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HARBOUR **SPIEL**

**AUGUST 2013
ISSUE 272**



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(photos p. 18)**




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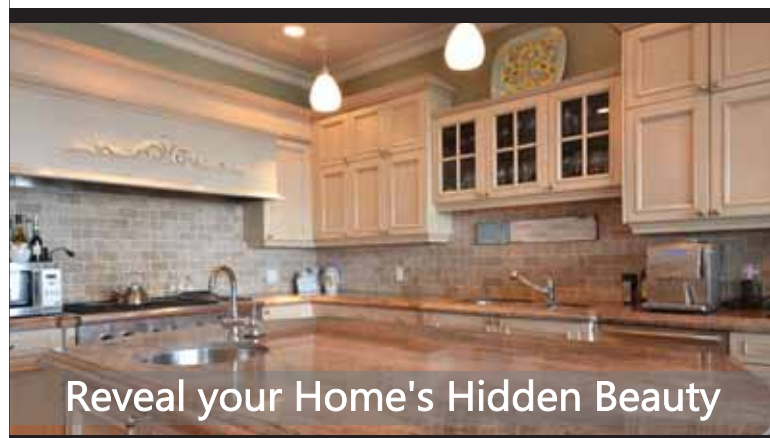
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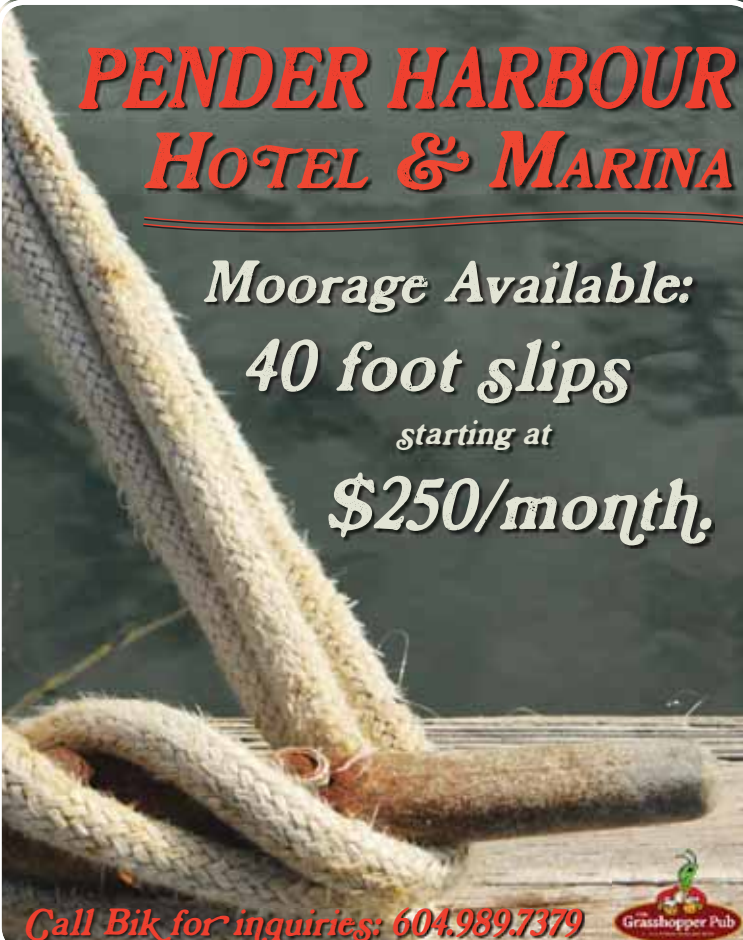
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To provide quality health care and respond to health-related needs in a respectful and caring environment.



Pender Harbour Health Centre ENDOWMENT FUND

2013-2014 Annual Campaign: **\$100,000**

The Pender Harbour Health Centre provides many programs that are entirely funded through our non-profit society, such as seniors' and women's health, Healthy Heart, palliative care and youth clinics.

Our goal is to ensure sustainable funding for those existing and future programs identified as needed by the community and which we are able to provide. This will be accomplished by a perpetual annual campaign. Our 2013 and 2014 campaign target is \$100,000.

Our generous community deserves to know their charitable contributions and end of life legacies are being preserved in a way that will always benefit the health needs of Pender Harbour and District.

To provide for the future, we have created an endowment fund in partnership with the Sunshine Coast Community Foundation to ensure funding solely for health-related needs of our community. Our goal is to preserve generously donated capital, along with end of life legacies, to secure the funding of the Pender Harbour Health Centre for future generations.

We ask that you please consider becoming part of that future.

See next page for more information.





RESPONSE FORM

Make a donation to the
"It's Ours Forever" Endowment Fund
and/or request more information.

Name(s)
Address..... Postal Code.....
Home phone number..... Email.....

Donor Recognition

Visionaries	\$10,000 +
Leaders	\$5,000 - \$9,999
Sustainers	\$2,500 - \$4999
Partners	\$500 - \$2,499
Friends	Up to \$499

Be Part of Our Future

We welcome your donation, however large or small. All donations are fully tax deductible. Every donor will be recognized in our Donor Book (unless anonymity is requested).

Make a donation or pledge

☐ I/we invest \$..... in the future of the Pender Harbour Health Centre.

☐ I/we also pledge future gifts of \$..... per year for years.

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☐ I have enclosed a cheque payable to the Pender Harbour & District Health Centre Society

☐ Please charge this gift to my ☐ VISA ☐ MasterCard

Card number..... Expiry date.....

Name on card..... Signature.....

Donations may also be made via PayPal on the Endowment page of www.penderharbourhealth.com

Please use my gift for: ☐ The areas of greatest need ☐ The PHHC Endowment Fund

☐ Other.....

Monthly pledge program

☐ I/we would like to join the monthly giving program with a gift of \$..... per month.

☐ I have attached a cheque marked VOID or authorize the Pender Harbour & District Health Centre Society to charge the monthly gift to my credit card and have completed the credit card information above.

☐ I/we prefer this gift remain anonymous.

☐ I have left a gift for the Pender Harbour & District Health Centre Society in my will.

Pender Harbour & District Health Centre Society is a registered charity #10783 2305 RR0001.

Official tax receipts are issued for all donations over \$20. All donations are appreciated.

Please tell me more about:

☐ Naming the Society in my will and other planned gifts.

☐ Donating stocks, securities, life insurance.

Please complete this form and return to: Pender Harbour Health Centre

PO Box 308, 5066 Francis Peninsula Road, Madeira Park, BC, V0N 2H0 Phone: (604) 883-2764

Thank you for considering a contribution to sustain the future of OUR community health centre.



The Independent Voice of Pender Harbour & Egmont since 1990.

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Editor

Brian Lee

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Contributors

This month we thank: Sue Nattall, Theresa Kishkan, Frank Mauro, Shane McCune, George Pratt, David Twentyman, Jim Rutherford and Jan Watson.

Cover: Brian Lee photo

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NEXT ISSUE MAILS AUG. 29

editorial

What I did on my summer vacation

By Brian Lee



In case you need one more reason to move, visit or stay here, can I suggest a road trip through BC?

Or, don't and take it from me that it's best

to stay put.

It had been a few years since I'd spent a week traipsing around BC.

I'm a steadfast believer that if you live where we do, there's no need to battle ferries, trucks and Albertans in search of summer tranquillity.

But sometimes you get yanked from your comfort zone by a Calgary wedding during Stampede when flights are really expensive and the only option is to drive.

And, well, if you're going to do that, you might as well meet some family at a lakeside campground to enjoy the outdoors for a few days.

So, there we were, on a Friday afternoon ferry in mid-July starting a 10-day journey along one of the most scenic highways in the world.

My biggest phobia about travelling off-Coast in the summer is usually the ferries, but that was fine.

What astounded me from the moment we crossed the Port Mann bridge (and every mile of every highway thereafter) was the volume of traffic.

Trucks, trailers, motorhomes and motorcycles — bumper to bumper with frenzied passing at every opportunity.

Of course, you can't road-trip through BC without coming across a few — and often tragic — accidents.

You would think the shattered remnants of travel trailers dotting the route would make people ease up, but nope.

So when we arrived at our lakeside campsite, it was a relief.

For a moment.

It seems what people now call camping more closely imitates apartment living without walls — with a really busy highway a mere beer cap flick away.

I have to say the owners and other campers were great and there's nothing

like a few days sunning your carcass while drinking sangria on a floatie — but I'm not one to dwell on positives.

Instead, I was fascinated to learn just how intimately fifth wheels and motorhomes can be wedged together like Tetris blocks.

It seemed I alone appreciated the irony in "camping" at a spot with 700 times less privacy and 850 times more traffic noise than my back deck at home. But, like I said, sangria.

Sunburnt and dehydrated, we carried on with a sublime drive through the Rockies.

The Calgary wedding was as nice as it gets and we had a great time.

But what really inspired this screed was our attempt to stop at Lake Louise on the way home.

I thought I recalled pulling right up to the lake, hopping out and snapping a photo. Not anymore.

The road in was stacked with cars so to avoid the crowds, we turned off into Lake Louise's less famous sister, Moraine Lake.

Things started looking bad about a kilometre or two from the parking lot when cars began stacking up in the shoulderless ditch.

By the time the we reached the parking entrance, we had all but stopped moving.

It was one way in and one way out with jackknifed trailers and drivers obliviously holding up the line of cars while they waited for a spot.

So to avoid becoming trapped, I hacked a U-turn and we drove the 11 km back out to try Lake Louise.

Same thing there:

Too many cars + too little parking + narrow roads = congestive park failure.

After an hour of creeping lines of cars and misanthropic thoughts, we hit the road without a glimpse of either national icon and didn't stop again until we hit the ferry gates.

But do try it — because sometimes you have to go away to appreciate coming home.

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if it's not in
the Spiel.



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spiel picks

PENDER HARBOUR SHOW & SHINE: AUG. 11

If the seductive line of a finely turned fender makes you grin like a fool, don't miss the 10th annual Pender Harbour Show & Shine in beautiful, downtown Garden Bay, 10 a.m. to 4 p.m. on Sunday, Aug. 11.

The Pender Harbour Show & Shine is proudly hosted by the Rotary Club of Pender Harbour with the Garden Bay Pub. Enter your vehicle one of three ways: go to the Show & Shine page at www.penderharbour.org to download a registration form, call Garden Bay Pub at (604) 883-2674 or show up a little early on show day to register onsite. Gates open at 10 a.m. and voting ends at 4 p.m.

Admission is free, and all proceeds are donated to local volunteer fire-fighters and youth programs. Vendors can set up at the Alley of the Arts, all day, for only \$10. Call Myrtle at (604) 883-0010 to reserve your spot, and please note that you must supply your own table and display fixtures.

NINTH ANNUAL P. H. CHAMBER MUSIC FESTIVAL: AUG. 15-18

There may still yet be the odd ticket floating around but you'd better hurry, this festival almost always sells out. For tickets and program information visit www.phmusic.ca.

