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February 2013 Issue 266





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As you may already know, Dr. Hynd and his wife are expecting their fourth child and Dr. Hynd will soon be taking a necessary "paternity leave." Dr. Gary McRae has kindly agreed to take care of all new and current patients during Dr. Hynd's absence.

Dr. McRae comes to us from Vancouver Island and is highly recommended. He brings extensive experience in all facets of dentistry including partial or complete dentures as well as bridges, crowns and restorations.

Now is the time to book an appointment if you are experiencing problems with your existing partial or full denture, although Dr. McRae looks forward to helping you with any problems you may have.

Please join us in welcoming *our* new arrival, Dr. McRae, to our practice and wishing Dr. Hynd the best of luck on his.



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#### **Editor**

Brian Lee

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## **Contributors**

This month we thank: Kathy Bergman, Theresa Kishkan, Frank Mauro, Shane McCune and John Wade.

Cover photo: Brian Lee.

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**NEXT ISSUE MAILS FEB. 28** 

## editorial

## Where is Irvines Landing?



By Brian Lee

Usually when talk drifts to the Sunshine Coast's "one-way highway," we point at Sechelters and scoff.

"It's twice as far

from Sechelt to Madeira than the other way around," we like to say.

The subject even garnered a letter a couple issues ago from a Sechelt man defensively blaming the "hazardous nature of our highway" for folks' hesitancy to keep going past the turnoff to Redrooffs.

I thought surely someone would respond with a letter in the next issue.

I expected it, waited for it and then was disappointed no one took the bait to point out that people from the upper Sunshine Coast measure how often we travel to Sechelt by "trips per week."

Does it mean folks from the upper Sunshine Coast have better tires?

Are we better drivers?

Careless with our families' lives?

I hear it from parents whose kids play soccer all over the Coast but find it hard to convince their lower Coast counterparts to attend games in Madeira Park.

But while we're tsk-tsking at the south Coasters, have any of you Madeira Parkers ever noticed how hard it is to drive over to Garden Bay in the winter?

Or, worse, to Irvines Landing?

Yes, short days and low cloud work the same dark magic within our own community too.

I have friends in Garden Bay who complain the only time people visit is the summer — when their lake's warm.

It's just one of the reasons why the restoration success at the old Irvines Landing school, now the Sarah Wray Hall, is so important.

Naturally, having relatives that attended the school and even a grandmother who taught there, I'm a sucker for the historic value of the project.

But, in my eyes, the project's biggest value is what it has done and what it will continue to do for the growing community in Irvines Landing.

And they're a social bunch.

I know of no other neighbourhood that convenes anything resembling Friday's well-attended "Beer o'clock".

Beer o'clock brings together neighbours from all over the Daniel Point area, and abroad, to gossip and drink beer.

It's my kind of party but from Francis Peninsula I could swim to Irvines Landing faster than drive.

Sechelt's closer.

Yet as isolated as it is, Irvines Landing is a community without the symbolic anchor of shops, a post office or a school.

For over 120 years now, you could point to the public dock and marina at the terminus of Irvines Landing Road as "Irvines Landing."

But for the past six years, private business interests have allowed the historic property to fester into the eyesore it is now with no end in sight.

The Sarah Wray, as it may be referred to in a few years, has already replaced the marina as the focal point for the community.

It has brought together a volunteer force like no other project in recent memory, introducing neighbours new and old along the way.

With much of the hidden, heavy work already completed, the rest will start to take shape very quickly thanks, in part, to over \$49,000 chipped in by the federal government.

That is enough to see the project to its end, estimated to be early next year.

After that, the Sarah Wray Hall will be the symbolic waypoint marking the road entrance to the "town."

The spot where someday we will all can point to when someone asks,

"Where's Irvines Landing?"

# **It ain't real if it's not in the Spiel.**



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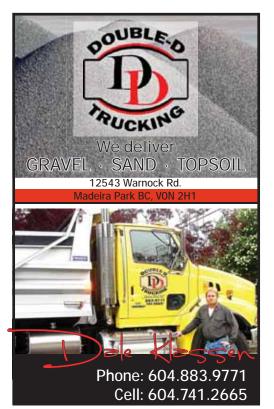
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## spiel picks

### **FAMILY DAY ACTIVITIES: Feb. 11**

Take advantage of February's newest holiday. In recognition of Family Day on Feb. 11, start off the day with a family-oriented hike led by Gwen Walwyn of the Pender Harbour hiking group. Meet at the Lions Park at 10 a.m. Then follow it up with a swim at the pool from noon to 4 p.m. — it's free for families.

### P. H. MUSIC SOCIETY PRESENTS WESTERLY A CAPPELLA: FEB. 17

Performing at 2 p.m. on Sun. Feb. 17 will be the Westerly A Cappella Group. The performance will feature 75 years of harmony singing experience when Tim Everett, Susan Everett, Doug Austin and Katrina Bishop take the stage at the P. H. School of Music.

### P. H. ROTARY PRESENTS BEER AND BURGER NIGHT: Feb. 20

Taking part in a rare Coast-wide event, the Pender Harbour Rotary Club has helped organize "Beer and Burger Nite" on Wednesday, Feb. 20 from 5 to 8 p.m. Each ticket buys a burger platter (choice of beef, chicken or veggie with fries or salad) and a beverage (beer, wine or non-alcoholic).

There's six venues to choose from on the Coast and two in Pender Harbour — the Grasshopper Pub and the Garden Bay Pub. Tickets are \$20 with \$12 from ticket sold is a donation to help equip six new hospital rooms at the new addition to St. Mary's Hospital in Sechelt.

## photojournal



Mark Heidebrecht photo

PHSS Grade 11 student Emily Reid has recently been accepted to the RCMP Youth Academy. She is pictured here with RCMP Constables Ashley Taylor and Kevin Sheppard. The Youth Academy is an official RCMP program that allows students considering a career in law enforcement to stay at the academy while working in teams and attending various police sciences lectures and to participate in physical and scenario-based training.

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## Feds chip in more than \$49,000 for completion of Sarah Wray Hall

Volunteers say work on the Sarah Wray Hall will be completed by early 2014.

This bold prediction comes on the heels of an announcement of \$49,551 in federal funding awarded to the project through the federal government's Community Infrastructure Improvement Fund.

The funds match those raised by volunteers of the Pender Harbour Living Heritage Society, the organization overseeing the building's renovation.

The funding should be enough to bring the project to completion.

"Right now it's about halfway done," Len Lee told a crowd assembled for the official announcement at the former school on Jan. 8.

"But thanks to this funding, we now have the money to finish it."

Volunteers have already completeed much of the difficult work including rebuilding the foundation, clearing out hazardous materials like asbestos and lead paint and connecting the sewage system.

West Vancouver-Sunshine Coast-Sea to Sky Country MP John Weston was on hand to make the official announcement and recognized the volunteers' considerable efforts in contributing to their successful application.

"These grants don't come easily," said Weston.

"They come about because the proponents have worked hard to create a really good story. One that is magnified through volunteer efforts and leveraged through taxpayer money.

"So I know every penny will be really well spent and I look forward to seeing the building as it progresses."

After Weston spoke, Elaine Park, president of the PHLHS, gave a short



Brian Lee photos

Over 40 people attended the official announcement on of \$49,551 in federal funding that will see the restoration of the former Irvines Landing School to completion.

history of the building.

"Community volunteers built the schoolhouse in 1931 and classes were held there until the 1960s. After paved roads made busing possible, the students departed for a large central school in Madeira Park and this oneroom school at Irvines Landing was abandoned.

"It sat almost forgotten until 2008 when community volunteers negotiated an agreement between the SCRD and School District No. 46 to lease the site for restoration."

After recognizing the many volunteers who worked on the proj-

ect, Park thanked its many supporters including local politicians, P. H. Landing Estates, S. C. Community Foundation, P. H. Rotary Club, Telus and the provincial government.

"However, without the major support from the Western Economic Diversification program, we would have had great difficulty moving forward," said Park.

When completed next year, the building will serve as a multi-purpose hall for clubs, meetings and private gatherings as well as a central location for emergency preparedness.



## **BC Libs announce Muncaster for Powell River-Sunshine Coast**

Patrick Muncaster is the BC Liberal candidate for Powell River-Sunshine Coast.

The BC Liberal Party announced Muncaster's candidacy on Jan. 17 and was formally nominated on Jan. 20 in Davis Bay.

Muncaster's bid to unseat current NDP MLA Nicholas Simons for the Powell River-Sunshine Coast seat sets the stage for campaigning leading up to the provincial election on May 13.

Muncaster was born in Vancouver where he earned a degree in economics and political science at the University of British Columbia.

He now lives in Gibsons and has three adult children.

According to a BC Liberal party press release, Muncaster has experi-

ence working for the federal government including the Prime Minister's Office.

He also had a long private sector career in telecommunications and information technology.

"The people of Powell River-Sunshine Coast deserve a representative who will champion jobs and economic development in this region," said Muncaster.

"That is what my campaign is going to be focused on."

Muncaster served as the president of the BC Liberal riding association before deciding to run for the nomination.

By press time, the only other candidate announced to run in May's election was Simons.

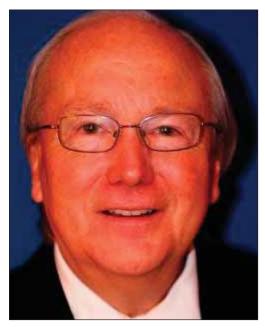


photo submitted

Gibsons' Patrick Muncaster is the BC Liberal candidate for Powell River-Sunshine Coast.

