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HARBOUR SPIEL

JUNE 2014
ISSUE 282

A wet and sunny PHSS sports day (photos p. 28)



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EDITOR

Brian Lee

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JUNE ISSUE MAILED JULY 3

editorial

Pull those teachers back into the bucket

By Brian Lee



Wouldn't it be nice if the government just standardized all workers wages?

If they unilaterally scrapped benefit and pension programs and paid everyone an equal but minimum wage?

Then we wouldn't have to gripe about teachers or nurses or anyone else who makes a reasonable living with a secure future.

Instead, we could all subsist with the assurance that those savings in wages and benefits went back to the corporations and government handlers who really care about our well-being.

Gone would be unions.

Unions, the archaic symbol of working class folk our grandparents bloodied themselves for so they had a voice in dictating working conditions.

In these modern times, we take greater comfort in knowing that the multi-nationals who employ us and influence our governments have evolved sympathies to the plight of those who toil for them.

We know if left to their own, they will take care of us.

And those teachers.

Babysitters with six years of university education, right?

Their greed in the face of a benevolent government is an affront to our established system of tax cuts to the wealthy.

Clearly, our government has recognized they need to push them back into the bucket with the rest of us lest we all forget that health benefits and security are elite privileges.

But regardless of what pay hike they get over six years or 10, who among us buys their claims that their jobs are getting harder?

Sure, the Libs have foisted more of those pesky capital and administration costs back to the districts without increasing their budgets.

That just makes everyone more efficient — if teachers are forced to purchase their own supplies for class projects then we understand the resultant savings will be bounced back to solving health care wait times.

And this class-size issue — what is that?

In an era where students with learning issues come with a label and an "individual education plan," shouldn't it be a piece of cake?

Back in the day we were all just lumped into the same group and the dyslexics fell off the back to fend for themselves.

Now teachers need only to ensure that every student receives personalized education fitting their needs.

I can't see how adding more students to classes could possibly have an impact on effectiveness — it's just good business.

We know teachers.

They seem just like us.

And we're jealous.

We accept that BC Ferries employs one very well-paid manager for every 7.6 employees (30 years ago BC Ferries had two fewer routes but required one manager for every 31.6 employees).

So it must be that those who label teachers as "greedy" just intimately understand what a teacher has to do every day in the classroom.

They must understand educating people is simple and their job ends when the bell rings.

They must understand that our government is just looking out for our kids' best interests.

**It ain't real
if it's not in the Spiel.**

Did you know?

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spiel picks

11TH ANNUAL P. H. BLUES FESTIVAL: June 6 - 8

It's three days of blues that keeps getting better every year. The 11th annual Pender Harbour Blues Festival is will be smokin' with the likes of James Harmer, Steve Kozak, Shaun Verrault, David Vest, Sibel Thrasher, Incognito, Doc Fingers, Michael Van Eyes, Tim Hearsey, Dave Paterson, Steve Hinton, Joe Stanton, Simon Paradis and Jason Buie.

EGMONT DAY: June 7

The biggest day of the year in the Coast's northernmost town, Egmont Day is a very social event featuring a fishing derby, parade, games, canoe races, BBQ, scavenger hunt, cake walk, dinner, dance and more. Bring your friends, your family and your visitors from out of town because Egmont Day is the Coast's best kept secret.

ROYAL CANADIAN LEGION VETERAN CEREMONY: June 14

To honour local veterans, the Royal Canadian Legion Branch No. 112 will hold a candlelight tribute at each of two local cemeteries on June 14. A bus will depart the Legion at 11 a.m. to take people to the Francis Peninsula cemetery, then on to the Kleindale Cemetery, before returning to the Legion.

photojournal



Brian Lee photo

Frank White turned 100 on May 9 and celebrated with about an equal number of family and friends the next day at the Pender Harbour School of Music. Here White addresses the crowd with some prepared wisdom gleaned from a century of learning. Grandson Silas White MC'ed the party and read letters of appreciation and plaques from a variety of politicians, the Governor General and even the relatively youthful Queen Elizabeth II (she's only 88). White has completed his second book, *That Went By Fast: My First 100 Years*, and it will be published this fall by Harbour Publishing.

Harbour Spiel

SCRD recycling depots join Multi Material BC program

The Sunshine Coast Regional District has opted into a province-wide waste diversion program but it is unlikely to have much effect on how Area A residents recycle trash — at least in the short term.

On May 20, the SCRDR announced it would join the Multi Materials BC recycling program, a province-wide initiative intended to shift the responsibility for recycling consumer packaging material to producers and away from taxpayer-funded models.

Under the new system, the 2011 BC Recycling Regulation requires businesses over a certain size that supply packaging and printed paper to be responsible for the cost of collecting, sorting and recycling these materials.

This fee will then be passed on to member municipalities to finance residential recycling programs for printed paper and packaging that will be returned to MMBC for post collection services (processing and transport to market).

According to an SCRDR press release, “The program will be implemented at SCRDR recycling depots in Gibsons, Sechelt and Pender Harbour as soon as agreements are reached with local recycling depot operators.”

“There are some details to iron out,” said SCRDR waste and recovery manager Jeremy Valeriotte.

“There’s the contract — we’re talking to the GRIPS board about how we’ll arrange this but, essentially, when a user goes to the depot... it will look more or less the same. There will be slightly different categories but we’re just waiting to hear from GRIPS on how they want to run that.”

Area A director Frank Mauro admits there are still a few outstanding questions but insists the board had to sign on before they could all be answered.

June 2014

“It makes the decision a little bit easier knowing it is much easier to get out than to get back in,” said Mauro.

“You can’t just say, ‘I want back in,’ because there’s a queue. So, you’re faced with a year or a year-and-a-half wait and during that time the taxpayers have to pay.”

One sticking point may turn out to be that the volunteer board of Garbage Recycling in Pender Society, the non-profit that manages the GRIPS recycling depot, isn’t happy about the changes.

Although he says GRIPS has little choice but to go along with the program, secretary-treasurer Joe Harrison said they have yet to sign a contract with the SCRDR.

“The regional district has taken a very hard line with this. They’re trying to get us to sign a contract which downloads most of the cost,” said Harrison.

“The price for the material is all set now because there’s no more market. MMBC is collecting money at the till and they’re returning money to the regional district based on the tonnage shipped.

“At this point they don’t seem willing to give us any of that back,” said Harrison.

Previously, the non-profit society handled post-collection services

themselves, collecting packaging and printed paper to sell on the open market in order to fund the operation.

GRIPS also received SCRDR funding that reflected the costs of tonnage diverted from the landfill but much of the operation was still subsidized by the bottle returns depot.

Harrison said that will continue but instead of subsidizing grassroots recycling initiatives and environmental education, that money could end up subsidizing “more bureaucrats at the regional district.”

Though Valeriotte insists the SCRDR needs GRIPS in order to move forward with future recycling programs in Area A, Harrison said the situation now puts the future of the society in jeopardy.

Area A director Frank Mauro disagrees.

“There’s going to be some changes at GRIPS but I think that the funding that GRIPS sees is more secure,” said Mauro.

“Fundamentally, the regional district has been contractor and the RD subcontracts to outfits like GRIPS so if there is a shortfall, the taxpayer is still on the hook for it. If there’s a surplus, well, there’s a surplus but I don’t see there being a significant surplus — MMBC doesn’t offer huge amounts.”

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news

RCMP news

SEA DOO THEFT

Overnight on May 1, a thief tampered with a lock and gate to gain access into a locked compound in the 13500 block of Highway 101, Madeira Park.

A trailer with two Sea-Doos was stolen.

Later in the day, police recovered the trailer and one Sea-Doo from Menacher Road, Pender Harbour.

The unrecovered Sea-Doo is a 240 horsepower, three-seater model.

Anyone with any information about this theft is asked to contact RCMP, reference file 14-2632.

VANDALS IN BLACK SEDAN

Around 7:45 p.m. on May 14, a vehicle was witnessed driving slowly down the 12800 block of Dogwood Drive, Madeira Park.

Witnesses described it as a 1980s black sedan.

The vehicle turned around and as it neared a parked bus, the passenger hung out of the window and threw a pair of vise grips at the rear window, lodging it in the glass.

The file is still under investigation.

Business briefs

THE COVE

Sue Grayston and a partner have purchased the former site of Tom and Sherry's Restaurant in Earls Cove, renaming it "The Cove."

Grayston says they have spent all winter gutting and renovating the

building and describes her new venture as "a place for the community and ferry hostages to meet and relax and maybe take in a game or two of football, the round ball variety (being an ex-pat and Manchester City fan)."

They have only opened weekends so far but plan to open daily by late June.

Grayston hopes to market the attached house as a lodge for kayakers and mountain bikers and already has 10 people from the BC Bike Race booked in for July 2.

She and her partner are professors in Vancouver and have two local women overseeing operations for them.

FUNKY FINDS

Silvia Rui has reopened "Funky Finds," the name of her business that was previously located in the RONA shopping plaza.

Now at the former Harbour Pet Foods location in Madeira Park, Funky Finds features antiques, collectibles, consignments and more.

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Ted Bentley photo

Ted Bentley took this photo from Francis Peninsula looking out the Harbour entrance (Williams Island in foreground) on a misty May evening.

Reimer wins Attack of Danger Bay — again

It was lucky 13 for North Vancouver's Kevin Reimer who took the 13th annual Attack of Danger Bay crown and a cheque for \$1,200.

But Reimer's record proves luck has nothing to do with it — he's now won the event a record four times — in 2008, 2011, 2013 and now 2014.

Only 25 years old, Reimer has been one of the most consistently dominant riders on the world cup circuit since taking the International Gravity Sports Association world championship in 2010.

Locally, Warner Endert of Pender Harbour's Team Irene scrubbed off a tangle with another racer at Carnage Corner in the Super Grom (ages 14 and under) final to take the third place medal.

Endert somehow stayed on his board as he and another competitor slid into the hay bales in a tight final heat and managed to hold on for a close third.

Curtis Watts crashed in the final heat to take a very respectable fourth place in the Grom (age 15 and 16) category.

Watts' fellow Team Irene member Kurtis Scott from Sechelt took second place in the slide competition.



Brian Lee photos

Kevin Reimer hoists his cheque for the cheering crowd at the awards presentation immediately after the final race at Attack of Danger Bay 13.

In the women's final, Calgary's Elena Corrigal defended her 2013 ADB title beating out fellow Calgarian, Victoria Waddington.

Corrigal competed on Canada's junior national ice luge team for four years before quitting to take up downhill longboarding full time.

In the men's masters final (age 40-plus), it was a battle of past champions with Tom Edstrand beating out Chris Chaput (winner of ADB 2 and 4) and Jody Wilcox (winner of ADB 1 and 3) to take the victory.

ADB MEN'S OVERALL

1. Kevin Reimer
2. Adam Perrson
3. Jackson Shapeira
4. Kyle Martin

ADB WOMEN'S OVERALL

1. Elena Corrigal
2. Victoria Waddington
3. Katie Nielsen

ADB MEN'S MASTERS (AGE 40-PLUS)

1. Tom Edstrand
2. Chris Chaput
3. Jody Wilcox

ADB GROMS (AGE 13-15)

1. Clayton Ronanuk
2. Shaun Ketchum
3. Keenan Macartney

ADB SUPER GROMS (AGE 14 & UNDER)

1. Charlie McMillan
2. Justin Jackson
3. Warner Endert

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Elena Corrigan (middle, front) proves that if you hold the lead coming out of Carnage Corner then you can usually win the heat, as she does here in the women’s final.



