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May 2016
Issue 305





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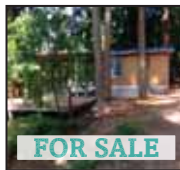
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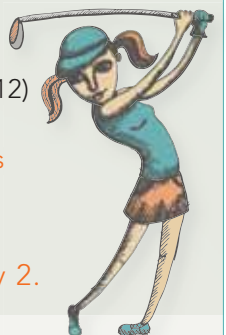
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EDITOR

Brian Lee

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CONTRIBUTORS

This month we thank: Elise Dolan, Frank Mauro, Shane McCune, Nathaniel Moore, Ken Walters and Jan Watson.

Cover: From the Spiel archives — the 2009 May Queen and attendants readying themselves for a group photo near the Madeira Park government wharf. (Brian Lee)

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JUNE ISSUE OUT: JUNE 2

editorial

May tweens

By Brian Lee



While absorbing the excruciatingly absurd U.S. primary race, it struck me how much it resembles one of our own political contests.

Though the format has changed in recent times, elections for the upper Sunshine Coast's most coveted title were also well known for vicious personal attacks and nasty behaviour.

Yes, I'm referring to the choosing of the Pender Harbour May Queen.

In recent years, our queen has been selected by a random draw of participating Grade 6 girls.

In a ceremony as solemn as a papal inauguration, one drawn name decides who wears the white gown and tiara.

The luckless chumps whose names remain in the salad bowl become her attendants.

As her name is read aloud, our queen beams with a special joy only a former pre-teen girl might understand.

Conversely, her mother sweats coldly, feigning happiness.

But she is not happy.

She knows the mother of the chosen one is appointed leader of the May Queen parade float construction.

She knows it's a lonely and exhausting task made worse as the other mothers, bitter over their childrens' loss, bail on work parties and shun the Queen Mother altogether.

But it wasn't always so fair.

In the spring of 1983, I was 12. I didn't know it at the time but things were going pretty well for me.

I had a girlfriend, a part-time job splitting firewood and summers off.

It was still common then for children to be thrust into activities where feelings could get hurt but the most emotionally gory spectacle we knew of excluded boys.

The Madeira Park Elementary School May Queen election might also have been called "the annual shattering of innocence for 11- and 12-year-old girls" because, just as in the Republican and Democratic primaries, pre-campaign friendships quickly dissolved into name-calling and deceit.

Every kid in the school got a ballot and by voting day, May Queen hopefuls found themselves in a no-rules popularity contest.

They would start out making nice to everyone — even the Grade 1s.

But so would the other girls, forcing them all to up their game.

Normally, the boys were too focused on soccer to notice what the girls were up to.

But no balls were checked out on election day as we gleefully took in the drama wafting through the schoolyard.

One girl started buying votes from the little kids with nickels and dimes swiped from her parents' coffee can.

Naturally, the girls who didn't have parents with coffee cans countered with the tools they had.

That was usually slander.

With three sisters, I thought I knew the depths of female ruthlessness.

I did not.

At that age we boys had an inkling that girls possessed a redeeming quality or two, but we were still a little unsure what they were.

But something gave us hope the suddenly rampant tales of our classmates' loose morals were true.

Other rumours would circulate about a contestant's hygiene, her complexion or her booger-eating habit.

It was pretty awful and voting was abolished a few years later in favour of the current selection method.

But grudges persist around here and I wouldn't be surprised if there are still a couple of middle-aged MPES grads who aren't talking because of it.

spiel picks

APRIL TOOLS WOODEN BOAT CHALLENGE: April 30, 10 a.m.

The 15th annual April Tools Wooden Boat Challenge starts at 10 a.m. at Millennium Park in Madeira Park. Teams of up to four people build a boat from materials provided (and no one knows what they will be until the day of the race) and race around the harbour for cash prizes. There will be youth races and mini boat building for the kids as well.

SUNSHINE COAST OVER-30 MENS SOCCER CHAMPIONSHIP: April 30 & 31

Come out and cheer on the Pender Harbour Bananas in the men's over-30 soccer championships held for the first time at the Pender Harbour Lions Park. A beer garden will be open from 11 a.m. to 6 p.m. both days and the Bananas take the field at 9 a.m. and 11:30 a.m. Saturday. The final will be played at 3 p.m. on Sunday.

MAY DAY: May 21

A community tradition not to be missed. (See double-page spread on p. 22.)

PHSS GRAD CLASS BOTTLE DRIVE: Saturday, May 28

Decorating the gymnasium at the Pender Harbour Secondary School for the graduation ceremony isn't cheap; nor is the banquet afterwards. Help the grads help you get rid of all your refundable bottles and cans by bagging them at the end of your driveway for pick up on Saturday, May 28 (a week after the May long weekend).

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photojournal



Brian Lee

Boaters entering Pender Harbour will now be met by three buoys urging them to slow down. They are part of an initiative to reduce damaging wakes and improve safety in Pender Harbour. The buoys were purchased and installed at a cost of \$5,600 by the P. H. Advisory Council with assistance from the Harbour Authority of Pender Harbour and Garden Bay Marine Services. In addition, 20 signs supporting the program were purchased by marinas and individuals and will soon appear around the Harbour.

Harbour Spiel



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ASSAULT

On the evening of April 2, police were called to the Grasshopper Pub after one patron bit another.

The suspect sat down with a male he did not know and when that male reached out to shake the suspect's hand, the suspect bit him.

The suspect then began yelling at staff before leaving without paying for his drinks.

The man has been identified by police and staff suspect he may have been under the influence of drugs.

No charges were recommended.

MVA

On April 11, police attended a single-vehicle incident in the 13700 block of Highway 101, Pender Harbour, after a southbound vehicle lost control and ended up overturned in the ditch.

The driver and passenger were able to exit the vehicle on their own but did sustain minor injuries that were treated on scene by paramedics.

The driver told RCMP they swerved to miss a deer crossing the highway and lost control.

The vehicle skidded sideways before rolling over and coming to a stop in the ditch upside down on the northbound side.

The vehicle was heavily damaged and was towed from the scene.

Police gave the driver and passenger a ride home.

THEFT

Between March 10 and 30, a thief broke a lock on a sliding door to gain entry to a building on Cassano Drive in Garden Bay.

The thief stole items including a chainsaw, battery charger, a Ryobi weed eater and some engine oil.

BOAT ADRIFT IN GERRANS BAY

During the evening of April 12, an older 14-foot fibreglass boat, with fishing gear and lumber aboard, drifted up onto a property on Francis Peninsula Road, near Gerrans Bay.

The receiver of wrecks has since been notified and the owner of the boat can contact Sunshine Coast RCMP for more information.

IMPAIRED COLLISION

Around 3:30 p.m. on April 14, emergency services attended a marina in the Garden Bay area after receiving a report of a single-vehicle collision.

Police arrived to find a stop sign had been driven over, a mail box damaged and damage had also been caused to a building at the marina.

A 57-year-old Garden Bay man was still sitting behind the wheel of the vehicle that caused the damage, complete with clumps of grass under the front bumper.

He had an odour of liquor on his breath, failed two roadside screening tests and received a 90-day immediate roadside prohibition.



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Gannon and Coon headline this year's jazz festival

The Pender Harbour Jazz Festival lineup has been finalized and the main Saturday evening concert features "Two Much Guitar," twice.

The quartet headed by two BC icons of the jazz guitar — Oliver Gannon and Bill Coon — will play two shows (7 p.m. and 9 p.m.) at the P. H. School of Music Sept. 17.

Both musicians have played in Pender Harbour a number of times before, including two performances (2009 and 2012) with Two Much Guitar as part of the Pender Harbour Music Society concert series.

The two guitarists share a warm friendship that becomes evident when the music stops and the banter begins.

When it's time to turn the volume back up, they are sure to surprise you with tasteful interpretations of Wes Montgomery, a swinging classic or one of their own compositions.

The driving rhythm section is compliments of Darren Radtke on bass and Dave Robbins on drums.

Though headliners get much of the limelight, there will be seven topnotch acts performing on Saturday and Sunday afternoon's Jazzapalooza concerts as well.

The P. H. Jazz Festival features a "big band" every year and, this year, they will take the stage first on Sat-



Brian Lee

Too Much Guitar performing at the School of Music as part of the P. H. Music Society 2009 concert series. L-r: Oliver Gannon, Darren Radtke, Dave Robbins and Bill Coon.

urday afternoon at 12:30 p.m. — the Jaclyn Guillou Orchestra.

In a tribute to Dinah Washington, the legendary jazz and blues singer of the 1950's, Guillou will perform songs from her 2016 Juno-nominated album, *This Bitter Earth*.

Jaclyn Guillou's orchestra is:

Eli Bennett (tenor saxophone), Tristan Paxton (guitar), Jillian Lebeck (piano), Darren Radtke (bass), Bernie Arai (drums), Cameron Wilson (violin), Janna Sailor (violin), Henry Lee (viola) and Finn Manniche (cello).

Sunday's Jazzapalooza opens with the Jen Hodge All-Stars.

Composed of some of Vancouver's best young jazz musicians, the group is remarkably well versed in the music of the 1910s, '20s, and '30s, taking their cues from past greats such as early Louis Armstrong, Bix Beiderbecke and Jelly Roll Morton.

The Marc Atkinson Trio returns to Pender Harbour to take the Jazzapalooza stage at 3:15 p.m. on Sunday, closing the show with their blend of fiery gypsy jazz.

The trio combines a wide variety of influences into an original, elegant and highly entertaining style, led by their virtuosic multi-instrumentalist and composer Marc Atkinson.

Rounding out the Marc Atkinson Trio are Brett Martens (rhythm guitar) and Scott White (bass).

This year's jazz festival will run Sept. 16-18.

For a complete schedule, visit: www.penderharbourmusic.ca/jazz/.

