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HARBOUR SPIEL

February 2022
Issue 374



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EDITOR
Brian Lee

CIRCULATION (2,000-2,500)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the *Harbour Spiel* (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Andrew Barker, Darlene Fowlie, Rick Higgins, Leonard Lee, Robert Livingston, Al Lloyd, Shane McCune, Steve Morris, Evi Ojanen, Joanne Sankew, Angela Stearns and Steve Willgoose.

COVER

This photo was taken by Holly Enns of her nephew Ethan Enns at Francis Point Marine Park over the holidays. Enns turns three on Feb. 21. Happy Birthday Ethan! (Holly Enns photo)

ADVERTISING

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March issue mails Feb. 25.

(Advertising bookings before Feb. 15)

editorial

Valentine's Day tips and tricks



Brian Lee

If you run any kind of publication, law dictates you hail February as Valentine's Day month.

Hearts must adorn all content as if the entire 28 days is one big swoon.

Valentine's Day rules simply because there's little else to compete with it in this, the dullest month of the year.

But while media cover the day like a Trump tweet, research suggests that 46 per cent of us have negative feelings towards it.

It wasn't always that way.

As a kid, Valentine's Day presented hope.

You saved that special card for your secret amour or prowled the school dance floor for an opportunity to slow dance with your crush.

After high school, Valentine's Day gifted singles with the only night they could be confident everyone else at the bar was single too.

Of course, the day is most cherished by young lovers who celebrate it like a sexy Christmas.

For many, the day is magical.

But, as life wears on, it can become less so.

This is especially true for singles of a certain age; Valentine's is a day to be avoided — and spent snuggled up with the crushing loneliness.

For older couples, it's often tossed in the corner with other chore observances like Lent or Ramadan.

Instead of fasting, the average non-married couple spends \$148 on their Valentines.

Married couples spend about \$134.

I'm the most romantic guy I know and back when I first hooked up with my partner, I went all out.

It was a big mistake.
How do you top an over-the-top Valentine's surprise each year?
You can't.

So, each year my offering dwindled until it became awkward and embarrassing.

I had to find a way out.

After trial and error, I found a simple recipe to snuff your Valentine's responsibilities while gaining the respect of your spouse at the same time.

If stuck in a similar bind, take a noble stand by refusing to be the puppet of such a commercially manipulative and carbon intensive racket.

It's a moral, ethical and convenient excuse to dismiss Feb. 14 altogether and easier than faking COVID or taking the late shift.

But don't give up on yourself just yet.

We have few opportunities to shower affection on those we love and everyone appreciates a little romantic effort, especially during these dark times.

So, if you still aspire to be her Fabio, a proven path to the bedroom is to shower it with rose petals.

Throw them on everything.

It will be seen as exquisitely romantic and you can buy 1,000 silk fakes for under \$10 on Amazon.

Or, if she's a keeper, purchase 15 long stem roses and sacrifice a few for the petal show.

Note: This technique only works once and you can't top it — so don't waste it.

Chocolates? Yes.

It's a Valentine's cliché for sure but one that delivers excellent value since you will eat them anyways.

For women, it's easy — you already know what he wants.

Hockey tickets.



IF YOU ARE EXPERIENCING POSSIBLE COVID-19 SYMPTOMS

The Sunshine Coast COVID physician task force and Vancouver Coastal Health operate a “respiratory assessment” clinic that runs seven days a week from 8:30 a.m. to 4:30 p.m. The Respiratory Assessment Clinic is able to assess and test anyone on the Sunshine Coast who develops possible COVID-19 symptoms.

Fever, cough and difficulty breathing remain the most common symptoms, but COVID-19 infection can also include a new runny nose, a sore throat, muscle aches, chills, headaches, fatigue, nausea, vomiting and/or diarrhea. If you develop any of the above symptoms, please call your family doctor or contact the Respiratory Assessment Clinic directly for further assessment and testing (if indicated). Anyone who is seen at the clinic will also receive a follow-up phone call or appointment within 24 to 48 hours.

The RAC operates on an appointment basis only and will not see walk-in patients. This clinic is only for people living on the Sunshine Coast. Call or text (604) 740-1252 or email coastrespclinic@gmail.com.

Please remember that you should self-isolate and get tested even if you have been fully vaccinated. Due to the large number of people that are currently being tested, it may take a couple of days before you can be tested.

IF YOU REQUIRE HOSPITALIZATION

If you need to go to the hospital, and are able to travel safely to the hospital, call (604) 885-2224 to let the emergency room staff know you are coming and to receive instructions.

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Call 9-1-1.