JERRY YUZON @ THE GBP: AUG. 28-31, 8 P.M.

Come out to see guitar master Jerry Yuzon at the Garden Bay Pub. He's been a favourite at the GBP for years but if you haven't witnessed his virtuosic picking and range of vocal styles, you should. He'll be playing for four nights starting Aug. 28.

photojournal



photo submitted

The Pender Harbour Seniors Initiative's 'A Celebration for Seniors' luncheon drew a terrific turnout of 84 people on June 24 at the Madeira Park Legion. Aside from the games, fun and free lunch, seniors who attended were introduced to 14 different community groups and organizations providing information on various support services and programs offered in the area.

Sakinaw Lake's depths probed for evolutionary secrets

Sakinaw Lake made headlines recently after researchers probed its depths in search of exotic microbes.

According to an article published July 16 in the *Globe and Mail*, Sakinaw Lake was chosen for its unique characteristic of possessing a salt-rich and oxygen-starved layer of water 30 metres below its freshwater surface.

It's there researchers hoped to find unique micro-organisms that could fill in the missing branches of the microbial tree of life.

The results were published online July 21 in the journal *Nature* and not intended to appeal to a non-technical reader.

Researchers used a technique called single-cell genomics to first isolate the cells and then read their genetic sequence.

The study sampled eight other locations around the globe with similarly hostile environments such as deep sea vents, hot springs and gold mines.

The research is valuable in that many of the micro-organisms studied cannot survive in a laboratory where this type of research usually takes place.

Because of that, scientists had limited understanding of what they call the "microbial dark matter."

The study isolated 9,000 cells to produce 201 distinct genomes and claims it "greatly expands the genomic representation of the tree of life and provides a systematic step towards

Correction: A photo caption in last month's issue incorrectly labelled the culprits responsible for tearing up the Egmont sports field as "Egmonsters." It turns out the yahoo responsible was from Pender. Sincere apologies for any distress this may have caused.

~Ed.



scan submitted by David Barnum

Sakinaw Lake made national headlines recently for being the focus of research mapping the evolutionary history of exotic micro-organisms.

a better understanding of biological evolution on our planet."

In Sakinaw Lake, green sulphur bacteria survive using a different form of photosynthesis than plants.

Researchers contend the organism diverged along its evolutionary path and became ideally suited to colonizing the lake as it became cut off from the ocean.

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photo submitted

It can be interesting to Google some of the many boats which pass by or enter the Harbour every summer. This one, named the *Tawnie Lynne*, is for sale. She's 103-feet long, cruises at 21 knots and accomodates eight guests in a master, double and two twin cabins. Asking price is \$3.95 million.

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RCMP news

BOAT TRAILER THEFT

Overnight on July 13, a thief stole a boat trailer from the 16100 block of the Sunshine Coast Highway, Ruby Lake.

The stolen boat trailer is a 1994 Mastercraft, white with fibreglass fenders, a crack near the driver's side tail light and a BC licence plate, 721355.

MADEIRA INTOXICATION

On July 16, police noticed a couple sharing an alcoholic beverage on the side of the road in the 12600 block of the Sunshine Coast Highway, Madeira Park.

The female was found to be

sober but the male, who was clearly intoxicated, was arrested and issued a ticket for public intoxication.

For his own safety, he was transported to cells until sober.

The female was allowed to go home.

EGMONT FIRE

On July 16, police assisted the Egmont Fire Department with a vehicle fire in the 6600 block of Maple Road, Egmont.

The fire spread to a nearby boat and the surrounding bush before it could be extinguished.

The file is still under investigation.

DRIVER FAIL

On July 18, police noted a vehicle parked in the 12900 block of Shark Lane, Madeira Park that drove away in the dark without its lights on.

The vehicle was pulled over and the driver, who was exhibiting signs of intoxication was asked to take a roadside alcohol screening test.

The driver, who did admit to consuming alcohol a couple of hours earlier, refused.

The driver was advised that refusing to take the test would result in the same penalty as a fail, but the driver continued to refuse.

The driver was issued a 90-day roadside prohibition and his vehicle was impounded for 30 days.

Coast makes list of top five Canadian vacation investment markets

In a story that must tickle local Realtors, the Globe and Mail named the Sunshine Coast as one of the top five markets in Canada for investing in a vacation home.

The July 17 article by Jemima Codrington is the second time in a month our area made Canada's national newspaper.

The article lists us alongside Banff/Canmore, Niagara-On-The-Lake, Whistler and Cape Breton as a popular location expected to experience above average growth in visitors.

Specifically, the article points to our relatively affordable housing market compared to locations like Whistler, Victoria and Salt Spring Island.

The two Realtors interviewed say this, coupled with a growing tourism industry, has worked to create a lucrative vacation rental market that should continue to grow.

According to Fran Miller, the average nightly rent on the Sunshine Coast is \$125 to \$150.

August 2013

Waterfront homes will fetch up to \$100 more, averaging \$250 per night.

Realtor Joel O'Reilly points to the Sunshine Coast's expanding season as one reason he sees a growing vacation rental market.

"The area now offers something for everyone at all times of the year, including winter months, such

as snowshoeing, cross-country skiing and storm watching," he told the Globe.

The best bet to maximize your monthly vacation rental income?

Waterfront with a hot tub, says Miller who adds,

"Pender Harbour is a great buy these days with plenty of waterfront."

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MPES students honour retiring teacher Cathy Gibson

Students at Madeira Park Elementary School bid farewell to one of their favourite teachers with a special day in her honour during the last week of the school year.

Cathy Gibson taught for 28 years at MPES and to honour that achievement, June 26 was proclaimed Cathy Gibsons Day.

A number of fun activities were held throughout the day to recognize Gibson including a surprise dedication of the school's recently constructed outdoor learning classroom.

It started out as more of a roast when students gathered at the outdoor amphitheatre and took turns performing skits in which they impersonated the star of the day.

Afterwards, a sign was unveiled officially dedicating the space as the Cathy Gibson Outdoor Classroom.

Principal Barry Krangle offered these words on the departure of his colleague:

"I have been fortunate to have worked with a number of master teachers in my career and Cathy is certainly one of them.

"When I learned I was going to MPES this year, that's the first thing people said to me:



Brian Lee photo

Students at the Madeira Park Elementary devoted one of their last school days, June 26, to retiring teacher, Cathy Gibson. Cathy Gibson Day was highlighted by a surprise dedication of the new outdoor classroom as the 'Cathy Gibson Outdoor Classroom.'

"You get to work with Cathy G."

"Hey B.K. congrats, you'll be in Cathy G. territory."

"Good luck in your VP position, excuse me, well Cathy G. is really the

principal, you'll be assisting her."

"And you know what, Cathy has really looked out for me and she looks out for everyone.

"Mrs. Gibson warms us with her laugh, entertains us with her antics and adventurous spirit, dazzles us with her expertise and amazes us with planning and organization.

"Recently it hit us that Cathy is really leaving and there was a little panic because we know it will take a whole lot of energy to pick up and share the responsibilities Cathy has so quietly looked after all these years.

"She is a Pender Harbour icon after 28 years in Madeira and is held in the highest regard in our community.

"A few years back there was a bank robbery across the field from the school, a few shots were fired

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SL 41	Ocean View Lot	\$130,000 Resale + TAX
SL 42	Ocean View Lot	\$130,000 Resale + TAX
SL 40	View Lot	\$124,900 Resale
SL 46	Ocean View Lot	\$109,000 Resale



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and Mrs. Gibson was in charge. She locked down the school and everyone hit the floor until the coast was clear.

"When Mrs. Gibson found out the robbers were former students and that they got away, she said, 'I taught them well.'

"I have witnessed Mrs Gibson turn coal into diamonds, I have watched distraught, angry campers trudge through our doors and bounce out of Cathy's classroom

"I have seen parents at their wits' end seek out Cathy for advice, help, and reassurance

"I have watched Cathy comfort lost souls, challenge the determined and create this amazing sanctuary where kids absolutely flourish.

"And I have only worked with her for one year.

"Cathy's passion and enthusiasm

for teaching and learning is unstoppable.

"When it's your birthday in Mrs. Gibson's class you get to choose your opponents and rip around the gym in a wheeled chair.

"Fridays are often star days, theme days where the kids get to select a theme and Mrs. Gibson plans all the lessons and decorates her class to the hilt which means she is often still at school Thursday nights to after 8 p.m.

"Only yesterday was Mrs Gibson chasing her class around the field with a squirt gun.

"I cannot possibly capture the influence and impact Cathy has had not only on her students but on a whole community in a couple of minutes.

"Thank you Cathy, you have taught us well."



Brian Lee photo

Tia Haase was one of many students who took to the stage to perform an impersonation of retiring teacher Cathy Gibson on June 26.

The "F" Word

Yes, flossing.

That dreaded word we hear from the hygienist and the dentist. Brushing your teeth is very important but flossing is even more important when it comes to preventing periodontal (gum) disease and tooth loss.

Within 24 to 36 hours, plaque hardens into tartar, also called calculus, which can only be removed by professional cleaning. By flossing, you are removing plaque and bacteria that cannot be reached with your toothbrush. Plaque is an invisible bacterial film that develops on your teeth every day and is the main cause of gum disease.

Flossing at least once a day prevents plaque from hardening into tartar. In this case, prevention is the best medicine. This is a habit you want to develop because, over-time, it will improve your overall health.

We are more than happy to offer flossing tips if you are having a hard time. Call us to book your hygiene appointment and our hygienist will gladly show you the easy way to floss.



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Tricky and light conditions for the 24th Malaspina Regatta

By David Twentyman

Most of June was very wet and the Garden Bay Sailing Club was relieved to have sunny weather break the day before they hosted the 24th annual Malaspina Regatta on June 29.

A total of 25 boats lined up for the start — the best turnout in the race's history.

A very light five-knot southeast wind coupled with an outgoing tide met the fleet as they assembled at the start.

There was a little confusion when the race finally started with six boats crossing the line too early, which meant that they had to double back and start again.

The first leg from Pearson Island to Hospital Reef was leisurely and saw the fleet stretch out as some boats had difficulty in the light air.

The first boat to reach the mark was Ron Badley's trimaran *Drifter*.

He was followed by two Martin 242s, *Area 51* and *Seven*, skippered by Bruce Ledger and David Pritchard respectively.

The second leg, downwind, was to Ackland Rock off Nelson Island.

The first 10 boats found that the current gradually headed them over towards Nelson Island as the wind grew more and more fickle.

While they were flying their multicoloured spinnakers, the rest of



John Barker photo

The best turnout in the Malaspina Regatta's 24-year history was marred by light wind and strong tides. Here 25 boats try to find enough wind to leave the start line.

the fleet were having problems getting around the first mark, and some were even swept back past the mark as the tide was stronger than the breeze.

The order among the first 10 boats changed a little as they neared the second mark, but once again *Drifter* was clearly out in front.

At this point the race committee decided it was unlikely that any of the boats would complete the third leg back to Pearson Island in the allotted time of five hours and that the race should end at Ackland Rock.

