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HARBOUR *SPIEL*

**September 2015
Issue 297**





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PENDER HARBOUR
**HEALTH
CENTRE**

The old saying “You can’t take it with you,” is most appropriate. However, you can create a memorable legacy with tax benefits. These include reduction of future estate taxes by immediate charitable gift, pledge or a bequest in your will.

A properly planned gift will meet your philanthropic goal while maximizing tax benefits and creating a legacy to live on for the future. Planned giving, often described as “leaving a legacy” is simply planning to make a difference through your will. A valid will ensures that your estate benefits the people and causes that matter most. Your planned giving should be carefully assessed in light of your personal situation. The various gift options listed below will provide you with general information you can review with your legal, financial and insurance professionals.

OUTRIGHT GIFTS

Cash: The simplest type of charitable gift. The donor receives a donation receipt for the full amount, which means a tax saving in the gift year.

Securities: The transfer of ownership of stocks or bonds to the Pender Harbour Health Centre (whether of a private or publicly traded corporation). The donor receives a tax receipt of fair market value at the time of transfer.

DEFERRED GIFTS

Charitable bequests: A bequest in your will may specify a certain sum of money, a particular asset, or a portion of your estate, to be donated to the Pender Harbour Health Centre. Because a bequest is revocable, it provides no income tax credit while you are alive. However, your estate will be entitled to a donation receipt for the full value of the bequest, which can significantly reduce the tax payable with your final income tax return. Any unused credit of the receipt may be carried back one year.

Life Insurance: A lifetime gift of a paid-up life insurance policy can provide a significant future gift to

the Pender Harbour Health Centre at an affordable present cost to the donor. You may make such a gift with either an existing policy or a new one. You may donate the death benefit of any existing policy simply by naming the Pender Harbour Health Centre as the beneficiary. To receive current tax benefit, however, you must also transfer ownership of the policy to the Health Centre. This entitles you to a donation receipt for the cash value of the policy. When you make the Health Centre the owner and beneficiary of a policy, you receive a donation receipt for every premium you subsequently pay. At your death, the Health Centre will receive the proceeds.

Named Beneficiary of Life Insurance, RRSP or RRIF:

If you have designated the Health Centre as the beneficiary of the life insurance policy but keep the ownership of that policy and continue to pay the premiums, no donation receipt is available until you die. That receipt can then be used in your terminal return and to the extent it is not used in your terminal return, it can be used for the year of your death. The same applies to an RRSP or RRIF where the donor has designated the Health Centre as beneficiary.

In 2012 the Board of Trustees of the Pender Harbour Health Centre created an endowment fund within the Sunshine Coast Community Foundation to ensure a source of funds solely for the future health-related needs of our community. This preservation of gifts and capital graciously donated recently and in the future will ensure your Health Centre is “It’s Ours Forever.”

Please discuss all options with your legal, financial and insurance advisers.

Pender Harbour Health Centre
PO Box 308
Madeira Park, BC, V0N 2H0
Phone: 604-883-2764



PENDER HARBOUR HEALTH CENTRE

RESPONSE FORM

Make a donation to the
"It's Ours Forever" Endowment Fund
and/or request more information.

Name(s)
Address..... Postal Code.....
Home phone number..... Email.....

Donor Recognition

Visionaries	\$10,000 +
Leaders	\$5,000 - \$9,999
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Be Part of Our Future

We welcome your donation, however large or small. All donations are fully tax deductible. Every donor will be recognized in our Donor Book (unless anonymity is requested).

Make a donation or pledge

☐ I/we invest \$..... in the future of the Pender Harbour Health Centre.

☐ I/we also pledge future gifts of \$..... per year for years.

Please remind me of this commitment on an annual basis.

☐ I have enclosed a cheque payable to the Pender Harbour & District Health Centre Society

☐ Please charge this gift to my ☐ Visa ☐ MasterCard

Card number..... Expiry date.....

Name on card..... Signature.....

Donations may also be made via PayPal on the Endowment page of www.penderharbourhealth.com

Please use my gift for: ☐ The areas of greatest need ☐ The PHHC Endowment Fund

☐ Other.....

Monthly pledge program

☐ I/we would like to join the monthly giving program with a gift of \$..... per month.

☐ I have attached a cheque marked VOID or authorize the Pender Harbour & District Health Centre Society to charge the monthly gift to my credit card and have completed the credit card information above.

☐ I/we prefer this gift remain anonymous.

☐ I have left a gift for the Pender Harbour & District Health Centre Society in my will.

Pender Harbour & District Health Centre Society is a registered charity #10783 2305 RR0001.

Official tax receipts are issued for all donations over \$20. All donations are appreciated.

Please tell me more about:

☐ Naming the Society in my will and other planned gifts.

☐ Donating stocks, securities, life insurance.

Please complete this form and return to: Pender Harbour Health Centre

PO Box 308, 5066 Francis Peninsula Road, Madeira Park, BC, V0N 2H0 Phone: (604) 883-2764

Thank you for considering a contribution to sustain the future of OUR community health centre.



The Independent Voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,500)

The *Harbour Spiel* is mailed to all addresses between Egmont and Middlepoint (1,420) and available by paid subscription and for free at a variety of locations on the Sunshine Coast:

- Coast Copy
- Copper Sky Gallery & Cafe
- Earth Fair Store
- Emelle's Madeira Bistro
- Garden Bay Pub
- Gibsons Building Supplies
- Halfmoon Bay General Store
- IGA Madeira Park
- IGA Wilson Creek
- Oak Tree Market
- Painted Boat Resort
- Pearl's Bakery
- Pier 17
- Royal LePage Sussex Realty
- Roberts Creek General Store
- Sechelt Public Library

CONTRIBUTORS

This month we thank: Frank Mauro, Sandra McLean, Shane McCune and Jan Watson.

Cover: Night sky over Pender Harbour Aug. 12 with satellite appearance. (Brian Lee photo)

ADVERTISING

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CONTACT

Paq Press
4130 Francis Peninsula Rd. -- By appointment only.
Madeira Park, BC
V0N 2H1

editor@harbourspiel.com
www.harbourspiel.com
(604) 883-0770

OCTOBER ISSUE MAILS

OCTOBER 1

editorial

Economizing the environment



By Brian Lee

As we chew on issues swirling around the upcoming election, there is one that is no longer up for debate — global warming is real, it's a dire economic threat and is caused by humans.

According to the U.S. National Oceanic and Atmospheric Administration, nine of the 10 hottest months on record have occurred since 2005.

The UN's Intergovernmental Panel on Climate Change, a group of 1,300 independent scientists from 195 countries, concluded there's more than a 90 per cent probability that human activities over the past 250 years have warmed our planet.

Since 1880, world temperatures increased by 0.8 degrees Celsius and scientists predict another half- to a full-degree of warming is yet to come from the carbon we've already burned.

The IPCC predicts anything greater than a 2-degrees-Celsius rise would overwhelm our capacity to adjust.

In this context, "adjust" refers to trillions lost in fisheries and agriculture or spent trying to build flood walls and repair weather damage.

Equated to levels of carbon in our atmosphere, that "point of no return" is 450 parts per million.

The burning of coal and oil have raised atmospheric CO₂ levels from 280 PPM (where it's been for 10,000 years) to 379 PPM in only 150 years.

The IPCC concludes we can't afford to emit more than 2,900 gigatonnes of CO₂ without catastrophe.

We've already emitted 1,900 GT so, at our current rate, we have 27 years — except our emission rate is still growing at one percent per year.

That should offer some perspective to the Canadian oil sands debate.

So when NDP candidate Linda McQuaig said recently that we have to leave the remaining oilsands undeveloped, she was absolutely right.

But she received no support from the leaders of the three main political parties

who are terrified of startling voters.

In *The Carbon Bubble: What Happens to Us When it Bursts*, author Jeff Rubin writes that opting out of oil and coal is Canada's best bet for a prosperous future.

Western Canadian Select (oilsands bitumen) is the world's most expensive fuel to extract, requiring prices between \$65 to \$100 per barrel just to break even.

That makes it incredibly vulnerable to recession and competition.

It is currently priced at \$36.70/barrel.

The intended destination for Alberta's oil — U.S. refineries — have all but evaporated with fracking and the discovery of their own shale oil and gas deposits.

China is touted as an alternative but Russia recently secured much of that market with a natural gas pipeline.

As the former chief economist at CIBC World Markets, Rubin argues the long-term market for oil will continue to be weak as leaders confront economic imperatives guiding them towards cleaner sources of energy.

And Canada is falling way behind.

In 2013, even China installed 12.9 gigawatts of solar electricity generation — the most ever by one country in a year.

There is a bright future for Canada's economy — but it's in food, not oil.

Thanks to those warming temperatures and Canada's envied water supply, Rubin says corn will be the new oil.

The U.S. is currently the world's largest producer of its most important food crop but they are depleting their water resources at an unsustainable rate.

Due to our short growing season, farmers on the southern prairies have only recently been able to grow corn.

As climate change opens up the rest of Canada's bread basket, it's projected we could become one of the top four food producing countries in the world.

Rubin refers to it as the "value-added export of water" in the form of food.

Despite Mr. Harper's blind obsession with petroleum, it is increasingly obvious our planet's future energy needs can't be met by fossil fuels.

And simple economics makes it especially certain that it won't be met by Canada's bitumen.

It ain't real
if it's not in the Spiel.

DID YOU KNOW?

The Court will reject a filed probate application if 21 days have not elapsed from delivering notice of it.

Rule 25-2(1), BC Supreme Court Civil Rules



Events
large or small.

Doug Davis
604.740.2077

spiel picks

P. H. AND EGMONT OCP REVIEW MEETING: Sept. 11, 10:30 a.m.

Attend this review committee meeting to update yourself on the activities so far of the Pender Harbour and Egmont official community plan review committee. This meeting will specifically involve a review of findings from consulting engineers Kerr Wood Leidel on their review of geotechnical hazards within the OCP area. The meeting will take place at the Pender Harbour School of Music.

P. H. ADVISORY COUNCIL TOWN HALL MEETING: Sept. 13, 1 p.m.

Stay connected with issues that affect your community by attending the Pender Harbour Advisory Council's town hall meeting on Sept. 13 at 1 p.m. in the Pender Harbour Community Hall. The meeting will focus on recreation and the environment with topics that include Japanese knotweed, illegal back-road garbage dumping, the new trails signage project, an update on the Pender Harbour Health Centre's community garden project and details for a planned "Pender Harbour Ocean Discovery Station" project. The society's annual general meeting will also take place at this time.

