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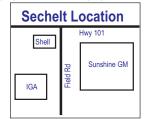
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## HARBOUR SPIEL

The Independent Voice of Pender Harbour & Egmont since 1990

he Harbour Spiel is published monthly by Paq Press © 2008. Circulation is 1700, Egmont to Middlepoint. The Harbour Spiel is 100% locally owned and operated, published without the assistance of federal, provincial or regional government grants.

#### **EDITOR**

Brian Lee.

#### **CONTRIBUTORS**

This month we thank: Tony Adamson, Scott Hall, Theresa Kishkan, Carol Krych, Lori Pickering, Kelly Kammerle, Shane McCune, John Rees, Jim Rutherford, Alan Stewart, and Jan Watson.

Unless otherwise credited, all photos taken by Brian Lee.

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#### **Erratum:**

August 2008: Page 10, paragraph 1: "Cape Caution" should be "Cape Cocckburn."

#### EDITORIAL

#### Memories of No. 112



By Brian Lee

The Pender Harbour branch of the Royal Canadian Legion started in June of 1946.
In May of 1951,

a house was hauled to Madeira Park Road to become "The Legion Hut."

By 1953 the hall was too small, and when a member left Pender Harbour, the Legion bought his bungalow, tore all of the partitions down and made two bathrooms and a bar to create the new Pender Harbour Legion. The building stood just south of the present Legion cenotaph.

In 1959 the Legion moved a big logging camp dining room to a spot just north of the present memorial.

The present building was officially opened on Nov. 23, 1974.

When I was a kid, the Legion seemed to be the place.

I lived nearby so I'd often ride my bike past or play in the nearby creek.

I rarely paid attention to the number of cars parked outside but it always seemed busy.

Maybe the best thing about living near the Legion was that it wasn't uncommon to find a few of my best friends hanging out in the parking lot after school or on weekends.

Three boys. Three trucks. All parked beside each other, waiting patiently for their dads (and one mom) to pull themselves away from the beer tap.

Sometimes the kids were told to meet there after school and it seemed perfectly normal for one or all three of the boys from my class to walk home from the elementary school with me, stopping at their parents' trucks as I carried on home through the field beside the lot.

Sometimes I'd come back and hang out with the boys who were soon oblivious to the empty promises of "I'll be out in half an hour."

They weren't totally abandoned. The parents would come out to check on them every once in awhile, heroically carrying an armload of potato chip bags.

And sometimes, after the kids spent a really long time in the parking lot, there was a chance they'd get to drive home. It seemed a pretty good deal all around.

But the Legion isn't as busy as it once was. There are fewer veterans every year and, for many, the hysteria over drinking and driving has taken the fun out of "going for the one."

Communities all across the country are grappling with the possibility of Legion closures

If that happens here, I'm told the property will revert to Pacific Command and the property will likely be sold.

It's unclear what would happen to the cenotaph but it's hard to imagine any developer taking a jack hammer to it to make way for more parking.

It's important to keep in mind that, apart from its symbolic significance, the Legion relies on beer sales to stay open.

The location of Remembrance Day ceremonies may change but the respect and sentiment offered to our veterans will remain long after the building itself crumbles.

## Pender Harbour Jazz Festival - September 19, 20 & 21

#### Friday, September 19, 2008

1:00 pm - Clinic with Graham Ord (P. H. Community Hall) - Free

2:30 pm - Steve Giltrow Quartet (Madeira Park Centre) - Free

6:00 pm - Scott Robertson Trio (Backeddy Pub) - Free

6:00 pm - Ken Johnson Duo (RockWater Secret Cove Resort) - Free

6:00 pm - Kristian Braathen Trio (P.H. Golf Club) - Free

6:00 pm - Bill Coon (Painted Boat Restaurant) - Free

7:30 pm - **Jodi Proznick Quartet** (P.H. School of Music) - \$30

9:00 pm - SweetPea Swing Band (Grasshopper Pub) - Free

9:00 pm - Doc Fingers & Tom Keenlyside (Garden Bay Pub) - Free

9:30 pm - Brickhouse (P. H. Community Hall) - \$30

#### Saturday, September 20, 2008

8:00 am - Lions' Club Pancake Breakfast (P. H. Community Hall) - \$6

11:00 am - Dylan Cramer Quartet (Sunshine Coast Resort) - Free

11:00 am - Sibel Thrasher Revue (Motoko's Art Gallery) - Free

1:30 pm - Jill Townsend Big Band (Pender Harbour Landing) - Free

4:00 pm - Anna Lyman Quintet (Pender Harbour Landing) - Free

3:30 pm - Gabriel Mark Hasselbach (Pender Harbour Resort) - Free

6:00 pm - Scott RobertsonTrio (Backeddy Pub) - Free

6:00 pm - Kristian Braathen Trio (P.H. Golf Club) - Free

6:00 pm - Walter Martella (Painted Boat Restaurant) - Free

 $7{:}30~\mathrm{pm}$  - Phil Dwyer's "Food for Thought" Trio

(P.H. School of Music) - \$30

9:00 pm - **Doc Fingers & Tom Keenlyside** (Garden Bay Pub) - Free

9:00 pm - SweetPea Swing Band (Grasshopper Pub) - Free

9:30 pm - Brickhouse (P. H. Community Hall) - \$30

#### Sunday, September 21, 2008

8:00 am - Legion Pancake Breakfast (Millennium Park) - \$6

11:00 am - Anagram Quartet (John Henry's Marina) - Free

11:00 am - Bear Bay Trio (Madeira Park Shopping Centre) - Free

1:30 pm - Cory Weeds Quartet, Zapato Negro & Luci Herder
Quintet w/ Sue Rayment (Millennium Park) - \$15

6:00 pm - Miles Black Trio (Painted Boat Restaurant) - \$30

9:00 pm - SweetPea Swing Band (Grasshopper Pub) - Free

9:00 pm - Doc Fingers & Tom Keenlyside (Garden Bay Pub) - Free

## Pender Harbour JAZZ Festival

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Phil Dwyer's
"Food for Thought" Trio
2008 Winners of National Jazz
Awards Best Arranger
and Best Saxophonist

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## Local student off to Mexico on Rotary exchange

On August 14, PHSS student Vanessa Lanteigne departed for Oaxtepec, Mexico on a Rotary exchange that will take her from Pender Harbour for almost a year.

Her parents will visit in February but the 16-year-old is required to stay put for the duration and won't return home until June 2009.

"I'm a little nervous but I don't really know what I'm nervous about." she said before leaving.

Lanteigne will live with a number of host families in a city two hours outside of Mexico City where she'll finish her Grade 11 school year — all in Spanish.

Lanteigne says she has completed half a correspondence course but looks forward to learning the language while fully immersed.

Besides learning Spanish, Lanteigne hopes "to bring back lots of food recipes and learn tango dancing."

As part of the exchange, the local Rotary chapter recently hosted a female student from Argentina, Aldi Arambarri.

Arambarri stayed with the Alan and Paola Stewart family, the Reg and Yvonne Stowell family and the Rick and Jan Smalley family.

"The Rotary Student Exchange Program is a program where we, the Rotary Club of Pender Harbour, host a foreign student (15 to 18 years) for one year," says local Rotarian Gord Hall.

"That student stays with three or four families in the community and attends high school here. We then sponsor a student who goes out from the community for a year abroad and who is hosted by a Rotary club elsewhere in the world."

The Pender Harbour club will host a Brazilian student named Ricardo for the upcoming school year.

Rotary is a worldwide organization of more than 1.2 million members in 32,000 Rotary clubs in more than 200 countries.

Rotary clubs are nonpolitical, non-religious and open to all cultures, races and creeds.

According to their website, Rotary's main objective is service in the community, the workplace and the world.

The Pender Harbour Rotary Club meets Fridays at noon in the Garden Bay Restaurant. For more information contact president Alan Stewart at (604) 883-9212.



Vanessa Lanteigne sits on two bulging suitcases on the morning of her departure on a year-long exchange to Mexico.





#### NFWS

## House fire near Ruby Lake claims log home

A faulty propane barbeque is the suspected cause of a house fire on Hallowell Road near Ruby Lake on Aug. 13.

Egmont Fire Chief Peter Sly described the home, owned by Bill and Sharon Jones, as a total loss.

Fire crews received the call at 7:35 p.m. and members from Pender

Harbour, who were practising nearby, were on the scene 12 minutes later.

One engine from the Egmont Volunteer Fire Department arrived soon after but there was little crews could do except prevent it from spreading to neighbouring homes.

"It was up crowning into the trees by the time we got there," said Sly.

"The house was fully involved. We were coming down from Egmont and there was a huge column of smoke and flames that could be seen from the highway."

Members of the Ruby Lake Landowners Association assisted local fire crews with their own equipment, utilizing approximately 17 forestry pumps to wet down the surrounding area.

The fire was contained by 11:11 p.m. and the Pender Harbour Fire Department left at approximately 1 a.m.

Egmont crews remained on the scene until 3 p.m. Thursday to monitor remaining hot spots.

Until the Egmont Fire Department becomes fully certified, insurance companies will only offer high cost fire-loss policies in the area.

The costs have deterred many in the area from insuring their homes against fire. Sly said he has received a number of calls since the fire from concerned homeowners regarding their protection.

Sly wouldn't guess at when his department might receive full certification. He says he relies on volunteers to complete the Egmont Firehall and training members to fill positions.

Until such a time as they are certified, Egmont has a mutual aid agreement with the Pender Harbour Volunteer Fire Department.



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#### Sunshine Coast Wooden Boat Festival sees record attendance

It was the fourth year for the Sunshine Coast Wooden Boat Festival, and the first taking place in its new Pender Harbour home. All agree it was a smashing success.

Perfect weather arrived just in time to showcase the 38 wooden boats participating — a 100-per-cent increase from prior years.

Organizers say a record 2,500plus people attended the four day festival, ensuring a surplus that they hope will help make next year's festival an even bigger success.

Two of the larger vessels moored in the harbour shuttled visitors from the docks to tour their boats.

One of these, *Pacific Yellowfin*, a 114-foot power boat owned by Colin and Marelon Griffinson, won the Best Powered Vessel (over 20 feet). The Griffinsons belong to the Work Boat Association, a group of like-minded individuals who own cruising boats converted from tugs and other work boats.



Fifer Lady, a 40-foot motor-boat built in 1960 in St. Monance, Fife, Scotland was not only the Best Conversion Winner but also received the People's Choice Award voted by all the visitors to the festival as their favourite boat. Owner Colin Lyttle of Squamish, BC, started the major restoration in 2002 and completed it in 2007.

A painting of *Fifer Lady* will be completed by Nora Hanalou of Sechelt and donated to the festival committee for raffle or auction next year.

Built in Scotland in 1960, *Fifer Lady* won the People's Choice Award at this year's Sunshine Coast Wooden Boat Festival.

