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February 2024 Issue 398





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Harbour Spiel



The independent voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,375 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Christine Alexander, Bill Henwood, Gayle Hilton, Leonard Lee, Robert Livingston, and Shane McCune.

COVER

So many docks. A Pender Harbour morning, Dec. 23. (Darlene Fowlie photo)

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Docks: An election issue?



Brian Lee

It seems our dock management issue has finally matured and spread

beyond the quiet shores of Pender Harbour.

On Jan. 11, BC United (formerly BC Liberals) party leader Kevin Falcon posted a video denouncing the unfairness of the provincial government and shishalh Nation's boondoggle.

He promised to reverse the plan should he become premier in this fall's (Oct. 19) general election.

A day later, Falcon's party announced Sechelt realtor/developer Chris Moore as its candidate for Powell River-Sunshine Coast.

Nicholas Simons, our MLA since 2005, announced earlier this year that he will not seek re-election.

No replacement candidate has been announced yet for the BC NDP, nor are candidates named for the Green Party or Conservative Party.

Simons has represented our riding almost since the beginning of Pender Harbour's dock moratorium and has been accused of being less than helpful in finding a solution.

Irony, from a *Coast Reporter* story (May 20, 2005) announcing his first election win:

"In his victory speech to a crowd of cheering supporters at the Sechelt Indian Band hall, Simons said,

"We want representation from a person who knows how to listen to everyone, who won't run away when there are difficult decisions to be made."

To be fair, the Liberals presided during most of Pender's dock fiasco with the Horgan NDP only coming to power in 2017.

In a March 2007 *Harbour Spiel* interview, Simons claimed his party's opposition status didn't provide him leverage to influence dock decisions.

After his party did come into power, Simons grew even muter.

Now that the Lower Coast and Powell River are waking up to the NDP's mistreatment of property owners, can Simons' replacement hope to hold on to the seat?

Tack on the hot topic of the Coast's failing ferry system and the NDP faces stiff headwinds here.

Regardless, in just nine months, a new face will face the dock plan.

And, though it's still two years away, the question of dock mismanagement may even become an election issue for the shishalh Nation.

My experience has been that band members are in the dark about this issue.

The shishalh Nation rarely take any questions from media, and never tough ones, so their electorate only knows what they tell them.

I like to think that a majority of the shishalh people don't favour their leadership needlessly harassing friends and relatives up here.

Now that this issue is receiving broader attention, hopefully they will demand better from them.

And now, a wild card.

Pender Harbour's voice will be amplified by the entrance of the Waterfront Protection Coalition.

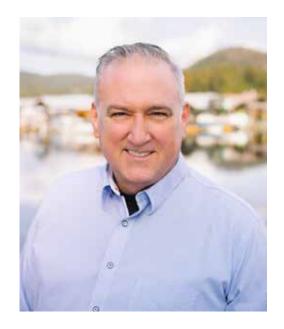
The WPC has taken the defence of docks a step further to include concerned boaters and waterfront users outside of the Coast (see story p. 7).

So far, they've raised close to \$200,000 for legal defence, public relations/media campaigns and expert opinions on DMP technicalities.

The rest of BC may soon wake up to how this goofy dock hatred threatens all property owners and industries that rely on foreshore access.

After 20 years of the kalpalin community towing the burden, it's about time.





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Pender Harbour Notice of Annual and Area Residents Association

GENERAL MEETING

The Pender Harbour and Area Residents Association cordially invites all its members to join our Annual General Meeting for the year 2023, which will be conducted via Zoom:

The meeting is scheduled for Tuesday, February 20, at 5 pm

During the Annual General Meeting, the President and other directors will provide comprehensive reports on the financial status and activities of PHARA, followed by the election of directors.

This gathering serves as an opportunity to update our members on the progress of various initiatives that our association has diligently pursued over the past years. These initiatives encompass activities such as opposing proposed amendments to the Dock Management Plan, contesting undisclosed Section 7 negotiations between the shishalh and the province, fundraising for the continuous care of our community gardens, exploring the potential daylighting of the portion of Paq Creek currently in a culvert under the elementary school, addressing concerns related to the Garden Bay Pub, formulating a cohesive forward-looking plan for Madeira Park, reconsidering the feasibility of incorporation, and other relevant initiatives.

To express your interest in attending, kindly email: board@phara.ca

This event is for PHARA members only. We will send you a Zoom link just before the 5 p.m. commencement on Feb. 20.

This presents an excellent opportunity for your voice to be heard and for you to contribute ideas towards shaping the future direction of PHARA.

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Neighbourhood emergency preparedness meeting — Jan. 13

Nancy Hughes, SCRD emergency management co-ordinator was joined by representatives from a variety of local rescue and emergency health services agencies to discuss the local state of "emergency preparedness."

Over 100 people filled the Legion in Madeira Park to learn what kind of response might be expected in a major emergency on the Sunshine Coast.

Representatives from FireSmart BC, the Pender Harbour Volunteer Fire Department, Royal Canadian Marine Search and Rescue, BC Ambulance Service and Sunshine Coast Search and Rescue went over the duties and limitations of their respective organization.

A common theme in their presentations was the need for community members to also be prepared themselves.

Hughes also reinforced the need for community members to create and maintain a "grab and go" kit in case of an evacuation or extended period of being cut off from services.

In addition to preparing for an emergency, Hughes reminded the audience to register for "Voyent Alert!," the SCRD's emergency alert system.

Voyent Alert is a multi-purpose communication service used to send alerts to residents, businesses, and visitors on the Sunshine Coast during events like earthquakes, fires or floods.

Registration for the region-wide service is free and anonymous.

For mobile app alerts, download and install the Voyent Alert app from the Apple or Google Play app stores.

For email, text message or voice call alerts, register online at *voyent-alert.com/community/*.



Brian Lee

Nancy Hughes, SCRD emergency management co-ordinator, provided a rundown of what resources are available to respond to an emergency like a forest fire or earthquake, at the Madeira Park Legion Jan. 13.



Christine Alexander

Over 100 people braved the cold to learn how they can protect family and neighbours during an emergency.

WHAT TO INCLUDE IN A 'GRAB AND GO' KIT

A grab-and-go bag is a small emergency kit that's easy to take with you, in case you need to leave right away. It's a good idea to make grab-and-go bags for your home, workplace and vehicle. Visit *PreparedBC.ca* for more information.

Include:

- · Food (ready to eat) and water.
- Phone charger and battery bank.
- Small battery-powered or hand-crank radio.
- Battery-powered or hand-crank flashlight.
- Extra batteries
- Small first-aid kit and personal medications.
- Personal toiletries and items, such as an extra pair of glasses or contact lenses.
- Copy of your emergency plan.
- Copies of important documents, such as insurance papers and identification.
- · Cash in small bills.



- Local map with your family meeting place identified.
- Seasonal clothing and an emergency blanket.
- · Pen and notepad.
- · Whistle.

Have plenty of water

Most people need four litres of water per person, per day, but some people may need more. For example, children, people who are nursing or people who are sick. Hot temperatures can double water needs.

Pets need about 30 ml of water per kilogram of body weight per day. For example, a cat or small dog needs at least half a cup of water each day.

Top 20 BC bestsellers of 2023

The Association of Book Publishers of BC's annual bestseller list is compiled using sales data from more than 80 independent BC bookstores and is based on sales between Jan. 1, 2023 and Dec. 31, 2023, of titles published in the 2023 calendar year.



1. To Track a Traitor: A Lane Winslow Mystery
by Iona Whishaw

TouchWood Editions | 9781771513876



2. Unbroken: My Fight for Survival, Hope, and Justice for Indigenous Women and Girls

by Angela Sterritt Greystone Books | 9781771648165



3. Every Child Matters

by Phyllis Webstad, illustrated by Karlene Harvey Medicine Wheel Publishing 9781778540165



4. The Wild Horses of the Chilcotin: Their History and Future

by Wayne McCrory Harbour Publishing | 9781990776366



5. East Side Story: Growing Up at the PNE

by Nick Marino Arsenal Pulp Press | 9781551529332



6. A Complex Coast: A Kayak Journey from Vancouver Island to Alaska

by David Norwell Heritage House Publishing 9781772034493



7. Gumboot Guys: Nautical Adventures on British Columbia's North Coast

edited by Lou Allison with Jane Wilde Caitlin Press | 9781773861180



8. Snorkelling Adventures Around Vancouver Island and the Gulf Islands: The Ultimate Guide

by Sara Ellison Harbour Publishing | 9781990776151



9. Crushed Wild Mint

by Jess Housty Nightwood Editions | 9780889714502



10. The Secret Pocket

by Peggy Janicki, illustrated by Carrielynn Victor Orca Book Publishers | 9781459833722



11. A Kid's Guide to Plants of the Pacific Northwest: with Cool Facts, Activities and Recipes

by Philippa Joly Harbour Publishing | 9781990776212



12. Sunset and Jericho: A Wakeland
Novel

by Sam Wiebe Harbour Publishing | 9781990776236



13. The Morning Bell Brings the Broken Hearted

by Jennifer Manuel
Douglas & McIntyre | 9781771623193



14. The Best Loved Boat: The Princess Maguinna

by Ian Kennedy Harbour Publishing | 9781990776403



15. Tracking Giants: Big Trees, Tiny Triumphs, and Misadventures in the Forest

by Amanda Lewis Greystone Books | 9781771646734



16. Searching for Franklin: New Answers to the Great Arctic Mystery

by Ken McGoogan Douglas & McIntyre | 9781771623681



17. Fleece and Fibre

by Francine McCabe Heritage House Publishing 9781772034530



18. E. J. Hughes: Life at the Lake by Robert Amos

TouchWood Editions | 9781771514194



19. The Power of Trees: How Ancient Forests Can Save Us if We Let Them

by Peter Wohlleben Greystone Books | 9781771647748



20. The Fire Still Burns

by Sam George, with Jill Yonit Goldberg, Liam Belson, Dylan MacPhee & Tanis Wilson UBC Press | 9780774880855

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DMP comment period extended while groups raise funds to challenge

On the eve of the closure of the public commenting period regarding the proposed amendments to the shishalh swiya Dock Management Plan, the province has extended the deadline to Feb. 16.

