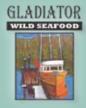




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Nelson Island

\$3,800,000

To view all of our listings, visit www.oreillyrealestate.ca

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The independent voice of Pender Harbour & Egmont since 1990.

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FDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,375 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Christine Alexander, Katherine Ayers, Brian Croft, Darlene Fowlie, Michael Jackson, Leonard Lee, Robert Livingston and Shane McCune.

COVFR

Proving that the *Harbour Spiel* isn't just for big kids, Mary Ayers selected her choice of reading material (apparently she just reads it for the photos) at the Pender Harbour Dental office last month. Ayers' twin sister, Pearl, was featured on the cover of the July 2022 *Harbour Spiel* and, in order to save their relationship, their mother insisted the editor had to even it up. (Katherine Ayers photo)

ADVERTISING

Please reserve by the 15th of the month prior to publication. Advertisers make publication of the *Harbour Spiel* possible — please say thank you, and support our community, by supporting them.

SUBSCRIPTIONS

Annual subscription: \$70 (includes GST).

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May issue mails May 2

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We need more than slogans and common sense

Brian Lee

Here we go.

In the middle of an ongoing trade war, while Christians repent for Lent, Prime Minister Mark Carney has called a snap election for April 28.

It wasn't unexpected — he sits without a mandate and only acquired his title due the extreme unpopularity of his predecessor, Justin Trudeau.

Poor Justin.

He may have been the right guy during those sunny times a decade ago when the U.S. was considered a friend and Canadians' only concern was being able to purchase legal weed.

Trudeau fulfilled promises of gender equality with a cabinet of 50 per cent women and achieved significant accomplishments with dental care and \$10 a day childcare.

But he was out of touch with sentiment that didn't fit his progressive agenda and may have even been a little corrupt.

Several high ranking ministers quit during his watch and later blamed him for the government equivalent of a toxic workplace.

Worse, Trudeau didn't command respect at home or on the global stage.

In the face of recent conflict with the U.S. and China, whose leaders openly despise him, he had to go.

According to pollster Angus Reid, by Christmas, Trudeau's approval rating had dropped to 22% and he looked to sink the Liberal party.

Pierre Poilievre became a shooin for the top job simply by repeating his "common sense" slogans — "Axe the Tax," "Build the Homes," "Fix the Budget" and "Stop the Crime."

Enter Carney, the former governor of the Bank of Canada and Bank of Great Britain.

Leading up to his swearing in on March 14, desperate Cons spun their wheels trying to make a label stick.

It was hard to believe that Carney could be "Even worse than Trudeau" while those "F*ck Trudeau" signs still outnumbered ones that say "STOP."

Then, "Carbon Tax Carney" snuffed consumer carbon pricing — and Poilievre's battle cry — on his first day in office.

Poilievre has said the carbon tax is an "existential threat to our economy and our way of life" that will lead to "mass hunger and malnutrition."

But the carbon tax isn't a tax at all — it aims to change behaviour, not raise money for government spending.

For provinces taking part in the federal carbon pricing program, proceeds are returned within the province they were collected, primarily through the quarterly Canada Carbon Rebate.

What I have not heard from carbon tax opponents, or the federal Conservatives, is how they would reduce emissions.

There's almost 100 per cent consensus among climate scientists that humans are the cause of global warming.

Since 1880 and the Industrial Revolution, the combined land and ocean temperature has risen by 0.08 degrees Celsius per decade.

This increase has been over twice as fast since 1981, at 0.19 degrees Celsius.

It's been estimated that if we hold the temperature increase to under 1.5 degrees, we can halve the sea level rise by the end of the century.

It's probably already too late for that but doing nothing commits our children to even greater hardship.

Issues of sovereignty, tariffs and the economy should rightly dominate this election.

If carbon pricing is to be included in that group, let's be clear about what is at stake — because when it comes to science and politics, the value of good old common sense has become foolishly overrated.

PENDER HARBOUR COMMUNITY CLUB

annual general meeting

Monday · April 7 · 5pm

Potluck dinner served at 5:30pm.

Please bring your family and a dish to share.





spiel picks

P. H. LIONS EASTER PANCAKE BREAKFAST: Sun. April 20, 9 a.m.

Hosted each year by the P. H. Lions Club and sponsored by Lafarge, Earles Creek. Come out to the Lions Hall at 13776 Hwy. 101 from 9 a.m. to 3 p.m. for a breakfast of pancakes, eggs, sausages and bacon before hitting the famous Easter egg hunt at Lions Field at noon.

BARGAIN BARN VOLUNTEER TEAM MEETING: Tues. April 22, 2 p.m.

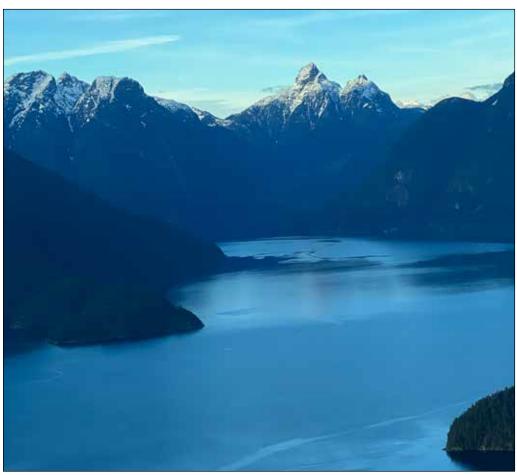
An open invitation to current and interested volunteers to find out all about what goes on at the Bargain Barn. To continue to support our Health Centre we always need more volunteers in a large variety of roles. Join us for an open discussion about what we do and how you might be able to help.

PHARA TOWN HALL: Wed. April 30, 6 p.m.

The Pender Harbour and Area Residents Association will host a town hall meeting on April 30 from 6 to 8 p.m. at the Pender Harbour Community Hall.

PHARA board members will share updates on key projects, including the Dock Management Plan, a legal challenge to the province regarding DRIPA, the community wellness initiative, Paq Creek restoration, ongoing ocean cleanup efforts, derelict boat removal, and local land use planning — all with a focus on keeping our community informed and engaged.

photojournal



Darlene Fowlie

Looking up Jervis Inlet from an altitude of approximately 2,500 feet on March 2.

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Brian Croft and the citizen scientist volunteers of Hotel Lake

Brian Croft said he accepts the 2024 "outstanding volunteer award" from the BC Lake Stewardship Society on behalf of his fellow Hotel Lake volunteers who, last year, were accepted to take part in a citizen scientist project collecting data and samples from Hotel Lake.

That required volunteers to undertake specific training before making 17 sampling trips out on Hotel Lake in an effort to record water clarity, surface water temperature and dissolved oxygen profiles.

Some members of the group were already experienced in sampling and data collection after two years working with UBC researchers documenting the proliferation of an invasive freshwater jellyfish.

The Oct. 2022 issue of the *Harbour Spiel* shone a light on the recent introduction of *Craspedacusta sowerbyi* in many local lakes, including Hotel Lake.

Thought to have originated from China's Yangtze River area, records indicate that the jellyfish has been present in the lake since at least 2015.

Croft is a former Royal Canadian Air Force fighter pilot and retired commercial pilot who purchased a home on Hotel Lake in 2003.

These days, he might be best known as an artist whose highly detailed watercolour and acrylic paintings bring to life the history of Vancouver and the Sunshine Coast.

As people who live on the water do, Croft and his neighbours spend hours observing the lake's natural cycles while pondering what effect residents have on them.

"We see things that others driving by miss, like foam on the shoreline or that the loons haven't been mating there for 15 years," said Croft.



Hotel Lake Advisory Association

Brian Croft (I) with Dr. Sharon Johnson and Dr. Robert Vroom ready to take on the 12th of 17 'sorties' in which local volunteers head out on to Hotel Lake to collect data and samples for a BC Lake Stewardship Society study.

"There's just no way to write it all down, so I think what drives all of us is trying to get down to the core value of what the lake is — the actual volume, the way it's behaving and its chemistry."

Croft said their research intends to establish a baseline for the general health of the lake from which you can measure any future changes.

"We see people starting to camp right beside the lake," he said.

"We see things like water running across the road and delivering the chemicals in tires into the lake.

"We also know that just half a mile away, a lot of folks have arsenic in their well water.

"We're all drawing water out of the lake but nobody has ever tested the lake for that so there's more questions than you could ever imagine and the answers are expensive to come by if you're trying to do it yourself."

Croft also helps to maintain the Hotel Lake Advisory Association's website *hotellakeadvisory.com*.

The site is an excellent source of the natural history of the area as well as documenting the work and initiatives of local volunteers including an upcoming initiative to cull invasive Scotch broom (see p. 32).

Croft urges anyone out there who

might be interested in doing a study of Garden Bay Lake or others to not to do what he did for many years and delay in getting in contact with the BC Lakes Stewardship Society.