## BEST OF BOAT FEST:

Best Powered Vessel (Over 20'):

Pacific Yellowfin

Colin & Marelon Griffinson

BEST POWERED VESSEL (UNDER 20'):

Fifty-four
Gord Hall (Madeira Park)

Best Sailing Vessel (Over 20'):

Gargoyle

Dave Symons

Best Custom Vessel (Under 20'):

Woodwind
Glen & Helen Broadfoot (Madeira Park)

Best Human-powered Vessel: a replica handliner Larry Westlake

Best Traditional Construction Vessel: Jazz Age Jim & Brenda McGillveray (Gibsons)

Best Factory Production Vessel: Whimsy
Cheri LePage (Gibsons)

PEOPLE'S CHOICE AWARD & BEST CONVERSION VESSEL:

Fifer Lady

Colin Lyttle (Squamish)

Judge's Choice Award: *Lady Jayne*Nick Loenen (Richmond)



#### NEWS

## Legion woes worsen

Paid staffing hours have been cut back as the executive of Branch No. 112 grapples with negative cash flows.

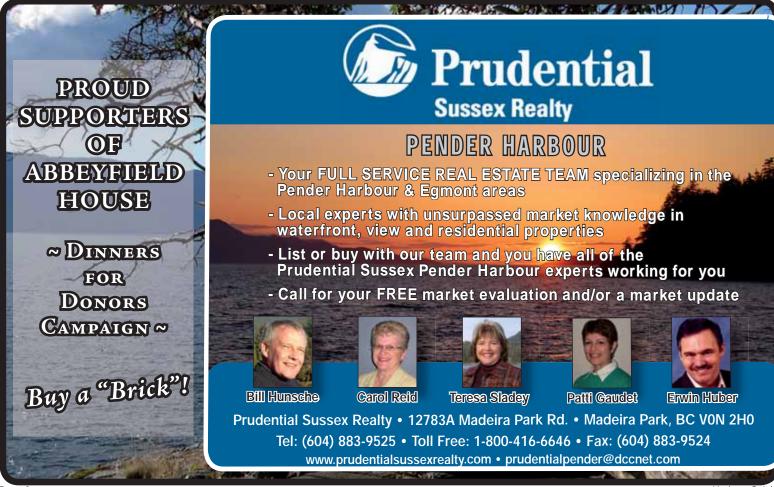
"We're trying to do it with volunteers and any help we can get," said board chair, Walt Wickson.

Wickson says the roof needs repair, the ice machine is broken and an oil furnace needs replacing.

The Legion has 35 to 40 local veterans and general membership stands at close to 350. The board plans to host a few events in the coming months to try to tackle the financial crunch but after that the future is unclear.

"We need patrons coming through the doors," said Wickson.

"It doesn't (appeal) to the younger people but we haven't got any money to fix it up."



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## **Homesite Creek Campground resurrected**



Surrounded by evergreens and bordering a babbling creek, there's very little sign that this site was once an illegal garbage dump.

After suffering years of neglect, the Homesite Creek forestry campground near Secret Cove is again open to visitors.

On June 27, Rob and Debbie Kennedy of Madeira Park received approval from the BC Ministry of Forests to take over maintenance and operation of the campground.

The campsite is two kilometres up the Homesite Creek forest service road near Secret Cove.

The Kennedys approached Forestry earlier this spring with a proposal to clean up the campground, install portable toilet facilities and collect fees from campers.

The Homesite Creek Forestry site operated as a campsite from the late '70s until the mid '80s when it was shut down due to vandalism. It was later decommissioned in the early '90s and has since been the site of illegal garbage dumping.

The Kennedys have cleaned up the site with help from Keith Huey who donated his services to remove a number of cars, campers and other heavy metal debris. The SCRD, which manages the nearby Homesite Creek Regional Park, chipped in free dumping services for the more than 3,000 pounds of garbage collected.

The Kennedys plan to open more sites for next year and have even invested some of their own money into the campground but say they don't intend to try to make a profit.

"We're never going to make money off the campground," says Rob Kennedy.

"We hope that the groups and schools will come and use it again."

Campsites cost \$10 per night and are available on a first-come, first-serve basis.



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## Deck hand and diva: Mezzo soprano Rose-Ellen Nichols comes

Armed with a master's degree in opera and experience gleaned from three summers performing overseas, Rose-Ellen Nichols is coming back to the coast.

Nichols will perform a full solo recital at the Raven's Cry Theatre on Sept. 28 — her first performance since completing the MA at UBC this spring.

The concert will be produced by Sunshine Coast Music Society.

"While she's obviously done solos before with various groups, she has not done... a full recital," said Allen Crane, president of the Sunshine Coast Music Society.

"It's as important as being in an opera."

The centrepiece of the concert will consist of Wagner's Wesendonch Lieder, a cycle of five *lieder* written specifically for the female voice.

Lieder is a German word that literally means "songs." Used in English, the word typically refers to European romantic solos or "art" songs.

The concert will also include three arias from Bizet's opera *Carmen* as well as three more from *Samson* and *Delilah* by French composer Camille Saint-Saëns.

Nichols says she's still working on the final lineup of songs and securing a pianist to accompany her.

After graduating from Pender Harbour Secondary School in 1998



Nichols family photo

Rose-Ellen Nichols as diva...

Nichols pursued her obsession with singing by continuing her studies in Vancouver, attending first Kwantlen College and then UBC.

To help fund her education, Nichols worked summers fishing with her Dad, Bud.

She was forced to quit fishing to tour the Czech Republic for the last

three summers with a UBC operatic group that is largely self-funded.

She says it was a great experience but, between school and unpaid touring, Nichols is mired in student debt and looks forward to some paying gigs.

And the future looks bright for the aspiring diva.

She's just back from Banff, Alberta where she performed a couple of shows.

In November, Nichols will start a job singing in the chorus for the Vancouver Opera production of Tchaikovsky's *Eugene Onegin*.

In the New Year, Nichols will be one of four performers touring schools throughout BC and Alberta as part of the "Opera in the Schools" program.

Nichols said auditions were very competitive. The job should help further her career by enabling her to gain enough paid work to get into the actors' union, giving her a boost in wages for future gigs.

Pender Harbour isn't usually recognized for its contribution to global opera talent.

Nichols cites her grandmother Gloria Fritz and music teacher Joan Munro as prime catalysts in her early singing career.

"I always loved to sing and when I was 10 years old, my grandmother Gloria tried to find me a singing teacher but usually they don't take people until they're at least 13," Nichols said.

"Finally, this one lady said she would listen to me and if she thought I was mature enough sounding to start singing then she would start teaching me."

Munro had a little studio off Wharf Street in Sechelt and started



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## home to perform her first full solo recital

Nichols out on folk songs and show tunes but not long after she'd sprinkle in the odd operatic selection.

"When I was around 13, I guess, she started to give me some easier arias that I could work on."

Soon Nichols was performing at fundraising events and various theatre productions on the Coast.

"Basically, I just really, really loved the challenge of singing in a different language and opera is such a challenging art form that I just really enjoyed and wanted to keep going with it."



Nichols family photo

... and as deckhand, sharing a laugh with her dad while commercial salmon fishing.

## Chamber music festival hits the right note

submitted

Local chamber music enthusiasts and visitors from across BC attended the fourth annual Chamber Music Festival in Madeira Park August 15-17.

This year the festival included four feature concerts and the new "Intermezzo," a conversation between Jurgen Gothe of CBC Radio 2 and members of the Lafayette String Ouartet from UVic.

From solo to sextet — Debussy's haunting Syrinx for flute to Tchaikovsky's dazzling Souvenir de Florence, from Bach and Mozart to Murray Schafer — the audience showed their enjoyment of the wide selection with many standing ovations.

On Saturday evening, locals and visitors alike were moved by a performance of the Trio Elegiaque by Rachmaninoff, dedicated to local music aficionado Ann Barker.

Some well-known and robust pieces, such as Schubert's quartet Death and the Maiden and the Brahms piano quintet in F minor showcased the brilliant mastery and musicianship of the Lafayette String Quartet. They were joined by Alexander Tselyakov

for the latter piece, which brought the festival to a resounding conclusion.

The festival is a community affair. Local residents hosted the musicians for the week of rehearsals and performance while local businesses and individuals helped support the festival financially. For all of this support, the festival committee is most grateful.

Many said this year's was the best festival yet and we look forward to hosting another wonderful event when we celebrate our fifth anniversary, Aug. 21 to 23, 2009.



## SUNSHINE COAST REGIONAL DISTRICT



1975 Field Road, Sechelt, BC, V0N 3A1 www.scrd.ca Office Hours: Monday to Friday 8:30 - 4:30

(604) 885-6800 (tel) (604) 885-7909 (fax)

#### **UPCOMING MEETINGS:**

#### Thursday, September 4, 2008

• 1:30 p.m. Infrastructure Services Committee

#### Monday, September 8, 2008

• 9:00 a.m. Policing

• 10:30 a.m. Transportation

#### Thursday, September 11, 2008

• 1:30 p.m. Planning and Development

• 7:30 p.m. Regular Board

#### Thursday, September 18, 2008

• 10:00 a.m. Special Infrastructure (Watershed)

• 1:30 p.m. Community Services Committee

Please note – there will be no Corporate and Administrative Services Committee or Regular Board meetings on Thursday, September 25, 2008.

#### DIRECTOR CONTACT INFORMATION

Director John Rees is available to meet with residents to discuss local issues related to the Sunshine Coast Regional District government. He can be reached at home at 604-883-9033 or by email, jarees@dccnet.com.

Alternate Director Barrie Wilbee is assisting Director Rees with Policing and Transportation issues and can be reached at 604-883-2243.

#### AREA A ADVISORY PLANNING COMMISSION

The next meeting of the Egmont/Pender Harbour Advisory Planning Commission, if required, is scheduled for:

Wednesday, September 24, 2008 at 7:00 p.m. Pender Harbour School of Music.

#### **NOISE BYLAW**

The SCRD has now adopted *Sunshine Coast Regional District Noise Control Bylaw No. 597*, 2008 which contains new restrictions on construction noise on Sundays. The bylaw is available for viewing on the SCRD website at www.scrd.ca.

#### IMPORTANT WATERING REGULATIONS

Watering restrictions have increased for residents in the South Pender Harbour Water Service Area. Although residents have been very conscientious in following watering restrictions, the water levels in McNeil/Haslam Creek are low. As a result further restrictions are required. Please note the changes below.

#### **SOUTH PENDER HARBOUR CUSTOMERS**

ODD numbered addresses sprinkle on odd calendar dates

6:30 p.m. - 8:30 p.m. ONLY

**EVEN** numbered addresses sprinkle on even calendar dates

6:30 p.m. - 8:30 p.m. ONLY

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ODD numbered addresses sprinkle on odd calendar dates

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7:00 p.m. - 9:00 p.m.

EVEN numbered addresses sprinkle on even calendar dates

7:00 a.m. - 9:00 a.m.

7:00 p.m. - 9:00 p.m.

