

This publication was produced with care with regards to transmission of the COVID-19 virus. Details on p. 8.

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HARBOUR SPIEL

May 2020
Issue 353





Covid-19 Shopping Protocols



If you have **symptoms** related to Covid-19, please **do not enter** our facilities.

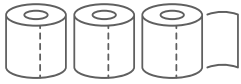
One way signs are placed throughout the store to allow a safe shopping experience.



We are **limiting the number of customers** in our store to help with **social distancing**.



Social distancing is required 2 metres (6 ft).



Due to high demand, **quantity limits** apply to certain items.



We have implemented **an hourly cleaning regime**.



We no longer accept **re-useable bags**.



Please **use credit or debit** to ensure the safety of staff and community.

If you're able to shop in-store please do so as that will allow those **individuals most vulnerable** in our community the **opportunity to shop online**.

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EDITOR

Brian Lee

CIRCULATION (1,700)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Leonard Lee, Nigel Horsley, Robert Livingston, Roslyn Mundy and Shane McCune.

COVER

A final design and artistic rendering of PODS' accompanied a major funding announcement, see p. 6. (Jeremiah Deutscher illustration)

ADVERTISING

Please reserve by the 15th of the month prior to publication. Advertisers make publication of the *Harbour Spiel* possible — please say thank you, and support our community, by supporting them.

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June issue: May 28
(Ad bookings by May 15.)

editorial

When lemons are all you got



Brian Lee

At the risk of being mistaken for one of those hoo-raw, “we’ll get through this thing together” types, I’m taking some hope during this mess from how local organizations and businesses have been creatively adapting to the chaos.

So much of our daily regimen involves personal contact.

Without it, what are we left with?

An organization like the Pender Harbour Community School couldn’t be blamed if, after cancelling much of their programming, they shut down indefinitely.

Instead, they quickly shifted focus to consider how they could continue to fulfill community needs.

One example of this resourcefulness, they are encouraging and facilitating access to online training for resume-boosting courses like Food-safe and Serving it Right.

After sclerositizing our livers with quarantinis for the last month and a half, many are now looking ahead to a time when employers rehire and are looking for a competitive edge.

Prior to the coronavirus, those who are especially vulnerable, seniors, benefitted from physical and social programs administered by the Pender Harbour Seniors Initiative.

After gatherings were prohibited, the PHSI launched a campaign to provide tools for seniors to cope in isolation — ideas to pass time or maintain social contacts can be found on p. 31.

The non-profit Pender Harbour Area Residents Association really stepped up to produce an online guide of COVID-19 related material.

Already busy with challenging files like responding to the proposed renaming of Madeira Park, PHARA

volunteers compiled what may be the most comprehensive resource of COVID-19 related tools anywhere.

Protocols to access services at the P. H. Health Centre, a link to the BC government’s coronavirus self-assessment tool and even open burning ban updates (recently extended to June 15) can all be found at phara.ca.

There is also a very complete list of local shops and services — which are closed and which are open.

According to the website, as of April 25, two restaurants are still serving takeout — Aqui Es Mexican Restaurant and Mamas Japanese Kitchen.

Folks who can’t afford food or essentials can access helpful contact information on the site.

It also hosts an emergency food drive for the P. H. Food Bank which is busier than any time in its history.

Our food bank formerly offered service every second Monday.

Now they’ve gone weekly — twice per month for Pender Harbour clients and, alternating weekly, twice per month for Egmont clients.

But no one has been forced to adapt creatively more than those who can’t hide from the virus — retail and health professionals.

Extra attention to cleaning, personal protection and herding us cats through ever-changing protocols has greatly added to their workloads.

Because many of us are locked away, it’s easy to ignore the amount of work and creative energy being exhausted right now.

As we begin to relax restrictions in the coming weeks, signs indicate that we may need to mine this adaptive spirit for another year, or two.

It should be seen as encouraging then that, so far, our community has excelled at it.

covid-19 emergency contact details

IF YOU ARE EXPERIENCING POSSIBLE COVID-19 SYMPTOMS

The Sunshine Coast COVID physician task force and Vancouver Coastal Health operate a “respiratory assessment” clinic that runs seven days a week from 8:30 a.m. to 4:30 p.m. until this crisis is over. With new testing recommendations in place, the **Respiratory Assessment Clinic is now able to assess and test anyone on the Sunshine Coast who develops possible COVID-19 symptoms.**

Fever, cough and difficulty breathing remain the most common symptoms, but COVID-19 infection can also include a new runny nose, a sore throat, muscle aches, chills, headaches, fatigue, nausea, vomiting and/or diarrhea. If you develop any of the above symptoms, please call your family doctor or contact the Respiratory Assessment Clinic directly for further assessment and testing (if indicated). Most of the time this will be on the same day. Anyone who is seen at the clinic will also receive a follow-up phone call or appointment within 24 to 48 hours. The RAC operates on an appointment basis only and will not see walk-in patients. Call or text (604) 740-1252 or email coastrespclinic@gmail.com.

IF YOU REQUIRE HOSPITALIZATION

If you need to go to the hospital, and are able to travel safely to the hospital, call (604) 885-2224 and let the emergency room staff know you are coming and to receive instructions.

IF YOU REQUIRE TRANSPORTATION TO THE HOSPITAL

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photojournal



Brian Lee

Local conspiracy enthusiasts were forced to take time off from postulating theories about China and the coronavirus after what looked to be a rocket ship was photographed launching from the vicinity of Sechart Inlet on April 6. Photo taken from Ruby Lake looking southeast.



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Health centre welcomes new chief operating officer

The board of the Pender Harbour and District Health Centre recently announced the hiring of Susann Richter who will assume the position of chief operating officer.

Richter replaced Rick McDonald last month who held the position for 12 years.

Richter moved to the Sunshine Coast in 2002.

Richter is a criminal litigation lawyer who spent much of her career working in the mental health and substance use services.

She worked with clients in Vancouver's Downtown Eastside where she said it became clear to her that most people's journey in the justice system was driven by mental illness and addiction.

In 1997 she put her legal training

to work with the health authority and the City of Vancouver to help develop low barrier facilities and services, including Insite (the first supervised injection site in Canada), the Downtown Community Court and other health related facilities.

Richter most recently managed mental health and substance use services for Sunshine Coast region of Vancouver Coastal Health.

From a PHHC statement:

"She has a strong belief that community involvement and partnership across the determinants of health is key to a healthier community and healthier individuals.

"In her life outside of work, you may also see her out and about, performing original songs and playing keyboards and accordion."



submitted

Susann Richter took over as chief operating officer at the Pender Harbour Health Centre in April. She replaces departing COO Rick McDonald.

rcmp news

FOUND PROPERTY

A kayak was located March 30 in the water north of Silver Sands in Madeira Park.

To claim, called the RCMP with a description (file no. 2020-1989).

THEFT OF ATV

Sometime in the early hours of April 1, a late 1990s Honda 300 ATV, dark green in color, was stolen from the 10000 block of Lost Lane in Halfmoon Bay.

It is believed the ATV was pushed off the property and then onto a truck waiting in the area.

If anyone has any information regarding this theft please call the Sunshine Coast RCMP at (604) 885-2266 or CrimeStoppers at 1(800) 222-8477. (file no. 2020-2041).

THEFT

Sometime between April 5 and 8, a suspect stole a large supply of building materials from a property in the 13200 block of Kammerle Road, Garden Bay.

The stolen items include 18 pieces of 2 x 6 x 20-inch wood planks, 23 pieces of 3/4-inch plywood, and 21 pieces of 2 x 6 x 10-inch wood planks.

Anyone with any information

about this theft is asked to contact RCMP (file no. 2020-2315).

BREAK AND ENTER

On April 10, break and enters were reported at two separate cabins on Thormanby Island.

The suspect smashed windows and breached doors to gain entry and stole paint guns and Bluetooth speakers.