This was the right decision as only *Drifter* managed to complete the full course in this time.

Unfortunately 15 boats were unable to finish even the shortened

course in the allowed time.

That evening, 107 people met at Fisherman's Resort for a BBQ and awards ceremony.

Each year the club awards a trophy to the person who has contributed the most to the club in the last year.

This year it was given to John Barker for his work on building and maintaining the club's website over many years — www.gardenbay-sailingclub.com.

The club also thanks the RCM Search and Rescue, Unit 61 for using a training session to set and retrieve the marks for the course.

REGATTA RESULTS

FIRST ACROSS THE LINE:
Ron Badley, *Drifter*

FIRST OVERALL:
Ron Ledger, *Area 51*

DIVISION AA:
Ron Badley, *Drifter*

DIVISION A:
Tom Barker, *BC Navigator*

DIVISION B:
Ron Ledger, *Area 51*



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Edwin (Ted) Dobrindt

DEC. 12, 1935 — JUNE 30, 2013



It is with heavy hearts that we announce the passing of Ted Dobrindt at Shorncliffe Hospice on June 30.

Ted was born in Tintern, Ont., (near St. Catharines) on Dec. 12, 1935.

Ted is survived by his loved ones, wife Marie, daughter Gail (David) Girard, brother James (Phyllis) Dobrindt, sisters Patricia Harris, Hazel (Mervin) Easton, Dorothy June Bowman and many caring grandchildren,

nieces and nephews.

For many years, as a member of the International Union of Operating Engineers Local 115, Ted ran heavy equipment for high-rise building excavations in downtown Vancouver.

He dug, laid and backfilled pipelines in northern and central B.C. and helped build roads in the British Properties of West Vancouver and then excavated for new homes there.

When he moved to Garden Bay, Ted worked at Lafarge Concrete-Earles Creek, in the same union, for many more years. Upon retirement, Ted learned to golf at the Pender Harbour Golf Course and volunteered with George Grout and crew to help keep the fairways in good playing condition and fix drainage problems.

The family wishes to thank Dr.

Robinson and the home care nurses, Kathy Bergman and all at the P. H. Health Centre.

Also, heartfelt thanks to the palliative care nurses at Shorncliffe, especially Lisa who was there to the end. Thank you Patrina for arranging scheduled visits by trained volunteers.

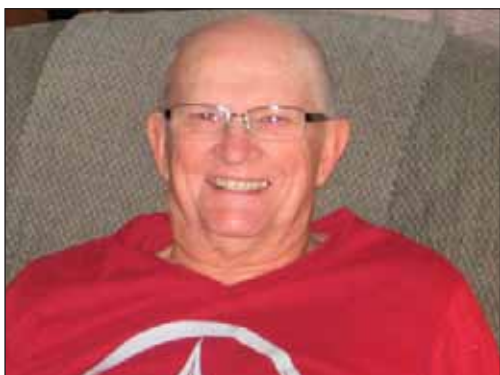
The family also wishes to thank friends and relatives for your thoughts and prayers, phone calls and comical greeting cards etc. Ted treasured every message and every photo. Thank you Pat Hallborg for your kind words on behalf of the P. H. Golf Club.

A memorial celebration of Ted's life will be held Aug. 31, after 2 p.m., at 4933 Garden Bay Rd.

Please park on Garden Bay Road and prepare to share your funny stories.

Elwood (Eldy) Gandy

OCT. 6, 1930 — JULY 7, 2013



Eldy was born in Brock, Saskatchewan in 1930.

His parents operated Gandy's Hardware until they moved to Vancouver in 1945 where his family opened another hardware store in 1946 on 4th Avenue.

Eldy was the second child with one older brother, predeceased Leland (Lee) Gandy.

Eldy and wife Marge (predeceased) loved living on the Sunshine Coast since the late 1950s.

Eldy leaves behind his pal, Kylee (his favourite little dog), son Ross (Gina) and daughter Adele (Jim) and many grandchildren and great-grandchildren. He was predeceased by his son Lyle.

Eldy was a carpenter. In the 1970s, he retired as owner/operator of Suburban Millwork in Burnaby and moved to Garden Bay where he had a private dock and operated Sunset Marine Ways for friends in the Harbour.

Eldy spent many days fishing and trolling around Pender Harbour with many memories in the Gulf Islands, Egmont and the Harmony Islands.

Eldy always had a project on the

go and was never one to sit around. He especially loved woodcarving and spending time in his shop. His bowls were a labour of love and will continue to be in use for many years to come. He also made a variety of pens.

Eldy spent his last week in the Harbour reconnecting with friends and playing his last hole of golf before his strong faith carried him to his new home in heaven. He was a member of the P. H. Community Church.

Eldy's smile, positive outlook and words of encouragement will be missed by all his family and friends.

A service will be held at the Anglican Church 13625 Sunshine Coast Hwy. (beside PHSS) on Aug. 24 at 2:30 pm with a reception to follow at the P. H. Golf Club.

Pender Harbour Advisory Council town hall

Submitted

The recently formed Pender Harbour Advisory Council hosted a town hall meeting on June 23 with close to 200 community members attending.

The meeting at the P. H. Community Hall offered updates on projects identified as priorities at the last meeting, held last September.

In order of priority importance:

1. YEAR-ROUND WASHROOMS IN MADEIRA PARK/GARDEN BAY

PHAC's goal is to have wash-

rooms available to the general public year-round that are of acceptable quality, available during business hours and easy to find.

Progress made to date includes:

1. The Harbour Authority of Pender Harbour has completed changes to their washrooms and shower facilities at Madeira Park which has increased their visibility and availability to boaters, visitors and residents.

2. The P. H. Chamber of Commerce has kept the washrooms behind the Information Centre in Madeira Park open year round through 2012 and into 2013.

The chamber members and the SCRD have provided additional funding for these extended hours of operation as well as for proposed 2013 upgrades to the facilities themselves.

2. BUS SERVICE WITHIN PENDER HARBOUR

There are three projects underway with the SCRD's transportation advisory committee:

1. With regards to the existing SCRD bus, the Ruby Lake Lagoon Society plans to submit a proposal to the SCRD to take the bus on for their use and as a charter bus for other community organizations and special events in Pender Harbour.

2. Participation in the BC Transit futures study plan:

A plan for transit that looks 25 years into the future and describes what services, infrastructure and investment are needed to get there.

All Pender Harbour residents are encouraged to complete the survey.

3. Pender Harbour specific transit study is now underway which will look at transportation solutions like regular runs, on-call runs, group runs and other solutions.

It will look at service within Pender Harbour followed by connections to Egmont, Earls Cove and Halfmoon Bay.

Residents are encouraged to complete the survey delivered to all residents and also available at John Henry's, PetroCan, IGA and Bathgates Store in Egmont.

3. WALKING PATHS AND BIKEWAYS IN FRANCIS PENINSULA, GARDEN BAY, DANIEL POINT AND IRVINES LANDING AREAS

Following voter approval through the Alternate Approval process last fall to set up an Area A bikeways and walkways function within the SCRD budget, work is underway to determine priorities.

The SCRD is hiring a consultant to manage projects and seek advice from a local advisory council for bikeways and walkways to come up with a plan of action.

Much input from the community will be sought as this project gets underway.

There have been enhancements to the boardwalk through the marsh behind the community church in Madeira Park thanks to the work of numerous organizations and volunteers.

4. ENCOURAGE EMPLOYMENT

The Chamber of Commerce and

ALL WELCOME:

S. C. BOTANICAL GARDENS BUS TRIP

Aug. 13, 10:15 to 2 p.m.

\$15 includes bus ride and picnic lunch. Call Marlene, at (604) 883-9900 for tickets.

LUNCH CLUB

Aug. 12: West Coast Wilderness Lodge, 11:30am

Aug. 26: Pebbles Restaurant, 11:30am

TUESDAYS MAHJONG

7 p.m. Call Marlene: (604) 883-9900

WEDNESDAY CARPET BOWLING

P. H. Community Hall, 1-3 pm

FRIDAY WALKING CLUB

P. H. Community Hall, 10 am



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our SCRD are working on a number of projects including:

1. Shop Local — funding has been secured and a committee established. Next steps are firming up a strategy and a fall launch.

2. Economic Development —the chamber is working with Island Coast Economic Trust and the SCRD to develop a regional strategy and last-ing tools; the end result is hoped to be success as demonstrated by Ucluelet and Tofino

COMMUNITY ORGANIZATIONS FORUM

In May, 20 community associa-tions met to share projects and chal-lenges while committing to continue meeting regularly to ensure no dupli-cation in projects and resources.

In the works is an enhancement to www.penderharbour.com to include a page for each organization to of-fer information about their mandate, membership and need for volunteers.

It is hoped this will be helpful for residents and newcomers.

OPEN FORUM

Those attending the meeting rec-ommended regular town hall meetings to be used for updates on community projects and guest speakers.

Also discussed were ways to get information out to the community via the *Harbour Spiel*, neighbour-hood representatives and expanded website(s).

The forum also offered an oppor-tunity to provide updates on the work of the P. H. Community School and

GRIPS.

INVITATION TO GET INVOLVED

There are now nearly 100 mem-bers of the new P. H. Advisory Coun-cil but they need a permanent and active board of directors.

PHAC is asking community members to consider becoming in-volved on the board or on a commit-tee.

The annual general meeting will be held Sept. 15 (venue to be an-nounced) and an election committee will be at work recruiting candidates over the next few months.

For more information, please contact the PHAC at www.penderharbouradvisorycouncil.com or phadviso-rycouncil@gmail.com

We want to hear from YOU!

The Pender Harbour and Egmont (Area A) bikeway and walkways function was established by the Sunshine Coast Regional District (SCRD) in 2012 to create safe opportunities for bikers and walkers to get around in the community.

These projects would be funded through gas tax revenues, therefore the pathways must create an active transportation system that provides an alternative to motorized vehicles. To help us move forward in the planning of new biking and walking paths,

we are asking for your participation in a five question survey.

The survey will be sent to your mail boxes the week of August 6. Once completed, you can drop it off before August 30, at the SCRD South Pender office, 12828 Lagoon Road, Madeira Park, or mailed to the SCRD Office at 1975 Field Road, Sechelt, BC V0N 3A1.

You can request an electronic version of the survey by emailing: parks.department@scrd.ca.

If you're interested in joining our steering committee, please contact Area A Director, Frank Mauro, at frank.mauro@scrd.ca



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Updates on ongoing projects



By Frank Mauro,
Area A Director

BC TIMBER SALES COMMUNICATIONS PROTOCOL

Subsequent to discussions with BC Timber Sales to resolve the location of some of the cutblock sales in the McNeill Lake watershed earlier this year, the SCRD and BCTS have been actively working towards an agreement to increase transparency and communication between the two organizations.

A draft communications protocol was recently reviewed by the board and, while not finalized, there do not appear to be any obstacles to formalizing the document by the end of 2013.

