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HARBOUR SPIEL

January 2019
Issue 337



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EDITOR

Brian Lee

CIRCULATION (2,300)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Alicia De Leo, Leonard Lee, Robert Livingston, Shane McCune and Richard Tomkies.

COVER

The *Orenda II* at its home at the head of Gunboat Bay where it has sat for four decades. (Brian Lee photo)

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Next issue arrives Jan. 31

editorial

A cull us proposal



Brian Lee

I recently attended a talk by Brian Riddell, the CEO of the Pacific Salmon Foundation.

Riddell outlined threats to BC's wild salmon — warming ocean and freshwater temperatures, destruction and alteration of stream and estuary habitats, fishing pressures, pollution and Harbour seal predation.

On the latter, he supports a growing movement for a seal cull.

I don't disagree.

Once again, we've tipped the natural balance and have a responsibility to try to correct it.

But we can spend millions re-searching where the salmon went while culling everything that doesn't fit into our vision of natural order or just accept what we already know — seals aren't the problem, we are.

When it comes to virtually every threat facing our planet, from climate change to microplastics to species extinction to Donald Trump, the research is clear — we need to cull ourselves.

Ethically, it's the only solution.

But the optics of a human culling program might be a hard sell politically so, instead, I suggest we begin by abolishing all the stuff that saves us.

Billions are spent on cancer research yet finding a cure might be the worst thing we could do to the planet.

The disease takes out 8.9 million of us each year; eliminating it would only accelerate demand for the Earth's dwindling resources.

Since 1960, the world's population has jumped from three billion people to more than seven billion.

According to the *Guardian*, 70

per cent of all usable water on Earth now goes to food production and almost 40 per cent of our ice-free land surface is dedicated to agriculture.

Global energy demand will triple this century with much of it continuing to be met by oil, coal and gas — even with optimistic projections of growth in renewable energy.

We could try to encourage more heart disease and stroke, the world's leading human killers, snuffing 15.2 million people a year, but it would require an extraordinary amount of kielbasa to make a noticeable dent.

We add 840 million people annually and the UN projects there will be 10 billion of us in a few decades.

And they will all need iPhones.

As we edge towards max humanity, it seems the only thing that might save the planet now is a plague.

The Black Death in 1342 was pretty good — it wiped out a third of Europe.

That would be a start but I suspect our big empathetic brains would find a cure before it went far enough.

Ebola showed some promise but Taylor Swift dumps more Americans annually than it kills.

As we waffle on a solution, the human tragedy of overpopulation has now reached the Sunshine Coast too.

On a Wednesday, Dec. 5, I was 40 minutes early for the 8:40 a.m. ferry and just squeaked on.

At least 30 cars were left behind.

If that doesn't tell us we need to thin the herd, I don't know what does.

So, a resolution for 2019?

Stop breeding, eat more sugar and bacon and take up smoking.

Happy New Year.

As part of the Pender Harbour Literacy Crawl taking place during Literacy Week (Jan. 20-26), this issue features a letter search. Find all letters in **red** in this issue to spell out a quote. Write it down and take it to the P. H. Community School (beside the Madeira Park Elementary School) to enter a **draw** for prizes. See p. 30 for more details.

spiel picks

P. H. WILDLIFE SOCIETY PRESENTS MICHAEL JACKSON: Tuesday, Jan. 15 at 7 p.m.

On Tuesday, Jan. 15, the P. H. Wildlife Society presents Michael Jackson at 7 p.m. at the P. H. Secondary School. Jackson's presentation is entitled "Birds and bees of the Antipodes" and will showcase his photos of fauna and flora from a recent trip to New Zealand and the Australian eastern coast, including the Great Barrier Reef. Doors open at 6:30 p.m. with refreshments.

BC FAMILY LITERACY WEEK: Jan. 20-26

Billed as a fun community event that supports and encourages all forms of literacy, local organizations and businesses are hosting a variety of events in celebration of BC Family Literacy Week. Drop by participating locations (see p. 30) and join in their literacy challenge throughout the week. Each time you participate you can add to your collection of "letter" beads to create your own "literacy bracelet."

43RD ANNUAL ROBBIE BURNS NIGHT: Saturday, Jan. 26, 6 p.m.

Robbie Burns is regarded as the national poet of Scotland and is celebrated worldwide. He is the best known of the poets who have written in the Scots language, although much of his writing is also in English, accessible to an audience beyond Scotland. A Burns supper is a celebration of the life and poetry of Burns. The suppers are normally held on or near the poet's birthday — Jan. 25. On Jan. 26, the Royal Canadian Legion No. 112 will host lovers of the bard for dinner and performances by the Coast String Fiddlers and the Pender Harbour and Gibsons Legion pipe bands.

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photojournal



submitted

The Sunshine Coast chapter of Welcome Wagon recently celebrated the Sunshine Coast Credit Union's 10th anniversary as a program sponsor. Seen here are Linda Cordell, assistant manager of the Pender Harbour branch (r) and Laurie Faulkner, Sunshine Coast Welcome Wagon representative (l). Welcome Wagon is a service providing personal visits and events in over 500 communities across Canada. Welcome Wagon has been doing free 'home visits' for 88 years in Canada and 30 years on the Sunshine Coast.



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Riddell outlines recent research into the threats to BC's wild salmon

Many years and many more millions of dollars have been spent over the past few decades on hatcheries and habitat management in order to boost salmon stocks on the BC coast.

Brian Riddell, CEO of the Pacific Salmon Foundation, told a packed house at the Pender Harbour School of Music on Dec. 6 that much of that money was effectively wasted.

Riddell's presentation, titled "The Salish Sea Marine Survival Project: Findings and Next Steps," details findings of a five-year, \$23-million study to address one key question — what are the primary factors affecting juvenile chinook, coho and steelhead survival in the Salish Sea marine environment?

Riddell worked for 30 years in research and management positions in the science branch of the Department of Fisheries and Oceans.

He points to recent research showing there is still a substantial gap in understanding of the lifecycle and threats to the health of Pacific salmon stocks.

Riddell argues that precious resources, and time, should first be spent on research to better understand the issues surrounding marine survival of salmon.

For instance, he said scientists still don't know why local chinook and coho populations declined by 90 to 95 per cent between 1994 and 1995.

The SSMSP involves government, universities, private consultants, local communities and not-for-profit groups such as the Ruby Lake Lagoon Society to assist in gathering data in Puget Sound and the Strait of Georgia.

Riddell's presentation focused on five areas of study that seem to



Brian Lee

Brian Riddell, director of the Pacific Salmon Foundation, offered up some of the latest science regarding the health of salmon in the Strait of Georgia at the Pender Harbour School of Music on Dec. 6.

show severe and increasing threats to the health of the West Coast's wild salmon stocks:

1. The freshwater effects of flow and in-river predation.

Riddell points to industry and climate change as key threats to maintaining adequate river flow which, in turn, reduces predation by species like the great blue heron.

2. The SSMSP has found that the quality of marine estuary habitat has a profound effect on survival rates of young chinook and coho.

3. Research is also shining light on how variations in marine productivity have different effects on the survival rates of chinook and coho.

4. Currently, predation (harbour seals) is the largest measured direct effect on salmon stocks.

Seal populations reached historic lows prior to becoming protected in 1970 but rebounded to reach a stable carrying capacity of 44,000 in the Strait of Georgia by 1990.

Riddell said seal predation on juvenile salmon is "extremely high."

5. Though Riddell insists more research is needed, it is clear pathogens also increase the likelihood of predation and are directly affecting salmon health and survival rates.

More detail about the Salish Sea Marine Survival Project can be found at www.marinesurvivalproject.com.



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HARBOUR SPIEL

trivia

1. Where in Area A is the SCRD satellite office located?

- ☐ a. Kleindale
- ☐ b. Garden Bay
- ☐ c. Francis Peninsula
- ☐ d. Madeira Park

2. What year was the Canoe Pass bridge (linking Beaver Island to the mainland) installed?

- ☐ a. 1940
- ☐ b. 1945
- ☐ c. 1950
- ☐ d. 1955

3. Earlier name of Dan's Grill (Garden Bay).

- ☐ a. Lloyd's Store
- ☐ b. Colonel Flounder's
- ☐ c. Donelly's Landing
- ☐ d. Murdock's Store

4. How long is the Skookumchuck Trail (from the trailhead to the rapids)?

- ☐ a. 500 metres
- ☐ b. Two kilometres
- ☐ c. Four kilometres
- ☐ d. Six kilometres

5. Which prominent establishment sits at the entrance to Princess Louisa Inlet?

- ☐ a. West Coast Wilderness Lodge
- ☐ b. Painter's Lodge
- ☐ c. SSC Properties
- ☐ d. Malibu Club

6. Population of the Sunshine Coast.

- ☐ a. 29,970
- ☐ b. 39,460
- ☐ c. 47,825
- ☐ d. 56,020

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

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submitted

The Madeira Park Elementary School's Grade 5 and 6 class recently took part in the Royal Canadian Legion's national poster contest with excellent results. One chosen poster from each category (black and white and colour) has been sent to the next level for review. If successful, the final poster review will be held later in Ottawa.

rcmp news

ELK CAUSES MVA

On the late afternoon on Dec. 3, police attended a single vehicle incident involving an elk in the 11200 block of Highway 101, Madeira Park.

