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HARBOUR SPIEL

December 2018
Issue 336





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~ Troy, Lorie and staff

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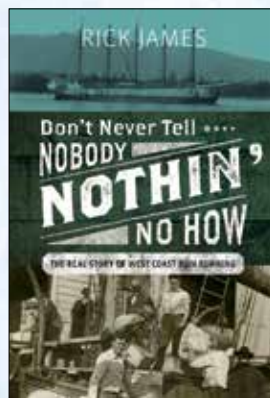
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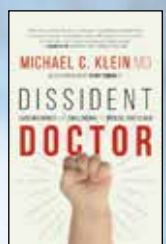
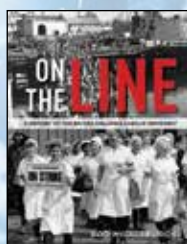
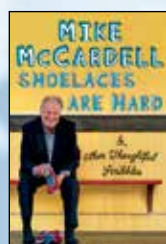
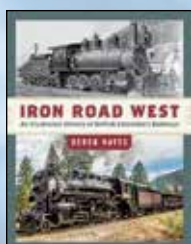
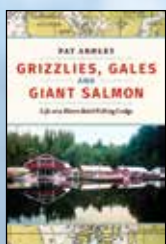
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EDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Mittlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the *Harbour Spiel* (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Lyn Charlton, Sandy Hegyi, Leonard Lee, Robert Livingston, Shane McCune, Susan Nattall and Richard Tomkies.

COVER

The *Orenda II* during its crossing from Santa Cruz to the Hawaiian Islands. The traditional dugout canoe departed West Vancouver in the summer of 1978 to prove that Pacific Northwest indigenous people may have populated the south Pacific (see story p. 16). (Richard Tomkies photo collection.)

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Next issue arrives Dec. 27

editorial

The burning question



Brian Lee

At a recent Area A all candidates meeting, one of the questions posed to the director hopefuls was the following:

“Outdoor burning in the spring and the fall seems to be a ritual.

“It is toxic to the environment and unnecessary.

“It is mostly organic which decomposes in a healthy manner.

“Is the candidate interested to explore and promote a ban on unnecessary outdoor burning?”

While I would argue that “toxic” and “unnecessary” are both inaccurate and a stump will remain long after whoever posed the question decomposes, different answers came from the candidates and not one got it right.

One said the SCRDP is responsible for burning bylaws while another said it was a provincial matter.

Another avoided the details of a “ban” but rightly pointed out that it’s expensive to chip wood waste.

Not one mentioned that the regulating agency for burning in Pender Harbour is the P. H. Fire Protection District.

Of the six volunteer fire departments on the Coast, only two are not under the umbrella of the SCRDP — Pender Harbour and Sechelt.

The PHFPD enforces campfire bans and permitting for category 3 (machine-piled) fires but it is also the main reason strict burning bans seen elsewhere haven’t landed here.

In the May 2017 issue of the *Harbour Spiel*, I interviewed members of the PHFPD for a story about its 50th anniversary.

“If we don’t allow some open burning, then there’s no way to get rid of the stuff and we’re still developing land here,” said Barrie Wilbee, chair

of the PHFPD.

“I understand the issues of the clean air society people but we’re not Roberts Creek.”

Like other burning authorities, the PHFPD issues “fire safety” permits for the burning of land clearing debris “subject to compliance with provincial smoke control regulations.”

Members of the PHFPD will tell you that they don’t want to be the smoke police — the burning of toxic materials is a provincial matter and the Conservation Officer Service is tasked with the enforcement of BC’s Environmental Management Act.

Among other restrictions, all category 2 fires (larger than a campfire but less than two metres high by three metres wide) and category 3 fires can only be lit when the ventilation index is listed as “good” on the day the fire is lit and at least “fair” on the subsequent day.

Most can handle a little smoke wafting through their neighbourhood and the assertion that we should truck all wood waste to a distant facility is ludicrous.

Aside from the cost and diesel exhaust, being able to have a fire is one of the advantages of living in the country and a personal freedom too valuable to squander lightly.

The *Harbour Spiel* office sits on an acreage with hundreds of dead cedar trees that would go up like gasoline if there was a wildfire.

Aside from using a helicopter, there is no practical way to dispose of them other than by fire.

Even for smaller parcels, the work required to move material to the road in order to chip and transport it is out of reach for many homeowners.

Yes, we must look for green solutions to disposing of waste, but let’s not make ashes of ourselves.

spiel picks

TREE-LIGHTING CEREMONY: Friday, Nov. 30 at 5 p.m.

The Christmas season kicks off Nov. 30 in Madeira Park with opportunities to get photos taken with Santa, Christmas carol singers, hot chocolate and cookie decorating at Euspiria Café. Also, enjoy late-night shopping in downtown Madeira Park every Friday in December as local businesses stay open until 8 p.m.

MADEIRA PARK ELEMENTARY SCHOOL CHRISTMAS CONCERT: Wednesday, Dec. 12 at 6:30 p.m.

Madeira Park Elementary School's annual Christmas concert is always a hit and open to the public.

54TH PENDER HARBOUR CHRISTMAS BOAT PARADE: Friday, Dec. 14 from 6 to 8 p.m.

The parade of lit-up boats, carollers and pipers gets underway at 6 p.m., leaving from the docks in Madeira Park.

PENDER HARBOUR SECONDARY SCHOOL CHRISTMAS CONCERT: Tuesday, Dec. 18 at 7 p.m.

A Christmas-themed performance by the Pender Harbour Secondary School band.

NEW YEAR'S EVE: Monday, Dec. 31

Anyone wanting to ring in the New Year locally has three choices this season. There are New Year's Eve celebrations at the Lagoon Restaurant at Painted Boat in Madeira Park, the Royal Canadian Legion in Madeira Park and the Backeddy Pub in Egmont.

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photojournal



Sandra Hughes

On Nov. 14, Betty Silvey, postmaster of the Egmont post office presented Kal Helyar, Egmont and District Fire and Rescue Chief, with a 'thank you from the community and visitors' postage stamp plaque, outside the Egmont Post Office.

Sunshine Coast Regional District swears in new board



Brian Lee

The recently sworn in board of directors for the Sunshine Coast Regional District (l-r): Mark Hiltz (Area F, West Howe Sound), Keith Julius (Sechelt Indian Government District), Leonard Lee (Area A), Donna McMahon (Area E, Elphinstone), Andreas Tize (Area D, Roberts Creek), Lori Pratt (Area B, Halfmoon Bay), Darnelda Siegers (District of Sechelt), Tom Lamb (District of Sechelt) and Bill Beamish (Town of Gibsons). This photo was taken moments after a swearing-in ceremony at the SCRD boardroom on Nov. 8.

The Sunshine Coast Regional District has a new board of directors.

On Nov. 8, eight new directors, Leonard Lee (Area A), Lori Pratt (Area B), Andreas Tize (Area D), Donna McMahon (Area E), Mark Hiltz (Area F), Darnelda Siegers (District of Sechelt), Tom Lamb (District of Sechelt) and Bill Beamish (Town of Gibsons), were sworn in, as was returning director, Keith Julius (Sechelt Indian Government District).

At that meeting Lori Pratt was elected board chair.

Darnelda Siegers (mayor of Sechelt) was elected to the position of vice chair.

Pratt is a former resident of Pender Harbour and still maintains close ties to Area A.

In her first speech as chair of the SCRD board, Pratt noted some challenges, and some firsts:

“We have a number of immediate priorities facing this board and

the Sunshine Coast community — water, solid waste management, economic development, affordable housing — to name a few,” said Pratt.

“Our citizens have been vocal through this election period telling us what their concerns are.

“On a personal note, I realized at some point last week, that at 43, I may be the youngest woman elected to the SCRD and now, the youngest person to hold this position of chair.

“The irony is that I may also be

the longest-serving elected person on the Sunshine Coast of 10 years.

“In 2014, we had only eight women out of 29 elected positions on the Sunshine Coast, including the Sechelt Nation.

“In 2018, we now have 16 out of 29 — we’re over 50 per cent.

“This is a first for our community and an impressive benchmark to note.”

A reception followed the inaugural meeting.



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Sandy Hegyi

Sandy Hegyi caught this magical moment on Garden Bay Lake Nov. 6.

rcmp news

COLLISION

On Nov. 4, police attended a single-vehicle incident in the 11000 block of Highway 101, Madeira Park, after the BC emergency health services reported a vehicle off road in a ditch.

Police, EHS and the local volunteer fire department all assisted in extracting the lone occupant from the vehicle.

She sustained non-life-threatening injuries.

The driver, who was not impaired, reported fatigue and said she had dozed off while driving.

A witness corroborated the driver's account.

MISCHIEF — DAMAGED PLAYING FIELD

Sometime between Nov. 2 and 4, a suspect in a truck or SUV type vehicle lifted a gate chain to gain entry to

the Madeira Park Elementary School playing field.

The driver then ripped up the grass surface with the vehicle's tires.

Anyone with any information about this mischief is asked to contact RCMP, reference file 2018-7761.

UNINSURED DRIVER

Early on Nov. 7, police initiated a traffic stop with a vehicle on Highway 101 at Middle Point Road, Madeira Park.

The driver, who was not impaired, had a valid driver's licence but was found to have an invalid decal on the vehicle licence plate.

A check confirmed the insurance on the vehicle had expired more than two months prior.

The driver was issued a ticket for no insurance and his vehicle was towed to his residence.

COLLISION

On Nov. 12, police attended a single-vehicle incident on Highway 101 near Leaning Tree Road, Half-moon Bay.

Police and emergency health services both searched the reported location, but were initially unable to locate any vehicle.

The driver eventually called in and reported she and a passenger were in the vehicle nearly 40 feet down the embankment in the bushes.

The driver and passenger were both able to exit the vehicle and climbed up to the roadway where they were met by police and EHS staff.

The driver was not impaired and said she had been heading to the Langdale ferry when she lost control on a corner and went off road.

Both occupants were assessed by EHS and released.

Pot nothing to fear: Reader disagrees with November editorial

Editor,

I have just read the editorial from Brian Lee about legal weed.

Throughout his article, Mr. Lee used words like “ugly,” “weird,” “dumber,” “hippies IQ,” “devils lettuce” and “loser.”

What are you talking about Mr. Lee?

Marijuana has been around longer than you have been on this earth.

People of all ages, race and beliefs have been using cannabis for various ailments and pleasures.

I am a 67-year-old male who has used cannabis since I was 12 years old.

Never once have I ever missed work for cannabis-related use nor have I caused any accidents because of it.

Your comments about people in Kleindale approaching negative IQ

territory because of marijuana use — where is your evidence that supports this comment?

How about the comment indicating the RCMP report on page 8 saying there is no proof of marijuana and the two accidents mentioned in the RCMP report.

There is no indication in the RCMP report indicating marijuana or alcohol was the cause of either accident.

Your comment about stinky drugs is so far off base.

What about cigarette smoke smells or the smell of alcohol?

Yes marijuana has a “sweet” smell to it.

Then you state that on Saturday, a Middlepointer ate two laced gummies and did art for nine hours straight.

“What a loser?”

What?

Where is your proof on this or anything in your editorial?

The picture of an older Garden Bay couple who smoke marijuana and have sex all day.

Really?

If older folks smoke marijuana and have sex all day, what is the problem?

If I smoked marijuana and had sex all day, I would be thrilled.

I think you should research further about cannabis use and the medicinal effects on the body.

Not insulting people like myself.

You should be ashamed of yourself.

Unless you have tried cannabis, you have no merit in your article.

