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HARBOUR SPIEL

July 2020
Issue 355





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EDITOR

Brian Lee

CIRCULATION (2,500)

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and are available by paid subscription and free
at locations throughout the Sunshine Coast.

Each issue of the *Harbour Spiel* (since Nov.
2006) is also available online as a PDF
download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Heather Damsgaard,
Jack Laninga, Leonard Lee, Robert Livingston,
Becky Pruitt MacKenney and Shane McCune.

COVER

A Canadian tiger swallowtail butterfly rests on
a lilac in western Francis Peninsula last month.
(Brian Lee photo)

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August issue mails July 30

(Ad bookings before July 15.)

editorial

How to make Garden Bay great again?



Brian Lee

What happened to
Garden Bay?

When I was grow-
ing up on the mean street of Madeira
Park, Garden Bay was a distant jewel
— it had the lakes, the coolest pub
and all the pretty girls lived there.

Some even argued that it was the
home of the Coast's best hamburger at
Colonel Flounders.

Those people were wrong, of
course, Madeira's Frances Burger
wore that title.

But while North Pender defend-
ers will vigorously protest this claim,
they should be protesting what has
happened to their business core.

Garden Bay boasts some of the
highest value real estate in the area
while former institutions like the Gar-
den Bay Pub, the Sundowner Inn and
what was formerly Colonel Flounders,
then LaVerne's Grill, sit empty.

Within the small community of
Garden Bay, the concern is that the
downfall of these community assets,
all within a stone's toss apart, might
negatively influence the appeal of this
once thriving area.

A cultural and business anchor of
Garden Bay, the Garden Bay Pub and
Restaurant served live music with din-
ner most nights of the summer season.

Boaters made it a regular stop on
trips upcoast to spend a night and a
dime or two.

Since its sale in March of 2014,
apathetic ownership has turned the
GBP into a sad emblem of Garden
Bay's former status as Pender Har-
bour's tourist hub.

As someone said to me the other
day, "How long before there's a fire?"

A true heritage site, the Sund-
owner Inn was the Sunshine Coast's

first and only hospital until 1964.

It has sat empty for years with no
sign the owner is willing or capable of
returning it to its past glory as a work-
ing inn.

And for anyone visiting for the
first time, the drive into downtown
Garden Bay must etch a bleak first
impression as they pass by the decay-
ing Auto Court.

That's not to say Garden Bay no
longer lives up to its name.

It boasts more sundrenched
properties and lakes than anywhere
else on the Sunshine Coast and thanks
to efforts by the Rotary Club and other
folks, public areas around the docks
and lagoon have never looked better.

Same with the revitalized John
Henry's Store and Fisherman's Resort
which have combined to anchor the
focus of hope in Garden Bay by add-
ing a restaurant and other amenities to
pick up the slack.

Down the beach, Pender Harbour
Resort has seen recent expansion of its
accommodation and docks and farther
west sits the promise of the Pender
Harbour Ocean Discovery Station.

The Vancouver Yacht Club op-
posite the pub still provides a popular
outpost for the yachting club crowd
and if you turn the page, you'll find
a story about Garden Bay's newest
resort, opening later this month.

Meanwhile, Garden Bay's shut-
tered landmarks risk encouraging a
notion that folks skip it altogether.

That would be a shame because
for over 100 years, Garden Bay has
been an essential destination.

Perhaps a residents' association
might investigate how to help return
Garden Bay's idle attractions to their
past vitality?

That may be as simple as encour-
aging the current owners to sell.

covid-19 emergency contact details

IF YOU ARE EXPERIENCING POSSIBLE COVID-19 SYMPTOMS

The Sunshine Coast COVID physician task force and Vancouver Coastal Health operate a “respiratory assessment” clinic that runs seven days a week from 8:30 a.m. to 4:30 p.m. until this crisis is over. With new testing recommendations in place, the **Respiratory Assessment Clinic is now able to assess and test anyone on the Sunshine Coast who develops possible COVID-19 symptoms.**

Fever, cough and difficulty breathing remain the most common symptoms, but COVID-19 infection can also include a new runny nose, a sore throat, muscle aches, chills, headaches, fatigue, nausea, vomiting and/or diarrhea. If you develop any of the above symptoms, please call your family doctor or contact the Respiratory Assessment Clinic directly for further assessment and testing (if indicated). Most of the time this will be on the same day. Anyone who is seen at the clinic will also receive a follow-up phone call or appointment within 24 to 48 hours. The RAC operates on an appointment basis only and will not see walk-in patients. Call or text (604) 740-1252 or email coastrespclinic@gmail.com.

IF YOU REQUIRE HOSPITALIZATION

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photojournal



Ann Harmer

Lorna Young, president of the Bargain Barn poses for a photo in the ‘pop-up store’ volunteers set up in the Pender Harbour Community Hall. The store is open every Wednesday and Friday, from noon to 3 p.m., until July 4. After that, and for the rest of the summer, shoppers can get their Barn fix at the Legion — on the same days and hours. During that time, the Bargain Barn will be undergoing a reconfiguration in order to implement safe-distancing operation in the fall.



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Garden Bay's newest resort aims to open Aug. 1

There's a new business opening in Garden Bay this August.

Garden Bay RV Resort sits along Garden Bay Road, just before it descends into the business core of Garden Bay.

Though still under construction, the 12-acre property also borders Garden Bay Marine Provincial Park and Claydon Road.

Mark Durland told the *Harbour Spiel* that he bought the property in 2006.

Since then, he has built a house, took on a partner in the venture and has been overseeing the site's development since construction began in 2017.

"It will be a combination of everything," Durland said.

"It will be a combination of people interested in permanent RV parking year-round or we'll have some spots that are always available for people to be booking year-round.

"You know, if you're working on a construction project, like BC Hydro, for instance, for two months in the winter, you can book a site for two months."

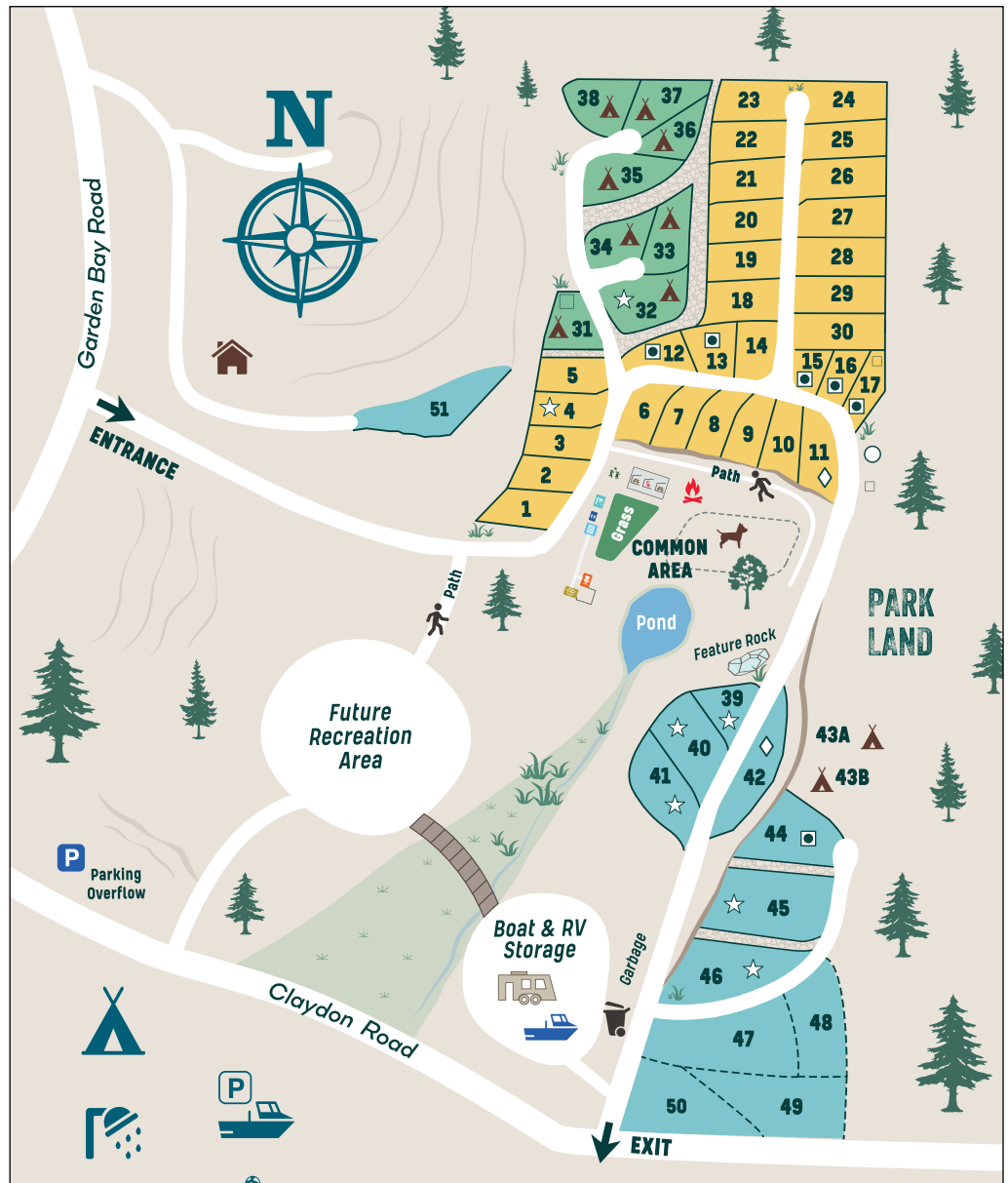
Durland said they also plan to offer tent sites and RVs on site that will be available for rent as well.

