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HARBOUR March 2021 Issue 363





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Garden Bay

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Harbour Spiel



The independent voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,000)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Jen Chapman, Barrie Farrell, Leonard Lee, Robert Livingston, Ron Malcolm, Shane McCune and Joanne Sankew.

COVER

Lee Bay beach log, Feb. 17. (Brian Lee photo)

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The trash conundrum



Brian Lee

Garbage. It used to be so easy. You put it in a bag,

drove to the Pender dump and threw it over the edge. At a bear.

Now, only villains have garbage. Good people divert their waste.

Accepting the responsibility to make us all into good people is our regional district — but it's proving to be a difficult task, maybe even an impossible one.

Finding cost effective solutions for reducing what we landfill is like trapping a catch-22 between a rock and a hard place.

As the list of what qualifies as garbage dwindles, a visit to the Pender Harbour Transfer Station may soon carry the stress equivalent of a customs inspection — in North Korea.

But what is the alternative?

A dwindling supply of landfillability has smashed head-on into rising costs and the SCRD's fervent commitment to fund solid waste via a "user pay" model.

So, we divert, truck and charge.

It's hard to argue with the fairness of levying solid waste costs onto those who use the service the most.

Except the landfill has stiff competition — from the bush.

As sleazeballs say — it's free, always open and accepts any material.

And though they sponsor backroad trash bashes and initiatives intended to educate lowlife polluters, it's not really the SCRD's problem.

The province manages forest service roads so illegal dumping doesn't factor into solid waste budgets.

Still, directors and staff understand their decisions may impact back road trash volumes and work to minimize tipping fees as much as possible.

But the SCRD's user pay mandate for solid waste prevents them from meeting budget shortfalls with taxation.

The alternative to hiking fees is reducing costs, which typically means

reducing service levels — in this case "optimizing" the operating hours of the transfer station.

But, like rate hikes, reduced hours of operation and longer wait times encourage miscreant bush dumpers.

In the background of this conundrum is the fact that the Sechelt Landfill is approaching both its final capacity (now expected in 2026) and its annual disposal limit of 15,000 tonnes.

Once the annual limit is reached, the landfill closes and re-opens on Jan. 1 of the following year when it resets to zero.

Last year we tipped 13,200 tonnes.

So, it's crucial we divert material from the landfill but that means foisting inconvenience and cost back on residents.

A recent example is a proposal to ban food waste from the landfill.

The SCRD is mulling how to encourage Pender Harbour residents to deliver their pail of yucky food waste to the transfer station while charging five bucks for the effort.

More rules require enforcement so they are also considering mandating clear bags for household garbage.

Surely extra staff will be required to check these bags, thereby boosting operating costs and the likelihood of higher fees or future scheduling optimizations.

Missing from the board discussion is recognition that neither the Pender or Sechelt sites are conveniently located.

The Pender location is at the end of a one-kilometre dirt road that is muddy in the winter, dusty in the summer and, if you go at the wrong time, congested.

So, it's a big ask to continually raise tipping fees and while reducing service at the same time.

Perhaps our user pay model could be augmented with taxation to maintain service levels while reeling in fees?

Or, provide convenient mini-transfer stations throughout the Coast to spread the traffic and encourage use?

In other words, instead of penalties and enforcement, make it easier for us to do the right thing.

IF YOU ARE EXPERIENCING POSSIBLE COVID-19 SYMPTOMS

The Sunshine Coast COVID physician task force and Vancouver Coastal Health operate a "respiratory assessment" clinic that runs seven days a week from 8:30 a.m. to 4:30 p.m. until this crisis is over. With new testing recommendations in place, the Respiratory Assessment Clinic is now able to assess and test anyone on the Sunshine Coast who develops possible COVID-19 symptoms.

Fever, cough and difficulty breathing remain the most common symptoms, but COVID-19 infection can also include a new runny nose, a sore throat, muscle aches, chills, headaches, fatigue, nausea, vomiting and/or diarrhea. If you develop any of the above symptoms, please call your family doctor or contact the Respiratory Assessment Clinic directly for further assessment and testing (if indicated). Most of the time this will be on the same day. Anyone who is seen at the clinic will also receive a follow-up phone call or appointment within 24 to 48 hours. The RAC operates on an appointment basis only and will not see walk-in patients. Call or text (604) 740-1252 or email *coastrespelinic@gmail.com*.

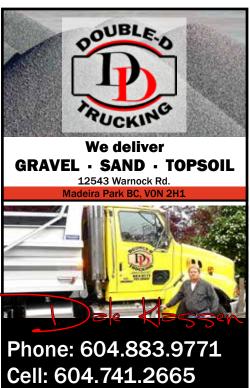
IF YOU REQUIRE HOSPITALIZATION

If you need to go to the hospital, and are able to travel safely to the hospital, call (604) 885-2224 to let the emergency room staff know you are coming and to receive instructions.

IF YOU REQUIRE TRANSPORTATION TO THE HOSPITAL

Call 9-1-1.





photojournal



Ron Malcoln

Ron Malcolm snapped this shot of a pair of swans flying past Francis Point on the morning of Jan. 29

Page 4 Harbour Spiel

New landfill tipping fees now in place at P. H. Transfer Station

The Sunshine Coast Regional District (SCRD) Board has adopted a new tipping fee schedule at the Sechelt Landfill and Pender Harbour Transfer Station that will see both commercial and residential customers paying more starting Feb. 26.

The SCRD sets rates according to a "user pay" system in which tipping fees fund the full costs of materials that are diverted for recycling.

"The changes in tipping fees are required in order to cover the ever-increasing costs of transportation, recycling and operation of diversion programs currently in place at the SCRD's two solid waste facilities," Robyn Cooper, SCRD manager of solid waste services, said in a Feb. 11 release.

Starting Feb. 26, commercial and residential customers will now be required to remove cardboard from the garbage they haul to the two facilities.

Cardboard will have a \$285 per tonne tipping fee and an additional fee if cardboard is mixed in with garbage.

Residential customers can avoid fees related to recycling cardboard by bringing it to one of the three SCRD operated recycling depots in Gibsons, Sechelt and Pender Harbour for free.

Fees for gypsum, metal and propane tanks will also increase and are outlined in the table below.

Fees for appliances containing Freon, such as fridges and freezers, will decrease.

At the Feb. 11 infrastructure services committee meeting, directors mulled staff reports investigating options to prolong the life of the Sechelt Landfill and reduce costs.

One consideration tabled is the banning of food waste and food soiled paper (proposed for Jan. 2022) from the landfill.

Initial staff recommendations have proposed a tipping fee for the disposal of food waste set at \$5 per container with a volume restricted to less than 50 litres.

To encourage compliance, the board is also considering a requirement that would allow household garbage in clear bags only.

Another option being considered is the "optimization" of the operating hours of the Sechelt Landfill and P. H. Transfer Station in order to reduce staffing costs.

A staff report proposed reducing

the winter hours at the Pender site by opening 30 minutes later on mornings when traffic volume is lightest.

According to the report, for the Pender site, the proposed schedule would result in a decrease to opening hours per week of between 3 and 4 hours, depending on the season.

The disposal fee for household garbage (excluding recyclable materials and controlled waste) will remain at \$150 per tonne.

Reported in the May 2013 issue of the *Harbour Spiel*, the SCRD raised household garbage tipping fees in Sept. 2013 from \$125 to \$150 per tonne "to offset increases in what it says are cost pressures from green waste handling, landfill closure reserves and new provincial controls on construction waste handling."

Also in Sept. 2013, the SCRD announced the Sechelt landfill would close on Mondays and the PHTS would close on Tuesdays year-round.

A staff report estimated the closures would save up to \$30,000 in 2013 and \$95,000 in 2014.

For more information on tipping fee increases, visit www.scrd.ca/disposal-fees.

Material	NEW Fee as of February 26, 2021	Current Fee					
Tipping Fee Increase							
Cardboard	\$285 per tonne	\$150 per tonne					
Metal – Scrap and White Goods	\$150 per tonne	\$70 per tonne					
Propane Tanks							
Up to 1 lb (camp size)	\$2.00 per unit	\$0.50 per unit					
Over 1 lb up to 25 lbs	\$10.00 per unit	\$2.00 per unit					
Over 25lbs up to 100lbs	\$10.00 per unit or \$150 per tonne	\$5.50 per unit or \$70 per tonne					
Gypsum	\$290 per tonne	\$265 per tonne					
Tipping Fee Decrease							
Metal with Freon (fridges and freezers)	The greater of \$30 per unit or \$150 per tonne	\$40 per unit or \$115 per tonne					

SCRD

On Feb. 26, the Sunshine Coast Regional District raised disposal fees at the P. H. Transfer Station and Sechelt Landfill. The disposal fee for household garbage (excluding recyclable materials and controlled waste) remains at \$150 per tonne.