BCTS and the SCRD have already had discussions regarding the future sales plans of BCTS for the next three years, in keeping with the spirit of the protocol.

BCTS's plans have been presented to the area planning commissions in all affected rural areas for comment.

The SCRD has also asked its advisory groups, such as the natural resource advisory committee, to comment on the plans.

The comments from all groups will be forwarded to BCTS.

The early indications are that

the communications protocol will facilitate a higher level of community consultation regarding BCTS activities on the Sunshine Coast.

BUILDING PERMITS /VARIANCES

A problem has been identified on the Sunshine Coast: a significant number of building projects undertaken without a building permit, or in some cases, without a variance for a non-conformity.

Some people are aware they need permits or variances but believe that the regional district will usually grant a variance at relatively little cost if they get caught.

Many of the transgressors appear to be well-financed and adopt a "build first and ask forgiveness later" approach.

They see the risk of paying existing penalties as a small price to pay in order to take advantage of one or more of:

- Getting a jump on project timing;
- Ignoring setbacks from the creeks or ocean;
- Not performing required biological assessments, or
- Not meeting geotechnical requirements.

They may also build without proper approvals in order to get a preferred view, location or ocean/lake access for a dock.

The SCRD board is then faced with the dilemma of either approving a variance for a structure already built in a location where it would not normally be permitted or requiring removal of the structure in order to obtain compliance.

The practice also places neighbours and contractors in a difficult position.

A report has been presented to the SCRD planning and development committee presenting available options for discouraging the practice.

The issue was discussed at some length and staff were asked to provide more information on options.

The topic and revised report will be presented at the next meeting.

There is interest in curbing this practice and part of the "discouragement" will surely include higher fines and penalties.

BIKEWAYS/WALKWAYS

In mid-July an advertisement was placed in the *Coast Reporter* for the hiring of a consultant to get work on this function underway.

On page 15 of this issue, you will see an ad asking you to respond to a survey being conducted to help determine the community's priorities regarding walkways and bikeways.

The survey form will be mailed to all households in early August — please take the time to complete it and voice your wishes.

OPEN DISCUSSION

I will be available between 8 a.m. and 10 a.m. on Saturday, Aug. 3 at the Copper Sky in Madeira Park to answer questions and to hear concerns.

I can be reached at (604) 740-1451 or by email at Frank.Mauro@scrd.ca



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Brian Lee photo

Question: What do you do with a sinking freighter with no power? Answer: Anchor it in Whiskey Slough and hope for the best. The *Pacific Challenge* is seen here being towed into Pender Harbour on the evening of June 26. She now sits at anchor in Gerrans Bay.

Want to learn about what's going on at the Sunshine Coast Regional District? Go to www.scrd.ca and click on "Sign up for our Newsletter" button to receive *Coast Current*, our quarterly newsletter.

twitter : sunshinecoastrd

There are no committee meetings in August.

Check back with us in September.

Pender Harbour Satellite Office
12828 Lagoon Road
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Phone: 604-885-6877
Email: utilityinfo@scrd.ca

Monday to Friday
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For information on who we are, and what we do, please visit www.scrd.ca, call 604-885-6800, or email info@scrd.ca. To contact Area A Director, Frank Mauro, please email frank.mauro@scrd.ca.



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Brian Lee photos

On July 3, over 400 riders passed through local trails taking part in the seven-day BC Bike Race. Stages three and four of the race took the international contingent of racers from Earls Cove to Langdale. The winner of both local stages and eventual overall winner was Team Kona rider and Sechelt native Kris Snedden. Photos taken on 'Scary Hill By-Pass' (a trail near McNeill Lake).

P. H. Fall Faire may be coming to an end

Dear Editor,

Each year the society which organizes the annual Pender Harbour Fall Faire has asked for help, both on the day of the Faire as well as for anyone interested in joining the society to bring new ideas, leadership and suggestions for making this event even better.

We seem to get help on the day of the Faire, but we need new leadership and/or a committed group to head up the society — without your help

this year will be the last Fall Faire.

Most of the present society members have worked together for the past seven years or longer to make this event as successful as it is.

We are desperately hoping for someone else to come on board within the next month or so in order to take over for 2014.

This would enable them to attend our meetings and become familiar with the steps required in the planning of this one-day event.

The present members will be

happy to work with you to ensure the future of Fall Faire.

If no organization or person is willing to step up, this October will be the last time Pender Harbour Fall Faire will be held.

None of us wants to see this happen, so Pender Harbour community, step up, please.

If you are willing to help in any way, please contact me at (604) 883-9844 or cartin@dccnet.com.

Carol Krych
Chair, P. H. Fall Faire Society

Reid questions move to Pender Harbour

Dear Editor,

I recently came to the Sunshine Coast to look at properties as I am looking to start up a home-based business in the wellness industry.

While most people would go straight for a more populated area such as Gibsons or Sechelt, something told me I should venture further up to Pender Harbour.

This was my first time visiting Madeira Park and Garden Bay and I fell in love instantly.

This is where I hope to open a new chapter in my life, though it is daunting at the same time as I am taking a huge leap of faith by taking on such a project, especially in a more secluded area such as Pender Harbour.

As I was having a lovely lunch at the Garden Bay Pub, I picked up a copy of the *Harbour Spiel* and came across letters to the editor titled "Infrastructure support lacking" and "Housing and community investment needed to offset crisis."

This has me quite worried now.

After reading this I have to consider that I could be setting myself up

for financial ruin.

I have such a strong connection to the beauty of Pender Harbour and I really hope that I can make my dream a reality.

Pender Harbour, in my opinion, may very well be the nicest place in Canada, so I am puzzled by how there can be a crisis of any kind. This is paradise we are talking about.

I am a young entrepreneur hoping to make a big change in my life and at the same time help the community by offering a unique service.

After reading these articles, I can't help but wonder . . . am I making a huge mistake?

Alana Reid
White Rock



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Volunteers come out to spiff up the golf course



By Jan Watson

The Pender Harbour Golf Course's volunteer day on June 22 was a huge success with 32 people coming out to help

with the tasks on the course which the small greens crew can't always get to.

A big thank you goes to all the volunteers who help to make the golf course such a great asset to the community.

It's that time of year again and it is great to see the people up for the summer joining us on the golf course.

We are happy to welcome old and new, experienced and beginner golfers.

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INTERCLUB

The men's and ladies teams rounded out the interclub year undefeated.

The men tied with Myrtle Point, after losing the away leg in Powell River and winning the home match on July 3 with the identical score.

Unfortunately Myrtle Point keeps the trophy.

The ladies beat Sunshine Coast, winning the home match on June 19 by a decisive margin after losing the away leg earlier in Roberts Creek.

They brought the trophy back to Pender with total score of 79 to 65 points.

MEN'S CLUB

On June 18 the men played Hidden Partners won by the pair of Al Wendland and Rusty Ellis with net score of 136. KP on No. 3 was Bob Ducich and Lorne Campbell on six.

July 2 saw a Stableford with winner Al Wendland scoring 23 points.

KP on No. 3 was Ron Needham and on No. 6, Don Matheson.

A two-man team skins event on July 9 was won by George Brown and Terry Cowan with seven skins.

KP on No. 3 went to Al Wendland and Ian Grant took No. 6.

On July 13, the men held another skins tourney with two-man teams and the winners were Mike Reid and Jamie Tufford with 11 skins.

KP on No. 3: Garry Noble.

LADIES CLUB

On July 4 a Money Ball match was won by the team of Pat Hallborg, Anita Caspersen and Cathy McEachern with 100.

It was blind teams on July 11 and Reni Ducich, Jeanie Byrd and Denise Jones were winners.

LADIES STEAK NIGHT

Four teams came out July 4 with winners Lorraine Wareham, Jan Watson and the Stunell sisters (Shelley and Linda) shooting 36.

MONDAY MIXED TWILIGHT

On June 17, six teams participated and the winners at three-under par were Ian and Evelyn McNee, Harry Friesen and Anita Caspersen.

KP on No. 3 was Anita Caspersen and Glen Bonderud while on No. 6, it was Jan Watson and Harold Jones.

Six teams came out on July 1. Winners were Paul Clinton, Lori Blockberger, Reni Ducich and Steph Garner at five-under par.

KP on No. 3 was Steph Garner and Glenn Bonderud and on No. 6, Rob Metcalfe.

July 8 saw five teams with winners Merv Oleksyn, Lorna Lycan and Jeanie Byrd shooting 33.

KP on No. 3 was Reni Ducich and Paul Clinton, but nobody on No. 6.

July 15 saw seven teams with the winners, at 4 under par, Scott and Kelly Patton, Hal Byrd and Steph Garner. KP on No. 3 was Reni Ducich and Gord Scott with Rob Metcalfe taking No. 6.



FROM THE 19TH HOLE...

Even if you aren't having an extra good day, always count your blessings. Be thankful you are able to be out on a beautiful course. Most people in the world don't have that opportunity.

~ Fred Couples



photo submitted

Showing true 'Harbour Spirit,' members of the Pender Harbour Living Heritage Society spent the weekend of July 5-7 returning Madeira Park's iconic entry sign to her best. What was to be a two day wash-and-paint endeavour became a bit more complicated as many wasp nests were found inside. Much to the amusement of passers-by, workers could be seen Friday night garbed in mosquito suits and armed with hornet spray shooting bugs through small holes in the plastic used to seal up the boat. Miraculously, they actually managed to kill most of them, leaving the rest of the weekend for the planned project. Good weather allowed the paint to dry, returning the *Harbour Spirit* to her former beauty. Photo right (l-r): Maureen Wright, Randy Picketts, Jacquie Ordonneau, Pat Beninger, Rick Crook. Missing: Richard Haschke.

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(Ryleigh Milligan)



JAMES BROWN
(Hannah Vandeventer)



2014 grads Matteo Alps Mocellin and Solveig van Wersch accepted the symbolic Key of Knowledge from Ryleigh Lightbourn (r) and Brandon Ewen (out of frame).



Guest speaker, teacher Jeff Marshall (l) gave a space-themed speech inspired by Canadian astronaut Chris Hadfield. At right is master of ceremonies, teacher David Stoddart.



NATE JOHNSON
(Chloe Campbell)



CHARLOTTE GRAY
(Teaguen Craig & Amelia Gray)



BRANDON EWEN
(Amber La France)



PAIGE NATTALL
(Brooke & Kelsey Nattall)



ARHEA HOWITT
(Cassidy Craig-Watters & Joel Field)



MICHAEL JAY-REID
(Nadine Jay-Reid)



LENA ASCHENBROICH
(Julian Aschenbroich)



School trustee Lori Pratt took an opportunity to snap a photo with daughter Carly Fielding after she received her diploma.



Brianna Milligan and Brandon Ewen gave the Class of 2013 valedictorian address.

