



We encourage everyone to come out on November 11 to support our veterans and honour their sacrifice.

The day's ceremonies begin at 10:30 a.m. with a solemn procession through Madeira Park.

It will continue to the Royal Canadian Legion No. 112 where Remembrance Day services will begin at 11 a.m.



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The independent voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,375 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: John Dickinson, Dale Jackson, Leonard Lee, Robert Livingston, Shane McCune and Patti Soos.

COVER

Patti Soos found some fantastic fungi this fall. (Patti Soos photo)

ADVFRTISING

Please reserve by the 15th of the month prior to publication. Advertisers make publication of the *Harbour Spiel* possible — please say thank you, and support our community, by supporting them.

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When is our medical system a health risk?

6

Brian Lee

At one time, few worried about landing a spot on the patient list of a family doctor.

If you needed one, you just called the health centre for an appointment.

Now, a national shortage of general practitioners means we can no longer take our health care for granted.

The departure this month of Dr. Colin Sutton from the P. H. Health Centre means that his 700-plus patients will now join the close to one million other British Columbians who don't have a family doctor.

And their health will suffer.

The hassle of trying to get into a walk-in clinic in Sechelt, or worse, the emergency department at the Sechelt Hospital, means many will let health concerns slide before seeking help.

At the recent PHARA town hall meeting (story p. 5), Diane Hopkinson, president of the P. H. Health Centre Society, was brave enough to face what turned out to be one of the most well-behaved crowds at the Pender Harbour Community Hall since Moms and Tots.

Hopkinson explained how small clinics like ours are at a disadvantage in attracting family doctors.

Here at least, GPs are attached to the hospital as a requirement of their employment and must work hospital shifts outside their general hours.

That often pushes their workload to burnout levels.

By all accounts, Dr. Sutton was a good one.

He was here a short time but took on a quarter of Pender Harbour and Egmont as patients while fulfilling duties at the hospital.

He worked with his wife Linda, a registered nurse.

I was a patient only once, but their tandem system was impressive.

After a quick interview with

Linda, I was whisked into Dr. Sutton's room and immediately put at ease.

I should also say that I wasn't even his patient, I needed a driver's licence physical and he agreed to do it.

With an overflowing patient list, he told me that one more wouldn't hurt and sent me for bloodwork and told me to return for a thorough, and long overdue, physical exam.

I learned my partner was right about the consequences of my bacon habit and Sutton threatened cholesterol pills if I didn't kick it.

When he first arrived at the health centre, I skipped the stampede to get on Dr. Sutton's patient list.

With limited space, I knew others here needed that relationship more.

Later on, when I did need to see a doctor, I attended the walk-in Sechelt Medical Clinic.

I eventually got the help I needed but it took much of the day.

Now, as reported in the July 11 issue of the *Coast Reporter*, even that clinic closes Dec. 31 as the physicians move to the Cowrie Medical Clinic:

"Current patients of the doctors there will be served from the new location but 'unattached patients previously helped at the Sechelt Medical Clinic will not be able to receive care at the Cowrie Clinic."

The doctor-less are asked to signup with BC's Health Connect Registry "to be contacted when a health care provider becomes available."

Just tell your cancer to wait.

As Hopkinson pointed out at the town hall, Sechelt is losing five GPs this year, without replacements.

It is a crisis.

The answer?

Eat well, exercise and don't trip. And, if you have children, send them to med school.

If you don't, get some.

Then, send them to med school.

P. H. AND DISTRICT CHAMBER OF COMMERCE SPECIAL MEETING: Wednesday, Nov. 8, 4:30 to 6 p.m.

Pender Harbour Chamber of Commerce members are invited to a special general meeting on Wednesday, Nov. 8 to vote on the proposal for Gibsons, Sechelt and Pender Harbour to merge into one Sunshine Coast Chamber of Commerce. All members are invited to join us at the PHDCC board meeting from 4:30 p.m. to 5 p.m., and then stay for the special general meeting and vote from 5 p.m. to 6 p.m. at the Fuse Work Hub (located above the Madeira Park Veterinary Hospital) in Madeira Park. Chamber members in good standing will vote on the resolution to merge. Refreshments courtesy of the Sunshine Coast Credit Union. For more information, visit "Stronger as One – Sunshine Coast Chambers of Commerce merger initiative" at www.penderharbour.ca/sunshine-coast-chambers-merger-initiative/.

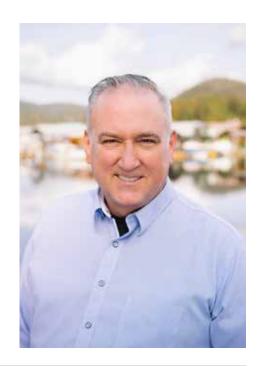
REMEMBRANCE DAY: Saturday, Nov. 11, 11 a.m.

The Royal Canadian Legion No. 112 will host a full outdoor Remembrance Day service at the cenotaph in Madeira Park on Nov. 11. The procession begins its march towards the Legion through Madeira Park at 10:30 a.m. followed by the service at 11 a.m. The service at the Pender Harbour cenotaph will include a colour party, pipers, an emcee, chaplain and a number of local representatives. Poppies are now available and can be purchased by donation at local businesses and poppy sale tables hosted by Legion representatives near Marketplace IGA and the Marina Pharmacy.

CEDAR WEAVING WORKSHOP WITH JESSICA SILVEY: Sunday, Nov. 12, 10 a.m. to 1 p.m.

Join local Coast Salish weaver Jessica Silvey and learn traditional cedar weaving and craft skills to create your own collection of holiday decorations. Silvey's cedar weaving workshop is entitled "holiday decor collection" and will focus on producing ornaments including a reindeer, star, a little nest and a small basket. The workshop will take place at the Sarah Wray Hall in Irvines Landing on Nov. 12 from 10 a.m. to 1 p.m. The cost is \$85 for Pender Harbour Living Heritage Society members and \$95 per person for non-members which includes a one-year 2024 membership. All materials are included. Register at www.penderharbourheritage.ca and pay by etransfer at the time of registration.





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PHARA hosts town hall meeting at the P. H. Community Hall Oct. 22

Formed in 2014, the Pender Harbour and Area Residents Association has become Area A's lead advocate for community issues, from parks to dock management and derelict boat removals in Pender Harbour.

A town hall meeting on Oct. 22 was the first since COVID and attracted approximately 150 community members to hear updates and ask questions about local issues.

Peter Robson, PHARA president, started off the meeting introducing the current nine-member board: Kim Allinson, Bill Charlton, Eliza Kinley, Sage Robson, Ron Badley, Guy Halford-Thompson, Sean McAllister and John Verver.

Robson noted that many of the current board members will soon reach their maximum term and put a call out for volunteers to help fill the upcoming vacant positions.

DOCK MANAGEMENT PLAN

The first presenter, Sean McAllister, updated the community on a town hall staple — the Pender Harbour dock management plan.

After a 15-year moratorium on new dock applications, in April 2015 the province handed down the Pender Harbour dock management plan, a

document created with the shìshàlh Nation.

Without consultation with local dock owners, the DMP's zoning structure restricted new applications and placed onerous requirements on dock owners to rebuild to



Sean McAllister



Brian Lee

Approximately 150 people attended the PHARA town hall meeting Oct. 22 at the Pender Harbour Community Hall.

standards that have been the source of continual questioning from PHARA.

After a meeting with the province and shìshàlh Nation in July 2020, PHARA was told they wouldn't get another meeting.

According to McAllister, three main issues with the DMP still stand out in discussions:

"In Jan. 2021, we sent another letter requesting discussion on further amendments to the DMP and our focus on this time was in areas of zoning, light penetration and dock width."

In March 2021, the government responded that they had incorporated some of the housekeeping changes PHARA had suggested including the allowance of encapsulated foam.

At that time, the province also said they would not consider grand-fathering of old tenure applications and would continue to insist on light penetration requirements through the surface of the dock of 43 per cent.

"They did express concern over

our experts' comments about safety as it relates to existing (DMP) dock width standard of 1.5 metres and ramps at 1.2 metres, said McAllister.

"They indicated they would be doing further review of this issue."

McAllister said a PHARA-commissioned biological study could not justify any of the DMP's zoning in Pender Harbour.

(continued next page)



CORRECTION: Last month's story 'From 1 to 190: First *Harbour Spiels* now digitized and online' reported that the P. H. Living Heritage Society received a grantin-aid from the SCRD for \$2,000 for the project. In fact, that grant totalled \$3,300. To visit the online collection, visit *penderharbourheritage.ca*, then 'Collections & Projects' and then 'Harbour Spiel Archives.'

PHARA town hall (cont.)

(continued from p. 5)

"There's been no rational explanation given to us for the various zoning," said McAllister.

"And, we have evidence to the contrary filed."

McAllister noted that all commissioned experts' reports on this issue, including naval architect Robert Allan's and a biologist's report, are available at www.phara.ca.

In Nov. 2021, the SCRD passed two resolutions seeking effective consultation and a seat for the regional district at the table for discussions around implementation of the 2018 Foundation Agreement which defines how the province and the shìshàlh Nation will move forward with future negotiations.

"What the SCRD was suggesting was that members of our community should at least be involved at the working group level, the lowest level of decision-making."