"Because we're a work in progress, we're not opening everything in one fell swoop."

Durland said he plans to open 30 sites this season out of an eventual build-out of 51 sites, all of which will be fully-serviced.

"They're quite large spots, most of them — our average size is about 60-feet long by 35-feet wide."

Durland said the full build-out will depend on a number of factors including COVID-19 restrictions and will proceed "as the market dictates."



Garden Bay RV Resort

A site plan from a promotional brochure for the Garden Bay RV Resort.

The property also boasts an RV and boat storage area, a barbecue area, group fire pit and a large enclosed dog walking area.

"What's nice about it is that all of the RV sites are very private because we back up against a provincial park."

At press time, Durland was overseeing the installation of power, septic and water services to sites and bathroom, shower and laundry facilities but said he expects to open on or before Aug. 1.



Brian Lee

Mark Durland in front of the Garden Bay RV Resort's recently-built washroom and shower area.

HARBOUR SPIEL

trivia

1. What is a former name for popular hiking spot Mt. Daniel?

- ☐ a. Mt. Drew
- ☐ b. Mt. Arthur
- ☐ c. Mt. William
- ☐ d. Mt. Pender

2. What is the mascot of the Pender Harbour Secondary School?

- ☐ a. Sockeye salmon
- ☐ b. Roosevelt elk
- ☐ c. Killer whale
- ☐ d. Cougar

3. First Nations name for Pender Harbour?

- ☐ a. salalus
- ☐ b. xenichen
- ☐ c. kalpilin
- ☐ d. skelh

4. Nickname of the Pender Harbour settler who owned the Irvines Landing Hotel and Store?

- ☐ a. Portugese Ed
- ☐ b. Portugese Joe
- ☐ c. Portugese Jason
- ☐ d. Portugese Fred

5. Which commercial fishery opened locally on June 5?

- ☐ a. ling cod
- ☐ b. salmon
- ☐ c. seals
- ☐ d. prawns

6. What's a "half sack?"

- ☐ a. pessimist
- ☐ b. six beer
- ☐ c. poorly thought out plan
- ☐ d. cowardly man

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

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THEFT

Between May 23 and 25, a thief stole a number of pieces of lumber from a site in the 13200 block of Kammerle Road, Irvines Landing.

Anyone with any information about this incident is asked to contact RCMP, reference police 2020-3471.

IMPAIRED DRIVING

On May 23, a possible impaired driver was reported in the 12600 block of Highway 101, Madeira Park.

A vehicle seen with its front end stuck up on a cement block suddenly reversed at high speed across the highway, narrowly missing another vehicle, and ended up in a ditch.

The lone driver, told police she'd consumed alcohol earlier in the day and was given a roadside alcohol screening test.

After two fail results, the driver was issued a 90-day roadside prohibition and her vehicle was impounded for thirty days.

TRAFFIC INCIDENT

On May 28, RCMP responded to a report of a vehicle in the 16400 block of Highway 101, Egmont, that pulled out in front of an ambulance with its lights and sirens on, and refused to yield, blocking the patient-carrying ambulance from travelling unimpeded.

Police remind motorists it is the law to yield for active emergency services vehicles.

The file is still under investigation and anyone with information about this incident is asked to contact RCMP, reference file 2020-3365.

BREAK AND ENTER

Between May 30 and June 3, a suspect cut a lock off a gate to gain access to a residence in the 11900 block of Highway 101, Madeira Park,

to steal a boat.

The suspect would have required a vehicle to remove the stolen boat which is described as a "1970 vintage 12-foot aluminium Mirro Craft boat with a Utah metal plate of UT3811 and the name *Kotan Tilikum* on it."

Anyone with any information about this theft is asked to contact RCMP, reference file 2020-3553.

BREAK AND ENTER

Between June 2 and 7, a suspect or suspects cut a fence at a business in the 12800 block of Madeira Park Road, Madeira Park, to gain entry to a work yard and stole a 10-foot by 3.5 foot stainless steel counter top that had been stored outside a building.

Anyone with any information about this theft is asked to contact RCMP, reference file 2020-3621.

THEFT

On the early afternoon of June 13, while the owners were on a short hike, a suspect cut off and stole catalytic converters from three vehicles parked at Dan Bosch Park in the 15400 block of Highway 101, Madeira Park.

Anyone with any information about this incident is asked to contact RCMP, reference file 2020-3758.

IMPAIRED DRIVING

On June 13, a witness reported a driver and passenger drinking what appeared to be alcohol while on the ferry from Powell River to Earls Cove, Egmont.

The witness provided vehicle and driver descriptions and police located the suspect vehicle southbound on the highway near Menacher Road, Madeira Park.

The driver said she consumed alcohol earlier in the day and was given a roadside alcohol screening test.

After two "warn" results, the driver was issued a three day roadside prohibition and her vehicle was impounded for three days.

THEFT OF CATALYTIC CONVERTERS

Overnight on June 16, a suspect cut and stole catalytic converters off three vehicles.

The first theft occurred in the 5500 block of Brooks Road, Halfmoon Bay, another theft occurred in the 12300 block of Highway 101, Madeira Park, and the third theft was reported in the 8600 block of Redrooffs Road, Halfmoon Bay.

Anyone with any information is asked to contact RCMP, reference files 2020-3827, 2020-3828 and 2020-3838.



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Water and waste continue to dominate SCRD planning



*Leonard Lee
Area A director, SCRD*

SIGN, SIGNS, EVERYWHERE A SIGN

To balance the recent and contentious dual-language highway sign and the Madeira Park renaming controversies, I wanted to share a related but positive story of another signage project initiated by several local community groups in 2017 and undertaken by them in collaboration with the Sechelt Elders language group and the SCRD.

Local park names were translated into shashishalhem (the shishalh language) to be included on informational signs to celebrate our own history and that of the shishalh Nation.

Because some names were lost

over time, existing geographical features were identified for translation into shashishalhem, such as Baker Beach or kwilkwilem, meaning “covered with sand” and Daniel Point or ʔayalus, meaning “lookout.”

Everyone involved is pleased with the design and format of these attractive parks signs, and look forward to the installation of more of them as the project continues — another step in our journey to becoming a cohesive, modern, and forward-looking community.

PUBLIC PARTICIPATION IS CRITICAL

Long-term planning documents are the foundation that lets the SCRD provide essential services.

These documents include the solid waste management plan, Area A

water master plan, and comprehensive regional water plan, all now old and sorely in need of updating.

To ensure these plans are fair and unbiased, public participation is critical so I urge you to add your voice to the discussions.

HOT TOPIC: WASTE WATER

Waste water plants or community sewage treatment facilities continue to be a hot topic in Area A.

We have nine waste-water plants each serving from six to 179 properties, and each with a closed user group within a predefined service area.

The oldest system has been in service 43 years and the newest is not yet completed.

Each system was designed and installed by the subdivision developer, who recovered or will recover their



SUNSHINE COAST REGIONAL DISTRICT Upcoming meetings

Agendas and links to video-streaming for these meetings are available at www.scrd.ca/Agendas-2020.

Planning and Community Development

July 9 at 9:30 a.m.

Regular Board

July 9 at 1:30 p.m.

Infrastructure Services Committee

July 16 at 9:30 a.m.

Policing and Public Safety Committee

July 16 at 1:30 p.m.

Transportation Advisory Committee

July 16 at 3:00 p.m.

Corporate and Administrative Services Committee

July 23 at 9:30 a.m.

Regular Board

July 23 at 1:30 p.m.

Regional Hospital District

July 23 at 3:00 p.m.

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investment, a little at a time, as individual lots sell.

Typically, the developer operates the treatment facility for a short while before gifting it to the SCRD after a formal transfer request by the users.

Once the SCRD agrees to own, manage, and operate a system, it becomes a “community waste water system,” but remains for the exclusive use of those in the predefined service area, who are billed for it annually as defined and allowed by a bylaw.

The SCRD is struggling with developing waste water asset management plans, which are long-term plans for ongoing management, operation, and maintenance of the systems.

The first phase of this planning exercise revealed the previous funding model was not sustainable, and thus our recent user-fee increase.