					
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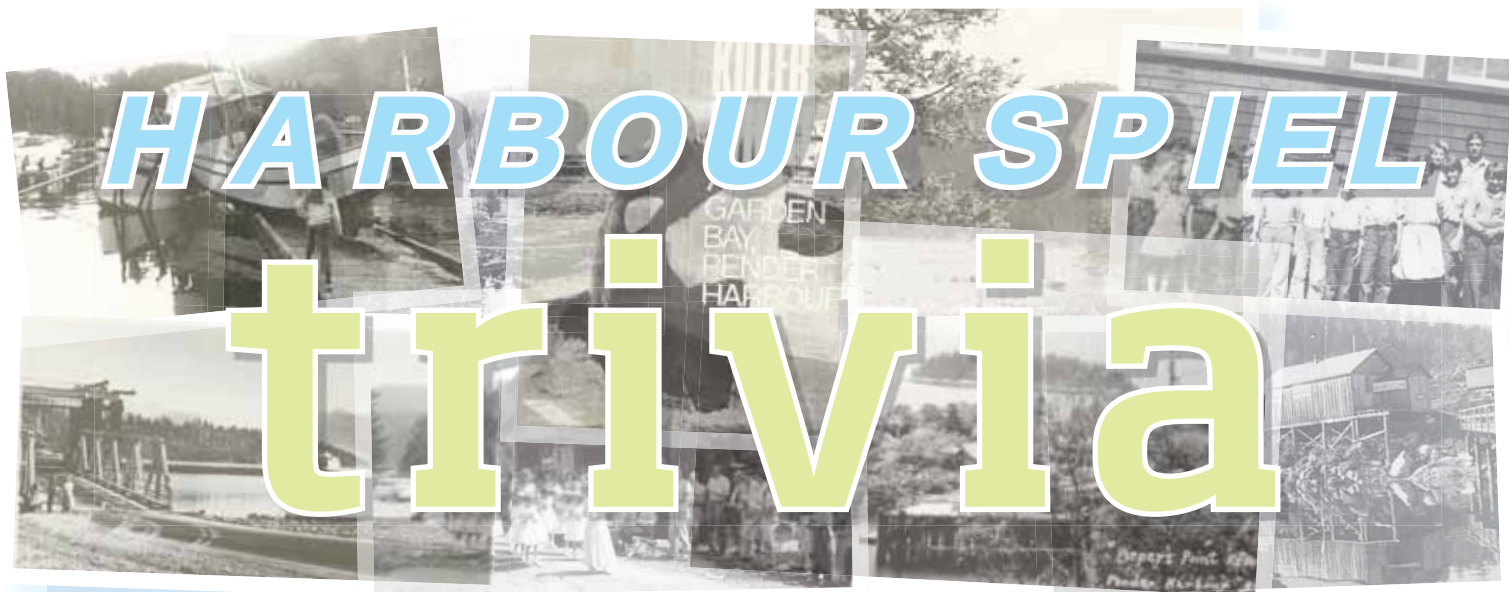
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1. Which lake sits at the base of Caren Peak (in the Caren range)?

- ☐ a. Klein Lake
- ☐ b. Lyon Lake
- ☐ c. Wormy Lake
- ☐ d. Carlson Lake

2. Metereological-sounding name of long-time Madeira Park hair stylist.

- ☐ a. Misty
- ☐ b. Autumn
- ☐ c. Sky
- ☐ d. Sunny

3. What is the town of Egmont named after?

- ☐ a. Ship
- ☐ b. Horse
- ☐ c. Admiral
- ☐ d. Battle

4. Name of the island near Lasqueti Island that became a park in 1995.

- ☐ a. Jedediah Island
- ☐ b. Mitlenatch Island
- ☐ c. Bull Island
- ☐ d. Merry Island

5. Name of the actress who “starred” in the Garden Bay filmed *Vipers* (2007).

- ☐ a. Linda Blair
- ☐ b. Adrienne Barbeau
- ☐ c. Tara Reid
- ☐ d. Jamie Lee Curtis

6. Deepest point in Jervis Inlet.

- ☐ a. 732 metres
- ☐ b. 984 metres
- ☐ c. 1,131 metres
- ☐ d. 1,420 metres

Answers: p. 42

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

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Brian Lee

The concrete foundation for the Canoe Pass bridge (between the mainland and Beaver Island) has long been a canvas for underappreciated forms of artwork but recent adornments seem to have appeared with an uptick in quality. It's unclear if the following RCMP report from November (as reported in the Dec. 2015 issue of the *Harbour Spiel*) involved the artists responsible for these works but, if so, hopefully they are out of jail by now:

On Nov. 14, a witness reported two males spray-painting the Canoe Pass bridge on Francis Peninsula Road, Madeira Park. The witness also provided vehicle information for the suspects, including a licence plate. Upon arrival, police located two males covered in spray paint, in possession of equipment and a large number of spray paint cans and nozzles. The males were arrested for mischief.

news

Feds open public consultations for the Trans-Pacific Partnership

Pamela Goldsmith-Jones, Liberal MP for West Vancouver-Sunshine Coast-Sea to Sky Country, recently announced the federal government has initiated a consultation process on the Trans-Pacific Partnership.

On Oct. 5, 2015, Canada, the United States, Mexico and nine other countries, who together represent more than 40 per cent of the global economy, announced the conclusion of negotiations on the Trans-Pacific Partnership “free trade” deal.

In a statement, Goldsmith-Jones invited community members who would like to share their view on the TPP to participate.

“The standing committee on international trade is beginning nationwide consultations on this important trade agreement,” said Goldsmith-Jones.

May 2016

“It is an issue that has complex implications for all Canadians and I know there is tremendous interest in our community.”

These consultations are the result of a study launched by the standing committee on international trade on the TPP.

According to the statement, the federal government is committed to hearing from all Canadians on the TPP before making a decision on whether or not to ratify the agreement.

The committee is inviting individuals and organizations to provide written submissions that express their views on the TPP agreement.

The committee is also inviting Canadians to request to appear as a witness before the committee, either as an individual or as a representative

of an organization.

There is no deadline for the end of consultations at this time.

Written submissions should be emailed to the clerk of the committee at ciit-tpp-ptp@parl.gc.ca.

More detailed information can also be found on the committee’s web page at www.parl.gc.ca/Committees/en/CIIT.

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Artists seek success co-operatively

Two local artists' co-operatives — one familiar, the other brand new — are gearing up for the coming summer sales season.

The Harbour Artists formed in 1986 and have operated a gallery at the Pender Harbour Cultural Centre since 1989.

The Harbour Gallery features painting, stained glass and jewelry.

During May, the gallery will play host to special guest Krista Maurer for an exhibit called "Metamorphosis."

The Harbour Gallery is open Tuesdays and Saturdays through May from 11 a.m. to 4 p.m.

The community's newest artist co-operative has taken a spot in Pender Harbour's newest commercial building, the Harbour Spirit Centre at the crossroads of Madeira Park road and Highway 101.

Studio 103 Artist's Co-op is a member-based group of local artists and artisans from a variety of disciplines.

Studio 103 is a diverse group of painters, photographers, woodworkers, furniture makers, metalsmiths, jewelry makers — and they promise there will soon be more.

The current members include:

- Melissa Tullock, a painter of landscapes and figures who works in oil on canvas;
- Bob James (a.k.a. Plumb Bob),



submitted

Studio 103 Artist's Co-op

a wood turner and stained glass expert;

- Pat Skidd, new to the Coast, creates laminated wood wall sculptures that have been featured on the cover of Lee Valley Tools catalogue;
- Ron Badley is a local photographer (and the landlord);

• Heather Wright takes vintage finds and remakes them into new jewelry designs;

• Cindy Cantelon is the former owner of the Copper Sky Gallery and will feature her nature-inspired metal art and jewelry;

• Wendy Milner produces natural body care products;

• Andy Cotton is a photographer specializing in quality canvas prints;

• Marshall Mar is a metal artist specializing in wall sculptures, and

• Dave Tenant is a woodworker who produces fine wood furniture.

They will run limited opening times until later in the season so for more information, call Cindy at (604) 741-7640.

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Catching up with recent SCRD matters



*Frank Mauro,
Area A Director*

COMMUNITY DIALOGUES

The SCRD has scheduled a series of eight community dialogues in late May on the Coast; one in each electoral area and municipality.

The Area A dialogue is scheduled for May 24 at 7p.m. at the community hall in Madeira Park.

It will give community members an opportunity to meet and get to know SCRD staff, including our new chief administrative officer Janette Loveys.

It will also be a chance to discuss overall direction for the SCRD

and local items such as bikeways and walkways, solid waste resource recovery centres, a transit future plan and others.

The community dialogue initiative is in keeping with the SCRD mission of “quality services to our community through effective and responsive government.”

It aims to “facilitate community development” as part of our strategic plan.

Our CAO has broad experience in community engagement, has led seminars both here and overseas, and has published papers on the subject.

I believe this forum will be a very good opportunity to get your questions answered and I hope to see you there.

ASSOCIATION OF VANCOUVER ISLAND AND COASTAL COMMUNITIES

On the weekend of April 8, I attended the Association of Vancouver Island and Coastal Communities conference in Nanaimo.

There were some 38 resolutions up for debate and many were repeats or variations of previously adopted resolutions.

A couple of workshops were particularly informative.

The first was “Local Government and First Nations: Foundational Legal Principles.”

The workshop provided clarity in that there are few legal obligations that, while local governments have few legal obligations regarding the relationship, it was made

SUNSHINE COAST REGIONAL DISTRICT

UPCOMING MEETINGS

Policing Committee
May 2 at 9:00 a.m.

Transportation Committee
May 2 at 10:15 a.m.

Infrastructure Services
Committee
May 5 at 9:30 a.m.

Community Services
Committee
May 12 at 9:30 a.m.

Regular Board
May 12 at 1:30 p.m.