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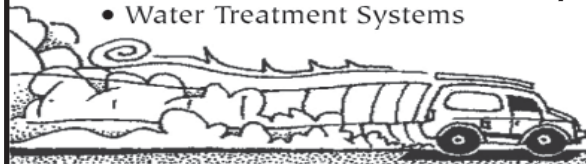
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He also served: The story of Jim Hawke

By George Pratt

Arriving late at the Suncoast Singers fall concert one evening in 2008, I could hear emanating from the auditorium the mellow bass voice of a male soloist.

It was far from the black gold of Robert Merrill but it was rich and altogether pleasant. Worming into my seat, I was astonished to recognize the singer — a local go-to guy known for his genius with marine mechanical problems.

I had visited him several times in his little shop near Madeira Park. Here he was, totally out of context, singing in Latin, the “Panis Angelicus,” an excerpt from the famous St. Thomas Aquinas hymn.

He was born James Edgar Hawke at Dauphin, Manitoba 88 years before and he had a story to tell.

Just after the outbreak of the Second World War, Hawke’s innate understanding of machinery landed him a job as a powerhouse engineer for Dominion Electric, which later became Saskatchewan Power. But as the war entered its darkest days, particularly on the North Atlantic where Canadian convoys were being decimated by wolf packs of German submarines, his thoughts turned toward serving his country. So it was that in June of 1942, Hawke left his home in Winnipegosis and joined



photo submitted

Jim Hawke, Leading Seamen Stoker, 1942.

the Royal Canadian Navy. That very same month, a submarine, *U-190*, was launched at Bremen, Germany, and would join the wolf packs making life hell for allied convoys in the North Atlantic.

Because of his mechanical experience, Hawke was immediately sent to Halifax for training in shipborne engineering. His first assignment upon graduation was to head for the wartime shipyard at Penetang, Ont., to pick up newly built *Fairmile 051*, a small vessel used for coastal patrol submarine hunting. His particular duty was very agreeable — the care

and keeping of the *Fairmile*’s two 640-HP Holscott engines — candy for Jim Hawke. He remained aboard for a stint of patrol work off Gaspé but before long, his civilian power station experience was recognized and he was transferred to St. John’s, N.L., where an engineer was needed to maintain the dockyard naval base. A dashing naval career in a warship at sea was effectively hung up on the rocks. Resignedly, he accepted his lot, perhaps thinking of the words of Milton:

“They also serve who only stand and wait.”

While Hawke was marking time at the dockyard, the *U-190* was also having a somewhat lacklustre career. By 1945, with the war nearing its end, she had managed to sink only one allied ship, a relatively barren record for the *Kriegsmarine*. However, as the war wound down, she torpedoed *HMCS Esquimalt* just off Halifax Harbor, a very sad day for the Canadian Navy.

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A week later, her orders came to surrender to the Allied Forces and after jettisoning her munitions, *U-190* was summarily boarded and escorted in to Bay Bulls, a harbour a few miles west of St. John's.

St. John's was in a frenzy of celebration with a confusion of signals flying off everywhere to trigger the winding-down process from six years of war. As the *U-190* arrived in Bay Bulls, new orders came for Hawke:

Head out to Bay Bulls and live aboard the German submarine *U-190* and get it up and running, cleaned and prepared for sea. He could not have been more startled if they had drafted him to Antarctica. He did not know that the powers that be had already made plans that the *U-190* should go on a tour up the St. Lawrence river to be shown off to a war-weary population as a war prize.

The Admiralty had pulled together what was to become the new ship's company for the *U-190* — a captain and executive officer and a handful of

men trained in the technical skills they judged would be required to operate a submarine. Thus, along with several other engineer mechanics, Jim arrived at Bay Bulls and, with some trepidation, they boarded. None among them had ever been aboard any submarine, never mind a German one.

In time, the electrical crew provided light to reveal a bewildering jungle of valves and gauges and control handles that were incomprehensibly tagged in German — which may as well have been Swahili.

After some poking around, someone discovered a technical manual, notated in German of course, but with typically precise schematic drawings of the control systems. On examination, Hawke could readily see that the multicoloured control lines snaking off everywhere were tidily matched to the drawings. A picture truly was worth a thousand words — language became redundant. Hydraulics were hydraulics, electrical current was electrical current.

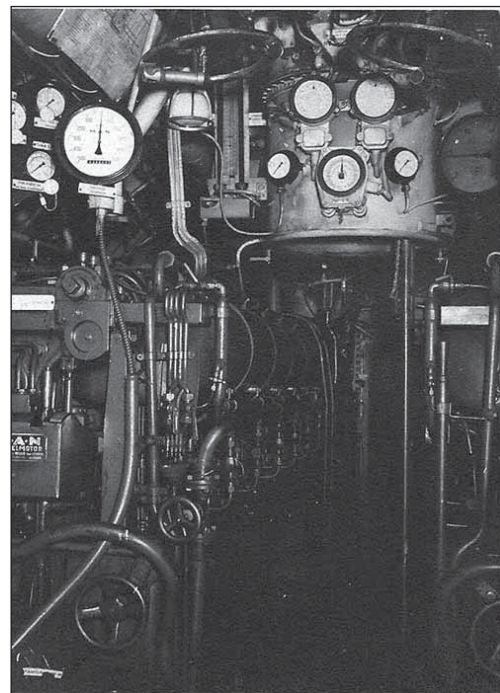


photo submitted

The engine room of the *U-190* submarine as Jim Hawke found it.

Crawling along the control lines with a flashlight and the manual in hand, Jim slowly acquired an understanding of what controlled what. After a few days, the mystery of the German submarine began to unravel. This knowledge in hand, he turned to the main engines which, enemy-conceived or not, he had to admit were masterpieces of technical excellence — two nine-cylinder Man diesels of 460 HP each. Jim knew that diesels behaved like diesels whether they are on a Canadian Navy Fairmile or a German submarine — if fuel is present in the cylinders, they will start up if they can be cranked over. But how do you crank them?

There was an obvious electric generator linked to the engines. Clearly its purpose was to charge the huge bank of batteries below the gratings upon which Jim was standing. By examining the control system, Jim discovered that the current the genera-

(Cont. next page)



photo submitted

Submarine hunter *RCN Fairmile 051* near Gaspé in 1943.

The story of Jim Hawke (cont.)

(Cont. from p. 29)

tor sent in to the batteries could be made to flow back the way it came to drive the generator as a motor. Of course — that was it.

The main diesels can't be used while the submarine is submerged, so they drive the boat with the generator — clever. Poking around a little more, he found levers nearby were a simple dual clutch system that would tie either the main diesels or the electric motor to the drive-shaft. By throwing the clutch to disengage the generator from the drive-shaft, then switch the power back to the generator from the batteries, he found he could return power back from the batteries — and the generator should start up like any electric motor and, being connected to the main diesels, it would crank them over. Bingo.

Checking for current and fuel was again, an elementary task. Just to be sure he had it all right in advance of pushing any buttons, Jim checked and re-checked all the boat's systems. It was fortuitous that he did, for he discovered that the lower control valves associated with the ballast tanks did not seem to be in their correct positions. Hawke thought to himself the valves should be closed.

After consulting with his mates and the engineering officer, they concluded that the German crew had opened the lower dive valves as a parting shot before being taken off the boat. If Jim or any of his mates, by fiddling with the unfamiliar controls, had experimentally opened the upper dive valves, *U-190* would have sunk before they could scramble out of her.

Fortunately, it was a simple enough glitch to put right. Relieved, Hawke locked the valves closed and pronounced *U-190* ready to start up.

The startup was an anti-climax. When the switches were thrown, the generator whined to life like any electric motor. The great diesels cranked over, slowly at first, and then as each cylinder in turn began to fire, sprang to life and ticked over like a great thundering Swiss clock. *U-190* was running and would now be officially commissioned as a vessel of the Royal Canadian Navy. Jim Hawke, who had become resigned to doing his duty "standing waiting" had finally done his bit in the unlikely theatre of the engine room of an enemy submarine.

*...O res mirabilis,
Manducat Dominum
Pauper, pauper, servus, et humis...*

The final verse of the Angelicus floats out over the hushed hall. The audience is captivated by the lyrics and by the brown velvet voice of this fine and gentle man with silvered temples. They cannot know of the bell-bottomed jack-tar with greasy hands, serving his country in the most unlikely way, in a war now fading fast into the realm of the long ago.

When all was shipshape, Jim Hawke and his mates crewed the *U-190* to St. John's where they spent some weeks cleaning her up for the coming tour.

Four experienced submariners from the Royal Navy joined the ship's company there, men whose supercilious attitude soon had them disliked by one and all. Jim was happy to take his discharge from service before the *U-190* set off on her show voyage. She went first to Halifax and then up the St. Lawrence River to Montreal, with stops at Quebec City and a number of other small ports. Upon her

return to the coast it was decided by the Admiralty to use her for a target in a gunnery exercise at sea off Halifax. In retrospect, it was an ill-advised decision, for she would be a remarkable addition to any marine museum today. She didn't last long in what was planned to be a major naval gunnery event. She was struck by the first rocket fired from a supporting aircraft and turned up her bows and sank in 12 minutes. End of game.

Before towing her out to be sunk, they did take the periscope off her and it resides to this day in the Crowsnest, a Canadian Naval Officers' Club in St. John's, now a public historical site.

Jim Hawke, at 90 years of age, works daily in his little machine shop at Madeira Park. He is fit and alert and never without a challenging mechanical project in hand. On the final day I interviewed him, he was fabricating a flexible-shaft polishing outfit for his grand-daughter's jewelry enterprise.



photo submitted

Jim Hawke working in his shop, age 90.



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harbour seals



Note your approval or disapproval.

Send to: editor@harbourspiel.com. Include full name and telephone number for confirmation. (Editor reserves the right to edit for length.)

After-hour Seals to **Anna, the caretaker, at Klein Lake campsite** for letting us out half an hour after the 10 p.m. lockdown.

But the **SCRD** needs a Seal of Disapproval for deciding to put up a gate on the last bastion of redneck camping on the coast and turning it into another Katherine Lake.

Robert Jackson

A sail full of Seals to the **Grasshopper Pub, John Henry's Marina, Rona Sunshine Coast, Oaktree Market, Clayton's Heritage Market, MarketPlace IGA, LaVerne's Grill, Pender Harbour Diesel, Backeddy Pub, Madeira Marina, Garden Bay Marine Service, Garden Bay Pub, Bitter End, UK Sailmaker Northwest, Martin Marine, and Fisherman's Resort** for providing door prizes for the 24th Malaspina Regatta.

David Twentyman
Garden Bay Sailing Club

A great big Harbour Seal of Approval to **all the folks in Pender Harbour whoremember to support the Food Bank.** You are so appreciated. Specifically: **Roosens, Dave from Westons, the Oak Tree boys and Joy, MarketPlace I.G.A. and Marina Pharmacy.**

Thanks also to all the monthly donations through the P. H. Community Church. We have a wonderful village.

Joka, Sheila, Fred, Mary, Doris,
Wendy and Gloria.

Harbour Seals to **all the generous Egmont donors** who dropped off their pennies at the store.

