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February 2023
Issue 386





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EDITOR

Brian Lee

CIRCULATION (2,200)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the *Harbour Spiel* (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Leonard Lee, Robert Livingston, Shane McCune and Ken Paisley.

COVER

Ken Paisley was in the right place at the right time to get this shot of a bobcat near East Oyster Bay Road Jan. 13. (Ken Paisley).

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March issue mails March 3.

(Advertising bookings before Feb. 15)

editorial

Everyone's a little bit hippie



Brian Lee

Hippies never got a lot of respect around here.

When they arrived in the late-1960s through the 1970s, folks in Pender Harbour and Egmont weren't prepared.

When locals uttered the word, it was often accompanied by an adjective like "dirty," "lazy" or "smelly."

The area had experienced significant growth by then and was already a popular destination for townies to fish and drink.

But everyone still looked the same — with hair matching the styles of whatever country music stars were popular a decade prior.

Then along came these young, dropout — too chicken to fight, too lazy to work — drug freaks.

For the staid logging and fishing families that lived here, it must have seemed too much.

I grew up with the kids of hippies and by then hippie-ish families were just part of the landscape.

That's why I'm happy to have someone set the record straight.

In his book, *No Longhairs: The Odyssey of a Vietnam Draft Dodger*, Jon Van Arsdell exposes the local hippie scene with honesty and humor.

(See review, p. 32.)

I probably met Van Arsdell in the mid-1970s when he and his family lived across the road from my grandparents in Egmont.

His son Kinji invited me in to try some hearty cereal he was really passionate about.

Though we were only about six or seven, the memory stuck.

I didn't know what it was but I knew I'd stepped into a different world.

My recollection of the interiors of 1970s hippie houses were that they were always wood heat warm, finished with natural wood throughout and smelled like an exotic amalgam of spice, damp potting soil and cedar.

There were always musical instruments and a wood bookshelf filled with books in their living room.

The Van Arsdells moved away sometime later but they stayed on the Coast and I've bumped into Kinji every couple of decades or so since.

Many of those who stuck around have carved out multigenerational families here.

As a teenager, hippies had the best music and threw the best parties — Egmont's "hippie stomps" were legendary.

But their impact has been absent from discussions of local history until now.

We'll never know just how large a role the outdoor marijuana industry played in our weakling micro-economy during the 1980s and 1990s.

But it likely wouldn't have existed without the early expertise, and seeds, that arrived with the hippies.

Many were college educated, including Van Arsdell who had a biology degree.

His education positioned him at the forefront of salmon farming as it developed, eventually teaching programs for others entering the industry.

Perhaps even more importantly, the hippies influenced the established conservatism of our isolated community by delivering fresh perspectives during a politically charged time.

Now, everyone's a little bit hippie and Egmont and Pender Harbour wouldn't be the same without them.

Thanks to Jon Van Arsdell, we now know a little more about why.

SCHOOL OF MUSIC COFFEEHOUSE: Friday, Feb. 10, 7 p.m.

This month, the Pender Harbour School of Music Coffee House presents an evening of great entertainment featuring Them Ordinary Things and The Locals. Doors open at 7 p.m., music starts at 7:30 p.m. and there is a \$10 suggested donation for admittance at the doors.

PENDER HARBOUR WOMEN'S CONNECTION: Tuesday, Feb. 14, 10 a.m.

In 2023, the Pender Harbour Women's Connection is celebrating its 24th anniversary by holding a Valentine party. Please join them at their Feb. 14 meeting (doors open at 9:30 a.m.) for chat, games with prizes and special refreshments. There is a drop-in fee of \$4.

P. H. COMMUNITY SCHOOL PRESENTS COOKING WITH STEVE: Fri. Feb. 24, 6 p.m.

Who couldn't learn to cook better? That is especially true with soups, sauces and stocks. And that just happens to be Steve's specialty. On Feb. 24, Steve, the executive chef from the West Coast Wilderness Lodge, will go over some tips and tricks for wowing the denizens of your dinner table. The class will take place on a single evening at the Pender Harbour Secondary School kitchen classroom and starts at 6 p.m. You must pre-register as space is limited and the cost is yet to be announced.

P. H. MUSIC SOCIETY PRESENTS THE SMALL GLORIES: Sunday, Feb. 26, 2 p.m.

Cara Luft and JD Edwards are a roots powerhouse duo from the Prairies, singing songs of love, loss and land, delivered with soaring, interwoven vocals on various combinations of stomping clawhammer banjo, guitar and harmonica. Luft, one of the original members of the folk trio, Wailin' Jennys, and Edwards, duplicate and reinforce each other's many strengths, yet allow their distinct personalities to shine through. The result is a live show that is as heartwarming as it is hilarious, as finger-picking proficient as it is relatable, and as Canadian as a Timbit.



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PHARA questions the province about DRIPA process

On Jan. 18, the Pender Harbour and Area Residents Association sent a letter to key members of the provincial government and chief and council of the Sechelt Indian Band regarding what they call a lack of consultation around ongoing negotiations with the First Nation.

Last summer, the province announced they had entered into discussion with the shìshàlh First Nation regarding new legislation aimed at implementing the United Nations Declaration on the Rights of Indigenous Peoples.

Article 7 of the Declaration on the Rights of Indigenous Peoples Act is the province's blueprint for decision making with First Nations:

"For the purposes of reconciliation, the Lieutenant Governor in Council may authorize a member of the Executive Council, on behalf of the government, to negotiate and enter into an agreement with an Indigenous governing body relating to one or both of the following:

"(a) The exercise of a statutory power of decision jointly by the Indigenous governing body, and the government or another decision-maker;

"(b) The consent of the Indigenous governing body before the exercise of a statutory power of decision."

In the letter, PHARA poses 22 questions about the process.

Board member Sean McAllister has taken the lead on this file.

McAllister is a former lawyer who now lives in Pender Harbour and told the *Harbour Spiel* that in light of the province's handling of the dock management plan, he is concerned about what DRIPA will mean.

McAllister points to rhetoric in an Aug. 2022 press release announcing the DRIPA process that hints how

it will be used as the framework for other authorizations in the province.

"It's not going to just be docks," said McAllister.

"It will be forestry, mining, fishing and it might even get down to building permits — anything you need an authorization for from the government, you may be going to the province for one stamp and going to the shìshàlh office for another."

In October 2018, the shìshàlh Nation and the BC government signed a "foundation agreement" that committed them to a shared decision-making process for land and resource authorizations throughout their traditional territory.

McAllister said DRIPA moves that relationship from "shared-decision making" to "joint-decision making" but, so far, the province has refused PHARA's request to be included in the process.

"We're taking exception to the fact that they are proceeding with that type of agreement, or they are starting the negotiations with the shìshàlh, without any consultation from the local population here," said McAllister.

"The result is going to be the government basically giving up its statutory decision-making position."

McAllister and PHARA are still questioning the implementation of the BC government and SIB's 2018 dock management plan.

With almost no consultation, the province and the SIB co-authored a plan that would see some waterfront property owners lose their foreshore rights or be required to rebuild their docks according to new requirements.

"We've had one Zoom meeting in July of 2021 and they basically will not schedule another one with us," said McAllister.

"They've refused."

Because this isn't his area of legal expertise, McAllister said PHARA consulted a lawyer specializing in Aboriginal law who informed much of the wording in their letter.

PHARA isn't alone in its concern about how the province is implementing UNDRIP.

In a June 15, 2021 *Vancouver Sun* column by Vaughn Palmer, Robin Junger, a former deputy minister of energy now specializing in Aboriginal law had this to say about the provincial government's move:

The plan "commits the B.C. government to entering into agreements that give Indigenous governing bodies statutory decision-making powers over non-Indigenous people and companies and/or a veto over decision-making by other statutory decision-makers."

Said Junger, "This is clearly more than the Crown's duty to consult, that has been established by the Supreme Court of Canada in relation to constitutionally protected assertions of Aboriginal rights and title.

"It is even more than the powers held by Indigenous groups in respect of proven Aboriginal title — as the Court has been clear, Indigenous groups do not have a complete veto even there."

McAllister said PHARA is just asking for a seat at the table to voice their concerns before it is too late.

"In the letter they sent us, they basically said, 'We've started negotiations with the shìshàlh and we're not ready to talk to you guys,'" he said.

"So, I guess they'll come out with their agreement and they'll give us 30 days to respond.

"They're terrible when it comes to discussions with the public."



Brian Lee

Traffic was diverted for approximately four hours after a small mudslide blocked Highway 101 on Dec. 27. The slide occurred just before noon immediately north of the Francis Peninsula Road intersection. Luckily, the Pender Harbour Volunteer Fire Department arrived on-scene soon after the slide and diverted traffic through Lagoon Road and Madeira Park.