Though many have made submissions already, questions, comments and feedback can still be directed to the "Applications, Comments and Reasons for Decision" website at *comment.nrs.gov.bc.ca/applications* (file no. 2412772) until that date.

Meanwhile, at least two groups are raising funds to challenge the plan.

PENDER HARBOUR AND AREA RESIDENTS ASSOCIATION

According to an emailed update to membership on Jan. 14, PHARA's primary strategy is to "advocate for a pause in the dock management plan and for all involved parties to engage in collaborative discussions to find a viable solution."

PHARA is focused on challenging the DMP on legal grounds and, according to their website, all funds raised are allocated for legal fees.

PHARA has engaged McMillan LLP (Robin Junger and Joan Young) as their legal counsel.

On Jan. 10, PHARA submitted a letter (letter can be viewed at *phara*. *ca*) to Nathan Cullen, minister of water, land, and resource stewardship which points out "key administrative law issues related to the Land Act, emphasizing inconsistencies between the proposed dock management plan and Crown land policies."

Donations to PHARA can be sent via e-transfer to *board@phara*.

For larger donations exceeding etransfer limits, cheques can be sent to PHARA, Box 15, Madeira Park, BC, V0N 2H0.

WATERFRONT PROTECTION COALITION

A relative newcomer to the issue, the Waterfront Protection Coalition launched its website Jan. 7 with the aim of representing a broader swath of communities potentially affected by the dock management plan template.

To that end, they have set up a GoFundMe crowdfunding campaign that received over \$100,000 in donations in its first six days and by Jan. 21 had collected \$195,800.

According to their website, the WPC is a collective effort that includes representation from a broad selection of Sunshine Coast residents and businesses as well as "the Gulf Islands, surrounding areas, and the waterfront communities of the Okanagan, so far."

WPC spokesperson Jim Case owns a property in Pender Harbour and told the *Harbour Spiel* they are currently in the process of incorporating under the societies act of BC.

Case said he expects the "Waterfront Protection Coalition Foundation," its legal name, to have a board in place and to be ratified within the next two weeks.

Case and the WPC acknowledge that there are some docks in Pender Harbour that do not meet safety and environmental standards and should be removed.

"I think we all have a responsibility to do what's right in any way we use the environment, recreationally or from a business perspective," he said.

"What I didn't agree with, and where a lot of people find fault with the DMP, is when the ministry, and this goes back to the Christy Clark days, began to use Truth and Reconciliation as a tool to effectively leave out one of the most important stakeholders, which is the people it was going to affect the most."

According to Case, the WPC intends to:

- Become the de facto unification body for all of the communities affected or potentially affected in the future;
- Be the central repository for information related to dock management, not only from a Pender Harbour perspective but from a British Columbia perspective;
- Explore the legality of the DMP—the WPC has hired legal counsel (Roy Millen of Blake, Cassels & Graydon) and is engaging with a PR firm to publicize the issue;
- Develop a relationship with the shishalh Nation to become a liaison with local government and provincial government, "so that we can actually create opportunities to look at some of the aspects of the DMP which are not sustainable and not administratively feasible;"
- Have a team of people who will be charged with reviewing the various reports that support the DMP and finding alternative sources of data which either validate or refute what is in those reports, and
- Try to work with all stakeholders to come up with a workable solution that is fair for all constituents.

"And then, allow that to become the template for all of BC," said Case.

On Jan. 21, the WPC posted the names of their interim board — Denise Brynelsen (interim president), Bruce McLeod (vice president), Brandon Mennear (treasurer), Jim Case (secretary), and Tracy Laninga (director).

The WPC GoFundMe donation portal can be accessed via the WPC website at *waterfrontprotection.org*.

Suicide in Canada: Key Statistics

DEATHS AND HOSPITALIZATIONS^{1,2}

die by suicide EACH DAY

4,500 NA DEATHS NA STREET

Suicide rates are approx.

3X higher

among men compared to women



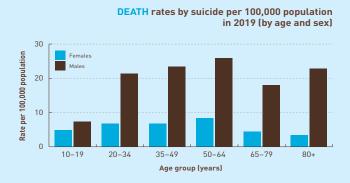
Suicide is the

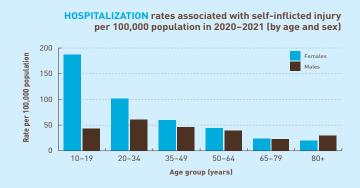
SECOND

leading cause of death

among youth and young adults (15–34 years)







SUICIDE-RELATED BEHAVIOURS

THOUGHTS

12.0%

had thoughts of suicide in their **LIFETIME**



2.6% had thoughts

had thoughts of suicide in the **PAST YEAR**

PLANS



4.2%

had planned suicide in their **LIFETIME**



0.8% had planned

suicide in the **PAST YEAR**

ATTEMPTS



3.1%

had attempted suicide in their **LIFETIME**



0.3%

suicide in the
PAST YEAR

Published data may underestimate the total number of reported deaths, attempts, plans and thoughts of suicide, due to the stigma and other factors.

HELP IS AVAILABLE

IF YOU OR SOMEONE YOU KNOW IS IN IMMEDIATE DANGER, PLEASE CALL 9-1-1.

Help is available 24/7 for suicide prevention and mental health. Here are some resources:

- Talk Suicide Canada: 1-833-456-4566 (or text 45645 from 4pm to midnight ET)
- For Quebec residents: 1-866-APPELLE (277-3553)
- Kids Help Phone: 1-800-668-6868 or text CONNECT to 686868
- Hope for Wellness Helpline for Indigenous peoples: 1-855-242-3310
- Trans Lifeline: 1-877-330-6366

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FOLLOW US:

@GovCanHealth



Agence de la santé publique du Canada

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29-foot boat stolen from Kleindale property

Sunshine Coast RCMP are looking for anyone with information relating to the theft of a 29-foot boat from Dubois Road in Madeira Park.

The boat was last seen being towed southbound on the highway by a dark coloured pick up truck at around 9:30 p.m. on Wed., Jan.11.

Anyone with any information about this theft is asked to call the RCMP at (604) 885-2266.



Facebook/Sunshine Coast RCMP

This boat was stolen from Dubois Road on Jan. 11.



photojournal



Rotary Club of Pender Harbour

The Rotary Clubs of the Sunshine Coast are selling these locally-themed jigsaw puzzles to raise money for 'Mothers helping others,' a Sunshine Coast Rotary-sponsored program in Bangladesh for illiterate mothers. The mothers attend classes and, in turn, are then required to teach five children. The program is very successful with students rising out of poverty and many of the children going on to higher education. The jigsaw puzzles are available now for \$35 each. To order, email Pender Rotary president Sarah Johnston at <code>sarahjohnstondavies@gmail.com</code>.



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February 2024

Teal: DMP lacks technical support

Editor,

Dock management plan submission (Dec. 8, 2023):

DIRECTLY AFFECTED

We are private tenure holders with a currently authorized boathouse and water lease on the north side of Pope Landing, Madeira Park.

Given the most recent version of the draft DMP, we will be required to remove our boat house by Dec. 2025 with zero justification given other than "it doesn't comply with our policy."

We have owned our current home since 2012 and specifically purchased this property due to its approved boathouse and deep-water moorage, paying a premium for this access.

PERSPECTIVE - EXPERIENCE

Prior to my retirement, I worked in the resource industry for 34 years as an environmental adviser (biologist) and the manager of safety, security, health and environment for a major resource company.

During my many years of environmental and regulatory management, I worked collaboratively with various parties in helping to draft/develop policy and regulation both provincially and federally — the Canadian Environmental Protection Act, Canadian Environmental Assessment

Act, and the Species At Risk Act, to name a few.

