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March 2017
Issue 315





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EDITOR

Brian Lee

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This month we thank: Elise Dolan, Frank Mauro, Shane McCune and Gladys McNutt.

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**APRIL ISSUE:
March 30**

editorial

Seeking balance in a shifting rental market



Brian Lee

For awhile now, when I travel, I prefer to stay in vacation rental homes.

Websites like VRBO, and now Airbnb, have exploded in popularity by connecting travellers with short-term rentals.

The first time I took the chance, I was hooked on the authenticity, privacy and comfort rental cottages offer.

They often provide extras like bikes or water toys or even a few tools in case something needs to be fixed.

I noticed each was exceptionally well-cared-for and appointed.

The owners took obvious pride in their rental property and all evidence suggested it endeared respect from the guests who stayed there.

Short-term vacation rentals may not be for everyone but are an attractive alternative for those who seek it.

They also provide a natural buffer when traditional accommodation providers can't meet demand.

So what's the problem?

On the Sunshine Coast, STVRs are being blamed for intensifying a shortage of affordable rental housing.

As the story on page 5 explains, it's not just the fault of STVRs — without them, there would still be a rental housing shortfall — but they are cited as contributing to a growing problem.

And it is a problem.

Aside from the urgent fact that we all need a place to live, there's an economic imperative to make it easier for prospective residents to move here.

Right now, it's all but impossible to find long-term rental property.

So, like many other local governments, the SCRD is scratching their heads about what to do about it.

This past December, SCRD staff found 276 STVR units for rent in Pender Harbour and Egmont.

Many, if not most, are illegal because the residential properties on which they sit are not zoned for short-term rental activity.

The SCRD acknowledges that the enforcement of these bylaws would place a costly strain on resources.

Many owners of STVR properties don't even live in the community so neighbours are sometimes unsure how to deal with unruly guests.

And because they often provide fewer than "four units of accommodation," the owners of these properties are exempt from PST and Sunshine Coast Tourism's two-per-cent "hotel tax."

So, while they compete with traditional accommodation providers for bodies, they enjoy different rules.

It is an inflated grey area that can no longer be ignored.

But if the motivation is to introduce a flood of long-term rental housing back on the market, there's a very real possibility that a crackdown on STVRs won't get us there.

It's expected most owners also want to enjoy their properties, so long-term renting may not be an option.

I rent a second dwelling on my property (long-term) and I can say the experience has made me unsympathetic to calls for landlords to shoulder the responsibility for this issue.

And though I think most of us would prefer traditional neighbours, there have been very few official complaints about STVRs (see p. 6).

It's a delicate problem without an obvious solution.

But, if you operate an STVR, you should expect a disruption to the status quo in the not too distant future.



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P. H. BLUES SOCIETY PRESENTS THE BOOM BOOMS: March 25, 8 p.m.

The Boom Booms are back at the Pender Harbour Community Hall on Saturday, March 25 for a concert and dance to benefit the Pender Harbour Blues festival. The doors open at 8 p.m. and the music starts soon after.

The Boom Booms are an indie soul band from Vancouver consisting of brothers Aaron Ross (lead vocals) and Sean Ross (keys), Tom Van Deursen (guitar), Geordie Hart (bass), Richard Brinkman (drums) and Theo Vincent (percussion, drums).

RAISE A TOAST TO EDITH: March 11, 2-5 p.m.

Wish local author Edith Iglauder Daly a happy 100th birthday on March 10. The next day, on March 11, her family is holding a celebration for her at the P. H. School of Music from 2 to 5 p.m. It's not a public event but friends, fans and acquaintances who missed an invitation are welcome to come out to toast her 100th year.

ROBERT KORTGAARD AND BRETT POLEGATO: March 26, 2 p.m.

Always a favourite on the Sunshine Coast, Canadian pianist Robert Kortgaard returns with a sparkling cabaret style show — “Just One of Those Things.” If you love Broadway melodies and the music of glittering show lounges from the 1930s and '40s, this concert is for you. Joining Robert will be Brett Polegato, an internationally renowned baritone who won first place at the Cardiff Singer of the World Competition. The only thing missing will be martinis. The show is presented by the P. H. Music Society and will be held at the P. H. School of Music.

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SCRD takes a closer look at short-term vacation rentals

Owners of short-term vacation rentals beware — the SCRD has its eye on you.

In an effort to address an apparent lack of affordable rental housing on the Sunshine Coast, the Sunshine Coast Regional District is taking a look at the impact short-term vacation rentals are having on rental stock.

It issue is the belief that the popularity of vacation rental websites has encouraged an increasing number of landlords to remove their properties from the long-term rental pool in order to market them as STVRs.

“There’s a belief that that STVRs are taking away from affordable housing and it makes sense to me,” said Frank Mauro, SCRD Area A director.

“I have some concerns that it’s not a level playing field.

“Legitimate hotels and motels with anything above four rooms, they have a disadvantage and if this is growing, it obviously cuts into their business.

“I think everybody should be subject to a level playing field.”

Matt Thomson is a private housing consultant who works with municipalities and non-profits like the Sunshine Coast Affordable Housing Society to undertake housing needs assessments and develop local government policy.

“We have relied on the private market over the last 25 years or so to address our rental needs in Canada,” Thomson told the *Harbour Spiel*.

“The problem we’re seeing now is that it is very easy to rent these out as vacation homes.

“And we’ve always seen a pretty high proportion of dwellings on the Sunshine Coast that don’t have full-time residents because we’re a holiday destination but, increasingly, with the

	STVR Units Available			
	vrbo.com	tripping.com	Airbnb.ca*	homeaway.com
Egmont/PH	54	118	48	56
Halfmoon Bay	51	56	56	45
Roberts Creek	33	49	50	32
Elphinstone	11	9	17	11
West Howe Sound	16	30	12	17
TOTAL SCRD EA	165	262	183	161
Sechelt	58	116	119	54
Gibsons	23	54	28	22
TOTAL	246	432	330	237

SCRD

This table from a Feb. 9, 2017 SCRD planning and development committee staff report shows how many short term vacation rental units SCRD staff found after searching the four listed websites. (Note: Staff did not do a complete review of the results to determine if listings were for the entire dwelling or just a room. There may be duplicate listings.)

ease of access that people have booking through VRBO and Airbnb, it’s putting even more pressure on the market.

“So, what little stock we did have is getting increasingly shifted over to vacation homes.”

Thomson said there isn’t a good data-tracking mechanism on secondary rental units so evidence is anecdotal — the issue has been raised at community forums where residents have flagged STVRs as an issue.

Thomson said the upswing in

the real estate market over the last 18 months has also taken a lot of the rental stock out of the market.

“A lot of homes that were investment properties for a number of years were being rented out but with the uptick in the market, folks have sold them off so we’ve lost that rental stock.

“So that’s not an Airbnb problem but it means short-term vacation rentals are exacerbating an existing rental issue.”

(Continued next page)





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Short term vacation rentals (cont.)

(Continued from page 5)

SCRD senior planner David Rafael provided an overview of the issue in a Feb. 9 staff report to the SCRD planning and development committee.

In his report, Rafael included a table (previous page) that shows the results from a Dec. 16 search by SCRD staff of websites listing STVRs.

It turned up 276 STVR listings in Pender Harbour and Egmont and a total of 1,491 for the entire Sunshine Coast on four websites — vrbo.com, tripping.com, airbnb.com and home-away.com.

Current SCRD zoning bylaws define rules for bed and breakfast operations but don't specifically refer to STVRs.

Bylaw 310 defines B&B as “a transient accommodation business that provides overnight accommodation to travellers for a length of stay of three consecutive months or less in any calendar year and provides at least breakfast to those being accommodated.”

From the Feb. 9 staff report:

“Bylaw 337 identifies two types of B&B, one limited to two bedrooms (B&B Home with a limit of four guests) and B&B Inn allowing up to five bedrooms (limit of 10 guests).”

The report goes on to note that both types must be operated by a resident of the parcel.

	STVR Complaint						Total Annual Complaints all types:	% of Annual Complaints due to STVR
	Area A	Area B	Area D	Area E	Area F	Total:		
2013	0	1	3	0	0	4	123	3.2%
2014	0	0	0	0	0	0	90	0%
2015	0	2	1	0	0	3	82	3.6%
2016	0	6	6	2	1	15	90	16.7%
Total	0	9	10	2	1	22	385	5.7%

Table 1: Number of Written Complaints related to Short Term Vacation Rentals – Noise and Land Use combined

SCRD

This table from a Feb. 9, 2017 SCRD planning and development committee staff report lists the complaint volume the SCRD has received on STVRs. (Note: This table does not include noise complaints received by the RCMP that were not forwarded to the SCRD nor informal verbal complaints to directors or staff.)