## Coast property values down 1%: BC Assessment

Property value on the Sunshine Coast is decreasing — but just by a little bit.

On Jan. 2, BC Assessment released the latest figures for BC property values.

Provincially, average property values went up by 2.3 per cent.

On the Sunshine Coast, the total assessment value dropped by about one per cent to \$9,056,386,327.

In a BC Assessment news release, speaking of the entire region encompassing Vancouver to Pemberton and the Sunshine Coast, assessor Jason Grant spoke of decreases across the board.

"The majority of residential homeowners will experience an assessment change of less than five per cent compared to last year's assessment roll," said Grant.

"For the first time in many years, a significant number of properties in the region are actually decreasing in value. "The most significant decreases occurred in Whistler, Pemberton and on the Sunshine Coast and Bowen Island."

Changes in property assessments reflect movement in the local real estate market and can vary greatly from property to property.

According to their website, BC Assessment's appraisers "analyze current sales in the area, as well as considering other characteristics such as size, age, quality, condition, view and location."

For 2013, BC's most expensive home is in Vancouver at 4707 Belmont Ave. and is assessed at \$39,269,000.

No Sunshine Coast properties made BC Assessment's Top 200 residential property list.

The 200th highest assessed home in BC comes in at close to \$5 million.

Harbour Spiel



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## Mauro requests consultation from BCTS on watershed logging

The SCRD is requesting a halt to the sale of a cutblock in the Mc-Neill Lake watershed pending further consultation with BC Timber Sales managers.

At a Jan. 16 planning and development committee meeting, Area A director Frank Mauro received board support for a motion to contact BCTS about an apparent lack of consultation in their decision to sell a number of cutblocks with the watershed supplying south Pender Harbour's drinking water.

BC Timber Sales lists a closing date of Feb. 7 for tender applications to log an estimated 32.8 hectares near McNeill Lake.

The area to be logged is divided into six cutblocks and, according to BCTS harvest plan documents, "the majority of this setting lies within the McNeill Lake community watershed."

Harvest plan documents also require that "at least 48 hours notice must be given to the water purveyor prior to the commencement of harvesting and/or road construction."

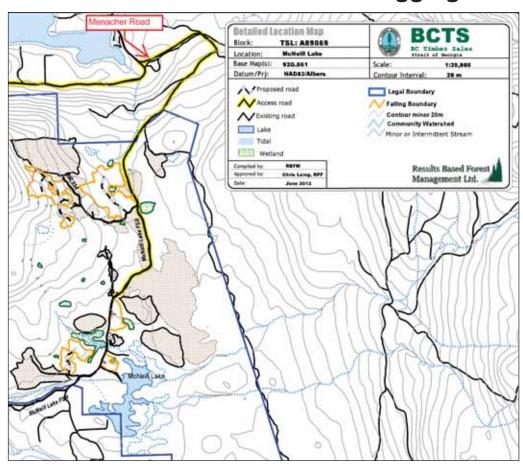
In a Jan. 17 letter to Steve Thomson, Minister of Forests, Lands and Natural Resorce Operations, SCRD chair Garry Nohr expressed shock "to learn of the sale of these blocks from members of our community and not your ministry directly."

"McNeill Lake is a water source and serves at least 1,000 households in the Madeira Park community in Pender Harbour.

"The regional district has secured funding to build a water treatment facility to treat water from McNeill Lake."

It's not the first time the SCRD has voiced concern over BC Timber Sales harvesting plans.

In 2000, SCRD planning and



BCTS map

Outlined in orange, these six cutblocks have become a point of contention with the SCRD and some residents who feel there's been a lack of consultation by BC Timber Sales about their proximity to south Pender Harbour's drinking water.

development committee members recommended a motion to declare "they are not in favour of logging in designated community watersheds or watershed reserves."

Roberts Creek-based Elphinstone Logging Focus also leapt to the defense of the McNeill Lake watershed, issuing a press release on Jan. 15 expressing concern for the potential threat to south Pender's water supply.

Concerns about the effect of recent logging near McNeill Lake has had on recreational trails may not be an issue with this current round of timber sales as no trails lie within the proposed falling boundaries.



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## news

## **Community gathers to toast Cameron**

Over 80 people showed up at the P. H. Community Hall on Jan. 12 to offer congratulations to Muriel Cameron for receiving the Queen Elizabeth II Diamond Jubilee medal.

Cameron was awarded the medal for her many years of community service as a founding member of the Pender Harbour Community Club and the Pender Harbour Health Centre Auxiliary.

The tea was organized by volunteers and members of the P. H. Community Club and featured a few close friends and acquaintances of Cameron who shared some memories.

Each of the speakers made an effort to reassure Cameron that she deserved the award by listing some of her contributions to the community over the years.

Cameron was born a Wray and was the first person to graduate from high school in Pender Harbour.

She married Bill Cameron soon

after and in 1948 the two of them moved to the property on Shark Lane she still calls home.

Sunny Charboneau recalled a recent story in which members of the P. H. Community Club were frustrated with highways maintenance crews for not fixing a dangerous pothole in front of the community hall.

"Then one day I was looking out the window and I see this lady with rollers in her hair — she usually has rollers in her hair, she must have a terrible hairdresser — a bucket and a bag.

"Later I found out Muriel took a bucket of rocks, a bag of cement and she fixed the hole. Shame on us."

"She is a number one lady although, in the past couple of years, she has picked up some really bad habits," said Charboneau.

"She swears like a truck driver."

"Nevertheless, we all admire you Muriel and we all love you."



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Brian Lee photo

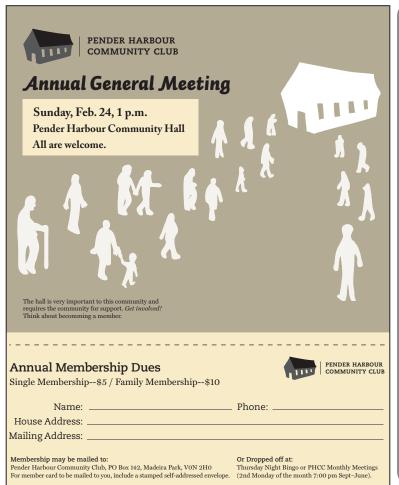
Muriel Cameron was the guest of honour at a tea held at the P. H. Community Hall to celebrate her receiving the Queen Elizabeth II Diamond Jubilee medal.

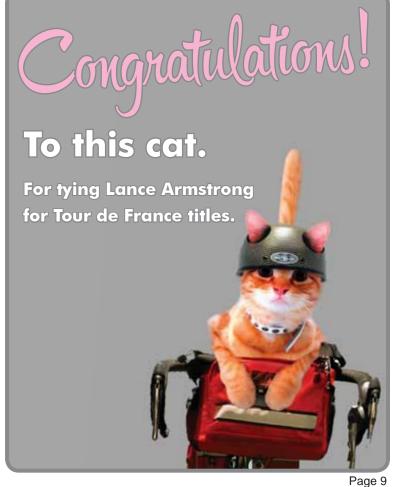
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Brian Lee photo

The Massullo family celebrated 15 years of running Madeira Park's Oak Tree Market on Jan. 12. The event featured local radio station CKAY-FM transmitting on location and a by-donation barbecue that raised \$1,200 for the Pender Harbour Food bank. (I-r) Back: Dave, Gino, Richard, Tanya. Front: Anna-Maria, Julia and Jessica Massullo.





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news

## Pathways function granted elector approval

Elector approval has been obtained to establish a new budgetary service function for Area A trails and bikeways.

The establishment of the SCRD bylaw was approved by an alternate approval process requiring a minimum of 10 per cent of voters to return elector response forms opposing it.

The SCRD received 29 valid

elector response forms by the deadline of Dec. 18, 2012.

That falls well short of the 221 required to snuff the proposed bylaw that will see a budgetary function for pathways specific to Area A.

All other SCRD rural areas are currently grouped within the same function (No. 665) for the development of trails and bikeways.

letters

## **Harrison questions BCTS assessments**

Dear Editor.

BC Timber Sales (BCTS) falsely claims that the south Pender Harbour watershed at McNeill Lake is in good shape because they have done hydrology assessments since 2007.

Nothing could be further from the truth.

As president of the Area A Quality Water Association in the years after 2003, I worked with several prominent hydrologists including members from the consulting firm who did the scientific studies for BCTS.

In fact, I read some of the BCTS studies very closely with the help

of hydrology experts in preparation for a court appearance before the BC Environmental Appeal board where AAQWA won a judgment against the Sunshine Coast Regional District resulting in the master water plan and the proposed \$4.2 million treatment plant on Haslam Creek.

The truth is that the terms of reference for the BCTS assessments were restricted to superficial studies of possible sediment problems from logging roads and creek crossings and a questionable examination of the state of impacts from previous extensive logging in the watershed.

BCTS has done no comprehensive hydrology water balance study showing storage capacity of the watershed groundwater during 75- to 100-day summer droughts that begin in May or any other part of the year.

From past experience by local operators of the water system for nearly a half century like Frank White and others, there is every reason to believe that both the quality and quantity are already so badly compromised that the treatment plant will be in trouble.

Additional logging can only make the situation worse.

Joe Harrison



Harbour Spiel

## Rotary Hop-Scotch makes it hard to go back to Bells

By Brian Lee

Like the drink itself, the Rotary Club of Pender Harbour's annual Hop-Scotch event has acquired a loyal group of followers.

Now in its fifth year, the annual fundraiser for Rotary and their efforts to eradicate polio pairs rare and expensive whiskies with those who love them.

As one of the evening's hosts remarked:

"I think just about every Scotch drinker in town is here in this room tonight."