19TH ANNUAL PENDER HARBOUR JAZZ FESTIVAL - SEPT. 18-20

Next to May Day, it's the biggest weekend of the year in Pender Harbour, attracting hundreds, if not thousands of visitors who come to hear an astounding variety of styles and talent in performances throughout Pender Harbour.

The best bet to see a cross section of acts in a sublime outdoor setting is Saturday and Sunday's "Jazzapalooza" at Madeira Park's waterfront Millennium Park from 12:30 to 4:30 p.m. both days. If it rains, the show will take place indoors in the P. H. Community Hall.

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Province hires Barry Penner to further discussion regarding DMP

Responding to local opposition over April's Pender Harbour dock management plan, the province has announced it has hired a consultant to oversee "further engagement to identify possible options for the foreshore lands before the plan is finalized."

In a Ministry of Forests, Lands and Natural Resource Operations statement issued Aug. 17, the ministry announced lawyer and former MLA Barry Penner will lead the process.

On the same day, the *Globe and Mail* reported the province and Penner "signed a contract worth up to \$25,000" for his services.

Penner was raised in Chilliwack.

In 1991, he worked for an international law firm in Bangkok, Thailand and later practised law in Chilliwack until his election to the B.C. legislature in 1996.

Penner served as a BC MLA for Chilliwack-Hope for 16 years.

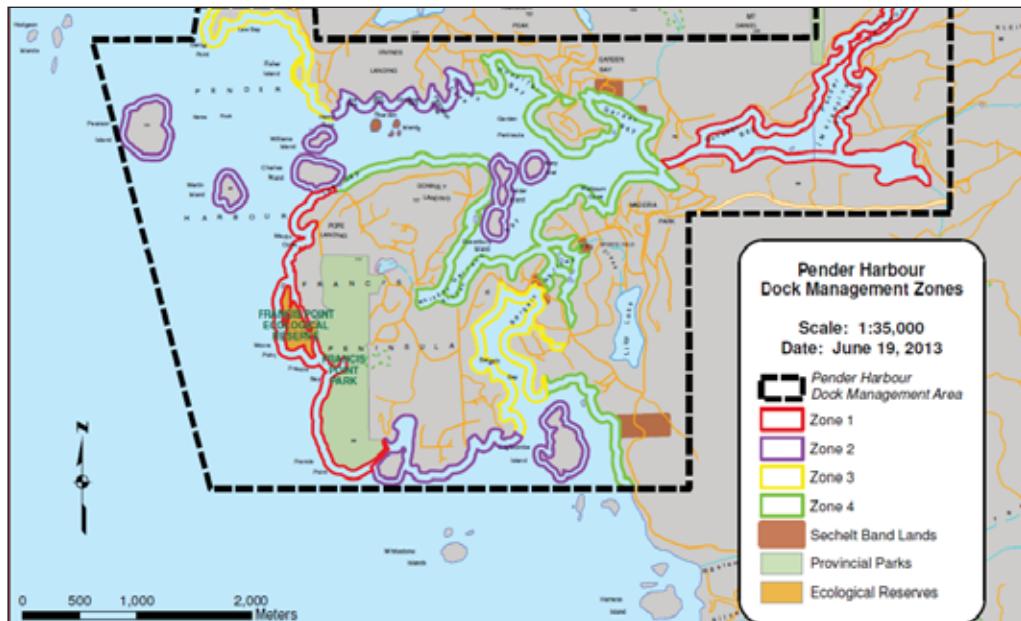
He also served as attorney general of British Columbia, minister of environment and minister of aboriginal relations and reconciliation.

He left politics in 2012 and joined law firm Davis LLP (now DLA Piper [Canada]), where he focused on environmental, energy and First Nations issues.

He currently runs a legal and public affairs advisory practice.

Penner will meet with community groups from Pender Harbour and the Shíshálh Nation and report back to the province by the end of October.

The statement indicates Penner is working with the Pender Harbour dock management plan working group, "a broad-based community organization that includes dock owners, members of the community, business owners, and representatives from the chamber of commerce, Pender Har-



Ministry of Forests, Lands and Natural Resource Operations

The controversial Pender Harbour dock management plan released last April shocked many property owners in Pender Harbour with zoning prohibiting future docks.

bour Living Heritage Society, Pender Harbour Advisory Council, and the Egmont Community Association."

In response to this announcement, Chief of the Shíshálh Nation Calvin Craigan said in an Aug. 18 statement:

"Chief and council will be carefully observing the progress of Mr. Penner's meetings with the residents of Pender Harbour and where appropriate may comment on events as they unfold."

The P. H. Chamber of Commerce-sponsored DMP working group and other community representatives met with Penner on Aug. 25 and 27 to present their take on the plan and process.

"Mr. Penner has been accommodating and very open to hearing our concerns," said DMPWG chair Len Lee.

"We believe that nothing in the ecological or archaeological situation of Pender Harbour makes it necessary to impose a unique dock management plan.

"Any changes to government policy and practices should address dock management province-wide."

The ministry has indicated that residents interested in attending meetings should email penderharbour-consultations@gmail.com to "ensure you're invited."

Contacted by the *Harbour Spiel*, a public affairs officer with the ministry was unable to provide more clarity about the process by press time.



The Egmont/Pender Harbour
Official Community Plan Review
Committee will meet at:

10:30 a.m., Friday Sept. 11
Pender Harbour School of Music
12952 Madeira Park Road

To review findings from Kerr Wood Leidel
Consulting Engineers on their review of
geotechnical hazards within the OCP area.

You are invited to learn about the
geotechnical hazard review and the
development of the new OCP.

First Student exit leaves second, Thirdwave, first

After contract negotiations fell through with Burlington, Ont.-based First Student, School District 46 has signed a contract with the second ranked bidder in a tender process to deliver school bus service to the Sunshine Coast.

On Aug. 18, the district announced it had signed a contract with Richmond, BC-based Thirdwave Bus Services.

Thirdwave beat out local companies Sechelt School Bus Service and Pender Harbour Transportation for a five-year contract with an optional three-year extension.

From the school district's Aug. 18 statement:

"Student safety was the first consideration and all proponents were evaluated with this in mind.

"The evaluation of the proponents further considered the age and condition of buses, the maintenance program, quality of service, price and other factors."

In the statement, secretary-treasurer Nicholas Weswick indicated bus routes would remain largely unchanged for students.

According to the school district, Thirdwave will have a fleet of new buses within a few months.

"In the interim, the bus company will use an existing fleet, with all buses fully meeting safety standards.

"The bus company will ensure a seamless transition to the Sunshine Coast School District, with bus drivers who had worked for Sechelt School Bus Services or Pender Harbour Transportation given the opportunity



Thirdwave

for employment."

The district said students previously registered with Sechelt School Bus Services or P. H. Transportation will automatically be registered with Thirdwave Bus Services.

New students can register at www.secheltschoolbus.ca/form/.

More information on Thirdwave Bus Services is available at www.thirdwavebus.com/ or by telephone at 1(855) 412-1221.

BACK NINE BISTRO

EAT DRINK PLAY

DAILY ALL DAY FEATURES:

TOWNSITE "TOONIE" TUESDAYS
 \$2 glasses of draft (Townsite Suncoast or Russell Lager)
 \$2 off Townsite "share" bottles & \$2 sides of fries

WINE WEDNESDAYS
 \$6 off bottles and litres of wine.
 \$4 off all other appetizers.

"THE WORKS" THURSDAYS
 Add the works (cheese, bacon, mushrooms & sautéed onions) to our classic burger for NO CHARGE.
 \$4 domestic beer.

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11am - 6pm

THURS. - SATURDAY
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Body of Garden Bay man recovered in Garden Bay Lake

The body of a 59 year-old Garden Bay man missing since he failed to return from kayaking on Garden Bay Lake Aug. 16 has been recovered.

Shortly before 9 a.m. on Aug. 29, Sunshine Coast RCMP were advised that a body had been located in the water near a swimming dock in Garden Bay Lake.

Sunshine Coast RCMP and the BC Coroner's Service attended and recovered the body.

Sunshine Coast RCMP have not released the man's name and his family has requested that his name not be published.

The victim is a longtime resident of Garden Bay.

Shortly after midnight on Monday, Aug. 17, Sunshine Coast RCMP were called by the man's family after after he failed to return.

Soon after, friends and neighbours set out on the lake to look for him.

Sunshine Coast Search and Rescue and Sunshine Coast RCMP searched the lake and surrounding area.

Hours later, the man's overturned kayak was located on the water by search and rescue.

The kayak is believed to be the one he had been in, however he was not located.

Sunshine Coast Search and Rescue could be seen scouring the



photo submitted

This kayak found floating on Garden Bay lake is believed to be the one used by a 59 year-old man prior to his disappearance while kayaking on Aug. 16.

shoreline and islands of the lake in the following days.

Search efforts also included a survey of the lake by aerial drone and the RCMP dive team but efforts failed in locating the body.

A cause of death has not yet been confirmed but the RCMP say there is no indication of foul play.

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September 2015

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**PRIVATE MOORAGE
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There is a good possibility that Pender Harbour private, commercial and group moorage permit applications will be accepted in the near future.

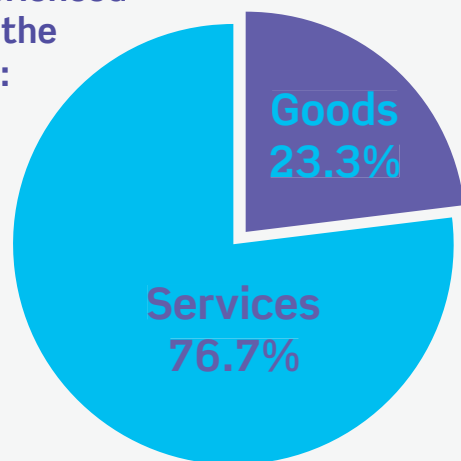
Don't get caught in the bottleneck of dozens of applications going in at the same time.

Have your application package together and ready for submission on the day it opens.

**Call for a free and
confidential consultation.**

10. ECONOMIC HEALTH

Division of experienced labour force on the Sunshine Coast:



The Sunshine Coast's economy has weathered five tough years, but some key economic indicators are now trending upwards, encouraging cautious optimism.

On the down side, there is a lack of jobs for young adults.



Sunshine Coast's top employment sectors:

Retail trade: **1,975** workers

Health care & social assistance: **1,675** workers

Construction: **1,530** workers



Howe Sound Pulp and Paper, the Coast's largest business, employed **527** people in 2014, up from its 2009 low of **440** employees.



