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HARBOUR SPIEL

SEPTEMBER 2010
Issue 237



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HARBOUR SPIEL



The Independent Voice
of Pender Harbour &
Egmont since 1990

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- Oak Tree Market
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- Sechelt Public Library
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Brian Lee.

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~ NEXT ISSUE MAILS OCT. 1 ~

The boats of summer

By Brian Lee



I'm one of those
lucky enough to have
a view of the Harbour
from my house.

It's not a 180-de-
gree panorama — more
like a 12-degree porthole — but it's just
enough to watch boats.

And I've noticed there might
be even more boats than back in the
day when scores of small car-toppers
or runabouts would be heading out to
chase salmon.

But they're not that small any-
more.

There are plenty of gleaming white
zodiacs scouting all the nooks their 50-
foot motherships couldn't reach.

Or kayaks — the Skardon Islands
regularly teem with the colourful pods,
clustered around its beaches as if won-
dering what to name this uncharted
discovery.

But it's clear that size is winning
out as the choice of the modern mari-
ner.

If it's a true that a boat's a hole in
the ocean you pour money into then
there's still a lot of money out there to
pour.

We're not Monaco yet but it seems
the economic downturn missed a few
folks.

Not only do many of these boats
cost \$1 million-plus to purchase, they
burn upwards of \$200 in fuel every
hour. Many much more than that.

I marvel at what these toys must
cost their owners in fuel, moorage and
upkeep.

Someone who's travelled up
Jervis Inlet regularly for many years
told me recently he's seen a huge
drop in the speed of boats heading
to Princess Louisa and pegs it to the
cost of fuel.

It may explain the proliferation
of sailboats — almost 50 per cent by
my boat traffic estimates.

But sailboats can be pretty
pricey too and it sets me to thinking:

How could I ditch this pansy
gig and pull a buck-fifty off every
one of these gin palaces?

I can't afford to buy a marine
pub in Garden Bay to have them
come to me so I've racked my brain
for a unique angle.

I thought of selling hot dogs
and ice cream from my rowboat but
decided that sounded kind of messy.

Mobile marine massage? Pos-
sibly.

Seafood sales? Nope, every-
body already does that.

Maid service? Not for me.

I even thought of prostitution
but I promised myself I'd never
pimp again after what happened last
time.

The truth is, the yachting crowd
should offer a tantalizing business
opportunity but I get stumped trying
to figure out what it might be.

They come here for the one
thing they don't already have and it's
free — we call it the Harbour.

Their absolute self-sufficiency
and contentedness leaves me with
just one idea:

Piracy.



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if it's not in the Spiel.

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SPIEL PICKS

BACK TO SCHOOL - SEPT. 7

Buses and little backpacked obstacles will be out on the roads starting Sept. 7. Call the Madeira Park Elementary School at (604) 883-2373 or the Pender Harbour Secondary School at (604) 883-2727 for more information.

PENDER HARBOUR AQUATIC AND FITNESS CENTRE OPENS - SEPT. 13

It closed for the summer before most people could enjoy its extensive renovations but the pool opens Sept. 13. Registration for programs begins Sept. 7 and can be done online, by phone or in person at the pool.

14TH ANNUAL PENDER HARBOUR JAZZ FESTIVAL - SEPT. 17, 18 & 19

An unparalleled back drop coupled with a broad variety of styles and performers make the annual Pender Harbour Jazz Festival one of BC's most popular. There's something for everyone with free and ticketed performances throughout Pender Harbour for three days in mid-September. From the hopping rhythm of Five Alarm Funk to gospel-tinted jazz vocals of Dee Daniels, pick your spots and get your tickets early.

PENDER HARBOUR FALL FAIRE - OCT. 2

Remember, as soon as the calendar flips at the end of this month — it's Fall Faire time. Now in its 10th year, the annual Pender Harbour Fall Faire is the biggest little festival of the year marking the winding down of the busy summer season. Come out from 10 a.m. to 3 p.m. for the harvest exhibition, hay rides, craft fair, kids' activities, live music, photo contest, art auction and the quilt show.



A record sockeye salmon run this summer has made for some happy local fishermen who were lucky enough to have held on to lower Coast licences. Look for salmon sale bargains early this month.

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Area A water quality update: The future looks clear



Ruby Lake (above) feeds Sakinaw Lake and the two of them are the future of Area A water management plans.

September is typically the month when many people's attention turns to water supply.

But Bryan Shoji, the SCRD's General Manager of Infrastructure Services, says Area A has been pretty fortunate this year with good water supply thanks to heavy spring rains.

And though there's not much that can be done about the quality of water in the short term, he promises that too is about to improve.

Area A has a multitude of SCRD-managed community water supply systems and a large number of private systems.

Shoji says lakes are at acceptable levels all around.

"In South Pender (MacNeill Lake) we're only down 12 inches from the top of the dam and at the same time last year we were at 30 September 2010

inches," he says.

But he cautions that though furthering water restrictions aren't anticipated, a dry September could change that and says current water restrictions will continue to be in effect until at least the end of September.

Shoji says testing of water qual-

ity could also be considered normal but admits "normal" for Area A isn't necessarily a desirable baseline.

Drinking water guidelines require testing for turbidity levels which indicate the volume of suspended solids.

(continued next page)

Proud Supporters of Abbeyfield House Dinners for Donors Campaign: 140 bricks sold!



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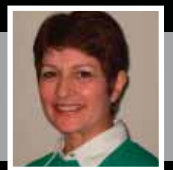
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Area A water update (cont.)

(continued from p. 5)

Not only does excessive turbidity discolour water but it increases the risk for gastrointestinal diseases.

Turbidity limits the effectiveness of water disinfection by chlorine or ultraviolet sterilization by essentially shielding the virus or bacteria.

"We had some turbidity higher than 1 NTU (nephelometric turbidity unit) in South Pender — it was about 1.2 NTU," says Shoji, adding that a drinking water advisory for people with compromised immune systems has been in effect in South Pender Harbour since July 15, 2009.

And though South Pender Harbour Waterworks District has the highest number of customers (over 1,000 connections), the small portion of Egmont Road (approximately 29 connections) served by its Waugh Lake-fed water system has been on a boil-water advisory for more than nine years.

The same is true for Oyster Bay residents and North Pender Harbour water has also suffered its share of advisories over the years.

But Shoji hopes these issues may soon be a thing of the past.

BACKGROUND

The past 10 years of development have put unprecedented pressure on local water purveyors to formulate a plan to deal with future needs.

In February 2007, the Area A Water Master Plan identified weaknesses and growth demand for Area A's water supply and outlined a framework to deal with key concerns.

When it was completed, then Area A director John Rees said:

"It's not a magic solution but it's a great blueprint. But to continue the blueprint from where we are at the moment to implementation, we need funding."

Since that time, Area A has been flooded with \$6.9 million of grants supporting approximately \$10 million of water improvement projects.

To put that figure in perspective, Shoji says there's only \$600,000 applied to similar projects on the rest of the Coast, meaning a lot of the focus of the SCRD's utilities department staff has been on projects in Area A.

Here's a breakdown.

EGMONT

Egmont is in the process of receiving an entirely new water system that will include fire flow protection.

It should bring an end to its perpetual water advisory but it's unclear when work will be completed.

Shoji says the distribution line is in and a reservoir site secured but they've had some problems securing a site for a treatment plant near the source at Waugh Lake lack due to a

lack of available land.

The upgrade will only apply to those already receiving water through a system that was locally managed prior to the SCRD's takeover.

The remainder of Egmont relies on private water supply systems.

The funding for this project is tied together with upgrades in Earls Cove and Oyster Bay Road improvements totalling \$3.8 million, of which \$2.8 million was provided through grants.

EARLS COVE/JERVIS INLET ROAD

The SCRD holds a water licence for Ruby Lake servicing 88 lots in the Cove Cay subdivision in Earls Cove.

Work has been completed on an extension of that system to Jervis Inlet Road, much of which previously relied on an unlicensed, unregulated water system supplied by nearby Four Acre Lake.

OYSTER BAY

Residents of approximately 30 properties on the north and southwest shores of Oyster Bay have also been on an ongoing boil water alert and without fire protection service (hydrants) for many years.

The community has been supplied by substandard plastic water lines pulling water from the South Pender water system but work is underway to extend the North Pender Harbour Water system (Garden Bay Lake) to North Oyster Bay and a subsequent submarine pipeline will cross Oyster Bay to supply the southwest side.

SAKINAW LAKE

In 2006, the SCRD applied to the Ministry of Environment for a water licence on Sakinaw Lake to serve the Sakinaw Ridge development and Harbour Spiel

Area A Seniors' Housing Outreach Healthy Meal Program



Regular meal service will resume September 20.

For info: Linda Curtiss 604-883-2819 or Anky Drost 604-883-0033

nearby homes, citing concerns about the ability of Hotel Lake to support its existing water licences.

The Sakinaw Lake Community Association opposed this application, requesting more research on the impact fluctuating lake levels might have on fisheries and lake residents.

The Ministry of Environment postponed the application review awaiting resolution of some of the issues raised.

In a March 12, 2010 letter address to SCRD staff, DFO and Vancouver Coastal Health, regional water manager Julia Berardinucci said she felt evidence suggested there was sufficient water availability to proceed.

Berardinucci also said all subsequent water licence applications received before February 2011 would be dated at the same time as the SCRD licence.

She explained that it is not an offence under the Water Act to use unrecorded water for domestic purposes without a licence, as many residents on Sakinaw Lake currently do, but that could change in the future depending on demand, fisheries and/or licence requirements.

Licences issued first would be given first priority in the event of water restriction.

"It would be reasonable to expect that members of the public may have an interest in obtaining greater certainty of access to water rights even if not currently required," wrote Berardinucci.

Since that time, the Sakinaw Lake Community Association has been actively encouraging lake residents to apply for water licences.

Another issue with the Sakinaw Lake application are two potential locations for the pumphouse.

Shoji says some residents who live nearby oppose the plans due to perceived potential for noise and esthetic disturbance.

NORTH PENDER HARBOUR

Upgrades to the North Pender Harbour water system involve the construction of an ultraviolet disinfection system at the Garden Bay Lake pumphouse.

Shoji says it's much a better disinfection system than chlorine and doesn't affect taste.

The project is still going through preliminary design but Shoji says he expects it be put out for tender by the fall and construction to begin sometime thereafter.

Unlike MacNeill Lake, the higher quality of water in Garden Bay Lake doesn't require filtration before treatment and tests showed a multi-barrier treatment system wasn't required.

SOUTH PENDER HARBOUR

High turbidity in MacNeill and Harris Lakes required a multi-barrier water treatment system to improve water quality in South Pender Harbour. Multi-barrier treatment includes filtration components as well as UV and chlorine disinfection.

This project will cost about \$6 million (with \$4 million of that already awarded in grants).

The remainder will be financed with a \$2 million loan carried by residents resulting in an estimated 74 to 92 per cent rate increase (on a typical property) over the current rate of \$420 per year.

Because a requirement of the grant funding is better management of water usage, it is likely water meters will be installed on South Pender con-

nections sometime in the future.

Though planning was already in the works, on May 13 SCRD staff received an order from Vancouver Coastal Health Drinking Water Officer Tim Adams to "complete the construction and commissioning of the multi barrier treatment plant for the South Pender Harbour Water Service Area by March 1, 2012."

MIDDLEPOINT

Fears of arsenic-tainted well water pushed Middlepoint residents to ask the SCRD to consider extending the Chapman Creek water supply up to 49 Middlepoint properties.

Shoji says there wasn't a grant available for this project and the cost options — one including an upfront payment option of \$49,000 — didn't receive a lot of enthusiasm and the project may not move forward.



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Area A bus gets green light to begin running Sept. 1

The wait for bus service in Area A is finally over.

After struggling with licensing and funding issues for more than two years, the Area A bus is set to make its first scheduled trip on Sept. 1.

The scheduled service will run every Wednesday and Saturday starting from the Madeira Park Community Hall at 9:30 a.m.

The schedule will see the bus travel to Egmont before returning through Garden Bay to Madeira Park and carrying on to Sechelt.

After a two-hour layover at the Sechelt Public Library, the bus will return to Madeira Park and then Garden Bay and Egmont.

One-way adult fares will cost \$2 within Area A and \$5 from Madeira Park to Sechelt making the total cost for someone travelling from Egmont to Sechelt (and back) \$14.

Passengers aged 12 and under will be charged \$1 for one-way local trips and \$2 from Madeira Park to Sechelt.

Children under five will ride for free.

Area A director Eric Graham says the bus should cost approximately \$40,000 to operate for six months



These seats need regular occupants if Area A hopes to continue its bus service, set to begin Sept. 1

and will be financed solely by Area A under the SCRD's feasibility function.

Graham says the bus will continue to operate within the feasibility function until the November 2011 municipal election.

At that time he expects Area A will get a chance to vote on assuming long-term financial responsibility for the bus under its own function, paid

for by Area A residents.

Graham warns that the service will still depend on sufficient ridership in order to continue.