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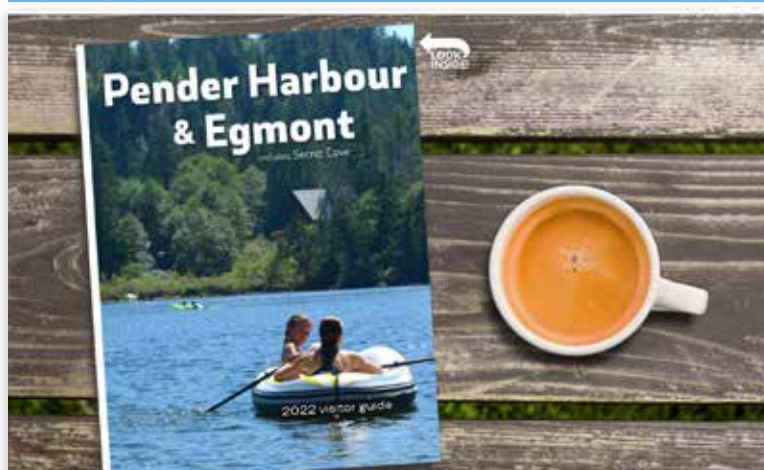
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space in the 2023 edition — out April 15!

Thieves attempt theft of two ATMs in Madeira Park Dec. 22

On Dec. 22, Sunshine Coast RCMP were alerted to two brazen break and enters involving attempted thefts of ATM machines in Madeira Park.

The Madeira Park branch of the Sunshine Coast Credit Union was broken into and an attempt made to remove the bank machine.

It is believed that the same suspect(s) also broke through the front entrance of the Grasshopper Pub where part of the ATM was removed.

Both attempts occurred between 5 a.m. and 6 a.m.

Police are looking for what appears to be a black or dark-coloured, first generation SuperDuty Ford F250 or F350 pick-up truck.

A truck matching this description that may be related to the break and enters that occurred in Madeira Park was stolen sometime after 8 p.m. on Dec. 21 from Binnacle Avenue in Sechelt.

That truck is a blue 2005 Ford F350 which was bearing BC licence plate HR2110 and is pictured right.

The truck has a grey strip running along the bottom of the truck and chrome over the windows.

Police are also looking to identify a suspect in security images seen



Sunshine Coast RCMP

Security images taken from the Grasshopper Pub of a suspect thought to be involved in a break in at the pub on the morning of Dec. 22 and a truck stolen in Sechelt the evening before that may be involved in the crime.

standing near the passenger side of the vehicle wearing a distinct jacket.

Anyone with any information about the stolen vehicle, or surveillance video in the area of either target location, is asked to contact Sunshine Coast RCMP at (604) 885-2266.



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2022 was record year for whales in the Strait of Georgia

According to the Pacific Whale Watch Association, 2022 saw record-breaking numbers of Bigg's killer whales and humpback whales spotted in the waters of British Columbia and Washington state.

There were 1,221 unique sightings of Bigg's killer whales in 2022 — 154 more than 2021's record and double the number of sightings five years ago, according to year-end data put together by the PWWA and local researchers.

Bigg's killer whales and humpback whales were the two types most frequently documented by whale watchers in 2022, spotted by PWWA crew members on 278 days and 274 days, respectively.

Grey whales were reported by the PWWA on 200 days, and minke whales on 158 days of the year.

While the salmon-eating southern resident killer whale population remains endangered and is rarely



Brian Lee

A humpback whale (*Megaptera novaeangliae*) feeding off Nelson Island on Oct. 15, 2022.

encountered by professional whale watchers, Bigg's (formerly "transient") killer whales feed on marine mammals, and have been increasing steadily for the past decade.

According to BC research group Bay Cetology, the coastal Bigg's population continues to grow, with approximately 370 individuals including 10 new calves welcomed in 2022.

Researchers with the Canadian Pacific Humpback Collaboration

reported that 396 individual humpback whales were photographed in the Strait of Georgia, Strait of Juan de Fuca and Puget Sound over the course of the 2022 season — the highest number documented in a single year for at least the past century.

That figure includes a record-breaking 34 mothers with calves who traveled from their tropical birthing grounds in Hawaii, Mexico, and Central America.

Local groups continue to benefit from the late Pat and Wayne Jobb

Pat and Wayne Jobb moved to Irvines Landing to retire in 2008.

The couple lived in Pender Harbour for only a short time but had an outsized effect by lending their skills and volunteering for a number of local organizations.

They brought considerable skills

with them which included a notable joint career in community newspapers before Pat diverged to library school (University of Alberta) and pursued a second equally distinguished career as a regional and public library director.

Pat died in 2012 and Wayne in 2021 but the community continues to

benefit from their generosity.

It was recently announced by their executor, Wayne's sister Gayle Collier, that the couple left over \$157,000 to a variety of local organizations.

The Jobbs left \$31,365 each to the Pender Harbour and District Chamber of Commerce and the Pender Harbour Music Society.

The Pender Harbour Reading Centre and the Harbour Gallery Artists' Co-op in the Madeira Park Cultural Centre both received \$15,682.

Finally, Sechelt Hospital received \$62,913 from their estate.

The couple are buried together in Gibsons' Seaview Cemetery.



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Coast property values go up and down

According to recent data released by BC Assessment, growth in the Sunshine Coast real estate market depends on location.

BC Assessment develops and maintains real property assessments throughout BC in addition to providing real property information.

Egmont and Earls Cove properties rose by 9.9 per cent while in Pender Harbour, the average “single family residential” home rose by 9.5 per cent last year.

BC Assessment’s “Market Movement” data doesn’t reflect the current state of the market.

Instead, the data presented reflects change from July 1, 2021 to July 1, 2022.

The high flying property values of Ruby and Sakinaw Lakes slowed somewhat, only seeing a modest one per cent average rise in value.

Across Agamemnon Channel, Nelson and Hardy Island homeowners saw their assessed values drop by 2.4 per cent.

The popular recreation properties on Thormanby Island held strong, rising by 10.1 per cent on average.

Meanwhile, down the Coast in Halfmoon Bay, a single family home’s value rose by 10 per cent.

Residents living in the District of Sechelt saw the highest gains on the Coast with where the average value rose by 13.6 per cent.

Commercial properties in the

DoS rose by 17.9 per cent.

Not a single Sunshine Coast property cracked the Top 500 list for “top valued residential properties” in BC although four from Bowen Island did, all valued over \$12 million.

BC Assessment operates as an independent, provincial Crown corporation, governed by a board of directors and is accountable to the government of BC.



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The Loon Foundation (formerly the Ruby Lake Nature Reserve Society) recently received \$65,000 in federal funding for their ‘Tranquility Garden’ under construction behind the Earthfair Store in Madeira Park. According to the Loon Society, the garden will be completed this spring and will provide ‘an accessible open air community space that will facilitate opportunities to gather in a safe outdoor environment and build connections around science, ecology, art, and culture.’ The outdoor space will showcase native and medicinal plants, outdoor artworks by local and Indigenous artists, a waterfall, a fire pit and a stage with a seating area.



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Recycling just got easier



*Leonard Lee
Area A director, SCRD*

Plastic bags and overwrap from other plastic packaging no longer needs to be separated but can go directly into a single GRIPS bin called “flexible plastics,” replacing the two former categories of plastic bags and overwrap and other flexible plastic packaging, and adding more common items including plastic sandwich bags, freezer bags and plastic drop sheets.

This change is the result of an amendment to the BC Recycling Regulation, which also expanded the list of items which can be deposited for free at “the right side” of GRIPS, including packaging and single-use

products such as plastic straws, stir sticks, knives, spoons and forks.

Visit RecycleBC.ca/Materials for a downloadable list of over 30 more items now accepted for recycling.

For the very curious, scroll to the bottom of that page for background information and click “View the details of the regulation amendment” and “View the amendments to the recycling regulation explanatory notes” for amazingly detailed but easy to read details of how all this came to be.

WATER SUMMIT

On Jan. 16, all our local governments met for a water summit at the shíshálh Nation Hall to explore how we can work together on the Coast’s water crisis.

This meeting focused on the

history of our water services, projects that are underway, and the nature of the challenges we face.

After Chief Warren Paull welcomed us to the gathering, Steven Feschuk, protector of culture, gave an interesting talk on the history of how the shíshálh people came together in ch’atlich, and the early history of the Chapman water system, which consisted of a wooden trough that supplied water to shíshálh lands.

Due to COVID, it’s been about three years since our locally elected officials and senior management came together in person, and we agreed on the need to meet more often to build communication and collaboration.

CONCERNS OF THE SOUTH

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UPCOMING MEETINGS

Committee of the Whole
February 9 at 9:30 a.m.

Regular Board
February 9 at 2:00 p.m.

Finance Committee
(Round 2 Budget)
February 21 and 22

Committee of the Whole
February 23 at 9:30 a.m.

Regular Board
February 23 at 2:00 p.m.

Agendas and links to video-streaming for meetings are available at
www.scrd.ca/agendas

Pender Harbour Satellite Office — NEW HOURS

Please note that the following hours are now in place at the Pender Harbour Satellite Office:

Monday	7:00 a.m. to noon
Tuesday	closed
Wednesday	8:30 a.m. to 4:30 p.m.
Thursday	closed
Friday	7:00 a.m. to noon



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provide their constituents with monthly updates on the items they believe are of special interest, including two SCRD directors to the south of us.

Donna McMahon, Area E (Elphinstone) director and SCRD board vice-chair, continues her monthly newsletter found at *EverythingElphinstone.ca*.

Justine Gabias, Area B (Halfmoon Bay) director, provides “The Towhee” newsletter at *Halfmoon-BayNews.ca*.

SCRD BUDGET 2023

The 2023 SCRD budget cycle started Dec. 5, 2022, and is scheduled to end March 23.