This guy didn't win anything but he looked good trying.



Free stuff dropping from the sky jacks the crowd into a frenzy at ADB 14.



Photo left: Warner Endert (back right) rubs one of his competitors into the hay bales at Carnage Corner and would go on to take third in the Super Grom final. Photo right: Endert (left) on the podium afterwards

Just some of the stellar lineup at this year's blues fest

*Simple music is the hardest music to play
and blues is simple music.*

~ Albert Collins

"The first annual Pender Harbour Blues Festival on May 14-16 was a raging success with all ticketed shows sold out."

So wrote Larrie Cook in the June 2004 issue of the *Harbour Spiel*.

Cook went on to praise the Pender Harbour Jazz Festival for doing "a great job extending the tourist season" before going on to declare that "the blues society would like to follow their lead by opening the tourist season a little sooner."

And for 11 years they have done just that by kicking off the summer with some of North America's top blues talent.

That first year showcased Delta bluesman Wes Mackey at the Irvines Landing Pub and Kenny "Blues Boss" Wayne and Billy Dixon and the Soul Train Express at the Garden Bay Pub.

This year is no exception, with some familiar names returning and new ones welcomed for the first time.



JAMES HARMAN

James Harman was born and raised in Anniston, Ala. and quickly picked up on the black blues and soul music being played on juke boxes and the radio.

He sang in the church choir until age 16 when his family moved to Panama City, Fla., where he found himself surrounded by like-minded blues lovers.

While still in his teens, he started playing juke joints and dance clubs throughout the South.

His performances became legendary and he was "tapped" by talent scouts, signed and taken to Atlanta, Ga., in 1964 to begin his recording career at age 18.

While working in Miami in 1968, Harman was befriended by the members of Canned Heat, who persuaded him to move to California, promising to help him get restarted.

Harman made his move to southern California in 1970, and true to their word, Canned Heat insisted on Harman's Icehouse Blues Band as their opening act on many big shows.

He was soon in demand for his own shows, as well as backing every living blues artist who was touring without a band.

In 1978 Harman tired of using band names and started billing his act as James Harman Band.

Harman stopped ground touring in 2000 and now only takes blues festival dates around the world.

Harman will play the Garden Bay Pub Friday night as well the Blues Stage in Madeira Park on at noon on Saturday.



STEVE KOZAK

Steve Kozak has been a mainstay on the western Canadian Blues scene since the mid-1980s performing his up-tempo brand of blues to enthusiastic audiences throughout the Pacific Northwest.

Backed by some of Vancouver's top musicians, Steve has built a reputation as one of western Canada's premier blues acts.

This year Kozak gained national attention by winning the 2013 Maple Blues award for new artist of the year.

Throughout his career Steve has played with blues greats like Pee Wee Crayton, James Harman, Big Joe Duskin, Sonny Rhodes, Eddie 'The Chief' Clearwater, Duke Robillard, Rod Piazza, Rick Estrin, Mark Hummel, Lee Oskar, Nick Curran, Big Joe Louis, Mitch Woods, Tom Holland, Kenny Blues Boss Wayne, Miss Robin Banks, and rockabilly guitar legend Evan Johns.

He recently released his fourth and highly anticipated album, "Lookin' at Lucky," a compilation of original compositions featuring special guest James Harman.

Kozak will play the Garden Bay Pub Friday night as well the Blues Stage in Madeira Park on at noon on Saturday.



SHAUN VERRAULT

Shaun is the guitarist and primary vocalist of Wide Mouth Mason.

Wide Mouth Mason's unique approach to jamming has earned them two invitations to the prestigious Montreux Jazz Festival in Switzerland and tours with AC/DC, ZZ Top and the Rolling Stones.

They became one of the first North American rock bands to tour

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PENDER HARBOUR
SENIORS INITIATIVE

China in the 21st century.

Previous albums have yielded such hit singles as “Midnight Rain”, “My Old Self,” “Why,” “Smile” and “Change.”

Shaun’s skills as a songwriter and lyricist have helped the band speak, not only to their own emotions but also in ways that allow fans to hear a part of themselves in their music.

It will be an energetic show not to be missed.

Verrault will play the Garden Bay Pub on Saturday night.



DAVID VEST

Although he now lives in Canada, Maple Blues Award winner David Vest is an authentic, Southern-bred boogie-woogie piano player and blues shouter.

Born in Alabama in 1943, David grew up in Birmingham, near Tuxedo Junction.

He played his first paying gig in 1957 and by the time he opened for Roy Orbison on New Year’s Day 1962, he was a seasoned veteran of Gulf Coast roadhouses and honky-tonks.

At the age of 17, David went on tour with Jerry Woodard and the Esquires, some of whom later became key members of the Muscle Shoals Rhythm Section and the Muscle Shoals Horns.

While still with Woodard, he jammed with Ace Cannon, Bill Black’s Combo and the Jimmy Dorsey Band in clubs along the Florida Panhandle, where fellow Alabamian James Harman would soon make his mark.

He had seen Carl Perkins, Jerry Lee Lewis, and Johnny Cash by 1958.

He saw Bo Diddley, Jimmy

Reed, and John Lee Hooker in the prime of their careers.

About the time he turned 21 he found himself onstage backing Big Joe Turner, who said David Vest’s playing made him feel like he was back home in Kansas City.

Vest wrote the first songs ever recorded by Tammy Wynette, as de-

tailed in Jimmy McDonough’s bio of the country legend.

David Vest will play at the Painted Boat Restaurant on both Friday and Saturday nights as well as the blues stage in Madeira Park on Saturday and the Garden Bay Pub’s Pianorama wrapup on Sunday night.

A celebration for SENIORS

**PENDER HARBOUR COMMUNITY HALL
TUESDAY, JUNE 3 10-2 PM**

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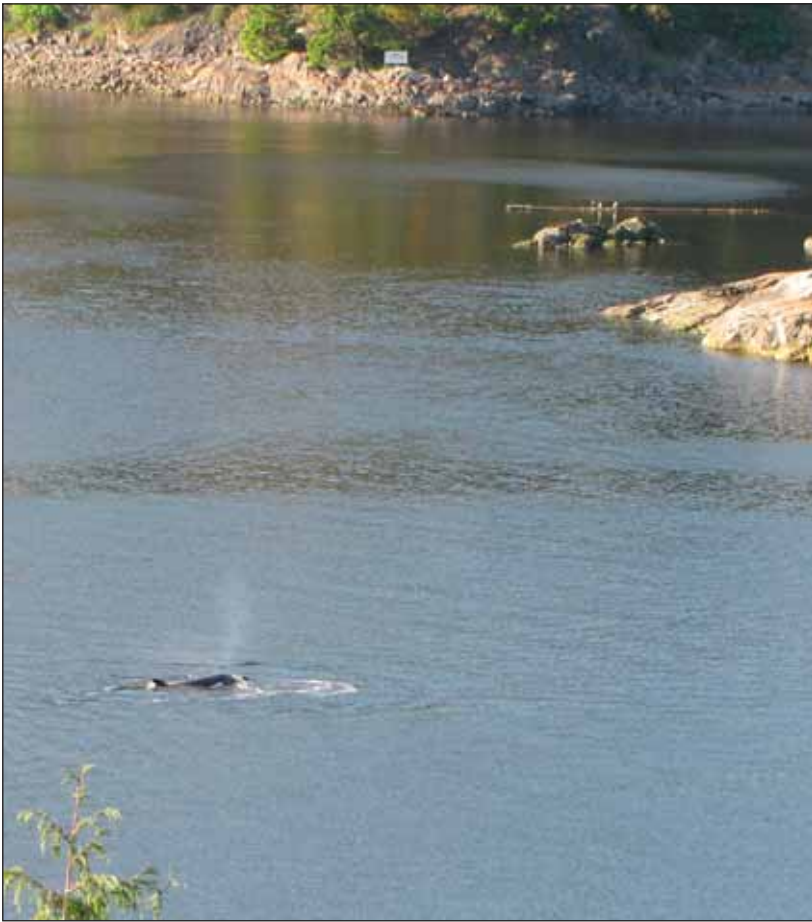
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[Raffle proceeds donated to the Harbourside Friendship Program.]



Presented by THE PENDER HARBOUR SENIORS INITIATIVE



Gaylene Lueger/Wharf Waterfront Suite photo

Local legend says that Orca whales haven't entered Pender Harbour since fisherman rounded up a bunch for aquariums in the late 1960s. The whales must have forgotten because a pod of six to eight cruised around the Harbour for an hour or so on the evening of May 20, eventually heading out the way they came. Both photos here are taken near the Skardon Islands.

JUNE

ANNUAL GARAGE SALE: JUNE 7!
"Saleable" items that can be "carried" can be donated and dropped off June 4-6 at the Branch.

WEDNESDAYS:
Cheap beer and wine bottle specials (w/ food order). Wings from 4 pm.

FRIDAYS:
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Royal Canadian Legion #112

NEW MEMBERS ALWAYS WELCOME



David Campbell photo

Organizers say the May Day fishing derby was a great success again with 23 kids taking part and catching a total of 40 fish. Pictured here are organizers and the winners (l-r): John Hegyi, Tyson Sample (age 10), Matthew Phillips (age 13), Derek Ewen (age 12) and Ron Ostler.

MacNeill Lake trail system: ‘Old Pole Road’

Old Pole Road is a relatively flat trail with mature trees and many small creeks that flow into South Pender Harbour’s water source.

Once a railbed used to haul logs out of the bush, Old Pole Road follows the marshy wetlands on the east side of McNeill Lake.

It’s best accessed via the main McNeill Lake Forest Service Road (via Menacher Road) and turning left on a rougher forestry road marked “A” on the map (left).

The road passes through a recently logged clearcut and hits a creek crossing.

A trail to your left offers a bridge across the water and then a short distance further on the opposite side of the creek lands you at the north end of Old Pole Road.

The trail will be on your right.

This trail runs for approximately two kilometres before spitting you out on a forestry road through another recently logged section.

Stay right and after about 500 metres, a singletrack trail called Copperhead cuts back into the woods.