"We're not going to keep running the bus if it's empty" say Graham.

"So we could pull the plug on it at anytime."

Vandals dunk Portuguese Joe sculpture

A lifesize yellow cedar sculpture of Portuguese Joe Gonzalves was found bobbing in the Harbour Aug. 18.

The sculpture is believed to have been dragged from its perch near the entrance to the Harbour Authority office at Millenium Park and pushed over the railing into the ocean sometime in the night during high tide.

The sculpture didn't suffer much damage but Harbour Authority staff say it will be refinished before returning to its place at Millenium Park.

The sculpture was donated by local carver Jack Crabb and depicts pioneer Joe Gonsalves who once owned and named what is now Madeira Park.



Sculpture of Portuguese Joe Gonzalves dries off in the Harbour Authority office.

Harbour Spiel

**Would you like to find out
more about your child's school?**



Visit these websites:

MPES: www.sd46.bc.ca/mpesweb/

PAC: www.mpespac.com

Deserted River fire continues to burn with 'modified response'

The Wildfire Management Branch of BC's Forest and Range Ministry continues to monitor a wildfire in Jervis Inlet that was reported Aug. 1.

The branch has engaged a "modified response" in containing the 65-hectare fire near Deserted River, believed to have been sparked by lightning.

Though it likely caused much of the poor local air quality throughout August, the fire isn't considered a high priority due to its slow growth and remote location.

Donna MacPherson, fire information officer at the Coastal Fire Centre in Parksville, said the last visual inspection of the fire was on Aug. 18.

MacPherson says it's likely the fire will burn itself out but they will monitor it until next spring to make sure that is the case.



photo courtesy of BC Wildfire Management Branch

This aerial photo taken Aug. 13 shows the extent of the forest fire first reported Aug. 1 near Deserted River.

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Clemence pooh-poohs Harbour's Sea-Doos

Dear Editor,

Where have the lazy hazy days of summer gone in Pender Harbour?

No longer can we sit and hear the loons and eagles calling nor watch the sunset over Texada in tranquillity.

Zoom! Zoom!

There go the very few who shatter the peace of the many.

They have spent their money to equip themselves with the most selfish way of travelling on the water — Sea-Doos.

All except the owners agree that these craft are an abomination and should never have been invented and should certainly be forbidden in any populated water ways.

Here we have a famous anchorage, a harbour.

Used in summer by boats from all over the world.

They will remember their stay with their tenders banging their hulls as the fenders jump in the swells and the buzz of revving engines while they eat their meals on deck.

What about the little boats — kayaks, rowboats, even the dragon-boat and small outboards exploring or going shopping?

Some may have children paddling on a first voyage of discovery.

Swimmers also use the Harbour. Some, innocent of the danger, venture a ways off the beach.

The Harbour is such a congested place in summer and no place for speeding maniacs to zip around, weaving in and out of the anchored or travelling boats.

At 60-plus m.p.h., a blink is enough to miss another moving object.

What a disaster in the making.

I haven't mentioned the damage

done to marinas and docks.

Winter gales don't wear the chains out like the pounding of summer traffic.

Larger boats with too much weight on board and lots of power, plowing along are really destructive.

The police have had "boat trou-

bles" so have not been around this year.

They say they will get a boat here as soon as possible.

Lets hope they don't come only to pick up the pieces.

Anne Clemence
Garden Bay

Pender Harbour Jazz Festival Sept. 17, 18 & 19:

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9 P.M. TO 12:30 A.M.

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8 TO 12 P.M.

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COLD BEER AND WINE: Chilled Kokanee and Budweiser (24 cans at gov't. liquor store price)

ALEXANDER KEITHS B-DAY PARTY OCT. 5 - 6 P.M. : Live music and steak and lobster tails

The Grasshopper Pub



Egmont/Pender Harbour community bus begins service Sept. 1



By Eric Graham
SCRD Director,
Area A

EGMONT/PENDER HARBOUR COMMUNITY BUS

When the Passenger Transportation Branch rejected Malaspina Coach Application to put our bus under their authority, I became very frustrated and approached the director of the Passenger Transportation Board in Victoria

and asked for a meeting.

This was in June and after two hours I left the meeting with authority to operate our bus on the condition it was operated by the SCRD but only in the area served by the SCRD scheduled service and charters.

Another problem is if Area A joined the existing SCRD Transit Function, we would be paying about 17 per cent of the total function (because of our high assessments) for a schedule twice a week when other

area's would be paying as little as nine per cent with service seven days a week.

To get around this, the SCRD setting up a new function called "feasibility" which will enable the bus to be set up as a temporary function in order to gauge demand and cost.

If there is a good volume of riders and it is within budget, the plan is to run the bus on a temporary basis, until the next election (November 2011) at which time a tax referendum



MEETINGS AT 1975 FIELD ROAD

Infrastructure Services Committee
September 9 at 9:30 a.m.

Planning and Development Committee
September 9 at 1:30 p.m.

Regular Board
September 9 and 23 at 7:30 p.m.

Policing Committee
September 13 at 9:00 a.m.

Transportation Committee
September 13 at 10:30 a.m.

Community Services Committee
September 16 at 1:30 p.m.

Corporate and Administrative Services Committee
September 23 at 1:30 p.m.

For more information:

1975 Field Road, Sechelt, B.C. V0N 3A1
T: 604-885-6800 F: 604-885-7909
Office hours: 8:30 a.m. to 4:30 p.m.
www.scrd.ca

Sunshine Coast Regional District

AREA A - ADVISORY PLANNING COMMITTEE MEETING

The next meeting of the Egmont/Pender Harbour Advisory Planning Commission is on Wednesday, September 29 at 7:00 p.m. at Pender Harbour High School, Room 107.

SOUTH AND NORTH PENDER HARBOUR SPRINKLING TIMES

Houses with odd numbered addresses on odd calendar dates
7:00 a.m. - 9:00 a.m. & 7:00 p.m. - 9:00 p.m.

Houses with even numbered addresses on even calendar dates
7:00 a.m. - 9:00 a.m. & 7:00 p.m. - 9:00 p.m.

- NO sprinkling outside these hours
- Only one sprinkling device is permitted at a time
- A soaker hose is considered a sprinkler
- Regulations are enforced

PENDER HARBOUR LANDFILL WINTER HOURS

Monday 8:30 a.m. - 4:30 p.m. Tuesday 8:30 a.m. - 12:30 p.m. Wednesday to Saturday 8:30 a.m. - 4:30 p.m. Closed on Sundays and statutory holidays from Thanksgiving to Easter weekends. Closure at 3:30 p.m. on Christmas Eve.

AREA A BUS

Beginning September 1st, Area A will have a new bus that will run on a trial basis.

The Egmont/Pender Harbour bus will leave the Pender Harbour Community Hall at 9:30 a.m. and arrive at the Egmont Heritage Centre by 10:12 a.m. before heading back to the community hall at 10:27 a.m. making stops each way. The bus will then leave the community hall at 11:39 a.m. and drop off passengers at the Sechelt Public Library at 12:11 p.m. The bus will have a layover in Sechelt before leaving at 2:11 p.m. for the trip back to Madeira Park and Egmont.

For more information, please contact 604-885-6899.

Area A - Director Contact Information

Director Eric Graham is available to meet with residents to discuss local issues related to the Sunshine Coast Regional District. He can be reached at home at 604-883-9061 or by email at ericgraham@dccnet.com.

would be held to find out if the taxpayers in Area A are willing to support the community bus.

By holding off until the election, Area A would save most of the costs of paying for a referendum.

So, I am very pleased to announce the Egmont/Pender Harbour community bus will start scheduled service, twice a day, two days a week (Wednesday and Saturday only) starting Sept. 1.

The bus will travel between Madeira Park, Garden Bay and Egmont with one trip to Sechelt.

There will be a two-hour layover in Sechelt on those two days (please refer to the printed schedule on the previous page).

Not only will the bus have two scheduled trips a week but also the 20 seat bus will be available for charters (within the SCRD service area).

For more information or updates on the bus service please call (604) 885-6899 and press "0" or visit the SCRD website.

It has taken a year and half to put the bus on the road and it wouldn't have been possible without the hard work of the four local residents on the bus advisory committee, former director John Rees and the staff of the SCRD — thank you all.

I am looking forward to the ribbon-cutting ceremony in front of the Madeira Park Community Hall at 9:15 a.m. Wednesday, Sept. 1.

It will start the bus on its first trip at 9:30 a.m.

SOUTH PENDER WATERWORKS

For over 50 years the South Pender Waterworks was operated by many good volunteers and a board of directors.

Due to the fact that a water treat-

ment plant was desperately needed and the board had no borrowing power and did not qualify for government grants, the SCRD was asked to take over the system a couple of years ago.

It was felt that the users of the water would not be able to afford to construct the water treatment plant, without government borrowing power and grants.

Just last summer the SCRD received two government grants in the millions of dollars.

The major grant was conditional on individual metering, which part of the grant was to pay for.

Vancouver Coastal Health recently ordered the SCRD to construct a water treatment plant by March 2012.

Recently four residents of the South Pender Water District have volunteered to be on the South Pender Water Advisory Committee (two members had served on the previous board).

With the help of the committee and the public, the staff is in the process of developing a 10-year plan.

In October an information sheet will be mailed out to all users of South Pender Water requesting public input to this very important plan.

The process to improve the water quality is slow but I think, after all this time, good water will be coming to the users of South Pender Water by March 2012.



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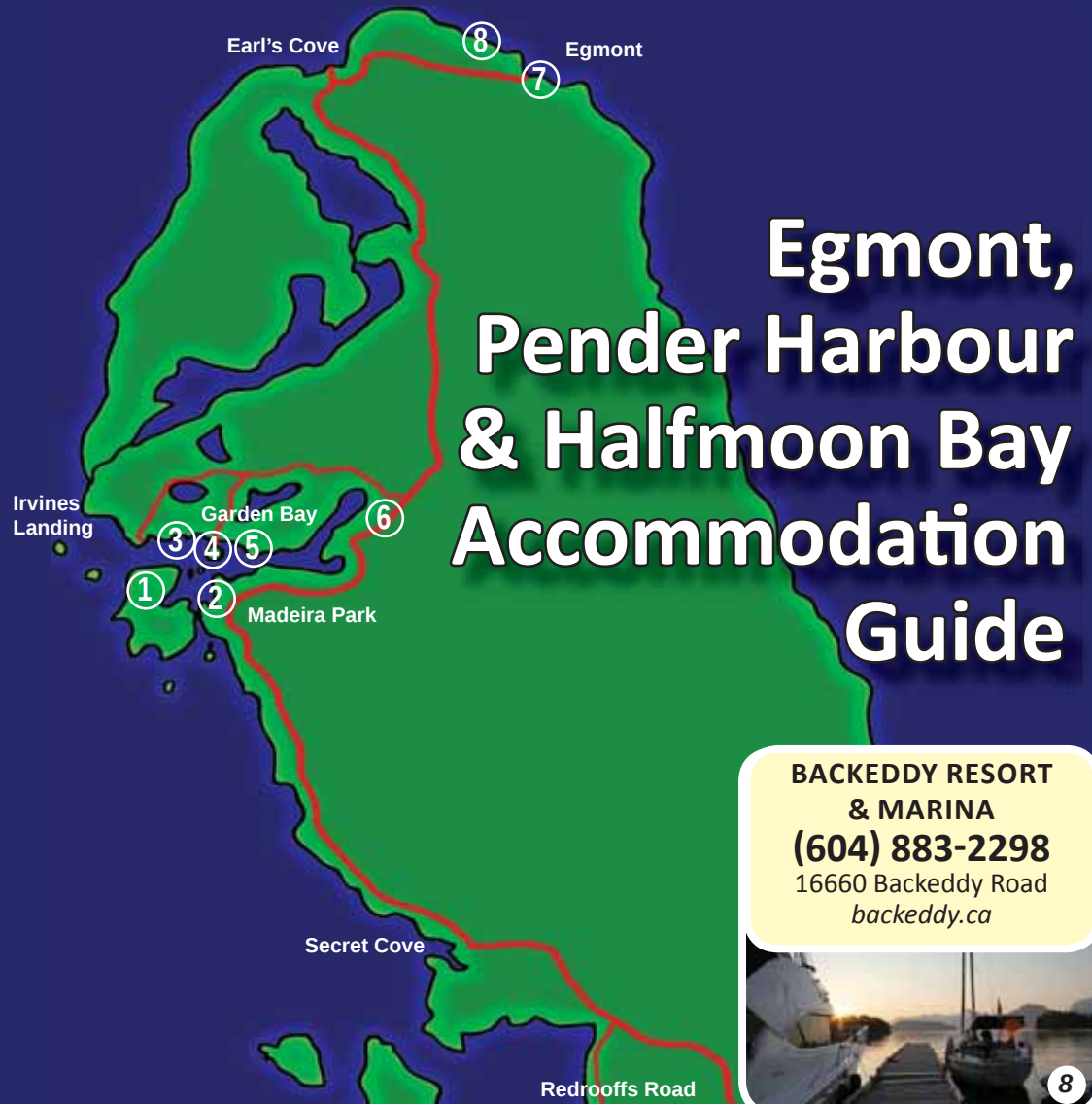
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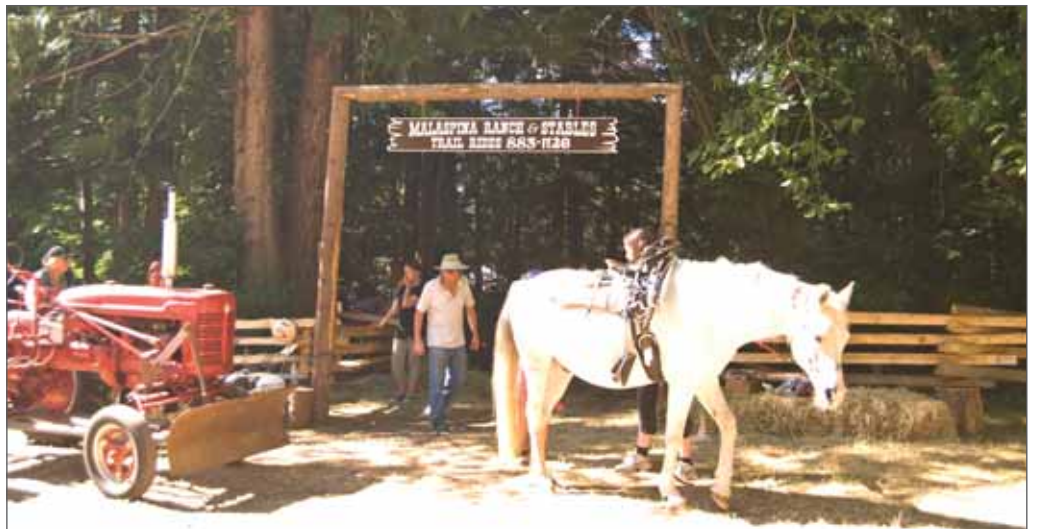