Name withheld

(to protect the irony-deficient)

music

P. H. Choir concert to present a variety of seasonal music

submitted

The Pender Harbour Community Choir’s December concerts will include traditional Christmas carols, songs from festive films and seasonal music by its director, Kenneth Norman Johnson.

On Dec. 7, a concert will be held at the Sunshine Coast Botanical Garden pavilion at 7 p.m.

On Dec. 9, a 2 p.m. performance is scheduled at the Pender Harbour School of Music.

Each event begins with a 30-minute reception featuring free snacks and beverages for concert attendees.

Concert tickets are \$20 per person.

There is no charge for children

under 12 attending with an adult.

Tickets are available from choir members, at the Earthfair Store in Madeira Park and the Sechelt Visitors Information Centre.

The group is eager to perform works from the Christmas-themed musical “Castles in the Snow.”

“Castles in the Snow” was writ-

ten by Johnson and first performed in Pender Harbour in 2014.

Johnson’s musical career spans more than 20 years, as an educator, administrator, composer, lyricist, producer, director and performer.

This year marks the choir’s 46th year performing, with a roster that has now grown to 28 members.



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1. Final resting place of the *Orenda II*, the dugout outrigger canoe that sailed to Hawaii.

- ☐ a. Gibsons
- ☐ b. Egmont
- ☐ c. Kleindale
- ☐ d. Madeira Park

2. What does a transient (Bigg's) killer whale favour as food?

- ☐ a. Chinook salmon
- ☐ b. Dogfish
- ☐ c. Herring
- ☐ d. Pinnipeds (seals and sea lions)

3. Original owner of Madeira Park burger stand.

- ☐ a. Ellen Scoular
- ☐ b. Stan Crowell
- ☐ c. Frances Lajlar
- ☐ d. Jean Chang

4. Pender Harbour island separated by a shallow channel from Dusenbury Island.

- ☐ a. Calder
- ☐ b. Mary
- ☐ c. Skardon
- ☐ d. Tranquillity

5. What is/was the fishing spot located at the mouth of the Sakinaw Lake outflow called?

- ☐ a. The Pilings
- ☐ b. A Frame
- ☐ c. Cable Spool
- ☐ d. Cod Bay

6. Which lake is not in Egmont?

- ☐ a. Brown
- ☐ b. North
- ☐ c. Waugh
- ☐ d. Ambrose

Answers: p. 42

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

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Riddell to report on salmon research project



SALISH SEA

MARINE SURVIVAL PROJECT

submitted

Dr. Brian Riddell, CEO of the Pacific Salmon Foundation, will speak at the Pender Harbour School of Music at 7 p.m. on Thursday, Dec. 6.

Riddell's presentation is titled "The Salish Sea Marine Survival Project: Findings and Next Steps."

The Salish Sea Marine Survival Project was designed as a five-year, \$20-million study to address one key question — what are the primary factors affecting juvenile chinook, coho and steelhead survival in the Salish Sea marine environment?

The study involves government, universities, private consultants, local communities and not-for-profit groups such as the local Ruby Lake Lagoon Society.

The project is co-ordinated by two non-profits, the Vancouver-based Pacific Salmon Foundation and the Seattle-based Long Live the Kings.

The PSF launched the program in 2014 and since that time research-

ers have been studying young salmon and steelhead growth, health, and diet in the Salish Sea, tracking fish and marine mammal movements, monitoring marine conditions and developing innovative technologies to answer critical questions facing salmon recovery and sustainable fisheries.

It is now in its final year and Riddell will report on findings to date.

There will also be an update on how Ruby Lake Lagoon Society citizen scientists have been helping by collecting plankton samples and oceanographic data in the Malaspina Strait, learning about the causes of chinook and coho salmon mortality in the Strait of Georgia and the proposed next steps to assist with salmon recovery.

The HUGS ukulele group will perform "Songs for Salmon" at 6:30 p.m. before the talk at 7 p.m.

Everyone is welcome and refreshments will be served.

For more information, contact leeann@openpods.com.

WE'RE HIRING!

Madeira Park Veterinary Hospital is looking to hire a full-time veterinary assistant/receptionist to our team.

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Pender Harbour Seniors Housing Society Outreach Healthy Meal Program



Meal service has now resumed.

For service, please contact
Wendy (604.883.2514), Anky (604.883.0033) or Linda (604.883.2819).

Black-tailed deer (*Odocoileus hemionus columbianus*)

Brian Lee

Though deer are among our area's most familiar residents, many people likely don't know much more about the animals than the fact they prefer to eat things we plant.

The variety found locally — the Columbian black-tailed deer — is a subspecies of the mule deer (*Odocoileus hemionus*).

The Columbian black-tailed deer ranges from California to British Columbia while another subspecies, the Sitka black-tailed deer, ranges from BC's northern coast into Alaska.

A black-tailed doe weighs up to around 58 kilograms, while a buck can weigh up to 90 kilograms.

Black-tailed deer are excellent swimmers and often inhabit many coastal islands in BC and are often seen locally on small islands offshore.

The natural lifespan of the black-tailed deer is nine to 10 years.

Black-tailed deer change their coat colour according to the seasons.

Their coat is reddish-brown in summer and brownish-gray in winter.

Mating season runs from November to December and, as in the photos seen here, sparring is often seen between adult males to win a female's attention.

Bucks shed their antlers annually between December and March and regrow them between April and August.

The gestation period lasts six to seven months and fawns are usually born in late May or early June.

Female deer usually give birth to twins although single births or triplets can also occur.

Population estimates in BC indicate the population has fluctuated from 150,000 to 250,000 over the past few decades.



Brian Lee photos

These two squabbling bucks could be seen going at it for a couple of days on Francis Peninsula. Photos taken Nov. 6.





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Getting up to speed: Lee's first column as SCRD Area A director



*Leonard Lee
Area A director, SCRD*

A big thank you to the residents and property owners of Pender Harbour and Egmont for taking the time to vote on Oct. 20 and selecting me to represent your interests at the Sunshine Coast Regional District.

On Nov. 8 I was sworn in and am now officially the SCRD director for Area A, Pender Harbour and Egmont.

I would also like to thank Mike Price and Sandy Hegyi for participating in this exercise in democracy, for the hard work they put into their campaigns and for their contributions

in making this a pleasant and educational process for everyone involved.

I engaged in conversations about our community with many new acquaintances during my visits to the local malls, gathering spots and cafes in Pender, Earls Cove and Egmont.

It was a truly enjoyable experience and I will be repeating it on a regular basis.

I am very proud to be a member of such a great community.

I will admit it has been a challenging time for me.

Participating for the first time in a contest to be elected to office while still working on many local issues, such as the official community plan and the dock management plan, plus my regular not-for-profit director

duties, made for a very challenging month.

Then, after the election, my days became filled with transitioning my multiple not-for-profit director positions and projects to other team members.

I am pleased to report this all went well with entire credit going to the great people who volunteer their time and money to making this a great place to live, work and play.

BOARD ORIENTATION

Transitioning to my new role as director for the SCRD seems very much like going back to work full-time, but in a new department.

There are new team members to get to know, new work flow process-

SUNSHINE COAST REGIONAL DISTRICT



UPCOMING MEETINGS

Planning and Community Development Services Committee

December 13 at 9:30 a.m.

Regular Board

December 13 at 1:30 p.m.

Meetings are held at
1975 Field Road, Sechelt.
Agendas are available at
www.scrd.ca/Agendas-2018.

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es to understand, new office equipment to get working and, at the same time, a business to run.

As a board we have elected Lori Pratt from Area B (Halfmoon Bay), as our chair and Darnelda Siegers (District of Sechelt) as our vice-chair.

I was subsequently named the vice-chair of the transportation advisory and the Sunshine Coast policing committees.

I have a lot to learn in order to properly represent Area A and very much appreciate that my fellow board members have taken on the bulk of the chair and vice-chair duties for our multiple standing committees.

Since assuming office and formalization of the board, we have had four full days of formal SCRD meetings and presentations.

Thursdays have been spent conducting the regular meetings of our planning and community development, infrastructure services, corporate and administrative services committees and two regular board meetings.

Fridays have been full days of orientation work with SCRD staff as well as a workshop led by an external consultant.

The various past and upcoming public meeting agendas are posted by the date of the meeting.

Attached to the agendas you will usually find past meeting minutes plus appropriate presentations, resolutions, committee appointments etc.

These are made available to everyone on the SCRD website at www.scrd.ca/agendas-2018.

REMEMBRANCE DAY CEREMONY

On Nov. 11, I attended the Remembrance Day ceremony at the Legion in Madeira Park and placed a wreath at the cenotaph.

The event was very well attended with an impressive number of young people present.

The ceremonies themselves were very well done.

It was an honour to be a participant and take part in the act of remembering all who fought for our liberty and the freedoms we all enjoy and recognizing those that are continuing to serve.

UPCOMING

On a personal note, I have started the process of reviewing projects currently underway and I am also working on the Area A portion of the SCRD 2019 budget.

These will be topics for future articles as I am committed to keeping everyone informed about items of interest for Area A residents and sharing my progress in the learning and subsequent decision-making process.

To assist me in this, please feel free to contact me via email at leonard.lee@scr.ca, call me at (604) 212-0406 or visit my website at www.lenleeareaa.com/.

Madeira Park Legion New Years Eve Party 2018!