“Staff consider that Bylaws 310 and 337 definitions for dwellings are sufficiently clear to prevent STVR as the dwelling is to be used as a residence.

“However, the definitions could be amended to specifically state that rental periods of less than 30 days are not permitted in a dwelling.”

Enforcing those rules comes with a cost and would apply added pressure to the SCRD's staff resources.

It is a looming issue that one might expect to come up during recent discussions regarding the Area A official community plan.

“It was a topic of discussion but it wasn't one of the major discussions,” said Mauro.

“Really, under the current situation, they [STVRs] are actually not legal but there's really no tool for enforcement right now.”

Other municipalities, especially those popular with tourists, have already been dealing with STVRs for years.

“Tofino has just introduced business licensing,” said Thomson.

“So you have a bed and breakfast-style licence in order to operate an STVR and I think the intention there is to really put the onus back on the owners and say, ‘There are a number of regulations that apply to what you're doing and if you're going to profit off of this, in the very least you have to conform to those regulations.’”

Thomson said that by having STVRs require a business licence, not only does it allow the municipality to identify them but it helps to enforce compliance by having the ability to yank a licence on a property that generates regular complaints or bylaw infractions.

But Mauro said that regional districts across the province have a tougher time policing STVRs than municipalities like Sechelt or Gibsons.

“Obviously the municipalities have the ability to regulate it a little bit more through business licences.

“The SCRD can do business licences but there's been a reluctance.

“I'll say that I'm reluctant too

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because it would quash a whole bunch of current businesses if they had to go through a licensing process and I don't think it belongs in the rural areas."

Locally, Mauro said he has had conversations with people living next door to short term vacation rentals who are "annoyed."

Those annoyances are often limited to complaints about noise or traffic but Mauro said that others have expressed concerns about "not knowing the neighbour and who is there."

And it may be a problem that can't be fixed at the local government level.

Thomson said it's hard for municipalities to take the lead in overcoming some of the broader issues that contribute to a lack of rental housing.

One proposal touted to encourage landlords to rent properties to long-term tenants is a subsidy program in which potential landlords would be encouraged financially to rent their properties.

"Local governments don't have the resources to develop a subsidy program so we're really looking to senior government there," said Thomson.

"I don't think landlords should bear the brunt of having to create and maintain and monitor rental housing.

"It's a part of the solution but I really think that senior government intervention is what has created successful housing programs in the past and is the only thing that is going to create the stock we are going to need in the future."

One Lower Mainland owner of a short-term vacation rental said he and his wife purchased their Pender Harbour vacation home at the very early start of the popularity of online STVRs.

For years, the couple rented their home by the week to help offset the mortgage.

He didn't wish to be named for this story but told the *Harbour Spiel* that though his experience renting to short term visitors was positive, his home is no longer in the market.

"We had really good experiences. In the early days we had a really reliable cleaner and had a good turnaround but as time went on, finding cleaners became more difficult."

Like many, he and his wife purchased the property mainly for their own use so renting it long-term was never an option.

"We always felt that in a small way we were contributing to the local economy," he said.

"We hired a cleaner and paid her something like \$30 an hour and then, over time, there were even people

who were more expensive in terms of their cleaning fees.

"And we wanted to keep the place nice so people would return to the house, so we always employed a gardener and had irrigation guys come in to install sprinklers and other people as well.

"So it might have taken away from the rental pool for long-term housing but in a small way it also contributed to the economy."

At the Feb. 23 SCRD board meeting staff were instructed to report back at a future planning and development committee meeting with "a public engagement framework on the issue of short-term rentals."

"There seemed to be an appetite from some board members for citizen engagement," said Mauro.

"I think the board wanted to see what that engagement would entail and I support that.

"I want to see what we're talking about before we decide."

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HARBOUR SPIEL

trivia

1. Name of the late Allen Farrell's Chinese junk that often visited Pender Harbour.

- ☐ a. China Wind
- ☐ b. China Cloud
- ☐ c. China Song
- ☐ d. China Girl

2. Next month will mark how many years for April Tools Wooden Boat Challenge?

- ☐ a. 8
- ☐ b. 10
- ☐ c. 16
- ☐ d. 20

3. What is the name of the famous Egmont park?

- ☐ a. Skookumchuck Provincial Park
- ☐ b. Skookumchuck Rapids Provincial Park
- ☐ c. Skookumchuck Narrows Provincial Park
- ☐ d. Sechelt Rapids Provincial Park

4. Union Steamship featured in a Motoko painting on the cover of *Women of Pender Harbour*?

- ☐ a. Cardena
- ☐ b. Lady Alexandria
- ☐ c. Comox
- ☐ d. Lady Cecilia

5. In what industry would you come across a "boom boat?"

- ☐ a. logging
- ☐ b. mining
- ☐ c. commercial fishing
- ☐ d. fish farming

6. What year did the Madeira Park Elementary School open?

- ☐ a. 1945
- ☐ b. 1952
- ☐ c. 1960
- ☐ d. 1966

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

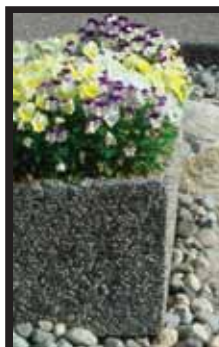
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PLANNING BEGINS FOR PHASE II OF SUNCOASTER TRAIL

The SCRD hosted two open houses last month to gather input from the public on the proposed plan for phase two of the Suncoaster Trail.

The trail route for phase two will travel approximately 60 kilometres through Halfmoon Bay, Sechelt, Shíshálh and Squamish Nation territories, Roberts Creek, Elphinstone and into Langdale.

In 2010 construction was completed on phase one of the trail, which stretches 37 kilometres from Earls Cove to Homesite Creek.

BREAK AND ENTER

Sometime between Feb. 3 and Feb. 10, a thief broke into a home in the 8000-block of Redroofs Road, Halfmoon Bay.

Numerous personal items, elec-

tronics, tools and liquor were taken.

RCMP are still investigating, and in this case police were able to locate the suspect's footprints in the snow.

SUSPICIOUS FIRE IN HALFMOON BAY

Sunshine Coast RCMP's general investigations section is investigating a suspicious fire in Halfmoon Bay during the daytime hours on Monday, Jan. 30.

The Halfmoon Bay Volunteer Fire Department was called to a waterfront property north of Wood Bay Heights Road after a neighbour saw a residence on fire.

Police were subsequently called because fire fighters believed the fire to be suspicious in nature.

RCMP arrived to find that two separate structures — a cabin and an RV — had been set on fire.

No one was home at the time.

Further investigation revealed that items including three rifles had also been stolen from the cabin.

"It's too early to determine whether this residence was targeted specifically, but we can confirm that these fires were intentionally set," said Const. Harrison Mohr with Sunshine Coast RCMP.

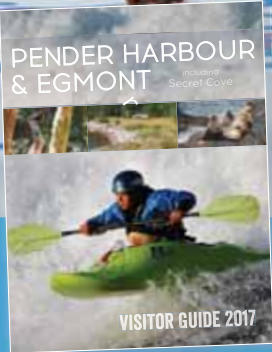
"There is no indication that other property owners in the area are at risk.

"However, anyone who sees anything out of the ordinary is asked to call police."

Damage to the structures is still being assessed, and police are continuing to investigate.

Persons with more information are asked to call the Sunshine Coast RCMP's general investigations section at (604) 885-2266.

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Sweet 16: The April Tools wooden boat challenge

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There's always a twist to the race at the April Tools Wooden Boat Challenge.

The possibilities currently being considered by the Pender Harbour Living Heritage Society for 2017 will surprise and entertain, but won't be revealed until 10 a.m. on April 29 — the morning of the race.

So be brave and get your team of up to four builders together and take a chance.

You might be very good at building and paddling whatever it is.

There's a \$700 prize for first place, \$400 for second and \$250 for third.

For the less seaworthy, there are always trophies for good looks (Spiffy Skiffy) and major effort (Broken Paddle).

Local high school students will pit their building and racing skills against each other in the trophy race, and whatever happens in their "fun" race will happen (but it always seems to involve swimming).

The little kids will relentlessly pound away at their mini-boats and proudly take them home to add to their collections.

The event will run rain or shine with plenty of Rotary hamburgers and baked goods to be paired with the inevitable hilarity once competitors hit the water.

Plan to be at the Madeira Park government wharf on April 29 from 10 a.m. to 4 p.m.