23.6%

Coast incomes derived from pensions and other retirement income — BC is 13.9%.



\$28,795

Sunshine Coast's median income (2010). Median income for families was \$68,614.



99%

Sunshine Coast businesses with fewer than 20 employees. (84% have no employees.)



\$369 million

Sunshine Coast retail sales in 2012 — a 10.2% increase over 2011.

Jessa Girard and Diamond jump over field in Langley competition

Local equestrian Jessa Girard won three firsts and two second placings in a recent five-day show jumping competition this past July.

Girard is 14 years old but competed against adults in the 0.9-metre obstacle height level in show jumping at Langley's Thunderbird Show Park.

Show jumping involves completing a timed run with 18 to 20 "fences."

Speed is key but so is avoiding penalties for not clearing fences.

"For her to do that on a 13-hand pony, against riders on big horses who are very experienced is pretty incredible," said her coach, Virginia Mavin.

"It's amazing that tiny little girl can pull that off on that tiny little horse against adults on big horses."

Mavin owns Trinity Equestrian on Francis Peninsula and says Girard started riding at age 4 on a horse named Toffee at her stables.

Mavin compares Girard to another rider who trained there and will represent Canada in equestrian competition at the 2016 Olympic Games in Rio De Janeiro.

"Jessa Girard is the first kid that's come along since Holly Jacks that has that same level of hard work, dedica-



Dina Girard

Jessa Girard and Diamond with two first place ribbons (red is first in equestrian, blue is second), her haul on only the second day of a recent four day show jumping competition that saw her pick up three firsts and two second placings.

tion and incredible work ethic that can take her places," said Mavin.

"Because it is unique — she's not the norm."

Girard visits the stables twice a day to train and care for her horse.

"I ride Diamond six days a week and he gets one day off," said Girard, from a cell phone atop Diamond.

"On his day off, then I'll ride one of Virginia's horses."

It's an expensive sport — the entrance fee alone to the Langley event was \$1,000 and then there's costs associated with transporting and housing the horse.

"We're trying to get the money to do a fall finale in September but we're not sure if we'll be able to — but that's what I'm hoping to do next."

Asked if she ever gets tired, Girard laughs, "No."

rcmp news

IMPAIRED DRIVING

On Aug. 11, a witness reported two men in Garden Bay who appeared to be intoxicated while in a boat.

Police were updated when the men were seen driving away from Sakinaw Lake.

Police located the vehicle on Highway 101 near Porter Road, Madeira Park and initiated a traffic stop.

The "learner" driver emitted the odour of alcohol and was given a

roadside alcohol screening test.

Based on the results, the driver was issued a violation ticket for "drive contrary to restrictions," a 24-hour driving prohibition and his vehicle was impounded.

IMPAIRED DRIVING 2

On Aug. 22, police stopped a vehicle in the 4700 block of Francis Peninsula Road after witnessing the driver talking on his cell phone and

crossing over the solid centre line into on-coming traffic.

The driver was exhibiting signs of intoxication and failed a roadside alcohol screening test.

He was issued a 90-day immediate roadside prohibition and his vehicle was impounded for thirty days.

He was also issued violation tickets for using an electronic device while driving and failing to keep right.

Draft dock management plan consult



Frank Mauro,
Area A Director

As reported previously in this column, the SCRD has been promoting consultation with the residents of Pender Harbor regarding the draft dock management plan since the plan was first released on April 11.

The BC government has responded with two extensions to the comment period, a website posting of answers to “frequently asked questions” and a further information meeting on June 13.

That information meeting exposed tensions and uncertainty in the community.

Although the SCRD was not involved in the development of the plan, we recognize that tensions in the community have unfortunately increased since the proposed plan was released.

The SCRD board wrote to Minister Steve Thomson of Ministry of Forests, Lands and Natural Resource Operations on June 29 expressing these concerns.

The body of the letter included: “As you know, the Sunshine Coast Regional District has a strong relationship with the Shíshálh Nation and has been advocating for a solution to the dock moratorium in Pender Harbour for many years...

“The negativity generated by the recent process needs to be addressed and we urge you to support a review and update of existing change management and public engagement processes within the provincial government.

“We would also encourage the development and implementation of an issues management plan to address the controversy, enhance communications and facilitate open, yet respectful, dialogue.

“Failing to do so will inevitably lead to further deterioration in the reconciliation process.”

The province responded positively to our request.

The ministry has retained the services of Barry Penner, a lawyer and consultant who is also a former attorney general and environment minister, to lead this process.

Penner will meet directly with community groups, the Shíshálh Nation and community stakeholders.

He is also accepting email comments from dock owners and community members.

This information will be considered as he prepares his advice and reports back to the BC government by the end of October.

To ensure you’re invited to a meeting please email him at penderharbourconsultations@gmail.com.

SCRD Chair Garry Nohr and I have had a preliminary meeting and tour of the area with Barry Penner.

We both see his involvement as a very positive step in response to the community’s request to be a part of the consultation process.

We are hopeful that community members take advantage of this opportunity to participate.

OPEN DISCUSSION

I can be reached at (604)740-1451 or at Frank.Mauro@scrd.ca.

I will be at the Copper Sky between 8 a.m. to 9 a.m. on Sept. 4 to answer questions and listen to your concerns.

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Tuesday TO Sunday:
9AM - 7PM

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For Sale: 45ft Grenfell "Peppi One"

A legend in local waters, the *Peppi One* is a rare 45ft Grenfell Sportsfisher Woody. Built in 1972, powered with twin 3208TA Cats she cruises at 16-22 knots. Well maintained and boat-house kept, with a generous salon, 2 berths, one head and a huge stern cockpit ideal for summer entertaining.



CAN \$88,000

Contact:
Jim Gladstone
(604) 781-2764
ivorytrader@hotmail.com

Katherine Robinson (née Newton)

JUNE 15, 1921 — AUGUST 19, 2015



Kay Robinsons passed away at home surrounded by family, music and her garden.

A strong fighter until the end, Robinson was predeceased by her

husband Bob, brother Ted (Elsbeth) and sister Betty (Jim).

She is remembered fondly by children Bill, Ken (Dianne), and Susie (Rick), grandchildren Michelle (Doug), Theresa (Andrew), Ashley, Chris, Melissa, Lindsey and Nicole, great-grandchildren Zoe, Oscar and Elizabeth, among countless other family, friends and neighbours.

Kay was born in Grace Hospital, Vancouver and lived most of her life in Vancouver and the North Shore.

A lifelong lover of learning, Kay worked as a teacher and librarian for many years, beginning on Lasqueti Island, then Pender Harbour, to North Vancouver and Burnaby.

A passionate contributor to her community in West Vancouver for

many years, Kay was also an avid traveller, hiker, gardener, Guide leader, outdoorswoman and patron of Canadian arts and music.

She was generous with her time as a volunteer, and will be remembered by many for her endless support and feisty nature.

A celebration of life will be held on Oct. 4 at Boal Chapel in North Vancouver.

In lieu of flowers, donations can be made to the Bob Robinson Memorial Bursary at the North Vancouver High School Education Foundation, or a charity of your choice.

Special thanks to Wendy and the North Shore Community Palliative Care team, and Clarita, Eileen and all the wonderful people at Living Well.

We invite you to join the conversation at the SCRD committee meetings below:

Infrastructure Services Committee
September 3 at 1:30 p.m.

Planning and Development Services Committee
September 10 at 1:30 p.m.

Regular Board
September 10 at 7:30 p.m.

Policing
September 14 at 9:00 a.m.

Transportation
September 14 at 10:15 a.m.

Community Services Committee
September 17 at 9:30 a.m.

Corporate and Administrative Services Committee
September 17 at 1:30 p.m.

Our meetings are held at **1975 Field Road** in Wilson Creek at the SCRD **Board Room**. Agendas for these meetings are available at www.scrd.ca/Agendas-2015.

Want to learn about what's going on at the Sunshine Coast Regional District?

Go to www.scrd.ca and click on "Sign up for our Newsletter" button to receive *Coast Current*, our quarterly newsletter.



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For information on who we are, and what we do, please visit www.scrd.ca, call 604-885-6800, or email info@scrd.ca. To contact Area A Director, Frank Mauro, please email frank.mauro@scrd.ca.



'Transfer station' lacks common sense

Editor,

Last weekend, I did a dump run. I was shocked and outraged at being charged the household garbage rate for everything I brought — not just plastic wrapping, cat food cans and styrofoam, but recycling (most of the weight in the back of my truck was paper).

Share Shed donations, everything. The rationale?

According to the well-paid dude who cheerfully explained it to me, "Well, it's no longer a landfill, now it's a transfer station."

Yes, trucked down the road at great expense to be landfilled in Sechelt or, in the case of recyclables, transferred to GRIPS or elsewhere, often for payment.

My toll was nearly \$30.

Looking back, the whole idea of the \$60,000-plus recycling/share shed

system at the landfill was to divert recoverable materials from the landfill, to prolong the life of the dump and curtail back-road dumping.

The community co-operated admirably, supporting the strategy.

Now it appears the strategy has gone out the window, along with any common sense we might have hoped for in our elected SCRD directors.

Myrtle Winchester
Kleindale

Clarification needed to 'Harbour Health'

Editor,

I would like to comment on the recent "FAQ: Children and vaccines" article (*Harbour Spiel*, Aug. 2015).

As much as I appreciate the concerns from the public health nurse and mother of a medically vulnerable child, I have to disagree with some of the non-factual statements from the RN's article.

Most importantly, the statement that thimerosal, a preservative that is no longer present in childhood vaccines, has not been removed for safety concerns.

The writer states that "it has been removed as a result of public perception."

According to CDC Canada's article on their website (www.cdc.gov/vaccinesafety/Concerns/thimerosal):

"... no convincing evidence of harm caused by thimerosal in vaccines, except for minor reactions like redness and swelling at the injection site."

However, CDC then states that: "Public health service agencies, the American Academy of Pediatrics, and vaccine manufacturers agreed that thimerosal should be reduced or elimi-

nated in vaccines as a precautionary measure."

There is no mention of "public perception" as the writer suggested.

From the CDC study, "Infant and Environmental Exposures to Thimerosal and Neuropsychological Outcomes at Ages 7 to 10 Years," the major findings were not significant.

However, "a few statistically significant associations or consistent patterns between exposure to thimerosal and neuropsychological functioning were indeed found."

These may include, for example, poorer scores on a test of verbal intellectual functioning as well as poorer performance with attention and executive functioning and a higher likelihood of motor and phonic tics reported by the child assessor.