After sampling two specialty beers interrupted by a non-stop parade of delicious appetizers, the first of the evening's four whiskies was trotted out.

Only whisky produced in Scotland can bear the title "Scotch" so the first, the six-year old Amorik, might be called French.

Whisky expert David Mochuk was on hand to offer details on the distillery and this from his tasting notes:

"There is nothing 'one-notey' about this whisky but rather a soft, gentle style where lovely vanilla character dominates and spice finishes the flavour profile."

As if to add to the eclectic selection of assembled whiskies, Mochuk raved about the qualities of his next selection, a 10-year old Japanese whisky, Nikka.

"The finish goes on and on," writes Mochuk.

"This is a whisky to enjoy slowly, perhaps with a cigar, appreciating the subtleties."

At \$215 a bottle the third selection, Douglas Laing Old Malt Cask Glen Grant 20-year-old, was eagerly



Brian Lee photo

The guests of honour for the Rotary Club of Pender Harbour's fifth annual Hop-Scotch tasting event held at the P. H. Golf Club on Jan. 12.

awaited at our table.

It didn't disappoint.

Mochuk writes of it:

"Douglas Laing holds at least three places in my all-time Top 10 whiskies list so choosing their Glen Grant 20-year-old for this year's showcase was easy."

It was the highlight of the night at our table and I'm sure many others as well.

The last contestant was another Scotch whisky, this time the Kilchoman Winter 2010 from the Isle of Islay.

Not for everyone, it was heavily peated and described as "at home with winter storms and fireplaces."

At \$104 a bottle, it seemed unlikely any of the whisky fans at my table would run out to pick a one up.

Still, only empty glasses remained as the evening's gift basket auction started up.

Emcee Rick Smalley explained ticket sales cover the costs of the evening but it's the auction that decides the amount they will be able to donate.

Taking this to heart, a number of



Brian Lee photo

Dolores Leeper won this door prize — the much coveted 'instant Scot' head wear.

generous — and possibly lubricated — bidders stepped up for an entertaining war of wallets.

When the smoke cleared, all left with smiles while the Rotary Club of Pender Harbour netted \$3,000.

Event organizer Rick Smalley said that half of the money raised will go toward polio vaccines in developing countries while the rest will be used to fund local projects and student bursaries and exchanges.

## **Budgets and processes**



By Frank Mauro, Area A Director

#### **BUDGET**

The first order of business for the SCRD at the start of the new year is the

budget process.

We have completed the first of three planned rounds and have moved forward with a number of budget proposals, most of which were parts of longer-range plans.

For our area, the proposals approved include:

- Water systems enhancements such as universal metering;
- Pender Harbour Pool and Aquatic Centre proposals such as another year of extended operations into

July, and

• Medical Clinic operational request for funds which remained at the same level as last year.

Many other proposals in other departments needed further clarification and will be resubmitted in the second and/or third rounds of budget meetings.

The limit for justifiable base budget increases for mandated (or inflationary costs beyond the control of the departments) was set at 1.9 per cent.

Most departments found cuts that could be made in controllable costs so resultant overall requests were actually for lower base budgets than last year at the start of budget discussions.

In Area A, the budget items that will require an increase in funding are new items such as bikeways/walk-

ways and a community bus trial.

We will have to budget about \$50,000 for bikeways/walkways to manage the projects funded by gas tax and an additional budget for a bus trial if discussions with BC Transit are positive.

I do expect that once all is said and done we will be facing a small increase in taxation, hopefully less than four per cent.

## TIMBER SALES NEAR McNEILL LAKE

In early January, BC Timber Sales placed for sale a licence for some cutblocks near McNeill Lake, some within 150 feet of the lake.

I was informed of this by a phone call from a Sunshine coast resident, not from a referral process through the

## We invite you to join the conversation at the SCRD committee meetings below:

Regular Board

February 14 at 7:30 p.m.

February 25 at 9:00 a.m.

**Transportation Committee** February 25 at 10:30 a.m.

Corporate and Administrative

**Policing Committee** 

**Services Committee** 

Regular Board

February 28 at 1:30 p.m.

February 28 at 7:30 p.m.

Community Services
Committee

February 7 at 9:30 a.m.

Infrastructure Services Committee

February 7 at 1:30 p.m.

Special Corporate and Administrative Services Committee -Round 2 Budget Review

February 12, 13 and 15 at 9:30 a.m.

Planning and Development Services Committee February 14 at 9:30 a.m.

Our meetings are held at 1975 Field Road in Wilson Creek at the SCRD Board Room. Agendas for these meetings are available at www.scrd.ca/Agendas-2013.

## USED COOKING OIL RECYCLING

Beginning February 1, 2013, the Pender Harbour Landfill will be accepting used cooking oil for responsible disposal by West Coast Reduction Ltd.

Used cooking oil containing chemicals, garbage, excess water and other foreign materials will not be accepted.

For more information, contact the Pender Harbour Landfill at 604-883-2954.

For information on who we are, and what we do, please visit www.scrd.ca, call 604-885-6800, or email info@scrd.ca.To contact Area A Director, Frank Mauro, please email frank.mauro@scrd.ca.



SCRD, as one might expect.

I am extremely concerned about the process that BCTS has chosen to follow regarding their mandate to support forestry in the SCRD, particularly since this work is in the community watershed, near the drinking water source for more than 1,000 homes.

There was no consultation at all with the SCRD before this cutblock was put out to tender.

The lack of consultation has caused uncertainty in the workplan of a multi-year, multi-million dollar project, currently out to tender, to improve the drinking water for the residents of Pender Harbour and improve the McNeill Lake dam stability.

The non-consultative methods that BCTS has employed make it extremely difficult for residents who, like me, support a sustainable, responsible, productive forest industry.

I proposed a resolution at the SCRD board, which was unanimously supported, that will hopefully persuade BCTS to change their non-consultative methods.

The motion asks that BCTS immediately withdraw the offer for sale of the McNeill Lake cutblock, that BCTS discuss the proposed cutblock with the SCRD and address any SCRD concerns, and that BCTS and the SCRD immediately start a process to establish a reference protocol to



Brian Lee photo

The BCTS surveyor tape on the tree in the lower left hand of this photograph shows the falling boundary of one of the proposed cutblocks nearest McNeill Lake. The lit clearing that is visible about 50 metres through trees is the lake itself.

ensure that all relevant concerns are addressed before such cutblocks are offered for sale in the future.

A letter quoting the resolution has been sent from the SCRD Chair to the minister and copied to BCTS managers.

As I submit this article I have had some discussions with BCTS managers but a plan is not yet in place.

I remain hopeful.

## **OPEN DISCUSSION**

I will be available between 8 a.m. and 10 a.m. on Saturday, Feb. 9 at the

Copper Sky Cafe in Madeira Park to answer questions and to listen to your concerns.

I can be reached at (604) 740-1451 or by email at *Frank.Mauro* @ scrd.ca.



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1. What would a hiker find after reaching the peak of Mt. Hallowell?	4. What was the former name of the restaurant now occupied by LaVernes Grill?
☐ a. Telus relay towers	a. Captain Wally's Fish and Chips
☐ b. Nothing but fabulous views	☐ b. Lloyd's General Store
☐ c. Forest fire lookout cabin	☐ c. Garden Bay Hamburger Stand
☐ d. A 12-foot high rock cairn	☐ d. Colonel Flounders.
2. Of the following which was <i>not</i> a former occupant of Madeira Park's Bargain Barn?	5. Who of the following is <i>not</i> a descendent of Sarah Wray?
a. Pender Harbour Credit Union	a. Muriel Cameron
☐ b. Pender Harbour Realty office	b. Cledia Duncan
☐ c. Restaurant	c. Isabel Gooldrup
☐ d. Royal Canadian Legion	☐ d. Cecil (Sonny) Reid
3. In local parlance, what's a "blueback?"	6. What was once a common name for Klein Lake?
☐ a. Sea bird	☐ a. Killarney Lake
□ b. High-minded person	□ b. Valhalla Lake
🗆 c. Coho salmon	☐ c. Hallowell Lake
☐ d. Porpoise	☐ d. Upper Lake

Answers: p. 34

Four-plus: Local Two-plus: Newbie Less than two: Townie

Page 14 Harbour Spiel



Brian Lee photo

Meet the pilots behind the remote controlled planes that have become a common sight in Madeira Park on summer evenings and clear winter days. Gord Wenman (I) and Rick Clements (r) snatched the opportunity provided by a rare sunny day on Jan. 12 to launch their battery-powered squadron.



Brian Lee photo

Wenman's most powerful plane climbs and banks just like the real thing but can only last seven minutes per charge. He says that, like a real airplane, it's important to keep track of your 'fuel' and bring her down well before there's a danger of it dropping out of the sky and smashing to bits. 'Sometimes it happens,' he says.





Brian Lee photo

Rick Clements' brightly coloured plane has less power than some of the others but makes up for it with its responsiveness and maneuverability.