In the pre-budget meetings of Dec. 5 to 7, most projects and initiatives championed by one or more SCRD departments progressed to the formal budget process, but some were cancelled and others were shelved for future consideration.

UTILITY RATES

A Dec. 9 special SCRD committee of the whole meeting finalized amendments for 2023 water and wastewater utility rates, which were adopted Dec. 15.

ROUND ONE

Between Jan. 23-25, the SCRD board considered projects and initiatives from pre-budget meetings, new initiatives, and recent community partner funding requests from groups that support established SCRD functions such as libraries, museums, and community schools.

Funds granted to the P. H. Reading Centre, P. H. Health Centre, P. H. Community School, and P. H. Chamber of Commerce are typically requisitioned only from Area A (Egmont

and Pender Harbour) taxpayers.

A Sechelt Public Library request will likely be funded by Egmont-Pender, Sechelt, Halfmoon Bay, and Roberts Creek.

The P. H. Community School’s youth programs and the Sechelt Community School’s youth centre will be funded by all five rural areas (Egmont and Pender, Halfmoon Bay, Roberts Creek, Elphinstone, and Howe Sound), the District of Sechelt, Town of Gibsons, and shíshálh Nation government district).

Round one tax increases included about \$1.6 million of community partners funding, an approximate 8 per cent increase from 2022, and an increase to the overall taxation of the 2023-2027 financial plan by \$2.3 million or 9.01 per cent from 2022 (Area A preliminary results indicate increases from 4.5 per cent to 18 per cent).

ROUND TWO

On Feb. 21-22, “sober second thought” will be given to the projects and initiatives that made it out of round one and possibly new projects, but changes are typically fine tuning.

BUDGET ADOPTION

March 23 will see final adoption of our 2023 budget, with big bills for things like water, wastewater, and solid waste — which will leave no one happy.

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Top 20 BC bestsellers of 2022

The Association of Book Publishers of BC's annual bestseller list is compiled using sales data from more than 80 independent BC bookstores and is based on sales between Jan. 1, 2022 and Dec. 31, 2022, of titles published in the 2022 calendar year.



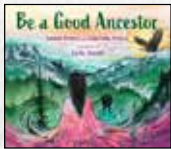
1. Return to Solitude: More Desolation Sound Adventures with . . .

by Grant Lawrence
Harbour Publishing | 9781550179712



2. Framed in Fire: A Lane Winslow Mystery

by Iona Whishaw
TouchWood Editions | 9781771513807



3. Be a Good Ancestor

by Leona Prince & Gabrielle Prince,
illustrated by Carla Joseph
TouchWood Editions | 9781771513807



4. I Hope

by Monique Gray Smith,
illustrated by Gabrielle Grimard
Orca Book Publishers | 9781459825932



5. With Our Orange Hearts

by Phyllis Webstad,
illustrated by Emily Kewageshig
Medicine Wheel Educ. | 9781989122976



6. Fortune Knox Once: More Musings from the Edge

by Jack Knox
Heritage House Pub. | 9781772034172



7. Cold Case BC

by Eve Lazarus
Arsenal Pulp Press
9781551529073



8. Still This Love Goes On

by Buffy Sainte-Marie,
illustrated by Julie Flett
Greystone Books Ltd. | 9781771648073



9. Weird Rules to Follow

by Kim Spencer
Orca Book Publishers
9781459835580



10. Best Hikes and Nature Walks with Kids in and Around S.W. BC

by Stephen Hui
Greystone Books Ltd. | 9781771645973



11. Alone in the Great Unknown: One Woman's Remarkable Adventures

by Carroll Simpson
Harbour Publishing | 9781550179941



12. Ben the Sea Lion

by Roy Henry Vickers
Harbour Publishing
9781550179736



13. Forest Walking: Discovering the Trees and Woodlands of N. A.

by Peter Wohlleben & Jane Billingham
Greystone Books Ltd. | 9781771643313



14. When Trains Ruled the Kootenays: Short History of Railways in S.E. BC

by Terry Gainer
Rocky Mountain Books
9781771604017



15. A Season on Vancouver Island

by Bill Arnott
Rocky Mountain Books
9781771605779



16. Drum from the Heart

by Ren Louie, illus. by Karlene Harvey
Medicine Wheel Publishing
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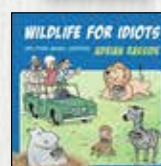
17. Let's Go Biking: Vancouver Island, Gulf Islands & Sunshine Coast

by Colleen MacDonald
Let's Go Biking | 9781775308164



18. The Quiet in Me

by Patrick Lane
Harbour Publishing | 9781550179811



19. Wildlife for Idiots and Other Animal Cartoons

by Adrian Raeside
Harbour Publishing | 9781550179323



20. The Rooming House: The West Coast in the Seventies

by Michael Kluckner
Midtown Press | 9781988242460

PHMS Coffee House: The most enjoyable Friday evening

submitted

What do Penny Lang, Bits of String, Anna Lumiere, Simon Paradis, Katrina Bishop, Joe Stanton, Devon Hanley, Nikki Weber, ShBoom, So-kole, Linda Williams, Ted and Joan, Reflections, SASS, Edmund Arceo, AnaGram, Val and Julie Rutter, Reg and Lynne Dickson, and George Connell have in common?

They, and dozens more, are all alumni of the hugely successful Pender Harbour Music Society Coffee House.

Our community's salute to local artists is back — on the the second Friday of every month.

Since March 2012, the Coffee House has been the home of wonderful music, giving artists of all genres and ages, from emerging artists to others well-established, an authentic stage experience.

All are drawn to our perfect intimate venue which, on Coffee House evening, magically transforms to a cabaret.

Performers enjoy an authentic stage experience with professional lighting and sound support.

Glenn Sernyk, who along with Joanne Mauro is one of the founders, brings the technical expertise to Coffee House.

Sernyk has worked in this field his whole career, and expertly assists each act with set-up, sound check, and coaching so their act has the optimum presentation.

Musicians have complimented organizers on their warm reception at Coffee House and invariably contact us wanting to return.

Artists come from throughout the Sunshine Coast.

They are all ages, all combina-



submitted

Some past performers at Madeira Park's School of Music Coffeehouse.

tions of ensembles and instruments, and even poets.

New artists learn from observing the more experienced acts, and all celebrate the experience of performing, whether first-time performers or more seasoned artists honing a new set list before their concerts.

The PHMS board and community volunteers assist with set-up and front of the house support.

Prior to COVID, dessert with coffee was served and it's hoped to offer that once again in the New Year.

In the meantime, Marilyn Macleod, who is very knowledgeable about the local music scene, is now booking acts.

An appreciative and supportive audience is what makes Coffee House performances so special for our artists.

The Coffee House resumes at the Pender Harbour School of music with Them Ordinary Things and The Locals on Friday, Feb. 10.

Doors open at 7 p.m. and the concert starts at 7:30 p.m.

A suggested admission of \$10 is mostly split between the performers.

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1. Couple that owned the IGA in Madeira Park prior to Troy and Lorie Callewaert's purchase in 2006.

- ☐ a. Rob and Janice Metcalfe
- ☐ b. Larry and Linda Curtiss
- ☐ c. Bill and Gail Ewen
- ☐ d. Morley and Pat Luscombe

2. Approximately how much water passes through the Skookumchuck during a 3m (9.8 foot) tide?

- ☐ a. 200 million U.S. gallons
- ☐ b. 200 billion U.S. gallons
- ☐ c. 750 billion U.S. gallons
- ☐ d. 1.2 trillion U.S. gallons

3. Where is the Malaspina Substation?

- ☐ a. Nelson Island
- ☐ b. North of P. H. Golf Course
- ☐ c. Middlepoint Forest Service Road
- ☐ d. Egmont Road

4. Which prolific commercial fish boat builder recently died?

- ☐ a. Russ Keillor
- ☐ b. Don Penson
- ☐ c. Fred Crosby
- ☐ d. Barrie Farrell

5. The popular Dan Bosch Regional Park sits on which lake?

- ☐ a. Lily
- ☐ b. Sakinaw
- ☐ c. Mixal
- ☐ d. Ruby

6. Which is the lowest local hill/mountain?

- ☐ a. Pender Hill
- ☐ b. Mount Daniel
- ☐ c. Cecil Hill
- ☐ d. Mt. Hallowell

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

PENDER HARBOUR WILDLIFE SOCIETY

The Pender Harbour Wildlife Society is hosting their annual general meeting on Feb. 21 with guest speaker Ray Kostaschuk.

A local resident and geoscientist specializing in sedimentary processes in rivers, lakes and estuaries, Ray Kostaschuk will be presenting to the PHWS the environmental impacts of the Mount Polley mine tailing dam catastrophe.

On Aug. 4, 2014, the collapse of the Mount Polley mine tailings dam in central British Columbia released 25 million cubic metres of water, tailings solids, dam construction materials and heavy metals into nearby Hazeltine Creek. The spill created a massive debris flow that scoured the creek, removing sediment and vegetation from the channel and floodplain. The debris flow transported 18.6 million cubic metres of contaminated sediment into previously pristine Quesnel Lake, forming a deposit up to 15m. thick on the lake bed.

