Locally Owned & Operated The Independent Voice of Pender Harbour & Egmont since 1990. January 2007 Issue 193 \$3.00 **Pender Harbour High School Boys** Basketball Team in a clash with the aged.

HARBOUR SPIEL

The Independent Voice of Pender Harbour since 1990

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Brian Lee.

CONTRIBUTORS

This month we thank Barry Ashley, Tom Barker, Judi Georgetti, Doretta Morland, Ray Phillips, John Rees, Jim Rutherford, Jan Watson.

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One year, GST included: \$50.

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EDITORIAL

Resolutions need a new name

By Brian Lee

It dawns on everyone, eventually, that New Year resolutions are kind of futile.

You realize that no matter how strong your motivations are to get back in shape or to stop stealing cars, the burst of righteousness usually doesn't last much into March.

Despite this understanding, I usually make them anyways.

I just don't call them resolutions.

That word carries too much history of failure.

For me, the motivating factor for change is more of a reaction to the gluttony of the holidays.

You see, I'm not fond of Christmas like most people.

It's not politically correct to dislike Christmas but it's become too overwhelming to hold it in any longer.

For months, life's singular purpose is to get ready for Christma and, even if you have nothing to get ready for, you can't escape the trauma it causes.

Like second-hand smoke, the incessant Christmas music is everywhere.

You don't want to but you have to breathe it anyways.

Then, after weeks of advertising, rich foods, and garish decorations, the New Year is like a breath of fresh air.

Kind of like a lighthouse guid-

ing me through the eggnog fog, January 1 is the time I know relative sanity will return to the world.

I get that sudden whoosh of feeling that I just survived something unpleasantly sweet and Spring must be just around the corner.

I feel it coming and get ready to try to harness that pent up energy in an effort to make a relatively effective, albeit short lived, burst of health.

It feels good and for a few weeks it seems like I've just made a startling turnaround to a fitter me.

It doesn't matter that it probably won't last because if you accept that you will fall back into the pattern of relative slobbery then the pressure is gone and, with it, the spectre of failure.

Try to stretch the fantasy out as long as you can and, if it's the only time all year that you think about making yourself a better person, revel in the fleeting glimpse of your true potential.

A few weeks of positive effort will have a lasting effect on your emotional and physical health.

They say a change is like a holiday and, in these times of stress and unhealthy lifestyles, few things could be more important.

Note: The Spiel is a little late this month because... my printer was closed during the Christmas holidays.

WHAT'S HAPPENING

PENDER HARBOUR CHOIR

Come sing with the Pender Harbour Choir performing of Handel's *Messiah*. Performances are scheduled for March 24 in Powell River and March 31 in Sechelt. Rehearsals begin Jan. 9 at 7 p.m. at the Pender Harbour School of Music. Contact Ann Barker, (604) 883-2689 for more info.

EGMONT FIREFIGHTERS POKER TOURNAMENT FUNDRAISER

The Backeddy Pub is hosting a poker tournament on Jan. 12. All proceeds going to the Egmont Fire Department.

INSPIRATIONAL CINEMA

The Copper Sky Cafe and Gallery is presenting a new series of thought provoking films starting Jan. 6 with *The Secret* and *The Power of Community* on Jan. 20.

ROBBIE BURNS NIGHT

The Pender Harbour Legion is presenting their annual Robbie Burns Night on January 20. Entertainment will be provided by the Coast String Fiddlers and our own Pender Harbour Legion Pipers. Admission is \$25.00.

BREAKING NEWS

\$50,000 Donated to Community Hall Septic

On December 29, the Pender Harbour Community Improvement Foundation received a \$50,000 donation from a local individual.

The donation is is to be used specifically for the Pender Harbour Community Hall septic field project and is held in trust for the Pender Harbour Community Club to begin construction in the New Year.

The Pender Harbour Community Improvement Foundation is a community organization that has charitable status to receive donations for the betterment of the community for approved projects.

The foundation follows a specific constitution mandating project approval and has a Board of Directors

made up of representives from various local groups.

Funds received through the P.H.C.I.F. can only be used for approved projects.

Currently some approved projects include the Madeira Park Landscaping project and the Madeira Park Entrance Highway Display.

Past projects have included the Skookumchuck Heritage project and the Madeira Park Marshland Boardwalk.

Donations can be made to the Pender Harbour Community Improvement Foundation, c/o Linda Curtiss, Box 92, Madeira Park, BC, V0N 2H0.

Abbeyfield Update

The Area A Seniors Housing Project has gained title to the land on Lagoon Rd. for the Abbeyfield House project. Complete details will be disclosed in next month's issue



PENDER HARBOUR Aquatic & Fitness Centre

Winter Session Program
Registration for this session
(Jan 29- April 6) begins
Jan. 22.

Bronze Cross: Jan. 30 for five Tuesdays (4:15-6:15pm) and two Saturdays (Feb. 10 & 24, 9am-2pm). Register by January 12. \$200.

Women on Weights: 1 hour: Tuesdays @ 5:30, January 9 - Feb 27 and Thursdays @ 10:15, Jan 11 - Mar 1. Preregistration required. \$80

Reality Night: Ages 11-16. Fri. January 26, 8-11:30pm.

Contest for ages 6-10: Find the starfish on the website, e-mail us where it is and have your name entered to win a registration at the next Sleepover (Outerspace) March 3.

Contest for Adults/Teens:

E-mail the answer to the following question (pulled from the website) and be entered to win a 1 month facility pass.

What type of fitness activity can burn up to 20% more calories?

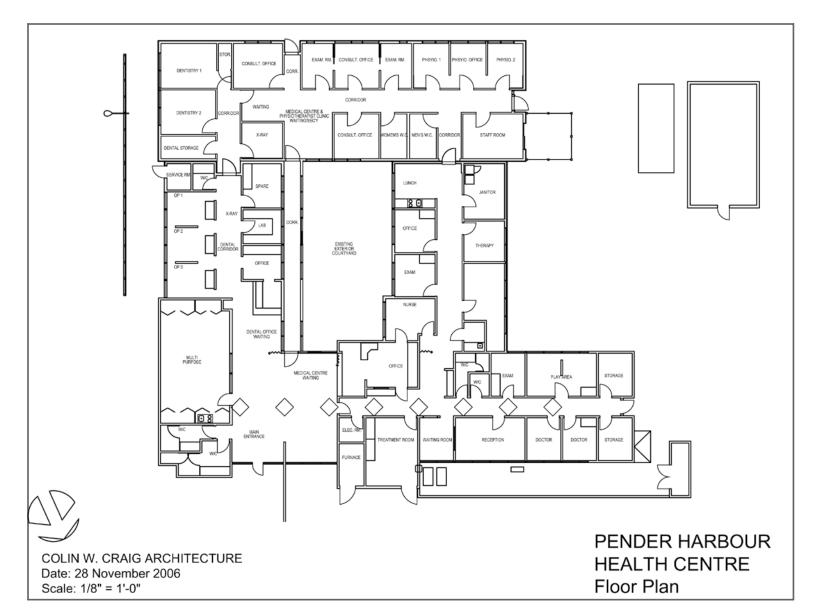
Draw Date: January 20, 2007

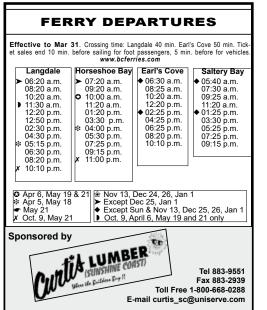
www.phaquatic.com phaquatic@sd46.bc.ca

604-883-2612



Pender Harbour Health Centre Turns 30





On Dec. 8, exactly 30 years after the original opening, a ribbon cutting ceremony took place at the Pender Harbour Health Centre to officially open the new wing.

Though construction is still ongoing, volunteers led members of the community through the 2,300 sq. ft. wing to view what soon will be open to the public.

The addition has made it possible to host a larger physiotherapy space, an X-ray room, two consultation rooms, two more dentist chairs, two examining rooms, a new reception area and a larger lunch room to acco-

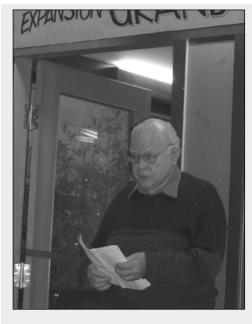
modate the increase in staff.

Judy Georgetti, P.H.H.C. Nurse Administrator, said that the health centre will also be able to host more specialists such as podiatrists or dermatologists on specific days, cutting down on the number of trips to Vancouver for those seeking medical advice.

Frank White, the previous owner of the property and one of the people instrumental in the original fundraising efforts, cut the ribbon before approximately 60 people attending.

The following is an excerpt from Frank's speech.





I am honoured to have been chosen to cut the ribbon to open this new wing on the 30th anniversary of the opening of the original Pender Harbour and District Health Centre on Dec. 8, 1976.

I only wish some of the oldtimers who campaigned for this

clinic back in the 1970s could be here to see their dream come into full bloom.

The situation then was that Pender Harbour had been the site of the only hospital on the Sunshine Coast from 1930 to the mid 1960s.

When St. Mary's hospital was moved to Sechelt, the doctors promised Pender Harbour would never be without medical facilities of its own.