THE RE/MAX BALLOON HAS LANDED IN MADEIRA PARK!

RE/MAX Oceanview Realty is thrilled to announce the opening of their new office location in the cedar panobode in Madeira Park Shopping Centre:

Unit 3 – 12877 Madeira Park Road.

We are very excited to expand our Sechelt office with our new location to continue our services in residential and commercial real estate.

The RE/MAX organization has extensive networks and enhanced resources available to their clients.

We service the entire Sunshine Coast and our award-winning group of Realtors look forward to using the new base in Madeira Park to serve Pender Harbour with all their real estate needs.



Irvines Landing lands spot on the West Coast 'Whale Trail'

In celebration of World Wildlife Day on March 3, the future site of the Pender Ocean Discovery Station (PODS), has joined the "Whale Trail."

The Whale Trail is a network of sites where visitors can view marine mammals from shore-based locations along the Pacific Coast.

There are now over 100 sites spanning the West Coast from California to British Columbia.

Interpretive signage is now installed at Irvines Landing highlighting what marine mammal species may be spotted in the area.

The signage also also directs conservation-minded folks to report sightings to the BC Cetacean Sightings Network.

The interpretive sign is part of a land-based whale-watching initiative led by the Ocean Wise Conservation Association and The Whale Trail, a Seattle-based organization.

The Whale Trail intends to provide "an economical, sustainable, and powerful way to connect a diverse audience to marine mammals and their environment."

The team works with local environmental groups to identify land-based sites across the Pacific Northwest where the public is most likely to view marine mammals from shore.

This collaboration between the Loon Foundation, the Whale Trail, and Ocean Wise has designated Pender Harbour as one of over 40 Whale Trail sites in BC.

"Pender Harbour's nutrient-rich, sheltered waters support an abundance of marine wildlife and create the perfect environment for nature lovers to view marine mammals from shore," said Jessica Scott, research manager for the OWCA, in an email to the *Harbour Spiel*.



submitted

Lee-Ann Ennis and Amelia Gray from the Loon Foundation (formerly Ruby Lake Lagoon Society) pose with the new 'Whale Trail' sign installed at the future site of PODS in Irvine's Landing.

"Inside the Harbour, seals, sea lions and river otters are frequently spotted.

"Along Francis Peninsula, killer whales can often be seen hunting seal pups, and in early spring, humpback whales return to Malaspina Strait to feast on krill and schooling fish."

In 2020, Ocean Wise's BC Cetacean Sightings Network received 50 land-based reports from the area, including 27 killer whale sightings, 18 humpback whale sightings, two harbour porpoise sightings, and three Pacific-white sided dolphin sightings.

Sighting reports submitted in real

time are used to inform large commercial vessels of whales in their vicinity so that they can take measures to avoid collision and disturbance.

The project was funded by Fisheries and Oceans Canada's habitat stewardship program.

To learn more about the Whale Trail and the BC Cetacean Sightings Network, visit *thewhaletrail.org* and *wildwhales.org*.

To assist the BCCSN gather data on the distribution of cetaceans and sea turtles in B.C. waters, download the free "WhaleReport" app for iOS and Android devices.



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EXCAVATION

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1. What is the Shíshálh First Nation name for Mount Daniel? a. xwesam b. shelkem, c. ts'ukw'um d. kalpilin	4. Spelling of the name of the sandy island near Lund. □ a. Savoury □ b. Savary □ c. Savory □ d. Savery
2. Government agency responsible for building the Madeira Park Cultural Centre buildings? a. BC Forest Service b. BC Ambulance Service c. BC Hydro d. Dept. of Fisheries and Oceans	5. Author of 'By Grand Central Station I Sat Down and Wept.' a. Betty Keller b. Theresa Kishkan c. Anne Cameron d. Elizabeth Smart
3. Where is the Sarah Wray Heritage Hall? a. Halfmoon Bay b. Madeira Park c. Kleindale d. Irvines Landing	6. Which hiking trail leads to Brown Lake? □ a. Smugglers Cove Park trail □ b. Suncoaster Trail □ c. Skookumchuck Narrows Park trail □ d. Francis Point Park trail

Answers: p. 34

Four-plus: **Local** Two-plus: **Newbie** Less than two: **Townie**

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P. H Community School launches effort to replace building

After years of service, the building that currently houses the Pender Harbour Community School on the Madeira Park Elementary School playing field may soon be replaced.

"The building is old — we determined that is around 50 years old and we've been in it for 20 years and before that it was a school classroom," said Francine Clohosey, P. H. Community School manager.

Clohosey said that just over a year ago, the Rotary Club of Pender Harbour volunteered to investigate options for the PHCS.

After ruling out moving inside of the elementary school or Pender Harbour Community Hall, they brought in an engineer to make an assessment of the building.

The engineer determined that the roof had been leaking (though it

was later patched), the foundation was rotting and there was little to no insulation to help the aging single pane windows retain heat.

The building also lacked running water or toilet facilities.

It was decided that it made more sense to replace it than to repair.

After finding a suitable modular building that will add 480 square feet and 20 feet in length to the current footprint, the decision was made to research funding options for its estimated \$335,000 cost.

Letters of support were received from both our MLA and MP as well as the school district, SCRD, Shìshàlh First Nation, PHARA and the chamber of commerce.

Last month, the PHCS and the Rotary Club of Pender Harbour applied for a "BC COVID-19 Resilience Infrastructure" grant which, if successful, would see 100 per cent of the costs associated with the building replacement covered.

Clohosey said a contractor is lined up ready to install the building this summer to open September 2021.

"Now we're just waiting to hear – hopefully sometime in mid-Spring," said Clohosey.

"I think they're making all of their decisions in April or May."

According to the PHCS website, "community schools are non-profit societies committed to supporting and improving student learning and to strengthening individuals, families and vibrant, healthy communities by providing quality programs, lifelong learning opportunities, and connections to school and community resources."

Counterfeit money appears in Garden Bay

On Jan. 28, a business in the 13000 block of Sunshine Coast Hwy, Garden Bay reported receiving a possible counterfeit \$50 bill.

After a closer inspection, staff determined the bill was suspicious and notified police.

The file is still under investigation.

For more information on counterfeit currency, visit the Bank of Canada website.

DURING A TRANSACTION

If you suspect that you are being passed a counterfeit note, assess the situation to ensure that you are not at risk.

Then do the following:

- Politely refuse the note and explain that you suspect that it may be counterfeit;
 - Ask for another note (and check

it as well);

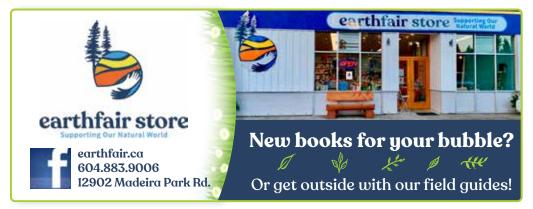
- If you refuse the note, advise the person to take the note to a bank for authentication;
- Inform your local police of a possible attempt to pass suspected counterfeit notes, and
- Be courteous and remember that the person in possession of the note could be an innocent victim who does not realize that the note is suspicious.

AFTER A TRANSACTION

If you suspect that you have received a counterfeit note, turn it over to the local police.

- If the note is deemed authentic you will receive it back, and
- Police should be informed of possible counterfeiting activity in your community.

Timely reporting helps police and prosecutors bring counterfeiters to justice.



The better Angels of our Nature

Welcome to the first in a series of articles profiling the people in our community who have made a profound impact in the creation and delivery of health services in Pender Harbour.

We will celebrate the generous, the kind-hearted, the thoughtful and the diligent, as all have been responsible for sustaining and growing our Health Centre services for the past 40 years. And all will be needed to carry our community forward, as we continue the work of upgrading, modernizing and expanding on the health services we can provide, right here, in our beautiful piece of nature.



Rose-Marie Everett

When Rose gained her wings in January of 2021, Pender Harbour lost one of the better angels of our nature. What was not lost, however, was the impact Rose made on her co-workers, her neighbours, her friends and her community. We are forever blessed by the passion and energy that Rose brought to the Health Centre and its sustained operations. Throughout 15 years working at the PH Health Centre as Financial Manager, Rose gave of herself tirelessly, to the enduring benefit of us all. And if helping to stretch every dollar the Centre had wasn't enough, Rose was equally tireless in her volunteerism and contributions at the Bargain Barn, which helps to fund the operations of the Health Centre. Rose's efforts to keep the Centre funded, to support the purchase of new equipment and to manage the constant upkeep and improvement of the facility and its services will be a legacy our community will never forget. We thank Rose and her husband Brian for their eternal generosity, and we cherish the memory of this angel, this gift, this pillar of our community.