How many with a camera didn't take a shot of August's smokey sunsets?



photo submitted

After noticing some local parks had no place to sit, some members of the Rotary Club of Pender Harbour donated their time to build picnic tables. There are now two tables each at Garden Bay Marine Park, Baker's Beach and John Daly Park. The Garden Bay Pub, John Henry's Marina, the Sunshine Coast Resort and FibreWorks Studio also purchased tables to fund future construction. Contact a Rotary member if you would like to place orders for commercial purposes.



The first Pender Harbour Garlic Festival packed them into the Lions' Park on Aug. 28. where organizers were overwhelmed by the turnout with over 1300 people attending. Wafts of garlic floated through the Lions' Park as musicians played, vendors vended and kids took horse and tractor rides through the grounds supplied by Malaspina Ranch, which had a full stable recreated for the event.

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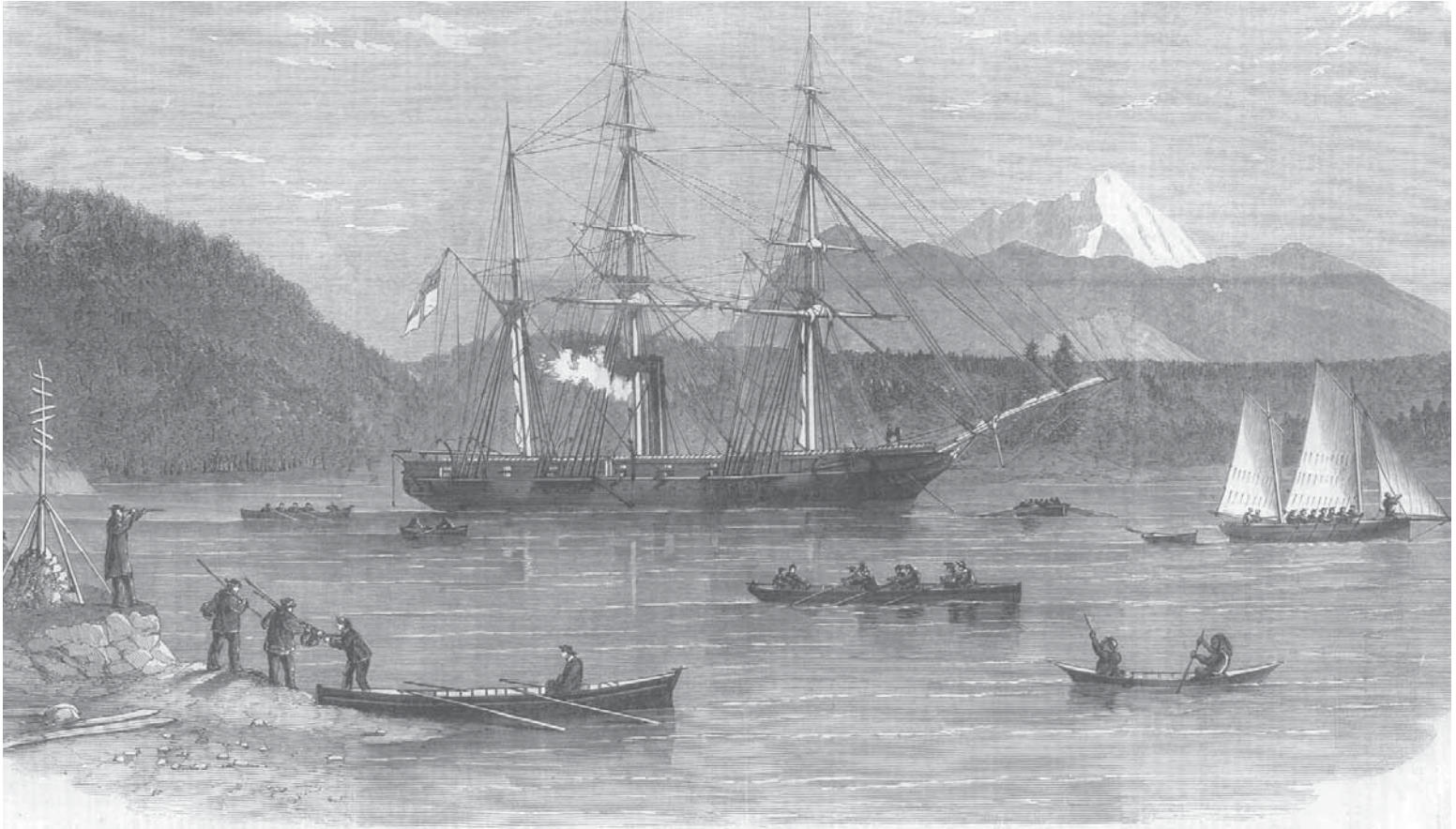
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Captain George Henry Richards: 150th anniversary of the Sunshine



Gary Little collection

This illustration depicting surveying boats setting out from the *HMS Plumper* in Port Harvey, Johnstone Strait appeared in the *Illustrated London News* on March 1, 1862.

by Gary Little

Captain George Henry Richards of the British Royal Navy played a prominent role in the charting of the south coast of British Columbia (including the Sunshine Coast and Vancouver Island) in the early years of European settlement of the area.

As a result of his careful work, coastal navigation became much safer, leading to the rapid expansion of mari-

time commerce in the colonies.

But despite his accomplishments, he is generally unknown to British Columbians who seem to remember only a few prominent politicians of the day.

Richards was born on Jan. 13, 1820 in Antony, Cornwall, England and entered the navy as a young boy in 1832.

He began to develop surveying skills from the very start of his career.

From 1835 to 1840, as midshipman

of the *Sulphur*, he helped survey portions of the west coasts of North and South America, some Pacific islands, New Guinea, and the Moluccas.

In 1842 he was assigned to the navy's survey of the Falkland Islands and then, from 1848 to 1852, to the survey of the New Zealand coasts.

From 1852 to 1854 he participated in the ongoing search for lost Arctic explorer Sir John Franklin and distinguished himself by leading several sledging expe-

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Coast survey

ditions covering over 2,000 miles while mapping unknown coasts in the vicinity of Northumberland Sound.

In 1854 Richards was promoted to the rank of captain and his first commission brought him to the west coast of North America aboard the surveying ship *HMS Plumper*, a 21-gun screw sloop.

He reached the colony of Vancouver Island on Nov. 9, 1857 following an eight-month westward voyage from England via the Straits of Magellan.

Richards had been named the Second British Commissioner for the San Juan Islands Boundary Commission.

His mission was to conduct surveys to help resolve the boundary dispute with the United States relating to the path of the international border through the San Juan and Gulf Islands between the mainland and Juan de Fuca Strait.

The other British commissioner was Capt. James Charles Prevost of the *HMS Satellite*.

Britain eventually lost this dispute — in 1872 arbitrator Kaiser Wilhelm I of Germany established the current international boundary through Haro Strait, making the San Juan archipelago American territory.

Richards and his crew — which included officers Lieut. Richard Charles Mayne and Masters Bull, Pender, and Bedwell — were later asked to survey the south coast of the new colony of British Columbia which had been created in 1858 (almost a year to the day after their arrival).

In the summer of 1860, they surveyed the Sunshine Coast, Howe Sound, Jervis Inlet and Sechelt Inlet in considerable detail.

This was the first formal reconnaissance of the area since George Vancouver's famous survey in 1792.

Richards prepared several manuscript charts of the Sunshine Coast and vicinity for the admiralty.

These included three small-scale charts of Howe Sound, Sechelt Inlet, and the entire coast from Gower Point to Jervis Inlet, as well as large-scale charts of Port Graves Bay (now usually called East Bay) at Gambier Island, Shoal Channel and Plumper Cove off Keats Island,

September 2010



Gary Little collection

This 1860 map of the Sunshine Coast was the result of that summer's survey by Capt. Richards aboard the *HMS Plumper*.

and Pender Harbour.

The Sechelt Inlet chart was the first to depict this important body of water which also includes Salmon Arm and Narrows Arm (both now called inlets).

George Vancouver missed the entrance to Sechelt Inlet while he was exploring Jervis Inlet to its northernmost reach in 1792.

Today, the town of Sechelt is located

at the southern end of Sechelt Inlet on a narrow isthmus separating it from the Strait of Georgia.

Richards was responsible for naming several landmarks on the Sunshine Coast.

Names which appear for the first time on his 1860 manuscript charts

(continued next page)

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Captain George Henry Richards (cont.)



Gary Little collection

Richards' hand-drawn 1860 chart of Sechart Inlet was the first to identify the body of water missed by Captain George Vancouver and his crew during their survey in 1792.

(continued from p. 17)

include Pender Harbour (named after Daniel Pender, the master of the *HMS Plumper*), Francis Point, Agamemnon Channel, Pearson Island, Thormanby Island, Welcome Pass, Merry Island, Trail Islands, White Island, Narrows Arm, Salmon Arm, Shoal Channel, Keats Island, Gambier Island, Bowen Island, Pasley Island, Bowyer Island, and Plumper Cove.

His three primary naming themes were the Battle of The Glorious First of June in 1794 (in Howe Sound), horseracing (in Welcome Pass), and the Battle of Cape St. Vincent in 1797 (in Jervis Inlet).

The names Howe Sound and Jervis Inlet themselves came from George Vancouver.

See *The Romance of Historic Names* by S.C. Heal (Cordillera Books, 2006) for a concise summary of the stories behind many of the names used in these areas.

The admiralty's Hydrographic Office published a printed chart based on these surveys and copies sold for one and a half shillings when the chart first appeared in 1863.

The full title is: "North America - West Coast/Strait of Georgia - Sheet I / Between Vancouver I. and British Columbia / Fraser R., to N.E. Pt. of Texada I. / including / Howe Sound & Jervis Inlet."

The first edition includes an inset chart showing a close-up view of Bucca- neer Bay at Thormanby Island.

The chart was revised many times over the next several decades until it was finally retired in the 1950s.

The survey of the Sunshine Coast was the one of the last ones performed from the *HMS Plumper*.

She was decommissioned in late 1860 and relieved by the larger and more powerful *HMS Hecate*.

Richards surveyed British Columbia and Vancouver Island coastlines until December 1862 when he sailed home to England in the *HMS Hecate* having spent five years in the colonies.

His surveying duties were assumed by Daniel Pender who continued charting the area in the *SS Beaver* until 1870.

He then served as hydrographer of the navy from 1864 until his retirement

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from the service in 1874.

For 20 years afterwards he was first the managing director, then the chairman of the Telegraph Construction and Maintenance Company (Telcon) where he was able to advance global telegraphic communication by laying 76,000 miles of submarine cables.

During this period of his life he was knighted (1877) and promoted to the rank of admiral (1884).

Admiral Sir George Henry Richards died in Bath, England on November 14, 1896 at the age of 76.

His Royal Society obituary observed that he was a man of great ability, of sound common sense, and of untiring activity, and his unfailing good humour, general shrewdness, and kindness to younger members of his profession caused him to be universally beloved and respected.