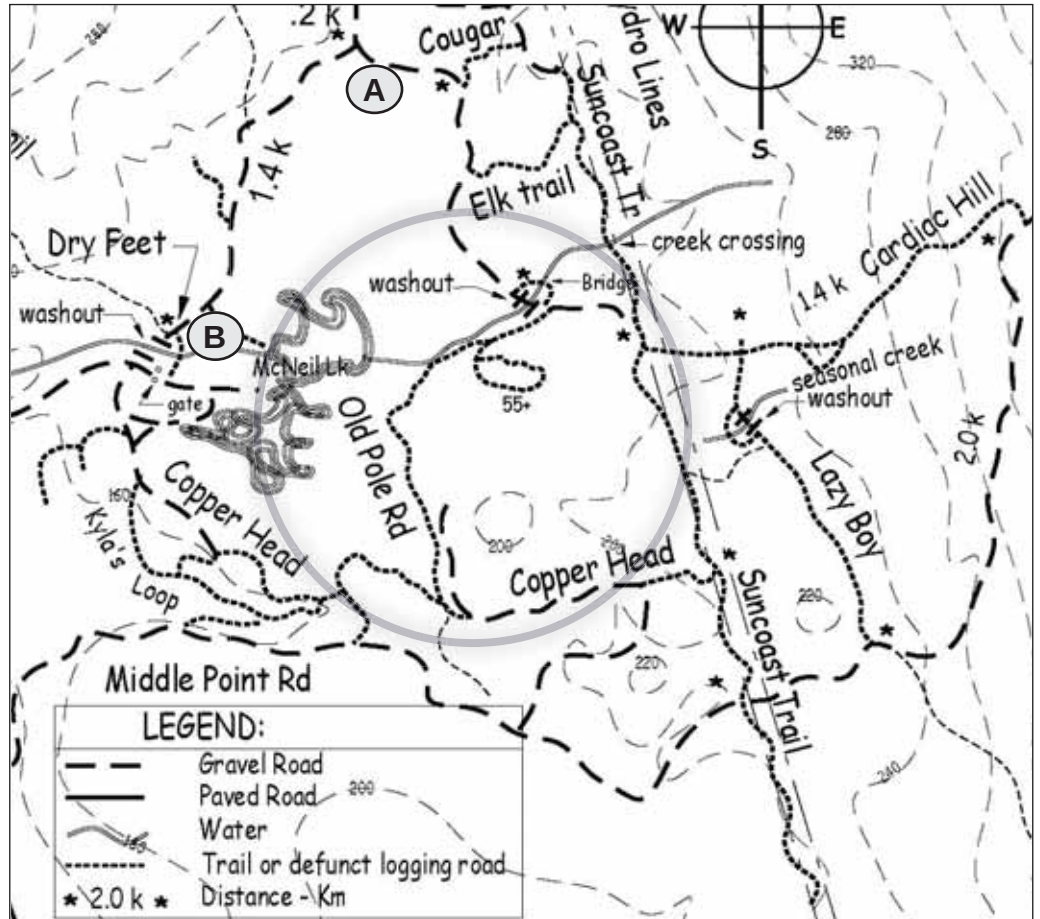
Follow that trail, staying to your right all the way to Haslam Creek and the bridge at Dry Feet (“B”).

After exiting Dry Feet, you are once again on the McNeill Lake Forest Service Road.

The McNeill Lake Trail system contains a variety of routes that make it possible to complete a five- to 15-kilometre-plus loop of approximately 50 per cent singletrack trails.

Look for other marked trails like Scary Hill Bypass, Cougar’s or Elk Trail to complete the circuit.

For more information on local trails, pick up a copy of *Fat Tires and Walking Sticks: A Pocket Guide to “Some” Pender Harbour Trails*.



Map produced by Jon Paine

Old Pole Road sits among a growing network of single track trails that surround McNeill Lake. The system is best accessed via Menacher Road/McNeill Lake Forest Service Road or via Middlepoint Road at the south end.



Jon Paine photo

This trail is an old railbed once used for logging the area north of McNeill Lake. Here Paul Cuppen stays dry riding a bridge over a particularly wet section of Old Pole Road.

Local government awareness week



By Frank Mauro,
Area A Director

SCRD OVERVIEW

May 18 to 24 was "local government awareness week."

Since I am writing this at the beginning of that week, I thought a brief description of the SCRD structure would be appropriate to encourage communication with residents and businesses with respect to public process.

There are four main standing committees at the SCRD that meet monthly and make recommendations to the board.

They are all composed of all directors of the SCRD board. The chair and vice-chair of each committee are

appointed annually by the chair of the SCRD.

These meetings are open to the public for most of the business conducted except for in-camera discussions regarding decisions on legal issues, labour relations, property acquisition etc.

Board meetings are where recommendations from the committees are reviewed, amended as required, and adopted.

Bylaws are also given readings and adopted at board meetings.

COMMUNITY SERVICES COMMITTEE

This committee reviews and makes recommendations to the board with respect to the policy formulation and decision-making related to the provision of services such as

emergency services, Emergency 911, parks, cemeteries, recreation facilities, fire departments etc.

The committee considers issues pertaining to the community services department and makes recommendations to the SCRD board on these issues.

CORPORATE AND ADMINISTRATIVE COMMITTEE

This committee is responsible to review and make recommendations to the board with respect to policies pertaining to financial plans, budget, grants-in-aid, strategic planning, finance, information technology and GIS, etc.

INFRASTRUCTURE SERVICES COMMITTEE

The infrastructure services com-

We invite you to join the conversation at the SCRD committee meetings below:

Infrastructure Services Committee
June 5 at 1:30 p.m.

Policing Committee
June 23 at 9:00 a.m.

Community Services Committee
June 12 at 1:30 p.m.

Transportation Committee
June 23 at 10:15 a.m.

Regular Board
June 12 at 7:30 p.m.

Corporate and Administrative Services Committee
June 26 at 1:30 p.m.

Planning and Development Services Committee
June 19 at 9:30 a.m.

Regular Board
June 26 at 7:30 p.m.

Our meetings are held at **1975 Field Road** in Wilson Creek at the SCRD **Board Room**. Agendas for these meetings are available at www.scrd.ca/Agendas-2014.

For information on who we are, and what we do, please visit www.scrd.ca, call 604-885-6800, or email info@scrd.ca. To contact Area A Director, Frank Mauro, please email frank.mauro@scrd.ca.

Want to learn about what's going on at the Sunshine Coast Regional District?

Go to www.scrd.ca and click on "Sign up for our Newsletter" button to receive *Coast Current*, our quarterly newsletter.

twitter : [sunshinecoastrd](https://twitter.com/sunshinecoastrd)

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12828 Lagoon Road
Madeira Park, BC V0N 2H1

Phone: 604-885-6877
Email: utilityinfo@scrd.ca

Monday to Friday
8:30 a.m. to 1:30 p.m.



mittee is responsible for reviewing policy for services relating to the support of: building maintenance (except community park buildings), transit, fleet maintenance, solid waste, wastewater, water, etc.

PLANNING AND DEVELOPMENT COMMITTEE

This committee reviews and makes recommendations to the board with respect to the policy formulation and decision-making related to land and environmental issues, rural planning, zoning, OCPs, natural resource issues, regional planning, bylaw enforcement, building permits, economic development and related issues.

Committees and agencies falling within the mandate of the planning and development committee include: advisory planning commissions for all electoral areas, board of variance, natural resources advisory committee, agricultural advisory committee and the affordable housing committee.

TRANSPORTATION AND POLICING COMMITTEES

The SCRD has also established the Sunshine Coast policing committee to make recommendations related to regional policing matters and the transportation advisory committee makes recommendations on regional transportation issues.

REGIONAL HOSPITAL DISTRICT

The Sunshine Coast Regional Hospital District boundaries are the same as the Sunshine Coast Regional District and the board members are the same as the regional district board.

The purpose of an RHD is to grant aid and establish, acquire, construct, reconstruct, enlarge, operate and maintain hospitals.

The RHD provides the local share (typically 40 per cent) of capital funding for the region's hospital facilities and hospital equipment.

The province and other funding partners provide the balance of funds.

The Vancouver Coastal Health Authority is responsible for the actual delivery of health care in the region.

OPEN DISCUSSION

I will be available between 8 a.m. and 10 a.m. on Friday, June 7 at the Copper Sky in Madeira Park to answer questions and to listen to your concerns.

I can be reached at (604) 740-1451 or by email at Frank.Mauro@scrd.ca.



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MAY DAY 2014







May saw two locals appear in a couple of high profile BC publications. Rose-Ellen Nichols appeared on the cover of the Vancouver weekly *Georgia Straight* in advance of her starring role in the Margaret Atwood-penned opera, *Pauline*. *Pauline* opened May 23 at Vancouver's York Theatre. Publisher Howard White landed a date with *BC Business* magazine's Lucy Hyslop for her regular column, 'Lunch With Lucy' in which she interviews BC business personalities. He even managed to plug a couple of local eateries.

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organizations

EGMONT COMMUNITY CLUB'S EGMONT DAY

Egmont Day starts at 9 a.m. on Saturday, June 7 and doesn't stop until 1 a.m. Sunday. This year's theme is the "Egmont Community Club Executive Reunion Tour." Organizers have planned something for everyone from a kid's fishing derby to a parade, sports events, zodiac tours, canoe races and more. Live music (Katy and the Cornpones) in the park during the day, lunch and dinner at the hall followed by the highly anticipated first annual "Thrift Store Fashion Show." The day will go out in a blaze of dancing and music from the awesome sounds of El Vago Soul (starts at 9 p.m.) in the hall. Welcome all.

P. H. SENIORS HOUSING SOCIETY

The PSHS is looking for motivated people who are interested in serving on our board. The board has selected their Lily Lake site to construct the new seniors housing project "Lily Lake Place."

The PSHS plans to construct a three-storey building with 10 condominiums on the second and third floors. Floor plans have been drawn for six two-bedroom and four one-bedroom condo units and cost estimates are now being prepared by three contractors for the entire project. Costs were finalized in April and prices of the individual condos determined. All condos will be sold by Life Lease except two units designated as affordable housing for local seniors living below the poverty line and in need of better housing.

Any senior thinking of downsizing to a nice condo in Pender should join the society and come to our annual general meeting at the Activity Centre in Lily Lake Village (12710 Lagoon Road) in Madeira Park on Wednesday, June 18 at 7 p.m.

ROYAL CANADIAN LEGION NO. 112

On Saturday, June 14, the Royal Canadian Legion in Madeira Park will hold its second annual candlelight tribute. During this ceremony a weatherproof candle and small white cross is placed on the grave of each veteran buried in the cemeteries at Francis Peninsula and at Kleindale. We will be gathering at the Legion at 11 a.m. and departing by bus at 11:30 a.m. Everyone is welcome.

SUNSHINE COAST LYME DISEASE AWARENESS

Lyme disease is a legitimate health concern that many people don't understand. Learn the facts about Lyme Disease at the Sunshine Coast Lyme Disease awareness event on Sunday, June 22 from 2 to 4 p.m. at the Royal Canadian Legion, Branch No. 140 (5591 Wharf Street, Sechelt). There is no charge.

ORGANIZATIONS DIRECTORY

• Blues Society	883-2642
• Bridge Club	883-2633
• Chamber of Commerce, P. H. & Egmont	883-2561
• Coast Guard Auxiliary, Unit 61	883-2572
• Community Club, Egmont	883-1379
• Community Club, Pender Harbour	883-2583
• Community Policing	883-2026
• Community School Society	883-2826
• Egmont & District Volunteer Fire Department	883-2555
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club	883-2689
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	883-9766
• Health Centre Society	883-2764
• Health Centre Auxiliary (Last Monday, 1p.m.)	883-9957
• InStitches (Last Thursday, 11 a.m., PHHC)	883-0748
• Lions Club, Egmont	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.)	883-1361
• Men's Cancer Support Group	883-2393
• P. H. Aquatic Centre Society	885-6866
• P. H. Choir (7 p.m., Tuesday)	883-9248
• P. H. Garden Club	883-2595
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.)	883-2054
• P. H. Living Heritage Society	883-0744
• P. H. Music Society (bookings)	883-9749
• P. H. Paddling Society	883-3678
• P. H. Pipe Band	883-0053
• P. H. Power & Sail Squadron	883-1366
• P. H. Volunteer Fire Dept (Wed. evening)	883-9270
• Reading Centre Society	883-2983
• Rotary Club (noon Fri. Garden Bay Pub)	883-2544
• Royal Canadian Legion No. 112	883-2235
• Ruby Lake Lagoon Society	883-9201
• Skookumchuck Heritage Society	883-9994
• St. Mary's Hospital Auxiliary (2nd Wed., 1:30 p.m.)	883-2563
• Seniors' Housing Society	883-2819
• Serendipity Child Care Centre	883-2316
• Sunshine Coast Better At Home	989-6171
• Sunshine Coast SHROOM	883-3678
• TOPS (Take Off Pounds Sensibly)	883-3639
• Wildlife Society (3rd Tues. PHSS)	883-9853
• Women's Cancer Support	883-9708
• Women's Connection (2nd & 4th Tue.)	883-3663
• Women's Outreach Services	741-5246

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'The Quest' — a modern day dramatic oratorio

Submitted

An all-new, scripture-based choral work will be on stage at the Pender Harbour School of Music in Madeira Park on June 5 and 6.