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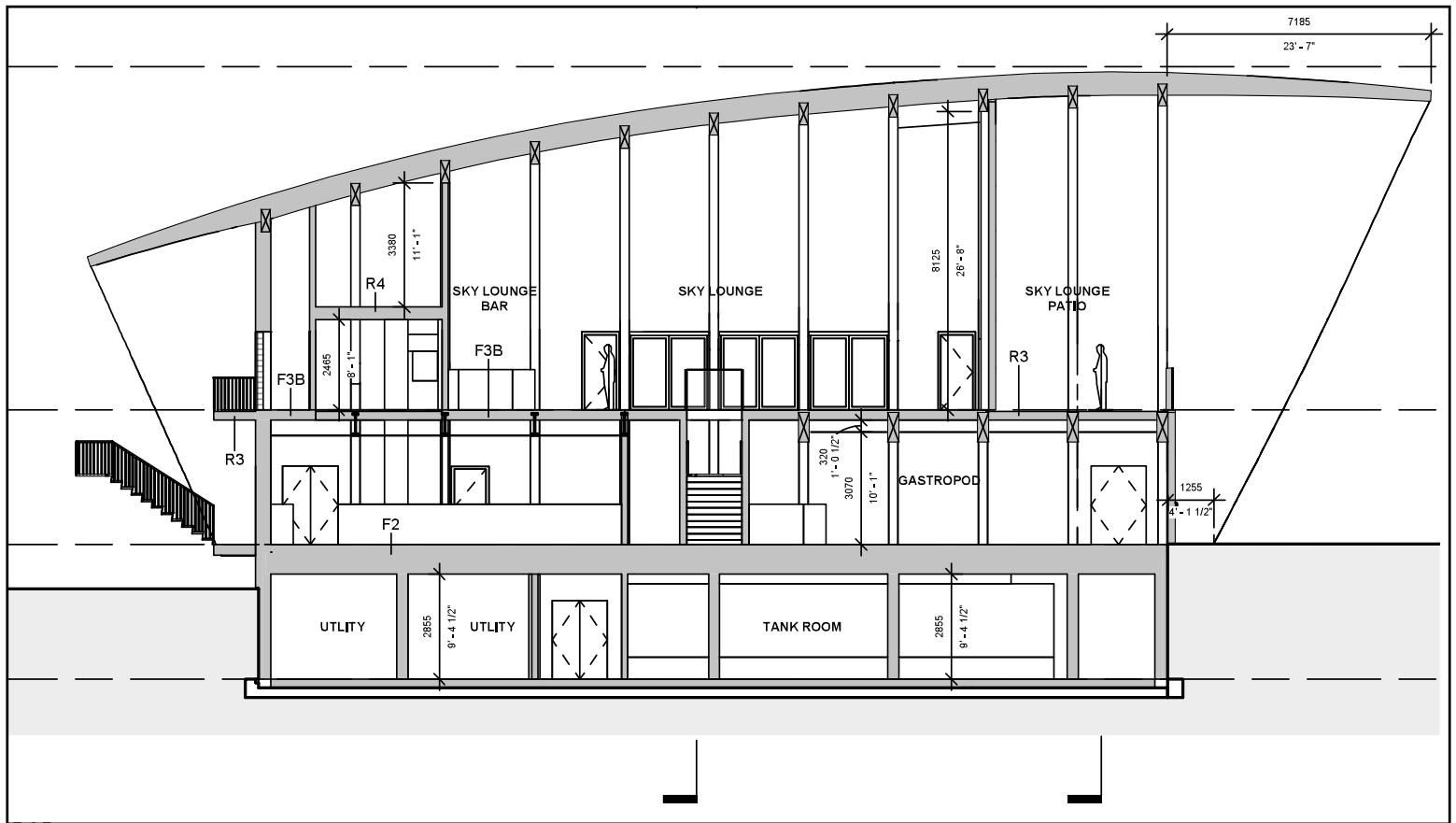
The equipment and the man power to get the job done

604.883.2154 kerentinc@gmail.com

“We are still actively fundraising for additional capital as well as educational program and operational costs



Along with this funding announcement, Jackson told the *Harbour Spiel* that their “final” plans for PODS’ Irvines Landing site no longer include a 200-seat auditorium and a double level parking garage.



Jeremiah Deutscher/Deutscher Architecture Inc.

A longitudinal section of one of the three pod-like structures planned for the Irvines Landing site. The 'Gastropod' will be the pod closest to Irvines Landing Road and will house, among other things, a bar and restaurant.

The revised plan shows a ground level parking area located where the auditorium previously sat.

Instead, the auditorium will be built elsewhere.

Though they have yet to settle on a site, Jackson said the decision to relocate the auditorium came partially from listening to concerns of residents about the traffic load around Garden Bay and, financially, it made sense.

"The underground parking was very expensive — it was around \$7 million," said Jackson.

But Jackson said it also makes sense to locate the auditorium near shops, restaurants and accommodation providers.

Work will begin on the PODS site late this year but Jackson said he

doesn't expect work to begin on the auditorium for another two years.

"It's almost a bit of a separate project and the great thing about the auditorium is that it qualifies for arts funding," said Jackson.

"Governments and foundations in the art world tend to give money for buildings whereas, in the scientific community, nobody gives money for buildings."

By removing the auditorium, more space was available to expand the three PODS structures which will now fill a larger role on the property.

"The square footage is much larger than it was," said Jackson.

"One thing is that they're no longer separated, they're tied together."

Jackson said the benefits of this

include providing better drainage on the roof while two of the three pods will be able to combine to make one larger exhibit or conference area.

In this way, the lost seating capacity of the auditorium can now be partially duplicated, if needed.

The PODS building will also house laboratories, exhibits, a theatre, conference space, administration and a restaurant and gift shop.

The change in design lowered the overall budget to build the Irvines Landing site project from approximately \$30 million to \$21 million.

Jackson said they are currently applying for additional funding and welcome letters of support from the local business community to bolster their applications.

PROTECTIVE PROCEDURES IN PLACE

WE WANT TO PROTECT OUR READERS!

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Web Express Printing & Mailing is the proud printer of over 100 newspapers and magazines. Publishers facing this crisis need to keep their communities together. Web Express is committed to help them do that by continuing to print your community newspapers. The papers you read and depend on will be there for you for as long as possible.

Web Express is also committed to providing safety for employees, publishers and their readers to prevent the spread of COVID-19. We have undertaken numerous disinfecting measures like crew separation and equipment wipe down. We have also limited entry from delivery people and customers to increase social distance. Currently we understand the virus is NOT easily passed on paper (according to the World Health Organization spokesperson on CNBC they have not issued a warning regarding the passing of the virus on paper) BUT to reassure readers the manufacturing process requires VERY LITTLE TOUCH from our staff. See pictures for further understanding.

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Darlene Fowlie



Finished product is stacked on a skid and protective shrink wrap is used to secure the product before delivery.

OPEN BURNING BAN

BC's Ministry of Environment and Climate Change Strategy is continuing open burning restrictions for all "high smoke sensitivity zones" across the province until Monday, June 15, 2020.

This includes the Pender Harbour and Egmont area.

Open burning smoke control regulations continue to prohibit new fires and any additional material added to existing fires.

These restrictions do not apply to campfires (any fire smaller than 0.5 metres high by 0.5 metres wide).

These restrictions are directly in response to the COVID-19 pandemic and the effect pollutants have on viral respiratory infections.

MADEIRA PARK NAME CHANGE COMMENT PERIOD EXTENDED

A March 26 letter to the SCRD from BC's Geographical Names Office announced an extension to the comment period regarding the shíshálh First Nation's proposal to change Madeira Park's name to salalus.

The letter was included in an April 9 SCRD agenda package:

"In light of current events relating to COVID-19, the BC Geographical Names Office and shíshálh Nation are extending the comment period from April 23 to Aug. 28, 2020.

"This date may be reassessed

again due to the uncertainty of the next few months."

PENDER HARBOUR AND AREA FOOD BANK DRIVE

The Pender Harbour food bank announced that, due to increasing demand on local food bank resources, Pender Harbour and Egmont clients will meet on alternate Mondays from 11:30 a.m. to 12:30 p.m. at the P. H. Community Church in Madeira Park.

Pender Harbour clients will meet May 4 and every second Monday thereafter and Egmont clients will meet on May 11 and every second Monday.

Contact Joka Wright at (604) 883-9773 or email dieselditto1@gmail.com.

The P. H. and Area Residents Association is hosting an emergency food bank drive to benefit the Pender Harbour food bank, which is administered by the P. H. Community Church.

To donate, visit <https://www.sccss.ca/get-involved/donate>.

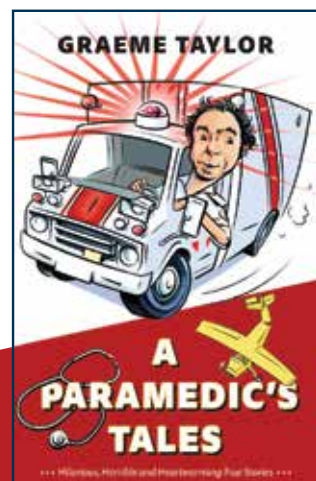
Scroll down to "donation details" and click on the "fund" window and select "COVID19 food bank drive."

In the "message" window, type in "for the Pender Harbour Food Bank."

Finally, complete the donor information and payment forms.

You will receive a tax receipt for every donation of \$20 or more.

LEARN MORE ABOUT THE HEALTH CARE WORKERS ON THE FRONT LINES



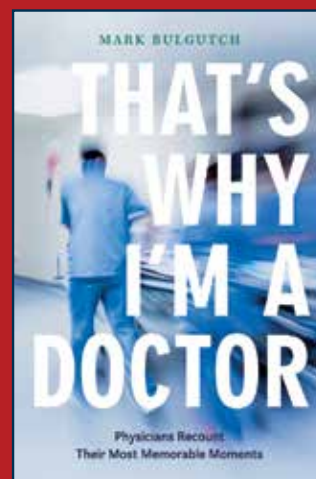
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HARBOUR SPIEL

trivia

1. What percentage of Sunshine Coast homes (2016 census) are not primary residences?

- ☐ a. 6%
- ☐ b. 19%
- ☐ c. 32%
- ☐ d. 55%

2. Which species is unlikely to be found in the Strait of Georgia?

- ☐ a. humpback whale (*Megaptera novaeangliae*)
- ☐ b. California sea lion (*Zalophus californianus*)
- ☐ c. sea otter (*Enhydra lutris*)
- ☐ d. transient (Bigg's) killer whale (*Orcinus orca*)

3. Where is Klein Lake?

- ☐ a. north of North Lake
- ☐ b. west of Ruby Lake
- ☐ c. north of Waugh Lake
- ☐ d. east of West Lake

4. What is the name of the creek that runs underneath Madeira Park?

- ☐ a. Lily
- ☐ b. Lillie's
- ☐ c. Paq
- ☐ d. Salalus

5. What is the peak elevation of local hiking favourite Mount Daniel?

- ☐ a. 180 metres
- ☐ b. 230 metres
- ☐ c. 360 metres
- ☐ d. 440 metres

6. What is Egmont named after?

- ☐ a. ship
- ☐ b. horse
- ☐ c. admiral
- ☐ d. battle

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Please return to your primary residence during the COVID-19 crisis.**

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a longstanding effort to recognize and record those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and date of death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

Joseph Elden McKay

MAY 18, 1935 — MARCH 28, 2020



Joe McKay lived a life full of hard work but also leisure.

