



HAPPY Thanksgiving!

Stop by the meat department to see our large selection of hams.

Frozen Grade "A" Turkeys:

\$0.99/lb

Stove Top Stuffing:

\$0.99

Ocean Spray Cranberries (Whole or Jelly):

8-inch Apple or Pumpkin pies \$4.99

Don't forget about our wide selection of Fall floral arrangements.

883-9100

OPENDAILY o 8:30 am = 7 pm (Open Friday until 8 p.m.)



We stand apart from the rest by selling the best!



Denise Brynelsen 604.740.1219 Joel O'Reilly 604.741.1837

Personal Real Estate Corporations

ROYAL LEPAGE SUSSEX

BRYNELSEN≋O'REI SUNSHINE COAST

www.brynelsenoreilly.com

invest the time, the money and the resources to do so.



Super clean 2 bedroom/ 1 bath on a sunny southern 1/4 acre, cul-de-sac, huge deck!



Architecturally designed home at "Whittakers" w/ private moorage & ocean views.

Madeira Park

\$379,000

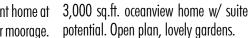
Garden Bay

\$1,365,000



Fabulous 4 bedroom waterfront home at Farrington Cove w/ deep water moorage.







potential. Open plan, lovely gardens.

Garden Bay

\$1,290,000



Madeira Park \$567,000



Incredible waterfront property w/ 1,000' of frontage & 3 homes, set on 1.23 acres.



17+ acre private estate in quiet community. Zoned for 30 + 1/2 acre lots.

Madeira Park \$1,750,000





Architecturally designed 4 bdrm/3 bath waterfront home with 218' of shoreline.



Quality log home on nearly 2 acres. Westerly exposure, ocean views & sunsets.

Madeira Park

\$1,698,000

Madeira Park

\$665,000

To view all of our listings, visit www.brynelsenoreilly.com

Page 2

Harbour Spiel



The independent voice of Pender Harbour & Egmont since 1990.

The Harbour Spiel is 100-per-cent locally owned and operated and published monthly by Paq Press © 2019. Any unauthorized reprint or use of this material is prohibited.

EDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Kym Harris, John King, Leonard Lee, Robert Livingston and Shane McCune.

COVER

Brian Reed holds up a 40-pound halibut caught last month on Bjerre Shoals. (Bill Davie photo)

ADVERTISING

Please reserve by the 15th of the month prior to publication. Advertisers make publication of the *Harbour Spiel* possible — please say thank you, and support our community, by supporting them.

SUBSCRIPTIONS

Annual subscription: \$60 (includes GST).

CONTACT

Paq Press 4130 Francis Peninsula Rd. (by appt. only) Madeira Park, BC VON 2H1

(604) 883-0770 editor@harbourspiel.com www.harbourspiel.com

November issue — Oct. 31

That familiar, sinking feeling



Brian Lee

Finally, after years of volunteer effort, it was announced last month that funds have

been granted and a contractor hired to remove two tugs that lie with their friends on the bottom of Gerrans Bay.

For most, this comes as welcome news — but it's also bittersweet.

The *Kwatna* and the *Lulu Island* are sad reminders of our federal and provincial agencies' inaction when it comes to these types of impending disasters.

For years, countless hours were spent pursuing authorities to act while neighbours watched them deteriorate and, inevitably, sink to the bottom.

Local volunteers were successful in acquiring close to \$100,000 to remove them.

Passed this spring, Bill C-64, the Wrecked, Abandoned or Hazardous Vessels Act, aims to increase boat owner responsibility and liability.

Going forward, neglectful boat owners will face fines of up to \$50,000 for individuals and \$250,000 for companies or corporations.

At one time, we didn't care.

Mainly because we didn't care but, also, there weren't that many boats around, so when one one went down, it didn't amount to much.

But if there are half a dozen derelict boats in Pender Harbour, there are hundreds more that aren't but still suffer from a spectrum of neglect.

Pender Harbour is uniquely vulnerable to contaminant spills.

Depending on tides and the amount of freshwater runoff, the Harbour takes between two and 17 days to flush out.

Thanks to fast action by local RCM SAR, our volunteer fire depart-

ment and other individuals, a considerable spill was narrowly averted last month after a boat caught fire and sank in Garden Bay (see story p. 6).

Unlike the tugs, there was a particular urgency to remove the 52-footer as it lay on the bottom puking diesel and other contaminants.

So, the Coast Guard demanded its removal and it was, within two days.

It's unknown what the wreck's removal cost but between commercial divers and crew and excavators and dump bins and hauling and eventual decontamination and remediation, I suppose it wasn't cheap either.

But it sure was quick.

And messy.

Perhaps there was little choice but to drag it up a boat launch and demolish it at the water's edge.

The only public launch ramp in Pender Harbour was closed for 24 hours and when the demolition was complete, it was black with oil.

It seems everyone who witnessed the demolition had an opinion — because it was a shocking scene.

By all accounts, the contractor did an admirable job of cleaning it up but the case has shone a light on yet another issue within the Harbour:

What about the next time?

Whose responsibility is it to provide an emergency demolition site?

And what are the best practices and equipment required for a quick — and safe — emergency removal?

In this case, the volunteer board of the Harbour Authority of Pender Harbour was reluctantly forced to accept some of the liability and potential for damage to its Madeira Park property.

Should Millennium Park be the de facto haul out and demolition site when these accidents occur?

Right now, the Coast Guard's answer is "yes."







spiel picks

PENDER HARBOUR FALL FAIRE: Saturday, Oct. 5, 10 a.m. to 4 p.m.

The Pender Harbour Fall Faire is back! The Pender Harbour Community Club hosts the return of this fall tradition on Oct. 5. Come and vote for your favourite "decorate the town in straw contest" entrants while enjoying a multitude of vendors, games, food and fun.

PHARA TOWN HALL MEETING AND AGM: Sunday, Oct. 6, 1 p.m.

The Pender Harbour and Area Residents' Association hosts a town hall meeting (and AGM) at the P. H. Community Hall on Oct. 6 to present community volunteer awards, important local news and all candidates for the 2019 federal election. PHARA has vacancies on their board so consider joining.

P. H. BLUES SOCIETY HALLOWEEN HOWL: Saturday, Oct. 26, 8 p.m.

The Pender Harbour Blues Society hosts the 11th annual Halloween Howl at the P. H. Community Hall featuring Gary Comeau and the Voodoo Allstars (Gary Comeau, Tim Hearsey, Chris Nordquist, Rob Becker and Jerry Cook).

BACKEDDY PUB'S EGMONSTER MASH: Saturday, Oct. 26, 7 p.m.

The Backeddy Pub hosts its annual Halloween Party at Egmont's favourite waterfront pub featuring a costume contest, spooky treats and 50 per cent off accommodation... in case you're too scared to drive home that night.

PHVFD HALLOWEEN FIREWORKS: Thursday, Oct. 31, 7:30 p.m.

The annual Halloween tradition returns on Halloween night (weather permitting) — Thursday, Oct. 31. The entire community is invited to a great evening of entertainment, hot dogs, hot drinks and a bonfire at Seafarer's Millennium Park, the best viewing spot in all of Pender Harbour.

photojournal



Rick Harmer

Perhaps inspired by a photo in last month's *Harbour Spiel* illustrating overflow parking issues at Dan Bosch Park, a reader sent this photo of a busy day on Garden Bay Road near the Mt. Daniel trailhead on Aug. 31.

Page 4 Harbour Spiel

Local longboarder Dane Hanna clinches North American title

Despite breaking his ankle halfway through his racing season, Pender Harbour downhill longboarder Dane Hanna was recently crowned International Downhill Federation North American champion.

Hanna started his race season this past spring in Australia.

"I didn't really do very well over there," Hanna said from his home in Kleindale.

Then he took fourth in a race in the Philippines, and it was straight up from there.

On May 19, Hanna repeated as champion at his hometown race, Attack of Danger Bay in Madeira Park.

That week, he took second at ADB's sister race, Jake's Rash.

Then he hit the road and won three world cup events in a row — New York's Gravity Fest, the Killington World Cup in Vermont and the World Roller Games in Barcelona.

After a second place in La Merche, Italy, Hanna looked to be on his way to becoming Pender Harbour's second world champion after Scott Smith brought home the title in 2008.

"I had a really good chance.

"I was sitting in fourth and I just needed to get two more world cup events."

But then he crashed and broke his ankle in the Czech Republic.

That injury forced him to miss two crucial world cup events in Romania and Colombia.

But his season wasn't over.

By late August, with his ankle still bothering him, he competed at the Mecca of downhill longboarding, the Maryhill Loops in Washington.

It's perfect, winding asphalt makes Maryhill one of the oldest and most popular races on the circuit.

Hanna surprised himself by beat-

ing the track record in qualifying and taking third place in the final.

That was enough to clinch the title of North American champ — the racer with the most points in North American races.

"I just started taking it really serious this year," said Hanna.

"I would skate every day, work on my push (the start) a lot and I changed my gear up.

"I also gained a few pounds."

At 180 pounds, he's now one of the heaviest on the world cup tour.

"Most of the guys weigh in around 170-ish so I have a lot more straightaway speed."

Hanna's 2019 success has brought the sponsors calling too.

He recently signed a contract with BC longboard company Land-yachtz for the 2020 season.

Hanna said Landyachtz will cover most of his travel expenses and even provide a small salary to compete on their equipment.

They're also working on a Dane Hanna signature longboard that should be available next year.

Before now, Hanna said he has been almost entirely supported by Team Irene, his hometown longboarding team.

The team fundraises through



International Downhill Federation

Dane Hanna looking relaxed at Gravity Fest in New York— a race he won.

meat draws and other events and Hanna said without that financial assistance, there's no way he could have competed on the world cup circuit.

"We got so much practice from Team Irene — racing with five of your buddies, a foot apart.

"A lot of my knowledge came from those Team Irene practices."

Right now, Hanna's ankle is still healing but he expects to be in top form by the time the 2020 season starts in Australia this spring.



Garden Bay boat sinking raises questions about salvage practices

"That was not a good situation there that day," said Frank Mauro, Harbour Authority of Pender Harbour president, when asked about a recent salvage operation that took place on the Madeira Park boat ramp Aug. 23.

Two days before, a 52-foot boat anchored in Garden Bay burned to the water line and sank to the bottom.

Andy Cardiff, owner of C-Tow Marine Assistance, told the *Harbour Spiel* that he was contracted by the Canadian Coast Guard and the boat owner's insurer to recover the vessel.

Freedom Diving from Gibsons was the primary diving contractor hired by Cardiff to assist.

"We talked to Coast Guard and it was their number 1 concern to contain all of the pollution," said Cardiff.

"There was a considerable amount, especially diesel oil and all

sorts of stuff on the water."

After containing the contaminants, the hull was raised with air bags and slowly towed to the launch ramp in Madeira Park, still circled by containment booms.

Cardiff said that's when Mauro told him he couldn't remove it there.

"So, we were kind of shocked when that happened," said Cardiff.

"The harbour authority was concerned," said Mauro.

"Especially a demolition close to the ocean."

Mauro said the launch ramp is on provincial road right-of-way but the HAPH holds a lease over it and maintains authority over the ramp.

By the late afternoon, the boat lay submerged at the launch ramp.

While waiting for permission to haul it out, Cardiff said they decided

to rest what was left of the boat's hull on the bottom because they were concerned that the straps wouldn't hold.

"Talking to the Coast Guard, the only option was to drag it out and, in Pender Harbour, there's really only two locations you can do that — one in Irvines Landing and one at the government dock," said Cardiff.

"With the urgency and the load being unsecure, we went for the closest one."

"These kinds of things, there's no paper going back and forth, it's just, 'Get the job done.""

"So, we presented some options and those were really the only ones we could find."

The harbour authority disagreed.

"We suggested that the proper thing to do was get a trailer and load the boat onto a trailer and take the



www.backeddy.ca | 604.883.2298 | play@backeddy.ca



boat somewhere with proper disposal facilities," said Mauro.