I have also worked successfully with multiple stakeholders (including environmental interest groups and First Nations) on key contentious environmental issues.

My comments regarding the DMP come from this extensive background, experience and perspective.

FUNDAMENTAL ISSUES

There are many technical issues with the proposed DMP that I know others are commenting on and I will leave the details for others to address, however there are four fundamental areas I will address:

• Alignment with the principles

For a document founded in the protection of resources and the environment, I was shocked not to see the inclusion of sound environmental management concepts and guiding principles such as a net environmental benefit analysis, more harm than good, mitigation of effects including things such as offsets etc.

Also, no mention of adverse effect and other terminology to help quantify significance and measured responsive actions.

Particularly for boathouses this measured approach seems to have been abandoned in favour of, "Let's just ban them."

Retroactive application

Retroactively applying a new regulation/management plan to an established area where the shoreline/near-shore recent use has evolved over 100 years or more has to have flexibility and mitigative measures employed.

Black and white bans on previously authorized uses such as boathouses is not just confrontational but also irresponsible.

To effectively manage the resource and protect the environment in a meaningful and effective way the principles previously mentioned must be employed.

Each location should be judged on its specific circumstances.

There may be boathouses that are causing a significant adverse effect and require a mitigation plan, but the majority are not and in fact provide a positive environmental effect.

A management plan for boathouses is the right approach not a ban.

The outright ban of boathouses could be seen as just a control measure and punitive rather than a sound management plan.

The removal of foreshore structures not deemed to align with the policies needs careful consideration.

Structures that have been in place for decades, if not posing an adverse effect environmentally, should be left in place to minimize disturbance and negative effect.

• Implication of maximum dock size

Imposing a universal maximum dock size of 30 square metres means maximum boat size in the region for private docks will be 32 feet.

When you take into account the best management standards for dock size ratio of 3:1 (length to width) and safety standard for boat length to dock



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length this 30 sq. m restriction dictates that people shouldn't have boats longer than 32 feet on private docks.

This is totally inappropriate and again punitive for those with bigger boats and not justified based on the stated objectives.

Consideration for feasibility and economic implication

Anytime a significant change is considered, especially when applied retroactively, an implications and feasibility study has to accompany it.

To not do this is irresponsible and with total disregard for those directly affected.

Given the number of docks and boathouses in the region and the few contractors and resources available in the region, the proposed changes would have to take place over about a 10-year period.

To expect that all this would happen at the end of the current tenures is impractical and unattainable.

Consideration must be given to the potentially significant negative financial implication of the DMP.

Pender Harbour is a boating based community and well known as drawing significant boating activity from the Pacific Northwest region.

Visiting boaters and tourism is a significant economic boost to the region and could be significantly reduced with fewer docks/boathouse and therefore fewer boats/tourists.

There could very well be negative implication for the real estate market due to the perceived hostile environment and loss of moorage/private docks/boathouses etc.

Local businesses will suffer in an already fragile economic situation.

A cost benefit analysis assessing the implications of the requirements of the DMP must be conducted. Does the cost implication of removing docks and boathouses justify the perceived benefit?

To do this analysis, you must have clearly defined benefits on a case by case basis.

There may be a few cases where you could justify the cost based on environmental improvement gained, but definitely not for the vast majority.

Included in this analysis must be an assessment of the waste created and landfill implications etc.

SPECIFICS OF OUR CASE

Our boathouse is a well-constructed and maintained structure properly anchored and positioned.

It sits in between 30 and 40 feet of water overlying a mud bottom on the north side of Pope Landing facing Charles Island.

It has been in place for greater than 20 years with a legal water lease and tenure approved by the BC government and taxes paid yearly.

The boathouse and adjacent access structures are located where a former marina was located back in the 1950 to 1970 era.

The shoreline is fairly steep and rocky and shaded most of the year.

The marine habitat that the boathouse provides is significant in an area that would otherwise be devoid of surface biodiversity.

I have been surprised by the rich-

ness of biological life both on/in and around the boathouse, shore chains and anchors.

A myriad of intertidal communities are present on the sides of the boathouse and hanging from the chains.

This artificial island of life supports numerous fish species, is a rearing ground for salmon fry and anchovies, and herring spawn has been seen on the kelp fronds that hang from the chains.

Also, a number of sea ducks feed on the mussels etc. all around the boathouse while kingfishers and herons use the gangway and boathouse to perch and fish from.

Seals often visit as they hunt for fish around the boathouse, otters and mink frequent the boathouse as a staging area and dinner deck.

It is very clear to me that the island of life created by the presence of our boathouse far exceeds any perceived detrimental effect.

There is no actual negative effect as long as the boathouse is maintained properly and monitored.

When you perform the net environmental benefit analysis, and test against "more harm than good," it is very clear that keeping the boathouse in place is the right answer.

To require removal would elimi-

(continued next page)



Teal (cont.)

(continued from p. 11)

nate the significant positive effect it currently has and just create a waste management issue at high disruption and expense with no gain.

RECOMMENDATIONS

• Setup a working committee that also includes representation from those directly affected.

This will provide balance, establish goal congruence, and test feasibility and practicality of the DMP.

This will aid in smooth implementation and a higher likelihood of achieving your objectives.

• When retroactively applying a "regulation" like this, there has to be

flexibility and mitigative measures available and cost benefit analysis conducted.

Banning boathouses with little justification or merit is not responsible resource management.

The easiest way to address boathouses is to grandfather them in especially for the green zone and provide the opportunity to provide justification for retention elsewhere.

• If commercial boathouses are allowed (that have a far more significant effect than private boathouses), then private boathouses must also be allowed with justification.

Boathouses in the "green" zone should be allowed if they are not pos-

ing a "significant adverse effect."

- Science-based decision making has to guide sound environmental management.
- There needs to be flexibility for dock/float size based on site specific justification.

There are locations where bigger docks/floats have no negative implication and therefore should be allowed.

• A thorough economic implications assessment must be conducted culminating in a "more harm than good" evaluation.

The community and homeowners deserve nothing less.

Andrew Teal Madeira Park

Morrisons: DMP OK for Pender but not Sakinaw

Editor,

Addressed to Premier David Eby and shishalh Chief Lenora Joe

Cc'ed: nicholas.simons.MLA@leg.bc.ca; brian@harbourspiel.com; mitzi.dean.MLA@leg.bc.ca; 'Sakinaw Lake Community Association' <slcalake@gmail.com>

Regarding the shishalh swiya dock management plan amendments:

Firstly, I believe that this initiative needs to be divided into two separate management plans as they have differing requirements:

- One for the saltwater, and
- One for the freshwater.

I am writing as a concerned landowner at Sakinaw Lake in relation to the proposed amendments to the DMP.

These amendments as proposed would have a far-reaching impact on our enjoyment of our lake property.

We have had a residence and

dock on the lake for more than 55 years.

From what I can see stated is that "the DMP is a system to protect environmental and archeological values which are important to all residents in the shishalh swiya."

I can see the need for restrictions on the saltwater shorelines where there is an abundance of sea life near the shores, but in freshwater situations like Sakinaw Lake there is virtually little or no lake bed flora or fauna near the shoreline, particularly at the north end of the lake where the warm water has caused a very thick layer of very acidic sediment due to the decay of water-borne algae.

That being said, dock size is completely irrelevant.

In fact, the DFO had input when the shoreline was developed years ago

I do not believe that our dock is in any way detrimental to the environment and there is virtually no archeological value at our end of the lake. A different approach is needed for dock management in freshwater.

There must be a balance with the intent of the plan taking into account the rights and needs of lakeside landowners.

Surely the plan should include these thoughts in mind.

The enjoyment of our property in many ways needs full access to the lake.

In conclusion, there is no evidence that docks on Sakinaw Lake are causing any damage at all.

It is imperative that the decisionmaking process consider the unique characteristics of Sakinaw Lake and the interests of those who have longstanding connections to this area.

Thank you for considering my submission.

I look forward to a revision that reflects the needs and values of our community.

Lori and Bruce Morrison Colwood, BC

Page 12

Low: The DMP disrespects all British Columbians

Editor,

To decision makers re: Pender Harbour Dock Management;

I was born in Port Alice on the West Coast and for all my life, my family I have owned and operated boats on the coast.

When I retired, I acquired a motor yacht to expand my cruising.

After cruising throughout the Pacific, Atlantic and Caribbean for years, we decided to locate our vessel in our home province and explore the coast of BC as our cruising territory.

In 2010, we purchased a waterfront property in Hospital Bay as our base.

We purchased a property that had a water lot license as we wanted to be sure that we would be legally able to locate our boat at the property.

Although the wooden dock was secured with old creosoted pilings and looked stable, we decided to retain marine engineers to evaluate if this dock would safely secure our vessel.

We received the information that in addition to concerns for the existing dock, the foreshore bank was in serious danger of failing and would be at risk of sliding into the bay.