Local fame seems to have eluded Richards.

Although he generously named dozens of landmarks after his officers, his peers, his ship and even a favourite race-horse (Thormanby, winner of the 1860 Epsom Derby), the only coastal feature today in British Columbia that has been named after him (and this did not happen until 1948) is the nondescript Richards Channel off the northeast coast of Vancouver Island.

Richards Street in downtown Vancouver was named after Lt. Gov. Albert Norton Richards. (Another Richards Street in Vancouver was named after Capt. Richards but the street was renamed Balaclava in 1907.)

Perhaps this oversight can be rectified on the occasion of the 150th anniversary of his Sunshine Coast survey so that we finally properly recognize Capt. Richards for his important contributions to the early economic development of British Columbia.

Gary Little is a real estate agent with Royal LePage Sunshine Coast in Sechelt and frequently writes and lectures on the history of the area.

He is well known for his interactive real estate map of the Sunshine Coast (map.garylittle.ca).



Gary Little collection

Those living on the Sunshine Coast owe a debt of gratitude to Captain George Henry Richards for producing the first tourist map of our area.

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Late bloomers: How to love them

By Jim Rutherford

The dry heat of August has turned many garden perennials to crispy caricatures of their former selves.

But it's not too late to have a nice showing of growth and colour.

Water well (staying within the regulations) and deadhead severely — well below the dead blooms and into the dried foliage.

With cooler temperatures and perhaps a little rain from the Heavens, you'll be surprised how the plants will regenerate.

An example of a plant that should react favourably to this treatment is *echinacea purpurea* or cone-flower, which blooms from July to October.

There are several colours available now from pink petals with orange cones to white-petalled ones with yellow cones.

But we fall back on *purpurea* for its strength to recover from the toughest conditions — plant them in full sun for best results.

Rudbeckia (black-eyed Susan) is closely related to *echinacea*.

It is invaluable for adding colour to beds and borders in late summer and autumn.

The colour range is limited to yellow, orange and mahogany red but



Echinacea purpurea

new hybrids have produced dwarf varieties and double-flowering ones.

Always add some compost to help revitalize the plants and also mulch to cut down on water evaporation whenever potting.

Liatris (gayfeather) is a little unusual. In late summer and early autumn, erect spikes appear with densely packed small, fluffy flowers in white, pink or purple.

This perennial will add interest in any border and is long-lasting as a cut flower, adding extra texture to

any prepared bouquet you may have purchased.

Achillea (yarrow, milfoil) may help you out with colour, even this late in the season.

They are perfect to plant in borders and rockeries because they possess above-average drought tolerance.

Yellow is the usual colour but you can also find white, cream, pink and red *achillea* (*Cerise Queen*) is crimson.

The plants mentioned so far can be planted even now in borders and containers but mulching will be essential.

Hairy leaves on plants like *echinacea* and *rudbeckia* are a good indication of the plant being nearly deer-proof.

Another is silvery foliage, such as found on *achillea*, seem to suffer little damage.

Liatris is just lucky, I guess.



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Please use the deep-soak method when you're planting out these perennials.

Fill a big bucket with water, not too cold, and plunge your plant into the bucket and submerge the pot.

Leave it be until there are no more air bubbles rising.

This deep soaking will give any plant a head start in fighting water loss.

Late bloomers like phlox and Japanese anemones are lovely to look at but don't think of buying pots of them to pot out this time of year.

A general rule is: don't buy or transplant plants that have a lot of foliage that will be exposed to the sun.

The sun will knock 'em dead.

Spring's the time for all these, when the foliage is just starting to show.

Or even better, ask your nursery person for the right time for planting.

Asters are just bubbling up nicely.

There is a wide range of colours available from purple and pink to Winston Churchill, which offers a rich ruby colour and flowers from September to October.

The Michaelmas daisy group can be prone to powdery mildew so ask for the New England aster group (*aster novae-angliae*).

Aster alpins is a dwarf variety to six-inches, ideal for rockeries, flowering May to July, and is not usually on the deer's menu.

Don't forget Bee Balm, monarda or bergamot — with a good cut-back, they can give you a nice flush of late colour.

We hope these suggestions will help you put your best garden face forward when you hear the cry,

"The guests are coming. The

guests are coming."

Happy planting.

FINAL COLUMN

This will be Jim Rutherford's last column in the Harbour Spiel. Jim has decided to retire down the Coast and had this to say:

"So long, farewell, I must be on my way, but thank you for these few

years together.

Many a swell comment has been made to me about this column and many fine customers of Gardening 101 have become friends.

Wishing you many blessings,
Jim Rutherford



Don't take your teeth for granted.



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The chanterelle: A beginner mushroom picker's delight

By Peter A. Robson

"Found one!" yells my buddy Chris, as he bends down with his pocket-knife to cut the stem of a perfect orange, trumpet-shaped chanterelle.

"Got a gold mine over here," I shout excitedly from 20 metres away where I've spotted a dozen chanterelles — about half a pound's worth — poking through the moss. It's been a productive few hours. Both of our ice-cream buckets are almost full of these delicious fall treats. And while they're also available in grocery and produce stores (for about \$8 per pound) they are so much fresher and taste so much better when gathered from the wild.

We're tramping over a thick carpet of moss surrounded by impressive fir, hemlock and cedar trees. The forest here is level, open and the trees are widely spaced, making for easy walking. There's a scattering of salal and moss-covered fallen tree trunks. It is a beautiful mix of forest that is also perfect chanterelle habitat.

Over the span of a couple of hours, we fill our pails, delighting in each find and behaving like kids in a candy store.



The chanterelle mushroom is one of the easiest wild mushrooms for beginners to identify but caution should still be exercised until you are confident you know the species you are eating.

HUNTING MUSHROOMS

As the summer winds down, the temperatures cool and the first rains soak into the dry earth, I begin anticipating my annual forays into the forest. And while I can hike through the forest any time of year, the opportunity to harvest wild mushrooms gives me another, more productive, purpose. Perhaps the feeling harkens back to the days we were hunter-gatherers.

At home, we'll brush off any dirt, chop them up, then sauté them with

a bit of butter and garlic; there are plenty of chanterelle recipes available via the internet.

There are many types of edible mushrooms out there, and my friends and I pick several varieties, but the chanterelle was the first one I learned to identify and pick and it is one of the easiest for beginners to identify.

FEAR OF PICKING

Most people never harvest wild mushrooms because they aren't sure which ones are edible. While many are delicious, there are others—sometimes visually similar to edible varieties—that are hallucinogenic, can destroy vital organs or even cause death. Be certain to harvest only mushrooms you are absolutely certain are the correct ones. All mushrooms should be cooked prior to eating. Some wild mushrooms can cause allergic reactions so try only a small portion if eating them for first time.

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While all this may sound daunting, with caution and a little experience, it doesn't take long to know the difference and be able to identify and safely harvest at least a few common edible species.

The smartest way to start is to arrange to go along on a hunt with a knowledgeable friend or group of people who are experienced pickers. There are a number of mushroom guidebooks that can be studied and carried in the field. They provide valuable information about identification through size, colour, habitat, time of year they appear, gill shape, stem shape, smell and spore prints.

CHANTERELLES

Varieties of chanterelle mushrooms can be found in coniferous forests throughout the world.

The most common species in western Canada is the yellow, or golden, chanterelle (*Cantharellus cibarius*).

Like all mushrooms, the visible portion of the fungus is the fruiting body of the mycelium; a network of underground microscopic fibers that live in partnership with trees (mycorrhizal fungi).

Chanterelles can be found from late summer to late November and typically start appearing after the first fall rains. On the BC Coast, look for an open, mossy-floored forest with fir, hemlock, spruce and/or cedar. Chanterelles are almost always found growing in undisturbed soil where the trees are at least 60 years of age (about 18 inches or more in diameter) and in old growth forests.

The yellow, or orange, chanterelle has a yellow-orange cap and stalk with creamy white flesh. It grows to about 10 cm wide. Look for prominent ridges or blunt veins

Picking legalities and etiquette

It is legal to pick mushrooms on provincial forest lands. With permission, it is permitted to pick mushrooms from Indian reserves, tree farm licences, regional parks, leased Crown land and private lands.

Harvesting is not permitted in national parks, Department of National Defence lands, provincial parks, ecological or special reserves and recreation areas.

When picking, do not rake or otherwise disturb the moss layers. If proper harvesting techniques are followed, the fungus that produces the mushroom will produce year after year.

Avid mushroom hunters spend a lot of time seeking productive patches of ground and if a friend is kind enough to take you out to one of "their" spots, picking etiquette dictates that you keep that spot to yourself and do not go back there without an invitation or share its location with others.

under the cap and running down to the ground (not terminating at the top of the stem).

Initially, the caps are rounded and then become flat and then up-turned (trumpet shaped) with the centre slightly sunken. The stems are fibrous and when bent, won't snap off cleanly. They are slightly fragrant often with a fruity smell.

When beyond their prime, they become waterlogged and appear whitish or ochre around the edges. When cutting them, use a knife to cut the stem just above ground. There are several other edible species of chanterelle, but beginners should stick with the yellow/golden chanterelle.

OTHER MUSHROOMS

After a few outings, you will learn about other edible mushrooms such as puffballs, hedgehogs, morels, pine mushrooms, shaggy manes and others.

But, again, do not eat any mushroom until you are certain it is actually the species you think it and that it is edible.

I caught the mushroom bug a

decade ago when a neighbour brought over a handful of fresh chanterelles. They were excellent eating. I was soon quizzing him as to where he got them and then started learning as much as I could about wild edible mushrooms.

I've now discovered a number of areas on the Sunshine Coast I visit every year. In most years, I make five or six forays during the fall and I can generally count on coming home with a few pounds each time. Kept refrigerated with paper towels in a non-airtight container, they keep for several weeks—plenty of time to use them in all kinds of recipes. Foraging is a fun activity that has added an exciting new dimension to my yearly adventures.

The second annual Sunshine Coast Mushroom Fest will take place Saturday, Oct. 16 from 11 a.m. to 4 p.m. at the Pender Harbour Community Hall in Madeira Park.

The festival will include a mushroom display table (bring your own mushrooms for identification), cooking demonstrations, vendors of local produce, books, mushroom-growing kits and cooking demonstrations by local chefs.

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Sept. 6: **Jack Crabb and Michael Parrott.**
Sept. 7: **Ed Pazur.**
Sept. 10: **Ernie Paiement, Emily Gamble, Kiri MacGreggor and Pam Roosen.**
Sept. 11: **Sharon Rosel, Doris Wilkinson, Desiree De La Canal and Ashley Georgison.**
Sept. 12: **Daniel Hardwick.**
Sept. 16: **Theresa Baldwin and Steven Edwardson.**

Sept. 18: **Charly Mclean**
Sept. 19: **Patti Gaudet, Doug Reid, Dennis Gamble, Aldo Co-grossi, Jesse Little and Lauryn Young.**
Sept. 21: **Black Bill Gilkes, Christy King and Joey Fletcher.**
Sept. 23: **Helmut Haas.**
Sept. 24: **Susan Knock and Marnie Davis.**
Sept. 26: **Seig Garbers.**
Sept. 27: **Dale Duncan and Harry Doepel.**
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SEPTEMBER ASTROLOGY

AUG. 24–SEPT. 23 (VIRGO)

Virgos value knowledge highly. They make good teachers and advisers while avoiding positions of high power. Often shy, Virgos hide their sensitivity under a self-controlled surface and overt sexual delinquency. A 2006 survey revealed 86 per cent of Canadian exotic entertainers were Virgos.

LIBRA: SEPT. 24 – OCT. 23

Libras seek perfection and harmony and passionately believe in fairness and equality. They are diplomatic, charming, stylish, self-expressive, and spontaneous. Libras do well at arithmetic but are often slovenly and overcook seafood.

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LEVITICUS DILEMMAS

On her former radio show, "Dr." Laura Schlesinger said that, as an observant Orthodox Jew, homosexuality is an abomination according to Leviticus 18:22, and cannot be condoned under any circumstance. The following response is an open letter to Dr. Laura posted on the internet, author unknown:

Dear Dr. Laura:

Thank you for doing so much to educate people regarding God's Law. I have learned a great deal from your show, and try to share that knowledge with as many people as I can.

When someone tries to defend the homosexual lifestyle, for example, I simply remind them that Leviticus 18:22 clearly states it to be an abomination: End of debate.

I do need some advice from you, however, regarding some other elements of God's Laws and how to follow them.

1. Leviticus 25:44 states that I may possess slaves, both male and female, provided they are purchased from neighbouring nations. A friend claims that this applies to Mexicans, but not Canadians. Can you clarify? Why can't I own Canadians?

2. I would like to sell my daughter into slavery, as sanctioned in Exodus 21:7. In this day and age, what do you think would be a fair price for her?

3. I know that I am allowed no contact with a woman while she is in her period of menstrual uncleanness (Lev.15: 19-24). The problem is how do I tell? I have tried asking, but most women take offence.