Planning and Development
Services Committee
May 19 at 9:30 a.m.

Corporate and Administrative
Services Committee
May 26 at 9:30 a.m.

Regular Board
May 26 at 1:30 p.m.

Meetings are held at 1975 Field Road, Sechelt.
Agendas are available at www.scrd.ca/Agendas-2016.

You are invited to a community dialogue with Director Frank Mauro on Tuesday, May 24 at 7:00 p.m. at the Pender Harbour Community Hall located at 12905 Madeira Park Road, Madeira Park. Topics include: bikeways and walkways, resource recovery, and much more. Join us!

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Pender Harbour Transfer Station

The Pender Harbour Transfer Station is located at 5545 Garden Bay Road. For a list of accepted materials and tipping fees visit: www.scrd.ca/Tip-Fees.

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clear that we all have moral obligations regarding reconciliation as indicated in the Truth and Reconciliation Commission's final report.

Another informative workshop was the "Electoral Area Forum."

Topics such as derelict vessels and business licences in rural areas per the community charter demonstrated that many regional districts face the same issues.

The exchange of ideas is important if we are to resolve some of the problems.

I have attended most AVICC conferences since being elected and this was probably the best.

ODOUR/NUISANCE BYLAWS

Lately there have been many complaints on the Coast regarding nuisances, particularly odours.

The complaints regarding odours are mainly, but not limited to, those generated from medical marijuana growing facilities in residential areas under the old medical marijuana legislation.

Some of these facilities are licensed for more than 100 plants and are not subject to strict ventilation or filter requirements.

In order to deal with the problem and the complaints, some local governments are enacting odour and nuisance bylaws.

The District of Sechelt recently passed a bylaw amendment regarding odours.

West Vancouver enacted a very comprehensive "controlled substance nuisance bylaw" in 2005 and it reportedly has been effective in controlling odours.

We have not yet decided the

route to take at the SCRD but residents continue to apply pressure.

BROADBAND NETWORKS

The CRTC recently held public hearings at which the Federation of Canadian Municipalities made a presentation, responding to regional districts such as the SCRD's concerns regarding the lack of broadband Internet availability in remote and rural areas.

The FCM noted that the CRTC's own data showed that while 96 per cent of Canadian households in large population centres have access to broadband at download speeds of 100 megabytes per second, the same is available to only 25 per cent of households in rural areas.

Broadband Internet access has become fundamental to modern life and can transform rural life.

Modern networks contribute to economic growth by improving productivity, providing new services, supporting innovation and improving market access.

A local Middlepoint resident, Sue Lowell, who has been steadfastly advocating for broadband connectivity, also made an effective presentation pointing out that even if coverage is claimed, there are still pockets of residents unable to access any service.

Hopefully everyone's tenacity will ultimately result in success.

CONTACT

For answers to your questions or concerns please contact me at (604) 740-1451 or by email at Frank.Mauro@scrd.ca.

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Local golf action heats up with spring



Jan Watson

The season is now in full swing with the odd snowbird still returning.

The No. 9 tee box is looking good

and is back in play.

Notice that the fish is back on the sign at the entrance to the course after recently being refurbished by the late Helen Crabb and her family:



MEN'S CLUB

March 23 saw the first day of the season for the men and it was a stroke play event.

First flight low gross winner was Blake Priebe with 86 while the second flight winner was Garry Noble with 94.

Low net winner was Terry Cowan with 71.

KP on No. 3 was Blake Priebe and Terry Cowan while Garry Noble took No. 6.

March 29 was blind partners and the winning team with low net of 143 was Wayne Grout and George Brown.

KP on No. 3 Jordan Haines and Carl Rietze and on No. 6, Rusty Ellis and Carl Rietze.

April 5 was stroke play for low gross and first flight went to Andrew Barker with 87 and the second to Ron Needham with 93

The low net winner was Fred Baldwin with 70 while the KP on No. 3 was Andrew Barker and Garry Noble while nobody hit No. 6.

THE 19th HOLE

The reason the pro tells you to keep your head down is so you can't see him laughing!

– Phyllis Diller

LADIES' CLUB

March 17 saw a nine-hole event with three clubs and a putter.

Winning low net score was Steph Garner with 31.

March 24 was all about putting.

The lowest putts on the front nine came from Steph Garner (14) while on the back nine it was a tie between Kathy Bergman and Reni Ducich (14).

March 31 was Tic-Tac (first on the green and closest to the flag).

Winner was Krys Parranto with 22 points.

April 7 saw a secret partners low net event taken by Reni Ducich and Helen Krantz with 160.

April 14 was a nine-hole scramble followed by the spring luncheon and meeting.

First was the team of June Maynard, Steph Garner and Sanda Pylypiuk with 38.

ST PATTY'S SCRAMBLE

It was an 18-hole scramble on March 20 this year with eight teams participating.

The winning team of Garry Noble, Lori Wilson, Bob and Reni Ducich shot five-under par 67.

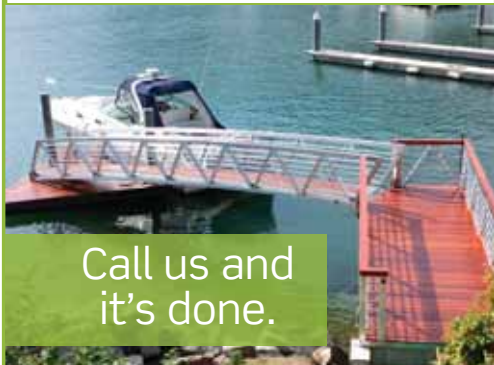
KP on No. 3 was Jamie Tufford and Reni Ducich while No. 6 was Rob Metcalfe and Stephanie Garner.



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John (Bubba) Federau

APRIL 16, 1953 — APRIL 11, 2016



With great sadness and sorrow, we announce that John “Bubba” Federau has passed away peacefully in the comfort of his family and friends after an unexpected illness.

Bubba touched many people in his life and was an incredible and inspirational father to his two sons, James and Jason Federau.

He is survived by siblings Margaret, Lorie, Betty, Henry and Edith.

Federau was predeceased by parents Sarah and John Federau, wife Jackie and sister Agnes.

Bubba grew up in Vancouver and attended John Oliver High School.

He started his career stuccoing houses before drywalling, which he later continued on the Sunshine Coast.

He was generous and warm and helped out anywhere he could whether

it was a place to stay, someone to talk to or a shoulder to cry on.

He was always happy with a good joke to tell.

He loved golf and hosted the “Bubba Open” golf tournament with his close friends for several years.

He spent many weekends fishing and enjoying life away from the city before moving to Garden Bay in 2000.

He enjoyed having a drink on his deck overlooking Garden Bay lake, loved to cook and always had more than enough food for whoever stopped by.

His upbeat nature and contagious laughs will truly be missed by all who knew him.

A celebration of life will be held at the P. H. Community Hall on Sunday May 1 from 2 p.m. to 6 p.m.

Michael John Adamson

SEPTEMBER 2, 1942 — APRIL 10, 2016



Michael Adamson passed away suddenly at home in Hamilton on April 10.

He was a beloved husband to Geraldine (Gerry) who predeceased him in 2015 and a loving father to Steven (Marcia), Dawn (Teresa), Samantha (John), Tony (Kyla), Jeff (Agnes) and Joanne (Paul).

Brother to Betty (Woody), Andy (Judy), Doug (Karen) and was predeceased by brother Jim and his sister Nancy.

Mike was dearly loved by his grandchildren and will be missed by his extended family and friends.

Mike was a retired millwright (Local 1916) and was crazy about

golf, was a fly-ball enthusiast and loved his dogs.

Mike was also known for his great sense of humour, storytelling, and playing magic tricks on kids.

Mike moved with his family to Pender Harbour in 1976 and although he had lived in Ontario for many years, the Harbour always had special meaning and inspired him to pay a recent visit to see old friends.

In keeping with Mike’s wishes, a cremation has taken place and a gathering for family and friends will be held at a later date.

Online tributes can be made at www.cresmountfennellchapel.com.

William Theodore (Ted) Alexander

JUNE 22, 1924 — APRIL 5, 2016



Private, strong, independent and more than a little stubborn — these words aptly describe Ted's approach to life.

Ted was predeceased by his loving wife Eileen, parents Lyall and Mary Alexander and brother Art.

He is survived by his son John (Lori) Argent, grandchildren Danny and Kristine, siblings Jack and Mary Lou and several nieces and nephews.

Ted's childhood years were spent in Ontario.

At the age of 18 his plans to study electrical engineering were put on hold at the invitation of Prime Minister Mackenzie King — in 1942 he joined the Royal Canadian Air Force.

After taking a one month arctic survival training course, he became a crew member on a Canso aircraft patrolling the Canadian West Coast on surveillance for submarines.

During his two and a half years of service he also spent time in the Arctic Circle, Ucluelet and assisted in building the Port Hardy runway.

In 1949 he began his career with Canadian Pacific Airlines in Vancouver, in their fixed communications department where he remained for over twenty years.

While with the airlines, he spent time in Norman Wells, N.W.T., during construction of the distant early warning line.

He also taught ham radio operations to paraplegics and quadriplegics at G.F. Strong Rehabilitation Centre, designed a portable iron lung for wheelchair-bound polio patients and, with the help of a dentist, wired a patient's mouth plate for Morse code.

Then he met and married his life love Eileen.

Together with her son John, the family lived on West 49th in Vancouver for many years during which time Ted embarked on the lengthy build of his 25-foot dream boat which he named *Eileeta*.

In 1952, Ted made his first trip to the Pender Harbour area over a very rough gravel road from Sechelt.

Little did he know then that he was destined to return.

In the summer of 1970, Ted, Eileen and *Eileeta* moved to Garden Bay where for over 30 years he owned and operated Harbour Electronics.