"Stop thinking about it and just sign up and do it," he said.

While their invasive jellyfish sampling is ongoing, Croft said his group of eight volunteers is currently training to begin the BCLSS level III study later this spring.

Pender Harbour Community Hall

PLANT & GARDEN SALE

& Vintage Market

Saturday April 26 10am-3pm

Don't miss our \$5 lunch





Retiring – not expiring!

Have you recently retired and are thinking about the next step?

With more time on your hands you may want to consider how to stay as

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604-220-8007 or rotaryclubofpenderharbour@gmail.com Visit our website: portal.clubrunner.ca/1875



Page 6 Harbour Spiel

After a decade, PODS secures building permit

On Feb. 27, the Loon Foundation announced that, after 10 years, PODS, or the Pender Harbour Ocean Discovery Station, had finally received its building permit.

In a statement describing the project as a "collaboration between the Loon Foundation and shíshálh Nation," archaeological work was to begin in March "to ensure the necessary assessments of the site's cultural and historical significance are completed."

Michael Jackson, executive director of the Loon Foundation, told the *Harbour Spiel* that he expects construction to begin in next month, if not sooner.

Jackson said the first phase of construction will be preparing the site to build the buildings' foundations involving excavating and blasting.

"Once completed, PODS will serve as a vibrant hub for research,



Loon Foundation

After 10 years of work, PODS is finally about to begin construction after receiving its building permit, held proudly in this photo by Michael Jackson, the executive director of the Loon Foundation.

education, cultural, and conservation at the facility while creating lasting benefits for the local community and economy on the Sunshine Coast"

For more information about PODS and the journey to PODS, visit www.openpods.com.

PENDER HARBOUR FIRE PROTECTION DISTRICT



2025 Annual General Meeting

Tuesday • April 22 • 7:30pm

4990 Gonzales Road

(Madeira Park Fire Hall)

AGENDA:

- 2024 Audited Financial Statements
- Election of Two Trustees
- Fire Chief's Report 2024

PUBLIC WELCOME!

TURKEY, HAM & PIE AUCTION!

Saturday
April 12 • 3 p.m.

10 Turkeys! 10 Hams! Early Bird Draws! Pie Auction!



Don't Miss It!



(604) 883-2235 Royal Canadian Legion #112

NON-MEMBERS ALWAYS WELCOME

PHVFD to receive close to \$40,000 from province

On March 14, the province and Randene Neill, MLA for Powell River-Sunshine Coast, announced funding that aims to build the capacity of local volunteer fire departments.

Through the Community Emergency Preparedness Fund, the Pender Harbour Fire Protection District will receive \$39,470 to upgrade structure fire and wildfire essential equipment and offest the costs of training.

"Having proper equipment at hand during an emergency is incredibly important, and when you live remotely, you need to be prepared," said Neill.

CORRECTION: In Rick Smalley's obituary in the last issue, Smalley's son-in-law Kirk was mistakenly labelled 'stepson.'

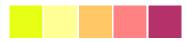
"This is welcome support for the amazing volunteers on the Coast and it's great that our government can support volunteer fire departments across the province."

Included in the announcement was funding for the qathet Regional District's Volunteer Fire Department (\$160,000), Sechelt Fire Protection District (\$40,000) and the Tla'amin Nation (\$35,620).



Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



April	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3РМ	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Tue 01	10.3	9.6	9.8	10.8	12.4	14.0	15.0	15.2	14.2	12.1	9.4	6.6	4.1	2.6	2.2	3.1	5.0	7.6	10.4	12.9	14.5	15.1	14.7	13.6
Wed 02	12.3	11.2	10.8	11.0	12.0	13.3	14.4	14.9	14.6	13.2	11.0	8.4	5.7	3.6	2.4	2.3	3.2	5.1	7.6	10.3	12.6	14.3	14.9	14.6
Thu 03	13.9	12.9	12.0	11.7	11.9	12.6	13.5	14.2	14.4	13.8	12.3	10.2	7.8	5.5	3.8	2.8	2.8	3.7	5.4	7.6	10.0	12.2	13.8	14.6
Fri 04	14.6	14.1	13.3	12.6	12.2	12.3	12.7	13.3	13.6	13.6	12.9	11.5	9.6	7.6	5.8	4.3	3.5	3.5	4.3	5.8	7.7	9.9	11.9	13.5
Sat 05	14.4	14.6	14.3	13.6	12.9	12.4	12.2	12.3	12.6	12.8	12.8	12.2	11.1	9.6	7.9	6.3	5.1	4.4	4.3	4.9	6.2	8.0	9.9	11.9
Sun 06	13.4	14.4	14.7	14.4	13.8	13.0	12.2	11.7	11.5	11.7	12.0	12.1	11.9	11.1	9.9	8.5	7.1	5.9	5.1	4.9	5.5	6.7	8.4	10.3
Mon 07	12.1	13.6	14.5	14.7	14.4	13.5	12.5	11.5	10.8	10.5	10.8	11.2	11.7	11.8	11.4	10.5	9.2	7.8	6.5	5.7	5.5	6.0	7.2	8.9
Tue 08	10.8	12.7	14.0	14.7	14.7	14.0	12.8	11.5	10.3	9.6	9.5	10.0	10.7	11.5	11.9	11.8	11.1	9.8	8.4	7.1	6.2	6.0	6.6	7.9
Wed 09	9.7	11.6	13.3	14.4	14.7	14.3	13.1	11.6	10.1	8.9	8.4	8.6	9.5	10.6	11.7	12.3	12.3	11.6	10.3	8.9	7.5	6.7	6.6	7.4
Thu 10	8.8	10.7	12.5	13.9	14.6	14.4	13.4	11.8	10.0	8.5	7.6	7.4	8.1	9.3	10.8	12.1	12.8	12.8	12.0	10.7	9.2	8.0	7.3	7.4
Fri 11	8.4	9.9	11.7	13.3	14.2	14.3	13.5	12.0	10.1	8.3	6.9	6.4	6.8	7.9	9.5	11.3	12.7	13.4	13.2	12.3	11.0	9.5	8.4	8.0
Sat 12	8.4	9.6	11.1	12.7	13.8	14.2	13.6	12.2	10.3	8.3	6.6	5.6	5.6	6.5	8.1	10.1	12.0	13.3	13.9	13.5	12.5	11.2	9.8	9.0
Sun 13	8.8	9.5	10.7	12.1	13.3	13.9	13.7	12.5	10.6	8.5	6.6	5.2	4.7	5.2	6.6	8.6	10.8	12.7	13.9	14.3	13.7	12.6	11.3	10.2
Mon 14	9.6	9.7	10.5	11.6	12.8	13.5	13.6	12.7	11.1	9.0	6.9	5.2	4.2	4.3	5.3	7.1	9.4	11.6	13.4	14.4	14.5	13.8	12.7	11.5
Tue 15						13.1						5.5	4.2	3.8	4.3	5.7	7.8	10.1						
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Thu 17						=						7.2	5.5		3.7		5.1	6.9			13.0			
Fri 18						12.0						=		5.1		3.9	4.4	5.6			11.5			
Sat 19						\equiv						\equiv	7.7	6.2	5.1	4.4	4.3	4.8	6.1	7.8	9.7	11.6	13.1	14.1
Sun 20						11.8						=			6.3		4.7	4.6			8.1			
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Wed 30	12.0	11.4	11.6	12.5	13.6	14.5	14.8	14.0	12.2	9.6	6.7	4.0	1.9	0.9	1.1	2.5	4.9	7.9	11.0	13.6	15.4	15.9	15.6	14.6



cubmitted

Started eight years ago by Lyn Charlton, this year the annual 'Spreading Kindness' fundraiser brought in over \$11,000 plus many toys and gifts for local families and youth in need. The Pender Harbour Community School distributes the donations throughout the year to local families and youth where needed. Pictured are board members and staff of the P. H. Community School (I-r): Carla McCormick, Sylvia Showler, Cheyenne Howitt, P. H. Community School Director, Charlton, Patti Donnahee, Linda Cordell, Deb Cole, board chair, and Natalie Ingram. Absent is Danny Vallee.

JOIN US FOR AN INFORMATIVE TOWN HALL MEETING

Wednesday, April 30 • Madeira Park Community Hall • 6 to 8 pm

Are you interested and concerned about what's happening in your community? If so, join us for an in-person town hall meeting where your voice can be heard!

~ ALL RESIDENTS INVITED ~

The Pender Harbour and Area Residents Association is a community-based non-profit that is your voice for local governance issues.

Come out, let your voice be heard and have an impact on the future of our community.

We'll be providing updates on ongoing issues: our legal challenge to the Declaration on the Rights of Indigenous People Act (which we believe violates the Canadian constitution), the future of our community gardens, derelict boats, our project to daylight portions of Paq (Lily) Creek, a presentation on the Community Hall's Raising The Roof campaign, and other local initiatives.