According to Cardiff, the fragile state of the hull wouldn't allow it to be lifted onto a trailer.

In the end, the Canadian Coast Guard settled the impasse.

"The Coast Guard actually gave them authorization to go ahead and drag it up and demolish it, against our wishes," said Mauro.

In an email to the *Harbour Spiel*, a spokesperson for Canadian Coast Guard sidestepped their role in the matter:

"Per the lease agreement, the HAPH is responsible for the environmental management and stewardship of this site.

"This includes complying with applicable environmental legislation and policies, implementing environmental best management practice and an environmental management plan, and keeping spill containment materials available for use on site.

"Lease responsibilities also include informing DFO of any contamination events within the leased area and taking necessary steps to remediate the contamination."

By the time Cardiff got the goahead from the Coast Guard, it was getting dark.

"We were able to pull the boat out and get it on to the ramp and then it just got to be too much and it was becoming an unsafe situation.

So, we pulled the plug at around midnight and started again at 6 a.m. the next morning," said Cardiff.

"The boat was gone before noon and we released the site back to them (HAPH) shortly after 1 p.m."

"Fundamentally, we're not pleased with what happened — there was spillage," said Mauro.



Andy Cardiff/C-Tow



submitted



Brian Lee

A boat that caught fire and sank in Garden Bay on Aug. 21 was removed at the Harbour Authority of Pender Harbour-managed launch ramp Aug. 23. The lower photo shows a slight sheen in the water at 1:30 p.m., after clean-up was completed.

"The contractors did contain it by and large, and they did do a complete clean-up the next morning, including power washing the boat ramp."

Cardiff estimated that 90 per cent of the contaminants were caught in

the containment booms at the launch ramp and sucked up by oil rags.

"They could do it elsewhere and we're talking to the Coast Guard to ensure it doesn't happen again," said Mauro.

October 2019

Pender Harbour Community Club presents

FALL FAIRE OCTOBER 5!

AT THE COMMUNITY HALL 10 TO 4

- Decorate the Town in Straw Contest
- "People's Choice" vote!
- Hilda the Cow milking contest
- Exhibition
- Chili cook-off
- Kids crafts & activities
- Quilt show
- Art show
- Live music with Skinny Jimmy
- SASS (vocal group)
- HUGS (ukulele group)
- FOOD COURT: Samosa Lady,
 Flavour Saver food truck &
 Community Hall Home Kitchen
- Treasures Market w/ over 20 vendors



\$795,500 11985 SUNSHINE COAST HWY.

This 15 acre parcel is nothing short of stunning. Driveway is in to a perfect level building site with level pathway to 800 feet of beach. This sale is for a 1/2 share of an undivided interest



\$1,138,000 12689 SUNSHINE COAST HWY.

This gorgeous property has a legal foreshore lease with a 30-foot dock with deep water moorage. Located in the "green zone," this protected deep water moorage is sustainable.



When its time to list your home or property, choose the local Realtor with International reach.

JULIE HEGYI

PERSONAL REAL ESTATE CORPORATION

604.740.2164

jhegyi@sothebysrealty.ca



Sunday is fun day!

introducing
THE SUNDAY JAM
at the
CLUBHOUSE

RESTAURANT

Oct. 6: Steve Hinton Band

Oct. 13: Jim Foster

Oct. 20: Peter Van Trio

Oct. 27: Joe Stanton

Friday
noon to 7pm
Prime rib special
Live music

Saturday noon to 7pm

New theme every Saturday night (menu & decor):

Mexican · Greek · Italian East Coast Kitchen Party Sunday 10am to 7pm Brunch: 10am to 2pm

Sunday Jam: 2 to 6pm

604.883.9542

inter.

Call to book your private party!

Tee off on the best fish and chips on the Coast! Open Friday, Saturday $\bar{\alpha}$ Sunday all winter.

CLUBHOUSE RESTAURANT AT THE PENDER HARBOUR GOLF COURSE

√10 minutes north of Madeira Park

√10 minutes south of Earls Cove

√Family friendly

13823 Sunshine Coast Hwy.

PIN

Page 8 Harbour Spiel

HEALTH CENTRE ADMINISTRATOR TO RETIRE

After 12 years as head administrator of the Pender Harbour Health Centre, Rick McDonald recently announced he will soon retire.

The announcement was made at the PHHCS annual general meeting on Sept. 22.

McDonald was tapped to head up the health centre in 2007 and "brought stability to the daily operations of the centre" during a time of growth, according to a PHHCS board statement.

In a statement, the board of the PHHCS said they have now began searching for "for a new chief operating officer to take over from McDonald in the New Year.

"He will be sorely missed at the health centre."

BARGAIN BARN NOW PURSUING ONLINE SALES

Watch out Amazon, the Bargain Barn has branched into online sales.

Not satisfied with annual recordbreaking sales at their brick-andmortar thrift store in Madeira Park, the volunteer-operated P. H. Health Centre Auxiliary now lists products for sale on eBay.

On eBay, Bargain Barn products

can be found under the handle "bargathrif0."

Online sales for Bargain Barn products can also be accessed via the thrift store's website at *bargainbarn-pender.weebly.com*.

Shipping is free.

KWATNA AND LULU ISLAND SOON TO BE REMOVED

The Pender Harbour and Area Residents Association recently announced they have signed a contract with Freedom Diving Systems Ltd. of Gibsons for the removal of the *Kwatna* and *Lulu Island*, two sunken tugs which have been the focus of concern in Pender Harbour.

Both vessels are considered to be hazards to navigation and pose a potential risk to the environment.

PHARA has received a funding commitment of \$75,675, to cover 75 per cent of the costs of removal of the vessels totaling \$84,551.

According to a release, the balance will be covered through contributions of labour from PHARA board members, PHARA funds and fundraising by PHARA, including a grant-in-aid from the Sunshine Coast Regional District.

"All of the investigation of the

boats, work to write and submit grants to the Abandoned Boats Program, and various negotiations have been in the hands of board members Eliza Kinley and Penny Harrison" said Alan Stewart, PHARA president.

"It was a tremendous amount of work and they did an excellent job."

It is expected that the work will be completed by the end of October 2019, but PHARA and Freedom Diving Systems have until March 2020 to complete the work.

SAHARA TREK TO RAISE MONEY FOR LOCAL WOMEN'S/ CHILDREN'S SHELTER

In November 2019, Alan Stewart will take part in a 100-kilometre trek across the Sahara Desert in an effort to raise funds for the Royal LePage Shelter Foundation and local programs for battered women and children delivered via Sunshine Coast Community Services.

He will set out with 120 Royal LePage Sussex colleagues from across Canada to walk across the Moroccan desert for five days.

According to his website, Stewart will cover his own travel costs.

To donate, visit www.alanstew-art.ca/saharatrek.

rcmp news

MISCHIEF

Between Aug. 27 and 28, suspects vandalized the bathrooms at the Madeira Park Elementary School.

The suspects used wax crayons to write various drug-related statements on the walls and stalls.

Police are attempting to identify the suspects and the file is still under investigation.

BEAR BAIT?

Overnight on Sept. 3, a Coast resident reported an attempted October 2019

theft from his vehicle parked in the 11500-block of Highway 101, Madeira Park, after finding the tailgate latch and rear bumper damaged.

Upon further inspection, police determined that a bear had scratched and bitten the tail gate and lock.

It was likely attracted by the scent of the prawn bait stored in the vehicle.

BREAK AND ENTER

Overnight on Sept. 8, a suspect gained entry to a business located in

the 13800-block of Sunshine Coast Highway, Pender Harbour.

The suspect appears to have pried a window to gain access and ransacked the premises, stealing an unknown amount of cash and liquor bottles.

Police are reviewing security video and the file is still under investigation.

Anyone with any information about this incident is asked to contact RCMP, reference police file 2019-6260.

Housing crunch, derelict vehicles... and a new regional park?



Leonard Lee Area A director, SCRD

WE NEED TO DO BETTER

With no relief in sight for our local long-term rental

shortage, an increasing number of residents are choosing mobile homes and recreational vehicles.

Mobile homes, designed as fulltime, long-term homes, are an attractive, affordable housing option, but we don't have enough lower-priced lots and mobile home parks.

Those who cannot afford or find a rental often resort to living in a recreational vehicle.

RV dwellers who can't afford to properly set up and maintain their RV, often acquire services via an electrical extension cord, wireless router, and garden hose.

They lack approved solid-waste and gray-water disposal systems, living conditions are substandard, and the units are unsafe to live in.

The SCRD defines and limits RV use as temporary, recreational accommodation only, and we have no choice but to enforce our bylaws as complaints are lodged.

I believe we need to do better for our lower income neighbours, and we must work together until we find an acceptable, practical solution to this growing problem throughout the SCRD and in most of rural BC.

SHORT-TERM RENTALS

Last month I wrote that a staff report on short-term rentals would be available in early September, but it didn't happen.

The report will likely be accessible in the Oct. 10 planning and community development committee agenda, available online late Friday of the week before the meeting.

The public is invited to attend and, at the end, offer comments.

DERELICT VEHICLES

Alternate director, Marianna Bekei, is arranging ongoing meetings with RCMP Staff Sgt. Poppy Hallam, MOTI area manager, Colin Midgley, CA Towing owner-operator, Chad Samoleski and myself, on dealing with abandoned cars, trucks and RVs.

Ideally, we would compel the last registered owner to remove the vehicle and provide them with an incentive to stop repeating the infraction.

The threat of a littering fine can



Pender Harbour Transfer Station 5545 Garden Bay Road

Winter Operating Hours

Monday 8:30 a.m. to 4:30 p.m. Tuesday CLOSED Wednesday to Saturday 8:30 a.m. to 4:30 p.m. Sunday CLOSED www.scrd.ca/transfer-station



Area A Director: **Leonard Lee** leonard.lee@scrd.ca 604-212-0406

SUNSHINE COAST REGIONAL DISTRICT Upcoming meetings

Agendas are available at www.scrd.ca/Agendas-2019.

Planning and Community Development Committee October 10 at 9:30 a.m.

Regular Board October 10 at 1:30 p.m.

Infrastructure Services Committee

October 17 at 9:30 a.m.

Policing Committee
October 17 at 1:30 p.m.

Transportation Committee October 17 at 2:45 p.m.

Corporate and Administrative Services Committee

October 24 at 9:30 a.m.

Regular Board October 24 at 1:30 p.m.

Regional Hospital District October 24 (following Regular Board)

Subscribe To Our Newsletter at www.scrd.ca/newsletter-signup



www.scrd.ca 604-885-6800 info@scrd.ca Pender Harbour Satellite Office 12828 Lagoon Road, Madeira Park 604-885-6877 infrastructure@scrd.ca Monday to Friday 8:30 a.m. to 1:30 p.m. be effective but, if not, the RCMP can issue a fine and a community group can arrange towing, securing ownership, if required, and disposal.

If it's on MOTI right-of-way, or the last registered owner ignores an RCMP order to remove it, it can be impounded.

If it has sufficient value, the towing company can be reimbursed for towing, storage and disposition of the derelict but, when there isn't enough value, another way must be found.

If it's a safety hazard on a MOTI right-of-way, it's dealt with by MOTI and the RCMP.

If it's on an active logging road, it's dealt with by the province and the permit holder.

If it's a travel trailer or RV, it requires dismantling and a combination of recycling and landfill disposal, similar to a derelict boat.

SAKINAW-RUBY PARK CONSIDERED

Our OCP asks the SCRD and Shishalh nation to explore means of acquiring a large parcel of land between Sakinaw and Ruby Lakes, district lot 4700, for a new regional park, with hiking trails, recreational day-use, and a new boat launch.

Of the several paths in DL 4700, one used to access what is known locally as "Sakinaw Peninsula" has inspired an interest in expanding it into a single-lane road to a gated road leading to private residences.

Water-only access means nonrecreational boating traffic, often-risky commutes, and increased time and difficulty in responding to emergency situations, so anything to ease these challenges is good for everyone.

The land is currently reserved by a Crown order-in-council for the recreation and enjoyment of the public.