IRVINES LANDING WASTE WATER

Irvines Landing residents are questioning why every home in the area wasn’t connected, or allowed the option to connect, to one of the three modern waste-water plants there.

One proposed solution is to join the systems together, with users sharing both the costs and benefits of a large, single system.

Because the existing plants are owned by the SCRD, it should be possible to extend the service area if the residents and/or businesses that request it, agree to bear the one-time cost and share in the operational costs.

WATER SUPPLY ADVISORY COMMITTEE

The water supply advisory committee advises the SCRD on the development and implementation of water supply and conservation plans, according to the SCRD commitment

that public representation from their water systems be pursued in a manner ensuring that the interests of residential users are adequately represented.

The SCRD is now seeking folks to participate in the WASAC.

I hope to see interested community members, ideally, residents from the North Pender, South Pender, Egmont and Earls Cove (Cove Cay) water system service areas, step forward to serve on this committee.

We expect both the Area A water master plan and comprehensive regional water plan to be updated or replaced, based on recommendations made by this committee.

CHURCH ROAD WELL FIELD ALTERNATE APPROVAL PROCESS

Construction of the Church Road well field involves drilling new wells and connecting the Granthams, Soames, and Chapman systems to significantly increase supply in the Chapman water system, reducing the

stress during summer droughts.

It will cost \$8 million, to be repaid through a tax on those properties in the regional water supply and distribution service areas that have access to the water — North and South Pender are not in this service area.

If you oppose the loan, complete an elector response form available at www.scrd.ca/Alternative-Approval-Process or at the SCRD office at 1975 Field Road.

The AAP closes July 20, 2020.

SOLID WASTE MANAGEMENT ADVISORY COMMITTEE

We recently re-established our solid waste management plan monitoring advisory committee and two residents have volunteered to serve on it to make recommendations on, for example, strategies to extend the life of our landfill.

We hope to see members of this group participate in our proposed “future waste disposal options” study, expected to start work later this year.



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Canadian tiger swallowtail butterfly (*Papilio canadensis*)

Brian Lee

A welcome visitor to local gardens in late spring, the Canadian tiger swallowtail is one of the best-known butterflies in Canada.

According to the Nature Conservancy of Canada, it can be found in all provinces and territories — including the Arctic Circle — but not Labrador.

Because of its size — its wingspan typically measures between 53 and 90 millimetres — and distinctive pattern, the Canadian tiger swallowtail is easily recognized.

Its yellow colouring overlaid with wide, black tiger stripes is hard to miss.

It has a wide, black band along the inner margin of the hindwing.

The underside of the Canadian tiger swallowtail is yellow, often with extensive over-scaling of orange, and black.

Depending on latitude, the butterfly can be found throughout Canada between mid-May and late July.

According to the Canadian Biodiversity Information Facility, since 1906, when it was first named, *canadensis* was considered a subspecies of the more southerly Eastern tiger swallowtail (*P. glaucus*), found throughout the eastern U.S.

It was separated in 1991 based on detailed physiological and genetic characteristics.

The more northern swallowtail butterfly has only one generation per year, while *glaucus* has two.

Females lay eggs singly on a host plant.

The caterpillar folds the host plant's leaves and ties them together with silk; they then eat from this structure.

The pupae overwinter, then



Brian Lee

A Canadian tiger swallowtail butterfly taking a break on Beaver Island May 27.

emerge in May.

Mature larvae are dark green, with two spots that look like eyes on the swollen section of the body behind the head.

Immature larvae are brown and white, resembling bird droppings.

The larvae use a wide variety of trees as food plants, including willow, cherry, poplar and ash.

Though mainly a species of open woodlands and adjacent areas, it also flies north of tree line in Canada where stunted trees and dwarf willows can be found.

The Canadian tiger swallowtail can often be found in mud puddles where hundreds might gather at the same small puddle, jostling for position.

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The first “bridge” of the Pender Harbour Power and Sail Squadron — formed in 1985 at the Pender Harbour Legion.



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Jack Laninga

Jack Laninga was lucky to get a shot of this bobcat in his yard in western Francis Peninsula May 8. 'He/she was just sitting there looking at me from about 20-feet away. Not much bigger than a housecat,' said Laninga.

letters

Lowther questions neighbour's glare

Editor,

What kind of community and fellow citizens do we want to be, and what in fact are we?

Do we care about our environment and fellow residents, or do we subscribe to the "I don't give a damn about other people" philosophy?

We live in the Pender Harbour area and have noticed over the past months a fellow "neighbour" who has high-glare halogen lights coming on at night, glaring out at us, like two "eyes in the night."

Nobody else has lights on at night like that, nor as bright and glaring.

We finally got the nerve to go over there, and have a talk with the man who has these lights on.

We explained how these lights

are so unpleasant, and asked if he could not have them on.

He said, "What constellations are you unable to see because of my lights?"

And, "What time would you like me to put them on?"

We were told how he had decided to have these glaring lights for "security" because he has "had some trouble."

We told him that we go out at night, and like to sit there and look at the night sky, and the general area, and that these lights are seriously "off-

putting."

We asked him to please consider his neighbours.

We then left, and for two nights, the lights did not come on.

Then on the next night, the two glaring lights came on at 11 p.m.

And then the next night, 10 p.m.

Apparently, we, and how we feel, do not matter.

Is this what Pender Harbour has come to, or can we get back to considering our fellow neighbour and the environment?

Fred Lowther

LETTERS Letters to the editor should be of local interest, exclusive to the *Harbour Spiel* and include your full name, address and daytime phone number for verification. Letters may be edited for length and clarity. editor@harbourspiel.com

WANTED

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Made with love: Masks for the Coast

by Becky Pruitt MacKenney

Christine Fearn is no stranger to masks.

Six years ago, the PHSS grad and Halfmoon Bay resident's second son was born.

Thane was a “micro preemie” — a child born weighing less than 1,000 grams or at less than 28 weeks gestation.

For the first three months of his life, everyone who interacted with him had to wear a mask and Fearn saw first-hand how a simple piece of cloth can protect the people you love.

Those memories spurred her to action when the coronavirus landed in BC this spring.

Fearn founded a group that since mid-March has made over 10,000 masks for the Coast.

The group, “Friends Wear Masks to Save Friends,” which she co-heads with Jennifer Stapleton, started by making masks for patients of the respiratory assessment clinic in Sechelt.

They soon expanded to providing masks for essential businesses.

Then Fearn learned that many workers found the masks uncomfortable to wear for long stretches, though several told her they felt “one hundred times safer” when customers wore them.

So, she set up shop in front of the Madeira Park IGA, distributing masks



submitted

Simon Fearn, age 17, Thane Fearn, age 6 and their mother Christine Fearn.

to anyone who wanted them.

“Madeira Park is my hometown,” she said.

“I had to start there.”

Friends Wear Masks to Save Friends has volunteer sewers, drivers and coordinators up and down the Coast, including Gerri Fenn, Dorothy Miller and Rhonda Van Tent here in Pender Harbour.

The group has received an outpouring of support from Coast businesses, including Coastal Craft in Gibsons, which fabricated a custom “pleating machine.”

The device does one thing and does it really well — it pleats a long swath of fabric in a matter of seconds.

The innovation has saved hours of work, though Christine doesn't use it herself.

After months of experience, she can now sew a mask, start to finish, in a blistering 2.5 minutes.

But Fearn and her group are not the only volunteers producing masks to protect Sunshine Coasters.

In late-March, Garden Bay resident Aurelia Cardiff asked, “How can I love my neighbour during COVID-19?”

Cardiff was tracking the virus's progression in France, where her family lives, when she noticed that face masks there were “becoming a big deal.”

It sparked an idea.

She approached the sewing group at her church, Christ the Redeemer Anglican, about making masks.

*Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program*



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Bernie Kretschmer, Nancy Enns and Sue Campbell were enthusiastic. They received “acres of fabric” from local community members like Rose Everett.

This allowed funds raised through the masks to be directed toward charity on the Coast and Lower Mainland.

The group has raised more than \$800 for coronavirus relief efforts, including financial support for laid-off restaurant workers, some of them new immigrants who aren’t eligible for government assistance; housing through Sunshine Coast Community Services for women fleeing domestic abuse during quarantine, and other COVID-related needs.

Kretschmer, Enns and Campbell have sewn hundreds of masks so far, with Cardiff organizing distribution, often during her lunch break at the Madeira Park Veterinary Clinic.

For Enns and the others, the initiative has been a way to continue helping the community during social distancing.

“When people are walking



submitted

Christine Fearn sewing more masks outside the Wilson Creek IGA.

around the community with their homemade masks, it’s a unifying thing, said Enns.

“I’m protecting you; you’re protecting me, we’re working together.

“It’s a small thing in the whole picture, but it’s one thing you can do.”

For Friends Wear Masks to Save Friends, people can email Christine at christieritz@yahoo.ca.

For the Pender Harbour-based group run by Christ the Redeemer Church, people can email Nancy Enns at nancyjvenns@gmail.com.



submitted

These masks were made with donated fabric by a group of volunteers from the Christ the Redeemer Church.