We welcome your support in any manner that is within your capacity. Please call, write, visit us online or stop by the Health Center when you can. We are always right here, for you.



Right here for you.

www.penderharbourhealth.com

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MAILBOX THEFT

Overnight on Jan. 31, police received a report that community mail-boxes in the 1200 block of Bryan Rd, Madeira Park had been broken into.

Anyone with any information about this incident, or any of the break-ins to mailboxes, is asked to contact RCMP, reference police file 2021-706.

MAILBOX THEFT

Between Jan. 21 and 24, a thief gained entry to community mail-boxes located at the intersection of Redrooffs Road and Frances Road, Halfmoon Bay.

Anyone with any information about this, or any of the recent community mailbox break-ins, is asked to contact RCMP, reference police file 2021-548.

The matter has been referred to Canada Post.

ATTEMPTED VEHICLE THEFT

Overnight on Feb. 2, an unknown thief attempted to bypass the ignition to start a vehicle parked at a business in the 13500 block of Highway 101, Garden Bay.

The suspect was unable to steal the vehicle but police are still reviewing surveillance video.

ATTEMPTED THEFT

Between Jan. 28 and 29, a thief attempted to steal a catalytic converter off a vehicle parked in the 12900 block of Madeira Park Road, Madeira Park.

The suspect fled the scene before fully removing the part, but did manage to remove and steal the roof racks and damage a door handle and lock.

THEFT

Between Jan. 30 and Feb. 5, a suspect cut off and stole a catalytic

converter from a vehicle parked in the 12700 block of Madeira Park Road, Madeira Park.

The suspect also gained entry to the vehicle and stole some reusable grocery bags and a unique set of homemade jumper cables.

The cables are very long and have large copper claws.

Anyone with any information about this incident is asked to contact RCMP, reference police file no. 2021-814.

FRAUD

On Feb. 12, a Coast resident reported an attempted fraud after receiving a phone call from a scammer who advised that the resident was owed a refund for a program he'd purchased for his computer years earlier.

As the resident recalled he had cancelled some kind of program many years ago, he felt the scammer was legitimate and provided the scammer with his credit card information in order to receive the refund.

The scammer then told the resident that as the company server was down, he needed to access the resident's computer in order to process the refund.

The resident allowed the scammer to remotely access his computer.

The scammer made it appear that a large sum of money had been deposited into the resident's account in error, and tried to convince the resident to go buy a number of gift cards to pay back the money.

Fortunately, the resident grew suspicious and discontinued communication with the scammer.

There are very few, if any, reasons any legitimate institution would need to given remote access to your personal computer.

To learn more about common scams and how to recognize the red flags, please visit sites such as the Canadian Anti-Fraud Centre at www. antifraudcentre-centreantifraude.ca or the Better Business Bureau at www. bbb.org.



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APRIL TOOLS WOODEN BOAT CHALLENGE 2021 CANCELLED

The Pender Harbour Living Heritage Society recently announced that due to COVID, organizers have been forced to cancel their annual wooden boat building contest.

Planned to run on April 24, this makes it two years in a row that the popular event has been cancelled.

Last year would have marked 19 years for the event.

Organizer Jacquie Ordronneau told the *Harbour Spiel* that they had their annual boat building "twist' worked out and prototyped, "but there is just no way enough people will be vaccinated by the end of April to hold

an event of this size."

Added Ordronneau, "For sure next year."

PENDER HARBOUR READING ROOM/SECHELT LIBRARY SHARING SERVICE

For the past few years, members of the Pender Harbour Library have been able to request titles from the Sechelt Library if they have a Sechelt Public Library membership.

Books will be delivered for pick up at the P. H. Reading Centre in Madeira Park

They can be returned to the PHRC via the PHRC's drop box and then will be returned to Sechelt

This does not also apply to books from the Gibsons Public Library.

Any Area A resident or taxpayer can qualify for a free Sechelt Public Library card at the Sechelt Public Library.

Take appropriate identification (a driver's licence and a tax or utility bill, for example).

To search the Sechelt Public Library online catalogue, visit *sechelt. bc.libraries.coop*.

Or, drop into the PHRC and use the reading room computer to search both Sechelt and PHRC catalogues.

AREA A ADVISORY PLANNING COMMISSION APPOINTMENTS

At the Jan. 28 board meeting, the SCRD board confirmed new appointments to the 2021 Area A advisory planning commission.

For Area A, the following have been appointed to two year terms:

- Janet Dickin;
- Alex Thomson:
- Dennis Burnham;
- Tom Silvey;
- Gordon Politeski, and
- Peter Robson.

The remainder of the 11 APC members who have one year remaining on their two-year terms are:

- Yovhan Burega;
- Gordon Littlejohn;
- Alan Skelley;
- Catherine McEachern, and
- Sean McAllister.

Advisory Planning Commissions, or APCs, advise the regional district board on all matters referred to the APC by the board or by the area director.

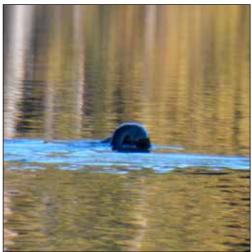
Referrals include land use, the preparation and adoption of a community plan, or a rural land use bylaw or a proposed bylaw or permit.

Each electoral area within the SCRD has an APC.

photojournal







Brian Lee

A raft of four North American river otters could be seen feeding and frolicking on the sunny but partially ice-covered surface of Hotel Lake on the morning of Feb. 18.

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Saunders recalls the promise of a resource recovery centre

The following letter was emailed to Area A director Leonard Lee and cc'ed to the Harbour Spiel, Feb. 18, 2021

Dear Mr. Lee,

It was rather disappointing to read the landfill waste options being considered by the SCRD in anticipation of closing the Sechelt landfill in the near future.

The options considered were new or enlarged landfill, shipping out waste or waste to energy.

Not one mention of a resource recovery centre (think GRIPS on steroids.)

Our local government has been

wrestling with this issue for decades.

The issue was thoroughly researched at least 10 years ago by an advisory panel that recommended the Pender Harbour landfill be converted to just such a centre.

A well-known zero waste consultant, Richard Anthony, was brought in for an education seminar that outlined a plan to leave the Pender Harbour Landfill functioning and the area around it to be developed into a recovery centre that would employ locals, educate the public and create a number of ways to reuse and recycle materials that would not go into the landfill.

One can only wonder where we might be if that plan had been implemented.

Instead, the SCRD continues to redo studies and spend taxpayer dollars getting nowhere.

If the option of a resource recovery centre is not on the table, then the regional district will have once again missed the boat.

I have saved much of the information from that seminar and would be more than glad to share it with you and can put you in touch with the consultant.

Beverly Saunders Egmont



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Your 2021 property taxes and Telus towers are coming



Leonard Lee Area A director, SCRD

Your property taxes become a reality when you look at your 2021 property tax notice and it's looming

due date of early July.

The SCRD is responsible for about half of the taxes you're expected to pay, with the province making up the remainder.

Determining the SCRD portion is a detailed process starting with directors setting their priorities with strategy statements, and staff and community groups proposing projects to achieve these goals.

Directors evaluate and approve, or refuse, proposals based on presen-

tations and public feedback.

The second of three budget sessions has now concluded, with the final fine tuning scheduled for March 4 and 5.

Until then, we will continue to answer your questions and consider your thoughts.

These sample scenarios show annual residential property tax increases based on a \$500,000 land and improvement assessment:

- \$102.14 (12.06%) for Area A properties without fire protection or community water, like North Sakinaw Lake, Ruby Lake, and all islands including Nelson;
- \$310.45 (19.52%) for North Pender properties with SCRD water (Pender Harbour Fire Improvement District services are taxed separately).

- \$186.80 (10.84%) for South Pender properties with SCRD water (Pender Harbour Fire Improvement District services are taxed separately).
- \$355.91 (19.07%) for Egmont/ Earls Cove properties with SCRD water and fire protection.

For more details, refer to the budget session agendas at www.scrd. ca/Budget.

TELUS TOWERS ARE COMING

Telus plans to install several cell towers in Area A along Highway 101 and four to improve cell service near Rona, GRIPS, Ruby Lake, North Sakinaw Lake, and North Lake.

After a public announcement with a *Coast Reporter* ad, the SCRD conducted a number of consultations and approved the towers proposed



Pender Harbour Transfer Station 5545 Garden Bay Road

Winter Operating Hours
Monday 8:30 a.m. to 4:30 p.m.
Tuesday CLOSED
Wednesday to Saturday
8:30 a.m. to 4:30 p.m.
Sunday CLOSED
*No loads accorted after 4:15 p.m.

*No loads accepted after 4:15 p.m. www.scrd.ca/transfer-station

Area A Director: **Leonard Lee** leonard.lee@scrd.ca 604-212-0406



SUNSHINE COAST REGIONAL DISTRICT Upcoming meetings

Agendas and links to video-streaming for these meetings are available at www.scrd.ca/Agendas

Special Corporate and Administrative Services Committee (Round 2 Budget)

March 4 and 5 at 9:30 a.m.

