (expiring Dec. 31, 2020)

UNLIMITED GOLF COUPLES MEMBERSHIP

No initiation fee (save \$2,000)

PAY ONLY \$1,000 PLUS GST TO START PLAYING NOW!

(Balance of \$1,296 plus GST due May 31, 2020.)

Membership valid calendar year (expiring Dec. 31, 2020)

Benefits of club membership

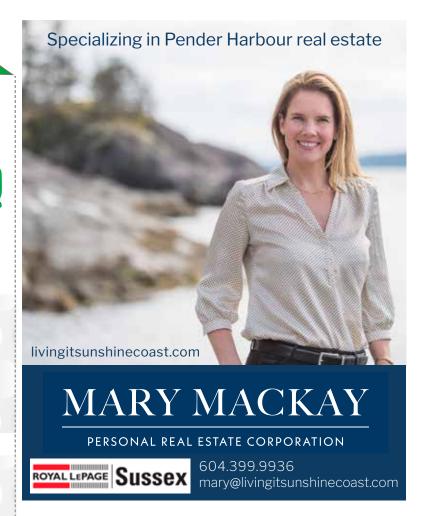
- **1. Guest green fees** (10% off up to 3 guests/day)
- **2. Power cart rental** (10% discount)
- **3. Apparel & accessories** (10% discount)
- **4. Annual or multi-cart savings passes** (available for purchase)
- 5. Reciprocal rates at participating clubs
- **6. Golf Canada membership** (value \$42)

MEMBER REFERAL PROGRAM

Refer a new full play member to the PHGC and receive a 10% discount off your 2021 membership dues!

Questions? 604.883.9541

Questions? 604.883.9541



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Thousands will see it.