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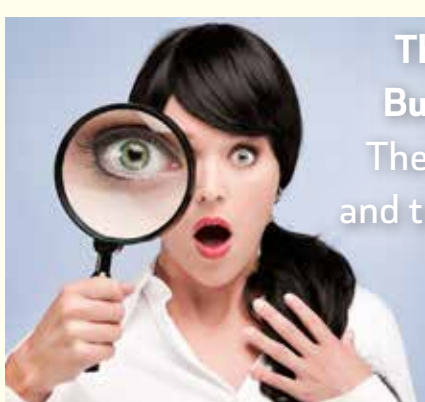
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Beaver Island sunset, June 5. Brian Lee photo.

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pender harbour tides ~ july 2020

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Wed 01	15.2	15.7	15.3	13.9	11.7	9.2	6.8	4.8	3.7	3.6	4.4	5.9	7.9	10.0	11.8	13.0	13.4	13.1	12.4	11.6	11.2	11.3	12.1	13.3
Thu 02	14.4	15.3	15.4	14.7	12.9	10.4	7.7	5.2	3.4	2.4	2.6	3.7	5.6	8.0	10.5	12.6	14.0	14.4	14.1	13.3	12.4	11.8	11.8	12.5
Fri 03	13.5	14.5	15.1	15.0	13.9	11.8	9.2	6.4	3.9	2.2	1.6	2.0	3.5	5.8	8.5	11.2	13.5	14.8	15.2	14.7	13.8	12.8	12.1	12.0
Sat 04	12.6	13.5	14.3	14.8	14.4	13.0	10.7	8.0	5.3	3.0	1.5	1.2	2.0	3.9	6.5	9.4	12.2	14.3	15.5	15.6	15.0	13.9	12.8	12.0
Sun 05	12.0	12.5	13.3	14.1	14.4	13.8	12.2	9.8	7.0	4.4	2.4	1.3	1.3	2.5	4.6	7.5	10.4	13.1	15.1	15.9	15.8	14.9	13.7	12.5
Mon 06	11.8	11.8	12.3	13.1	13.7	13.9	13.1	11.3	8.9	6.3	3.9	2.2	1.5	1.8	3.3	5.7	8.6	11.5	14.0	15.6	16.1	15.6	14.5	13.2
Tue 07	12.1	11.4	11.5	12.0	12.8	13.3	13.3	12.4	10.6	8.2	5.8	3.8	2.4	2.0	2.8	4.5	7.1	9.9	12.6	14.7	15.9	15.9	15.2	14.0
Wed 08	12.6	11.5	11.0	11.1	11.7	12.4	12.8	12.7	11.7	10.0	7.8	5.7	4.0	3.0	3.0	4.0	5.9	8.5	11.1	13.5	15.2	15.9	15.6	14.7
Thu 09	13.3	12.0	10.9	10.5	10.7	11.3	12.0	12.3	12.1	11.2	9.6	7.7	5.9	4.5	3.9	4.2	5.5	7.5	9.9	12.3	14.2	15.4	15.6	15.0
Fri 10	13.9	12.5	11.2	10.3	10.0	10.2	10.8	11.4	11.8	11.6	10.8	9.4	7.9	6.4	5.5	5.2	5.7	7.1	9.0	11.2	13.2	14.6	15.3	15.1
Sat 11	14.3	13.0	11.6	10.3	9.5	9.3	9.6	10.2	10.9	11.3	11.3	10.7	9.6	8.4	7.3	6.7	6.6	7.3	8.7	10.4	12.2	13.8	14.7	15.0
Sun 12	14.5	13.4	12.0	10.5	9.3	8.6	8.5	8.9	9.6	10.3	10.9	11.1	10.8	10.1	9.2	8.5	8.0	8.1	8.9	10.1	11.6	13.0	14.1	14.6
Mon 13	14.5	13.7	12.4	10.9	9.4	8.2	7.5	7.5	8.1	8.9	9.9	10.7	11.2	11.2	10.8	10.2	9.7	9.4	9.5	10.1	11.2	12.3	13.4	14.1
Tue 14	14.3	13.8	12.7	11.2	9.6	8.0	6.9	6.5	6.6	7.3	8.4	9.6	10.7	11.5	11.8	11.6	11.2	10.8	10.5	10.6	11.1	11.9	12.8	13.6
Wed 15	14.0	13.9	13.0	11.7	9.9	8.2	6.7	5.7	5.4	5.8	6.7	8.0	9.6	11.0	12.0	12.6	12.5	12.2	11.7	11.3	11.3	11.7	12.3	13.0
Thu 16	13.6	13.7	13.3	12.2	10.5	8.6	6.8	5.4	4.5	4.5	5.1	6.4	8.1	9.9	11.6	12.8	13.4	13.3	12.9	12.3	11.8	11.7	11.9	12.5
Fri 17	13.1	13.5	13.5	12.7	11.2	9.3	7.3	5.4	4.1	3.5	3.7	4.8	6.4	8.5	10.6	12.4	13.7	14.1	13.9	13.2	12.5	11.9	11.8	12.0
Sat 18	12.6	13.2	13.5	13.2	12.1	10.3	8.2	6.0	4.2	3.0	2.7	3.3	4.7	6.8	9.2	11.5	13.4	14.5	14.6	14.2	13.3	12.4	11.8	11.7
Sun 19	12.1	12.7	13.2	13.4	12.9	11.5	9.4	7.1	4.9	3.1	2.1	2.1	3.1	5.0	7.5	10.1	12.5	14.3	15.1	14.9	14.2	13.1	12.1	11.5
Mon 20	11.6	12.1	12.8	13.3	13.4	12.6	10.9	8.6	6.2	3.9	2.3	1.6	1.9	3.3	5.6	8.4	11.2	13.6	15.1	15.5	15.0	14.0	12.7	11.7
Tue 21	11.2	11.4	12.0	12.8	13.4	13.3	12.3	10.4	8.0	5.4	3.2	1.8	1.4	2.1	4.0	6.6	9.6	12.4	14.5	15.6	15.6	14.8	13.5	12.1
Wed 22	11.1	10.8	11.1	11.9	12.8	13.3	13.2	12.0	9.9	7.5	5.0	3.0	1.8	1.7	2.8	5.0	7.8	10.8	13.5	15.3	15.9	15.5	14.4	12.8
Thu 23	11.4	10.4	10.2	10.7	11.7	12.6	13.1	12.9	11.7	9.7	7.3	5.0	3.2	2.3	2.6	4.0	6.4	9.3	12.2	14.5	15.8	16.0	15.2	13.7
Fri 24	12.0	10.5	9.6	9.5	10.1	11.2	12.2	12.8	12.6	11.4	9.6	7.4	5.4	4.0	3.4	4.0	5.6	8.1	10.8	13.4	15.2	16.0	15.7	14.6
Sat 25	12.8	11.0	9.4	8.6	8.6	9.3	10.5	11.6	12.2	12.2	11.3	9.8	8.0	6.3	5.2	5.0	5.8	7.5	9.8	12.3	14.4	15.7	16.0	15.3
Sun 26	13.8	11.8	9.8	8.3	7.5	7.6	8.3	9.5	10.8	11.6	11.9	11.4	10.3	8.9	7.7	6.9	6.8	7.7	9.3	11.4	13.4	15.0	15.8	15.7
Mon 27	14.6	12.8	10.7	8.6	7.1	6.3	6.4	7.2	8.5	9.9	11.1	11.7	11.6	11.0	10.1	9.2	8.7	8.7	9.5	10.9	12.6	14.2	15.3	15.7
Tue 28	15.2	13.8	11.8	9.5	7.4	5.9	5.1	5.2	6.1	7.5	9.1	10.6	11.7	12.1	11.9	11.4	10.8	10.3	10.3	10.9	12.0	13.3	14.5	15.2
Wed 29	15.3	14.5	12.9	10.7	8.4	6.3	4.7	4.0	4.2	5.1	6.6	8.4	10.2	11.8	12.7	13.0	12.7	12.1	11.6	11.4	11.8	12.6	13.6	14.5
Thu 30	15.0	14.9	13.8	12.0	9.7	7.4	5.2	3.7	3.1	3.4	4.5	6.2	8.3	10.4	12.2	13.5	13.9	13.7	13.1	12.4	12.0	12.1	12.7	13.5
Fri 31	14.3	14.6	14.4	13.2	11.2	8.8	6.4	4.3	2.9	2.4	2.9	4.2	6.3	8.6	11.0	13.0	14.3	14.7	14.3	13.6	12.7	12.1	12.1	12.5

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

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Gerald (Jerry) Reiter

JANUARY 14, 1939 — MAY 16, 2020



Gerald Reiter died on May 16 at Langley Lodge in Langley.