Infrastructure Services Committee

March 11 at 9:30 a.m.

Regular Board March 11 at 2:00 p.m. Planning and Community Development Services Committee

March 18 at 9:30 a.m.

Corporate and Administrative Services Committee

March 25 at 9:30 a.m.

Regular Board March 25 at 2:00 p.m.

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near Rona, North Lake and GRIPS.

Telus, as requested by the APC, is investigating the feasibility of relocating the tower proposed for installation near the Iris Griffith Center.

Public concerns include negative visual impact and unsubstantiated health risks, but the towers will improve local wireless service for residents and emergency communication services.

About 80 per cent of 911 calls are made from cell phones, typically at the scene of a vehicle accident or medical emergency.

Because health and safety concerns are solely the responsibility of the federal government, when a land use authority such as the SCRD reviews telecommunications proposals, these concerns are not relevant to the SCRD and are not to be considered.

The federal government is responsible for ensuring public safety related to radio communications uses, and Health Canada has established safety code 6 (SC6) to ensure public safety.

Telus at all times complies with all Health Canada safety standards.

DIRECTORS' NEW PAY SCALE

Gone are the days when a rural director's job was a part-time commitment that could be squeezed around another job or retirement activities, and today's compensation isn't enough to allow most people, especially younger ones, to run for office.

The SCRD, its services delivered and budget, have grown dramatically, which has led to weightier, more involved agendas demanding far more hours of reading, research, and preparation.

Increasingly, complex govern-

ment regulations and a higher public demand for communication and consultation further increases time.

Besides preparing for and attending committee and board meetings, directors do their best to help their constituents with community and personal issues beyond the scope of the SCRD government.

The current remuneration system is confusing with its multiple, overly complex formulas, and we directors have no idea how much our monthly pay is until a statement is received the following month, making it impossible to answer the seemingly simple question, "How much do you get paid for being our director?"

In January, the independent citizens review committee made these recommendations:

• An annual director's stipend of \$33,363 with a \$23,354 chair supplement and \$3,003 vice-chair supplement;

- Cost-of-living increases based on the BC consumer price index and an independent review every four years;
- Compensation for conferences and workshops limited to three per year including UBCM and AVICC, but allowing directors to request attending more, and
- An annual alternate director's stipend of \$1,600 plus \$255 per meeting, but with no compensation for conference attendance.

These changes will reduce the administrative burden on staff, be consistent and predictable for directors, and make directors' remuneration transparent to the public, with the cost about the same as the old system.

It's an improvement but it still means that running for office isn't especially attractive to anyone but those who are retired or enjoy another, passive income from business or investments.

BOAT YARD MAINTENANCE — FULL TIME & SUMMER POSITION — IMMEDIATE START

The right candidate is a motivated individual with attention to detail. Experience and basic knowledge of boats and boat systems is a plus. Training is provided. Responsibilities include:

- Washing, painting, detailing boats.
- Maintain safe and clean work environment.
- Yard maintenance/landscaping.
- Problem solving willingness to tackle anything.
- · Ability to work independently and efficiently.
- Maintain a positive attitude & be a productive member of our team.
- Exhibit humility and willingness to learn.

Attention to detail and ability to adapt to seasonal changes of workload and duties is a must. The job can be physically demanding so the right candidate should have reasonable strength and endurance for performing the duties described. Compensation based on experience. Extended group benefits for full-time position.

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HOND MARINE VOLVO

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One way you can **help protect the environment**, **fish and wildlife** is to stop violations before they happen. The watchful eyes of the community can deter possible violators. If you see an offence, **think O.R.R.: Observe, Record, Report**.

OBSERVE WHAT THE PERSON IS DOING

Some common violations are:

- Illegal waste disposal (household or business waste, e.g. dumped on Crown Land)
- Unlawful open burning (e.g. dense smoke); excludes backyard burning
- The discharge of chemicals or sewage to lakes or rivers
- Damage to fish or wildlife habitat
- Exceeding the daily bag or catch limit
- Use of illegal hunting or fishing gear
- Fishing or hunting out of season or in closed areas
- Unauthorized collection or sale of fish and wildlife or their parts

RECORD WHAT YOU OBSERVE

As soon as possible, write down what you've seen. Include these details:

- The date, time and location (e.g. nearest town, fishing location, stream, address)
- The violator's identity or description (e.g. height, weight, hair colour, age, clothing, number of violators)
- The boat or vehicle description (e.g. vehicle licence, boat registration number, vessel length, colour, make, type, distinguishing features)
- Evidence that might still be at the scene (e.g. catch, fish offal, gear used)

REPORT THE VIOLATION

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Do you need help with income tax preparation?

submitted

Starting March 1, volunteers will complete simple tax returns, free of charge, for low-income clients.

Now in its second year, the

Community Volunteer Income Tax program helps low income individuals, families and seniors complete their tax returns.

It's a free service for eligible clients with three options available:

Until April 30, Harry Drost will

be holding walk-in tax clinics at the P. H. Community School on Thursdays from 9 a.m. to 1 p.m. and at the P. H. Health Centre on Tuesdays from 9 a.m. to noon.

Anyone attending the walk-in clinic is asked to wash their hands and to wear a mask while socially distancing.

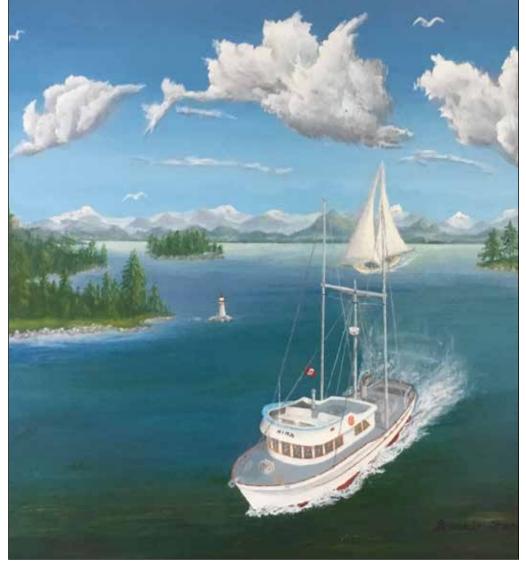
Folks can also drop off their tax information at the P. H. Community School or the P. H. Health Centre from Monday to Friday.

Or contact Harry Drost directly for an appointment at (604) 741-5132.

The Community Volunteer Income Tax Program is sponsored by the Canada Revenue Agency and by the Vancouver Coastal Health Authority.

There are income limits and the program does not serve clients with employment expenses, self-employment income or rental property.

photojournal



Barrie Farrell

Brenda Scoular is accepting bids on this painting by Barrie Farrell on behalf of the 'Forest View Revitalization Project' until the end of March. Scoular said all proceeds from the sale will be split between the Pender Harbour Heritage Society and Rotary Club of Pender Harbour. Scoular told the *Harbour Spiel* that she started the fundraiser for the two groups because they were 'both instrumental in financing for the restoration of our Forest View Cemetery on Warnock Road.' Scoular headed that initiative. Bids can be emailed to *brendascoular@gmail.com*.



Open 9 a.m. to 5 p.m. Tuesday to Saturday



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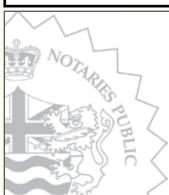
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- Coast Builders RONA Sechelt.....(604) 885-5818
- Gibsons Building Supplies.....(604) 885-7121

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March 2011: Public art project sets up in Madeira Park



Story previously published in the March 2011 issue of the Harbour Spiel

The fringe around the eastern side of the Madeira Park Elementary School field recently gained a little colour.

On Feb. 7, 30 mosaic panels were installed on new concrete seating that runs along the Madeira Park Elementary school field fence.

The mosaic panels were designed and created by the Grade 8 art class from Pender Harbour Secondary School under the direction of art teacher Keith Shaw and volunteer Julie Malcolm.

Local businesses and community members helped out by donating many of the materials.

Each tile is set in the concrete bench seating to form a flowing series depicting swimming fish that gradually morph into birds in flight.

When the landscaping is completed there will be a number of raised benches set behind and grass sloped spectator area.



Keith Shaw

A PHSS Art 8 student adds the finishing touches to one of 30 mosaic tiles later installed at the Pender Harbour Community Hall garden.



Brian Lee

Finishing the concrete borders.

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spiel archives - 10 years ago



Brian Lee

Black Bill Gilkes (I) flexes for the camera.



Brian Lee

This mosaic has just been set into the concrete awaiting finishing.

March 2021

Get moving!