He served on the Garden Bay water board and was an active member of the P. H. Lions Club.

As a ham radio operator, he enjoyed keeping in touch with friends worldwide.

Ted's family would like to thank his many good friends and neighbors who enriched his life so much, particularly Teyjah, Joe and Harry.

If you so wish, donations in Ted's memory may be made to Sechelt Hospital Foundation, Sechelt.

There will be no service but a gathering of friends and family will be held at a future date.

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Attack of Danger Bay turns 15

Dear Editor,

Sunday, May 22, will mark the 15th annual Attack Of Danger Bay longboarding race.

It is the longest-running longboard race in the world and the first ever held in Canada.

This year's registration has been

the biggest in years. We have racers coming from Peru, Australia, England, America, Africa, New Zealand, Brazil and over 10 racers are coming from Puerto Rico.

We've added a few more racing classes this year in an attempt to bring some of the legends of the sport back to this iconic race.

Classes will include Super Groms, Groms, Juniors, Ladies, Open Pro, Dirty 30s, Masters 40-plus and Grandmasters 50-plus, all battling downhill at break-neck speeds for everyone's enjoyment.

Have your cameras ready to catch some of the action while we push four to six racer heats into the world famous Carnage Corner where even world champions still crash — exploding hay bales and breaking bones.

This year we are giving away at least \$8,000 in cash prizes.

The last four years we have promised \$8,000 each year but paid out over \$10,000.

We couldn't have made it to Attack of Danger Bay 15 without the incredibly amazing and understanding residents on the race hill.

For one day out of the year we are so thankful that we can showcase our sport in a controlled, safe manner.

We line the track with hay bales, we have two Med Tech Ambulances on site for any emergencies, we have race-track marshals up and down the entire track with radios, and we're thankful that Walk the Line traffic control comes out and volunteers their time.

We have the RCMP come out and help us keep this a positive family event with no booze or drugs on site — so please, leave that stuff at home.

The spectators play a big part in helping us keep the race hill clean.

For every garbage bag that gets filled with trash, we enter your name into a draw for longboards, helmets, wheels and other sponsored prizes.

There is absolutely no event parking so please use the shuttles (by donation) from the Oak Tree Market running all day starting at 8 a.m.

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Brian Lee

Life is good for this Hodgson Islands river otter (*Lontra canadensis*). They are generally wary and difficult to get close enough to photograph without a large lens but this one was distracted by a small sole it had caught and reluctantly put up with the intrusion.



Brian Lee

If you've seen this odd looking boat at the Madeira Park government wharf, you won't be alone if you wondered aloud, 'What the hell is that thing?' At its core, Curt Sample's work of naval architecture contains his 32-foot x 10.5-foot gillnetter the *Hawkeye*. This winter, Sample took another boat, a 32-foot Silverton yacht and cut it down the middle. After much scribing and fitting in his backyard, Sample fibreglassed the Silverton hull pieces around the existing boat to produce the unusual dimensions of 30-feet long by 18-feet wide. The beamy craft is commercially licensed to fish prawns, shrimp and salmon (gillnet). Its first test will come on May 12 with the opening of the commercial prawn season.

Special book excerpt: Nathaniel G. Moore's *Jettison*

by Nathaniel G. Moore

Excerpted from Moore's recent short story collection Jettison (Anvil Press)

EXCERPT FROM "SON OF ZODIAC"

Most people just die and leave you a box of cigars and letters and a gold watch or perhaps a chalet in some remote geographic trope. Fine wines, a horse, a car or a condominium make nice after I die gifts to leave folks! I have this story to leave whoever might be interested in who The Zodiac left alive by abandoning them all together: me, my brother and my grandparents.

Our house was simple, our lifestyle too was in a way, straightforward. On a lanky street in a small urban community, a quiet pair of disconnected bungalows sank slowly with weeds along a gum-smeared sidewalk. The street was a washed out river of brick as far as the eye could see and this is where I spent most of my early teen years.

From far enough away, the week-old chicken bones and late autumn leaves look exactly the same in the late October morning light. Both possess involuntary arthritic composure: a flimsy blow-away predictability.

When I was a wee lad some 60 or 70 years ago, I was raised by my grandma and her husband, my

grandfather. My own father Arthur had abandoned us all (me and my brother Jim) years earlier. Things were different back then and life was what you made it. This underlying struggle (the unspoken paranoia of financial woes, the stubbornness of the meat we tried to cut with our crummy knives, the whereabouts of our biological parents, the strong smell of bleach that permeated the house) was making our weird generational gap of a family into somewhat of a bomb-shelter; a prop family streamlined in design for survival. Also we had this grotesque neighbour named Derek who I tried to make money off of by selling tickets to watch him eat six different kinds of meat and cheese in a diaper. Ok, well not entirely that gross but this man was the foulest thing on two legs you'd ever see. This was when I was a full-fledged teenager and money was scarce. My grandma was now in her eighties and my grandfather was on his last few months of life.

Grandma's dressing gown was a sexless pink tea cozy in which she lived out her prescribed daily rituals of maintenance and dominance in our sparse bungalow. Her feet were cov-



ered in wet tinsel and sports socks which combined for a rotting gauze effect in terms of aesthetical presentation. As she moved like radiant fuzz from room to room—the tinsel dulling with every carpet stride—I stared straight ahead at the television, unable to breathe. I was not afraid of Grandma; I simply didn't want to believe she was the only thing that separated me from infinite loneliness, starvation, and a general destitute existence.

"Are you going to get dressed?" She would ask me.

"Yes grandma of course."

I guess I found it degrading the way she spoke, as if I was nothing more than a backwoods, lice-munching mute with two fingers on each hand.

When grandma wasn't wheelbarrowing me to school next to a pile of dirty laundry in three feet of snow and scowling "Goodbye Jack!" (show-

Harbour Spiel



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ing me her yellow and copper teeth as the morning sun's tyrannical glint blinded us all), she'd be knee-deep in chaos within the house's inner workings, tending to the heavily stained couch cushions (mostly thick gravy and mustard), controlling the build-up of excess newsprint, watering the wooden floors in our bedrooms, or in the kitchen to start chainsawing slabs of half frozen meat for our treacherous dinner hour.

School was a whole other bag of hammers altogether as I was a short, anxious, half-blind and real true crime teen dweeb generally incoherent to anyone my own age. The mass-produced lowbrow props stinking up my bedroom collection during those days: stale board games, worn-out comic books, ceramic garage sale commemorative dishes and the torn plastic sheen from the binding of expired bikini calendars is now handsome landfill or has been recycled into a pregnant-looking cashier's bra. These are the sorts of memories I fashion

from the crude remainder here in my fermentation centre of an old age home. More on my present state later; while I'm lucid, I want to share more important biological history.

My Grandma raised me after my father Arthur Lee Allen took off with my mother; a college student of sorts but mostly a diner waitress. They were never heard from again – by us anyway. I was 5 or 6 at the time.

Grandma had once told me of my father Arthur's love of trapping game, scuba-diving and camping, deep-sea fishing, carpentry and crossword puzzles. So, one day after school, she had left me a cruel note on the kitchen table. The usual prepared meal was gone, the plate empty in the fridge. The note read: "Supper had to be eaten, there will be more...I'm out doing my busy bee work..." but it didn't look like my Grandma's hand writing come to think of it. I suspect my father had been in town and visited while I was at school and had eaten my supper.

Jettison

Nathaniel G. Moore

Anvil Press (May 2016)

ISBN: 9781772140477

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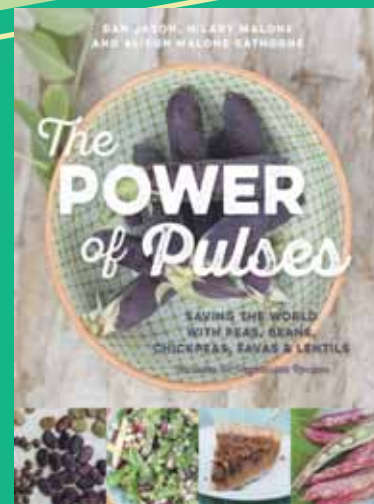
Nathaniel G. Moore is the author of six books, including *Savage 1986-2011* (winner of the 2014 ReLit Award for best novel) and *Let's Pretend We Never Met*. Born and raised in Toronto for some of the 1970s, the entire 1980s and 1990s, he studied writing at Concordia University and worked and lived in Toronto until a recent move to Pender Harbour altered this biographical pattern.