What we didn't realize then was that these facilities would consist of the building now occupied by Miss Sunny's Hair Boutique.

The doctor was only in sometimes and never the times you really needed him.

A group of us old-timers started the Pender Harbour and District Ratepayer's Association to campaign for a real clinic and, in May of 1970, Bill Scoular and a delegation went to Victoria and succeeded in getting a meeting with the Social Credit health minister of the day, Ralph Loffmark.

He promised to "turn heaven and earth" to see we got our wish but he later changed his mind and said travel time from Pender to Sechelt was less than from some parts of Vancouver to a hospital.

It wasn't until the Barrett government was elected in 1972 that we were able to make real headway but even then it took four more years of hard work to finally get the doors open.

We never could have succeeded but for the extraordinary efforts of one man, a very special person, the late Jim Tyner.

Jim was secretary of the Ratepayers Association and for many years Area A Director on the Regional Board and it was him who originally had the vision that our medical facility should be a centre for a broad range of health services, not just a doctor's office.

Jim was an accountant and former civil servant.

He was also a polio victim who walked with the aid of crutches and leg braces.

He was a man of great ability and even greater determination.

The rest of us would have given up in the face of all the red tape and political tricks we encountered along the way but Jim refused to quit and, in the end, his doggedness paid off.

It was also Jim who selected this corner property as the best site for the clinic.

It had good access and it offered room for future expansion, which he knew we would need some day.

The only problem was that I owned it and I had given an option to another buyer.

He kept very close contact with me and on the day the option expired he was right there with all his papers ready.

Finally on the third day, when I had not heard from the other buyer, I phoned the lawyer, called the deal off and entered into a deal with Jim's new Health Centre Society.

Things moved very rapidly after that and soon the building was up.

I am convinced that Jim Tyner's single-minded determination made it possible for all of us to be here today but I don't want to imply he carried the load alone.

Bill Scoular and Bill White both worked hard in their terms as president of the Ratepayers Association.

Billy and Iris Griffith also played key roles.

Don Lockstead, our MLA at the time, kept the pressure on in Victoria.

It is quite impossible to name all who worked with us on the effort but there were many.

And that was only the start.

The continuing success of the Clinic is a whole other story, no less remarkable, and involves even more exceptional efforts by an even greater cast.

It is perhaps unfair to name some and not all but

January 2007



some we can certainly applaud our faithful nurses Linda Szabados, Nancy Mackay, long-time nurse-administrator, Linda Curtiss, and her worthy successor Judy



Georgetti.

The volunteers of the Ladies Auxiliary and the Bargain Barn, especially Muriel Cameron, have been tireless

in their support.

At first we had trouble keeping good doctors, but that has been solved admirably by the doctors of Trail Bay Medical, whose support has been a major factor in the Centre's success.

And a big thank you to the volunteer board members who find time to look after it all.

The success of this Health Centre shows Pender Harbour at its best, and is a shining example to the cause of community health everywhere.

With thanks to all who have helped to make it possible, I now declare this fine new facility open.

Frank White

love grows here

St. Andrew's Anglican Church

JANUARY EVENTS

SUNG EUCHARIST

Priests-in-Charge The Rev. Celia Howard and The Rev. Dr. Bob Korth invite all in celebrating the Holy Eucharist Sundays, 10:30 am

MONDAY MOVIES

Bring your own munchies and drinks and enjoy movies at the St. Andrew's Community Room (next to the church)

Ianuary 8, 7:00 pm "Love Actually" January 22, 7:00 pm "Over The Hedge"

CHRISTIAN BASICS I

Introduction to the New Testament five Wednesdays

beginning January 17, 7:00 - 9:00 pm

SOUP & SONG

An evening of Soup, Song and Socializing in the Caleigh tradition. Hosted by award winning singer Penny Lang. All talents welcome! Doors open at 5 pm, soup's on at 5:30 and the fun begins at 6:30 to 9 pm

Saturday, January 20, 5:00 pm

CENTERING PRAYER

Centering prayer is a prayer of "resting in God" based on the wisdom saying of Jesus "but when you pray, go to your inner room, close the door and pray to your Father in secret." Matthew 6:6

Facilitator: Wendy Eyre-Gray, Spiritual Director and Priest

Workshop:

Saturday, January 27, 10:00 am - 2:00

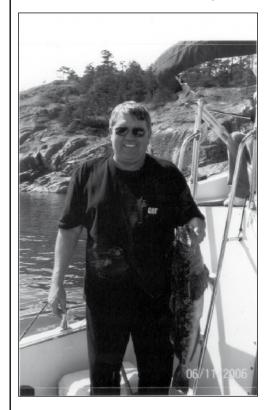
Follow up sessions: five Sundays

beginning January 28, 1:00 - 2:00 pm

St. Andrew's Anglican Church, 12856 Harbour View Road, Madeira Park, Pender Harbour, BC V0N 2H0 For more information on events, services or pastoral care, please call 604 883 9927 or visit our website at www.standrewsanglican.com

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Daniel Robert Lee OCTOBER 7, 1946 - DECEMBER 5, 2006



Daniel (Danny) Lee passed suddenly on December 5.

Born in Garden Bay in 1946, Danny lived his entire life on the Sunshine Coast and will be remembered by many for his robust laugh and infectious sense of humour.

Many will also remember him as a deeply caring father, husband and friend.

Dan was predeceased by his father Robert Lee and is survived by his mother Leona; his wife Joan; children Candace(Chris), Torin, Lindsey and Robert; granddaughter Ella; brother Leonard (Linda) Lee and sister Brenda (Maurice) Siebert.

A celebration of his life will be held on Jan. 13 at 2 p.m. at the Seaside Centre in Sechelt.

PHOTO JOURNAL



ABOVE: Six Pender Harbour Elves went carolling to collect food for the Elves Club on Dec 7th. They collected 91 items in approx 90 minutes. I-r.: Cassandra Whelan, Janice Pearson, Kelsey Clay, Christy King, Lauren MacLeod, and Tara Hansen.

Ted Rowcliffe MARCH 16, 1942 - DEC. 6, 2006

Edward (Ted) Rowcliffe, who with his partner Susan Ramsay spent several years in Garden Bay before moving to Vancouver Island, passed away peacefully December 6 at Duncan after a brief battle with cancer.

An archaeologist by training, Ted also had careers in journalism and social work.

He was a man of passionate interests who made a strong impression during his years in the Harbour.

He became an avid collector of Pender Harbour memorabilia, amassing an extensive collection of antique post cards and historical photos (now owned by former Harbourite Roger Walker.)

Ted also became an enthusiastic researcher on Elizabeth Smart, the legendary author of *By Grand Central Station I Sat Down and Wept*, which was written in Pender Harbour in 1940.

A compassionate man with great concern for the troubled of this world, Ted spent much of his time counselling at the Arrowhead Drop-in Centre in Sechelt, which flourished during his term as coordinator.

Donations in his memory may be made to the Arrowhead Centre Society, Box 676, Sechelt BC V0N 2H0.

Sing with the Pender Harbour Choir
**Candel's Messiah

Performances:

Powell River - March 24 • Sechelt - March 31

Rehearsals begin Jan. 9 at 7 p.m. Pender Harbour School of Music

Ann Barker (604) 883-2689

REES'S PIECE



John Rees SCRD Director, Area A

I hope that the storms of December have not caused too much damage and inconvenience for you, my heart went out to folks in the Egmont area.

Those power outages were brutal.

Recently there has been quite a bit of interest in the Area A Water Master Plan (WMP), so I thought I would try to explain what it is all about.

First some background.

When I was elected in 2002 I had no idea that we had potential future water problems.

Understandable, I suppose, because growth had been fairly stagnant for some years leading up to that time.

In early 2003 the problems began to show up, growth suddenly took off, subdivision and building permit applications reached record levels for this community and it became apparent that something had to be done to achieve orderly and well-planned growth for water supply and management in the entire area.

Interesting to note at this time is

that Area A has led all rural areas on the Coast for the last four years for development and continues to do so each month.

I took a list of concerns to the SCRD in early 2003 identifying many of the problems facing this community, among them a need for a coordinated overall Water Master Plan.

Lake studies and watershed protection were other issues that the SCRD have acted upon.

In 2004, the Garden Bay Water Works approached the SCRD for a study on amalgamation and this was completed in 2005 after a community vote.

Final engineering for integration with the old Hotel Lake system (managed by the SCRD) is now complete and will go ahead in 2007.

Faced with ever increasing

SUNSHINE COAST REGIONAL DISTRICT



1975 Field Road, Sechelt, BC, V0N 3A1 www.scrd.bc.ca Office Hours: Monday to Friday 8:30 - 4:30

604-885-2261 (tel) 604-885-7909 (fax)

UPCOMING MEETINGS

Thursday, January 4, 2007

• 1:30 pm Infrastructure Services Committee

Thursday, January 11, 2007

- 1:30 pm Planning & Development Committee
- 7:30 pm Regular Board

Monday, January 15, 2007

- 9:00 am Transportation Committee
- 1:00 pm Policing Committee

Thursday, January 18, 2007

• 1:30 pm Community Services Committee

Thursday, January 25, 2007

- 1:30 pm Corporate and Administrative Services Committee
- 7:30 pm Regular Board

AREA "A" DIRECTOR JOHN REES

Director Rees is available to meet with residents to discuss local issues related to the Sunshine Coast Regional District government. He can be reached at home at 604-883-9033 or by e-mail, jarees@dccnet.com.