These regulations are enforced

Water Information - 604-883-2511 • www.scrd.ca

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## Seventy columns down, two to go...



By John Rees SCRD Director, Area A

#### SATELLITE OFFICE AREA A

The opening date is now set for Monday, Sep-

tember 15. At the former office of the SPHWD on Lagoon Road, the hours will be 8:30 a.m. to 4 p.m. weekdays.

The water department part-time employee, Kelly Kammerle, will become full-time (cost sharing) and is now receiving training by the SCRD on access to all functions.

## MOWING AND ROAD MAINTENANCE

One of the most frustrating issues I have experienced in the last six years is that of road maintenance or absence of same. I consistently get calls about the lack of mowing, line painting and general condition of our roads, as does Barrie Wilbee, my Alternate Director who sits on the SCRD Transportation Committee.

The province has this responsibility (through contractors) in rural areas and we pay approximately 12 per cent of our overall tax bill (rural taxation) to support that. This is a very large sum of money and locally we have little or no input on how it is spent.

I do not mean to criticize the contractor employees — they are a hard-working bunch. However, it seems to me that Area A gets the short end of the stick with the management of maintenance priorities. Everything starts at the bottom of the Coast and finally works it way up here, maybe.

On this issue residents could let

the local MLA Nicholas Simons hear their concerns and also contact Capilano Highways and the Ministry of Transport directly. This week I have been complaining to MOT about the state of growth on the sides of the roads here and the fire hazard it presents.

Often when the subject of incorporation comes up I hear the old guard say "but we would have to look after the roads." My response is, given the rural taxation to municipalities to take care of that, bring it on!

#### **SPORTS FIELD UPDATE**

Final seeding should be done by early September or as soon as we have our water system working. Currently power is being installed, a new power line from the highway, a pump and tank storage system is going in, and fencing is near completion. Field irrigation is complete, and if there are sufficient funds left in the budget, we will at least put in the foundations for a field house.

When complete this will be a great facility. I am sure the community will be very proud of it, and along with the additional land (Crown land approved by the ministry), all recreational projects will have a home in the future.

## FUNDING SUPPORT, COMMUNITY MEETING PLACES

In contrast to urban areas, rural communities such as ours rely heavily upon community-supported facilities for most of our cultural and social gatherings. Last year, through Gas Tax rebate grants, we were able to support the Pender Harbour Community Hall with \$33,000 to help with the new sewage system. This year we found another \$25,000 for the refurbishing of Sarah Wray Hall.

Just recently the SCRD created a Heritage Registry Bylaw and identified the Egmont Community Hall, enabling those folks to access provincial matching funds for their much-needed foundation repairs.

Now we have another facility that needs our support. Branch No. 112, Canadian Legion in Madeira Park is really struggling to keep the doors open. I am working on some tax relief proposals similar to those provided in Gibsons and Sechelt, but we need much more than that. In the past the Legion volunteers have given so much to this community. Now it is our turn to pay a little back and help out however we can....



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Closed Wednesday

LOCALLY

## They will come: Mountain biking emerging as Pender Harbour and

By Brian Lee

Though the sport of mountain biking originated in Marin County, California in the mid-1970s, it has taken almost 30 years to reach Pender Harbour and Egmont. A local group of mountain bikers and trail builders say that could be changing, adopting the motto of "build it and they will come."

It's said the sport started when a couple of road cyclists, or "roadies," grew tired of the hostile environment of the paved world and went about refitting their bikes to handle local hiking trails.

The sport quickly evolved as trail builders, manufacturers and riders continually pushed the boundaries of what was thought possible on a two-wheeled machine.

Mountain bikers crave "single track" trails. Typically, single track refers to a trail that is the approximate width of a bike, offering some challenge while maintaining a smooth flow. Natural obstacles like roots and rocks add technical difficulty

Early on, bikes were built for multi-purpose riding — cross country riding that involved climbing and downhill elements. By the early 1990s suspension began appearing on mountain bikes, first in the front and then in the rear.

The advent of suspension suddenly thrust mountain biking into a new direction. Suddenly it was possible to tackle rougher trails with greater speed and ease. It wasn't long before riders started building stunts into trails, continually redefining the sport.

Wooden ladder bridges and transitions coming off natural or man-made obstacles became common on modern mountain bike trails and required increasingly versatile skills and equipment.

Nowhere did the sport evolve faster than in North Vancouver. With its proximity to miles of accessible and steep terrain, the North Shore quickly became known for producing some of the most extreme trails — and riders who could tackle them.

As word spread, it became a mecca for mountain bikers and today its almost impossible to open a mountain bike magazine without finding scores of references to it. As marketers caught on to the wave, catchphrases like "Shore-tested" quickly became de rigueur as companies scrambled to associate themselves with BC's freeride movement.

Today, the bikes are as varied as the people who ride them. The term "mountain bike" can be broken down into three basic categories. Cross country bikes are lighter, have more gears and are built for longer rides with fewer obstacles. They may or may not have dual suspension which, in this case, is generally intended to smooth the ride – not absorb a 10-foot drop.

On the other end of the spectrum, downhill bikes are just that – bikes built to go downhill, fast. Downhill bikes have large travel shocks, fat knobby tires, stronger (and heavier) components with frame geometry that allows a rider to position their centre of gravity farther back on the bike for descents.



Riders in the BC Bike Race sample some of Pender Harbour's finest single track on a trail called 'Cougar's.'

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LOCALLY

## Egmont's newest attraction

When building a downhill bike, frame designers have little concern for ease of riding uphill. These bikes are for shuttling — carried to the top of a trail by chairlift or car. This practice has long been a topic for debate with purists who insist on earning their gravity — riding to the top of the hill before coming down.

Somewhere in the middle of this polarity is the freeride movement. Freeride bikes carry adequate suspension and are heavy enough to withstand the punishment of modern trail obstacles but are also designed to climb and travel distances without too much discomfort. With such a divergence in the sport, many serious cyclists now have two or more bikes for varying terrain and specialties.

The rise in popularity of the sport was quickly followed by companies trying to cash in by producing gear and clothing. Mountain biking is now a multi-billion-dollar industry as riders who entered the sport 15 to 20 years ago now find themselves in their prime earning years. Not only can they can afford the bikes that can easily run as high as \$4,000 but they like to travel, spawning one of the fastest growing segments of the BC tourism industry.

A study commissioned by the Mountain Bike Tourism Association found that, in 2006 alone, North Shore, Squamish and Whistler trails generated \$10.3 million in spending from non-local riders between June 4 and September 17. These figures don't even include Whistler's bike park, a money machine that uses the ski lifts to ferry bikers up the mountain, seasonally converted into downhill bike nirvana.

The economic benefits of this segment are felt elsewhere too, es-



There's no shame in walking across... unless someone snaps a photo of it. Kyla Paine inspecting the bridge on 'Dry Feet.'

pecially in BC's Interior. Places like Nelson, Fernie and Invermere have all caught on to the fact that trails attract visitors and they market themselves accordingly.

Here on the Sunshine Coast, Gibsons and Sechelt have been nurturing a mountain bike community for years. In turn, the growth of riders has spawned more trail building resulting in an extensive network that starts in Langdale at the Sprockids Mountain Bike Park and extends all the way through Roberts Creek. Other pockets exist near Chapman Creek, West Sechelt and Sargeant Bay Marine Park.

The sport has been slower to catch on at our end of the Coast and many locals don't even seem to know it exists at all.

After a recent ride, a friend stopped by the Garden Bay Pub to rehydrate. Walking onto the deck, one of the patrons took one look at his cycling gear and quickly remarked, "Didja lose a bet?"

The guy apologized when he was told the cleated shoes weren't fashion but necessary athletic gear.

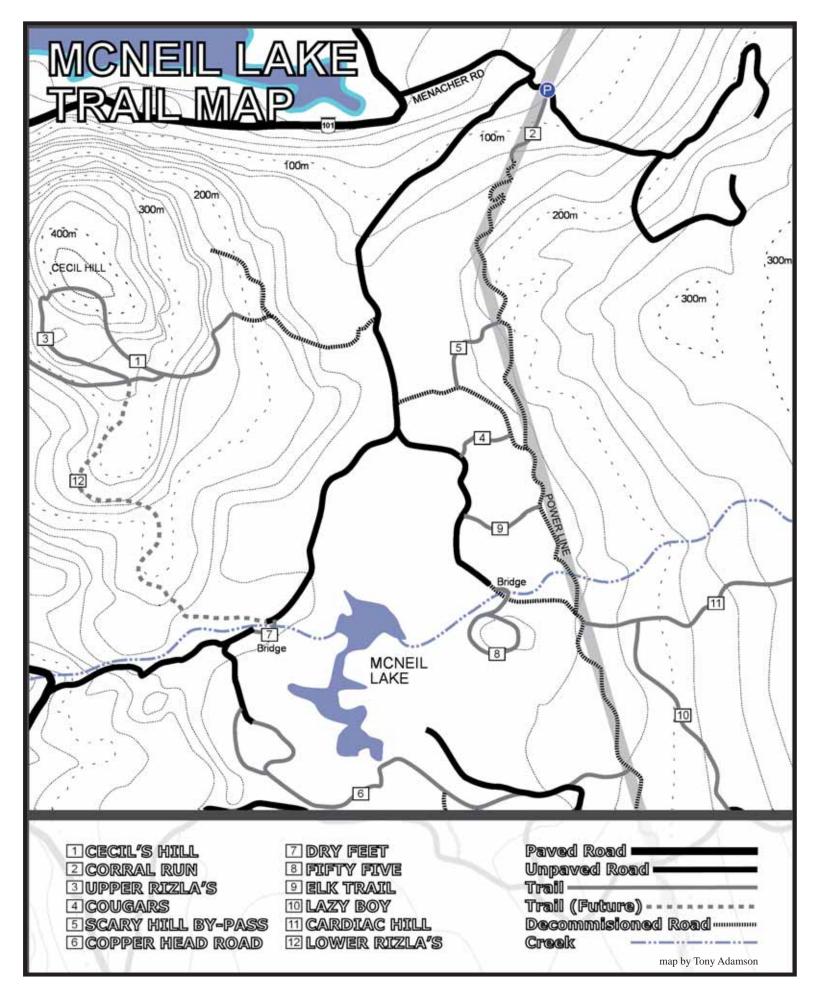
The incident underlines the fact that cycling is not yet widely accepted in the community — but that seems to be slowly changing.

Mountain bikers have been on our logging roads for years but, until recently, the area has lacked genuine single-track trails.

The now defunct Sunshine Coast Trails Society formed to build an off-road trail link down the Sunshine Coast in the 1990s. The Sunshine Coast Trail is mainly made up of gravel logging roads but provided a framework for a dedicated group of local trail builders to pick up where they left off.

These builders have concentrated their efforts in two main areas, the MacNeill Lake watershed (see map, p. 16) to the network of roads near the Malaspina Substation near the Pender Harbour Golf Course.

continued on page 17



Page 16 Harbour Spiel

## Mountain biking (cont.)

(continued from page 15)

For the past two years, stage four of the BC Bike Race has passed through many of these local trails and has helped to put the Sunshine Coast on the mountain biking map.