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February 2013

## ORGANIZATIONS DIRECTORY

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Blues Society		883-2642
Bridge Club		
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• Christ the Redeemer Church		
· Coast Guard Auxiliary, Unit 6	1	883-2572
• Community Club, Egmont		
· Community Club, Pender Ha		
Community Policing		883-2026
· Community School Society		883-2826
• Egmont & District Volunteer	Fire Department	883-2555
• GRIPS (Recycling Society) .		883-1165
· Garden Bay Sailing Club		
• Guides, Brownies, etc		883-2819
Harbour Artists		883-2807
· Harbourside Friendships (Th	ur. 10:30 -1 p.m.)	883-9766
Health Centre Society		
· Health Centre Auxiliary (Last	Monday, 1p.m.)	883-9957
• InStitches (Last Thursday, 17		
· Lions Club, Egmont		
• Lions Club, Pender Harbour	(1st & 3rd Tues.)	883-1361
<ul> <li>Men's Cancer Support Group</li> </ul>	)	883-2393
• P. H. Aquatic Centre Society		885-6866
• P. H. Garden Club		883-9415
• P. H. Golf Club		883-9541
• P. H. Hiking Club (8:30 am, N	Mon. & Wed.)	883-2054
• P. H. Living Heritage Society		883-0744
• P. H. Music Society (booking	s)	883-9749
• P. H. Paddling Society		883-3678
• P. H. Pipe Band		883-0053
• P. H. Power & Sail Squadron	(2nd Wed. 7:30 p.m.).	883-9313
• P. H. Volunteer Fire Dept (W	ed. evening)	883-9270
• Pender Harbour Choir (7:00		
• Piecemakers (quilters, 1st &	3rd Wed. 10 a.m.)	883-9762
• Reading Centre Society		883-2983
• Rotary Club (noon Fri. Garde	en Bay Pub)	883-2544
• Royal Canadian Legion No. 7	112	883-2235
• Ruby Lake Lagoon Society		883-9201
<ul> <li>Skookumchuck Heritage Soo</li> </ul>	ciety	883-9994
• St. Mary's Hospital Auxiliary	(2nd Wed.,1:30 p.m.)	883-2563
<ul> <li>Seniors' Housing Society (3re</li> </ul>	d Thur.)	883-0704
• Serendipity Preschool		883-2316
• Sunshine Coast SHROOM		883-3678
• TOPS (Take Off Pounds Ser	sibly)	883-3639
• Wildlife Society (3rd Tues. Pl	HSS)	883-9853
• Women's Cancer Support		
<ul> <li>Women's Connection (2nd &amp;</li> </ul>	4th Tue.)	883-3663
<ul> <li>Women's Outreach Services</li> </ul>		
Dogo 16		

## local organizations

#### P. H. WILDLIFE SOCIETY

The Pender Harbour Wildlife Society will meet on Tuesday, Feb. 19 at 7:30 p.m. at the Pender Harbour High School. The guest speaker is Sara Stewart. The title of her talk will be "Wildlife Friendly Farming." Stewart will use her background in wildlife conservation to help people learn to prevent conflict with wildlife on their property and in their community. We will learn how to avoid attracting a variety of animals and how to deter them from eating your garden and will be, hopefully, inspired to implement non-lethal techniques that encourage co-existence with nature. Sara lives in Wilson Creek.

Refreshments will be served and the society meeting will follow. New members, guests, and visitors are always welcome. There is no charge.

#### P. H. SENIORS HOUSING SOCIETY

At our recent board meeting, a decision was made to increase the number of board members from seven to nine. A number of our board members have fulfilled their terms and would really like a rest but everyone has agreed to stay on for one more year. We are all committed to seeing seniors' housing developed in Pender and our latest plans with the Legion are most encouraging.

We are actively seeking people in our community to serve on the board of Pender Harbour Seniors Housing to help us make our dreams come true. If you are interested please call Gil at (604) 883-0704.

#### P. H. WOMEN'S CONNECTION

On Feb. 12, the Women's Connection guest will be Dianne Whelan. Whelan is an award-winning Canadian filmmaker and photographer residing in Vancouver and Pender Harbour. In April 2010, she travelled to Nepal and Mt. Everest base camp to direct and shoot her documentary film, 40 Days at Base Camp. The film had its world premiere at the Vancouver International Film Festival and was the opening night film at the Banff Mountain Film Festival. She is the first woman to shoot a film on the world's highest mountain. Dianne's previous presentation at Women's Connection, on her trip with Canadian Forces to the Arctic Circle, was fabulous.

On Feb. 26 our guest will be Edmund Arceo, the man behind *Zoom*, the specialty magazine showcasing life on the Sunshine Coast of British Columbia through all-colour photographs of its people, places, arts and events. Arceo will talk about his experiences as *Zoom's* one-man editorial staff and show wonderful examples of photography from the magazine.

## **Hattie Marie Olsen**

**SEPTEMBER 15,1933 — DECEMBER 20, 2012** 

Hattie passed away peacefully on Dec. 20 at her home in Madeira Park, surrounded by her loving family.

Hattie was born in Quesnel on Sept. 15, 1933.

After moving with her family to Squamish, she met the love of her life, Richard.

In May of 2012 they celebrated sixty years of marriage.

Hattie loved living in Madeira Park where she met many wonderful friends through her TOPS group.

She also became well-known for her beautiful handmade pine needle baskets.

Hattie leaves behind her husband, Richard, three daughters, Cathy (Davy), Dianna (Karl) and Joann, six grandchildren and 10 great-grandchildren.

There will be no service by request.



## local organizations

## Pender Harbour Community Club faces financial challenges

By Marlene Cymbalist

February marks the Pender Harbour Community Club's year end. As we start into another we will hold our annual general meeting on Feb. 2.

The current PHCC board has many fresh ideas they would like to see implemented.

One suggestion is to hire a consultant to help focus the direction the board should take in its efforts to effectively operate the community hall.

We realize the importance of the hall to the community and would like to keep it available for all to use but we have some difficult expenses requiring a secure income.

A few of our higher expenses are insurance for the building, to the tune of over \$8,000 each year.

On top of that we also purchase directors' insurance costing \$1,000 per year.

Hosting events like May Day also requires event insurance of approximately \$1,200 for the day.

Heating the building costs just over \$10,000 per year while electricity and water combine to cost over February 2013

\$4,000 per year.

With only utilities and insurance, our annual costs have reached about \$25,000 per year.

The PHCC currently rents space to the RCMP community policing office in the back of the hall, the Triple B Burger stand and storage for the clinic auxiliary.

The annual rental income contributes \$12,000 per year, leaving a shortfall of \$13,000.

That does not include the other expenses the hall incurs during the year.

We do have bingo which has always been our main source of revenue but with the attendance down more than it is up, it can no longer be depended upon to pay the bills.

The cost of renting the community hall is about \$300 per rental but in order to make up the \$13,000 shortfall, we would have to rent the building out 44 times.

We would like to encourage everyone to purchase a \$5 membership and to attend our annual general meeting.

Our goal is to sell 500-plus memberships this year.

If we increase our membership from the current 178, we stand a better chance when applying for grants.

Please join us at 1 p.m. on Feb 24 at 1 p.m. for our annual general meeting.

And bring five bucks.



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## Why do cats scratch furniture? Becale they can.

By John Wade

Dear John,

My kitten has a scratching pad but she never uses it.

However, she's

great at scratching furniture and carpet.

I don't know what else to do to make her use her scratching pad.

Among other things, I've tried spraying her with water but nothing has helped.

~ L.E.

Hi L.E.,

Cat experts used to say that this sort of scratching was useful in claw sharpening.

Now they're pretty sure that when the scratching is directed vertically as in the sides of furniture it is a "post-it-note," territorial sort of behaviour.

It's the cat's way of telling other cats, "The humans in this household are already owned. Look elsewhere."

When it's horizontal (floor) scratching, the theories depend on where.

The "around the litter box" theory is that it's done to cover up any

sign of their presence.

I have my doubts about that.

When my old cat Timmy made a deposit, you could drop several tons of baking soda on top and it would

still make the neighbours' eyes water.

Its covered status didn't fool my dog much either who, if left unfoiled, seemed to think such things were treasured delicacies and more than





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Page 18 Harbour Spiel

once provided me or a guest with an ecstatic kitty litter moustached snout-in-the-face.

You don't mention any food in the vicinity but cats that scratch about their food are thought to be doing as their wilder brethren do which is caching leftovers for later.

It could also be as simple as your kitten finding your past reactions amusing and she's just pushing your buttons.

Dogs do similar things like sometimes swiping the skimpiest underwear they can find in the laundry basket so they can parade it around in front of visitors in the hopes of a chase and a tug-of-war which, happily enough for them, is often the outcome.

The trick with getting a cat or a kitten targeting a scratching post is usually in its physical placement, consistency in the consequence for not doing so and most importantly getting the cat to believe it was all their idea.

The way things now sit, she is just as likely thinking you have spontaneous periods of madness for which spraying her with water has become your only relief and in order to calm her harried nerves she has developed the habit of seeking solace in furniture scratching.

If this is territorial in nature it might help to borrow a pre-scratched post from a cat owning friend.

That miffs some cats into scratching a message right back.

However, you should understand that there is a potential risk — more so with an adult rather than a kitten.

Some cats might decide a more powerful message needs to be sent and decide to send some spray marking pee-mail as well.

Let's try the following first:

To have maximum appeal, a scratching post should be set up in the most heavily used and trafficked areas of your house.

Unless you're in a small apartment, get more than one.

You can also try alternate scratching surfaces.

There's rope, cardboard, boards and even logs to choose from.

For consistency in consequence, and to prevent your kitten from developing a nervous twitch every time you turn on a tap, ditch the water bottle and buy some two way carpet tape.

Fasten the tape to targeted furniture as a "Don't scratch here" spot.

It's a temporary nuisance and if you keep a scratching post in place as the acceptable alternate your kitten should re-direct and, as is the preference of all felines, pretend it was all her idea in the first place.