AREA A ADVISORY PLANNING COMMISSION

The next meeting of the Egmont/Pender Harbour Advisory Planning Commission is tentatively scheduled for:

Wednesday, January 31, 7:00 p.m.

Room 107, Pender Harbour High School

PENDER HARBOUR LANDFILL (604-883-2954)

Winter Operating Hours

- Monday 8:30 am 4:30 pm
- \bullet Tuesday 8:30 am 12:30 pm
- \bullet Wednesday to Saturday 8:30 am $-\,4{:}30~pm$
- Sunday CLOSED all day

For more information, visit:

http://www.scrd.bc.ca/infrastructure solidwaste.html

TRANSPORTATION AND POLICING ISSUES

Alternate Director Barrie Wilbee is now assisting Director Rees with Policing and Transportation issues and can be reached at (604)883-2243.

*AQUATIC INFORMATION NIGHT: Employment Opportunities - Wednesday, January 10, 2007 SCRD Offices, Cedar Room

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REES'S PIECE

Federal and Provincial water quality requirements and a grant funding source previously not available to them were, in my opinion, the main reasons the Board (GBWD) made a wise and somewhat difficult decision for amalgamation.

After a public meeting in 2005, the community supported the idea of a W.M.P. and a committee was struck.

It consists of stakeholders, both of the improvement districts, the Province, Local Health officer, DFO representative, a representative from the various Environmental groups, SCRD staff, your Director and Alternate and a Professional Facilitator and his staff.

GOALS AND OBJECTIVES OF THE WMP

In developing the plan to provide potable water to the communities, careful consideration must be given to protecting the sources of supply, maintaining the functional integrity of fresh water ecosystems and to ensure enough water is available to protect fish habitat.

The over-arching goals and objectives of the Master Plan are as follows:

- Provide high quality drinking water, complete with multi-barrier protection, for residents of Area A in accordance with community requirements.
- Design and implement systems that are supported by scientific studies.
- Develop a phased implementation plan that is practical, cost effective, and environmentally sustainable.
- Pursue, with diligence, Federal and Provincial funding sources, and promote partnerships with universities to maximize funding and learning January 2007

opportunities.

- Implement water conservation programs to maximize life and functionality of infrastructure.
- Create a forum for ongoing public outreach and consultation.
- Satisfy the requirements of the Environmental Appeal Board.

After a slow start, the body of the plan is beginning to show progress.

Some time ago we identified the majority of the basic needs for quality water in all the communities and roughly estimated their costs.

I am pleased to report that, using that information, the SCRD chose the Area A WMP as the number one priority for a funding application for Rural Communities and allocated \$6.9 million. (The SCRD had over twenty to review).

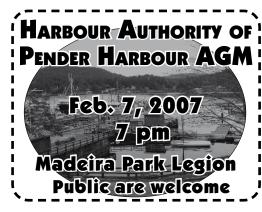
If successful, we have included funds for Water Treatment and a myriad of improvements throughout Area A.

So where are we at this time?

It's my opinion that, if the spirit and intent of this plan is embraced by all purveyors in the area, we are on our way to a totally integrated, sustainable and professionally operated system with a medium (5-10 years) and a long term (10/40 years) plan for the future.

On this last topic I would like to continue the discussion in the next issue and, as always, please let me know your thoughts.

A happy and prosperous New Year to you all.



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- Facial tightening and rejuvenation

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Living a Healthy Life with Chronic Conditions

*Free course providing information needed to cope with the daily physical and emotional challenges of living with chronic conditions.

Pender Harbour Health Centre 6 Saturdays, 1 - 3:30 p.m. February 10 - March 17

Register: 1-866-902-3767 khannah@dccnet.com

EPender Harbour Waterworks District

The District's Engineer has been busy working on the *Source to Tap* study and the Board hopes to present the findings to the public soon. Briefly, in April 2005 the Trustees approved the Source to Tap study, encompassing 8 modules, ranging from watershed issues through to how the Board of Trustees govern the District. The study was to be conducted over an 18 month period. In April of 2006 the Board requested a 9th module be added, to address the merits of remaining independent or to join up with the Regional District. A full financial analysis outlining the pros and cons of both options will be laid out in a neutral, unbiased manner so that the Ratepayers can make an informed decision.

The District hopes to mail the owner(s) of property within the District the ninth module in April. Shortly thereafter, a special general meeting will be held for the District Ratepayers so that questions can be asked and answered in a public forum. The final result will be a vote by the Ratepayers; the question being to remain independent as the South Pender Harbour Waterworks District or to hand the District over to the SCRD and have them operate the water system.

The Source to Tap study is not to be confused with the Area A Water Master Plan that the SCRD is conducting. Three meetings have been held for the Water Master Plan, the last one being a review of the draft. The Water District had over twenty revisions to submit regarding information about the District's system. The material was either wrong, incomplete or misleading. The Water Master Plan is not yet ready for public viewing. On December 13th the Water District confirmed with the Regional District if the draft document was still considered "not for circulation". We were informed that it was still a draft and limited distribution was okay amongst Trustees and that they trusted discretion would be excercised.

Many questions will start arising about the Water District and people are encouraged to call the office to get correct information.

The main upgrade for Canoe Pass Bridge is still scheduled to happen. As built drawings of the bridge had to be produced by the Ministry of Highways so that our Engineer could prove that the added weight of the new water main would not compromise the structure of the bridge.

9 a.m. to 1 p.m. Mon-Fri. 12828 Lagoon Road (604)883-2511 www.sphwd.ca

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New Year's Eve at the Irvine's Landing Hall

When Brian brought back the history of the Pender Harbour Community Hall in the December issue, he got me thinking about all the old times.

I'd like the people who were here with me, since at least 1962, to look back into their memories and tell the Spiel what you remember.

Just write it down.

As I recall, though I'm occasionally accused of confusing fact and memory, it was 1964.

I was getting dressed up for the New Year's Eve dance at the Irvine's Landing Hall, just up the road from the government dock.

The weather had been spotty all day with a little snow mixed with rain.

Back in those days, if the weather was bad most of us would just say "Let's go. No worries!"

This attitude worked out most of the time.

Our babysitter, Nancy Mercer, was the best so we didn't have to worry there.

So we left by car and met all our friends at the hall, cranked up the woodstove and the record player as high as they could go and danced.

Dancing was more popular back then it seems and all of the local dancing couples turned out: Bev and John; Phyllis and Harry; Marg and Frank, Lorna and Gordie; Ted and Eileen; Sonny and Marie etc.

All in all there were about 20 people.

All in our 20s and 30s, we loved to socialize, drink, dance and eat.

These people were the children of the early pioneers of Pender Harbour and as such they worked hard but played pretty hard too. The work ethic was instilled in them then and it's nice to see that it still exists in many their descendents today.

Much liquor was drank but I don't remember one fight (though they occasionally did happen).

Anyways, we were having so much fun that we didn't notice the snow coming down and piling up fast.

It wasn't until around 2 a.m. that someone looked outside and found that the snow was piled four to five feet high!

There was no way our cars could make it home so at around 2:30 a.m we decided that, since we had lots of firewood, food, booze and music, we'd just keep the party going!

So we did and had one of the best times of our lives waiting out the snow storm of New Year's Eve, 1964.

Robi Petraschuk

A Recent Visit to My Favourite Place

I have just returned home to Otter Point (west of Victoria for those who don't know) after a fantastic trip to all of my old haunts in Pender, particularly Irvine's Landing where I used to live, and Garden Bay.

Came to visit some very special and loved friends, unfortunately there is never enough time to spend with them and, of course, the harbour.

Next time I'm going to set aside extra days for sure.

I was really surprised at how much everything is still basically the same.

Most places you go back to visit are not at all!

I've been told that there has been quite a lot of new homes in the area,

PNE houses, etc. but the ambience is still the same which I am thankful for.

It's nice to feel that you've never left.

I was given a few back issues of the *Harbour Spiel* to catch up on the local news and issues, and here is the story that I am writing to you about:

Imagine my surprise when looking at the October 2006 issue *Birthdays* page I saw my birthday - there was my old name!

I lived in Irvine's Landing from 1989 to 1994 and held numerous jobs, one of them being the Madeira Park Harbour Manager in 1993 and met so many fabulous commercial and pleasure boaters from the area as well as from far away.

That was the best "job" ever!

My name at that time was Cyndy Rayko and I have since married after I moved down to the "big smoke", Vancouver.

I just thought I'd bring this to your attention that one of your own has, unfortunately, had to leave the Harbour and that you still have me living there.

You have such an informative, newsy booklet that you produce each month and I hope that I can keep up with all the local news etc. as Pender Harbour will always have a very special spot in my heart, so many beautiful memories that I possess.

Regards to everyone there.