The production is presented by the Pender Harbour Living Heritage Society.

In a variety of musical styles, *The Quest* takes us on a journey inspired by four common human questions presented by "The Seekers."

Common answers to these questions are presented by "The Temptations," while answers paraphrased from scripture are presented by "The Voice" and by the chorus.

Complete with sets and costumes, the production is being presented as a modern-day dramatic oratorio.

Kenneth Norman Johnson is the composer, producer and director of the show and it features an all-star Sunshine Coast cast.

Johnson is an award-winning musician who writes music and words in a wide variety of styles, often classically influenced with a jazz or pop flair.

PENDER HARBOUR LIVING HERITAGE SOCIETY PRESENTS

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COMPOSED, PRODUCED, AND DIRECTED BY
KENNETH JOHNSON

THE QUEST

FEATURING
AN ALL-STAR
SUNSHINE COAST CAST

JUNE 5 & 6, 2014

8:00 P.M.

PENDER HARBOUR MUSIC CENTRE

He has composed musical stage productions, choral music, orchestral works and documentary film scores as well as a variety of songs and piano

scores but he is best known for his original piano works with more than a dozen recordings.

He has several musical productions in progress while he continues to write, produce, publish and mentor performing artists at Kappa Arts, his home studio in Pender Harbour.

Both evening presentations of *The Quest* begin at 8 p.m. at the P. H. School of Music.

Tickets are \$25 and may be purchased at Harbour Insurance and EarthFair in Madeira Park and Sechelt Visitors Centre in Sechelt.

Proceeds from the performance will go towards the restoration of the Sarah Wray Hall, a project of the Pender Harbour Living Heritage Society.



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SL26 WF with Panoramic SE View	\$449,000 Resale	SL40 View Lot	\$124,900 Resale
SL24 WF with Potential Access	\$419,000 Resale	SL47 Ocean View Lot	\$109,000 Resale
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Barry Krangle photo

The Madeira Park Elementary school held its first 'fine arts' week May 12-16. Seen here is Penny Lang who 'had all the kids slapping their knees and belting out some wonderful tunes.' Other events included the nationally acclaimed Figura presentation of Peter and the Wolf, Mark Brezer performing some classic guitar singalongs, Harbour Gallery artists Cory Campbell, Pat Walsh, Solveigh Harrison and June Malaka teaching each class some of the finer points of painting with water colours and Patty Soos working her ceramic magic teaching students how to mold clay and create finger bowls. Cirque du Soleil hall of famer Gerardo Avalia rehearsed with each class to create a circus to close fine arts week. With an emphasis on teamwork and trust, Gerardo had students performing circus stunts to a gym full of amazed parents Friday afternoon.

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June 1	1:27 pm -L, 8:40 pm +XL
June 2	7:25 pm +S, 2:04 pm -L
June 3	8:18 am +S, 2:46 pm -L
June 4	3:20 pm -M
June 5	11:25 am +S, 4:22 pm -M
June 6	12:35 pm +M, 5:34 pm -M
June 7	1:31 pm +M, 7:01 -M
June 8	7:35 am -L, 2:34 +L
June 9	7:49 am -L, 3:30 pm +L
June 10	8:36 am -XL , 4:23 pm +L
June 11	9:29 am -XL , 5:14 pm +XL
June 12	10:21 am -XL , 5:02 pm +XL
June 13	11:10 am -XL , 6:47 pm +XL
June 14	11:57 am -XL , 7:30 pm +XL
June 15	12:45 pm -XL , 8:10 pm +XL
June 16	6:58 am +M, 1:36 pm -XL
June 17	7:57 am +M, 2:32 pm -XL
June 18	9:11 am +M, 3:32 pm -L
June 19	10:40 am +M, 4:34 pm -L
June 20	11:58 am +M, 5:41 pm -M
June 21	1:19 pm +L, 6:56 pm -M
June 22	7:59 am -XL , 8:15 pm -M
June 23	9:43 am -XL , 3:35 pm +L
June 24	10:35 am -XL , 4:32 pm +XL
June 25	11:22 am -XL , 5:21 pm +XL
June 26	12:03 pm -XL , 6:04 pm +XL
June 27	12:37 pm -XL , 6:42 pm +XL
June 28	12:28 pm -XL , 7:16 pm +XL
June 29	11:40 am -L, 7:46 pm +XL
June 30	1:08 pm -L, 8:13 pm +XL

These are estimates only and not intended for navigation.

JUNE BIRTHDAYS

June 1 ~ **June Percival** and **Uriah Mees**.
 June 2 ~ **Glenn Higgins** and **Ivan Fisher**.
 June 3 ~ **Ron Fearn**.
 June 4 ~ **Lilah Donnahee** and **Dale Klassen**.
 June 5 ~ **Joel Field** and **Autumn LaFrance**.
 June 6 ~ **Hugh Skinner**, **June Malaka** and **Holly Seabrook**.
 June 7 ~ **Irene Pratchett**, **Russell Silvey**, **Ron Cymbalist**, **Marlene Cymbalist** and **Marie Hill**.
 June 9 ~ **Dennis Gaudet** and **Bill Cochet**.
 June 10 ~ **Darren Vickers** and **Rob Hoehn**.
 June 11 ~ **Kathy MacGreggor**.
 June 12 ~ **Ken Walters**, **Kim Cabral** and **John Griffith**.
 June 13 ~ **Doug Silvey**, **Pat McQueen** and **Amber McKeeman**.
 June 14 ~ **Mack Duncan** and **Rick Shymanski**.
 June 15 ~ **Marie Malcolm**, **Kay Robinson**, **Hannah Stewart** and **John Schroeder**.

June 16 ~ **Sonny Reid**, **Rod Cummings**, **Paula Vickers**, **Britney Carswell** and **Derek Youngs**.
 June 17 ~ **Harry Luck**.
 June 18 ~ **Ray Rousseau**.
 June 19 ~ **Darlene Yablonski**, **Luke Petraschuk** and **Leah Bernier**.
 June 20 ~ **Tamara Mackie** and **Stan Crowell**.
 June 21 ~ **Willa Schroeder** and **Terri Honeybourne**.
 June 22 ~ **Pat Walsh**.
 June 23 ~ **Dave McKeeman** and **Julia Massullo**.
 June 24 ~ **Alex Phillips** and **Mike Gaudet**.
 June 25 ~ **Aisha Chalk**.
 June 26 ~ **Gerry Krantz**, **Tammy Holt** and **Brieanne Gilkes**.
 June 27 ~ **Barrie Wilbee**, **Aleezah Charboneau**, **Kelsey Clay**, **Jack Donnahee** and **Neville Lincoln**.
 June 29 ~ **Lorna Edwardson**, **Fred Hunsche**, **Ambrose Mees** and **Mark Mills**.
 June 30 ~ **Hanna Stoutenburg**.

JUNE ASTROLOGY

GEMINI: MAY 21–JUNE 21

Geminis are butterflies by nature, flitting from one attraction to the next. Until June 7, your personality, image, and confidence in yourself continue to expand to new levels. Gemini, you are seeing whole new possibilities — your vision of life is clear and panoramic. After June 7 it's a different story however. Get your prescription refilled before hand — you are going to need it.

CANCER: JUNE 21–JULY 22

Those born under the sign of the crab value security, enjoy the safety and comfort of familiar surroundings and activities, and don't like surprises. June is generally a warm, protective cycle, although with Jupiter in the background in your chart, there may be some sense that you are not truly living or experiencing your life to the fullest. Your close personal relationships tend to be private and possibly involve some sacrifices. Escapist tendencies and the temptation to shirk everyday responsibilities will be strongest around the full moon. Avoid drugs, gluten and the Internet.

OF JUNE

THE BLUES

Pender Harbour caught on to the blues relatively late. This year marks the 11th running of the Pender Harbour Blues Festival but the music is as old as the African-American slave trade.

Little is known about the exact origin of the music now known as the blues.

No specific year can be cited as the origin of the blues, largely because the style evolved over a long period and existed in approaching its modern form before the term blues was introduced, before the style was thoroughly documented.

Ethnomusicologist Gerhard Kubik traces the roots of many of the elements that were to develop into the blues back to the African continent, the "cradle of the blues."

One important early mention of something closely resembling the blues comes from 1901, when a researcher in Mississippi described the songs of black workers which had lyrical themes and technical elements in common with the blues.

African American work songs were an important precursor to the modern blues; these included the songs sung by labourers like stevedores and roustabouts, and the field hollers and "shouts" of slaves.

There are few characteristics common to all blues, as the genre takes its shape from the peculiarities of each individual performance.

Some characteristics, however, were present prior to the creation of the modern blues, and are common to most styles of African American music.

The earliest blues-like music was a "functional expression, rendered in a call-and-response style without accompaniment or harmony and unbounded by the formality of any particular musical structure."

This pre-blues music was adapted from the field shouts and hollers performed during slave times, expanded into "simple solo songs laden with emotional content."

Many of these blues elements, such as the call-and-response format, can be traced back to the music of Africa.

The use of melisma and a wavy, nasal intonation also suggests a connection between the music of west and central Africa and the blues.

The belief that blues is historically derived from the West African music including from Mali is reflected in Martin Scorsese's often quoted characterization of Ali Farka Touré's tradition as constituting "the DNA of the blues."

The most important American antecedent of the blues was the spiritual, a form of religious song with its roots in the camp meetings of the Great Awakening of the early 19th century.

Spirituals were a passionate song form, that "conveyed to listeners the same feeling of rootlessness and misery" as the blues.

Spirituals were less specifically concerning the performer, instead about the general loneliness of mankind, and were more figurative than direct in their lyrics.

Despite these differences, the two forms are similar enough that they can not be easily separated — many spirituals would probably have been called blues had that word been in wide use at the time.

~ Wikipedia

JUNE WEATHER

TEMPERATURES (MERRY ISLAND)

Our average daily high June temperature is 18.7 C and low is 12.4 C, giving us a mean daily temperature of 15.6 C. The highest June temperature recorded is 29.9 C (June 1, 1978); the lowest is 5.6 C (June 1, 1966).

PRECIPITATION (MERRY ISLAND)

June averages 10 days with rainfall and a 46.9 mm total. June has an average of 230.1 hours of bright sunshine. The highest daily rainfall recorded in June is 41.9 mm (June 10, 1972).

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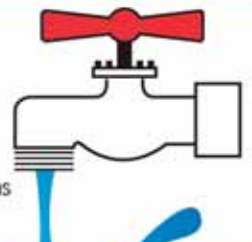
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Yellow tromps on green at PHSS sports day

Pender Harbour Secondary School held its annual sports day on May 16, an event that stirs up a heated rivalry between the traditional teams of Haida and Nootka.

The rivalry is boundless, often pitting friends and family against each other in the pursuit of team victory.

Floor hockey, indoor soccer, ultimate frisbee, gladiator contests and a number of obstacle courses were all set up to test the resolve of the weak.

By the time the blood dried and the Band-Aid wrappers were swept up, it was Nootka taking bragging rights over Haida's green team, 541 to 535.