Swift removal of tailings and river corridor stabilization of Hazeltine Creek has reduced long-term chemical impacts from the stream. However, fine sediment and contaminants continue to be seasonally mobilized from the lake deposit into the water column of Quesnel Lake and released into the Quesnel River, part of the Fraser River watershed. The Mount Polley mine tailings dam failure will impact the environment, wildlife and First Nations for decades to come.

The wildlife society invites all that are interested to learn more about the spill and the cleanup of Hazeltine Creek to a virtual presentation on Feb. 21 at 7 p.m. Please email info@penderharbourwildlife.com for a link to the Zoom meeting. The society's AGM will follow the meeting with the appointment of officers to the 2023 board of directors.



submitted

The guest speaker at the P. H. Wildlife Society AGM on Feb. 21 will be Ray Kostaschuk. Kostachuk is an adjunct professor in the school of environmental science at Simon Fraser University. He has conducted research on a wide range of topics but his ongoing research includes dunes in the Fraser River and sedimentation in Kluane Lake in the Yukon.

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Seasonal high tides on Dec. 27 coincided with heavy rains that swelled Pender Harbour's banks in many places. The annual saltwater seen above. These photos were taken in the morning of Dec. 27, just after the peak of the 17.1-foot (5.2 m.) tide.



Brian Lee photos

spectacle stranded those in the Garden Bay Estates area, or at least who preferred not to submit their vehicles to the corrosive

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pender harbour tides ~ february 2023

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



January	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Sun 01	11.3	12.0	12.1	11.8	11.3	10.9	10.9	11.5	12.5	13.6	14.7	15.4	15.4	14.7	13.2	11.2	8.9	6.9	5.3	4.6	4.6	5.4	6.8	8.5
Mon 02	10.3	11.9	12.9	13.3	13.1	12.6	12.1	12.0	12.3	13.0	13.9	14.6	15.0	14.8	13.7	11.9	9.7	7.4	5.5	4.1	3.6	4.0	5.1	6.9
Tue 03	8.9	11.0	12.8	13.9	14.3	14.1	13.5	12.8	12.5	12.6	13.1	13.8	14.4	14.5	14.0	12.6	10.6	8.3	6.1	4.3	3.2	3.0	3.8	5.3
Wed 04	7.4	9.7	12.0	13.7	14.8	15.0	14.6	13.8	13.1	12.6	12.7	13.1	13.6	14.0	14.0	13.1	11.5	9.3	7.0	4.9	3.4	2.7	2.8	4.0
Thu 05	5.9	8.2	10.7	13.0	14.6	15.4	15.3	14.7	13.8	12.9	12.5	12.6	13.0	13.5	13.7	13.4	12.3	10.4	8.2	5.9	4.0	2.8	2.4	3.0
Fri 06	4.5	6.7	9.3	11.8	13.9	15.2	15.6	15.2	14.4	13.4	12.6	12.2	12.4	12.9	13.3	13.5	12.9	11.5	9.5	7.2	5.1	3.4	2.5	2.5
Sat 07	3.5	5.4	7.9	10.5	12.9	14.7	15.6	15.5	14.8	13.8	12.8	12.1	12.0	12.3	12.8	13.2	13.2	12.3	10.7	8.6	6.4	4.4	3.1	2.5
Sun 08	2.9	4.3	6.5	9.1	11.7	13.8	15.2	15.6	15.2	14.2	13.1	12.1	11.6	11.7	12.2	12.7	13.0	12.8	11.8	10.0	7.9	5.8	4.1	3.0
Mon 09	2.9	3.7	5.5	7.9	10.5	12.9	14.6	15.5	15.4	14.6	13.5	12.4	11.5	11.2	11.5	12.0	12.6	12.8	12.4	11.2	9.4	7.4	5.5	4.1
Tue 10	3.4	3.7	4.9	6.9	9.4	11.8	13.9	15.2	15.5	15.0	14.0	12.7	11.6	10.9	10.8	11.2	11.8	12.3	12.5	11.9	10.6	8.9	7.1	5.5
Wed 11	4.4	4.2	4.8	6.4	8.5	10.9	13.1	14.7	15.4	15.3	14.4	13.2	11.8	10.7	10.2	10.3	10.8	11.4	11.9	12.0	11.5	10.3	8.7	7.2
Thu 12	5.9	5.3	5.4	6.3	8.0	10.2	12.3	14.1	15.2	15.4	14.8	13.7	12.2	10.8	9.8	9.4	9.6	10.2	10.9	11.5	11.6	11.2	10.2	8.9
Fri 13	7.7	6.8	6.5	6.9	8.0	9.7	11.7	13.4	14.7	15.3	15.0	14.0	12.6	11.1	9.7	8.8	8.5	8.8	9.5	10.3	11.0	11.3	11.1	10.4
Sat 14	9.5	8.6	8.0	7.9	8.5	9.7	11.3	12.9	14.2	15.0	15.0	14.3	13.1	11.4	9.7	8.3	7.5	7.4	7.9	8.7	9.8	10.7	11.3	11.4
Sun 15	11.0	10.4	9.8	9.4	9.5	10.1	11.2	12.4	13.7	14.5	14.9	14.5	13.5	11.9	10.0	8.3	6.9	6.2	6.2	6.8	7.9	9.2	10.5	11.5
Mon 16	12.0	12.0	11.6	11.2	10.9	10.9	11.4	12.2	13.2	14.1	14.6	14.6	13.8	12.4	10.5	8.5	6.7	5.3	4.7	4.9	5.7	7.1	8.7	10.4
Tue 17	11.8	12.8	13.1	12.9	12.5	12.1	12.0	12.2	12.9	13.6	14.3	14.6	14.2	13.1	11.3	9.2	7.0	5.1	3.8	3.3	3.7	4.8	6.5	8.6
Wed 18	10.7	12.5	13.7	14.2	14.1	13.6	13.0	12.7	12.7	13.2	13.8	14.3	14.5	13.9	12.5	10.4	8.0	5.7	3.7	2.4	2.1	2.6	4.1	6.2
Thu 19	8.7	11.2	13.3	14.7	15.2	14.9	14.3	13.5	12.9	12.9	13.3	13.9	14.4	14.5	13.7	12.1	9.7	7.1	4.6	2.5	1.3	1.1	1.9	3.8
Fri 20	6.3	9.2	12.0	14.2	15.6	15.9	15.4	14.5	13.5	12.8	12.7	13.2	13.9	14.4	14.5	13.7	11.9	9.3	6.5	3.8	1.8	0.6	0.5	1.7
Sat 21	3.9	6.8	10.0	12.9	15.1	16.2	16.2	15.4	14.3	13.1	12.4	12.4	12.9	13.7	14.4	14.6	13.7	11.8	9.1	6.1	3.4	1.4	0.3	0.5
Sun 22	2.0	4.5	7.7	11.0	13.8	15.8	16.6	16.2	15.1	13.7	12.4	11.7	11.8	12.5	13.5	14.3	14.5	13.6	11.6	8.9	6.0	3.4	1.5	0.7
Mon 23	1.2	2.9	5.7	9.0	12.2	14.8	16.4	16.6	15.9	14.5	12.8	11.5	10.9	11.1	11.9	13.0	13.9	14.1	13.3	11.5	8.9	6.2	3.8	2.1
Tue 24	1.6	2.4	4.4	7.3	10.5	13.4	15.6	16.6	16.4	15.3	13.6	11.8	10.4	9.9	10.2	11.2	12.4	13.3	13.6	13.0	11.3	9.0	6.6	4.6
Wed 25	3.3	3.2	4.2	6.4	9.2	12.1	14.6	16.2	16.6	15.9	14.4	12.5	10.6	9.3	8.8	9.2	10.2	11.5	12.5	13.0	12.5	11.2	9.4	7.4
Thu 26	5.8	5.0	5.2	6.4	8.5	11.1	13.5	15.5	16.4	16.3	15.2	13.4	11.4	9.5	8.2	7.8	8.2	9.3	10.6	11.7	12.3	12.1	11.3	9.9
Fri 27	8.5	7.4	7.0	7.3	8.6	10.5	12.7	14.6	15.8	16.2	15.6	14.2	12.3	10.2	8.3	7.1	6.8	7.3	8.3	9.6	10.9	11.7	11.9	11.6
Sat 28	10.8	9.9	9.2	9.0	9.4	10.6	12.1	13.7	15.0	15.7	15.7	14.8	13.1	11.1	9.1	7.3	6.2	5.9	6.4	7.4	8.7	10.1	11.3	12.0
Sun 29	12.1	11.8	11.3	10.9	10.7	11.1	12.0	13.1	14.2	15.0	15.3	14.9	13.7	12.0	10.0	8.0	6.4	5.4	5.2	5.6	6.6	8.0	9.6	11.0
Mon 30	12.2	12.8	12.9	12.6	12.3	12.1	12.2	12.8	13.5	14.1	14.6	14.6	14.0	12.7	10.9	8.9	7.0	5.6	4.7	4.6	5.1	6.3	7.9	9.6
Tue 31	11.3	12.7	13.6	13.9	13.7	13.3	12.9	12.8	13.0	13.4	13.8	14.1	13.9	13.1	11.7	9.9	8.0	6.2	4.8	4.1	4.1	4.9	6.3	8.1

Community gathers to toast Cameron



This story originally appeared in the February 2013 issue of the Harbour Spiel.