Cyndy McInnes ---- AKA Rayko

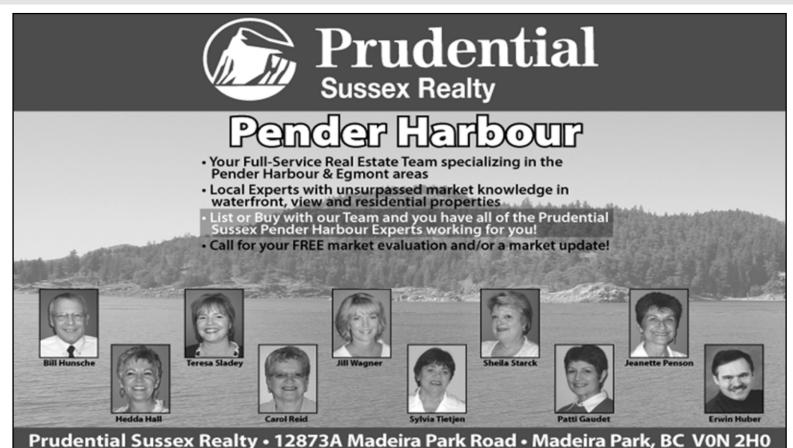


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WHEN I WAS YOUNG...

Bambi

By Ray Phillips

One day when I was a kid growing up on the old Klein ranch where Roosendal Farm is now, my mother sent me and a couple of my sisters out to what we called the second meadow to see if we could find any cascara trees.

Cascara bark is a powerful laxative and we used to make spare change by selling it to drug companies for 35 cents a pound.

We got as far as the first meadow and there, under a big windfall, we found two baby fawns.

We thought they were abandoned by their mother so we packed them home and gave up the search for cascara trees.

We nursed them using cow's milk in a baby bottle, and they seemed to thrive.

After a couple weeks one died of scours but the other one survived and was naturally given the name "Bambi."

She was the same age as our dog Skipper, so they grew up together.

They would play and tease each other until they got tired, then lie down and sleep together.

The deer had no fear of dogs.

If strange dogs came around and tried to bother her, she'd rare up and come down with those sharp little hooves and peel their skin off.

They soon learned not to mess with her.

When she got to be full-sized, she became a real pest.

She wandered all over Kleindale eating people's gardens, choosing just the choicest parts of the flowers and plants.

She found that she could stick her hoof in the crack of the door where we kept cattle feed and you would catch her with her head buried in a feed sack up to the shoulders.

She got so fat she would pant when she ran.

We put a lock on the door and her weight returned to normal.

She began wandering off for days at a time, but always returned home.

There was an old English couple named Wadup in Oyster Bay, and Mrs. Wadup was a fastidious housekeeper.

One day she left her door open to air out the house and when she returned found that Bambi had left a present where she had been sleeping in that big comfortable bed.

My dad soon heard about that.

Mr. Myers, who had the farm where Percivals are now, had the hearts eaten out of several rows of strawberries.

So the complaints were mounting up.

My dad asked the police what to do.

Their suggestion was to take her down the road and turn her loose.

She had no fear of man and we felt it wouldn't be long before someone made a meal of her, but Dad had to do something.

One day we loaded her into the boat, took her over to Nelson Island.

After a tearful goodbye, we turned her loose to a new life with the other deer, sure to never see her again.

About a week later we were going through Gunboat Narrows and there was a doe on the beach that didn't run away even when we swung over very close.

My sister Diana said it was

Bambi.

Nobody else thought it could be. In two more days Bambi was

home.

Of course us kids and the dog were overjoyed, but soon the complaints started coming in again.

My dad was faced with a problem just like in the movie, *The Yearling*.

One day he was working by himself on our new house with his .22 rifle handy for shooting the rats that were after the pig feed.

He heard something and looked up.

There was Bambi, coming down Mom's row of new raspberries, just eating the tips, as she loved to do.

Dad shot her and buried her where she fell.

He never told us until we were older.

For a long time we just thought she had gone wandering and finally decided she went back to the wild.

I guess the lesson we learned was never to touch a fawn, no matter how cute or helpless it looks.

We now know the mother is close by.

The mothers can safely leave their fawns because they have no scent and predators can't smell them out.

The mothers always know where they left them.

There are many stories and nuggets of local history out there that are slowly becoming lost.

If you have a story, please call, write or e-mail the Harbour Spiel.

Cunning of age overcomes agility of youth



ABOVE: Some members of the Oldtimers soon found themselves in foul trouble for their aggressive style of play. Paul McDonald lays some smack. The Pender Harbour Senior Boys Basketball team hosted a motley crew of local old-timers for a friendly scrimmage on Dec. 21.

The Pender Harbour Senior Boys, coached by teacher Bruce Forbes, are a relatively young team with a lot of returning players next year.

The senior boys fought tenaciously to keep the score close through 2 quarters, trailing by 6 points at half-time, 26-32.

The coach targeted the obvious weaknesses in the visiting squad and the boys came out pressing hard in the third quarter to scrape back to within two points.

An ominous hush fell on the Old-timers bench as they watched their comfortable lead evaporate.

The Old-timers took advantage

of their huge (in more ways than one) bench to keep fresh legs on the court and managed to fight off the spirited comeback from the younger squad.

In the end, the guile of the old-timers proved too much for the younger players and the game ended 64-52.

Since only one of the two teams could get into the local pub afterwards, the old boys did the proper thing and celebrated by drinking doubly in their opponents honour.

The outcome of this short-lived ritual may cost many of the married players a chance of participating in future matches.

After 30 years of teaching and coaching at Pender Harbour High School, coach Bruce Forbes is retiring this February.

Ted Roberts, another long-time teacher and coach from both the high school and the elementary school is also retiring in the New Year.

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<u>January 20</u>
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Linda Curtiss... 883-2819 Anke Drost... 883-0033

Can you help?

We are accepting donations for Madeira Park's Abbeyfield House project (tax receipts will be issued). Send your donation to: Area A Seniors' Housing Project (Abbeyfield House), Box 264, Madeira Park, VON 2H0

www.penderharbourabbeyfield.org

Clicking the January Blues Away

By Howard White

I greatly admire these folks who produce a New Years letter detailing their year's activities.

I'm always inspired to do one myself, but after sitting in front of a blank screen for ten minutes unable to think of a single thing worth saying, I give it up, rather depressed at the way my recent life shapes up as news.

Call it the January blues, but I'm not here to whine about it, I'm here to announce a cure.

I discovered it by accident.

Last Christmas Mary picked up on some subtle hints and bought me my own personal digital camera.

I asked for a cheap one, figuring to keep it in my jacket pocket so I'd always have it in case I found myself on the scene of another 9/11, or at least if someone put their foot through Brian Lee's glass-topped coffee table again.

I still forgot it at home most of the time, but not all of the time.

And I never figured out how to separate the various outings into separate "albums" the way it recommends in the manual, so my entire year's clicking is jumbled into one giant folder in my laptop's *My Pictures* directory.

In honour of 2007, I figure I should at least start a new jumble, and somehow end up in Slide Show mode with my entire horde of '06 images reeling before my eyes.

Hey, there's that cute co-op student whose name I've already forgotten pitching a bocce ball at one of our after-work martini nights last August.

Imagine, having enough light to fit in a whole game of bocce after

work!

And look how balmy it was!

Amid the blizzards and typhoons that came after, one could easily forget what a fine summer we had.

Here's a scene I would just as soon forget: one I clicked for insurance purposes after the dishwasher popped its feed line and flooded the office, making for the worst day of my life since I spilled that truckload of rotten fish in 1987.

There's Mary posing beside the statue of Harry Jerome at BC Place.

I'd almost forgotten this was the year we dumbfounded our friends by entering the Sun Run – and we came in 37,432nd!

I can't escape a small flush of pride upon recalling there are at least 12,568 British Columbians out there who are slower than us.

Now here's a closeup of that chubby three-point buck who kept our grape vine so nicely trimmed all summer.

I wonder who's freezer he's in right now?

Whoever, I hope they appreciate the fine grapey aftertaste.

The year was not without its touching moments, now that I think of it.

There's me handing my cracked old Editor's Mug to Brian Lee at his send-off party upon taking over the Spiel.

And here's a blurry indoor shot with tiny coloured specks in the distance you'd have to have been there to recognize: it's our son Patrick receiving his masters degree at Columbia University in New York last May.

That seems ages ago already. Now here's a nice one – its Mary and she's feeding those weird birds, Guinea fowl, I think we decided, that used to swarm in every morning to scavenge the beach in front of our cabana in Cuba.

The Guineas aren't very clear, but the background of swaying palms, silvery sand and turquoise Caribbean seas calls out powerfully over the winter gale buffeting the window, making me think me it might be time to start scanning Travel Warehouse for sunseeker bargains.

The random images flow on, fanning embers of memory into flame.

And to think, this absorbing pageant is but a tiny fragment of all that really did happen, a few random samples.

It gives me a new appreciation of all that can happen in a single year, a year that I couldn't think up anything good to say about just a few minutes ago.

Life has been fuller than I give it credit for, the camera seems to say, and who is going to argue with a digital memory?

At least it's a good antidote for the post-New Years blues.

I've already done a selection of highlights to email to our acquaintances, who I now picture squirming with envy.

Next year I'm going to take twice as many pictures.