"It's drawing a lot of people
— it's amazing," says Rod Camposano, course designer for the Sunshine
Coast portion of the race.

"The BC Bike Race draws people from all over the world but then they come back."

Along with the BC Bike Race, two other mountain bike events, the Rat Race and the Suncoast Trail Ride, bring a lot of attention — and people — to the area.

Including friends and spectators, these three events are estimated to draw more than 2,000 people who otherwise wouldn't have needed to eat or sleep on the Sunshine Coast.

The exposure is starting to pay off as riders from the Lower Mainland look for new areas to ride.

"When I started riding here seven or eight years ago, you wouldn't see vehicles (with bikes) on the ferry," says Gary Jackson, owner of Off the Edge Adventure Sports in Sechelt.

"Now anytime you're on the ferry... you're always seeing truckloads of bikes. And not Canadian Tire bikes that may or may not be used — you're seeing people that are taking direct bike vacations."



The potential for five kilometres of downhill singletrack and views like this show the potential of a trail currently being built on Cecil Hill near Madeira Park.

Trail building has always been intimately linked with the sport of mountain biking and the majority of trails are built illegitimately on Crown land. The popularity of the sport has forced municipalities to confront issues of liability and maintenance.

Most mountain bike clubs work with local government to protect access and to ensure public safety but it's an ongoing issue in many areas including the Sunshine Coast.

Logging is often a bigger threat to local trails as BC Timber Sales continually slices off sections of local forest for auction. Trail builders say BC Timber Sales has been very cooperative but some popular trails like "Cougar's" sit flagged, their fate temporarily spared by a lagging softwood lumber market.

Currently, the network around McNeill Lake (see map, page 16) consists of about 10 kilometres of trails connected by another 40 kilometres of logging road. Because of this trail system, it's now possible to circumnavigate McNeill Lake on a 16 kilometres route — more than half of which is

(continued next page)



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LOCALLY

## Mountain biking (cont.)

(continued from page 17)

made up of single track trail.

And, thanks to a number of strategically placed bridges, riders can do it without fording the cold streams that previously blocked passage on winter rides.

Locations of trails have only passed through word of mouth so far

but the trails have caught the attention of cyclists from outside the area and riders from down the Coast regularly travel up to test them out.

Sources say a number of ambitious trail projects are in the works including a half-completed trail named "Rizla's" that runs to the top of Cecil Hill above Madeira Park with views

across to Vancouver Island. The trail follows the ridge of the mountain south and downhill for about four kilometres before exiting near the entrance to "Dry Feet."

Ralph Linnman, owner of nearby Sunshine Coast Resort, wasn't even aware the trail network existed. Linnman says he hasn't seen an appreciable growth in visitors coming here specifically to mountain bike and hasn't directed his marketing efforts towards the mountain bike sector.

The same goes for Paul Hansen, owner of the West Coast Wilderness Lodge in Egmont. Hansen has bikes on hand for guests and says they're used a lot but more for recreational riding around the community. He hasn't seen an appreciable rise in guests coming specifically to ride but says he's working on it.

Hansen has linked up with a Whistler company to offer heli-biking opportunities to nearby Red Top Mountain across the Skookumchuck. The proposal is still in the planning stages but he says there's a strong market for international guests looking to access untouched alpine territory and thinks they're willing to pay for it.

Clearly there's an opportunity for Pender Harbour and Egmont to take part in what many areas have already capitalized on but it seems there's some catching up to do.

"I've sold 500 trail maps in eight months," says Gary Jackson, adding that trail maps are often shared by entire groups so the number sold actually reflects a much higher number of visitors.

"The reality is that the trail map is where I tell people to ride and Madeira Park isn't in that book."



Page 18



Jo Gardner passed away peacefully on August 5, 2008 at Shornecliffe after struggling with Alzheimer's disease. She is survived by her daughter Janice, son-in-law Bruce, her two granddaughters, Becky Cox (Josh) and Katie Russell (Ian), her brother Warren Hall from Spokane, Wash., as well as many nieces and

#### W. Jo Gardner

MAY 31, 1925 — AUGUST 5, 2008

nephews.

Jo was a dental hygienist for more than 50 years and was one of the first to practice here in B.C. She was trained at the University of Oregon graduating in 1947. It was there in Portland that she met and married her husband, Claude, who predeceased her in 2001.

She was very dedicated to her profession, serving in many positions on the boards of the provincial, national and international associations. Her love of her profession was probably no more apparent when she decided to return to UBC at the age of 68. She commuted from Pender Harbour one to two times a week for the next five years, finally achieving her goal of receiving a Bachelor of Dental Science degree in May of 1998.

Vancouver was home for many years before she moved to Pender Harbour with Claude in 1986. Jo loved to read so it was only natural that she would volunteer at the Reading Centre which she did for close to 20 years. She also served in the Bargain Barn and on the board of Pender Harbour Health Centre.

She will be deeply missed by all who had the privilege to know her. We will all miss her laughter and positive outlook on life. The family would like to thank the Pender Harbour Health Centre, Home Support and the staff of Shornecliffe for all the care and support they gave over these past four years.

A Celebration of Life Service was held on Monday August 25 at the Pender Harbour Community Hall.

## Jean Gwendolyn Sladey (nee Murdoch)

JUNE 11, 1926 — AUGUST 14, 2008

Jean passed away peacefully at Lion's Gate Hospital after a brief illness. Survived by her loving husband of 62 years Olli Sladey, her four children Pat Sladey (Dick Chevalier), Doug Sladey (Betty), Susan Knock, Mark Sladey (Teresa), three grand children Steven Sladey, Victor Sladey (Beau) and Megan Knock (James), one great-grandson Jordan Knock MacNeil and by her brother Bill Murdoch (Ev) and their family.

Jean's well-known love of opera found her singing competitively with the Vancouver Olympic Girls Choir when she was just 15. She was a long-standing member and patron of the Vancouver Opera Society, Seattle Opera Society and the Honolulu Opera Theatre, traveling and meeting many friends along the way.

Jean was an active founding

member of the Pender Harbour Ladies Auxiliary to St. Mary's Hospital, serving as president for a time.

Jean was born in Lacombe, Alta. to parents Royal and Lily Murdoch, themselves Pender Harbour pioneers who owned and operated Murdoch's Store on Francis Peninsula. Jean met Olli at the store/marina station and they married in 1946.

Together they built and operated the first motel in Pender Harbour—the Madeira Park Motel (present site of Painted Boat Resort). Later they worked side by side in their real estate office, Olli Sladey Realty Ltd., for nearly 15 years. Jean and Olli retired to Sechelt in 1986, spending much of their time in Hawaii. Jean will be fondly remembered for her gentle ways and kind heart. Forever missed, loved always.



At Jean's request, no service and please, no flowers. In lieu of flowers, donations in Jean's memory would be greatly appreciated to:

Area A Senior's Housing Society "Abbeyfield Building Fund" P.O. Box 264 Madeira Park, B.C. V0N 2H0

## **Oceanfront: Salt-tolerant plants**

By Jim Rutherford (assisted by Nolan & Krystal)

Well, the kids are back in school and its a perfect time of the year to enjoy your garden.

#### **FALL TIPS**

With iris, oriental lilies and the like, cut off the bloom head but leave the foliage to die down on its own. The plant needs to make and store sugars for next season's blooms.

When watering, give the plants a real soaking, and then let them dry out somewhat between watering. This is to develop deep roots so the plant can take those scorching hot sunny days that we get once in a while.

Fertilizing now will perk up your

plants for the rest of the season.

Use a fertilizer with a high phosphate count — that's the middle number on the label. Then switch to a general fertilizer to strengthen the plant for fall.

#### **SALT-TOLERANT PLANTS**

Mango pines are an easy place to start. They take easily to pruning to give you that windblown look. Just don't let them get to 15 feet or you'll be using a chainsaw to get your view back.

That's also true with umbrella laria, California laurel, which, though slow growing, can be 20 to 25 feet high. It grows best in deep soil and, once established, will tolerate dry conditions.

It will grow in deep shade and get big enough to become a shade tree itself but can be thinned. Eucalyptus and palms can take it but to me seem a little out of place here.

#### **CISTUS, ROELLROSE:**

You can't ask for anything better. They just love a dry summer climate and bloom profusely from spring into early summer. These sun loving plants can take dryness, poor soil, cold ocean wind, salt spray and make for good erosion control on dry banks.

Cotoneasters are not to be overlooked from low spreading to upright. C. lacteous is an evergreen with arching branches. There's always a spot for these low maintenance shrubs needing little or no watering.

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Page 20 Harbour Spiel

#### HARBOUR GARDENING

Bearberry cotoneaster is a great fast growing ground cover for sun or partial shade and can drape over walls and cascade down slopes. All cotoneasters bear reddish fruit and the deciduous ones give a nice show of colourful foliage in autumn.

#### **ELAEAGNUS**

Don't go without this shrub, seaside or up the hill, because it's an easy to care for broadleaf evergreen.

Eangustifolia, Russian olive, is a vigorous shrub to 20 feet high and makes an excellent screening plant. Golden elaeagnus have large gold blotches in the centre of the leaves and make a nice highlight shrub.

All the elaeagnus family can take seashore conditions, heat and wind.

Escollaonia is just a great shrub to work with and really makes the foundation of any oceanside bed. It's wind tolerant with shiny green, clean looking foliage. The inflorescence maybe insignificant but being drought tolerant and easy to prune makes up for all that. Prune taller ones by cutting out about one third of the older wood each year after blooming to

maintain control.

#### **PERENNIALS**

Yuccas. Now everybody knows about them and thank heavens grasses are so in. Any miscanthus will do from 10 foot giants to little shorties.

In the fall, when the wind has battered the bloom so it looks untidy and the stems are broken, cut them off and later, when the grass has naturally dried off, cut them off to about two inches above ground level.

Carex is not really a grass, but is treated as one. Ice sedge is an evergreen carex that's really easy to plant.

#### **PHORMIUM OR FLAX**

Flax make a great focal point. They take almost any soil, little to regular watering, hot or cold conditions and, most of all, do well by the seashore. Their blossom stems are twice the height of the foliage and very unusual.

A large established plant can be

divided but it's brutal. Lift the entire clump and, where you see a natural cleft, take a sharp axe and chop through the root mass.





#### SCRD AREA "A" SATELLITE OFFICE OPENING: SEPTEMBER 15, 2008

On September 15, 2008, the SCRD will open a satellite office to provide Pender Harbour/Egmont area residents convenient access to a variety of SCRD services. Located in the former South Pender Harbour Water Works building at 12828 Lagoon Rd., the office will be open from 8:30 a.m. – 4:00 p.m. Monday – Friday.