To sign up visit www.apriltools.ca or call Jackie at (604) 883-0539.



Brian Lee

The 2016 edition of April Tools surprised builders with a boat most participants had never even heard of. Coracles of all shapes and sizes hit the water to race around the Madeira Park wharf.

Kids' activities and cheering on the racers are free but an adult team of up to four can sign up for \$160 (\$140

if received before April 1).

And with the winter we've had, it could be iceboats if it snows.

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SCRD standing committees



*Frank Mauro,
Area A Director*

I receive many questions and calls regarding issues that are the responsibility of SCRD Directors.

I have previously described the functions of standing committees at the SCRD.

This work constitutes roughly one-third of the meeting time spent by directors.

It is difficult to get an idea of the committees' considerations and deliberations without some understanding of the topics of reports describing decisions that must be made.

I have chosen to provide the titles

of the reports presented in the last month, which was about normal with respect to the numbers and size of reports, to hopefully give an idea of the content and scope in a month.

The reports this past month vary in size from a couple of pages to 180 pages in the case of the Chapman environmental assessment report, but generally average 10 or 12 pages.

External correspondence to the regional district, also part of the committee considerations, is not included in the list of titles.

This list of titles is for only the major standing committees which meet monthly.

It does not include in-camera topics or reports for other meetings such as workshops, policing, transpor-

tation, regional hospital district board, SCRD board, APC's, advisory committees etc.

If you wish to see more details, all are available at www.scrd.ca.

CORPORATE AND ADMINISTRATIVE SERVICES COMMITTEE

- BDO Canada LLP audit plan for the SCRD (2016);
- Bylaw enforcement letter of understanding with Islands Trust;
- Revised SCRD public participation framework;
- Insurance invoices over \$100,000: 2017 municipal insurance association and Aon Reed Stenhouse Inc.;
- Square Bay sewage treatment

SUNSHINE COAST REGIONAL DISTRICT

UPCOMING MEETINGS

**Special Corporate and
Administrative Services
Committee (Budget)**
March 7 and 8 at 9:30 a.m.

**Planning and Community
Development**
March 9 at 9:30 a.m.

Regular Board
March 9 at 1:30 p.m.

**Infrastructure Services
Committee**
March 16 at 9:30 a.m.

**Corporate and Administrative
Services Committee**
March 23 at 9:30 a.m.

Regular Board
March 23 at 1:30 p.m.

Meetings are held at **1975 Field Road**, Sechelt.
Agendas are available at www.scrd.ca/Agendas-2017.

Pender Harbour Transfer Station

The Pender Harbour Transfer Station is located at 5545 Garden Bay Road. For a list of accepted materials and tipping fees visit: www.scrd.ca/Tip-Fees.

Winter Operating Hours:

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604-740-1451



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alternative approval process;

- Sunshine Coast Regional District 50th anniversary;
- Fire departments' 20-year capital plans;
- Director expenses and stipends for conference attendance;
- Director travel and constituency expense reports for November and December 2016;
- Corporate and administrative services semi-annual report for 2016;
- Infrastructure services department 2016 fourth-quarter report;
- Contracts between \$20,000 and \$100,000 (November-January);
- Long term debt as at Dec. 31, 2016, and
- Cedar Grove Elementary School PAC rural areas' grant-in-aid request to change use of 2016 grant.

PLANNING AND COMMUNITY DEVELOPMENT COMMITTEE

- Local government approaches to address the issue of short term vacation rentals;
- Agricultural land commission policy update;
- Land use planning opportunities to support affordable housing in rural areas;
- Applications ALR00003 for non-farm use in the agricultural land reserve and DVP00006 development variance permit for a distillery at 943 Chamberlin Road (electoral Area F);
- Pender Harbour Golf Club Society lease agreement renewal;
- BC Hydro statutory right-of-way request at Katherine Lake Park;
- Ports monitors committee terms of reference;
- Natural resources advisory committee (revised terms of refer-

ence);

- Agricultural advisory committee (updated terms of reference);
- Gambier Island trail network task force terms of reference;
- Salish Sea marine trail launch strategy;
- Egmont Community Club agreement to operate Klein Lake campground;
- Electoral Area A APC minutes of Jan. 31;
- Electoral Area B APC minutes of Jan. 24;
- Electoral Area D APC minutes of Jan. 16;
- Electoral Area F APC minutes of Jan. 24, and
- Sunshine Coast policing committee minutes from Jan. 19.

INFRASTRUCTURE SERVICES COMMITTEE

- Chapman Lake water supply expansion project environmental assessment report;
- Water demand management rebate program;
- SCRD solid waste proposed next steps;
- Waste reduction initiatives program update;
- Sunshine Coast Regional District 50th anniversary (revised), and

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- Transportation advisory committee minutes of Jan. 19.

Most of these reports result in recommendations which are presented at the next available SCRD Board meeting, held twice monthly.

At that time, the recommendations are reviewed and considered for adoption.

The board meetings are also where bylaws are given three readings and then considered for adoption.

CONTACT

For answers to your questions or concerns please contact me at (604) 740-1451 or by email at Frank.Mauro@scrd.ca.

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John Peter Farrer

OCTOBER 3, 1948 — DECEMBER 23, 2016



John seemed quiet, but he wasn't really at all.

He simply did not have the need to fill a space with himself or show off what he knew.

He was a good listener and found virtually any topic, in and out of our universe, interesting.

John was passionate about the volunteer work of the hospital auxiliaries in each community and the work of the Sechelt Hospital Foundation.

Even through his stay at Lions Gate and Vancouver General Hospitals, he was working on a presentation to rounds for all three hospitals.

It was most definitely the other side of the gurney for John but he bore it with patience and grace.

One of the comforts he missed most during that time was the mushy love of his cat JJ.

John was born in Melbourne, Australia to Dr. John Anson Farrer, a general practitioner, and Joan Agnes Farrer, an OR nurse.

At the age of five, John and his family, including sister Annie, made the voyage aboard the *SS Oronsay* to England and then to North Yorkshire.

They had inherited the Ingleborough Estate, centred in the village of Clapham, in the Yorkshire Dales.

As was the custom, John was sent to boarding school at age 8.

It was not a good experience for a gentle, curious and independent boy.

It did, however, supply him with a strong education.

After completing his medical degrees at University College in London, he realized he could complete his residency at a newly opened medical school in Newfoundland.

At Memorial University, he could be a resident and actually learn at the same time rather than be "free, cheap labour" for England's National Health Service.

John wrote his licensing exams for both countries, worked for the Newfoundland Cottage Hospitals for two years then jumped into a giant Chevy Blazer and headed west on his next adventure.

How John loved the Sunshine Coast — you can see his vast body of

photography in many places.

On Facebook and Youtube he can be found by searching "John Farrer" while on SmugMug you can view his favourites at jpfarrer.smugmug.com.

John will be forever loved by his partner, best friend, lover and wife Jane, his sister Annie and cousins Janie, David, Roz, Joyce, Bruce, Peter, Alan, and Ian as well as their partners and children.

He will also be fondly remembered in music by his brother and sister-in-law, Cam and Jeannie, along with his very special nieces and nephew, Camille, Claire, and Wray McOuat and Lisa Clements, Clover King, and Andrew Colbeck.

John loved being with his families, all of them, from the Sunshine Coast to England, to North Carolina and Australia.

And he was easy to love.

A celebration of John's life took place Feb. 11 at the Holy Family Church Hall in Sechelt.

In lieu of flowers, the following charities were close to John's heart — Sechelt Hospital Foundation, Pender Harbour Health Clinic, Pancreas Centre BC, and Pender Harbour Ocean Discovery Station, (PODS c/o Ruby Lake Lagoon Society).

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OBITUARIES The *Harbour Spiel* publishes obituaries for free (for local residents) as a longstanding effort to maintain a record of those who have lived in Pender Harbour and Egmont. Submissions must include the date of birth and date of passing. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.

Fred Hunsche

DECEMBER 22, 1926 — FEBRUARY 20, 2017



Opa Opa Fred Hunsche, age 90, died peacefully on Feb. 20 in Gibsons.

He was born in Ijmuiden, Netherlands, the fourth of 10 children.

After surviving the Depression and occupation of his country, he joined the Dutch army where he learned the auto-mechanics trade, became an instructor and achieved the rank of sergeant major.

In 1956, he, his wife Ann and their two sons emigrated to Canada, joining his brother Dick, Dien and family in Vancouver.

Fred and Dick started the Hunsche Bros. Service business which grew to include three Chevron full-service stations and a body shop in the east end of Vancouver.