A large elk dashed out from the side of the road, striking the left side of a northbound vehicle and smashing a large portion of the front windshield and driver's side.

The injured elk rolled off and was gone by the time police arrived.

The driver did not report any serious injuries but the vehicle sustained significant damage and was towed from the scene.

IMPAIRED DRIVING

On Nov. 27, while en route to another non-emergency complaint, police located a possible impaired driver in the 12800 block of Highway 101.

Police conducted a traffic stop and noted the driver exhibited signs of impairment by alcohol.

The driver said he or she had consumed alcohol a short time prior, and failed a roadside alcohol screening test.

The driver was issued a 90-day roadside prohibition, a ticket for no insurance and had his vehicle impounded for 30 days.

DRIVER COMPLAINTS: AFTER-MARKET LIGHTS

Police have received complaints about drivers, often of larger vehicles,

using after-market light bars that are blinding to on-coming traffic.

Drivers of such equipped vehicles are reminded to be mindful about how and when they use these accessories, and to dim or discontinue use if there is oncoming traffic.

Police also remind drivers that there are various fines associated with the improper use of vehicle lights, whether after-market or stock.



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2018 harbour spiel review



All photos Brian Lee unless credited otherwise

JANUARY: A Dec. 6 fire aboard this 53-foot freighter, *Pacific Challenge*, moored in Gerrans Bay cost one man his life.



March: A snowy February took its toll on drivers and their vehicles, like this one found abandoned on Feb. 18.



submitted

JUNE: Pender Harbour racers Dane Hanna, Scott Smith and Sawyer Cote landed the top three spots at ADB 17 May 20.



Kelly Kammerle

JUNE: The PHSS girls soccer team made the evening news for helping flood relief at an Osoyoos soccer tournament May 15.



JULY: The Pender Harbour Lions hosted 'Bark in the Park' on June 16 and enjoyed perfect weather for a 3.5-kilometre walk.



JULY: Egmont Day parade, June 2.



DECEMBER: The new SCRD board members pose for a photo after their inaugural meeting Oct. 1.

Page 8



Mark Brezer

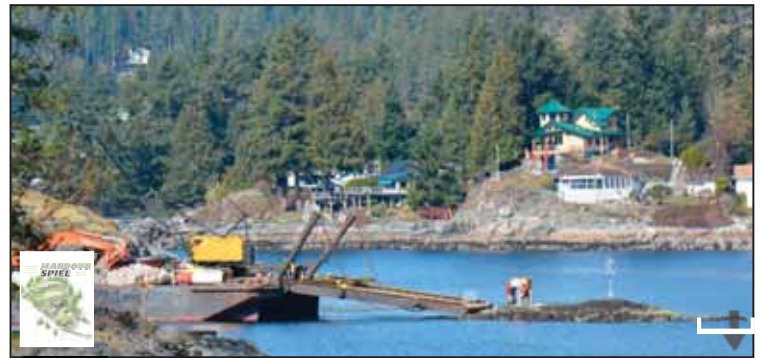
NOVEMBER: The Canadian Coast Guard deployed containment booms around this cluster after the *San Jolyne III* sank Oct. 21.

Harbour Spiel

2018 harbour spiel review



APRIL: MP Pamela Goldsmith-Jones dropped by the Madeira Park Legion on March 15 to make funding announcements.



APRIL: Navigation markers at the entrance to Pender Harbour were replaced in March.



MAY: The Pender Harbour Banana Peppers clinched the Sunshine Coast women's soccer league championship April 8.



MAY: P. H. Rotary Club members volunteered their time to repair the Garden Bay Marine Park's dinghy dock last April.



AUGUST: The A. L. Thompson award for top academic was shared by PHSS grade 12s Hannah Stewart and Cole Charlton.



SEPTEMBER: Pender Harbour Days delivered a new form of aquatic sport to the Harbour — jet ski powered 'flyriding.'



NOVEMBER: Volunteer awards were handed out to Don Fraser (c) and the Egmont (l) and P. H. Fire Departments (r) Oct. 14.



OCTOBER: Students on the Coast started the school year with closed playing fields thanks to contaminated top dressing.

Jason Haines

Taking aim at land use planning issues



*Leonard Lee
Area A director, SCRD*

The Christmas holiday season means an early deadline so this report covers only three weeks of news about our local government.

But they have been interesting weeks.

One of my favourite topics is emerging as a key issue — land use planning for Crown lands.

Good planning for use of Crown lands is at the root of so much — sustainable economic development of our region, fair resolution of First Nations claims to rights and title over local territories and even peaceful settlement of some of our troubling

dock management issues.

Yet there is no land use plan for Crown lands on the Sunshine Coast.

There is no related regional growth strategy.

This huge gap exists even though we have a history of bitter disputes over logging on Crown land near populated areas.

We need broad planning to reduce conflicts.

Of particular concern right now is the future of a 118-acre parcel of forest in Elphinstone that is scheduled to be auctioned as a cut block on Jan. 1.

The property, known as district lot 1313 or A91376, is located in Area E (Elphinstone), of which Donna McMahon is director.

The property juts up against the

eastern boundary of Area D (Roberts Creek), of which Andreas Tize is Director.

This property is in an urban-rural interface and virtually surrounded by residential properties.

To prevent sale of the site for logging, a proposal is being drawn up to establish a Crown lease for this site for charitable educational purposes relating to forest ecology and forest succession.

The location, which has existing road access, is less than a kilometre from the commercial centre of Gibsons, and is ideal for public access and tourism.

Community partners are lining up to support this project and I anticipate that the SCRD board will ask the Ministry of Forests, Lands, Natu-



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SUNSHINE COAST REGIONAL DISTRICT Upcoming meetings

Agendas are available at www.scrd.ca/Agendas-2018.

Planning and Community Development Services Committee

January 10 at 9:30 a.m.

Regular Board

January 10 at 1:30 p.m.

Regional Hospital District

January 10 (following Regular Board)

Infrastructure Services Committee

January 24 at 9:30 a.m.

Policing Committee

January 24 at 1:30 p.m.

Transportation Committee

January 24 at 2:45 p.m.

Corporate and Administrative Services Committee

January 31 at 9:30 a.m.

Regular Board

January 31 at 1:30 p.m.



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ral Resource Operations and Rural Development to suspend the pending auction of a timber sale licence.

It is crucial to protect the property from any changes until the regional district determines policy for good land use in the urban/rural interfaces on the lower Sunshine Coast.

Here's hoping we can get policy in place in the new year.

MEETINGS

In my first month as Area A representative, I attended my first Advisory Planning Commission meeting, four community meetings, four introductory workshops and four SCRCD standing committee meetings.

While I must confess to feeling some information overload, the meetings have made me appreciate the professional and patient staff at the SCRCD and the dedicated volunteers on the various community groups including our very own APC.

The APC met on Nov. 28 at the P. H. Secondary School.

I was very impressed by the way the meeting was conducted and the careful consideration committee members gave to agenda items prior to making decisions.

I would like to highlight two reports they received that attracted public delegations.

The first report set out issues arising from development variance permit DVP00040.

A building permit application had been submitted for a new garage, but prior to issuance of a building permit the owner prepared the site and constructed foundation forms.

A building permit was not required for the forms; subsequently, however, an inspection determined January 2019

the forms had been sited incorrectly based on a two-metre setback rather than the required five metres.

After hearing from the proponent and some immediate neighbors who were objecting to the application, the APC decided to accept the staff recommendation that the variance be supported.

Another report was supported by a delegation from the Ruby Lake Lagoon Nature Reserve Society.

The society has filed an OCP and zoning bylaw amendment application with the SCRCD to facilitate the development of the Pender Harbour Ocean Discovery Station.

The society members made a very interesting presentation that introduced the application, provided an opportunity for initial public review and established some questions to be asked in the upcoming referral process.

After consideration of the appli-

cation, the APC will send its advice to a future meeting of the SCRCD planning and community development committee.

Wishing everyone a Happy New Year.



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Forty years past: The voyage of the *Orenda II* (part 2)



Geordie Tocher on the bow of the *Orenda II*.

Richard Tomkies collection

Brian Lee

(Story continued from Dec. 2018 issue.)

As the crew of the *Orenda II* reached the halfway point in their crossing to Hawaii, they were over 2,000 kilometres from the nearest land and completely on their own.

Since leaving Santa Cruz two weeks prior, the strain of rising up and sliding off waves the size of large homes began to take a toll on the dug-out's outrigger.

In a narrated video of the journey, Tocher later described his daily ritual of repairs and relashing.