Brian Lee photos

Light shoes, no protective gear and steely determination make up the floor hockey battle in the tennis court. Here Ashley Angus (l) and Marena Mackenzie look determined to get to the little red ball first.



Warner Endert and cover boy Al Cook make it through the tunnels to start the obstacle course race.



Jordan Kammerle breaks in alone on goalie/teacher Dave Stoddard. Despite what Kammerle may tell you, he did not score on this play.



Ultimate is a game of sportsmanlike conduct... unless your opponent is wearing a yellow shirt. Ian McDonald looking for damage.



Nootka's Ashley Angus, Yasmeena Kennedy and Maribeth Haines find a loophole solution to the cross-country skiing event which doesn't allow the pads of your feet to hit the ground unless they're on the skis (the boards the team is dragging behind them).



The obstacle course slip and slide was the favourite spot to cool off between events.

June 2014



One of the sad by-products such high level competition are the friendships destroyed along the way. Here, Lulu Kammerle and Lauryn Young learn the bonds of friendship are only as strong as the flying disc that stands between them.



The gladiator event is where things get rough and personal. Here Matteo Alps Mocellin (r) squares off against Arlen Howitt.

May gets busy at the golf course



By Jan Watson

The eighth annual Masters Par 3 tournament was once again a popular event with 36 players participating on April 26.

This was a four-person team event and the winners of the coveted green jackets were Scott Patton, Ron Needham and Carol Reid with 272.

Runners-up were Kirk Mackie, Dave Phillips, Garry Noble and Jeff Sieben 282.

KP on No. 4 was Linda Klikach and Bruce Forbes.

A wonderful BBQ steak dinner and buffet followed.

The beginner golf lessons wound up their session with a three-hole black tee tournament on May 7.

Carly Gooldrup won low score and Melanie Ewen had the longest drive and won the putting contest after a tiebreaker with Jeanine Phillips.

Pam Patterson won KP on No. 6.

Black Tee Tuesdays are now running Tuesdays at 4 p.m. and are a good opportunity for new and rusty golfers to get out on the course.

MEN'S CLUB

The men's first interclub match was against Sechelt Golf Club and after losing by a narrow margin at Sechelt, they came back to win handily at Pender on May 14, winning overall 34.5 to 13.5 points.

May 6 was a Stableford, winner was Bruce Forbes with 25 points and runner-up John Cameron with 24.

Low gross winner was Lorne Campbell with 76 and low net was Jamie Tufford with 67.

KP on No. 3 and No. 6 was Lorne Campbell, on No. 12 Glen Bonderud and on No. 15, Garry Noble.

May 13 saw blind partners with winners (based on net score) Merv Oleksyn and Jamie Tufford shooting 137.

Low gross was taken by Lorne Campbell with 78 and low net was Jamie Tufford with 66.

KP on No. 3 was Rusty Ellis, No. 6 was Brian Disney, No. 12 Ian Grant and No. 15, John Maveety.

At the Stableford tournament played on May 10, the winner was Brian Disney with 26 points and runner up was Harry Friesen with 24.

THE 19th HOLE

These greens are so fast I have to hold my putter over the ball and hit it with the shadow.

~ Sam Snead

LADIES' CLUB

A nine-hole scramble on April 17 was followed by the spring meeting and luncheon.

The winning team was Connie McGill, Heather Cranston and Krys Parranto with 41.

KP on No. 3 was Mary Carlsen and long drive on No. 5 was Heather Cranston.

On April 24 the hidden score winner was Krys Parranto with 116 with runner-up Kathy Needham.

May 1 was the qualifying round of the Crabb Cup, a match play event.

May 8 was a team low net event with winners Lori Wilson, Linda Klikach and Wendy Simmonds.

On May 15 the ladies had to estimate what their score would be and Kathy Needham was spot on at 116.

May 12 saw the home leg of the interclub match against Sechelt Golf Club and Pender finished the day with a nice lead of 40.5 to 31.5.

LADIES STEAK NIGHT

The first scramble of the season on May 9 saw 15 players out and two teams tied to win with scores of 39: Reni Ducich, Jackie Grant and Cathy McEachern and the team of Heather Cranston, Sarah Davies and Jan Watson.

GRIPS

Annual General Meeting

June 15 at 7 p.m.

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EMPLOYMENT WANTED

- **P. H. Legion requires** a part-time cook and a part-time bartender. Call Pat at (604) 883-2235 or submit a resume to rcl@uniserve.com. Previous experience is an asset.

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harbour seals



Note your approval or disapproval.

Send to: editor@harbourspiel.com. Include full name and telephone number for confirmation. (Editor reserves the right to edit for length.)

A big Seal of Approval to all **who generously donated bikes** to Bicycles for Humanity. Also, sincere thanks to Coast Storage and Containers and Prime Rentals for storage, PetroCan, Rona and Central Coast Concrete for their drop off locations.
Lyn and Bill Charlton
Bicycles for Humanity

A great big Harbour Seal to **Carol and Dex Rowsell** for donating a wonderful playhouse to Serendipity Child Care Centre. The children love it.

Donelda Brown
Serendipity Child Care Centre

A special Seal of Approval to **Robin Millar** for all his work at the Pender Harbour public docks. He has been a great ambassador and tireless worker. Best wishes in your new endeavours.

George Brown
HAPH board

A Harbour Seal of Approval to **RONA** who donated a hanging basket which was won by Sharon Halford for renewing her membership in the P. H. Advisory Council at May Day.

Randy Picketts
P. H. Advisory Council

PENDER HARBOUR SENIORS HOUSING SOCIETY

Notice is hereby given that the **Annual General Meeting** of members of Pender Harbour Seniors Housing Society will be held at the Activity Centre at Lily Lake Village, 12710 Lagoon Road, Madeira Park, BC, on

**Wednesday, June 18, 2014,
at 7 p.m.**

For the following purposes:

1. To receive the Financial Statements of the Society for the year ended December 31, 2013, and the auditor's review thereof.
2. To receive the Report of the Board.
3. To elect three Board members for a term of three years.
4. To appoint an Auditor for the Society for the ensuing year.
5. To transact such other business as may properly be brought before the meeting.

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- For more information call: Child & Youth Mental Health Intake (604) 740-8900 or (604) 886-5525



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ALCOHOLICS ANONYMOUS meets Wednesdays at 8 p.m. – everyone welcome.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

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Ticks and their bite

By Lesley Adam, RN

Ticks are small biting arachnids that feed on the blood of mammals and birds.

They do this by cutting a hole into the host's skin and inserting a barb-like structure to attach themselves.

Once engorged by their blood meal, they detach and fall off.

Ticks are prevalent in grassy, wooded areas with short bushes such as salal.

They are able to detect hosts by their breath, odour, heat, moisture and vibration.

Ticks sit on the foliage, hold out their legs and wait to climb onto a host as they brush by as they cannot jump or fly.

After finding a tick, remove it as quickly as possible.

It is important to remove it properly or mouthparts can remain.

The best method is to use small tweezers, getting as close to the skin as possible, grasping the tick without crushing or squeezing it and pulling upwards gently but firmly using steady pressure.

If the tick is buried in the skin, or you cannot reach it, get someone else to do it or go to your family doctor or a clinic.

After the tick is removed wash the skin with soap and water.

Any parts left in should be left alone as they will eventually be expelled on their own.

Trying to dig it out might cause more trauma to the skin.

Tick bites can be uncomfortable. They commonly turn red and feel hot. Sometimes they become itchy.

Try not to scratch. Use Tylenol (acetaminophen) for discomfort.



The best way to avoid tick bites is to walk on cleared trails, wear long sleeves, pants and light-coloured clothing.

If possible, tuck your pant legs into boots and use an insect repellent.

After a hike, be sure to check your clothing and skin including scalp, armpits and groin.

Inspect your children and pets and consider showering within two hours of hiking in wooded areas.

LYME DISEASE

Few varieties of ticks carry the bacteria that cause Lyme disease, the most common tick-borne disease in North America.

In order for the tick to transmit the disease to a human, it has to be attached for at least 36 hours and become engorged with blood.

Symptoms are usually flu-like with fever, fatigue, headache, stiff neck, muscle and joint pain.

The rash develops within a month.

It can appear as a series of concentric rings like a target spreading

out from the bite.

See your physician if you have any of these symptoms within days or weeks of being bitten.

Fewer than one per cent of ticks tested in BC carry the bacteria.

According to the medical health officer, the Sunshine Coast has not had any confirmed cases of Lyme disease attributed to the ticks found locally for over a decade.

Although Lyme disease is treatable, the disease can be serious, so taking steps to avoid being bitten is always the first best step.

BETTER AT HOME, PENDER HARBOUR

June is Seniors' Month and we from Better at Home would like to remind all seniors that we are here and ready to lend a helping hand.

We have organized a fundraiser on June 1 in front of the IGA from 10 a.m. to 4 p.m.

Please drop by and ask questions, or make a donation to the program and enter to win a gift basket generously donated by the IGA.

***Tails Across the Kitchen Floor:* An excerpt from Vi Tyner's ode to**

By Vi Tyner (Excerpt transcribed by David Campbell)

The late Vi and Jim Tyner purchased their property at the southern end of Lily Lake in 1946 and lived there for many years. Vi Tyner wrote, illustrated and self-published *Tales Across the Kitchen Floor*, a book (with extremely small type) describing her relationship with the property and the creatures she shared it with.

In 2003, the Tyners bequeathed their 5.3-acre parcel to the "residents of the Sunshine Coast for their use and enjoyment in perpetuity as parkland." Their property is now a regional park.

RACCOONS (pages 145-156)

It was June the first time that I saw Junie and it was twilight, almost dark and late in the evening.

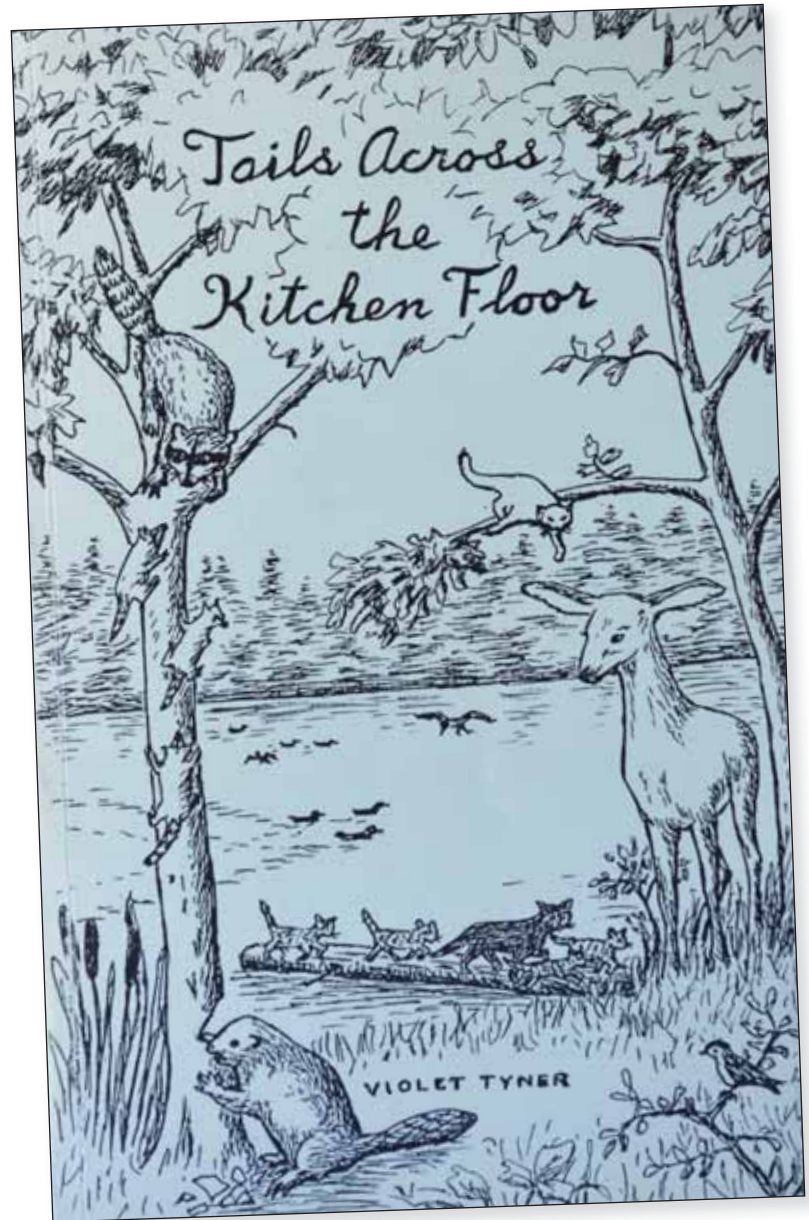
She walked across the corner of my garden, apparently looking for something but seeming not to find it, she went past our cabin, although not close, and disappeared between two apple trees.