Over 80 people showed up at the P. H. Community Hall on

Jan. 12 to offer congratulations to Muriel Cameron for receiving the Queen Elizabeth II Diamond Jubilee medal.

Cameron was awarded the medal for her many years of community service as a founding member of the Pender Harbour Community Club and the Pender Harbour Health Centre Auxiliary.

The tea was organized by volunteers and members of the P. H. Community Club and featured a few close friends and acquaintances of Cameron who shared some memories.

Each of the speakers made an effort to reassure Cameron that she deserved the award by listing some of her contributions to the community over the years.

Cameron was born a Wray and was the first person to graduate from high school in Pender Harbour.

She married Bill Cameron soon after and in 1948 the two of them moved to the property on Shark Lane she still calls home.

Sunny Charboneau recalled a recent story in which members of the P. H. Community Club were frustrated with highways maintenance crews for not fixing a dangerous pothole in front of the community hall.

“Then one day I was looking out the window and I see this lady with rollers in her hair — she usually has rollers in her hair, she must have a terrible hairdresser — a bucket and a bag.

“Later I found out Muriel took a bucket of rocks, a bag of cement and
February 2023



Brian Lee photo

Muriel Cameron was the guest of honour at a tea held at the P. H. Community Hall to celebrate her receiving the Queen Elizabeth II Diamond Jubilee medal on Jan. 12, 2013.

she fixed the hole. Shame on us.”

“She is a number 1 lady although, in the past couple of years, she has picked up some really bad

habits,” said Charboneau.

“She swears like a truck driver.”

“Nevertheless, we all admire you Muriel and we all love you.”

Pender Harbour Music Society presents:

THE SMALL GLORIES



**Sunday
Feb. 26
2pm**

Roots powerhouse duo from the Prairies, singing songs of love, loss and land.

PENDER HARBOUR SCHOOL OF MUSIC

TICKETS \$30 @ www.penderharbourmusic.ca, Harbour Insurance or Strait Music (Sechelt)

FEBRUARY BIRTHDAYS

- Feb. 1 ~ **Randy Rayment and Earl Stewart.**
Feb. 2 ~ **Mary Cochet, Jennifer Jones and Paola Stewart.**
Feb. 3 ~ **Chloe Campbell and Lorna Rousseau.**
Feb. 4 ~ **Rob Alliston, Susan Hardie and Joyce Soper.**
Feb. 5 ~ **Roland Fritz**
Feb. 6 ~ **Lachlin Rand.**
Feb. 9 ~ **Jackie Crowell.**
Feb. 10 ~ **Eddie Smith.**
Feb. 11 ~ **Cody Pantages, Scott Smith and Chris Garbers.**
Feb. 12 ~ **Tony Rabachuk.**
Feb. 13 ~ **Kim McCanse.**
Feb. 14 ~ **Steve Morton, Christine Fenn and Elsie Rennie.**
Feb. 15 ~ **Shawna Lee Edwardson.**
Feb. 16 ~ **Carly Bloch, Irene Boyd and Evan Silvey.**
Feb. 17 ~ **Dot Farrell, Daniel Dore and Jessica Munro.**
Feb. 18 ~ **Rick Smalley.**
Feb. 19 ~ **Debbie Cole and Joan McDougall.**
Feb. 21 ~ **Ethan Enns, Ryan Phillips, Helen LeBlanc and Cathy Silvey.**
Feb. 22 ~ **Chelsea Scoular.**
Feb. 23 ~ **Tony Botticelli, Evelyn Cumming and Donna Campbell.**
Feb. 24 ~ **Debbie Rand.**
Feb. 25 ~ **Bruce Haines.**
Feb. 27 ~ **Neale Smith, Rick Jones and Gunnar Silvey.**
Feb. 28 ~ **Nolan Percival, Trevor Morin, Bob Walsh, Erin Fraser and Sharlene Gamble.**

FEBRUARY ASTROLOGY



AQUARIUS: JAN. 20 - FEB. 18

Aquarians are original, independent humanitarians who shy away from emotional expression. This often makes them seem uncompromising and aloof. Aquarians are thoughtful listeners but they rarely tolerate someone they disagree with. Going forward in 2023, hold on tight to your money. Your financial future is unclear as the first half of the month until the 15th of February may not be good as Saturn and Mercury are doing their own thing and causing havoc. Cats will be deeply attracted to you during this time.



PISCES: FEB. 19 - MAR. 20

The finest of the signs, Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics. Pisceans are blessed with the favour of the stars but this month, your appeal will be somewhat blunted. You'll still glow like a heroic beacon of light among the dark trolls who fall under all other signs, just less so. By Feb. 27, your gleam will return anew, and more powerful than ever. Blessed be the Pisces.

BC BESTSELLERS

For the week ending January 14, 2023

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

1. **Cold Case BC: The Stories Behind the Province's Most Sensational Murder and Missing Person Cases** by Eve Lazarus (Arsenal Pulp Press)
2. **Incredible Crossings** by Derek Hayes (Harbour Publishing)
3. **Still This Love Goes On** by Buffy Sainte-Marie, illustrated by Julie Flett (Greystone Books)
4. **Alone in the Great Unknown** by Carroll Simpson (Harbour Publishing)
5. **A Season on Vancouver Island** by Bill Arnott (Rocky Mountain Books)
6. **Mushrooming: The Joy of the Quiet Hunt** by Diane Borsato, illustrated by Kelsey Oseid (Douglas & McIntyre)
7. **Return to Solitude: More Desolation Sound Adventures...** by Grant Lawrence (Harbour Publishing)
8. **Be a Good Ancestor** by Leona Prince & Gabrielle Prince, illus. by Carla Joseph (Orca Book Publishers)
9. **Gold, Grit, Guns** by Alexander Globe (Ronsdale Press)
10. **With Our Orange Hearts** by Phyllis Webstad, illustrated by Emily Kewageshig (Medicine Wheel Education)

~ Association of Book Publishers of BC



LOVE & MONEY

49%

Percentage of Canadians who believe it is easier to find true love than financial success.

49%

Just under half of married respondents spent less than \$5,000 on their wedding.

31%

Percentage of married respondents who spent between \$5,000 and \$15,000 on their wedding.

46%

Percentage of Canadians who say the couple should pay for all the wedding costs.

16%

Percentage of couples who fear they will not retire — the leading financial concern amongst respondents.

56%

Canadian couples surveyed who say they open up about their finances within the first six months of their relationships.

53%

Percentage of Canadian millennials who agree with their partner on the expenses they want versus need.

56%

Percentage of engaged couples whose wedding plans were affected by the pandemic and who chose to postpone or downsize their big day because of it.

~ TD Bank Group survey (2021)

FEBRUARY WEATHER

TEMPERATURES, MERRY ISLAND

Our average February daily high temperature is 7.5 C; average low is 3.4 C, giving us a mean daily temperature of 5.5 C. The highest February temperature recorded is 14.3 C (Feb. 27, 1986); the lowest is -10.1 C (Feb. 13, 1990).

PRECIPITATION, MERRY ISLAND

February should have about 85.7 hours of bright sunshine (the most since October), 16 days with measurable rainfall and one day with measurable snowfall. February should have a total rainfall of 99 mm and a total snowfall of 7 cm. The highest February daily rainfall recorded is 49 mm (Feb. 11, 1983); the highest February daily snowfall recorded is 22.9 cm (Feb. 15, 1983).

SKOOKUMCHUCK VIEWING TIMES

FEBRUARY

DATE-TIME-SIZE (small, medium, large, **extra large**)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

1. 8:41 AM -S, 12:51 PM +S
2. 9:35 AM -S, 1:42 PM +S
3. 10:14 AM -S, 2:47 PM +S
4. 10:47 AM -M, 3:08 PM +M
5. 11:20 AM -M, 3:47 PM +M
6. 11:53 AM -M, 4:26 PM +M
7. 12:26 PM -M
8. 12:59 PM -M
9. 1:30 PM -L
10. 1:59 PM -L
11. 2:28 PM -L
12. 8:05 AM +L, **3:00 PM -XL**
- 13. 8:38 AM +L, 3:14 PM -XL**
- 14. 9:35 AM +M, 3:59 PM -XL**
15. 10:52 AM +S
16. 8:01 AM -S, 12:20 PM +S
17. 9:05 AM -S, 1:28 PM +M
18. 9:55 AM -M, 2:23 PM +M
19. 10:42 AM -M, 3:15 PM +L
20. 11:19 AM -L, 4:06 PM +L
21. 12:10 PM -L, 5:10 PM +L
22. 12:58 PM -L
- 23. 1:40 PM -XL**
- 24. 2:11 PM -XL**
- 25. 2:48 PM -XL**
- 26. 8:00 AM +, 3:35 PM -XL**
27. 8:33 AM +M, 4:18 PM -L
28. 9:35 AM +S, 5:13 PM -L

These are estimates only and not intended for navigation.