#### Services will include:

- full time staff providing information and directing inquiries to the right person or source at the SCRD;
- website access to the SCRD;
- water services staff available five days a week;
- · Building Inspectors, available by appointment;
- Planning staff, available by appointment;
- building permit applications and other forms available on site; and
- secure drop off location for plans, applications and other documents.



#### "Tourism is where the future of the Sunshine Coast lies."

Dear Editor,

I read with interest your commentary on the development permits.

There does seem to be an overabundance of offerings for sale and I do question the need for more when the current offerings lie unsold. Adding more only served to devalue the existing ones. It begs the question, "Why have they not sold."

Development does not necessarily equate to short-term wealth. Have you considered the taxes that these developments could contribute to your schools? And, they would not even use them! Squamish for a long time was the recipient of huge advances of cash thanks to the Whistler taxpayers.

So, from that perspective, be grateful that your children will go to uncrowded, well-funded schools.

Your comment, "What have we done to ensure the reason people cone here in the first place is preserved" does not speculate on why they came... we would assume for the scenery, but, you fail to recognize that people come here also for recreation that doesn't necessarily involve the ocean.

What has been done to offer recreational services?

Whistler long ago figured that out to make the resort viable year-round. What has been done in this area?

Development creates jobs. Have you considered that logging and fishing are no longer the mainstays for employment?

The fish are gone and the logging

jobs are no longer. Do you not see the opportunity in development? What is happening is a Sunshine Coast resort community. Think of the jobs it creates.

It seems to me that the district is good at handing out permits, but lousy at creating a solid plan for tourism.

There was the old saying "build it and they will come." But they won't stay unless a greater effort is put into making them want to.

Think about it. You come to your summer spot, spend the day on the water, and want to take a stroll through the town and look in the shops, pick up some paint for tomorrow's project, pick up a book even...and lo and behold, everything is locked up tidy!

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You would think the shop keepers might consider a midday shutdown, say from 11 to 3, then they could stay open later or maybe even hire a few more people.

Look at the real estate magazine to see how many businesses are up for sale. When businesses close their doors on a sunny day at 5 p.m., they add one more nail to their coffin.

What I am saying is the district and the people of the Sunshine Coast have before them a tremendous opportunity in tourism yet it fails to provide the services to make it work.

Also, try to find a cleaning lady, gardener, a painter, a delivery service — not easy.

There is so much work in the services but no one there to do it. I

tried for two days to get someone to come out to Pender Harbour to chip wood for me and no one came. I tried to get my windows washed. No one even returned my call. The landscapers were too busy to return my call. I have roofing needs and no one wants to do it.

There is an abundance of festivals all through the summer and fall, but what do you offer to attract people to come here in December? No wonder the lights are out.

So, rather than complaining, perhaps consideration should be given to making the existing projects sell, as tourism is where the future of the Sunshine Coast lies.

Regards, Joanne Mellquist Pender Harbour Open 7 days a week all year for your convenience

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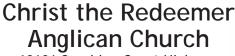
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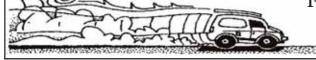
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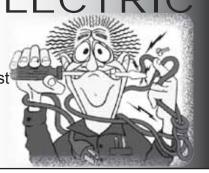
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## It's time we had public transit!

Dear Editor,

Our community remains isolated from the lower coast unless one drives, is willing to spend the dollars on gas and add the carbon emmissions to the air.

Yet we are taxed for a high rate of services. I understand that Penderites have paid over \$100,000 in taxes towards public transit, and that it is being used to subsidize buses on the lower Coast.

What are we supposed to do when we have a specialist's appointment in Gibsons or want to visit the Zen Temple, hear a concert, see an art show or a movie in Sechelt? And what are lower Coast folks supposed to do when they want to come up here and spend their time and dollars at the Blues Fest, May Day, Wooden

Boat Fest, or a Sunday afternoon performance at the School of Music?

If you don't have a car — and many living on the Coast don't — I suppose the answer is "stay home!" Or, worse, you might take ridiculous risks and hitchhike. Not acceptable.

I know that some local businesses are worried that if public transit comes to Pender, their stores will suffer and possibly close. Since when is keeping your clientele captive an answer to open market competition and good client relations?

And, if your product and services are good, they will stay loyal.

I always shop local, even after trips for other reasons to Sechelt, Gibsons and Vancouver. It just makes good community sense to do so.

How real is our committment to reducing gas emissions and carbon

consumption by putting more buses on the road, and thereby reducing the need for cars? How committed are we to providing affordable transportation to those without vehicles?

Public transportation is about more than shopping dollars. It is about essential community service in the boader sense, safety, economy and the environment.

It's time we had regular public transit between Pender Harbour and Sechelt. Several petitions have been placed in local stores from Halfmoon Bay to Egmont. Please, if you want to see public transit become a reality in the Harbour, go to the usual outlets and sign on.

Oh yes, and always shop local to keep your home community alive!

Thanks, Carole Rubin



Girl Guides of Canada Guides du Canada

Sept. 9, 7 pm MPES library

Guides will take place

#### **FOR INFORMATION**

Sparks: Gwen 883-3660 Brownies & Guides: Michelle 883-9722

Interested in becoming a leader?

## And more public washrooms!

Dear Editor,

Recently we took our four yearold autistic grandson to our local Madeira Park IGA store to purchase groceries and were denied access to their washroom for the child. We were told to use the public washrooms at the Visitor's Information Centre. Arriving at the public facility she found it already engaged (having only one men's and one ladies washroom).

By the time it became available, our grandson had soiled his pants. This innocent little boy had been so very proud of himself that he had mastered toilet training, no easy task for an autistic child.

The SCRD has informed us that the IGA store complies with the building code and has built enough washroom space to accommodate staff and customers but cannot enforce their use for the public.

Madeira Park is a small community reliant on locals and tourists. We deserve better washroom access than this before it causes others the same distress and humiliation as it did to our grandson.

Avril and John Maveety

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#### ACCOMMODATION OF THE MONTH

#### A Lakeside Retreat

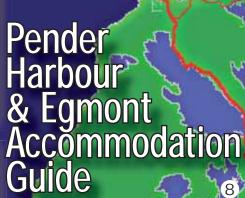
This West Coast-style, secluded luxury retreat is situated on a peaceful lake. Our three waterfront B&B suites have been designed with your comfort in mind.

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September 2008



## **Water Conservation**

## Did You Know?



- 620 litres of water a day is the average household use on the Sunshine Coast
- 350 litres of water a day is the Canadian household average
- Over 50% of the water we use in the summer is for lawns, flowers and gardens.
- 140 litres of water are required to produce enough coffee for a single cup of cof
- Maize is very water efficient grain requiring 900 litres of water per kg. as compared
- Cotton is a water intensive crop it takes approximately 10,850 litres of water for

## Tips for reducing water use in your home:



- Washing clothes wait until you have a full load
- Washing dishes don't run the dishwasher until it is full. If you need to pre-was two pieces- pre-fill the sink instead of running water for each dish
- Bathroom use accounts for about 65 % of indoor water use
- Keep showers to five minutes or less. Take fewer baths and fill the tub with only
- Use a glass to rinse your toothbrush. Rinsing a toothbrush under the tap waste
- Turn the tap water off while brushing your teeth, shaving, or washing your face.
  - Do NOT use the toilet to dispose of paper, facial tissues, or other materials that

## Tips for Gardeners: Keep your garden fresh all summe



When planning your garden for 2009 try to use both water efficient pla

- · They attract birds, bees and butterflies
- Do well on steep slopes and poor quality soils
- Drought-resistant plants require little or no watering during hot, dry periods and
- Using many types of plant species will create varied and beautiful landscapes
- Plants with gray, fuzzy, waxy or finely divided leaves are drought tolerant large
- Scented herbs (e.g. lavender) produce aromatic oils that prevent the plant from
  Leaf and grass clippings are a natural fertilizer and help the soil retain moisture

## Tips for a Beautiful Lawn



Here are some ways to keep your lawn healthy without excessive water

- Train your grass to be drought tolerant, water as infrequently as possible. When
- Leave clippings on the lawn; they are rich in water, they will slowly release water
- Water your lawn evenly to promote uniform root distribution a maximum of 2.5
   Use low angle or pulsating sprinklers to reduce water loss from evaporation
- Use low angle or pulsating sprinklers to reduce water loss from evaporation
- Only trim your lawn when necessary. Longer grass tends to have deeper roots,
- Focus sprinklers on gardens and lawns not driveways and sidewalks
- Applying natural and organic fertilizers to your garden and lawns increases soil
- Aerating lawns allows air to move more freely and with greater ease
- · The type of soil in the yard determines how the lawn absorbs water. The averag
  - Clay absorbs 0.5-1 cm/hr
  - Loam absorbs 1.3-1.9 cm/hr
  - Sandy soils absorb 1.9-2.5 cm/hr

## **Protect our Wate**

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## Tips from the SCRD

SCRD (Field Road office): 1975 Field Road, (604)885-6800

SCRD (Madeira Park office): 12828 Lagoon Road, (604)883-2511 www.scrd.ca

fee; it takes 35 litres of water to produce enough tea for a cup of tea red to wheat, which requires 9,000 litres per kg r enough cotton to make one pair of jeans. Bamboo fabric is a more water efficient alternative.

sh your dishes and there are more than one or

as much water as you really need a sabout 4,000 litres of water a year

could be disposed of in a waste bin

ants and grasses in your bed layout:

d are easier and cheaper to maintain

e leaf plants usually require more water drying out

while providing shade - use them as mulch in your flower and vegetable gardens



#### erina.

n watering does occur, water thoroughly so the moisture can promote deeper root growth and hardiness. er and nutrients

cm. a week is all the water your lawn needs - a tuna can can be used to measure this

less weeds, and look more attractive - 2 inches is a good length

fertility reducing the amount of watering needed

e sprinkler emits approximately 4 cm/hour of water

## er – Use it Wisely!

# A Licensed Event

## Pender housing market: the good, the bad and the ugly



By Alan Stewart

In June of last year I did a three year comparison that showed a market with swelling average sale prices and very com-

parable numbers of sales to the previous two years.

As you can see from the following chart, the Pender Harbour Real Estate market has been dramatically affected this year by recent reports of an impending economic slowdown – certainly a self-fulfilling prophecy.

The most dramatic change this year has been the lower average selling price of detached homes, from \$536,340 in 2007 to \$404,104 in 2008.

This downward trend is less a

January - July: Detached home sales		Bare land sales					
Year	Number of Sales	Average Price	Days on Market	Year	Land Sales	Average Price	Days on Market
2005	49	\$405,502	97	2005	62	\$158,591	122
2006	42	\$539,602	60	2006	43	\$217,487	87
2007	58	\$536,340	95	2007	21	\$437,783*	128
2008	23	\$404,104	90	2008	15	\$250,207	284

reflection of a significant decrease in the cost of an "average house" in Pender Harbour / Egmont, but more a result of the lack of sales of high-end properties on the Coast in general.