Public opinion rarely affects CDC Canada's decision to remove a component from medical products.

They usually conduct extensive studies to support their decisions.

Therefore, I would appreciate more factual-based — as opposed to emotion-based — outlooks on some issues covered under the "Harbour Health" section.

Livia Eidt, RNC, DCH
Harbour Spiel



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Weston wades in on dock management plan

Editor,

Over the past few months, I have become increasingly concerned about the debate on management of foreshore leases in Pender Harbour.

Constituents from across the riding have shared their concerns with me prior to the election period, concerns which I relayed to BC Premier Christy Clark and the Hon. Steve Thomson (BC Minister of Forests, Lands and Natural Resources Operations).

At the end of July, I wrote each of them to propose measures that could hasten a harmonious resolution to the ongoing debate.

Additionally, I'm looking forward to discussing the matter with the Sechelt Indian Band.

The Sechelt Indian Band has long blazed trails in governance, dating back to its 1986 self-government agreement.

Before becoming a constitutional lawyer, I worked in constitutional affairs for the province of British Columbia.

I have always considered the Sechelt self-government agreement to be a leading precedent for Aboriginal communities across Canada.

It makes Canadian law paramount and keeps Canada unified.

In a similar vein, unless all or a portion of the land claimed by the Sechelt Indian Band is formally dedicated as owned by the band, the provincial Crown ought to exercise its proper role in owning and managing provincial Crown lands.

While the constitution and our laws require full consultation, no group ought to exercise veto rights over the rights of other Canadians.

I commend the BC government on its close co-operation with the band in developing a dock management plan.

I recommend that any such plan ensure that:

1. Control of the foreshore lease matters remain with the provincial Crown but facilitate reasonable consultation between the adjacent landowners and the band;

2. Make it clear that the province is retaining such control.

John Weston

Candidate for re-election, Member of Parliament, West Vancouver – Sunshine Coast – Sea to Sky Country

Town Hall Meeting & AGM Pender Harbour Advisory Council

Your Communities Association

Sunday, Sept.13, 1 pm
Community Hall, Madeira Park

Focus on the Environment:

- Japanese knotweed
- Illegal dumping
- P. H. Trails Kiosk Project
- Community Garden at the Health Centre
- Ruby Lake Lagoon Society Aquatic Research Project
- Update: draft P. H. Dock Management Plan
- Update on Lily Lake Trail
- Reports on other activities and Election of Officers

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Glorious music floods the Harbour for 11th chamber music festival



John Farrer

The Gryphon Trio in action on Friday evening (l-r): Annalee Patipatanakoon (violin), James Parker (piano) and Roman Borys (cello).

By Rosemary Bonderud

The Pender Harbour Chamber Music Festival always has a celebratory feel to it.

This year, a number of favourite artists returned to play a challenging repertoire that reinforced artistic director Alexander Tselyakov's reputation for

inspired programming.

The Gryphon Trio, James Campbell, Terence Tam, Yariv Aloni, Pamela Highbaugh Aloni, Dylan Palmer, Allene Hackleman and Tselyakov dazzled their audiences with performances of compositions spanning more than 400 years of music history.

In an exciting innovation this year, "Rising Tide" featured three emerging artists and to say that they were well received is an understatement.

Theirs was the largest audience in festival history, with every square inch of space in the Music School occupied and chairs overflowing into the parking lot.

The opening concert, "A Welcoming Sound," offered the music of Beethoven, Brahms and a tender performance by the Gryphon Trio of a Schubert piano trio.

The next afternoon, it was clear in the first few moments of the Rising Tide that the audience would be talking about this concert for many years.

Halfmoon Bay's Simon Gidora began with an impressive performance of a Bach violin sonata, Jenny Dou sparkled

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with Chopin, and Pender Harbour's own Rose-Ellen Nichols was an opera lover's dream in selections from *Samson and Delilah* and *Carmen*.

In "These Sudden Stars," Tam, Aloni, and Highbaugh Aloni opened with an exquisite offering of a Schubert string trio.

This was followed by Campbell and Tselyakov playing Weber's stirring *Grand Duo Concertant* in fond tribute to the late Barbara Storer who chaired the festival for several years.

Following the intermission, Campbell and the Gryphon Trio stunned the audience with their powerfully evocative performance of Messiaen's *Quartet for the End of Time*.

Musical froth and bubbles were the order of the day for Saturday afternoon's "Love and Other Serious Matters."

The ambience summoned Parisian café music by Schoenfield, Elgar, and Gilliland before a sweep of Piazzolla pieces that had the audience tangoing in their seats.

They roared their approval of Rose-Ellen Nichols' rendition of Ben Moore's *Sexy Lady*, complete with fabulous vocalization and the full diva vamp.

That evening, "Beauty Without Words" began with the arresting clarity of Hackleman and Tselyakov playing a Beethoven horn sonata.

Almost an orchestra — Campbell, Tam, Annalee Patipatanakoon, Aloni, Roman Borys and Palmer — created magic with Mozart.

Highbaugh Aloni impressed again with Mendelssohn's *Song Without Words* and the sublime Gryphon Trio brought the evening to a perfect end with the composer's *Piano Trio No. 5* in C minor.

Too soon, it was Sunday and the Festival's grand finale.

Terence Tam, in fine form, played Sarasate's pulsing Gypsy music with a lovely balance of passion and technique.



John Farrer

Dylan Palmer performing with his double bass on Sunday afternoon.

Campbell and Tselyakov were masters of the wild ride that is Arnold's *Sonatina*.

The final two pieces, a Hummel quintet and Dohnányi sextet were unfamiliar to many in the audience, but all agreed they were among the festival's

highlights.

Maestro Tselyakov says plans are well underway for next year's celebration of chamber music.

For a sneak peek, check www.penderharbourmusic.ca in spring 2016 for program details and ticket information.



ROYAL LEPAGE

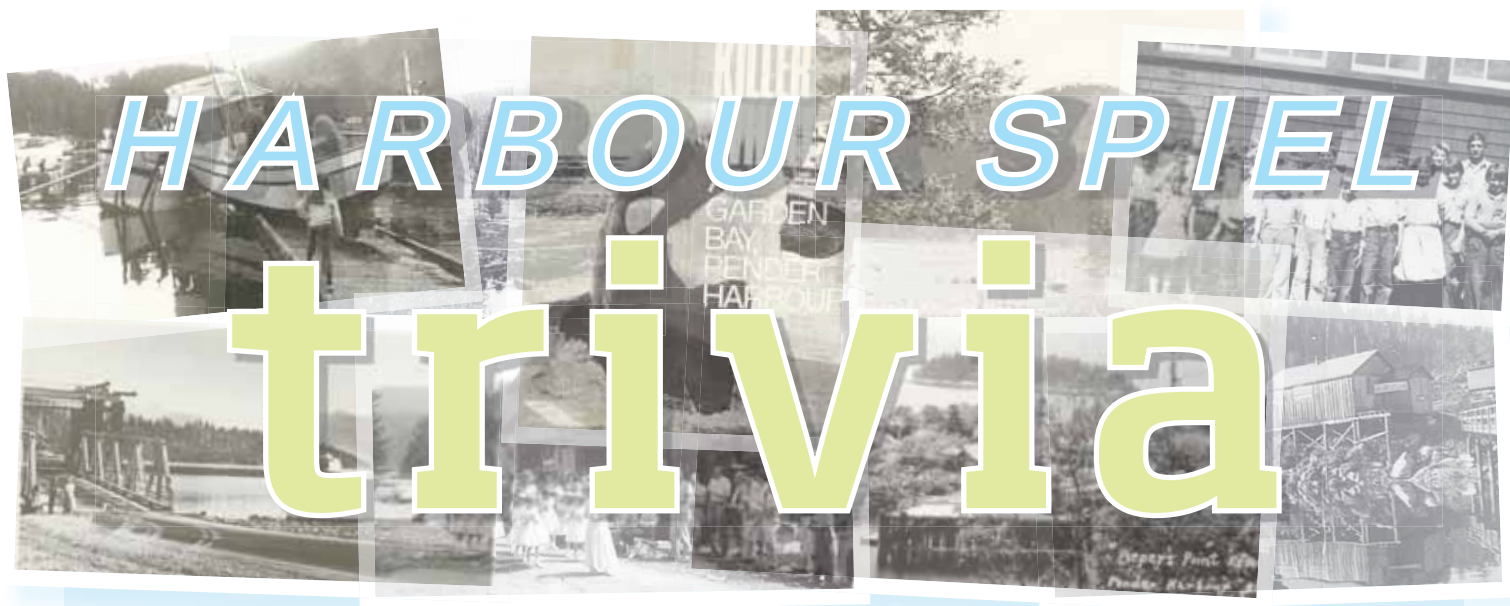
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Alternative local place names edition

(Match the alternatively known local name with it's official one.)

1. Haslam Lake

- ☐ a. Klein Lake
- ☐ b. McNeill Lake
- ☐ c. Lyons Lake
- ☐ d. Brown lake

2. Indian Islands

- ☐ a. Skardon Islands
- ☐ b. Hodgson Islands
- ☐ c. Harmony Islands
- ☐ d. Trail Islands

3. Norman Point

- ☐ a. Egmont Point
- ☐ b. Francis Point
- ☐ c. Cockburn Point
- ☐ d. Daniel Point

4. Whiskey Slough

- ☐ a. Smuggler's Cove
- ☐ b. Gerrans Bay
- ☐ c. Oyster Bay
- ☐ d. Gunboat Bay

5. Red Top

- ☐ a. Mount Churchill
- ☐ b. Earle Peak
- ☐ c. Mount Drew
- ☐ d. Mount Arthur

2. Paq Lake

- ☐ a. Lily Lake
- ☐ b. Waugh Lake
- ☐ c. Mixal Lake
- ☐ d. Harrison Lake

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

P. H. Advisory Council town hall — Sept. 13

submitted

The Pender Harbour Advisory Council Society is holding a town hall meeting Sept. 13 at 1 p.m. in the Pender Harbour Community Hall.

The Madeira Park meeting will focus on recreation and the environment.

A key presentation will involve the scourge of Japanese knotweed, and what is being done about it.

The meeting will also cover other topics such as illegal backroad garbage dumping and the new trails signage project that is underway to mark trails around Pender Harbour.

There will also be an update on the Pender Harbour Health Centre's first community garden project and details for a planned "Pender Harbour Ocean Discovery Station" project.

Time has been allotted for the community to talk openly about current and future community priorities.

Included in this meeting will be the Pender Harbour Advisory Council's annual general meeting.