From a young age he worked as a mechanic on airplanes for Pacific Western.

Down the road, he worked at the Mica Dam, and building the upper levels highway through North Vancouver.

These are just a few of the jobs that he had throughout his life.

McKay was a talented mechanic and drove everything from motor cycles to semi-trucks.

He found the Sunshine Coast and built a small cabin on North Lake.

He may be best known for starting Pender Harbour Diesel with his partners.

He worked there for years and settled in Kleindale, in the house behind the shop.

Many parties were hosted in that

house because McKay loved a good time.

He also enjoyed travelling with his late wife Louise.

They vacationed in many countries together and with their friends.

They loved road trips, either in the motor home or their 1963 Cadillac, driving all over Canada, the U.S. and even into Mexico.

Joe McKay was a great man and will be deeply missed by his family and friends, including his sister Darlene, sister-in-law Lynn, children Derrick and Charmaine and all of his grandchildren.

At McKay's request, no service will be held.

Joyce Garbers

FEBRUARY 9, 1946 — MARCH 29, 2020



Joyce Garbers died peacefully on March 29 after a short but tough battle with pancreatic cancer.

She will be greatly missed by her loving husband, children, grandchildren, extended family and many friends.

Garbers was born in Kimberly, BC and grew up in Britannia Beach.

She spent some time living in

Vancouver and Ontario before her and husband Sieg moved to the Sunshine Coast in 1973 to live in Jervis Inlet where Sieg worked.

Through the years, they made their home in Garden Bay.

Being the social butterfly that she was, it was only fitting that she came to manage the Garden Bay Pub.

She had many repeat customers in the summer months that would come just to see her.

Her familiar smiling face, stunning blue eyes and vibrant personality drew everyone in and all who visited the pub knew her.

It was a guaranteed good time if she was around.

Garbers was full of adventure and lived life to the fullest.

She loved to travel and everywhere she went, she would run into someone she knew.

It was an ongoing joke with her family about who she was going to bump into on the next trip.

Even in Australia, getting off a boat in the Great Barrier Reef, she ran into folks she knew from Garden Bay.

Garbers had a heart of gold and never turned down an opportunity to help.

She was more than willing to lend a helping hand, a shoulder to lean on, an ear to listen, hugs and much much more.

She simply went above and beyond to please.

"Joycie," was well-loved by so many and will be sadly missed.

Due to the circumstances surrounding us all, there will be no service at this time.

Her family hopes things will allow a celebration of her life later in the summer.

Taxes and governance during COVID-19



*Leonard Lee
Area A director, SCRD*

LOCAL HEROES

We complain about staying home, toilet paper shortages, and others who ignore

social distancing protocols but, for most, we only have to keep ourselves out of harm's way.

Consider our emergency responders, medical professionals, clerks, cleaners, municipal workers, business owners, and volunteer delivery drivers, mask-makers, and food-bank workers.

Daily, they fight stress, frustration, and fear to soldier on in spite of immediate danger to their own health, for the safety and survival of us all.

When you grocery shop, receive

medical care, fill up at the gas station, open your taps and get water, drop off your recycling, have your washer repaired, and even buy flowers to cheer up your family, take a moment to thank those who provide these services.

TAXES SLASHED

With increased knowledge of the economic impacts of COVID-19, the SCRD revised its already-approved budget to reduce a 12.89 per cent increase in taxes and user fees to 4.7 per cent (\$1,656,572).

In Pender Harbour and Egmont (Area A), we decreased an average increase of 11.87 per cent from 2019 to 3.14 per cent, with amounts varying according to services provided.

For example, an Area A residential property owner not serviced

with community water or sewer will have a 0.54 per cent increase, while an Egmont residential property owner with community water and fire protection will have a 13.28 per cent increase.

We accomplished this by cancelling regular contributions to our capital and operational reserves, delaying until 2021 the hiring of a few positions slated for later this year, and pushing other taxable items into the future.

We had to allow for imposed staffing requirements for new emergency services functions such as the emergency operations centre, support for work from home, create social-distanced work spaces and provide safe and sanitary public transportation, washrooms, showers, and more.

This year's reduced budget is an



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SUNSHINE COAST REGIONAL DISTRICT

Upcoming meetings

Agendas and links to video-streaming for these meetings are available at www.scrd.ca/Agendas-2020.

Planning and Community Development

May 14 at 9:30 a.m.

Corporate and Administrative Services Committee

May 28 at 9:30 a.m.

Regular Board

May 14 at 1:30 p.m.

Regular Board

May 28 at 1:30 p.m.

Infrastructure Services Committee

May 21 at 9:30 a.m.

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emergency measure, not a sustainable strategy, to give us some relief during the hardest time, and the exact impacts and funding sources have not yet been determined.

We have underpaid our taxes for more than four decades, and things are not getting cheaper.

We are still operating in an infrastructure deficit, our landfill continues to fill up and still needs a plan, and climate change continues to challenge us.

When we get on top of asset management, we will have to debate what levels of service we want compared to what we can afford.

There may be a silver lining:

Because COVID has slowed down our emissions and energy consumption, being forced to teleconference and work from home could likely change our energy consumption patterns in the long run, to ease our future tax burden and benefit the environment.

MADEIRA PARK OR SALALUS?

Madeira Park has not been renamed to salalus, but the Sechelt Indian Band has requested the change.

I urge you to hold off expressing your views to the SCRD until we explain the reason for the requested change, and the ramifications of approval.

Because COVID-19 prevents face-to-face discussion, the BC Geographical Names Office has extended the comment period to Aug. 28 while video conferencing, e-mail and social media are explored as alternatives.

You must make your opinion known to the SCRD, to ensure our formal reply to the province reflects your desires.

DUAL LANGUAGE SIGNS

In response to the SCRD's strong criticism of the province's failure to allow consultation about the dual-language signs now installed locally, the responsible agency promises to do better next time.

The lack of consultation created unnecessary controversy, denied community participation in the project, prevented celebration of modernization of our signage and destroyed an opportunity to respectfully discuss shíshálh history.

The Ministry of Transportation and Infrastructure has been taking heat about this lack of consultation, but it wasn't their decision.

MOTI was directed to install the signs, and did a great job of doing so in record time.

The SCRD continues to demand involvement in local crown property activities — exactly what did not happen with this project.

B&B WOES

Traditionally, nightly or short-term rental accommodations complaints related to noisy parties, too many people in one home and off-site owners using the property as a revenue generating mini-hotel.

But recent complaints demand that properties being used as vacation destinations be shut down.

Short-term rentals are legal only

when operated as a bed and breakfast, but residential use with an on-site operator is permitted.

Thirty-day rentals are considered long-term and not subject to B&B regulations.

Bylaws, including one to prohibit rental during a pandemic, cannot be changed without a public hearing, but public hearings are delayed due to public assembly restrictions.

Current by-law enforcement continues, with increased violation fines.

To report a B&B or STRA in violation of bylaw 337, contact the bylaw enforcement officer at (604) 885-6817.

VIRTUAL MEETINGS

You can now view and participate in SCRD meetings online, using YouTube and Zoom.

See www.SCRD.ca/Agendas-2020 for more information.

CONTACT

This column is intended to inform you about issues that may be of interest within the scope of the SCRD government, but please contact me if you have any questions or comments about these or other SCRD issues.

My top priority is to represent you at the SCRD board.

Please email leonard.lee@scrd.ca or call/text (604) 212-0406.



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~ Groucho Marx

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Nigel Horsley

Signs like this one in Kleindale were placed in strategic locations throughout the community by the Pender Harbour and Area Residents' Association.



Nigel Horsley

Triple B Burgers, March 24.



Nigel Horsley

The queue to enter Marina Pharmacy, April 9.



Brian Lee

Egmont playground, April 6.



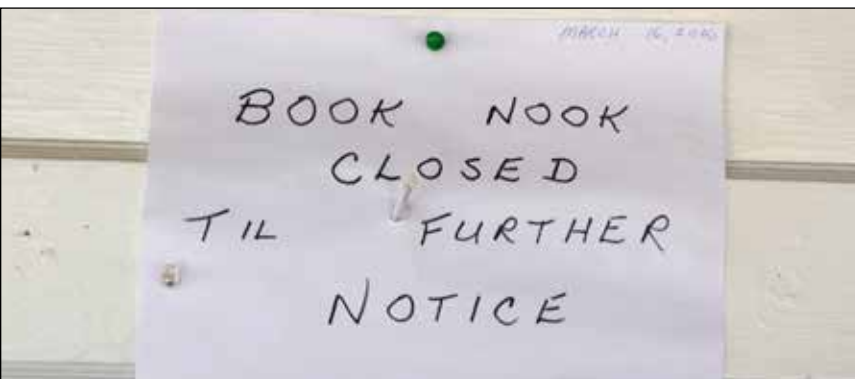
Klein Lake recreation site entrance, April 6.

Brian Lee



The line up to shop at the IGA April 9.