They operated this business until 1976 when they semi-retired to Pender Harbour where they purchased

a waterfront acreage and the Chevron gas station that was on the corner of Hwy 101 and Francis Peninsula Road. Fred retired in 1991.

Fred was active and community-minded, serving as a south Pender Harbour waterworks trustee, commander of the P. H. Power Squadron and president of the P. H. Legion.

Fred also kept busy in his leisure time and enjoyed hunting, fishing, flying, boating and dancing.

Fred was predeceased by his wife Ann in 1983 and is survived by his sons, Bill (Barb), Peter, and daughter Chris Fleming (Stu), seven grandchildren and six great-grandchildren.

He is also survived by sisters Stein and Witte and nieces and nephews in the Netherlands and Canada.

Fred was appreciative of this great country and the opportunities that it provided him and his family.

Special thanks to friends and clinic staff who enabled Fred to remain in his home for as long as he did and to the staff and residents at Alder Cottage in Christensen Village for their care, compassion and camaraderie in his final year.

A memorial service will be held March 18 at 1 p.m. at the Pender Harbour Legion.

Donations to the P. H. Health Centre would be appreciated.

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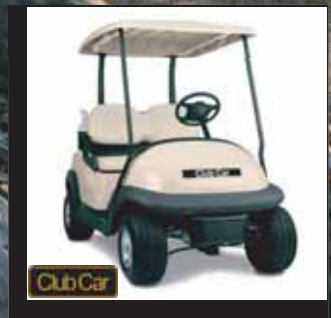


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Pender Harbour Community School open house Feb. 21



Brian Lee photos

Just some of the attendees at the Pender Harbour Community School open house on Feb. 21.

Brian Lee

The Pender Harbour Community School hosted an open house Feb. 21 to introduce community members to some of the people behind the programs and services offered locally.

On-hand were representatives from agencies whose services are delivered to the community with assistance from community school staff:

- Welcoming Communities;
- Open Door Employment Group;
- S. C. Literary Coalition;
- Volunteer tax services;
- Youth and child services;
- Early Years Council;
- P. H. Outreach Healthy Meals Program;
- P. H. Aquatic and Fitness Centre, and
- P. H. Seniors Initiative.

The PHCS operates out of the Harbour Learning Centre at the Ma-deira Park Elementary School and

directly or indirectly facilitates a stunning variety of programs and services for the community.

“At the heart of the work that we do are the students of the elementary and the high school,” said manager Francine Clohosey.

“That’s why we’re here — to provide services and support to those kids in particular.

“To that end we do a whole variety of things like after-school care programs, like the art classes and Kindersoc, but we also provide youth and family support in terms of making sure kids get through school.”

Though it is their core mandate, that’s only part of the job.

“Our role is to connect school and community,” Clohosey said.

“So sometimes those connections are hard connections where we’re directly involved in programming.

“Other times it’s simply making contacts or taking one idea and connecting it to the missing part.”

What they may be best known

for are delivering education and recreation programs to the community.

If you’ve ever enjoyed a game of pickleball at the high school (Wednesdays, 6:30 to 8:30 p.m.) or learned how to shoot things (Conservation Outdoor Recreation Education), that was the work of the community school.

Essentially, the community school is local people who are able to connect with agencies to bring attention to issues of need.

One of those needs is ensuring local students are receiving enough nutrition to allow them to learn.

The hot breakfast program at PHSS and “Breakfast Club” at MPES both provide tasty nutrition to the hungry so they can concentrate.

“So, we’re about education and we’re about community building and we’re about economic development,” said Clohosey.

Other programs and services provided can be found on the PHCS website at www.pendercommunity.ca.



Eliane Hamel provides drop-in child and youth mental health services at the community school on the second Wednesday of each month.



During March and April, Harry Drost volunteers to offer walk-in income tax clinics at the community school on Tuesdays from 9 a.m. to noon.



Maria Giltrow represents the Sunshine Coast Welcoming Communities program which works to provide help and support to immigrants.



Crystal Cox (l) represents the Open Door Group (WorkBC employment services) and Sandy Middleton represents the Sunshine Coast Literact Coalition.

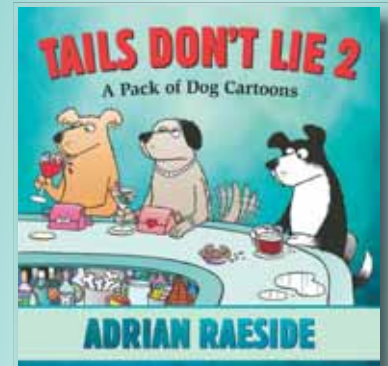


Marlene Cymbalist runs the Pender Harbour Seniors Initiative offering programs and support for local seniors.



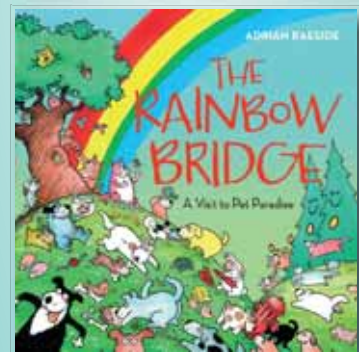
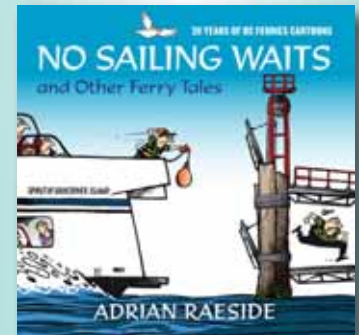
Just some of the people who keep the Pender Harbour Community School running smoothly (l-r): Patti Soos, Susan LaCombe, Paola Stewart, Area A director Frank Mauro and Francine Clohosey.

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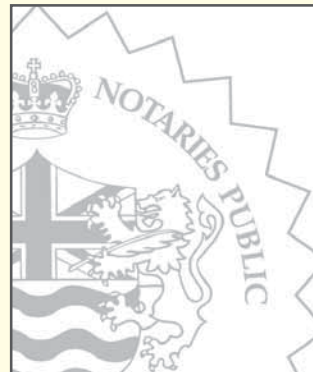
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• Community Policing	883-2026
• Egmont Community Club	883-1379
• Egmont & District Volunteer Fire Department	883-2555
• FLAIR in Pender (3rd Sat 10-12)	883-0660
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club	883-2689
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	885-1365
• Health Centre Society	883-2764
• Health Centre Auxiliary	741-2646
• InStitches (Last Thursday, 11 a.m., PHHC)	883-0748
• Lions Club, Egmont	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.)	883-1361
• Men's Cancer Support Group	883-2393
• P. H. Aquatic Centre Society	885-6866
• P. H. Blues Society	741-1186
• P. H. Choir (7 p.m., Tuesday)	883-0681
• P. H. Community Club	989-0720
• P. H. Community School Society	883-2826
• P. H. Garden Club	883-2595
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.)	883-2930
• P. H. Living Heritage Society	883-0744
• P. H. Music Society (bookings)	883-9749
• P. H. Paddling Society (dragon boating)	399-9596
• P. H. Piecemakers (quilters)	883-2573
• P. H. Pipe Band	883-0053
• P. H. Power & Sail Squadron	883-2086
• P. H. Ramblers (walkers, every Tues. a.m.)	883-1191
• P. H. Volunteer Fire Dept (Wed. evening)	883-9270
• P. H. Reading Room (library)	883-2983
• Rotary Club (noon Fri. RC Legion No.112)	883-2544
• Royal Canadian Legion No. 112	883-2235
• Ruby Lake Lagoon Society	883-9201
• Skookumchuck Heritage Society	883-9994
• S. C. Health Care Auxiliary (2nd Wed., 1:30 p.m.)	741-8413
• Seniors' Housing Society	883-2819
• Serendipity Child Care Centre	883-2316
• Sunshine Coast Better At Home	989-6171
• Sunshine Coast SHROOM	883-3678
• TOPS (Take Off Pounds Sensibly)	740-1509
• Wildlife Society (3rd Tues. PHSS)	883-9853
• Women's Connection (2nd & 4th Tue.)	883-3663
• Women's Outreach Services	741-5246

organizations

P. H. WOMEN'S CONNECTION

All women in the Pender Harbour area are invited to attend the Pender Harbour Women's Connection on the second and fourth Tuesday of most months.

Woodcarver Heidi Bennett (www.seaspritegallery.com) will show off some of her work on Tuesday, March 14, 2017 at the P. H. School of Music at 10 a.m.