THANK YOU

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thanks the following for their
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FEBRUARY 9:

John Teleske

FEBRUARY 16

Serendipity Child Care Society

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photojournal



Rick Higgins

The high tide on the morning of Jan. 7 flooded Pool Road in downtown Garden Bay and gave drivers pause to consider the effects of saltwater on their brakes.

SCRD presents the state of the 2022 budget after round 1

Higher assessments will combine with lower tax rates but, overall, 2022 property taxes should rise “slightly,” said Tina Perrault, Sunshine Coast Regional District chief financial officer, during an online presentation of the SCRD’s 2022 budget on Jan. 13.

The budget is still a work in progress after the first round of deliberations but Perrault provided a peak at how it will look when formally adopted later this month.

To get to this point, the SCRD board was presented the results of a community survey at a pre-budget deliberation held Nov. 1.

The board then attended round 1 budget information sessions on Dec. 13 and 14.

Perrault said the purpose of the Jan. 13 information session was to update the community on the outcomes of these last three meetings.

SCRD held round 2 of budget deliberations on Jan. 24.

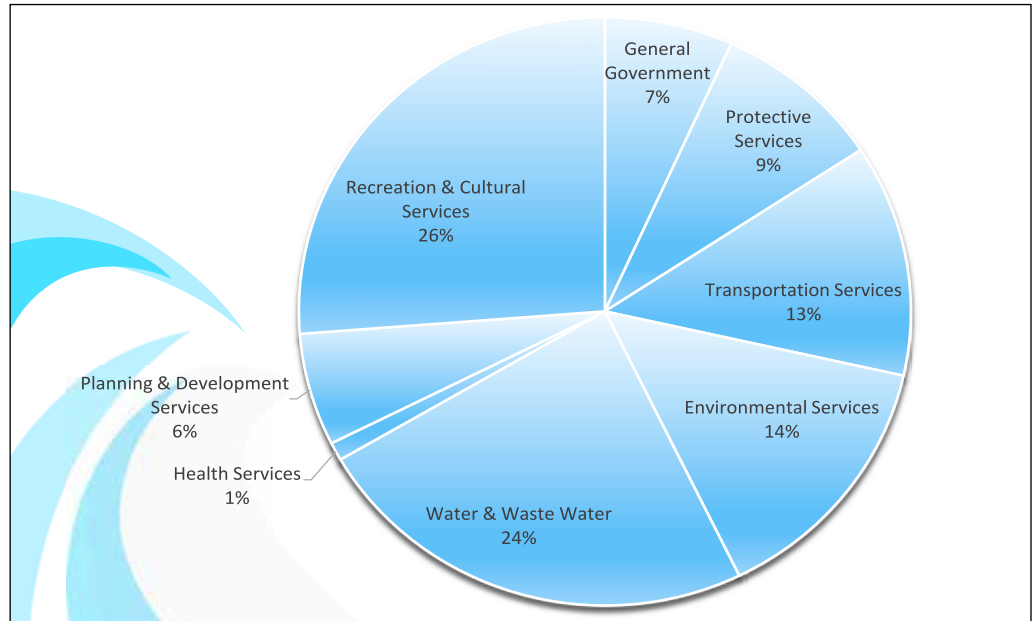
WHAT’S AFFECTING THIS YEAR’S BUDGET?

“At the start of round one, we were projecting that we had approximately 147 projects that were carried forward from prior years into the 2022 budget,” said Perrault.

“And we have about 90 proposed new projects and in those projects also include any associated staffing resources,” said Perrault.

In addition to the list of proposed projects, Perrault said the SCRD is required to undertake a number of mandatory items to bring SCRD infrastructure into regulatory compliance such as Ministry of Environment regulations regarding the Sechelt landfill or safety requirements for staff.

In addition to those budget items, Perrault said the SCRD will add 16



SCRD

A chart breaking down the SCRD’s \$52 million operating budget (after round 1).

additional full-time positions in 2022 “to ensure service delivery is maintained” in addition to ongoing maintenance and equipment upgrades.

Some of the larger projects impacting Area A taxation will be post-closure funding for the Sechelt landfill (\$100,000), North and South Pender Harbour water main replacement (\$1.45 million), dam upgrades at McNeill Lake and Chapman Lake (\$2 million) and recreation facility upgrades.

UTILITY RATES

Perrault said that the SCRD utility rates were approved in December.

For the regional water system, rates are going up by \$58.55.

North Pender Harbour water users (Garden Bay) will go up \$86.24 and South Pender water users (McNeill Lake) will go up \$61.38.

OPERATING BUDGET

The operating budget refers to the plan for day-to-day operations of the SCRD including salaries, legal and insurance costs, and winter control.