TALKIN' TRASH

Last month, the board approved a contract to chip three piles of clean wood, two at Sechelt and one at Pender, that have been growing since the last contract expired.

Chipping will begin soon and will be burned here on the Coast.

On Friday, Sept. 13, I joined most other SCRD directors for a tour of the Sechelt landfill which, at the time, was a crime scene occupied by RCMP officers investigating a breakin and theft of cash.

The size of the site was an eyeopener; most of us expected one much larger, based on how long it's operated and anticipated lifespan.

The dump was closed during the first part of the tour but we got to observe the opening of the working face, where a front-end loader removed large metal plates from garbage dumped the previous day.

A plate covered the width, with more placed to cover its length.

When a cell reaches a certain height, it's capped with intermediate cover, another cell is built beside it, and eventually another layer of cells is built on top of existing layers.

Our landfill's maximum allowable height will likely occur in under seven years, but the results of the reuse/recycle work by the public and landfill staff is heartening.



Take some time for YOU.

NON-MEMBERS ALWAYS WELCOME



- Headaches, back/neck/joint pain
- Frozen shoulder & carpal tunnel
- Muscle strain & whiplash
- Relaxation and prevention

As the body relaxes, tension leaves and self-correcting reflexes engage.

Scott McQuitty

Registered Ortho-Bionomy® Practitioner

604.741-3233

suncoastbodyworks.ca

gift certificates available

Pender Harbour Seniors Flousing Society
Outreach Healthy Meal Program



Meal service has resumed.

please call Linda, 604.883.2819 or Anky, 604.883.0033

October	1AM	2AM	ЗАМ	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3РМ	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Tue 01	4.6	3.9	4.5	6.1	8.5	11.0	13.1	14.3	14.3	13.4	11.8	9.9	8.4	7.7	8.0	9.2	11.0	12.9	14.3	14.8	14.3	12.7	10.3	7.7
Wed 02	5.4	3.9	3.5	4.3	6.1	8.5	11.0	13.0	14.2	14.3	13.5	12.1	10.6	9.4	8.9	9.3	10.4	11.9	13.3	14.2	14.3	13.4	11.6	9.2
Thu 03	6.8	4.8	3.6	3.5	4.4	6.2	8.5	10.9	12.8	14.0	14.2	13.6	12.6	11.4	10.4	10.0	10.3	11.2	12.3	13.2	13.8	13.5	12.4	10.6
Fri 04	8.4	6.3	4.7	3.8	3.9	4.8	6.5	8.6	10.8	12.6	13.8	14.1	13.7	13.0	12.0	11.2	10.8	11.0	11.5	12.2	12.8	13.1	12.7	11.5
Sat 05	9.9	8.0	6.2	4.9	4.2	4.3	5.2	6.8	8.7	10.6	12.4	13.6	14.1	13.9	13.3	12.5	11.7	11.2	11.1	11.4	11.8	12.2	12.3	11.9
Sun 06	10.9	9.5	7.9	6.5	5.3	4.7	4.8	5.6	7.0	8.7	10.6	12.3	13.5	14.2	14.1	13.6	12.9	12.0	11.3	10.9	10.9	11.2	11.5	11.7
Mon 07	11.5	10.8	9.6	8.2	6.8	5.7	5.2	5.2	5.9	7.2	8.9	10.8	12.4	13.6	14.3	14.2	13.7	12.8	11.7	10.9	10.3	10.3	10.6	11.1
Tue 08	11.4	11.4	10.9	9.8	8.5	7.2	6.1	5.5	5.5	6.2	7.5	9.3	11.1	12.7	13.9	14.3	14.1	13.3	12.2	11.0	10.0	9.5	9.6	10.1
Wed 09	10.9	11.5	11.6	11.2	10.2	8.8	7.4	6.3	5.6	5.7	6.5	7.9	9.8	11.6	13.2	14.1	14.2	13.7	12.6	11.2	9.9	9.0	8.7	9.1
Thu 10	10.0	11.0	11.7	12.0	11.6	10.5	9.0	7.5	6.4	5.8	6.0	7.0	8.6	10.5	12.3	13.6	14.1	13.9	12.9	11.4	9.8	8.6	7.9	8.1
Fri 11	8.9	10.1	11.3	12.2	12.4	11.9	10.6	9.1	7.5	6.4	6.1	6.5	7.8	9.5	11.4	13.0	13.9	13.9	13.1	11.7	9.9	8.3	7.3	7.1
Sat 12	7.7	8.9	10.5	11.9	12.7	12.8	12.0	10.6	9.0	7.5	6.6	6.5	7.3	8.8	10.6	12.3	13.5	13.9	13.3	12.0	10.2	8.3	6.9	6.2
Sun 13	6.5	7.6	9.2	11.0	12.5	13.2	13.0	12.1	10.6	8.9	7.6	7.0	7.2	8.3	9.9	11.7	13.1	13.8	13.5	12.4	10.6	8.6	6.8	5.7
Mon 14	5.5	6.3	7.8	9.8	11.7	13.0	13.5	13.1	12.0	10.4	8.9	7.9	7.6	8.1	9.4	11.0	12.5	13.5	13.6	12.8	11.1	9.1	7.0	5.5
Tue 15	4.8	5.1	6.4	8.3	10.4	12.3	13.5	13.8	13.2	11.9	10.4	9.0	8.3	8.3	9.1	10.5	12.0	13.1	13.5	13.1	11.7	9.7	7.6	5.7
Wed 16	4.5	4.3	5.1	6.7	8.9	11.1	12.9	13.9	13.9	13.2	11.9	10.5	9.4	8.9	9.2	10.1	11.4	12.6	13.3	13.2	12.2	10.4	8.3	6.3
Thu 17	4.7	3.9	4.1	5.3	7.2	9.5	11.7	13.3	14.1	14.0	13.2	11.9	10.7	9.8	9.6	10.0	10.9	12.0	12.8	13.1	12.5	11.1	9.2	7.1
Fri 18	5.3	4.0	3.6	4.2	5.6	7.7	10.0	12.1	13.6	14.2	14.0	13.2	12.1	11.0	10.3	10.2	10.7	11.5	12.3	12.8	12.6	11.7	10.1	8.2
Sat 19	6.3	4.7	3.8	3.6	4.4	6.0	8.1	10.3	12.3	13.7	14.3	14.1	13.4	12.4	11.5	10.9	10.8	11.2	11.8	12.3	12.5	12.1	10.9	9.3
Sun 20	7.5	5.8	4.5	3.8	3.8	4.7	6.3	8.3	10.5	12.4	13.7	14.3	14.1	13.5	12.7	11.8	11.2	11.0	11.2	11.7	12.1	12.1	11.5	10.4
Mon 21	8.9	7.3	5.8	4.6	4.0	4.1	4.9	6.5	8.5	10.5	12.4	13.8	14.4	14.3	13.7	12.8	11.9	11.2	10.8	10.9	11.2	11.6	11.7	11.4
Tue 22	10.5	9.1	7.6	6.1	5.0	4.3	4.3	5.1	6.7	8.6	10.7	12.6	14.0	14.6	14.5	13.8	12.8	11.7	10.7	10.2	10.2	10.6	11.1	11.4
Wed 23	11.5	10.9	9.8	8.3	6.8	5.5	4.7	4.6	5.4	6.9	8.9	11.1	13.0	14.3	14.9	14.6	13.6	12.3	10.9	9.7	9.1	9.2	9.8	10.6
Thu 24	11.4	11.8	11.6	10.6	9.2	7.5	6.1	5.1	5.0	5.7	7.3	9.4	11.6	13.5	14.8	15.0	14.4	13.0	11.3	9.6	8.3	7.8	8.1	9.0
Fri 25	10.3	11.5	12.3	12.3	11.5	10.0	8.3	6.7	5.7	5.4	6.2	7.9	10.2	12.4	14.2	15.1	15.0	13.9	12.0	9.9	7.9	6.6	6.3	7.0
Sat 26	8.4	10.2	11.8	12.9	13.1	12.4	10.9	9.0	7.4	6.3	6.2	7.1	8.9	11.1	13.3	14.8	15.3	14.6	13.0	10.6	8.2	6.2	5.0	5.0
Sun 27	6.1	8.0	10.2	12.2	13.6	13.8	13.1	11.6	9.7	8.1	7.1	7.1	8.2	10.0	12.2	14.0	15.1	15.1	13.9	11.7	9.0	6.4	4.5	3.6
Mon 28	4.0	5.6	7.9	10.5	12.7	14.2	14.5	13.7	12.2	10.4	8.8	8.0	8.1	9.3	11.1	13.0	14.5	15.1	14.6	12.8	10.3	7.4	4.9	3.2
Tue 29	2.7	3.5	5.4	8.1	10.9	13.2	14.7	14.9	14.1	12.6	10.9	9.5	8.9	9.2	10.4	12.0	13.6	14.7	14.8	13.7	11.6	8.8	6.0	3.7
Wed 30	2.4	2.3	3.5	5.7	8.5	11.3	13.6	15.0	15.1	14.4	13.0	11.4	10.2	9.7	10.1	11.2	12.6	13.8	14.4	14.0	12.6	10.3	7.6	5.0
Thu 31	3.1	2.2	2.5	3.9	6.3	9.0	11.8	13.9	15.1	15.2	14.5	13.2	11.9	10.8	10.5	10.8	11.7	12.8	13.6	13.8	13.1	11.4	9.1	6.7
																		1.1 1 .			.1		1 1	1 /. 1 \

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:

WINTER HOME WATCH SERVICES PROVIDED BY:

Rain Forest Gardens property maintenance services

Winter storm checks • Insurance • Alarm check
Documented checklist • Local • Reliable
Insured • WCB

rainforestgardens@yahoo.ca

604.833.9040

Customized catering to take your shindig to the next level

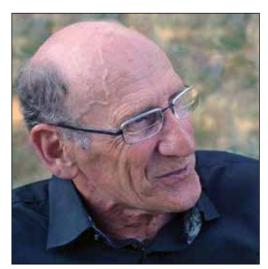


IN-HOME CATERING • SUNSHINE COAST, BC (604) 345-0312 • info@OuiCook.ca • www.OuiCook.ca

Fully served gourmet meals at your home/boat Buffet service for groups · Cocktail parties

Page 12 Harbour Spiel

Peter HunscheMARCH 14, 1950 – AUGUST 20, 2019



The family of Peter Hunsche is deeply saddened to announce the

passing of their father, brother and Opa.

On August 20, Hunsche died suddenly in his home in Richmond, BC.

He was 69 years old.

Hunsche was born in Haarlem, Netherlands on March 14, 1950.

He was the second son of Ann and Fred Hunsche.

He was preceded in death by his mother (Ann) and father (Fred).

He is survived by his sister Chris (Stu) and brother Bill (Barb).

As well as his children, Fred (Jodi), Niki (Justin) and Amelia (Brad), grandchildren Kylee, Michael,

Matthew and Baby T (who is due to on Sept. 25 and, sadly, won't meet her Opa).

Hunsche loved his family very much.

All that knew him, knew him to be a joker with a wicked sense of humour.

He will by sorely missed.

He was a man of few words and not one for obligatory gatherings.

There will be no service, at his request.

In lieu of flowers, his family asks that donations can be made to the Richmond Addiction Services Society.

OBITUARIES: The *Harbour Spiel* publishes obituaries free (for local residents) as a longstanding effort to recognize those who lived in Pender Harbour and Egmont. Submissions must be timely and include the date of birth and date of death. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.

photojournal



Patti Soos

Madeira's monday night street hockey crew invites anyone aged 8-plus out to the MPES basketball court every Monday from 6:30 to 8 p.m. for some spirited street hockey... rain or shine. It's free to play and they always bring extra sticks to borrow.

And Another Thing (Oct. 2009): We're dumb and getting dumber

By Shane McCune

Imagine a world in which every single person on the planet is given free access to the sum of all human knowledge. That's what we're doing.

— Wikipedia founder Jimmy Wales

More like *some* of all human knowledge, Jimmy. There's a lot of blarney on

Wikipedia.