When I figure out how to make this new directory I'll label it *My Digital Diary*.

Maybe there's even a book in here somewhere: *Photo-Therapy: Clicking the Blues Away*.

Try it.

I recommend it.

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HARBOUR HEALTH

A Modest Advisory

Judi Georgetti, RN

So here we are at another new year, a time to reflect on where we have been and where we are going.

A time to make decisions.

So, some advice:

Take up smoking or, if you already smoke, up your daily quota.

Rumour has it you can lose weight if you smoke and it must be true because so many thin young women have taken up the habit.

You can even see where your money has gone when you add up the cost of a pack a day habit.

And we all know that a cigarette tastes so much better with a wee dram

or a beer.

So indulge.

Heck, the taxes you pay on that stuff helps to keep the province working.

It's your civic duty.

Have a drink or two or even three.

What can it hurt? What's with all

these "Healthy Choices" now even taking over the fast food industry.

Who wants to go to Mickey D's and have a salad?

Heck, that place is for big burgers, super sized fries, and a gallon of pop.

Now that's eating!

So super size everything and put another hole in your belt.

For goodness sake get off of that exercise kick – it's dangerous to your health.

Have you ever heard of someone injuring themselves with a remote January 2007

control device?

I thought not.

But running, jumping, hiking and climbing – now those things can break bones or damage muscles or put you in a hospital.

Sit back, relax and move as little as possible and I promise you won't get injured.

Sure, you might have to stop a few times on your way up from the basement but what's the hurry?

Save yourself – choose sloth.

Oh, and be a good citizen, conscientious about the high cost of health care.

Don't make an appointment to see your doctor unless there is some-

thing really wrong.

Check up? What for?

They are only going to order blood tests and X-rays (which we all know can cause mutancy) and tell you to get a flu shot.

After all, these things are going to raise all of our taxes so stay

away from those people at all costs.

So there you are.

Some choices you can make for the coming year.

Keep smoking and drinking and overindulging in fatty, high calorie foods.

Don't exercise, don't get regular check ups with your doctor.

Don't take control of your health and wait for the inevitable to happen

Or choose to live.

Your call.

THE OPENING WAS GRAND

The 30th anniversary party and grand opening was a huge success with a great many out to enjoy the tours, speeches and cake.

The expansion wing was a hit with everyone and it is a tribute to architect Colin Craig that the new wing seems as if it was always there.

The transition is essentially seamless.

There are a lot of people who helped to make the health centre look beautiful and ensure that the day ran smoothly:

The board members, spouses and friends who came to move furniture and decorate.

Evelyn McNee who donated some beautiful wreaths and "Stump Santa" and James Pashniak who delivered a banner that was perfect and even put it up for us.

Our custodians, Bev and Christine, who made sure that everything was spotless and shiny.

The contractors, Ron Service Builders and their crew who were a delight to have around for the past few months and will be missed.

And Frank White who had just the right words to say and said them so well. It was only fitting that he cut the ribbon to complete the vision of Jim Tyner and the rest who worked so hard to deliver our home grown health centre to Pender Harbour & District.

Thank you all.

"DROP-IN" DIABETES CLINIC

On Monday, Jan. 15th from 10 a.m.-2 p.m., Nancy Mackay, RN and Dianne Paulus, dietician, will be available for counseling or to answer any questions you might have.

2007 Page 17

PHVFD Elections, Recruitment and Power Outage Dangers



by Barry Ashley

ELECTIONS

Early November in the PHVFD is

always election time.

The time when the officers who have seen us through the preceding twelve months stand down and we elect new ones.

One can't serve in the same office for more than 3 consecutive years before they have to stand for re-election; some decide they need a rest and stand down.

This year we abandoned our "Made-in-Pender", unique hierarchical structure and adopted a similar rank structure to everybody else.

Let me explain.

Since the department was founded, we have elected a District Chief, an Assistant D.C., a Training Officer, an Equipment Officer and a Secretary.

These people wore the "red hats" and were to be the responsible fire ground officers if the need arose.

However, they had been elected for the skills they could bring to the particular post and not necessarily for their fireground capabilities.

Every other fire department, that we know, of elects officers for their ability to command and lead on the fire ground and have titles such as Chief, Captain and Lieutenant.

The work of training and equipment procurement etc. is done by them, or others, but that is a secondary consideration.

So, this year we decided to take a giant leap forward, abandon our Pender Harbour tradition, and get into line with the rest of the world. And here are the results:

GARDEN BAY:

District Chief Bruno Cote
Captain Rick Storoschuk
1st.Lieutenant Dave Goble
2nd.Lieutenant Gary Grohs
Training Gary Grohs
Equipment Doug Johnson

MADEIRA PARK:

District Chief John Schroeder
Captain Mike Bathgate
1st.Lieutenant Jim Cameron
2nd.Lieutenant Martin Nichols
3rd.Lieutenant Barry Ashley
Training Eric Stephan
Equipment Kholby Janyk

GARDEN BAY ANSWERS THE CALL!

After an eternity of pleas, posters and flyers trying, unsuccessfully, to get recruits to join the Garden Bay fire hall, there has been a veritable flood of them in recent weeks!

We welcome: Adam Boothby, the manager of Pender Harbour Resort; Chris McLeod, a self-employed carpenter; Ron Ormson, a former firefighter from Powell River; Luke Marchand, who works at Pender Diesel; Brad Galvin and Joe Rubin, both of whom work for Rockwater; Dustin Oullette, an electrician and Mark Bullock, who drives for Transit.

Things are looking up at Garden Bay but there's still room for you!

SURVIVING POWER OUTAGES

At the time of writing, Vancouver Island and the Lower Mainland are struggling to climb out from under the mountain of tree debris that brought days without power.

For many people, life without electricity brings new challenges.

They have to think of new ways to be able to see, to cook, to keep warm.

Easy you say.

They should do what we do: light candles, dig out the old propane camping stove, put kerosene into the long-forgotten heater in the workshop and bring it into the house.

Get a generator, fire it up, and be really comfortable.

That's fine, as long as you remember to think about what happens when you light these things up.

Anything lit with a naked flame needs to be positioned carefully; somewhere where it can't be knocked over by you, the kids or a pet.

Then there's the question of what happens when combustion takes place; i.e. when you light anything that burns.

Carbon monoxide, an invisible, odourless and deadly gas is always given off during combustion.

In a tightly closed up room with no ventilation, levels of this gas will continue to build.

You won't know it's there but eventually the carbon monoxide levels can become sufficient to put you to sleep with the level in your blood eventually reaching fatal levels.

So the message is simple:

Make sure there is adequate ventilation when you light any combustible fuel burning appliance indoors, particularly in a small room.

And don't even think about bringing the generator inside!

Pender Harbour Volunteer Fire Department wishes you all a happy, healthy and safe New Year!

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HARBOUR SEALS



Harbour Seals are free and easy! Send to **editor@harbourspiel.com**.

You must include your full name and a telephone number for confirmation.

*Note: The contributor's name from the following Seal was cut off last month... this after space issues had already forced me to shrink it unrecognizably from the original! Apologies to Pauulet.

Two pages of Seals to the 50 parents, 42 high school students, and many 2007 grads who helped with this year's MPES Halloween Fun Night.

Special thanks to: Joi P., Lori F., MPES Leadership Club, Karen S., Tom and Linda W., PH Credit Union, Val H., Kelly K., June M., Martha L., Michelle, S., Ray C., Cathy G., Cindy C., Tracey G., Tammy H., and all of the businesses and parents who donated:

Jodi O., Dean Bosch Contracting, John and Tammy S., Bill and Shannon R., Val H., Curtis Rentals, Seanand sarah.com, Coast Video, Kelly and Rod K., Tonya S., Paola and Alan S.(Re/Max), Cdn. Tire, Curtis Lumber, Marina Pharmacy, Fred B., PH Aquatic Centre, and Harbour Publishing.

Pauulet Hohn

A Harbour Seal of Disapproval to the **Bargain Barn volunteer** who told me that my children were "taking up too much space" in the deserted toy section, claiming the toys were not there to play with. Shame on you for tainting an otherwise amazing group of volunteers!

Tania Obalek

A Harbour Seal of Approval to **Barry and Mary Ashley** for the pots of tea and coffee and keeping the kerosene heater repaired during the power outage. Thanks you two.

Ross and Helen Palmer

A Harbour Seal of Approval for **Don White** who was instrumental in getting the power back on Dec. 15 for Murdock, Esquire, and the end of Francis Pen. Rds. He found the problem then called the right person to come fix it. A hearty thank-you Don, from all of us.

Edda Matzen

A Seal of Approval to Alan and Paola Stewart, for clearing our driveway after the "snowfall. You are awesome neighbours! We will miss you when you finally move.

Jim and Irda Sherman

The members of the Order of the Eastern Star (OES) wish to thank all the residents and visitors to Pender Harbour who have contributed so generously to the raffles we have offered. We have also made a donation to "Back the Cat." Thank you to everyone for helping us to continue to provide these contributions.

On behalf of our members, Joan Stanton

A Harbour Seal of Approval to the **anonymous contributor to our car repair bill**. It was sure a welcome turn of events to hear the cost actually went down, and even more so to discover why. We thank you.