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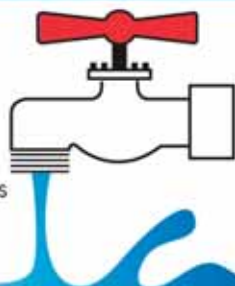
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Page 26

Harbour Spiel

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ORGANIZATIONS DIRECTORY

• Blues Society	883-2642
• Chamber of Commerce, P. H. & Egmont	883-2561
• Coast Guard Auxiliary, Unit 61	883-2572
• Community Policing.....	883-2026
• Egmont Community Club	883-1379
• Egmont & District Volunteer Fire Department	883-2555
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club.....	883-2689
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	885-1365
• Health Centre Society	883-2764
• Health Centre Auxiliary (Last Monday, 1p.m.).....	883-9957
• InStitches (Last Thursday, 11 a.m., PHHC)	883-0748
• Lions Club, Egmont.....	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.).....	883-1361
• Men's Cancer Support Group.....	883-2393
• P. H. Aquatic Centre Society.....	885-6866
• P. H. Choir (7 p.m., Tuesday).....	883-9248
• P. H. Community Club.....	989-0720
• P. H. Community School Society	883-2826
• P. H. Garden Club.....	883-2595
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.).....	883-2930
• P. H. Living Heritage Society.....	883-0744
• P. H. Music Society (bookings)	883-9749
• P. H. Dragon Boating	883-9847
• P. H. Piecemakers (quilters).....	883-2573
• P. H. Pipe Band.....	883-0053
• P. H. Power & Sail Squadron	883-2086
• P. H. Ramblers (walkers, every Tues. a.m.).....	883-1191
• P. H. Volunteer Fire Dept (Wed. evening).....	883-9270
• P. H. Reading Room (library)	883-2983
• Rotary Club (noon Fri. Garden Bay Pub)	883-2544
• Royal Canadian Legion No. 112	883-2235
• Ruby Lake Lagoon Society	883-9201
• Skookumchuck Heritage Society.....	883-9994
• S. C. Health Care Auxiliary (2nd Wed., 1:30 p.m.).....	741-8413
• Seniors' Housing Society	883-2819
• Serendipity Child Care Centre.....	883-2316
• Sunshine Coast Better At Home.....	989-6171
• Sunshine Coast SHROOM.....	883-3678
• TOPS (Take Off Pounds Sensibly).....	740-1509
• Wildlife Society (3rd Tues. PHSS).....	883-9853
• Women's Cancer Support	883-9708
• Women's Connection (2nd & 4th Tue.)	883-3663
• Women's Outreach Services.....	741-5246

organizations

P. H. WILDLIFE SOCIETY

Pender Harbour Wildlife Society presents local conservation officer Dean Miller on Tuesday May 17 at 7 p.m. at Pender Harbour High School. Miller will speak about conservation strategies in human-wildlife conflict and his office's role in enforcement and public safety initiatives. Questions are welcome. Refreshments will be served and it is open to everyone.

P. H. HEALTH CENTRE AUXILIARY

The Bargain Barn Thrift Store is a busy hub of the community, recycling gently used goods into essential financial support for the Pender Harbour Health Centre and bursaries for our grads. It is in need of more volunteers for back of the house activities like sorting and pricing and for sales. There is also an opportunity for a handyman to do odd jobs around this historic building. Interested persons are invited to email Janet at jthomaspender@gmail.com.

P. H. GARDEN CLUB

The Pender Harbour Garden Club will be meeting one week later than usual, on the third Monday of May. We are invited to tour Ron and Carla Knight's rhododendron garden on Monday, May 16 at 1 p.m. We will tour the Caron Gardens and have refreshments, along with a presentation by Ron Knight on hints for working smarter in the garden. See www.phgardenclub.ca for more details.

P. H. AND EGMONT BURSARY FUND SOCIETY

The Pender Harbour and Egmont bursary fund society was started in 1982 when a jar appeared in the Marina Pharmacy, then owned by Margaret Swigart and Shelly Kattler. Since then, the generosity of the people of Pender Harbour and Egmont has enabled the society to award \$15,500 to Pender Harbour Secondary Students. We currently have a few jars around the community and donations are greatly appreciated. We are a non-profit society and tax receipts are available if anyone would like to make a larger donation. For more information contact Gail Paton at (604) 883-2770.

SOM COFFEEHOUSE

The next School of Music Coffee House is Friday, May 13 at 7:30 p.m. The lineup is: Baili Clarke and Angie (vocal duets with guitar), Bits of String (Roberts Creek duo Mark Lebel and Kaia Nelson) and Simon Paradis (local singer/guitarist).

Delicious desserts (home-baked by the P. H. Choir) and tea or coffee will be available.

Fungi and fibre enthusiasts arrive in Madeira Park Oct. 17

Submitted

Madeira Park is going to be busy this fall.

More than 100 international guests will arrive for the 17th International Fungi and Fibre Symposium Oct. 17 to 22.

The event takes place every two years but 2016 will mark the first time it will be held in Canada.

The Sunshine Coast Spinners and Weavers Guild is the main organizing group behind it with support from the Sunshine Coast SHROOM, a local mushroom club.

This event is all about obtaining colour from mushrooms.

Participants will be taken into local forests to forage for mushrooms.

Dyepots will be in use each day so people can see the many colour possibilities obtained from local mushrooms.

Registrants will also attend fibre- or mushroom-related workshops throughout the week before gathering each evening for meals provided by local restaurants.

Registration opened Feb. 29 and the event already has 92 registrants, many of whom will bring spouses.

Confirmed attendees are from the Scandinavian countries as well as France, Italy, Scotland, England, the U.S., Australia and Canada.

Registration is capped at 125.

The Painted Boat will serve as the symposium's base to provide participants walking access to workshop venues in Madeira Park and to most of the planned meals.

School buses will transport participants to workshop and meal venues outside of Madeira Park.

The guild has asked the P. H. and Egmont Chamber of Commerce to provide participants with a walking map of the village and there is also a
May 2016



Ann Harmer

A sampling of the mushroom-dyed fibre produced at the 2014 symposium in Estonia.

“community passport” in the works so registrants will have an incentive to visit every local business.

The guild is asking businesses to welcome the visitors by offering a discount, a special price or a small item

for the goody bags we'll be giving to everyone.

For more information, contact Ann Harmer at fungiandfibre2016@gmail.com or visit the website at www.fungiandfibre2016.org.

Pender Harbour Seniors Housing Society Outreach Healthy Meal Program



Healthy Meals service has resumed.

For emergency service, call Linda or Anky.

Linda: 604.883.2819 or Anky: 604.883.0033.

SKOOKUMCHUCK VIEWING TIMES

MAY

DATE-TIME-SIZE (small, medium, large, **extra large**)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 7:23am -L, 12:48pm +L
2. 8:15am -L, 1:50pm +M
3. 9:01am -L, 2:44pm +L
4. 9:42am -L, 3:48pm +L
5. 10:21am -XL, 4:42pm +XL
6. 11:01am -XL, 5:35pm +XL
7. 11:35am -XL, 6:28pm +XL
8. 12:24pm -XL, 7:20pm +XL
9. 1:16pm -XL
10. 7:01am +M, 2:10pm -XL
11. 7:56am +M, 3:06pm -L
12. 9:05am +S, 4:03pm -L
13. 10:41am +S, 4:48pm -L
14. 12:13pm +S, 5:58pm -M
15. 1:30pm +M, 7:02pm -M
16. 8:31am -L, 2:30pm +M
17. 9:12am -L, 3:22pm +L
18. 9:46am -L, 4:09pm +L
19. 10:13am -L, 4:52pm +L
20. 10:28am -L, 5:33pm +XL
21. 10:51am -XL, 6:11pm +XL
22. 11:17am -XL, 6:48pm +XL
23. 11:45am -XL, 7:25pm +XL
24. 12:19pm -XL, 8:02pm +XL
25. 6:42am +M, 1:00pm -XL
26. 7:29am +M, 1:50pm -XL
27. 8:25pm +M, 2:46pm -L
28. 9:38am +S, 3:47pm -L
29. 11:10am +S, 4:51pm -L
30. 12:30pm +M, 4:59pm -L
31. 1:33pm +M, 7:13pm -M

These are estimates only and not intended for navigation.



25%

Facebook users who don't bother with privacy settings.

Ages 55-64

The fastest growing demographic on Twitter — 79% growth since 2012.

Ages 45-54

The fastest growing demographic on both Facebook and Google+.

69%

Percent of parents are "friends" with their children on social media.

24 hours

The amount of video uploaded to YouTube every minute.

1 in 5

Divorces are blamed on Facebook.

Ages 18-34

YouTube reaches more U.S. adults aged 18-34 than any cable network.

Porn

Has been overtaken by social media as the #1 activity on the web.

25%

Of smartphone owners aged 18-44 can't recall the last time their smartphone wasn't next to them.

1 in 5

Couples meet online

3 in 5

Gay couples meet online.

95%

Percentage of companies using social media for recruitment that use LinkedIn.

2.25 million

The number of pages required to make Wikipedia into a book.

~ *Socialnomics*, Erik Qualman (Wiley)

MAY WEATHER

TEMPERATURE

Our average daily high temperature in May is 15.6 C and our average daily low is 9.3 C, giving us a daily mean temperature of 12.5 C for the month. Our record high temperature in May is 28.4 C (May 29, 1983) and our record low is 3.3 C (May 1, 1970).

PRECIPITATION

May has an average of 12 days with rainfall and an average total for the month of 54.9 mm. Our record daily rainfall in May is 28.7 mm (May 2, 1963) and our record daily snowfall in May is 1 cm (May 10, 1985).

MAY ASTROLOGY



TAURUS: APRIL 21 - MAY 21

Taureans are seekers of peace and stability. Although unambitious, they are happy to be the powerhouse behind the scenes.

Were the stars right last month or what?

You pushed too hard and got steamrolled. Don't worry — it will provide the stimulus for unexpectedly positive outcomes. Do not travel until these outcomes are realized, or until the full moon on May 21 (when your good fortune will have already come and gone).

GEMINI: MAY 21 – JUNE 21



Geminis are butterflies by nature, flitting from one attraction to the next. They're easily bored but have lively, stimulating minds and can be witty and charming. You will soon feel rushed to get things done.

Patience is not your strong point and this will cause you to damage relationships in your haste. Don't stop to cry over spilled milk — someone else will clean up your mess. Someone may twist your words to cause trouble within your love life; ignore it. Your wolf pack of one will defeat all comers until the June solstice (June 20).