Still, it's true that the internet offers more information than the most learned scholars dreamed of just 30 years ago. And with BlackBerrys, iPhones and ever-smaller computers, tapping that deluge of data gets easier every day.

So why are we getting dumber? Consider:

- The portion of Americans who read any work of literature in a year dropped by 10 percentage points about 20 million people from 1982 to 2002.
- The average teenager's vocabulary is half what it was in the 1950s.
- More than a million British Columbians almost one in four cannot read a newspaper or fill out a job application.
- A 2007 StatsCan study showed that, while more Canadians than ever are graduating from universities and colleges, they are less literate than their counterparts of past generations. (From the website of the University of Victoria Counselling Service: "Many students think it is cheating not to read every word in a book. Not so. You are cheating yourself when you waste time reading material not essential to your purpose.")
- Only 41% of Canadians can identify a picture of Sir John A. Macdonald, even though his portrait is on every \$10 bill. Worse, 88% can identify Celine Dion.
 - Ben Mulroney has a career.

How can this be? I mean, as I write this on my computer, with a click of my mouse I can gorge on a limitless banquet of brain food: Great novels, scientific research, medical breakthroughs, instructions on how to —

Hey, check out this video of a goat licking an electric fence!

Oops. There's the rub: The most awesome concentration of information ever assembled doesn't seem to make a dent in humanity's genius for stupidity. As Dorothy Parker said, you can lead a horticulture but you can't make her think. Some say our dumbed-down society is the fault of parents who don't read to their children, or television, or a school system that allows students with inadequate reading skills to advance year after year lest their feelings get hurt.

But none of that explains why many of us who read voraciously in our youth now have trouble sitting still with a book.

The biggest culprit may be the very technology that is supposed to increase our knowledge. Google, video games and the computer screen itself are rewiring our brains, changing the way we think — and probably not for the better.

Reading a book, even a drug store bestseller, requires active concentration and reflection. Looking at a screen we become passive. Staring at photons on glass tends to numb the mind, whether those photons are conveying a chapter of *David Copperfield* or that tiresome twit flogging the SlapChop.

"My mind now expects to take in information the way the net distributes it: in a swiftly moving stream of particles," writer Nicholas Carr lamented in The Atlantic. "Once I was a scuba diver in the sea of words. Now I zip along the surface like a guy on a Jet Ski."

A 2007 University College London study commissioned by the British Library found that computer use has impaired reading ability in people of all ages and education levels.

"Everyone exhibits a bouncing, flicking behaviour, which sees them searching horizontally rather than vertically," said the study. "Power browsing and viewing is the norm for all."

This is not just a problem for educators, publishers and those of us who make a living with words. Computers are replacing wisdom with "knowledge" dispensed in tiny bytes that we swallow like so many Flintstones vitamins. We're taking in more of our information via images, but we reason with words.

In short, we're not thinking as well as we used to. And the world needs more thinking, not less. If you doubt that, just look at Fox News in the U.S., where war and hate merchants such as Sean Hannity and Glenn Beck owe their tremendous ratings and influence to a legion of mouth-breathers who couldn't read a book of matches.

"Only the educated are free," said the Greek philosopher Epictetus. And he didn't have a university degree. Or a laptop.

Page 14 Harbour Spiel

Pon't miss the P. H. Volunteer Fire Department's annual

Halloween Night (weather permitting)

THURSDAY, OCTOBER 31

Come on out with the whole family for a great evening of entertainment, hot dogs, hot drinks and a bonfire at Seafarer's Millennium Park, the best viewing spot in all of Pender Harbour!

Please support this event by buying a raffle ticket!

Tickets available at: Madeira Marina, Java Docks, Oak Tree Market, Sunshine Coast Credit Union, RONA, Pender Harbour Diesel, Mountainview PetroCan, John Henry's, Harbour Insurance, Marina Pharmacy or from your favourite Pender Harbour firefighter.

~ Winners will be drawn Halloween night at the fireworks ~

ALL PROCEEDS GO TOWARD THE PHYFD FIREWORKS DISPLAY FUND.

PRIZES:

- 2.3 Honda Outboard donated by Madeira Marina
- \$600 Craftsman Tool Pack RONA
- Two Self Inflating PFD's Pender Harbour Diesel
- \$350 Gift Certificate Grasshopper Pub
- \$200 Gift Card IGA
- \$200 Gas Card Mary Mackay P.R.E.C.
- \$200 Meat Package Oak Tree Market
- Spa for 2 Painted Boat Resort
- Dinner for 2 West Coast Wilderness Lodge
- \$100 Gas Mountainview Petrocan
- \$100 in Gift Cards Sunshine Coast Credit Union
- Bluetooth Headphones Alan Stewart
- Two Green Fees with cart Pender Harbour Golf Club

Tix: \$2 each or 3 for \$5

The P. H. Volunteer Fire Department thanks the donors and those who purchased raffle tickets.

Without your help the fireworks display would not be possible.



1. What is responsible for marine bioluminescence (or phosphorescence) in a boat wake?	4. Which local musician wrote Seasons in the Sun?
□ a. minnows	□ a. Terry Jacks
□ b. phytoplankton	□ b. Penny Lang
□ c. radioactive particles	□ c. Kenneth Norman Johnson
□ d. eelgrass	□ d. Joni Mitchell
2. What year did the Madeira Park Elementary School open?	5. Sheltered bay at the head of Pender Harbour.
□ a. 1952	\square a. Warship
□ b. 1959	□ b. Torpedo
□ c. 1962	□ c. Battleship
□ d. 1973	□ d. Gunboat
3. Where is Forest View Cemetery?	6. Body of fresh water on Beaver Island.
\square a. Kleindale	□ a. Gerran's Lake
\square b. Garden Bay	□ b. Warnock Pool
\square c. Madeira Park	□ c. Smail's Pond
\square d. Beaver Island	□ d. Cochrane Creek

Answers: p. 35

Two-plus: Newbie

Beautify Your Home - Pressure Washing - Deck Restoration - Renovations - Window Cleaning - Gutter Cleaning - Construction - Painting & Staining - Maintenance - Skilled Trades - Roof De-mossing - Repairs - Contracting "We Show Up" Free Estimates & Consultation PSI Property Services Building Maintenace & Contracting Visit our website www.gopsi.ca

Four-plus: Local

BUTCHER PRODUCE SEAFOOD LOTTO GROCERY

Oak Tree Market

YOUR FIRST STOP IN MADEIRA PARK 604.883.2411

FOR OVER 20 YEARS:

Less than two: Townie

Page 16 Harbour Spiel

2019 marks a decade of Sunshine Coast art crawling: Oct. 18 to 20

The Sunshine Coast Art Crawl will celebrate 10 years when artists open their studios on the weekend of Oct. 18 to 20.

For three days, participating artists will display their work from 10 a.m. to 5 p.m.

The "Crawl" is held along the entire Sunshine Coast from Earls Cove to Langdale.

For those who don't want to drive too far, at least 15 artists will be taking part on the north end of the Sunshine Coast.

The SCAC is intended as a celebration of events, demonstrations, displays and opportunities to meet Sunshine Coast artists.

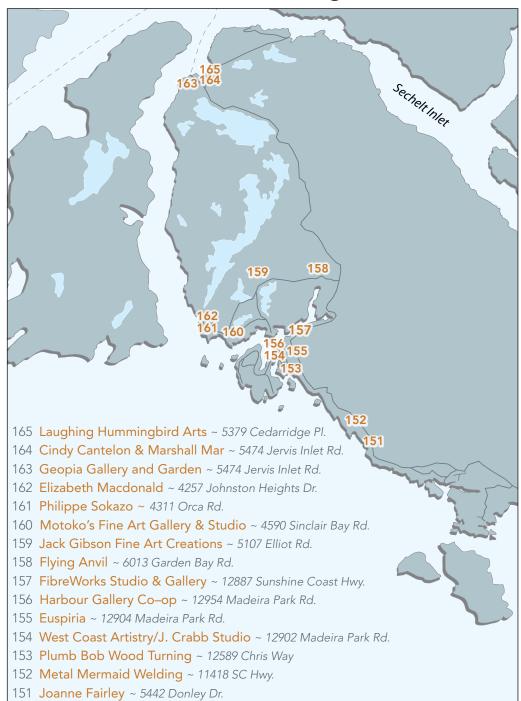
In 2018 there were over 380 artists taking part in 165 galleries, artist studios and a variety of other venues.

Brochures containing a list of all participating artists and their venues can be picked up from a visitor centre, BC Ferries, online or any number of locations throughout the Coast.

Inside, the brochure contains a handy map of participating locations.

Presented by the non-profit Coast Cultural Alliance, the Sunshine Coast Art Crawl is "a network of arts, cultural and heritage groups and individuals working to enhance the economic vitality of the Sunshine Coast through cultural sector development."

For more information, visit www. suncoastarts.com.



504) 883-2266

madeiramarine@telus.net

12930 Madeira Park Rd

- Service of most makes
- Bottom painting
- 40-tonne marine ways

ERCURY

- Trailer haul-out to 30 ft
- International Paints
- Marine charts
- Dry storage
- Well-stocked marine store
- Fishing tackle





RECYCLING & BOTTLE DEPOT

883-1165

NE-STOP CONVENIENCE

Closed Wednesdays, Sundays Multi-material Recycling and statutory holidays.

Beverage Container

Beverage Container Refund Centre

Refunds: 8:30 am to 3:30 pm Recycling 8:30 am to 3:30 pm Hwy. 101 & Menacher Rd.

CLOSED SUNDAYS.

300

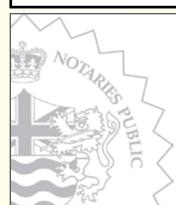
FOR ALL YOUR INSURANCE NEEDS.

- √ automotive
- √ boat/marine
- √ household
- √ business
- √ travel

Call today for a quote:

883-2794

HARBOUR INSURANCE AGENCIES



TRACY D. PARKER

NOTARY PUBLIC Certified Senior Adviser

604-885-5017

tparker@sunshinecoastnotary.ca

5772 Cowrie Street Sechelt, BC VON 3A0

WEDNESDAYS
IN THE HARBOUR

IN THE HARBOUR BY APPOINTMENT

A SERVICE YOU CAN TRUST



Lori Pratt 604.740.2370

The Pratt Team . . . me & you.

ROYAL LEPAGE

Sussex

5561 Wharf Road, Box 979, Sechelt, BC VON 3A0 Bus: 604.885.3295

DUS. 004.00J.3273

Email: loripratt@royallepage.ca

Not intended to solicit already listed properties.

BK Global Sales

Countertops, cabinets and more at wholesale prices

- GRANITE
- QUARTZ
- MARBLE
- TILE

and MORE!

bkglobalsales.inc@gmail.com www.bkglobalsales.com Tyler Forsyth

business directory

Look here first.

The Harbour Spiel Business Directory is your best bet for services from longtime and trusted community members.



ACCOMMODATION

• Pender Harbour Resort and Marina.....(877) 883-2424

ACCOUNTING & BOOKKEEPING

TCG Chartered Professional Accountants.....(604) 885-2254

AUTO REPAIRS & SERVICE

- Pender Harbour Automotive and Tire.....(604) 883-3646
- Pender Harbour Diesel.....(604) 883-2616



BACKHOE

• Glenn's Backhoe Services.....(604) 883-2840

BOATS

• Garden Bay Boatworks.....(604) 833-9040

BEAUTY SALONS

- Miss Sunny's Hair Boutique.....(604) 883-2715
- Steph's The Beauty Boutique.....(604) 883-0511

BUILDING SUPPLIES

- Coast Builders RONA Madeira Park.....(604) 883-9551
- Coast Builders RONA Sechelt.....(604) 885-5818
- Gibsons Building Supplies.....(604) 885-7121



SWANS@N'S

READY-MIX LTD.

READY-MIX CONCRETE & AGGREGATE AVAILABLE FROM OUR KLEINDALE PIT

Serving Pender Harbour and the Sunshine Coast for over 50 years!