Chris, Kirsten & James Andersen

A big Harbour Seal of Approval to **all the families** who went out of their way to volunteer for our Christmas Craft Fair Fundraiser! Also our sincere thanks to everyone who donated prizes for our raffle: Peggy Collins, Garden Bay Pub, Grasshopper Pub, Harbour Publishing, Pauulet Hohn, Hattie Olsen, Pender Harbour Aquatic Society, Ruby Lake Resort, Sunshine Coast Resort and Kim Thompson.

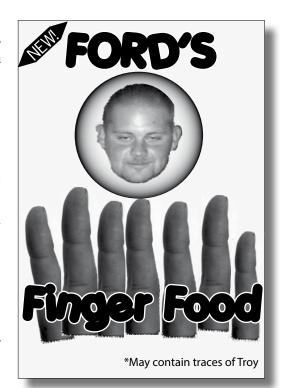
Serendipity Preschool kids

A Harbour Seal of Approval to all the individuals and businesses who bought poinsettias from Serendipity Preschool, especially Pender Harbour Prudential Realty and all the branches of the Sunshine Coast Credit Union. Also, a great big thank you to the IGA for their continued support of the Preschool.

Serendipity Preschool kids

A huge Harbour Seal of Approval to **Gwen Walwyn** for organizing our annual Christmas Craft Fair and for going above and beyond the call of duty--once again!

The parents of Serendipity
Preschool



HARBOUR GARDENING

When a Young Man's Thoughts Turn to Spring, Watch Out!

Jim Rutherford

Well, I'm not so young anymore but can't we all think of spring?

Perhaps the easiest way to bring spring into your home is with flowering bulbs.

One of the perennial favorites is paper white.

These fragrant flowering bulbs work great, cut or potted.

You'll see them for sale now in many places.

When purchasing, there should be just a little colour in the buds and compact growth.

Don't buy them if there is already blossoms open, or treat them as a cut flower and ask for a discount.

These flowering bulbs have been forced, really forced, in a greenhouse and are very tender.

Indoors they need full bright light, but should be kept as cool as possible.

Over night, perhaps put them in a

solarium, if you have one, or under a sheltered patio table.

If your flowering bulbs start to get leggy and floppy, you can't straighten them up.

Just cut the blossoms off and arrange in a small vase but leave the leaves.

Outside the pots go now but not in freezing conditions.

Unlike the bulbs that are acclimatized in the ground, freezing will kill them.

A "copper" penny or bare copper wire will improve the longevity of these cut blooms.

Any compact potted bulb works well indoors.

Dwarf daffodils are fun but crocuses and grape hyacinth are very short lived.

Reduce the watering after the bulbs have bloomed and wait for the foliage to die down (dead head as well), then they can be planted in a border garden after there is no threat of frost.

It may take more than one season for the bulbs to recover from being so severely forced so add some bone meal and compost when planting in your garden.

Over the years I've planted these spent bulbs, with a bulb planter, in the lawn.

When the bulbs have bloomed in the lawn and died back naturally, the

grass is usually ready to be cut with no harm to the bulbs.

Often you'll see spring bulbs in garden outlets that did not sell last fall.

You can still purchase these packages as long as the bulbs are firm and at a great discount, of course, and treat them this way.

Forsythia need not show any colour in the buds, to be cut and brought indoors.

It is also a rewarding way to prune as you go.

Any woody stem needs to be smashed (at the cut end with a hammer to expose more conductive tissue) than just a simple cut.

Flowering cherries, quince, japonica, (pyrus) prunus, and other spring flowering shrubs/trees need to show a little colour in the buds or, indoors, the cut branches are not strong enough to bud out and flower and will dry up and drop the buds.

Other cut branches, like pussy willow (salicaceae), should be arranged dry after cutting, as this water loving plant will sprout and drop the pussy.

Witch hazel (hamamelis) is an enjoyable shrub/tree.

The flowers are not showy but are sweetly scented and make great cut branches to bring indoors.

This shrub takes pruning easily to maintain a height that you can reach for cutting.

Climate change!

I guess so ... I'm writing this and it isn't even winter yet!

Thinking and doing spring things can brighten any day, wind, rain or snow.

When a young man's thoughts turn to spring



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PENDER PET PATTER

The Benefits of Keeping Your Cat Indoors

By Doretta Morland

More and more cat owners are realizing the dangers of allowing a cat to roam free and it is very common for cats to be entirely indoors now.

There are so many benefits to keeping your cat indoors, a few of which are:

- Dogs Unfortunately many outdoor cats are killed or seriously injured in dog attacks.
- Cars Another common fatality in cats. Unfortunately cats have no road sense.
- Cruel humans Sad but true, not everybody loves animals. Stories have been heard of cats that were deliberately poisoned by irate neighbours who resent cats entering their garden.
- Being preyed upon by wildlife such as raccoons, coyotes, eagles, owls or other wild dogs. After all, a meal is a meal and these wild animals don't know the difference between your pet cat and a wild rabbit.
- Preventing injuries from cat fights. The most common injury is an abscess which is incredibly painful and will need to be treated by a veterinarian.
- Preventing hunting of native wildlife, plus eliminating the risk of your cat picking up a disease from an infected animal.
- Greatly reduces the chances of your cat picking up a parasitic infection such as fleas or worms.
- Accidental poisoning antifreeze, poisonous plants, rat or slug bait.

It is quite possible for an indoor cat to be a happy cat.

Below are some suggestions on ensuring your indoor cat remains entertained and happy:

- Provide a screened-in enclosure outside so that your cat can have the best of both worlds.
- Train your cat to walk on a leash it is quite possible to do with a little time and effort.
- Provide your cat with a climbing post (cat tree).
- Provide places to perch

 shelves, windowsills, high furniture

 near windows so they can watch the outside world.
- Keep a supply of toys on hand. These could include toy mice, corks from bottles, wand type toys or a paper bag or box to hide in.
- Make some time daily to play with your cat. This will provide her with stimulation and encourage her to exercise.
- Plant some catnip or cat grass in a planter for your cat to nibble on.
- Put a bird feeder or bath outside a window for your cat's entertainment.
- Consider having two cats so they can play together.

Indoor cats have more than twice the average life expectancy of an outdoor cat (5 to 8 years for an outdoor cat, 15 to 18 years for an indoor cat) and are happier and healthier.

However, they require different care than the outdoor cat.

They need more love and attention, and thus they make better companions.

It's never too late to convert an outdoor cat to an indoor cat.

Watch an indoor cat lazing in a windowsill or sitting on top of the television with that perfectly content look on her face, and you won't doubt the benefits of keeping your cat indoors – for you as well as your cat.



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Year to Date MLS Statistics Residential Detached Housing for the Sunshine Coast

 2006
 2005

 Units Listed YTD
 1149
 1019

 Units Sold YTD
 644
 764

 Sales Success %
 63%
 74%

 Average Price
 \$452k
 \$362k

Call **604-883-9212** for Pender Area stats and market conditions that may affect you.



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HARBOUR FOR SAIL

Harbour Sailing Course Explained

By Tom Barker

Perhaps it would be a good idea to point out to the readers of these Saturday escapades in our harbour, where the actual race course is located.

The start line is between Mary Island and Garden Bay Peninsula and is marked by an orange triangular float at one end and the "club house" dock at the other.

There are basically two winds that appear in the harbour, a northwest wind that brings winds into the harbour and a southeast wind that blows out of the harbour.

The start sequence is a siren from the committee boat followed by a horn that starts a 5 minute countdown, and finally a second horn that starts the race.

Things can be a bit chaotic at the start as the skippers maneuver their boats to be first across the line.

Since they have better control if they are pointing into the wind, the direction of the start is subject to the wind direction.

If there is a north west wind they head for the mouth of the harbour but first go around the marked rock in Hospital Bay.

The boats then head out to the mouth and around another orange float near Charles Island, back into the harbour turn to starboard at Mary Island and then to the mouth of Whiskey Slough where another orange float sits.

From there to the mouth of Garden Bay, around an orange float and then back through the finish line.

The total course length is just over 4 nautical miles but because sailboats cannot sail directly into the wind, the distance traveled is closer to 6 nautical miles.

If the wind is from the southeast the course is reversed and if the wind is light the course can be shortened.

Very seldom is the total course completed in under an hour so the boats normally enjoy 2 to 3 hours of moving through this wonderful harbour of ours.

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Rowlands Concert Raises \$2200 to Back the Cat

The Pender Harbour community helped teen vocalist raise over \$ 2,200 for the St. Mary's Hospital Back the Cat campaign on Nov. 25.

As the snow started to fall, a sellout crowd was treated to a magical evening of jazz, classical and contemporary music performed by 15-year-old Katherine Rowlands.

"I was amazed. We all were! A much-deserved standing ovation from a sellout crowd," said Eric Graham, Charter President of the Rotary Club of Pender Harbour. "Katherine has amazing power and clarity. Her style and grace and choice of music appealed to young and old. I'm proud to have her as part of our community."

"The Pender Harbour community's support of my concert and of the Back the Cat foundation has been astounding. I am overwhelmed by the open-heartedness, warmth and

Katherine. "The concert could not have been made a reality without their generosity. I am so pleased and proud to be part of this community."