On Tuesday, March 28, also at the music school at 10 a.m., learn what makes a competitive figure skater. Long-time Pender Harbour resident Fay Wright was a competitive figure skater in the western Canadian figure skating championships. Later, she was a coach and teacher in Indiana, until she moved to Pender Harbour in 1969 and continued to skate for fun on the Sunshine Coast.

P. H. WILDLIFE SOCIETY

Pender Harbour Wildlife presents "Sail Away with Lyn and Bill Charlton" on Tuesday, March 21 at 7 p.m. at the Pender Harbour Community Church.

On July 11, 1997, Bill and Lyn set sail aboard their cherished 35-foot cutter rigged Lord Nelson sailboat, *Canik*. They sailed south to Manzanillo, Mexico then headed west with the trade winds, 24 days across the Pacific and onwards, visiting 48 countries, many isolated, while logging 30,000 nautical miles along the way. On a rainy day in May, 2010, *Canik's* crew brought her home to rest after 13 years. Refreshments will be served and the presentation is open to everyone. No membership required.

P.H. GARDEN CLUB

On March 13 at 1 p.m., the garden club is thrilled to present Annette Clarke from Exotic Fruit Nursery in Roberts Creek, who will be talking about exotic fruits that can be grown here on the Sunshine Coast. Bring a friend for a chance to win a free membership. See our Facebook page and our website (www.phgardenclub.ca) for more details.

Meetings are at the P. H. School of Music in Madeira Park on the second Monday of the month.

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MARCH BIRTHDAYS

- March 1 ~ **John Ellis, Bob Hubbard** and **Linda Dunaway**.
- March 2 ~ **Sandra Bosch** and **Marcus Delaney**.
- March 3 ~ **Ernie Carswell, Lana Ross, Terry Bosner** and **Jim Reid**.
- March 4 ~ **Brian Lee**.
- March 5 ~ **Mackenzie Stewart, Kirk Mackie, Brigit Garrett, Sylvia Heiliger, Alicia McDonald** and **Valerie Reid**.
- March 6 ~ **Eden Logtenberg, Freda McDermott** and **Ron Minch**.
- March 7 ~ **Mitch Higgins, Cassidy Craig-Watters** and **Bob McDonald**.
- March 8 ~ **Jeremy Morin**.
- March 9 ~ **Mary Cain, Bobbie Wendland, Eldor Dougan** and **Denise Cymbalist**.
- March 10 ~ **Stuart McLean**.
- March 11 ~ **Tannis Campbell** and **Gayle Adams**.
- March 12 ~ **Alicia Whittaker, Sunny Charboneau** and **Gord Wenman**.
- March 13 ~ **Ian McDonald** and **Paul McDonald**.
- March 14 ~ **Peter Hunsche** and **Heather Smith**.
- March 15 ~ **Bev Higgins, Arlen Howitt, Carissa Gilkes** and **Justin McKimm**.
- March 16 ~ **Steve Hanna** and **Brad Zayshley**.
- March 17 ~ **Bill Bradshaw, Jim Weir, Michelle Cymbalist** and **Chris Cavielier**.
- March 18 ~ **Mike Reid, John Struthers, Tayler Metcalfe, Blair Landry, Janie Arduini** and **Michelle Bernier**.
- March 19 ~ **Megan Knock**.
- March 20 ~ **Larry Curtiss, Patrick White, Kim Smail** and **Tammy Collins**.
- March 21 ~ **Melissah Charboneau** and **David Massullo**.
- March 22 ~ **Eric Graham, Margaret Hartley, Ross Palmer** and **Dennis Cotter**.
- March 23 ~ **Mary Ann Haase** and **Barb Cowan**.
- March 24 ~ **Jane Reid, Heather Fearn**.
- March 25 ~ **Hailley Schroeder, Lexine Scoular, John Seabrook** and **Shirley Norish**.
- March 26 ~ **Motoko Baum** and **Halle Bosch**.
- March 27 ~ **Maureen Lee, Donna Edwardson, Cole Edwardson, Doris White** and **Rick Wagner Jr.**
- March 28 ~ **Joka Roosen** and **Jill Bennett**.
- March 29 ~ **Melanie LeBlanc, Rod Webb** and **Terry Jacks**.
- March 30 ~ **Del Deguire**.
- March 31 ~ **Merv Charboneau**.

BC BESTSELLERS

For the week of Feb. 19, 2017

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

1. **The Hidden Life of Trees** by Peter Wohlleben
2. **Embers** by Richard Wagamese
3. **The Queen of the North Disaster** by Colin Henthorne
4. **British Columbia Lullaby** by P.L. McCarron & Joy Steuerwald
5. **Vancouver Tree Book** by David Tracey
6. **Stepping Stones** by Margriet Ruurs, illustrated by Nizar Ali Badr
7. **Vancouver in the Seventies** by Kate Bird
8. **Hard Knox** by Jack Knox
9. **The Last Gang in Town** by Aaron Chapman
10. **I'm Right and You're an Idiot** by James Hoggan

~ Association of Book Publishers of BC

MARCH ASTROLOGY

PISCES: FEB. 19 - MARCH 20

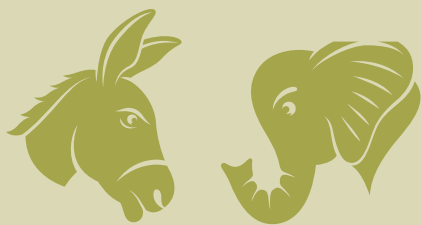


Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics. And there will be plenty of romance in the coming months for randy Pisceans. Whether you're looking for love or sex, things will blossom if you hang out in the right places. Forget the bars; your chances of finding romance will favour shopping malls or marinas. But your charm and ability to attract members of the opposite sex will be scaled back significantly by March 3... so act quickly.



ARIES: MARCH 21 - APRIL 19

The sign of the ram gives Arians loyalty, generosity, high energy and courage. They love adventure and often fiercely defend the underdog. You should focus your energies this month on matters of mysticism and personal desire. You will be challenged by family and friends in these matters but everything depends on how you cope with these pressures. Between March 11 and 13, an old acquaintance will re-enter your life. For cat lovers the encounter will be positive but dog lovers will do well to avoid this person altogether.



2016 US ELECTION

30%

Percentage of those polled who considered Donald Trump to be "honest and trustworthy." (Clinton scored 25%.)

\$70,189,899

Money raised by Clinton campaign in Nov. 2016

\$86,105,664

Money raised by Trump campaign in Nov. 2016.

84.01 million

Number of viewers who tuned into the first Trump-Clinton debate.

62%

Percentage of those polled who thought Hillary Clinton won the first debate.

74%

Percentage of voters who considered national security to be the top issue in the 2016 US presidential election

3.2%

Pollsters average margin favouring Hillary Clinton over Donald Trump in the US presidential election (as of November 7, 2016).

54%

Percentage of women supporting Clinton over Trump.

67%

Two-thirds (67%) of non-college whites backed Trump, compared with just 28% supporting Clinton. Trump's margin among whites without a college degree is the largest among any candidate since 1980.

~ Statista, Pew Research Center

SKOOKUMCHUCK VIEWING TIMES

MARCH

DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 12:59pm -L
2. 1:36pm -L
3. **2:12pm -XL**
4. 7:57am +L, **3:01pm -XL**
5. 8:45am +M, **3:58pm -XL**
6. 9:59am +M, **5:03pm -XL**
7. 11:27am +M
8. 7:53am -M, 12:40pm +M
9. 8:53am -M, 1:39pm +M
10. 9:40am -L, 2:31pm +L
11. 10:31am -L, 3:32pm +L
12. 12:04pm -L, 5:22pm +L
13. 12:37pm -L, 6:10pm +L
14. 1:07pm -L
15. 1:35pm -L
16. 2:00pm -L
17. 2:22pm -L
18. 8:13am +M, 2:53pm -L
19. 8:52am +M, 3:30pm -L
20. 9:38am +S, 4:21pm -L
21. 11:19am +S, 5:27pm -L
22. 12:51pm +S, 6:37pm -L
23. 8:45am -M, 1:53pm +M
24. 9:33am -M, 2:43pm +M
25. 10:15am -L, 3:30pm +L
26. 10:54am -L, 4:15pm +L
27. 11:31am -L, **5:11pm +XL**
28. 12:06pm -L, **6:00pm +XL**
29. 12:39pm -L, 6:50pm +L
30. **1:13pm -XL**
31. **1:45pm -XL**

These are estimates only and not intended for navigation.

MARCH WEATHER

TEMPERATURES, MERRY ISLAND

Our average March daily high is 9.2 C, our average daily low 4.3 C, giving us a mean daily temperature of 6.7 C. The highest March temperature recorded is 15.6 C (March 11, 1965); the lowest, -3.3 C (March 3, 1976).