He was born in Vernon in 1939. Reiter will be greatly missed by Sylvia, his wife of over 60 years, four children and their spouses, 11 grandchildren and their spouses, five great grandchildren, two brothers and niece and nephews.

Reiter and his wife Sylvia were long time residents of Madeira Park until recently relocating to the Lower Mainland.

After retiring in his 50s, the couple moved to Madeira Park where he loved to do home improvement projects, golf, fish and hike.

He will be remembered for his love of family, sense of humour, witty remarks, and willingness to lend a hand to his many friends.

Reiter volunteered at the Pender Harbour Golf Course, recycled electronics for the Bargain Barn, and helped with the recent refurbishment of the Forest View Cemetery.

He was also a member of the Royal Canadian Legion Branch 112 where he enjoyed his Friday night dinners and socializing.

“To live in hearts we leave behind is not to die.”

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a longstanding effort to recognize and record those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and date of death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.



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In loving memory of a wonderful mother

Helen Jerema (née Penner)

Oct. 23, 1926 – June 20, 2019



Helen Jerema passed away at the age of 92. She was predeceased by husband Stanley Jerema in 2005.

Helen was a loving and caring mother to Richard (Roxanne) Jerema, Patricia (Gary) Enderby, and all her grandchildren – Fletcher, Ayla, Tasha, Carson and Brandon.

Helen was a tenacious and meticulous woman. Whatever project she tackled, be it sewing, cooking or gardening, it was always done to perfection. She had a natural talent for colour and decor and it showed in her gardens.

The property they purchased in Egmont was just rocks and trees, but with hard work and perseverance, she landscaped it into the grandest garden in the neighbourhood.

She was a person who believed in quality over quantity – be it in people or personal possessions. She is greatly missed by her family and friends and we were so blessed to have her in our lives.

The world changes from year to year. Our lives, from day to day... but the love and memory of you shall never pass away.

ORGANIZATIONS DIRECTORY

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- Guides, Brownies, etc.(604) 883-2819
- Harbour Artists(604) 883-2807
- Harbourside Friendships (Thur. 10:30 -1 p.m.)(604) 883-9900
- Health Centre Society(604) 883-2764
- Health Centre Auxiliary.....(604) 741-2646
- InStitches (last Thursday of month, 10 a.m.).....(604) 740-1151
- Lions Club, Egmont.....(604) 883-9463
- Lions Club, Pender Harbour (1st & 3rd Tues.).....(604) 883-1361
- Men's Cancer Support Group.....(604) 883-2393
- P. H. Aquatic Centre Society.....(604) 885-6866
- P. H. and Area Residents Association.....(604) 883-9205
- P. H. Blues Society.....(604) 741-1186
- P. H. Choir (7 p.m., Tuesday).....(778) 227-8430
- P. H. Community Club.....(604) 883-9900
- P. H. Community School Society(604) 883-2826
- P. H. Garden Club.....(604) 883-9798
- P. H. Golf Club(604) 883-9541
- P. H. Hiking Club (8:30 am, Mon. & Wed.).....(604) 883-2274
- P. H. Living Heritage Society.....(604) 883-0748
- P. H. Music Society (bookings)(604) 883-9749
- P. H. Paddling Society (dragon boating)(604) 399-9596
- P. H. Piecemakers (quilters).....(604) 883-2573
- P. H. Pipe Band.....(604) 883-0053
- P. H. Power & Sail Squadron(604) 883-2086
- P. H. Ramblers (hikers, every Tues. a.m.).....(604) 883-1191
- P. H. Volunteer Fire Dept (Wed. evening).....(604) 883-9270
- P. H. Reading Room (library)(604) 883-2983
- Rotary Club (noon Fri. RC Legion No.112)(604) 883-2843
- Royal Canadian Legion No. 112(604) 883-2235
- Ruby Lake Lagoon Society(604) 883-9201
- Skookumchuck Heritage Society.....(604) 883-9994
- S. C. Health Care Auxiliary (2nd Wed., 1:30 p.m.).....(604) 741-8413
- Seniors' Housing Society(604) 883-2819
- Serendipity Child Care Centre.....(604) 883-2316
- Sunshine Coast Better At Home.....(604) 989-6171
- Sunshine Coast Women's Outreach Services(604) 741-5246
- Wildlife Society (3rd Tues. PHSS).....(604) 883-9853
- Women's Connection (2nd & 4th Tue.).....(604) 883-0444

misc

FREE 'BOAT ONLY' CONCERT

Courtesy of Gunboat Bay's Mellquist family, the Peter Van Deursen Trio will perform a waterfront concert on Saturday, July 18. The blues trio will perform at 6 p.m. on the Mellquist's dock on the north side of Gunboat Bay and the family invites boaters to attend.

Host Ken Mellquist checked the tides and confirms they will be perfect with a rising tide all afternoon, high slack at around showtime and then a slow ebb back out the bay. The event should be over some time around 8 p.m.

For anchoring, the bottom surrounding the dock/stage varies between 30 and 50 feet. Mellquist asks people to arrive a little early and try to be at anchor or quiet with motors off by around 6 p.m.

Due to COVID-19 concerns, the hosts ask that boaters and neighbours limit people to immediate family members and follow proper social distancing and hygiene guidelines, including no rafting of boats while anchoring a minimum of 30 feet from other boats.

PENDER HARBOUR READING CENTRE

The Pender Harbour Reading Centre is set to re-open in early July for full service and takeout services. Because of COVID-19, things will be different at the PHRC, as they are everywhere else.

Recently, the PHRC has been open on Tuesdays and Saturdays for the return of books only. Please bring your books back in a paper or plastic bag clearly marked with your name. If you cannot put them in a bag, put a slip of paper with your name in each book pocket. This is important because they need to connect your name with the book card to put the books back on the shelf.

Once they re-open the following changes will apply:

- Volunteers and members who are ill should not visit the PHRC;
- Extra cleaning by volunteers will be ongoing;
- They will quarantine returned items for 72 hours to assure that they are virus-free;
- Masks are required to be worn in the PHRC by all;
- Masks, gloves, wipes and sanitizer will be available;
- They will install screens where social distancing measures are not possible;
- Members may be asked to check-out their own materials to enhance the distancing from volunteer staff and reduce the handling of the books, and
- Members may take out six books at a time, two of which can be new books.

If you prefer takeout service, please visit their website at www.penderharbourlibrary.ca.

Isabel Gooldrup

JUNE 6, 1924 — JUNE 16, 2020



Isabel Gooldrup, aged 96, died peacefully on June 16 surrounded with love by her family and caregivers at Christenson Village in Gibsons.

Gooldrup was born in Powell River in 1924.

She was predeceased by her loving husband Gilbert, and survived by her adoring children and their families, Elaine Sanders, Richard Gooldrup (Margaret), and Shirley

Cawley (Gordon).

As well as her seven grandchildren (Brad, Nicole, Kirsten, Christy, Gerry, Laurel and Andrea), she is survived by 16 great grandchildren.

One of her great joys in life was spending time with her grandchildren and she left them with a very positive influence on their lives.

She was married to Gilbert for 58 years.

He lovingly nicknamed her "Sparkplug," after which his first boat was named.

Gooldrup remained the Sparkplug of her family until her passing.

A true matriarch and a mother to all (Ted, Jan, and Linda), she provided countless meals, hospitality and love to her family, relatives, neighbours and friends around her kitchen table overlooking the waterfront of her Pender Harbour home.

There she resided for her entire life, representing that beacon of com-

fort and warmth for all.

She loved being active in her Pender Harbour and the Sunshine Coast communities and was involved in the local PTA, Ladies Hospital Auxiliary, and was chair of the board of directors of St. Mary's Hospital in Sechelt.

Her love of children extended to her achieving her kindergarten teaching certificate from UBC, upon which she applied to work at Madeira Park Elementary School.

She will be greatly missed by her family, relatives, friends, and community.

The family would like to thank Dr. Brian Myhill-Jones for his many years of caring for her and Dr. Julie Baxter and staff at Christenson Village for their compassionate end-of-life care.

Gooldrup requested no formal service and a family gathering will be held to celebrate her life.

seals



Note your seal of approval or **disapproval**.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Harbour Seals of Approval for the late **Shirley Bailey**. She was my friend through thick and thin for over 15 years.

She will be missed.

Lou Farrell

Harbour Seal of Approval to **Troy Callewaert and Madeira Park IGA** for the generous donation of COVID-19 cleaning supplies for the Pender Harbour Reading Centre for our reopening.

Karen Dyck

Harbour Seals of Approval to **Frank and Pam Roosen** for all the supplies they gave me to build my garden boxes. Thanks also to my dad **Larry Honeybourne** for building the garden boxes — so grateful.

Terri Honeybourne

An ocean full of Harbour Seals to **the people of Pender Harbour** for their outpouring of sympathy and generosity over the death of my late partner Kandy Besse. You are the best.