(604) 885-9666

Call our office for service and information.



Sewerage System Design and Consultation

Corey Smith, ROWP 604.989.5673

resolutesepticservices@gmail.com

Page 18 Harbour Spiel

C

CONCRETE

- Nicholson Concrete Finishing.....(604) 989-2565
- Swanson's Ready-Mix Ltd.....(604) 885-9666

D

DINING

- Dan's Grill and Greens.....(604) 883-3689
- Harbour Pizza.....(604) 883-2543
- Triple B's Burger Stand.....(604) 883-9655

DOCK & RAMP CONSTRUCTION

• Garden Bay Marine Services.....(604) 883-2722

DOOR AND GATE SYSTEMS

• Doormaster.....(604) 741-5231

E

ELECTRICIANS

- L.A. Electric.....(604) 883-9188
- Reid Electric.....(604) 883-9309

F

FINANCIAL INSTITUTIONS

S.C. Credit Union, Pender Harbour.....(604) 883-9531

G

GARAGE DOORS AND GATES

• Doormaster.....(604) 741-5231

GARBAGE COLLECTION

• Harbour Disposal.....(604) 883-9183

GENERAL CONTRACTOR

Andrew Curtiss Contracting.....(604) 740-7775

GENERAL STORE

- Bathgate General Store, Resort & Marina.....(604) 883-2222
- Oak Tree Market.....(604) 883-2411

H

HAIR

- Miss Sunny's Hair Boutique.....(604) 883-2715
- Steph's The Beauty Boutique.....(604) 883-0511
- Sweet Pea's Hair Studio.....(604) 883-9888

HARDWARE

Coast Builders RONA.....(604) 883-9551

HOT TUBS

• SunCoast Waterworks.....(604) 885-6127

I

INSURANCE

• Wouter Zanen.....(604) 996-7866

www.MyInsurancebroker.ca





We Love to LIST and SELL in the Harbour!

REMARKS
Oceanview Realty
Independently Owned and Operated

Bev & John Thompson 604.740.2669 604.740.2668 mrsbevthompson@gmail.com www.realestatesunshinecoast.ca



Fabulous newly-renovate ocean view home! MLS # R2339646

4175 IRVINES LANDING RD. \$635.000

L.....

LOGGING

• Sladey Timber.....(604) 883-2435

M

MARINE HAULING

• Egmont Sea Trucking.....(604) 883-0752

MOBILE HOMES

• Glenbrook Homes.....(604) 883-0234

MOBILE MECHANIC

• Mobile Mechanic Auto and Marine (Dave)....(604) 741-2286

MOORAGE

• Pender Harbour Resort and Marina.....(877) 883-2424

P

PLUMBING

• ACT Plumbing.....(604) 741-5850

PRINTING

• Radiant Graphics (Sechelt).....(604) 885-5212

PROPANE

• Superior Propane.....(877) 873-7467

• Tyee Pacific Marine Operations.....(604) 399-8688

R

REAL ESTATE

Alan Stewart, Royal LePage Sussex.....(604) 740-2353

Bev & John Thompson, Re/Max Oceanview..(604) 740-2668

Brynelsen O'Reilly, Royal LePage Sussex.....(604) 741-1837

Julie M. Hegyi, Sotheby's International Realty..(604) 740-2164

• Lori Pratt, Royal LePage Sussex.....(604) 740-2370

• Royal LePage Sussex Pender Harbour.....(604) 883-9525

RECYCLING

• Garbage Recycling in Pender Society.....(604) 883-1165

www.penderrecycling.ca

S

SEPTIC SERVICES

AAA Peninsula Septic Tank Pumping Service...(604) 885-7710

• Resolute Septic Services.....(604) 989-5673

• SunCoast Waterworks.....(604) 885-6127

STORAGE

• Squirrel Storage.....(604) 741-7665

T

TREE SERVICE

Pender Harbour Tree Service.....(604) 989-3624

TRUCKING SERVICES

• Double D Trucking.....(604) 883-9771

• KER Enterprises.....(604) 883-2154

WWW.MYINSURANCEBROKER.CA

Home • Boat • Business • Cottage • Life • Group

Garden Bay **Boatworks**

Now offering winter dock checks!

YACHT & BOAT CARE

- Boat security
- Storm checks
- · Basic maintenance

Serving the Pender Harbour area

604.833.9040



For a quote, call
WOUTER ZANEN, CAIB

604.996.7866

Broker for Central Agencies and Global Pacif

Page 20

business directory

VETERINARIAN

Madeira Park Veterinary Hospital Ltd.....(604) 883-2488

WATER PUMPS

AJ Pumps and Water Management.....(604) 885-7867

WATER TREATMENT, PURIFICATION/WELLS

- AJ Pumps and Water Management.....(604) 885-7867
- SunCoast Waterworks.....(604) 885-6127

WELDING

- Jim's Welding.....(604) 883-1337
- Rebco Manufacturing.....(604) 883-2613

<PONDER>

IS IT STILL RACIST

TO GO AS

JUSTIN TRUDFAU

IN BLACKFACE



AA PENINSULA SEPTIC TANK SERVICE

Serving the Entire Sunshine Coast (For over 45 Years!



9835 Mackenzie Road Halfmoon Bay, BC VoN 1Y2

Greg Dew885-7710



- Hot Tubs
- Pools
- Saunas

604.885-6127

- Mells
- Water Purification
- Sewage Pumps



suncoastwaterworks@dccnet.com





Madeira Park Veterinary Hospital Dr. Rick Smalley, DVM

604-883-2488

DAY AND **EMERGENCY**

MONDAY-FRIDAY 9 a.m. - 5 p.m. SATURDAY

9 a.m. - Noon

Full service veterinary medicine in Pender Harbour Medicine • Dentistry • Surgery • Laboratory • X-ray

Madeira Landing #101 - 12890 Madeira Park Road

www. madeiraparkvethospital.com

LA Electrical Contractors Ltd. 604-883-9188



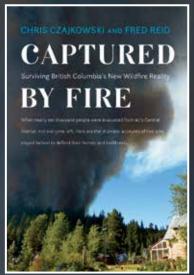
RESIDENTIAL COMMERCIAL **INDUSTRIAL**

Professional, courteous service Larry Anderson

Contractor Reg# 15612

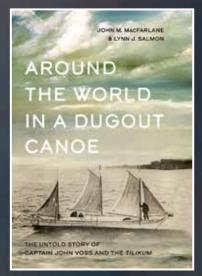
Website: la-electric.ca Email: laelectric@telus.net 12749 Warnock Rd. Madeira Park, BC VON 2H1





Thursday, October 24 6:30 pm

Join Wilderness Dweller Chris Czajkowski and Debut Author Fred Reid for a slide show and TALK ABOUT THEIR INTENSE SUMMER IN WILDFIRE COUNTRY.



THURSDAY, NOVEMBER 14
3:00 PM

JOHN MACFARLANE PRESENTS AN ILLUSTRATED TALK ON CAPTAIN VOSS AND HIS REMARKABLE JOURNEY IN A CEDAR CANOE.

www.harbourpublishing.com AVAILABLE AT YOUR LOCAL BOOKSTORE

The most beautiful book

John King

In this age of mass-produced books, one rarely gets to see a beautiful book, one that has the finest binding ever produced.

So, here is the story of "The Great Omar" — a copy of *The Rubaiyat of Omar Khayyam*.

This book was commissioned by Southerans Bookshop, London, in about 1908, to be bound in the finest manner by Sangorski and Sutcliffe.

Sangorski and Sutcliffe were well-known bookbinders known for their exquisite jewelled bindings in the manner of the Middle Ages.

Their commission stated that price was not to be a consideration — probably a fatal mistake.

Sangorski and Sutcliffe went to work and after two and a half years, created a sumptuous binding containing over 1,000 precious and semi-precious stones along with gold and over 1,500 separate pieces of leather.

The front cover was adorned with three golden peacocks, their tails made of inlaid jewels and gold, with vines winding around them.

The book was finally completed in 1911 and was listed for sale at £1,000.

It was sent to New York for display, but when the U.S. Customs demanded a high duty, Southerans Bookshop refused to pay.

So, the book was sent back to England and was put up for sale at Sotheby's Auction House.

It was bought by an American book collector for a bargain at £450 and boxed up in an oak casket for shipment to New York.

In 1912, the book was loaded on to the luxury liner called the *Titanic* and is now sitting in its casket at the bottom of the Atlantic Ocean.

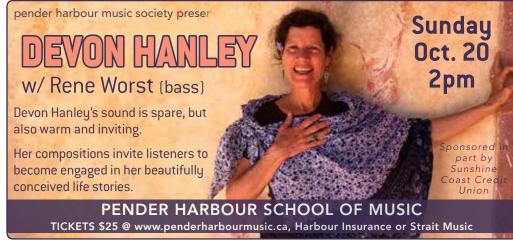
By a strange coincidence, Sangorski drowned a couple of weeks later while trying to rescue a drowning woman.

After the death of Sangorski, Sutcliffe carried on the business of bookbinding and eventually created a second copy of The Great Omar to replace the first.

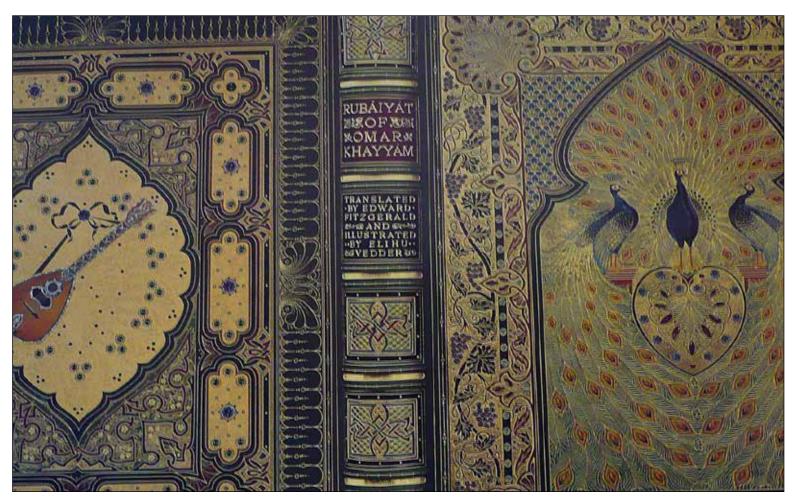
When this was completed in the late 1930s, it was stored in a bank vault in the City of London for safe keeping, but unfortunately, the bank vault and book was destroyed during a bombing raid during World War II.

It seemed this book was cursed with bad luck from the very start.

When Sutcliffe retired, the busi-



Page 22 Harbour Spiel



John King

The exquisite cover of the Rubaiyat of Omar Khayyam (Sangorski and Sutcliffe bookbinders).

ness was taken over by a nephew, Stanley Bray.

When Bray retired, he decided to make a third copy, from the original specifications of 1908.

That third copy now resides in the British Library today, an example of creative Middle Ages art.

The photograph above came from my own framed poster copy.

John King has studied antiquarian books and medieval documents for over 30 years and is a graduate of the Rare Book School at the University of Virginia. He has written several articles on books and documents for Amphora, the journal of The Alcuin Society, and exhibited at book fairs throughout North America.



The Lagoon Society is proud to host the 1st Sunshine Coast Mushroom & Seaweed Festival and to celebrate our 14th Annual BioBlitz all in one amazing event!