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MERCURY

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MARINE**

**VOLVO
PENTA**

pender harbour tides ~ december 2018

December	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Sat 01	10.8	9.8	8.6	7.5	6.7	6.6	7.2	8.6	10.5	12.5	14.3	15.4	15.7	15.2	13.9	12.2	10.3	8.7	7.6	7.3	7.8	8.7	9.9	10.9
Sun 02	11.5	11.4	10.8	9.8	8.8	8.1	7.8	8.3	9.6	11.3	13.1	14.7	15.5	15.6	14.7	13.1	11.0	8.9	7.2	6.2	6.0	6.7	7.9	9.4
Mon 03	10.9	11.9	12.3	11.9	11.1	10.0	9.2	8.9	9.3	10.4	12.0	13.7	14.9	15.5	15.2	13.9	11.9	9.6	7.4	5.6	4.8	4.9	5.9	7.5
Tue 04	9.5	11.3	12.6	13.2	12.9	12.1	11.0	10.1	9.7	10.1	11.1	12.6	14.0	15.0	15.3	14.5	12.8	10.5	8.0	5.8	4.3	3.7	4.2	5.6
Wed 05	7.7	10.0	12.0	13.5	14.0	13.7	12.8	11.7	10.7	10.3	10.7	11.7	13.0	14.2	14.9	14.7	13.5	11.5	9.0	6.4	4.4	3.2	3.1	4.0
Thu 06	5.9	8.3	10.8	12.9	14.3	14.7	14.3	13.2	12.0	11.1	10.7	11.1	12.1	13.3	14.2	14.5	13.9	12.3	10.0	7.4	5.1	3.3	2.6	2.9
Fri 07	4.4	6.6	9.2	11.8	13.9	15.1	15.2	14.5	13.4	12.1	11.2	11.0	11.5	12.4	13.3	14.0	14.0	12.9	11.1	8.6	6.1	4.0	2.7	2.4
Sat 08	3.3	5.1	7.6	10.3	12.8	14.7	15.5	15.4	14.5	13.3	12.1	11.3	11.2	11.7	12.5	13.3	13.6	13.2	11.8	9.8	7.4	5.1	3.4	2.5
Sun 09	2.7	4.0	6.1	8.8	11.5	13.8	15.3	15.7	15.3	14.3	13.0	11.9	11.2	11.3	11.8	12.5	13.0	13.1	12.4	10.8	8.7	6.5	4.5	3.2
Mon 10	2.8	3.4	4.9	7.3	9.9	12.5	14.5	15.6	15.7	15.0	14.0	12.7	11.7	11.2	11.3	11.7	12.3	12.7	12.5	11.5	9.9	7.9	5.9	4.3
Tue 11	3.4	3.3	4.3	6.1	8.5	11.0	13.3	14.9	15.6	15.4	14.6	13.5	12.3	11.4	11.0	11.1	11.6	12.0	12.2	11.8	10.8	9.2	7.4	5.7
Wed 12	4.5	4.0	4.2	5.4	7.3	9.6	11.9	13.9	15.1	15.5	15.1	14.2	13.0	11.9	11.0	10.7	10.9	11.2	11.6	11.7	11.3	10.3	8.8	7.3
Thu 13	6.0	5.1	4.8	5.3	6.7	8.6	10.7	12.7	14.3	15.2	15.2	14.7	13.7	12.5	11.3	10.5	10.2	10.4	10.7	11.0	11.2	10.9	10.0	8.9
Fri 14	7.6	6.5	5.9	5.8	6.5	7.9	9.7	11.6	13.4	14.6	15.1	14.9	14.2	13.0	11.8	10.6	9.8	9.5	9.7	10.1	10.5	10.8	10.7	10.1
Sat 15	9.2	8.2	7.3	6.9	6.9	7.7	9.0	10.7	12.4	13.8	14.7	14.9	14.5	13.5	12.2	10.8	9.6	8.8	8.6	8.9	9.5	10.1	10.6	10.7
Sun 16	10.4	9.8	9.0	8.3	7.9	8.0	8.8	10.0	11.5	13.0	14.2	14.8	14.7	13.9	12.7	11.1	9.5	8.3	7.6	7.6	8.1	8.9	9.9	10.7
Mon 17	11.1	11.0	10.6	9.9	9.2	8.9	8.9	9.6	10.8	12.2	13.5	14.4	14.7	14.3	13.2	11.5	9.7	8.0	6.8	6.3	6.5	7.3	8.6	9.9
Tue 18	11.1	11.8	11.9	11.5	10.8	10.1	9.7	9.7	10.3	11.5	12.8	13.9	14.5	14.5	13.7	12.1	10.2	8.1	6.3	5.2	5.0	5.6	6.8	8.5
Wed 19	10.3	11.8	12.7	12.9	12.4	11.6	10.8	10.3	10.3	10.9	12.0	13.2	14.2	14.6	14.2	12.9	10.9	8.6	6.3	4.6	3.7	3.8	4.9	6.7
Thu 20	8.9	11.0	12.8	13.8	13.8	13.3	12.3	11.3	10.7	10.7	11.4	12.5	13.6	14.4	14.6	13.7	11.9	9.5	7.0	4.7	3.1	2.5	3.0	4.5
Fri 21	6.8	9.4	11.9	13.8	14.8	14.7	13.9	12.7	11.6	11.0	11.1	11.8	12.9	14.0	14.6	14.4	13.1	10.9	8.2	5.4	3.2	1.8	1.5	2.5
Sat 22	4.5	7.3	10.3	12.9	14.8	15.5	15.2	14.2	12.9	11.8	11.1	11.3	12.1	13.2	14.2	14.6	14.1	12.4	9.9	7.0	4.2	2.1	1.0	1.1
Sun 23	2.5	4.9	8.0	11.1	13.8	15.6	16.1	15.6	14.4	12.9	11.7	11.2	11.4	12.3	13.4	14.3	14.5	13.6	11.7	9.0	6.1	3.4	1.5	0.7
Mon 24	1.1	2.9	5.6	8.9	12.1	14.7	16.2	16.4	15.6	14.3	12.7	11.5	11.1	11.4	12.3	13.4	14.1	14.2	13.2	11.1	8.4	5.6	3.1	1.5
Tue 25	0.9	1.7	3.8	6.7	9.9	13.0	15.3	16.5	16.4	15.4	14.0	12.4	11.2	10.8	11.2	12.1	13.1	13.7	13.7	12.6	10.6	8.1	5.5	3.3
Wed 26	2.0	1.8	2.8	5.0	7.9	11.0	13.8	15.8	16.6	16.2	15.1	13.5	11.9	10.8	10.3	10.7	11.5	12.5	13.1	13.1	12.1	10.4	8.1	5.9
Thu 27	4.1	3.1	3.1	4.3	6.5	9.2	12.1	14.5	16.1	16.5	15.9	14.7	13.0	11.3	10.1	9.7	9.9	10.7	11.6	12.3	12.4	11.7	10.4	8.6
Fri 28	6.7	5.3	4.6	4.8	6.0	8.1	10.6	13.0	15.0	16.2	16.3	15.5	14.1	12.3	10.6	9.3	8.8	8.9	9.6	10.6	11.4	11.7	11.5	10.6
Sat 29	9.3	7.9	6.8	6.3	6.6	7.8	9.6	11.8	13.8	15.4	16.1	16.0	15.0	13.4	11.5	9.7	8.3	7.7	7.8	8.5	9.5	10.6	11.3	11.5
Sun 30	11.1	10.2	9.3	8.4	8.1	8.3	9.3	10.9	12.7	14.3	15.5	15.9	15.5	14.3	12.5	10.5	8.6	7.1	6.5	6.6	7.3	8.5	9.8	11.0
Mon 31	11.7	11.8	11.4	10.7	10.0	9.6	9.7	10.5	11.8	13.3	14.6	15.5	15.6	14.9	13.5	11.5	9.3	7.3	5.9	5.2	5.4	6.3	7.7	9.4

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



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Marlene Kracklauer

OCTOBER 7, 1938 – NOVEMBER 1, 2018



Marlene Kracklauer died Nov. 1. She passed away suddenly but

peacefully at the age of 80 years.

She will forever be remembered by her sister Brigitta (Al) of Pemberton, B.C. and Annelies (Guenter) in Rettenberg, Germany as well as numerous relatives in Germany.

She was predeceased by her beloved husband Hans.

Marlene nurtured and valued the many friendship circles she was part of throughout her life, had many interest groups and will be dearly missed.

Marlene asked that her life be celebrated within her friendship circles, each in their own way.

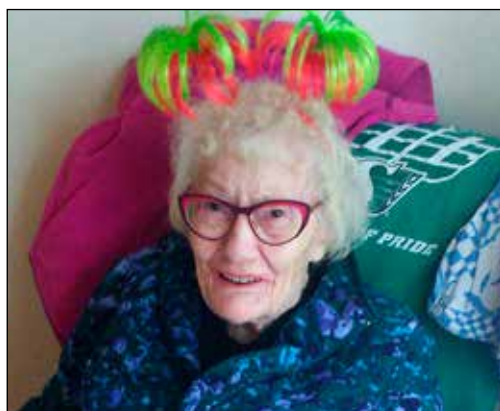
There will be no service by request.

Heartfelt thanks to Marlene's doctor, Dr. Jaschinski for his many years of care, respect and kindness.

In lieu of flowers, those who so desire may make donations to the charity of your choice or to the Sunshine Coast Hospice Society: Box 2420, Sechelt, BC, V0N 3A0.

Sue Kammerle

APRIL 20, 1928 – NOVEMBER 16, 2018



Sue Kammerle died peacefully on Nov. 16 with her children comforting her after a brief illness.

Sue was predeceased by her husband Bud Kammerle in 2006,

Originally from Saskatchewan, she moved to B.C. at age 21 to become a nurse.

After visiting Pender Harbour she decided this was "her place" and worked as a nurse at St. Mary's Hospital in Garden Bay.

After marrying Bud and having six kids, she became a devoted fisherman's wife and mother.

Sue loved the arts including painting, crocheting, music and dancing.

She was a feisty bundle of energy and goodness, whether she

was coaching the Pender Harbour Bananas men's soccer team, volunteering at school events, gardening, or spoiling her grandchildren.

Her loving, warm, and generous heart will be remembered by many.

She is now dancing with her beloved late son, Gordon.

Sue will forever be in the hearts of children Harry, Mike, Deedee, Susan, Selina as well as many grandchildren and great-grandchildren.

As she was a long-term donor to Happy Cat Haven and children's charities, in lieu of flowers, please donate to your choice of either.

OBITUARIES: The *Harbour Spiel* publishes obituaries free (for local residents) as a longstanding effort to recognize those who lived in Pender Harbour and Egmont. Submissions must be timely and include the date of birth and date of death. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.



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Forty years past: The voyage of the *Orenda II*



Brian Lee

The *Orenda II* at its Kleindale home where it has sat rotting back into the soil for 40 years since its 5,400-kilometre voyage across the Pacific Ocean.

Brian Lee

Perched above the mud flats at the head of Gunboat Bay, a forgotten footnote of BC's maritime history lies nestled in a shroud of blackberry.

The *Orenda II* rests within sight of cars roaring by on the highway above but is ignored by all but the horses it shares a corral with.

For close to 40 years, it has lain here, rotting back into the rich soil of Malaspina Ranch, just as its creator intended.

In 1978, the 40-foot dugout canoe was the focal point of a fascinating anthropological hypothesis — were the islands of Polynesia first populated by BC's indigenous people?

GEORDIE TOCHER

It was a question Geordie Tocher couldn't shake.

In a 1979 *Maclean's* article, Robert Stall described Tocher as "British Columbia's briny perfect folk hero."

Tocher was a river rafting guide, home builder, air pilot, skydiver, deep

sea diver, logger and sculptor who had a keen interest in the anthropology of the Pacific Northwest Coast.

In 1947, he was one of many around the globe gripped by the exploits of Norwegian anthropologist and adventurer Thor Heyerdahl.

Heyerdahl and five others famously crossed from Peru to Raroia, a coral island near Tahiti, in a balsa-log raft named *Kon-Tiki*.

Heyerdahl's Pacific crossing proved his theory that the Polynesian islands could have been settled by South Americans.

Settled around 3,000 years ago, the islands of the south Pacific were one of the last places on Earth to be populated by humans

At the time of Heyerdahl's voyage, most scholars believed Polynesia's first inhabitants came from Asia by way of the western Pacific islands.

But as Heyerdahl noted in "Sea routes to Polynesia," a 1961 article in the scholarly magazine *Expedition*:

"From the time of Magellan until the time of Captain Cook in the latter

half of the 18th century, it had been quite impossible for any European ship to force its way from the European colonies in Indonesia to any part of Polynesia.

"All voyages in the Polynesian part of the ocean, without exception, followed the Humboldt current and the trade winds from South America westward to Polynesia.

"To return from there to America, it was necessary to sail on westward, straight to Indonesian waters, and then take the long curve northward along the coast of Asia to reach America again in the extreme northern latitudes above Hawaii."

After the *Kon-Tiki* voyage, Heyerdahl wrote dozens of books and articles and his theories gained traction worldwide.

Tocher was only 20 in 1947 but Heyerdahl's 101-day, 7,000-kilometre voyage stayed with him.

Heyerdahl's writing and Tocher's own research led him to theorize that the first Polynesians arrived on Easter Island from Peru around 2,000 years

ago but were then overrun by people of the Northwest Coast.

He hypothesized that Haidans were first to land on the Hawaiian Islands and then went on to populate the rest of the chain.

It was Captain Cook who first noted similarities between the features of the Hawaiians and the natives he encountered along the Pacific Northwest coast in 1778.

Tocher pointed to more than 200 common words between the two cultures and striking parallels in some of their legends and techniques used to build boats and houses.