All proceeds from the concert went to Back the Cat.

Katherine presented a cheque for \$2,213.12 to Bill Hubbs, Saturday, Dec. 9, at the Gibsons Heritage Theatre during the filming of the Elves Club Telethon.

Since the concert, an annonymous donor has made a large contribution to the Back The Cat campaign, pushing it over its original goal of \$2,100,000 to \$2,522,000.



HEALTH

Pender Harbour Aquatic and Fitness Centre

By Debbie Cole

Pender Harbour is a small community but that doesn't mean "big" things don't happen.

Dedicated residents take up causes to promote healthy communities and to promote projects which benefit everyone.

One such project back in the late seventies was the Pender Harbour Aquatic and Fitness Centre.

During its 27 years of operation, this facility has grown to be a mainstay in the community and programs and classes have changed to reflect the changing needs of residents.

Pender Harbour is truly fortunate to have such a recreation facility that can provide so many opportunities for all to enjoy.

Having this facility in our community allows for a safe teaching environment for water safety and learn to swim programs such as the Red Cross and Lifesaving classes.

Aquatic recreational opportunities are plentiful in our area so it is important our kids know how to be water safe.

Swim programs for school and pre-school aged children have been developed to make it convenient for parents by allowing kids to take the

Contact Chantal (604) 740-1647

bus to after school lessons or to schedule lessons around other family activities.

Parents can also count on the pool having a special swim (Splashin' Sneakers 'n' Snacks) on Pro D Days to help kids to stay active and by offering something fun to do when there is no school.

During this past session of programs, the pool introduced a new event for teens, Reality Night.

It was held on a Friday night at a special time, 8-11:30 p.m. and attracted 25 teenagers, all of whom had a great time participating in challenges and activities based on reality shows such as Fear Factor and Survivor.

A great way to be active, socialize with friends, all the while having a fun time.

Other opportunities for teens include the Lifesaving programs to become qualified lifeguards and swim instructors.

It could lead to a part-time job and maybe even to a career in the recreation field.

Training such as this develops excellent team building, and leadership skills.

For the ladies, a bi-annual Ladies Spa Night held every February and November on a Wednesday evening.



ABOVE: Have you been to the gym lately? It's wellequipped with much more equipment than even a couple of years ago. Pictured: Tracey Gooldrup ponders why the armchair has pedals.

Healing treatments such as massage, reflexology, and facials are offered as well as relaxation in the pool, hot tub and sauna.

A decadent light buffet helps to add to the whole experience.

Health and fitness are critical issues in today's society.

With health concerns such as Type 2 Diabetes on the rise in both adults and children, it's time to promote healthy living choices across all ages and the PH Aquatic and Fitness Centre has taken this seriously.

The facility offers all community members the opportunity to swim, participate in exercise classes or work out in the gym. Specific exercise programs such as Gentle Waves allows those with arthritis, or who have had joint replacement type surgeries, to come and participate to get fit, stay fit and benefit from a higher quality of life.

If you don't like the water, there are trained staff to teach Osteo Fit, a land based class specific to people with joint issues.

Other special exercise programs include Women on Weights, Nordic Pole Walking, Group Personal Training(all in the gym) and Deep Water/ Shallow Water Aquafit.

Check out the facility website for other fitness programs.

The pool is open for swimming 7 days of the week.

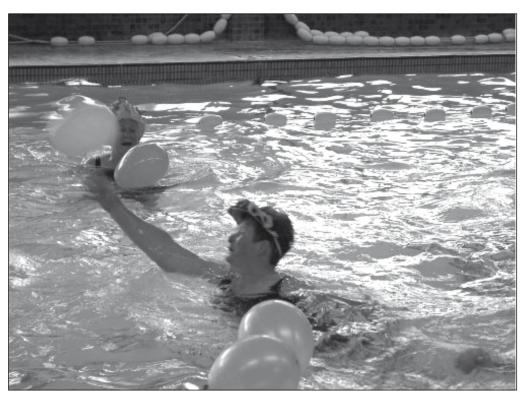
Early bird lane swims, midmorning lane swim, noon lane swims, after work lane swims, evening lane swims, adult only swims as well as public swims allow for everyone to be able to access the pool at a time that works with their particular schedule.

Swimming is an excellent exercise to help keep you healthy!

Not interested in swimming or joining in on a fitness program?

The opportunities the facility provides still benefit you!

People who are physically active and healthier help to create a healthier community by alleviating strain on the



Above: Aquafit is one of funnest classes offered and can be customized to fit any fitness level.

health care system!

The facility provides an opportunity for young people to have something to do, keeps them engaged and gives them the chance to be active; discouraging vandalism and crime and promoting lifelong exercise and healthy habits.

Staying active keeps you moving, keeps you living longer and living independently.

The staff at the Pender Harbour Aquatic and Fitness Centre are fully

qualified and trained to provide you with the best experience possible.

See you at the pool!



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HARBOUR ALMANAC

THE DAYS

BIRTHDAYS

Jan. $01 \sim$ Dave Steppell, Paul Wharton and Cheryl Thompson.

Jan. 02 ~ **Bill Hunsche** and

Vince Perreca.

Jan. $03 \sim Colton Landry$.

Jan. $04 \sim Crystal$ White and Avril Maveety.

Jan. 05 ~ Sue Lee, Betty Wenman and Taylor Phillips.

Jan. 06 ~ Linda De La Canal.

Jan. 07 ~ Bryan Rousseau.

Jan. 08 ~ Sue Natall, Jodi Godkin, Neil McDonald and Destiny Wallbaum.

Jan. 09 ~ Arhea Howitt and Amanda Mayo.

Jan. $10 \sim$ **David Pease.**

Jan. 11 ∼ **Randy Cummings**.

Jan. 12 ~ Lisa Duncan and Mary Ebert.

Jan. $13 \sim$ Albert Edwardson and Tia Haase.

Jan. 14 ~ Dominic De La Canal,

Norman Edwardson, Karlee Legge and Alannah Nichols.

Jan. $15 \sim \text{Curtis Sample}$ and Ron Kushner.

Jan. $16 \sim$ Helen Palmer and Cody Angus.

Jan. 17 ~ Brent Stoutenberg.

Jan. 18 ~ Bill Roosen.

Jan. $19 \sim \mathbf{Rita} \ \mathbf{Zotoff}$.

Jan. 20 ~ Gerald Mackie, Les Dornbierer and Hazel Jay.

Jan. 21 ∼ **Cathy Silvey**

Happy anniversary to **Diane & Dennis Gamble.**

Jan. 22 ~ Starr Harding, Lil Higgs, Leanne Legge and Troy Brown.

Jan. 23 ~ Carolyn Ireland, Taree Bathgate and Kelly Phillips.

Jan. 24 ~ **Don Murray** and **Warren Dunaway**.

Jan. 27 ~ Leona Colebank.

Jan. 28 ~ Vanessa Fielding.

Jan. 29 ~ Jordan Field, Glen Scoular, Lorne Campbell, Alfie Lajlar, Sarah

Beadle and Tanya Bernier.

Jan. 30 ~ Lyle Forbes.

Jan. $31 \sim$ **Mary Jordison.**



Alan Stewart photo.

LEFT: The Pender Harbour Community Choir performed at the Madeira Park Elementary School gym after the Community Christmas Tree Lighting ceremony on Dec. 13.

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HARBOUR ALMANAC

OF JANUARY

JANUARY WEATHER

TEMPERATURES

January is normally our coldest month, with an average, daily high temperature of 6 C and low of 2.6 C, giving us a mean daily temperature of 4.3 C.

The highest January temperature recorded at Merry Is. is 13.2 C (Jan. 30, 1989); the lowest is -7.2 C (Jan. 29, 1969).

PRECIPITATION

We have an average of 46.2 hours of bright sunshine, 17 days with rain, and three days with snow in January. Our average monthly rainfall is 116.3 mm; snowfall, 11.2 cm. The record daily rainfall recorded at the Merry Island Weather Station is 78.2 mm (Jan. 18, 1968).

OTHER WEATHER EXTREMES

The record low BC January temperature is -58.9 C (Smith River Jan. 31, 1947).

The record low Canadian January temperature is -61 C (Fort Vermillion Alberta Jan. 11, 1911).

PHOTO JOURNAL





ABOVE: The coffee was hot at John Henry's this cold November morning despite the lack of power along Garden Bay Rd.

LEFT: Why the Jazz Fest isn't held in late November. The Garden Bay Pub's smoking section bears the brunt of another windy night.

Alison Stoutenberg photo.