4. When I burn a bull on the altar as a sacrifice, I know it creates a pleasing odour for the Lord (Lev.1:9). The problem is my neighbors. They claim the odour is not pleasing to them. Should I smite them?

5. I have a neighbour who insists on working on the Sabbath. Exodus 35:2 clearly states he should be put to death. Am I morally obligated to kill him myself, or should I ask the police to do it?

6. A friend of mine feels that even though eating shellfish is an abomination (Lev. 11:10), it is a lesser abomination than homosexuality. I don't agree. Can you settle this? Are there 'degrees' of abomination?

7. Lev. 21:20 states that I may not approach the altar of God if I have a defect in my sight. I have to admit that I wear reading glasses. Does my vision have to be 20/20, or is there some wiggle-room here?

8. I know from Lev. 11:6-8 that touching the skin of a dead pig makes me unclean, but may I still play football if I wear gloves?

I know you have studied these things extensively and thus enjoy considerable expertise in such matters, so I'm confident you can help. Thank you again for reminding us that God's word is eternal and unchanging.

SEPTEMBER WEATHER

TEMPERATURES (MERRY ISLAND)

Our average daily September high temperature is 17.6° C and our average daily low temperature this month is 12.1° C, giving us a mean daily temperature of 14.8° C. September averages 1.8 days with temperatures above 18.1° C. The highest September temperature recorded is 26.6° C (Sept. 3, 1988); the lowest September temperature recorded is 3.9° C (Sept. 27, 1972).

PRECIPITATION (MERRY ISLAND)

September averages 10 days with rainfall and a total of 63.1 mm for the month. September has an average of 212.4 hours of bright sunshine, and the highest daily rainfall recorded is 69.4 mm (Sept. 1, 1983).

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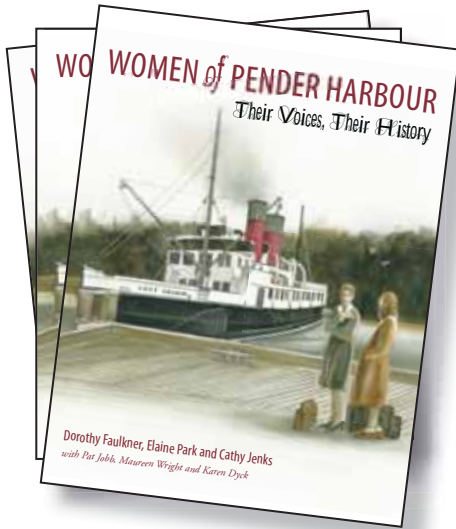
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Proceeds from sales of this book will be used to support the collection and preservation of historical materials in Pender Harbour

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This 1927 Ford Model T took second place in the 1932 and older category.



Old cars cure the blues.



Edmonton car dealer Don Wheaton, Sr.'s 151-foot *After Eight* is a frequent visitor to Pender Harbour. It's unknown who was onboard when it docked at the Garden Bay Pub on Aug. 8 but the gentleman in the blazer on the middle deck looks suspiciously like local veterinarian Dr. Rick Smalley.



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Send to: editor@harbourspiel.com. Include your full name and a telephone number for confirmation.

Please keep them short.

A Harbour Seal of Approval to **Svend and BC Hydro** for assisting in the rescue of two abandoned Harbour Seal pups in Cockburn Bay on Nelson Island. The use of the helipad and truck made the rescue quick and easy.

Paul and April Scott

Harbour Seals of Approval to the many **chamber music fans, volunteers, host families, local businesses and Friends of the Festival** who made our 6th annual Pender Harbour Chamber Music Festival such an overwhelming success.

Barbara Storer
PHCMF committee

A Harbour Seal of Approval to the **lady who brought our float bag back** to us on Saturday. Yes, I do believe in angels.

Bev Divall
Bargain Barn volunteer

The Pender Harbour Reading Centre Society would like to thank all those who helped make our Big Book Sale on July 31 a success: **Guardian Pharmacy, IGA, the wharfingers and their assistants, and all our volunteers, donors and purchasers of books.**

Janet Falk

A Harbour Seal of Approval to the **Power Squadron, the Pender Harbour & District Marine Rescue Society and CCGA 61** for making one of the most difficult times for me and my family into a memorable occasion making it much easier for us to come to terms with our loss.

Thank you to our friends for sharing Dave's Celebration of Life with us.

Diane White,
Donna and Chris

Seals to **the great volunteers** who helped make the third Saturday murals event at the Egmont Heritage Centre a success.

Especially, artist **Dave Oram, the apple pie makers, Joyce, Graham and Allison and the musicians, The Cornpones, Joe Stanton and Jordan Oram.**

Beverly Saunders

A Harbor Seal of Approval for **Dr. Rick Smalley** for his kind, considerate and professional attention to our severely distressed pet. As a result Sienna is doing well.

Rick Fee and Brooke Hart



Roger Duncan family photo collection

Edward Warnock's seine boat the *Sea Luck* circa 1940s.

The Harbour Spiel needs more historical photos of Pender Harbour and Egmont. If you would like to share your family's collection, please contact Brian at (604) 883-0770.

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What a difference a week makes



By Alan Stewart

August has passed and it's been far from a banner summer for real estate sales in Pender Harbour, so why not take a little time off with the family before the kids go back to school?

A week at my family's cabin on Nelson Island with my wife and kids sounds like a recipe for relaxation and a chance to forget about business (or the lack thereof).

And besides, I've got my partners to look after things at the office for me while I'm away.

Eight days of no cell phone and sunshine, peace, some cards, swimming and happy hours.

All and all, a great week off.

So what could have happened at the office in the seven days I was away?

Plenty.

While Pender Harbour had only seen a handful of sales all summer, something happened to the psyche of buyers during my time away.

Deals started falling from the heavens.

Contracts were written on a very well-priced lot, a three-bedroom view home, a couple of waterfront homes, a two-bedroom townhome and a few



Bentley Continental GT-S. A sudden spike in sales has once again given local Realtors reason to be optimistic about their future.

deals in Sechart.

Wow, where did that come from?

With only three home property sales recorded on the MLS in Pender Harbour for most of August, perhaps I should take time off more often.

While some of the deals I mentioned are conditional on inspections and financing, the rush of interest is a breath of fresh air for sellers and Realtors alike.

While it is premature for us to assume that this peak in interest is trend, a rush of sales does give buyers incentive to act now, particularly

on those properties which have been priced to sell.

Low interest rates, motivated sellers responsive to offers, and a wide selection of properties available for consideration seems to be having an effect.

My first full day back in the office proved interesting for other reasons as well.

A client interested in a "debriefing" on waterfront real estate values in Pender Harbour and Halfmoon Bay asked if he could meet at my office at

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4 p.m.

Heads turned as the jet black Bentley Continental GT (MSRP \$220,600) pulled into our lot.

The gentleman was very kind and open about his intentions, telling me that he was looking for a two- to three- acre waterfront property to hold and develop in a couple of years for his family's use. He admitted that he was in no hurry to buy and willing to wait for just the right property.

With a stack of potential listings and a map to review properties for sale, we narrowed the search down to only two potential properties currently on the market.

Knowing that it would be difficult to view properties on such short notice, he politely asked if it would be possible for me to drive him by one

that was of particular interest.

"Only if I can drive the Bentley!" I said in jest.

But before I could laugh it off, the key for the mean machine was slid across the table.

"I have no problem with you driving my car. Let's go!" he said.

"Come on! You're kidding. I couldn't drive your car. Besides, I wouldn't want you to have to drive me all the way back to the office."

"Give me your keys and I'll drive your car. Deal?"

A 552 horsepower, 12 cylinder engine plus 0 – 60 km/h in 4.7 seconds equals. . . wahoooo!

All I can say is that I'm glad I didn't spend another day at the cabin.

Although I was disappointed the property wasn't perfect for him, I'd be

more than happy to tour him around the area again another day... but only if I get to drive the Bentley.

Please send any suggestions for story lines to alan@sunshinecoasthomes.com.

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- Aqua Yoga (Four Saturdays in November)
- "So, Are You Ready to Dance?" (Four Tuesday evenings in November)
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The science of sleep

*Compiled by P. H. Health Centre
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Busy schedules, stress, illness, family needs and work all stand in the way of getting a good night's sleep.

A recent study shows that we cut back on our sleep when we need more time for life's demands.

Sleep involves a series of stages, each with specific repair duties and there are many negative consequences for your health when you restrict sleep to less than six or seven hours.

When we first fall asleep, we enter non-rapid eye movement.

During the first two to four hours of core sleep this is when the metabolic, immune, neurological and tissue recovery occur.

The next stage of sleep is rapid eye movement (REM) sleep. This is when the skills learned during the day become embedded in our brains, making this stage of sleep critical for learning and memory.

But don't lose sleep over your lack of shut eye — here are some helpful hints:

- Stay clear of high salt foods such as chips and pre-packaged foods especially before bedtime. They dehydrate your body, which may cause you to wake up in the night.

- Spicy foods stimulate your digestive system so your body can't relax.

- Alcohol may help you fall asleep faster but it will impair your REM sleep and dehydrate you.

FOODS THAT CAN HELP YOU SLEEP

- Calcium and magnesium can relax your body and central nervous system. Yogurt, almonds, figs and whole grain foods are perfect to eat



at dinner or a couple of hours before bedtime.

- Tryptophan is an amino acid that has a relaxing effect on your brain and increases serotonin levels to slow down nerve activity. It can be found in turkey, milk, bananas, figs, dates, oats, eggs, chickpeas, potatoes and peanuts.

- A bedtime beverage of warm milk, chamomile or passion flower tea can also be beneficial. Stay away from caffeine and nicotine as both are stimulants that can affect sleep.

- People should avoid eating a big meal less than three hours before bedtime.

- People who exercise tend to sleep better. Research shows that aerobic exercise, as long as it is done well before bedtime is the best sleep promoter.

IN THE BEDROOM

- Create a routine. Having a regular bedtime and waking time will help you sleep better.

- Make sure your mattress and pillow work for you and provide good support.

- Sleep is promoted by the lowering of your core body temperature. It is recommended to keep your bedroom temperature between 20 to 23 degrees Celsius.

- Sleeping in a dark room helps

the brain to boost melatonin secretions, which makes you sleepy.

- Relax before you hit the pillow. Listen to calm music as this can be effective in setting the tone to a good night sleep.

CHRONIC PAIN SELF-MANAGEMENT COURSE

A chronic pain self-management course will be offered at the PHHC on Wednesdays starting Oct. 13 and continue to Nov. 17. The course will be at 12:30 p.m. to 3 p.m.

The chronic pain self-management program is for adults experiencing chronic musculoskeletal pain (such as chronic neck, shoulder or back pain etc.) whiplash injuries, chronic regional pain syndromes, post surgical pain that lasts beyond six months. It may also be appropriate for those with persistent headache, Crohn's disease, irritable bowel, persons with diabetes who have neuropathy or people with conditions such as multiple sclerosis.

Please register at 1-866-902-3767 or call the P. H. Health Centre if you have any questions.

P. H. HEALTH CENTRE SOCIETY ANNUAL GENERAL MEETING:

Sept. 26 at 1 p.m.
P. H. Health Centre



photo submitted

'Logging' was the theme of Davyd Oram's third of four murals painted as a fundraiser for the Egmont Heritage Centre. The final mural painting will take place Sept. 4. Prints can be reserved by calling the EHC at 883-9994. \$60 each or \$200 for the set of 4.

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Project design by Mobius Architecture. Photos by Alan Burns and John Beckett, b Creative Advertising.

Depression era work camp highway construction

By Heather Smith

My 93-year-old Pop (John West) and I were sitting in the kitchen enjoying a drink before dinner and he started telling me about the Hungry '30s.

One of his favourite sayings is "Another day, another dollar."

I asked where that saying came from.

Pop said in the 1930s, employment was hard to come by, jobs very insecure and families barely surviving.

The Canadian federal government started a "make-work" program to help the breadwinners feed their families.

One of these projects was road-building to bring access to some of the more remote areas of the province.

In Pender Harbour, a work crew was hired by Public Works to build a road connecting the community with the south Coast.

One of their challenges was to build a rock retaining wall over Haslam Creek to make the road safer for vehicles.

The road was already narrow and twisty but the creekbed retaining wall was in a particularly steep section with a drop off to the ocean, making it very dangerous to cars and drivers.

The wages for the men on various make-work programs was two dollars per day.