These expenses are required annually to run the regional district.

The SCRD’s total operating budget for 2022 after round one sits at just over \$52 million.

“We have seen a significant increase in our operational and capital budgets for the Sunshine Coast Regional District,” said Perrault.

“I would say that over the last 10 years, it has near doubled.”

Recreation and cultural services (including funding to libraries, museums and Dakota Ridge ski area) account for 26 per cent of the operating budget followed closely by water and waste water services at 24 per cent.

CAPITAL BUDGET

The SCRD’s capital budget is the annual plan for the purchase and financing of the SCRD’s capital assets.

Capital assets are projects and expenses where the benefits can be seen over the course of many years, such as roads, bridges, land, buildings, machinery and equipment.

(continued p. 7)

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SCRD 2022 budget (cont.)

(continued from p. 5)

For 2022, the SCRD's capital budget (after round 1) sits at \$41.9 million.

"It's important to understand that these are not new investments, these are carried forward," said Perrault.

"So, some of those 147 projects like Church Road, completion of the water metering program and several of our facility upgrades.

"For instance, in our community recreation facilities where we invest over \$750,000 on average (annually)."

The majority of the capital budget, 64 per cent, is taken up by water and wastewater costs.

Perrault pointed to ongoing demand for improvements to water supply, especially on the south Coast.

SUNSHINE COAST ASSESSMENTS AND TAXATION

Perrault pointed to a dramatic increase in the recently released property assessments for 2022 — a 34.27 per cent increase throughout the Sunshine Coast over 2021.

"Some properties up in Area A saw over a 46 per cent increase in valuations," said Perrault.

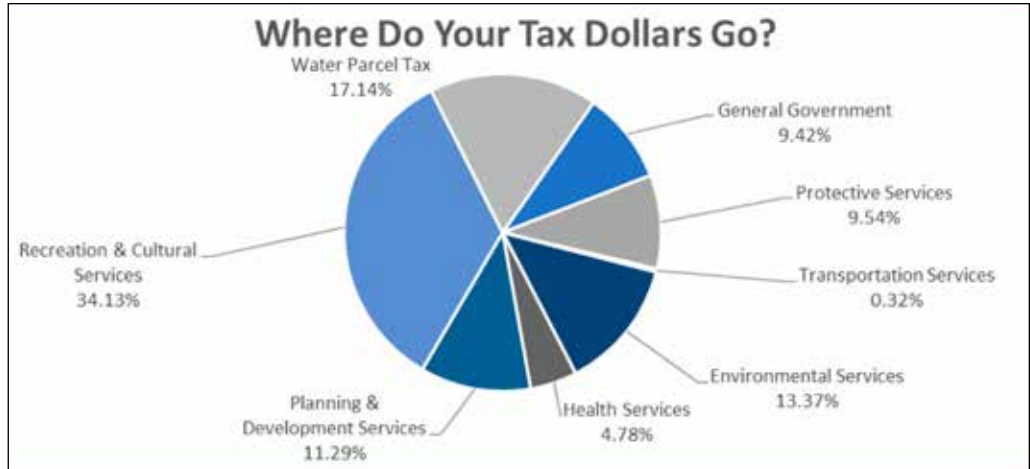
Last year in Area A, the SCRD tax rate was \$257.98 per \$100,000 in assessment.

For 2022, that rate went down to \$203.79 per \$100,000 of assessed home value.

As Perrault pointed out, even though the tax rate is lower than 2021, the amount people pay will be slightly higher due to the rise in assessments.

"It looks deceiving, like your taxes are going to decrease because that rate has decreased, but if your assessment has gone up, the rate naturally goes down, said Perrault.

"In essence, you end up paying a



SCRD

A breakdown of where taxation is directed within Area A.

little more in taxation anyway because of the natural increase in assessment."

On average, for a home assessed at \$750,000, the property tax bill will be \$1,528.

The Area B (Halfmoon Bay) 2022 preliminary tax rate is \$243 per \$100,000 of assessed value.

WHERE DO TAXES GO IN AREA A?

"Area A is a very diverse area with little communities within there and it depends on which services you participate in," said Perrault.

"So, it does vary quite significantly depending on which community you live in," said Perrault.

For instance, Perrault pointed to the SCRD-managed Egmont and District Volunteer Fire Department as a specific tax responsibility for

Egmonsters versus the Pender Harbour Fire Protection District which is an improvement district outside of the SCRD taxation budget that funds the P. H. Volunteer Fire Department.

In Area A, like the broader SCRD, the largest piece of the tax pie will fund recreation and cultural services at just over 34 per cent.