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela, Dr. Endre Sinkovics

Darlene Fowlie – Hygienist

Monika Miller – Hygienist

Rosa Seda – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Implants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

(604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 883-2764

Dr. Colin Sutton

By appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Ali Manavi, Coastline Health and Performance Chiropractors

- Wednesdays, call (604) 883-2764 or visit coastlinehealth.janeapp.com to book appointment

HEARING CLINIC – (604) 885-0155

Hear on the Coast

Terra Dannes – Registered Hearing Instrument Practitioner

- Full diagnostic hearing evaluations
- Fitting, cleaning, & maintenance of hearing instruments



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment

CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

ADULT DAY PROGRAM: Dementia Care-Giver Support Group. Call (604) 883-2764 ~ Community Co-ordinator.

First-class health care for the people of the Pender Harbour area.

This month, think of your heart too

*Compiled by Pender Harbour Health
Centre nursing staff*

February is heart awareness month, dedicated to raising awareness about heart disease and prevention.

In 2020, heart disease (53,704) was the second leading cause of death in Canada after cancer, and stroke (13,695) was the fifth leading cause of death.

Deaths directly attributable to COVID-19 ranked third in Canada in 2020.

Eight in 10 Canadians have at least one risk factor and 11 per cent have three or more.

RISK FACTORS

- High blood pressure;
- Smoking;
- High blood glucose or diabetes;
- Physical inactivity;
- Unhealthy diet;
- High blood cholesterol/lipids levels;
- Excess weight and,
- Family history.

If you have one or more of these risk factors, let's help you get motivated on making some changes.

If you have high blood pressure make sure that you are getting it checked regularly and if you are on blood pressure medications it is important to take them as ordered.

SMOKING

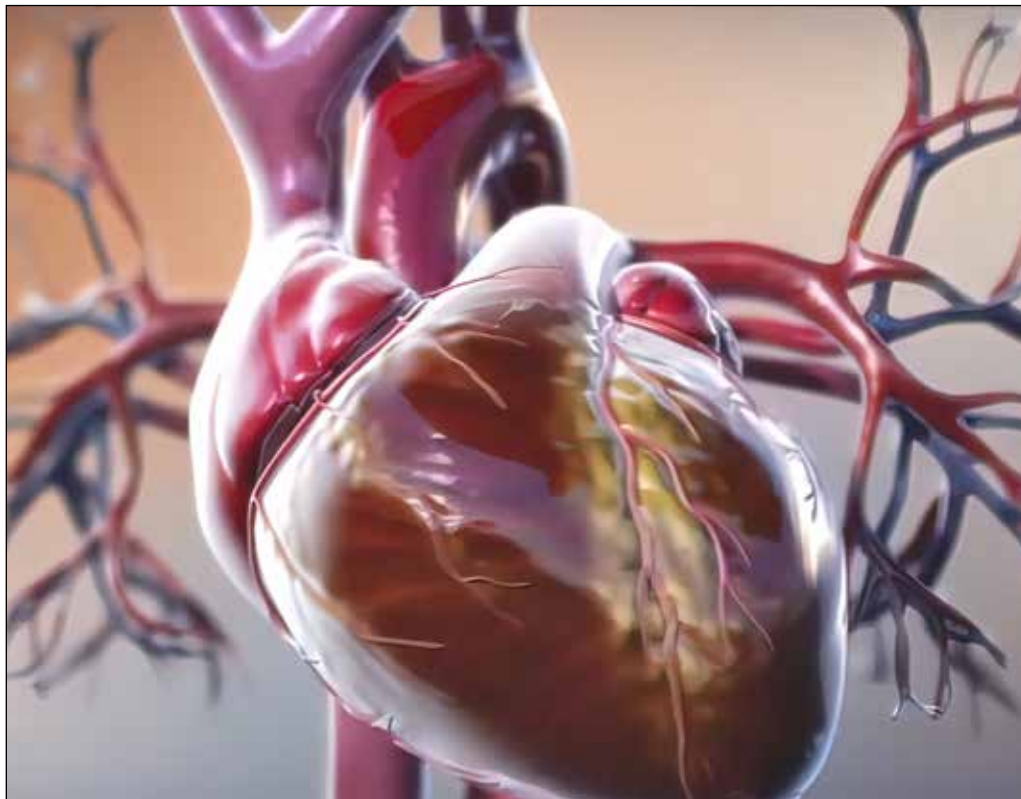
Visit quitnow.ca or call 811, the health information line, to register for the provincial government's free quit smoking service.

HIGH BLOOD SUGAR

Make sure you monitor your blood sugars regularly at home.

Have your A1Cs done every three months.

February 2023



PHYSICAL INACTIVITY

Start small, exercising 10 minutes, three times a day rather than 30 minutes straight.

Get a buddy to help you be more accountable.

Talk to the folks at the P. H. Aquatic and Fitness Centre about some of the excellent programs being offered.

UNHEALTHY DIET

Start by reading food labels.

Consider choices that are lower in salt, sugar and fats.

Eating three meals a day reduces the vulnerability to unhealthy snacking.

Increase your intake of fruits and vegetables.

HIGH CHOLESTEROL/LIPIDS

See your doctor regularly and get your fasting blood work done.

If you are on medications, take them as ordered.

Meet with a dietician if you have questions or concerns.

EXCESS WEIGHT

There are some simple things that can help you lose weight.

Try using a smaller plate.

Eating whole grains, fruits and vegetables will reduce calories while adding bulk and giving you a satisfied feeling.

FAMILY HISTORY

If you have a family history of cardiovascular disease, make sure that you are taking the steps to maintain a healthy lifestyle.

Make sure your doctor is aware of the family history so that screening tests will be ordered as needed.

The P. H. Health Centre is a resource centre for the BC Heart and Stroke Foundation.

We have DVDs, books and many pamphlets here for you — please check it out.



P. H. Golf Club

Pender Harbour Golf Course, 1985

The Pender Harbour Golf Course clubhouse as it looked in 1985. The 9-hole course officially opened on June 21, 1986.

From “Pender Harbour Golf Course hits 25 year milestone,” (Harbour Spiel, June 2011):

“It was initially expected that the nine-hole golf course would cost approximately \$550,000 with financing obtained through a combination of federal and provincial grants, debentures, the sale of memberships and a variety of fundraising efforts. A federal grant was available to get the project off the ground but first the club needed to raise \$75,000 of its own.

“The society decided to sell 150 ‘charter life memberships’ for \$500 each. Charter memberships were different than the Pathfinder memberships that were to come later. They could be ‘transferred, sold or willed at any future time.’ Pathfinder memberships could only be sold once offering substantial value to the charter memberships.

“They were a hot commodity and the club sold 153 of them before anyone noticed they’d exceeded their limit of 150. Many of the memberships were ‘social memberships,’ purchased by local families who had no intention of golfing but wanted to support the project. Similar to buying shares in the future of the area, many are still held by the original owners, a certificate of their early support.

“With financing in hand and an army of willing volunteers itching to start, the construction of the Pender Harbour Golf Course began in early 1984. As work began, revised budget predictions (reported by then president Bill Lawrenuk in the society’s spring 1985 newsletter) had climbed to \$783,000.”

Dolly (Jessie) Clayton

FEBRUARY 14, 1933 — NOVEMBER 27, 2022



The “Butter Tart Queen” has hung up her apron.

Dolly Clayton died on Nov. 27 after suffering a stroke in March which led to her decline.

She and husband Bill moved from Vancouver in 1962 with their five children.

She was a well-known face in the community, always delivering trays of tarts to folks with a smile on her face.

Volunteering at the Bargain Barn, the Madeira Park Legion and bingo also kept her busy.

Clayton’s favourite pastimes were baking, family functions, slot machines, keno, bingo and a good game of cards.

After her husband Bill died in 2009, she took many fun trips with her daughters to the city or Las Vegas to gamble.

She was also predeceased by her daughters Susie in 2008 and Debbie in

2022.

Clayton is survived by daughters Lorna (Rae), Wendy (Rod) and son Doug, AKA Zot.

She is also survived by brother Bill Smith, sister-in-law Karin Clayton, and a multitude of nieces and nephews, and a community of friends.

She had 14 grandchildren, 20 great-grandchildren, and two great-great grandchildren.

Her family sends special thanks to her caregiver and friend Kim Smith as well as Dr. Sutton and the homecare nursing team.

A celebration of her life will be held on Sunday, Feb. 19, from 12:30-3:30 p.m. at the Royal Canadian Legion in Madeira Park.

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a longstanding effort to recognize and record those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

seals



Note your seal of approval or **disapproval**.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Massive Harbour Seals of Approval to **Darrell Waldock** for building our incredible stall, and to the **IGA** and **Java docks** for their donation of supplies to our Hot Chocolate stand at the Pender Harbour Winter Festival.

Raylene Sladey
MPES PAC

A huge Harbour Seal of Approval to all the **local businesses, Legion members and community members who donated** to our Christmas basket auction and raffle.

Sue McDonald and Evelyn McNee
Royal Canadian Legion No. 112

Harbour Seals of Approval to **the wonderful folks who helped me out of a predicament when my car slid broadside down the P. H. School of Music driveway** on Dec. 22.

Barb Nield

A school full of Harbour Seals to our hot lunch sponsors — **Vortex Blasting and Breaking, Cecil Hill Contracting, Sladey Timber, Double D Trucking, Serendipity Child Development Society, and Raylee Mackie and her family** for providing a delicious and nutritious lunch to our 95 kids and our wonderful staff.