McAllister said there wasn't much else to report until Sept. 2022 when all dock owners received a letter announcing the commencement of negotiations between the government and the Nation under Section 7 of the Declaration on the Rights of Indigenous Peoples Act, the provincial government's interpretation of the United Nations Declaration on the Rights of Indigenous People.

"It's a significant development."

"However, amongst our communication on DRIPA, we were advised by the government that they had finally received an engineering report and would be discussing it with us shortly," said McAllister.

"They've now had it for six months and one wonders how many drafts they have to go through to get it where they want it." McAllister said the government has issued some extensions to dock owners because of the delay but pointed out that some docks in the red zone in Gunboat Bay were removed by the government this past summer.

"However, to my knowledge, none of those docks ever had tenure or permission from the government."

McAllister said they are satisfied that the government is rethinking the dock width regulation and new dock applications are being accepted in the green zone.

"One of the other things that was not referenced in the first DMP was boathouses," he said.

"Boathouses are now clearly permitted."

McAllister ended his presentation with some advice for dock owners to not let tenures lapse — especially those in the red zone and to write MLA Nicholas Simons.

"We passed around the hat to dock owners eight years ago and that money is spent on expert reports and legal opinions — so don't be surprised if you get an email at some point saying we need some funds in order to take the next step."

SECTION 7, DRIPA

Next, with a related topic, Guy

upda agre ing t the s



Guy Halford-Thompson

Halford-Thompson updated the crowd on an agreement currently being negotiated between the shíshálh Nation and the province.

It's the "first joint decision-making agreement to be negotiated under Section 7 of the Declaration on the Rights of Indigenous

Peoples Act."

According to Halford-Thompson, the current shared decision-making model that is applied today for docks, consists of a shared review board which issues recommendations which the government considers before making a decision.

"Very importantly, the government remains the statutory decision maker — this is just an advisory board," said Halford-Thompson.

The United Nations Declaration on the Rights of Indigenous People (UNDRIP) is a UN mandate which has been adopted in Canada.

The Declaration on the Rights of Indigenous Peoples Act (DRIPA) is the BC government's legislative implementation of UNDRIP.

"This implementation drastically changes the relationship between First Nations governments and seeks to give much more governing power to First Nations," said Halford-Thompson.

Section 7 of DRIPA:

Enables the government to negotiate and enter into an agreement with an Indigenous governing body relating to one or both of the following:

7. (a)the exercise of a statutory power of decision jointly by

(i)the Indigenous governing body, and

(ii) the government or another decision-maker;

7. (b) the consent of the Indigenous governing body before the exercise of a statutory power of decision.

"This may seem like a subtle difference but we're moving from a 'shared decision-making' process to a 'joint decision-making' process," said Halford-Thompson.

"This is a big deal."

"Under the current shared decision-making system, a First Nation

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government is consulted on decisions via the shared advisory board that provides information.

"However, the BC government still retains the final decision-making authority.

"Under this new joint decisionmaking system, the BC government gives up its statutory decision-making right and if a First Nation wants to block a decision or an application, the BC government will no longer be able to do anything about it."

Halford-Thompson said that as far as he knows, we are the first province in Canada to be negotiating such an agreement.

"And historically, the government is not very good at firsts."

PHARA has been told that they will be consulted but have yet to be told where the negotiations stand.

PHARA sent a letter dated Jan. 18 to relevant provincial ministries and the shìshàlh Nation asking 21 questions about this process.

The full questions are available at www.phara.ca.

"I think it is really important to understand that the BC government is giving away its statutory decisionmaking authority," said Halford-Thompson.

PENDER HARBOUR COMMUNITY GARDENS

Bill Charlton provided an update



Bill Charlton

on the current state of funding and maintenance of the Madeira Park community gardens around the Pender Harbour Community Hall and at the entrance to Madeira Park.

Up to this point, Charlton said, much of the maintenance and the cost of the gardens has been borne by Don Fraser who developed the vision for Madeira Park's lush vegetation.

Charlton presented a proposal to build new gardens at the Kleindale crossroads, P. H. Health Centre and in downtown Garden Bay.

But he also announced Fraser would be retiring from his duties, and thanked him for his work, before asking how the community should pay for their maintenance going forward.

PHARA has estimated the cost of ongoing maintenance at \$60,000 to \$100,000 per year.

A show of hands indicated broad support for an average increase of property tax of approximately \$24 per year to cover that bill.

Charlton said the community should expect a questionnaire in the next six months to officially assess community support before moving ahead with the project.

SEARCH FOR A NEW DOCTOR AT THE P. H. HEALTH CENTRE

With the departure of Dr. Colin Sutton and Linda Sutton, a registered nurse, later this month, Diane Hopkinson, president of the P. H. Health Centre Society board, provided an update on their search to recruit a replacement.

Hopkinson said the PHHCS has retained the services of a recruitment

agency to scour the globe but noted that a national shortage of physicians has made it very difficult to find and retain them.

She also noted a specific challenge in attracting doctors to the Sunshine Coast — general practitioners are required to cover hospital shifts, like working in the emergency department, which adds to their workload.

Hopkinson explained that it is a challenge shared with many other



Diane Hopkinson

smaller hospitals like ours because they do not have hospitalists — physicians who only work in the hospital.

"Sechelt is losing five GPs this year and they haven't been able to replace them," said Hopkinson.

"We're not the only one in this boat and, unfortunately, ours is a oneman boat."

The only good news on the topic that Hopkinson could offer was that there may be some progress with regards to hiring a nurse practitioner but details are not available yet.

When asked what people should do when they require a doctor, Hopkinson suggested residents call the health centre first before driving to Sechelt to see if they can be helped by the staff here.

(continued next page)





Healthy Meals service has resumed.

FOR EMERGENCY SERVICE:

Call Linda — 604.883.2819, Wendy — 604.883.2514 or Anky —604.883.0033

Ruby Lake man's death investigated as a homicide

The death of Henry Doyle, a 58 year-old Vancouver businessman and part-time resident of Ruby Lake, is being investigated as a homicide after his body was discovered on the Klein Lake Forest Service Road Sept. 23.

The Integrated Homicide Investigation Team has taken over the investigation.

It comes exactly one year after the body of 50-year-old Shaun Hoole was discovered in the burnt out remains of his car in Dan Bosch Park Sept. 28, 2022.

Doyle's body was discovered less than a kilometre away.

A spokesperson for IHIT told the *Harbour Spiel*:

"No evidence has been located to suggest this is in any way connected to the homicide of Shaun Hoole.

"Any geographic similarity is believed to be strictly a coincidence."

Doyle was the president and founder of Heaps and Doyle, a dental

industry consultancy and brokerage based in Vancouver.

He was also the president and chair of the Dental Industry Association of Canada.

Investigators learned that Doyle had travelled to the area on his dirt bike, which was located near his body.

"We're looking to speak with anyone who was in the area of Klein Lake on Sept. 23," said Sgt. Timothy Pierotti, IHIT, in a press release.

"If you saw Mr. Doyle, or anything suspicious in the area, we ask that you please contact IHIT."

IHIT is asking any witnesses or anyone traveling in the area of Klein Lake to contact the IHIT information line at 1-877-551-IHIT (4448) or by email at *ihitinfo@rcmp-grc.gc.ca*.

Since 2010, IHIT has been involved in six homicide investigations on the Sunshine Coast.

Two of those files have resulted in charges being laid — Sechelt, 2014,



Sunshine Coast RCMP

Henry Doyle, 58, of Vancouver owned a home on Ruby Lake. His body was found near his dirt bike on the side of a forestry road above Klein Lake.

and Gibson, 2020.

One was determined not to be a homicide — Halfmoon Bay, 2019.

One remains a missing person investigation — Dane Stanway, 2016.

Two occurred in the last 12 months and remain active investigations — Hoole and Doyle.

PHARA town hall (cont.)

(continued from p. 7)

DAYLIGHTING PAQ CREEK

PHARA president Peter Robson spoke about plans to daylight Paq Creek, the waterway draining



Peter Robson

Lily Lake, which runs through a system of culverts under the Madeira Park Shopping centre and the Madeira Park school field.

"To date, we have had site visits and/or discussions with DFO, SCRD infrastructure services, In Situ Archae-

ology and most importantly, SD 46," said Robson.

"All of these have given their

support in principle."

Most recently, PHARA met with Dave Bates, a registered professional biologist with 30 years' experience dealing with fisheries related issues on the Sunshine Coast and elsewhere.

Bates has volunteered to advise.

"Currently, we're working on a design for the new creek and we will be applying for permits and approximately \$200,000 in funding from the province and salmon enhancement groups," said Robson.

INCORPORATION

Robson also touched on the topic of incorporation for Area A, asking whether there is support to move ahead with a preliminary study.

"If the community wishes, the province will fund a new study looking at incorporation, the pros and cons," said Robson.

He noted the last incorporation vote took place Nov. 20, 1999 and saw 51 per cent of the community in favour of incorporation, though a higher margin was needed to pass.

According to a document posted to PHARA's website "Incorporation Update – 1999," the proposed municipality included the Pender Harbour fire protection district as far south as Bryan Road plus District Lot 3974.

"As requested by the Pender Harbour restructure committee, the Middle Point area is excluded from the proposed municipality."

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Backroad trash bash nets five tonnes of waste on Sept. 16

Volunteers once again hit local forestry roads to tackle the remnants of illegal dumping.