As the decision that the dock might fail in a winter storm and given the fact that the foreshore bank was failing, we decided to remove all the old pilings and wood covered Styrofoam dock and create a new dock with an engineered stone wall, reinforced by steel pilings and a steel landing deck to support a new aluminum landing ramp for access to an environmentally-designed floating concrete dock.

We chose a supplier that constructs concrete docks that are very environmentally safe and strong.

We have always taken the posi-

tion that doing something properly is the only way to go.

The proposed guidelines that have just been submitted will not allow us a safe or functional dock that can secure our vessel.

We have paid the lease for the water lot for years and paid the increased property taxes that include the assessment for our dock.

Conforming to these new suggestions would result in our inability to take our boat to Pender Harbour and if these changes become Coast-wide, we would have no safe destination to go to.

The government is suggesting a set of rules and conditions based on what a 30-foot or smaller boat may need and not what larger boats require to protect the safety of the owner's boat and his or her neighbors.

Nobody can have a boat that cannot be secured where it's needed.

It occurs to me that the support business and high paying jobs around boating is massive. X thousand employees for manufacturing, maintenance, and operation in the marine industry has to be considered enormous.

If only small boats are able to be used on the Coast this would result in an unbelievable reduction of jobs and businesses for the province

Eliminating destinations for boaters will most likely reduce the waterfront tax base for the entire province

There is no argument that the dock management decisions for BC Coast must consider all environmental and safety requirements.

However, there are many more boating issues to be considered than simply the dock design.

As born and raised BC residents who have always been respectful of complying with government rules and regulations, we ask in return, that appreciating and reflecting on the needs of local residents also be considered when any changes are proposed.

Don Low Hospital Bay

Topliss: Boaters will miss Pender Harbour

Editor,

I found your recent editorial fabulous, to the point and with great explanation of the events we are having to deal with.

My wife and I are recreational boaters and I'm the vice-commodore of the Classic Yacht Association (350 members).

I am also the outstation captain for Burrard Yacht Club (400 members) facility in Garden Bay.

We and many members of both organizations enjoy Pender Harbour as part of our boating plans every year, whether it be the destination or a stop enroute to Desolation Soundor points further north.

It's also a stop on the return. We look to Pender Harbour for fuel, groceries, supplies and restaurants — it's a key stopping point.

Pender Harbour has so much to lose by this strategy.

Thanks for a great perspective.

Michael Topliss

Halfmoon Bay

PS: Perhaps before the BC government and First Nations start trying to manage Pender Harbour, they should take a look at their own Pilothouse Marina (sinking) dock facility.

What is effective consultation: shishalh Swiya DMP



Leonard Lee Area A director, SCRD

Because the SCRD granted the province's request to allow a BC government-shishalh Nation

presentation at a special board meeting in November, there's a perception that we're responsible for, or have endorsed, the proposed shishálh swiya dock management plan and 2018 foundation agreement.

The SCRD formally requested an extension of the proposed SSDMP comment period to allow more time for constituents to examine the plan and compose thoughtful, informed responses.

Likely because of public outcry, the province extended the comment

period to Feb. 16.

The SCRD was never involved in development of the SSDMP or any version of the DMP, in spite of good faith in the 2021 Union of BC Municipalities memorandum of understanding, signed by Murray Rankin, minister of indigenous relations and reconciliations.

Local government, our SCRD directors and municipal mayors and councils, continue to advocate for our communities to our MLA, MP and appropriate ministers, and we hope that administrative fairness will prevail, but the clout of regional districts and municipalities, children of the provincial government, is limited to powers granted under the Local Government Act and community charter.

Structures built on the water and attached to leased Crown land may be

the responsibility of local government, but it's not specified in either document.

The MOU promised local government the right to participate in negotiation and implementation of agreements, a timely information sharing and consultation period, engage on matters of mutual interest, and share initiatives to advance reconciliation at a local level.

It commits the province to consider local government interests and advice on matters that could be affected by agreements made with First Nations or their partners, including Indigenous initiatives, policy, and programs, and implementation of the Declaration on the Rights of the Indigenous Peoples Act.

The MOU pledged these principles of consultation and information

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UPCOMING MEETINGS

Finance Committee (Round 2 Budget) February 5 at 9:30 a.m.

Committee of the Whole February 8 at 9:30 a.m.

Regular Board February 8 at 1:00 p.m. Electoral Area Services Committee February 15 at 9:30 a.m.

Committee of the Whole February 22 at 9:30 a.m.

Regular Board February 22 at 1:00 p.m.

Agendas and links to video-streaming for meetings are available at www.scrd.ca/agendas

Stay Informed and Get Involved in Budget 2024

Every year, the SCRD Board embark on a budget process to fund projects and initiatives. Following Round 1 (January) and Round 2 (February 5) budget meetings, the financial plan will be adopted by the SCRD Board on February 22, 2024.

letstalk.scrd.ca/budget is your web space to learn about the process and to provide your feedback on the budget.



www.scrd.ca 604-885-6800 info@scrd.ca Pender Harbour Satellite Office 12828 Lagoon Road, Madeira Park 604-885-6877 infrastructure@scrd.ca

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sharing:

- The province will provide early notice to local government on matters that could affect local government jurisdiction, including changes to the treaty process;
- The province will provide, in a timely manner, sufficient information for local government to state their position and advise provincial representatives;
- The province will allow local government flexibility to identify and represent their interests;
- The province will consider local government interests, views, and advice, and
- The province will notify local government of how their advice was or was not taken.

This MOU, one of several provincial policies committing them to effective consultation on matters such as the DMP, includes two related policies indicating that local government should be involved:

• Modernized Land Use Planning:

The BC government is modernizing land-use planning in partnership with Indigenous governments, and with engagement of local government, communities, industry, and other stakeholders, and

• Administrative fairness in the public sector (ombudsperson):

Fairness in public service delivery includes allowing people to be heard in processes that affect them, ensuring decisions are unbiased and consistent with applicable rules.

RESIDENT CONCERNS

Concerns expressed to me and to the SCRD in numerous one-on-one discussions and e-mail communications include:

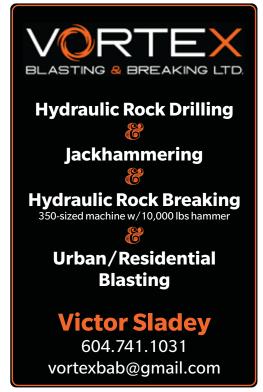
- The province's justification of the SSDMP "best management practices" contradict the conclusions and recommendations of their own qualified professionals;
- Studies rationalizing the DMP are riddled with misinformation about ecosystems and cultural features;
- Tidal water standards are imposed on fresh-water lakes, seemingly without any rational reason;
- The SSDMP contains many unknowns, creating an understandable fear, because it's a confusing, poorly worded, and vague mix of Crown land-use policy, dock building code, and planning/zoning regulations;
- Commercial, institutional, and private shared-dock regulations are not specified;
- The SSDMP policies are detrimental to the health of our community, local economy, and lifestyle;
- The SSDMP causes or will cause financial harm to many property owners through loss of use, loss of

potential use, property devaluation, and tax increases for non-waterfront property owners;

- The SSDMP would make docks upgraded to 2021 standards illegal and, with few exceptions, make most other dock structures illegal;
- The elimination of boathouses reduces the boats' weather protection and does not keep them available and dependable for daily use, especially problematic for those who use their boats for work and those who live in boat-access-only home, and
- 30 square metres does not allow adequate moorage facilities for strata title, condominium developments, group moorage, single-resident docks shared with others, and commercial fishers' requirements.

The SCRD's long-standing, formal position is that these and other items should have been addressed prior to all versions of the DMP being issued, as envisioned by provincial policies and the signed MOU.







confederation of Canada?	known as Pender Harbour Diesel?							
□ a. 1867	□ a. Pender Harbour Supply							
□ b. 1871	□ b. Garden Bay Supply							
□ c. 1890	□ c. Kleindale Supply							
□ d. 1905	☐ d. Madeira Park Supply							
2. Who wrote the classic of BC literature, The	5. Which bank has never had a branch in Pender							
Curve of Time?	Harbour?							
□ a. Howard White	a. TD Bank							
□ b. M. Wylie Blanchet	\square b. Bank of Montreal							
□ c. Edith Iglauer	\square c. Sunshine Coast Credit Union							
□ d. Pierre Berton	□ d. Royal Bank							
3. Which location describes the vicinity of Whiskey	6. What is the sailing term for making a change of							
Slough?	direction while sailing downwind?							
\square a. Nelson Island	\square a. lashing							
□ b. Gunboat Bay	□ b. jibing							
□ c. Bargain Harbour	□ c. pinching							
□ d. Gerrans Bay	\square d. tacking							
Answers	: p. 34							
Four plue: Local Two plue: No.	whice Loca than two: Townia							



at year did Pritich Columbia join the

Welcoming Nick Gaskin:

The Pender Harbour Health Centre's new Executive Director

The Pender Harbour Health Centre is excited to announce that Nick Gaskin has accepted the role of Executive Director for our centre, starting in February. Nick is a resident of the Sunshine Coast and brings great experience in leading health care, managing teams and working on policy and systems change. Educated in England, he has most recently worked with the shishalh Nation in the roles of Health Director and Special Projects Manager. Prior to that Nick was the manager for Rain City supportive housing and shelter on the Sunshine Coast. You will see him out in the community in the near future leading a health and social needs assessment for our area. **Welcome Nick!**



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Ronnie Remmem OCTOBER 20, 1940 — NOVEMBER 30, 2023



The family of Ronald Remmem is sad to announce his passing on Nov. 30 at the age of 83.