He often touted a Hawaiian legend that described their people arriving from “a land where the sun rises, the trees are without leaves for half of the year and you can walk on water (ice).”

By the mid-1960s, Tocher was determined to prove his theory by sailing a traditional outrigger canoe to Hawaii — a distance of 3,500 miles (5,400 kilometres).

THE ORENDA

In 1969, Tocher found a massive Western red cedar at an elevation of 2,500 feet above Squamish.

After felling it, he roughed it out to take much of the weight off before dragging it eight miles down a precipitous snow-covered logging road to the beach.

Then Tocher “chopped off all the parts that didn’t look like a canoe.”

Two years of whittling left the *Orenda*, a dugout canoe 50 feet long by 4.5 feet wide.

Orenda is an Iroquois name for a spiritual power inherent in people and their environment; a spiritual force by which human accomplishment is attained or accounted for.



source unknown

The *Orenda I* as it looked shortly after launch in 1971.

In the summer of 1971, the *Orenda* carried Tocher and crewman David Moon from Vancouver out through the Strait of Juan de Fuca and into the open Pacific.

One year earlier, Heyerdahl had just completed another well-publicized voyage.

This time he shot across the Atlantic from Morocco to Barbados in a papyrus boat to show that ancient Egyptians could have introduced pyramid-building technologies to pre-Columbian Americans.

Like Heyerdahl, Tocher’s ambition was greater than simply being the first to complete a historical cross-

ing — he hoped to launch the field of anthropology into a new arena.

For the first few days the two had good weather but as they headed south down the Washington coast, 50 miles offshore, the *Orenda* ran into a 65-knot gale delivering 35-foot waves.

After managing to survive that storm, they had a couple of days of good weather before a second gale hit them.

That storm cost them their life raft and with neither their stove nor radio working, they decided to limp into San Francisco.

“But in heavy fog, off San Fran-

Continued next page

The voyage of the *Orenda II* (cont.)

Continued from p. 17

cisco, we hit a reef and didn't make it," Tocher narrates in a film production documenting the voyage.

The *Orenda* was smashed to splinters on the rocks at Bodega Head, 30 miles north of San Francisco.

They managed to save much of the indigenous ornamentation and equipment on the boat before driving back to Canada.

ORENDA II

Prior to his failed expedition to Hawaii, Tocher owned a property in Middlepoint near Richard and Valerie Tomkies.

Now 80, Richard Tomkies still lives nearby in a home overlooking the Strait of Georgia.

He says the two of them became friends.

"When he came back, I thought, 'Oh well, he didn't make it to Hawaii but it was a great thing — Bodega Head is quite a ways down there,'" recalls Tomkies.

"Then the next thing I knew, he was building another canoe."

In 1977, Tocher found a new log, an 18-ton Douglas Fir.

The 600- to 800-year-old tree was felled 10 years earlier in a West Vancouver park and given to Tocher for free.

The fir was harder to carve than the cedar tree — Tomkies said Tocher developed tennis elbow in the process — but he estimated it saved him \$3,000.

After a year spent adzing away 15 tonnes of material, Tocher had completed the world's largest dugout canoe.

The *Orenda II* weighed three tonnes and measured 40 feet long with a six foot beam.



Richard Tomkies collection

Richard and Valerie Tomkies' children (Kester, Caitlin, Beren and Sorrel) playing in the 15-foot dugout that would later become the *Orenda II*'s secondary hull (or outrigger). Tomkies said this spot eventually became the driveway of Gordon Wilson, former MLA and leader of the BC Liberal Party from 1987 to 1993.

It was 16 inches wider than the first canoe and almost twice as heavy.

Over 25 gallons of oil was applied to the hull to saturate the wood.

Tocher had previously built a 15-foot dugout canoe that would become the *Orenda II*'s secondary hull.

"The outrigger was from a tree we got from the back of Haslam (McNeill) Lake," said Tomkies.

"Geordie and I went up there and chopped a cedar tree down."

In his journal, Tomkies said his friend Bill Petraschuk cut the tree down.

"The official story is that it was chopped down by somebody else and it was wormy — you couldn't use it for much else — but it's not true.

"We cut it down ourselves."

This canoe was lashed to the larger hull as a secondary stabilizer with the top sealed to make it watertight.

The *Orenda II* was launched at Fisherman's Cove in West Vancouver.

On May 14, 1978, the outrigger dugout shoved off from the Bayshore Hotel in Coal Harbour with Tocher, his girlfriend Karin Lind and navigator Gerhard Kiessel aboard.

Lind lived with Tocher and was an anthropology instructor at Capilano College.

She had never sailed before and when asked by a reporter before the trip why she was going, she replied, "I am following the man I love."

Kiessel had only signed on for the journey three weeks prior to their departure but he brought 30,000 miles of sailing experience — and he knew how to use a sextant.

So many people came down to see them off, the dock sank and “200 people got wet ankles.”

“The canoe felt just beautiful, pulling away ahead of the wind,” recalled Tocher as the trio sailed towards the Olympic Peninsula.

Neah Bay was their final stop before heading the last eight miles to reach the open Pacific.

They were seen off there by the Makah First Nation in what Tocher would later describe as an emotional farewell ceremony.

Not long after the *Orenda II* rounded Cape Flattery, the wind picked up to 45 knots.

“I watched the *Orenda* literally getting hammered,” said Tocher.

After 21 days in horrible conditions, the three limped into Santa Cruz, dehydrated and weak from sea sickness.

“We literally had to carry Karin off the vessel,” said Tocher.

It was clear Lind wasn’t going to be able to continue on the rest of the journey.



Richard Tomkies collection

Geordie Tocher on the *Orenda II* in Santa Cruz, July 1978. Scotty McIntyre (on dock) made the trip down from Pender Harbour with Richard Tomkies.

Her departure delivered Tomkies’ an opportunity.

Tomkies was a 40-year-old freelance writer and very much intrigued by Tocher’s story.

“The next thing, Geordie phones me from Santa Cruz,” said Tomkies.

“He says, ‘We made it to Santa Cruz. Why don’t you come down and have a look at it?’”

“Then he said, ‘Well, if you do, bring a toothbrush and come with us.’

“That’s why I went,” said Tomkies.

“She (Lind) had gone almost

catatonic with fear.

“She was very, very ill when they took her off — it was just mental.”

Tomkies immediately drove down to Santa Cruz with friend Scotty McIntyre.

Though he may not have been explicitly upfront to his wife (and four young daughters) about his intentions before he left, Tomkies said he knew he would join the *Orenda II* journey before he left the Sunshine Coast.

Continued next page



Richard Tomkies collection

Geordie (pronounced Jor-dee) Tocher, Gerhard Kiessel and Richard Tomkies during the voyage of the *Orenda II*.

The voyage of the *Orenda II* (cont.)

Continued from p. 19

“You don’t get to be a true adventurer many times in your life and I was a writer, so a thing like that appeals to someone.”

The three men — Tocher, Kiessel and Tomkies — shoved off Santa Cruz on June 29, 1978, heading out into the Pacific on a 40-foot Douglas fir log.

Tomkies and Kiessel had never met before.

“He was a baker in North Vancouver and he had a lot of sailing experience,” Tomkies said.

In fact, the 56-year-old Kiessel was the only person on the boat with

any open ocean sailing experience, unless you count Tocher’s failed 1971 expedition.

Now, 40 years later, Tomkies still speaks with admiration for the adventurous Kiessel.

“He was the youngest person ever recruited in the Waffen-SS (combat unit within Nazi Germany’s military).”

“He got badly wounded at the end of the war.

“He was deserting at the time because he knew it was all over and he got shot by the Germans and then captured by the Americans.”

In Stall’s 1979 *Macleans* article,

he quotes Kiessel shortly before the voyage:

“It was the ultimate challenge to me,” Kiessel said.

“The purity and simplicity of the boat was irresistible.

“I’d have done anything to go on the trip.”

On his second day aboard the *Orenda II*, Tomkies wrote in his journal that the weather was calm as they headed 230 degrees to the southwest.

“Those jellyfish ride by in their endless regattas, while Gerhard and I chew salami for breakfast, and the fat of a growing friendship.”

When asked about whether he felt the trip had more to do with its anthropological significance or if it was simply an epic quest for three adventurers, Tomkies said, “Both.”

“I was serious to see if it was possible, and there was no doubt that it was possible, but it had to be that kind of boat,” he said.

“We had a radio but it didn’t really work that well — the aerial was below the wave tops.”

After five days on the vessel, Tomkies wrote it was the first day he didn’t take seasickness pills.

“The ‘terrors’ have passed, but sure wish I could let Val and the kids know we’re OK.”

That same entry also hinted at coming trouble.

“Outrigger showing weaknesses.”

But it wasn’t just the state of the vessel causing concern.

Its crew was piloting a log with limited manoeuvrability 2,500 miles across open ocean hoping to hit a speck of lava out in the middle.

“We had a compass and Gerhard had a sextant.

“He’d take about five readings



Richard Tomkies collection

Georgie Tocher looking pensive after days out at sea on the *Orenda II*. Tocher filled his days repairing broken lashings and equipment like tiller arms or leeboards.

and then I'd write down the numbers he yelled.

"I'd give them to him and then he'd sit back in the cuddy and average them.

"He wasn't sure which one was accurate."

Tomkies recalls that the most severe storms skirted the *Orenda II* but the swells from those storms still made them feel small.

He recalls their boat got hit by the crest of one of the swells.

In his photos, the crests look to be benign bits of white water.

"We had one of those come down on us, just a whitecap.

"But it came down from up there on to the stern and just 'Whooosh.'

"It broke the thwarts going to the outrigger and it broke the tiller.

"It was a whitecap but these waves were gigantic, so it was like a huge waterfall."

After the whitecap crashed down on them, the connection between the outrigger and the main ship was loosened and wouldn't have made the rest of the journey intact.

"Geordie repaired it.

"I don't know what he did, he just got out there and started lashing and tightening.

"Without that we wouldn't have lived."

Tompkies said that if they had lost their outrigger, the boat would have immediately flipped.

At that point, all they would be able to do was hold on — until they could no longer.

His journal describes daily failed attempts to reach anyone on the radio to relay their position.

Back home, anyone familiar with the voyage, especially Val Tomkies and Karin Lind, understood the risks involved.

As no word came from the *Orenda II*, headlines in the Vancouver newspapers reflected increasing concern:

"No word from Geordie."

"Oahu bound canoe silent."

"Radio silence mystifies Orenda followers."

(Continued in January 2019 issue.)



Richard Tomkies collection

Still burned in his memory, Tomkies said those little whitecaps at the top of the massive waves are much bigger than they appear — especially in photos. 'It was just a whitecap but these waves were gigantic, so it was like a huge waterfall.'

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- Pender Harbour Diesel.....(604) 883-2616

B.....

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- Glenn's Backhoe Services.....(604) 883-2840

BOATS

- Garden Bay Boatworks.....(604) 833-9040

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- Miss Sunny's Hair Boutique.....(604) 883-2715
- Steph's The Beauty Boutique.....(604) 883-0511

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Merry Christmas!

The Christmas of 2018...

Let's make it legendary.

The Pender Harbour Chamber of Commerce is promoting Pender Harbour as the **"Sunshine Coast Christmas Destination"** this holiday season. It returns with a familiar theme. All businesses and homeowners are encouraged to **"Light up the town"** with Christmas lights and to build on last year's light displays. It literally **brightens people's lives**.

This year's **tree-lighting ceremony** will be held Friday, Nov. 30 beside the Pender Harbour Community Hall. **Santa** will attend and he's sponsored the **hot chocolate, cookies and carol singers** outside the cafe. Not only will the hall and tree be decorated but the entrance to **Madeira Park**, all local businesses and boats in the **Harbour will be lit up** in holiday splendour. The same will be true in **Garden Bay**, centred at the Marina at John Henry's.