The 2023 "backroad trash bash" took place on Sept. 16 and pulled 43 volunteers who cleaned up 23 sites from Middlepoint to Egmont.

According to volunteer organizer Randy Picketts, Pender Harbour Hikers, almost half of those volunteers came from outside the community.

Sponsored by the Sunshine Coast Regional District, the 10th annual Backroad Trash Bash occurs each year but focuses on a different area of the Coast each year.

This year's effort hauled 4,830 kilograms of waste, eight appliances and 86 tires.

Volunteers included community residents, members of the Sunshine Coast Off-Road Club, and representatives from AJM Disposal, BC Natural Resources Office, BC Conservation Service, Salish Soils and the SCRD.

Materials found at the dump sites





submitted

Just some of the examples of waste removed from local backroads on the Sept. 16 Backroad Trash Bash.

included wood waste, tires, electronic waste, furniture, appliances, metal and household garbage.

In the five years (2014, 2017, 2019, 2021 and 2023) the BTB has focused on Area A, volunteers have retrieved 16,520 kilograms of illegally dumped waste from forestry roads.

That figure does not include propane tanks, tires or appliances.

Appliances are free to drop at the

Pender Harbour Transfer Station.

If an illegal dump site is found, please report it to the Conservation Officer Service Report All Poachers and Polluters (RAPP) line at 1-877-952-7277 or online https://forms.gov.bc.ca/environment/rapp/.

For information on how to clean up an illegal dump site year-round in our region, visit www.scrd.ca/illegal-dumping.

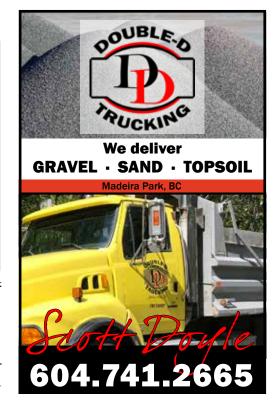
photojournal

BARBECUED WHALE

1 - 10,00 lb. whale, cut up small
1 - 100 lb. sack of salt
3 barrels of vinegar
Soak overnight in Bargain Harbour.
Remove with tractor and cook on the beach for 3 weeks.
Invite all of Pender Harbour.

Harbour Cooks cookbook

Dale Jackson at Earthfair Store found this recipe in the locally produced *Harbour Cooks* (1995) cookbook and thought it relevant to last month's <u>satirical</u> editorial. *Harbour Cooks* was published as a fundraiser by the Pender Harbour chapter of the St. Mary's Hospital Auxiliary (later renamed Sunshine Coast Healthcare Auxiliary). Formed in 1937, the Pender Harbour branch was the Coast's oldest auxiliary chapter before it closed in 2021 and folded into the neighbouring Halfmoon Bay organization.



Ending illegal rentals



Leonard Lee Area A director, SCRD

The SCRD has long been a leader in the quest to obtain provincial legislation to help regulate bed

and breakfast operations that illegally evolved into short-term rentals, or short-term vacation rentals.

We do what we can under existing legislation by increasing fines, ensuring that STRs are actually B&Bs, and demanding the presence of an onsite operator, but it's a slow process involving extensive, expensive investigation for each infraction reported.

Our situation dramatically improved when, on Oct. 16, the province gave first reading to the Short-Term Rental Accommodations Act, includ-

ing these items:

- STRs and STVRs must be in the principal residence of the host, the person legally entitled to possession of the property and who arranges the accommodation offer;
- Pender-Egmont STRs and STVRs must have a business licence, but other businesses will not, as is the status quo;
- Advertising platforms must share their information about STR hosts, including business licence and registration numbers, and remove listings without them, and
- The SCRD will increase fines from \$1,000 to \$3,000 per infraction per day, and include a \$50,000 penalty for severe contraventions.

This new legislation, which will be phased in over the next year, won't affect legal, responsibly operated STRs, but should end "mini-hotel" operations in residential areas.

ROAD MAINTENANCE

The Ministry of Transportation and Infrastructure contracts Capilano Highway Services for road maintenance and snow plowing, with removal prioritized by road classification:

- Class A and B are high-volume arterial/highways, like Hwy. 101 and Madeira Park Road, and can't have over six centimetres of snow, accumulation must be removed every two hours, and lanes must be bare 36 hours after a snowfall when the pavement is -9°C or warmer.
- Class C are industrial routes, like Egmont, Garden Bay, Francis Peninsula, and Irvine's Landing Roads, which cannot have over 10 centimetres of snow, accumulations

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Area A Director: **Leonard Lee** leonard.lee@scrd.ca 604-212-0406



UPCOMING MEETINGS

Committee of the Whole November 9 at 9:30 a.m.

Inaugural Board November 9 at 1:30 p.m.

Special Committee of the Whole - Utility Rates
November 10 at 9:30 a.m.

Electoral Area Services Committee

November 16 at 9:30 a.m.

Committee of the Whole November 23 at 9:30 a.m.

Regular BoardNovember 23 at 1:30 p.m.

For more information, please visit www.scrd.ca/agendas.

THANK YOU to all of the volunteers who joined together for the 10th Annual Backroad Trash Bash on Saturday, September 16. From Middle Point to Egmont, twenty three sites in Pender Harbour were cleaned up, 4,830 kilograms of waste, 8 appliances and 86 tires were removed from the backroads.

Thank you to community residents, Sunshine Coast Off-Road Club, AJM Disposal, BC Natural Resources Office, BC Conservation Service, Salish Soils, Pender Harbour Hikers and Pender Harbour Lions Park for helping to set up the event, Don White for donating time and heavy machinery and to sponsors RONA Madeira Park Store, IGA Madeira Park and Kleindale Supply LTD. More info at letstalk.scrd.ca/trash-bash



www.scrd.ca 604-885-6800 info@scrd.ca Pender Harbour Satellite Office 12828 Lagoon Road, Madeira Park 604-885-6877 infrastructure@scrd.ca

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must be removed every six hours, and lanes must be bare 48 hours after a snowfall with pavement temperature -9°C or warmer.

• Class D and E are rural routes, like Panorama, Bear Bay, Warnock, and Dubois Roads which don't require removal of 25 centimetres or less of snow.

Capilano workers almost always, significantly, exceed their contract requirements, leading us to expect it, but circumstances beyond their control occasionally prevent it.

If you feel the service is inadequate, call Capilano at (604) 740-0667, MOTI at (604) 740-8985, or contact MLA Nicholas Simons.

JUST WHAT DOES THE SCRD DO?

The regional government manages our services and infrastructure, but when residents see something that needs attention, the SCRD isn't always the best place to call.

The SCRD doesn't look after roads and we can't fix BC Ferries, we don't remove invasive plants or mail your property tax notice, and if you've got a danger tree on your property, it's your responsibility, although we take care of danger trees in SCRD parks.

The SCRD provides about 45 services to support and maintain SCRD parks, solid waste, recycling, water, sewage, planning, zoning, emergency programs, bylaw enforcement, and our pool, reading centre, health centre, and cemeteries.

Find a list of SCRD services at www.scrd.ca/our-services, or call our office at (604) 885-6800 to contact the right person in the right department.

On the contact page, I invite you to use our feedback form to send us your comments, concerns, and questions about any of our services.

ENHANCING OUR PARKS

Management plan budget proposals for Dan Bosch and Katherine Lake Parks will be submitted for the 2024-2028 SCRD financial planning process, with projects including parking expansion and water access at Dan Bosch, and a hiking trail around Katherine Lake.

In 2022, the SCRD approved \$20,000 for these projects, but new protocols at a higher level of government now demand comprehensive studies including archeological assessments before the province will approve the projects.

The good news is that our board and staff remain committed to getting it done.

The bad news, readily apparent, is that it's getting very difficult and expensive with a multi-year timeline for even our local government to get provincial approvals to do community-focused projects.

I'm sure I'm not the only oldtimer who looks back fondly on bygone times when most of our parks were created by residents who happily fired up their logging equipment and got 'er done for the enjoyment and benefit of the whole community.

CONTACT ME

The Lee Side helps me effectively represent you by informing you of local issues and inviting you to contact me with questions and comments about what matters to you within the scope of the SCRD.

E-mail *leonard.lee@scrd.ca* or call/text (604) 212-0406.

On a personal note, I am greatly saddened by the tragic death of Mac Duncan, and I wish to extend heartfelt condolences to the Duncan and Higgins families, and to Mac's many friends in Pender Harbour, as they mourn his loss.

Royal Canadian Legion #112

Pender Harbour 2023 Poppy Campaign

Donations to our Poppy Campaign benefit our community:

In 2023, three bursaries were awarded to PHSS graduates.

2023 Poppy Campaign begins Friday, Oct. 27.

Please come to our Remembrance Day Ceremony on

Saturday, November 11

Procession marches off at 10:30 am. Service at 11:00 am.

Followed by refreshments in the Legion. Everyone welcome including children.

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Page 12



P. H. Living Heritage Society

Just in time for fall. After a long fundraising effort, the Pender Harbour Heritage Society recently had a new roof installed on the Sarah Wray Hall, the historic one-room school house in Irvines Landing. The new roof replaced a 30-year-old-plus cedar shake roof. A PHLHS spokesperson told the *Harbour Spiel* that the group raised just over \$21,000 in the community, which covered almost 95 per cent of the cost of the new roof with the remainder coming from other society revenue streams.

letters

To organizers of local associations and clubs

Editor,

It has recently come to the attention of the board of the Pender Harbour Music Society various associations here in the Harbour are calling for their annual meetings and/or events on the same day as our concerts.