The AGM portion of the afternoon will provide an update on the council's work on the draft Pender Harbour dock management plan as well as the election of new members to the council's board.

The Pender Harbour Advisory Council exists to support the vitality of Pender Harbour as an excellent

place to live, work and play for residents and visitors.

The council was established to provide the Pender Harbour area with a structure that allows residents to identify issues of broad community concern and have them effectively addressed.

Steve Luchkow is the president.

Other members of the board include: Brad Lowell (vice president), Janet McIntosh (secretary), Francine Clohosey, Deb Cole, Karen Dyck, Don Fraser, Leonard Lee, Elaine Park, Anne Pino, Lori Pratt and Barrie Wilbee.

To a large extent, the strength of this organization is dependent on the size of its membership.

To bring your membership up to date, you can go to www.penderharbouradvisorycouncil.com, print off the membership application form, complete it and drop it off in an envelope along with your cheque (payable to the Pender Harbour Advisory Council Society) or cash at the P. H. Community School office at 5012 Gonzales Road in Madeira Park.

You can also mail it to Box 15, Madeira Park, BC, V0N 2H0 or renew it at the meeting on Sept. 13.

Membership are \$5 annually or \$50 for a lifetime membership.

For more information, residents are urged to visit our website at www.penderharbouradvisorycouncil.com.



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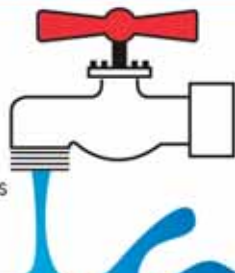
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Men and ladies champions decided



Jan Watson

The men's and ladies' 54-hole championships kicked off in July — the men played on July 23 -25 while the ladies' ran July 30, Aug. 5 and 6.

The men's low gross champion is Matt Hatfield with 242 and low net champion is Ron Needham with 214.

The ladies' low gross champion was Jan Watson with 282 and the low net champion Lorraine Wareham 203.

MEN'S CLUB

Brian Orr took a July 28 Stableford with 28 points followed by Mike Reid with 26.

KP on No. 3 went to Derek Egg-

leton and Ron Needham and on No. 6 Rusty Ellis and Ron Needham.

The low gross winner (first flight) on Aug. 4 stroke play was Rusty Ellis with 81 while second flight went to Ron Needham with 87.

First flight low net winner was Al Wendland 58, while on the second it was Ken Honeybourne with 63.

First flight low gross winner on Aug. 11 stroke play was Rusty Ellis with 80 and second flight was Kirk Mackie with 88.

Low net winner was George Brown with 70.

KP on No. 3 was George Brown and Andy Teal, while on No. 6 it was Lorne Campbell and Kirk Mackie.

LADIES' CLUB

The July 30 stroke play was the first round of the ladies' championship and with low gross winner Lorraine Wareham shooting 89.

KP on No. 3 was Anita Caspersen and No. 6, it was Moni Langham.

Aug. 6 stroke play saw low gross taken by Jan Watson with low net winner Lorraine Wareham.

KP on No. 3 was Krys Parranto and on No. 6, Lorraine Wareham.

Two players (Heather Cranston and Krys Parranto) guessed right — 74 — on the Aug. 13 "Guess your own net score" match.

LADIES STEAK NIGHT & SCRAMBLE

Lorraine Wareham, Paula Wareham and Lorna Lycan shot a four-under par 32 on Aug. 7.

KP on No. 3 was Reni Ducich and on No. 6, Lorraine Wareham.

MONDAY MIXED TWILIGHT SCRAMBLES

We've seen record numbers this

THE 19th HOLE

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summer for the Monday scrambles.

On July 20 two teams tied with a five under par score of 31.

Winners after the count back were Don Matheson, Bob Alexander, Pat Hallborg and Jan Watson.

KP on No. 3 was Reni Ducich and Don Matheson while on No. 6 it was Liz Jones and Brian Lee (the one who doesn't edit this paper).

On July 27, 56 players turned up and the winning team was Harold and Liz Jones, Bob Ducich and Darlene Fowlie with 33.

Aug. 3 saw 54 players (or 14 teams) with four teams tying with 33.

After the tie breaker, first place went to Rob Metcalfe, Gord Stewart, Matt McCourt (visiting from Detroit) and Phyllis Register.

KP on No. 3 was Stephie Garner for the ladies and on both No. 3 and No. 6 was Matt McCourt for the men.

Ten teams played Aug. 10; winners were Mickey McMillan, Richard Grath, Al and Anne Falconberg with 34.

WEDNESDAY NINE AND WINE

Odds and evens on Aug. 5 (total of odd hole scores and total even hole scores) were both won by Jamie Fitzgibbons.

Aug. 12, Jordan Haines claimed the prize on "Roll Dem Dice," a lucky roll of snake eyes meant his two worst holes were replaced with a two on the dice roll.



SEPTEMBER EVENTS

MONDAY

Mixed Scramble: 4 pm

TUESDAY

Men's Club: 9 am

WEDNESDAY

Fun Golf & Wine: 4:45 pm

THURSDAY

Ladies' Club: 9 am

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Tues. thru Fri. & Sun (after 3pm)

**LADIES STEAK NIGHT:
Sept. 11**

**www.pendergolf.ca
883-9541**

Astounding talent touches down for this year's jazz festival

Despite the 20-plus shows at this year's Pender Harbour Jazz Festival, there are only three ticketed events.

They sell out quickly so fans should hop to it if they want to catch the following jazz greats.

This marks the 19th year for the popular festival, slated to run from Sept. 18 to 20.



LOUIS HAYES AND THE CANNONBALL LEGACY BAND

Two shows:
Saturday, Sept. 19,
7 and 9:45 p.m.
P. H. School of Music
Tickets: \$30 each

The Pender Harbour Jazz Festival's "Jazz Icon Series" continues with the headliner for 2015 — Louis Hayes and the Cannonball Legacy Band.

Hayes has been keeping time for jazz legends since his teens in Detroit.

Starting with Yusef Lateef, Hayes has played and recorded with Horace Silver, John Coltrane, Cannonball Adderley, Oscar Peterson, Joe Henderson, Dexter Gordon, McCoy Tyner and many others.

He began playing with the Cannonball Adderley Band in 1959, and continued with them until 1965.

The sound of the Legacy Band, inaugurated by Hayes in 2000, follows the Cannonball soulful/bluesy/hard bop style, alternating breezy cool riffs with snappy, in-your-face, hard bop.

The Cannonball Legacy band is Louis Hayes (drums), Dezron Douglas (bass), Rick Germanson (piano), Vincent Herring (alto sax) and Jeremy Pelt (trumpet).

Guest MC Cory Weeds will welcome this jazz master to headline at the P. H. School of Music.

SATURDAY JAZZAPALOOZA

Sept. 19, 12:30 - 4:30 p.m.
Millennium Park (dry day) or
P. H. Community Hall (rain day)
Tickets: \$30

Opening Saturday's Jazzapalooza at 12:30 p.m. is James Danderfer's



Hummingbird Brigade — a 17-piece powerhouse ensemble populated with a who's who of B.C. Jazz musicians.

They'll perform a mix of traditional New

Orleans marches, funky contemporary brass band covers and inspired originals by Danderfer.

Hitting the stage at 2:45 p.m. is the Wanda Nowicki Quintet featuring a crew of Sunshine Coasters: Ken Dalglish (keyboard), Boyd Norman (bass), Steve Bagnell (sax), John Rule (drums) and Nowicki on vocals.

Nowicki recently moved from Los Angeles

and is now a Sunshine Coaster.

Her smoky voice, breathy style and perfect timing will have you transported back to the nightclubs of the 1930s and '40s.

Closing Jazzapalooza at 3:45 p.m. is Baixablue.

Described as "South Pacific Soul meets West Coast Jazz," Baixablue



(bi-sha-blue) is a modern jazz group that plays contemporary songs, modern interpretations of jazz stan-

dards and original compositions.

Inspired by the sounds of classic Blue Note recordings, soul and reggae, their music encompasses the past, present and future.

SUNDAY JAZZAPALOOZA

Sept. 20, 12:30 - 4:30 p.m.
Millennium Park (dry day) or
P. H. Community Hall (rain day)
Tickets: \$30

Kicking off the Sunday finale is Mazacote — a hard-hitting Latin dance band playing horn-driven



New York salsa and beats from Colombia, Puerto Rico and Cuba.

Pow-erful vocals with driving Afro-Cuban percussion and brassy mambo, their take on some of salsa's hardest grooves will bring you to your feet.

Next up at 2:45 p.m., Trespassers Will are the original members of the critically lauded six-piece dance rock band Jackie Treehorn. With ethereal melodies, heartfelt lyrics, fiery rhythms and sweeping arrangements, they blend rock with soul, folk, jazz and indie styles.



Closing out the day at 3:45 p.m. is the Seattle-based Gypsy jazz band Ranger and the 'Re-Arrangers.'

The band's repertoire includes swing standards, traditional Gypsy melodies, the music of Django Reinhardt and Ranger's unique originals.



BC Bestsellers:

(For the week of Aug. 23, 2015)

1. **Whitewater Cooks With Passion** by Shelley Adams
2. **Gut** by Giulia Enders
3. **Letters to My Grandchildren** by David Suzuki
4. **Orca Chief** by Robert Budd & Roy Henry Vickers
5. **Gerry, Get Your Gun** by Gerry Bracewell
6. **Raincoast Chronicles 23** edited by Peter A. Robson
7. **Born to the Wild** by Rob Kaye
8. **British Columbia: A Natural History** by Richard Cannings and Sydney Cannings
9. **More Blueberries!** by Susan Musgrave
10. **The Sea Among Us** edited by Richard Beamish & Gordon McFarlane

~ Assn. of Book Publishers of BC

SEPTEMBER BIRTHDAYS

- Sept. 1: **Heather Brown.**
 Sept. 2: **Brad Higgins and Earl Gudbranson.**
 Sept. 3: **Jeff Higgs.**
 Sept. 4: **Robin Heiliger.**
 Sept. 5: **John Dafoe and Maxwell Hohn.**
 Sept. 6: **Michael Parrott.**
 Sept. 7: **Ed Pazur.**
 Sept. 10: **Ernie Paiement, Emily Gamble, Kiri MacGreggor and Pam Roosen.**
 Sept. 11: **Sharon Rosel, Doris Wilkinson, Desiree De La Canal and Ashley Georgison.**
 Sept. 12: **Daniel Hardwick.**
 Sept. 16: **Theresa Baldwin and Steven Edwardson.**
 Sept. 18: **Charly Mclean and Gary Saunders.**
 Sept. 19: **Patti Gaudet, Doug Reid, Dennis Gamble, Aldo Cogrossi, Jesse Little and Lauryn Young.**
 Sept. 21: **Black Bill Gilkes, Christy King and Joey Fletcher.**
 Sept. 23: **Helmut Haas.**
 Sept. 24: **Susan Knock and Marnie Davis.**
 Sept. 26: **Seig Garbers.**
 Sept. 27: **Dale Duncan and Harry Doepel.**
 Sept. 30: **Shelby Campbell, Irene Forsyth, Scott Minch**

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SEPTEMBER ASTROLOGY

VIRGO: AUGUST 24 - SEPTEMBER 23



Virgos value knowledge highly. They make good teachers and advisers while avoiding positions of high power. Autumn's fortunes will begin to present themselves this month in terms of finance and business. If you need proof, just check your pockets — you'll find a \$20 in one of them. That will be just the start of a fortuitous time in your life. Be open to it and soak it up. Unfortunately, your love life will not benefit from this uptrend. Intimate relationships will still be like lemon juice on a cut . . . but, hey, \$20!