It all **starts Nov. 30** — a **fabulous two weeks** of events happening in and around the Harbour and all listed in the **Spiel's Christmas guide calendar (p. 33)**. Keep it handy for information on **craft fairs, Christmas markets, musical performances, carol ships** parade, late-night **shopping, community dinner, a community bonfire** (@ PODS), non-stop appearances by **Santa** and the popular **Polar Express** best decorated home judging tour.



Someday they will tell the legend of the Christmas of 2018.

✱ HARBOUR SPIEL COMMUNITY CHRISTMAS GUIDE ✱



3.5x

Money spent locally generates 3.5x more wealth for the local economy than money spent at a chain-owned business.



250%

Local businesses support local events, sports teams and charities 250% more than large corporations.



2.2

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..... wages
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Our dispersed community makes it easy to be oblivious to the daily struggles of the not-so-fortunate.

Consider a donation of any size to support one of these organizations that work tirelessly throughout the year to help those in need:

► **P. H. SENIORS HOUSING SOCIETY**

Box 264, Madeira Park, BC, V0N 2H0
604.883.2819

Delivers healthy meals to participating seniors while pursuing seniors' housing projects.

► **FOOD FOR THOUGHT (P. H. COMMUNITY SCHOOL)**

Box 232, Madeira Park, BC, V0N 2H1
604.883-2826

A child & youth community wellness project that involves acts of kindness.

► **ROTARY CLUB OF PENDER HARBOUR**

Box 40, Garden Bay, BC, V0N 1S0
604.883.2544

Raises money for a variety of local and international projects.

► **PENDER HARBOUR LIONS CLUB**

13776 S. C. Highway, Madeira Park, BC, V0N 2H1, 604.883.0432

Delivers Christmas food hampers for those in need and manages the P. H. Lions Park.



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■ PENDER HARBOUR FOOD BANK

Box 400, Madeira Park, BC, VON 2H0
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■ S. C. HEALTHCARE AUXILIARY (PENDER)

Box 917, Sechelt, BC, VON 3A0
604.883.9569
Provides support funding for Sechelt Hospital
to better serve local health care needs.

■ P. H. HEALTH CENTRE AUXILIARY

Box 308, Madeira Park, BC, VON 2H1
604.883.9844
Provides support funding for the Pender
Harbour & District Health Centre.

■ ROYAL CANADIAN MARINE SEARCH & RESCUE

4803 Bowsprit Dr., Madeira Park, BC
VON 2H1, 604.883.2572
Local volunteers responding 24/7 to mariners
in distress are raising funds for a new boat.

■ P. H. & DISTRICT HEALTH CENTRE SOC.

Box 308, Madeira Park, BC, VON 2H0
604.883.2764
Local society that manages health services via
the Pender Harbour Health Centre.

■ P. H. COMMUNITY IMPROVEMENT FDN.

Contact: Linda Curtiss
604.883.2819
Accepts donations for a variety of community
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- Pender Harbour Diesel
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- Flying Anvil Studio
- Grasshopper Pub
- Clean Sweep Chimney
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- IGA Madeira Park
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what's happening this Christmas?

TREE-LIGHTING CEREMONY

Friday, Nov. 30 at 5 p.m.

The Christmas season kicks off Nov. 30 in Madeira Park with opportunities to get photos taken with Santa, Christmas carol singers, hot chocolate and cookie decorating at Euspiria Café. Also, enjoy late-night shopping in downtown Madeira Park every Friday in December as local businesses stay open until 8 p.m.

COAST CHRISTMAS MARKET AT JOHN HENRY'S

Nov. 30 to Dec. 2 and Dec. 7 to 9

This Christmas season promises to be Garden Bay's most festive ever with the second annual running of the Christmas Market at John Henry's. The market will run on the Nov. 30 and Dec. 7 weekends with the following hours:

Fridays — 11 a.m. to 5 p.m.,
Saturdays — 11 a.m. to 7 p.m., and
Sundays — 11 a.m. to 5 p.m.

ACTIVITY ADVENT @ PHAFC

Dec. 1 to 22

The Pender Harbour Aquatic and Fitness Centre has the only Advent calendar approved by the Heart and Stroke Foundation. For every challenge you complete, enter your name into a prize draw.

SERENDIPITY CHRISTMAS CRAFT FAIR

Dec. 1 & 2 from 10 a.m. to 4 p.m.

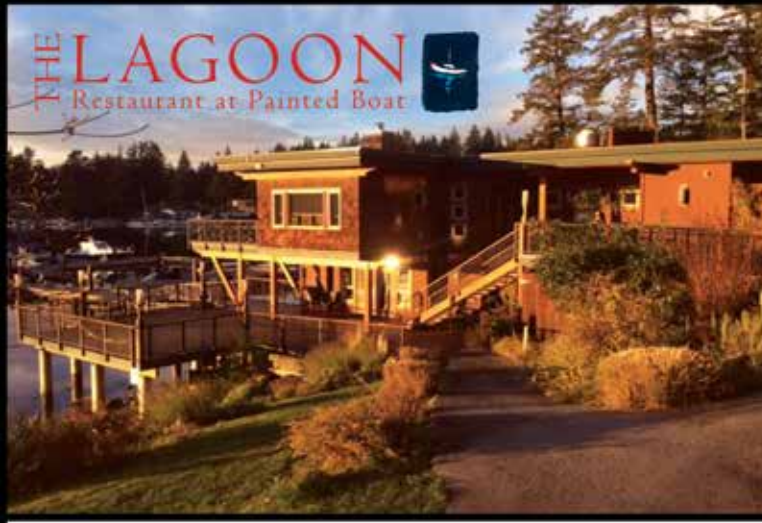
A long-running Christmas tradition — don't miss the Serendipity Preschool's crafts, baking and artisan extravaganza at the Pender Harbour Community Hall with over 30 vendors, photos with Santa (from 1 to 3 p.m. each day), a 50/50 draw, live music and a pop-up kitchen.

SARAH WRAY HALL VINTAGE CRAFT FAIR

Saturday, Dec. 1 from 10 a.m. to 4 p.m.

Everything old is new again. Shop for traditions and treasures, and stay for the music, crafts and treats.

Proceeds from refreshments support the Pender Harbour Living Heritage Society.



THE LAGOON
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- ◆ December 31st - Gala New Year's Celebration.

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HARBOUR GALLERY ANNUAL CHRISTMAS SALE

Saturday, Dec. 1

Harbour Gallery is an artist co-op located in the Madeira Park Cultural Centre (beside the P. H. School of Music).

11TH ANNUAL ROTARY CLUB OF PENDER HARBOUR 'OFF THE ROCKS' HOP SCOTCH

Saturday, Dec. 1 at 7 p.m.

The Rotary Hop Scotch event is a fine scotch and beer tasting at the P. H. Community Hall.

POLAR EXPRESS CHRISTMAS LIGHT TOUR (GARDEN BAY)

Saturday, Dec. 8 from 5 to 7 p.m.

The Garden Bay version of the annual bus tour of local Christmas lights that also involves judging to decide whose is best. Departs Madeira Park at 5 p.m. and Kleindale at 5:10 p.m. Tickets are \$5 and available at Harbour Insurance and the Earth Fair Store in Madeira Park.

PENDER HARBOUR LIONS CHRISTMAS DINNER

Sunday, Dec. 9 at 3:30 p.m (crafts)/5:30 p.m (dinner)

At the Pender Harbour Community Hall. Santa will be there to visit the kids, arts and crafts will be available — all before a delicious dinner. Doors open at 3:30 p.m. and dinner is served at 5:30 p.m.

PENDER HARBOUR CHOIR'S 'WINTER SONG'

Sunday, Dec. 9 at 2 p.m.

The Pender Harbour Choir's annual Christmas performance will take place at the Pender Harbour School of Music. A reception begins at 1:30 p.m. with the concert beginning at 2 p.m.

PENDER HARBOUR WOMEN'S CONNECTION LUNCHEON AND FASHION SHOW

Tuesday, Dec. 11 at 11:30 a.m. (sold out)

The P. H. Women's Connection hosts a luncheon and Bargain Barn fashion show at the P. H. Legion on Dec. 12.

MPES CHRISTMAS CONCERT

Wednesday, Dec. 12 at 6:30 p.m.

Madeira Park Elementary School's annual Christmas concert is always a hit and open to the public.

HARBOURSIDE FRIENDSHIPS CHRISTMAS LUNCHEON

Thursday, Dec. 13 at 10:30 a.m. (lunch served at noon)

Organized by the Pender Harbour Seniors Initiative, Harbour Side Friendships hosts a \$10 Christmas luncheon for seniors at the Pender Harbour Community Hall.

CHRISTMAS BINGO

Thursday, Dec. 13 at 6:30 p.m.

Bingo takes place every Thursday at the P. H. Community Hall but Christmas Bingo only happens Dec. 13.

Season's
Greetings

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- And much more!

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604-883-9361 facebook: Wendie's Natural Products



what's happening this Christmas?

[continued from p. 31]

EGMONT CHRISTMAS DINNER

Friday, Dec. 14 at 6 p.m.

A community dinner at the Egmont Community Hall. "People from out of town with kids under 12 should bring a wrapped gift so Santa can hand it to their kid."

54TH PENDER HARBOUR CHRISTMAS BOAT PARADE

Friday, Dec. 14 from 6 to 8 p.m.

The parade of lit-up boats, carollers and pipers gets underway at 6 p.m., leaving from the docks in Madeira Park.

P. H. COMMUNITY CLUB CHRISTMAS CRAFT FAIR

Saturday, Dec. 15 from 10 a.m. to 4 p.m.

The P. H. Community Club hosts its annual Christmas Craft Fair at the Pender Harbour Community Hall.

CHRISTMAS HAM AND TURKEY MEAT DRAW

Saturday, Dec. 15 at 3:15 p.m.

The Royal Canadian Legion No. 112 presents its annual Christmas ham, turkey and pie auction — your best bet to load up on meat (and good cheer) before the holidays.

COASTING ALONG THEATRE'S 'THE NUTCRACKER'

Dec. 15-18

The seventh annual presentation of the holiday favourite will be performed at the Raven's Cry Theatre in Sechart. Visit www.coastingalongtheatre.org for information.

PHMS PRESENTS COMPANY B JAZZ BAND

Sunday, Dec. 16 at 2 p.m.

The P. H. Music Society hosts the Company B Jazz Band at the P. H. School of Music. A special delight at Christmas, they present holiday music wrapped in harmonies made famous by groups such as the Andrews Sisters.

POLAR EXPRESS CHRISTMAS LIGHT TOUR (MADEIRA PARK)

Monday, Dec. 17 from 7 to 8:30 p.m.

The Madeira Park version of the annual bus tour of local Christmas lights departs Madeira Park at 7 p.m. Tickets are \$5 at Harbour Insurance and the Earth Fair Store.

PHSS CHRISTMAS CONCERT

Tuesday, Dec. 18 from 7 to 9 p.m.

A Christmas-themed performance by the Pender Harbour Secondary School band — and it's free.

PHVFD PRESENTS SANTA CLAUS IN GARDEN BAY

Wednesday, Dec. 19 from 6 to 8 p.m.

Santa Claus himself makes an appearance at the Garden Bay Fire Hall (13303 Deller Road). There'll be food, drinks, activities and tours.

AFTER SCHOOL MOVIE AT THE HALL

Friday, Dec. 21 at 3:30 p.m.