This is not to say that any one event is more important than another but over the last few days, I have had a number of phone calls, emails and personal meetings with patrons who are very upset at these conflicts.

They feel very strongly that all this could have been avoided if our brochure, which has been in place at businesses, pools and libraries since May of this year, had been read.

In the August edition of the *Harbour Spiel*, Brian Lee published a

full two page article, outlining dates, artists and their backgrounds, for our coming season.

Again, a source to refer to.

All of the associations have important information to communicate to the residents here about what is happening to our community and their effects and in some cases, warrant action by our citizens.

We know by the attendance at our concerts after COVID, how important live music is by the number of sellout concerts we had.

For your information, the contracts with the artists are signed by December 2022, so it is extremely difficult to change dates.

I hope in the future we can avoid this happening again.

Thank you and hope to see many of you at our future concerts.

Ann Munro P. H. Music Society



Regarding 'A whale of a proposal'

Editor,

Your editorial "A whale of a proposal," (*Harbour Spiel*, Oct. 2023) is a whale of a good idea.

Let's kill humpback whales because they eat underwater mountains of krill every day and sometimes scare boaters.

First we would need to apply for whaling permits — but that's no prob-

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lem since we live in a country where whaling is still allowed.

Unlike the rest of the civilized world, the Canadian government refuses to join the International Whaling Commission, the world's authority on whales and whaling, so we can continue to thumb our noses at international law that would require us to seek approval from the IWC prior to killing any whales in Canada.

That's how federal fisheries justifies issuing whaling permits to kill three to five bowhead whales every year with no consequences but for being a little embarrassed every time the IWC urges Canada to stop our illegal whaling practices.

But why should we stop just because the IWC scientific committee classifies our bowhead populations as highly endangered?

Instead, Canada continues to hunt whales outside international law, while the rest of the world's whaling nations pretend to abide by IWC's rules that set whaling quotas meant to safeguard whale populations.

Suckers.

But what your whaling proposal missed mentioning is all the money-making possibilities.

Whaling is a lucrative business.

In Japan for example, thousands of whales and dolphins are killed every year to supply the Japanese pet food industry.

Think about that.

We could build a marine mammal processing plant in Irvines Landing where PODS has been fundraising for a decade to build an aquarium and restaurant with underground paid parking for 600 cars.

Considering that one dead humpback whale can render 30,000 kilograms of cheap cat food and create lots of local jobs, surely that would be a better bang for our buck than simply displaying fish in decorative tanks and letting kids squish stingrays and starfish to death in touch tanks.

So who cares about restoring a balanced marine ecosystem and saving the whales?

Let's go hunt humpbacks!

Annelise Sorg Madeira Park

Note: The Harbour Spiel reported in the May 2020 issue that updated plans for PODS' Irvines Landing site no longer include a double level parking garage due to cost concerns (\$7 million). ~ ed.

Help clean up night pollution

Editor,

Home is important to all of us. Some take pleasure in lighting up their homes to emphasize an architectural gesture or just to announce their presence.

The problem with light is that it intrudes upon other people and their homes in the same way loud sound does.

Decorating houses for festivals

like Christmas is a welcome tradition but setting up house lights that shine all night and all year long into other people's lives is inconsiderate.

If you have outdoor lighting, please remember that while you can't see it once you're inside your house, everyone else in the Harbour can see it and, just maybe, they would rather not.

Barb Nield Garden Bay

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Colin Richard Swales OCTOBER 17, 1943 — SEPTEMBER 9, 2023



Colin Swales died at home in Garden Bay with loved ones by his side.

Left to mourn is "the catch of his life" Dianne, son Christopher (Chrissy), daughters Jackie-Dee (Neil), Lindsey, stepdaughter Billie-Jean (Steve), stepson James Arthur (Erin), grandchildren, great-grandchildren and many lifelong friends near and far.

He was predeceased by daughter Tammy and stepson Ricky.

Swales was a lover of the great outdoors and would play outside from dusk until dawn.

He was a bird lover and unique soul that children and critters of all kinds gravitated toward.

His favorite pastimes were camping and fishing, his favorite saying being "any minute now."

He was a positive thinker who loved to sit with a coffee and find humour in every situation.

Swales was a mason, a roofer,

a carpenter and a jack-of-all-trades to whom many on the Coast turned for his expertise, advice and personal touch.

He also had a special knack for building unique bird houses.

Everyday he counted his blessings — his family being his greatest.

Swales leaves an enormous void in the lives of all who knew and loved him.

His family thanks the three palliative nurses who made it possible for him to pass at home in his little piece of paradise. They also thank the many friends for their love and support.

There will be no service at his request.

Raise a glass instead!

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a longstanding effort to recognize and record the lives of those who lived in Pender Harbour and Egmont. Submissions must be timely, include the dates of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

photojournal



submitted

The P. H. and District Health Centre Society held its AGM on Sept. 24 at the Madeira Park Legion where the health centre auxiliary handed over cheques from summer sales at the Bargain Barn. One, for \$40,000, went to the health centre while another for \$9,000 will go to the Harbourside Friendship seniors' group. Seen here is Susann Richter, PHHC chief operating officer (I) and Bargain Barn president Margaret Harrington (r).



Harbour Spiel, Nov. 2013: Pender Harbour Hotel destroyed by fire



This story originally appeared in the Harbour Spiel (Nov. 2013).

An early morning fire destroyed the historic Pender Harbour

Hotel on Sept. 30.

The fire is thought to have started around 6 a.m. but Pender Harbour Volunteer Fire Dept. chief Don Murray said they received the call at 6:41 a.m. and arrived before 7 a.m. to find flames visible from the highway.

According to witnesses, one employee was sleeping upstairs at the time of the fire but was awakened by staff and fled the building safely.

Fifteen firefighters from Pender Harbour and another nine from Sechelt took more than six hours to snuff the flames.

Heavy southeast winds hampered firefighters' efforts by spreading flame quickly once it found its way through the roof and walls.

Sunshine Coast RCMP closed down both north and south bound lanes of the Sunshine Coast Highway for approximately two hours while firefighters fought the blaze.

Crucial to the effort was the Sechelt Fire Department's ladder truck which was able to pump water down onto the roof.

"I called for mutual aid from Garden Bay because as I was going down to the hall I could see across and I could see the flames so I knew we were going to need help," said Murray.

"Because it was a high building, that's part of our response plan. If it was the Painted Boat or the shopping centre, anything that's high like that, our plan is to call them."

According to Murray, SFD ar-Page 16



Brian Lee photos

Pender Harbour volunteer firefighters were already pumping water on the flames well before this photo was taken at 7:27 a.m.

rived at the scene 37 minutes after they received the call.

The final report hasn't been released yet but preliminary indications are that the fire was accidental and not suspicious.

Investigators believe the fire started on the back patio outside the kitchen and was likely electrical.

"I felt that the firemen did an outstanding job," said Murray.

"That was a tough fire and they did a good job and I was really proud of them."

Murray says that one PHVFD fire truck remained on the scene until 8 p.m. that evening to put out minor "flare-ups."

The owners of the Pender Harbour Hotel, the Brar family, were in India at the time and learned about the fire by telephone. "It was devastating," says Bik Brar.

"You put your life into something and it goes up but the main thing was that nobody was hurt and nothing you can't rebuild."

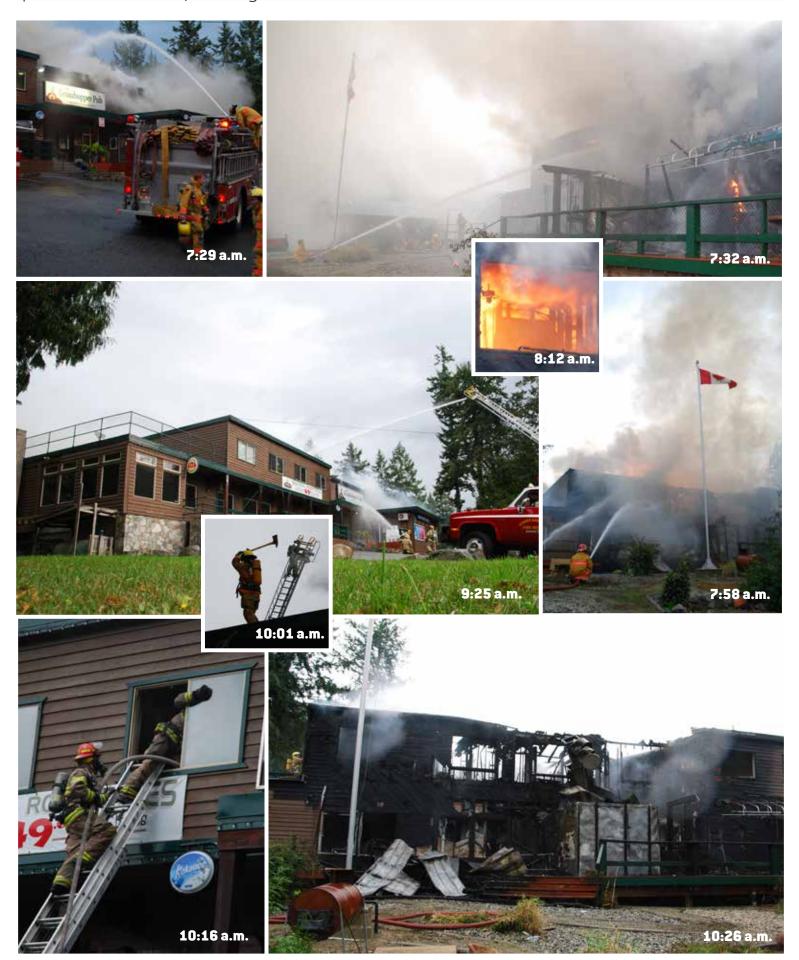
Brar says the business employed 15 staff, most of whom were full-time or close to full-time.