There are currently 29 properties listed for sale in Pender Harbour at over \$1,000,000. According to the Real Estate Board of Greater Vancouver's MLS system, there has only been one sale over \$1,000,000 this year.

This is way down from the nine

sales at over \$1,000,000 in 2007.

#### THE GOOD

Although they are few in number, the motivated buyer in this market has a wide selection of properties to choose from and is finding sellers are more responsive to offers than they have been in the past few years.

Where last year a typical buyer would zone in on one property and fight hard to negotiate a reasonable price, this year we are working with

Pender Harbour Community Club Society and Off the Hook Seafoods PRESENT...

## A Thanksgiving "Raise the Roof" Seafood Buffet Dinner Fundraiser



Saturday, October 11, 6 p.m. ★ Pender Harbour Community Hall ★ Tickets: \$25 Available at: Off the Hook Seafoods • John Henry's Marina • Miss Sunny's Hair Boutique

For information, call: Doug @ 740-2077 or Erin @ 741-3966

"Raise the Roof" Community Meeting: Discussion concerning community hall roof repairs.

Tuesday, Sept. 9 -- 6 p.m., P. H. Community Hall. All welcome.

Pender Harbour Community Club Society General Meeting: Tuesday, Sept. 9 -- 7 p.m, P. H. Community Hall. All welcome.

For information, call Doug @ (604) 740-2077

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buyers who may write offers on two or three properties before they find a seller who is receptive to their bids.

Buyers are finding relatively low interest rates, flexible mortgage terms, a wide selection of product and sellers willing to negotiate the sale price.

#### THE BAD

Those people who have purchased property over the past five years have come to expect double digit yearly returns on their investments. The reality now is that average prices are on the decline.

According to the Real Estate Board of Greater Vancouver, the overall benchmark price for all residential properties in Greater Vancouver has declined 2.1 per cent since the end of May 2008 — from \$568,411 to \$556,605 in July 2008.

#### THE UGLY

For those sellers who are forced to sell their properties in a hurry, this is a very challenging market.

With sales volumes as low as they are, it is difficult for a seller to accurately determine the "sell it tomorrow" price that doesn't leave a lot of money on the table.

Our recommendation to those sellers is that they implement a series of price reductions to essentially find the market and keep in lock-step with the rest of the properties for sale. A

full six per cent of all active listings on the Sunshine Coast reduced their asking price in a seven-day period in August.

There is an experiment taking place at Sakinaw Ridge on Sept. 3 that is causing a fair amount of controversy in the Harbour. The developer of Sakinaw Ridge, a high end waterfront development in Garden Bay, has decided to auction off five of his properties to the highest bidder in a live unreserved public auction hosted by Ritchie Bros. Some say that this auction has essentially stopped the sale of land in Pender Harbour, suggesting that buyers would be foolish to make a purchase until they find out

if they could find discounted pricing at the auction.

Others believe it will determine the actual market value of the parcels and that it will attract a lot of attention to the area. Only time will tell.

At the writing of this article, the average selling price of detached homes in Pender Harbour this year is \$476,237 vs. an average listing price of the 113 active listings at \$881,870. The average selling price of the 15 lot sales in Pender Harbour this year is \$250,207 vs. an average listing price of the 125 active listings at \$440,100.

To offer suggestions for future real estate related column topics, e-mail alan@sunshinecoasthomes.com

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Page 34 Harbour Spiel

## Mosquitoes and wasps: How to be safe

Compiled by PH Health Centre Staff

#### **WEST NILE VIRUS**

West Nile virus is a mosquitoborne infection that is usually spread between mosquitoes and birds. Mosquitoes pick up the virus after biting birds carrying the virus.

Humans usually become infected through bites from mosquitoes carrying the virus.

Most people infected with West Nile virus will not get sick at all. About 20 per cent of people will have a mild to moderate illness that starts three to 14 days after being infected. Symptoms may include fever, headache, body aches, fatigue, swollen lymph glands and sometimes a rash on the body. These symptoms generally last about a week but can last longer.

In rare cases — less than one per cent — West Nile virus can result in more serious illness like meningitis. If you develop a severe headache or neck stiffness for which you cannot find a cause — or other symptoms of West Nile virus — consult your doctor.

Any activity that prevents mosquitoes from biting or breeding will help to reduce the risk of infection:

- Use mosquito repellent
- Wear protective clothing
- Install mosquito screens on windows
- Prevent mosquito breeding around your home by reducing stagnant water sources.

Birds in the corvid family, including crows, blue jays and magpies, are very sensitive and likely to die from the virus. Officials test dead corvids to find out if West Nile virus has moved into an area. To date, there has been no West Nile virus identified in B.C.

While the risk of infection from handling birds is very low, do not handle wild birds or other animals, dead or alive, with your bare hands.

#### **WASP STINGS**

Usually a wasp bite causes a localized reaction with pain, swelling, and redness. For some, especially children, the redness and swelling may be worse and last a few days.

Anaphylactic shock refers to a severe reaction that affects the whole body. Symptoms may include hives, shortness of breath and tightness in the throat or chest, or swelling of the tongue and face. Immediate medical

attention is needed.

Use a scraping motion of a sharp edged object to remove the stinger, if still in place. Do not use tweezers or squeeze the area as this may release more venom. If the stinger isn't visible, assume there isn't one.

Call 911 if you experience wheezing or difficulty in breathing, swelling around the lips, throat, tongue, or face

Signs of shock:

- Weak, rapid pulse
- Low blood pressure
- Confusion or anxiety

#### Pender Harbour & District Health Centre Society

Notice of Annual General Meeting: Sunday, September 21, 2008 1:30 p.m.

Pender Harbour Health Centre 5066 Francis Peninsula Road Madeira Park

All current members are invited to attend, find out what's happening at the health centre and where it's headed. Participate in the process.

Membership is \$5 and can be acquired and/or renewed during office hours at the health centre reception.

#### 26 WEEKS TO FAMILY EMERGENCY PREPAREDNESS - August

Week 17: Enroll a family member in a first-aid course.

Week 18: Add personal toiletry items like toilet paper, Handi Wipes, soap, detergent, toothbrush, toothpaste, comb, sanitary supplies, etc. to your emergency kit.

Week 19: Add evaporated canned or powdered milk and cereal to your kit.

Week 20: If needed, include infant supplies, including disposable diapers, disposable bottles, formula, etc. to your emergency kit.



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#### HARBOUR ALMANAC

## THE DAYS OF SEPTEMBER **BIRTHDAYS**

Sept. 1: **Heather Brown**.

Sept. 2: Brad Higgins and Earl Gudbranson.

Sept. 3: Michael Crowe and Jeff Sept. 18: Charly Mclean Higgs.

Sept. 5: John Dafoe and Maxwel Hohn.

Sept. 6: Jack Crabb, Michael Parrott and **Peter Wilson**.

Sept. 7: Ed Pazur.

Sept. 10: Ernie Paiement, Emily Gamble, Kiri MacGreggor, Frank Roosen Sr. and Pam Roosen.

Sept. 11: Sharon Rosel, Doris Wilkinson, Desiree De La Canal and Ashley Georgison.

Sept. 12: Cledia Duncan and Daniel Hardwick.

Sept. 14: Robin Heiliger.

Sept. 16: Theresa Baldwin and Steven Edwardson.

Sept. 19: Patti Gaudet, Doug Reid, Dennis Gamble, Aldo Cogrossi, Jesse Little and Lauryn Young.

Sept. 21: Black Bill Gilkes, Christy King and Joey Fletcher.

Sept. 23: Helmut Haas.

Sept. 24: Susan Knock and Marnie Davis.

Sept. 26: Seig Garbers.

Sept. 27: Dale Duncan and Harry Doepel.

Sept. 29: Frances Lajlar.

Sept. 30: Shelby Campbell, Irene Forsyth, Scott Minch and Linda Baillie.

#### SEPTEMBER WEATHER

#### **TEMPERATURES (MERRY ISLAND)**

Our average daily September high temperature is 17.6° C and our average daily low temperature this month is 12.1° C, giving us a mean daily temperature of 14.8° C.

September averages 1.8 days with temperatures above 18.1° C.

The highest September temperature recorded is 26.6° C (Sept. 3, 1988); the lowest September temperature recorded is 3.9° C (Sept. 27, 1972).

#### PRECIPITATION (MERRY ISLAND)

September averages 10 days with rainfall and a total of 63.1 mm for the month.

September has an average of 212.4 hours of bright sunshine, and the highest daily rainfall recorded is 69.4 mm (Sept. 1, 1983).

#### **WEATHER TRIVIA**

Canada's longest period without recorded rainfall was 71 days, from Aug. 31, 1885.



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#### RBOUR SEALS



Free and easy! Approvals or disapprovals! — Keep it short. Send to: editor@harbourpiel.com. You must include your full name and a telephone number for confirmation.

A Harbour Seal of Approval to the volunteers who worked so hard to make the Wooden Boat Festival dinner at the Legion a huge success. Thanks so much.

> Pender Harbour Legion No. 112 (c/o Pat Wood)

For those who made us rock, we salute you! A Harbour Seal of Approval to **Harry & Anna** – we thank you for your hospitality & look forward to Thunderfest 2009. PS: Thanks for the pen Anna!

\*We'll meet or

beat any deal

from town

AND we'll pay your ferry!

\*Offer good only on new Chrysler,

Dodge and Jeep products.

Steve & Carrie, Rick. Bubba, Jimmy, Quaz & Jo

A Harbour Seal of Approval to **June**, Don, Kleindale Nursery, Pam's Nursery and the IGA for keeping our plants pretty.

> Pender Harbour Legion No. 112 (c/o Pat Wood)

A Seal of Disapproval for the **person** who borrowed five books from the library in February and didn't return the books, ignored repeated phone calls, phone messages and letters. The value of these (new at the time) hardcovers is in excess of \$150.

> Edda Matzen On behalf of the directors of the P.H. Reading Centre Society

A huge Seal of Approval to the Friends of the Festival, the host families, the volunteers, the musicians and an extraordinary committee for an amazing fourth Pender Harbour Chamber Music Festival. Thank you from the bottom of my heart.

Lise Aylmer, Chair

A Harbour Seal of Disapproval to the couple in Sinclair Bay who air their differences very vocally for all to hear around the bay. Many times we have been subjected to their rude and crude lamentations. Even the dog gets in on the act!

Kathy Butterworth

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#### Following the Curve of Time: The Legendary M. Wylie Blanchet



By Theresa Kishkan

Most of us who love this coast are familiar with M.Wylie Blanchet's The Curve of Time.

This is an account of an intrepid woman who spent long summers in the late 1920s and 30s exploring the Inside Passage with her five children and a Gordon setter on a 7.6-metre boat, the Caprice. It is surely a classic of boating literature, one permeated with a sense of that earlier Coast and also the transitory nature of time

itself.