"The cross members (to the secondary hull) were held together with metal bolts half an inch thick—and they were breaking one by one," Tocher said.

"In the gales, when we would slip off the wave sideways, there would be six tonnes of weight slide into the secondary hull and then ham-

mer into the bottom of a wave and those things were breaking us up.

"So, every day, I would get out and do some relashing to tie them together.

"I found that the lashing was holding but the bolts were breaking.

"I just kept my fingers crossed that we would hold together all the way to Hawaii."

Despite the pounding the *Orenda II* was taking, its navigator Kiessel had kept them on an almost perfectly direct course to their destination.

"I don't think Geordie really designed it to sail it there because he didn't really know much about sailing," said Tomkies.

"But he was a bloody good woodwork man and he was extremely strong and he'd known the old logging days where you did it yourself and made your own arrangements."

"He was so good with ropes and so incredibly strong, when he pulled a

rope tight, it was tight."

The leeboards that reduced the vessel's sideways drift snapped one after another, were repaired, and broke again.

Tocher made six new rudders during the trip.

"We would slide off a wave at night and you'd hear it splinter and it would be gone," Tocher said.

Eventually the crew learned they could basically steer the vessel with the sails.

Tomkies' primary duty was to keep watch at night so Tocher and Kiessel could be up during the day working.

"Only once did we really have a bad thing when I saw a light coming towards us," said Tomkies.

"I flashed a good flashlight at it to say, 'We're here,' and suddenly it starts flashing back, messaging in Morse."

"I woke Geordie up and he

yelled, ‘You don’t shine it at them, you shine it on the rigging so they can see us.’

“And then this damn great ship swerved, leaning over, doing a 45-degree turn and went right by us.”

Tomkies said the troop carrier shone a searchlight on them as they went by and the crew on that bridge were surely scratching their heads trying to figure out what it was they almost collided with.

“It must have been doing 20 knots when it swerved to miss us.”

At the time, Tomkies described the voyage of the *Orenda II* as “sheer terror interspersed with moments of boredom,” but he admits now that wasn’t the case.

“I never felt terror, not even when that bloody wave hit us. It was just like, ‘Now what?’”

Tomkies said it wasn’t confidence in the boat or his fellow crew that kept him calm but a pragmatic understanding that he was at the mercy of the elements.

“I’m here, and that’s that.

“It doesn’t matter anything else, whatever comes at you, you deal with.

“Or not, you don’t know. Looking back at the voyage now, what stands out to Tomkies is still the size of those waves.

“Honestly, I could sit in the little cuddy looking at the horizon drop away and then go higher and higher, and we’re going backwards down a hill until we’re in the bottom of this valley.

“And it’s 200 yards to the top of that wave — then you start to go up again.”

“I was in a state of wonderment seeing this enormous movement — the sheer unbelievable power.”

The sailor Kiessel was having a different experience.

Whereas Tomkies seldom moved around on the boat, “Gerhard was always doing dangerous things,” he recalls.

They would often snag glass Japanese fishing floats with a fish net as they passed by.

“What I found amazing was that when you looked at it, you’re in 10,000 feet of water and 1,000 miles from any land and there’s a whole community on that bloody thing,” said



Richard Tomkies collection

Richard Tomkies with a mahi-mahi, caught trolling a lure behind the *Orenda II*.

Tomkies.

At times they would spot a glass ball that was out of the reach of the net and try to circle back to pick it up.

Tomkies said they were never successful and it provided a stark lesson that if someone fell overboard, they were gone.

That didn’t deter Kiessel from pushing his luck.

“We had a rope 150 feet long with a bobber on the end trailing behind the boat, so if anybody went in, all they had to try to do was swim to that rope and grab it,” said Tomkies.

“Gerhard would jump in for a swim and go hang on to the rope — and enjoy it.”

Despite the constant repair it required during the voyage, the *Orenda II* was proving to be more than able.

“We discovered that this hull was amazingly seaworthy,” said Tocher.

Continued next page



Richard Tomkies collection

Gerhard Kiessel ‘was always doing dangerous things.’ Here, the only one aboard who could read a sextant, takes a swim between the main hull and the outrigger. Tomkies said Kiessel would trail behind the boat hanging on to the emergency lifeline for fun. Previous attempts to turn back to fetch Japanese glass fishing floats were all unsuccessful — so a separation from the boat meant certain death.

The voyage of the *Orenda II* (cont.)

Continued from p. 13

“The freeboard was about 16 inches versus nine of the first hull (*Orenda I*) and at no time, in the highest gales with waves breaking over things, did we have more than six inches of water inside the hull.”

Two of their three stoves stopped working and because each required different fuel, they decided to limit themselves to two meals a day to save the remaining fuel.

“I remember one evening meal,” Tocher said later.

“It was a can of beans, a can of chicken chow mein, a can of ravioli and a can of sauerkraut, all put in together.

“For some crazy reason, it tasted delicious.”

As they came within 300 miles of Hawaii, they picked up faint radio signals alerting them to an approaching hurricane with predicted winds of 130 miles per hour.

“I contemplated taking the sails down and just slowing down for a few days, letting the hurricane go by,” Tocher said.

“But I thought, ‘Gosh, we could get hit here just as well, so I’ll keep going and we’ll take our chances.’”

As luck would have it, that hurricane moved away from them and as the *Orenda II* was pushed towards the Hawaiian chain with the trade winds at their stern, they were chasing it, doing six to eight knots.

Tomkies knew they were ahead of schedule but the first sight of land still shocked him.

“I noticed a dark cloud along the horizon when I went to bed.

“When I got up later, it was still there and I thought, ‘No, that’s land. You don’t have a dark cloud that just stays in one spot.’”



Richard Tomkies collection

‘He was so good with ropes, and so incredibly strong, when he pulled a rope tight, it was tight.’ Geordie Tocher relashing and repairing what looks to be a broken tiller arm.

“I told Geordie and it turned out to be Mauna Kea, the top of a volcano (on Kona).”

By now they were able to reach passing vessels who could relay messages that they were safe, and near.

This was welcome news to Karin Lind and Val Tompkies.

The two of them hopped on a plane to Oahu with the Tomkies’ daughters Kester and Sorrel in tow.

But as the battered *Orenda II* approached Molokai, its crew felt little sense of relief.

From experience, Tocher had learned that the only situation more dangerous than sailing a chunky dugout canoe in open ocean is to approach land in one.

“It was panic because it looked very likely that we were going to smash into the tip of Molokai,” said Tomkies.

“So we had to do a right turn and sail crosswind.

“Now that canoe didn’t like doing that and we were getting all sideways because we haven’t got a keel.

“So, we literally, stern on, skidded past the tip of Molokai with the Ramada Inn in view.

“We could hear the waves hitting the rocks.”

The boat was equipped with a 9.5 horsepower outboard motor but it was only useful for manoeuvring in and out of harbour or away from shore.

“Outside of the harbour, it was a waste of time putting that thing on,” said Tomkies.

Once past the tip of Molokai, they enjoyed terrific sailing conditions down the infamous Kaiwi Channel as they approached Oahu and the back side of Diamond Head.

WAIKIKI

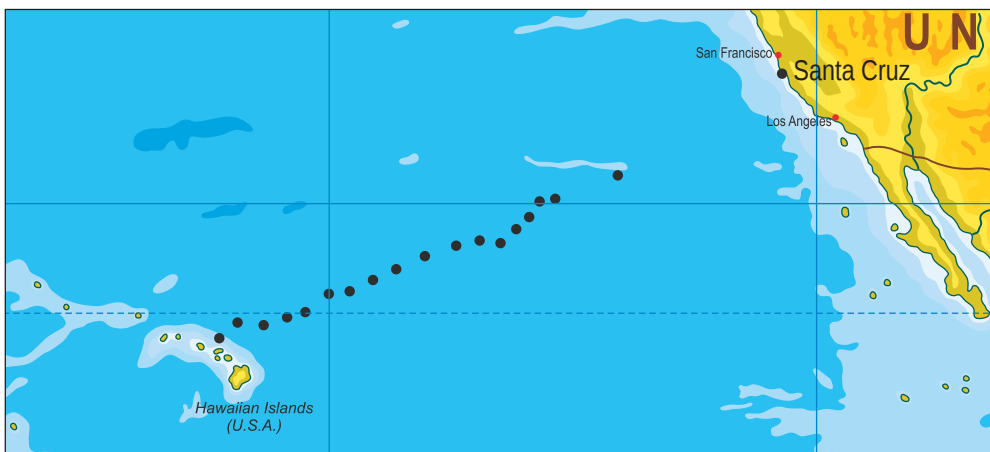
Tomkies said they hadn’t planned to land in Honolulu, it was just the first safe harbour that presented itself.

“We had no choice really.

“We were literally blown between the islands, sailing towards Oahu,” said Tomkies.

“We didn’t know where we were going to hit land in Hawaii.”

When they landed on July 28,



Brian Lee graphic

According to averaged sextant readings taken during the voyage, the *Orenda II* took a surprisingly direct route to reach the Hawaiian Islands in 1978.