Brar says they are eager to start rebuilding and hopes to hire some of the employees back to help as soon as insurance matters are settled.

"There's a lot things that are out of our control but our plan is to rebuild," says Brar.

Brar said that he'd like to get the beer and wine store operating first and then work out the rest of the details.

"All I can say right now is that it will be better than what was here before."



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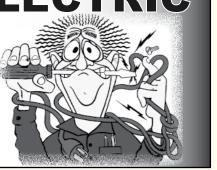
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Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



November	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Wed 01	2.9	2.0	2.2	3.4	5.6	8.2						14.1						=						6.2
Thu 02	4.3	2.9	2.4	2.9	4.3	6.4	8.9	11.4	13.5	14.8	15.2	14.9	14.1	13.2	12.3	11.8	11.8	12.2	12.5	12.7	12.3	11.2	9.6	7.7
Fri 03	5.9	4.4	3.4	3.2	3.8	5.2	7.2	9.5	11.7	13.5	14.7	15.0	14.7	14.1	13.2	12.4	11.9	11.7	11.8	12.0	11.9	11.4	10.3	8.9
Sat 04	7.4	6.0	4.8	4.2	4.1	4.7	6.1	7.9	9.9	11.9	13.5	14.5	14.8	14.6	14.1	13.3	12.6	11.9	11.4	11.3	11.3	11.2	10.6	9.6
Sun 05	8.2	6.8	5.7	5.1	5.0	5.6	6.8	8.5	10.3	12.1	13.5	14.4	14.6	14.3	13.7	12.9	12.0	11.2	10.7	10.5	10.6	10.7	10.7	10.3
Mon 06	9.4	8.4	7.3	6.4	5.9	5.8	6.4	7.5	9.1	10.8	12.4	13.7	14.4	14.4	13.9	13.1	12.0	11.0	10.1	9.7	9.7	10.0	10.4	10.7
Tue 07	10.6	10.0	9.1	8.1	7.2	6.6	6.5	7.1	8.2	9.8	11.4	12.9	13.9	14.3	14.1	13.3	12.1	10.7	9.6	8.8	8.6	8.9	9.6	10.4
Wed 08	11.0	11.1	10.7	9.9	8.9	8.0	7.3	7.2	7.8	9.0	10.5	12.1	13.4	14.1	14.1	13.4	12.2	10.6	9.1	8.0	7.5	7.6	8.4	9.5
Thu 09	10.6	11.5	11.8	11.5	10.6	9.6	8.6	8.0	8.0	8.7	9.9	11.4	12.9	13.8	14.1	13.6	12.4	10.7	8.9	7.4	6.4	6.3	6.9	8.2
Fri 10	9.7	11.2	12.2	12.5	12.2	11.3	10.1	9.1	8.6	8.7	9.6	10.9	12.3	13.5	14.0	13.8	12.7	10.9	8.9	7.0	5.6	5.0	5.4	6.6
Sat 11	8.3					12.8						10.5						=		6.9		4.1	4.0	4.9
Sun 12	6.6	8.8										10.4						=		7.3		3.5	2.9	3.4
Mon 13	4.8	7.1				=						10.5						=			5.6		2.4	2.2
Tue 14	3.2	5.2	7.7			=						11.0						=			6.4	4.1	2.4	1.6
Wed 15	2.0	3.4	5.7			=						11.8						=				5.3	3.2	1.8
Thu 16	1.4	2.1	3.9	6.4		=						12.9						=				6.8		2.8
Fri 17	1.7	1.6	2.6	4.5	7.0	9.8						14.0						=					6.4	
Sat 18	2.9	2.1	2.2	3.3	5.2	7.7						14.8						=						6.4
Sun 19 Mon 20	4.7 7.0	3.55.5	2.94.5	3.0	4.2	5.2	7.0					15.4 15.5						=					10.1	
Tue 21	9.4			5.8	5.2	5.4						15.2						=					10.5	
Wed 22						=						14.7						=						
Thu 23						\equiv						13.9						=						
Fri 24						\equiv						13.1						=						
Sat 25						=						12.3						=						
Sun 26						=						11.8						=						
Mon 27	3.9					\equiv						11.7						=						1.4
Tue 28	2.4	4.5	7.2	10.2	12.9	14.9	15.8	15.6	14.8	13.6	12.5	11.9	12.0	12.6	13.4	14.0	14.1	13.2	11.4	9.0	6.3	3.9	2.2	1.4
Wed 29	1.7	3.1	5.4	8.3	11.2	13.7	15.4	16.0	15.7	14.8	13.6	12.6	12.0	12.1	12.6	13.2	13.6	13.3	12.1	10.2	7.8	5.4	3.4	2.1
Thu 30	1.7	2.4	4.1	6.5	9.3	12.1	14.3	15.7	16.0	15.5	14.6	13.4	12.5	12.0	12.1	12.5	12.9	13.0	12.5	11.1	9.2	7.1	5.0	3.4

Join in the Harbour's spirit of giving

submitted

For the past six years, donations to the "Spreading Kindness Fundraiser" were able to assist local youth and families in need throughout the year by supporting the Pender Harbour Community School youth and families support program.

Funds are used to purchase es-

sential supplies, grocery cards and to address the specific needs of local youth and families all year long.

Additionally, funds were used to help locals in need at Christmas by distributing IGA gift cards at the Pender Harbour Food Bank.

To donate online, visit https://portal.clubrunner.ca/1875/donate or send an e-transfer to phrotaryclub@.

gmail.com.

You can also mail a cheque payable to Pender Harbour Rotary (please add "Spreading Kindness" in memo) to Pender Harbour Rotary, c/o 4202 Packalen Blvd, Garden Bay, BC, V0N 1S1.

For more information, contact Lyn Charlton at *lyncharlton7@gmail*. *com.*

seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A fat flatulent Harbour Seal of Disapproval to those who book important community events on top of those which have been in the community calendar for many months.

Margaret Skelley

A belly full of Harbour Seals of Approval to KER Enterprises, the Serendipity Child Development Society and the Rotary Club of Pender Harbour for their support of the MPES hot lunch program.

Beau Pantages MPES PAC

A Harbour Seal of Approval to Laurent Wiese, Bill and Adele MacNeill and P. H. Rotary for your generous donations to the hot lunch program at P. H. Secondary School.

Anne Pino

Harbour Seals of Approval to everyone who volunteered and contributed to the 2023 Trash Bash: the SCRD, P. H. Lions Park, S. C. Credit Union, Don White, RONA, IGA and Kleindale Supply.

> Randy Picketts Pender Harbour Hikers

A Harbour Seal of Approval to Matt and the staff of the Madeira Park IGA for their support of the Pender Harbour Aquatic Society and the opening barbeque held on Sept. 17 at the pool.

Gil Yard, Chair Pender Harbour Aquatic Society

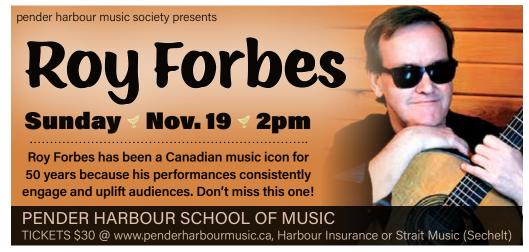
Harbour Seals of Approval through the roof to everyone who contributed to the new metal roof on the Sarah Wray Hall: Wilson's Cladding and Sheet Metal, project coordinator Jim McKnight and to all who donated to the roof fund.

Ian Mackay P. H. Living Heritage Society

A Seal of Approval to the PHSS high school students who baked cookies and wrote cards and letters to the seniors. They want to say thank you so very much for thinking of the seniors in our community.

Marlene Cymbalist Pender Harbour Seniors Initiative







location of the Oak Tree Market? a. Cedar Tree Market b. Holiday Market c. Madeira Market d. Blackfish Market	site of Katherine Lake Regional Park? a. Brightside b. Happy Haven c. Lakeside d. The Perch
2. How much does it cost for an adult to drop-in to the Pender Harbour Aquatic and Fitness Centre? a. \$5.50 b. \$7.50 c. \$9.00 d. \$10.50	5. The historic pub in West Sechelt that was demolished in 2006. a. Peninsula Motor Inn b. Gilligans Pub c. Wakefield Inn d. Jolly Roger Inn
3. Sunshine Coast's Cougar Lady. □ a. Bergie Solberg □ b. Annie Thomson □ c. Minnie Meadows □ d. Agnes Ferguson	6. "I quit." a. Al Lloyd b. Dutch Haddon c. John Haddock d. Ted Lee

Answers: p. 34

Four-plus: **Local** Two-plus: **Newbie** Less than two: **Townie**

PENDER HARBOUR GARDEN CLUB

The Pender Harbour Garden Club welcomes Terri Scott and Don Fraser to discuss the Madeira Park gardens at the Nov. 27 meeting. The meeting runs from 1 to 3 p.m. at the P. H. School of Music and is free for members (\$5 drop-in fee otherwise). Coffee/tea and goodies included.