Nigel Horsley



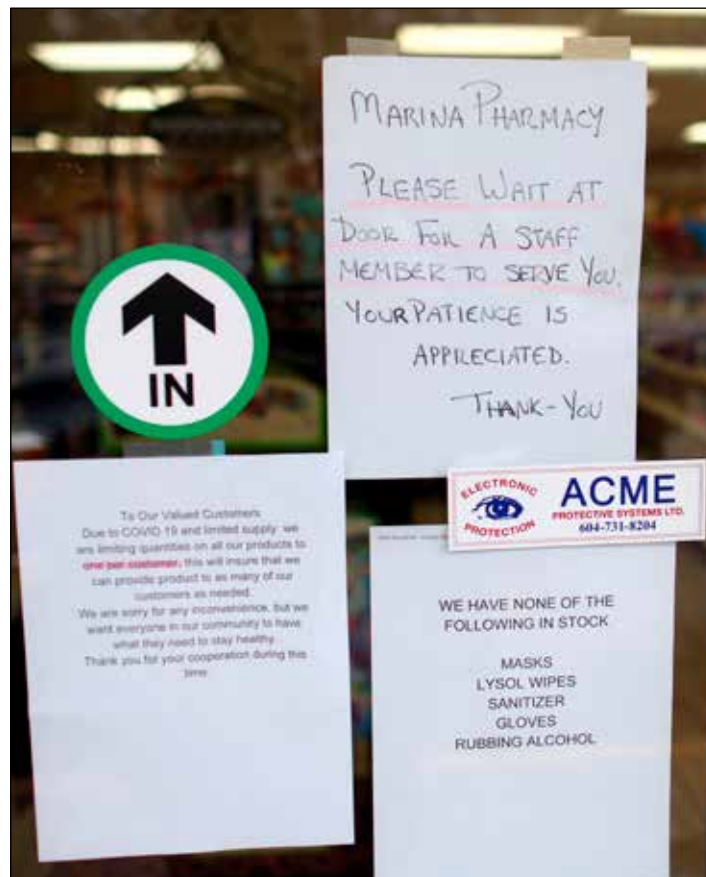
Egmont Community Hall, April 6.

Brian Lee



Francis Point Provincial Park, April 12.

Darlene Fowle



Marina Pharmacy, March 28.

Nigel Horsley

Harris: pharmacy adding to financial burden during COVID crisis

Editor,

It has come to my attention that our local pharmacy here in Madeira Park is adding additional financial burden to people in our community.

At a time like this when you see so many government initiatives to help people during this healthcare crisis it is shameful to see a licensed healthcare professional profiting during this terrible time.

I recently experienced this personally when I went to pick up a prescription.

My healthcare provider wrote my two prescriptions for 90-days each.

The dispensing fee for these two drugs is \$28.00, the highest dispensing fee on the Coast.

I was told at the time of pick up

that I was only getting 30 days supply.

I then asked if there was a shortage of drugs and was told no but that is was a condition placed upon pharmacies by the college.

I then asked if the remainder of my prescription would be filled without the cost of the dispensing fee added.

I was told that they would be charging the dispensing fee again.

In my case, I would have incurred an additional \$84.00 to have my 90-day supply filled.

I refused to accept my medication under these circumstances and later that day was able to find a pharmacy who did fill my prescription as the health care provider had written it.

I called the BC College of Pharmacists the following day as I could not believe that it was mandated by them to do this.

They told me that it was a suggestion only from them to look at filling prescriptions in a case by case method so as not to create stockpiling and perhaps future shortages.

It was not a mandate but rather a suggestion.

She also assured me that at this time there was no drug shortages and supplies were coming in as usual.

Now, we all know that pharma-

cists have the authority to prevent hoarding of pills by the consumer as they can see on our Pharamanet profiles when the next refill is due.

They already have this ability to refill at the appropriate time.

Here in Pender Harbour we have the highest population of seniors, the most vulnerable group during this pandemic.

Some with many more than two prescriptions to fill.

We are being asked to go out only when necessary and how does having to go to the pharmacy three times instead of once make any sense, this is irrational.

The extra financial cost on each and every one of us is unacceptable.

The extra cost to our pharmacare system and our own private health insurance companies through extended benefits will be huge.

In my opinion, this suggestion to pharmacies needs to be looked at and stricken as it creates an avenue for financial abuse to vulnerable people in a time of hardship.

If a true drug shortage should appear, isn't it the right thing to do when having to fill only a partial prescription so we all have some and charge only the one time dispensing fee?

Kym Harris

Thank you!



We would like to thank all of the front line workers in Madeira Park and up and down the Coast

Also, many thanks to the businesses and employees who are able to be open and provide us with essential services.

We feel so fortunate to live here and appreciate all of your hard work, commitment to the community and the fact that you are putting yourselves at risk during this crisis.

Most sincerely,
Richard and Gail Paton

photojournal



A panoramic image of the Earls Cove ferry terminal as passengers wait to load the

Pearson objects to Madeira Park name change proposal

(The following letter was sent to the BC Geographical Names Office and copied to Leonard Lee, SCRD Area A director and the Harbour Spiel.)

I write regarding the proposed name change of Madeira Park to “salalus.”

I would like to inform you that I object most strongly to the proposed name change for the following reasons:

- Joe Gonsalves, who established Madeira Park in 1904 and established much of its business infrastructure, was born in Portugal and named our community after his island of Madeira.

Madeira Park as we know it today would not exist without Gonsalves’ commitment and business

skills.

It would be an insult to his memory and that of his family if this lovely community were renamed “salalus;”

- Madeira Park is largely a community of retired pensioners on very fixed incomes.

The cost and confusion to my friends and neighbours of changing their address and personal identification, passports, driving licenses, banking information, credit cards and all their other government documentation would undoubtedly cause financial and, more than likely, emotional hardship;

- Madeira Park generally has cordial relations with First Nation peoples.

Vandalism has already started

in Sechelt over the new First Nation signs, and will no doubt continue.

We in Madeira Park do not want to see that kind of degradation and escalation with First Nations.

We in Madeira Park wish to continue to live in peaceful harmony with the people of the First Nations, and

- As an ex-commander of the Pender Harbour Power and Sail Squadron, I firmly predict that the name changes on nautical maps etc., particularly for our myriad of sailing visitors from around the world, will cause great confusion and probably significant safety issues.

I therefore strongly object to any name change for Madeira Park.

David J. Pearson
Madeira Park

Hoffman: Madeira Park name change proposal unreasonable

(The following letter was sent to MP Patrick Weiler and copied to Leonard Lee, SCRD Area A director and the Harbour Spiel.)

The proposal to change the name of Madeira Park to accommodate the shíshálh First Nation (who don’t even live in Pender Harbour) is unreasonable.

The “new” name would be salalus, translated, as we understand as “the entrance to the channel (Canoe Pass),” an area in our historic community less than 1/3 km long and not much more than 100 yards wide.

We came to Madeira Park 30 years ago to retire.

We are proud of our community

and it is well known to travellers who visit and support our economy.

We have no problem having signs in our area that display the recognized community names and their shíshálh names but are adamantly opposed to changing the name entirely.

This would cause countless problems — postal, identity, recognition.

If they want to rename Canoe Pass, that would be a reasonable request but to rename historic coastal towns after hundreds of years is something we are astounded that our government would consider.

The vast majority of residents here are not shíshálh and last we looked, this was our government too.

Please fight a permanent name change for the health of our community.

Don and Cherryl Hoffman
Madeira Park



Brian Lee

3:35 p.m. ferry to the Arbutus Coast April 6.



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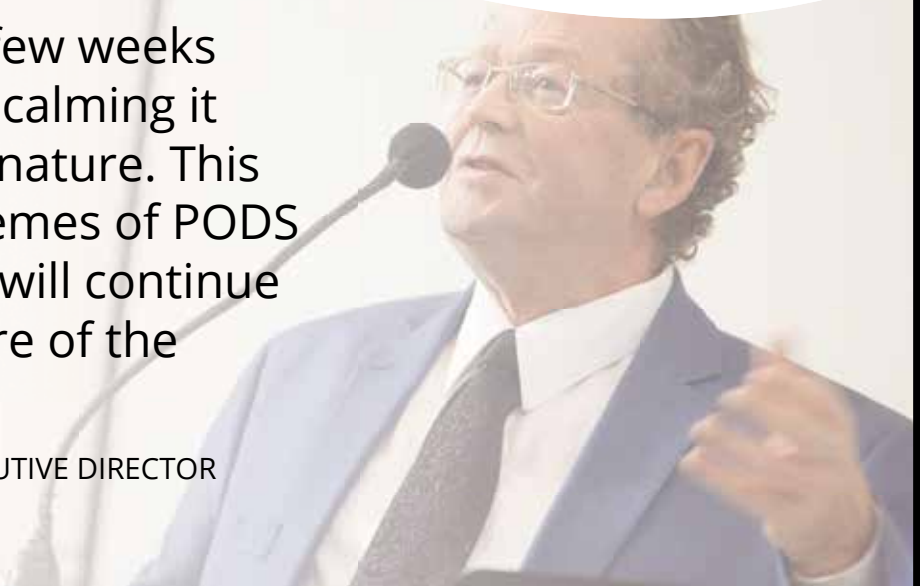


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Brian Lee

A view of Ruby Lake from a recently-built hydro access road.

letters

Young dismayed by dual-language highway signage

(The following letter was sent to the BC Geographical Names Office and copied to Leonard Lee, SCR D Area A director; Keith Julius, SIB director, PHARA and the Harbour Spiel.)

I am writing to express my dismay with the recent changes in signage on Highway 101.

I object to the new signage on a number of levels and for a number of reasons, including:

The process in which the signage was installed.

There has been much discussion regarding consultation between governments and First Nations or the lack thereof about many issues.

In this case, there was little to no consultation with the residents of the Sunshine Coast, both long-term and newcomers, about the proposed changes in signage.

Where is the consultation be-

tween resident communities?

The format — the signage does not put the dual names on an even footing.

The vast majority of people who live in the area and virtually all of the visitors and seasonal residents know places by non-Indigenous names.

This will create great confusion, certainly for visitors and tourists.

May I point out that many of our businesses rely on visitors and tourists to stay afloat.