An open mic will give you the chance to put your concerns on the table, have them discussed and, if possible, put into action. The Town Hall will be followed by our AGM for those interested.

BE PART OF YOUR COMMUNITY!

Mark your calendars and check out our website www.phara.ca for more information!

Buy local, buy Canadian



Leonard Lee Area A director, SCRD

Our federal government urges Canadians to "choose Canada" and the Federation of Canadian Mu-

nicipalities said, "Municipalities are central in Team Canada's response to today's economic challenges and the impact that a trade war with the U.S. would have on our communities."

The SCRD officially supports a "Team Canada" response to U. S. economic threats and aggression made obvious by the unilateral tariffs imposed on Canadian exports and threats of punitive tariffs if Canadia retaliates.

Our staff are conducting a highlevel environmental scan to identify potential tariff impacts on the SCRD and provide long-term strategies to support the Team Canada approach.

We will also explore opportunities for collaboration with targeted buy local/Canadian initiatives with the District of Sechelt, Town of Gibsons, shíshálh Nation Government District, SD#46, Sunshine Coast Tourism. Sechelt Downtown Business Association. Sunshine Coast Chamber of Commerce, our MLA and our MP.

Here, we can choose to buy Canadian products, keeping our money out of the U.S. economy and hopefully show that tariffs punish the citizens who did not initiate the tariff war.

THE LONG AND WINDING. SOME-TIMES BUMPY, OCP ROAD

In what is anticipated to be the largest planning project ever undertaken by the SCRD planning department,

all seven SCRD area official community plans will be updated and include an implementation strategy that will, among other things, plan for updating all related SCRD bylaws and policies to implement the OCPs.

Official community plan and zoning bylaw renewal projects, underway since 2022, will proceed until at least the end of this year to update an OCP reflecting community vision and ensure housing needs are planned and include creative density opportunities.

OCP and zoning bylaw policies be harmonized, which will allow smoother and more efficient long-term planning as well as a broad consideration of the Coast as a unified whole rather than a patchwork of chopped up areas with sometimes contradictory bylaws in adjacent areas.

Zoning bylaw 337 applies to



Sunshine Coast Regional District





Egmont / Pender Harbour Area A Director Leonard Lee leonard.lee@scrd.ca 604-212-0406



Board and Committee Meetings

Committee of the Whole April 10 at 9:30 a.m.

Regular Board April 10 at 11:30 a.m.

Electoral Area Services Committee April 17 at 9:30 a.m.

Committee of the Whole April 24 at 9:30 a.m.

Regular Board April 24 at 1:00 p.m.

Agendas are available at www.scrd.ca/agendas.

EMERGENCY PREPAREDNESS FAQ:

Q: What can I do to prepare for a large-scale emergency event on the Sunshine Coast?

A: Prepare a "grab-&-go" bag!

A grab-&-go bag contains the essential items your household (including pets) will require if you must leave your home quickly and cannot return for several days.

Items will vary based on individual needs, but could include personal I.D., medications, eyeglasses, cash, phone charger, toiletries, food, water, flashlight, pen, and paper.

For tips on preparing a grab-&-go bag, please visit: www.scrd.ca/emergency-preparedness

Did you know that simple changes around your home can help prevent wildfires from spreading? Take the FireSmart Challenge today and see how prepared your property is!

- ♦ Move flammable items away from your home
- Trim trees and branches near structures
- Use fire-resistant materials for decks and fences

Sign up for a free FireSmart assessment for your residence. Visit www.scrd.ca/firesmart to sign up.

Page 10 Harbour Spiel Area A (Egmont/Pender Harbour) and Zoning bylaw 722 (formerly bylaw 310), completed in 2022, applies to all other Sunshine Coast rural areas.

Our focus is on the housing crisis while maintaining sustainable development in corridor planning, stormwater management, invasive species control, aquifer protection, riparian area protection and enhancement, and shoreline and soil protection.

As always, provincial regulations must be met and thus, for example, water body and watercourse setbacks will be updated to conform to new provincial legislation requiring a 15-metre setback from the ocean and one of 17 metres from wetlands.

Phase 1, completed last October, provided an OCP update report after a review of existing OCPs.

Phase 2, which started early this year and will be completed in midsummer, will identify growth and land-use options while facilitating community engagement for valuable input on visions, values, and needs for planning our region's future.

Phase 3, starting this year, provides an OCP framework and policy direction with input from further community engagement in early 2026.

Phase 4, scheduled to begin in December, will provide a draft OCP and zoning bylaw by June 2026.

Phase 5, in 2027, will see a final draft of technical and legal reviews, a public hearing, and consideration of public comments on the OCP and zoning bylaw final drafts.

As we proceed, public input influences all our considerations and so changes have been made from earlier drafts and original staff recommendations after information sessions and public hearings.

For example, staff recommended

that hardscaping (patios, decks, stone walls, paver walkways, etc.) be prohibited in the new buffer areas, but this idea was abandoned and the term "hardscaping" will be removed from the documents because we listened when the community objected to it.

These two harmonized projects include a development approval process review and involve potential work on our SCRD regional growth strategy, short-term surgical improvements to current bylaws, like water zoning, and updates to land-use policies and zoning bylaw updates.

Bylaw 337 will not include bylaw 722's development permit requirements for the removal, alteration, or destruction of vegetation, soil, or deposits within 15 metres of the natural boundary of the ocean.

Work continues to target prioritized considerations of transportation demand reduction, smart land use, energy efficiency, community resiliency and climate-change adaptation.

I caution you that this unique and complex project will see its fair share of scope creep because of unknowns like new mandates from the province and other unforeseen factors including international political instability.

I believe this is a project worth doing as it is important we plan our future rather than leave it to others.

The new zoning and bylaw updates can be found at www.scrd.ca.



OCEAN CLUB & BISTRO

WIN A FREE NIGHT STAY AT PAINTED BOAT + MORE PRIZES

Bring a Friend to OCEAN Club and enter a draw to stay at Painted Boat Resort.

Drop by for lunch or dinner with a friend that has never been inside the Ocean Club!

Introduce your friend to Sechelt's best views and hospitality. Enter our promotion any time between April 1st and 30th. Visit our website for details.

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EXCAVATION

• SEPTIC SYSTEMS

The equipment and the man power to get the job done 604.883.2154 kerentinc@gmail.com

NEW! Health and wellness practitioner at PHHC

Much of the community already knows the Pender Harbour Health Centre as a medical clinic but as a community health centre, it is also home to an array of health and wellness practitioners who operate their businesses from the PHHC.

These include the team from Pender Harbour Dental, registered massage therapists, chiropractors, footcare services and hearing specialists.

Now, the PHHC is excited to announce the addition of acupuncture services from experienced orthopedic acupuncturist Chris Hogan who started offering his services from the PHHC in August.

PAIN AND ADDICTION ARE NOT A LIFESTYLE

For over 20 years, Chris Hogan has been helping people and animals with healing injuries, release of chronic pain patterns, assisting couples to conceive and deliver

healthy babies and providing menopausal ladies with a natural path to a post-menopausal state.

Hogan is an expert at correcting the root causes of debilitating disharmonies including migraine headaches, depression, anxiety and addiction.

He is still amazed at how rapid and effectively acupuncture can allow a patient to feel

balanced, grounded, pain free and well.

He is a fully trained orthopedic acupuncturist, getting injured workers and sports people back in the game healing necks, backs, shoulders and knees with a holistic approach.

Hogan is the founder of the acupuncture program at Grant MacEwan University in Edmonton, now in its 25th year.

He is also a former provincial examiner in

Alberta and board member.

For the past 18-plus years, Hogan has owned and operated Edmonton's Acupuncture Health Centre and has close to 3,000 hours of professional training in the therapeutic use of natural medicines including Ayurvedic medicines, standard professional Chinese medicine, western herbology, Nutraceuticals-supplements and mushroom therapy.

His academic background combines arts and science, providing

a robust foundation for his holistic approach to both single patient and community acupuncture.

Now, after six years living and practising on the, Sunshine Coast, Hogan is excited to be practising as a registered acupuncturist and a professional herbalist at the progressive, multidisciplinary PHHC.



Chris Hogan R.Ac.

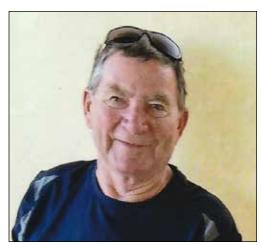
How to book an acupuncture appointment with Chris:

Appointments are available from 9am – 5pm on Fridays at the Pender Harbour Health Centre To book appointments:

- Online: https://sunshineacupuncturehealthcare.janeapp.com
- Phone: Chris @ 604-989-7586 or PHHC Reception @ 604-883-2764
- Email: c.hogan8@icloud.com

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Paul Gerard McKimm AUGUST 16, 1948 — FEBRUARY 5, 2025



It is with heavy hearts that the family of Paul McKimm announces his death on Feb. 5.