LIBRA: SEPTEMBER 24 – OCTOBER 23



Libras seek perfection and harmony and passionately believe in fairness and equality. You are diplomatic, charming, stylish, self-expressive, and spontaneous. It's never been more important to seek balance and harmony in your life. Tumult is coming and the more prepared you are for it, the less it will be able to knock you off the scent of your ambitions. Don't feel guilty about ignoring family, pets and children during this time — they will inhibit your transformative journey.

OF SEPTEMBER

FOUR FACTS YOU DIDN'T KNOW ABOUT JAZZ

ONE
The word "jazz" doesn't exactly have the deepest meanings or origins. Not to mention, its origins are the topic of great controversy but here's the most probable one we could find. In its earlier days, "to jazz" meant to fornicate, "jazzing" meant "having sex," a "jazzbo" was a lover of ladies while a jazz baby was an easy woman. According to the grapevine, Clarence Williams was the first songwriter to use the word in a song and somehow, it just got stuck in the lingo of that time, going on to be the name of one of the world's greatest genres of music.

TWO
Jazz is, hands down, the most hybrid form of music in the world. Drawing from the largest number of influences, including everything from African rhythms, to European chamber music to modern day pop elements. Going by those three vastly different genres alone, it's quite apparent that there's truth to this fact!

THREE
Few things have been as closely intertwined as jazz and dancing styles. A bit like spaghetti and meatballs perhaps. So in case you were wondering, here are some of the greatest dance forms to have originated from jazz — Truckin', The Shimmy, The Lambeth Walk, Charleston and Black Bottom.

FOUR
This may not be recorded in anything of true repute, but most jazz musicians will concur that Louisiana has put out the greatest volume of jazz musicians and instrumentalists in the world. This is probably why the Alan Jaffe quote "New Orleans is the only place I know of where you ask a little kid what he wants to be and instead of saying 'I want to be a policeman,' or 'I want to be a fireman,' he says, 'I want to be a musician'" became so famous.

~www.mensxp.com

SEPTEMBER WEATHER

TEMPERATURES (MERRY ISLAND)
Our average daily September high temperature is 17.6° C and our average daily low temperature this month is 12.1° C, giving us a mean daily temperature of 14.8° C. September averages 1.8 days with temperatures above 18.1° C. The highest September temperature recorded is 26.6° C (Sept. 3, 1988); the lowest September temperature recorded is 3.9° C (Sept. 27, 1972).

PRECIPITATION (MERRY ISLAND)
September averages 10 days with rainfall and a total of 63.1 mm for the month. September has an average of 212.4 hours of bright sunshine, and the highest daily rainfall recorded is 69.4 mm (Sept. 1, 1983).



DATE/TIME - SIZE (small, medium, large, **extra large**),
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1.	7:09am +XL,	1:38pm -L
2.	8:08am +XL,	2:32pm -L
3.	9:11am +XL,	3:26pm -L
4.	10:19am +XL,	4:24pm -M
5.	11:32am +XL,	5:27pm -M
6.	12:46pm +XL,	6:49pm -M
7.	7:33am -L,	1:53pm +XL
8.	8:40am -L,	3:03 pm +XL
9.	9:03am -L,	3:58 pm +XL
10.	9:56am -L,	4:41pm +XL
11.	10:41am -L,	5:16pm +XL
12.	11:19am -L,	5:43pm +XL
13.	11:54am -L,	6:03pm +L
14.	12:28pm -L,	6:11pm +L
15.	1:03pm -L,	6:36pm +L
16.	7:26am +L,	1:42pm -L
17.	8:11am +L,	2:27pm -M
18.	8:59am +L,	3:25pm -M
19.	9:52am +L,	4:17pm -M
20.	10:54am +L,	5:15pm -M
21.	12:02pm +L,	6:18pm -M
22.	1:10pm +L	
23.	2:14pm +L	
24.	7:42am -L,	3:09pm +L
25.	8:55am -L,	4:02pm +XL
26.	9:55am -XL,	4:28pm +XL
27.	10:44am -XL,	5:02pm +L
28.	11:43am -L,	5:32pm +L
29.	12:39pm -L,	6:03pm +L
30.	1:31pm -L	

These are estimates only and not intended for navigation.

ORGANIZATIONS DIRECTORY

• Blues Society	883-2642
• Bridge Club	883-2633
• Chamber of Commerce, P. H. & Egmont	883-2561
• Coast Guard Auxiliary, Unit 61	883-2572
• Community Policing.....	883-2026
• Egmont Community Club	883-1379
• Egmont & District Volunteer Fire Department	883-2555
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club	883-2689
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	885-1365
• Health Centre Society	883-2764
• Health Centre Auxiliary (Last Monday, 1p.m.).....	883-9957
• InStitches (Last Thursday, 11 a.m., PHHC)	883-0748
• Lions Club, Egmont.....	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.).....	883-1361
• Men's Cancer Support Group.....	883-2393
• P. H. Aquatic Centre Society.....	885-6866
• P. H. Choir (7 p.m., Tuesday).....	883-9248
• P. H. Community Club.....	883-0211
• P. H. Community School Society	883-2826
• P. H. Garden Club.....	883-2595
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.).....	883-2930
• P. H. Living Heritage Society.....	883-0744
• P. H. Music Society (bookings)	883-9749
• P. H. Paddling Society	883-3678
• P. H. Piecemakers (quilters).....	883-2573
• P. H. Pipe Band.....	883-0053
• P. H. Power & Sail Squadron	883-1366
• P. H. Volunteer Fire Dept (Wed. evening).....	883-9270
• Reading Centre Society	883-2983
• Rotary Club (noon Fri. Garden Bay Pub)	883-2544
• Royal Canadian Legion No. 112	883-2235
• Ruby Lake Lagoon Society	883-9201
• Skookumchuck Heritage Society.....	883-9994
• St. Mary's Hospital Auxiliary (2nd Wed., 1:30 p.m.)	883-2563
• Seniors' Housing Society	883-2819
• Serendipity Child Care Centre.....	883-2316
• Sunshine Coast Better At Home.....	989-6171
• Sunshine Coast SHROOM.....	883-3678
• TOPS (Take Off Pounds Sensibly).....	740-1509
• Wildlife Society (3rd Tues. PHSS).....	883-9853
• Women's Cancer Support	883-9708
• Women's Connection (2nd & 4th Tue.)	883-3663
• Women's Outreach Services.....	741-5246

organizations

DANCE FOR TAMMY

A Sept. 26 fundraiser dance at the P. H. Community Hall to raise funds for local woman Tammy Endert's fight with cancer. Amazing house DJs (Mamma, Smoothie and Sean Dimitrie) from Vancouver are filling the Pender Harbour Community Hall with beats to make you dance your butt off.

The \$30 entrance wrist band includes a potluck dinner, fully stocked bar and silent auction. All proceeds to help with Endert's struggle. Purchase tickets at the Oak-Tree Market, Lucy's Clothing store in Sechelt, or Chemistry in Gibsons. Doors at 7 p.m., no minors, 19-plus with valid ID.

P. H. WILDLIFE SOCIETY

The Pender Harbour and District Wildlife Society will hold its first meeting of the fall at 7 p.m. Tuesday, Sept. 15, at Pender Harbour Senior Secondary School. Guest speaker for the evening will be Dr. Michael Jackson, noted environmentalist and chairman of the Ruby Lake Lagoon Society.

Jackson will outline the concept and provide preliminary drawings for the Pender Ocean Discovery Station. PODS will be built by the Ruby Lake Society and other partners in the heart of Madeira Park by 2020.

He will also speak on the Anderson Creek knotweed action plan, designed to eliminate Japanese knotweed from the entire watershed within the next five years, which will begin this fall.

Everyone is welcome to attend. No charge and refreshments will be served, followed by a short meeting of the Society.

SCHOOL OF MUSIC COFFEE HOUSE

The next SoM coffee house will be on Friday, Sept 11 at 7:30 p.m. Half of this month's show will feature the Lynne Urquhart Band with Urquhart on keyboard and vocals. She will be backed up by James Raynor (guitar), Scott Jacks (bass) and Sasha Fassaert (drums).

Following the Lynne Urquhart Band with one set each will be Pender Harbour vocalist Taylor Howie and Egmont bassist Jay Burnham.



Harbour Spiel

harbour seals



Note your (dis)approvals.

Send to: editor@harbourspiel.com.
Include full name and telephone number for confirmation.
(Editor reserves the right to edit for length.)

The volunteers of the Bargain Barn Thrift Store would like to thank **the customers** who help carry tables and outside sales items in and out of the barn.

Margaret Deacon
PHHC Auxiliary

A big Harbour Spiel Disapproval to **those who keep stealing our “no parking” signs** at our trailer parking site. The residents of Madeira Park Estates had a survey done and that site is on our property.

We will be setting up CCTV and thieves will be prosecuted.

Shane Lepage

Harbour Seals to all the **entrants, Rotarian volunteers** and the **public** who attended the Rotary Club's Show and Shine at the Garden Bay Pub Aug. 8, a very big thank you.

The weather was perfect, we had a record number of entrants and we will see you all again.

Glen Bonderud

An unchained melody of gratitude to all **those who make the Pender Harbour Chamber Music Festival** such a wonderful event. Thank you and see you next year.