I had seen a real live raccoon for the first time. The dark and the light stripes on the tail made it look as if the tail had ridges with valleys between. The black mask that I'd always heard about was there on the face, too. I was very excited. I just hoped that I could get better acquainted with this beautiful animal.

No doubt she was hungry. I had some old apples left from the fall before, now rather dry and tasteless, so I put a few out where I could see them from the window but not close to the house because the raccoon was probably too timid to come close.

That evening I watched and watched and when it was almost dark and I could barely see her, she came and soon she sniffed out the apples and I could see her pawing around, turning the apples over and over and raising her head as she chewed. The apples were soon gone and the raccoon ambled in the same direction that she had taken the evening before. What is so rare as a day in June when a raccoon comes?

I named her Junie, not knowing if it was a girl or a boy. The next day I put the apples a little closer to our cabin and I also left a dry crust of bread. That evening Junie came at least an hour earlier so that I could see her quite clearly as she chomped down the food. As she chewed, she was continually moving her hands on the ground and glancing over a shoulder to see if anything moved behind her.



The cover of *Tales Across the Kitchen Floor*.

Her hands and feet were long and delicate. She looked as if she were wearing a combination suit of fake fur, for the coarse-looking fur made up of one light and one dark hair, repeated over and over, looked like a manufactured fabric. It ended as sleeves, full to the wrists, leaving the almost bare hands exposed. The bushy fur on the hind legs also ended abruptly at the feet. I thought of her as a bloomer girl.

For the next evening, it was apples and more bread but closer still to our cabin. Junie had a good sniffer and she sniffed them out and ate them, her hands continually moving as before. She disappeared by the same trail between the apple trees, in a sort of rolling motion, moving from side to side as she walked, her rump end higher than

little living things

her front end, and slightly waving that beautiful plume of a tail.

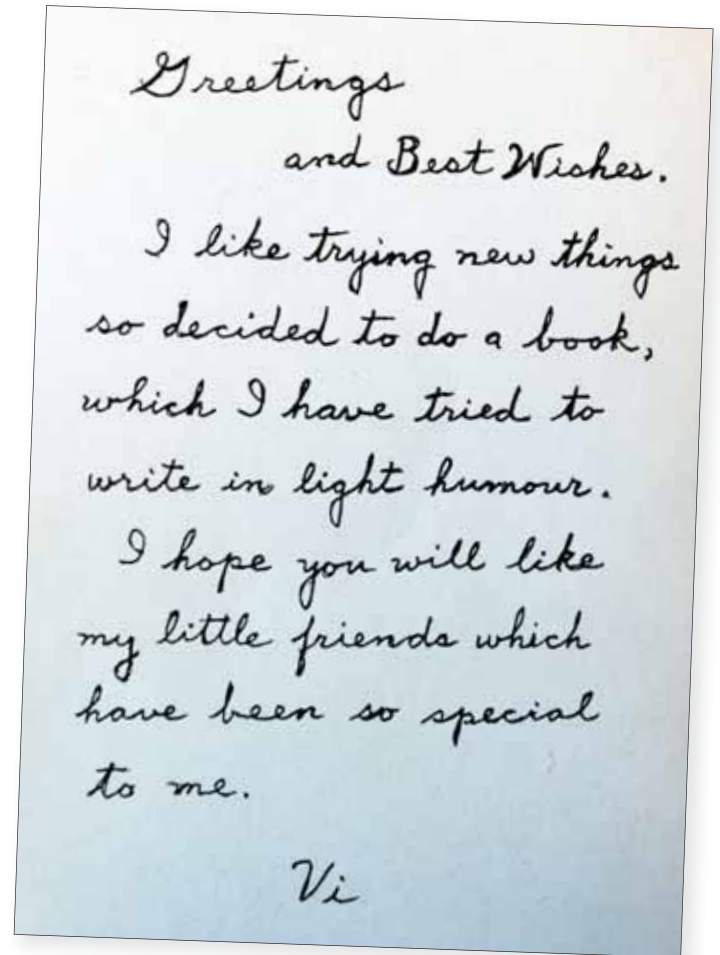
“Oh my, how beautiful!” I thought.

The next day with the food even closer to my window, Junie came and brought the one that I always called her sister. The second raccoon was slightly smaller and much more timid than Junie. The markings on her fur were identical with Junie’s. I named her Jingt看ail.

After that Junie and Jingtail came together. They came looking for food and started coming for breakfast as well as lunch and dinner. When I didn’t have food out, Junie would come to the door and give it a thump. When I was inside, I would open the door and say, “Hello Junie, are you hungry?” She would be standing on her hind legs, putting her head on one side and shaking it and occasionally wringing her hands to show me that they were empty. Jingt看ail would be standing back a few paces for she always allowed Junie to take the lead. When I got them their meal, they ate it as fast as they could, their hands busy all the time crumbling the food or just messing it up. With almost every bite they raised their hands and would look from side to side for possible enemies. They became real pals of mine. As I worked in the garden, they would follow me around, being careful not to walk on my plants but step between the drills the same as I did.

If I made the mistake of asking, “Are you hungry?” both coons turned and ran as hard as they could for the back door because that is where I fed them, then I had to go and get them some food so as not to disappoint them. I fed them dog biscuits, rolled oats porridge, cooked stiff and later, when there were a lot of coons to feed, sometimes just raw rolled oats. They didn’t mind the fare as long as there was something.

When the wild salmon berries got ripe, Junie and Jingtail would pick the low berries and look to me for help to get the high ones down. I couldn’t refuse them and lots



Vi Tyner’s hand-written note inside the book.

of times instead of pulling my weeds I was picking berries for the raccoons. I passed the berries out one by one, one for Junie and then one for Jingtail. They took the berries from my hand with their own hands and never once did they scratch me. They were so gentle that it was almost unbelievable and they soon learned that they had to take turns and as much as they loved the berries, they were content to let me have my system in dealing them out.

(Continued next month)

Many thanks to the supporters of the first edition of the

Pender Harbour and Egmont Visitor Guide — now available at the following locations:

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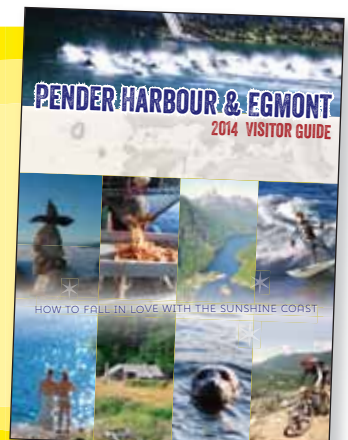
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- Sunnycrest Motel
- Cedars Inn
- Garden Inn Hotel
- Sunshine Coast Museum



PENDER HARBOUR AQUATIC & FITNESS CENTRE

JUNE 2014

Summer hours are in effect!

UNTIL JUNE 27:

Facility is open Monday-Thursday, 7:30am-1pm
and 5-9pm with Fridays 7:30am-1pm and
6pm-9pm (Closed weekends)

JUNE 30-JULY 25

Facility is open Monday-Friday, 7:30am-1pm,
(Closed evenings and weekends)

Youth Night

Friday June 6, 6-9pm.
“Dress to Impress.” Prizes and
refreshments.

Summer Day Camp

In partnership with the PHCS,
day camps will be offered July
7-11 and 14-18. \$200/2 weeks
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available. Camp includes swim-
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and crafts and more. Call for more
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Boot Camp!

July 2-23.
Mon and Wed 7-8am

Drop In fitness programs will
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Brain matters

By Deb Cole

Your brain matters.

Living a lifestyle that is good for your body's health will support good mental fitness and a physically healthy brain.

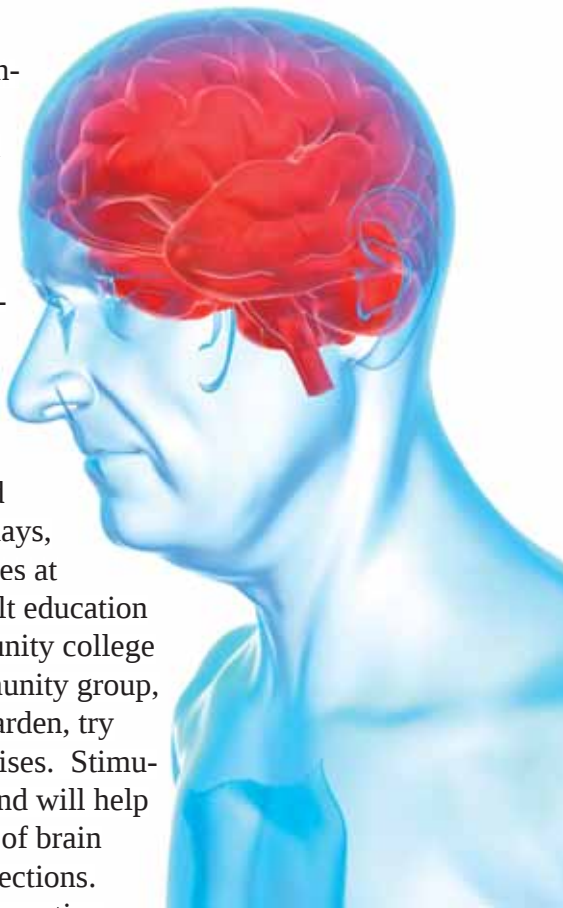
Consider this: the baby boomers are now reaching their 65th birthday (median age of the Sunshine Coast is 53.6 years) and the number of Canadian seniors is increasing at an accelerated pace. Over five million Canadians are now 65 or older, and this number is expected to double over the next 25 years. Of this population group one in every 11 has Alzheimer's or related dementia. The majority of people with Alzheimer's are 65 and older but there is also early onset Alzheimer's which can present at 40-50 years of age.

We know that as we age our mental efficiency and memory decreases and we may experience “senior” moments. Sitting is the new smoking. The effects of being sedentary can push this process along. But you can do something about it as research is showing those who participate in aerobic/cardiovascular exercise can reduce both the biological and cognitive consequences of aging. Engaging in aerobic exercise increases the blood flow to the brain and more specifically to the hippocampus which is the key brain region affected by Alzheimer's disease. A study published in 2011 found that aerobic exercise could increase the size of the hippocampus in adults aged 55 to 80 and also improve spatial memory. This finding is significant considering that among adults 50 and older, staying mentally sharp is one of their top priorities. Physical exercise may be one of the most beneficial and cost-effective therapies widely available to everyone to elevate memory performance.