Remmem was born on Oct. 20, 1940 in New Westminster to his parents Carl and Ruth.

On his fifth birthday, in 1945, he and his sister Eleanor travelled with their parents from New Westminster on their fish boat to their new home in Garden Bay.

He spent his childhood learning the skills of boat building and commercial fishing alongside his father Carl.

Fishing would become lifelong careers for both.

He met his wife and lifelong partner Donna in high school and they were married April 7, 1962.

Their daughter Denise came along in 1963 followed by son Neil in 1964.

In 1966, at the age of 26, he became very ill which resulted with months in the hospital and, ultimately, open heart surgery to have a heart valve replaced.

Thankfully his surgeon at the

time was attending a heart conference in New York City where he was introduced to the first artificial mechanical heart valve.

He brought it back with him and this original valve kept Remmem alive for another 57 years.

After a long recovery, he was able to resume his life of fishing and boat building.

Over the years, he built three of his own gillnetters — *Three Ds*, *Streaker* and *Percentage* — as well as his son Neil's boat, *Chaser*.

Neil and his son Kristofer have carried on the family's legacy of commercial fishing.

Remmem loved his years working on the water during the fishing season along the coast of BC.

He had many friends that were his fishing family while out on the water.

In his retirement years, the Remmems travelled the world on cruise ships and if they were not doing that, they were exploring BC and the rest of Canada in their motorhome.

Remmem was predeceased by his father Carl and his mother Ruth.

He is survived by his wife Donna, son Neil, daughter Denise (Mike), grandchildren Andrea (Dan), Trevor (Dayna), Kristofer (Christina) and Garrett.

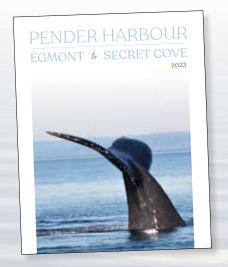
He is also survived by greatgrandchildren, Jada and Oliver, his sister Eleanor and many other family members.

There will be no service as per his wishes.

"Dance with the waves Dad, move with the sea, let the rhythm of the water set your soul free."

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a longstanding effort to recognize and record the lives of those who lived in Pender Harbour and Egmont. Submissions must be timely, include the dates of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

Last chance to advertise in the Pender Harbour and Egmont Visitor Guide.



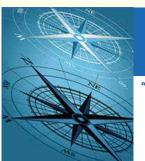
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February 2024



NOTICE OF ALTERNATIVE APPROVAL PROCESS

An Alternative Approval Process (AAP) is a cost-effective method to engage with the community to determine if there is support for certain initiatives, such as long-term borrowing, or other service-related projects. If 10% or more of the eligible electors oppose the initiative, the Pender Harbour Fire Protection District (PHFPD) cannot proceed with it and must consider other options including going to an assent vote (referendum).

The PHFPD is proposing to borrow by way of long-term borrowing a sum not to exceed \$950,000.00 at a rate of prime plus 2% to fund the Pender Harbour Fire Protection District Fire Hall 2 (at 13303 Deller Road)Repair & Renovation Project as outlined below.

Eligible electors opposed to the initiative may submit an Electoral Response Form to indicate their opposition to th PHFPD utilizing long-term borrowing to fund this project. the response must be in the form established by the PHFPD or be an accurate copy of the Elector Response form. forms are available at www.penderharbourfire.com or at the Madeira Park Fire Hall. Three ways to submit an Elector Response Form to Oppose the Proposed Long-term Borrowing Bylaw:

- Email to phfire@dccnet.com
- Drop off at the Madeira Park Fire Hall 4990 Gonzales Rd Madeira Park, BC, Tuesdays & Thursdays 9:00AM-4:30PM.
- Mail to PHFPD PO Box 304 Madeira Park, BC VON 2H0.

Deadline for receipt of Elector Response Forms at the PHFPD is March 3, 2024 Forms must be received by the deadline in order to be counted.



Bylaw #108, 3310 eligible electors with 10% threshold being 331.

Pender Harbour Fire Protection District Hall #2 repair and renovation.

<u>Description:</u> The property where Hall #2 is located at **13303 Deller Road** was purchased in 1974 and the original building was built in 1975. A second-floor addition was added in 1982 and the building has remained largely unchanged since then. In late 2021 it was discovered that the firehall was sinking in one corner and that significant structural changes had occurred that if not corrected could cause catastrophic failure of the building. The current building also needs to be upgraded to meet current standards for air quality due to the exhaust emitted by the fire apparatus. Also included is the addition of a small, enclosed truck bay. There will also be seismic upgrades to the building as well as, some changes to make the building more energy efficient.

The repair and renovation will include stabilization of the existing foundation to prevent further sinking, the addition of a separate change room for turnout gear to prevent it from being exposed to exhaust and an exhaust extraction system to prevent pollution to the building, and a third apparatus bay will be added to allow for future expansion of the fleet of apparatus. The PHFPD is proposing to borrow up to \$950,000.00 over a 15-year term to fund the repair and renovation of Pender Harbour Fire Protection District Hall #2.

<u>Taxpayer Impact:</u> The portion of property tax allocated to debt repayment would amount to approximately \$3.27 per \$100000.00 of assessed value on an annual basis until the debt is retired. The estimated annual principal and interest payments over a 15 year period would be approximately \$92900.00 per year for the term of the debt based on the current indicative long-term lending rate. The costs of the debt will be recovered through taxation on those properties within the Pender Harbour Fire Protection District.

Only eligible electors within the Pender Harbour Fire Protection District are entitled to sign an elector response form. The PHFPD may proceed with long-term borrowing to fund the project unless by the deadline at least 10% (331) of the eligible electors within the District indicate their opposition.

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Two cedar trees were all that saved this truck from crashing into the Edgewater Trailer Park in Madeira Park after it skidded off the highway Jan. 12. It is unknown if there were any injuries reported from the accident.

seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Oceans full of Harbour Seals of thanks and appreciation to all those who made Dec 16th so memorable — the boat parade, Winterfest, Legion turkey, ham and basket auction.

> "Harbour Spirit" at it's best! Lyn and Bill Charlton

Harbour Seals of Approval to Harbour Publishing for upholding our literary standards by such a generous gift of books for our local readers and a giant shout out to Renee Leech for making sure we are all scrubbed clean and smelling beautiful!

You are our generous and full of cheer neighbours in this wonderful community.

> Joka Wright Pender Harbour Food Bank

Overwhelming Harbour Seals of gratitude to Brian Lee for his dedication and hard work creating our Harbour Spiel which is at the heart of our wonderful community.

Lyn and Bill Charlton

Harbour Seal of Approval to **Zot!** For going above and beyond to help me get to my Christmas with my family.

You saved me thank you very much.

Patti Soos

A boat load of Seals of thanks and gratitude to our wonderful community who supported the Bargain Barn's first ever December Raffle.

Over \$4,000 was raised for our P. H. Health Centre.

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Pender Harbour Seniors Flousing Society Outreach Healthy Meal Program



Healthy Meals service has resumed.

FOR EMERGENCY SERVICE:

Call Linda — 604.883.2819, Wendy — 604.883.2514 or Anky —604.883.0033

February 2024



DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1. 3:09 PM -L
- 2. 8:30 AM +L, 3:15 PM -L
- 3. 9:03 AM +L, 3:45 PM -XL
- 4. 10:04 AM +M, 4:28 PM -XL
- 5. 11:31 AM +S
- 6. 8:32 AM -S, 12:46 PM +S
- 7. 9:31 AM -S, 1:55 PM +M
- 8. 10:18 AM -M, 2:45 PM +M
- 9. 11:03 AM -M, 3:34 PM +L
- 10. 11:47 AM -M, 4:23 PM +L
- 11. 12:26 PM -L
- 12. 1:14 PM -L
- 13. 1:58 PM -L

14. 2:39 PM -XL

- 15. 7:55 AM +L, 3:20 PM -XL
- **16.** 8:24 AM +L, **4:04 PM -XL**
- 17. 9:21 AM +M, 4:59 PM -XL
- 18. 10:27 AM +S
- 19. 7:52 AM -S, 12:02 PM +S
- 20. 8:59 AM -S, 1:06 PM +S
- 21. 9:40 AM -M, 1:58 PM +S
- 22. 10:20 AM -M, 2:44 PM +M
- 23. 10:49 AM -M, 3:26 PM +M
- 24. 11:25 AM -M, 4:09 PM +M
- 25. 11:55 AM -L, 4:54 PM +L
- 26. 12:21 PM -L
- 27. 12:44 PM -L
- 28. 1:08 PM -L

29. 1:26 PM -XL

These are estimates only and not intended for navigation.