Scott came to Madeira Park in 2012 with her two daughters. In 2016, she joined the Pender Harbour Fire Volunteer Department where she is still volunteering. She has two passions — cooking and gardening —and she has been successful in both. Scott worked as cook and crew member on many vessels and at Ruby Lake Resort for three seasons.

Scott later worked for Matthew Hardisty (Foxglove Gardening Service) for seven years. He was her guru and mentor, encouraging her to go out on her own. The two worked at Don Fraser's home and that's how she met Don Fraser. Scott says her greatest garden achievement is definitely Madeira Park Gardens, where Fraser has inspired her and trusted her to do all she can.

P. H. WILDLIFE SOCIETY

The Pender Harbour Wildlife Society is pleased to host a presentation by Julie McNeil of WildSafeBC on Nov. 21. McNeil is passionate about conservation and education and has participated in numerous outdoor training programs and conservation internships. She worked for the BC Conservation Foundation prior to her current position as WildSafeBC co-ordinator for the Sunshine Coast.

McNeil will discuss the WildSafeBC program and how it helps resolve and prevent human-wildlife conflict. She will focus on local wildlife and safety, the importance of attractant management and proper procedures, and ways that we can reduce negative human-wildlife interactions.

The presentation will be in the P. H. Secondary School food room. Doors open at 6:45 p.m. before the presentation at 7 p.m. Refreshments and raffle to follow. For more information, email *info@penderharbourwildlife.com*.

P. H. LIVING HERITAGE SOCIETY

Local artist Kevin Wells is holding four acrylic painting sessions — "Painting Beachscapes In Acrylic" at Sarah Wray Hall starting this month. During each session, students will complete a different painting. This focus will help promote a looser style and strengthen students' ability to make compositional, design and colour choices. It's a perfect way to practice for *plein-air* painting.

The four sessions will run on Wednesdays, Nov. 15, 22, 29 and Dec. 6, from noon to 3 p.m. Information and register at www.penderharbourheritage.ca.

PENDER HARBOUR HEALTH CENTRE: Executive Director Search

Madeira Park's Pender Harbour Health Centre is a non-profit primary health care organization. Established in 1976, we are a leader in rural community health care and achieve our mission through a range of community partnerships and alliances.

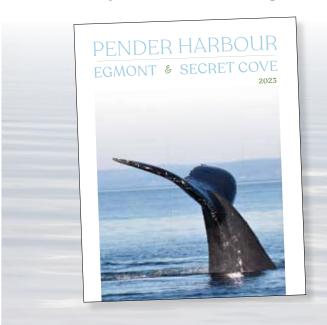
The Board is looking for an Executive Director.

This exciting leadership position will help steer the Health Centre in an important phase of provincial primary care development. We are looking for an experienced health care administrator to work with our community and lead a multidisciplinary team of professionals.

If you are interested in learning more about this opportunity, please go to our website at: www.penderharbourhealth.com/news/



Have you reserved a spot for 2024 yet?



www.visitpenderharbouregmont.com email: phevg@harbourspiel.com



DATE-TIME-SIZE (small, medium, large, extra large)
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1. 8:30 AM +XL, 2:39 PM -M
- 2. 9:21 AM +XL, 3:28 PM -M
- 3. 10:11 AM +XL, 4:11 PM -M
- 4. 11:03 AM +XL, 5:10 PM -M
- 5. 10:54 AM +XL
- 6. 11:42 AM +XL
- 7. 12:27 PM +L
- 8. 1:04 PM +L
- 9. 1:35 PM +L
- 10. 8:43 AM -M, 2:01 PM +L
- 11. 9:40 AM -M, 2:26 PM +L
- 12. 10:30 AM -M, 2:51 PM +L
- 13. 11:15 AM -M, 3:24 PM +M
- 14. 11:59 AM -M, 4:01 PM +M
- 15. 12:44 PM -S
- 16. 1:30 PM -S
- 17. 2:21 PM -S
- **18. 8:03 AM +XL,** 3:29 PM -S
- 19. 10:27 AM +XL
- 20. 11:14 AM +XL
- 21. 11:27 AM +XL
- 22. 12:08 PM +XL
- 23. 12:53 PM +L
- 24. 1:26 PM +L
- 25. 9:13 AM -M. 2:02 PM +L
- 26. 10:11 AM -M, 2:40 PM +M
- 27. 10:59 PM -M, 3:19 PM +M
- 28. 11:43 AM -M
- 29. 12:34 PM -M
- 30. 1:20 PM -M

These are estimates only and not intended for navigation.



Dec. 23, 1971

The day U.S. President Richard Nixon declared "war on cancer" by signing the US National Cancer Act.

\$7.4 billion

Canadian funding (government and charities) directed to cancer research between 2005 and 2019.

\$8.5 billion

The amount (in U.S. \$) the International Cancer Research Partnership (an alliance of 140 cancer research organizations in the U.S., Canada, Japan, Australia and Europe) devoted to cancer research in 2018.

-1.2%

The decline in Canadian cancer diagnosis rates for women (-1.5% for men) over the last decade.

50%

Percentage of Canadians who will be diagnosed with cancer in their lifetime.

25%

Of those diagnosed with cancer, the percentage of Canadians who will die from it.

28.2%

The percentage of Canadian deaths attributed to cancer in 2019.

3%

Percentage of cancers diagnosed annually in Canada that are pancreatic.

No. 3

Pancreatic cancer is the third leading cause of cancer deaths in Canada.

~ The Walrus Magazine

NOVEMBER WEATHER

TEMPERATURES (MERRY ISLAND)

Our November average daily high temperature is 8.8 C and our average low is 5.2 C, giving us a daily mean of 7 C. The highest November temperature recorded is 15 C (Nov. 4, 1975); the lowest is -7.3 C (Nov. 27, 1985).

PRECIPITATION (MERRY ISLAND)

November averages 55.8 hours of bright sunshine and 19 days with precipitation. November's average monthly rainfall is 148.5 mm; snowfall is 2.5 cm.The highest November daily rainfall recorded at Merry Island is 50 mm (Nov. 3, 1989); snowfall is 9.6 cm (Nov. 25, 1985).

NOVEMBER ASTROLOGY

SCORPIO: OCT. 24 - NOV. 22

Scorpios are highly sensitive and compassionate, with a fierce pride and determination. With Pluto as the ruling ex-planet, people born under this sign

are considered to be dynamic and extreme in their opinions. Passion ignites this month as you discover you possess a previously unknown magnetisim with your partner. Enjoy your newfound sexual liberation but your good fortune in love doesn't extend into matters of finance until late December so avoid risky investments until then. On Nov. 16 a pet falls ill.



SAGITTARIUS: NOV. 23 - DEC. 21

Sagittarians love excitement and adventure. They are easily bored but often trendsetters. They are bold and impulsive, natural explorers who thrive on change

and mental stimulation. This month, Jupiter moves into your fifth house. Jupiter never pays rent but its Sagittarian host will likely experience positive benefits at work or in business. Generous donations to those in need will bring upon you an exponential return in joy and happiness. For a clear picture of the road ahead, avoid gluten until the full moon Nov. 27.

BC BESTSELLERS

For the week ending Oct. 21

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. **Crushed Wild Mint** by Jess Housty (Nightwood Editions)
- 2. **Unbroken** by Angela Sterritt (Greystone Book)
- 3. Every Child Matters by Phyllis Webstad, illustrated by Karlene Harvey (Medicine Wheel Publishing)
- 4. Fleece and Fibre by Francine McCabe (Heritage House Publishing)
- 5. Searching for Franklin: New Answers to the Great Arctic Mystery by Ken McGoogan (Douglas & McIntyre)

- 6. East Side Story: Growing
 Up at the PNE by Nick Marino
 (Arsenal Pulp Press)
- 7. Gumboot Guys: Nautical Adventures on BC's North Coast edited by Lou Allison with Jane Wilde (Caitlin Press)
- 8. Inside the Belly of an Elephant by Todd Lawson (Rocky Mountain Books)
- 9. To Track a Traitor: A Lane Winslow Mystery by Iona Whishaw (TouchWood Editions)
- 10. **Skid Dogs** by Emelia Symington-Fedy (Douglas & McIntyre)