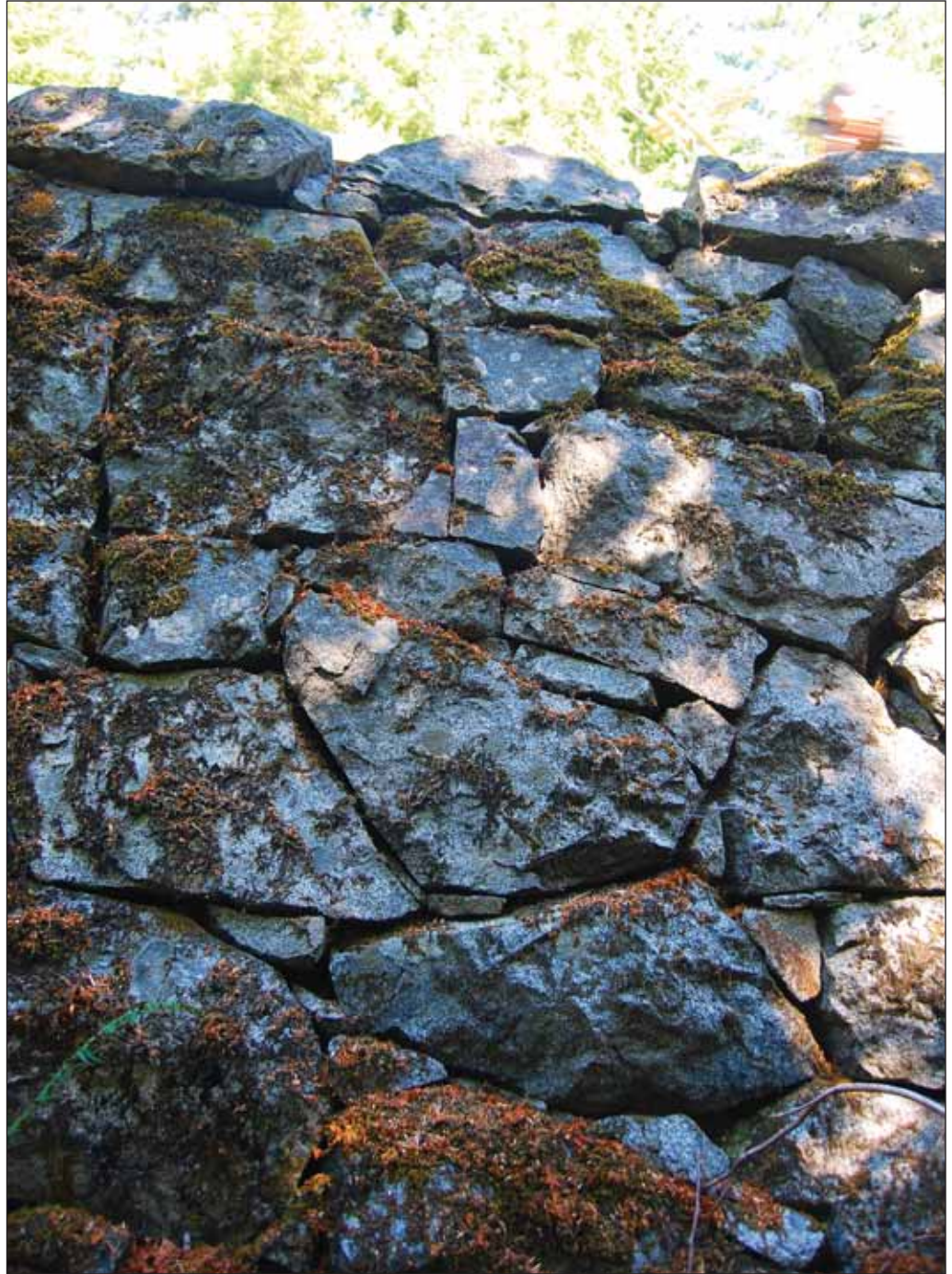
The foreman came to the workers one day and said,

"The government has cut the wages. You work for the one the same as you worked for the two."

In other words, their crews' pay was halved to one dollar per day.

Hence Pop's expression, "Another day, another dollar."

Pop mentioned that, years later, the highways department started to



Built in the 1930s by Depression work crews, this rock retaining wall holding up the highway on the corner at the South Pender Harbour waterworks intake south of Madeira Park shows no sign of crumbling.

tear down the rock retaining wall in order to widen the highway.

It was going to be bulldozed and rebuilt with concrete during highway reconstruction.

Locals protested looking to keep this piece of history intact and they prevailed.

Today, the rock retaining wall can still be seen on the ocean side of the highway at the South Pender Harbour waterworks intake.

Its tight gaps and well-fitted boulders ensure it may be there for another 80 years too.

LOCAL ORGANIZATIONS

ORGANIZATIONS DIRECTORY

• P. H. Aquatic Centre Society	885-6866
• Blues Society	883-2642
• Bridge Club	883-2633
• Chamber of Commerce, P. H. & Egmont.....	883-2561
• Christ the Redeemer Church	883-1355
• Coast Guard Auxiliary, Unit 61	883-2572
• Community Club, Egmont	883-9206
• Community Club, Pender Harbour	741-5840
• Community Policing	883-2026
• Community School Society	883-2826
• Egmont & District Volunteer Fire Department	883-2555
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club	883-2689
• Gardening Club	883-0295
• P. H. Golf Club	883-9541
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	883-2764
• Health Centre Society	883-2764
• Health Centre Auxiliary	883-0522
• InStitches (1st Monday, 11 a.m., PH Health Centre).....	883-0748
• Iris Griffith Centre	883-9201
• Lions Club, Egmont.....	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.).....	883-1361
• P. H. Garden Club	883-9415
• P. H. Hiking Club (8:30 am, Mon. & Thurs.)	883-2930
• P. H. Living Heritage Society	883-0748
• P. H. Music Society (bookings).....	883-9749
• P. H. Paddling Society.....	883-3678
• P. H. Volunteer Fire Dept (Wed. evening)	883-9270
• Pender Harbour Choir (7:00 pm Tues).....	883-9749
• Piecemakers (quilters, 1st & 3rd Wed. 9:30 a.m.).....	883-9209
• Power & Sail Squadron (2nd Wed. Legion).....	883-0444
• Red Balloon Parent & Tot drop-in.....	885-5881
• Reading Centre Society	883-2983
• Rotary Club (noon Fri. Garden Bay Pub)	883-1350
• Royal Cdn Legion 112	883-2235
• Skookumchuck Heritage Society.....	883-9994
• St. Mary's Hospital Auxiliary (2nd Wed., 1:30 p.m.)	883-2563
• Seniors' Housing Society (3rd Thur.).....	883-9883
• Serendipity Preschool	883-2316
• Suncoast Players	883-9277
• TOPS (Take Off Pounds Sensibly).....	883-3639
• VITAL First Aid and Safety Training Centre.....	885-0804
• Wildlife Society (3rd Tues. PHSS).....	883-9853
• Women's Cancer Support	883-9708
• Women's Connection (2nd & 4th Tue.)	883-9313
• Women's Outreach Services.....	741-5246

ORGANIZATIONS

P. H. WILDLIFE SOCIETY

Dianne Sanford, a local authority on eelgrass, will give a presentation on the importance of viable and healthy eelgrass beds at 7:30 p.m. on Tues., Sept. 21 at Pender Harbour High School.

Eelgrass plays a vital ecological role for birds, fish and humans. It provides spawning sites and shelter for many forage fish species such as juvenile herring, a major food source for a wide range of birds. Eelgrass is classed as sensitive habitat under the Fisheries Act.

Admission is free and refreshments will be served. The Pender Harbour and District Wildlife Society will hold their meeting afterward. Everyone is welcome to attend.

P. H. JAZZ FESTIVAL

The 14th annual Pender Harbour Jazz Festival is seeking volunteers to help out with this year's festival.

There are many different jobs available: helping put up signs and banners, working at the Visitors Information Centre, transporting and assembling stages and chairs, parking attendants and assorted jobs at the dance. If you would like to help contact Marilyn MacLeod at (604) 883-9961 or email marmacleod@eastlink.ca.

P. H. ROTARY CLUB

Pender Harbour Rotarians are raising money for vaccinations against polio with a campaign called "Pennies for Polio." Big donation jars can be found at the ReMax office, Dr. Rick Smalley's Veterinarian office and Fibre-Works Gallery in Madeira Park and a donation can at John Henry's Store in Garden Bay.

Every 60 cents buys a vaccination for someone in a developing country overseas and knowing that, local Rotarians hope you'd rather donate your pennies than roll them.



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Cops for Cancer choose local girl Abbie Evans as their 'buddy'

The annual Cops for Cancer "Tour de Coast" fundraising ride will pass through Madeira Park later this month but this year the event holds an even deeper local connection.

Local RCMP members have chosen Madeira Park girl Abbie Evans to be their "buddy."

Evans has been undergoing treatment for leukemia since Sept. 2009 and Jen Balfour, one of two Sechelt RCMP members taking part in the ride, said she was the perfect choice, partly because of her age — Abbie is only 11 years old.

Abbie and her family will be guests of honour at the Red Serge Fundraising Gala held at the Sechelt Seniors Centre on Sept. 16.

Balfour says its a charity dinner to raise funds before the ride but more importantly, "It's for everyone at the dinner to understand what the money is really for and how cancer affects each and every one of us,"

Balfour says both she and Corinne MacPherson, the other Sechelt RCMP member taking part, have lost family members to cancer and it's a way for them to give back.

But it's not going to be easy.

Each rider must raise \$6,000 before enduring the gruelling 1000-km ride that will take them through Powell River, the Sunshine Coast, Whistler and the Lower Mainland between Sept. 22 and 30.



Emma Evans photo

Abbie Evans, an 11-year-old Madeira Park girl, has been chosen as the 2010 Cops for Cancer 'Tour de Coast' buddy.

Balfour says they've been training a lot — two-hour bike rides, twice a week.

Both the gala and the ride are intended to promote awareness as well as raising funds for pediatric research and support programs like Camp Goodtimes (a summer camp for kids with cancer).

If you would like to support one of the riders with a donation, visit: www.copsforcancer.kintera.org/faf/

donorReg/donorPledge.asp and chose "Support a Rider."

But, as if to illustrate the uncertainty of living with the disease, Abbie may not be able to attend the gala.

She has suddenly had to go back into the hospital for more treatment.

It was unexpected but her Dad Alex says she's taking it in stride,

"She's tough. I'd like to see one of those UFC guys go through what she does and come out smiling."

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Wei Hsu: The first non-native to live in Pender Harbour?

By Anne Crocker

The historic events depicted here are loosely based on the author's own imagination and should not be interpreted as fact — unless it suits the reader to do so.

Part II

Wei Hsu and his pregnant wife Lucy landed in New Westminster in August 1864.

What had been a forest of stumps four years before when he passed through travelling up the Fraser from Victoria had transformed into a bustling port.

New Westminster had only recently been designated the capital of the mainland colony of British Columbia but its prominent status as a deep water port and the steady volume of gold seekers passing through told Hsu that the town was clearly starting to assert itself as the centre of commerce on the West Coast.

The most startling difference to Hsu was the disappearance of the native village nearby. Four years earlier, over 400 Qayqayt lived near the townsite on the banks of the Fraser River.

Though smallpox hadn't missed the Fraser Canyon villages of the Nlaka'pamux — Lucy lost her mother to the disease — most upriver residents had discounted rumours about the severity of the epidemic in the coastal native villages.

The Qayqayt village that remained was a fragment of what had existed only four years earlier.

In its place were men eager to capitalize on the rumours of wealth. It was a town of transients but Hsu found a large and welcoming Chinese population. Most were miners or businessmen intent on serving the miners' needs. Hsu

and his wife fell easily into one of BC's earliest Chinatowns.

While travelling downriver from Yale, the couple had little problem plucking as much salmon as they could eat from the huge volumes travelling upriver.

With a baby coming, Hsu wasted no time in finding a market for his catch in the hungry crews of cargo ships looking for a change to their diet of tinned beef.

He fished the morning tides and then sold his catch before working late into the evening building a small one-bedroom home.

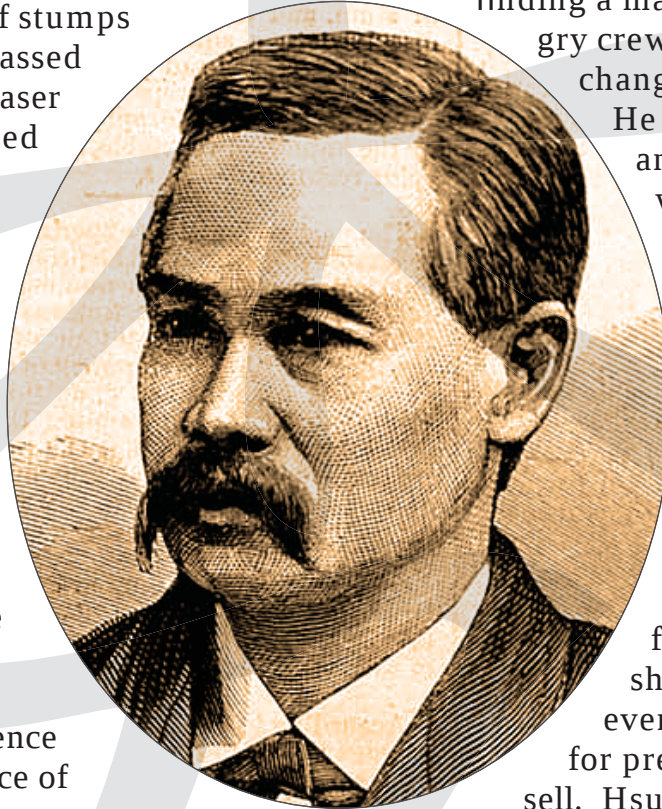
While Hsu worked, Lucy would salt and smoke the surplus of Hsu's catch.