The respect —the signage does not appear to acknowledge that many of the places that need signs have a long and varied history.

The non-Indigenous names are equally as important to communities as the Indigenous ones.

In particular, putting the non-Indigenous names in parenthesis as if this was yesterday's idea is particularly distasteful.

While I am sympathetic to the troubles Indigenous people have suffered, much of it is in the past and it is time everyone looks forward.

Let's establish our communities and cooperate toward everyone's mutual benefit.

As an individual citizen, I do not see that occurring; what I really see is mutual suspicion and dispute.

In short, the dual language signs move has done nothing for anyone, aside from wasting tax dollars and irritating a large number of people who pay those taxes.

I would suggest that there will need to be some significant damage control done on this issue as well as a much better process for decision-making in future.

I live in Madeira Park and it will always be Madeira Park to me.

Lorna Young
Madeira Park

LETTERS Letters to the editor should be of local interest, exclusive to the *Harbour Spiel* and include your full name, address and daytime phone number for verification. Letters may be edited for length and clarity. editor@harbourspiel.com

pender harbour tides ~ may 2020

May	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Fri 01	14.8	15.0	14.6	13.7	12.7	11.7	10.9	10.6	10.8	11.1	11.4	11.5	11.0	10.1	8.7	7.3	6.0	5.1	4.8	5.3	6.5	8.3	10.5	12.5
Sat 02	14.1	15.0	15.1	14.5	13.4	12.1	10.8	9.9	9.6	9.8	10.4	11.1	11.5	11.5	10.8	9.6	8.2	6.8	5.8	5.4	5.7	7.0	8.8	11.0
Sun 03	13.0	14.5	15.2	15.0	14.1	12.6	10.9	9.4	8.5	8.3	8.8	9.8	10.9	11.7	12.1	11.7	10.6	9.1	7.6	6.5	6.0	6.4	7.6	9.6
Mon 04	11.7	13.7	15.0	15.4	14.7	13.3	11.3	9.3	7.7	6.8	6.8	7.7	9.2	10.8	12.2	12.8	12.6	11.6	10.1	8.5	7.3	6.8	7.2	8.5
Tue 05	10.5	12.6	14.4	15.3	15.3	14.1	12.1	9.7	7.4	5.8	5.1	5.5	6.9	8.9	11.0	12.7	13.7	13.6	12.6	11.1	9.4	8.2	7.7	8.2
Wed 06	9.6	11.5	13.5	14.9	15.5	14.8	13.1	10.6	7.9	5.5	4.0	3.6	4.5	6.3	8.8	11.3	13.4	14.5	14.4	13.5	11.9	10.3	9.1	8.7
Thu 07	9.3	10.7	12.5	14.2	15.2	15.3	14.0	11.8	9.0	6.1	3.8	2.6	2.6	3.9	6.2	9.0	11.8	14.0	15.1	15.1	14.1	12.6	11.0	9.9
Fri 08	9.6	10.3	11.6	13.3	14.6	15.2	14.7	13.0	10.4	7.4	4.7	2.6	1.7	2.1	3.8	6.4	9.4	12.3	14.5	15.6	15.5	14.5	13.1	11.6
Sat 09	10.6	10.4	11.1	12.3	13.7	14.6	14.8	13.8	11.8	9.1	6.2	3.7	2.0	1.5	2.3	4.2	6.9	10.0	12.8	14.9	15.8	15.7	14.7	13.4
Sun 10	12.0	11.2	11.0	11.6	12.7	13.7	14.3	14.1	12.8	10.7	8.1	5.4	3.3	2.0	1.8	2.8	4.9	7.6	10.5	13.2	15.1	15.9	15.7	14.8
Mon 11	13.5	12.3	11.5	11.4	11.9	12.6	13.3	13.6	13.2	11.8	9.7	7.4	5.1	3.4	2.5	2.6	3.8	5.8	8.4	11.1	13.4	15.1	15.8	15.5
Tue 12	14.7	13.6	12.5	11.7	11.5	11.8	12.3	12.7	12.8	12.3	10.9	9.1	7.1	5.3	4.0	3.4	3.7	4.8	6.8	9.1	11.5	13.6	15.0	15.5
Wed 13	15.3	14.6	13.5	12.5	11.6	11.3	11.4	11.7	12.0	12.0	11.5	10.4	8.9	7.3	5.9	4.8	4.4	4.8	5.9	7.7	9.7	11.9	13.7	14.9
Thu 14	15.3	15.1	14.4	13.4	12.3	11.3	10.8	10.7	10.9	11.2	11.3	11.1	10.3	9.2	7.9	6.7	5.8	5.5	5.9	6.9	8.5	10.4	12.2	13.8
Fri 15	14.8	15.1	14.7	13.9	12.8	11.6	10.6	10.0	9.8	10.1	10.5	10.9	11.0	10.5	9.7	8.6	7.6	6.8	6.5	6.8	7.8	9.2	11.0	12.6
Sat 16	14.0	14.7	14.8	14.3	13.2	11.9	10.6	9.5	8.9	8.9	9.4	10.1	10.8	11.1	11.0	10.4	9.5	8.5	7.7	7.4	7.6	8.6	9.9	11.5
Sun 17	13.0	14.1	14.6	14.4	13.5	12.2	10.6	9.2	8.2	7.8	8.1	8.9	9.9	10.9	11.5	11.6	11.2	10.3	9.3	8.5	8.2	8.4	9.3	10.7
Mon 18	12.2	13.5	14.2	14.3	13.7	12.4	10.7	9.0	7.6	6.8	6.8	7.5	8.7	10.1	11.4	12.2	12.4	11.9	11.0	10.0	9.2	8.8	9.2	10.1
Tue 19	11.4	12.7	13.8	14.2	13.8	12.7	10.9	9.0	7.3	6.1	5.7	6.1	7.3	8.9	10.6	12.1	12.9	13.1	12.5	11.5	10.5	9.7	9.5	9.9
Wed 20	10.9	12.1	13.2	13.9	13.9	12.9	11.3	9.3	7.3	5.7	4.8	4.8	5.8	7.4	9.4	11.4	12.9	13.7	13.6	12.9	11.9	10.8	10.1	10.0
Thu 21	10.6	11.6	12.7	13.5	13.8	13.2	11.8	9.7	7.5	5.6	4.3	3.9	4.4	5.9	7.9	10.2	12.3	13.7	14.3	14.0	13.2	12.0	11.0	10.4
Fri 22	10.6	11.2	12.2	13.1	13.6	13.4	12.2	10.4	8.1	5.9	4.2	3.3	3.3	4.4	6.3	8.7	11.2	13.2	14.5	14.8	14.3	13.3	12.1	11.1
Sat 23	10.8	11.0	11.7	12.6	13.3	13.4	12.6	11.0	8.9	6.6	4.5	3.2	2.7	3.2	4.8	7.1	9.7	12.2	14.1	15.1	15.1	14.4	13.2	12.1
Sun 24	11.3	11.0	11.4	12.1	12.9	13.2	12.9	11.7	9.8	7.5	5.3	3.6	2.5	2.5	3.5	5.5	8.0	10.7	13.1	14.8	15.4	15.2	14.3	13.2
Mon 25	12.1	11.4	11.3	11.7	12.4	12.9	13.0	12.2	10.7	8.7	6.4	4.4	3.0	2.3	2.7	4.1	6.3	8.9	11.6	13.8	15.2	15.6	15.2	14.2
Tue 26	13.1	12.0	11.4	11.4	11.9	12.4	12.8	12.6	11.5	9.8	7.8	5.7	4.0	2.8	2.5	3.1	4.8	7.1	9.8	12.3	14.3	15.5	15.7	15.1
Wed 27	14.1	13.0	12.0	11.4	11.4	11.8	12.3	12.5	12.0	10.9	9.2	7.3	5.4	3.9	3.0	3.0	3.8	5.6	8.0	10.5	12.9	14.7	15.6	15.6
Thu 28	15.0	13.9	12.8	11.7	11.2	11.2	11.5	11.9	12.0	11.6	10.5	9.0	7.2	5.6	4.3	3.6	3.7	4.7	6.5	8.8	11.3	13.4	15.0	15.7
Fri 29	15.5	14.8	13.6	12.3	11.3	10.6	10.5	10.8	11.2	11.4	11.3	10.5	9.2	7.7	6.3	5.1	4.6	4.7	5.7	7.5	9.7	12.0	13.9	15.3
Sat 30	15.7	15.4	14.4	13.1	11.6	10.4	9.6	9.5	9.9	10.4	10.9	11.1	10.8	9.9	8.6	7.3	6.3	5.7	5.8	6.8	8.5	10.6	12.7	14.5
Sun 31	15.5	15.7	15.0	13.8	12.1	10.4	9.0	8.2	8.2	8.7	9.6	10.5	11.1	11.2	10.7	9.7	8.6	7.5	7.0	7.0	8.0	9.6	11.5	13.5

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



RECYCLING & BOTTLE DEPOT
883-1165

ONE-STOP CONVENIENCE
 Closed Wednesdays, Sundays Multi-material Recycling and statutory holidays. Beverage Container Refund Centre
 Refunds: 8:30 am to 3:30 pm Hwy. 101 & Menacher Rd.
 Recycling 8:30 am to 3:30 pm
CLOSED SUNDAYS.

MADEIRA MARINA

(604) 883-2266 madeiramarina@telus.net 12930 Madeira Park Rd.