McKimm was born in Bath, New Brunswick to Daniel John McKimm and Catherine Anne Gallagher.

He died peacefully at the age of

76 in Sechelt.

McKimm is survived by his son Scott (Ang), son Justin (Niki), stepson Brian (Stephanie) as well as nine grandchildren, Matthew, Jaden, Victoria, Jannelle, Cordell, Rianne, Sierra, Faith and Cole, and four great grandchildren.

McKimm achieved many things throughout his life, he was a father, grandfather, husband, miner, mechanic, entrepreneur, a longtime member of the Royal Canadian Legion, and the owner and captain of the Pender Harbor SloCat boat tours between the years of 2002 and 2012.

He was a dear friend to many, and an integral member of his community in Sechelt where he retired

after selling his boat touring business in 2012.

As per his last wishes, McKimm was cremated at Devlin Funeral Home and requested no funeral services be held.

His family surmises that, knowing Paul, he did not want to be remembered in sadness.

His sons plan to spread his ashes in Pender Harbour with his close friends and family present in the summer.

McKimm's family extend their heartfelt appreciation to his friends in Sechelt for all the help and support through this difficult time and to the incredible staff at the Sechelt Hospital for all the care over the years.

Donna Faye Berntzen (née Wilson) AUGUST 13, 1943 — FEBRUARY 27, 2025

husband Peder John Berntzen and half sister Margaret Edith Black.

> Berntzen's nieces and nephews on the Coast and back east will miss her knowledegable conversations.

Friends who recently visited her in Egmont in recent years are happy that they were able to have those meaningful conversations still.

Berntzen lived a rich and dynamic life with unwavering dedication.

She was an award-winning singer, talented pianist, teacher and tour boat operator.

She kept her boat at the Bayshore in Vancouver and would host excursions with husband Peder as captain.

Later on, the couple moved to North Lake in Egmont.

There, they built their dream home together which they were incredibly proud of — a testament to their love and shared vision.

Bertnzen's family thanks the caring nurses and staff at Silverstone Care Centre and Sechelt Hospital and Greg and Marielle.

As per her wishes, a gathering to celebrate Donna Berntzen's life will be held at her home this spring.



Donna Berntzen died Feb. 27. She is survived by stepchildren Tracy Berntzen (Patrick), Christopher Berntzen (Laura) and her granddaughters and great-grandchildren.

She is also survived by Maureen Lee née Berntzen (Charlie), many Egmont friends and many nieces and nephews.

Berntzen was predeceased by



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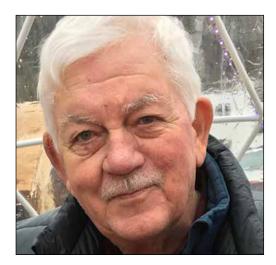
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Donald Glenn McCuaig

NOVEMBER 15, 1942 — FEBRUARY 28, 2025



Donald Glenn McCuaig died peacefully on Feb. 28 following a significant stroke.

He was predeceased by his parents, Donald Norman McCuaig and Gladys McCuaig, and brother Malcolm Morrison McCuaig.

He is survived by his wife of 62 years, Nonie McCuaig, daughter Marlene Stothers, son-in-law Rick Stothers, son Mark McCuaig, grand-children Cassandra and Colton, first cousins Doug, Joan, Fran and Eunice, and many wonderful friends.

Born in West Vancouver, Mc-Cuaig met Nonie at the age of 16 at Dundarave Pier — the start of a lifetime of love.

The couple married in 1963 and settled in North Vancouver, buying their first house on West 27th.

He spent his career as an electrical consultant, finishing his career with Roy Campbell after 25 years.

The years spent in North Vancouver developed many good friends along the way while also remaining close to family and Sunday dinners were a ritual.

Fishing was a passion and was done often, whether it was a quick trip to his boat in Horseshoe Bay, a day trip with family or a weekend away with his good buddies.

It was these weekend trips that sparked his interest in the Sunshine Coast and eventually led to buying a cabin in Pender Harbour.

The Coast became their permanent home.

It was here that McCuaig made many new friends, got involved in the community volunteering with clubs, and found a new passion in golf and the Pender Harbour Golf Club.

The McCuaigs loved to travel, especially to Hawaii for family vacations as the kids were growing up.

After retirement the couple took longer trips, visiting Scotland, Ireland, and Switzerland to connect with their family heritage.

His love of the ocean also took them to New Zealand, Australia and the East Coast of Canada.

McCuaig focused on the simple

pleasures of life, time with family, friends and activities he enjoyed.

He was able to watch his grandchildren grow up, spend time with them in their home in Toronto, and summer visits in Pender.

More recently, he spent time with them in Marlene and Rick's cottage in Ontario.

He put his son to work each time he visited for the weekends, but they always enjoyed good food and watched football, hockey and golf together.

McCuaig was always there to offer advice and a helping hand.

He was his families rock and will be deeply missed by all who knew and loved him.

In the last few years he slowed down as health issues arose.

He spent many hours sitting with the love of his life enjoying that spectacular Pender Harbour view

A celebration of life for Glenn McCuaig will be held at the Pender Harbour Golf Club on May 19 from noon to 3 p.m.

In lieu of flowers, donations can be made to the Heart and Stroke Foundation.

publishes obituaries without charge to recognize and record those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and date of death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program



Healthy Meals service has resumed.

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P. H. Wildlife Society presents: Bornean orangutan conservation

submitted

The Pender Harbour Wildlife Society will host Jacqueline Sunderland-Groves for a presentation on "Bornean orangutan reintroduction as a conservation tool."

With over 30 years of experience in great ape research, she will share her work with the Borneo Orangutan Survival Foundation in reintroducing endangered Bornean orangutans.

In recent decades, orangutan populations have declined significantly due to habitat loss and poaching, leading the International Union for Conservation of Nature to classify them as critically endangered.

Current estimates suggest only around 104,700 Bornean orangutans remain, making it crucial to prioritize efforts for their future conservation.

Despite legal protection, hunting has led to the illegal pet trade, where infant orangutans are often kept as pets or sold.

The BOSF focuses on rescuing orphaned or displaced orangutans and preparing them for release back into

the wild through a lengthy rehabilitation process.

Human surrogates teach them the survival skills they would have learned from their mothers.

Once ready, these orangutans are reintroduced to the wild.

Since 2012, over 500 individuals have been reintroduced, helping to establish three new populations in Borneo and strengthen conservation efforts for this iconic species.

Having lived in Cameroon and Indonesia, Sunderland-Groves' career has focused on great ape ecology and conservation in West-Central Africa and rehabilitation and reintroduction in Southeast Asia.

With over 30 years of field experience, she specializes in great ape survey techniques, protected area management and primate care.

A research scientist at the University of British Columbia's faculty of forestry, she is also the working group chair for great ape action planning within the IUCN species survival commission's primate specialist group.



Borneo Orangutan Survival Foundation Jacqueline Sunderland-Groves frees a rehabilitated Bornean orangutan.

Her research at UBC focuses on enhancing Bornean orangutan reintroduction success, which she teaches in the course "primate conservation in the anthropocene."

Join the PHWS on April 15 at 7 p.m. at PHSS to learn more from Sunderland-Groves on the lifesaving work taking place in Indonesia to conserve one of our closest living relatives.

photojournal



Even Java Docks is protesting Canada's treatment by the Americanos.

Christine Alexander

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In their words: Shìshàlh Pender Harbour gathering Feb. 28, 2015



The following are from stories told at a community gathering hosted by the shìshàlh Nation at the P. H. Community Hall on Feb. 28, 2015. This spread appeared in the April 2015 edition of the Harbour Spiel

"We are here today to provide a history of the shíshálh and to have some understanding and dialogue with the Pender Harbour community."

~ Steven Feschuk

"At one time there were four main tribes. At the top is xénichen. The word xénichen means 'reached the end' or 'you can't go any further.' That is at the head of Jervis Inlet. It had its own hereditary chief and had its own operating society.

"Ts 'únay —Deserted Bay.
Ts 'únay means 'southeast shelter.'
What you may know as Princess
Louisa Inlet was its northern border
with xénichen.

"Deserted Bay took its name from the epidemics we were facing.

"Our people were being wiped out by measles, smallpox, TB. At a point in our history, the elders had to decide to absorb people from other villages in order to survive.

"Down here is téwánkw. It covers the Skookumchuk all the way down to the town of Sechelt, Narrows Inlet, Salmon Inlet.

"Our main village was in kálpilín — Pender Harbour. That's how we are made up of four main tribes, but we are all shíshálh." ~ Steven Feschuk

"The chiefs of Squamish, Howe Sound, Toba Inlet, Sliammon, Nanaimo, Cowichan — at one time all those six bands were invited here to potlatch. Can you imagine six bands potlatching in this territory?