1978, it had taken them only 29 days to sail from the mainland, 16 days ahead of schedule.

Unbeknownst to the crew of the *Orenda II*, a Native American had been camped on the peak of Diamond Head for a week waiting to spot them.

“On the morning we came by, he had gone down for a McDonald’s breakfast and missed us,” Tocher said.

As they entered Waikiki beach, there was no fanfare — just curious onlookers who sailed past to have a

look at this strange craft.

The crew lowered their sails and waited for two hours for their welcoming party.

Eventually word was relayed to friends and family that the *Orenda II* had arrived.

Soon after, Val Tomkies, Lind and photographer Doug McKay roared out to meet them on a boat.

Tocher swam over and convinced Lind to swim back with him

Continued next page



Richard Tomkies collection

Orenda II approaching the eastern coast of Oahu after 29 days at sea.

The voyage of the *Orenda II* (cont.)

Continued from p. 15

to the boat she was carried off only weeks before to complete the rest of the voyage.

It was only then that he learned she could barely swim.

“When we landed in the Waikiki harbour, the first person we spoke to was a Texaco gas station attendant where we tied up,” Tomkies laughs.

“He said, ‘You can’t park that thing here.’”

Tomkies said he wasn’t able to walk when he stepped on to the dock.

“There was no great joy or anything, it was just sort of, ‘We’re here,’” said Tomkies.

“It’s like all thoughts had been expunged from your mind for a month and then suddenly you are in front of a city again.

“It was kind of strange — you don’t know how to fit in.”

The trio were welcomed to the islands by Peggy Ross, the spiritual leader of 40,000 Hawaiian natives.

She saw their voyage as a confirmation that there was a past connection to the Indigenous people of the



Richard Tomkies collection

Orenda II sailing into Waikiki Beach with Diamond Head in the background.

North American mainland.

“She said to me, ‘You don’t have to wonder, you never would have made it if it hadn’t been for *Orenda* (the spirit).’

“‘You brought *Orenda* to the islands,’ she said. ‘We’ve been waiting

for centuries.’”

For days after, the crew were guests of honour at various ceremonies hosted by native Hawaiians, New Zealand Maoris and even a contingent of Native Americans “from all over” who made the trip from the mainland to welcome them.

Ironically, there was no representation from BC’s Indigenous people.

Tomkies said they weren’t involved much physically or intellectually with the voyage of the *Orenda II*.

“I don’t think they ever really knew.”

While waiting to check into the posh Waikiki Best Western, Tomkies still wore his boat clothes — a white t-shirt, track pants and gum boots

“I suddenly see a little girl.

“‘Daddy! Daddy! Daddy!’

“It was Kester (Tomkies’ second oldest daughter).”

The crew of the *Orenda II* stayed in Waikiki for over a week before fly-



Brian Lee

Geordie Tocher, Karen Lind, unknown, Richard Tomkies and Gerhard Kiessel in Waikiki Harbour shortly after the *Orenda II* landed on July 28, 1978.

ing home to Cananda.

Their sturdy dugout returned by barge.

BACK HOME

After returning home, Tomkies gave a few local presentations about the voyage by request.

Tocher actively sought to recoup his sizable investment in the journey by touring around the province with the film he made on his 16mm Bolex camera.

He would charge \$2.50 to \$3.50 and narrate each presentation live.

Tocher and Lind even appeared on CBC's "Front Page Challenge" and he was the subject of a number of news and magazine articles.

Tomkies, the writer, took detailed notes during the voyage and had a rollicking good story but never wrote it.

"It got complicated," Tomkies said.

"Geordie wanted 50 per cent of the revenues."

After Tomkies left the islands and returned home, he never saw his crew mate Gerhard Kiessel again.

Kiessel would later disappear while attempting to cross from the mainland to Hawaii in a Hobie Cat catamaran with a young woman.

After the *Orenda II* arrived back in West Vancouver, Tocher sailed her up to Pender Harbour.

He abandoned her on the mud flats at the head of Gunboat Bay.

Tocher died in 2007 from natural causes.

THE ORENDA II

For much of the 40 years since the voyage, the Douglas fir dugout has lain beside a horse trough, partially concealed by the persistent creep of blackberry bush.

It's bow stem has broken off but one can still make out adze marks in its interior and the artistic details and name painted on its side.

Tomkies said Tocher was very spiritual when it came to parts of the journey.

"Geordie had a particular thing about the boat," said Tomkies.

"He didn't want it for display."

Many years later, Robi Petraschuk was interviewed by Terry Barker for his book *Sunshine Sketches*.

Petraschuk and her husband Bill owned Kleindale's Malaspina Ranch and were friends of Tomkies and Tocher.

The Petraschuks agreed to keep the *Orenda II* on their property and it has sat there now for four decades.

Barker asked why the *Orenda II* isn't in a museum.

"A lot of people ask about that, but Geordie is following the Haida custom that when a vessel has finished its useful life, it should be allowed to return to the elements," said Petras-

chuk.

"So the *Orenda* will stay in my corral, where it visits with our horses, maybe dreaming of ocean voyages, until it has gone back to the soil."

The secondary hull rests intact in a private collection owned by West Vancouver archivist Bas Collins.

As for its anthropological intent, the *Orenda II*'s journey proved it was possible that there could have been a connection between the indigenous people of the Northwest Coast and the Hawaiians but modern genetics has since laid the debate to rest.

Genetic anthropologists later determined that Pacific islanders have a mix of ancestry from the Papuan people of New Guinea and an ancient population of east Asia.

"But so what," said Petraschuk.

"Thor Heyerdahl was wrong too, but that doesn't detract from the heroism of *Kon-Tiki*.

"Even if the Polynesians didn't come from B.C., Geordie's voyage was a great achievement." 🚣



Brian Lee

The *Orenda II* as she looks now at Malaspina Ranch, 40 years after her epic voyage to the Hawaiian Islands.

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Brian Lee

A recent foray on Sakinaw Lake turned up an unexpected message.

organizations

SCHOOL OF MUSIC COFFEEHOUSE

This month's lineup for Friday, Jan. 11 includes Ken Dunn and Anna Green, an original folk-inspired acoustic duo. Also appearing will be Ashley Hautala, a singer/song-writer/guitarist who will perform some original pop and folk songs. The SoM Coffeehouse is at the P. H. School of Music in Madeira Park and starts at 7:30 p.m.

PHSS GRAD BOTTLE DRIVE

The Pender grads will be out collecting bottles Friday, Jan. 4. If you have bottles you would like picked up, please contact Lulu at (604) 989-7217.

P. H. WILDLIFE SOCIETY

On Tuesday, Jan. 15, the P. H. Wildlife Society presents Michael Jackson at 7 p.m. at the P. H. Secondary School. Jackson's presentation is entitled "Birds and bees of the Antipodes." Doors open at 6:30 p.m. with refreshments.

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pender harbour tides ~ january 2019