Beau Sladey
MPES PAC



**Service of most makes
Bottom painting
40-tonne marine ways
Trailer haul-out to 30 ft
International Paints
Marine charts
Fishing tackle
Dry storage
Well-stocked marine store**

(604) 883-2266
madeiramarine@telus.net
12930 Madeira Park Rd.



Are you frustrated with your tablet?

We can help!

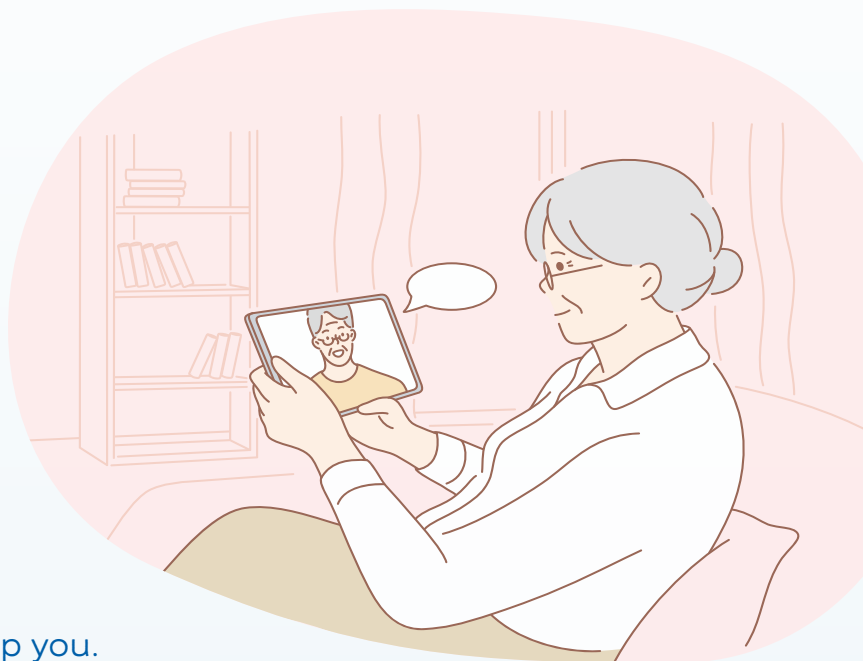
TABLET/ PHONE TUTOR PROGRAM

The Pender Harbour Seniors Initiative and the Pender Harbour Reading Centre are providing one-to-one assistance for technology for seniors in the Pender Harbour area.

Perhaps you received a tablet or phone recently, or have had one forever and have given up, and need assistance with it?

We have volunteers that are willing to help you.

Limited availability. Please call Marlene 604-883-9900 to set up an appointment time.



Seniors Activities for February!

Seniors
Helping
Seniors

PENDER HARBOUR SENIORS INITIATIVE

Sponsored by:
Smart Fund



HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:
**P. H. Health Centre &
P. H. Health Auxiliary**

FOR INFORMATION
OR TRANSPORTATION,

CALL MARLENE:

(604) 883-9900

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1 pm

In the Pender Harbour Community Hall. Lunch will be served at 12pm. The cost will be \$10 per person.

Feb. 2 – Creating Valentines for the Students

Feb. 9 – Music by Eddy Edrick

Feb. 16 – Jeopardy Harbourside Friendship Style

Feb. 23 – Arm Chair Travel

CARPET BOWLING: Wednesdays, Feb. 1, 8, 15 & 22

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

CHAIR YOGA: Mondays & Fridays, Feb. 3, 6, 10, 13, 17, 20, 24 & 27

At the Pender Harbour Community Hall 11am – 12pm. Cost: \$3

Improve your balance, strength & flexibility with gentle moves. Monday classes will be with Kristen Tracey and Friday classes will be with Maureen Clifford.



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR LEARNING
CENTRE HOURS:
Tuesday to Friday
9am to 3pm**

5012 Gonzales Road
Box 232
Madeira Park, V0N 2H0

604.883.2826
phcs@dccnet.com
www.pendercommunity.ca

Coming this February at the Pender Harbour Community School:

RED CROSS BABYSITTERS' COURSE

Saturday, Feb. 11 from 9am-4pm at PHCS, \$90

Get certified to be a babysitter! Learn basic first aid and how to be a great babysitter.
Age 11-plus.

COOKING WITH STEVE: SOUPS, SAUCES & STOCKS

Friday, Feb. 24 from 6-8pm at PHSS, Cost TBA

Let Executive Chef Steve from Inlets at the West Coast Wilderness Lodge teach you the basics! Call to register, space is limited.

DROP IN SPORTS @ PHSS: Students free, adults \$5

Mondays: Volleyball, 6:30-8pm, age 12+

Tuesdays: Thursdays pickleball, 5:30-7:30pm, all ages

Tuesdays: Men's hockey, 8-9:30pm, men in grade 10+

GUN SAFETY & CORE

We will run these courses in February. Space is limited — call for more information.



**PENDER HARBOUR
AQUATIC & FITNESS
CENTRE**

**20m, 4-lane pool
hot tub, sauna, gym &
weight room**

On lower level of
PH Secondary School:

**13639 S.C. Hwy.
604 885-6801**

www.scrd.ca/myrecreation

PENDER HARBOUR AQUATIC & FITNESS CENTRE

www.scrd.ca/pender-harbour-aquatic-fitness-centre

This facility includes a pool and weight room (gym).

WE ALSO OFFER DROP-IN FITNESS CLASSES.

- Mix It Up on Thursdays at 8:45am
- Older Adult Keep Fit: Land Meets Water on Tuesdays & Thursdays at 10:30am

Please check online for current schedules of all drop-in classes.

Use your MYPASS or pay drop-in admission.

IT'S NOT TOO LATE TO REGISTER FOR WINTER PROGRAMS!

- Online www.scrd.ca/myrecreation
- By phone: 604-885-6801
- In person

REGISTRATION FOR SPRING PROGRAMS: Starts March 8 at 7am

- Online www.scrd.ca/myrecreation
- By phone: 604-885-6801
- In person

We look forward to seeing you!

We invite you to subscribe to our
Recreation Newsletter at
www.scrd.ca/Newsletter-Signup

Follow us on facebook:
[www.facebook.com/Pender-Harbour-Aquatic-
and-Fitness-Centre-206667126014598](https://www.facebook.com/Pender-Harbour-Aquatic-and-Fitness-Centre-206667126014598)

No Longhairs: The Odyssey of a Vietnam Draft Dodger

Brian Lee

When do stories of our past become sufficiently aged to be considered topics of historical importance?

Jon Van Arsdell answers that question with his recent book, *No Longhairs: The Odyssey of a Vietnam Draft Dodger*.

In the late-1960s and 1970s, conservative old Pender Harbour and Egmont received a surge of free-spirited hippies.

Many, including the author, were young Americans avoiding the Vietnam draft.

It's no secret that there was plenty of local resistance to their arrival.

Even the title of the book refers to a sign, "No Longhairs Allowed," that greeted him at the entrance to the Garden Bay Pub after he arrived in the summer of 1970

Longhairs were allowed to purchase cases of beer to go but were forbidden to sit in the pub and drink with the locals.

That prejudice can still be found today and sometimes causes the 1970s counterculture to be dismissed as an inconsequential sidebar to the industrial culture of fishing and logging that dominated Highway 101.

But as Van Arsdell's book makes clear, his "people" weren't "dirty hippies" who relied on the generosity of

others.

As he writes in his introduction, "Those of that sort weren't in our circle."

Instead, Van Arsdell did whatever he could to support his family including working in construction, aquaculture, forestry, cabinet-making, commercial fishing and gravel mining.

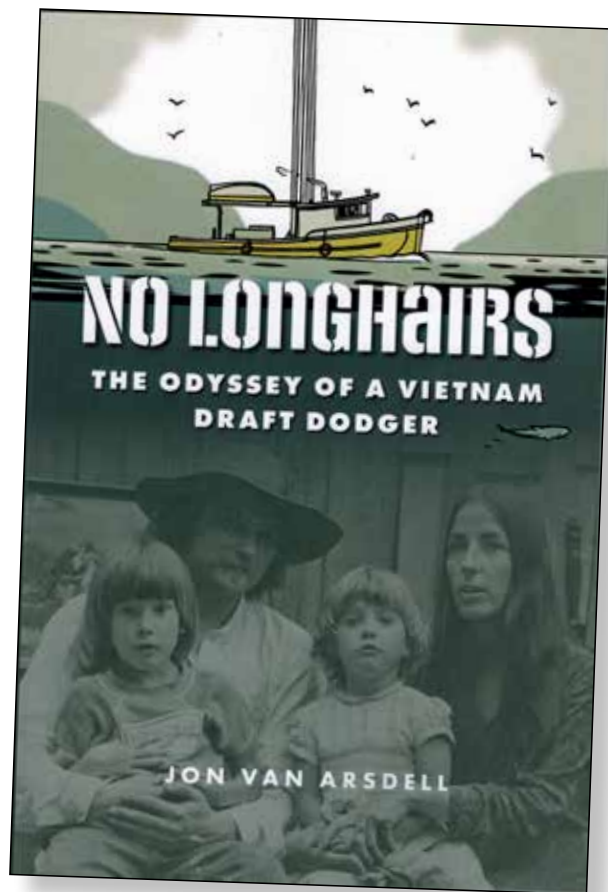
"I opened an account in the Bank of Montreal in Madeira Park back in the day before the advent of computers, and one time I asked to see my account card.