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Garden Bay or Madeira Park

Page 23

Menu, online/mobile ordering, music guests & more!

at the Pender Harbour Golf Course

Just a short drive from Earls Cove.

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



March		1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM	
Mon	01	4.3	5.3	7.4	10.0	12.6	14.6	15.7	15.5	14.2	12.2	10.0	8.2	7.1	7.1	8.2	9.8	11.7	13.2	13.9	13.6	12.3	10.4	8.2	6.5	
Tue	02	5.6	5.8	7.1	9.2	11.7	13.9	15.3	15.7	14.9	13.2	10.9	8.6	6.8	6.0	6.3	7.5	9.4	11.4	13.0	13.8	13.5	12.4	10.8	9.0	
Wed	03	7.7	7.1	7.6	9.0	11.0	13.1	14.7	15.6	15.3	14.0	12.0	9.5	7.3	5.7	5.1	5.6	6.9	8.9	10.9	12.6	13.5	13.4	12.7	11.4	
Thu	04	10.1	9.1	8.8	9.4	10.7	12.4	14.0	15.1	15.4	14.7	13.0	10.8	8.4	6.3	4.9	4.5	5.0	6.4	8.3	10.3	12.1	13.2	13.4	13.0	
Fri	05	12.1	11.2	10.6	10.4	11.0	12.0	13.3	14.4	15.0	14.9	13.9	12.1	9.9	7.6	5.7	4.4	4.1	4.6	5.9	7.6	9.6	11.4	12.8	13.5	
Sat	06	13.4	13.0	12.3	11.8	11.7	12.0	12.7	13.5	14.2	14.5	14.2	13.1	11.3	9.2	7.2	5.4	4.2	3.9	4.3	5.4	7.1	9.0	10.9	12.5	
Sun	07	13.6	13.9	13.7	13.3	12.7	12.4	12.4	12.8	13.3	13.8	13.9	13.6	12.5	10.9	9.0	7.0	5.3	4.2	3.8	4.2	5.2	6.9	8.9	10.9	
Mon	08	12.6	13.9	14.5	14.4	13.9	13.1	12.5	12.2	12.4	12.7	13.2	13.4	13.2	12.3	10.8	8.9	7.0	5.3	4.2	3.7	4.1	5.2	7.0	9.1	
Tue	09	11.3	13.1	14.4	14.9	14.7	14.0	13.0	12.2	11.6	11.7	12.1	12.6	13.1	13.1	12.4	10.9	9.1	7.1	5.4	4.1	3.7	4.1	5.4	7.4	
Wed	10	9.6	11.9	13.7	14.9	15.2	14.7	13.6	12.4	11.4	10.8	10.9	11.5	12.3	12.9	13.1	12.5	11.1	9.2	7.1	5.3	4.2	3.8	4.4	5.9	
Thu	11	8.1	10.5	12.7	14.4	15.2	15.1	14.2	12.8	11.4	10.3	9.9	10.2	11.1	12.2	13.0	13.2	12.5	11.1	9.1	7.0	5.3	4.3	4.1	5.1	
Fri	12	6.8	9.2	11.6	13.6	14.9	15.2	14.6	13.3	11.7	10.2	9.3	9.2	9.8	11.0	12.2	13.1	13.3	12.6	11.0	9.0	7.0	5.4	4.6	4.8	
Sat	13	6.1	8.1	10.5	12.7	14.4	15.1	14.8	13.7	12.1	10.3	9.0	8.3	8.6	9.6	11.1	12.4	13.3	13.4	12.5	10.9	8.9	7.0	5.7	5.3	
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Tue	16	7.8	7.2	7.5	8.6	10.3	12.1	13.6	14.4	14.2	13.2	11.5	9.5	7.8	6.6	6.4	7.0	8.4	10.1	11.9	13.1	13.6	13.3	12.3	10.9	
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Thu	18	11.2	10.1	9.5	9.5	10.1	11.2	12.4	13.3	13.7	13.3	12.3	10.6	8.8	7.1	6.0	5.6	6.0	7.1	8.8	10.5	12.1	13.2	13.5	13.2	
Fri	19	12.5	11.6	10.8	10.4	10.5	11.1	12.0	12.8	13.2	13.2	12.4	11.1	9.5	7.8	6.5	5.6	5.5	6.1	7.3	8.8	10.5	12.0	13.0	13.4	
Sat	20	13.2	12.7	12.0	11.5	11.2	11.3	11.8	12.3	12.8	12.9	12.5	11.5	10.2	8.7	7.2	6.1	5.5	5.5	6.1	7.3	8.8	10.4	11.8	12.9	
Sun	21	13.4	13.4	13.0	12.5	12.0	11.8	11.8	12.0	12.3	12.5	12.4	11.8	10.7	9.5	8.1	6.9	5.9	5.4	5.4	6.0	7.2	8.6	10.2	11.7	
Mon	22	12.8	13.5	13.6	13.4	12.9	12.4	12.0	11.8	11.9	12.1	12.2	12.0	11.4	10.4	9.1	7.8	6.6	5.7	5.2	5.2	5.8	7.0	8.5	10.2	
Tue	23	11.8	13.1	13.8	13.9	13.6	13.1	12.4	11.8	11.5	11.5	11.7	11.9	12.0	11.6	10.7	9.4	7.9	6.6	5.5	4.9	4.9	5.6	6.9	8.6	
Wed	24	10.5	12.2	13.5	14.2	14.2	13.7	12.8	11.9	11.2	10.9	11.0	11.4	11.8	12.1	11.9	11.1	9.7	8.1	6.5	5.2	4.5	4.5	5.4	6.9	
Thu	25	8.9	11.0	12.9	14.1	14.6	14.2	13.4	12.2	11.1	10.3	10.1	10.5	11.2	12.0	12.5	12.4	11.5	10.0	8.2	6.3	4.9	4.2	4.4	5.5	
Fri	26	7.4	9.7	11.9	13.7	14.7	14.7	13.9	12.6	11.1	9.8	9.2	9.3	10.1	11.2	12.3	13.0	13.0	12.0	10.3	8.3	6.3	4.8	4.2	4.6	
Sat	27	6.1	8.2	10.7	12.9	14.5	15.0	14.5	13.2	11.4	9.6	8.4	7.9	8.5	9.7	11.3	12.7	13.6	13.5	12.5	10.6	8.4	6.4	5.0	4.6	
Sun	28	5.3	7.1	9.5	12.0	14.0	15.1	15.0	13.8	12.0	9.8	7.9	6.8	6.7	7.7	9.4	11.4	13.1	14.1	14.0	12.9	11.0	8.7	6.8	5.6	
Mon	29	5.5	6.5	8.5	10.9	13.2	14.8	15.3	14.5	12.8	10.4	8.0	6.2	5.3	5.7	7.1	9.2	11.6	13.5	14.5	14.4	13.3	11.4	9.3	7.5	
Tue	30	6.6	6.8	8.0	10.1	12.3	14.2	15.2	15.1	13.7	11.4	8.8	6.3	4.7	4.1	4.9	6.6	9.1	11.6	13.6	14.7	14.6	13.6	11.8	10.0	
Wed	31	8.5	7.9	8.3	9.7	11.6	13.5	14.8	15.2	14.5	12.6	10.0	7.3	5.0	3.6	3.4	4.4	6.4	8.9	11.5	13.6	14.7	14.7	13.8	12.3	



This 'burly' troll was recently spotted on the Lily Lake Walking trail. It's unknown at this time if it's the kind that eats children.

seals



Note your seal of approval or disapproval. By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Harbour Seals of Approval to the many folks who've helped out on the auxiliary boat building at the Sarah Wray Hall Heritage Centre, including Hank Bargan (building the deck), Peter Babik (working on the structure), and Carol Lumley and Glen **Bonderud** (painting).

Judy Renouf P. H. Living Heritage Society

Mega Seals of Approval and gratitude to Kristy and Piers, who made the ambulance ride to Sechelt Hospital on Christmas Eve a pleasure.

Also to Dr. Reznick, RN Laura and Genevieve in Imaging, who likewise made my stay comfortable and informative throughout the diagnostic process.

> Thank you one and all! Alex Pernat



RECYCLING & BOTTLE DEPOT

883-1165

ONE-STOP CONVENIENCE

- Multi-material recyclingBeverage container refund centre

Plus, recycling of:

- Small appliances and electronics
- Household batteries
- Light bulbs and paint

Hwy. 101 & Menacher Rd.