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Tue 01	10.9	12.1	12.6	12.5	11.9	11.2	10.8	10.8	11.4	12.5	13.7	14.8	15.4	15.3	14.3	12.5	10.3	8.0	6.0	4.7	4.2	4.6	5.8	7.6
Wed 02	9.6	11.4	12.9	13.6	13.6	13.0	12.2	11.6	11.4	11.9	12.8	13.8	14.7	15.0	14.6	13.3	11.3	8.9	6.6	4.7	3.6	3.5	4.3	5.9
Thu 03	8.0	10.2	12.3	13.8	14.5	14.3	13.6	12.7	12.0	11.8	12.1	12.9	13.8	14.4	14.6	13.9	12.2	10.0	7.6	5.3	3.7	2.9	3.2	4.4
Fri 04	6.4	8.8	11.2	13.3	14.7	15.1	14.7	13.9	12.8	12.0	11.8	12.2	12.9	13.7	14.2	14.0	13.0	11.1	8.7	6.3	4.3	3.0	2.6	3.3
Sat 05	4.9	7.2	9.8	12.3	14.2	15.3	15.4	14.8	13.7	12.6	11.9	11.7	12.1	12.9	13.5	13.8	13.4	12.0	10.0	7.6	5.3	3.5	2.6	2.7
Sun 06	3.8	5.8	8.4	11.0	13.4	15.0	15.6	15.4	14.5	13.3	12.2	11.6	11.6	12.1	12.8	13.4	13.5	12.7	11.1	8.9	6.6	4.6	3.1	2.6
Mon 07	3.1	4.7	7.0	9.6	12.2	14.3	15.5	15.6	15.0	14.0	12.7	11.7	11.3	11.5	12.1	12.8	13.2	13.1	12.0	10.3	8.1	5.9	4.1	3.1
Tue 08	3.0	4.0	5.8	8.3	10.9	13.3	14.9	15.6	15.4	14.5	13.3	12.1	11.2	11.0	11.3	12.0	12.6	12.9	12.6	11.3	9.5	7.4	5.5	4.1
Wed 09	3.4	3.8	5.1	7.2	9.7	12.1	14.1	15.3	15.5	15.0	13.9	12.6	11.4	10.7	10.7	11.2	11.8	12.4	12.6	12.0	10.8	9.0	7.1	5.5
Thu 10	4.4	4.1	4.8	6.4	8.6	11.0	13.2	14.8	15.4	15.2	14.4	13.1	11.8	10.7	10.2	10.4	10.9	11.5	12.0	12.1	11.5	10.3	8.7	7.1
Fri 11	5.8	5.1	5.2	6.2	7.9	10.1	12.2	14.0	15.1	15.3	14.8	13.7	12.3	11.0	10.0	9.7	9.9	10.5	11.1	11.6	11.7	11.1	10.1	8.7
Sat 12	7.4	6.5	6.1	6.5	7.7	9.4	11.4	13.2	14.5	15.1	15.0	14.1	12.8	11.4	10.1	9.2	9.0	9.3	9.9	10.6	11.2	11.3	11.0	10.2
Sun 13	9.1	8.1	7.5	7.3	7.9	9.1	10.7	12.4	13.9	14.8	15.0	14.5	13.4	11.9	10.3	9.0	8.2	8.1	8.5	9.2	10.1	10.9	11.2	11.1
Mon 14	10.6	9.8	9.1	8.6	8.7	9.3	10.4	11.8	13.2	14.2	14.7	14.6	13.8	12.4	10.7	9.1	7.8	7.1	7.1	7.6	8.6	9.7	10.7	11.4
Tue 15	11.6	11.3	10.8	10.2	9.8	9.9	10.4	11.4	12.5	13.6	14.4	14.6	14.1	12.9	11.3	9.4	7.7	6.4	5.8	6.0	6.7	7.9	9.4	10.8
Wed 16	11.9	12.4	12.3	11.9	11.3	10.9	10.8	11.2	12.0	13.0	13.9	14.4	14.4	13.5	12.0	10.1	8.0	6.2	5.0	4.5	4.8	5.9	7.5	9.4
Thu 17	11.2	12.5	13.3	13.3	12.9	12.3	11.7	11.5	11.7	12.4	13.3	14.0	14.4	14.1	13.0	11.1	8.9	6.6	4.7	3.5	3.2	3.8	5.3	7.3
Fri 18	9.6	11.8	13.5	14.3	14.3	13.8	12.9	12.1	11.8	11.9	12.6	13.4	14.2	14.4	13.9	12.4	10.2	7.7	5.3	3.3	2.2	2.1	3.1	5.0
Sat 19	7.5	10.3	12.7	14.5	15.2	15.1	14.3	13.2	12.3	11.8	12.0	12.7	13.6	14.3	14.5	13.7	11.9	9.5	6.7	4.2	2.2	1.2	1.4	2.8
Sun 20	5.1	8.1	11.1	13.6	15.3	15.9	15.5	14.4	13.1	12.1	11.6	11.9	12.7	13.7	14.4	14.5	13.6	11.6	8.9	6.0	3.3	1.5	0.7	1.2
Mon 21	3.0	5.7	8.9	12.0	14.6	16.1	16.3	15.6	14.3	12.8	11.6	11.2	11.6	12.6	13.7	14.4	14.5	13.4	11.2	8.4	5.5	3.0	1.3	0.7
Tue 22	1.6	3.6	6.6	9.9	13.1	15.4	16.5	16.4	15.3	13.8	12.1	11.0	10.7	11.2	12.3	13.5	14.3	14.3	13.1	11.0	8.2	5.4	3.0	1.6
Wed 23	1.4	2.5	4.8	7.9	11.2	14.1	16.0	16.7	16.2	14.8	13.0	11.3	10.2	10.0	10.6	11.8	13.0	13.9	13.9	12.8	10.8	8.2	5.7	3.6
Thu 24	2.5	2.6	4.0	6.4	9.5	12.5	15.0	16.5	16.6	15.7	14.1	12.2	10.4	9.4	9.2	9.9	11.1	12.4	13.3	13.3	12.4	10.7	8.5	6.3
Fri 25	4.7	3.9	4.3	5.8	8.2	11.0	13.7	15.7	16.6	16.3	15.1	13.3	11.3	9.5	8.5	8.4	9.1	10.3	11.6	12.5	12.7	12.1	10.8	9.0
Sat 26	7.3	6.1	5.7	6.2	7.8	10.0	12.4	14.6	16.0	16.4	15.8	14.3	12.4	10.3	8.6	7.6	7.5	8.2	9.3	10.7	11.7	12.2	11.9	11.1
Sun 27	9.8	8.6	7.8	7.6	8.2	9.6	11.5	13.4	15.0	15.9	16.0	15.1	13.5	11.4	9.4	7.7	6.7	6.7	7.3	8.4	9.8	11.0	11.8	12.0
Mon 28	11.6	10.9	10.1	9.5	9.4	9.9	11.1	12.5	14.0	15.1	15.6	15.4	14.3	12.5	10.5	8.5	6.9	5.9	5.8	6.4	7.5	8.9	10.4	11.6
Tue 29	12.3	12.4	12.0	11.5	11.0	10.8	11.1	12.0	13.1	14.1	14.9	15.1	14.6	13.4	11.6	9.5	7.6	6.0	5.1	5.1	5.7	6.9	8.5	10.2
Wed 30	11.7	12.8	13.2	13.1	12.7	12.1	11.8	11.8	12.4	13.2	14.0	14.5	14.6	13.9	12.5	10.7	8.6	6.7	5.2	4.4	4.5	5.3	6.7	8.6
Thu 31	10.5	12.2	13.5	14.1	14.0	13.4	12.7	12.2	12.1	12.4	13.0	13.7	14.1	14.1	13.2	11.7	9.8	7.7	5.8	4.5	3.9	4.2	5.2	7.0

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:





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'Living Coral' is Pantone's colour of 2019

International colour experts Pantone Colour Institute have picked "Living Coral" as its 2019 "colour of the year."

According to its website, the Pantone Colour Institute "delivers insights that inform the effective commercial application of colour through a range of trend forecast publications, colour research and bespoke consultancy."

Pantone describes Living Coral as "an animating and life-affirming coral hue with a golden undertone that energizes and enlivens with a softer edge."

Pantone announced the colour of the millennium in 1999 — Cerulean Blue — and there was so much public

interest that Pantone decided to name a colour every year since based on their research.

Living coral replaces the dramatic "Ultra Violet," 2018's colour of the year.



'Living Coral' (RGB 250 114 104) is Pantone's 2019 colour of the year.

harbour seals



Note your seal of approval or **disapproval**.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Oceans full of heartfelt thanks to all **those who donated** to the Community School "Adopt a Youth" project and our local Lions Club to help those Pender Harbour locals in need.

Lyn Charlton
Garden Bay

Sincere thanks to the **Pender Harbour Fire Department (Garden Bay)** and the **local ambulance crew** for their valiant efforts to save my son's life.

Sadly we were all too late.

June Maynard

Big Seals of Approval to **Troy and the Madeira Park IGA** for donating buns and coffee supplies for the Serendipity Christmas Craft Fair.

Patti Soos
Serendipity Childcare/MPES

Huge Seals to **everyone** who came out and supported the Serendipity Christmas Craft Fair 2018.

Extra big thanks to **Santa Bob Samantha Haines**, the **HUGS Ukulele Group** and the **vendors, volunteers and community members** who supported the fair.

Patti Soos
Serendipity Childcare/MPES



RECYCLING & BOTTLE DEPOT
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GRIPS is closed Sundays.

NEW BOOKS FOR A NEW YEAR



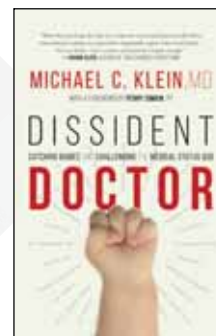
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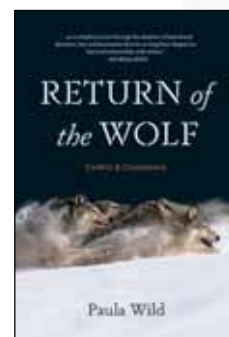
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SKOOKUMCHUCK VIEWING TIMES

JANUARY

DATE-TIME-SIZE (small, medium, large, **extra large**)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 12:07 PM +M
2. 8:36 AM -S, 12:52 PM +M
3. 9:46 AM -S, 1:38 PM +M
4. 10:42 AM -S, 2:25 PM +S
5. 11:31 AM -S, 3:10 PM +S
6. 12:14 PM -S, 3:54 PM +S
7. 12:54 PM -M, 4:38 PM +S
8. 1:29 PM -M
9. 2:02 PM -M
- 10. 7:25 AM +XL, 2:34 PM -M**
- 11. 7:49 AM +XL, 3:06 PM -M**
- 12. 8:19 AM +XL, 3:42 PM -M**
13. 8:55 AM +L, 4:20 PM -M
14. 9:36 AM +L
15. 10:22 AM +M
16. 11:13 AM +M
17. 12:08 PM +M
18. 8:48 AM -S, 1:06 PM +M
19. 10:05 AM -S, 2:04 PM +M
20. 11:04 AM -S, 3:01 PM +M
21. 11:54 AM -M, 3:57 PM +M
22. 12:40 PM -M, 4:51 PM +M
23. 1:25 PM -M
24. 2:09 PM -M
25. 2:55 PM -M
- 26. 8:22 AM +XL, 3:43 PM -M**
- 27. 9:01 AM +XL, 4:36 PM -L**
28. 9:43 AM +L
29. 10:30 AM +M
30. 11:23 AM +M
31. 8:29 AM -S, 12:20 PM +M

These are estimates only and not intended for navigation.

harbour almanac



FACEBOOK

2.02 million

Number of active monthly Facebook users (as of June 2017).