The teller handed me a large yellow sheet with my personal information at the top.

Under the heading "occupation," I had been given the designation "working hippie."

Now, 50 years later, Van Arsdell's firsthand account paints a picture of the contribution the hippie movement and its accompanying back-to-the-land mentality had on the Sunshine Coast.

For instance, how many can recall which popular local band's music made it on to an Academy Award winning animated short?



Hint: Van Arsdell played mandolin on it.

Or which local individuals were involved in what is possibly Pender Harbour's only case of cattle rustling?

As in much of the book, Van Arsdell humorously recounts the tale with plenty of detail and full names of those involved.

The story ends with one of the more memorable quotes in the book, supplied by Dwight Young:

"Justice was meated out."

Van Arsdell's book jumps around in time, almost psychedelically, dropping a name referred to in an earlier story or suddenly taking the reader on an introspective trip back in time to his childhood in Akron, Ohio.

It's all part of the fun because



earthfair store
Supporting Our Natural World

earthfair.ca
604.883.9006
12902 Madeira Park Rd.

Love-February!
New books and cozy woollies,
blankets, socks, sweaters and toques.
Enjoy our warm real fireplace!

WINTER OPEN:
Tuesday to Saturday

along the way, it offers an entertaining and chaotic glimpse into a colourful time in our history.

And, who knew Greg Howitt was responsible for so many local nicknames?

"The Egmont wharf/dock hosted some really colourful and interesting characters over the years.

One such wharf rat was a guy named Bob Grandillo.

He sported a couple of great nicknames that were both attributed to Greg Howitt.

The first prize for dry humour goes to Greg.

He was the king of nicknamers.

He could access the character of somebody and apply an often hilarious and usually descriptive handle to anyone who stood out.

Greg met Bob Grandillo and it all fell together.

He was initially called "Bob the Wop" as deference to his professed Italian roots (and he was OK with it), but in the end we settled on "The Godfather" as his liveaboard vessel was previously a C-licensed, double-ender cod boat.

Ha ha, another good one Greg.

But Van Arsdell doesn't gloss over the difficult stuff:

I guess Bob wasn't really that happy because after a few years at the dock, some kids found him on his boat after he'd eaten a large-calibre pistol.

While sometimes blunt, his sense

of humour wafts through each story like open weed in '56 Ford Fairlane.

But the book's entertainment value is only part of its appeal.

It's also an invaluable historical document.

Though it records a time that doesn't seem in the distant past, Van Arsdell points out in the book that there are very few of his contemporaries left to tell these stories.

History is like that, often lost before it's valued.

Luckily, Van Arsdell took the time to not only record the details he could recall but he interviewed a number of the people in the book to double check that he got his facts right.

In this way, the book is a welcome record of not only his hippie friends but of the locals who treated them well — the Silveys, the Kammerles, the Campbells and the Griffiths, to name a few.

But when you name names in a small town, you risk making some uncomfortable.

Some will be.

More than one story in the book reveals details a local family might prefer to be forgotten.

Whether outing a local fishing icon and his crew for taking too many abalone while commercial fishing up north or implicating old friends in the aforementioned cattle rustling caper, Van Arsdell works to provide

an honest retelling of his life during a time that couldn't be separated by the culture and politics of the day.

In that vein, he includes his own battle with alcohol.

Though Van Arsdell avoided the harder drugs that were available at the time, alcohol makes frequent appearances throughout the book and he painfully admits that it led to the dissolution of his marriage.

He describes the process of kicking it in 1990 and finding a life on the other side.

It's a life well-lived with few regrets while surrounded by friends during a colourful time in our history.

What struck me most after finishing *No Longhairs* is what would have been lost if he hadn't taken the time to write it.

Despite what we may often believe, our lives and the people we share them are rich in value.

If there's a message in the book, that may be it.

No Longhairs:

The Odyssey of a Vietnam Draft Dodger

ISBN: 9781778651808

Published by Mandolin Press

188 pages • \$29.95

Available at Earthfair Books in Madeira Park.



Jon Van Arsdell

PENDER HARBOUR & DISTRICT CHAMBER OF COMMERCE

MEET 'N GREET!

Stop in and meet the Chamber board of directors and see what we are up to.

**MARCH 15
FROM 4 TO 6PM**

Enjoy some Pender Harbour Spirit at the FUSE work hub (above Java Docks) in Madeira Park.

(Nibbles and a drink will be provided!)



FEBRUARY

Thurs. Feb. 2.....Harbourside Friendships seniors' drop-in (creating Valentines for students), 10:30 a.m.

Mon. Feb. 6.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Mon. Feb. 6..... Area A healthy meal services resumes

Thurs. Feb. 9.....SCRD Committee of the Whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. Feb. 9.....Harbourside Friendships seniors' drop-in (music by Eddy Edrick), 10:30 a.m.

Thurs. Feb. 9.....SCRD regular board meeting - SCRD boardroom, 2 p.m.

Fri. Feb. 10.....P. H. School of Music Coffee House - P. H. School of Music, doors at 7 p.m.

Sat. Feb. 11.....P. H. Community School presents Red Cross Babysitters' course - PHCS, 9 a.m.

Tues. Feb. 14.....Valentines Day

Tues. Feb. 14.....P. H. Women's Connection's gathering - P. H. School of Music, 10 a.m.

Thurs. Feb. 16.....Harbourside Friendships seniors' drop-in (Jeopardy), 10:30 a.m.

Mon. Feb. 20.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Tues. Feb. 21.....P. H. Wildlife Society AGM with guest speaker Ray Kostaschuk - via Zoom, 7 p.m.

Tues. Feb. 21.....SCRD finance committee (round 2 budget) - SCRD boardroom

Wed. Feb. 22.....SCRD finance committee (round 2 budget) - SCRD boardroom

Thurs. Feb. 23.....SCRD Committee of the Whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. Feb. 23.....Harbourside Friendships seniors' drop-in (armchair travel), 10:30 a.m.

Thurs. Feb. 23.....SCRD regular board meeting - SCRD boardroom, 2 p.m.

Fri. Feb. 24.....P. H. Community School presents "Cooking with Steve" - PHSS, 6 p.m.

Sun. Feb. 26.....P. H. Music Society presents The Small Glories - P. H. School of Music, 2 p.m.

Tues. Feb. 28.....P. H. Women's Connection's gathering - P. H. School of Music, 10 a.m.

Harbour Spiel Trivia Answers: 1. a 2. b 3. b 4. d 5. d 6. a



FERRY DEPARTURES

Crossing time: Langdale 40 min./Earl's Cove 50 min.

Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.

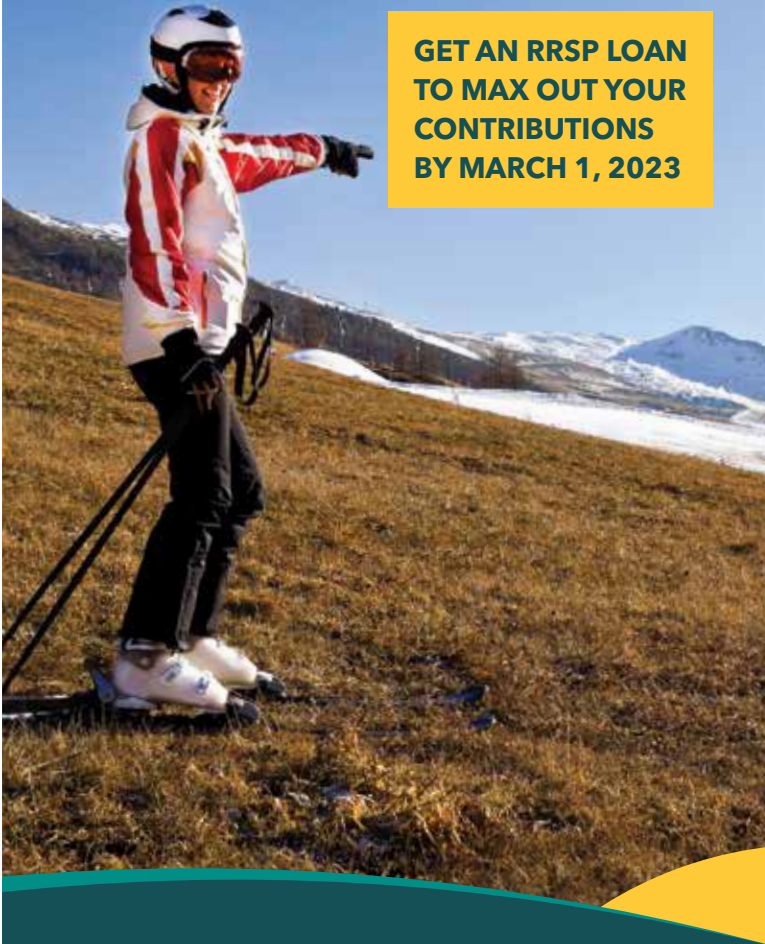
Service schedules change regularly,
visit www.bcferrries.com for current schedules.

"Love takes off masks that we fear we cannot live without and know we cannot live within."

~ James Baldwin

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