"We did that for a reason. We did that to share our names, to share our songs, to share our stories and also to give princesses away for marriage to keep the power and the blood strong in the Sechelt territory. That was a way of life for us for many thousands of years." ~ Calvin Craigan

"All the Coast Salish tribes — we would like to think of ourselves as peaceful people. But we did engage in warfare.

"A lot of the time when people came into this region, they would actually come for women and children so we always had people as watchmen.

"Everybody had a role in our society and the watchmen were very significant. It was one of the reasons why we collaborated; but we also had very large populations requiring profound co-operation to feed thousands of people.

"We were successful in building these huge populations through the potlatch system. It was the social, political and economic system that required collaboration with all of the tribes.

"We achieved some of that collaboration through intensive intermarriage." ~ Candace Campo

"In the winter time, all the people from the four villages would come to Garden Bay, to Pender Harbour to live. That was the heart of our land.

"All of our longhouses were in Garden Bay.

"There were longhouses but there was also the surrounding community. They didn't just live in Garden Bay — that was the heart of it and then they built around it.

"That is why Pender Harbour is important to us and will always be important to us." ~ Steven Feschuk

"When the first Oblates came here around 1860, our governance stopped them.

"We said, 'We have our own spirituality, go away.' We didn't want them here.

"Around that time we were starting to face the waves of epidemics. Before that time we were in the thousands.

"By about 1876 we were only at 160." ~ Steven Feschuk

"The underlying intent of the Oblates and the Durieu system was to get into our society to change us slowly. It goes hand in hand with the Indian Act and the banning of the potlatch...

"We were in a position where we needed help. Someone once told me:

"Yes, they did help us spiritually. They did help us survive because we were dying, but we paid a price in that they tried to annihilate our culture."

~ Steven Feschuk



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"In the beginning of time here, there were many thousands of our people who inhabited this territory.

"But during the coming of the Europeans, the coming of the missionaries, a lot of our people were decimated and were either taken away or died in their villages of disease.

"A lot of our people were forced off their land and they lived on the little rock island in the middle of Pender Harbour.

"My dad was raised there and so was my mother and my mother-inlaw.

"But they never succumbed to the new way of life. They survived on whatever they could and they shared with the people that were merging into their territory.

"In the same manner we are here to share what we have today as our people are making a comeback. We are moving back into our territory because our people are once again growing in awareness. They're recapturing their culture. They're recapturing a way of life that was taken away from them.

"By standing in support of that today, you'll see our people picking up the drum and picking up the songs.

"The songs never left our country. The songs were hidden away in the mountains, in the trees. When you listen very carefully you'll pick up those songs with that northern breeze that brings them out in winter time. Our old people used to have a name for that wind that came up in the fall.

They used to call it [name unclear], which means, 'a very cold wind that brings the spirit.'

"And those of us who went back and became spirit dancers, we know and understand that is the signal for us in the winter time that we must go back to our culture. We must pick up the drum, we must pick up the song. We must dance and pray in our longhouses.

"There was such a rich tradition amongst our people, how they survived the winters in the longhouses. How they shared the fruits that they had. How they shared with all the other families.

"All the other longhouses up and down the Coast had the same culture — they had a culture of sharing.

"And that's the meaning of the longhouses. When you see longhouses emerging into your territory — back into our territory — that is the sign that we want to share culture with you." ~ Calvin Craigan

"I don't want to sensationalize the information but it's the truth. And I'm going to tell you the truth.

"This is our experience. When you went to residential school, you couldn't even talk to your family. Your sister or your brother in there — you couldn't even recognize them or you'd get a beating.

"It's a really tough part of our history but is something we need to share with all of you here.

"Being told to be ashamed of

who you are. And when you go home to see your family, feeling ashamed of your family.

"This is why residential schools have such an effect today."

~ Steven Feschuk

"Ever since the Williams case last June, the Supreme Court has recognized that First Nations have a right to their territory. They have a right to say how the land is going to be used...

"But understand that we're not here to threaten the people of this territory because we still honour you as guests." ~ Calvin Craigan

"I see the comments in the paper that we're after your land. We're not after your land. We know that fee simple land is not on the table. We understand that. That's just common sense."

~ Garry Feschuk

"We came to you in respect. In that same respect, we are now going to break bread with you. We hope that you will stay and share with us. I thank you for your patience. I thank you for your endurance. I also want to thank my people who took the weekend off to come to you to share their culture. To share who they are.

"The purpose is accomplished. We came here to make you not only aware of who we are but because we're going to learn how to coexist with one another.

"And this is the beginning of that." ~ Calvin Craigan



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Page 21 April 2025

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Seniors' activities for April:

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1pm

In the Pender Harbour Community Hall. Lunch will be served at 12pm. Cost: \$10 pp.

April 3 - Highland Games in recognition of Tartan Day April 6

April 10 – Music with Pender Harbour Choir and a visiting choir from Germany

April 17 – Learn a new game or play an old favourite

April 24 – Free Lunch for all that attend. Celebration for the 2nd anniversary of the Better at Home Program

CARPET BOWLING: Wednesdays, April 2, 9, 16 & 23

At the Pender Harbour Community Hall,1-3 pm. Cost \$3.

CHAIR YOGA: Mondays & Fridays, April 4, 7, 11, 14, 25 & 28

At the Pender Harbour Community Hall 11am –12pm with Carole Logtenberg or Kristin Tracey. Improve your balance, strength & flexibility with gentle moves. Cost: \$3. No classes on April 18 or 21.

CHAIR YOGA: Wednesdays, April 2, 9, 16, 23 & 30

At the Sarah Wray Hall from 11–12pm. Improve your balance, strength & flexibility with gentle moves with Carole Logtenberg or Kristin Tracey. Cost: \$3. No class on March 19.

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PENDER HARBOUR COMMUNITY SCHOOL

WHAT DO WE DO?

- Poster Route (Egmont, Garden Bay, Madeira Park)
- Community Calendar
- Christmas Craft Fair
- Printing (personal & small quantity)
- We help support
 - MayDay
 - April Tools
 - Winterfest
 - · The Wooden Boat Festival
- Qualified SCRD LIFE Referring Agency
- Participate in various community needs assessments to discuss and advocate for more accessible programs and services for our community members.
 Specifically our more vulnerable community members and youth.

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- Help connect community members with supports and services in and out of our community
- Work with MCFD, Youth Outreach,
 SD46, and The Foundry to help
 support our local youth
- Recreation Programming:
 - Kids programming (sports, art, cooking, fishing)
 - Youth programming (sports, cooking, drop in night)
 - Adult (sports, CORE & CFSC, First Aid, FoodSafe)

Any programs you would like to see offered?

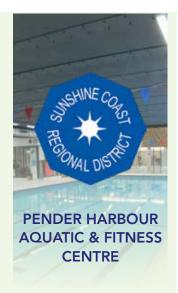
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Drop-in activities are a great way to fit more activity into your day. No pre-registration required. Show up and pay admission or use your MYPASS.

HOURS OF OPERATION:

MondayTuesday to FridaySaturdaySunday7 am - 1 pmCLOSEDCLOSED3:30 pm - 8 pm

Drop-in for swimming and the weight room!

For swimming, children under 7 years of age must be within arm's reach of an adult. Weight room users must be 16+ years. 13 to 15 year olds can attend with an adult or if they have completed an SCRD weight room orientation. Staff will ask people to clear the pool and gym 5 minutes before closing. Thank you for your cooperation.

Drop-in Fitness Classes



Michael Jackson

Michael Jackson, exectutive director of the Loon Foundation, recently told the *Harbour Spiel* that the project will be 100% Canadian in labour and materials. The foundation had already aimed to hire and purchase supplies locally but with recent tariff threats, have pledged to double down on that promise.





Page 24 Harbour Spiel

Olmedo: Surprised at praise for Capilano

Editor,

I read with considerable surprise Leonard Lee's recent column (Lee Side, March 2025), praising Capilano Road Services for their snow removal efforts during February's storm.

As a Garden Bay resident living in close proximity to Lee, I must respectfully but firmly dispute his characterization that Capilano "almost always exceeds these requirements and did it again during our latest storm."

The evidence suggests otherwise. The *Coast Reporter* documented multiple cases where emergency services were significantly impeded by inadequate snow clearing, including a local resident's harrowing seven-hour ambulance journey to Sechelt Hospital while suffering from what turned out to be appendicitis.

Video evidence showed an ambulance requiring a tow truck's assistance to navigate unplowed Irvines Landing Road.

Similarly, a resident of Daniel Point who requires dialysis treatment, was put at serious risk when roads remained impassable for days.

Their neighbours ultimately had to organize emergency fuel delivery when official services failed to respond adequately.