Hugh Baird

**DISPENSARY
IS OPEN!**

REMEDY
WELLNESS CENTRE

778-487-2030
remedy420.ca

12808 Madeira Park Rd
in the Harbour Spirit Centre

SKOOKUMCHUCK VIEWING TIMES

JULY

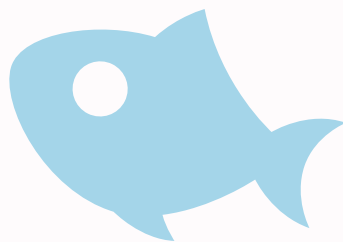
DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 7:48 AM -XL, 3:16 PM +L
2. 9:07 AM -XL, 4:22 PM +XL
3. 10:48 AM -XL, 5:20 PM +XL
4. 11:38 AM -XL, 6:11 PM +XL
5. 12:22 PM -XL, 7:02 PM +XL
6. 12:29 PM -XL, 7:38 PM +XL
7. 12:55 PM -XL, 8:16 PM +XL
8. 1:29 PM -XL, 8:49 PM +XL
9. 7:36 AM +S, 2:08 PM -L
10. 8:44 AM +S, 2:50 PM -L
11. 10:12 AM +S, 3:37 PM -M
12. 11:25 AM +S, 4:23 PM -M
13. 12:27 PM +M, 5:39 PM -S
14. 1:41 PM +M, 6:57 PM -S
15. 7:17 AM -L, 2:47 PM +L
16. 8:14 AM -L, 3:45 PM +L
17. 9:21 AM -L, 4:36 PM +XL
18. 10:08 AM -XL, 5:24 PM +XL
19. 10:46 AM -XL, 6:07 PM +XL
20. 11:23 AM -XL, 6:50 PM +XL
21. 12:00 PM -XL, 7:28 PM +XL
22. 12:39 PM -XL, 8:01 PM +XL
23. 1:21 PM -XL, 8:31 PM +XL
24. 7:24 AM +M, 2:09 PM -XL
25. 8:31 AM +M, 3:04 PM -L
26. 9:52 AM +M, 3:54 PM -L
27. 11:12 AM +M, 5:05 PM -M
28. 12:43 AM +L, 6:31 PM -S
29. 2:06 PM +L, 7:52 PM -S
30. 7:56 AM -XL, 3:20 PM +XL
31. 9:47 AM -XL, 4:28 PM +XL

These are estimates only and not intended for navigation.

harbour almanac



BC COMMERCIAL FISHING

\$402.2 million

Revenue from BC's commercial (or capture) fishing sector in 2016.

-15.5%

Percentage of change in BC capture fishing revenue since 1990.

1,600

Total employment in BC's capture fishery in 2016.

2,600

The number of people employed in fish and seafood processing in BC in 2016 (includes aquaculture).

\$43.8 million

Amount workers in BC's capture fishery took home in wages and salaries in 2016 (does not include fish boat operators and other self-employed workers).

35%

Percentage of GDP within BC's fisheries and aquaculture sector (capture fishery, aquaculture, processing and sports fishing) that commercial fishing contributed in 1990.

19%

Percentage of GDP within the fisheries and aquaculture sector that commercial fishing contributed in 2016.

5%

Percentage of GDP that salmon contributed to BC's capture fishery in 2016.

36%

Percentage of GDP that salmon contributed to BC's capture fishery in 1990.

~ BC Ministry of Agriculture report on fisheries and aquaculture sector (published 2016)

JULY WEATHER

TEMPERATURES (Merry Island)

Our average daily high temperature is 21° C and low is 14.3° C giving us a mean daily temperature of 17.7° C. The highest July temperature recorded is 29.5° C (2015) and the lowest is 9° C (July 1, 1979).

JULY PRECIPITATION (Merry Island)

July averages seven days with rainfall with a total of 41.5 mm. July has an average of 283 hours of bright sunshine. The highest daily rainfall recorded in July is 37.1 mm back on July 19, 1968. Total rainfall for the month averages 41.5 mm.

JULY ASTROLOGY

**CANCER: JUNE 21 – JULY 22**

Those born under the sign of the crab value security, enjoy the safety and comfort of familiar surroundings and activities.

Cancerians should focus on personal and financial ambition during the next 13 days. If the past few weeks have resulted in a series of misunderstandings and arguments, don't despair — it is Mercury's fault. Luckily, Mercury is a planet and it doesn't hold grudges, so assume its effect on your personal life will eventually end. In the meantime, stop relying on astrological advice and get your shit together.

**LEO: JULY 23 – AUGUST 22**

Lions are idealists and romantics, honourable and loyal. Always individualistic, they are usually stylish, charismatic and flamboyant.

This month, family life will be a mess. The underlying dysfunction that has quietly simmered below the surface of your family history will come bubbling up around July 7. You can confront it but it will do no good. If you have the means, take some time away. Your therapist will disagree that hiding from your problems is the best option, but consider that he/she has never met your family.

BC BESTSELLERS

For the week ending June 13, 2020

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

1. **A Match Made for Murder** by Iona Wishaw (TouchWood Editions)
2. **Family Walks and Hikes on Greater Vancouver's North Shore** by Harry Crerar (Rocky Mountain Books)
3. **Raven Squawk, Orca Squeak** by Robert Budd, illustrated by Roy Henry Vickers (Harbour Publishing)
4. **Edible and Medicinal Flora of the West Coast** by Collin Varner (Heritage House Publishing)
5. **One Drum: Stories and Ceremonies for a Planet** by Richard Wagamese (Douglas & McIntyre)
6. **Spirits of the Coast** eds. Martha Black, Lorne Hammond, Gavin Hanke, with Nikki Sanchez (Royal BC Museum)
7. **From Where I Stand** by Jody Wilson-Raybould (UBC Press)
8. **You Suck, Sir: Chronicles of a High School English Teacher and the Smartass Students Who Schooled Him** by Paul Bae (Arsenal Pulp Press)
9. **Cataline: The Life of BC's Legendary Packer** by Susan Smith-Josephy & Irene Bjerky (Caitlin Press)
10. **Can You Hear the Trees Talking?** by Peter Wohlleben (Greystone Books)

~ Association of Book Publishers of BC

JULY BIRTHDAYS

- July 1: **Glenn Vincent.**
 July 2: **Richard Massullo.**
 July 3: **Loy Haase, Bill Jones and Roy LaFave.**
 July 4: **Don White and Stephanie Phillips.**
 July 5: **Ali Fraser, Wendy Lowings and Andrew Vickers.**
 July 6: **Holly Seabrook and Bryce Viitanen.**
 July 7: **Lyn Charlton, Cypher Clerx, Shaun Georgison and Alexa Dornbierer.**
 July 9: **Silas White and Danielle Silvey.**
 July 10: **Tanner Haase, Carol Logtenberg, Beau Sladey, Sage Wright, Candy Whittaker and Maureen Luck.**
 July 11: **Brittany Bouvette and Skinny Jimmy Dougan.**
 July 12: **Betty Silvey and Bill Jack.**
 July 13: **Steve Morris, Amy Coombes and Daron Petraschuk.**
 July 14: **Malcolm Ingram.**
 July 15: **Ty Campbell and Fred Baldwin.**
 July 16: **Jane McOuat, Shelly Brown, Danielle Gough and Jodee Young.**
 July 17: **Amanda Civitareale.**
 July 18: **Maxine Gilkes and Lisa Johnston.**
 July 19: **Wade Lajlar.**
 July 20: **Dwight Young and Grace Pazur.**
 July 21: **Eric Phillips, Karen Purnell and Marlayne Williams.**
 July 22: **Buck Rice, Lee Walters, Mike Zacharias, Christina Wharton, Wyatt Baldwin and Tiffany Baldwin.**
 July 23: **Brody Pantages.**
 July 24: **Paige Coombes and Renee Harper.**
 July 25: **Adam Dornbierer.**
 July 26: **Chris Schroeder.**
 July 28: **Kevin Farrell, Keith Mackie and Rick Wagner Sr.**
 July 29: **Randy Edwardson, Connie Sutherland and Tucker Pantages.**
 July 30: **Darlene Fowlie, Robert Hynd, Shane McCune and Marvin Wutzke.**
 July 31: **Parker Hohn, Bonny Shotropa and Ron Sim.**



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

Monika Miller – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health

(604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell & Robinson

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment

CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

SOCIAL WORKER: Weekly on Tuesdays ~ call to book an appointment.

First-class health care for the people of the Pender Harbour area.

Play it safe in the sun this summer

*Heather Damsgaard, RN
(Previously published in the
Harbour Spiel, July 2016)*

We can all say this spring has had its fair share of hot sunny days.

And we know there will be more to come over the summer, when we will find ourselves relaxing on the beach (hopefully), gardening or taking part in other outdoor activities where we will be exposed to the sun's rays.

So, with this in mind, comes the talk — the sun safety talk.

And yes, this may sound like a repeat of previous years, but it's an important repeat because skin cancer is the most common cancer in Canada.

It was estimated in 2014 that 6,500 new cases of malignant melanoma and another 76,100 cases of non-melanoma skin cancers were diagnosed.