Hsu struck up a friendship with an able fisherman named Chan Toy. Like Hsu, Toy came from a Chinese coastal village and they formed a formidable partnership sharing fishing tips and, even more importantly, methods for preserving what they couldn't sell. Hsu recognized that Lucy's skills in preserving salmon enabled them to supply travellers with food even when the salmon weren't running.

By winter, they'd managed to preserve most of the savings and were settling into a happy social routine in their new home.

Lucy gave birth to a daughter just before Christmas. She insisted on naming the baby Mary despite Hsu's protests for a traditional Chinese name. Though he relented, Hsu would never call his daughter by her real name, preferring instead the nickname "Xiu Xiu," whose literal translation was "heaven's bath."

By the next summer Lucy's salmon preserving skills had gained the couple a reputation for supplying the best product in port. Since it



Wei Hsu, 1861.



New Westminster, 1865.

Photo courtesy of the New Westminster Public Library

was the only mainland port within a few hundred miles the future for their enterprise looked bright. Hsu and Toy formed a partnership where Toy would do most of the fishing while Hsu and Lucy would salt and cure the fish.

It suited Hsu perfectly because he found bobbing on the river increased the frequency of his dizzy spells, the result of the blow delivered by gold thieves the year before.

They soon had a profitable business supplying ships and miners with salted barrels of salmon and jars of fermented fish sauce to their Chinese neighbours.

Their success caught the attention of some Scottish fishermen who managed a saltery a few miles downriver. The Scots didn't appreciate competition, least of all from Chinese.

Despite receiving occasionally violent threats, the large Chinese community in New Westminster offered Hsu and his family some protection and they were reluctantly accepted as pesky competitors to the Scots' business interests.

As business grew, Hsu and Toy hired other Chinese fishermen and expanded their saltery in New Westminster's bustling Chinatown.

By the end of the 1860s, many of the crews re-

fused to buy Hsu's salted salmon, preferring the canned variety that was becoming increasingly available in their Californian ports of call.

Hsu began experimenting with methods of producing cans using soldered belts of tin in an attempt to copy the methods used in California. After a winter of trial and error, he became reasonably proficient at producing cans that would remain sealed after cooking. By the next summer's salmon run, they couldn't keep up with demand for their new product.

This only increased the clashes with the Scottish fishermen. By 1870, four Scottish fishermen — whom history would remember as the fathers of the BC salmon canning industry — had built a cannery operation downriver on the site of what later would be known as Anniesville.

As their well-financed investment grew, Alexander Ewen, Alexander Loggie, James Wise and David S. Hennessy began to regard Hsu and Toy as more than a "yellow nuisance."

They were becoming ruthlessly intent on enforcing their monopoly in the growing market for canned Fraser River salmon.

(To be continued.)

Skookumchuck viewing times

~ September ~

DATE/TIME - SIZE (small, medium, large, **extra large**),

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

Sept. 1	11:55 am +M, 5:17 pm -M
Sept. 2	1:09 pm +L, 6:27 pm -S
Sept. 3	2:10 pm +L, 7:53 pm -S
Sept. 4	7:21 am -L, 3:00 pm +L
Sept. 5	8:48 am -L, 3:42 pm +L
Sept. 6	9:52 am -L, 4:18 pm +XL
Sept. 7	10:43 am -L, 4:50 pm +XL
Sept. 8	11:31 am -L, 5:20 pm +XL
Sept. 9	12:17 pm -L, 5:50 pm +XL
Sept. 10	1:05 pm -M, 6:22 pm +L
Sept. 11	1:54 pm -M, 6:56 pm +L
Sept. 12	2:46 pm -M, 7:34 pm +M
Sept. 13	9:44 am +L, 3:43 pm -S
Sept. 14	10:59 am +L, 4:46 pm -S
Sept. 15	12:11 pm +L, 6:01 pm -S
Sept. 16	1:14 pm +L, 7:27 pm -S
Sept. 17	2:09 pm +L, 8:39 pm -S
Sept. 18	8:47 am -M, 2:57 pm +L
Sept. 19	9:36 am -M, 3:37 pm +L
Sept. 20	10:13 am -M, 4:09 pm +L
Sept. 21	10:37 am -M, 4:31 pm +L
Sept. 22	10:57 am -M, 4:45 pm +L
Sept. 23	11:28 am -M, 4:59 pm +M
Sept. 24	12:05 pm -M, 5:21 pm +M
Sept. 25	12:48 pm -M, 5:50 pm +M
Sept. 26	1:34 pm -M, 6:24 pm +M
Sept. 27	2:23 pm -S, 7:02 pm +M
Sept. 28	3:15 pm -S, 7:45 pm +M
Sept. 29	10:07 am +L, 4:10 pm -S
Sept. 30	11:19 am +L, 5:11 pm -S

These are estimates only and not intended for navigation.

LOCAL MUSIC

Chamber music delights for a sixth year

Submitted

Artistic director and pianist Alexander Tselyakov not only played brilliantly himself, but also put together a superlative lineup of musicians with an eclectic selection of music to enthrall audiences at the recent Pender Harbour Chamber Music Festival in Madeira Park.

Beginning with an evening of Chopin and Schumann, and ending with a delightfully funny performance of Saint-Saens' "The Carnival of the Animals" narrated by CBC's Bill Richardson using his own words, there was something for every musical taste.

The world-renowned Gryphon Trio performed a number of selections throughout the weekend with their usual richness and precision, repeatedly bringing the audience to their feet.

Vancouver-born violinist Corey Cerovsek showed his "hometown" fans why he has become a much sought-after violinist around the globe, both in solo performance and with others.

In an interview with Bill Richardson in the special intermezzo event, he offered insight into his musical life and philosophies and had people hanging on every word.

Inspired by Debussy, the unusual



Edmund Arceo photo

combination of musical instruments of Trio Verlaine entranced the listeners as the musicians' obvious enjoyment of playing music together was contagious.

It was a weekend of some of the very best in chamber music in an idyllic setting that seems to have been made for this event.

As the festival continues to build on past years, it will be interesting to see what will be store for the third weekend in August 2011.

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Local pentathlete just misses podium in first BC Summer Games

Pender Harbour's lone representative at the recent BC Summer Games in Langley posted excellent results in one of the toughest events in track and field.

Grade 9 student Mackenzie Stewart placed fourth overall in the girls' pentathlon.

The girls pentathlon combines scores from five events: 80m hurdles, high jump, shot put, long jump and 800m.

The women's pentathlon was contested in the Olympics from 1964 until 1980 but was replaced in the 1984 Games with the heptathlon.

The pentathlon is still a favoured event in high school athletics mainly because of logistics — it allows the events to be completed in a shorter period than an full decathlon (10 events) or the heptathlon (seven events).

Though she was disappointed in missing the podium, dad Alan Stewart said,

"We were really pleased with the result. She was up against some really impressive, trained and conditioned athletes. I think the whole experience has her pretty revved up and it was good for her to see what a difference coaching and training can make."

Former Pender Harbour student Ailsa Antilla also competed in the games and on the same team as Stewart, picking up two silver medals in equestrian events.



Alan Stewart photo

Mackenzie Stewart (upper left) started the competition off with a fourth place finish in the 80m hurdles.



Alan Stewart photo

Stewart tied for third in the high jump event. She also took third in shot put

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'Dinnae drink tha waater!'



By Jan Watson

CLUB CHAMPIONSHIPS

On August 6-8 the men played their 54-hole event and the winner was Lorne

Campbell who retained the title from last year.

He shot a 232 which included an amazing 31 on the front nine of the final round.

Joint runners-up were Rusty Ellis and Blake Priebe with 261.

Low net winner was Wayne Babcock with 215.

The ladies played their 54 hole event on August 5, 11 and 12 and first time winner Linda Klikach took the championship with a three-day score of 275.

The runner-up was Reni Ducich with 281. For the second year in a row low net winner was Connie McGill with 216.

MEN'S CLUB

One August 10, the men played from a different tee box combination of whites/reds. Alex Kerr won the low net event with 64. Three others tied for second: Lorne Campbell, Brian Disney and Wayne Babcock, all with 67.

Kps on No. 3 was Bill Jack and on No. 6 it was John Forward.

LADIES CLUB

On July 29 a three man team event and the winners were Reni Ducich, Kathy Needham and LaVerne Richardson with net score of 229.

A competition for low putts on Aug. 5 saw winner Jan Watson score 26 and second was Pat Hallborg with 29.

On Aug. 12 two pairs tied with 149, in a blind partners match.

The winning pairs: Reni Ducich/Carolyn Kirkland and Pat Hallborg/Barb Nuttall.

The ladies' steak night and scramble on Aug. 6 saw 24 players

having fun.

We were delighted to see some of the staff and board members from the health centre participating.

The winning team after a tie-breaker was Jackie Grant, Reni Ducich, Shelley Stunell and Lorraine Wareham beating out the team of Lynne Cameron, Kathy Needham, Joan Fransen and Jan Watson with 36.

MONDAY MIXED TWILIGHT

As usual there have been good turnouts, with lots of visitors joining in.

On July 26 the winners were Ian and Jackie Grant and Steve and Suzie Spence with 35.

Kps on No. 3 was Lorna Lycan and on No. 6 it was Bob Alexander.

On Aug. 2, nine teams competed.

The winners with 31 were the Hallborg family (three generations). Kps on No. 3 was John Clinton and

Reni Ducich, on No. 6 Shelley Stunell and Ty Hallborg.

On Aug. 9, with 10 teams competing, Merv and Roberta Oleksyn, Jamie Tufford and Mickey McMillan took top prize with a score of 34. Kps on No. 3 was Gary Rietze and Roberta Oleksyn.

Due to extreme heat on Aug. 16, very few players showed up.

The winning team who persevered consisted of George Grout and his harem: Lorna Lycan, Di Foster and Jan Watson with 34.

FROM THE 19TH HOLE...

A golfer is cupping his hand to scoop water from a Highland Burn in Scotland when a groundskeeper shouts, "Dinnae drink tha waater! Et's foo ae coo's shite an pish!"

The golfer replies, "My good fellow, I'm from England, could you repeat that for me in English?"

The keeper replies, "I said, use two hands - you'll spill less that way!"



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Friday & Saturday: 7:30 to 9:15 pm

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Are our drunk driving laws becoming more impaired?

By Shane McCune



Starting sometime this month, having two bottles of beer or two glasses of wine with dinner may render you too “drunk” to drive under BC law.

At the risk of seeming to side with Satan against all that is right and holy, I can’t helping wondering if this law isn’t a bit

of overkill that may hurt the hospitality industry without making a dent in alcohol-related deaths and injuries.

No doubt you’ve seen the CounterAttack TV spot boasting that BC now has the toughest DUI laws in Canada, with licence suspensions and fines that take effect once your blood alcohol count reaches .05 per cent. The ad ends with the grim warning: “Even if you have a couple of drinks and drive, you are drinking and driving.”

Technically, yes. But are you impaired at that stage?

Maybe, maybe not. A number of factors including age, weight, body fat and metabolism affect not only how quickly your BAC reaches .05 but also how much that BAC impairs your judgment and reflexes.

Now, most people are impaired at 0.08, and I know of no one who seriously opposes criminal sanctions against people who drive with that much alcohol in their bloodstream. Yet the number of drivers charged with alcohol-related offences has risen slightly in the last three years after a 25-year decline. So there is a problem.

But as the Canada Safety Council (among others) has noted, most people involved in serious alcohol-related accidents have very high BACs, usually over 0.15.

The push for penalties at 0.05 per cent comes mainly from two groups: police, who say it is too difficult to prosecute drunk drivers in the courts, and Mothers Against Drunk Driving.

MADD Canada chief executive officer Andrew Murie insists the lower limit won’t affect ordinary folks.

“This legislation will not interfere with ‘social drinking.’ It won’t stop people from having a drink or two after work or with a meal,” he said.

“It simply provides police with a further option for getting that person who has had too much to drink off the road and out of harm’s way.”

Wrong on both counts. According to a scale developed at Virginia Tech, a 120-pound woman will reach a BAC of .05 after a glass and a half of wine; a 140-woman hits the mark after two glasses.

And police already have the power to issue roadside suspensions to anyone who has had too much to drink, namely anyone who blows .08. The new law just gives police the power to seize vehicles and licences from people who are not criminally impaired, and increases fines and suspension times for subsequent infractions — with the only resort being an appeal to the Superintendent of Motor Vehicles.

I wanted to ask the RCMP why they need this extra power, but a corporal in the media section said they would not comment because they’re not enforcing it yet. (Huh?)

I turned to ICBC, which handed off the question to the Ministry of Public Safety, which sent me an e-mail:

“The new penalties reflect the fact that impairment starts before a driver reaches the Criminal Code threshold of 0.08 per cent blood alcohol content (BAC).