Karen Strong

P. H. Chamber Music Festival

photojournal

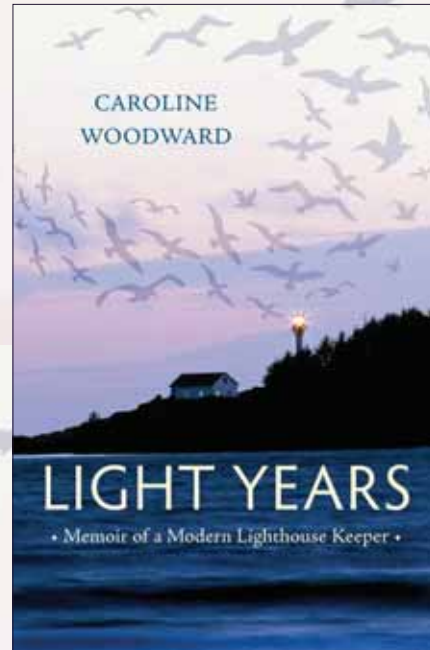


Brian Lee

Artist Ken Walters stands beside a mural he and Emily Gray (with a guest appearance by starfish specialist Kim Fremantle) painted over the summer on the Pender Harbour Community School. Sections of the mural (which covers all four sides) are unfinished and will be completed as a MPES student art project led by Gray later this month. The mural was funded by the community school.

September 2015

New from
HARBOUR PUBLISHING



LIGHT YEARS

Memoir of a Modern Lighthouse Keeper
CAROLINE WOODWARD

\$29.95 hardcover

... The very true story of a writer who chose adventure over security, love over logic, and who quit her best job ever to go off with her equally peripatetic husband to live at a lighthouse and write all the stories she always wanted to write, including this one ...



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PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

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RNs are on duty 8 a.m. – 4 p.m. weekdays

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Darlene Fowlie – Hygienist

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Annaliese Hasler, NP

- Women and Youth Health Services

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Sharon Gilchrist-Reed LPN

- Foot care nursing
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REGISTERED MASSAGE THERAPY

Brigit Garrett, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

COUNSELLING SERVICES

Siemion Altman – MD Psychiatrist – 885-6101

Tim Hayward – Adult Mental Health – 883-2764

PHYSICIANS – 883-2344

Drs. Cairns, McDowell, Robinson & Justin L Smith

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Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
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THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 8 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area.

Heart disease, heart attack and stroke

Sandra McLean, RN BScN

Too many Canadian fail to recognize the signs or know what to do in the event of heart attack or stroke.

You never know when you, a parent, a spouse or a friend might experience the signs of a heart attack or stroke and it will be up to you to act quickly.

Heart disease is a term used for a variety of conditions that affect a person's heart structure and its functions.

There are several causes of heart disease.

One is coronary artery disease.

CAD is a condition where the arteries feeding the heart muscle become clogged or blocked with fat, plaque or scar tissue that can limit or block the supply of blood and oxygen to the heart muscle.

This is a heart attack.

The signs and symptoms of a heart attack include:

- chest pain or discomfort;
- pain in shoulder, neck, jaw or arms;
- shortness of breath;
- sweating, and
- dizziness/lightheadedness.

Remember that these symptoms vary in severity and intensity from person to person and do not always come on suddenly and severely.

It could be gradual symptoms over a few days.

Never ignore the signs of a heart attack but seek medical attention as early as possible by calling 911.

Stop and lie down.

Take nitroglycerin if you have a prescription for it and rest and wait for emergency help.

WHAT IS A STROKE?

A stroke is the interruption of

blood flow (ischemic stroke) or the rupture of blood vessels to the brain (hemorrhagic stroke) that causes the affected area of the brain to die.

The effects of a stroke depend on the area of the brain that was injured and how much damage has occurred.

A stroke's damage can affect a variety of basic physical areas including the ability to see, move, speak, remember, reason, read and write.

The signs and symptoms of a stroke can be remembered easily by using the acronym FAST:

Face — is the face drooping? Ask the person to smile to test this.

Arms — can the person raise both arms at the same time?

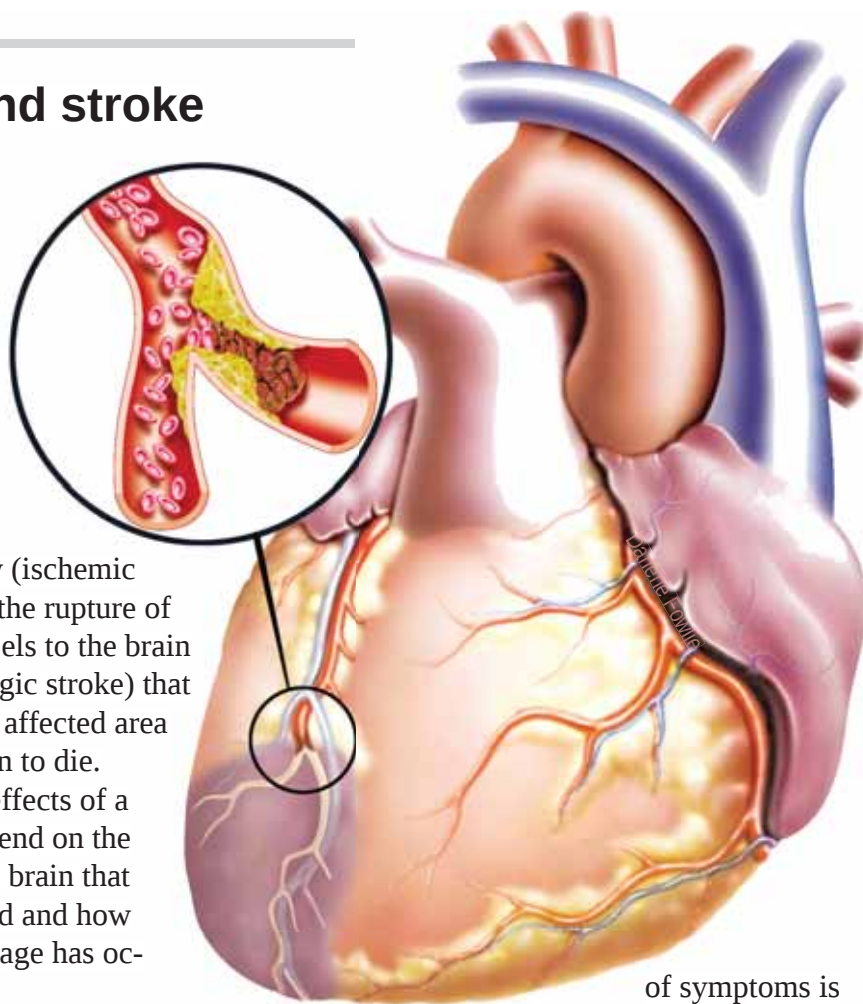
Speech — is their speech slurred or jumbled? Ask them to repeat the alphabet.

Time — time to call 911 right away. The sooner the person gets to emergency room the better the chances of survival and recovery!

Do not drive yourself or drive a person to the hospital when they are having a stroke.

An ambulance will get you to the medical attention you need.

Knowing the exact time of onset



of symptoms is important because if

it is an ischemic stroke, an important drug called tissue plasminogen activator can be administered.

However, tPA can only be given within a 4.5 hour window of onset of symptoms.

It's up to you to act FAST because the faster you act, the more of the person you save.

P. H. AND DISTRICT HEALTH CENTRE SOCIETY ANNUAL GENERAL MEETING

Sept. 27, 2015, 1 p.m.

5066 Francis Peninsula Road
Madeira Park

All current members are invited to attend, find out what's happening at your health centre and where it's headed.

Membership is \$5 and can be acquired or renewed during office hours at the health centre reception desk.

A lifetime membership is \$50.



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phaquatic@scrd.ca

ZUMBA

Try it free! Thursday, Sept. 17, 5-6pm (PHSS Gym). Registration required; please contact us. Six week session begins Sept. 24-Oct. 29 — \$60.

FRANKLIN METHOD MOVEMENT SERIES

Four Fridays, Sept. 18 - Oct. 9. 9:30-10:30am — \$40. Movement through imagery and experiential anatomy to create positive change in your body. Instructor: Irene McDermott. Registration required.

CARDBOARD BOAT BUILDING/RACES

Tuesday, Sept. 22, 5-8:30pm — \$2.

Bring problem solving, team work and design skills to create a pool worthy structure out of cardboard and duct tape. Teams will race a length of the pool! All ages welcome.

FRANKLIN METHOD BALL WORKSHOP

Wednesday, Sept. 23, 11:15-12:15 pm — \$15. Release tension from lower back, hips, shoulders, neck and feet. Learn tips for quick tension and muscle release. Registration required.

HEALTHY NEW START

Mondays and Wednesdays, 1-2pm, Sept. 28-Nov. 25. Eight weeks/16 classes — \$160. For chronic health conditions with a registered nurse and fitness specialist. Registration required.

STEADY FEET

Ages 50+. Wednesdays, 10-11am, Sept. 30-Nov. 25 — \$76. Balance and mobility program to educate older adults about fall prevention at PH Health Centre. Registration required.

www.scrd.ca/Recreation



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR LEARNING
CENTRE HOURS:**

Tues/Wed/Fri
9am to 4pm

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Madeira Park
V0N 2H0

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phcs@dccnet.com

COMMUNITY ART PROJECT — MURAL PAINTING

Over the summer, two local artists (Ken Walters and Emily Gray) have been busy transforming the Community School into a colourful, joyful beacon of community spirit! They will be continuing into September, working with school kids to add final details to their beautiful work of art.

KIDS ART CLASS

Grade 3/4: 10 Mondays begin Sept. 14, 3-4:30pm MPES — \$75, Patti Soos

Grade 5/6: 10 Mondays begin Sept. 14, 3-4:30pm MPES — \$75, Carla Beenham-McCormack

AFTER-SCHOOL SPORTS

10 Mondays begins Sept. 14, 3-4:30pm, MPES, \$40, Samatha Stewart

BASEBALL FOR KIDS

10 Tuesdays begins Sep 15, 3-4pm, MPES, \$40, Ages 5-12, Larry Kozlof

DROP-IN SPORTS NIGHTS AT PHSS GYM

Mondays — Open Sports for Youth with Carol Goulette, \$3 drop-in

Wednesdays — Pickleball, 6:30-8:30pm, \$5 drop-in, all ages

Thursdays — Soccer, 7:30pm-9:30pm, \$3 drop-in, Grade 7+

OTHER ACTIVITIES TO START UP THIS FALL

Call for details: Cooking Class for Kids, Computer Cafe, Non-profit Workshop Series, Scarecrow contest

www.pendercommunity.ca

This month in recreation

PHAFC

PHSI

PHCS

Welcome to the new look resource for community recreation featuring monthly updates to events at the Pender Harbour Aquatic and Fitness Centre, Pender Harbour Community School and the Pender Harbour Seniors Initiative. Deb Cole (PHAFC), Francine Clohosey (PHCS) and Marlene Cymbalist (PHSI) are looking forward to sharing their monthly program information and welcome your suggestions for additional offerings. So, take a look, mark your calendars and take advantage of these opportunities that support a healthy, active and learning lifestyle.