Local examples that fall under this funding category are the Pender Harbour Reading Room, Sechelt Library and Egmont Heritage Centre.

Area A's second largest taxation draw is environmental services which involves solid waste services like the Pender Harbour Transfer Station.

NEXT STEPS

The adoption of the financial plan bylaw is scheduled for Feb. 24 at the SCRD board meeting.

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Steve Morris



Brian Lee

The Pender Harbour Volunteer Fire Department responded to an overnight fire on Jan. 19 that destroyed this Johnstone Rd. home. No injuries were reported.

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Brian Lee

Garden Bay's morning commuter traffic faced a challenging week or so around the New Year with plenty of snow, deep freezing, thawing, freezing rain and chronically underfunded highway maintenance. Here, two of the brave pass by the Garden Bay Lake T-dock on Dec. 30 which, ironically, was one of the better mornings for gaining traction thanks to the uncharacteristically cold, dry snow. For more snow photos, see p. 18.

rcmp news

COLLISION

On Dec. 17, police attended a two-vehicle incident on Highway 101 at Iska Road, Madeira Park, after the first northbound vehicle attempted to make a left turn onto Iska Road and collided with the second northbound vehicle which was attempting to make a pass on a broken yellow line.

Both vehicles sustained significant damage but neither driver sustained any life-threatening injuries.

The vehicles were towed and the matter has been referred to ICBC.

COLLISION

On Dec. 30, a passerby reported that a vehicle had rolled down the embankment in the 11600 block of

Sunshine Coast Hwy., Madeira Park.

Emergency health services and the P. H. Volunteer Fire Department were able to assist the occupants who were already safely out of the vehicle.

Driver and passenger were transported to hospital for minor injuries.

It is believed weather and treacherous road conditions were a factor.



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Are your taxes going up by 35 per cent?



Leonard Lee
Area A director, SCRD

ARE YOUR TAXES GOING UP 35%?

Our residential property assessments for 2022 increased about 35 per cent, reflecting an exodus of people from urban areas, which increased selling prices and demand due to limited availability.

But commercial property and business assessments bucked this trend, likely because of COVID-19's impact on their businesses.

The SCRD projects an approximate seven-per-cent budget increase, with Area A's share expected to increase by 10 to 11 per cent (other areas will increase by four to 11 per cent).

Assessments do not determine property tax; it's calculated with the money required to support each service, then shared according to assessed value amongst all properties receiving the services.

Assessed values and mill rates determine only your share of the tax money requisitioned, and that figure will remain unknown until you receive your 2022 tax notice.

SCRD taxes will not automatically be 11 per cent higher in Area A because the budget is 11 per cent higher, nor will they automatically be lower because we have 1.4 per cent more property owners contributing.

We likely face a modest increase — but definitely not 37 per cent caused by increased assessments.

The 2022 budget will be adopted on Feb. 24.

PENDER HARBOUR LANDFILL PROJECT

Based on the 2021 "Pender Harbour Transfer Station site assessment results and next steps" report, which identified repairs necessary for continued, safe operation of the transfer station and Share Shed, the SCRD will undertake the project in two phases for completion by 2023.

We chose to repair and continue operating the Share Shed for \$96,000 rather than demolish it for \$70,000.

PHASE 1: SAFETY FIRST

- Replace the Share Shed roof, fascia, and eaves, repair an excessively moist and rotting inside area, and install a new rain barrel in a better location;
- Replace and relocate the propane storage bin, which shows severe



Pender Harbour Transfer Station

Winter Operating Hours

October 1 to April 30:

Monday 9:00 a.m. to 5:00 p.m.

Tuesday CLOSED

Wednesday to Saturday

9:00 a.m. to 5:00 p.m.

Sunday CLOSED

Loads not accepted after 4:50 p.m.

www.scrd.ca/transfer-station

Area A Director:

Leonard Lee

leonard.lee@scrd.ca

604-212-0406



UPCOMING MEETINGS

Infrastructure Services Committee

February 3 at 9:30 a.m.

Planning and Development Committee

February 17 at 9:30 a.m.

Community Services Committee

February 17 at 2:00 p.m.

Corporate and Administrative Services Committee

February 24 at 9:30 a.m.

Regular Board

February 24 at 2:00 p.m.

Limited in-person attendance at Regular Board meetings is available by registration and subject to requirements set out by Provincial Health Orders. Please register to reserve a seat for in-person attendance by contacting Legislative Services at 604-885-6813.

You can also attend the meetings electronically. Please visit www.scrd.ca/agendas for further details on meeting attendance.