“Research shows a BAC between 0.05 and 0.08 per cent means a driver is seven times more likely to be in a fatal crash than if they have no alcohol in their body.”

Yet when the Quebec government moved to penalize drivers at .05, the Opposition transport critic produced 2005 statistics that showed only three fatal accidents involved people with a BAC between .08 and .15. By contrast, when blood-alcohol levels rose to between .22 and .33, the number of fatal accidents increased to 102.

No doubt “impairment starts” before a driver reaches .08. It also starts when the driver is under 20 or over 80, hasn’t had enough sleep, has a cold, has a colicky infant in the car, is chatting with a passenger. . .

The question is, how close to a perfect state of mind and body must we be to drive fairly safely — and how far from it must we stray to warrant surrendering our vehicles and licences?

Point-oh-five, that’s how far. And once a few respectable citizens have suffered a three-day suspension and a minimum \$450 in fines and fees on first “offence,” some of them will stop driving anywhere for dinner.

What will this do to local restaurateurs?

“It’s not going to help,” says Ron Johnston of the Garden Bay Pub. He says his staff are trained not to over-serve, but how do you cut someone off before their second glass? And if you don’t, and they get in an accident, will the bar be held responsible?

Over at the Grasshopper, Bik Brar is optimistic the law won’t hurt business.

“There’s not much we can say about it, we’ve just got to accept it.”

BC Bestsellers:

(For the week of Aug. 15)

1. **Quinoa 365** by Patricia Green & Carolyn Hemming
2. **The Zero-Mile Diet** by Carolyn Herriot
3. **The Shores We Call Home** by Carol Evans
4. **The Way of a Gardener** by Des Kennedy
5. **Voices of British Columbia** by Robert Budd
6. **Darwin's Bastards** ed. by Zsuzsi Gartner
7. **Trauma Farm** by Brian Brett
8. **Madness, Betrayal and the Lash** by Stephen Bown
9. **Birds of Interior BC** and the Rockies by Richard Cannings
10. **The Best of Chef at Home** by Michael Smith

~ Assn. of Book Publishers of BC

BOOKS

Smoking out some fiery non-fiction



Keith Shaw photo

By Theresa Kishkan

On Aug. 20, 1910, a combination of conditions, including a particularly vigorous Palouser (a warm wind from the southwest), extreme heat and drought, resulted in a string of forest fires in Idaho, eastern Washington and Montana.

In early June, my husband John and I visited the Museum of North Idaho in Coeur d'Alene and were fascinated by a display of old photographs, forlorn tools, and other pieces of memorabilia of that fire.

The exhibit concentrated on Wallace, Idaho, the home of many involved, from politicians to fire bosses. There we bought Timothy Egan's *Big Burn: Teddy Roosevelt & The Fire That Saved America* (Houghton Mifflin Harcourt), published to commemorate the fire's 100th anniversary.

During his presidency (1901-1909), Teddy Roosevelt named Gifford Pinchot as the first chief of the United States Forest Service and together they created legislation with conservation as a guiding principle.

Roosevelt was influenced by the great naturalist John Muir and was determined to wrest vast tracts of land from the robber barons who treated the nation's forests as part of their personal wealth. Pinchot endowed the school of forestry at Yale University; his aim was to create forest rangers with professional credibility who would manage the national forest

reserves.

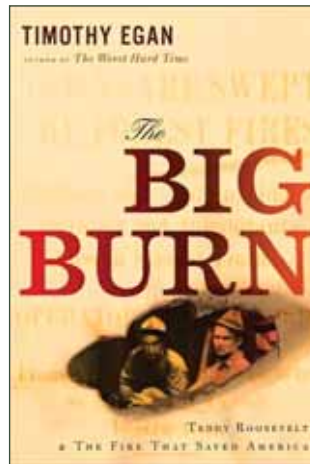
The backdrop of *Big Burn* is Roosevelt and Pinchot's struggle with Montana Sen. William Clark, Idaho Sen. Weldon Heyburn, and other powerful lumber and railroad tycoons whose opposition to the fledgling U.S. Forest Service was nothing short of profound. What a story Egan tells as he explores the battles between the titans of industry and politics and how those on the ground were affected by shifting alliances as William Howard Taft replaced Roosevelt as president. And the plight of the forest rangers who were responsible for huge areas, patrolling on horseback with too few resources and limited budgets, offers a moving human counterpoint.

For instance, the heroic Ed Pulaski — he was a forest ranger responsible for a crew of men who were overwhelmed while fighting fire on Placer Creek near Wallace. He took them into an abandoned mine shaft and kept soaking blankets in puddles on the mine floor, hanging them at the mine entrance. Two horses died, and five of the crew, but most survived, though some were severely burned, including Pulaski who also lost an eye.

Pulaski invented a hand tool in 1911, commonly called the Pulaski tool, which was half-mattock, half-axe. It's still used by fire crews today.

Many of those recruited to fight the Big Burn were immigrants, untrained and desperate for income. Itinerant men saw the signs posted in Spokane and Boise: "Firefighters wanted. Immediate Work."

They had no equipment. Local



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jails were emptied of their inmates. The rangers sent dispatches: "They wrote of giant blowtorches flaming from treetop to treetop, of house-size fireballs rolling through canyons, pushed by winds seventy miles an hour. They told of trees swelling, sweating hot sap, then exploding... of small creeks boiling, full of dead trout, their white bellies up; of bear cubs clinging to flaming trees, wailing like children."

In the days before the Big Burn, debate about wildfires raged – whether to let them run their course as cleansing acts of nature or to make concerted effort to battle every one as aggressively as possible. After the fire, the policy was firmly one of prevention and no-tolerance, though many prominent Forest Service rangers privately questioned this.

Driving up the Fraser Canyon a few days ago, we watched helicopters scooping water from the river, then flying up behind Jackass Mountain. At Spences Bridge, smoke hung over everything and an eerie red sun glowed through it. We listened to the news and heard of evacuation notices at Williams Lake, remembering last summer in Lillooet when we stood on the deck of our motel, watching trees candle on the slopes of McLean Mountain; that inferno eventually resulted in the evacuation of the town

and surrounding communities.

Each fire has its stories, full of courage and daring and devastation. Timothy Egan tells the Big Burn saga wonderfully, a fitting commemoration to those involved.

FURTHER READING

Other books about fire: Norman MacLean's *Young Men and Fire*, an extraordinary forensic analysis of the 1949 Mann Gulch fire in which Wag Dodge tried to save his men by creating an escape fire and was vilified for it. This book inspired James Keelaghan's beautiful folksong, "Cold Missouri Waters."

Year of the Fires: The Story of the Great Fires of 1910 and Fire: A Brief History, by Stephen J. Pyne, probably the world authority on the science and ecology of fire.

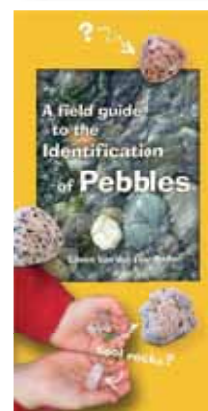
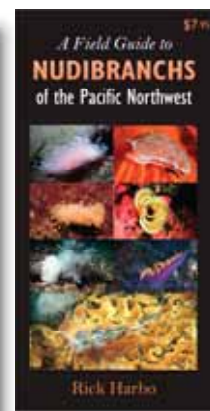
Indians, Fire and the Land in the Pacific Northwest, edited by Robert Boyd, is an historical perspective on the debate over prescribed burning on public lands. Interdisciplinary, relying on everything from historical journals to oral accounts to the pollen record, it looks at the management of the environment by aboriginal people over a 10,000 year period.

Wildfire Wars: Frontline Stories of BC's Worst Forest Fires by Keith Keller. Ten lively histories of fires in this province.

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Time flies like an arrow, fruit flies like a banana. (Groucho Marx)

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SEPTEMBER FEATURE:

Frank Roosen's *Fate and Destiny*

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COMMUNITY CALENDAR

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

SEPTEMBER

- Wed. Sept. 1.....Area A bus begins scheduled service - Madeira Park, 9:15 a.m.
 Sun. Sept. 5.....SundayJam w/ John Lee Sanders - Garden Bay Pub, 2 p.m.
 Mon. Sept. 6.....P. H. Food Bank pickup - P. H. Community Church, noon
 Tues. Sept. 7.....Back to school
 Sat. Sept. 11.....Pleasure Craft Operators Certificate course - Pilothouse Marina
 Sun. Sept. 12.....SundayJam w/ Joe Stanton - Garden Bay Pub, 2 p.m.
 Mon. Sept. 13.....Pender Harbour Aquatic and Fitness Centre opens
 Fri. Sept. 17-19.....Pender Harbour Jazz Festival - various locations
 Sun. Sept. 19.....Sunday Jam w/ Gaetan and the French Connection - Garden Bay Pub, 2p.m.
 Mon. Sept. 20.....P. H. Food Bank pick up - P. H. Community Church, noon
 Tues. Sept. 21.....P. H. Wildlife Society presentation on eelgrass - PHSS, 7:30 p.m.
 Sat. Sept. 25.....Bluewaters Books presents Frank Roosen's *Fate and Destiny* - 1 to 3 p.m.
 Sat. Sept. 25.....Pleasure Craft Operators Certificate course - Pilothouse Marina
 Sun. Sept. 26.....Pender Harbour Health Centre Society annual general meeting - P. H. Health Centre, 1 p.m.
 Sun. Sept. 26.....Sunday Jam w/ Peter VanDeursen - Garden Bay Pub, 2 p.m.
 Sat. Oct. 2.....P. H. Fall Faire - Madeira Park, 10 a.m. to 3 p.m.

FERRY DEPARTURES

Effective July 29, 2010 to September 6, 2010

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.



Langdale	Horseshoe Bay	Earl's Cove	Saltery Bay
6:20 a.m.	7:25 a.m.	8:15 a.m.	7:15 a.m.
7:55 a.m. (Sat. only)	9:00 a.m. (Sat. only)	10:35 a.m.	9:25 a.m.
8:30 a.m.	9:40 a.m.	12:50 p.m.	11:40 a.m.
10:05 a.m. (Sat. only)	11:10 a.m. (Sat. only)	3:10 p.m.	2:00 p.m.
10:50 a.m.	12:00 p.m.	5:35 p.m.	4:30 p.m.
♦ 12:30 p.m.	♦ 1:35 p.m.	7:40 p.m.	6:40 p.m.
1:05 p.m. Daily except Sat.	2:15 p.m. Daily except Sat.	9:35 p.m.	8:35 p.m.
• 2:40 p.m.	• 3:45 p.m.	11:25 p.m.	10:30 p.m.
♥ 3:25 p.m.	♥ 4:30 p.m.		
♣ 4:45 p.m.	♣ 5:50 p.m.		
♥ 5:30 p.m.	♥ 6:35 p.m.		
☼ 6:55 p.m.	☼ 7:55 p.m.		
♥ 7:35 p.m.	♥ 8:40 p.m.		
8:55 p.m. Tues, Wed. only	9:50 p.m. Tues, Wed. only		
♥ 9:40 p.m.	♥ 10:35 p.m.		

♦ Mon, Thurs, Fri and Sat. ONLY

• Tue, Wed, Fri, Sun and Aug. 2 only (except Sept. 3 & 5.)

♣ Daily except Sat. & Sept. 5

♥ Daily except Tues. & Wed.

☼ Tues, Wed, Sun ONLY except Aug. 1 & Sept. 5

Deep Thoughts . . .

"I can picture in my mind a world without war, a world without hate. And I can picture us attacking that world, because they'd never expect it."

— Jack Handey

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Live Music Sundays @ 2 pm

SEPT. 5:	John Lee Sanders
SEPT. 12:	Joe Stanton and the Precious Littles
SEPT. 19:	Gaetan and the French Connection
SEPT. 26:	Peter VanDeursen

Pub Specials

FRIDAY:	Meat Draws - Proceeds to P.H. Blues Society
SATURDAY:	Prime Rib
SUNDAY:	Eggs Benny

September's Smokin' lineup

SEPT. 3-5:	John Lee Sanders - Blues pianist extraordinaire
SEPT. 10-12:	Surveillance - Fillin' the dance floor with classic rock and R & B
SEPT. 24-25:	The Twisters - "Swingin' like monkeys"

Sept. 17: 6 p.m. - Ruth McGillivray & Sheldon Bradley.
9 p.m. - Doc Fingers w/ Tom Keenlyside & Dennis Burke.

Sept. 18: Saturday Jam, 2 p.m. - Peter VanDeursen, Lindsay Mitchell, Trudy Diening and guests.
6 p.m. - McGillivray/Bradley.
9 p.m. - Doc Fingers w/ Keenlyside & Burke.

Sept. 19:

2 p.m. - Sunday Jam w/ Gaetan.
5:30 - 8 p.m. McGillivray & Bradley.
8 p.m. - Doc Fingers All-star wrap up.