With Following the Curve of Time: The Legendary M. Wylie Blanchet (TouchWood Editions, 2008), Cathy Converse has written a biography of "Capi" Blanchet (who hated her given name) which explores her beginnings in Quebec

where she was born into a wealthy family, enjoyed a happy childhood, and follows her as she comes to British Columbia with her husband

Geoffrey dies in a swimming accident, leaving Capi alone with small children — and a boat.

Geoffrey.

In many ways, the Blanchet story is the stuff of coastal legend.

voyages predated GPS systems and cellphones.

"Capi's navigational instruments were crude but effective — rocks. fishing line, whistles... When entering a bay or preparing to anchor, she used the age-old method of sounding the bottom. She fashioned a lead line out of fishing line and a rock, which she

would throw over the side to check the depth of the water."

Her children were taught to time echoes in fog to determine the distance between Caprice and potential hazards like cliffs or rocky outcroppings.

CATHY CONVERSE

Following the Curve of Time

The Legendary M. Wylie Blanchet

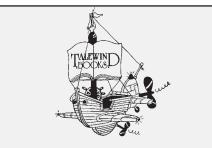
It sounds like an idyllic life, though one has to consider The Curve of Time was written years after those summers, in part from journals and in part from memory. Time will have eased the hardships, smoothed out the difficult knots of family and personality.

> Converse notes that, "while her narrative is evocative and enchanting to her readers, [Capi's] children did

not necessarily

agree with her interpretation of their summer trips. When Elizabeth, who became an accomplished writer in her own right, first read her mother's book, she remarked, 'A lot of what is in that book is bunk, I ought to know, I was there."

Following the Curve of Time functions as more than the usual biography in that Converse traces the



"There is no better frigate like a book to take us lands away..."

**EMILY DICKINSON** 

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Harbour Spiel

routes taken by the *Caprice* on her own boat, using *The Curve of Time* as a guide and Capi herself as a muse. Many of the locations visited by Capi and her family are ghosts of their former selves – the ABC Cannery at Glendale Cove, one of the largest producers of canned salmon on the Coast ("A few rotting pilings that used to support a jetty remain, but that is all."); First Nations burial sites; abandoned homesteads and settlements.

And yet the past hangs in the air to allow us a glimpse of those earlier summers – totem poles leaning into the forest, a few apples trees remaining at Melanie Cove. This affirms the notion implicit in the title of Blanchet's book, inspired by the writer Count Maurice Maeterlinck, that, "time was not merely a succession of irreversible events but existed along a continuum or curve in which past, present and future are all the same."

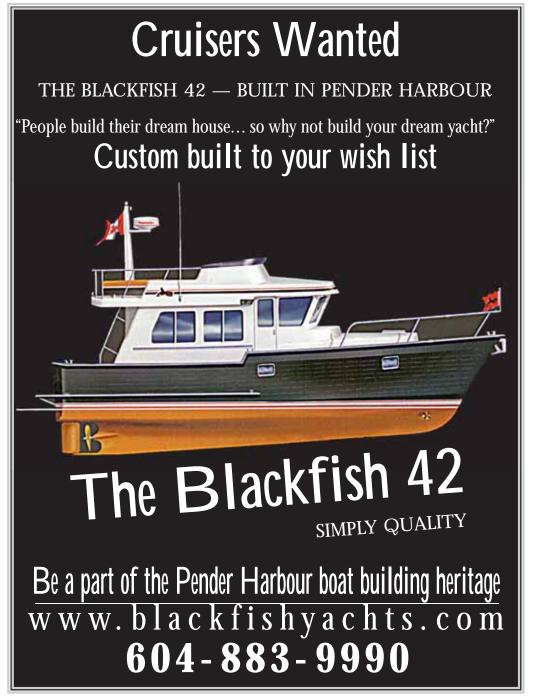
Capi was adventurous and capable. She was also private and enigmatic, not an ideal subject for a biographer who wants to offer the reader a whole and illuminating portrait. Cathy Converse has done a good job of invigorating her story for the modern reader.

However, one wishes that the book had been edited more rigorously. Very brief reference is made to the Barrows (Amy and Frances: the index gives their full names but not the text itself) who deserve at least a paragraph to put them and their boat, the Toketie, into context. (I direct interested readers to Beth Hill's *Upcoast* Summers for more about the Barrows.) One or two First Nations place names are provided with pronunciation guides but not others. The index is incomplete. Edith Iglauer, who includes a wonderful essay on Capi Blanchet in her book, *The Strangers* Next Door, is cited as "Janet Iglauer" in the endnotes.

Still, *Following the Curve of Time* is a valuable addition to those books which define and celebrate our magnificent coast.

Note: for readers who love books about coastal British Columbia, I can highly recommend Kathrene Pinkerton's *Three's A Crew*, originally published in the 1940s but reprinted in the 1990s by Horsdal and Schubart (now TouchWood Editions).

Two other women, Ballard Hadman and Barrett Willoughby, wrote of the Inside Passage and further north to Alaska; their books are as salt-stung and wind-weathered as anyone could hope for. And of course there's our own Edith Iglauer... It would be fun to create a virtual bookshelf of these titles so please let me know if there are others you'd like to add!



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#### ORGANIZATIONS DIRECTORY

	ORGANIZATIONS DIREC	IORY
• /	Aquatic Centre Society	883-2612
• [	Blues Society	883-2642
• [	Bridge Club	883-2633
• (	Chamber of Commerce, P. H. & Egmont	883-2531
• (	Christ the Redeemer Church	883-1371
• (	Coast Guard Auxiliary, Unit 61	883-2572
• (	Community Choir	883-2283
• (	Community Club, Egmont	883-9206
	Community Club, Pender Harbour	
• (	Community Policing	883-2026
	Community School Society	
• [	Egmont Volunteer Fire Department	883-0012
• (	GRIPS (Recycling Society)	883-1165
	Garden Bay Sailing Club	
	Gardening Club	
	P. H. Golf Club	
	Guides, Brownies, etc	
•	Harbour Artists	883-2807
	Harbourside Friendships (seniors, Thur. 10:30 -1 p.m.)	
	Health Centre Society	
	Health Centre Auxiliary	
•	Hepatitis C Connection	883-0010
	nStitches (1st Monday, 11 a.m., PH Health Centre)	
	ris Griffith Centre	
	Ladies Auxiliary to Legion Branch 112 (2nd Thurs. @ 1:30)	
• [	Lions Club, Egmont	883-9463
	Lions Club, Pender Harbour (1st & 3rd Wed)	
	P. H. Music Society	
	P. H. Paddling Society	
•	Pender Harbour Choir (7:30 pm Tues)	883-2307
•	Piecemakers (quilters, 1st & 3rd Wed. 9:30 a.m.)	002 0444
•	Power & Sail Squad (2nd Wed. Legion)	005 5001
	Red Balloon Parent & Tot drop-in	
. [	Reading Centre Society	000-2700
. [	Rotary Club (noon Fri. Garden Bay Pub)Royal Cdn Legion 112	002 1000
• (	Skookumchuck Heritage Society (Egmont Heritage Centre)	003-003
		883-9927
	St. Mary's Hospital Auxiliary (2nd Wed. @ 1 p.m. Sept-June)	
	Seniors' Housing Society (3rd Thur.)	
	Serendipity Preschool	
	Suncoast Players	
. (	Sunshine Coast Community Based Victim Services	885-0322
• 1	Volunteer Fire Dept (Wed. evening)	883-9270
٠ ١	Wildlife Society (3rd Tues. PHSS)	883-9853
	Nomen's Cancer Support	
	Nomen's Connection (2nd & 4th Tue.)	
	Women's Outreach Services	
1		

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#### ~ ORGANIZATIONS ~

#### MADEIRA MARKET

The Madeira Market at the Pender Harbour Community Hall is one part flea market, one part craft fair and one part bake sale. You never know what you'll find but you'll always be in company of friends. This month the Madeira Market is on Saturday, Sept. 13 from 10 a.m. to 2 p.m. For table rental, please phone Freda at (604) 883 1313.

#### WOMEN'S CONNECTION

The Women's Connection is starting another year with our Annual "Get Together and Finger Food Pot Luck" on Tues., Sept. 23 starting at 11:30 a.m. As always, it's held at the P. H. School of Music in Madeira Park. Our gatherings are on the 2nd and 4th Tuesday of each month. Members, new members, and drop-ins are always welcome to join us, with a \$2 drop-in fee to cover the cost of coffee and facility.

#### P. H. & DISTRICT WILDLIFE SOCIETY

The Pender Harbour & District Wildlife Society will hold its first meeting of the fall on Tuesday, Sept.16, at 7:30 p.m. at the Pender Harbour High School. Everyone is welcome. There is no charge and refreshments will be served. Speaker TBA.

#### PENDER HARBOUR LEGION

Where can you take your kids for dinner on Friday nights in our community? The Legion Hall for Friday Night Fish and Chips, of course! There is plenty of room and the sounds of kids munching on homemade fries, laughing and having fun is music to the ears.

The branch needs plenty of volunteer help to make the Legion viable again. Please come in and offer a couple of hours of your time. We have a great facility and we must not lose it. Watch for new opening hours and special events. Absolutely everyone is welcome.

LOCATED AT MADEIRA PARK COMMUNITY SCHOOL:

Sunshine Coast Employment Centre is now offering NO COST EMPLOYMENT SERVICES/SUPPORT/INFORMATION

Thursdays from 11:30 - 3:30 (October 9 to December 11, 2008)

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The Government of Canada has contributed money to this initiative

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#### Two holes-in-one in July



By Jan Watson

Congratulations to Bob Alexander who shot his second hole-in-one on July 17 at the Sunshine Coast

Golf Club during the interclub match.

It was on the 17th hole, an exciting moment in a less than stellar game — we won't tell you his total score!

Bob was a good sport and stood the drinks for all the participants.

Congratulations to George Grout who also shot his second holein-one on July 27 on the 6th hole at Pender.

Using his driver, George was his "usual up the middle, one bounce and rolled up and in the hole."

George was also lucky and won the pot, a sizable sum as it was two years since the last one.

#### **MEN'S CLUB**

July 22 was a Designated Driver scramble, the winning team with an amazing score of 60 were Norm Bullock, Bill West, Lorne Campbell & John Forward.

July 29 was rained out.

#### **LADIES CLUB**

August 7 saw the first round of the Ladies Championship, a 54-hole event.

Special congratulations go to Connie MaGill who had an eagle. She hit her third shot approximately 150 yards into the par 5 second hole — almost as exciting as a hole-in-one.

The 7th was also a low-putt contest and the winner with 29 was Barb Nuttall.

On August 8 a fun night of golf followed by a delicious dinner was had for all who attended Ladies Steak Night Scramble. Winners were Heath-

> er Cranston, Dee Glen, Shelley Stunell & Pat Hallborg with 33.

#### **MONDAY TWILIGHT MIXED SCRAMBLES**

As always these are popular and we are always pleased to see many visitors and guests join us for these fun evenings.

On July 28, the winners (with an incredible 30) were Blake Priebe, Rosemary, Maureen Picketts & Leani Farquhar.