A children's movie for those aged 5 to 12 will play after school at the P. H. Community Hall.

PAINTED BOAT CHRISTMAS EVE DINNER

Monday, Dec. 24

A traditional Christmas Eve dinner.

PAINTED BOAT NEW YEAR'S EVE CELEBRATION

Monday, Dec. 31

A gala New Year's Eve celebration. Reserve early.

P. H. LEGION'S NEW YEAR'S EVE PARTY

Monday, Dec. 31 at 7 p.m.

Ring in the New Year at the Legion's New Year's Eve party with live music by Apasionado.

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WISH ALL A MERRY CHRISTMAS
AND A HAPPY 2019!



CHRISTMAS EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					30 TREE LIGHTING @ THE HALL CHRISTMAS MARKET @ JOHN HENRY'S	1 ROTARY HOP SCOTCH HARBOUR GALLERY SALE SARAH WRAY XMAS MARKET SERENDIPITY CRAFT FAIR
2 SERENDIPITY CRAFT FAIR CHRISTMAS MARKET @ JH	3	4	5	6	7 CHRISTMAS MARKET @ JOHN HENRY'S	8 POLAR EXPRESS TOUR
9 SANTA @ MADEIRA XMAS DINNER (PHCH) WINTER SONG/PH CHOIR CHRISTMAS MARKET @ JH	10	11 PH WOMEN'S CONNECTION	12 MPES CHRISTMAS CONCERT	13 HABRSIDE FRIENDSHIP LUNCH CHRISTMAS BINGO @ PHCH	14 EGMONT XMAS DINNER CHRISTMAS BOAT PARADE	15 PHCC CRAFT FAIR PODS DIVER BIOBLITZ RCL 112 MEAT DRAW NUTCRACKER @ RAVEN'S CRY
16 PODS DIVER BIOBLITZ THE NUTCRACKER (RAVEN'S CRY THEATRE, SECHLT) COMPANY B JAZZ BAND	17 POLAR EXPRESS TOUR	18 PHSS XMAS CONCERT	19 SANTA @ GARDEN BAY F. H.	20	21 PHCH MOVIE (KIDS AGE 5-12)	22
23	24 PAINTED BOAT XMAS EVE	25	26	27	28	29
30	31 RCL 112 NEW YEARS PAINTED BOAT NEW YEARS BACKEDDY PUB NEW YEARS	CHRISTMAS				PODS PIER PARTY

Living It Sunshine Coast!

*From Our Homes to Yours,
We Wish You All
a Happy & Safe Holiday Season,
and Our Very Best Wishes for the
Coming Year 2019!*

*Sincerely,
Teresa, Bill & Mary*



Teresa Sladey



Bill Hunsche



Mary Mackay



SLADEY · HUNSCHE · MACKAY

604.883.9988 · LivingItSunshineCoast.com

... the local team you can trust

ORGANIZATIONS DIRECTORY

• Chamber of Commerce, P. H. & Egmont	(604) 883-2561
• Coast Guard Auxiliary, Unit 61	(604) 883-2572
• Community Policing.....	(604) 883-2026
• Egmont Community Club	(604) 883-1379
• Egmont & District Volunteer Fire Department	(604) 883-2555
• FLAIR Cancer Support Group.....	(604) 883-0660
• FOKUS (10:30 a.m., Fridays @ PHHC).....	(604) 740-1151
• GRIPS (Recycling Society)	(604) 883-1165
• Garden Bay Sailing Club.....	(604) 883-2689
• Guides, Brownies, etc.	(604) 883-2819
• Harbour Artists	(604) 883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	(604) 883-9900
• Health Centre Society	(604) 883-2764
• Health Centre Auxiliary.....	(604) 741-2646
• InStitches (last Thursday of month, 10 a.m.).....	(604) 740-1151
• Lions Club, Egmont.....	(604) 883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.)	(604) 883-1361
• Men's Cancer Support Group.....	(604) 883-2393
• P. H. Aquatic Centre Society.....	(604) 885-6866
• P. H. Blues Society.....	(604) 741-1186
• P. H. Choir (7 p.m., Tuesday).....	(604) 883-0681
• P. H. Community Club.....	(604) 883-9900
• P. H. Community School Society	(604) 883-2826
• P. H. Garden Club	(604) 883-9798
• P. H. Golf Club	(604) 883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.).....	(604) 883-2274
• P. H. Living Heritage Society.....	(604) 883-0744
• P. H. Music Society (bookings)	(604) 883-9749
• P. H. Paddling Society (dragon boating).....	(604) 399-9596
• P. H. Piecemakers (quilters).....	(604) 883-2573
• P. H. Pipe Band.....	(604) 883-0053
• P. H. Power & Sail Squadron	(604) 883-2086
• P. H. Ramblers (hikers, every Tues. a.m.).....	(604) 883-1191
• P. H. Volunteer Fire Dept (Wed. evening).....	(604) 883-9270
• P. H. Reading Room (library)	(604) 883-2983
• Rotary Club (noon Fri. RC Legion No.112)	(604) 883-2843
• Royal Canadian Legion No. 112	(604) 883-2235
• Ruby Lake Lagoon Society	(604) 883-9201
• Skookumchuck Heritage Society.....	(604) 883-9994
• S. C. Health Care Auxiliary (2nd Wed., 1:30 p.m.).....	(604) 741-8413
• Seniors' Housing Society	(604) 883-2819
• Serendipity Child Care Centre.....	(604) 883-2316
• Sunshine Coast Better At Home.....	(604) 989-6171
• Wildlife Society (3rd Tues. PHSS).....	(604) 883-9853
• Women's Connection (2nd & 4th Tue.)	(604) 883-0444
• Women's Outreach Services.....	(604) 741-5246

organizations

RUBY LAKE LAGOON SOCIETY

On Dec. 15 and 16, citizen science divers from Ocean Quest will conduct a mini bioblitz. At this family-friendly event, drop by Irvines Landing to meet divers and help identify marine invertebrates. Tents, tables and learning, bring a mug for hot chocolate.

The second annual PODS Pier Party takes place at Irvines Landing on Dec. 29 starting at 3 p.m. with live music, carolling, Christmas light display, food, treats, and a big bonfire.

P. H. WOMEN'S CONNECTION

On Dec. 11, Women's Connection will once again be holding its annual Christmas luncheon and fashion show at the Legion. All tickets have been sold but a waiting list is being maintained by Maureen Luck at (604) 883-0444. If any current ticket-holders are unable to attend please call Maureen and she will arrange to get your ticket back from you. Attendees are reminded that they will also be collecting cash donations for the P. H. food bank, so please dig into your pockets and bring some cash with you to help those less fortunate also enjoy a Merry Christmas.

LIVING ROOM LIVE

Invite friends and professional musicians into your home for classical music concerts. Living Room Live has space for new hosts in their BC tour route, with diverse three-concert seasons. Founders and pianists Nicola Davies and Lisa Rumpel are currently expanding their newly created tour routes through Manitoba/Saskatchewan and BC/Alberta, with about 40 concerts planned for the opening 2018-19 season. These tour routes help create opportunities for residents in rural areas where professional performances may be less common than in large cities.

Anyone who enjoys organizing events and inviting friends into their home could be a good fit for a house concert host. A well-maintained piano is ideal but not necessary. Please contact Nicola for details at info@livingroomlive.ca or for more information, www.livingroomlive.ca.



Merry Christmas!

Coastal Law Corporation

Lisa C. Rae

(604) 883-2029
info@coastal-law.ca

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Adopt a youth program and P. H. Lions reach out for Christmas

Lyn Charlton

ADOPT A YOUTH

Last year, your community contributions to the “Adopt a Youth” project raised over \$3,000.

These funds were donated to the P. H. Community School to provide direct support to our local youth.

You may have heard that several youths are living without family support as they attend school.

Often, they do not have permanent housing and meeting their basic needs is a struggle.

The P. H. Community School supports students in need in a variety

of ways, such as purchasing food, a fridge, clothing and personal care items as well as helping subsidize field trips, hot lunch tickets and certain graduation expenses.

If you would like to make a contribution again this year, cash is best (it allows responses to specific needs throughout the year) but gift cards from IGA or Mark’s are also useful.

Cheques can be made to the Pender Harbour Community School with “Adopt a Youth” in the memo.

P. H. LIONS CHRISTMAS BASKETS

Thanks to outstanding generosity last year, over 80 local families

in need benefited from donations of children’s Christmas gifts, Christmas food baskets, gift cards from local merchants and cash, care of the P. H. Lions Club.

Volunteers from the P. H. Community School and the P. H. Lions will be at the P. H. Legion on Friday, Dec. 14 at 10:30 a.m. for approximately one hour to collect donations.

Gift cards or monetary donations should be placed in an envelope clearly marked for the Adopt a Youth or P. H. Lions Club.

If this time is not convenient, any donation can be dropped off at the P. H. Community School.

harbour seals



Note your seal of approval or **disapproval**.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Last month’s large garbage can of rotten Seals from **Andy McLaren** is hereby marked “Return to Sender” for not noticing that the comments of my constituents (the petition), the OCP advisory committee and the Advisory Planning Commission were all incorporated into the amended and adopted version of the OCP.

If one is making public statements, it is important that one keep up with public events.

Frank Mauro

Great Seals of Approval to all the **volunteers and Legion members** that made “Ladies Night” a great success. With a special thank you to **Lisa Borden** for her unending enthusiasm and help — she was the life of the party.

John King

Royal Canadian Legion No. 112

Poppy fields full of sincere Seals to **all those who donated** to the poppy campaign along with **volunteers** who dedicated their time to canvass and our **local businesses and schools** for all their support.

Also, to all the **dedicated volunteers, participants and attendees** who helped make the Remembrance Day parade, ceremony and gathering such a memorable, heartfelt occasion.

Lyn and Bill Charlton

Royal Canadian Legion No. 112

Huge seals of approval to **everyone who sponsored, supported, and attended** the Sunshine Coast Mushroom Festival over the past 10 years.

It’s been great to share the rainforest bounty with the community, and we appreciate everyone’s enthusiasm.

Ann Harmer
SCSHROOM

Harbour Seals of Approval to **Team Irene** for their generous donation of \$500 towards fees for participating on the national development bobsled team at the World Cup in Europe.

I am proud to have been raised in such an amazing community and will do my best to represent Canada well.

Thank you for helping me make my Olympic dream come true.

Mackenzie Stewart

National development bobsleigh team

Garbage Recycling in Pender Society	RECYCLING & BOTTLE DEPOT 883-1165
ONE-STOP CONVENIENCE	
Closed Wednesdays and statutory holidays.	Multi-material Recycling Beverage Container
Refunds: 8:30 am to 3:30 pm Recycling 8:30 am to 3:30 pm	Refund Centre Hwy. 101 & Menacher Rd.
GRIPS is closed Sundays.	

SKOOKUMCHUCK VIEWING TIMES

DECEMBER

DATE-TIME-SIZE (small, medium, large, **extra large**)
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

1. 11:31 AM **+XL**
2. 12:19 PM **+XL**
3. 1:11 PM **+L**
4. 8:52 AM - M, 1:52 PM **+L**
5. 9:48 AM -M, 2:30 PM **+L**
6. 10:35 AM -M, 3:07 PM **+M**
7. 11:16 AM -M, 3:43 PM **+M**
8. 11:54 AM -M
9. 12:42 AM -M
10. 1:24 PM -M
11. 2:09 PM -M
12. 2:59 PM -M
13. 8:53 AM **+XL**
14. 9:25 AM **+XL**
15. 9:59 AM **+XL**
16. 10:37 AM **+L**
17. 11:20 AM **+L**
18. 12:07 PM **+L**
19. 12:52 PM **+L**
20. 9:13 AM -S, 1:44 PM **+M**
21. 10:05 PM -M, 2:32 PM **+M**
22. 10:51 AM -M, 3:18 PM **+M**
23. 11:36 AM -M
24. 12:30 PM -M
25. 1:21 PM -M
26. 2:15 PM -M
27. 8:35 AM **+XL**, 3:12 PM -L
28. 9:14 AM **+XL**
29. 10:06 AM **+XL**
30. 10:43 AM **+XL**
31. 11:29 AM **+L**

These are estimates only and not intended for navigation.