As you can see, there's lots to choose from. This month we'll focus on what's happening at the PH Aquatic and Fitness Centre which reopens for the season on Monday, Sept. 14. Join us for our Fresh Start during opening week Sept. 14-18 (7:30 -11 a.m.) and Saturday Sept. 19 (9 a.m. - noon). Take part in our morning workout/swim and enjoy refreshments and healthy snacks afterward.

Drop-in Fitness programs begin week of Sept. 14. Aquafit, Gentle Waves, Shallow Fit in the pool and Boot Camps (evening and early riser), Mix it Up, FAB (50+ women only) in the gym. For the full schedule visit us online or give us a call for more information.

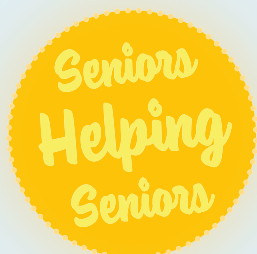
Yoga will be featured each month as part of the Mix it Up and FAB lineup of classes.

Thursday, Sept. 24, Oct. 15, 29, Nov. 12, 26 and Dec. 10: 9-10 a.m. Yoga with Carol Oulette.

Thursday, Oct. 8, 22, Nov. 5, 19, Dec. 3 and 17: 10:10-11:10 a.m. Yoga (women only) with Brigit Garrett.

New program for kids: Gym and Swim for ages 5-9 years. Thursdays 3:15-5:15 p.m., Oct. 8-Nov. 12. One hour of recreational gymnastics in the gym followed by a swim with a focus on pool style gymnastics. \$60

Look for all PHAFC information on programs, special events, memberships and passes in the Fall/Winter SCRD Recreation Guide. **See you at the pool!**



**PENDER HARBOUR
SENIORS INITIATIVE
& HARBOURSIDE
FRIENDSHIP
PROGRAM**

**FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
604.883.9900**

All programs are
drop-in and all are
welcome!

Program sponsored by:



Tues, Sept. 1

10:30am

Walking @
Warnock Rd.
mail boxes

Wed, Sept. 2

1pm

Carpet Bowling
PH Community
Hall, \$3

Thurs, Sept. 3

10:30am

Harbourside
Friendship -
Video & noon
lunch, \$10

Tues, Sept. 8

10:30am

Walking @
Kent Rd. mail
boxes

Wed, Sept 9

1pm

Carpet Bowling
PH Community
Hall, \$3

Thurs, Sept. 10

10:30am

Harbourside
Friendship -
Music & noon
lunch, \$10

Tues, Sept. 15

10:30am

Walking @
PH Community
Hall

Wed, Sept. 16

1pm

Carpet Bowling
PH Community
Hall, \$3

Thurs, Sept. 17

10:30am

Harbourside
Friendship -
Sea to Sky
gondola trip

Tues, Sept. 22

10:30am

Walking @
Merrill Crescent
mail boxes

Wed, Sept. 23

1pm

Carpet Bowling
PH Community
Hall, \$3

Thurs, Sept. 24

10:30am

Harbourside
Friendship -
meet political
candidates

Fri, Sept. 25

9-11:30am

55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

Tues, Sept. 29

10:30am

Walking @
Warnock Rd.
mail boxes

Wed, Sept. 30

1pm

Carpet Bowling
PH Community
Hall, \$3

Thurs, Oct. 1

10:30am

Harbourside
Friendship -
Games

Fri, Oct. 2

9-11:30am

55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

*Seniors Programs
for September*

SEPTEMBER

- Fri. Sept 4 & 5.....Glen Pearson (2 nights) - Garden Bay Pub, 8 p.m.
 Sun. Sept. 6.....Sunday Jam: Joe Stanton - Garden Bay Pub, 2 p.m.
 Mon. Sept. 7.....Labour Day (stat holiday)
 Mon. Sept. 7.....P. H. Food Bank pickup - P. H. Community Church, noon
 Tues. Sept. 8.....School resumes!
 Fri. Sept. 11.....Egmont/Pender Harbour OCP review committee meeting - P. H. School of Music, 10:30 a.m.
 Fri. Sept. 11.....P. H. Golf Ladies' steak night - P. H. Golf Course
 Fri. Sept. 11.....School of Music coffeehouse - P. H. School of Music, 7:30 p.m.
 Sun. Sept. 13.....P. H. Advisory Council town hall and AGM - P. H. Community Hall, 1 p.m.
 Sun. Sept. 13.....Sunday Jam: Steve Hinton Band - Garden Bay Pub, 2 p.m.
 Sun. Sept. 13.....Auditions, Coast Academy of Dance The Nutcracker - 5645 Wharf Ave. Sechelt, various times
 Mon. Sept. 14.....Pender Harbour Aquatic and Fitness Centre reopens for the season
 Tues. Sept. 15.....P. H. Wildlife Society presentation by Michael Jackson and meeting to follow - PHSS, 7 p.m.
 Fri. Sept. 18-20.....19th annual Pender Harbour Jazz Festival - various locations
 Sat. Sept. 19.....Burger BBQ with Skinny Jimmy and the Preachers - Royal Canadian Legion No. 112, evening
 Sun. Sept. 20.....Sunday Jam: Cannery Row - Garden Bay Pub, 2 p.m.
 Mon. Sept. 21.....P. H. Food Bank pickup - P. H. Community Church, noon
 Sat. Sept. 26....."Dance for Tammy" fundraiser for Tammy Endert - P. H. Community Hall, 7 p.m.
 Sun. Sept. 27.....P. H. Health Centre annual general meeting - P. H. Health Centre, 1 p.m.
 Sun. Sept. 27.....Sunday Jam: Peter Van B3 - Garden Bay Pub, 2 p.m.

Harbour Spiel Trivia Answers: 1. **b** 2. **a** 3. **d** 4. **b** 5. **c** 6. **a**



FERRY DEPARTURES

~ Effective September 8 - October 12 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:20 a.m. - Daily
9:25 a.m. - Daily
11:30 a.m. - Daily
1:35 p.m. - Daily
2:10 p.m. - Sept. 11, 18 & 25 only
3:50 p.m. - Daily
4:20 p.m. - Sept. 13, 20 & 27 only
5:50 p.m. - Daily
7:50 p.m. - Daily
8:30 p.m. - Oct. 12 only
9:45 p.m. - Daily

LANGDALE

6:20 a.m. - Daily
8:25 a.m. - Daily
10:25 a.m. - Daily
12:35 p.m. - Daily
2:45 p.m. - Daily
3:15 p.m. - Sept. 11, 18 & 25 only
4:50 p.m. - Daily
5:25 p.m. - Sept. 13, 20 & 27 only
6:50 p.m. - Daily
8:45 p.m. - Daily
9:35 p.m. - Oct. 12 only

EARLS COVE

6:30 a.m. - Daily except Sun.
8:25 a.m. - Daily
10:25 a.m. - Daily
12:20 p.m. - Daily
4:55 p.m. - Daily
6:55 p.m. - Daily
10:30 p.m. - Daily

SALTERTY BAY

5:35 a.m. - Daily except Sun.
7:25 a.m. - Daily
9:25 a.m. - Daily
11:20 a.m. - Daily
3:50 p.m. - Daily
5:55 p.m. - Daily
9:25 p.m. - Daily

*It has been said that politics is the second oldest profession.
 I have learned that it bears a striking resemblance to the first.*

~ Ronald Reagan

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Sunday Jams - 2 pm in the Pub

Joe Stanton Band - Sept. 6

Steve Hinton Band - Sept. 13

Cannery Row - Sept. 20

Peter Van B3 - Sept. 27

JAZZ FESTIVAL

Bradley McGillivray

Garden Bay Restaurant ~ Reservations
recommended.

6-9 pm Friday Sept. 18

6-9 pm Saturday Sept. 19

5-8 pm Sunday Sept. 20

Doc Fingers & Friends

Garden Bay Pub ~ Boogie-woogie with
Doc, Tom Keenlyside & Tim Hearsey.

9-1 am Friday Sept. 18

9-1 am Saturday Sept. 19

8-midnight Sun. Sept. 20

Cannery Row

Garden Bay Pub ~ New Orleans delta
party jam.

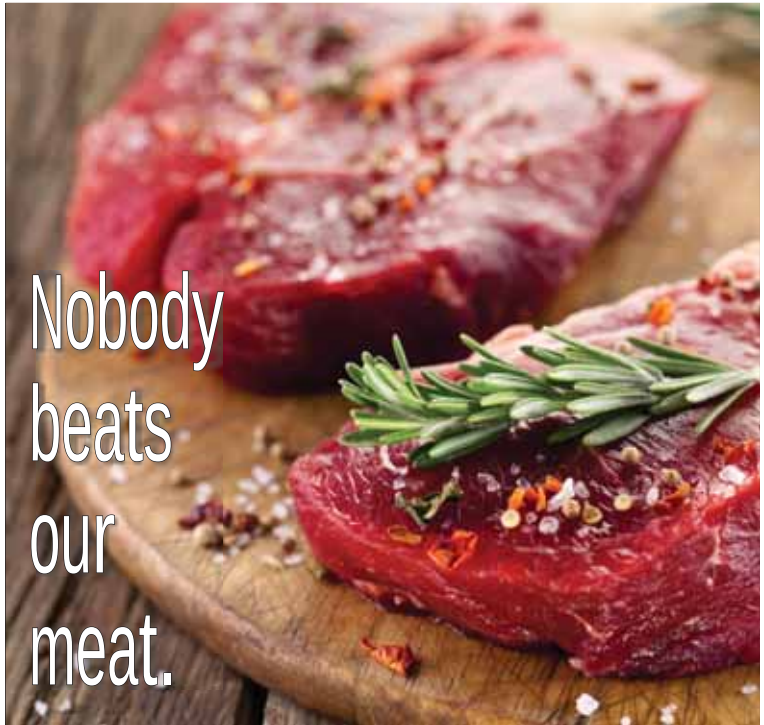
2-6 pm Saturday Sept. 19

1-5 pm Sunday Sept. 20

www.GardenBayPub.com

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