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Canadian Cancer Society	883-9708
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Christ the Redeemer Church	
Coast Guard Auxiliary, Unit 61	
Coast Guard Auxiliary, Officer Community Choir	
Community Club, Egmont	
Community Club, Egmont Community Club, Pender Harbour	002 2151
Community Policing Community School Society	003-2020
Community School Society CDIRC (Page State)	
GRIPS (Recycling Society)	
Gardening Club Call Club	
• Golf Club	883-9541
Guides, Brownies, etc.	
Harbour Artists	883-2807
Harbourside Friendships (seniors, Thur. 9:30-11)	883-2764
Health Centre Society	
Health Centre Auxiliary	
Hepatitis C Club	
Lions Club, Egmont	
Lions Club, Pender Harbour (1st & 3rd Wed)	
Music Society	883-2689
Pender Harbour Choir (7:30 pm Tues)	
• Piecemakers (quilters, 1st & 3rd Wed. 9:30 a.m.)	
Power & Sail Squad (2nd Wed. Legion)	
Red Balloon Parent & Tot drop-in	
Reading Centre Society	
Rotary Club (noon Fri. Garden Bay Pub)	
Royal Cdn Legion 112	
St. Andrew's Anglican Church	
• St. Mary's Hospital Auxiliary (2nd Wed. Sept-June)	
Seniors' Housing Society (3rd Thur.)	883-9883
Stroke Club	883-2650
Suncoast Players	
Volunteer Fire Dept (Tues. evening)	883-9270
Wildlife Society (3rd Tues. PHSS)	
Women's Cancer Support	883-9708
Women's Connection (2nd & 4th Tue.)	883-2454
•	

~ MEETINGS ~

PENDER HARBOUR CHOIR

Come sing with the Pender Harbour Choir Performances of Handel's *Messiah*. Performances are scheduled for March 24 in Powell River and March 31 in Sechelt.

Rehearsals begin Jan. 9 at 7 p.m. at the Pender Harbour School of Music. Contact Ann Barker at (604) 883-2689 for more info.

HEALTHY LIVING WITH CHRONIC CONDITIONS

Free, six-session course provides persons living with chronic conditions information and skills they need to cope with daily physical and emotional challenges.

The course and excellent reference book are free, funded by Vancouver Coastal Health.

It will be offered at the Pender Harbour Health Centre, 5066 Francis Pennisula Road, from 1:00 to 3:30 p.m. on Saturdays, February 10th to March 17th, 2007.

For details and to register please call toll-free, 1-866-902-3767 or email khannah@dccnet.com.

Visit our website at www.coag.uvic.ca/cdsmp.

WOMEN'S CONECTION

The Women's Connection will meet again Jan. 9th at the School of Music in Madeira Park.

Sue McDonald and Carol Krych will Demo Iris Folding, a unique way to fold paper that can be used in card making, scrapbooking, or journaling.

The doors open at 9:30 a.m. for all meetings at the School of Music, meetings are from 10 a.m. until noon.

As always, members, new members and drop-ins are welcome.

Drop in fees are \$2 at the door to cover the cost of coffee and facility.

P. H. AND DISTRICT WILDLIFE SOCIETY

The Pender Harbour and District Wildlife Society

will hold their first meeting of 2007 on Tuesday, Jan.16th at 7:30 p.m. at the Pender Harbour High School.

This will be the AGM so all members are urged to attend.

The guest speaker for the evening will be Allan Cobbin, President of the Sunshine Coast Bee Keepers Association.

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PENDER GOLF

By Jan Watson

The Pender Harbour Golf Club Society wishes everyone a very happy and healthy year for 2007.

In spite of the adverse weather conditions the course is in good shape.

Just a few wet spots and golf carts have to stay on their paths, but the grass is still growing and the greens are in excellent shape.

Reduced rates are in effect during winter and the driving range is open daily.

Remember to phone the Pro Shop, 883-9541 because if it's frosty, there could be a tee off delay.

SPECIAL THANKS TO VOLUNTEERS

As always, it is impossible to name all the wonderful people, members and non-members who dedicate many hours helping to keep the golf course and buildings in good shape.

Sincere thanks go out to all those people who, over the last 20 years have worked hard to help make the facility a great asset to the community.

ANNUAL LOBSTER FEED

This fifth annual fundraiser on Nov. 24, saw a sellout crowd enjoy a tasty lobster dinner, cooked to perfection by "chef extraordinaire" Rusty Ellis and his assistant Glenn McCuaig.

Grant Hallborg, the lobster procurer, did a great job auctioning off the extra pies.

Roberta

Oleksyn won the raffle, a beautiful hand-turned wooden bowl made by Eldy Gandy and filled with coffee mugs and other goodies donated by Marina Pharmacy.

Mary Carlsen won the special edition bottle of wine donated by Lorna Lycan.

Lorna Schindle won the 50/50 draw and generously donated the winnings back.

FROM THE 19TH HOLE

Thinking instead of acting is the number-one disease in golf.

Sam Snead

For several years a lawyer and a doctor had regularly played golf together. They were evenly matched and there was a keen sense of rivalry.

Then one spring, the lawyer's game suddenly improved so much that the doctor was losing regularly.

The doctor's efforts to improve his own game were unsuccessful, but finally he came up with an idea.

At a bookstore he picked out three "how-to-play-golf" texts and sent them to the lawyer for a birthday present.



THE NET SHED



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- Garden Bay Pub: www.gardenbaypub.com

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• Pender Harbour Charters: www.salmonfishingbc.ca

REAL ESTATE

- Prudential Sussex Realty, (Madeira Park: www.prudentialsussexrealty.com
- Re/Max Realty, Madeira Park: www.sunshinecoasthomes.com

MISC. BUSINESS

- Pender Harbour Businesses: www.penderharbour.com
- Midway Power Line: www.midwaypower.com
- Wet Coast Computers: www.wet-coast.com

LOCAL ORGANIZATIONS

- Pender Harbour Community School: www.phcommschool.ca
- Pender Harbour Music Society: www.penderharbourmusic.ca

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• Sunshine Coast Regional District: www.scrd.bc.ca

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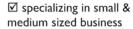
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ANNOUNCEMENTS

• **Live chat** for Pender Harbour is now up an running on penderharbour.org.

FOR RENT

• Long-term rental, Ruby Lake waterfront cottages with kitchen, satellite t.v. \$700/month + hydro, 883-2269.

FOR SALE

• **RV for sale**: 1996 Vanguard 25ft 5th wheel, Sleeps 6, Excellent Condition, Stored indoors, very low mileage, like new \$13,500. Call (604) 883-9578 or 883-9472.

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- 1998 50 hp Yamaha Outboard: Needs work, engine in good shape. \$1500 OBO. (604) 883-2234

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Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

JANUARY

Tues. Jan. 3..... Teddy Bear Swim - P.H. Aquatic and Fitness Centre, 3-5 p.m.

Sat. Jan. 7.......Inspirational Cinema, *The Secret* - Copper Sky Gallery and Cafe, 7:30 p.m.

Sun. Jan. 8......Larry Cook and the Bluesmasters- Garden Bay Pub, 2 p.m.

Mon. Jan. 9...... Women's Connection Meeting - P.H. School of Music, 9:30 a.m.

Mon. Jan. 9......**P.H. Choir Rehearsals, Handel's** *Messiah* **- P.H. School of Music**, 7 p.m.

Tues. Jan. 10.....P.H. & District Wildlife Society Meeting- P.H. High School, 7:30 p.m.

Thurs. Jan. 12....Egmont Firefighter's Poker Tournament- Backeddy Pub

Thurs. Jan. 12....Penny Lang - Copper Sky Gallery and Cafe, 6:30 p.m.

Sun. Jan. 15......Joe Stanton and Friends- Garden Bay Pub, 2 p.m.

Mon. Jan. 16....." Drop-in" Diabetes Clinic- P.H. Health Centre, 10-2 p.m.

Fri. Jan. 20......Robbie Burns Night- P.H. Legion, 6 p.m.

Fri. Jan. 20......Inspirational Cinema, *The Power of Community* - Copper Sky Gallery and Cafe, 7:30 p.m.

Sun. Jan. 22Gaetan and the French Connection- Garden Bay Pub, 2 p.m.

Thurs. Jan. 26....Reality Night at the Aquatic Centre- P.H. Aquatic and Fitness Centre, 8 p.m.

Sun. Jan. 29......Verna Chan & Friends- Garden Bay Pub, 2 p.m.

PAO PROSS PRINTING & GRAPHIC Design

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January 2007

BACKEDDY PUB at Egmont Marina Resort

PUB KITCHEN OPEN

12 -8 pm WED.-SUN.

12-4 pm MON.-TUES. (Dinner specials to 8 pm)

CHINESE BUFFET - \$12.95 EVERY SUNDAY 4 - 8 pm

OPEN MIKE NIGHT

STARTS AGAIN JAN. 8 @ 8 PM



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PENDER HARBOUR LEGION

ROBBIE BURNS NIGHT



JANUARY 20, 2007 6 PM

ENTERTAINMENT:

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SUN. JAN. 8

LARRY COOK & THE BLUESMASTERS

SUN. JAN. 15

JOE STANTON & FRIENDS

SUN. JAN. 22

GAETAN AND THE FRENCH CONNECTION

SUN. JAN. 29

VERNA CHAN AND FRIENDS

▶ FROM GIBSONS, FIRST TIME HOSTING

Pub Menu items will be available at Garden Bay Restaurant throughout the winter for family dining.

Yes, children are welcome!

SPECIAL EVENIS

DECEMBER

Mondays:Beer & Burger special - \$6!

Wednesdays:25¢ wings & KARAOKE!

Fridays:Fish and Chips... the classic!

Saturdays:.....PRIME RIB

Ron and Marita would like to wish everyone a Happy and Prosperous New Year.