FESTIVE ECONOMY

4.5 million

Turkeys gobbled by Canadians at Christmas 2009; equal to 43 per cent of all whole turkeys sold over the year.

5.8 million litres

Volume of commercial sales of eggnog in Canada in December 2009. Virtually all eggnog sales are in November and December.

1.7 million

The number of live Christmas trees exported from Canada in 2009, down from nearly 1.8 million in 2008.

\$164.6 million

Value of Christmas decorations imported to Canada in 2009. The bulk came from China.

\$14.4 million

Value of Christmas decorations exported from Canada in 2009, mostly to the U.S. That's down from \$22.7 million the previous year.

\$150,000

Cost of pointe shoes worn by dancers during the 26 performances of The Nutcracker by the National Ballet of Canada during the 2010 Christmas season.

\$551.1 million

The value of toys, games and hobby supplies, including electronic games, purchased at large Canadian retail stores in December 2009. Up 232 per cent from average monthly sales of \$165.8 million.

~ StatsCan, Turkey Farmers of Canada

DECEMBER WEATHER

TEMPERATURES (MERRY ISLAND)

Our average daily high temperature in December is 6.6 C and our average daily low is 3.3 C, giving us a mean daily temperature of 5 C. The highest December temperature recorded is 13.3 C (Dec. 14, 1962) and the lowest was -11.7 C (Dec. 28, 1968).

PRECIPITATION (MERRY ISLAND)

December has an average of 54.9 hours of bright sunshine. It usually has 19 days with measurable precipitation, an average monthly rainfall of 135 mm and an average monthly snowfall of 10 cm. Our average month-end snowfall is 4 cm. December has the highest snowfall of the year (November has the most rain). The highest December daily rainfall recorded at Merry Island was 66 mm (Dec. 25, 1972). The record daily snowfall was 40.6 cm (Dec. 31, 1968).

DECEMBER ASTROLOGY



SAGITTARIUS: NOV. 23 – DEC. 21

Sagittarians love excitement and adventure. They are easily bored but often trendsetters. They are bold and impulsive, natural explorers who thrive on change and mental stimulation. Because of their insatiable need for excitement, winters are hard on Sagittarians and December is the hardest. Focus on yourself this year and don't limit your experience to traditional festive habits. Stepping out of your comfort zone on Dec. 28 will yield an unexpected pleasure.



CAPRICORN: DEC. 22 – JAN. 19

Capricorns often experience hardship early in life, but their resourcefulness makes them survivors. Sometimes hard to get to know, they are loyal, responsible and down-to-earth. The sun moves back into Capricorn on Dec. 21. Now is your time — you are the centre of attention and will enjoy an extreme boost of power from the sun. Understand this opportunity for personal gain will be fleeting and harness it for the greater good. The year ahead looks bleak for all matters related to love and finance.

DECEMBER BIRTHDAYS

- Dec. 1 ~ Darren Morton
- Dec. 2 ~ Diane Lee, Ray Phillips and Al Wood.
- Dec. 3 ~ Paula Campbell, Mike Pickering, Joanne McQuaig and Ed Wray.
- Dec. 4 ~ Lil Abbott, Noel Lebrun and John Williams.
- Dec. 5 ~ Gaye Beardmore, Andrea Curtiss, Andy Curtiss and Logan McCormack.
- Dec. 6 ~ Ryan McDonald and Bill Reid.
- Dec. 7 ~ Dianne Rousseau, Dan Gifford and Jennifer Reid.
- Dec. 8 ~ Keenan Clerx
- Dec. 9 ~ Michelle Beardmore and Robert Purdy.
- Dec. 10 ~ Trevor Jones and Cathy Thompson.
- Dec. 11 ~ Grace Donnahee, Bill Griffith and Patti Reid.
- Dec. 12 ~ Malcolm Duncan and Pat Martin.
- Dec. 13 ~ Cody Edwardson-Zayshley
- Dec. 15 ~ Kay Langsford.
- Dec. 16 ~ Ginger Taylor and Cassandra Whelan.
- Dec. 17 ~ Ian Campbell, Kyle MacKenney, Joi Phillips and Doreen Willgoose.
- Dec. 18 ~ Tony Adamson and Niki Verzuh.
- Dec. 19 ~ Tyson Carswell, Helen Garrett and Jamie Bouvette.
- Dec. 20 ~ Nicole Fletcher, Cole Hawker and Tyler Silvey.
- Dec. 21 ~ Harvey Langton and Josh Young.
- Dec. 22 ~ Gwyneth Bryant, Steven Fouts, Shane Hardie, Rob Nieuwenhuis, Dani Thompson and Christine West.
- Dec. 23 ~ Kate Thompson.
- Dec. 24 ~ Tatiana Phillips-Campbell, Chris Phillips and Clifford Silvey Jr.
- Dec. 25 ~ Peter Schmidt.
- Dec. 26 ~ Peter Fritz.
- Dec. 28 ~ Steve Boyd and Jeff Girard.
- Dec. 29 ~ Diane Gamble.
- Dec. 30 ~ Dean Bosch, Bryan Edwardson, Andy Ross and Jean Minch.
- Dec. 31 ~ John Brimacombe, Nathaniel Johnson, Fara Priest and Scott Bruce.

BC BESTSELLERS

For the week ending Nov. 10, 2018

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- | | |
|--|---|
| <p>1. On the Rocks with Jack Knox by Jack Knox (Heritage House Publishing)</p> <p>2. Murder by Milkshake by Eve Lazarus (Arsenal Pulp Press)</p> <p>3. Whitewater Cooks: More Beautiful Food by Shelley Adams (Alicon Holdings Ltd)</p> <p>4. 21 Things You May Not Know About the Indian Act by Bob Joseph (Page Two Strategies)</p> <p>5. Out of the Woods by Pirjo Raits, photographs by Michele Ramberg & Dale Roth (Heritage House Publishing)</p> | <p>6. Dancing in Gumboots edited by Lou Allison, with Jane Wilde (Caitlin Press)</p> <p>7. A West Coast Summer by Caroline Woodward, illustrated by Carol Evans (Harbour Publishing)</p> <p>8. Don't Never Tell Nobody Nothin' No How by Rick James (Harbour Publishing)</p> <p>9. Buffly Sainte-Marie by Andrea Warner (Greystone Books)</p> <p>10. Iron Road West: An Illustrated History of British Columbia's Railways by Derek Hayes (Harbour Publishing)</p> |
|--|---|



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

Jennifer Mejia – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health – (604) 885-6101



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

FOKUS (Focus On Keeping Us Strong):

Helping each other work towards better health – Fridays, 10:30am *FREE* More info.? Lori 604-740-1151

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSIOTHERAPY – (604) 989-4828

Jeanette LeBlanc

Book online at backstream.janeapp.com

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell, Robinson & Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca

First-class health care for the people of the Pender Harbour area.

Six reasons why red meat is killing you

Susan Nattall, RN

Here's why you might want to think twice before you toss that burger or steak on the grill.

Consumption of red meat is associated with coronary heart disease, stroke, diabetes, colorectal cancer and premature death.

In fact, despite all the literature to support these findings, Canadians still eat more red meat than poultry and seafood combined.

Here are six reasons to eat less red meat:

1. LIVE LONGER

A person who consumes two servings of red meat per day has a 30 per cent higher risk of dying than those who eat only a half serving per day.

By decreasing the consumption of red meat we may see a drop in preventable deaths and health problems.

2. PROTECT YOUR HEART

Red meat accounts for the largest source of saturated fats in an average diet.

Hazards of meat, including heme iron, nitrates, salt and compounds, are created when meats are cooked at high temperatures.

When ingested, carnitine, found largely in red meats, and choline, found largely in egg yolks and liver, create compounds that are believed to have a direct relation to increased risk of cardiovascular disease, including heart attack, stroke and death.

3. CUT CANCER RISKS

It is recommended to limit your diet to three servings of red meat per week.

Avoid processed meats — ham,

bacon, salami, hot dogs and sausages.

4. SKIP A STROKE

Most strokes that strike Canadians are caused by clogged arteries rather than a ruptured artery or hemorrhage in the brain.

To reduce your risk of stroke you may want to choose healthier choices than meat — chicken, fish or nuts.

5. DODGE DIABETES

Red meats have been linked to an increase in Type 2 diabetes.

The accumulation of byproducts of eating red meats may damage or be toxic to cells that secrete insulin.

6. PROTECT THE EARTH

How does red meat harm the environment?

The core problem is that growing meat is so inefficient.

In fact, much of North American farming is devoted to growing animal feed instead of food for human consumption.

Water, methane, nitrous oxide, deforestation, solid waste and transportation are all factors in producing red meats.

Cows emit greenhouse gases, as do the fertilizer, deforested topsoil, and fuel that we use to irrigate and transport their feed.

BOTTOM LINE

Eat as little red and processed meat as possible.

Replace red meat with beans, nuts, soy-based veggie meats, poultry, or fish.

Don't take carnitine, lecithin or choline supplements

Reference: *Nutrition Action Healthletter*, June 2013

NEW COMMUNITY PROGRAM CO-ORDINATOR

The health centre is pleased to announce Kym Harris as their community program co-ordinator.

In this new role, Harris will support existing programs, liaise with other community service groups and work to identify, develop, and implement new programs to meet the emerging health and wellness needs of our community.

Please contact Kym directly through the health centre or at phhccc@eastlink.ca.

Pender Harbour Music Society presents



Company B Jazz Band

Sunday * Dec. 16 * 2pm

The fine musicians of Company B deliver a zippy brand of vintage jazz guaranteed to have audiences dancing in their seats and are a special delight at Christmas.

SCHOOL OF MUSIC, MADEIRA PARK
TICKETS \$25 @ www.penderharbourmusic.ca or Harbour Insurance & Sechelt Visitor Centre
Sponsored in part by David Pritchard & Jennifer Love

This month in recreation

PHAFC

PHSI

PHCS

Gift ideas?

Purchase a gift coupon or a book of tickets
for weekly activities for a friend or family member.

Call (604) 883-9900 or email marlenecymbalist@gmail.com to arrange pick up.

Merry Christmas & Happy New Year!

Seniors Helping Seniors

PENDER HARBOUR SENIORS INITIATIVE

Sponsored by:
Smart Fund



HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:
P. H. Health Centre &
P. H. Health Auxiliary

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900

CARPET BOWLING: Wednesdays, Dec. 5 & 12

At the Egmont and Pender Harbour Community Hall 1-3pm Drop-In \$3.

WALKING: Mondays, Dec. 3 & 10

At the P. H. Community Hall 10:30-11am. Drop-in \$3.

CHAIR YOGA (Garden Bay and Madeira Park)

Sarah Wray Hall: Tuesdays, Dec 14, 11 & 18 from 10:30am to 11:30am. Cost \$3

P. H. Community Hall: Fridays, Dec 7 & 14 from 10:30am to 11:30am. Cost \$3

HARBOURSIDE FRIENDSHIPS:

At the P.H. Community Hall, a free drop-in program at 10:30am. Lunch \$10 served at noon.