You filled up the clown and brought peanut butter jars full of pennies.

Proceeds of \$69.27 were donated to the St. Mary's Hospital/Health Care Auxiliary.

Vicky Martin
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Pender Harbour Seniors Housing Society Outreach Healthy Meal Program



Meal service will resume Sept. 23.

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All about red meat

By Susan Nattall, RN
(Reference: Nutrition Action Healthletter,
June 2013)

You might want to think twice before you toss that burger or steak on the grill.

Consumption of red meat is associated with coronary heart disease, stroke, diabetes, colorectal cancer and premature death.

Yet, despite all the literature to support these findings, Canadians still eat more red meat than poultry and seafood combined.

Here are six reasons to eat less red meat:

LIVE LONGER

A person who consumes two servings of red meat per day has a 30-per-cent higher risk of dying prematurely than those who eat only a half serving per day.

By decreasing consumption of red meat, we may see a drop in preventable deaths and health problems.

PROTECT YOUR HEART

Red meat accounts for the largest source of saturated fats in an average diet.

Heme iron, nitrates, salt and compounds are created when meats are cooked at a high temperatures.

Carnitine (found largely in red meats) and choline (found largely in egg yolks and liver) create compounds when ingested that have a direct relation to increased risk for cardiovascular disease.

CUT CANCER RISKS

From the National Cancer Institute:

- The risk of colon cancer/rectal cancer increases by 20 per cent for every serving of red/processed meat

August 2013



stock photo

eaten per day.

- Carcinogenic N-nitroso compounds are caused by nitrates used to color and preserve processed meats.
- Meat mutagens are produced when meats are cooked well-done at high temperatures.
- Recommends three servings of red meat per week. Avoid processed meats, notably ham, bacon, salami, hot hogs and sausages.

SKIP A STROKE

Most strokes experienced by Canadians are caused by clogged arteries rather than a ruptured artery or hemorrhage in the brain.

To reduce your risk of stroke you may want to make healthier choices than red meat, such as chicken, fish or nuts.

DODGE DIABETES

Red meats have been linked to an increase in type 2 diabetes.

The accumulation of byproducts

of eating red meats may damage or be toxic to cells that secrete insulin.

PROTECT THE EARTH

How does red meat harm the environment?

The core problem is that growing meat is so inefficient.

In fact, much of North American farming is devoted to growing animal feed instead of food for human consumption.

Red meat production increases water and fuel (transportation) consumption, deforestation and solid waste while it produces methane and nitrous oxide.

Cows emit greenhouse gases.

THE BOTTOM LINE

Eat as little red and processed meat as possible and replace them with beans, nuts, soy-based veggie meats, poultry or fish.

Don't take carnitine, lecithin or choline supplements.



Where *is* that?



1.

- ☐ a. Smail's Pond
- ☐ b. Mixal Lake
- ☐ c. McNeill Lake
- ☐ d. P.H. Landfill



4.

- ☐ a. Lillies Lake
- ☐ b. Klein Lake
- ☐ c. Ambrose Lake
- ☐ d. Hotel Lake



2.

- ☐ a. Mt. Churchill
- ☐ b. Mt. Alfred
- ☐ c. Mt. Albert
- ☐ d. Mt. Rutherford



5.

- ☐ a. Egmont waterfront
- ☐ b. Former M.P. hwy's yard
- ☐ c. Kleindale roadside
- ☐ d. Whiskey Slough dock



3.

- ☐ a. Katherine Lake
- ☐ b. Homesite Creek
- ☐ c. Klein Lake
- ☐ d. Pender Harbour Resort



6.

- ☐ a. Garden Bay Lake
- ☐ b. Lee's Bay
- ☐ c. Skookumchuck
- ☐ d. Baker Beach

Answers: p. 42

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

How dry I am. . . and proud of it

by Jim Rutherford

(This article originally appeared in the August 2007 issue of the *Harbour Spiel*.)

In my last water bill from the SCRD, there was a great little pamphlet on water-wise gardening.

It gave tips for planting water-smart landscapes on the Sunshine Coast and though the plant list was limited, it was a good starting point.

Just driving and looking along the roadsides will give you valuable plant suggestions as those plants and shrubs are never artificially watered.

Most people like some colour in their garden so here are some ideas.

Ceanothus (California lilac) is found throughout North America with more beautiful species in California, near the coast.

It's easily grown, flowering in late spring to early summer, but susceptible to wet in summer so shouldn't be irrigated.

It's fast-growing, but short-lived and can be killed by a severe winter so it's fall sun for this one.

These California lilacs grow in upright to low-creeping forms.

Hypericums (St. John's Wort) are a wide family of yellow blooming plants, often used for ground cover.

To encourage fresh green growth, weed-whack it down in the spring and it will re-grow from the base.

Any soil will do and the shadier the location, the less bloom you'll get.

Ground covers like ajuha and bugle help to stop soil transpiration and can easily be refreshed or controlled with light line in your weed-eater.

Blue is the usual flower colour but there are white and pink varieties.

Any reasonable soil will do and it thrives in sun or partial shade.

All your Achillea (yarrow) will



stock photo

Yarrow (*Achillea millefolium*) thrives in dry conditions

take it dry but be careful with tansy because it can be invasive.

When you attempt a rock slope (and we sure have them here) or a rock retaining wall, grass knows best.

In other words, if you see a weed or grass sprout, then you know there is some moisture.

Pull out the weed and plant.

A helpful technique is to bring in as much soil as you can and use sheet moss (sphagnum) to shade the soil

Cut old coat hangers into hair-pins to pin the moss and plant into the soil before watering.

Lavendula, plain old lavender, can't be beat.

Shape it up with your grass shears, after you've harvested the flowers, when they're not fully open.

You can string bunches up to dry

or lay them out loosely.

English lavender is best as the French and Spanish varieties can't take the wet or cold winters.

Campia (silene), lupine and fox-glove are all self-seeding in borders or rockeries.

In general, all hairy-leaved and grey-foliaged plants, like dusty miller, are tolerant to dry conditions.

That said, some watering will be needed for the first couple of seasons.

After that, it's live or die.

Some people don't like how sword fern's fronds brown off over the winter so they don't use them in dry woodland or margin areas.

For fresh lush new growth, cut all the fronds to the ground in early spring while new fiddleheads are forming.

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Skookumchuck viewing times August

DATE/TIME - SIZE (small, medium, large, extra large),
EBB (-), FLOOD (+) - Standing wave is best on large
flood (tide flowing into Sechart Inlet).

Aug. 1	8:30 am -L, 2:53 pm +L
Aug. 2	9:24 am -L, 3:45 pm +XL
Aug. 3	10:10 am -L, 4:40 pm +XL
Aug. 4	10:48 am -XL, 5:24 pm +XL
Aug. 5	11:14 am -XL, 6:00 pm +XL
Aug. 6	11:28 am -XL, 6:20 pm +XL
Aug. 7	11:51 am -XL, 6:46 pm +XL
Aug. 8	12:22 pm -XL, 7:01 pm +XL
Aug. 9	1:01 pm -L, 7:20 pm +XL
Aug. 10	1:46 pm -L, 7:43 pm +XL
Aug. 11	8:23 am +L, 2:28 pm -L
Aug. 12	9:23 am +L, 3:25 pm -M
Aug. 13	10:31 am +L, 4:42 pm -M
Aug. 14	11:48 am +L, 5:52 pm -S
Aug. 15	1:10 pm +L, 7:03 pm -S
Aug. 16	2:26 pm +L, 8:11 pm -S
Aug. 17	7:33 am -XL, 3:30 pm +XL
Aug. 18	8:43 am -XL, 4:24 pm +XL
Aug. 19	9:46 am -XL, 5:09 pm +XL
Aug. 20	10:44 am -XL, 5:47 pm +XL
Aug. 21	11:41 am -XL, 6:24 pm +XL
Aug. 22	12:25 pm -XL, 6:44 pm +XL
Aug. 23	1:11 pm -XL, 7:16 pm +XL
Aug. 24	7:44 am +L, 1:58 pm -L
Aug. 25	8:42 am +L, 2:55 pm -L
Aug. 26	9:42 am +L, 3:43 pm -M
Aug. 27	10:47 am +L, 3:43 pm -M
Aug. 28	11:56 am +L, 5:35 pm -M
Aug. 29	1:05 pm +L, 6:50 pm -S
Aug. 30	7:09 am -L, 2:07 pm +L
Aug. 31	8:17 am -L, 3:10 pm +L

These are estimates only and not intended for navigation.

BIRTHDAYS

Aug. 1: **Linda Drought, Kelly Marko, Edith Hubbard** and **Jen Hardwick**.
 Aug. 2: **Enya Delaney** and **Jessica "Lu-Lu" Kammerle**.
 Aug. 4: **Kathleen White, Daniel White, Carol Reid, Jessica Sutherland** and **Gloria Keene**.
 Aug. 5: **Genevieve Patterson** and **Bill Purnell**.
 Aug. 9: **Shirley Adams**.
 Aug. 10: **Bryan Clerx** and **Norma Martin**.
 Aug. 12: **Mary White** and **Helga Morin**.
 Aug. 13: **Peter Kenny**.
 Aug. 15: **George Huey** and **Daryl Percival**.
 Aug. 16: **Paul McKimm, Anna-Maria Massullo** and **Justin Tiefenbach**.
 Aug. 17: **Bob Forsyth**.
 Aug. 18: **Charles Dougan**.

Aug. 20: **Jim Barnet, June Reeder, Glen Spencer, Helga Thiele** and **Rachel Wilson**.
 Aug. 21: **Joyce Fowler, Kory Francis, Shelley Clay** and **Klisala Harrison**.
 Aug. 22: **Buzzard Edwardson**.
 Aug. 23: **Kelly Reid**.
 Aug. 25: **Rory Percival**.
 Aug. 27: **Warne Clay** and **Kailee Yablonski**.
 Aug. 28: **Wilma Thompson, Mike Ough** and **Brent Metcalfe**.
 Aug. 29: **Steve Adamson** and **Karen O'Leary**.
 Aug. 30: **Ruth King, Donna Hobson, Megan Bathgate** and **Barbara Loftin**.
 Aug. 31: **Eric English, Bryce Higgins, Corinne Gamble** and **Lillea Hohn**.

AUGUST ASTROLOGY

LEO: JULY 23 – AUGUST 23

Lions are idealists and romantics, honourable and loyal. Always individualistic, they are usually stylish, charismatic and flamboyant. You could be feeling restless and less than co-operative when the wilful Sun crashes into a stressful square with high-frequency Uranus. This nervous tension shakes up a partnership and might help you to make some overdue changes. If you feel stuck with someone or simply stuck in your own life, taking a radically different approach to connecting and relating could provide the romantic breakthrough you need. If not, wait for it again next year.

VIRGO: AUGUST 24 - SEPTEMBER 23

Virgos value knowledge highly. They make good teachers and advisers while avoiding positions of high power. Often shy, Virgos hide their sensitivity under a self-controlled surface and overt sexual delinquency. Avoid over-thinking issues when it's really your feelings that know the right way to repair a relationship or connect with someone new. But don't trust your feelings when drinking daiquiris or port.