A brain-healthy plan includes not only daily physical activity but also a good nutrition plan. A long-term study of 1,500 adults found that those who were overweight in middle age were twice as likely to develop dementia in later life. Those who also had high cholesterol and high blood pressure had six times the risk of dementia. Adopt an overall food lifestyle, rather than a short-term diet, and eat in moderation. Feed your body with real foods including vegetables, fruits, whole grains, healthy fats and proteins and stay away from processed foods.

Sitting
is the
new smoking.

Keep mentally active to maintain brain vitality. Stay curious and involved, commit to life-long learning; Read, write, work cross-word or other puzzles, attend lectures and plays, enroll in courses at your local adult education centre, community college or other community group, play games, garden, try memory exercises. Stimulating your mind will help build reserves of brain cells and connections.



Social interaction is another key area in a brain-healthy life plan. Research shows that people who are regularly engaged in social interaction maintain their brain vitality. One study reported that leisure activities that combine physical, mental and social activity are the most likely to prevent dementia. In the study of 800 men and women aged 75 and older, those who were more physically active, more mentally active or more socially engaged had a lower risk for developing dementia. And those who combined these activities did even better. Join in on a group fitness activity and reap the benefits.

It's never too late to be active and it's easier than you think. You don't have to turn your life upside down, or make extreme changes to achieve many of these benefits. Start with something small, like a daily walk. After a while, add another small change. Pender Harbour is full of opportunity to engage in a brain-healthy lifestyle physically, mentally and socially with many of those activities right here in the pages of the *Spiel*. Look for posters on the community board in Madeira Park and stay in touch. Join in on group media sites such as Facebook and stay in the loop.

Biology gives you a brain. Life turns it into a mind.
~ Jeffrey Eugenides

PENDER HARBOUR COMMUNITY SCHOOL

JUNE 2014

Red Cross Babysitters Course

Sunday, June 1, 9am-5pm at the Pool, \$65, Instructor: Gwen Walwyn. Learn the responsibilities of a babysitter, safety tips for children, basic child care skills and what to do in case of an emergency. Great for kids who are home alone. Looks good on your resume too!

Dog Obedience

If you are interested in joining the Dog Obedience Class this summer, be sure to call us before the end of the school year! The class will start up in July and as soon as we know we have an interested group. Instructor: Andrea Richmond

Pickleball SUMMER Drop-in SATs @ 9am

Good news: The tennis courts at the high school are being adapted for Pickleball! As soon as work is complete, the drop-in will move outdoors and to Saturday mornings throughout the summer. Self-organize at other times too. Indoor drop in will continue Wed 6:30-8:30pm until June 11.

SUMMER CAMP for Kids

Mon-Fri, July 7-11 and July 14-18, 9am-3pm at the Pool
Ages 6-12, \$200 for 2 weeks; \$25/day drop-in (ask about family rates). Day camps are full of fun summer activities including swimming, golfing, Iris Griffith Centre and more.

JOB OPPORTUNITY:

CAMP LEADERS FOR SUMMER CAMP

Love working with kids? Have experience organizing children's activities? Taken some leadership training? Camp Leaders are responsible for overseeing all camp activities ensuring a safe, fun, age-appropriate day camp for all participants. You will develop a daily schedule; take attendance; communicate with parents and others; organize equipment and facility needs; and write a brief evaluation report at completion. The camp dates are July 7 to 18. If this job sounds perfect for you, please drop off your resume and cover letter to Francine at the Community School or to Deb at the Pool or email to pendercommunity@gmail.com by June 19.

SUMMER HOURS:

JUNE: Open Tue/Wed/Fri from 9am-4pm
JULY & AUGUST: Closed - see you in September!



604.883.2826

phcs@dccnet.com

www.pendercommunity.ca

Rock on: Great rockery maintenance secrets

by Jim Rutherford

(This article originally appeared in the June 2009 issue of the *Harbour Spiel*.)

Lithodora who?

It's not a new rock band but a great rockery plant in a mystical electric blue.

Rockeries are a great solution to our topography whether steep or gently sloping.

We will treat a rock wall the same way as a rockery except the result for you can be a living wall.

Low-growing annuals are frequently used to fill gaps and to supplement the summer blush.

Ideally, the rockery should imitate a natural stone outcrop. That's not hard to find around here.

Don't fight the slope with grass.

Rock it.

We find the more plants you put in, the more they choke out weeds.

In rock walls, if aggressive maples, firs or hemlocks get established, these trees are strong enough to blow your wall apart.

We hack them back and cover the



Lithodora, also known as Grace Ward, flourishes in rockeries.

trunks or other unwanted bushy vegetation with black plastic bags, held in place with big hairpins cut out of old coat hangers.

The black plastic, by cutting off the saplings/trunks from sunlight, is a sure killer without using chemicals that may leach down the wall.

Lack of sunlight will kill anything — well, maybe not mushrooms.

Rock plants are very forgiving. They are drought tolerant and soil non-specific and topsoil pockets, strati-

tegically placed, will do fine.

If you're using a landscape fabric — and you should — use the heavy vinyl-backed ones which are still moisture permeable but last a lot longer than the simple fabric ones.

Don't worry if the fabric bunches up on you. Hide it under a rock.

To insert the plants into the fabric, an old serrated knife will easily cut a hole the size you need.

One great advantage of rockery plants is that you can start small.

Translated, that means inexpensive.

In a bit of shade you can always fall back on our local dagger/sword fern or, for full sun, our wild campion.

Beware of some invasive plants like English ivy.

You may curse the day you planted it, because once you have it you always will.

Glacial, needlepoint and pinpoint ivy are very controllable or easy to rip out at will.

In a rock wall, pick a crevice and, with an old broomstick end, bung in sphagnum moss as deep as you can. The moss will wick forward any localized moisture. Then ram in your soil and your plant.



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PLANTS

Allium, a wide family in both size and colour, thrives in well drained soil and full sun.

Usually sold as a bulb or sometimes as a growing plant, they're easy to grow but — and isn't there always a but — allium moly can be invasive.

Alyssums are two distinct groups.

Bedding alyssums are hardy annuals, often partnered with lobelias to provide quick summer colour.

They are traditionally white but nowadays available in pink, purple or red.

Note: Annuals will need a lot more watering in the summer heat than the established perennials.

Rockery alyssums are quite different. The flowers are usually yellow.

The plants are perennials and the usual partner is aubrietia.

Aubrietia or rock cress welcomes spring in full flower, cascading down a wall or over rocks.

The grey-green evergreen leaves are downy and between late March and early June are covered with masses of three-quarter-inch blooms. It's easy and tolerant but, again, it can get invasive so cut back after flowering.

Thymus or thyme is a basic feature of herb gardeners.

The carpeting varieties will give you sheets of colour or fill in cracks between pavers. It will happily withstand foot traffic and has the added bonus of being fragrant when crushed this way.

Remember to cut back the stems of bushy types in spring.

Thyme will not succeed if your soil is acid (like our local soil) or heavy (high clay content), so adjust the soil pockets to suit.

Add lime to sweeten acidic soil

and sand/leaf mold (leaf mulch) to "lift" the texture of heavy soils.

A soaker hose will work fine to dampen your plantings. Use a timer and leave it for a season until the plants are settled in.

Perhaps a hint is to set the soaker up slope for a rockery and at the top-back of a rock wall, where the big

boulders stop.

This way the water can percolate down the back of the rocks and wick forward to your plants.

There are so many wonderful plants we can't get to in the column because of space so ask your local nursery and the "locals" will gladly point you in the right direction.

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Friends of gardens and kale will take delight



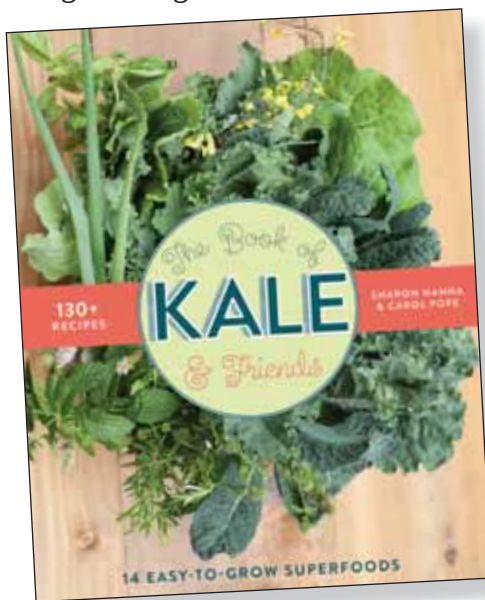
By Theresa
Kishkan

In my garden, between Ruby and Saki-naw Lakes, kale grows happily and prolifically year-round. I grow three or four kinds and if that sounds imprecise, it's because I think I also have some natural crosses from letting brassicas go to seed. It doesn't really matter to me. Every day I cut huge amounts of kale and we eat it in a variety of ways.

In 2012, Sharon Hanna published *The Book of Kale* (Harbour Publishing) and it was a huge success. It seemed that everyone was paying attention to the news that kale is

nutrient-dense and ideally suited to our climate; but many were uncertain about how to grow it, cook it, deal with its habit of abundance. *The Book of Kale* provided sound gardening advice and some good recipes.

Now Sharon Hanna is back, this time with editor and garden writer (and Garden Bay resident) Carol Pope. Their book, *The Book of Kale & Friends* (Douglas & McIntyre), is a glowing testament to kale's qualities and its ability to work nicely with others,



specifically a host of 14 herbs and aromatics which extend the culinary possibilities of this "superfood." (Kale received 1000/1000 in the "aggregate nutrient density index," developed by Dr. Joel Fuhrman, an American doctor who specializes in nutrition-based treatments for obesity and chronic disease. He serves as director of research for the Nutritional Research Foundation.)

The Book of Kale & Friends is beautiful to look at, its pages well-designed and organized. The photographs are wonderful: healthy plants, interesting platters of food, bees poised on chive blossom, glasses of herb-infused cocktail mixtures beaded with moisture. The book makes you want to rush out to plant a garden of herbs and kale. But wait. I have that. So now what?

Well, how about trying something new? The potato-crust kale & smoked salmon tart, for example. It sounds perfect for a spring brunch

(or any other meal), with its crust of grated potatoes, perked up with Parmesan cheese and herbs; and filled with kale, a custard of cream and eggs, some smoked salmon and topped with goat's cheese. No wheat flour, so it would be good for serving to those who can't tolerate gluten.

The coconut kale cookies look pretty and there are recipes for kale hummus, kale mole (which looks every bit as luscious as regular guacamole), and various pestos with kale as their main ingredient, enhanced by those "friends" in the title – garlic, lovage, basil, arugula, and others.

This book is written in a bright whimsical style and will please those who think they should either add kale to their diet or else find new ways to prepare what they already have in abundance.

And speaking of lively and whimsical, what a pleasure it is to read Des Kennedy's new book, *Heart & Soil: The Revolutionary Good of Gardens* (Harbour Publishing). Des has been around for a long time. Back in the days of *Harrowsmith* magazine, his handmade house on Denman Island was legendary among back-to-the-landers who admired its curves and use of found materials. His garden has been a mainstay of the Denman Island home and garden tour and is at the heart of much of his writing — novels, essays, and a memoir, *The Way of a Gardener: A Life's Journey* (Greystone, 2010).