What perplexes me most is the significant gap between Mr. Lee's positive assessment and the lived experience of many Area A residents.

One wonders how our elected representative's perception of snow clearing services could differ so substantially from what numerous community members documented and experienced.

This disconnect raises important questions about how our local government evaluates essential services and whether the standards being applied truly reflect the needs and experiences of the community they serve.

In contrast to the unwarranted compliments for Capilano's performance, I personally want to direct my praise to the truly selfless and extraordinary efforts of neighbours helping neighbours when official services failed to perform their basic duties.

Alessandra Olmedo Garden Bay

PLANT & GARDEN SALE

& Vintage Market

Saturday, April 26, 10am-3pm

Looking for donations of plants, vegetable starts, garden items, garden tools, pots & outdoor furniture etc.

TO DONATE OR HELP: Call Lesley at 778-840-1692



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seals



Note your Harbour Seal of Approval or Harbour Seal of Disapproval. By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A bookshelf of Harbour Seals of Approval for **Karen Dyck** for her many years of service volunteering on the board of directors for the Pender Harbour Library.

Seals of Approval also to **Sylvia Showler** for stepping up to take over as chair.

Lynn Macdonald Pender Harbour Library A Harbour Seal of Approval to **Bill and Adele MacNeill** for their continued support of Pender Harbour High School's hot lunch program.

Also, grateful Harbour Seals of Approval to Mary and Dave Mackay, and the Pender Harbour Legion (RCL 112) for their support.

PHSS PAC Anne Pino





DATE-TIME-SIZE (small, medium, large, extra large)
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

1. 1:15 PM -XL

2. 2:05 PM -XL

3. 7:44 AM +M, 3:05 PM -XL

4. 8:42 AM +S, 4:10 PM -L

5. 5:20 PM -L

6. 7:30 AM -M, 6:32 PM -L

7. 8:38 AM -M, 1:22 PM +S

8. 9:28 AM -L, 2:32 PM +M

9. 10:09 AM -L, 3:26 PM +M

10. 10:42 AM -L, 4:14 PM +L

11. 11:09 AM -L, 4:59 PM +L

12. 11:29 AM -L, 5:43 PM +L

13. 11:42 AM -L, **6:26 PM +XL**

14. 11:29 AM -XL, 7:08 PM +XL

15. 11:30 AM –XL

16. 11:48 PM -XL

17. 12:21 PM -XL

18. 7:22 AM +M, **1:08 PM -XL**

19. 8:12 AM +S, **2:23 PM -XL**

20. 3:58 AM –L

21. 6:45 AM -M, 5:16 PM -L

22. 12:51 PM +S, 6:24 PM -L

23. 8:34 AM –M, 1:55 PM +M

24. 9:15 AM -L, 2:49 PM +L

25. 9:49 AM -L, **3:42 PM +XL**

26. 10:20 AM -XL, 4:45 PM +XL

27. 10:50 AM -XL, 5:39 PM +XL

28. 11:07 AM -XL, 6:33 PM +XL

29. 11:52 AM –XL, 7:27 PM +XL

30. 12:48 PM -XL

These are estimates only and not intended for navigation.



UKRAINE WAR

12,600

The number of civilian deaths in Ukraine during the war as of January 2025 (according to the Office of the United Nations High Commissioner for Human Rights).

49.5%

The percentage of government support provided to Ukraine by European countries (in financial, humanitarian aid and military donations).

42.7%

The percentage of government support provided to Ukraine by the U.S. (in financial, humanitarian aid and military donations).

\$119.7 billion

The amount the United States spent on aid between January 2022 and December 2024 according to the Kiel Institute, a German-based think tank.

\$182.8 billion

The amount the United States spent on aid according to the U.S. State Department. (According to the Kiel Institute, this figure includes U.S. military training in Europe and replenishment of US defence stocks.)

\$8.7 billion

The amount Canada spent on aid between Jan. 2022 and Dec. 2024 according to the Kiel Institute.

-29.1%

Change in Ukraine's GDP in 2022.

3x

The size of Russia's active military personnel compared to Ukraine's as of 2024.

~ BBC, Statista

APRIL WEATHER

TEMPERATURES, MERRY ISLAND

Our average daily high temperature in April is 12.1 C and our average daily low is 6.5 C, giving us a mean daily temperature of 9.3 C. The highest April temperature recorded is 20.7 C (April 27, 1972); the lowest is -1.1 C (April 3, 1975).

PRECIPITATION, MERRY ISLAND

April has an average of 190.8 hours of bright sunshine and 13 days with measurable rainfall. April averages a total monthly rainfall of 66 mm and a total monthly snowfall of 0.3 cm. The highest April daily rainfall on record is 31.8 mm (April 27, 1962); the highest April daily snowfall on record is 5.1 cm (April 3, 1975).

APRIL ASTROLOGY



ARIES: MARCH 21 - APRIL 19

Aries is a male sign dominant in nature and is ruled by Mars. People born under this sign are very fast in executing tasks. They are highly disciplined and punctual.

This month, a mix of planetary influences will impact various aspects of your life. The sun is in your sign until April 19. Use the time to maximize return on social opportunities. You realize that alcohol and your Tesla have brought only shame to your life. On April 27, you will rid your life of at least one of them in spectacular fashion.



TAURUS: APRIL 19 - MAY 20

Taureans are seekers of peace and stability. Although unambitious, they are happy to be the powerhouse behind the scenes. They are usually sensible and

blessed with a healthy dose of cynicism. The April 12 full moon will be your axis of change. Any positive steps taken with regards to casting off spiritual restrictions before this date will manifest in a bounty of love and sexual attention. Your emotions will work to prevent this. Abstain from alcohol until April 19 as it will make you seem unhinged.

BC BESTSELLERS

For the week ending March 15

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. Whitewater Cooks The Food 6. Points of Interest by We Love by Shelley and Conner David Beers & andrea bennett Adams (Alicon Holdings)
- 2. I am Connected by Kung Jaadee, illustrated by Carla Joseph (Medicine Wheel Publishing)
- 3. The Animal People Choose a Leader by Richard Wagamese, illustrated by Bridget George (Douglas & McIntyre)
- 4. Untold Tales of Old British Columbia by Daniel Marshall (Ronsdale Press)
- 5. The Curve of Time: New, Expanded Edition by M. Wylie Blanchet (Harbour Publishing)

- (Greystone Books) 7. The Last Exile: A Wakeland
- **Novel** by Sam Wiebe (Harbour Publishing)
- 8. Never Boring: The Up and Down History of the Vancouver Canucks by Ed Willes (Harbour Publishing)
- 9. Beneath the Surface of Things: New and Selected Essays by Wade Davis (Greystone Books)
- 10. 300 Mason Jars: **Preserving History** by Joanne Thomson (Heritage House Publishing)

APRIL BIRTHDAYS

- April 2 ~ Elizabeth Buhlert and Desiree Leech.
- April 3 ~ Jamison Warner and Sandi Whelan.
- April 4 ~ Frank Roosen Jr., Mike **Legge** and **Bev Thompson**.
- April 5 ~ **Doug Silvey** and **Breanna Clay.**
- April 6 ~ Mike Bathgate and Ursula Dornbierer.
- April 8 ~ Andrea Clerx and Gloria Fritz.
- April 9 ~ Laurie Saunders.
- April 10 ~ **April Charlton.**
- April 11 ~ Mackenzie Sutherland.
- April 12 ~ Matthew Phillips and Tilley Dougan.
- April 13 ~ Bonnie Lindsay, Geoff Warner, Billy Petraschuk and Don Priest.
- April 14 ~ Dan Leech and Ann Landry.
- April 15 ~ **Teresa Sladey** and **Cathy** Collins.
- April 17 ~ Sheila McCann and Carly Campbell.
- April 18 ~ Russ Foster, Talon Mclean, Howard White, David Brimacomb, Kalen Zayshley and Ron Calvert.
- April 19 ~ John Field.
- April 20 ~ **Katie Tenbroek.**
- April 23 ~ Kathy Morant, Sue Richardson, Heidi Vaughan and Jordan Kammerle.
- April 24 ~ Len Silvey and Alex Dore.
- April 25 ~ **Zena Lanteigne, Samantha** Stewart and Dietta Edwardson.
- April 26 ~ **Teyjah Xaveress** and **Blake** Campbell.
- April 28 ~ **Jeanette Penson.**
- April 29 ~ **Ruth Langton.**
- April 30 ~ Cathy Gudbranson, Kasey & Kelly Smith, Marie Reid, Hazel Higgins, "Prawntrap" Patty Jackson, Bill Sutherland, Jeff Wilbee and Ava Young.