BC BESTSELLERS

For the week of April 17, 2016

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- | | |
|---|---|
| 1. Gut by Giulia Enders | 6. Orca Chief by Roy Henry Vickers & Robert Budd |
| 2. Walking to Camelot by John A. Cherrington | 7. Beach Baby by Laurie Elmquist |
| 3. My Heart Fills with Happiness by Monique Gray Smith | 8. The Obesity Code by Dr. Jason Fung |
| 4. The Wild in You by Lorna Crozier & Ian McAllister | 9. Vancouver Vanishes by Caroline Adderson |
| 5. The Heaviness of Things That Float by Jennifer Manuel | 10. Bill Reid Collected by Martine J. Reid |

~ Assn. of Book Publishers of BC

MAY BIRTHDAYS

- May 1 ~ **Allison Scoular** and **Kim Struthers**.
 May 3 ~ **Tyra Phillips** and **Natasha Kammerle**.
 May 4 ~ **Andrew Sutherland**.
 May 5 ~ **Barb Ellison**, **Rob Ellison**, **Baylee Higgins** and **Robyn Leech**.
 May 6 ~ **Lori Fielding**.
 May 7 ~ **Stephanie Warner**, **Tricia Fisher** and **Kristen White**.
 May 8 ~ **Wally Silvey**, **Linda Reid**, **Francis Belisle**, **Ryan Schroeder** and **Vicki Honeybourne**.
 May 9 ~ **Steve Devaney**, **Bruce Silvey**, **Rick Dougan**, **Leanna Mackie**, **Karen McKeeman**, **Vanessa Stephens**, **Debbie Hayen** and **Jim Greenlaw**.
 May 11 ~ **Deena Lowings**, **Shelley Wharton** and **Candace Sharp**.
 May 12 ~ **TJ Campbell** and **Rob McMann**.
 May 13 ~ **Joe McCann**, **Mel Likes** and **Reynald Bernier**.
 May 14 ~ **Jan Smalley** and **Lhonna Dougan**.
 May 15 ~ **Michael Pazur**.
 May 17 ~ **Linda Curtiss**, **Jack Dennis**, **Dan Jinks**, **Helen Krantz**, **Roland Schmidt** and **Amy Tiefenbach**.
 May 18 ~ **Devina Morton**, **Ron Collett**, **Wendy Haddock** and **Sharon Halford**.
 May 19 ~ **Earl Stewart**.
 May 20 ~ **Rylan English**, twins **Carrie & Stirling Fowler**, **Yasmeena Kennedy** and **Brenna Young**.
 May 21 ~ **Shannon Fowler**.
 May 23 ~ **Mary Milner** and **Tom Patterson**.
 May 24 ~ **Vicki Kobus**, **Dick Milner**, **Treenah Dougan** and **Margo Hunsche**.
 May 25 ~ **Christina Stoutenburg**.
 May 27 ~ **Cindy Schroeder**.
 May 28 ~ **Mikey Thompson**, **Lyn Vaughan**, **Kevin Graham**, **Wayne Archbold** and **Myrtle Winchester**.
 May 29 ~ **Cliff Silvey**, **Tyler Forsyth** and **Amber LaFrance**.
 May 30 ~ **Marten Mees**, **Kathy Mills** and **Mike Phillips**.



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home Care/Palliative care • Dressings

DENTISTRY – 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures • Surgical Extractions

PUBLIC HEALTH NURSE – 883-2764

- Well Baby Clinic
- Child and Adult Immunizations
- **All travel immunizations done in Sechelt

FAMILY NURSE PRACTITIONER – 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

REGISTERED MASSAGE THERAPY

Brigit Garrett, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

COUNSELLING SERVICES

Siemion Altman – MD Psychiatrist – 885-6101

Tim Hayward – Adult Mental Health – 883-2764

PHYSICIANS – 883-2344

Drs. Cairns, McDowell, Robinson & Justin L Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca

MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT:

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**Elaine Hamel and Rhonda Jackman, child and youth
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Intake (604) 740-8900 or (604) 886-5525



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area.

Understanding chronic pain

Elise Dolan, RN

Remember the last time you stubbed your toe?

You may have grimaced in response to the sensation or called out words that aren't in your everyday vocabulary.

Stubbing your toe, biting your tongue, or touching a hot stove are examples of acute pain.

This type of pain doesn't last long and when the injury heals, the pain stops.

Chronic pain is different from acute pain in that it lasts beyond the usual healing and recovery time.

It is usually defined as pain that persists longer than three- to six months and can vary in intensity from mild to severe.

It may be felt in one area of the body or several areas all at once.

Chronic pain can be caused by a chronic disease such as arthritis or spinal stenosis.

It can have no known cause like chronic back pain or neurologic pain.

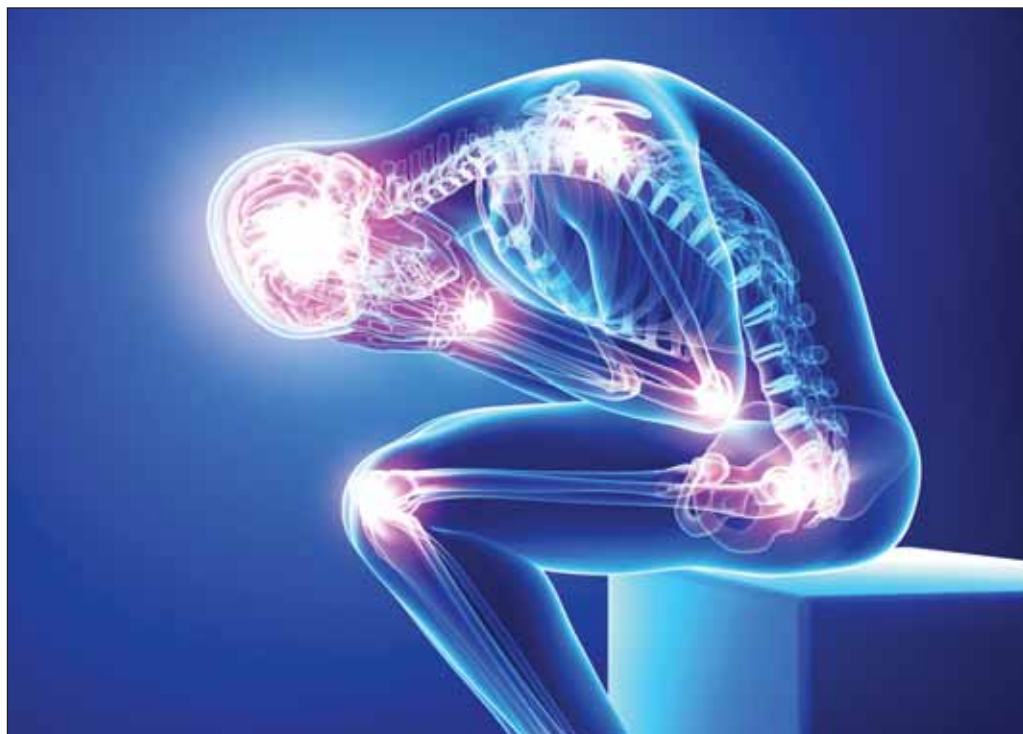
Studies have shown that approximately 17 per cent of Canadians aged 15 and over live with chronic pain which makes it very likely you, or someone you know, is experiencing chronic pain.

Chronic pain affects a person's quality of life and can interfere with daily activities and family dynamics.

Poor sleep and insomnia are often experienced by those with chronic pain and, in many cases, interfere with a person's ability to work.

Because chronic pain is frequently long-term, it can lead to additional symptoms such as fatigue, stress, anxiety and reduced physical activity.

These additional symptoms can make the pain feel worse.



This cycle of pain combined with these additional symptoms can greatly affect how a person feels every day.

It can be hard to stay happy and optimistic when feeling the effects of chronic pain.

Managing chronic pain can be frustrating and difficult.

The following are some tips to living with chronic pain:

- Learn ways to manage stress so you can better cope with pain;
- Learn meditation and deep breathing exercises to aid in relaxation;
- Cut back on caffeine and alcohol, which can affect sleep quality;
- Keep a pain journal and track activities and pain level;
- Find activities or interests that help distract you from the pain;
- Speak to your health care provider about pain management options;
- Seek out alternative therapies including massage, chiropractic treatments and acupuncture, and
- Don't suffer alone: Talk with someone who can support you or join

a group with others who are experiencing chronic pain

The Pender Harbour Health Centre offers a free seminar aimed at supporting members of the community to live a healthy life with chronic pain.

This seminar runs a few times a year and provides knowledge and skills to those who are experiencing chronic pain.

Please contact the Pender Harbour Health Centre to sign up for an upcoming seminar or to obtain more information at (604) 883-2764.

DIABETES SPRING FLING

Diabetes drop-in session May 19 from 1 to 4 p.m. at PHHC boardroom.

Before summer is upon us, come review what you need to know to get healthier or stay healthy while living with diabetes.

Blood sugar, blood pressure, and foot testing available.

Information will also be available on nutrition, fitness, foot care, eye care, stress management, and more.

Coffee/tea and goodies provided.



Marlene Cymbalist

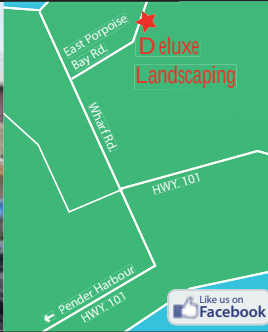
In celebration of National Volunteer Week, this 'community garden' panel showcased the people and organizations who make up the fabric of our community. The panels travelled around the community for two weeks in April, collecting contributions from those wishing to recognize their favourite volunteer or volunteer organization. It was a joint project by the P. H. Aquatic and Fitness Centre, the P. H. Community School and the P. H. Seniors Initiative. The display is now removed but will reappear at May Day.



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Brandon Isaak talks of many things but sings of love

Brian Lee

Brandon Isaak writes about what most bluesmen write about — loving and losing women.

But Isaak doesn't look like your typical blues man — he's skinny, red-haired and John Lee Hooker was already 54 by the time he was born.

He opened at the school of music on April 17 with one of his first songs, "All Night Long," and from the first verse and clear, staccato notes of his fingerstyle guitar, the audience knew he was authentic.

*All I want to know is,
where were you?*

All. Night. Long?

"This is the song that told me I was a blues musician," Isaak joked to the crowd.

"I thought I was a metal god."

Isaak sang, played guitar, harmonica, a two-piece drum kit and even kazoo on a couple of songs.