OPEN: 8:30am to 3:30pm **CLOSED WEDNESDAYS & SUNDAYS** AND STATUTORY HOLIDAYS

MARCH BIRTHDAYS

- March 1 ~ John Ellis and Linda Dunaway.
- March 2 ~ Sandra Bosch and Marcus Delaney.
- March 3 ~ Ernie Carswell, Lana Ross, Terry Bosner and Jim Reid.
- March 4 ~ Glen Brydon and Brian Lee.
- March 5 ~ Mackenzie Stewart, Brigit Garrett, Sylvia Heiliger, Alicia McDonald and Valerie Reid.
- March 6 ~ Eden Logtenberg, Freda McDermott and Ron Minch.
- March 7 ~ Mitch Higgins, Cassidy Craig-Watters and Bob McDonald.
- March 8 ~ Jeremy Morin.
- March 9 ~ **Bobbie Wendland, Eldor Dougan** and **Denise Cymbalist.**
- March 10 ~ Stuart McLean.
- March 11 ~ **Gayle Adams , Tannis Campbell** and **Larry Mack.**
- March 12 ~ Alicia Whittaker, Sunny Charboneau and Gord Wenman.
- March 13~ Ian McDonald and Paul McDonald.
- March 14 ~ Heather Smith.
- March 15 ~ **Bev Higgins, Arlen Howitt, Carissa Gilkes** and **Justin McKimm.**
- March 16 ~ Steve Hanna and Brad Zayshley.
- March 17 ~ Bill Bradshaw, Jim Weir, Michelle Cymbalist and Chris Cavielier.
- March 18 ~ Mike Reid, John Struthers, Tayler

 Metcalfe, Blair Landry, Janie Arduini and
 Michelle Bernier.
- March 19 ~ Megan Knock.
- March 20 ~ Larry Curtiss, Patrick White, Kim Smail and Tammy Collins.
- March 21 ~ Melissah Charboneau and David Massullo.
- March 22 ~ Dennis Cotter, Eric Graham, Margaret Hartley, Ross Palmer and Dan Soper.
- March 23 ~ Mary Ann Haase and Barb Cowan.
- March 24 ~ Jane Reid, Heather Fearn.
- March 25 ~ Hailley Schroeder, Lexine Scoular and Shirley Norish.
- March 26 ~ Motoko Baum and Halle Bosch.
- March 27 ~ Maureen Lee, Donna Edwardson, Cole Edwardson, Doris White and Rick Wagner Jr.
- March 28 ~ Joka Roosen and Jill Bennett.
- March 29 ~ **Melanie LeBlanc, Rod Webb** and **Terry Jacks.**
- March 30 ~ **Del Deguire**.

MARCH ASTROLOGY



PISCES: FEB. 19 - MAR. 20

The finest of the signs, Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics.

Pisceans are blessed with the favour of the stars, as usual, but the future will still deliver surprises. As always, the path ahead for Pisces in 2021 looks to be smooth sailing. You deserve it — you are the king of astrology signs and all others look up to you. So sit back and relax while the universe offers its treasures up for your taking. Don't be shy.

ARIES: MARCH 21 - APRIL 19

The sign of the ram gives Arians loyalty, generosity, high energy and courage. They love adventure and often fiercely defend the underdog. This month, the 10th house lord Saturn is placed in its own house giving strength, stability and power to your career prospects. It won't be a slam dunk but take forceful action to make improvements. Avoid advice from your stepdad — he's a loser and makes stuff up. Instead, take advantage of the world's accumulated knowledge on the internet to define your path.

BC BESTSELLERS

For the week ending Feb. 13, 2021

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. **Butter Honey Pig Bread** by Francesca Ekwuyasi (Arsenal Pulp Press)
- 2. When We Are Kind by Monique Gray Smith, illus. by Nicole Neidhardt (Orca Book Publishers)
- 3. Raven Squawk, Orca Squeak by Robert Budd, Roy Henry Vickers (Harbour Publishing)
- 4. Birds of British Columbia and the Pacific Northwest: A Complete Guide, Second Edition by Richard Cannings & Tom Aversa (Heritage House Publishing)
- 5. Takaya: Lone Wolf by Cheryl Alexander (RMB | Rocky Mountain)

- 6. Edible and Medicinal Flora of the West Coast by Collin Varner (Heritage House Publishing)
- 7. Vancouver Exposed:
 Searching for the City's Hidden History by Eve Lazarus
 (Arsenal Pulp Press)
- 8. The E. J. Hughes Book of Boats by Robert Amos (TouchWood Editions)
- 9. Blue Sky Kingdom: An Epic Family Journey to the Heart of the Himalaya by Bruce Kirkby (Douglas & McIntyre)
- 10. Field Notes from an Unintentional Birder: A Memoir by Julia Zarankin (Douglas & McIntyre)

~ Association of Book Publishers of BC



CANADA

1497

The year John Cabot became the first European to make a confirmed landing in Canada on a ship named *The Matthew*.

No. 3

Canada is the third-largest oil reserve holder after Saudi Arabia and Venezuela with an estimated 176.8 billion recoverable barrels.

6

The number of Canadian cities that have a population of over 1 million (Toronto, Montreal, Vancouver, Calgary, Edmonton and Ottawa).

1/5

Canada's largest area by landmass, Nunavut, takes up one-fifth of Canada's total land area.

-63 C

The lowest temperature ever recorded in Canada was in Snag, Yukon, on Feb. 3, 1947.

1786

The year Molson Coors Canada was founded to become the oldest brewery in North America. It continues to produce beer on the site of the original brewery in Montreal.

20%

The percentage of the globe's fresh water that is found in Canada.

7,604 km

The length of the Trans-Canada Highway, the fourth longest highway in the world.

~ mustdocanada.com

MARCH WEATHER

TEMPERATURES, MERRY ISLAND

Our average March daily high is 9.2C, our average daily low 4.3C, giving us a mean daily temperature of 6.7C. The highest March temperature recorded is 15.6C (March 11,1965); the lowest, -3.3C (March 3, 1976).

PRECIPITATION, MERRY ISLAND

March has an average of 127.7 hours of bright sunshine and 15 days with rainfall. The monthly total rainfall averages 78.6 mm; monthly total snowfall averages 1.5 cm. The highest March daily rainfall recorded is 44.7 mm (March 4, 1968). The lowest March daily snowfall recorded is 8.9 cm (March 2, 1962).

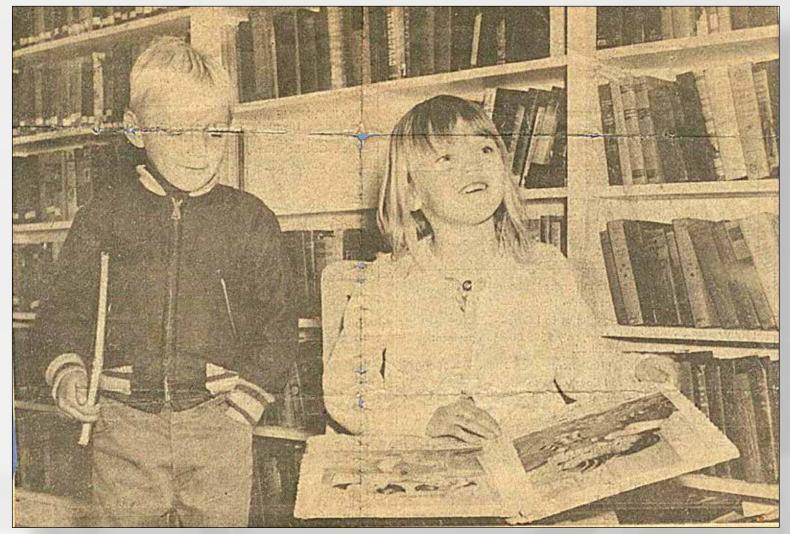
SKOOKUMCHUCK VIEWING TIMES MARCH

DATE-TIME-SIZE (small, medium, large, extra large)
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1. 12:34 PM -L
- 2. 1:10 PM -L
- 3. 1:47 PM -XL
- 4. 7:31 AM +L, 2:18 PM -XL
- 5. 8:08 AM +L, 3:07 PM -XL
- 6. 9:10 AM +M, 4:02 PM -XL
- 7. 10:32 AM +S, 5:09 PM -L
- 8. 7:31 AM -S, 11:54 AM +S
- 9. 8:29 AM -M, 1:01 PM +S
- 10. 9:31AM -M, 1:56 PM +M
- 11. 10:11 AM -L, 2:46 PM +M
- 12. 10:50 AM -L, 3:43 PM +L
- 13. 11:25 AM -L, 4:31 PM +L
- 14. 12:56 PM -L, 6:19 PM +L
- 15. 1:23 PM -L
- 16. 1:42 PM -L
- 17. 2:02 PM -L
- 18. 2:23 PM -L
- 19. 2:14 PM -L
- 20. 8:23 AM +M, 2:41 PM -L
- 21. 9:12 AM +S, 3:35 PM -L
- 22. 5:26 PM -L
- 23. 8:03 AM -M, 12:46 PM +S
- 24. 8:58 AM -M, 1:56 PM +S
- 25. 9:44 AM -M, 2:49 PM +M
- 26. 10:26 AM -L, 3:36 PM +L
- 27. 11:04 AM -L, 4:24 PM +L
- **28.** 11:39 AM -L, **5:23 PM +XL**
- 29. 12:13 PM -L, 6:15 PM +XL
- 30. 12:46 PM -XL, 7:09 PM +XL

31. 1:20 PM -XL

These are estimates only and not intended for navigation.