OF AUGUST

AGE OF PROTECTION (CONSENT) LAW

The following is taken from an attachment from the minutes of a recent SCRD Sunshine Coast policing committee meeting that aimed to clarify the law surrounding the age of consent in Canada.

WHERE A YOUNG PERSON IS AGED 12 OR 13 YEARS:

The young person may have sexual contact with a person who is within 2 years of their age provided:

- There is consent.
- The sexual partner is not in a position of trust or authority.
- The sexual partner is not in a relationship with the young person that is exploitative.
- The young person is not in a relationship of dependency with the sexual partner.

WHERE A YOUNG PERSON IS AGED 14 OR 15 YEARS:

The young person may have sexual contact with a person who is within 5 years* of their age provided:

- There is consent.
- The sexual partner is not in a position of trust or authority.
- The sexual partner is not in a relationship with the young person that is exploitative.
- The young person is not in a relationship of dependency with

the sexual partner.

*The young person aged 14 or 15 years may have sexual contact with an older person to whom they are legally married.

WHERE A YOUNG PERSON IS AGED 16 OR 17 YEARS:

The young person may have sexual contact with any person provided:

- There is consent.
- The sexual partner is not in a position of trust or authority.
- The sexual partner is not in a relationship with the young person that is exploitative.
- The young person is not in a relationship of dependency with the sexual partner.

Note:

~ If a suspect claims to have had a mistaken belief that a young person was older, refer for further investigation.

~ If the young person 12-18 has a disability, refer for further investigation.

AUGUST WEATHER

TEMPERATURES (MERRY ISLAND)

Our average August daily high temperature is 21 C and our average daily low is 14.6 C, giving us a mean daily temperature of 17.7 C. August averages 22 days with temperatures above 18 C, and the highest August temperature recorded is 32.2 C (Aug. 4, 1961); the lowest is 8.9 C (Aug. 18, 1973).

PRECIPITATION (MERRY ISLAND)

August averages seven days with rainfall and a total of 38.1 mm for the month (the lowest of the year). The highest daily rainfall recorded in August was 42.4 mm (Aug. 4, 1962). August has an average of 275.3 hours of bright sunshine.

Did you know?

That 45% of applications for a Pardon are rejected. The average processing time is less than 3 months for summary offences and 12 months for indictable offences. The parole board's fee is \$631.

Persons convicted of indictable offences must be crime-free for 10 years (5 years for summary offences).



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A novel probing the value of life and our responsibility to it



By Theresa
Kishkan

One of the stories woven into Theresa Shea's debut novel, *The Unfinished Child* (Brindle & Glass), is that of Margaret who gives birth to a girl with Down syndrome in Edmonton in 1947. Margaret and her husband Donald are given almost no time to consider whether or not they will take Carolyn home with them. The attending doctor



recommends the infant be admitted to Poplar Grove Provincial Training Centre where he assures them the child will receive the care she requires.

Margaret has some doubts that this is the best course for her new baby but she agrees to it. Her husband consoles her. "It's not anybody's fault," he said. "If the doctor says Poplar Grove is the right place for her, then we have to trust him. Those places must exist for a reason."

The second narrative, skilfully paired with Margaret, Donald, and Carolyn's story, involves two friends, Maria and Elizabeth. It's 2002 and Elizabeth has given up trying to conceive a child after years of fertility treatments. Maria, the mother of two preteen girls, has just learned she is pregnant and she isn't exactly happy about it. Nearly 40, she knows the pregnancy comes with some risks and her doctor has recommended amniocentesis.

I recently read Andrew Solomon's extraordinary book, *Far From the Tree: Parents, Children and the Search for Identity* (Scribner) in which he examines difference. He defines two ways our identity is shaped: religion, race, language and nationality form our vertical identity, the one we share with our family; and physical, mental, or social traits (disabilities or differences) form our horizontal

identity.

"Vertical identities are usually respected as identities," writes Solomon. "Horizontal ones are often treated as flaws." By interviewing families coping with autism, dwarfism, schizophrenia, Down syndrome, disability, deafness, child prodigy, transgender issues, criminality and children born of rape, he disabuses the reader of notions that these are conditions that ultimately should be "fixed."

"Fixing is the illness model," he says. "Acceptance is the identity model."

I kept thinking of Solomon's thesis as I read *The Unfinished Child*. Parents want to do the best thing for their offspring and yet can we ever know what that might actually be? The anguish that Margaret suffers, particularly after she begins to visit Carolyn regularly in the terrible place she unknowingly committed her to at birth, is different from the anguish that Elizabeth and Marie suffer later as they grapple with both infertility and the ethics of terminating a pregnancy. Or is it? Can we ever know the true value of a life and our responsibility to it?

In 1968, the ethicist Joseph Fletcher wrote in the *Atlantic Monthly* that there was "no reason to feel guilty about putting a Down syndrome baby away, whether it's 'put away' in the sense of hidden in a sanatorium or in a more responsible lethal sense. It is sad, yes. Dreadful. But it carries no guilt. True guilt arises only from an offence against a person, and a Down's is not a person." How times have changed! We've come some distance to provide children with Down syndrome with many more opportunities to develop and flourish. They were integrated into schools; families

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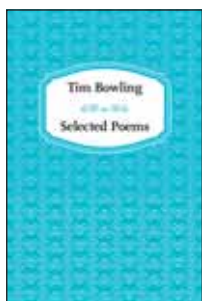
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were given more (if not enough) assistance in helping their children to achieve meaningful lives. A society should be judged by the compassion it shows to its most vulnerable members.

The Unfinished Child is a powerful novel in which well-drawn characters struggle with difficult problems. The reader is left with sympathy for them all, even if their solutions are not the ones we might choose.



Theresa Shea launched her novel on the Coast recently by reading in Gibsons with her husband Tim Bowling. Tim is the author of 10 collections of poetry, four

novels, and two works of non-fiction. His new *Selected Poems* (Nightwood Editions) is a beautiful sampling of this fine writer's body of work.

He was raised in a fishing family in Ladner. Bowling's is a world of water, fish, sloughs, and seabirds. An early poem, "Steelhead, Spawning," takes us into his rich geography.

What we dreamed of when young, but never found,

comes in with the tide tonight. What we loved,

but lacked the will to pursue, moves swiftly in the mouth. Beautiful ghost...

Memory, mortality, and the great journey from childhood to fatherhood, from the past to the present moment, from a world beautiful with possibility to the practical work of daily life — these are the abiding concerns of the poems in this book. The voice is lyrical and elegiac:

The little ladder of the songbird's heartbeat we climbed a hundred times a day —

August 2013

it disappeared so fast...

These poems are rooted in the world of the senses and the heart and there is nothing ordinary about them. A poem inspired about his family's beekeeping history draws this parallel between hives and human communities:

The door opens. Blue sky. The ceaseless hum of the world, honey dripping off the walls, flowing at your feet, flowers throbbing,

you're bumped along by the urgency and hunger

of something that takes no notice of your particular self.

Bowling's eye and ear are true; they find what they love. He is a poet to trust and to travel with. He won't let you down.

BC Bestsellers:

(For the week of July 21, 2013)

1. **Raven Brings the Light** by Roy Henry Vickers and Robert Budd
2. **Sea Salt** by Alison Malone Eathorne, Hilary Malone, Lorna Malone and Christina Symons
3. **The Girl with No Name** by Marina Chapman with Lynne Barrett-Lee
4. **A Field Guide to Birds of the Pacific Northwest** by Tony Greenfield and Penny Hall
5. **Eating Dirt** by Charlotte Gill
6. **Craft Beer Revolution** by Joe Wiebe
7. **They Called Me Number One** by Bev Sellars
8. **Tails Don't Lie** by Adrian Raeside
9. **Emily Carr Collected** by Ian M. Thom
10. **Just Ask Wim!** by Wim Vander Zalm

~ Assn. of Book Publishers of BC

NEW COASTAL STORIES from HARBOUR PUBLISHING



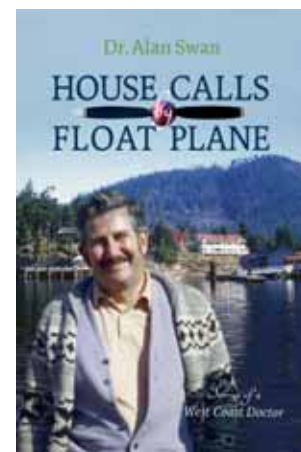
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it might have happened...

Wei Hsu: The first non-native resident of Pender Harbour



Vague recollections have persisted for many years that the first non-native person to live in Pender Harbour was a Chinese man who operated a fish saltery in Irvines Landing.

Before Charles Irvine landed here and lent his name to the stretch of beach at the western entrance to Pender Harbour, a family named Hsu had settled there in 1873.

The historic events depicted here are loosely based on the author's own imagination and should not be interpreted as fact — unless it suits the reader to do so.

By Anne Crocker

PART XXXVII ~ 1885

(Continued from Harbour Spiel, July 2013 issue)

By the time Wei Hsu returned to Pender's Harbour from Victoria with the news that he didn't own title to his land, he was crushed.

After overcoming the shock of his wife's departure the previous fall, the news of losing his home and 12 years of work just thrust him deeper into a narcotic-fuelled depression. Mary's diary entries give surprisingly little hint of the anger she must have felt at Charles Irvine's betrayal. Instead, her writing was focused on her deep concern for her father's deteriorating health.

Two weeks after Wei Hsu returned home, Charles Irvine arrived as well. This time he was accompanied by another boat with two members of the BC Constabulary. Irvine explained they were there to peacefully enforce the eviction of Wei Hsu and Mary from his land.

It's believed that prior to their leaving the property, Mary Hsu struck a deal with Irvine that was just slightly better than his original low-ball offer for their home and business. Irvine had probably hoped a generous offer on his part would ensure a peaceful handoff, but it wasn't to be.

At some point during the departure from their home, there was a scuffle. All that is known is that Wei Hsu suffered a blow to the head. Whether the resulting concussion magnified damage from his earlier head injury or it was the

depression into which he'd already sunk, Wei Hsu never recovered.

Qwuní and Lucy helped move the two of them into the shack on the Skardon Islands that was once occupied by Inix and Smaqma. There, Mary cared for her ailing father for a couple of years before he died in the winter of 1888. Wei Hsu was 48 years old.

Mary wrote that they buried her father according to what she understood to be the proper Chinese custom, on an "... island at the enters (*sic*) of Pender's Harbour."

Epilogue

In *Bright Seas*, *Pioneer Spirits*, Betty Keller and Rosella Leslie write that when the first tourists arrived at Irvines Landing by Union Steamship on July 18, 1891, "There was already a wharf, a store-cum-post office and a hotel of sorts waiting for them."