> Pawsitively yours, John Wade

e-mail John at: johnwade@johnwade.ca or visit his website at www. johnwade.ca





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~ My home or yours

## Thank You.

A big thank you to everyone for participating in the celebration on my receiving the Queen's Diamond Jubilee Award:

Doug Davis Devon Ross Sunny Charboneau Cindy Cameron Nicholas Simons Joan Postnikoff Marlene Cymbalist

And to my family: June, Arnie, Bruce and Marilyn for helping set the hall Friday night (John was sick and unable to help). To everyone who helped in any way — to serve, provide refrshment, for the good wises, cards, flowers and for attending to make it a memorable occasion. It was a wonderful day.

~ MURIEL CAMERON





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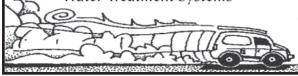
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February 2013



## Let it be heard with an approval or disapproval.

Send to: **editor@harbourspiel.com**. Include full name and telephone number for confirmation. (Editor reserves the right to edit for length.)

A Harbour Seal of Approval and a big thank you to everyone who did baking, donated and attended the P. H. Community Club craft fair and bake sale on Dec. 8. It is only with your support the community hall can keep operating.

Muriel Cameron P. H. Community Club

Harbour Seal of Approval to the **friends of Christ the Redeemer Anglican Church** who volunteered, donated, and participated in our Kick Start for Kigeme fundraiser in November. We raised \$2,500 for the completion of a building for entrepreneurs in the business centre of Kigeme, Rwanda.

> Linda Goble Kick Start for Kigeme

The Pender Harbour Golf Club would like to send huge Harbour Seals of Approval to **Troy at the IGA** for his donation to Breakfast with Santa, the **Coast Reporter** for the use of their Santa Costume and to **everyone** who supported our Ukrainian dinner on Jan 5.

Jan Watson P. H. Golf Club Harbour Seals of Approval to everyone who helped to make the Pender Harbour Food Bank shelves full again. We so appreciate the many generous donors for their continued and unsurpassed generosity. The Harbour cannot contain our appreciation.

Joka Wright Pender Harbour Food Bank

A huge Harbour Seal of Approval and best wishes for the New Year to **Peter Kenny, Don Orchard and the other fellow** who came forward to help when our car wouldn't start in the IGA parking lot. Good Samaritans indeed.

Jim and Irda Sherman

Many thanks and warm hugs for **Rory and his two buddies** who spent time and energy to ensure that I got home safely from the IGA parking lot when I had car trouble late in the afternoon of Dec. 12.

Barbara Rocheford

A Harbour Seal of Approval to the **Pender grads of 2002**, for their generous donation to the hot breakfast program.

Paola Stewart P. H. Community School

Harbour Seals of Approval to the **Pender Harbour Volunteer Fire Department (Garden Bay and Madeira Park)** for generously donating their social fund money to the hot breakfast program at PHSS.

Paola Stewart
P. H. Community School
PHSS staff and students

A mailbox full of Seals of Approval to the **gentleman who returned my mail key** to the Garden Bay post office. We live in the best community ever.

Ann Harmer

A Harbour Seal of Approval to **Bruce of Garden Bay Plumbing and Heating**. Thanks for fixing our water pipe.

Sunny Charboneau P. H. Community Club

Kudos and Harbour Seal of Approval to all **the teachers, parents and children** who put on a wonderful Christmas Play in the hall this past December.

Marlene Cymbalist P. H. Community Club

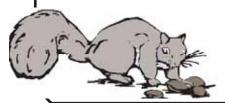
Big Saluting Seals to Michelle King, Natasha Pahljina and Crystal Goodwin for organizing the New Years Dance. Very well done and congratulations on your \$600 profit for the Community Club.

Also, to **Heather Brown and Hazel Reid** for bartending and all the rest who volunteered as drivers and security.

Marlene Cymbalist P. H. Community Club

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## LOGGING PLANNED IN S. PENDER HARBOUR DRINKING WATERSHED

Elphinstone Logging Focus (ELF) has learned that logging in South Pender Harbour's Community Drinking Watershed could begin Spring 2013 without adequate public input, and knowledge of the water purveyor, the Sunshine Coast Regional District.

BC Timber Sales (BCTS) plans to log an area of 30 hectare with the "majority" being located in the McNeill Lake Community Watershed area. Ownership and operation of the South Pender Harbour Water System was assumed by the SCRD in 2008. This system provides potable water to approximately 2,300 residents in the Madeira Park and Frances Peninsula areas. The source of supply is from McNeill Lake and the water intake is on Haslam Creek.

"Logging in the McNeill Lake community watershed should be of great concern to the residents who rely on the water for their domestic consumption," Ross Muirhead of ELF states. "BCTS is setting the low price of the timber sale at \$500,000. The long-term damages to the drinking water could easily exceed the gross revenue of the timber sale. Are SCRD directors in favour of this? It's well documented in scientific literature that the loss of trees and corresponding root systems affects the hydrology of surface and ground water timing and storage. In this day and age of climate change and droughts, the implications of removing forest cover are dire."

Hans Penner of ELF states, "BCTS also confirms that the area is heavily used by the public for recreation, yet no provisions are in place to protect the current trail system. It's outrageous that this logging is being imposed upon the community of South Pender." Penner continues: "Even if a new treatment plant is built for this watershed late 2013, increased sediment levels can lead to

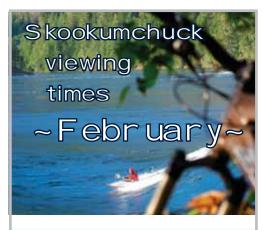
higher maintenance costs of filters and its waterworks. The demand for higher levels of chlorine to deal with the bacteria that is obscured by suspended sediments is a real possibility. Chlorine is a known carcinogen and its levels should be minimized. Cleaner the water, equals lower levels of chlorine required to treat the water."

On Jan. 17, SCRD called upon BCTS to cancel the logging within the McNeill Lake community watershed and to respect SCRD's long-standing position of not supporting timber extraction within drinking watersheds.

Residents are encouraged to contact the senior planner for BC Timber Sales Norm Kempe in Campbell River at 250-286-9359. Also, call the SCRD director for your area, Mr. Frank Mauro at 604-740-1457 to voice your concerns.



FOR FURTHER INFORMATION CONTACT ELPHINSTONE LOGGING FOCUS: www.loggingfocus.org e-mail: loggingfocus@gmail.com



DATE/TIME - SIZE (small, medium, large, extra large), EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

Feb. 1	<b>7:28</b> am +XL, 2:26 pm -L
Feb. 2	8:05 am +XL, 3:06 pm -XL
Feb. 3	8:43 am +L, <b>3:41 pm -XL</b>
Feb. 4	9:45 am +L, <b>4:37 pm -XL</b>
Feb. 5	11:02 am +M
Feb. 6	7:41 am -S, 12:20 pm +M
Feb. 7	8:50 am -M, 1:24 pm +M
Feb. 8	9:45 am -M, 2:20 pm +L
Feb. 9	10:31 am -M, 3:12 pm +L
Feb. 10	11:24 am -L, 4:03 pm +L
Feb. 11	12:01 pm -L, 5:07 pm +L
Feb. 12	12:41 pm -L
Feb. 13	1:28 pm -L
Feb. 14	2:02 pm -L
Feb. 15	2:36 pm -L
Feb. 16	7:45 am +L, 3:13 pm -L
Feb. 17	8:20 am +M, 3:54 pm -L

9:06 am +M, 4:42 pm -L

10:22 am +S, 5:41 pm -L

8:10 am -M, 1:05 pm +M

8:57 am -M, 1:53 pm +M

9:37 am -M, 2:37 pm +M

10:14 am -M, 3:20 pm +L

10:49 am -L, 4:03 pm +L

11:22 am -L, 4:57 pm +L

11:53 am -L, 5:46 pm +L

11:56 am +S

harbour almanac

## **BIRTHDAYS**

Feb. 1 ~ Randy Rayment and Earl Stewart.

Feb. 2 ~ Mary Cochet, Jennifer Jones, and Paola Stewart.

Feb. 3 ~ Chloe Campbell.

Feb. 4 ~ Susan Hardie.

Feb. 5 ~ Rick Hartley and Roland Fritz

Feb. 6 ~ Lachlin Rand.

Feb. 9 ~ Jovce Garbers and Jackie Crowell.

Feb. 10 ~ Wendel Welander and **Eddie Smith.** 

Feb. 11 ~ Cody Pantages, Scott Smith and Chris Garbers.

Feb. 12 ~ **Ab Haddock** and **Tony** Rabachuk.

Feb. 14 ~ Dolly Clayton, Steve Morton, Christine Fenn and Elsie Rennie.

Feb. 15 ~ **Shawna Lee Edwardson.** 

THE DAYS

Feb. 16 ~ Irene Boyd and Betty McDonald.

Feb. 17 ~ **Dot Farrell, Daniel Dore** and Jessica Munro.

Feb. 18 ~ Dr. Rick Smalley.

Feb. 19 ~ Don & Joan McDougall.

Feb. 21 ~ Ron Pratchett, Ryan Phillips, Helen LeBlanc and Cathy Silvev.

Feb. 22 ~ Chelsea Scoular.

Feb. 23 ~ Evelyn Cumming and

Donna Campbell.

Feb. 24 ~ **Debbie Rand.** 

Feb. 25 ~ Bruce Haines.

Feb. 27 ~ **Neale Smith** and **Rick** Jones.

Feb. 28 ~ Nolan Percival, Trevor Morin, Bob Walsh, Erin Fraser and Sharlene Gamble.

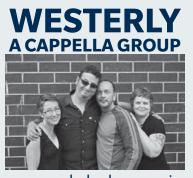
## FEBRUARY ASTROLOGY

AQUARIUS: JAN. 21 - FEB. 18

Relaxation, enjoyment and pleasure are emphasized for you now. This is not a time to push yourself or be involved in activities that require intense energy. Co-operative, harmonious relationships are more important to you at this time. You feel like socializing and being friendly. It is important to accept this joy because you will soon discover that 2013 will bring a terrific volume of stress. So, for now, try to relax.