To find out more please go to lagoonsociety.com or facebook.com/lagoonsociety



NOVEMBER 1 - 3, 2019





ORGANIZATIONS DIRECTORY

Chamber of Commerce, P. H. & Egmont	
Coast Guard Auxiliary, Unit 61	
Community Policing	
Egmont Community Club	
Egmont & District Volunteer Fire Department	(604) 883-2555
FLAIR Cancer Support Group	(604) 883-0660
• FOKUS (10:30 a.m., Fridays @ PHHC)	(604) 740-1151
GRIPS (Recycling Society)	(604) 883-1165
Garden Bay Sailing Club	
Guides, Brownies, etc	
Harbour Artists	
Harbourside Friendships (Thur. 10:30 -1 p.m.)	(604) 883-9900
Health Centre Society	
Health Centre Auxiliary	
• InStitches (last Thursday of month, 10 a.m.)	
• Lions Club, Egmont	(604) 883-9463
Lions Club, Pender Harbour (1st & 3rd Tues.)	
Men's Cancer Support Group	
P. H. Aquatic Centre Society	
P. H. Blues Society	
P. H. Choir (7 p.m., Tuesday)	
• P. H. Community Club	
P. H. Community School Society	
P. H. Garden Club	, ,
• P. H. Golf Club	` ,
P. H. Hiking Club (8:30 am, Mon. & Wed.)	
P. H. Living Heritage Society P. H. Maria Casista (hashing)	
P. H. Music Society (bookings) P. H. Partilling Conjects (degrees bootings)	
P. H. Paddling Society (dragon boating)	
P. H. Piecemakers (quilters)	
• P. H. Pipe Band	
• P. H. Power & Sail Squadron	
• P. H. Ramblers (hikers, every Tues. a.m.)	(604) 883-1191
• P. H. Volunteer Fire Dept (Wed. evening)	(604) 883-9270
P. H. Reading Room (library)	
Rotary Club (noon Fri. RC Legion No.112)	
Royal Canadian Legion No. 112	
Ruby Lake Lagoon Society	
Skookumchuck Heritage Society	(604) 883-9994
• S. C. Health Care Auxiliary (2nd Wed.,1:30 p.m.)	(604) 741-8413
Seniors' Housing Society	
Serendipity Child Care Centre	(604) 883-2316
Sunshine Coast Better At Home	(604) 989-6171
Wildlife Society (3rd Tues. PHSS)	(604) 883-9853
Women's Connection (2nd & 4th Tue.)	(604) 883-0444
Women's Outreach Services	
	· ,



#103 - 12808 Madeira Park Road 604.740.2472 Facebook: siam99 www.Siam99.ca siamnainai@outlook.com organizations

RUBY LAKE LAGOON SOCIETY

The Ruby Lake Lagoon Society is reviving one of Pender Harbour's favorite festivals with a fresh twist — on Nov. 1, 2 and 3, the society will host the Mushroom and Seaweed Festival. The festival is designed to celebrate the biodiversity found in the forest and intertidal zone.

A ticketed lecture on Friday evening will take place at the Pender Harbour School of Music while on Saturday there will be a public mushroom and seaweed display at the P. H. Community Hall. Sunday will feature forays and bioblitzing at various locations with a base camp tent at Madeira Park. To learn more about how you can participate or volunteer, please visit www.lagoonsociety.com.

PENDER HARBOUR WOMEN'S CONNECTION

On Oct. 8, the P. H. Women's Connection gathering welcomes Kym Harris from the Pender Harbour Health Centre who will give a brief outline of their health services programs. Also, Gibson's Driftwood Players will preview their upcoming production *Goodnight Desdemona*, *Good morning Juliet*, which opens in November.

On Oct. 22, artisan and musician Patricia Burnett will show off her unique line of jewelry "Funky Cool Patina." Burnett will also talk about her life as an entertainer and particularly, her superb concerts including "Carole King Revisited." Gatherings start at 10 a.m. at the P. H. School of Music. Refreshments will be served, \$2 drop-in fee.

SUNSHINE COAST WILDLIFE PROJECT

Community members are invited to join the Pender Harbour Wildlife Society and Sunshine Coast Wildlife Project at the Pender Harbour Fall Faire on Oct. 5 for a free, hands-on session to help improve wildlife habitat. Build a bat house or swallow nest box from an easy-to-assemble kit. Drop by any time between 10 a.m. and 4 p.m. at the P. H. Community Hall. For more information, contact coastwildlife@gmail.com or call (604) 989-1007.

P. H. GARDEN CLUB

On Oct. 7, Rosemary Bonderud and Karen Wells, long-time members of the garden club, will lead a workshop in which participants will create a Thanksgiving centrepiece arrangement to be admired by family and friends. There will be enough material for the first 36 members. Please RSVP to *phgardenclub@gmail.com* to reserve your spot. The meeting starts at 1 p.m. (so get there a bit earlier) at Madeira Park School of Music. A 2019 membership costs \$15 or there is a \$5 drop-in. Coffee, tea and goodies will be served after the workshop.

Wildlife society presents 'Climate Reality' with Danika Dinsmore

submitted

On Tuesday, Oct. 15, the Pender Harbour Wildlife Society presents Danika Dinsmore, a writer, educator, and spoken word artist turned activist.

She serves on the editorial staff of Reckoning, a literary journal of environmental justice, and on the board of the Cascadia Poetics LAB, co-producing this year's "Poetry in a Time of Climate Crisis."

As affiliate co-ordinator for the Sunshine Coast Extinction Rebellion, she presents XR's "Talk," organizes non-violent direct action and co-ordinates community building events with an eye toward resiliency.

Having recently completed Al Gore's "Climate Reality Leadership Corps" training, Danika joins thou-



Extinction Rebellion Sunshine Coast

Some of the members of the Sunshine Coast chapter of Extinction Rebellion at the Canada Day Parade in Sechelt this summer.

sands of presenters around the globe sharing talks based on the latest rendition of Gore's "Inconvenient Truth."

CRLC's material provides the most up-to-date information, so that we may have a global conversation on the truth of the climate crisis and how to solve it.

Learn about working toward a sustainable future with a transition to clean energy.

Take action on Tuesday Oct.15 at 7 p.m. at the P. H. Secondary School. Doors open at 6:30 p.m.

This is a free event and all are welcome.

harbour seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A Harbour Seal of Approval to Swanson's Ready Mix for the load of sand for our sandbox at the Serendipity Preschool.

The children were thrilled to return to fresh sand to dig and explore in.

> Michelle Forsyth Serendipity Child Dev. Society

A big Harbour Seal of Approval to all the wonderful volunteers that made the Pender Harbour Days this summer such a great experience.

A special shout out to John King for MCing, Harbour Authority of Pender Harbour for the dock space and the Lions Club and Cindy **Schroeder** for a super breakfast.

> Paola Stewart P. H. Days member

A symphony of Seals to everyone involved with the Pender Harbour Chamber Music Festival.

It was a spectacular weekend of music including the grand premiere of Pender Harbour Paradise, composed by Graham Campbell to celebrate our 15th anniversary.

> Theresa Kishkan P. H. Chamber Music Festival

The students, parents and staff of the P.H.S.S. Italy and Greece trip would like to send a Seal of Approval to all the people and businesses who generously donated and supported us in our fundraising efforts this summer.

We are immensely grateful. Sherri Halliday

(On behalf of students, parents and staff)

An enormous seal of approval to the Royal Canadian Legion No. 112, our sponsors, participants, volunteers and the community for supporting the Pender Harbour Show and Shine held Aug. 11.

Thank you for another successful event.

> Sean McAllister Rotary Club of Pender Harbour

For a healthy fall:

Massage/Ortho-Bionomy Therapy To help heal:

- Neck and Back Pain
 - Knee Injuries
- Acute and Chronic Pain
 TMJ Dysfunction
 Sciatica
- Frozen Shoulder

Consultation/Herbal Remedies

- Cold/Flu Remedies

- Weight Loss Programs
 Hormone Balancing
 Stress Management
- Herbal Cleansing KitsBody/Bath Care ProductsGift Baskets/Certificates

Wendie Milner: 604-883-9361

October 2019

DATE-TIME-SIZE (small, medium, large, extra large)
EBB (-), FLOOD (+) - Standing wave is best on large
flood (tide flowing into Sechelt Inlet).

1.1:46 PM -L

2.8:23 AM +XL, 2:46 PM -L

3. 9:24 AM +XL, 3:38 PM -M

4. 10:29 AM +XL, 4:35 PM -M

5. 11:35 AM +XL, 5:54 PM - M

6. 12:49 PM +XL

7. 1:44 PM +XL

8. 2:41 PM +XL

9. 8:24 AM -M. 3:29 PM +XL

10. 9:18 AM -L, 4:09 PM +XL

11. 10:10 AM -L, 4:39 PM +L

12. 10:48 AM -L, 5:00 PM +L

13. 11:28 AM -L, 5:13 PM +L

13. 11.20 AM L, 3.13 M M

14. 12:10 PM -L, 5:28 PM +L

15. 12:53 PM -M, 5:45 PM +L

16. 1:38 PM -M

17. 2:24 PM -M

18.8:56 AM +XL, 3:14 PM -M

19. 9:50 AM +XL, 4:08 PM -M

20. 10:49 AM +XL, 5:08 PM -M

21. 11:06 AM +XL

22. 12:50 PM +XL

23. 1:50 PM +XL

24. 2:48 PM + XL

25. 8:51 AM -L, 3:24 PM +XL

26. 10:03 AM -L, 3:55 PM +XL

27. 10:58 AM -L, 4:26 PM +L

28. 11:54 AM -L, 4:59 PM +L

29. 12:53 PM -L, 5:34 PM +L

30. 1:40 PM -L

31. 2:27 PM -M

These are estimates only and not intended for navigation.

harbour almanac



37%

Donald Trump's approval rating after two years in office.

50%

Barack Obama's approval rating after two years in office.

41%

Donald Trump's current approval rating (for the week ending Aug. 14, 2017).

41%

Percentage of U.S. adults who were opposed to the White House naming Ivanka Trump as an official employee (March 31, 2017).

65%

Trump administration staff turnover, among senior level staffers, in first two years of presidency.

24%

Obama administration staff turnover, among senior level staffers, in first two years of presidency.

492

According to Washington Post fact checkers, the number of false or misleading claims made by Donald Trump in his first 100 days as President.

94

The number of false claims made by Trump in his first 100 days related to "jobs," (the highest).

68

The number of false claims made by Trump in his first 100 days related to "immigration," (the second highest).

~ Washington Post, BBC.com, Statista.com

OCTOBER WEATHER

TEMPERATURES (MERRY ISLAND)

Our average daily high temperature in October is 12.8 C and our average daily low is 8.5 C, giving us a mean daily temperature of 10.7 C. Our average first-frost date (at sea level) is Oct. 30. The highest October temperature recorded was 21.1 C (Oct. 1, 1975); the lowest October temperature recorded was -0.4 C (Oct. 31, 1984).

PRECIPITATION (MERRY ISLAND)

October has an average of 115 hours of bright sunshine and averages 16 days with measurable rainfall and a total of 108.8 mm for the month. The highest October daily rainfall recorded at Merry Island in October was 62.2 mm (Oct. 21, 1963). The Canadian record for the greatest rainfall in a 24-hour period is 489 mm (Ucluelet BC, Oct. 6, 1967).

OCTOBER ASTROLOGY



LIBRA: SEPTEMBER 22 - OCTOBER 23

Libras seek perfection and harmony and passionately believe in fairness and equality. You are diplomatic, charming, stylish, self-expressive, and spontaneous. After last month's deluge of charm and popularity, your life will revert to its regular cycle of unremarkable highs and punishing lows. Don't give up—your highly aggressive and passionate personality will prevail and, by Oct. 26, you will have entered a new arena of love and

SCORPIO: OCT. 24 - NOV. 22



festivity. Until then, coast.

Scorpios are highly sensitive and compassionate, with a fierce pride and determination. With Pluto as the ruling ex-planet, people born under this sign are consid-

ered to be dynamic and extreme in their opinions. Finally, it is time to focus on yourself. Accept, and demand, that it's better to receive than to give and enjoy the sexual rewards. Married Scorpios will be very fertile until Oct. 11 — so be warned. For those born near the cusp of Sagittarius, financial rewards will be magnified by greater risk. Go all in.