~ Association of Book Publishers of BC



Tools Wooden Boat Challenge (on April 26)?						
a. Pender Harbour Living Heritage Society						
 □ b. PHSS Parent Advisory Committee 						
☐ c. Rotary Club of Pender Harbour						
☐ d. Pender Harbour Community Club						
5. What portfolio is our MLA, Hon.						
Randene Neill, in charge of?						
a. Minister of State for Trade						
□ b. Minister of Water, Land & Resource Stewardsh						
c. Minister of Education and Child Care						
☐ d. Minister of Mining and Critical Minerals						
6. Who is Roberts Creek named after?						
a. Harry Roberts						
□ b. Thomas Roberts						
☐ c. Sebastian Roberts						
☐ d. William Roberts						
: p. 34						

Easter Pancake Breakfast

SPONSORED BY LAFARGE, EARLE CREEK DIVISION

Sunday → April 20 → 9am to 1pm

The Pender Harbour Lions Club also host a community-sponsored Easter egg

hunt at 12 noon at the Pender Harbour Lions Park!

Serving pancakes, eggs, sausages and bacon

with coffee, tea and juice.

Indoor & outdoor seating, gluten-free available.

Two-plus: Newbie

Less than two: Townie

Four-plus: Local

PENDER HARBOUR GARDEN CLUB

Amelia and Craig Dunn and James Ravensbergen of Legacy Mushrooms will be speaking at our April 28 Garden Club meeting. Who are they? How did they get interested in mushrooms? How do they grow the mushrooms? What are the health benefits of consuming gourmet mushrooms? What does the future hold?

To hear the answers to all these questions and more, come to the Pender Harbour Garden Club meeting on April 28 in the Madeira Park School of Music. The meetings go from 1 to 3 p.m. It costs \$20 for a 2025 annual membership or \$5 drop in. Coffee/tea and goodies are included. As an added bonus, Legacy Mushrooms will be raffling off a box of mixed mushrooms

P. H. MUSIC SOCIETY COFFEE HOUSE

The P. H. Music Society presents this month's School of Music Coffee House on Friday, April 11. The musicians this month are a visiting choir from Germany, Them Ordinary Things (Simon Paradis, Paul Dwyer, Kaia Neilson, Mark Lebell) and Sean Peters.

Doors open at 7 p.m. and music starts at 7:30 p.m. There is a suggested \$10 donation for entry at the door.

PENDER HARBOUR WOMEN'S CONNECTION

The Women's Connection will be hosting the third annual "community update" on April 8. This is a great opportunity for Pender Harbour residents to learn what has changed in our community and meet the people who are bringing new opportunities and ideas. The line up this year will be Megan Noel, Community Market, Bob Baker, RCL 112 president, Cheyenne Howitt, P. H. Community School executive director, with Cheryl Alsop, community referral worker and Michele Rose from Marina Pharmacy. Each speaker will have 15 minutes and following a refreshment break, there will be a short question period. We extend an invitation to our spouses and friends to attend.

On April 22, local photographer Angela Stearns will be the guest speaker. She may be known as the "photo with Santa Claus" lady at the P. H. Winter Festivals but she is also known for amazing wildlife and scenic photographs of the Sunshine Coast. Stearns will bring examples of her work along with hints of how you can take the perfect picture of your favourite scene or adorable pet. This spring, Stearns will open a craft shop here in Madeira Park which should add an interesting dimension to our village.

Doors open at 9:30 a.m. and programs begin at 10 a.m. There's a \$4 drop-in fee and refreshments will be provided.



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We want to thank you for becoming a new member. So, for a limited time, Open a **Mobile** or **Premium Unlimited Chequing Account**, and you'll receive a \$200 cash bonus just for doing your regular banking!

It's our way of welcoming you to the Sunshine Coast Credit Union family.

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sunshineccu.com/New-Member-Offer



*Limited time offer; subject to change without notice.



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- Home/Palliative care Dressings Holter Monitors

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Alternate Thursdays, 10am - 12 noon

- Well Baby Clinic
- Child and Adult Immunizations

PHYSICIANS: (604) 883-2764

- By appointment, Tuesday & Thursdays only
- Attached patients only

FAMILY NURSE PRACTITIONER: (604) 984-5070

Annaliese Hasler, NP

Tuesdays, 9:30am - 3pm

• Women and Youth Health Services

BETTER AT HOME PROGRAM: (604) 212-2232

Haida Bolton – Program Co-ordinator

Helping Seniors Remain Independent

• Email: betterathome@penderharbourhealth.com

Supplementary services:

DENTISTRY: (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela, Dr. Endre Sinkovics Darlene Fowlie – Hygienist Monika Miller – Hygienist Rosa Seda – Hygienist

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Ongoing:

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Meets Wednesdays at 7 p.m. Everyone welcome.

TEENS' DROP IN CLINIC

Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD

Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MGMT. PROGRAM

Weekly on Thursdays – call to book an appt.

CHRONIC DISEASE MANAGEMENT PROGRAM

Weekly on Wednesdays - call for an appointment.

ADULT DAY PROGRAM

Dementia caregiver support group. Call (604) 883-2764.



THE SUNSHINE COAST HOSPICE SOCIETY

Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. (604) 883-2764.

A non-profit society governed by local volunteers dedicated to the health and wellness needs of our community.

Local health matters

Volunteers make waves at the Health Centre

Would you like to live a longer, happier life? It turns out that research studies show that mortality rates are significantly reduced for older adults who volunteer in their communities by providing instrumental support to others.

This year's theme for National Volunteer Week (April 27 – May 3) is "Volunteers Make Waves," and this is very true with our Better at Home team.

The Pender Harbour Better at Home team helps seniors with non-medical services that help them live longer in their own homes. Better at Home is

funded by the provincial government and managed by United Way BC. We deliver services to residents over the age of 60 from Halfmoon Bay to Egmont.

No matter what your age, three great reasons to volunteer include improving your well-being, developing your skills and knowledge, and creating a sense of belonging in your community. We provide moral support, educational and social opportunities throughout the year.

There is a great feeling of satisfaction when you know that what you are doing is making a difference, not just for others, but also for the health and well-being of our community. The community connectedness achieved from volunteering deepens social networks and reduces the likelihood of social isolation.

One volunteer, Alex, who has been volunteering with Better at Home since we began, said "My involvement with Better at Home

makes me feel like I am more a part of the community than before I volunteered. I am meeting people I never knew before, knowing people on a first name basis, and feeling more connected. One day I may

need this help, so I am kind of paying it forward."

A second volunteer shared, "I have enjoyed helping people in our community to continue to stay in their own home. The enriching experience is very rewarding. As a senior myself, I enjoy socializing and chatting while assisting. I hope in the future, should I need it, this service will be available for me and my husband."

Here are two testimonials on how the Better at Home team has made a difference to 64 participants in our community.

One participant expressed, "Knowing that my food and meds will arrive, even if I am bedridden, has lifted a huge amount of stress from my life!" Needless to say, less stress means more joy and health and a longer life.

A second participant shared, "I want you to know that your program is a lifesaver. I am so grateful for your assistance in driving me to my eye appointments. Without your help, I would not be able to keep my eyesight."

When we volunteer, we create many opportunities to make new friends, network with other people and add value to the lives of both ourselves and others. Whatever reason you choose to become a volunteer, know that you will be a community hero.

Better at Home is inviting members of the community to apply to be a volunteer driver to bring our elders to medical appointments or for

groceries, or provide friendly social visits to isolated participants. If interested, please contact the program coordinator, Haida Bolton, at 604-212-2232 or haida.bolton@penderharbourhealth.com.



Better At Home volunteers (I-r): Alex Pernat, Val Ridsdale and Pat Thibodeau.





United Way helping seniors remain independent.



Phyllis Gunter (I), P. H. Better at Home participant and Naz Mistry, P. H. Better at Home volunteer.

Cut broom in bloom: Scotch broom round-up runs April 5 and 12

Brian Croft Hotel Lake Advisory Association

If you have ever wanted to properly rid your neighbourhood of the invasive Scotch broom, now is your chance.

Jim Cameron, Pender Harbour and Volunteer Fire Department chief will provide a free dump area for cut Scotch broom on Saturday April 5 and 12.

The site will be open from noon to 3 p.m. on these days and is located at the department's training facility approximately 200 metres up the Pender Harbour landfill road.

Cameron will have the gate unlocked and inside will be the dump area for your Scotch broom.

It is a large area with plenty of room if you're towing a trailer.

With two dates set for you to drop off, it gives everyone lots of time to start removing broom.

SCOTCH BROOM (CYTISUS SCOPARIUS)

According to the Invasive Species Council of BC, Scotch broom is an escaped garden plant introduced from Europe that easily invades sunny, disturbed sites such as rangelands, roadsides, and areas of recent logging.

Scotch broom can increase the intensity of wildfires, obstruct sight-lines along roads, and crowd out native plants that animals depend on.

A mature plant can live up to 20 years and produce seeds that can survive in the soil for 30 years.