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Pender Harbour Satellite Office
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604-885-6877 infrastructure@scrd.ca

rot and decay and to which the public has direct access;

- Relocate, delineate and limit public access to the wood and green-waste drop off areas, which are dangerously close to the steep slopes surrounding the property, an escalating risk of someone driving over the edge or causing a slope failure, and
- Conduct an engineering design for phase 2.

PHASE 2: REDESIGN AND REBUILD

- Construct a new, relocated, commercial tipping-pad (the existing one is heavily damaged);
- Construct a new scale house and foundation (the existing floor is cracked and uneven, storage is lacking, and excess moisture and rodent urine/feces odours are present);
- Upgrade the 40-yard and 20-yard bin drop-off areas with appropriate fill, geogrid, drainage, and grading (soil erosion and surface-water collection occurs at the north end);
- Replace the damaged shipping container used for storage;
- Rebuild the unsound concrete Lock-Block wall (blocks damaged, tipped out, tipped in, heaved upwards, and sunk);
- Rebuild the cracked, decaying concrete bin pads;
- Rebuild the uneven cardboard-bin area (separating wall is leaning);
- Conduct general site grading and drainage improvements, and
- Repair damaged areas of the perimeter electric fence.

Phase 2 will be included in 2023 budget discussions.

EMERGENCY PREPAREDNESS IS A PRIORITY

Over the last few years we've

experienced the impacts of climate change, including increasingly severe seasonal drought, wildfires, rising sea levels and extreme weather events.

We brace ourselves for the next big event, very likely to occur again this year.

The SCRCD is committed to informing, preparing, and protecting residents, and protecting and adapting our infrastructure, but we also must be ready and able to restore our infrastructure when mitigation efforts fail.

This year, climate change-driven projects will cost \$1.76 million (\$360,000 plus \$1.4 million carried over from 2021).

The \$360,000 will be spent on food-waste recycling, moving towards electric vehicles, creating decarbonizing designs for three recreation facilities and a community energy and emissions inventory.

The \$1.4 million is being spent on emergency preparedness including:

- Completing a mass communications system with at least 3,000 people registered (register at www.scrd.ca/alert-system);
- Upgrading emergency communications equipment including 911 emergency-telephone radio towers;
- Establishing an evacuation plan for Egmont;
- Installing new or replacement emergency backup (generators) for the North Pender Harbour pump station, Pender Harbour Transfer Station, and Gibsons and District firehalls;
- Training selected staff in first aid, danger-tree assessment, and power-saw safety;
- Completing FireSmart assessments of forest-interface homes, as specified in a FireSmart economic recovery fund grant;
- Establishing a "demonstration

forest" as an example of a fire-smart, fuel-managed area;

- Supplying Gibsons and Robert's Creek Fire Departments with personal protective equipment and wildland clothing, and
- Establishing a full-time emergency management and planning co-ordinator.

In future columns, I'll describe current projects to address water shortages, fire-hydrant expansion and a longer-term plan to increase water sources in anticipation of increased drought frequency and duration

CONTACT ME

The Lee Side helps me effectively represent you by informing you of local issues and inviting you to contact me.

E-mail leonard.lee@scrd.ca or call/text (604) 212-0406.



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Robert John David Lemarquand

FEBRUARY 20, 1965 — NOVEMBER 26, 2021



Robert John David Lemarquand (Bob or Rob to some) died Nov. 26 on the Sunshine Coast.

He was born Feb. 20, 1965 in Victoria, BC.

For years he battled physical pain due to a back injury and his family is comforted knowing he has found

peace.

Lemarquand is survived by his daughter, Destiny, brother Keith (Sara), sister-in-law Vanessa, cousins, nieces and nephews.

He was predeceased by his grandparents, his parents Gail and Keith, sister Debbie and brother Guy.

Lemarquand was a kind and gentle soul; a unique man with a good heart and a curiosity for this world seldom seen or explored by others.

Beauty is in the eye of the beholder, and he had the ability to see it where others could not.

He was compassionate towards all things living and everyone who met him had a kind word to say — he was a loving father, a great brother, and a true friend.

He leaves a huge hole in the

hearts of family and friends who will miss his entertaining stories, musical knowledge and quirky sense of humour.

Lemarquand was also a talented guitar player, able to listen to a song and figure out how to play it by ear.

Although his family thought he lived a very quiet life, it seems he lived among quite a beautiful, little close-knit community and was known by many.

If you would like to do something in his memory, his family encourages you to build a little library box for your neighbourhood, learn to play an instrument, plant something, adopt a pet, be open-minded or just look for the beauty in the simplicity of this world.