BC Bestsellers:

(For the week of May 11, 2014)

1. **Food Artisans of Vancouver Island and the Gulf Islands** by Don Genova
2. **Becoming Wild** by Nikki van Schyndel
3. **Heart and Soil** by Des Kennedy
4. **Poachers, Polluters and Politics** by Randy Nelson
5. **Raven Brings the Light** by Roy Henry Vickers and Robert Budd
6. **The Deerholme Foraging Book** by Bill Jones
7. **The Book of Kale and Friends** by Sharon Hanna and Carol Pope
8. **Sister and I in Alaska** by Emily Carr
9. **The Market Gardener** by Jean-Martin Fortier
10. **109 Walks in British Columbia's Lower Mainland** by Mary Macaree

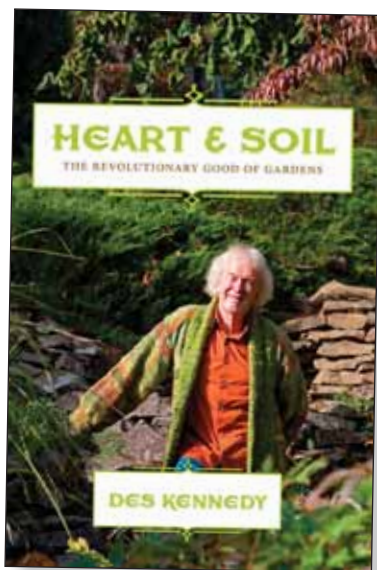
~ Assn. of Book Publishers of BC

Heart & Soil is a gathering of articles and essays, many of them published in *Garden Wise* magazine and *The Globe and Mail*. Des Kennedy's writing is a marvellous combination of wise, funny, self-deprecating and erudite, evident from the first piece in the book, "Green-Fingered Grannies and Ancient Gentleman:"

"It's certainly true that, like the garden in springtime, youth's a lot of bloody muddling around in the muck.

Sure, it involves great hot rushes of enthusiasm, considerable dreaming of impossible dreams and much swooning over objects of affection that will soon enough prove themselves more appealing in imagination than reality. Youth's sweet-scented manuscript, much like a gullible gardener's order form for springtime seeds, all too often turns out to be a work of romantic fantasy."

Is it revolutionary? "All of it — the sowing of seed, the tending of plants, the harvesting of crops — holds the astonishing possibility of transforming our lives and our society."



This is not a how-to book, though by the time you've finished it, you'll know a lot about the provenance of certain plants, the futility of keeping up with the weeds, the importance of good tools, how to do battle with aphids and choosing garden ornaments:

"Such high-blown ideas of garden artistry can be somewhat strained as we rummage through the concrete and cast stone figures at

garden-supply centres searching for that perfect piece of statuary while discreetly gasping at the price tags."

And you'll have spent time in a beautiful and beloved garden, one cherished by Des and his partner Sandy, surrounded by birds, raccoons waiting for the grapes to ripen, ancient stumps:

"They're the sculptures of the coast," one old logger told Des and

Sandy, commending them for keeping the stumps which serve as hosts for huckleberry and elegant lichens, as supports for flowering vines, and as museums of the past, complete with notches for springboards.

Every detail is noticed and celebrated by this superb writer.

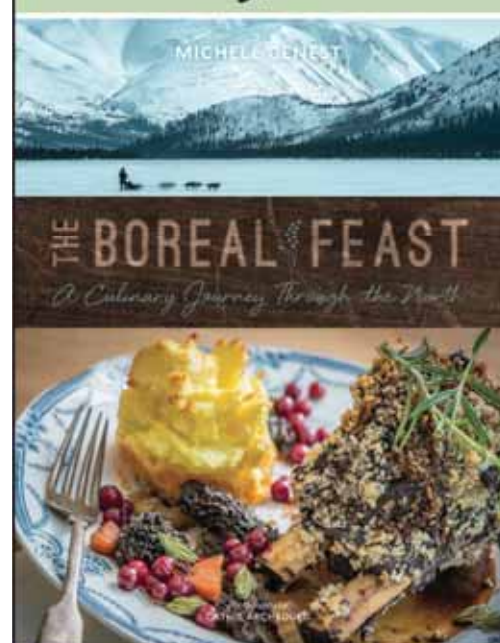
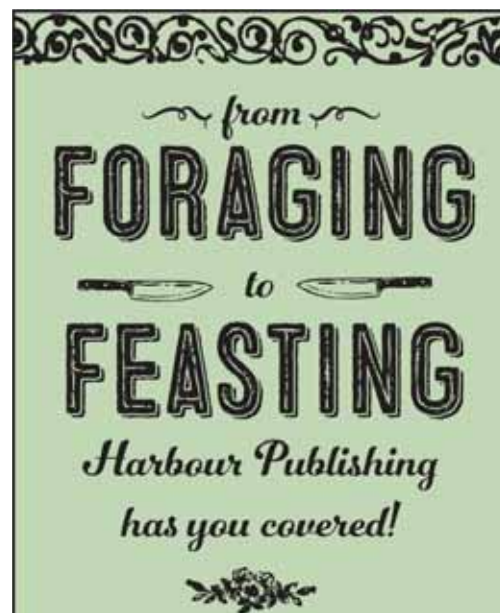


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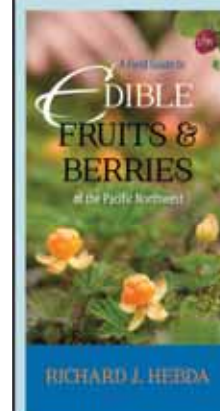
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community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

JUNE

Mon. June 2.....P. H. Food Bank pickup - P. H. Community Church, noon
 Tues. June 3.....Celebration for Seniors - P. H. Community Hall, 10 a.m.
 Thurs. June 5.....Harbourside Friendships (karaoke with Edmund Arceo) - P. H. Community Hall, 10:30 a.m.
 Thurs. June 5.....P. H. Living Heritage Society presents "The Quest" - P. H. School of Music, 8 p.m.
 Fri. June 6.....P. H. Blues Festival (three days!) - various locations and times
 Fri. June 6.....P. H. Living Heritage Society presents "The Quest" - P. H. School of Music, 8 p.m.
 Sat. June 7.....Egmont Day (fishing derby, parade, barbeque, fun) - downtown Egmont, 9:30 a.m.
 Sat. June 7.....Royal Canadian Legion No. 112 annual garage sale - P. H. Legion, all day
 Thurs. June 12.....Harbourside Friendships (with Theresa Kishkan) - P. H. Community Hall, 10:30 a.m.
 Fri. June 13.....School of Music Coffee House - P. H. School of Music, 7:30 p.m.
 Sat. June 14.....Royal Canadian Legion No. 112 second annual candlelight tribute - P. H. Legion, 11 a.m.
 Sat. June 14....."Murder at the Reach" dinner and performance - P. H. Community Hall, doors at 6 p.m.
 Sat. June 14.....Marshall Lawrence Band - Garden Bay Pub, 8 p.m.
 Sun. June 15.....Father's Day
 Sun. June 15.....GRIPS annual general meeting - GRIPS depot, 7 p.m.
 Mon. June 16.....P. H. Food Bank pickup - P. H. Community Church, noon
 Wed. June 18.....P. H. Seniors Housing Society AGM - Lily Lake Village, 7 p.m.
 Thurs. June 19.....Harbourside Friendships (summer memories circle meeting) - P. H. Community Hall, 10:30 a.m.
 Fri. June 20.....Jerry Yuzon (two nights!) - Garden Bay Pub, 8 p.m.
 Sat. June 21.....Egmont Solstice Day Dance - Egmont Community Hall
 Sun. June 22.....P. H. Advisory Council town hall meeting - P. H. Community Hall, 2 p.m.
 Wed. June 25.....Pender Harbour Secondary School commencement ceremony - PHSS gym, 1 p.m.
 Thurs. June 26.....Harbourside Friendships (Porpoise Bay potluck carpool) - P. H. Community Hall, 10:30 a.m.
 Sat. June 28.....Steve Hinton Band (two nights!) - Garden Bay Pub, 8 p.m.
 Sun. Jun 29.....Sunshine Coast Better at Home presentation - Egmont Community Hall, 1 p.m.
 Mon. June 30.....P. H. Food Bank pickup - P. H. Community Church, noon
 Thurs. July 3.....*Harbour Spiel* July issue hits the mail



FERRY DEPARTURES

~ Effective to June 24, 2014 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrries.com for information on added sailings during peak periods.

HORSESHOE BAY

*7:20 a.m.
 7:30 a.m. - Sun. only
 *9:25 a.m.
 10:10 a.m. - Sun. only
 *11:30 a.m.
 12:40 a.m. - Sun. only
 *1:35 p.m.
 3:50 p.m.
 5:50 p.m.
 #6:30 p.m.
 7:50 p.m.
 8:30 p.m. - June 22 only
 9:45 p.m.

*Daily except Sunday

LANGDALE

6:20 a.m.
 *8:25 a.m.
 8:50 a.m. - Sun. only
 *10:25 a.m.
 11:30 a.m. - Sun. only
 *12:35 p.m.
 2:45 p.m.
 4:50 p.m.
 6:50 p.m.
 #7:30 p.m.
 8:45 p.m.
 9:35 p.m. - June 22 only

#June 1, 8 & 15 only

EARL'S COVE SALTERY BAY

*6:30 a.m.
 7:00 a.m. - Sun. only
 *8:25 a.m.
 9:00 a.m. - Sun. only
 *10:25 a.m.
 10:55 a.m. - Sun. only
 *12:20 p.m.
 4:50 p.m.
 6:55 p.m.
 10:30 p.m.
 *5:35 a.m.
 6:00 a.m. - Sun. only
 *7:25 a.m.
 8:00 a.m. - Sun. only
 *9:25 a.m.
 9:55 a.m. - Sun. only
 *11:20 a.m.
 3:50 p.m.
 5:55 p.m.
 9:25 p.m.

*Daily except Sunday

"Skeptical scrutiny is the means, in both science and religion,
 by which deep thoughts can be winnowed from deep nonsense."

~ Carl Sagan

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Pender Harbour
Blues Festival
June 6 to 8

June 6: James Harman & Steve Kozak

Michael Van Eyes: Dining room, 6 to 8 p.m. (Reservations recommended)

June 7: Shaun Verrault

David Vest: Dining room, 6 to 8 p.m. (Reservations recommended)

June 8: Spectacular Pianorama Show
w/ David Vest, Doc Fingers and
Michael Van Eyes

Sunday All-Star Jam with Tim Hearsey & Special Guests (2:30 - 6 p.m.)

***All evening shows: 8 to midnight, \$15 Deck/\$30 Pub**

LIVE MUSIC SUNDAYS @ 2 PM

JUNE 1: Sunday Jam with Russell Marsland

JUNE 8: *All-star Blues Festival Jam

JUNE 15: Sunday Jam with Gary Comeau

JUNE 22: Sunday Jam with Peter Van B3 with Jerry Yuzon

JUNE 29: Sunday Jam with Steve Hinton Band

June 14: Marshall Lawrence Band

June 20 & 21: Jerry Yuzon

June 28 & 29: Steve Hinton Band

MENU SPECIALS - Families Welcome!

FRIDAYS: Meat Draw (5 p.m.) & \$13 pasta special.

SATURDAYS: \$19.95 Prime Rib (while quantities last).

SUNDAYS: Eggs Benny (until 2 p.m.)