PRECIPITATION, MERRY ISLAND

March has an average of 127.7 hours of bright sunshine and 15 days with rainfall. The monthly total rainfall averages 78.6 mm; monthly total snowfall averages 1.5 cm. The highest March daily rainfall recorded is 44.7 mm (March 4, 1968). The lowest March daily snowfall recorded is 8.9 cm (March 2, 1962).

A Homeowners Guide Invasive Knotweeds Japanese, Himalayan, Bohemian and Giant

Knotweed was introduced from Asia as an ornamental plant, and is considered among the world's most tenacious invasive plants. It can regrow from tiny stem and root fragments, spreads rapidly and is extremely difficult to eradicate once established. It forms dense stands that outcompete native plants and threaten local ecology. Stalks can push through thick pavement, damage septic fields, pipes and concrete foundations resulting in a reduction in property values. In the UK, people have been unable to secure a mortgage or insurance because of knotweed.



How to identify Knotweed

- Young shoots look like red asparagus.
- Stems resemble bamboo, hollow, green with reddish/purple speckles, jointed, 1-3.5m tall with Giant Knotweed reaching up to 6m.
- Leaves egg- to heart-shaped with pointed tip, alternate, 8-20cm wide and 15-20cm long, with Giant Knotweed twice the size.
- Flowers in Aug-Sept, small, white to greenish clusters.
- Winter stems persist as bare reddish-brown stalks.



Habitat and Biology

- Found especially in disturbed soil and open habitats, gardens, and along roadsides and watercourses.
- Perennial shrub-like herb, grows from rhizomes.
- Reproduces primarily by roots/rhizomes, from stem fragments left on moist soil, and by seed in hybrid Bohemian species.
- New shoots emerge in April, grow up to 8cm per day in June until they reach maximum height, then die back to ground with first frost.
- Rhizomes overwinter under ground and sprout again in spring.
- Rhizomes spread rapidly, up to 20m laterally and 3m deep, and have been known to remain dormant up to 20 years.
- Dispersal by fragments of roots and stems (or seeds) entering waterways, or transported in fill or by contaminated equipment.

Thank you to the SCRD for providing funding for this brochure,
published by the Halfmoon Bay Citizens' Association



Proper Disposal

(Current Practices)

- Due to risk of spread, Knotweed is currently NOT accepted at any SCRD waste or 'green waste' facilities. Disposal options are being sought.
- Cuttings: Leave on site, up off the ground, or on a tarp to dry out in the sun. Completely dry, crisp stalks are non-viable and may only then be burned where and when permitted.
- Roots: Once the plant has been treated (manually or with a herbicide), roots are best left in the ground until the plant has died. If at all possible, avoid digging out roots.



DO NOT HOME COMPOST or ILLEGALLY DUMP

Together we can control the spread of invasive Knotweed!

For more information:

<http://bcinvasives.ca/resources/tips>

<http://www.scrd.ca/Invasive-species>

To report Knotweeds on the Sunshine Coast go to:

<http://www.reportaweedbc.ca>

The following companies on the Sunshine Coast can help:

Marsh Landscaping 604-885-3727
Les Kadulski 604-989-7089



What should you do?

Knotweed is a serious Problem!

Act NOW to help stop the spread.

Be aware

- Learn how to identify Knotweed species.
- Know what is growing on your property.
- Investigate the best treatment options for your situation.



Prevent spread

- Beware of gravel or fill from unknown origins – it may be contaminated with Knotweed roots or plant parts.
- Avoid transporting any part of the plant or roots.
- All cutting must be dried in place off the ground to avoid re-rooting.

Take action right away!

- Small patches (less than 30 stalks) may be successfully treated by appropriate use of glyphosate (Roundup). Follow label instructions. Recommend waiting until stalks are 3 ft. high for first spraying followed by second in the fall.
- Manual cutting is not recommended, but if you so choose, do so with extreme caution due to likelihood of spread. Sometimes disturbing it makes it worse. Further information <http://bcinvasives.ca/resources/tips>
- If you are dealing with medium to large sites, seek professional advice. If pesticide use is deemed necessary, contractors must have a valid 'BC Pesticide Applicators Certificate for Noxious Weeds'.
- Any treatment method takes commitment over several years.
- Work with your neighbours. One patch of knotweed may be part of the same plant up to 20m away.



Brian Lee

Though none was safe for skating this time, many local lakes were covered last month thanks to the combination of cold temperatures and falling snow. The view across Garden Bay Lake toward Mount Hallowell on Feb. 7 encouraged at least one passing motorist to stop and snap a photo.

harbour seals



Note your (dis)approvals.

Send to: editor@harbourspiel.com.

Include full name and telephone number for confirmation. (Editor reserves the right to edit for length.)

A Harbour Seal of Disapproval to **the person or persons responsible for starting a rumour** that my business is closed. The salon is open for business with no plans of closing or going anywhere.

Stephanie Garner
Steph's the Beauty Boutique

A ducking muddy Harbour Seal of disapproval to **our neighbours** who refuse to keep their animals in their own yard and have now caused much property damage. Not very neighbourly.

Brent and Tracy Parker

A very special Harbour Seal of Approval to **Ted Taylor and the board of the Royal Canadian Legion Branch 112**. Parents, children, staff and the Serendipity Child Development Society send hugs of appreciation for your amazing support.

Linda McKinlay
Serendipity Child Development Society

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Lisa C. Rae

(604) 883-2029
info@coastal-law.ca



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home Care/Palliative care • Dressings

DENTISTRY – 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures • Surgical Extractions

PUBLIC HEALTH NURSE – 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

REGISTERED MASSAGE THERAPY

Brigit Garrett, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

COUNSELLING SERVICES

Siemion Altman – MD Psychiatrist – 885-6101

Tim Hayward – Adult Mental Health – 883-2764

PHYSICIANS – 883-2344

Drs. Forgie, Lasuta, McDowell, Robinson & Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

First-class health care for the people of the Pender Harbour area.

Social isolation and loneliness in seniors

Elise Dolan, RN

I have yet to meet a person that is excited by the prospect of spending their golden years without a spouse, family, or friend laughing at their side or supporting them through life's trials and tribulations.

Social isolation can occur when a person does not have enough people to interact with.

Often, seniors are at a greater risk of experiencing social isolation and loneliness.

Some of the factors that contribute to this include difficulty accessing transportation, changes in mobility, changes in health, poverty, and major life events such as loss of a spouse or friends.

Social isolation and loneliness should not be taken lightly or accepted as it can lead to serious health consequences.

Here are the facts:

- Socially isolated seniors use fewer health and social services;
- Social isolation makes seniors more vulnerable to elder abuse;
- Lonely seniors are more likely to engage in unhealthy behaviour such as smoking, increased alcohol consumption, poor dietary habits, decreased physical activity, and
- Loneliness in seniors is a risk factor for depression.

Findings have shown a senior with a supportive social circle may live a longer life, whereas those who are lonely have an increased risk of dying sooner.

This is a result of being more likely to experience mobility decline, chronic lung disease, arthritis, and depression.

If a senior in your family or so-



cial circle seems to be isolating themselves, or seems to be lonely, please consider offering your support.

By offering assistance with transportation or encouraging attendance at a social event, an afternoon out could make a difference to a person who is lonely.

For homebound seniors, phone calls and visits can be a critical part of connecting with loved ones.

Call or encourage the person to call you.

Visit when you can.

If you have a busy schedule, even a short visit can make a difference in someone's day

If possible, go for a walk together rather than sitting in the house.

Encourage the person to sign up for activities that could stimulate interaction with others.

Share news about programs or volunteer options in the community.

The Better at Home program has volunteers who are happy to visit those who are interested.

This volunteer service is free of charge and the program also offers drivers who are able to transport seniors for a small fee.

For more information please contact Sunshine Coast Better at Home at (604) 885-2644

Harbourside Friendship is a seniors' group aimed at improving the quality of life of seniors by creating programs and activities.

This group meets every Thursday at the Pender Harbour Community Hall.

For more information please contact Marlene at (604) 883-9900.

* * * * *

CHRONIC PAIN SELF MANAGEMENT WORKSHOP

The P. H. Health Centre is running a workshop on chronic pain self management.

This group will meet Mondays starting April 3 for six weeks from 1 p.m. to 3:30 p.m. and is open to individuals experiencing chronic pain and and their family members.

This workshop is free of charge.

Please contact the P. H. Health Centre for more information or to sign up at (604) 883-2764.