There will be a family celebration of his life at a later date.



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Edeltrud 'Trudy' Lajlar

AUGUST 8, 1938 — JANUARY 12, 2022



Trudy Lajlar died peacefully in her sleep at home in Madeira Park on Jan. 12, 2022.

Lajlar was born in Maierle, Yugoslavia and came to Canada with her family in 1953.

They settled in Vancouver where she met and married her husband Bert in 1960.

They raised two daughters, Sylvia and Rita, and adored four grandchildren, Lauren, Rachel, Reanne and Ryan.

When her husband died in 1998, Lajlar moved to the summer home they had built in Madeira Park.

She joined the Pender Harbour Garden Club where she was a member for many years.

She also loved to volunteer and joined the P. H. and District Health Care Auxiliary where she was a member until it ceased operations last year.

Her many varieties of cookies were much anticipated at the society's annual Christmas bake sale.

Lajlar also volunteered at the Bargain Barn with the Pender Harbour Clinic Auxiliary where she became a regular with the girls in the back room

sorting and pricing donations.

Her perpetual smile and cheerful outlook was much appreciated.

In later years, and with the onset of COVID, she was advised not to mix with crowds but that did not stop her volunteering spirit as she set up shop in her basement where she would cut rags and bag them for the Bargain Barn's rag bag sales.

In the cold months of winter, Trudy loved to travel south to Arizona with her partner Bill Verbruggen in their motor home.

She leaves behind partner of 18 years, Bill, brothers Erwin (Mavis) and Arnie (Pat), daughters Sylvia (Les) and Rita and grandchildren, Lauren, Rachel, Reanne and Ryan.

Her radiant smile and cheery outlook will be sorely missed.

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge in a longstanding effort to recognize and record those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

photojournal



Brian Lee

The trail to Irvines Landing Dec. 30.



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Scott Doyle
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Wendy Arlene Simmonds

AUGUST 10, 1948 — JANUARY 19, 2022



Wendy Simmonds died in her home at the age of 73, on Jan. 19, after a long battle with COPD and later on with Lewy body dementia.

Simmonds was born to Walter and Margaret Simmonds in Richmond, BC on Aug 10, 1948.

She grew up in the fishing community of Steveston, where her father and other friends and family made their living gillnet fishing the Fraser and up the BC Coast.

She attended the University of BC, graduating with a bachelor of arts with majors in Asian studies and

English.

Simmonds travelled to Japan while still a student to teach English to Japanese businessmen.

She returned to complete her bachelor of education at UBC.

Her teaching career began in Richmond, and later moved to Madeira Park where she taught several elementary grades.

After a number of years at MPES, she got a posting at Pender Harbour Secondary School.

Simmonds had a thirst for learning and teaching and it transposed to many of her students who found inspiration in her classes and in her vivacious personality.

She taught art, English, English literature, comparative civilizations, business education, accounting, home economics and computer science.

Simmonds was also hired to teach a district computer technology course in Sechelt from which the students received a certificate normally achieved at the post-secondary level.

Extracurricular student activities she sponsored included students' council, track and field and yearbook.

Simmonds personal leisure activities included travelling, camping, boating and generally exploring the ocean with her family.

She enjoyed reading, playing

golf and softball.

However, painting was the activity that really took hold of her.

The time she spent painting and being involved with the Harbour Artists gave her a great sense of personal achievement.

Simmonds is survived by her husband Bruce Forbes, daughter Rachel Forbes (Rowan Minnion), grandchildren Griffen and Rynn Minnion, and her brother Donald Simmonds.

Her family would like to thank the P. H. Health Centre nurses Jennifer Hunsche and Roslyn Mundy, occupational therapist Tom Grant and Dr. Tim McDowell for making home care possible and pleasant for them.

Her family respectfully requests no flowers or gifts.

If compelled to acknowledge Simmonds, her family encourages donations to an arts group like the Sunshine Coast Arts Council (sunshinecoastartscouncil.com), or to a charity making education accessible to all, like LDS (ldsociety.ca).

An online celebration of life will be held via Zoom on Sunday, Feb. 6 at 4 p.m. Pacific.

Please contact Rachel (rachelsgf@gmail.com, or 604.345.9129) if you would like to attend or find the "Celebration of Life for Wendy Simmonds" event on Facebook.



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Top 20 BC bestsellers of 2021

The 2021 BC annual bestseller list is compiled using sales data from more than 80 independent BC bookstores and is based on sales between Jan. 1, 2021 and Dec. 31, 2021, of titles published in the 2021 calendar year.