79%

Percentage of Americans who use Facebook — the platform with the second closest usage percentage is Instagram, at 32%.

22%

Percentage of the world's total population who use Facebook.

400

The number of new users that sign up for Facebook every minute.

8x

The number of times an average user accesses Facebook each day.

155

The average number of friends per Facebook user. (Surveys indicate most would trust only four of them in a crisis.)

28%

Percentage of Facebook friends an average user consider "genuine or close."

39%

Percentage of users who say they are connected to people they have never met in person.

101

The number of languages that Facebook is available in.

\$1.72

The average "cost per click" in Facebook ads across all industries.

~ Wordstream.com

JANUARY WEATHER

TEMPERATURES

January is our coldest month, with an average daily high temperature of 6.3 C and low of 2.9 C, giving us a mean daily temperature of 4.6 C. The highest January temperature recorded at Merry Is. is 13.2 C (Jan. 30, 1989); the lowest is -7.2 C (Jan. 29, 1969).

PRECIPITATION

We have an average of 46.2 hours of bright sunshine, 17 days with rain and three days with snow in January. Our average monthly rainfall is 118 mm; snowfall, 9 cm. The record daily rainfall recorded at the Merry Island weather station is 78.2 mm (Jan. 18, 1968).

JANUARY ASTROLOGY



CAPRICORN: DEC. 22 – JAN. 19

Capricorns often experience hardship early in life, but their resourcefulness makes them survivors. Sometimes hard to get to know, they are loyal, responsible and down-to-earth. The sun moved back into Capricorn on Dec. 21 and hopefully you made use of the burst of energy it provided. Things will turn poor to start 2019. Expect an extreme personal financial disaster to strike before the summer solstice. Also, be wary of romantic partners — if you're not afraid of the one you love, you should be.



AQUARIUS: JAN. 20 - FEB. 18

Aquarians are original, independent humanitarians who shy away from emotional expression. This often makes them seem uncompromising and aloof. Aquarians are thoughtful listeners but they rarely tolerate someone they disagree with. This will bode well for personal and professional relationships through 2019. Be bold and take what you want. A sensitive family matter will flare up before March. Avoid getting sucked into this dysfunctional maelstrom at all costs.

BC BESTSELLERS

For the week ending Dec. 8, 2018

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

1. **On the Rocks with Jack Knox** by Jack Knox (Heritage House Publishing)
2. **Shoelaces Are Hard: And Other Thoughtful Scribbles** by Mike McCardell (Harbour Publishing)
3. **Iron Road West** by Derek Hayes (Harbour Publishing)
4. **Don't Never Tell Nobody Nothin' No How** by Rick James (Harbour Publishing)
5. **Hidden Life of Trees** by Peter Wohlleben (Greystone Books)
6. **Buffy Sainte-Marie: The Authorized Biography** by Andrea Warner (Greystone Books)
7. **21 Things You May Not Know About the Indian Act** by Bob Joseph (Page Two Strategies)
8. **Out of the Woods: Woodworkers along the Salish Sea** by Pirjo Raits (Heritage House Publishing)
9. **Murder by Milkshake** by Eve Lazarus (Arsenal Pulp Press)
10. **One Eagle Soaring** by Roy Henry Vickers & Robert Budd (Harbour Publishing)

~ Association of Book Publishers of BC

JANUARY BIRTHDAYS

- Jan. 1 ~ **Dave Steppell, Paul Wharton and Cheryl Thompson.**
- Jan. 2 ~ **Bill Hunsche, Vince Perreca and Salem Taylor**
- Jan. 3 ~ **Colton Landry.**
- Jan. 4 ~ **Crystal White and Avril Maveety.**
- Jan. 5 ~ **Sue Lee, Betty Wenman and Taylor Phillips.**
- Jan. 8 ~ **Sue Natall, Jodi Godkin and Destiny Wallbaum.**
- Jan. 9 ~ **Arhea Howitt, Mario Lowther and Amanda Mayo.**
- Jan. 10 ~ **David Pease.**
- Jan. 11 ~ **Randy Cummings.**
- Jan. 12 ~ **Lisa Duncan, Mary Ebert and Ryan Logtenburg.**
- Jan. 13 ~ **Tia Haase and Betty Wray.**
- Jan. 14 ~ **Dominic De La Canal, Norman Edwardson, Karlee Legge and Alannah Nichols.**
- Jan. 15 ~ **Curtis Sample and Ron Kushner.**
- Jan. 16 ~ **Helen Palmer and Cody Angus.**
- Jan. 17 ~ **Tashina McLean.**
- Jan. 18 ~ **Vanessa Lanteigne.**
- Jan. 19 ~ **Rita Zotoff and Arieanna Henderson.**
- Jan. 20 ~ **Gerald Mackie, Les Dornbierer and Hazel Jay.**
- Jan. 22 ~ **Starr Harding, Lil Higgs, Leanne Legge and Troy Brown.**
- Jan. 23 ~ **Taree Bathgate and Kelly Kammerle.**
- Jan. 24 ~ **Carolyn Ireland, Don Murray and Warren Dunaway.**
- Jan. 27 ~ **Leona Colebank.**
- Jan. 28 ~ **Vanessa Smith and Ikuko Kishimoto.**
- Jan. 29 ~ **Jordan Field, Glen Scoular, Lorne Campbell, Alfie Lajlar and Tanya Bernier.**
- Jan. 30 ~ **Lyle Forbes.**



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

Jennifer Mejia – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health

(604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSIOTHERAPY – (604) 989-4828

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell, Robinson & Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

FOKUS (Focus On Keeping Us Strong):

Helping each other work towards better health – Fridays, 10:30am *FREE* More info.? Lori 604-740-1151

First-class health care for the people of the Pender Harbour area.

Self assessing caregiver strain

Alicia De Leo, RN

As an ER nurse, I have the privilege of supporting people through some of their hardest times.

All too often I see people at their wit's end, exhausted and depleted from their work as a caregiver to a sick or aging friend or relative.

It is unfortunate, but many caregivers are so burnt out that they find themselves in crisis, and come to the emergency room for help.

WHAT IS CAREGIVER STRAIN?

In B.C., over one million people provide unpaid care to a friend or family member.

For some, this extra caregiving burden can lead to a state called caregiver strain, or burnout.

Caregiver strain is when caregivers are overwhelmed by their physical and financial responsibilities, as well as the other changes this work causes in their lives.

WHAT DOES CAREGIVER STRAIN FEEL LIKE?

Because we are all unique individuals, caregiver strain looks different for each of us.

Common symptoms are exhaustion, irritability, sleeplessness, anxiety about the future, denial about your loved one's condition, and withdrawing from friends and activities you usually enjoy.

Extreme caregiver strain leads people to feel they can't handle it any more and need help right away.

If you are worried that you may be in the early stages of caregiver strain, you can take a quick self-assessment online at www.familycaregiversbc.ca/caregiver-self-assessment.



WHAT CAN YOU DO TO STAY RESILIENT?

While not all cases of caregiver strain can be prevented, there are two types of interventions that can help you be your best, self care and action planning.

Self care involves doing things for yourself that give you energy and maintain healthy relationships.

Examples can include getting a respite caregiver while you attend an exercise program, or meeting up with other caregivers in a support group.

Action planning is also essential, and involves identifying what you are struggling with and setting a clear and achievable goal to help you deal with that stressor.

For example, if you are feeling overwhelmed with the financial side of caregiving, your action plan might be to collect financial documents, consult with a financial planner tomorrow to create a budget, and start tracking your use of the budget next week.

An action plan helps us move away from feeling hopeless and overwhelmed, to having an achievable path forward.

DON'T DO IT ALONE

So many of us find ourselves suddenly caring for a spouse, friend, or parent.

The most important thing to remember is that you cannot do this alone.

Reach out to your family and community for help, and contact the family caregivers of BC (familycaregiversbc.ca) to talk with others who can help you along in your journey.

CHRONIC CONDITIONS SELF-MANAGEMENT PROGRAM

Knowledge plus skills plus confidence put life back in your life.