BC BESTSELLERS

For the week ending Sept. 14

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. Raincoast Chronicles 24: Cougar Companions by Judith Williams (Harbour Publishing)
- 2. A Year on the Wild Side: A West Coast Naturalist's Almanac by Briony Penn (TouchWood Editions)
- 3. Chop Suey Nation: The Legion Cafe and Other Stories 8. The Secret Wisdom of by Ann Hui (Douglas & McIntyre)
- 4. Sockeye Silver, Saltchuck Blue by Robert Budd, illus. by Roy Henry Vickers (Harbour Publishing)
- 5. West Coast 123s by Jocey Asnong (Rocky Mountain (Heritage House Publishing) Books)

- 6. The New Beachcomber's **Guide to the Pacific Northwest** by J. Duane Sept (Harbour Publishing)
- 7. Boom & Bust: The Resilient Women of Telegraph Cove by Jennifer Butler (TouchWood Editions)
- Nature by Peter Wohlleben (Greystone Books)
- 9. The Woo-Woo by Lindsay M. Wong (Arsenal Pulp Press)
- 10. The Grizzlies of Grouse Mountain by Shelley Hrdlitschka & Rae Schidlo

OCTOBER BIRTHDAYS

- Oct. 1 ~ Cory Cavalier and Lyn Watters.
- Oct. 3 ~ Maureen Parrott.
- Oct. 6 ~ Rick Higgins.
- Oct. 7 ~ Marlene Kracklauer and Sharlyne Niemela.
- Oct. 9 ~ Norm Caron and Jolaine Percival.
- Oct. 10 ~ Daryl Hegyi, Mitch Jones, Katrina Woodard, Val Silvey and Kate Daniels.
- Oct. 11 ~ Bruno Cote.
- Oct. 12 ~ Alison Stoutenburg and Bricin Lyons.
- Oct. 13 ~ P. D. Smith and Judy Sim.
- Oct. 14 ~ Nicole Forsyth.
- Oct. 15 ~ Courtney Hanna, Kaiden Bosch and Richard Norrish.
- Oct. 16 ~ Ursula Hardwick, Dane Hanna and Terri Welander.
- Oct. 17 ~ Peter Vaughan.
- Oct. 18 ~ Karen Stiglitz, Tommy Gamble, Sandy Matches, Tessa Rand and Cody Honeybourne-Kincaide.
- Oct. 19 ~ Doug Hardwick and Hans Schroeder.
- Oct. 20 ~ Lonny Edwardson and Doug Richardson.
- Oct. 22 ~ Susan Foreman, Pat Wood, Katheryn Kelly, Alysa English and Mark Clay.
- Oct. 23 ~ Diane Dennis.
- Oct. 24 ~ Roxanne Gregory and Larry Honeybourne.
- Oct. 25 ~ Doug Davis and Kerry Rand.
- Oct. 27 ~ Dave Malcolm and Cindy Rayko.
- Oct. 28 ~ Eric McDermott and Rob Metcalfe.
- Oct. 29 ~ Colleen Silvey and Nicholas Silvey.
- Oct. 31 ~ Richard Mills and twins Savannah & Sawyer Cote.

~ Association of Book Publishers of BC





Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES -(604) 883-2764 RNs are on duty 8 a.m. -4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

DENTISTRY – (604) 883-2997 Dr. Robert Hynd, Dr. Lisa Virkela Darlene Fowlie – Hygienist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- · Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764 Annaliese Hasler, NP

Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890 Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health (604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday
- Ellen Luchkow, RMT (778) 888-2012
- Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell, Robinson & Smith

Monday to Friday 9 a.m. - 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month,
 8 a.m. noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome. TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m. LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

First-class health care for the people of the Pender Harbour area.

Page 28 Harbour Spiel

Loneliness and social connections

By Kym Harris, PHHC program coordinator

Recently we have begun to recognize the widespread impact of loneliness on the health and well-being of the human population.

We live in a society that values independence, self-sufficiency, confidence, popularity and even the number of friends we have on our social media accounts.

Loneliness is a vulnerable state as it signals that we probably need to share more of ourselves to get the connections we want.

Loneliness is normal from time to time, and we all experience it.

It's useful because it tells us something is wrong or unjust and it can spur us to solve a problem.

Loneliness is telling us that we are not getting what we need from our relationships.

The number of people who perceive themselves to be alone, isolated or distant from others has reached such high levels and is such a common human experience that it has been described as the epidemic of the 21st century.

While this "epidemic" of loneliness is increasingly recognized as a social issue, what's less well recognized is the role loneliness plays as a critical determinant of health.

Loneliness has been estimated to shorten a person's life by 15 years, equivalent in impact to being obese or smoking 15 cigarettes per day.

It has long been recognized that social support through the availability of nutritious food, safe housing, and job opportunities positively influences mental and physical health.

Studies have repeatedly shown that those with fewer social connec-



tions have the highest mortality rates, highlighting that social isolation can threaten health through lack of access to clinical care, social services or needed support.

So, what can be done to combat widespread loneliness?

By making a simple gesture, each of us can reach out to someone who may be lonely — the senior next door who never has visitors may be a start.

Social isolation is a complex issue and one of the most important things we can do to combat loneliness in our communities is to create the space we need to talk about it.

In person, with each other.

Don't put off making meaningful connections with others.

Health and well-being are profoundly social and if we are to maintain a healthy community, we need to stay connected.

There are programs in our community that can help build healthy social relationships — programs that build our community like the Women's Connection, Seniors' Initiative, and Harbourside Friendship.

The health centre offers an adult day program which offers respite to

the caregiver along with a peer-topeer support program.

It intends to help one achieve a sense of overall wellness and connection to others.

Getting involved as a participant or volunteer is easy — it begins with a conversation by email or by phone.

Information about these programs can be found in the *Harbour Spiel* or by calling the Pender Harbour Health Centre at (604) 883-2764.

Ask to speak with the community program co-ordinator, or drop in from Monday to Friday between 8 a.m. and 4 p.m.

SENIORS LIVING WITH CHRONIC HEALTH CONDITIONS

The Pender Harbour Health Centre is now offering a program to provide information and support to seniors who are living with chronic health conditions.

A nurse, Roslyn Mundy, will be available on Wednesdays at the centre, to be seen by appointment.

Services include health assessment, medication review, education and referral to other health centre and community programs.

PHAFC PHSI PHCS





PENDER HARBOUR COMMUNITY SCHOOL

HARBOUR LEARNING CENTRE HOURS: Monday to Friday 9am to 3pm

5012 Gonzales Road Box 232 Madeira Park, V0N 2H0

604.883.2826 phcs@dccnet.com

www.pendercommunity.ca

BRAIN HEALTH SERIES

Four Tuesdays - Oct 8, 15, 22, 29, 1:30-3pm @ Harbour Learning Centre. Workshop series focuses on activities proven to improve brain health. Topics include gratitude, meditation, food, games, sleep and re-thinking stress. Lead by Elle Archibald, free, call 604.883.2826

"ALL YOUTH MATTERS" INCLUSION TRAINING

Fri Oct 25, 10am-3pm @ Harbour Learning Centre. For facilitators, employers, educators, recreation staff, etc. Increase empathy, identify personal bias and learn techniques to stop discrimination. Free, food bank donations welcome, register by Oct 10.

CONSERVATION & OUTDOOR RECREATION EDUCATION

Oct 25-27, Fri 6-9pm, Sat 9am-4pm, Sun 9am-3pm @ Harbour Learning Centre. Basic knowledge and skill requirements for safe and ethical participation in hunting & other outdoor experiences. Facilitator, Andy Ross, \$180

FAMILY COOKING CLASSES with Chef Marcus

Soups & Stews: Thu Oct 17, 6pm-8pm @ PHSS Foods Room, \$30 Christmas Turkey Roll: Thu Nov 21, 6pm-8pm @ PHSS Foods Room, \$30

NARCAN & CPR TRAINING with community paramedic

Two offerings: Wed Oct 9 @ 10am-12pm or Thu Oct 17 @ 1-3pm. Prepare yourself with a Narcan kit, skills and CPR lifesaving techniques to assist anywhere at any time!

DROP-IN SPORTS NIGHTS

Pickleball ~ every Tue & Thu @ 5:30-7:30pm PHSS Gym, \$7 drop-in, everyone welcome Floor Hockey ~ every Tue @ 7:30, PHSS Gym, \$3 drop-in, boys grade 10 and older

Harbour Spiel



PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool hot tub & sauna gym & weight room

On lower level of PH Secondary School:

13639 S. C. Hwy. 604 885-6866

phaquatic@scrd.ca www.scrd.ca/Recreation

5TH ANNUAL CARDBOARD BOAT BUILDING CHALLENGE

Friday Oct 4, 5-8pm. Gather a team together and have a great time racing your pool worthy structures. Admission is included in your MYPASS or drop in.

BUSY BEES: Monday, Oct. 21, 10-11am

Busy life? Learn how to listen to your body, manage stress with the support of nutrition and self-care. Session led by registered holistic nutritionist Alex Christian. Drop-in.

HATHA YOGA FLOW: Fridays with Brigit Cogrossi

Begins Oct 4, 9:45-11am. Use your MYPASS or drop in.

*TOTAL BODY AND CORE: Tuesdays/Thursdays, 1-2:15pm. Oct 8-31 Ideal program for those who are new to the gym or people looking for a basic and balanced workout program. Must attend both classes per week. Instructor: Amanda Peterson

*POUND: Fridays 6-7pm. Oct 4-25.

Channel your inner rock star with this full body cardio jam session inspired by the infectious energizing fun of playing the drums. Instructor: MJ Leitner

*Pre-registration is required.

Come and enjoy an early swim, hot tub and sauna?

Early bird lengths on Monday, Wednesday & Friday from 7:30-9am. One lane available 10-10:45am and lengths/public 10:45-1pm On Tuesdays and Thursdays, lengths/public swim from 7:30am–1pm.

View all programs and swim times online in the Recreation Guide: www.scrd.ca/Recreation



PENDER HARBOUR SENIORS INITIATIVE

Sponsored by:

Smart Fund

HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION,

CALL MARLENE: (604) 883-9900

CHAIR YOGA (Sarah Wray Hall): Mondays, Oct. 7 & 28

At the Sarah Wray Hall from 11am -12pm, Drop-In \$3. Improve your balance, strength & flexibility with gentle moves.

CARPET BOWLING: Wednesdays, Oct. 2, 9, 16, 23 & 30

At both the Egmont & Pender Harbour community halls,1-3 pm. Cost \$3.

CHAIR YOGA (P. H. Community Hall): Fridays, Oct. 4, 11, 18 & 25

At the Pender Harbour Community Hall from 10:30-11:30 am. Drop-In \$3. Improve your balance, strength & flexibility with gentle moves.

HARBOURSIDE FRIENDSHIPS: Thursdays, Oct. 3, 10, 17, 24 & 31

Thursdays at the P.H. Community Hall. Starting at 10:30am lunch served at 12 noon. \$10. Oct. 3 – Presentation on "Brain Health" with Elle from the Sechelt Library.

(In collaboration with PH Community School.)

Oct. 10 – Music by SASS

Oct. 17 – Financial wellness for seniors with SCCU's Linda Cordell

Oct. 24 – Discussion and/or games

Oct. 31 – Halloween Party — feel free to dress up in costume

OCTOBER EVENTS FOR SENIORS!

The Shíshálh Nation's 'Strategic Land Use Plan'

Completed by the Sechelt Indian Band in 2007, the 110-page Strategic Land Use Plan intends to be "a living document for the land use planning within the Shíshálh Nation teritory."

Chapters of interest from the SLUP document will be excerpted in upcoming issues of the Harbour Spiel. To download the full document, visit www.shishalh.com/docuploads/forms-andapplications/A-Strategic-Land-Use-Plan-for-the-sh--sh--lh-Nation-1416417270-1.pdf.

Excerpted from the Sechelt Indian Band's "A Strategic Land Use Plan for the Shíshálh Nation."