#### **PISCES: FEB. 19 - MAR. 19**

Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics. Pisceans are often religious or mystical. Keep your health strong from the very start of February to be sure you stay in strong shape for work demands at month's end. Financially, and in real estate, you will do so well you will need to pinch yourself on Feb. 24. Make sure to have the champagne chilled.



www.penderharbourmusic.ca

Sunday, February 17 at 2 pm School of Music Madeira Park

Tickets \$25 | Harbour Insurance, John Henry's Marina Sechelt Visitor Centre, Gaia's Fair Trade

Sponsored in part by Elaine and Gary Park

These are estimates only and not intended for navigation.

12:25 pm -L

Feb. 18

Feb. 19

Feb. 20

Feb. 21

Feb. 22

Feb. 23

Feb. 24

Feb. 25

Feb. 26

Feb. 27

Feb. 28

## OF FEBRUARY

## THE END OF THE PENNY: FEB. 4, 2013

In its *Economic Action Plan 2012*, the government announced it would eliminate the penny from Canada's coinage system due to its excessive and rising cost of production relative to its face value The move is estimated to save Canadian taxpayers \$11 million annually. As Feb. 4, 2013 approaches — the date that's been determined as the start date for the phase-out of the penny from Canadian circulation — retailers and consumers should take note of what these changes will mean to the Canadian retail landscape.



#### WHEN TO ROUND

Only cash transactions require rounding. Cheques and transactions using electronic payments (debit, credit and payments cards) do not need to be rounded because they can be settled electronically to the exact amount. For any cash payment, only the final amount (or equivalently, the change owed) should be subject to rounding. Individual items, as well as any duties, fees or taxes, should be tabulated in their exact amount prior to rounding, as illustrated:

## ARE BUSINESSES REQUIRED TO ACCEPT PENNIES AFTER FEB. 4, 2013?

While businesses do not have a legal obligation to accept any particular Canadian coins or bank notes in a retail transaction, the penny will continue to be legal tender like all other Canadian coins, and businesses may accept the coin as a means of payment if they so choose.

## ARE BUSINESSES OBLIGATED TO FOLLOW THE SYMMETRICAL ROUNDING GUIDELINE PROPOSED BY THE GOVERNMENT OF CANADA?

Businesses are expected to round the final amount (or equivalently, the change owed) of any cash payment in a fair, consistent and transparent manner.

#### SHOULD BUSINESSES ROUND THE PRICES OF INDIVIDUAL ITEMS?

No. Only the final amount in a cash transaction (or equivalently, the change owed) should be subject to rounding. Individual items, as well as any duties, fees or taxes, should be tabulated in their exact amount prior to rounding.

Illustrations and text sourced from canada.gc.ca





## FEBRUARY WEATHER

## TEMPERATURES, MERRY ISLAND

Our average February daily high temperature is 7.5 C; average low is 3.4 C, giving us a mean daily temperature of 5.5 C. The highest February temperature recorded is 14.3 C (Feb. 27, 1986); the lowest is -10.1 C (Feb. 13, 1990).

## PRECIPITATION, MERRY ISLAND

February should have about 85.7 hours of bright sunshine (the most since October), 16 days with measurable rainfall and one day with measurable snowfall. February should have a total rainfall of 97.9 mm and a total snowfall of 6.7 cm. The highest February daily rainfall recorded is 49 mm (Feb. 11, 1983); the highest February daily snowfall recorded is 22.9 cm (Feb. 15, 1983).









## www.penderharbourhealth.com

Please check the website for current hours and information.

## NURSING SERVICES – 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays
• Blood tests • ECGs • Injections

- Home Care/Palliative care Dressings
- Blood pressure Diabetes and Nutrition Counselling

## **DENTISTRY** – 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

**Darlene Fowlie – Hygienist** 

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures Surgical Extractions

## PUBLIC HEALTH NURSE - 883-2764

- Well Baby Clinic
- Child and Adult Immunizations
- \*\*All travel immunizations done in Sechelt

## FAMILY NURSE PRACTITIONER-883-2764

Kimberley Musclow BA, MSN NP(F) SANE

• Women and Youth Health Services

## **FOOT CARE NURSE** – 740-2890

**Sharon Gilchrist-Reed LPN** 

- Foot care nursing
- Reflexology/Kinesiology

## **DIETICIAN** – 883-2764

Diane Paulus,

Registered dietician, Certified diabetes educator

Available every second Wednesday

## COUNSELLING SERVICES

Siemion Altman – MD Psychiatrist – 885-6101 Mary Lang - Drug and alcohol counsellor - 885-8678 Karl Enright – Psychiatrist – 883-2764

Tim Hayward – Adult Mental Health – 883-2764

## **PHYSICIANS** – 883-2344

Drs. Cairns. McDowell & Robinson.

Monday to Friday 9 a.m. – 5 p.m.

- General/family practice by appointment only
- Please bring your Care Card to all appointments

## **HARBOUR PHYSIOTHERAPY** – 740-6728 Paul Cuppen, RPT, BSc

- Musculoskeletal Examinations
- Sports Injury Treatments
- Post-operative Therapy/Home Visits

## CHIROPRACTORS – 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 885-5850

## Dr. Terry Dickson, DC, BSc, ART provider

• Available by appointment Saturdays and Mondays of every second and fourth weekend of the month from 8 a.m. - noon.

## MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT: CHILD AND YOUTH MENTAL HEALTH

Elaine Hamel and Rhonda Jackman, child and youth mental health clinicians available:

- P. H. Clinic Tues. & Wed. afternoon
- Mental Health Assessments & Therapy: Children age 0-19
- For more information call: Child & Youth Mental Health Intake (604) 740-8900 or (604) 886-5525

Alcoholics Anonymous meets Wednesdays at 8 p.m. – Everyone welcome. LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area

Page 28 Harbour Spiel

## February is heart health awareness month

By Kathy Bergman, RN

February is heart awareness month, dedicated to raising awareness about heart disease and prevention.

Cardiovascular disease is the greatest health problem in Canada.

Health Canada says 37 per cent of Canadian men and 41 per cent of women will eventually die from some form of CVD.

Eight in 10 Canadians have at least one risk factor and 11 per cent have three or more.

#### **RISK FACTORS**

- High blood pressure;
- Smoking;
- High blood glucose or diabetes;
- Physical inactivity;
- Unhealthy diet;
- High blood cholesterol/lipids levels:
  - Excess weight and,
  - Family history.

If you have one or more of these risk factors, let's help you get motivated on making some changes.

If you have high blood pressure make sure that you are getting it checked regularly and if you are on blood pressure medications it is important to take them as ordered.

#### **SMOKING**

Call 811, the health information line, to register for the provincial government's "Quit Smoking" campaign.

They will give you a number that you can take to a pharmacy for a free 12 week supply of the patch or gum.

This is covered once a year (the pills may or may not be covered).

#### **HIGH BLOOD SUGAR**

If you have high blood sugars, our diabetic RN Nancy and our dieti-

cian Dianne can provide valuable counselling.

Make sure you monitor your blood sugars regularly at home.

Have your A1Cs done every three months.

#### PHYSICAL INACTIVITY

Start small, exercising 10 minutes, three times a day rather than 30 minutes straight.

Get a buddy to help you be more accountable.

Talk to Deb at the P. H. Aquatic and Fitness Centre about some of the excellent programs being offered.

#### **UNHEALTHY DIET**

Start by reading food labels.

Consider choices that are lower in salt, sugar and fats.

Eating three meals a day reduces the vulnerability to unhealthy snacking.

Increase your intake of fruits and vegetables.

#### **HIGH CHOLESTEROL/LIPIDS**

See your doctor regularly and get your fasting blood work done.

If you are on medications, take them as ordered.

Meet with the dietician if you have questions or concerns.

#### **EXCESS WEIGHT**

There are some simple things that can help you lose weight.

Try using a smaller plate.

Eating whole grains, fruits and vegetables will reduce calories while adding bulk and giving you a satisfied feeling.

#### **FAMILY HISTORY**

If you have a family history of CVD make sure that you are taking

the steps to maintain a healthy lifestyle.

Make sure your doctor is aware of the family history so that screening tests will be ordered as needed.

The P. H. Health Centre is a resource centre for the BC Heart and Stroke Foundation.

We have DVDs, books and many pamphlets here for you — please check it out.

#### **HAPPY HEARTS PLUS**

Last year we ran two successful cardiac recovery programs for people who had experienced a myocardial infarction, cardiac stents or open heart surgery.

We are now offering the Happy Hearts Plus community program.

This will be a six-month program, including twice a week supervised exercise program and a weekly educational program.

All participants need to be seen and referred by Dr. Wadge.

#### HARBOURSIDE FRIENDSHIPS

Harbourside Friendships meets on Thursdays at the Legion.

Join us for coffee and social at 10:30 a.m. A hot lunch for \$7 is served at noon.

February 7: Do You Remember? Join a sharing circle to discuss certain topics from the past.

February 14: Valentine Special. Dress up in your favorite red outfit and join in special activities to celebrate this popular holiday

February 21: Jan Smalley, representative from the P.H. Community Policing Program will discuss their role.

February 28: Keep it moving with fun with bean bag games and beach ball hockey.

February 2013

## Teen-eye view of violence and a series of mishaps in two worthy



By Theresa Kishkan

The American writer Louise Erdrich grew up in North Dakota as a member of

the Turtle Mountain Chippewa Band.