Robi Petraschuk

Troy Scoular and Mindy Peters (Lanteigne), age 5

This photo is a scanned clipping from a Sunshine Coast newspaper in the early 1970s. At that time, the Pender Harbour Library, what became the Pender Harbour Reading Room at the Madeira Park Cultural Centre, was located in the southwest corner of the P. H. Community Hall. The following is the caption:

Good Selection

Taking advantage of extended open hours of Pender Harbour's Public Library. Troy Scoular and Mindy Peters, both five years old, delve into books in the children's section. Manned by volunteer staff, the library attached to the community hall in Madeira Park is open from 1 to 3 p.m. every Tuesday and Thursday. During December, the library, which was a centennial project, will feature paintings and handicrafts by local artists

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ZOOM MEETING etiquette and tips

before meeting

- TEST THE TECHNOLOGY including camera, video, audio, wi-fi, headphones.
- ZOOM The meeting invitation included a link to the web client, but if you prefer, the program is also available for download.
- COMPUTER AND PHONE? If you aren't able to connect audio through your computer you can always log in to watch and call in by phone to speak.
- LIGHTING Is there enough light? Too much?
- CAMERA POSITION What is your background?
- LOGIN NAME It is helpful to use your first name.

during meeting

- VIEWING Set to gallery view; should be in top right hand side of your screen.
- CAMERA Shut off camera if you prefer. Look into camera when talking instead of looking at yourself.
- MICROPHONE

Mute your microphone when you are not speaking. Utilize headphones with a microphone if you prefer.

OUESTIONS

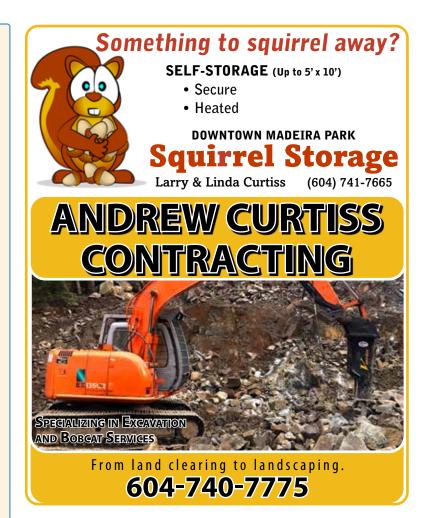
Physically raise your hand in front of camera if you have a question.

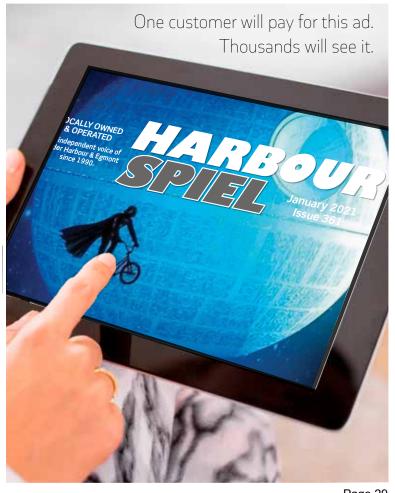
Use "Chat Button," on bottom of screen.

Use the "Raise Hand Button," found when you click on participants.

If you get disconnected, login again.

If you have to temporarily leave the meeting, shut the camera off (ensuring the mic is off) and turn it back on once you have rejoined.









Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

- Monika Miller Hygienist
- Restorative Dental Care Consulting
- Impants Surgical Extractions

• Braces • Cosmetic Dentistry

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764 Annaliese Hasler, NP

• Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890 Sharon Gilchrist-Reed LPN

• Foot care nursing

- Reflexology/Kinesiology
- COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health (604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

• Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

• Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 885-2257

Drs. Forgie & Robinson

By appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Ali Manavi, Coastline Health and Performance Chiropractors

• Wednesdays, call (604) 883-2764 to book appointment

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month,
 8 a.m. noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca

HEARING CLINIC – (604) 885-0155

Hear on the Coast

Terra Dannes – Registered Hearing Instrument Practitioner

In clinic on Thursdays & mobile Mon - Fri

- Full diagnostic hearing evaluations
- Detailed medical reports and referrals
- Fitting, cleaning & maintenance of hearing instruments
- Aural rehabilitation and communication counselling



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome. TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment **CHRONIC DISEASE MANAGEMENT PROGRAM**: Weekly on Wednesdays ~ call to book an appointment. **SOCIAL WORKER**: Weekly Tuesday, Wednesday & Thursday ~ call to book an appointment.

First-class health care for the people of the Pender Harbour area.

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Tips on avoiding falls as you age

Have you ever been given to be you experied to you experied what type of reaction in the past with what most	action did t, were you	SOCIETY PROPERTY.	tion to the contrast? [3 Yes [3 No [3 Un
If you had a reaction If "yes", with what meeting	R	S	□ Yes □ No F
FALL			Medical Record □ Obtained from ordering phy
High	⊔ Yes	□ No	☐ Unknown If yes, controlled? ☐ Yes ☐ Unknown
Allera	☐ Yes		☐ Unknown If yes, what type?
Other Allergies	☐ Yes	□ No	□ Unknown
Other Allergies Asthma / COPD / Emphysema	☐ Yes	□ No	☐ Unknown If yes, what type?
Joan Disease	☐ Yes	□ No	□ Unknown
yasthenia Gravis	☐ Yes	□ No	□ Unknown

By Jen Chapman RN (This article originally appeared in the Sept. 2014 issue of the Harbour Spiel.)

Falls are a major cause of injury in older adults.

According to the Ministry of Health, one in three British Columbians over the age of 65 will fall once every year.

Over 85 per cent of all injuries to seniors are the result of falls.

Falling is the main cause of loss of independence and decreased mobility for older adults.

But falls are preventable and there are many resources and ways in which one can decrease their risk.

PREVENTION

1. Building strength and increasing physical activity will improve balance and co-ordination and lower your risk of falls.

Consult your family doctor before beginning an exercise program to ensure you find one suitable to your needs.

2. Get annual vision checks.

Poor vision without the appropriMarch 2021

ate corrective lenses and conditions such as glaucoma and cataracts can lead to increased falls risk.

3. Have a medication review with your doctor or pharmacist.

Some medications and combinations of medications can make you sleepy or dizzy and cause you to fall.

Also, avoid mixing alcohol and medication.

Alcohol affects alertness, judgment, co-ordination and reaction time.

4. Reduce slip and tripping hazards inside and outside your home.

MAKING YOUR HOME SAFER

Approximately 50 per cent of falls happen at home.

Here are some ways you can make your home safer:

- Remove items you can trip over (books, clothes, shoes, cords, rugs) from stairs, hallways and walkways.
- If you have rugs make sure you use double-sided tape to secure them and non-skid pads to keep them from slipping.
- Improve the lighting in your home.

Light switches at the top and bottoms of stairs, night-lights in hallways and bathrooms and lamps next to your bedside will help you with nighttime wake ups.

- Avoid using step stools. Keep items that you use often in lower shelves and cabinets.
- Have handrails on both sides of your stairwells.
- Use good footwear. Wear shoes both inside and outside of the house and avoid going barefoot or wearing just socks.
- Ensure you have a non-slip surface in your shower/tub. Install grab bars near toilet, tub and shower.

If you are concerned about the safety of your home, please call the Pender Harbour Health Centre and a nurse can assess the safety of your home.

If necessary, the nurses can also refer you to occupational therapists for additional assistive devices and/or assessments.

Although falls increase with age, it is important to remember that falls are not an inevitable part of aging.

PHAFC PHSI PHCS

We look forward to seeing you!

During the COVID-19 pandemic, visitors are required to pre-register for activities.

Dropping in is not permitted at this time.

Pre-register for our activities:

Online at www.scrd.ca/pender-harbour-aquatic-fitness-centre or call 604-885-6801

What's New?

Aquatic Fitness Classes have started up.

Pre-registration is now available!

Swim Lessons in Spring – Stay tuned!

Swim lessons are being planned for spring.

They will appear online for pre-registration one week before the start date.

Please check www.scrd.ca/pender-harbour-aquatic-fitness-centre or call 604-885-6801 for details.



Come swim or work out in our weight room!

Swim and weight room visits are available for pre-registration.

Connect with Us!