RECREATIONAL **BOATING INDUSTRY**

70%

Increase in number of Canadian Pleasure Craft Operator Cards issued in 2020 compared to 2019 (largely due to COVID).

909

The number of marinas in Canada in Percentage of Canadians who 2021

200+

The number of marinas in BC in 2021.

\$5.6 billion

Direct annual revenues from Canada's recreational boating industry.

75,000

The number of people employed in Canada by the recreational boating industry.

\$1.3 billion

According to one study, the amount recreational boating injected into BC's economy in 2016.

17,000

The same study found BC's recreational boating industry employed nearly 17,000 British Columbians.

35%

participate in boating.

26,700

The length of BC's coastline in kilometres.

33

The number of sailing and yacht clubs in BC.

~BC Business, Boating BC

FFBRUARY WEATHER

TEMPERATURES, MERRY ISLAND

Our average February daily high temperature is 7.5 C; average low is 3.4 C, giving us a mean daily temperature of 5.5 C. The highest February temperature recorded is 14.3 C (Feb. 27, 1986); the lowest is -10.1 C (Feb. 13, 1990).

PRECIPITATION, MERRY ISLAND

February should have about 85.7 hours of bright sunshine (the most since October), 16 days with measurable rainfall and one day with measurable snowfall. February should have a total rainfall of 99 mm and a total snowfall of 7 cm. The highest February daily rainfall recorded is 49 mm (Feb. 11, 1983); the highest February daily snowfall recorded is 22.9 cm (Feb. 15, 1983).

FEBRUARY ASTROLOGY



AQUARIUS: JAN. 20 - FEB. 18

Aquarians are original, independent humanitarians who shy away from emotional expression. This often makes them seem uncompromising and aloof. Aquarians are

thoughtful listeners but they rarely tolerate someone they disagree with. Saturn, your planetary co-ruler and the planet of life lessons, will enter a lengthy orbit in your money zone. That will be beneficial for awhile but, like he often does, Saturn will overstay his welcome. This will cause friction with neighbouring decans. Keep them lubed.

PISCES: FEB. 19 - MAR. 20



The finest of the signs, Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics.

Pisceans are blessed with the favour of the stars and glow like a heroic beacons of light among the dark trolls who fall under all other signs. On Feb. 8, your Piscean gleam is especially powerful. The Pisces is our planet's last hope for salvation — so use your power for good. Avoid Capricorn and Libras. They are whiny time sucks. Blessed be the Pisces.

BC BESTSELLERS

For the week ending Jan. 13

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. The Wild Horses of the Chilcotin: Their History and Future by Wayne McCrory (Harbour Publishing)
- 2. The Antiracist Kitchen: 21
 Stories (and Recipes) edited
 by Nadia L. Hohn, illus. by Roza
 Nozari (Orca Book Publishers)
- 3. Fleece and Fibre: Textile
 Producers of Vancouver Island
 and the Gulf Islands by
 Francine McCabe (Heritage
 House Publishing)
- 4. **Crushed Wild Mint** by Jess Housty (Nightwood Editions)
- 5. East Side Story: Growing
 Up at the PNE by Nick Marino
 (Arsenal Pulp Press)

- 6. The Best Loved Boat: The Princess Maquinna by Ian Kennedy (Harbour Publishing)
- 7. Searching for Franklin: New Answers to the Great Arctic Mystery by Ken McGoogan (Douglas & McIntyre)
- 8. Hot Springs of Western Canada: A Complete Guide by Glenn & David Woodsworth (Harbour Publishing)
- 9. Gumboot Guys: Nautical Adventures on BC's North Coast ed. by Lou Allison with Jane Wilde (Caitlin Press)
- 10. **Unbroken** by Angela Sterritt (Greystone Books)

~ Association of Book Publishers of BC

FEBRUARY BIRTHDAYS

- Feb. 1 ~ Randy Rayment and Earl Stewart.
- Feb. 2 ~ Mary Cochet, Jennifer Jones and Paola Stewart.
- Feb. 3 ~ Chloe Campbell and Lorna Rousseau.
- Feb. 4 ~ **Rob Alliston, Susan Hardie** and **Joyce Soper.**
- Feb. 5 ~ Roland Fritz
- Feb. 6 ~ Lachlin Rand.
- Feb. 9 ~ Jackie Crowell.
- Feb. 10 ~ Eddie Smith.
- Feb. 11 ~ Cody Pantages, Scott Smith and Chris Garbers.
- Feb. 12 ~ Tony Rabachuk.
- Feb. 13 ~ Kim McCanse.
- Feb. 14 ~ **Steve Morton, Christine Fenn** and **Elsie Rennie.**
- Feb. 15 ~ **Shawna Lee Edwardson.**
- Feb. 16 ~ Carly Bloch, Irene Boyd and Evan Silvey.
- Feb. 17 ~ **Dot Farrell, Daniel Dore** and **Jessica Munro.**
- Feb. 18 ~ Rick Smalley.
- Feb. 19 ~ **Debbie Cole** and **Joan McDougall.**
- Feb. 21 ~ Ethan Enns, Ryan Phillips, Helen LeBlanc and Cathy Silvey.
- Feb. 22 ~ Chelsea Scoular.
- Feb. 23 ~ Tony Botticelli, Evelyn Cumming and Donna Campbell.
- Feb. 24 ~ Debbie Rand.
- Feb. 25 ~ Bruce Haines.
- Feb. 27 ~ **Neale Smith, Rick Jones** and **Gunnar Silvey.**
- Feb. 28 ~ Nolan Percival, Trevor Morin,
 Bob Walsh, Erin Fraser and
 Sharlene Gamble.





Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela, Dr. Endre Sinkovics Darlene Fowlie – Hygienist Monika Miller – Hygienist

Rosa Seda – Hygienist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Implants Surgical Extractions

HEARING CLINIC – (604) 885-0155

Hear on the Coast

Terra Dannes - Registered Hearing Instrument Practitioner

- Full diagnostic hearing evaluations
- Fitting, cleaning, & maintenance of hearing instruments

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 984-5070 Annaliese Hasler, NP

• Women and Youth Health Services

FOOT CARE NURSE – (778) 244-8503 Alene Barry

· Foot care nursing

REFLEXOLOGY – (604) 740-2890 Heel 'n Sole Reflexology – Sharon Gilchrist Reed

• Reflexology services

COUNSELLING SERVICES

(604) 885-6101 ext. 4422

PHYSICIANS – (604) 883-2764

• By appointment, Tuesday & Thursdays only

BETTER AT HOME PROGRAM (UNITED WAY)

(604) 212-2232

Haida Bolton - Program Coordinator

Helping Seniors Remain Independent

• Email: betterathome@penderharbourhealth.com



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

ADULT DAY PROGRAM: Dementia Care-Giver Support Group. Call (604) 883-2764.

First-class health care for the people of the Pender Harbour area.

Page 26 Harbour Spiel

Diabetes, healthy feet and you

Compiled by Pender Harbour Health Centre nursing staff

Information in article was taken from the Canadian Assoc. of Wound Care brochure, "Diabetes, Healthy Feet and You."

STEPS FOR HEALTHY FEET

• Control your blood sugars. Diabetics should monitor their daily blood sugars and get their hemoglobin A1C checked every three months.

Before meals, blood sugar should be four to seven and A1C should be less than or equal to seven;

- If you are a smoker, you should get some professional help to assist you to quit, and
- Exercise daily, as this is an important piece of your overall health.

CARING FOR YOUR FEET

- Check your feet for any signs of redness or blisters as this may mean your shoes are not fitting properly;
 - Wash your feet daily.

It is very important to dry your feet well especially between the toes.

If your skin is dry, apply lotion but do not put it in between the toes;

- Do not soak your feet, and
- If you are unable to reach your toes or if you have numbness in your feet have a health care professional manage your foot care and trim your toenails for you.

FOOTWEAR FOR DIABETICS

• Shake out your shoes before you put them on;

Small objects can cause pressure points on your feet and if you have numbness you may not be aware of the damage.

- It is very important to wear shoes at all times outside and inside your home;
 - It is best to wear closed toe

shoes as this protects your feet from injury;

• Change your socks daily;

• Buy your shoes late in the day as your feet tend to swell as the day progresses and this would give you the best fitting shoe, and

• Have your shoes professionally fitted by a footwear specialist.

WHAT IS NEUROPATHY?

Diabetics are at higher risk of developing a condition called neuropathy, where nerve sensitivity is lessened, particularly in the feet.

This means that a person may not be able to feel heat or cold, cuts, or shoes rubbing against the foot. With time, small injuries that remain untreated may lead to complications or even amputations.