Her novels explore both the traditional world of her native background and the equally traditional influences of the German-French branches of her family tree.

The Round House (HarperCollins Publishing, 2012) recently won the National Book Award for fiction. In a way, Erdrich's books are one story, or series of connected stories, woven like a sweetgrass basket, containing the rich history and mythology (the two often indistinguishable from one another) of the Chippewa/Ojibwa people

and those who have encountered them, converted them, taken their land, educated them, married them, observed them, loved them, and in

The Round House, committed vicious acts of sexual violence on them.

The plot of *The Round House* hinges on responsibility. Who has it, who can act on it and what are its consequences. The round house itself is a derelict building, on an Ojibwa reservation near Hoopdance, N.D., and is a place with sacred status. But there are jurisdictional issues associated with

land on the reservation and justice is a tricky concept with several levels of law enforcement occasionally at odds with one another.

Erdrich often uses multiple narrators in her novels. This serves to enrich the work in a number of ways, with stories within stories within stories providing texture and historical resonance. But in *The Round House*, the story is told from the perspective of Joe Coutts, a 13-year-old boy, the son of a tribal judge and his wife, a tribal enrolment specialist who is the victim of a brutal rape.

Joe is an engaging narrator. He spends the summer as many boys do, riding his bike in the company of three friends, in search of excitement and maybe beer. He is loyal and intelligent and when the search for his mother's attacker progresses too slowly, he decides to try to figure things out himself. He operates on

intuition as well as anger.

In an interview on the National Book Award website, Louise Erdrich

commented on her decision to have Joe tell the harrowing story at the heart of *The Round House*.

"The immense difficulty of prosecuting crimes of sexual violence on reservations has haunted me for many years, but I didn't know how to tell the story. I wanted to write it as a suspense novel. How else to include jurisdictional com-

plexity? I didn't want to

bore myself. When my main character, Joe, started talking, I knew I had been waiting for him. A writer's gift. Even now I miss writing in his voice and miss working on this book."

The Round House is beautifully written, the voice of Joe fresh and lively, and there's lots of humour in what could have been a didactic book about justice and revenge. Like the ceremonial house of its title, with its history of traditional spiritual practices as well as attempts on the part of priests and bureaucrats to eradicate these ceremonies, the novel resounds with laughter as well as sorrow.

A novel can be a simple story, beginning at the beginning and moving in a stately and predictable measure towards its conclusion. Or, in the hands of a writer like Bill Gaston, it can be a wild, unpredictable collection of yarns stitched untidly into a

## **BC Bestsellers:**

(For the week of Jan. 20, 2013)

- Indian Horse by Richard Wagamese
- 2. Eating Dirt by Charlotte Gill
- 3. **Unlikely Love Stories** by Mike McCardell
- **4. Making Headlines** by Shelley Fralic
- Art of the Impossible by Geoff Meggs and Rod Mickleburgh
- **6. Liquor, Lust, and the Law** by Aaron Chapman
- 7. The Book of Kale by Sharon Hanna
- 8. British Columbia by Derek Hayes
- **9. Escape to Gold Mountain** by David H.T. Wong
- **10. Bruno and the Beach** by Jackson Davies and Marc Strange

~ Assn. of Book Publishers of BC



## books for your spring reading

colourful tapestry called *The World* (Hamish Hamilton, 2012).

The World opens with recentlyretired Stuart Price burning his mortgage papers to celebrate the final
payment on his house. It's a simple act
that has repercussions: Stuart has forgotten to pay his house insurance and
the little fire he's kindled in a planter
on his deck smolders away while he
sleeps and ignites his entire house.

While his adjuster tries to figure out the best course of action, Stuart gets in his 33-year-old Datsun and sets out to visit an old friend in Toronto. Melody is a former bass player, now dying of throat cancer; she is also helping her elderly father Hal living in the Alzheimer's wing of a care home. Hal is the author of a forgotten book about the leper's colony on Darcy Island, off the coast of Vancouver Island.

The trip east does not go smoothly. Stuart's glasses break in Banff during a clumsy tryst in his tent with Kath, a woman from the next camp-

site; she rolls over and he spies "his glasses poking out from under her sleeping bag, badly bent...Gently, gently, he bent back, bent them back — they snapped, one lens dropping out."

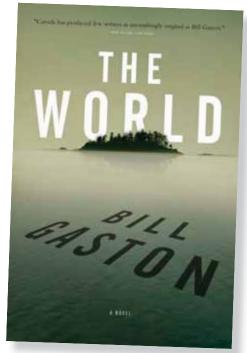
As well as breaking his glasses, Kath gives him nits. His Datsun gives up in Parry Sound.

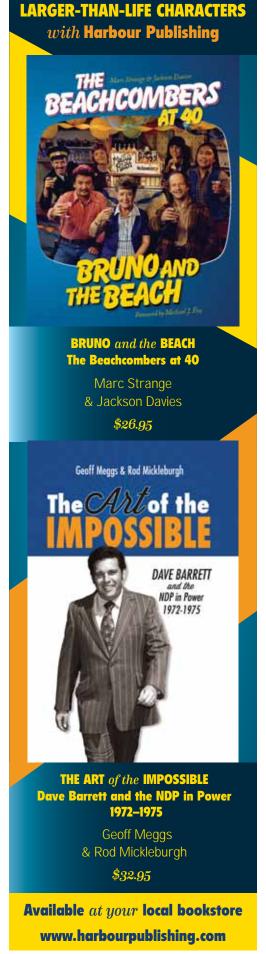
In Toronto, Stuart takes on the task of reading to Hal and several other residents of the care

home. The text? Hal's novel, also called *The World* (which may or not be autobiographical). Sometimes this reading serves as a memory prompt to Hal; it also raises many more questions about authenticity and history.

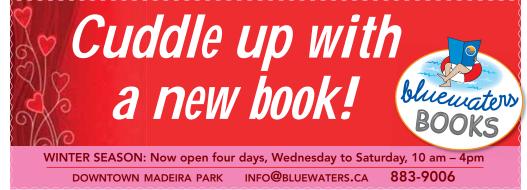
Bill Gaston is a wonderful writer. The unlikely elements

of this book come together in such an original fashion that the reader is left wondering how on earth he accomplished it but grateful that he did.





Explore British Columbia's



## The continuing story of Wei Hsu, the first non-native resident of



Vague recollections have persisted for many years that the first non-native person to live in Pender Harbour was a Chinese man who operated a fish saltery in Irvines Landing.

Before Charles Irvine landed here and lent his name to the stretch of beach at the western entrance to Pender Harbour, a family named Hsu had settled there in 1873.

The historic events depicted here are loosely based on the author's own imagination and should not be interpreted as fact — unless it suits the reader to do so.

By Anne Crocker

## PART XXXI (Continued from January 2013)

After a period of absence Wei Hsu start reappearing in Mary Hsu's journals beginning in early 1882. During the previous couple of years, very few references exist other than short notes about his physical health.

"Papa sleept today. Same for 3 days." ~ October 17, 1881

Various notes point to painful bouts of headaches accompanied by what seem to have been short fits or seizures. There is little mention of Wei Hsu working or undertaking fishing trips and it is believed he may have been suffering from both an increase in severity of the remnant effects of an 1862 head injury and his lifelong dependence on opium, the use of which likely increased to combat his pain.

Mary would often write short descriptions of her mother trying to remove "bad spirits" she believed were causing the fits by brushing her father with cedar boughs or burning a cedar smudge in their home.

Around the turn of 1881, Mary's journals suggest her mother took a much more active role in her husband's treatment. For a Nlaka'pamux woman like Lucy, there would have been little question that her husband's affliction was caused by evil spirits. After months of trying to evict them from their home, she began to experiment with another method. Mary hints at what that may have been in her journal:

"Mama mixed the cedar smoke with Papa's pipe. He smoked it every day and the bad spirits left him"

~ March 4, 1882

Historians later inferred the journal entries suggested Lucy mixed cedar with Wei Hsu's opium. In this way, Hsu would inhale cedar smoke along with the drug.

There's little anthropological evidence to suggest the practice of inhaling cedar smoke was commonly used by BC's aboriginal people to purify themselves of bad spirits. Typically smudges involved catching smoke in one's hands and rubbing it on the body to cleanse themselves. Lucy may have been desperate and, lacking access to someone with knowledge of traditional medicine, probably experimenting.

Either way, by the spring of 1882, Wei Hsu's health improved and it was attributed to her care. He would still go on to suffer regular bouts of headaches so it's possible his resumption of activity was due more to a reduction in his dependence on opium than any medical improvement.

Modern medicine wouldn't condone inhaling cedar smoke as a cure for opium addiction but it may have diluted his opium experience just enough to gradually allow him to resume duties around the salt shed and to once again take an active hand in family life.

Whatever pushed Wei Hsu back into activity, the timing couldn't have been better. As he started to regain his wits and strength, the Hsu family received an ominous visit from a group of men in late-March 1882.

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## **Pender Harbour**

While their neighbours in Sechelt had been fighting with authorities over land allocations since 1873, the few Shishalh who remained in Pender's Harbour thought little of ownership or land rights.

Occasionally an errant logger or two would arrive, take out a few trees and disappear but there seemed little threat to the residents of Pender's Harbour in 1882. But that was about to change.

Canada's Joint Indian Reserve Commission was created in 1876 to settle the question of Indian reserve allottment.

Prior to this point, the division of power between the Dominion of Canada and its provinces was was in a state of flux on many issues including the question of native land.

When British Columbia entered into Confederation in June 1871, responsibility for Native people shifted, in principle, from the colonial office in Britain to Ottawa.