Scotch broom tolerates just about any soil condition.

The plant has an aggressive root system with a taproot that may extend 60 centimetres below ground as well as a large shallow lateral root system.



:Ctaalr

Scotch broom (*Cytisus scoparius*) is an invasive plant that creates a fire hazard and spreads readily on the Sunshine Coast.

Because of their ability to fix nitrogen from the atmosphere, this plant doesn't depend on soil fertility and can grow in the poorest soils.

It grows best in dry sandy soils in full sunlight which means Scotch broom will easily invade open sites such as transportation corridors, gravel pits, new subdivisions and any bare, disturbed soil.

Scotch broom grows rapidly and typically lives 10- to 15 years and commonly grows to a height of one to two metres, although some plants have been observed well over three metres high.

Seed pods are green to yellowish brown, later turning black, flattened, 2.5 to 4 centimetres long, with hairy margins.

Mature pods split open and spiral as they dry, ejecting five to 12 seeds per pod up to five metres away from the parent plant.

SCOTCH BROOM REMOVAL

In order to avoid creating a larger infestation, it is important to follow a few guidelines for the removal of this plant.

Waiting until you see yellow blooms is a good idea but if you know what you're doing, you can start pulling very small broom and cutting larger broom during the winter and early spring wet weather.

And, it's fine to just pile your cut broom under a tree while waiting for the dump dates.

It is highly recommended you watch a short Youtube video, "How to cut broom Broombusters," created by Broombusters on Vancouver Island.

They have been doing this for 15 years and their seven-minute video is well worth watching.

HOW TO FIND SCOTCH BROOM

In the spring, you will easily discover Scotch broom by its lovely yellow blossoms.

It's everywhere that you might refer to as a sunny spot.

Broom is also well-established on sunny trails and in developed areas and particularly in vacant lots.

Now that you know where the broom is you can make plans to re-

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move it.

Once you have seen a few Scotch broom plants and cut or pulled a few up, you will find yourself seeing this invasive plant just about anywhere the sun hits the earth.

IDENTIFYING SCOTCH BROOM

The most important message from *broombusters.org* is to "cut broom in bloom."

That means the main removal work should always be done from April to early June while Scotch broom is in bloom and, most importantly, well before seed pods develop.

Doing so will mean Scotch broom's large yellow blooms make it easy to identify so that we can correctly remove and properly dispose of the plants before the seed pods develop.

Removing small Scotch broom plants can also be done carefully at other times of the year.

For instance, if one finds some



iStock

Scotch broom is easily identified in the spring due to its vibrant yellow flower.

young Scotch broom plants on a winter or early spring walk or while working in the garden, pulling small Scotch broom plants by hand from the damp earth is quite easy to do, without disturbing the soil, and the disposal of these small plants is also easier to manage.

Small Scotch broom plants are easy to pull up, however there is a real concern that you might accidentally pull other native plants.

For instance, the important and useful food source called red huck-leberry can, at times during the year when it is not bearing its red berries, look similar to and thus be misidentified as the invasive Scotch broom.

Before these plants bloom, the main differences are the configuration of stems and branches and also the size and shape of their leaves.

Red huckleberry has a pleasing and delicate posture with angled green stems.

Their oval-rounded leaves are 3 centimetres long and much larger than broom leaves.

Blooms are greenish-yellow, often with a lovely pink hue, that later develop into distinctive red berries.

Scotch broom is a vertically-aggressively shrub with sharply upangled ridged stems with very small, oval-pointed leaves about five to 20 millimetres long.

DON'T DELAY

If you have Scotch broom in your neighbourhood, it will continue to spread so it is important to control it properly so it doesn't return.

And right now is the perfect time of year to do that — so sharpen your favourite cutting tool and join your neigbours in helping eradicate this pest.

Cutting Scotch broom correctly

- Cutting broom while it is blooming better ensures it will die during the stressful droughts of summer and before it produces seeds.
- Use long
 handled cutters such
 as those made by Fiskar (r).
- Dig for the main base stem, often at ground level or just below ground level. Cutting shoots above encourages regrowth with multiple new stocks.
- On stalks too large to cut beneath the soil, cut stalks above ground and pull back the bark which can further stress and kill the plant.
- Go after the advancing edge of dense areas of broom and cut the small clumps of outliers in order to prevent the spread of seeds. Then, work inwards to the dense area.
- Don't pull broom unless it is a young seedling. Pulling large plants disturbs the soil which encourages seeds to take.
- A single broom plant can produce 18,000 seeds which can be viable for 20-30 years, so disturb the soil as little as possible.
- When finished, remove cut broom and dispose so as not to create a fire hazard.

Don't pull. Don't excavate. Don't mow.

~ Broombusters on Vancouver Island

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

APRIL

Thu. April 3......Harbourside Friendships drop-in (Highland Games) - P. H. Community Hall, 10:30 a.m.

Fri. April 4.....Live Music with Eddy Edrik - Royal Canadian Legion 112, 6:30 p.m.

Sat. April 5......Pender Harbour Library AGM- Pender Harbour Schoool of Music, 10:30 a.m.

Sat. April 5......PHVFD Scotch broom round-up drop-off - PHVFD training facility (landfill road), noon - 3 p.m.

Sun. April 6.....Live music with Mad Cow - Royal Canadian Legion 112, 2 p.m.

Mon. April 7.....Pender Harbour food bank pickup - P. H. Community Church, 10:30 a.m. - 12 noon

Mon. April 7.....Pender Community Club AGM - P. H. Community Hall, 5 p.m.

Tue. April 8......P. H. Women's Connection (community update) - P. H. School of Music, 10 a.m.

Thu. April 10.....SCRD committee of the whole - SCRD boardroom, 9:30 a.m.

Thu. April 10.....Harbourside Friendships drop-in (choir performance) - P. H. Community Hall, 10:30 a.m.

Thu. April 10.....SCRD regular board - SCRD boardroom, 11:30 a.m.

Fri. April 11.....Live Music with Eddy Edrik - Royal Canadian Legion 112, 6:30 p.m.

Fri. April 11......School of Music Coffeehouse - P. H. School of Music, 7 p.m.

Sat. April 12.....P. H. Legion's Easter turkey, ham and pie auction - Royal Canadian Legion 112, 3 p.m.

Sun. April 13.....Live music with Steve Hinton Band - Royal Canadian Legion 112, 2 p.m.

Thu. April 17.....SCRD electoral services committee - SCRD boardroom, 9:30 a.m.

Thu. April 17.....Harbourside Friendships drop-in (games) - P. H. Community Hall, 10:30 a.m.

Fri. April 18.....Live Music with Eddy Edrik - Royal Canadian Legion 112, 6:30 p.m.

Sun. April 20.....P. H. Lions Easter pancake breakfast & Easter egg hunt - P. H. Lions Park, 9 a.m. - 1 p.m.

Sun. April 20.....Live music with Spindrift Street - Royal Canadian Legion 112, 2 p.m.

Tue. April 22.....P. H. Women's Connection (Angela Stearns) - P. H. School of Music, 10 a.m.

Tue. April 22.....Pender Harbour food bank pickup - P. H. Community Church, 10:30 a.m. - 12 noon

Tue. April 22.....Madeira Park Bargain Barn volunteer team meeting - P. H. Community Hall, 2 p.m.

Tue. April 22.....P. H. Fire Protection District AGM - Madeira Park Fire Hall, 7:30 p.m.

Thu. April 24....SCRD committee of the whole - SCRD boardroom, 9:30 a.m.

Thu. April 24....Harbourside Friendships drop-in (free lunch) - P. H. Community Hall, 10:30 a.m.

Thu. April 24....SCRD regular board - SCRD boardroom, 1 p.m.

Fri. April 25.....Live Music with Eddy Edrik - Royal Canadian Legion 112, 6:30 p.m.

Sat. April 26.....April Tools Wooden Boatbuilding Challenge - Madeira Park wharf, 10 a.m. to 3 p.m.

Sat. April 26.....P. H. Community Club plant and garden sale - P. H. Community Hall, 10 a.m. to 3 p.m.

Sun. April 27.....Live music with Blue Western - Royal Canadian Legion 112, 2 p.m.

Sun. April 27....P. H. Music Society presents Duo Beija-Flor - P. H. School of Music, 2 p.m.

Mon. April 28....Pender Harbour Garden Club presents Amelia & Craig Dunn - P. H. School of Music, 1 p.m.

Wed. April 30....PHSI celebrates National Volunteer Week - P. H. Community Hall, 2 p.m.

Wed. April 30....P. H. Area Residents Association town hall - P. H. Community Hall, 6 p.m.

Harbour Spiel Trivia Answers:

1. c

2. b

3. b

4. a

5. b

6. d

"If I hurt your feelings, I'm sorry. But if I made you mad, f**k you."

~ Willie Nelson





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