We invite you to subscribe to our Recreation Newsletter at www.scrd.ca/Newsletter-Signup. Follow us on facebook: www.facebook.com/Pender-Harbour-Aquatic-and-Fitness-Centre-206667126014598



PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool, hot tub, sauna, gym & weight room

On lower level of Pender Harbour Secondary School:

13639 Sunshine Coast Hwy. 604-885-6866

www.scrd.ca/myrecreation

LEARN ABOUT OUR COVID-19 SAFETY PROTOCOLS

By following them, together we can help reduce COVID-19 virus exposure and transmission.

Thank you so much for your kind adherence to them.



PENDER HARBOUR SENIORS INITIATIVE

Sponsored by: Smart Fund

HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION,

CALL MARLENE: (604) 883-9900

Need help with your 2020 Income Tax?

Service is free for eligible clients:

Community Volunteer Income Tax Program March 1 to April 30, 2021

WALK-IN (first come — first served):

P. H. Health Centre — Tuesdays, 9am – 12 noon Community School — Thursdays, 9:30 – 1pm

DROP OFF

PH Health Centre (reception desk) — Monday to Friday, 9am – 4pm
P. H. Community School — Monday to Friday

Drop off in mail slot in door, pick up from box outside

BY APPOINTMENT

Call Harry at (604) 741-5132

Harbourside Friendship, Carpet Bowling & Chair Yoga and all programs are suspended for the time being due to health regulations. Please stay connected with each other and/or me either phone (604) 883-9900 or email marlenecymbalist@gmail.com.

Please stay connected with each other. Better times are coming!

celebrating Community Spirit

Thanks to everyone who participated in the Pender Harbour Literacy Crawl

Separate yet Connected

We would especially like to thank these folks who posted signs & helped energize the activity and to those who made donations:

Backeddy Pub • Bargain Barn • Bathgate Store • Community Halls • Egmont Book Nook • Egmont Heritage Centre • Euspiria Café • Festival of the Written Arts Fibreworks Studio • Flying Anvil • Golf Club • Grasshopper Pub • Grips Recycling Harbour Publishing • IGA • John Henrys • Lions Park Madeira Park Elementary Make Space • Marina Pharmacy • Mountainview Gas • PH Aquatic & Fitness Centre PH Community School • PH Health Centre • PH Reading Centre • Pender Harbour Secondary School • PODS • Post Offices • Rona • Sarah Wray • SC Credit Union SD46 Early Years • Sechelt Signs • Seniors Initiative • Steph's Boutique

The organizers: Adrianne, Francine, Gwen, Kym, Marlene, Paola, Pat, Patti & Sylvia

Happy Spring Break ~ March 15 to 26, 2021

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

MARCH

COVID-19 has made planning difficult. Check with organizers for updates regarding scheduling for events.

Mon. March 1......Pender Harbour food bank pickup (all clients) - P. H. Community Church, noon

Thurs. March 4......SCRD special corporate and administrative service committee (Rd. 2 budget), 9:30 a.m.

Thurs. March 5......SCRD special corporate and administrative service committee (Rd. 2 budget), 9:30 a.m.

Sun. March 7.....Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.

Thurs. March 11.....SCRD infrastructure services committee meeting - SCRD.ca, 9:30 a.m.

Thurs. March 11.....SCRD regular board - SCRD.ca, 2 p.m.

Sun. March 14.....Daylight savings time begins

Sun. March 14......Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.

Mon. March 15.....Pender Harbour food bank pickup (all clients) - P. H. Community Church, noon

Thurs. March 18.....SCRD planning and development committee meeting - SCRD.ca, 9:30 a.m.

Sun. March 21......Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.

Thurs. March 25.....SCRD corporate and administrative services committee meeting - SCRD.ca, 9:30 a.m.

Thurs. March 25.....SCRD regular board - SCRD.ca, 2 p.m.

HORSESHOE BAY

7:50 pm - Daily

10:55 pm - Daily

Sun. March 28......Sunday Jam at the Clubhouse - Clubhouse Restaurant, 2 p.m.

Mon. March 29.....Pender Harbour food bank pickup (all clients) - P. H. Community Church, noon

LANGDALE

6:40 pm - Daily

8:55 pm - Daily

Harbour Spiel Trivia Answers: 1.b 2.a 3.d 4.b 5.d 6.c

FERRY DEPARTURES

~ Effective to May 2021 ~

Masks are now required to be worn at all times at terminals and on board vessels.

Check www.bcferries.com for service updates due to holidays and COVID-19.

 $Crossing\ time: Langdale\ 40\ min. / Earl's\ Cove\ 50\ min.\ Ticket\ sales\ end\ 10\ min.\ before\ sailing\ for\ foot\ passengers,\ 5\ min.\ before\ for\ vehicles.$



7:30 am - Daily 9:45 am - Daily 8:40 am - Daily 11:55 am - Daily 10:50 am - Daily 2:10 pm - Daily 1:05 pm - Daily 2:40 pm - Dec. 23, 26, 27, Apr 1, 4 only 4:20 pm - Daily 5:30 pm - Daily 5:25 pm - Daily 5:25 pm - Daily

SALTERY BAY
5:40 am - Daily except Sur
7:30 am - Daily
9:25 am - Daily
11:20 am - Daily
3:50 pm - Daily
6:00 pm - Daily
7:55 pm - Daily
9:45 pm - Daily

To comment on ferry service, contact MLA Nicholas Simons:

(604) 741-0792 (Sechelt constituency office) or nicholas.simons.MLA@leg.bc.ca

Ask yourself this question: 'Will this matter a year from now?'

~ Richard Carlson (American psychotherapist and author of Don't Sweat the Small Stuff)

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A dedicated Mobile Financial Service Advisor to Pender Harbour, Holly understands her members' specific needs and helps them achieve their financial goals. If you're seeking strategic savings advice, lending or unique investment options, trust our advisors to guide you in the right direction. Available in-branch or virtually.

Get in touch!

Holly McCrone

Mobile Financial Service Advisor hmccrone@sunshineccu.net 604.989.5652



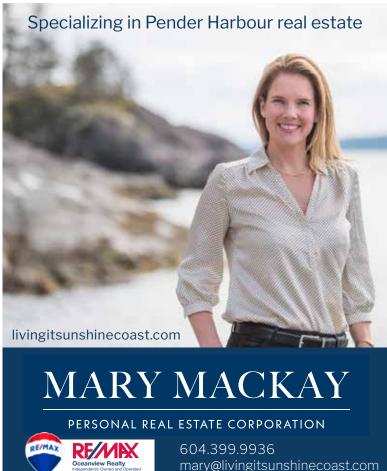
Get your financial wellness score and explore ways to improve your financial health by taking our online assessment today.

Check Your Financial Health www.sccu-wellness.ca



604.740.2662 sunshineccu.com







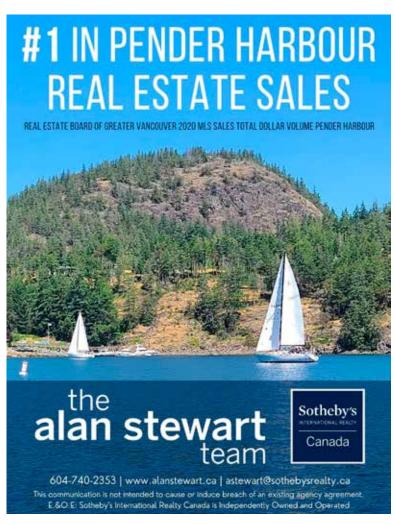
Spring and summer positions are now available.

Visit www.paintedboat.com for our employment opportunities.

Or, email your resume to employment@paintedboat.com



12849 Lagoon Road, Madeira Park, BC | 1.604.883.2456 | www.paintedboat.com





WE ARE CURRENTLY LOOKING FOR

Line Cooks
Liquor Store Clerks
Cleaning Personnel



604.883.9013 www.penderharbourhotel.com



Book & Save on Your Spring Getaway!

Shelter in Place Package - Starting at \$139/night

Two nights accommodation with bundle of board games in your cabin for use during your stay. Your choice of a Local Novel by a Local Authors to cozy up with and take home.

March Staycation Package - Starting at \$86/night

Book two nights accommodation and get the third night for free! Get cozy, curl up and relax for a few days.

Fun in the sun is right around the corner, reserve your summer staycation now before we're all booked up!



A full service hearing clinic at the P. H. Health Centre every Thursday.

Home visits are also available Monday to Friday throughout the Coast!

At Hear on the Coast, your hearing aid investment comes with an exclusive Total Care Plus Guarantee

and you can be rest assured with our Price Match Promise and 60 day return policy.





The owner and founder of Hear on the Coast, Terra Dannes, is a Registered Hearing Instrument Practitioner who has helped people on the Sunshine Coast hear better since 2007.

Call us today to book an appointment: 604-885-0155 info@hearonthecoast.ca www.hearonthecoast.ca