1. Whitewater Cooks Together Again

by Shelley Adams
Alicon Holdings
9780981142449 | \$36.95



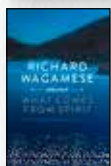
2. A Is for Anemone: A First West Coast Alphabet

by Robert Budd, illustrated by Roy Henry Vickers | Harbour Publishing
9781550179477 | \$14.95



3. Mushrooms of British Columbia

by Andy MacKinnon and Kem Luther
Royal BC Museum
9780772679550 | \$34.95



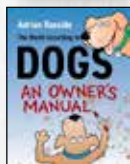
4. Richard Wagamese Selected: What Comes from Spirit

by Richard Wagamese
Douglas & McIntyre
9781771622752 | \$24.95



5. A Lethal Lesson: A Lane Winslow Mystery

by Iona Wishaw
TouchWood Editions
9781771513531 | \$16.95



6. The World According to Dogs: An Owner's Manual

by Adrian Raeside
Harbour Publishing
9781550179699 | \$14.95



7. Here on the Coast: Reflections from the Rainbelt

by Howard White
Harbour Publishing
9781550179248 | \$24.95



8. Destination Hikes: In and Around Southwest British Columbia

by Stephen Hui
Greystone Books
9781771645300 | \$24.95



9. Always Pack A Candle: A Nurse in the Cariboo-Chilcotin

by Marion McKinnon Crook
Heritage House | 9781772033625
\$22.95



10. The Heartbeat of Trees: Embracing Our Ancient Bond with Forests and Nature

by Peter Wohlleben
Greystone Books
9781771646895 | \$32.95



11. Beyond the Orange Shirt Story

by Phyllis Webstad
Medicine Wheel Education
9781989122754 | \$19.99



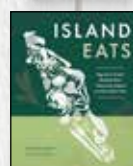
12. Waterfall Hikes in Southern British Columbia

by Steve Tersmette
Rocky Mountain Books
9781771604277 | \$22.00



13. Unravelling Canada: A Knitting Odyssey

by Sylvia Olsen
Douglas & McIntyre
9781771622868 | \$24.95



14. Island Eats: Signature Chefs' Recipes from Vancouver Island and the Salish Sea

by Dawn Postnikoff & Joanne Sasvari
Figure 1 Publishing
9781773271675 | \$38.95



15. We All Play

by Julie Flett
Greystone Books
9781771646079 | \$22.95



16. The Sipster's Pocket Guide to 50 Must-Try BC Wines

by Luke Whittall
TouchWood Editions
9781771513609 | \$20.00



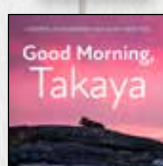
17. Backpacking in SW BC: The Essential Guide to Overnight Hiking Trips

by Taryn Eyton
Greystone Books
9781771646680 | \$24.95



18. Becoming Vancouver: A History

by Daniel Francis
Harbour Publishing
9781550179163 | \$36.95



19. Good Morning Takaya

by Cheryl Alexander & Alex Van Tol
Rocky Mountain Books
9781771604871 | \$12.00



20. The Bushman's Lair: On the Trail of the Fugitive of the Shuswap

by Paul McKendrick
Harbour Publishing
9781550179224 | \$22.95



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- Sunshine Villa B&B.....(604) 883-2992

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- Crowe MacKay LLP.....(604) 697-9271
- Ocean Breeze Accounting.....(604) 885-0366

AUTO REPAIRS & SERVICE

- Pender Harbour Automotive and Tire.....(604) 883-3646
- Pender Harbour Diesel.....(604) 883-2616

B.....

BACKHOE

- Glenn's Backhoe Services.....(604) 883-2840

BUILDING SUPPLIES

- Coast Builders RONA Madeira Park.....(604) 883-9551
- Coast Builders RONA Sechelt.....(604) 885-5818
- Gibsons Building Supplies.....(604) 885-7121



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- Swanson's Ready-Mix Ltd.....(604) 885-9666

D.....

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- Triple B's Burger Stand.....(604) 883-9655

DOCK & RAMP CONSTRUCTION

- Garden Bay Marine Services.....(604) 883-2722

E.....

ELECTRICIANS

- L.A. Electric.....(604) 883-9188
- Reid Electric.....(604) 883-9309

F.....

FINANCIAL INSTITUTIONS

- S.C. Credit Union, Pender Harbour.....(604) 740-2662

G.....

GARBAGE COLLECTION

- Harbour Disposal.....(604) 883-9183

G.....

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- Andrew Curtiss Contracting.....(604) 740-7775
- John Elliott, Elliott Built(250) 863-9020

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- Bathgate General Store, Resort & Marina.....(604) 883-2222
- Oak Tree Market.....(604) 883-2411

H.....