Dec. 6 – Music with the HUGS ukulele group

Dec. 13 – Christmas lunch and harp performance

POLAR EXPRESS CHRISTMAS LIGHT TOUR

A "Golden Ticket" costs \$5 at Harbour Insurance, Earth Fair Store, and John Henry's.

Garden Bay area – Dec 8. Bus departs Madeira Park at 5pm. Returns approx. 7pm

Francis Peninsula – Dec. 17. Bus departs Madeira Park at 7pm. Returns approx. 8:30pm

BUS TRIP: Dec. 9, 1pm

A matinee, "Treasure Island Panto" at Chatelech School Theatre. Cost \$30.

BUS TRIP: Dec. 18, 1pm

A matinee, "The Nutcracker" at the Ravens Cry Theatre. Cost \$55 (includes dinner).

For reservations or event information, contact marlenecymbalist@gmail.com or (604) 883-9900.



**PENDER HARBOUR
AQUATIC & FITNESS
CENTRE**

20m, 4-lane pool
hot tub & sauna
gym & weight room

On lower level of
PH Secondary School:

13639 S. C. Hwy.

604 885-6866

phaquatic@scrd.ca

www.scrd.ca/Recreation

Registration for winter programs begins Monday, December 10.

Check out the Recreation Guide online at www.scrd.ca/Recreation-Guide to view all the great programs happening at PHAFC! Register online or in person.

4th ANNUAL ADVENT DAYS OF CHRISTMAS: Dec. 1-22

Open the advent calendar and see what the daily activity is. For each one you complete, enter your name into a prize draw!

HOLIDAY CLOSURES

The facility will be closed for holidays Dec. 23-26 and Jan. 1.

MYPASS FITNESS PROGRAMS

No classes Dec. 22-Jan. 1. All classes will resume Wednesday Jan. 2.



Thank you to everyone who came to Glow Night — over 50 children and adults were at the pool for some glowing good times!

Gift certificates are available for holiday gift giving. Any amount for any program!

All the staff thank our customers for their continued support and participation and we wish everyone a very Merry Christmas and Happy Holiday Season!



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR LEARNING
CENTRE HOURS:
Monday to Friday
9am to 3pm**

Box 232
Madeira Park, V0N 2H0
5012 Gonzales Road

604.883.2826

phcs@dccnet.com

www.pendercommunity.ca

BABY PARTY

Thursday, Dec 6 from 9-11am @ MPES Strong Start Room. A celebration for expectant parents and parents & caregivers of babies under one year old.

SCARF MAKING with Ann Harmer

Friday, Dec 14 from 1-3:30pm. Join us for a festive and creative afternoon as we learn to dye a silk scarf under the direction of Ann Harmer. Pre-registration required.

CONVERSATION CAFÉ

Thursday, Dec 20 from 6:30-8:30pm at Euspiria Café. Join other parents to support and discuss parenting topics... and to share a bit of festive cheer!

SCHOOL BAND CONCERTS

The Pender Harbour Secondary School band performance is Tuesday, Dec 18 at 7pm in the PHSS Gym. The Madeira Park Elementary concert is on Wednesday, Dec 12 at 6:30pm in the MPES Gym. All are welcome.

SANTA AT GARDEN BAY FIREHALL

Wednesday, Dec 19 from 6-8pm at the Garden Bay Firehall. Snacks, tour the trucks, open house and more!

COMMUNITY SCHOOL CHRISTMAS CLOSURE

We will close at 3pm on December 21 and reopen at 9am January 8, 2019.

Wishing you a joyful holiday!

community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

DECEMBER

Fri. Nov. 30.....John Henry's Xmas Market (3 days) - John Henry's Marina, 11 a.m. - 5 p.m. (7 p.m. Sat.)
Fri. Nov. 30.....Tree lighting (w/ hot cocoa and activities at Euspiria) - P. H. Community Hall, 5 p.m.
Sat. Dec. 1.....Serendipity Christmas craft fair - P. H. Community Hall, 10 a.m. to 4 p.m.
Sat. Dec. 1.....Sarah Wray Hall vintage craft fair - Sarah Wray Hall, 10 a.m. to 4 p.m.
Sat. Dec. 1.....Harbour Gallery annual Christmas sale - Harbour Gallery
Sat. Dec. 1.....Rotary Hop Scotch - P. H. Community Hall, 7 p.m.
Mon. Dec. 3.....Pender Harbour food bank pickup - P. H. Community Church, noon
Thurs. Dec. 6.....Baby Party - MPES Strong Start room, 9 a.m.
Thurs. Dec. 6.....Brian Riddell speaks on "Salish Sea Marine Survival Project" - P. H. School of Music, 7 p.m.
Fri. Dec. 7.....John Henry's Xmas Market (3 days) - John Henry's Marina, 11 a.m. - 5 p.m. (7 p.m. Sat.)
Sat. Dec. 8.....Polar Express light tour (Garden Bay) - depart P. H. Community Hall, 5 p.m.
Sun. Dec. 9.....P. H. Lions' Christmas dinner - P. H. Community Hall, 3:30 p.m. (crafts), 5:30 p.m. (dinner)
Sun. Dec. 9.....P. H. Choir presents "Winter Song" - P. H. School of Music, 2 p.m.
Tues. Dec. 11.....P. H. Women's Connection luncheon and fashion show - P. H. School of Music, 11:30 p.m.
Wed. Dec. 12.....MPES Christmas concert - Madeira Park Elementary School, 6:30 p.m.
Thurs. Dec. 13.....Harbourside Friendships Christmas luncheon - P. H. Community hall, 10:30 a.m.
Thurs. Dec. 13.....Christmas Bingo - P. H. Community Hall, 6:30 p.m.
Fri. Dec. 14.....Egmont Christmas dinner - Egmont Community Hall, 6 p.m.
Fri. Dec. 14.....54th Pender Harbour Christmas boat parade - departs Madeira Park at 6 p.m.
Sat. Dec. 15.....P. H. Community Club Christmas craft fair - P. H. Community Hall, 10 a.m. to 4 p.m.
Sat. Dec. 15.....RCL 112's giant ham, turkey and pie auction - Madeira Park Legion, 3:15 p.m.
Sat. Dec. 15.....Ruby Lake Lagoon Society diver's bioblitz - PODS (two days)
Sun. Dec. 16.....P. H. Music Society presents Company B Jazz Band - P. H. School of Music, 2 p.m.
Mon. Dec. 17.....Pender Harbour food bank pickup - P. H. Community Church, noon
Mon. Dec. 17.....Polar Express light tour (Madeira Park) - departs P. H. Community Hall, 7 p.m.
Tues. Dec. 18.....PHSS Christmas concert - PHSS gymnasium, 7 p.m.
Wed. Dec. 19.....P. H. Volunteer Fire Department hosts Santa Claus - Garden Bay Fire Hall, 6-8 p.m.
Thurs. Dec. 20.....Conversation Cafe - Euspiria Cafe, 6:30 p.m.
Fri. Dec. 21.....After school movie at the Hall - P. H. Community Hall, 3:30 p.m.
Mon. Dec. 24.....Painted Boat Christmas Eve dinner - Lagoon Restaurant at Painted Boat
Sat. Dec. 29.....PODS Pier Party - Irvines Landing, 3 p.m.
Mon. Dec. 31.....RCL 112 New Year's Eve party - Madeira Park Legion, 7 p.m.
Mon. Dec. 31.....Painted Boat New Year's Eve party - Lagoon Restaurant at Painted Boat
Mon. Dec. 31.....New year's Eve at the Backeddy - Backeddy Pub

Harbour Spiel Trivia Answers: 1. c 2. d 3. c 4. a 5. b 6. d



FERRY DEPARTURES

Effective to March 31, 2019

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:30 am - Daily
9:45 am - Daily
11:55 am - Daily
2:10 pm - Daily
4:20 pm - Daily
5:30 pm - Daily
7:50 pm - Daily
10:55 pm - Daily

LANGDALE

6:20 am - Daily
8:40 am - Daily
10:50 am - Daily
1:05 pm - Daily
3:15 pm - Daily
5:25 pm - Daily
6:40 pm - Daily
8:55 pm - Daily

EARLS COVE

6:30 am - Daily except Sun
8:25 am - Daily
10:25 am - Daily
12:40 pm - Daily
5:05 pm - Daily
8:00 pm - Daily
10:00 pm - Daily

SALTERTY BAY

5:35 am - Daily except Sun
7:25 am - Daily
9:25 am - Daily
11:20 am - Daily
3:40 pm - Daily
6:05 pm - Daily
9:30 pm - Daily

Every saint has a past, and every sinner has a future.

~ Oscar Wilde

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Ease into Christmas at John Henry's. Start at our General Store and work your way around our property, discovering local artisans selling their specialty chocolates, fibre art, jewellery, Christmas ornaments, body care products, fresh wreaths, and wood carvings and art.

Enjoy our family-friendly Christmas atmosphere, with carollers, lights, trees, festive food in our Café and Santa for children... and mulled wine for their parents.

Friday Nov. 30th - Sunday Dec. 2nd, 11am-5pm
(Saturday until 7pm)

Friday Dec. 7th - Sunday Dec. 9th, 11am-5pm
(Saturday until 7pm)

4907 Pool Road, Garden Bay | (604) 883-2336

THE GENERAL STORE

AT *John Henry's*

Get Christmas-ready right here!

Whether you're looking for gifts, or help getting ready to entertain family and friends, you can find it in our General Store. Our gift selection is eclectic—from books to table and kitchen accessories, from socks to pictures, from fridge magnets to mugs—we have it all. And when you welcome loved ones into your home, we have sweet and savoury specialty foods, wine, spirits and beer.

Winter store hours:

10am - 6pm, 7 days a week
Fuel dock closes at 4.00pm

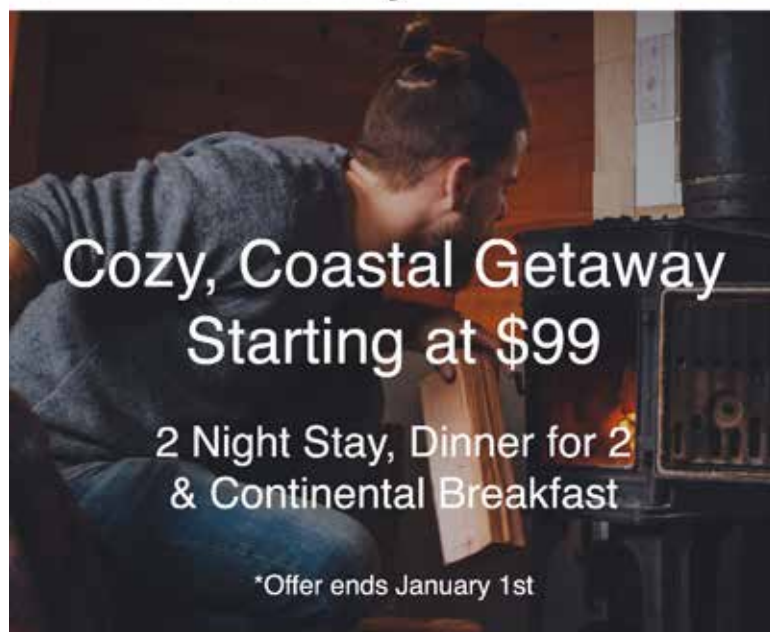
Holiday store hours:

Monday December 24th & 31st - 10am - 4pm
Closed on Christmas, Boxing & New Year's Days

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