With these alarming numbers and the fact that skin cancer, including melanoma, is one of the most preventable types of cancers, it seems pertinent to reinform ourselves of sun safety behaviours and practices.

SUN SAFETY

Recently, the Canadian Cancer Society, along with other national health partners, released updated sun safety recommendations:

- Peak times to cover up are between 11 a.m. and 3 p.m. (previously, it was 11 a.m. - 4 p.m.).
- It recommends using sunscreen of SPF 30 (previously it was 15).
- Clothing is preferred as it generally provides better protection.

Unchanged recommendations include seeking shade, wearing wide brimmed hats, wearing UVA/UVB protectant sunglasses, avoid indoor tanning beds and getting Vitamin D from diet and vitamin supplements
July 2020

rather than UV ray exposure.

There are many ways we can protect ourselves.

Unfortunately, there are also many misconceptions too.

MYTH NO. 1: CHEMICALS IN SUNSCREEN CAUSE CANCER

There is no evidence that approved sunscreens cause cancer and, in fact, the opposite is true.

Not wearing sunscreen is proven to pose a significant cancer risk (BC Cancer Agency).

One of the ingredients, oxybenzone (a synthetic estrogen) was used in a 2001 study with rats fed a large dose of the ingredient each day.

However, this study is not clinically relevant for humans since the amount actually absorbed by the skin is minuscule compared to the extremely high dose in the study.

If there is a seal of approval from the Canadian Dermatology Association on the bottle, the product is safe.

MYTH NO. 2: IT DOESN'T MATTER HOW YOU APPLY YOUR SUNSCREEN

It's suggested from research that most people only apply about a third to half of the amount that they need.

You need about one ounce (a shot glass) of sunscreen to cover your entire body.

For best protection, reapply after heavy sweating or swimming.

For further information on sun safety, melanoma and sun protection, please visit the Canadian Cancer Society or BC Cancer Agency websites where you can find relevant and research-based information.



HEALTH CENTRE OPEN FOR IN-PERSON SERVICES

The P. H. Health Centre is open for in-person services.

We are helping keep our visitors safe by limiting the numbers in the waiting areas and asking people to book nursing appointments in advance (unless it's urgent).

We will not be opening the summer Saturday clinic for the time being, until Dr. Bonnie Henry indicates that it is safe for more people to be traveling recreationally.

The physicians are resuming some in-person visits at the Health Centre along with the phone visits they have been offering since the beginning of the COVID closures.

Please continue to book your appointments through their office in Sechelt.

Any future changes will be announced in advance to the community.

In the meantime, the Pender Health Centre Board is actively working on a plan to ensure that physicians will remain as a key service at our community health centre.

WE WILL BE PRACTISING “SELF-DISTANCING.”
OUR GOAL IS TO ENGAGE SOCIALLY BUT ALSO KEEP EVERYONE SAFE.

WEEKLY
CARPET BOWLING &
CHAIR YOGA
WILL BE COMING BACK
STARTING JULY 8 & 10!



Seniors
Helping
Seniors

PENDER HARBOUR
SENIORS INITIATIVE

Sponsored by:
Smart Fund



HARBOURSIDE
FRIENDSHIP
PROGRAM

Sponsored by:
P. H. Health Centre &
P. H. Health Auxiliary

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900

CARPET BOWLING: Wednesdays, July 8, 15, 22 & 29

At both the Egmont & Pender Harbour Community Halls, 1-3 pm. Cost \$3.

CHAIR YOGA: Fridays, July 10, 17, 24 & 31

At the Pender Harbour Community Hall, 10:30 – 11:30am with Carole Logtenberg.
Improve your balance, strength & flexibility with gentle moves Cost: \$3

HARBOURSIDE FRIENDSHIPS: Thursdays, July 9, 16, 23 & 30

Starting July 9, it will remain as a drop-in program. If weather is not cooperative, we will move inside. Everyone is asked to bring their own folding chair and packed lunch. We hope to have some speakers and entertainment on the following weekly dates.

Thursdays outside behind the P.H. Community Hall at 10:30am. Lunch served at noon. \$10.

July 9 – Presentation from a local company FireCare. “It is easy to make your home less at risk from wildfire,” with Max Scoular and Vern Baker.

July 16 – Music with Skinny Jimmy.

July 23 – Jeopardy Harbourside Friendship style.

July 30 – Music with Joan & Ted Woodard

JULY EVENTS FOR SENIORS!



**PENDER HARBOUR
AQUATIC & FITNESS
CENTRE**

**20m, 4-lane pool
hot tub & sauna
gym & weight room**

On lower level of
PH Secondary School:

13639 S. C. Hwy.

604 885-6866

phaquatic@scred.ca

www.scred.ca/myrecreation

We are working on a careful, step-by-step phased approach to restoring many of the facilities and services while maintaining and protecting the safety of the public and employees.

It is crucial that any decisions we make in the coming weeks must not compromise ongoing efforts to flatten the curve of COVID-19.

**For updates, please check
www.scred.ca/myrecreation**

Now, more than ever, is a good time to connect with us to receive up-to-date information about Recreation Guide release dates, registration dates, when the recreation facilities will re-open and more!

Connect by:

a. Subscribing to the Recreation e-Newsletter:

www.scred.ca/Newsletter-Signup

b. Like us on Facebook:

www.facebook.com/Pender-Harbour-Aquatic-and-Fitness-Centre-206667126014598

c. Twitter:

www.twitter.com/SunshineCoastRD



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR
LEARNING
CENTRE**

5012 Gonzales Road
Box 232
Madeira Park, V0N 2H0

604.883.2826

phcs@dccnet.com

Hey, students! Are you looking for a summer job?

We've done some homework for you — the following businesses are looking to hire reliable, responsible, mature students for summer work:

Euspiria Café: Cashier/food prep staff, attn: Britt, euspiriacafe@gmail.com

Java Docks: Various duties, attn: Shelley, pwharton@telus.net

Madeira Marina: Painting & landscaping (2 jobs available), attn: Michelle, michelle@madeiramarina.ca

Marketplace IGA: Cashier positions, attn: Troy, careers@igabc.com

Painted Boat Resort: Housekeeper & spa attendant (2 jobs available), Attn: Walter, walter@paintedboat.com

Petro Canada: Cashier staff, attn: Chelsea, mountainview@dccnet.com

R&E Contracting: Labourer, attn: Richard, 604.885.8389 or rfrappier@dccnet.com

RONA: Yard worker, attn: Steve, csm2@coastbuilding.ca

Sunshine Coast Resort: Housekeeper & laundry (2 jobs both part-time/daily), attn: Ralph, vacation@sunshinecoast.resort.com

You might want to also try:

John Henry's Marina: Email resumé to allyson@johnhenrys.ca (will keep resumé on file)

Oak Tree Market: Drop by in person to chat with Dave or Richard (bring your resumé)

Pender Harbour Resort: Possible housekeeping, Jeff, admin@penderharbourresort.com

West Coast Wilderness Lodge: Paul at 778.280.8610 to discuss possibilities, car required

Our apologies to any employers we may have missed here. Let us know, 604.883.2826!

The Shíshálh Nation's 'Strategic Land Use Plan'

Completed by the Sechelt Indian Band in 2007, the 110-page *Strategic Land Use Plan* intends to be “a living document for the land use planning within the Shíshálh Nation territory.”

Chapters of interest from the SLUP document will be excerpted in upcoming issues of the *Harbour Spiel*. To download the full document, visit www.shishalh.com/docuploads/forms-and-applications/A-Strategic-Land-Use-Plan-for-the-sh--sh--lh-Nation-1416417270-1.pdf.