Diabetic neuropathies are more common in people who are overweight and/or who have high blood pressure and blood fat levels and problems controlling their blood glucose.

It is important for people with diabetes to check the tops and bottoms of their feet.

If you are unable to do this on your own, please have a family member, friend or somebody else check your feet for you.

You may also find using a shatterproof mirror helpful in seeing the bottom of your feet.

Pender Harbour Dental



February 2024 marks 18 years of Dr. Hynd practicing dentistry in Pender Harbour. He would personally like to thank the community for all the support he and the team at Pender Harbour Dental have received.

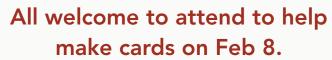
"We are immensely proud of how our clinic has evolved to keep meeting the needs of our patients."

In addition to caring for his community, family and staff, it continues to be Dr. Hynd's goal to make as many people laugh per day as possible!

Here's to a wonderful 18 years. Thank you, Pender Harbour

Mark your calendars:

The seniors will be exchanging Valentines Cards with the Madeira Park Elementary Students once again!







PENDER HARBOUR SENIORS INITIATIVE

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PROGRAMSponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION,

CALL MARLENE: (604) 883-9900

Seniors activities for February!

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1pm

In the Pender Harbour Community Hall. Lunch will be served at 12pm. The cost will be \$10 per person.

Feb. 1 - Armchair Travel to Australia

Feb. 8 - Make a Valentine Card to exchange with a student in our school

Feb. 15 - Music with Eddy Edrick

Feb. 22 – A Game of Jeopardy done Harbourside Friendship style

Feb. 29 - Immunization Presentation with Vancouver Coastal Health

CARPET BOWLING: Wednesdays, Feb. 7, 14, 21 & 28

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

CHAIR YOGA: Mondays & Fridays, Feb. 2, 5, 9, 12, 16, 23 & 26

At the Pender Harbour Community Hall 11am –12pm with Kristin Tracey. Improve your balance, strength & flexibility with gentle moves. Cost: \$3.

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Pender Harbour Community School's February Recreation Activities

SPANISH LESSONS FOR KIDS LEVEL 1

Tuesdays at MPES 3:00 - 4:00pm
Call Patti at the Community School for more information

DROP IN SPORTS @ PHSS

Drop In Hockey Tuesday 8:00 - 9:30pm

Pickleball Tuesdays & Thursdays 5:30 - 7:30pm

Badminton Wednesdays 6:00 - 7:30pm

Students Free I Adults \$5.00

Let us know if there are any programs or classes you would like to see offered or if you are interested in teaching one!

BACK BY POPULAR DEMAND!

Adult Cooking Classes Valentines Inspired Cooking Class - Date & time TBA

Kids Cooking Classes February Class - Date & Time TBA

604.883.2826

5012 Gonzales Road Madeira Park



phcs@dccnet.com

Tuesdays to Friday 9:00 am to 3:00 pm

www.pendercommunity.ca

REGONAL DISTRE

PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool hot tub, sauna, gym & weight room

On lower level of PH Secondary School:

13639 S.C. Hwy. 604 885-6801

www.scrd.ca/recreation

PENDER HARBOUR AQUATIC & FITNESS CENTRE www.scrd.ca/pender-pool

REGISTER NOW FOR WINTER PROGRAMS!

Online www.scrd.ca/recreation

By phone: 604-885-6801 (extension 6691)

In person at:

• P. H. Aquatic & Fitness Centre • Sechelt Aquatic Centre • Gibsons and Area Community Centre

HOURS FOR FEBRUARY

Monday & Friday	Tuesday, Wednesday	Saturday	Sunday
7:30am – 1pm	& Thursday	CLOSED	10am – 4pm
*FAMILY DAY	7:30am – 1pm		

FITNESS CLASSES — MYPASS DROP IN

5pm - 8:20pm

- Land Meets Water Tue & Thu –10:30am
- Mat Pilates Wed 9:30am
- Mix it Up Thu 8:45am

OPEN 1-4pm

- Aquafit Mon, Wed, Fri 9am
- Gentle waves Aquafit Mon 10am

REGISTERED PROGRAMS

THE IRON GODDESS: WOMEN'S WEIGHT TRAINING

Mondays at 11:45am

Classes starting Feb. 5\$45/3 classes	ŝ
Classes starting March 4\$60/4 classes	s

BEGINNER TOTAL BODY AND CORE

Monday, 1pm starting Feb. 26	.\$100 / 5 classes
Thursday, 1pm starting Feb. 29	\$100 / 5 classes
Register in both Mon. and Thu. Beginn	er Total Body &
Core sessions and save 20% off the 2nd	d session!

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



February	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM	
Thu 01	9.7	8.9	8.6	8.8	9.7	11.1	12.5	13.8	14.5	14.6	14.0	12.7	11.1	9.4	8.0	7.2	7.1	7.6	8.5	9.7	10.8	11.6	11.9	11.7	
Fri 02	11.2	10.5	10.1	10.0	10.4	11.2	12.3	13.3	14.1	14.4	14.0	13.0	11.5	9.8	8.2	7.0	6.3	6.3	6.9	7.9	9.2	10.4	11.5	12.1	
Sat 03	12.2	11.9	11.6	11.3	11.3	11.6	12.3	13.0	13.7	14.1	14.0	13.2	11.9	10.3	8.6	7.0	5.9	5.4	5.5	6.1	7.2	8.6	10.1	11.4	
Sun 04	12.4	12.9	12.9	12.7	12.4	12.3	12.4	12.8	13.3	13.7	13.8	13.4	12.4	10.9	9.2	7.4	5.9	4.9	4.4	4.6	5.4	6.7	8.3	10.1	
Mon 05	11.7	12.9	13.6	13.8	13.6	13.2	12.9	12.8	13.0	13.3	13.6	13.7	13.1	11.9	10.2	8.3	6.5	4.9	3.8	3.4	3.7	4.7	6.4	8.4	
Tue 06	10.4	12.3	13.8	14.5	14.5	14.2	13.6	13.0	12.8	12.9	13.2	13.6	13.6	13.1	11.7	9.9	7.8	5.7	4.0	2.8	2.4	2.9	4.2	6.3	
Wed 07	8.7	11.1	13.2	14.6	15.2	15.0	14.4	13.5	12.8	12.5	12.7	13.1	13.6	13.8	13.3	11.9	9.8	7.5	5.1	3.2	2.0	1.7	2.4	4.1	
Thu 08	6.5	9.3	11.9	14.1	15.4	15.6	15.1	14.1	13.0	12.2	12.0	12.3	13.0	13.7	14.0	13.5	12.1	9.8	7.2	4.7	2.6	1.4	1.3	2.4	
Fri 09	4.5					=						11.3						=		7.1	4.5	2.5	1.4	1.5	
Sat 10	3.0	5.4				\equiv						10.3						=				4.6	2.8	2.0	
Sun 11	2.5	4.3				=						9.6						14.1						3.6	
Mon 12	3.2	4.1	6.1			=						9.6						12.9							
Tue 13	5.1	5.0	6.2			=						10.2			6.7	7.4		10.7							
Wed 14	7.6	6.9	7.1			=						11.3		6.9		5.7	6.6	=			12.7				
Thu 15		9.2				=						12.5				5.0	5.0	5.9			10.8				
Fri 16						=						13.4			7.0	5.4		4.6			8.3				
Sat 17						\simeq						13.9						4.3	4.3			7.8	9.6		
Sun 18						=						14.0					6.1	4.8		4.1		6.1		9.8	
Mon 19						=						13.5					7.6	=		3.9		4.7		8.1	
Tue 20						$\underline{}$						12.8					9.3	7.4	5.6	4.4		3.9	4.8		
Wed 21						$\underline{}$						12.0													
Thu 22						\equiv						11.1						\equiv							
Fri 23						=						9.7						=							
Sat 24		7.2				\equiv						9.7						13.2							
Sun 25 Mon 26						=						8.8						12.9							
						13.6						=						12.9							
Tue 27 Wed 28						13.1						\equiv						10.8							
Thu 29						12.6												9.2							
111u 29	9.0	0.3	0.0	7.0	11.2	12.0	13.8	14.3	14.0	12.9	11.2	9.3	7.0	0.3	0.1	0.3	7.0	9.2	10.8	12.1	12.9	12.9	12.4	11.3	

Bill Henwood presents highlights of his Parks Canada career

submitted

The Pender Harbour Wildlife Society is pleased to host a presentation on Feb. 20 by Bill Henwood from the science committee of the Loon Foundation.

Henwood spent most of his career with Parks Canada establishing new national parks and national marine conservation areas, including Gulf Islands National Park Reserve.

Currently, he is engaged in local protected area and land use issues on the Sunshine Coast.

Henwood will focus on highlights of his career creating new protected areas, in particular, national parks and marine protected areas, with stories about the challenges of protecting nature in this modern world.