NOVEMBER BIRTHDAYS

- Nov. 2 ~ Carrie Hillhouse and Charles Lee.
- Nov. 3 ~ Charlene Cote, Sue Rayment and Trevor Ross.
- Nov. 4 ~ Sandy Boyd, Brennan Bennett, Pressley Silvey and Daphne Taylor.
- Nov. 5 ~ Diana Degraaf, Colton Edwardson, Finnley Silvey and Tanis Zayshley,
- Nov. 6 ~ Kathie Atherfold and Max Scoular.
- Nov. 7 ~ Joni Mitchell.
- Nov. 8 ~ Eleanor Reid and Ryan Boyd.
- Nov. 9 ~ Candace Cruikshank and Matthew McKimm.
- Nov. 10 ~ Tom Duncan and Nicole MacDonald.
- Nov. 11 ~ Loretta McDonald.
- Nov. 12 ~ Roger Duncan, Dwayne Knock and Cooper Pantages.
- Nov. 13 ~ Hunter Edwardson, Tanya Cummings, Paul Jones, Darrin Jordison and John Maveety.
- Nov. 14 ~ Amber Kincaide.
- Nov. 15 ~ **Josey Bennett.**
- Nov. 16 ~ Ray Hansen and Janique Peters-Gray.
- Nov. 17 ~ Biada Priest, Rodney Kammerle, Lin Sullivan and Barb Watt.
- Nov. 18 ~ Steve McCanse and Amanda Ross.
- Nov. 19 ~ Cheryl Jensen and Dennis Levasseur.
- Nov. 20 ~ **Umeyo Kishimoto** and **Jill Wagner.**
- Nov. 22 ~ **Jennifer Girard, Alysa English, Brooke Fraser**, **Anne Fraser** and **Mark Raaflaub.**
- Nov. 23 ~ **Dodie Edwardson, May Silvey, Dave Daiken** and **Wayne Griffith.**
- Nov. 24 ~ Maggi Guzzi and Chase Campbell.
- Nov. 25 ~ **Neil Remmen** and **Leah Pockrant.**
- Nov. 26 ~ **Gary Griffith.**
- Nov. 27 ~ **Betty Sladey** and **Natasha Landry.**
- Nov. 28 ~ Tavia Chandler-Kwan, Ryder Noble and twins Paige and Lexi Pauls.
- Nov. 29 ~ Marie Coombes, Pete Hannah, John
 McDonald, Myrna Pickering and Kaila Silvey.
- Nov. 30 ~ Lori Clarke, Brayden Zayshley & Foster Willan.

~ Association of Book Publishers of BC





Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela, Dr. Endre Sinkovics

Darlene Fowlie – Hygienist

Monika Miller – Hygienist Rosa Seda – Hygienist

tosa seua – Hygiellist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Implants Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- · Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 984-5070 Annaliese Hasler, NP

• Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

(604) 885-6101 ext. 4422

PHYSICIANS – (604) 883-2764

Dr. Colin Sutton

By appointment only

CHIROPRACTORS – (604) 886-3622

Dr. Ali Manavi, Coastline Health and Performance Chiropractors

• Wednesdays, call (604) 886-3622 or visit coastlinehealth.janeapp.com to book appointment

HEARING CLINIC – (604) 885-0155

Hear on the Coast

Terra Dannes - Registered Hearing Instrument Practitioner

- Full diagnostic hearing evaluations
- Fitting, cleaning, & maintenance of hearing instruments

BETTER AT HOME PROGRAM (UNITED WAY)

(604) 212-2232

Haida Bolton - Program Coordinator

Helping Seniors Remain Independent

• Email: betterathome@penderharbourhealth.com



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

ADULT DAY PROGRAM: Dementia Care-Giver Support Group. Call (604) 883-2764.

First-class health care for the people of the Pender Harbour area.

Page 28 Harbour Spiel

Better at Home volunteers discuss the benefits of helping

Haida Bolton

Have you ever wondered what difference volunteering could mean for home-bound seniors?

Much research has been done to address this question, yet talking with Pender Harbour Better at Home participants and volunteers gives us a more personal view.

Pender Harbour Better at Home launched its services in June of this year.

It provides non-medical services to community members over the age of 60 that help them live longer and independently in their own homes.

Better at Home is funded by the provincial government and managed by United Way.

Pender Harbour Better at Home delivers services to senior residents from Halfmoon Bay to Egmont.

The benefits to both participants and volunteers are many.

"Knowing that my food and meds will arrive, even if I am bed or couch ridden, has lifted a huge amount of stress from my life," said one participant.

Needless to say, less stress means more joy and health and a longer life.

Alex, a volunteer who has been volunteering with Better at Home since it began, had this to say:

"My involvement with Better at Home makes me feel like I am more a part of the community than before I volunteered.

"I am meeting people I never knew before, knowing people on a first name basis, and feeling more connected.

"The more involved I am, the more I support others, the better I feel about myself.

"Also, it allows me to gain per-



spective on my own issues and has allowed me to become better organized.

"One day I may need this help, so I am kind of paying it forward.

"I always look forward to my volunteer day with Better at Home participants."

Another participant, with a sincere smile on her face, said, "You helped me so much.

"The kitchen is so clean now, and organized better, so I can reach things."

Another participant agreed:

"I really appreciate the extra support.

"Being on my own, an extra hand makes a great difference."

One volunteer said that when assisting others, he often receives gifts of gratitude, and this makes his day.

Another volunteer visits a participant weekly to socialize and finds that listening to their stories and adventures, and learning more about the history of the community, is very rewarding.

"Serving Better at Home and our aging community has been enormously gratifying in seeing how much pleasure it brings the client," she said.

Volunteering creates many opportunities to make new friends, network with other people and add value to the lives of both ourselves and others.

Volunteering can help people navigate major life transitions such as death of a loved one or a change in career or retirement.

Better at Home currently is inviting members of the community to apply to be a volunteer driver of our health centre van to bring our elders to appointments, or provide grocery delivery using your own vehicle, or provide friendly social visits to isolated participants.

If you are interested in becoming a volunteer with Better at Home, please contact Haida Bolton, program co-ordinator, at (604) 212-2232 or haida.bolton@penderharbourhealth.com.

PENDER HARBOUR AQUATIC & FITNESS CENTRE www.scrd.ca/pender-pool

REGISTRATION FOR WINTER PROGRAMS GET READY FOR WINTER PROGRAM REGISTRATION!

Registration starts Wednesday, December 6 at 7am:

- > Online at www.scrd.ca/recreation
- > By phone at 604-885-6801
- > In person at 7:30am at Pender Harbour Aquatic & Fitness Centre, Sechelt Aquatic Centre or Gibsons and Area Community Centre

WINTER HOURS OF OPERATION

Hours to November 30:

Monday & Friday	Tuesday,	Friday	Saturday	Sunday
7:30am – 1 pm	Wed. & Thursday	7:30am – 1pm	CLOSED	10am – 4pm

7:30am – 1pm 5pm – 8:20pm

Hours for December 1 – 31:

Monday, Wed. &	Tuesday &	Saturday	Sunday
Friday	Thursday	CLOSED	10am – 4pm

7:30am – 1 pm 7:30am – 1pm 3:30pm – 6:30pm

Holiday Closures: December 23 -26 CLOSED



MYPASS DROP IN PROGRAMS

- Aquafit: Monday and Wednesday 9am
 - Gentle Waves Aquafit: Friday 10am
 - Mix It Up: Thursday 8:45am
- Land Meets Water: Tuesday & Thursday 10:30am



PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool, hot tub, sauna, gym & weight room

On lower level of P. H. Secondary School:

13639 S.C. Hwy. 604 885-6801

www.scrd.ca/recreation

Spreading Kindness

Each year the Spreading Kindness fundraiser makes it possible for community organizations to provide much needed support to our local families and community members all year round. The donations made help fill the need within our community in a variety of ways.

Over this last year Spreading Kindness funds were used to:



Purchase and distribute cold weather clothing such as: toques, gloves, sweaters, boots, and jackets.

Distribute grocery cards to families and community members requiring additional support, as well as alternative food security support to best address the need.

Provide essential items to our local youth and other community members, such as: socks, toothbrushes, tooth paste, deodorant, shampoo, conditioner, soap & chapstick

How To Donate:

Online: https://portal.clubrunner.ca/1875/donate E-Transfer to: phrotaryclub@gmail.com

By Mail: PH Rotary, C/O 4202 Packalen Blvd, Garden Bay BC VON 1S1 Cheque payable to PH Rotary (Spreading Kindness) in memo

For more information please contact lyncharlton7@gmail.com



PENDER HARBOUR SENIORS INITIATIVE

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Smart Fund

HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION.

CALL MARLENE: (604) 883-9900

Seniors Activities for November!

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1pm

In the Pender Harbour Community Hall. Lunch will be served at 12pm. The cost will be \$10 per person.

Nov. 2 — Presentation on "Who Cares," with a purpose is to create, develop and evaluate an emergent model of elder care on the Sunshine Coast.

Nov. 9 — Cooking demonstration by Sharon. Learn to make her delicious scones.

Nov. 16 — Music from the "HUGS" ukulele group.

Nov. 23 — A visit with Madeira Park Elementary students.

Nov. 30 — TBA.

CARPET BOWLING: Wednesdays, Nov. 1, 8, 15, 22 & 29

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

CHAIR YOGA: Mondays & Fridays, Nov. 3, 6, 10, 17, 20, 24 & 27

At the Pender Harbour Community Hall 11am –12pm with Carole Logtenberg. Improve your balance, strength & flexibility with gentle moves. Cost: \$3. **No class on Nov. 13.

The Book of Gnome returns: More global advice

John Dickinson

In spring of last year, I placed an empty notebook in the hands of the wooden gnome who sits serenely under a shaded tree on the Suncoaster trail overlooking Ruby Lake.

The instructions on the first page are simple: write your initials, age, where you are from, and the best advice you've ever received in your life.