A free six-session workshop for adults with one or more chronic conditions runs from Jan. 28 to Feb. 2.

The workshop runs from 1:30 p.m. to 4 p.m. in the Pender Harbour Health Centre, Boardroom at 5066 Francis Peninsula Road.

To register, call (604) 940-1273 or toll-free at 1(866) 902-3767 or visit www.selfmanagementbc.ca.

Family members and friends are welcome.

This month in recreation

PHAFC

PHSI

PHCS



~ JANUARY 20 TO 26, 2019 ~

The Pender Harbour Literacy Crawl is a fun community event that supports and encourages all forms of literacy in celebration of BC Family Literacy Week.

Drop by these locations and join in their literacy challenge throughout the week.

Each time you participate you can add to your collection of “letter” beads to create your own “literacy bracelet.”

- EarthFair Bookstore
- Egmont “Book Nook” Launch
- Euspiria Café
- Marketplace IGA
- Marina Pharmacy
- P. H. Health Centre
- P. H. Aquatic & Fitness Ctr.
- PHCS Open House
- P. H. Legion Cribbage
- P. H. Reading Centre
- P. H. Seniors Initiative
- Harbourside Friendship
- Sunshine Coast Credit Union
- Strong Start

Author readings, scrabble afternoons, cribbage and board games, open houses.

Look for the posters for full listing of events and activities.

Draw prizes include tickets to 2019 Festival of the Written Arts ~ announced Jan 30.

Organized by the P. H. Community School, P. H. Seniors Initiative,
P. H. Aquatic and Fitness Centre and P. H. Health Centre.



**PENDER HARBOUR
COMMUNITY
SCHOOL**

604.883.2826
phcs@dccnet.com
www.pendercommunity.ca

COMMUNITY SCHOOL ~ Literacy Crawl Open House

Drop by the Harbour Learning Centre on Wed Jan 25, 12-2pm and meet some of the faces behind the community organizations. We'll have supplies on hand to put the finishing touches on your literacy crawl bracelet too.

CONVERSATION CAFÉ @ Euspiria Café

Thu Jan 17, 6:30-8:30pm, join other parents & meet Cheryl Jensen, Community Paramedic.

DROP IN SPORTS @ PHSS gym

Pickleball Tue & Thu 5:30-7:30pm, everyone welcome, \$7 drop in
Drop in Floor Hockey Tue 7:30-9:30pm, boys Grade 10+, \$3 drop in



**PENDER HARBOUR
AQUATIC & FITNESS
CENTRE**

20m, 4-lane pool
hot tub & sauna
gym & weight room

On lower level of
PH Secondary School:

**13639 S. C. Hwy.
604 885-6866**

phaquatic@scrd.ca
www.scrd.ca/Recreation

REGISTRATION IS OPEN FOR ALL WINTER PROGRAMS:

Register online at www.scrd.ca/activities or in-person.
Programs begin the week of January 7 and 14.

**MYPASS Fitness Classes begin Wednesday, Jan. 2
with the exception of HIIT which will begin Monday, Jan. 7.**

NEW! MYPASS CLASS: Older Adult (60+) Keep Fit — Land Meets Water
30 minutes of mild stretching and strength exercises are performed on land followed by 30 minutes of exercise in the water. Tuesdays and Thursdays 10:45-11:45am

NEW! KIDS MINI FIT: Program for ages 2-4 years

Gym exercise and games with emphasis on the building blocks of physical literacy. Parents/care givers are invited to join in. Wednesdays 4-4:30pm from Jan 9-Mar 13. Instructor: Amanda Peterson

ELEVATE YOUR WORKOUT SERIES

Beginner Total Body (6 classes): Jan 8-24, Tuesdays/Thursdays 1-2:30pm.
Full Body Circuit (3 classes): Jan 11-25, Fridays 1:15-2:30pm. Instructor Amanda Peterson

PHYSICAL LITERACY CRAWL: January 20-26.

Join us during this week for a variety of "physical" literacy activities and challenges and collect letters for your Literacy bracelet.

**There is so much more going on! Be sure to check out all our programs in the
2019 Winter/Spring Guide www.scrd.ca/Recreation-Guide!**



**PENDER HARBOUR
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Sponsored by:
P. H. Health Centre &
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FOR INFORMATION
OR TRANSPORTATION,
**CALL MARLENE:
(604) 883-9900**

CARPET BOWLING: Wednesdays, Jan. 9, 16, 23 & 30

At the Egmont and Pender Harbour Community Hall 1-3pm Drop-In \$3.

WALKING: Mondays, Jan. 14, 21 & 28

At the P. H. Community Hall 10:30-11am. Drop-in \$3.

CHAIR YOGA: Fridays, Jan. 18 & 25

At the PH Community Hall from 10:30-11:30am. Drop-In \$3. Improve your balance, strength & flexibility with gentle moves with Maureen.

Sorry, no Tuesday classes at Sarah Wray Hall until March

HARBOURSIDE FRIENDSHIPS: Thursdays, Jan. 10, 17, 24 & 31

Thursdays at the P.H. Community Hall. Starting at 10:30am lunch served at 12 noon. Drop-in \$10. Our theme for the month is "literacy."

Jan. 10 – Share a holiday story or play a favourite game.

Jan. 17 – Harbourside Friendship version of Jeopardy.

Jan. 24 – Bring a book, share a book — earn a bead for literacy.

Jan. 31 – Music with Joan and Ted Woodard

**Happy New Year to all our seniors.
We look forward to making 2019 the funnest yet!**

The Shíshálh Nation's 'Strategic Land Use Plan'

Completed by the Sechelt Indian Band in 2007, the 110-page *Strategic Land Use Plan* intends to be "a living document for the land use planning within the Shíshálh Nation territory."

Chapters of interest from the SLUP document will be excerpted in upcoming issues of the *Harbour Spiel*. To download the full document, visit www.shishalh.com/docuploads/forms-and-applications/A-Strategic-Land-Use-Plan-for-the-sh--sh--lh-Nation-1416417270-1.pdf.



*Excerpted from the Sechelt Indian Band's
"A Strategic Land Use Plan for the
Shíshálh Nation."*

3.2.3 EUROPEAN ARRIVAL

The first recorded contact between our Nation and Europeans occurred during the summer of 1792 when the British fleet under George Vancouver and the Spanish fleet under Cayento Valdes and Dionisio Alcalá Galiano, entered the Strait of Georgia.

While the meetings were friendly and involved some exchange, they did not lead to the establishment of regular trade in furs or other commodities.

Given the lack of prized sea otter in the Strait, and the more accessible trade on West Vancouver Island, no posts were established at that time.

Beginning in the early 1800's, the diseases of smallpox, influenza, measles and tuberculosis introduced through contact led to devastating epidemics that severely impacted our population and settlement patterns.

Though the pre-contact population was estimated to be more than 20,000, these epidemics reduced it to 200 or fewer at the peak of their effect.

Little is known about subsequent contact until the 1860's when Captain Richards surveyed lékw'émin (Jervis Inlet).

Soon thereafter, the influence of religious missionization took hold in the region with the resettlement of most of the Shíshálh population in ch'átlich (Sechelt) in 1868.

The Roman Catholic Church through the Oblate Order of Mary Immaculate attempted the imposition of a whole new social structure including the renunciation of all ceremonies and potlatching, polygamy and slavery.

The reserve at Trail Bay (currently SIB Land 2, ch'átlich) took on even more significance with the construction of a church in 1890 and the first school in 1902.

In 1923, a decision was made to completely amalgamate all home sites at this location to facilitate administrative, religious and social service delivery.

Records of early European settlement acknowledge John Scales to be the first non-Native to be allocated land in our territory.

In May 1869, he was granted 150 acres (district lot 303) for his service

in the Royal Engineers and purchased an additional 110 acres (district lot 304) at a dollar apiece in 1875.

That same year, Captain William Sugden Jemmett was employed to provide the first legal survey of the region and a flood of mineral prospectors followed.

Though staked claims were considerable, the amount of actual site activity is unknown.

Modest European settlement, primarily around coastal flatlands, followed in short order.

By the mid-1800's, new economic realities dominated the region and Shíshálh families were employed in wage labour activities.

Our men were primarily involved in handlogging, longshoring and commercial fishing while our women and children worked as farm labourers and cannery workers.

As early as the 1860s, handlogging alone had effected significant changes in Shíshálh economy and social organization.

Eventually, a residential mission school was established where all Shíshálh traditions including the speaking of Sháshíshálem were actively prohibited.

Boys were trained in gardening and the care of livestock, while girls learned domestic skills.

Though the Shíshálh people excelled in these enterprises they, like many other occupations, were subject to change through increasing mechanization.