BEREAVEMENT CLASS

The P. H. Health Centre will also running a bereavement class beginning on Wednesday, March 22 and running until May 10.

Classes will start at 1 p.m. and end at 3 p.m. in the P. H. Health Centre board room.

This month in recreation

PHAFC

PHSI

PHCS

According to a Japanese legend, the crane lives for 1,000 years and a sick person who folds 1,000 origami cranes will become well again. A young girl, Sadako Sasaki from Hiroshima, set out to do just that when she developed leukemia as a result of radiation exposure from the atomic bomb dropped on her city. She died at age 12, before her project was completed. Her classmates folded her remaining cranes and placed them at the foot of a monument constructed in Sadako's memory in Hiroshima's National Peace Park. The statue depicts Sadako holding a golden crane in her arms. A plaque at the base of the statue reads, "This is our cry, this is our prayer, peace in the world." Each year, on Aug. 6, thousands of origami cranes are placed beneath Sadako's statue.

"Boost Your Brain Health" origami is one avenue that provides both mental and physical stimulus with exercise. Origami helps develop hand-eye co-ordination, fine motor skills and mental concentration. Use of the hands directly stimulates areas of the brain. Origami is used in various therapeutic settings, including art therapy and in stroke and injury rehabilitation.

Join us on Mondays at 9:30 a.m. at the Mad Park Bistro to help in folding 1000 paper cranes for our community to be displayed there for all to see.



Seniors Helping Seniors

PENDER HARBOUR SENIORS INITIATIVE

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HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:
P. H. Health Centre &
P. H. Health Auxiliary

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900

BUS TRIP: "Success after 60" conference," Friday, March 3

In Sechelt — call Marlene if interested.

ORIGAMI CHALLENGE: All Mondays

At the Mad Park Bistro from 9:30am. Come enjoy a cup of coffee/tea and learn the art of folding a paper crane for peace and prosperity — our goal is 1,000 cranes.

WALKING GROUP: Tuesdays, March 14, 21 & 28

At the P. H. Community Hall from 10:30-11am. Wear runners and join us in an easy pace special exercise program with walking-based moves. Instructor Heidi Kozlof. Drop-in \$3

CARPET BOWLING: Wednesdays, March 1, 8, 15, 22 & 29

At the P. H. Community Hall 1-3pm Drop-in \$3. Join us for a fun game!

HARBOURSIDE FRIENDSHIPS: Thursdays

At the P. H. Community Hall at 10:30. Lunch served at noon. \$10 drop-in.

March 2 – Discussion and wrap-up of intergenerational activities w/ PHSS students

March 9 – Speaker Dana Jantzen about her African safari

March 16 – Musical entertainment by Skinny Jimmy & Andrew

March 23 – Speaker Tony Greenfield on local birds

March 30 – Speaker Kym Harris on walking the Camino Trail in northern Spain

CHAIR YOGA CLASSES: Fridays, March 3, 10, 17, 24 and 31

From 10:30 am to 11:30 am at the Pender Harbour Community Hall. Drop-In \$3

Seniors Programs for March

Harbour Spiel



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COMMUNITY
SCHOOL**

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9am to 4pm

Box 232
Madeira Park
V0N 2H0

604.883.2826

phcs@dccnet.com

**HAPPY SPRING
BREAK!**

VOLUNTEER TAX ASSISTANCE

Available at the Harbour Learning Centre/Community School by appointment every Tuesday in March and April. Call Harry 604.741.5132 for an appointment.

KIDS COOKING CLUB: Friday, March 3, 3-4pm

Meet at MPES. Kids in Grades 3-6 learn basic cooking skills. FREE, registration is required

CHAIR YOGA at SARAH WRAY HALL

Wednesdays March 1 – April 5 from 10:30-11:30am. Accessible and gentle yoga for everyone! \$72 for six sessions, \$15 drop in, bring a mat and H2O bottle

SPRING BREAK CAMP

March 14, 15 and 16 from 9am-3pm at the Pool. Ages 5-12 years, \$25/day

FLORAL ARRANGEMENT with FERDINANDO: Friday March 17, 1-3pm

At Sarah Wray Hall. Bring a container or vase and your favourite spring clippings! \$25

RED CROSS BABYSITTERS' COURSE with Lynn Telder

Monday April 3, 9am-5pm. Great course for kids who would like to start babysitting or who are home alone. Ages 10+, Cost \$65. Register by March 10.

OPEN DOOR EMPLOYMENT ASSISTANCE

WorkBC will be at the Harbour Learning Centre next on Thursday March 16 from 9:30am-4pm. Call 604.885.3351 for appointment or drop by & check out the job board.

SPRING BREAK CLOSURE

The Community School will be closed from March 13-24 and will reopen Tuesday, March 28.



**PENDER HARBOUR
AQUATIC & FITNESS
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On lower level of
PH Secondary School:

13639 S. C. Hwy.

(604) 885-6866

phaquatic@scrd.ca
www.scrd.ca/Recreation

MARCH IS NUTRITION MONTH

Watch for the new Health and Wellness board. This month's topic is sugars and the difference between them.

In true Canadian style recipes will focus on maple syrup and lentils. Did you know that Canada is the world's largest exporter of lentils and 99% of the lentils are grown in Saskatchewan?

Do you have a favourite recipe you would like to share using either of these ingredients? Bring them in!

CARIBBEAN RESORT NIGHT: Tuesday March 7, 5-9pm

Escape the Canadian winters and come into a wonderful tropical paradise. Palm trees, beach games and refreshments. \$2 admission

HATHA YOGA FLOW (INTERMEDIATE LEVEL): Fridays 9:15-10:45am

With instructor Brigit Cogrossi. Use your MYPASS or pay drop in.

TUESDAY & THURSDAY MORNING MYPASS FITNESS: 9:30-10:30am

Total Body and Core: cardio, core, strength and toning using a variety of equipment and class formats. All levels welcome, beginner to intermediate.

REGISTRATION FOR SPRING PROGRAMS IS OPEN

Swim lessons will begin the week of March 27; Line Dancing, March 28; Zumba March 30; Hula Hooping March 28; Muy Thai Kick Boxing March 30; Walk 15 March 29; Get Started March 20; Body Sculpt March 22; Healthy Weight Loss and Strength Conditioning March 22; Healthy New Start March 15; Steady Feet March 23.

The Egmont Story, part I



Gladys McNutt

In the 1920s, Gladys Disney married Egmont logger Fred McNutt and moved to Egmont. Previously, she taught school in Roberts Creek and Wilson Creek and would later teach at the Egmont School. McNutt wrote a series of articles about the history of Egmont that appeared in the Coast News in 1955. McNutt died in 1968.

This article appeared in the Coast News April 7, 1955 and may contain historical inaccuracies.

PART 1

In order to understand why Egmont is continuing to grow in importance and population, we must realize that it sits at the junction of the

five arms of Jervis Inlet.

It is thus centrally located to serve the people of these areas.

Any early history must therefore refer frequently to Agamemnon Bay, St. Vincent's Bay, Hotham Sound, Doriston and Nelson Island.

The bay on the south side of the narrows, at which it is expected the new road will terminate, is called on the maps Secret Bay.

But locally, it has been referred to as Ellis Bay, Silvey Bay and more recently Co-op Bay, although there is not a Co-op business there presently.

The reason it is not called Egmont Bay is because Egmont Point is on the northwest end of the narrows

and for 30 years, the only store was on the north side.

For the information on the very early days of Egmont, I am indebted to Harriett Helliard of Pender Harbour, daughter of John Wray, to Walter Wray of Vanguard Bay and Mr. and Mrs. George Vaughn of Egmont.

Back in 1938 I had the privilege of long talks with the late Mr. and Mrs. John Wray about their experiences and am sorry now that I did not think to set down all they told me.

John Wray came from England and, I believe, worked on the Canadian Pacific Railway when it was under construction.

Mrs. Wray was also English.

When they decided to move up the Coast with their family they started out in a sailboat taking time to investigate Gibsons, Roberts Creek and Pender Harbour.

They found the places they would have preferred were already in private hands.

They continued on to Billings (Hidden) Bay on Nelson Island.



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Said Harriett Helliard:

"This was before I was born, but my mother told me she did not like the place and there were no settlers, squatters or Indians. So, after camping there for a few days, Dad started heading south again with the family.

"The Hammond family was not there at that time. The first I remember of them was when they visited us later on Nelson Island.

"My father took up land on the southwest shore of Nelson Island (Fernie Point). Then, a rumour started about a cold storage fish plant being built at the Skookumchuck.

"So, he moved up there with his family in 1903.