The gnome was entrusted with some excellent advice from travellers both local and overseas, and the *Harbour Spiel* kindly shared samples in last year's November edition.

This year the logbook has returned, and here are some of this summer's submissions:

LIZ, MANCHESTER, U.K.

Remember, each day is a new start of life.

MD, 23, CALGARY, AB

- 1. You can think your way into a rut but only with action can you get out of one.
- 2. Only compare yourself to the person you were yesterday.

NICK, 25

It's better to be lost alone and find our inner light, than to wander with others and lose ourselves.

KIM

Make sure you take time to do absolutely nothing.

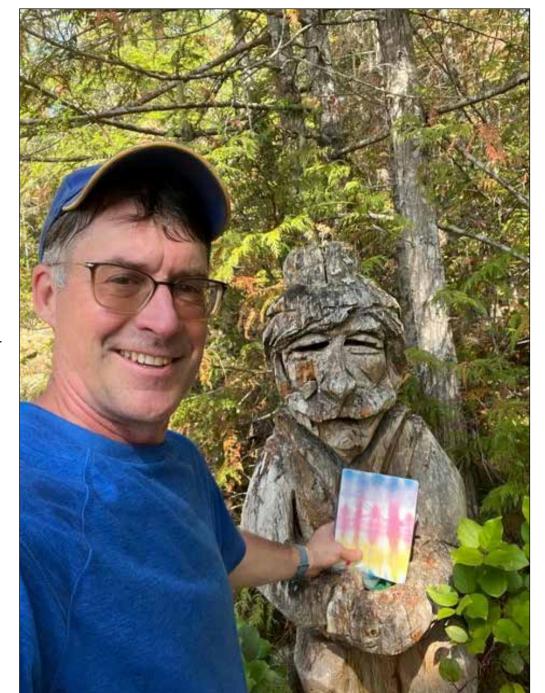
Every day for a few minutes.

DR & TN, EGMONT

Beauty day. Breathe in the positivity.

Best advice:

Eat to live, not live to eat.



John Dickinsor

Once again, John Dickinson (I) collected comments from visitors this summer on the Klein Lake-Ruby Lake traverse with the help of a wooden gnome (r) overseeing the project.

MYRA

If you smile, someone will smile back

J & D, 25 & 23

You don't need toilet paper if you bring socks

M, 71, RUBY LAKE

Not wanting to travel is like reading only one page of a book.

Happy to be able to travel again after a year of bad health.

You never know, so...go for it!!

Page 32

ΑI

Don't forget to bury your poop!

AFL, 18, TORONTO

You have to chase what you want.

CB, 36, AYR, ONT.

Don't wait for others to do what you wanna do, do it anyway

J, ROBERTS CREEK

In 100 years who will care about your drama, just enjoy nature.

B, 35, CHATEAUGUAY, QUE.

Hard work pays off.

JL

Beside a well, one does not thirst. Beside a sister one does not despair.

AUSTIN

Watch out, cliff ahead!

RF, 17, KAMLOOPS

Don't dwell on your mistakes of the past, and focus on the future.

L & I, MISSION

Don't sweat the petty stuff and don't pet the sweaty stuff.

JM, GARDEN BAY

Surround yourself with the people you love and spend time exploring the places that make you happy

IG, 25; AW, 25; RS, 26, BURNABY

If you love what you do, you'll never work a day in your life.

Follow your dreams!

LR, COQUITLAM

When in doubt, choose kindness, compassion, and love.

L, J, & M, U.K.

Once is a mistake, twice is a choice.

ANON

Good stories aren't made from smooth sailing.

MS, 25, PARIS

Care about the details.

N&H, GERMANY

Life is uncertain, eat dessert first.

EM, 11, NORTH VANCOUVER

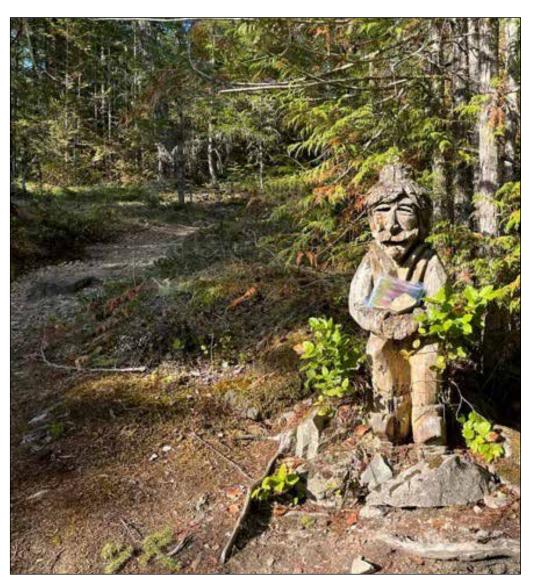
Just be yourself, everyone else is already taken.

LM, 8, NORTH VANCOUVER

You can do it! Just keep going.

ANON

Treat the gnome with respect (or you'll regret it).



John Dickinson

The Book of Gnome gnome.

November 2023

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

NOVEMBER

Thu. Nov. 2........Harbourside Friendships drop-in (elder care) - P. H. Community Hall, 10:30 a.m.

Sat. Nov. 4........William Jans presents "A man, a plan, Japan" - P. H. School of Music, 7 p.m.

Wed. Nov. 8......Chamber of Commerce merger vote - Fuse Work Hub, 4:30 to 6 p.m.

Thu. Nov. 9......SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thu. Nov. 9..........Harbourside Friendships drop-in (cooking demo) - P. H. Community Hall, 10:30 a.m.

Thu. Nov. 9......SCRD regular board meeting - SCRD boardroom, 1:30 p.m.

Sat. Nov. 11......Remembrance Day services - Royal Canadian Legion 112, 11 a.m.

Sun. Nov. 12......Cedar weaving workshop w/ Jessica Silvey - Sarah Wray Hall, 10 a.m. to 1 p.m.

Mon. Nov. 13.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Tue. Nov. 14......P. H. Women's Connection (Haida Bolton/Better at Home) - P. H.School of Music, 9:30 a.m.

Wed. Nov. 15.....Kevin Wells first of four sessions "Painting beachscapes in acrylic" - Sarah Wray Hall, noon

Thu. Nov. 16......SCRD electoral services meeting - SCRD boardroom, 9:30 a.m.

Thu. Nov. 16.......Harbourside Friendships drop-in (HUGS ukulele) - P. H. Community Hall, 10:30 a.m.

Sun. Nov. 19.......P. H. Music Society presents Roy Forbes - P. H. School of Music, 2 p.m.

Tue. Nov. 21......P. H. Wildlife Society presents Julie McNeil - PHSS, 7 p.m.

Thu. Nov. 23......SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thu. Nov. 23......SCRD regular board meeting - SCRD boardroom, 1:30 p.m.

Mon. Nov. 27......Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Mon. Nov. 27......P. H. Garden Club presents Terri Scott and Don Fraser - P. H. School of Music, 1 p.m.

Tue. Nov. 28........P. H. Women's Connection (artist/author Ruth Rodgers) - P. H. School of Music, 9:30 a.m.

Thu. Nov. 30.......Harbourside Friendships drop-in (TBA) - P. H. Community Hall, 10:30 a.m.

Sat. Dec. 2......Rotary Scotch tasting - Royal Canadian Legion 112, 5 p.m.

Harbour Spiel Trivia Answers:

1. b

2 =

3

4. a

5. C

6. d



FERRY DEPARTURES

Crossing time: Langdale 40 min./Earl's Cove 50 min.

Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.

Service schedules change regularly, visit **www.bcferries.com** for current schedules.

"In peace, sons bury their fathers. In war, fathers bury their sons."

- Herodotus

Page 34 Harbour Spiel



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SELF-STORAGE (Up to 5' x 10')

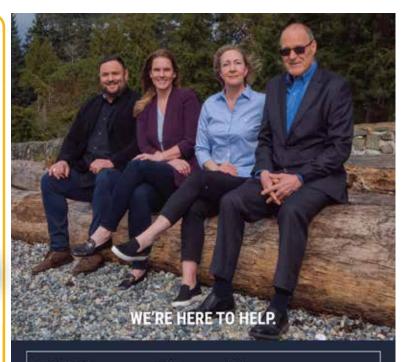
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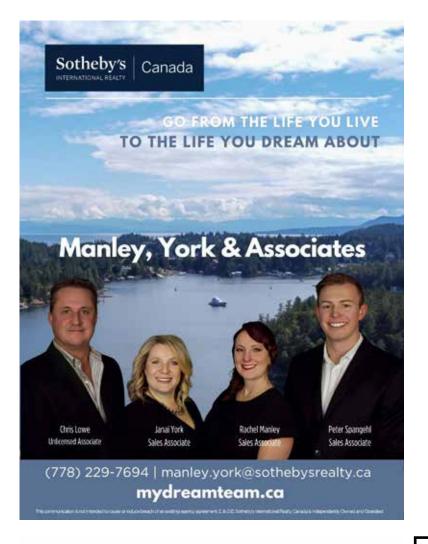
BAMrealestate.ca

Rick: 604.740.1771 Mary: 604.399.9936 Pam and Terry: 604.989.9865

RE/MAX











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Fall Hours: Thursday-Sunday, 12:00pm-8:00pm

Daily Features:

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*Dine in Only

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