Though reserve lands were of-

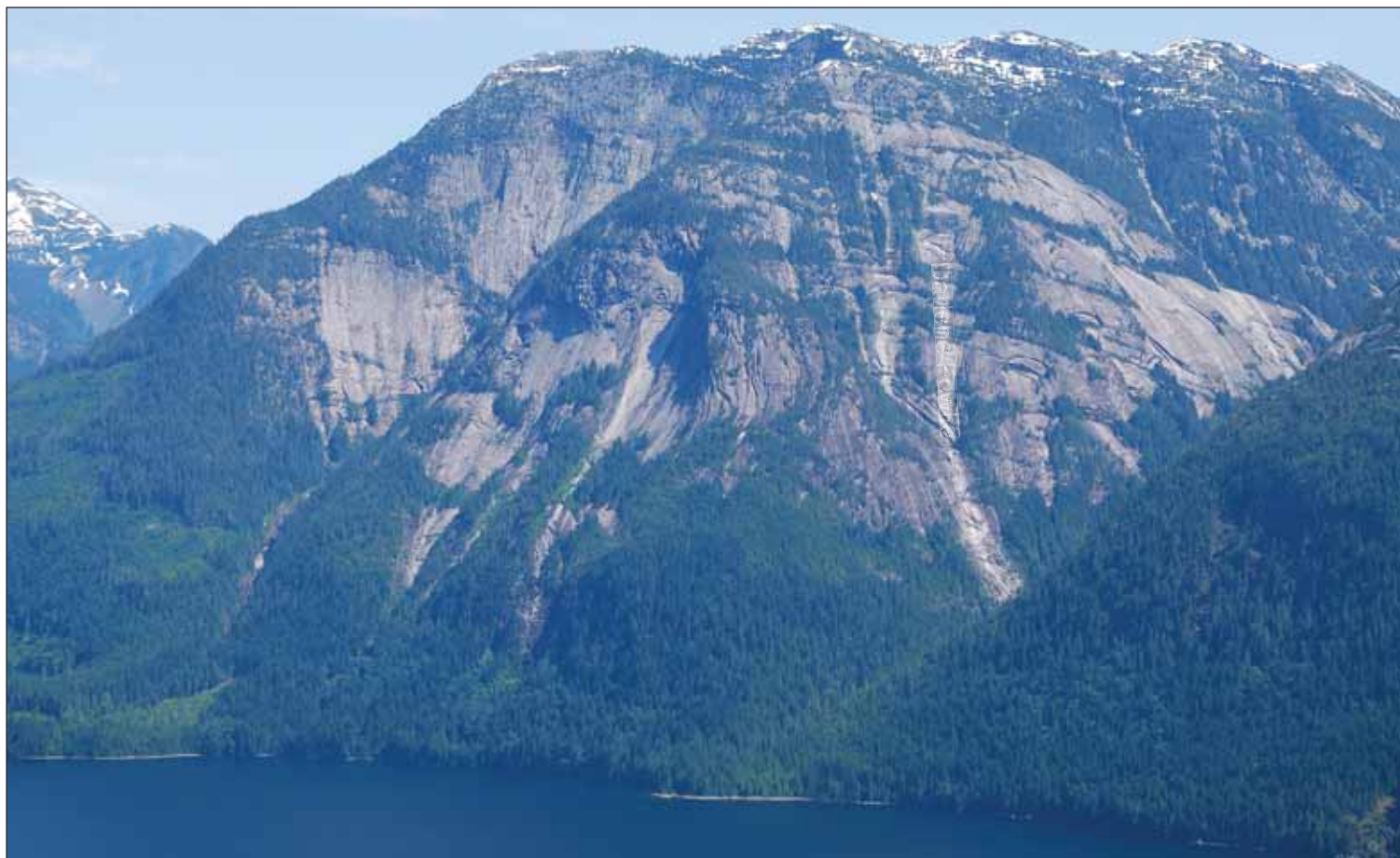


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Brian Lee

Prior to contact, lékw'émín (Jervis Inlet) was a bustling corridor for local First Nations with villages at the head (Xenichen) and Deserted Bay (Ts'únay). Pictured here is Moorsam Bluff, approximately halfway up Jervis Inlet (east side) opposite Brittain River.

ficially established in 1876 and again by Royal Commission on Indian Affairs between 1913-1916, this was based on a drastically reduced population and radically altered settlement patterns.

There are currently a total of 33 Sechelt Indian Band Lands (formerly known as Indian reserves) ranging in size from 0.14 hectares to 293.2 hectares in size, most of which are located in beachfront locations.

3.2.4 CONTEMPORARY TRADITIONAL USE

Marine and foreshore resources, wild foods, and medicinal plants continue to be important aspects of the Shíshálh economy, diet, and health,

perhaps more valuable as a result of their relative scarcity.

The extent and diversity of marine and terrestrial resources has been greatly reduced over the past century through excessive industrial, residential and recreational development.

Since the 1970s, cultural education programs including language instruction have resulted in resurgence in Shíshálh culture amongst younger members of the Nation.

This resurgence is evident in the skills and creations of a new generation of artists, healers and craftspeople.

The harvest of carving blanks for masks, poles, and paddles, cedar boughs and byproducts for ceremonial

use, wild foods and medicinal plants, root-digging and bark-stripping for craft production are all activities currently carried out by Shíshálh Nation members within the territory.

Húpit (deer), s-chétxwen (bear), s-xwítl'ay (mountain goat), and a wide variety of small game, birds, waterfowl, fish and marine resources continue to be harvested throughout the territory.

Access to spiritual sites, which was limited due to government policy and industrial development, has also increased as our Nation's population grows (now over 1100).

The Nation continues to exert control over its territory in an effort to regain what is rightfully ours.

community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

JANUARY

Sat. Dec. 29.....PODS Pier Party - Irvines Landing, 3 p.m.

Mon. Dec. 31.....RCL 112 New Year's Eve party - Madeira Park Legion, 7 p.m.

Mon. Dec. 31.....Painted Boat New Year's Eve party - Lagoon Restaurant at Painted Boat

Mon. Dec. 31.....New Year's Eve at the Backeddy - Backeddy Pub

Fri. Jan. 4.....PHSS grad bottle drive

Tues. Jan. 8.....Seniors outreach healthy meal service resumes

Mon. Jan. 7.....Pender Harbour food bank pickup - P. H. Community Church, noon

Thurs. Jan. 10.....Harbourside Friendships (holiday stories) - P. H. Community Hall, 10:30 a.m.

Fri. Jan. 11.....SoM Coffeehouse - P. H. School of Music, 7:30 p.m.

Tues. Jan. 15.....P. H. Wildlife Society presents Michael Jackson - PHSS, 7 p.m.

Thurs. Jan. 17.....Harbourside Friendships (Jeopardy) - P. H. Community Hall, 10:30 a.m.

Thurs. Jan. 17.....Conversation Cafe presents community paramedic Cheryl Jensen - Euspiria Cafe, 6:30 p.m.

Mon. Jan. 21.....Pender Harbour food bank pickup - P. H. Community Church, noon

Tues. Jan. 22.....P. H. Women's Connection Robbie Burns Celebration - P. H. School of Music

Thurs. Jan. 24.....Harbourside Friendships (book share) - P. H. Community Hall, 10:30 a.m.

Wed. Jan. 25.....P. H. Community School open house - P. H. Community School (Madeira Park), 12 p.m.

Sat. Jan. 26.....RCL #112 presents Robbie Burns Night - Madeira Park Legion, 6 p.m.

Thurs. Jan. 31.....Harbourside Friendships (music w/ Ted and Joan) - P. H. Community Hall, 10:30 a.m.

Harbour Spiel Trivia Answers: 1. d 2. d 3. b 4. c 5. d 6. a

FERRY DEPARTURES

Effective to March 31, 2019

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:30 am - Daily
9:45 am - Daily
11:55 am - Daily
2:10 pm - Daily
4:20 pm - Daily
5:30 pm - Daily
7:50 pm - Daily
10:55 pm - Daily

LANGDALE

6:20 am - Daily
8:40 am - Daily
10:50 am - Daily
1:05 pm - Daily
3:15 pm - Daily
5:25 pm - Daily
6:40 pm - Daily
8:55 pm - Daily

EARLS COVE

6:30 am - Daily except Sun
8:25 am - Daily
10:25 am - Daily
12:40 pm - Daily
5:05 pm - Daily
8:00 pm - Daily
10:00 pm - Daily

SALTERTY BAY

5:35 am - Daily except Sun
7:25 am - Daily
9:25 am - Daily
11:20 am - Daily
3:40 pm - Daily
6:05 pm - Daily
9:30 pm - Daily

The world as we have created it is a process of our thinking.

It cannot be changed without changing our thinking."

~ Albert Einstein

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A photograph of a man and a woman, Alan Stewart and Rachel Manley, smiling. The man is wearing a dark suit jacket over a white shirt, and the woman is wearing a black blazer over a white shirt. They are standing outdoors with a blurred background.

Happy New Year

 **alanstewart.ca** Rachel Manley
Buyer's Specialist

ROYAL LEPAGE | **Sussex**

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Please note: the General Store will be closed on Thursday January 31st, 2019 for inventory-taking.

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