Charles Irvine possessed the capital required to develop Irvines Landing into the coastal hub it soon became and along the way introduced visitors to Pender Harbour and encouraged many of them to settle. If it wasn't for Charles Irvine and the shrewd business strategies he used in acquiring the property at Irvines Landing, Pender Harbour may never have come to exist as we know it today.

But Irvine's success marked the closing of another story, that of the Hsu family. After her father died, Mary Hsu seemed to bury the animosity she held towards Charles Irvine and began working for him. She helped with early

it might have happened...

construction and decorating of the new buildings and later tended the store while also taking care of much of the cleaning required.

In 1895 Mary Hsu left Pender Harbour and moved to Texada Island. There she worked cooking and cleaning at various mining outfits at the island's north end. She owned a small sail/row boat and often made the trip across to Pender Harbour alone to visit her mother, Qwuní and her half-brother, Jimmy.

At some point, Mary Hsu moved to Nanaimo where she died in 1926 at the age of 62.

Mary Hsu didn't marry but was fortunate to have maintained a close friendship with a woman she worked for in Nanaimo. After Mary died, her friend preserved many of the paintings and the diaries that she had kept over the years. Were it not for this person recognizing the value in Mary Hsu's assorted belongings, we would have even fewer details about the story of the first non-native family to settle in Pender Harbour.

Even now, all we can say with certainty is that it might have happened.

The end.



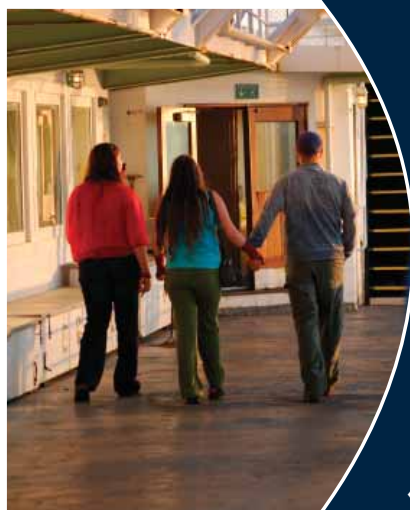
Artwork courtesy of Hsu family archives

Painted in the spring of 1885, this is the last known painting Mary Hsu made of her home at what was to become Irvines Landing.

AUGUST

Fri. Aug. 2-3.....Russell Marsland (two nights) - Garden Bay Pub, 8 p.m.
 Sun. Aug. 4.....Sunday Jam with Mark Vance and Russell Marsland - Garden Bay Pub, 2 p.m.
 Mon. Aug. 5.....P. H. Food Bank pick up - P. H. Community Church, noon
 Thurs. Aug 8-10.....Steve Kozak's West Coast All-Stars (3 nights) - Garden Bay Pub, 8 p.m.
 Fri. Aug. 9.....School of music Coffee House - P. H. School of Music, Doors: 7 p.m., Music: 7:30 p.m.
 Sun. Aug. 11.....Annual Four Lakes 3K/10K running race - Katherine Lake Park, 9 a.m.
 Sun. Aug. 11.....Pender Harbour Show & Shine - Garden Bay Pub, all day
 Sun. Aug. 11.....Sunday Jam with Joe Stanton - Garden Bay Pub, 2 p.m.
 Mon Aug. 12.....P. H. Seniors Initiative lunch club - West Coast Wilderness Lodge, 11:30 a.m.
 Tues. Aug. 13.....P. H. Seniors Initiative bus trip - Sunshine Coast Botanical Gardens, 10:15 a.m. - 2 p.m.
 Thurs. Aug. 15.....Great Outdoor movie Event - Hackett Park (Sechelt), dusk
 Thurs. Aug. 15-17.....This is the Shoes (three nights) - Garden Bay Pub, 8 p.m.
 Sun. Aug. 18.....Sunday Jam with Larry Cook & Bluesmasters - Garden Bay Pub, 2 p.m.
 Mon. Aug. 19.....P. H. Food Bank pick up - P. H. Community Church, noon
 Wed. Aug. 21-24.....Ray O'Toole (four nights) - Garden Bay Pub, 2 p.m.
 Sun. Aug. 25.....Sunday Jam with Peter Van B3 - Garden Bay Pub, 2 p.m.
 Mon Aug. 26.....P. H. Seniors Initiative lunch club - Pebbles Restaurant, 11:30 a.m.
 Wed. Aug. 28-31.....Jerry Yuzon (four nights) - Garden Bay Pub, 8 p.m.
 Thurs. Aug. 29.....*Harbour Spiel* September issue delivery

Harbour Spiel Trivia Answers: 1.d 2.a 3.b 4.c 5.a 6.d



FERRY DEPARTURES

~ Effective June 26 to September 2, 2013 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.
 See www.bcferries.com for information on added sailings during peak periods.

Horseshoe Bay

7:25 a.m.
 9:00 a.m. (Sat. only)
 9:40 a.m.
 11:10 a.m. (Sat. only)
 12:00 p.m.
 ♦ 1:35 p.m.
 2:15 p.m. (Daily except Sat.)
 ♣ 3:45 p.m.
 4:30 p.m. (Daily except Tues. & Wed.)
 5:50 p.m. (Daily except Sat. & Sept. 1)
 6:35 p.m. (Daily except Tues. & Wed.)
 ☉ 7:55 p.m.
 8:40 p.m. (Daily except Tues. & Wed.)
 9:50 p.m. (Tues. & Wed. only)
 10:35 p.m. (Daily except Tues. & Wed.)

Langdale

6:20 a.m.
 7:55 a.m. (Sat. only)
 8:30 a.m.
 10:05 a.m. (Sat. only)
 10:50 a.m.
 ♦ 12:30 p.m.
 1:05 p.m. (Daily except Sat.)
 ♣ 2:40 p.m.
 3:25 p.m. (Daily except Tues. & Wed.)
 4:45 p.m. (Daily except Sat. & Sept. 1)
 5:30 p.m. (Daily except Tues. & Wed.)
 ☉ 6:55 p.m.
 7:35 p.m. (Daily except Tues. & Wed.)
 8:55 p.m. (Tues. & Wed. only)
 9:40 p.m. (Daily except Tues. & Wed.)

Earl's Cove

6:20 a.m. (July 3 only)
 8:15 a.m.
 10:35 a.m.
 12:50 p.m.
 3:10 p.m.
 5:35 p.m.
 7:40 p.m.
 9:35 p.m.
 11:25 p.m.

Saltery Bay

5:25 a.m. (July 3 only)
 7:15 a.m.
 *9:25 a.m.
 11:40 a.m.
 2:00 p.m.
 4:30 p.m.
 6:40 p.m.
 8:35 p.m.
 10:30 p.m.

♦ Mon, Thurs, Fri, & Sat. only.
 ♣ Tue, Wed, Fri, Sun and Aug. 5 & Sept. 2 only (excluding Aug. 30 & Sept. 1)
 ☉ Tue, Wed, Sun only (excluding Jun 30, Aug 4 & Sept. 1)

* Daily except July 3 (BC Bike Race)

"The future ain't what it used to be."

~Yogi Berra

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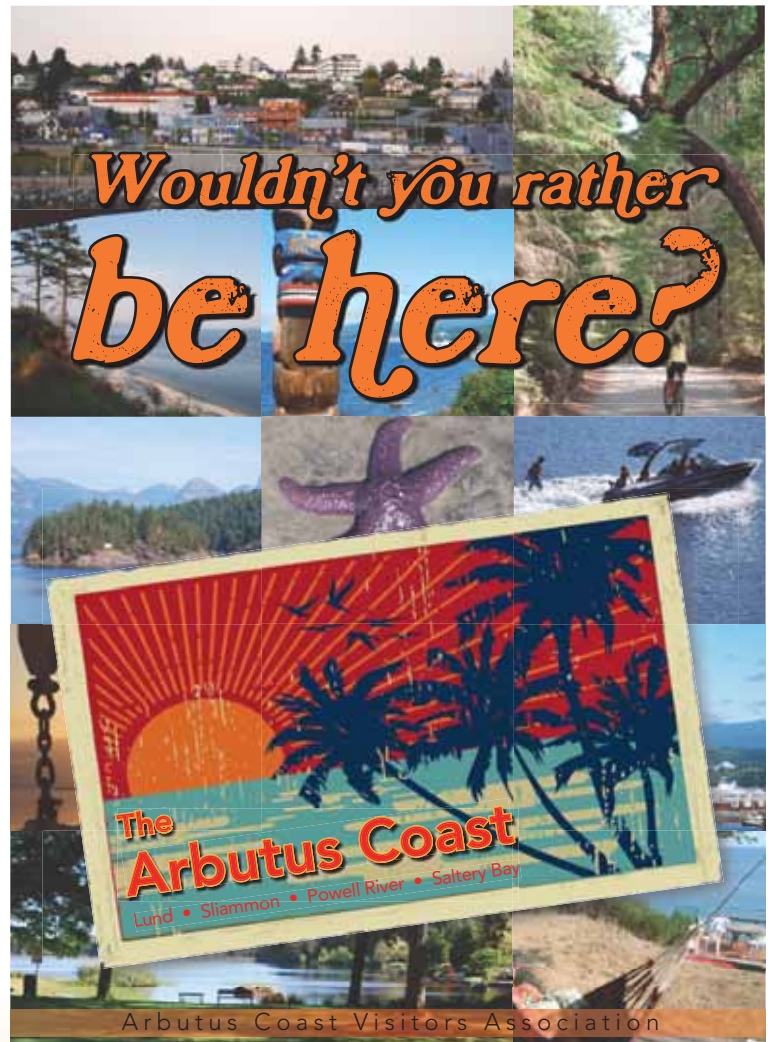
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AUGUST MUSIC:

AUG. 2: Russell Marsland (8 pm)
AUG. 3: Russell Marsland (8 pm)
AUG. 4: SUNDAY JAM Mark Vance w/ Russell Marsland (2 pm)
AUG. 8: Steve Kozak's West Coast All-Stars (8 pm)
AUG. 9: Steve Kozak's West Coast All-Stars (8 pm)
AUG. 10: Steve Kozak's West Coast All-Stars (8 pm)
AUG. 11: SUNDAY JAM Joe Stanton (2 pm)/P. H. Show & Shine
AUG. 15: This is the Shoes (8 pm)
AUG. 16: This is the Shoes (8 pm)
AUG. 17: This is the Shoes (8 pm)
AUG. 18: SUNDAY JAM Larry Cook & the Bluesmasters (2 pm)
AUG. 21: Ray O'Toole (8 pm)
AUG. 22: Ray O'Toole (8 pm)
AUG. 23: Ray O'Toole (8 pm)
AUG. 24: Ray O'Toole (8 pm)
AUG. 25: SUNDAY JAM Peter Van B3 & guests (2 pm)
AUG. 28: Jerry Yuzon (8 pm)
AUG. 29: Jerry Yuzon (8 pm)
AUG. 30: Jerry Yuzon (8 pm)
AUG. 31: Jerry Yuzon (8 pm)

Pender Harbour Show & Shine: August 11

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