"He could not apply for another pre-emption so my eldest brother, John Wray Jr., took up 160 acres — on the south shore, where John West Jr. now lives — as soon as he turned 18. We called that Jack's place.

"Dad and the boys fished and hand-logged for a living. I can't remember much about it. Mother had pictures of the family taken there around 1905.

"Jack sold off some of the timber to a logger named Phil Hiltze who had a small steam donkey, which was really modern equipment in those days.

"He came from St. Vincent's Bay where he had been logging his own property. This was where Frank Kuchinka had his camp a few years ago and sold out to MacMillan.

"Working for Mr. Hiltze, cutting wood for the donkey, was a man named Robert Heard, who also had a pre-emption in St. Vincent's Bay. Pete Day still lives on the property.

"Some of the present residents of Egmont will remember old Bobbie Heard, as he was always known. He used to row over to the store for mail and supplies — about seven miles.

"There were Indians living on the reserve. They used to come for Dad to read and write letters for them.

"There were two brothers, George and Percy Garret, who had a small house on the point at Co-op Bay. They came from Pender Island and were caretakers of the 200 acres of waterfront property around the bay.

"I've heard my father say the property was owned by a Captain Archibald, skipper on one of the trans-Pacific Empress liners.

"There was a shack in the bay just outside the Skookumchuck, south side, owned by a fisherman named Dan Bowser. I think he was merely a squatter but the place was known as Bowser's Bay (later LeRoy Bay).

"This man made history battling some Japanese fishermen on the Fraser River."

The cold storage plant never materialized so, in 1906, John Wray moved back to his pre-emption on Nelson Island.

(Continued next month.)

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PUBLIC NOTICE

ANNUAL GENERAL MEETING:

**HARBOUR AUTHORITY
OF PENDER HARBOUR**

**March 6, 2017
7 p.m.**

**P. H. School of Music
Madeira Park**

604-883-2234
penderauthority@telus.net
Box 118, Madeira Park, BC, V0N 2H0



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community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

MARCH

- Fri. March 3.....P. H. Seniors Initiative Success after 60 bus trip
Fri. March 3.....P. H. Community School Kids Cooking Club - MPES, 3 p.m.
Mon. March 6.....Harbour Authority of Pender Harbour AGM - P. H. School of Music, 7 p.m.
Tues. March 7.....Pender Harbour Aquatic and Fitness Centre presents Caribbean Resort Night - PHAFC, 5-9 p.m.
Wed. March 8.....Free seminar: "Buying and selling in a small town" by Alan Stewart - Euspiria Cafe, 5 p.m.
Fri. March 10.....P. H. Living Heritage Society AGM - Sarah Wray Hall, 2 p.m.
Fri. March 10.....School of Music Coffee House - P. H. School of Music, 7:30 p.m.
Sat. March 11.....A toast to Edith Iglauer Daly on her 100th birthday - P. H. School of Music, 2-5 p.m.
Sun. May 12.....Daylight savings time begins
Mon. March 13.....Start of spring break (school resumes March 27)
Mon. March 13.....P. H. Garden Club presents Annette Clarke - P. H. School of Music, 1 p.m.
Tues. March 14.....P. H. Women's Connection hosts woodcarver Heidi Bennett - P. H. School of Music, 10 a.m.
Fri. March 17.....St. Patrick's Day
Sat. March 18.....Fred Hunsche memorial service - P. H. Legion, 1 p.m.
Tues. March 21.....P. H. Wildlife Society presents sailors Lyn and Bill Charlton - PHSS, 7 p.m.
Wed. March 22.....Bereavement class begins (runs until May 10) - P. H. Health Centre, 1 p.m.
Sat. March 25.....P. H. Blues Society presents The Boom Booms - P. H. Community Hall, 8 p.m.
Sun. March 26.....P. H. Music Society presents Robert Kortgaard & Brett Polegato - P. H. School of Music, 2 p.m.
Tues. March 28.....P. H. Women's Connection hosts Fay Wright - P. H. School of Music, 10 a.m.

Harbour Spiel Trivia Answers: 1. **b** 2. **c** 3. **c** 4. **d** 5. **a** 6. **b**

FERRY DEPARTURES

~ Effective to March 19 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrries.com for information on added sailings during peak periods.

HORSESHOE BAY

6:20 a.m. - Daily
7:20 a.m. - Daily
8:20 a.m. - Daily
9:25 a.m. - Daily
10:25 a.m. - Daily
11:30 a.m. - Daily
12:30 p.m. - Daily
1:35 p.m. - Daily
2:35 p.m. - Daily
3:50 p.m. - Daily
4:50 p.m. - Daily
5:50 p.m. - Daily
6:50 p.m. - Daily
7:50 p.m. - Daily
9:45 p.m. - Daily

LANGDALE

6:20 a.m. - Daily
7:20 a.m. - Daily
8:25 a.m. - Daily
9:25 a.m. - Daily
10:25 a.m. - Daily
11:25 a.m. - Daily
12:35 p.m. - Daily
1:35 p.m. - Daily
2:45 p.m. - Daily
3:45 p.m. - Daily
4:50 p.m. - Daily
5:50 p.m. - Daily
6:50 p.m. - Daily
7:50 p.m. - Daily
8:45 p.m. - Daily

EARLS COVE

6:30 a.m. - Daily except Sun.
8:25 a.m. - Daily
10:25 a.m. - Daily
12:20 p.m. - Daily
4:55 p.m. - Daily
6:55 p.m. - Daily
10:30 p.m. - Daily

SALTERTY BAY

5:35 a.m. - Daily except Sun.
7:25 a.m. - Daily
9:25 a.m. - Daily
11:20 a.m. - Daily
3:50 p.m. - Daily
5:55 p.m. - Daily
9:25 p.m. - Daily

NOTE: Berth one at Langdale terminal will be temporarily closed from Jan. 19 to April 6 while marine structures are upgraded or replaced. This closure will affect services on both the Langdale-Horseshoe Bay route and the water taxi service to Gambier and Keats Islands. On the Langdale-Horseshoe Bay route, two vessels will operate on approximately hourly sailings between both terminals. Each sailing will offer approximately half the vehicle capacity of current service as they will be main-deck loads only.

Schedules subject to change without notice.

*I did not wish to take a cabin passage, but rather to go before the mast and on the deck of the world,
for there I could best see the moonlight amid the mountains. I do not wish to go below now.*

~ Henry David Thoreau

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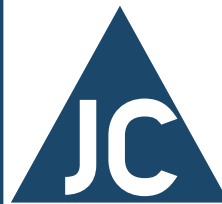


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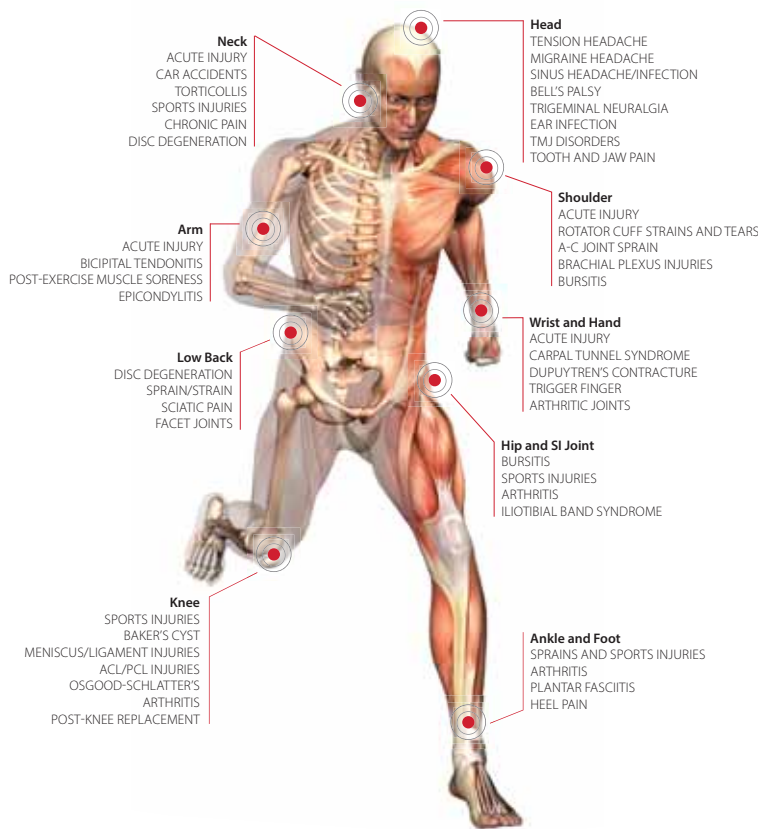
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