- Service of most makes
- Bottom painting
- 40-tonne marine ways
- Trailer haul-out to 30 ft
- International Paints
- Marine charts
- Dry storage
- Well-stocked marine store
- Fishing tackle



seals



Note your seal of approval or **disapproval**.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A Harbour Seal of disapproval to **Brian Lee** — I was enjoying the April 2020 issue of the *Harbour Spiel* which was, up to then, well-written, until I came upon p. 15, the “safe to do list,” line number six.

I just don’t like my 12 year old granddaughter reading the *Harbour Spiel* and asking me what it means.

Josephine (Jo) Mayne

(Line six was “masturbate.” -ed.)

Virtual Harbour Seals of Approval to **the staff at Marketplace IGA and Oaktree Market** grocery stores who are going beyond the requirements of serving us in this difficult time.

They have been treating us with friendliness, humour and compassion.

Lynn and Bob Macdonald

The Sunshine Coast Healthcare Auxiliary (Pender Harbour branch) sends a huge Harbour Seal of Approval to **everyone who bought tickets for our recent spring cash raffle and refused a refund after being notified that we had to cancel it.**

Thank you for continued support of our hospital.

Maureen Lee

SCHA, Pender Harbour branch

An ocean full of sincere Harbour Seals of Approval to **those who donated to the P. H. Food Bank and other giving initiatives, front-line workers, IGA, pharmacy and Pender Harbour Health Centre staff, paramedics and essential service workers.** Your dedication and community spirit is uplifting and makes Pender Harbour great to call home.

Lyn and Bill Charlton

*Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program*



Please do not hoard our meals in your freezer!

Eat them up and return the dishes
so we can provide you with fresh meals.

Please call Linda, 604.883.2819 or Anky, 604.883.0033

SKOOKUMCHUCK VIEWING TIMES

MAY

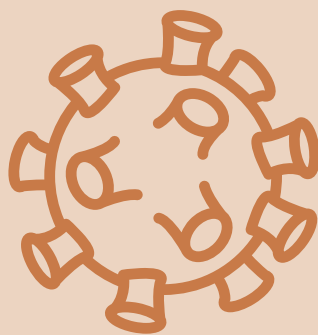
DATE-TIME-SIZE (small, medium, large, **extra large**)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

1. 11:33 AM +S, 5:39 PM -L
2. 1:02 PM +S, 6:48 PM -L
3. 8:37 AM -L, 2:05 PM +M
4. 9:20 AM -L, 3:10 PM +L
5. 9:59 AM -L, **4:07 PM +XL**
6. **10:36 AM -XL, 5:03PM +XL**
7. **11:13 AM -XL, 5:58 PM +XL**
8. **11:41 AM -XL, 6:52 PM +XL**
9. **12:27 PM -XL, 7:45 PM +XL**
10. 6:24 AM +M, **1:15 PM -XL**
11. 7:11 AM +M, **2:05 PM -XL**
12. 8:06 AM +S, 2:57 PM -L
13. 3:50 PM -L
14. 6:06 AM -M, 4:44 PM -L
15. 7:13 AM -L, 12:23 PM +S
16. 8:15 AM -L, 1:26 PM +S
17. 8:52 AM -L, 2:28 PM +M
18. 9:28 AM -L, 3:18 PM +L
19. 9:58 AM -L, 4:06 PM +L
20. 10:22 AM -L, **4:51 PM +XL**
21. 10:56 AM -L, **5:34 PM +XL**
22. **11:03 AM -XL, 6:17 PM +XL**
23. **11:17 AM -XL, 6:58 PM +XL**
24. **11:34 AM -XL, 7:40 PM +XL**
25. **2:10 PM -XL, 8:23 PM +XL**
26. **6:37 AM +M, 1:06 PM -XL**
27. 7:26 AM +S, **2:07 PM -XL**
28. 8:24 AM +S, 3:10 PM -L
29. 9:43 AM +S, 4:14 PM -L
30. 11:30 AM +S, 5:19 PM -L
31. 12:52 AM +S, 6:28 PM -L

These are estimates only and not intended for navigation.

harbour almanac



COVID-19

2,790,986

Number of confirmed cases of COVID-19 globally by April 24.

17,226

Number of deaths globally attributed to COVID-19 by March 24.

195,920

Number of deaths globally attributed to COVID-19 by April 24.

7%

The global mortality rate by April 24.

13

The number of deaths in BC attributed to COVID-19 by March 23.

94

The number of deaths in BC attributed to COVID-19 by April 24.

1,824

Number of confirmed cases of COVID-19 in BC by April 24.

5.2%

The mortality rate in BC by April 24.

885,249

Number of confirmed cases of COVID-19 in the U.S. by April 24.

45,409

Number of confirmed deaths in the U.S. from COVID-19 by April 24.

5.1%

The mortality rate in the U.S. by April 24.

~ New York Times, BC Provincial Health Officer

MAY WEATHER

TEMPERATURE

Our average daily high temperature in May is 15.8 C and our average daily low is 9.6 C, giving us a daily mean temperature of 12.7 C for the month. Our record high temperature in May is 28.4 C (May 29, 1983) and our record low is 3.3 C (May 1, 1970).

PRECIPITATION

May has an average of 12 days with rainfall and an average total for the month of 61 mm. Our record daily rainfall in May is 28.7 mm (May 2, 1963) and our record daily snowfall in May is 1 cm (May 10, 1985).

MAY ASTROLOGY



TAURUS: APRIL 19 - MAY 20

Taureans are seekers of peace and stability. Although unambitious, they are happy to be the powerhouse behind the scenes. They are usually sensible and blessed with a healthy dose of cynicism. Taureans should focus on their independence and self-interest right now but with an eye to preserving personal relationships for the future. Relationship satisfaction is ebbing but all is not lost — so don't despair. Someone close to you falls ill by May 28.



GEMINI: MAY 21 – JUNE 21

Geminis are butterflies by nature, flitting from one attraction to the next. They're easily bored but have lively, stimulating minds and can be witty and charming. The majority of planets now reside in the eastern half of your chart. If you don't know what that means, it doesn't matter — you soon will. Personal harmony abruptly ends on March 14. Be prepared for a tough slog until May 22 when you receive a promotion. Someone close to you falls ill by May 28.

BC BESTSELLERS

For the week ending April 18

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- | | |
|--|---|
| 1. One Drum: Stories and Ceremonies for a Planet by Richard Wagamese (Douglas & McIntyre) | 6. My Art is Killing Me and Other Poems by Amber Dawn (Arsenal Pulp Press) |
| 2. The Swan Suit by Katherine Fawcett (Douglas & McIntyre) | 7. Lost Lagoon / Lost in Thought by Betsy Warland (Caitlin Press) |
| 3. The Monster Sisters and the Mystery of the Unlocked Cave by Gareth Gaudin (Orca Book Publishers) | 8. Can You Hear the Trees Talking?: Discovering the Hidden Life of the Forest by Peter Wohlleben (Greystone Books) |
| 4. A Match Made for Murder: A Lane Winslow Mystery by Iona Wishaw (TouchWood Editions) | 9. A Potato on a Bike by Elise Gravel (Orca Book Publishers) |
| 5. I Hope We Choose Love: A Trans Girl's Notes from the End of the World by Kai Cheng Thom (Arsenal Pulp Press) | 10. Vancouver After Dark: The Wild History of a City's Nightlife by Aaron Chapman (Arsenal Pulp Press) |

~ Association of Book Publishers of BC

MAY BIRTHDAYS

- May 1 ~ **Allison Scoular** and **Kim Struthers**.
 May 3 ~ **Victor Enns** and **Tyra Phillips**.
 May 4 ~ **Andrew Sutherland**.
 May 5 ~ **Barb Ellison**, **Rob Ellison**, **Baylee Higgins** and **Robyn Leech**.
 May 6 ~ **Lori Fielding**.
 May 7 ~ **Stephanie Warner**, **Tricia Fisher** and **Kristen White**.
 May 8 ~ **Linda Reid**, **Francis Belisle**, **Ryan Schroeder** and **Vicki Honeybourne**.
 May 9 ~ **Steve Devaney**, **Bruce Silvey**, **Rick Dougan**, **Leanna Mackie**, **Karen McKeeman**, **Jackson Taylor**, **Vanessa Stephens**, **Debbie Hayen** and **Jim Greenlaw**.
 May 11 ~ **Deena Lowings**, **Shelley Wharton** and **Candace Sharp**.
 May 12 ~ **TJ Campbell** and **Rob McMann**.
 May 13 ~ **Joe McCann**, **Mel Likes** and **Reynald Bernier**.
 May 14 ~ **Jan Smalley** and **Lhonna Dougan**.
 May 15 ~ **Michael Pazur**.
 May 17 ~ **Linda Curtiss**, **Jack Dennis**, **Dan Jinks**, **Helen Krantz**, **Roland Schmidt** and **Amy Curtiss**.
 May 18 ~ **Devina Morton**, **Ron Collett**, **Wendy Haddock** and **Sharon Halford**.
 May 19 ~ **Earl Stewart**.
 May 20 ~ **Rylan English**, twins **Carrie & Stirling Fowler**, **Yasmeena Kennedy**, **Jacalyn Vincent** and **Brenna Young**.
 May 21 ~ **Shannon Fowler**.
 May 23 ~ **Mary Milner** and **Tom Patterson**.
 May 24 ~ **Vicki Kobus**, **Dick Milner**, **Treenah Dougan** and **Margo Hunsche**.
 May 25 ~ **Christina Stoutenburg**.
 May 27 ~ **Cindy Schroeder** and **Charlotte Gray**.
 May 28 ~ **Mikey Thompson**, **Lyn Vaughan**, **Kevin Graham** and **Myrtle Winchester**.
 May 29 ~ **Cliff Silvey**, **Tyler Forsyth** and **Amber LaFrance**.
 May 30 ~ **Marten Mees**, **Kathy Mills** and **Mike Phillips**.