*Excerpted from the Sechelt Indian Band's
“A Strategic Land Use Plan for the Shíshálh Nation.”*

APPENDIX A: GLOSSARY OF SHÍSHÁLH AND ENGLISH TERMS

SHÁSHÍSHÁLEM — ENGLISH

?álhtulich — Sechelt Inlet
 ?asxw — harbour seal
 ?ásxwíkwu — village site, mouth of Princess Louisa Inlet
 ?elás — sea cucumber
 ?iy ch'ách'tl-am — Clowhom Lake
 ?ulhkayem — Sechelt Band Land no. 4
 ?úl-nú-msh-chálap — thank-you
 álhtúlích — inside waters/Porpoise Bay
 ayl'-khain — Hardy and Nelson Islands
 ch'átlich — Sechelt
 ch'ínkw'u — entry island at mouth of Princess Louisa Inlet
 cháchelílhtenam — village site (SBL no.10) east of Skookum Island, south of stl'íkwu (Skookumchuck)
 chékém — Wakefield Creek
 chélpí — chiton
 chichkwat — SBL no. 9 on the Tzoonie River
 chíchxwalish — Sabine Channel
 hénun — pink salmon
 huh-kway-wahn — village site at the head of Sechelt Inlet
 húmhum — grouse
 húpít — deer
 hwail-kwai or kwílkwil — Halfmoon Bay
 istl'íxwim — SBL no. 6, 6a, 7, 8 @ head of Narrows Inlet
 k'áyk — eagle
 k'éyich — Roosevelt elk
 k'wéxwmínem — Sargeant Bay
 kálpilín — Pender Harbour
 kayx — mink
 kékaw — Tzoonie River
 kelkálaxay — sténpút/Seshal/Smamit headwaters
 kíshálín — Kelly Island
 klalamklac or tl'átemtl'ach — shíshálh Nation members residing in the upper Jervis Inlet area and those remaining

near Pender Harbour
 klay-ah-kwohss — Buccaneer Bay
 kw'álmámin — Chatterbox Falls
 kw'enit sim alap — We are watching
 kw'únut' — harbour porpoise
 kwátámus — village site (SBL no. 26) on opposite shore from skweláwtwx (Egmont)
 kway-ah-kuhl-ohss — Myer's Creek
 kwékwenis — Lang Bay
 kwél-ay — hemlock
 kwémáyits'a — coho salmon
 kwéxnís — sea lion
 kwéxnisem — White Islets
 kwíkwilúsin — east side of Sakinaw Lake
 kwúkwuw-ay — cottonwood
 kwey-ahks — Gower Point/Chaster Creek
 lékw'émin — Jervis Inlet
 lháwtíkán — South Texada Island, Texada Island
 lhílhknách — Trail Islands
 lil xemit te lek-wemin — we are looking after Jervis Inlet
 lil xemit tems s'iwuts — we are looking after our water(s)
 lil xemit tems swiya — looking after, taking care of something
 lílkw'émin — Agamemnon Channel
 lóh-uhlth — Mixal Lake
 mámex-áy-shen — wolverine
 máyukw — grizzly bear
 mélálus — raccoon
 népshílin — Merry Island
 p'élán-ay — Douglas fir
 p'úkw'akwem — Bargain Harbour
 pípk-alh-cháyash — weasel
 s-?úlh-kwu — clams
 s'tl'élum — cockles
 sálálus — Madeira Park
 salu siman or sáluséman — The whole picture (as in panoramic)
 saugh-wáh-ten — Blind Bay on Nelson Island
 s-chélchálilhten — salmon
 s-chétxwen — black bear

s-chutx, s-pét-ál-ana — halibut (medium or large)	stl'íxwim — Narrows Inlet
selkant kwátámus — Egmont Point	s-ts'éxwu — lingcod
séxáliten — Skardon Islands in Pender Harbour area	s-ts'ák-shel-ikw — rock cod
séxw?ámin — Garden Bay	stsékay — sockeye salmon
sháshishálem — Sechelt language	stséxwena — Sakinaw Creek, Sakinaw Lake
shélíl-ten — harpoon	stséxwend — Sechelt Band Land no. 22
shélkém — Mt. Daniel	súspit — rabbit
shíshálh — Sechelt (people)	s-wách-ay — perch
siceltnot or shíshálh-mút — shíshálh Nation members	swíwelát — Princess Louisa Inlet
residing in the Pender Harbour area	sxíxenik' — owl
sínkwu — Strait of Georgia and Malaspina Strait	sxwélap — Thormanby Island
s-k'áyi — butter clam	s-xwítl'ay — mountain goat
sk'á?atl' — otter	syánxw — chum salmon
sk'emtl' — beaver	tenks — ducks
s-k'emtl' — beaver	téwákw — head of Narrows Inlet, Tillicum Bay
skíayamx — porcupine	téxém-ay — red cedar
s-kíkewix — cutthroat trout	tíkin — Freil Lake watershed
s-kíwex — steelhead trout	tl'éxwtl'exw — oyster
skw'ákw'u — Skwawka at the head of Queen's Reach in	ts'úkw'um stulu — Chapman Creek, Lower Chapman
Jervis Inlet	Creek
s-kw'élh-áy — littleneck clam	ts'úkw'um — SBL no. 1 Tsawcome/Wilson Creek
s-kw'élkw'ak'-ám — cougar	ts'únay — Deserted Bay
s-kw'étú? — raven	tsíyákwup-s te s-chálihhten — jellyfish
skwákwiýám — Vancouver Bay	tsooadie — Deserted River
skweláwtxw — Egmont or Secret Bay	tsú-lich — Porpoise Bay, village site near Porpoise Bay
skwúpa — Salmon Inlet	wah-wey-we'-lath — Cecil Hill
slahl't — SBL no. 5 klaatlh at Porpoise Bay Provincial Park	wálaksya — bobcat
s-lháwat' — herring	wéwekw'-nách-em — wolf
slhílhem — Brittain River	whail-tay-moh'-tsain — named in shíshálh legend
smémkw'áli — Poise Island	xa — geese
s-mét'-áy — horse clam	xéláxan — Selma Park
smishalin — Sechelt Band Land no.18	xél-láxan — flounder
smit — Hotham Sound	xénichen — Hanaechin (or Hunechin), at the head of Jervis
s-néxwnexwílh — canoes	Inlet
s-nínexwílh — canoe (small)	xexoats — shíshálh Nation members residing in the Thun-
sp'ílus — marten	der Bay and Hotham Sound areas
spelemulh — First ancestor, named in legends	xéyek' — crab
spílksen — Texada Island	xéyxeyék' — crabs
spipiyus — marbled murrelet (also name of provincial park	xíxits'-ay — red alder)
on Caren Range)	xíxus — shíshálh Nation members residing along the outer
spipiyus swiya — Caren Range	Coast between xwésám and kwékwenis
s-t'élxwets' — octopus	xwésám — Roberts Creek
stá'als — Captain Island	xwích-us — black cod (Sable fish)
stíxwim — willow grouse	xwixw?us — Boulder or Skookum Island (SBL no. 25)
stl'íkwu — Skookumchuck Narrows	xwú-kin — swans
stl'ítl'kwu — Secret Cove	yúm-ach — chinook salmon

community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

JULY

COVID-19 has made planning difficult. Check with organizers for updates regarding scheduling for events.

Fri. July 3.....Bargain Barn pop-up store - P. H. Community Hall, noon to 3 p.m.

Sun. July 5.....Clubhouse Restaurant Sunday Jam - Clubhouse Restaurant, 2 p.m.

Sun. July 12.....Clubhouse Restaurant Sunday Jam - Clubhouse Restaurant, 2 p.m.

Mon. July 13.....Pender Harbour food bank pickup (all clients) - P. H. Community Church, noon

Sat. July 18.....Free 'boat only' concert - Gunboat Bay, 6 p.m.

Sun. July 19.....Clubhouse Restaurant Sunday Jam - Clubhouse Restaurant, 2 p.m.

Sun. July 26.....Clubhouse Restaurant Sunday Jam - Clubhouse Restaurant, 2 p.m.

Mon. July 27.....Pender Harbour food bank pickup (all clients) - P. H. Community Church, noon

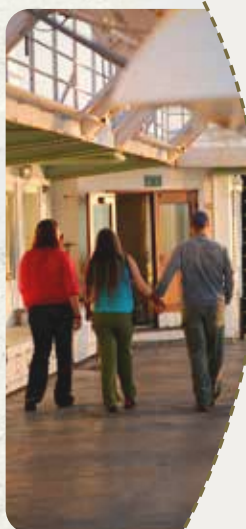
Harbour Spiel Trivia Answers: 1.b 2.a 3.c 4.b 5.d 6.b

FERRY DEPARTURES

Effective July 2-Aug. 3

Check www.bcferrys.com for service updates due to COVID-19

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrys.com for information on added sailings during peak periods.



HORSESHOE BAY

7:20 am - Daily
9:20 am - Daily
11:20 pm - Daily
1:20 pm - Aug. 1 only
3:30 pm - Daily
5:30 pm - Daily
7:25 pm - Daily
9:15 pm - Daily except Sat

LANGDALE

6:20 am - Daily
8:20 am - Daily
10:20 am - Daily
12:20 pm - Aug. 1 only
2:30 pm - Daily
4:30 pm - Daily
6:30 pm - Daily
8:20 pm - Daily except Sat

EARLS COVE

6:35 am - Daily except Sun
8:25 am - Daily
10:25 am - Daily
12:20 pm - Daily
4:35 pm - Daily
6:25 pm - Daily
8:20 pm - Daily
10:10 pm - Daily

SALTERTY BAY

5:40 am - Daily except Sun
7:30 am - Daily
9:25 am - Daily
11:20 am - Daily
3:40 pm - Daily
5:30 pm - Daily
7:20 pm - Daily
9:15 pm - Daily

To comment on multiple sailing waits, please contact MLA Nicholas Simons:

(604) 741-0792 (Sechelt constituency office) or nicholas.simons.MLA@leg.bc.ca

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5 cents off	1,501 to 3,999
6 cents off	4,000 to 6,999
9 cents off	7,000 to 9,999
11 cents off	10,000 +

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