She smokes reefer

Like Cheech and Chong,

But that don't matta,

My baby can't do wrong.

Between songs, the Yukon-born musician shared stories about past loves, friends with depression, a Jehovah witness named Gary and sex with bears.

Isaak is a rapid-fire entertainer, freely engaging the audience with a clear tendency towards the bawdier regions of the humour spectrum.

After decades of playing rowdy bars, the musician likely toned down his stories to suit the maturity of the Madeira Park crowd.

He shouldn't have because the full room was up to it and even egging him on.

They were also on key.

Isaak said as much after one



Brian Lee

Brandon Isaak plays slide on 'Little K,' a custom guitar made for him by German guitar-maker Redemption. Isaak will return to Pender Harbour in June as part of the line up for the 13th annual Pender Harbour Blues Festival (June 3-5).

exceptionally challenging call and answer duet with the audience.

"You guys are like autocorrect when I hit the wrong note," he congratulated.

Here's a penny for your thoughts.

Come on baby, it's all I got.

One thing on my mind.

Whether playing music or kibitzing, he clearly enjoys involving the audience in his act.

After hinting they should do so, the musician snapped a photo of his standing ovation — for Facebook and his mom.

But despite the ovational appreciation he received, the musician can't be blamed for leaving disappointed.

While introducing a new song about the early stages of love, "and how even the irritating things they do are kind of cute," Isaak pumped the crowd:

"All the single ladies in the house

say, 'Ya!'"

It provoked the quietest moment of the afternoon — and the only one in which the chatty musician seemed truly speechless.

I'm so down,

I'm on the bottom of the world.

Don't blame me,

Blame it on the girl.

Celebrating 50 years

 **PENDER HARBOUR
READING CENTRE**

STRAWBERRY TEA AUTHOR READING
Saturday May 14, 1pm

P. H. School of Music & Reading Centre
Admission by donation

GALA DINNER
Wednesday June 22, 5pm

Music: Knotty Dotters

Author reading: David Lee

P. H. School of Music ~ \$50

**Tickets: Earth Fair Books &
P. H. Reading Centre (883-2983)**

Come have fun!



**There's no age requirement — everyone is a senior to someone!
The Pender Harbour Seniors Initiative is going into our 4th year.**



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR LEARNING
CENTRE HOURS:
Tues/Wed/Fri
9am to 4pm**

Box 232
Madeira Park
V0N 2H0

604.883.2826

phcs@dccnet.com

WOOD FIRE PIZZA OVEN

April 30 & May 1 at Bakers Beach B&B. 10:30am-2:30pm.
Day 1: Make a pizza in the oven. Day 2: Learn to build a Wood Fire Oven

DOG OBEDIENCE & AGILITY TRAINING

Thursdays at MPES field – rain or shine, \$70 per session.
Session 1: May 5-26. Session 2: June 2-23, 6-7:30pm

PLANNING FOR YOUR FUTURE with Alison Sawyer

Monday May 9, 7-9pm, Harbour Learning Centre. Wills, trustees, power of attorney and more! \$10 donation

DROP IN SPORTS NIGHTS AT PHSS

Soccer: Mondays, 7-9pm, ages 12+, \$3 drop in
Open Sports Night: Tuesdays, 7:30-9:30pm, age 12+, \$3 drop in
Pickleball: Wednesdays, 6:30-8:30pm, \$5 drop in

KIDS BASEBALL

Tuesdays May 17 to June 21, 3-4pm at MPES field. Ages 5-12. Kids will be divided into two groups based on age, \$50

GET READY FOR MAYDAY: Saturday, May 21

Get ready for the parade! Bike decorating Fri May 20, 3-5pm at the Hall. Watch for our ukulele group on the stage at 1pm!

OPEN DOOR GROUP

Employment services now available in the Harbour! Regular hours coming for May — call for info.
Harbour Spiel

Seniors Helping Seniors

PENDER HARBOUR SENIORS INITIATIVE

Sponsored by:
Smart Fund



HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:
P. H. Health Centre &
P. H. Health Auxiliary

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900

BUS TRIP TO S. C. BOTANICAL GARDENS: TUESDAY, MAY 10

Lunch to follow at the Blue Ocean Grill. Depart Madeira Park at 10am.
Cost \$10 for the bus (plus cost of lunch).

WALKING GROUP: Tuesday May 31, 10:30am.

Join us for a walk around Madeira Park. Meet outside the hall, 10:30am

CARPET BOWLING: May 11, 18 & 25

Wednesdays at the P. H. Community Hall 1-3pm Drop-in \$3. (No carpet bowling May 4.)

HARBOURSIDE FRIENDSHIPS: THURSDAYS

Thursdays at the P. H. Community Hall at 10:30. Lunch served at noon. \$10 drop-in.

May 5 – "Cinco de Mayo" Mexican Party

May 12 – Board games (crib, Scrabble, bingo or card games)

May 19 – Music by "Joan & Ted"

May 26 – Show & Tell

YOGA CLASSES: May 6, 13 & 26 (No classes May 20.)

Fridays at the P. H. Community Hall. \$2 drop-in.

Yoga (using floor mats): 9-10am

Chair yoga: 10:30-11:30am.

Seniors Programs for May!

All programs are drop-in and all are welcome!



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DANGER BAY TOONIE NIGHT: Friday May 20, 6-9pm

Kick off the Danger Bay weekend at the pool!

TONER-IN 6 WEEKS (12 CLASSES): May 24-June 30 \$90

Small group weight training program designed to help you stay on track. Training includes a personal consultation and a personal workout program. Instructor: Amanda Peterson

HAPPY HIPS AND KNEES: 8 Tuesdays, May 24-July 12 \$48

The benefits of exercise in the water are numerous and can greatly enhance the success of your surgery/recovery. Instructor: Gwen Walwyn

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Wednesdays 1-2pm or 5-6pm May 11-June 8

GET STARTED: 5 Mondays, May 16-June 20, 1-2pm or 7-8pm, \$60

For those who have no experience with strength/weight training and want to learn. Small group training with personal trainer Silke Linnmann.

FACILITY CLOSURES:

The facility will be closed Saturday May 21 and Monday May 23.

The facility will be closed Friday evenings and Saturdays effective May 27.

Moving to the Harbour in the 1940s: John and Alice Haddock

By Al Lloyd

This article first appeared in the Harbour Spiel (Harbour Remembered, April 1995)

Our Harbour gained a lot of new residents in the 1940s; it's surprising because there were few jobs and virtually no houses to rent.

Add to that boat-access only, to a lovely place with no hydro and an archaic phone system.

I guess beauty won out.

THE HADDOCKS

One of the brave families to make the move was John and Alice Haddock.

John worked as a machinist for Vivian Diesel and Munitions but the ending of the war cut the work consid-

erably.

John and a partner planned to establish "Haddock and Stevens Engineering," and hoped to set up and earn a living in Pender Harbour.

Their timing was perfect.

With relaxed wartime restrictions on machinery and fuel, many fishermen and boat owners were changing slow speed diesel engines for high speed gasoline ones — which were finally available because they weren't needed for tanks anymore.

This put many Chrysler Crown engines on the market at reasonable prices.

But the switch to gas engines necessitated a fair amount of work changing engine beds, shafts and propellers, which Haddock and Stevens were happy to do.

PREPARING THE LAND

The Haddocks' new property came with plenty of rocks and trees but no road, dock or electricity.

There was an old building which could be made into a house.

Fortunately, John's brother George had some experience with logging and clearing land.

Down came the trees, which were then bucked and dragged to the water before being towed to Joe Baker's sawmill in Bargain Harbour.

Baker cut them into rough lumber and instead of payment, he took half the lumber.

Baker often sold lumber to fishermen building floats and net sheds.

The Haddocks half of the lumber built a shop and helped to make the existing building into a house.

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After a great deal of hard work it was time to move up and become permanent residents.

BOATS AND RAFTS

Things were not easy for moving furniture in a place with no roads and few solid docks.

First, they had to find a boat to take it up here (there was no ferry service), and a captain that would suffer the odd delay, as furniture and precious possessions had to be unloaded onto a raft and towed to the home.

Alice, John's wife, was pretty nervous about all this.

To add to her worries about rain, she was eight months pregnant with daughter Shirley.

The Haddocks were fortunate to get in touch with Harvey Heard.

Heard had a passenger freight boat, the *Charkay*, and understood the difficulties at the Harbour end.

They got the boat and precious load to Irvine's Landing, but it was too late to unload.

They got things stowed under-cover and unloaded the next morning onto a log raft to be towed to their new home.

You can imagine that they were a little tense about all this — Alice over her precious household goods and John over his indispensable tools and machinery.

The fates were kind and the weather fair and when they arrived at the property, they got their first taste of the wonderful spirit of the Harbour.

Jim Cameron and Doug Nichol sized up the situation, came over and helped them pack furniture to the house and tools to the shed.

This was a great welcome and sign of the happy times to come.

HADDOCKS IN THE HARBOUR

Alice now had to learn about keeping house, cooking and washing without electricity (no washing machine or refrigerator).

Fortunately the shop boasted a 110V gasoline-powered generator so she could see her way around while she poked wood into the stove and

coaxed the fire to burn.

The pioneer spirit was strong in the Haddocks and their partner Stevens —they got settled in and their business prospered.

They made many friends and the hard work was worthwhile.

Pender Harbour has always been kind to those who will work.