5.6.1 DESCRIPTION OF RESOURCE & SUMMARY OF MANAGEMENT ISSUES

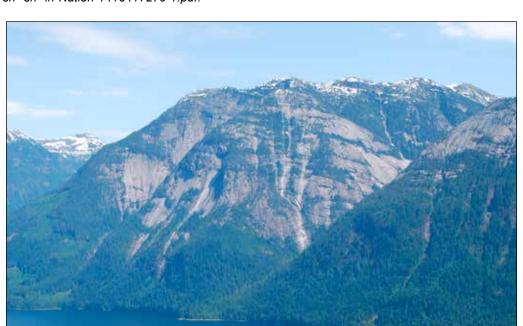
TOURISM SERVICES AND INFRASTRUCTURE

Shíshálh territory includes a diverse range of scenic landscapes from seaside to mountain tops offering a wide range of recreational and tourism values and opportunities.

Most Shíshálh band lands are located on the waterfront, offering a natural land base for the development of tourism infrastructure and recreational experiences.

Access to band lands varies considerably, from boat or floatplane access for band lands in Lékw'émin (Jervis Inlet) and Stl'ikwu (Skookumchuck), walk-in access for Saughanaught (No. 22) and ?ulhkayem (No. 4) and road access for the remainder.

The Shishalh Nation has a num-



In 2005, the Shíshálh Nation adopted their Sechelt Nation Tourism Development Strategy, intended to maximize key commercial tourism issues and opportunities within their traditional territory, including Jervis Inlet (Moorsam Bluffs pictured).

ber of entrepreneurs who currently own and operate businesses that cater in full or in part to tourists.

These businesses include fishing tours, kavaking tours and instruction. First Nations art and cultural workshops, medicinal plant tours, nature tours, clothing design and catering.

There are well over 100 adventure/recreation businesses on the Sunshine Coast, several of which are owned by First Nations individuals.

In addition, there are numerous Shíshálh artists producing fine arts, dancers, singers and performing artists, individuals who provide storytelling and language instruction, and several Shíshálh members who provide education in traditional medicine.

K•E•R ENTERPRISES **Trucking & Excavating**

KERRY RAND 883-2154

EXCAVATION • PROPERTY DEVELOPMENT • SEPTIC FIELDS • GRAVEL & TOPSOIL

SUNSHINE COAST TOURISM **SERVICES AND INFRASTRUCTURE**

The Sunshine Coast has a welldeveloped tourism industry, offering a wide range of accommodation, attractions, festivals/events, and other

Page 32 Harbour Spiel tourism facilities and services.

There are over 400 tourism businesses in the region, representing a wide range of services, including:

- Accommodation (lodges, hotels, bed and breakfast);
- Adventure and recreation services (guided canoeing, kayaking, hiking, marine facilities, ecotourism);
- Food and beverage (restaurants, coffee shops, catering);
- Attractions (museums, cultural interpretive centres, recreational parks, heritage and historical sites);
- Transportation (air, buses, taxis);
- Events and conferences, special events (canoe journeys, festivals, conventions);
- Tourism services (information centres, suppliers), and
- Travel trade (travel agencies, tour operators/guides).

STRATEGIC TOURISM DEVELOPMENT SITES

Several potential development sites and strategic tourism projects have been identified as part of the tourism development strategy.

Such efforts help to ensure that Shishalh Nation culture is more visible throughout the territory.

Proposed projects may include:

- Shannon Creek Adventure Centre — proposed as a training facility that will lead to tourism adventure businesses in canoeing, kayaking, hiking, nature walks, equipment rentals and other outdoor and cultural activities;
- Narrows Inlet Wilderness Retreat — proposed as a long-term, cultural tourism initiative;
- Villages and campsites there is a strong desire among community members, elders especially, to re-

establish a consistent physical presence in the original village sites of the Shíshálh Nation;

- Xenichen and Ts'únay are both seen as areas where tourism development could be pursued;
- Snake Bay (SBL No. 4) has been noted by the elders as a potential tourism development site; and
- Backcountry tourism: Moorsam Bluffs, across from Ts'únay, the Tetrahedron, ?iy ch'ách'tl-am (Clowhom Lake), Dakota Ridge are all seen as excellent areas for backcountry recreation.

The Shíshálh Nation also worked in co-operation with BC Parks to construct signage in the Skookumchuck and Smugglers Cove parks, highlighting aboriginal uses of the area and cultural management practices.

There are also provisions included in the management plan for various provincial parks such as Shélkém (Mount Daniel), intended to highlight cultural sites of importance.

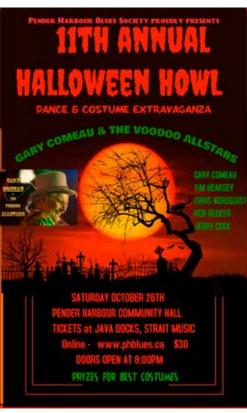
The Shíshálh Nation has also expressed interest in expanding the use of signage and kiosks at key tourism sites and in travel corridors, where information can be provided to visitors about the area and the cultural history of the territory.

We have also situated totem poles in several locations such as the Tsainko Mall in Ch'átlich (Sechelt), and in Skweláwtxw (Egmont), to serve as visual landmarks and to underline the relationship between tourism and our cultural resources.

Our involvement in fisheries enhancement also has tourism benefits.

For example, our work with the salmon enhancement society in both Powell River and Ch'átlich (Sechelt) supports terminal recreational fisheries for both Shíshálh Nation and other residents and visitors.

There are also important viewing opportunities through the Ts'úkw'um stulu (Chapman Creek) hatchery.





Lagoon Society's Charity-Owned, Madeira Park Plaza Store: (604) 883-9006

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

CTOBER

Fri. Oct. 4P. H. Aquatic and Fitness Centre's 5th annual Cardboard Boat	t Building Challenge - PHAFC, 5 p.m.
---	--------------------------------------

Sat. Oct. 5.....Pender Harbour Fall Faire - P. H. Community Hall, 10 a.m. to 4 p.m.

Sat. Oct. 5......Ham/turkey meat draw and pie auction - Royal Canadian Legion No. 112, 3:15 p.m.

Sun. Oct. 6......P. H. and Area Residents' Association town hall meeting and AGM - P. H. Community Hall, 1 p.m.

Sun. Oct. 6.....Sunday Jam featuring Steve Hinton Band - Clubhouse Restaurant, 2 p.m.

Mon. Oct. 7.....Pender Harbour food bank pickup - P. H. Community Church, noon

Mon. Oct. 7............P. H. Garden Club presents Rosemary Bonderud and Karen Wells, 1 p.m.

Tues. Oct. 8............P. H. Women's Connection presents Kym Harris - P. H. School of Music, 10 a.m.

Sun. Oct. 13.....Sunday Jam featuring Jim Foster - Clubhouse Restaurant, 2 p.m.

Mon. Oct. 14......Thanksgiving (statutory holiday)

Tues. Oct. 15.........P. H. Wildlife Society presents "Climate Reality" with Danika Dinsmore, PHSS, 7 p.m.

Fri. Oct. 18.....Sunshine Coast Art Crawl (3 days) - various locations, 10 a.m. to 5 p.m.

Sun. Oct. 20.....Sunday Jam featuring Peter Van Trio - Clubhouse Restaurant, 2 p.m.

Sun Oct. 20......P. H. Music Society presents Devon Hanley - P. H. School of Music, 2 p.m.

Mon. Oct. 21....... Pender Harbour food bank pickup - P. H. Community Church, noon

Mon. Oct. 21......2019 Canadian federal election

Tues. Oct. 22..........P. H. Women's Connection presents Patricia Burnett - P. H. School of Music, 10 a.m.

Thurs. Oct. 24.......Harbour Publishing presents author Chris Czajkowski - Sechelt Public Library, 6:30 p.m.

Fri. Oct. 25.............P. H. Community School "All Youth Matters" inclusion training - Harbour Learning Centre, 10 a.m.

Fri. Oct. 25......Quiz Night in support of women's and children's shelters - Royal Canadian Legion No. 112, 7 p.m.

Sat. Oct. 26.....Backeddy Pub's annual Egmonster Mash - Backeddy Pub, 7 p.m.

Sat. Oct. 26...........P. H. Blues Society presents the 11th annual Halloween Howl - P. H. Community Hall, 8 p.m.

Sun. Oct. 27.....Sunday Jam featuring Joe Stanton - Clubhouse Restaurant, 2 p.m.

Thurs. Oct. 31......PHVFD's Halloween fireworks - Millennium Park, 7:30 p.m.

Fri. Nov. 1......Mushroom and Seaweed Festival (3 days) - various locations

Harbour Spiel Trivia Answers: 1.6 2 . a

FERRY DEPARTURES

Schedule in effect from Sept. 3 to Oct. 14.

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:30 am - Daily

9:05 am - Oct 12 only

9:50 pm - Daily 12:05 pm - Daily

12:40 pm - Sep 8, 15, 22, 29 & Oct. 6

2:20 pm - Daily

4:00 pm - Oct 14 only

4:40 pm - Daily

5:30 pm - Mon-Fri, except Oct 14

6:55 pm - Daily

9:10 pm - Daily

11:20 pm - Daily

LANGDALE

6:20 am - Daily

8:40 am - Daily

10:15 am - Oct 12 only

10:55 am - Daily

1:10 pm - Daily

1:50 pm - Sep 8, 15, 22, 29 & Oct. 6

3:30 pm - Daily

5:05 pm - Oct 14 only

5:45 pm - Daily

10:15 pm - Daily

8:00 pm - Daily

EARLS COME

6:30 am - Daily except Sun

8:20 am - Daily

10:35 am - Daily

12:55 pm - Daily

3:40 pm - Daily

6:00 pm - Daily

8:05 pm - Daily

10:00 pm - Daily

SALTERY BAY

5:35 am - Daily except Sun

7:25 am - Daily

9:25 am - Daily

11:45 am - Daily

2:30 pm - Daily

4:55 pm - Daily

7:05 pm - Daily

9:00 pm - Daily





The only authentic Mexican Kitchen in all of the Sunshine Coast!

~ OPEN 6 DAYS A WEEK 11:30am to 9pm **Closed Tuesdays**

Reservations: (604) 883-2223 12808 Madeira Park Rd., Madeira Park, BC











MARY MACKAY

PERSONAL REAL ESTATE CORPORATION



604.399.9936 mary@livingitsunshinecoast.com





Sunshine Coast Staff Development Advantage Drives Growth **Drives Growth**

Helping you navigate all the options to improve service and leadership in your business.

Schedule your free appointment with the Navigator today

LEARN MORE AT: www.sunshinecoastadvantage.ca Another project by: SCREDO



Squirrel Storage

Larry & Linda Curtiss

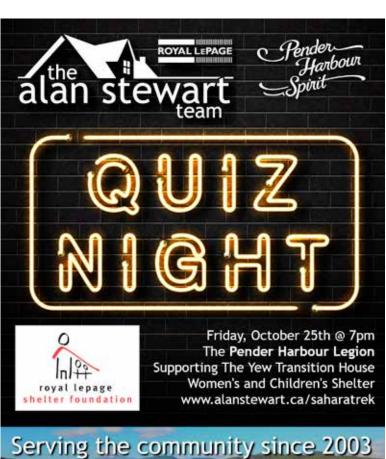
ANDREW CURTISS CONTRACTING



From land clearing to landscaping.

883-2221

Page 35 October 2019





Financial Literacy is the first step toward establishing healthy financial habits. We're offering financial literacy workshops in our Pender Harbour branch to both members and non members.

Topics covered include Financial Wellness for Seniors, Loans you don't Want, Identity Theft & Fraud Prevention and many more.

Sign up 604.740.2662
Visit our Pender Harbour Branch

To host an Each One, Teach One workshop, send an email to inquiries@sunshineccu.net

Learn more: www.sunshineccu.com/E1T1



Royal LePage Sussex, Madeira Park | 604-740-2353 | www.alanstewart.ca

ROYAL LEPAGE SUSSEX

Alan Stewart, Personal Real Estate Corporation

Rachel Manley, REALTOR 778-229-7694

FALL HOURS

General Store & Propane

10am to 6pm, 7 days a week

Fuel Dock

10am to sunset, 7 days a week

4907 Pool Road, Garden Bay, BC V0N 1S0 Tel: (604) 883-2336