This set the stage for friction between Ottawa which, though completely ignorant of British Columbia, was prepared to exercise its custodial role over BC's Indians, and a provincial power responsible for lands and resources that was used to running the colony themselves while favouring the interests of a growing settler society.

While Ottawa administered and paid for reserves, BC controlled much of the decision process with regards to their allocation.

The next decade would be a pivotal one in the future of the division of British Columbia and how land policy disputes would linger until today.

In 1876, commissioners had nearly absolute power to dictate reserve allocation based not on a fixed theory but on the "habits, wants and pursuits" of particular bands and those of white settlers already encroaching on them.

Their solution was to create a scattering of small reserves rather than large ones in an effort to encourage natives to mingle with whites and adopt their civilized habits while seeking wage labour in sawmills or canneries.

When it came to property disputes, much

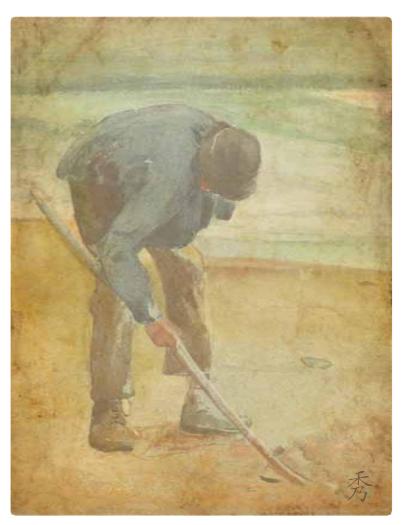
weight was given to claims by legal white landowners or even industrious white squatters, especially in cases where the land seemed to "lie idle."

Though officials in Ottawa doubted the legality of the provincial denial of Native land rights, they would go along with the province's pragmatic approach to land disputes out of trust and an effort to foster good relations.

With these policies at reign, more attention was being paid to formerly surveyed lands as surveyors set off across BC intent on ensuring there was room for white colonization.

In 1882, they visited Pender's Harbour.

Continued next month.



Artwork courtesy of Hsu family archives

Mary Hsu painted this portrait of her father Wei Hsu digging clams in March 1882. It indicates he had started to resume physical activity after a prolonged bout of illness.

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

## **FEBRUARY**

Tues. Jan. 29Literacy Week all-day Scrabble - Bluewaters Books
Sun. Feb. 3Sunday Jam with Mark Vance - Garden Bay Pub, 2 p.m.
Thurs. Feb. 7Marketplace IGA Customer Appreciation Day
Sun. Feb. 10Valentine's Day Pancake Breakfast - P. H. Lions Hall, 9 a.m noon
Sun. Feb. 10Sunday Jam with Joe Stanton - Garden Bay Pub, 2 p.m.
Tues. Feb. 12P. H. Women's Connection presents Dianne Whelan
Thurs. Feb. 14Valentine's Day
Fri. Feb. 15LaVerne's Grill opens for the season
Sat. Feb. 16
Sun. Feb. 17Couples massage workshop - InTouch Therapeutics Yoga Studio, 11 a.m.
Sun. Feb. 17Sunday Jam with Larrie Cook - Garden Bay Pub, 2 p.m.
Sun. Feb. 17
Tues. Feb. 19
Mon. Feb. 18Family Day (stat holiday)
Wed. Feb. 20P. H. Rotary presents Burger & Beer - Grasshopper Pub & Garden Bay Pub, 5 to 8 p.m.
Sun. Feb 24P. H. Community Club AGM - P. H. Community Hall, 1 p.m.
Sun. Feb. 24Sunday Jam with Peter B3 - Garden Bay Pub, 2 p.m.
Tues. Feb. 26P. H. Women's Connection presents Edmund Arceo

Harbour Spiel Trivia Answers: 1.c 2.b 3.c 4.d 5.b 6.a



"Skeptical scrutiny is the means, in both science and religion, by which deep thoughts can be winnowed from deep nonsense."

~Carl Sagan



MARINE SERVICES

## We're Your Guys!

Looking to transform your waterfront property? Meet Ryan Daley & Ryan Hanson of Wakefield Hanson Marine. They're your guys on the coast.

They are experts in marine consultation, design and construction services. With over 30 years of combined experience, there's no question they're the guys to deliver coastal solutions.



## Wakefield and Hanson Marine join forces to build better on the coast

Lance Sparling, President and Chief Business Builder of Wakefield Construction Inc. is pleased to announce the consolidation of Wakefield Marine Services with Hanson Marine Services, forming the new company, Wakefield Hanson Marine Services, a subsidiary of Wakefield Construction Inc.

The new venture is led by Ryan Daley, General Manager, and Ryan Hanson, Operations Manager, and will perform key services related to Marine consultation, design and construction.

"We are very fortunate that within a short time frame both Ryans came to us with a shared vision of establishing a marine services company that shares Wakefield's values of providing professional quality craftsmanship, with deep green building practices," says Sparling. "It's a perfect fit for Wakefield and we look forward to growing this part of our business with these talented individuals leading the way."

Ryan Daley joined Wakefield in the spring of 2012 as a marine services specialist in building decks, ramps, floats and boathouses. Originally from Burnaby, BC, Ryan moved to the Sunshine Coast over 10 years ago. He has worked in various fields throughout the years including construction, long-shoring at Howe Sound Pulp and Paper Corporation, and sales at Sunshine GM. Prior to joining Wakefield, Ryan worked as a general manager for a local marine construction and transportation company.

"I'm thrilled that both companies recognized the competitive advantage of joining forces so we can better serve our homeowners and clients," says Daley. "Ryan Hanson is truly a unique talent and we are lucky to have him."

As president of Hanson Marine Services, Ryan Hanson joins Wakefield after a 20-year legacy of working in the family business founded by his father Lex Hanson. Ryan's passion is in designing and installing high quality systems in coastal environments. Ryan brings his crew of highly trained equipment operators, welders and fabricators to the relationship.

"I'm excited about this enterprise and am confident that working with Wakefield will benefit our clients straightaway," says Hanson.

Through Wakefield Hanson Marine Services, Ryan and Ryan offer a unique one-stop solution for coastal and island waterfront residents and recreational homeowners. For more information, visit www.wakefieldinc.ca.

Call Ryan Daley today at 604.740.6720 to arrange a free consultation or email him at ryan@wakefieldinc.ca

www.wakefieldinc.ca



one year anniversary

CAR:

**OWNER'S NAME:** 

**TELEPHONE NUMBER:** 

E-MAIL:

One winner/vehicle per contest period: March1, 2013 to March 1, 2014. Up to a \$75 value each visit to a maximum four oil changes.

Beside Pender Harbour Diesel.

13544 Sunshine Coast Hwy. Open Monday to Friday, 8 am - 5 pm

604.883.3646

GOOD TEAR TOWNS THE THE THE THREE TRUE TO THE TRUE TO

# PHAT's

one uear anniversaru contest

Pamper your car with free oil changes FOR A YEAR!

One lucky car will win oil changes for a year.

Submit entry form to Pender **Harbour Automotive and Tire** by Feb. 28 to be eligible.

Pender Harbour Automotive & Tire 604 883 3646

Canucks Game?

Pizza.

Fri, Feb. 1 Mon, Feb. 4 Tues, Feb 7 Sat, Feb. 9 Tues, Feb. 12 Fri. Feb. 15 Sun, Feb. 17 Tues, Feb. 19 Thurs, Feb. 21 Fri. Feb. 22 Sun, Feb. 24 Tues, Feb. 26

#### Visitor

Blackhawks Canucks Canucks Flames Wild Stars Blues Canucks Canucks Canucks Canucks Coyotes

#### Home Canucks

Oilers Wild Canucks Canucks Canucks Canucks Blackhawks Stars Predators **Red Wings** Canucks

7 p.m. (TSN, RDS2)) 6:30 p.m. (RDS2, Sportsnet) 5 p.m. (Sportsnet) 7 p.m. (CBC) 7 p.m. (TSN) 7 p.m. (Sportsnet) 6 p.m. (Sportsnet) 5:30 p.m. (Sportsnet) 5:30 p.m. (Sportsnet) 5 p.m. (Sportsnet) 2 p.m. (Sportsnet) 7 p.m. (Sportsnet)

## Harbour Pizza 883-2543 Triple B's Burgers

Oak Tree Market

The home of local live music.

## **TUESDAYS:**

\$6 Wings (after 4 p.m.) & \$3.95 domestic beer

#### **FRIDAYS:**

Meat Draw (5 p.m.) & \$10 pasta special

#### **SATURDAYS:**

\$14.95 Prime Rib (while quantities last)

## **SUNDAYS:**

Breakfast Brunch & Caesars on special (until 4 p.m.)

## LIVE MUSIC SUNDAYS @ 2 PM

FEB. 3: **SUNDAY JAM: Mark Vance** FEB. 10: SUNDAY JAM: Joe Stanton **SUNDAY JAM: Larrie Cook** 

FEB. 24: SUNDAY JAM: Peter B3 & guests

6 PUBS

4 CLUBS

# BURGER & BEE

## EVENT WEDNESDAY FEBRUARY 20TH

All proceeds going to the St Mary's Hospital Foundation

PARTICIPATING **PUBS** 

**GRAMMA'S** BLACKFISH LIGHTHOUSE **GILLIGANS** GRASSHOPPER GARDEN BAY

coast project partners

## TICKETS \$20.00

Available from Rotarians

Sunshine Coast Credit Union-Lori Sechelt

Garry: 604 741-7729

Sunshine Coast Credit Union-Janice

Madeira Park

Sunshine Coast Credit Union-Raylene Garden Bay