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May 17 onward:
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5 - 9 pm

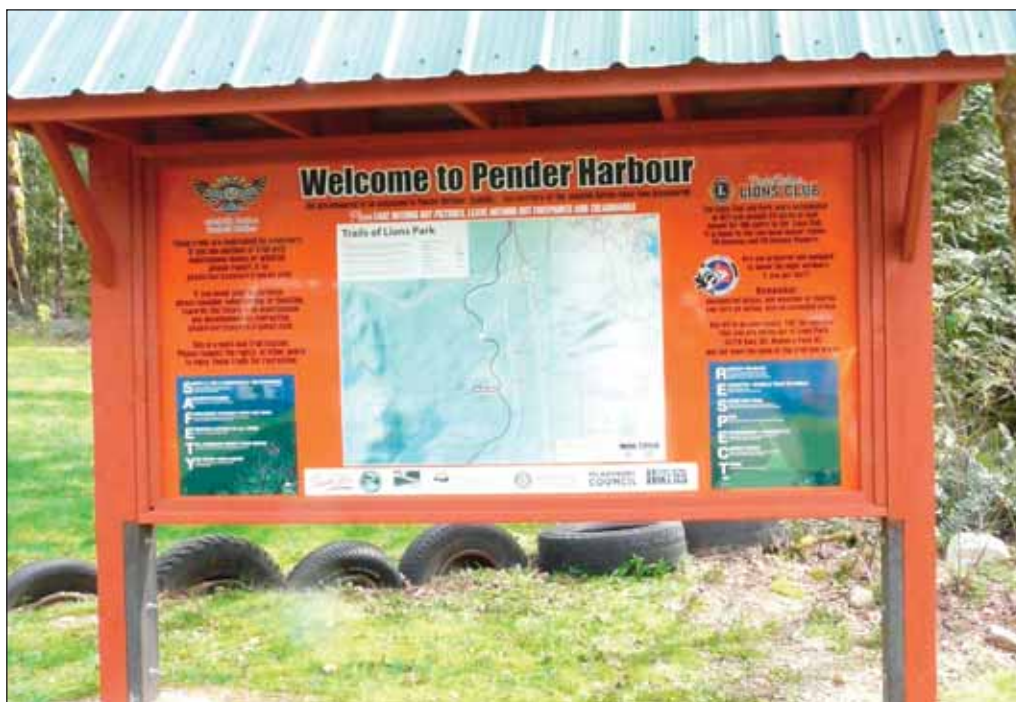
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photojournal



Maureen Wright

The first of many planned hiking and biking trail map kiosks was installed recently at the P. H. Lions Park. The trail map kiosk project was launched jointly by the P. H. Advisory Council and the P. H. Hiking Club with a \$35,800 grant from the Sunshine Coast Community Forest legacy fund.



Ken Walters

Is it a coyote? Is it a wolf? Is it a coywolf (coyote/wolf hybrid)? Ken Walters snapped a photo of this healthy canine but wasn't sure which it was. The *Harbour Spiel* contacted Ministry of Environment biologist Darryl Reynolds who was unequivocal: 'The picture is of a coyote. Wolves have large heads and big feet. In eastern Canada there are coywolves but no records of hybridization in the west.' The news provided little assurance to local cats. 'Whatever — it's still ugly,' said one Persian-cross who wished to remain anonymous.

Sakinaws take on the Eagles at Lions Park

On April 21 the Pender Harbour Secondary School girls soccer team hosted their Sechelt rivals in a game that was most notable for its unseasonable 25C-plus degree heat.

Pender Harbour Secondary School has about 40 girls in the entire school and 20 of them from Grades 7 and 12 are on this team.

Chatelech's larger size allows them to field a team of mostly seniors and their experience showed in their controlled play and patient passing.

While spectators packed under the shade of a tent on the sidelines, the red-faced athletes battled on the field in an often rough game marked by collisions and midfield turnovers.

Chatelech opened the scoring in the opening minutes to go up 1-0.

They scored again 15 minutes later on a breakaway shot that found the top right corner of Pender's net.

Pender's Samantha Stewart answered back before the half ended with a high shot from outside that drifted over Chat's goalie into the net.

Ten minutes into the second half, it looked to be all Chatelech as they scored again, pushing the score to 3-1.

But, three minutes later, Stewart notched her second of the game to bring her team back within one.

After that, Pender took advantage of their coach's advice to lob high shots at the sun-blinded Chat goalie.

Pender dominated the late minutes with shot after tantalizing shot that just failed to find their target.

Desperate, a Chat defender tripped up Lulu Kammerle inside the 18-metre line, knocking out her wind but rewarding her with a penalty kick.

Kammerle's shot was on target but the goalie was there first.

Pender launched a flurry of shots but the game would end 3-2 for Chat.



Brian Lee photos

Though the PHSS girls were travelling to Merritt the day after this game to take part in Merritt Secondary School's annual 'Test of Mettle' soccer tournament, they held nothing back. Here Lulu Kammerle shows how to intimidate an opponent.



Pender's goalie, Emma Clark, kept her team in the game with a number of solid saves, like this one in the first half.



Pender Harbour Lions

Thank

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Thank you to all the businesses that helped sponsor the easter egg hunt:

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- DD Trucking
- Royal LePage Sussex (Madeira Park)
- Midway Power
- Miss Sunny's Hair
- KER Enterprises
- Rodd Webb Contr.
- P.H. Health Centre
- S. C. Credit Union
- R. C. Legion Br. 112 · CC Rock
- Triple B's

Mothers Day Pancake Breakfast: Sunday May 8, Sunday 9am to noon,
May Day (May 21) Pancake Breakfast: @ PH Community Hall, 8-11am



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LAFARGE
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DIVISION

community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

MAY

Sat. April 30.....April Tools Wooden Boat Challenge - Madeira Park Government wharf - 10 a.m.
Sat. April 30 & 31....Men's over-30 soccer league championship - P. H. Lions field, two days
Sat. April 30.....Annual Legion garage sale - Royal Canadian Legion No. 112, 10 a.m.
Thurs. May 5.....IGA parking lot sale (3 days) - IGA Madeira Park
Sun. May 8.....La Trattoria Italiana Mother's Day brunch - Ruby Lake Resort, 10-3 p.m.
Mon. May 9.....P. H. Food Bank pickup - P. H. Community Church, noon
Tues. May 10.....P. H. Seniors Initiative bus trip to the S. C. Botanical Gardens - Madeira Park, 10 a.m.
Fri. May 13.....Ladies Golf and BBQ steak night - P. H. Golf Course, 5:30 p.m.
Fri. May 13.....School of Music Coffeehouse - P. H. School of Music, 7:30 p.m.
Sat. May 14.....Ruby Lake Resort hosts "Global Big Day" bird count and luncheon - Ruby Lake Resort
Sat. May 14.....P. H. Reading Centre's "Strawberry Tea Author Reading" - P. H. School of Music, 1 p.m.
Sun. May 15.....P. H. Music Society presents "Duo Rendezvous" - P. H. School of Music, 2 p.m.
Mon. May 16.....P. H. Garden Club rhododendron garden tour - Caron Gardens, 1 p.m.
Tues. May 17.....P. H. Wildlife Society presents conservation officer Dean Miller - PHSS, 7 p.m.
Thurs. May 19.....Diabetes Spring Fling - P. H. Health Centre boardroom, 1-4 p.m.
Fri. May 20.....The Cafe at John Henry's opening day - John Henry's Marina, 8 a.m.
Fri. May 20.....Danger Bay toonie night - P. H. Aquatic and Fitness Centre, 6-9 p.m.
Sat. May 21.....May Day - Madeira Park, all day
Sun. May 22.....Attack of Danger Bay downhill longboard race - bus departs Oak Tree Market all day
Mon. May 23.....P. H. Food Bank pickup - P. H. Community Church, noon
Sat. May 28.....PHSS grad bottle drive (bag refundables at end driveway for pickup) - Pender Harbour
Wed. June 8.....P. H. Music Society AGM - P. H. School of Music, 3 p.m.

Harbour Spiel Trivia Answers: 1. **b** 2. **d** 3. **a** 4. **a** 5. **c** 6. **a**



FERRY DEPARTURES

~ Effective to May 18 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:20 a.m. - Daily EXCEPT Sun
7:30 a.m. - Sun. only
9:20 a.m. - Daily EXCEPT Sun
10:10 a.m. - Sun. only
11:20 a.m. - Daily EXCEPT Sun
12:40 p.m. - Sun. only
1:20 p.m. - Daily EXCEPT Sun
3:30 p.m. - Daily
4:10 p.m. - May 8 & 15 ONLY
5:30 p.m. - Daily
7:25 p.m. - Daily
9:15 p.m. - Daily

LANGDALE

6:20 a.m. - Daily
8:20 a.m. - Daily EXCEPT Sun
8:50 a.m. - Sun. only
10:20 a.m. - Daily EXCEPT Sun
11:30 a.m. - Sun. only
12:20 p.m. - Daily EXCEPT Sun
2:30 p.m. - Daily
4:30 p.m. - Daily
4:10 p.m. - May 8 & 15 ONLY
6:30 p.m. - Daily
8:20 p.m. - Daily

EARLS COVE

6:30 a.m. - Daily except Sun.
7:00 a.m. - Sun. only
8:25 a.m. - Daily EXCEPT Sun
9:00 a.m. - Sun. only
10:25 a.m. - Daily EXCEPT Sun
10:55 a.m. - Sun. only
12:20 p.m. - Daily EXCEPT Sun
4:30 p.m. - Daily
6:30 p.m. - Daily
10:05 p.m. - Daily

SALTERTY BAY

5:35 a.m. - Daily except Sun
6:00 a.m. - Sun. only
7:25 a.m. - Daily except Sun
8:00 a.m. - Sun. only
9:25 a.m. - Daily except Sun
9:55 a.m. - Sun. only
11:20 a.m. - Daily except Sun
3:25 p.m. - Daily
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Keep your face to the sunshine and you cannot see a shadow.

~ Helen Keller

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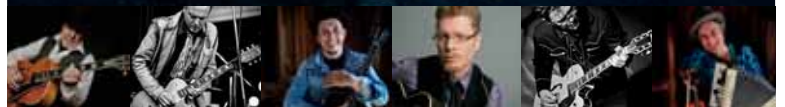
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