He will include examples from across Canada, British Columbia, from the Gulf Islands to the Chilcotin, and the Caribbean.

His presentation will conclude with local stories about protecting



Bill Henwood

Farwell Canyon on the Chilcotin River will be just one example in Bill Henwood's discussion of the challenges faced in his career protecting nature in BC.

nature on the Sunshine Coast with a focus on Pender Harbour and Halfmoon Bay.

The presentation will be at the Pender Harbour Secondary School in the "food room."

Doors open at 6:45 p.m. before the presentation at 7 p.m.

Refreshments and raffle to follow and all are welcome to attend.

For more information, email *info@penderharbourwildlife.com*.

photojournal



Brian Lee

Cold weather iced up the bay at Pender Harbour Marina (Hospital Bay) in mid-January. Soon after this photo was taken, a mink (*Neogale vison*) scampered from the shore across this sheet of ice to the safety of the marina's dock.

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United Nations Declaration on the Rights of Indigenous Peoples

The United Nations Declaration on the Rights of Indigenous Peoples is a legally non-binding resolution passed by the United Nations in 2007. It delineates and defines the individual and collective rights of Indigenous peoples, including their ownership rights to cultural and ceremonial expression, identity, language, employment, health, education, and other issues.

UNDRIP was adopted into Canadian legislation with the United Nations Declaration on the Rights of Indigenous Peoples Act on June 21, 2021. This legislation aims to advance the implementation of the UNDRIP as a key step in renewing the government of Canada's relationship with Indigenous peoples. The purpose of this legislation is to affirm UNDRIP as an international human rights instrument that can help interpret and apply Canadian law. It also provides a framework to advance implementation of UNDRIP at the federal level. This legislation requires the Government of Canada, in consultation and cooperation with Indigenous peoples, to take



all measures necessary to ensure the laws of Canada are consistent with UNDRIP and to prepare and implement an action plan to achieve UNDRIP's objectives.

The BC government is currently working on the Declaration on the Rights of Indigenous Peoples Act (DRIPA) which will be the BC government's legislative implementation of UNDRIP.

Part I

UNITED NATIONS DECLARATION ON THE RIGHTS OF INDIGENOUS PEOPLES

The General Assembly,

Guided by the purposes and principles of the Charter of the United Nations, and good faith in the fulfilment of the obligations assumed by States in accordance with the Charter,

Affirming that indigenous peoples are equal to all other peoples, while recognizing the right of all peoples to be different, to consider themselves different, and to be respected as such,

Affirming also that all peoples

contribute to the diversity and richness of civilizations and cultures, which constitute the common heritage of humankind,

Affirming further that all doctrines, policies and practices based on or advocating superiority of peoples or individuals on the basis of national origin or racial, religious, ethnic or cultural differences are racist, scientifically false, legally invalid, morally condemnable and socially unjust,

Reaffirming that indigenous peoples, in the exercise of their rights, should be free from discrimination of any kind,

Concerned that indigenous peoples have suffered from historic

injustices as a result of, inter alia, their colonization and dispossession of their lands, territories and resources, thus preventing them from exercising, in particular, their right to development in accordance with their own needs and interests.

Recognizing the urgent need to respect and promote the inherent rights of indigenous peoples which derive from their political, economic and social structures and from their cultures, spiritual traditions, histories and philosophies, especially their rights to their lands, territories and resources.

Recognizing also the urgent need to respect and promote the rights of indigenous peoples affirmed in treaties, agreements and other constructive arrangements with States,

Welcoming the fact that indigenous peoples are organizing themselves for political, economic, social and cultural enhancement and in order to bring to an end all forms of discrimination and oppression wherever they occur,





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Convinced that control by indigenous peoples over developments affecting them and their lands, territories and resources will enable them to maintain and strengthen their institutions, cultures and traditions, and to promote their development in accordance with their aspirations and needs,

Recognizing that respect for indigenous knowledge, cultures and traditional practices contributes to sustainable and equitable development and proper management of the environment.

Emphasizing the contribution of the demilitarization of the lands and territories of indigenous peoples to peace, economic and social progress and development, understanding and friendly relations among nations and peoples of the world,

Recognizing in particular the right of indigenous families and communities to retain shared responsibility for the upbringing, training, education and well-being of their children, consistent with the rights of the child,

Considering that the rights affirmed in treaties, agreements and other constructive arrangements between States and indigenous peoples are, in some situations, matters of international concern, interest, responsibility and character.

Considering also that treaties, agreements and other constructive arrangements, and the relationship they represent, are the basis for a strengthened partnership between indigenous peoples and States,

Acknowledging that the Charter of the United Nations, the International Covenant on Economic, Social and Cultural RightsFootnote2 and the International Covenant on Civil February 2024

and Political Rights,Footnote2 as well as the Vienna Declaration and Programme of Action,Footnote3 affirm the fundamental importance of the right to self-determination of all peoples, by virtue of which they freely determine their political status and freely pursue their economic, social and cultural development,

Bearing in mind that nothing in this Declaration may be used to deny any peoples their right to self-determination, exercised in conformity with international law,

Convinced that the recognition of the rights of indigenous peoples in this Declaration will enhance harmonious and cooperative relations between the State and indigenous peoples, based on principles of justice, democracy, respect for human rights, non-discrimination and good faith,

Encouraging States to comply with and effectively implement all their obligations as they apply to indigenous peoples under international instruments, in particular those related to human rights, in consultation and cooperation with the peoples concerned,

Emphasizing that the United Nations has an important and continuing

Pender Harbour Music Society presents:

role to play in promoting and protecting the rights of indigenous peoples,

Believing that this Declaration is a further important step forward for the recognition, promotion and protection of the rights and freedoms of indigenous peoples and in the development of relevant activities of the United Nations system in this field,

Recognizing and reaffirming that indigenous individuals are entitled without discrimination to all human rights recognized in international law, and that indigenous peoples possess collective rights which are indispensable for their existence, well-being and integral development as peoples,

Recognizing that the situation of indigenous peoples varies from region to region and from country to country and that the significance of national and regional particularities and various historical and cultural backgrounds should be taken into consideration,

Solemnly proclaims the following United Nations Declaration on the Rights of Indigenous Peoples as a standard of achievement to be pursued in a spirit of partnership and mutual respect:

Continued next issue.



Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

FEBRUARY

Thu. Feb. 1...........Harbourside Friendships (armchair travel to Australia) - P. H. Community Hall, 10:30 a.m.

Mon. Feb. 5......SCRD finance committee (round 2 budget) - SCRD boardroom, 9:30 a.m.

Thu. Feb. 8......Backeddy Pub reopens

Thu. Feb. 8......SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thu. Feb. 8..........Harbourside Friendships drop-in (Valentine cards) - P. H. Community Hall, 10:30 a.m.

Thu. Feb. 8......SCRD regular board meeting - SCRD boardroom, 1 p.m.

Mon. Feb. 12......Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Tues. Feb. 13......P. H. Women's Connection 25th anniversary celebration - P. H. School of Music, 10 a.m.

Thu. Feb. 15......SCRD electoral Area Services Committee - SCRD boardroom, 9:30 a.m.

Thu. Feb. 15.......Harbourside Friendships drop-in (Eddy Edrik) - P. H. Community Hall, 10:30 a.m.

Fri. Feb. 16......School of Music Coffeehouse (postponed from Jan.) - P. H. School of Music, 7:30 p.m.

Mon. Feb. 19......Family Day (provincial stat holiday)

Tues. Feb. 20......Pender Harbour and Area Residents Association AGM - via Zoom, 5 p.m.

Tues. Feb. 20......P. H. Wildlife Society presents Bill Henwood - PHSS Foods Room, 7 p.m.

Thu. Feb. 22.......Harbourside Friendships drop-in (Jeopardy) - P. H. Community Hall, 10:30 a.m.

Thu. Feb. 22......SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thu. Feb. 22......SCRD regular board meeting - SCRD boardroom, 1 p.m.

Mon. Feb. 26......Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Thu. Feb. 29.......Harbourside Friendships drop-in (VCH presentation) - P. H. Community Hall, 10:30 a.m.

Harbour Spiel Trivia Answers:

1. b

2. b

3. d

4. c

5. a

6. b



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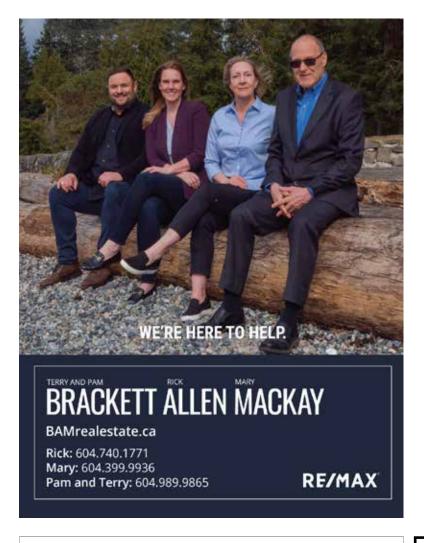


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