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

Monika Miller – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health

(604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell & Robinson

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment

CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

SOCIAL WORKER: Weekly on Tuesdays ~ call to book an appointment.

First-class health care for the people of the Pender Harbour area.

COVID-19: The facts behind public health guidelines

By Roslyn Mundy, RN

We have all been swamped with new information concerning COVID-19.

While research is ongoing, here are some facts that are guiding current public health recommendations:

IMMUNITY

COVID-19, also called SARS-CoV-2, is a new coronavirus that recently transferred from an animal host to humans.

There are seven known coronaviruses that affect humans, including ones that cause the common cold.

Since this virus is new to humans, we don't have any pre-existing immunity to it — even those folks who feel their immune systems are strong.

With COVID-19 infection, new antibodies will be produced but this takes up to two weeks.

Vulnerable people may be overwhelmed by the disease before the antibody response is sufficient.

But there is hope on the horizon.

A vaccine that will help us develop antibodies without becoming infected may be only months away.

Research is also underway on a treatment using other people's blood plasma and antibodies to help severely ill patients.

SOCIAL DISTANCING

Viruses travel "light," without the chemicals they need to survive and reproduce.

They depend on the cells of a host.

It is vital to "starve" COVID-19 of the host cells it needs by staying apart from other people and breaking the chain of infection.

COVID-19 usually spreads from the respiratory tract through coughing, sneezing and talking or singing.

It travels in droplets which disperse and fall to whatever surface they encounter first, spreading up to six feet or more and can remain in the air for up to three hours, depending on heat, humidity and air flow.

The virus enters via the eyes, nose or mouth.

It can be spread from people before they feel sick.

Because of that, we are advised to cover coughs and sneezes, wash hands regularly, remain apart, and self-isolate if experiencing symptoms, recently travelled or came into contact with an infected individual.

If proximity to others is necessary, at least a six-foot distance is recommended.

Wearing a mask may help to catch your own respiratory droplets, and help to protect others.

It is unclear whether homemade varieties will offer much protection to the wearer, however.

CLEANING/DISINFECTING

Studies suggest some surfaces can transmit live coronavirus for up to nine days.

Fortunately, the fatty "envelope" coating around the virus is easily disrupted by washing with soap and water, and laundering with detergent and hot water.

Hand sanitizers with at least 60

per cent alcohol are useful if soap and water are unavailable, but don't reach all areas of the skin as easily.

Use enough to coat hands, rub, and air dry for 30 seconds, washing hands at the nearest opportunity.

Surface treatments shown to inactivate coronaviruses:

- 70 per cent isopropyl alcohol (wipe and dry 30 seconds);

- 5 per cent

bleach (4 teaspoons in one litre of water, wipe and dry one minute), and

- Approved hard surface disinfectants/wipes (effective after 10 minutes).

Cleaning with damp cloths/mops will avoid transferring virus back into the air, as will toilet flushing with the lid down.

If caring for an infected household member, careful cleaning and handling of utensils and laundry will be important.

More information is available at:

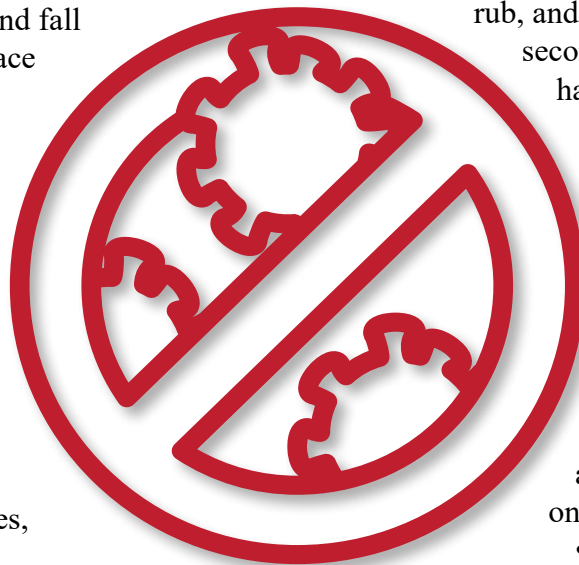
- BC COVID 19 info line — 1(888) 268-4319 (non-medical line);
- BC HealthLink — 8-1-1 (medical);

- Kids help phone — 1(800) 668-6868 (support for kids);

- Public Health Agency of Canada website — www.canada.ca.

Select "COVID-19," for health resources and awareness posters, and

- BC Centre for Disease Control website — www.bccdc.ca.



This month in recreation

PHAFC

PHSI

PHCS

TIME ON YOUR HANDS? WANTING TO UPDATE YOUR TRAINING? HERE'S YOUR CHANCE.
HERE'S A FEW OPTIONS FOR ONLINE CERTIFICATION COURSES:



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR
LEARNING
CENTRE**

5012 Gonzales Road
Box 232
Madeira Park, V0N 2H0

604.883.2826

phcs@dccnet.com

www.pendercommunity.ca

PERSONAL CRAFT OPERATORS CARD

Includes live-action videos and interactive animations. If you don't pass the Safety Test on the first try, don't worry. After 24 hours, you'll have one more attempt. \$40, no minimum age. <https://www.boat-ed.com/canada/britishcolumbia/>

SERVING IT RIGHT

A 4-hour interactive, self-study course. Learn about legal responsibilities when serving liquor. Must receive 80% on the multiple-choice. Course is free, the online exam is \$35. www.responsible-service-bc.ca

FOODSAFE: LEVEL 1 (via correspondence)

Study at home. Course must be completed within six months. NOTE: No options for writing the exam at the moment. \$105, Call 604-633-9787 ext. 232. www.go2hr.ca

NATIONAL COACHING CERTIFICATION PROGRAMS

Live, facilitator led, interactive, group-based online courses (computer mic, speakers, and internet required.) Ethical Decisions: May 5. Planning a Practice: May 12 & 13.

www.viasport.ca/online-delivery

HUNTING SAFETY & PAL

No online courses available but there are many fun quizzes and activities that will help prepare families for future courses.

<https://bcfirearmsacademy.ca/fun-firearms-hunting-related/>

CONSERVATION & OUTDOOR RECREATION COURSE

Call us at 604.883.2826 before you register so we can get you a copy of the regulations to help you complete the course. Course: \$100, Exam: \$80 (to be arranged if/when possible) bcwf.coretmr.ca

EFA/SFA/CPR C & AED BLENDED ONLINE/IN-CLASS SESSIONS

Consider taking the online portion of these blended training offerings. Certification will be given for a 90-day period but you will still require class time. We will make every attempt to offer a in-class session if and when that is possible.

Call **604.883.2826** or visit pendercommunity.ca

Emergency First Aid & CPR C: 4 hours online (\$110) & 4.5 hours in-class (\$TBD), age 13+

Standard First Aid & CPR C: 8 hours online (\$175) & 5.5-7.5 hours in-class (\$TBD)

CPR C & AED: 3 hours online (\$70) & 3 hours in-class (\$TBD)

Needing your EFA & SFA or CPR C Recert?

Red Cross has granted a 3-month extension on your current certification.



The SCRD Summer Recreation Guide will be available online on May 29.

Please check www.scrd.ca/myrecreation



We will confirm registration dates for summer recreation programs once we are given permission by the medical authorities to safely re-open the recreation facilities.

PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool
hot tub & sauna
gym & weight room

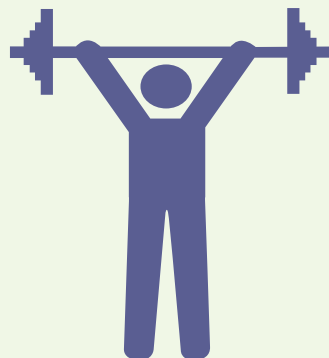
On lower level of
PH Secondary School:

13639 S. C. Hwy.

604 885-6866

phaquatic@scrd.ca

www.scrd.ca/myrecreation



The Pender Harbour Aquatic and Fitness Centre is 40 years old this April!

The celebration of this milestone will be postponed.

www.scrd.ca/myrecreation



MAY ACTIVITIES FOR PENDER HARBOUR SENIORS INITIATIVE

We are experiencing a very difficult time but the best we can do is continue to self-distance while staying in touch with one other.

Try these helpful tips:

CHAIR YOGA

A video is available on YouTube! Just log into YouTube and type "coastyoga" (one-word) and you will be able to exercise with Carole Logtenberg while she does the video from her home.

ADOPT A PEN PAL?

Marlene is looking for anyone interested in being a Pen Pal. Call or email and she will connect you with one.

STAY IN TOUCH WITH EACH OTHER!

By phone, email, Facebook or try old-fashioned letter mail.

SOLO BOARD GAME

Improve your skills by being both player one and player two.

ENJOY!

Appreciate this time to read, listen to music, tackle a puzzle or crossword and to catch up with friends.

NEED HELP SHOPPING?

If anyone needs someone to do some shopping for them, call the Pender Harbour Health Centre at (604) 883-2764. Kym Harris has a list of volunteers more than willing to help out.

ENJOY THE WEATHER!

When you can, do a project in the garden or walk with a friend — as long as you practice self-distancing.

INTERESTING WEB LINKS

The following links have great narrated stories. Check them out for some fascinating history of our area:
www.sunshinecoastmuseum.ca/museum-at-home.html
www.sechelthospitalfoundation.org/upcoming-medtalks/



PENDER HARBOUR SENIORS INITIATIVE

Sponsored by:
Smart Fund



HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:
P. H. Health Centre &
P. H. Health Auxiliary

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900

The Shíshálh Nation's 'Strategic Land Use Plan'

Completed by the Sechelt Indian Band in 2007, the 110-page *Strategic Land Use Plan* intends to be “a living document for the land use planning within the Shíshálh Nation territory.”