August 4 saw 10 teams with winners Bob Brooks, Pat Hallborg, Vic and Jock Allan with 33.



FROM THE 19TH HOLE...

There are two

Lee Trevino

things you can do

with your head down

- play golf and pray.

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#### A botanical garden for the Sunshine Coast



by Lori Pickering (President, Sunshine Coast Botanical Garden Society)

It has been a longstanding dream of a group

of Sunshine Coast residents to build a botanical garden on the Sunshine Coast. Recently, that dream has taken giant steps towards becoming a reality.

#### WHAT IS A BOTANICAL GARDEN?

It's a place for plant study, plant education, and plant conservation. It is

a living learning lab, as well as a place for the public to see rare and unusual plants.

Plants are labelled to provide easy identification and there are often interpretive signs that might describe an interesting story about the plant, historical uses, or unique features.

In the way a museum or a local library becomes a part of the community, a botanical garden fulfills its role of showcasing and cataloguing the plant world.

#### THE SOCIETY

Formed in 2002, the Sunshine Coast Botanical Garden Society is a

registered non-profit society which enables it to issue tax receipts for donations. Today membership is close to 500 and growing rapidly.

Every year we hold many events: to date we have held 18 workshops, five major festivals, 11 lectures, eight home and garden tours, and five plant sales. We have planted two demonstration gardens: one around the Seaside Centre in Sechelt and a native plant garden on Shorncliffe Street, across from the courthouse.

After an exhaustive search for land the society has found the perfect site, 40 acres on Mason Road in West Sechelt.

#### THE SITE

What makes it so perfect? Firstly, it's centrally located on the Sunshine Coast and on an existing bus route.

Beacause it was once a tree farm (Murray's Nursery), many ornamental trees remain. Now mature and majestic, there are pines, hornbeams, maples, liriodendron, sequoia and aspen, just to name a few.

Several large irrigation ponds have naturalized and now provide a wetland habitat for ducks, frogs and other aquatic life. Wakefield Creek runs along the western boundary in a deep ravine shaded with mature Big Leaf maples, ferns and other native







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#### ORGANIZATIONS

plants. It is home to birds like the barred owl, cedar waxwings, mallards and hummingbirds.

In essence, all the bones for a great garden are already there with room for growth over the coming decades.

#### THE GARDEN

The vision and design for the garden is still evolving but it will be environmentally responsible and we are seeking input from individuals and groups. We will create programs and work with local schools and groups to offer courses in sustainable food production, organic gardening, plant conservation, propagation, and waterwise gardening.

Suggested themes include a children's garden, a food garden, native plant garden, conservation garden, permaculture garden, ethnobotanical garden, and medicinal herb garden.

The society has a signed twoyear option to purchase the property expiring on July 1, 2010. We are launching a major fundraising campaign to raise \$1.5 million to purchase the land and build the first phase of the garden. The completion of the garden will be accomplished in phases over a decade or more as revenues allow.

In deciding to locate the garden in Sechelt we made a conscious decision to make it inclusive to the entire



photo submitted

The site of the future Sunshine Coast Botanical Garden was a very serendipitous find. It's centrally located with 40 acres of flat, fertile soil supporting a variety of mature trees including pines, hornbeams, maples, liriodendron, sequoia and aspen.

Sunshine Coast and I have made a personal commitment to reach out to Pender Harbour.

#### **HOW CAN YOU HELP?**

Let us know what you would like the garden to look like. Come for a tour of the site. Become a member — it costs only \$15 per person or \$20 for an entire family. Please get involved — talk to others in the community about it, donate, fundraise or take part in the garden's fund-raising events.

The botanical garden will pro-

vide a focus for horticultural learning on the Coast and become a cherished community resource that will hopefully continue to grow and evolve for generations.

Tours of the site are being offered this summer every Saturday at 2 p.m. Call (604) 886-8855 for information. If you have any ideas, please contact us through our website — we would love to hear your thoughts: www.coastbotanicalgarden.org





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## PENDER HARBOUR GOLF CLUB MEMBERSHIP SPECIAL:

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#### COMMUNITY EVENTS

#### Fall Faire set to go but needs some help

By Carol Krych

The Pender Harbour Fall Faire Society is a registered non-profit group that has hosted a multi-faceted Faire in Madeira Park for the past seven years.

We are dedicated to keeping this event in our community in the future but without more volunteer involvement it is in jeopardy.

This event takes place the first Saturday of October to increase traffic for our businesses in the shoulder season.

We transform the village into a fun filled place with a bouncy castle, boat-building, face-painting and cookie-decorating for the young set.

Local businesses sponsor our hayride that takes everyone from the harvest exhibit where you enter your baking, preserves, fruit and veggies, or floral items to the Pender Harbour Community Hall to get something special from our local artisans at the craft sale.

Carve a pumpkin at the Copper Sky Gallery & Cafe and then hop back on the hayride to the School of Music for the quilt show or to Pam's Plants for some gardening pointers.

Back at the Legion parking lot, milk Hilda the Harbour Heifer and check out all the non-profit groups set up to sell cookies, pies, and bulbs.

This well attended event is put on by a handful of volunteers who believe it's a valuable event and should continue. These same people are out selling raffle tickets all summer to finance the day.

If you could contribute some of your time it would be greatly appreciated. Contact Carol at 883-9844 or Sue at 883-9931.

#### Good Oral Hygiene is Key to a Healthy Body

One of the most important things you can do for your total health is to take care of your teeth and gums.

There is a growing body of current research that supports a link between oral diseases and diabetes, heart disease, stroke, lung diseases and pre-term, low birth weight babies.

In addition, peridontal (gum) disease is an infectious disease that may be transmitted from one person to another.

Women who are considering pregnancy or who are pregnant should see their dental hygienist as an important part of prenatal care.

Start by using a good brushing and flossing technique.

The basics: hold the toothbrush bristles at a 45-degree to the gums and "wiggle" the brush softly to work the bristles around the gums and then draw the bristles over each couple of teeth.

Repeat five to eight times

per area covering two to three teeth.

Look into the mirror to make sure that you don't miss any areas.

Using dental floss after brushing is a very necessary part of oral hygiene.

Flossing not only removes food particles and plaque between the teeth but also introduces oxygen into the area.

Oxygen deactivates the disease-causing plaque and prevents them from invading the tissue.

To learn more about how your oral health contributes to your total well-being, make an appointment for cleaning and review of your dental health.

Call 604-883-2997 for an appointment with Linda Williams, a registered Dental Hygienist, at the newly expanded dental office of Dr. Robert Hynd located in the Pender Harbour & District HealthCentre.

Madeira Park Dental Office (604)883-2997

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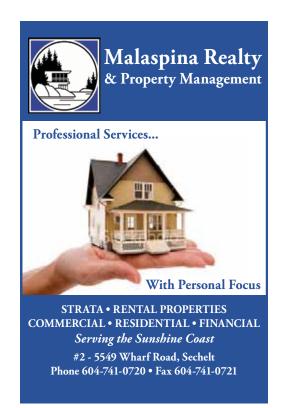
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- Child care: In your home days, evenings, overnights and weekends. Flexible and reliable: extensive experience. Meal prep or light house-keeping included. Pender Harbour and Egmont area preferred. (604) 883-1395





September 2008 Page

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

#### SEPTEMBER EVENTS

Mon. Sept. 1			
Thurs. Sept. 4Sechelt Toastmasters Chapter, Information Evening - P. H. Legion, 7 p.m 8:30 p.m.			
Fri. Sept. 5Dalannah Gail Bowen - Garden Bay Pub, 2 nights			
Sun. Sept. 7Sunday Jam with Larrie Cook - Garden Bay Pub, 2 p.m.			
Tues. Sept. 9PHCC "Raise the Roof" Community/General Meeting (after) - P. H. Community Hall - 6 p.m.			
Sat. Sept. 13Madeira Market - P. H. Community Hall, 10 a.m.			
Sun. Sept. 14IGA Caselot Sale - IGA Madeira Park, 6 days			
Sun. Sept. 14Sunday Jam with Joe Stanton - Garden Bay Pub, 2 p.m.			
Mon. Sept. 15SCRD Area A Satellitte Office opens - 12828 Lagoon Road, 8:30 a.m 4 p.m.			
Tues. Sept. 16P. H. & District Health Centre Society meeting - PHSS, 7:30 p.m.			
Thurs. Sept. 18P. H. Food Bank pick-up - P. H. Community Church, noon			
Fri. Sept. 1912th Pender Harbour Jazz Festival - Various locations, 3 days			
Sat. Sept. 20St. Andrew's Anglican Church Soup & Song - St. Andrew's Anglican Church, 5 p.m.			
Sun. Sept. 21P. H. & District Health Centre Society AGM - P. H. Health Centre, 1:30 p.m.			
Iues. Sept. 23Pender Harbour Women's Connection "Potluck Get together" - P. H. School of Music, 11:30 a.m.			
Wed. Sept. 24Nicholas Simons Pender Harbour Outreach Day - P. H. Community School, 9:30 a.m.			
Thurs. Sept. 25Splashin' Sneakers and Snacks - Pender Harbour Aquatic Centre, 12 p.m.			
Sat. Sept. 27West Coast Oasis Landscaping Open House - 4700 Francis Peninsula Rd., 11 a.m.			

### ANDREW CURTISS CONTRACTING

Sun. Sept. 28.....Rose-Ellen Nichols Solo Recital - Raven's Cry Theatre

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#### FERRY DEPARTURES

Effective September 2 - June 29, 2009

Crossing time: Langdale 40 min/Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

Langdale	Horseshoe Bay
∙6:20 a.m.	∙7:20 a.m.
8:20 a.m.	9:20 a.m.
10:20 a.m.	10:00 a.m. (Apr. 10 & May 18)
11:00 a.m. (Apr. 10 & May 18)	11:20 a.m.
12:20 p.m.	1:20 p.m.
2:30 p.m.	2:00 p.m. (May 14 / 15 only)
3:00 p.m. (May 14 / 15 only)	3:30 p.m.
4:30 p.m.	4:00 p.m. (April 9 only)
5:00 p.m. (April 9 only)	5:30 p.m.
6:30 p.m.	7:25 p.m.
8:20 p.m.	9:15 p.m.
10:10 p.m. (Oct. 13 / May 18	11:00 p.m. (Oct. 13 / May 18
only)	only)

◆ Daily except Dec. 25 & Jan. 1

Earl's Cove Saltery Bay \*6:30 a.m. \*5:35 a.m. 8:25 a.m. 7:25 a.m. 9:25 a.m. 10:25 a.m. 12:30 p.m. 11:25 a.m. 3:20 p.m. 5:25 p.m. 6:25 p.m. 8:20 p.m. 7:20 p.m. 9:15 p.m. 10:10 p.m.

Note: schedule differs slightly for Oct. 10 & 13, Dec. 24 & 26, Jan. 1 and May 18 -- see website.

\* Daily except Sundays & Dec. 25

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