Chapters of interest from the SLUP document will be excerpted in upcoming issues of the *Harbour Spiel*. To download the full document, visit www.shishalh.com/docuploads/forms-and-applications/A-Strategic-Land-Use-Plan-for-the-sh--sh--lh-Nation-1416417270-1.pdf.



*Excerpted from the Sechelt Indian Band's
“A Strategic Land Use Plan for the
Shíshálh Nation.”*

6.3. MANAGEMENT DIRECTION FOR SHÍSHÁLH CULTURAL EMPHASIS AREAS

6.3.7 HARDY – NELSON ISLANDS CULTURAL EMPHASIS AREA

The ayl'-khain kw'enit sim alap (Hardy - Nelson Islands cultural emphasis area) comprises approximately 11,026 hectares and includes all of Hardy and Nelson Islands and the smaller islets in the vicinity of these two main islands.

Bounded by líkw'émín (Agamemnon Channel) on the east, and lékw'émín (Jervis Inlet) to the north, the islands contain an extremely high concentration of shíshálh cultural and spiritual use, and occupation evidenced by the density of material cultural remains.

Key values include extremely high cultural and spiritual values:

- saugh-wáh-ten (old village at Blind Bay on Nelson Island) is considered the “dropdown” site of one of the original shíshálh ancestors (spel-emulh) who brought with him the “art of cooking clams.”

- Numerous material culture remains, and

- Ceremonial and spiritual sites.

High wildlife/biodiversity values:

- Small islets and kishálin (Kelly Island) were preferred internment sites for the deceased, and

- Hardy Island was an integral

campsite shared prized as a source of húpit (deer), schétxwen (bear), waterfowl and berries.

Key management issues include:

- Proliferation of docks, boats;
- Water pollution;
- Shellfish contamination;
- Alienation of access to cultural harvesting sites and resources, and
- Destruction of shíshálh cultural resources and sites.

Management direction includes:

- Require group docks rather than single user docks throughout area as an interim measure.

6.3.8 PENDER HARBOUR – SAKINAW LAKE CULTURAL EMPHASIS AREA

The kálpilín – stséxwena kw'enit sim alap (Pender Harbour – Sakinaw cultural emphasis area) comprises approximately 10,623 hectares and contains an extremely high concentration of shíshálh cultural use and occupation sites, cultural features and archaeological evidence.

Located at the heart of the historically most populous region in the territory, this area was the site of the main winter villages of the shíshálh people and included a great many well-protected home sites and productive harvest locations with varied marine and terrestrial resource opportunities.

To the north, an extensive lake district was used for hunting and fishing with main camps at stséxwena (Sakinaw creek) and kwíkwilúsin (east side of Sakinaw Lake) and lóh-

uhlth (Mixel Lake).

Key Values include extremely high cultural and spiritual values:

- Very high concentration of shíshálh cultural use, occupation, and archaeological sites;
- Séxw'ámin (Garden Bay) could be considered the “centre of the shíshálh universe.”

It was a year-round village by virtue of its sheltered location, and served as a gateway to transportation corridors on sinkwu (Georgia and Malaspina Strait) and lékw'émín (Jervis Inlet) via líkw'émín (Agamemnon Channel);

- Includes main winter villages of poke-poke-um (Bargain Harbour), sálálus (Madeira Park), smexhalin (Kleindale), kway-ah-kuhl-ohss (Myer's Creek), and séxw'áwinl (Garden Bay);

- Primary location for winter dances and ceremonies;

- Many lakes on upper Sechelt Peninsula were favoured harvest sites;

- Fishing at Ruby, Ambrose and stséxwena (Sakinaw) lakes for Rainbow trout, and hunting, primarily for húpit (Black-tailed deer), in adjacent forests;

- Wide variety of seasonal settlements and camps to facilitate harvesting of local resources.

- wah-wey-we'-lath (Mt. Cecil) and shélkém (Mt. Daniel) were important local mountain peaks used for a variety of cultural and spiritual purposes and in defense, and

- Numerous fish weirs, canoe skids, ceremonial sites, archaeological

Harbour Spiel

sites.

High wildlife/biodiversity values, include:

- Extensive and intensive fore-shore, inter-tidal and marine harvesting of resources.

Key Management issues include:

- Proliferation of docks, boats and foreshore development;
- Land alienation due to intensive rural residential development;
- Water pollution from septic systems;
- Shellfish contamination;
- Loss of access to cultural harvesting sites and resources;
- Potential impacts of water diversion from Sakinaw/Ruby lakes for domestic residential use, and
- Destruction of shíshálh cultural resources and archaeological sites.

Management direction includes:

- Detailed landscape level planning and zoning required to protect and restore opportunities for shíshálh harvesting, especially in areas of current or proposed development.

6.3.9 PRINCESS LOUISA INLET CULTURAL EMPHASIS AREA

The swíwelát kw'énit sim alap (Princess Louisa Inlet cultural emphasis area) comprises approximately 7,084 hectares and includes the entire Princess Louisa Inlet located in northern lékw'émin (Jervis Inlet) and a portion of the shoreline north of the inlet.

This is a landscape of extremely special and unique spiritual importance to shíshálh people, characterized by dramatic vertical relief from sea to mountain levels.

Key values include extremely high cultural and spiritual values:

- Shíshálh sacred place, long recognized for its overwhelming beauty, mystical nature and spiritual

character;

- Contains shíshálh village site (ásxwíkwu) at mouth of the inlet;
- The ch'ínkw'u island, (SBL no. 12A) was a preferred internment site;
- Many burial sites and pictographs along shoreline to the north of swíwelát (Princess Louisa Inlet) mouth;

- Site of mythic water horse, tah-kay-wah'-lah-klash, which appeared in natural rock on the enormous cliff above and to the left of kw'álmámin (Chatterbox Falls).

• Registered archaeological site, and

- High wildlife/biodiversity values.



Morning in Princess Louisa Inlet.

Brian Lee

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

MAY

- COVID-19 has made planning difficult. Check with organizers for updates regarding scheduling for any of the following events:
- Mon. May 4.....Pender Harbour food bank pickup (Pender clients) - P. H. Community Church, noon
 - Sun. May 10.....Mother's Day
 - Mon. May 11.....Pender Harbour food bank pickup (Egmont clients) - P. H. Community Church, noon
 - Sat. May 16.....75th Pender Harbour May Day (cancelled)
 - Mon. May 18.....Victoria Day (statutory holiday)
 - Mon. May 18.....Pender Harbour food bank pickup (Pender clients) - P. H. Community Church, noon
 - Mon. May 25.....Pender Harbour food bank pickup (Egmont clients) - P. H. Community Church, noon

Pender Harbour and Egmont Food Bank

(at the P.H. Community Church, 12891 Lagoon Road)

In times of emergency, food banks are put under extreme and extraordinary pressure. Not only do community members experience increased financial distress, but students who often receive food at school through a variety of community service groups no longer have access to those important and healthy meals.

Due to increasing demand on local food bank resources, Pender Harbour and Egmont clients will meet on alternate Mondays from 11:30 to 12:30 at the P. H. Community Church. Pender Harbour clients will meet May 4 and every second Monday thereafter and Egmont clients will meet on May 11 and every second Monday. For information, contact Joka Wright at (604) 883-9773 or email dieselditto1@gmail.com.

Harbour Spiel Trivia Answers: 1.b 2.c 3.d 4.c 5.d 6.a



FERRY DEPARTURES

Check www.bcferries.com for service updates due to COVID-19

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:30 am - Daily
9:45 am - Daily
11:55 am - Daily
4:20 pm - Daily
6:35 pm - Daily
8:45 pm - Daily

LANGDALE

6:20 am - Daily
8:40 am - Daily
10:50 am - Daily
3:15 pm - Daily
5:25 pm - Daily
7:40 pm - Daily

EARLS COVE

6:35 am - Daily except Sun
8:25 am - Daily
10:25 am - Daily
12:25 pm - Daily
3:35 pm - Daily
5:40 pm - Daily
7:30 pm - Daily
9:20 pm - Daily

SALTERTY BAY

5:40 am - Daily except Sun
7:30 am - Daily
9:25 am - Daily
11:20 am - Daily
2:30 pm - Daily
4:40 pm - Daily
6:35 pm - Daily
8:25 pm - Daily

*"We pretty much shut it down coming in from China. It's going to be fine."
~ Donald Trump (Feb. 2, 2020)*

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Because of the COVID-19 crisis,
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our office hours:

MONDAY

9am to 5pm

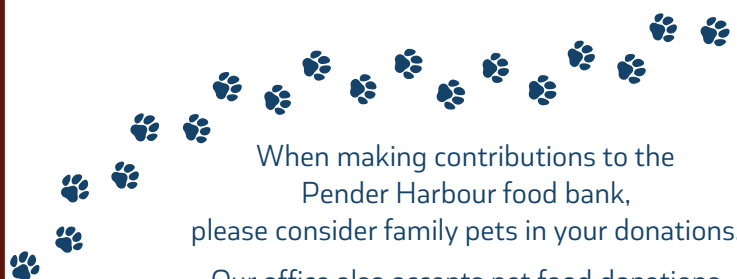
WEDNESDAY

9am to 5pm

FRIDAY

9am to 5pm

Contact us anytime by telephone at 604.883.2488



When making contributions to the
Pender Harbour food bank,
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on behalf of the Pender Harbour food bank.

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