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- SunCoast Waterworks.....(604) 885-6127

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Andrew Barker, Daniel Point



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Joanne Sankew, Gunboat Bay

M.....

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- Glenbrook Homes.....(604) 883-0234

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- Mobile Mechanic Auto and Marine (Dave).....(604) 741-2286

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P.....

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- Tyee Pacific Marine Operations.....(604) 399-8688

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R.....

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- Brynelsen O'Reilly, Royal LePage Sussex.....(604) 741-1837

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- Green Recycling in Pender Society.....(604) 883-1165
- www.penderrecycling.ca

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SEPTIC SERVICES

- AAA Peninsula Septic Tank Pumping Service... (604) 885-7710
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- Squirrel Storage.....(604) 741-7665

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pender harbour tides ~ february 2022

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



February	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Tue 01	3.2	5.7	8.8	11.9	14.4	16.0	16.3	15.7	14.5	13.0	11.8	11.3	11.6	12.4	13.4	14.1	14.2	13.2	11.3	8.7	5.9	3.5	1.9	1.5
Wed 02	2.2	4.2	7.0	10.1	13.0	15.2	16.3	16.2	15.2	13.7	12.1	10.9	10.5	10.9	11.9	13.0	13.8	13.9	13.0	11.0	8.5	6.0	3.8	2.6
Thu 03	2.4	3.5	5.7	8.6	11.6	14.2	15.9	16.4	15.8	14.4	12.7	11.0	9.9	9.7	10.3	11.4	12.6	13.4	13.5	12.6	10.8	8.5	6.3	4.5
Fri 04	3.7	3.9	5.3	7.6	10.3	13.0	15.0	16.1	16.1	15.1	13.5	11.6	10.0	9.0	8.9	9.6	10.8	12.0	12.9	13.0	12.2	10.7	8.8	6.9
Sat 05	5.6	5.1	5.7	7.2	9.5	11.9	14.1	15.5	16.0	15.5	14.1	12.3	10.4	8.9	8.1	8.2	9.0	10.2	11.5	12.3	12.5	12.0	10.8	9.3
Sun 06	7.9	7.0	6.9	7.7	9.2	11.1	13.1	14.7	15.5	15.5	14.6	13.0	11.1	9.3	8.0	7.4	7.6	8.5	9.7	11.0	11.9	12.2	11.9	11.1
Mon 07	10.1	9.2	8.6	8.7	9.5	10.9	12.4	13.9	14.8	15.1	14.7	13.5	11.8	9.9	8.3	7.1	6.7	7.0	7.9	9.1	10.4	11.5	12.1	12.1
Tue 08	11.7	11.1	10.5	10.2	10.4	11.0	12.0	13.1	14.0	14.5	14.5	13.7	12.3	10.6	8.9	7.4	6.4	6.1	6.5	7.3	8.5	9.9	11.1	12.1
Wed 09	12.5	12.5	12.2	11.8	11.6	11.6	12.0	12.7	13.3	13.8	14.0	13.6	12.7	11.2	9.6	7.9	6.6	5.7	5.6	6.0	6.9	8.1	9.6	11.0
Thu 10	12.2	13.0	13.3	13.2	12.8	12.5	12.4	12.5	12.8	13.2	13.5	13.5	12.9	11.8	10.3	8.7	7.1	5.9	5.1	5.0	5.5	6.6	8.1	9.7
Fri 11	11.4	12.7	13.7	14.0	13.8	13.4	12.9	12.6	12.5	12.7	13.0	13.1	13.1	12.4	11.2	9.6	7.9	6.4	5.2	4.5	4.5	5.2	6.5	8.3
Sat 12	10.2	12.0	13.4	14.3	14.5	14.2	13.6	12.9	12.4	12.3	12.4	12.7	12.9	12.9	12.1	10.8	9.1	7.3	5.7	4.5	4.0	4.2	5.1	6.7
Sun 13	8.7	10.8	12.7	14.0	14.7	14.6	14.0	13.2	12.4	11.9	11.9	12.2	12.6	12.9	12.8	12.0	10.5	8.7	6.7	5.1	3.9	3.5	4.0	5.3
Mon 14	7.2	9.5	11.7	13.5	14.6	14.8	14.4	13.5	12.5	11.7	11.4	11.6	12.1	12.7	13.0	12.9	11.8	10.2	8.1	6.1	4.4	3.4	3.3	4.2
Tue 15	5.9	8.1	10.5	12.7	14.3	15.0	14.7	13.9	12.8	11.7	11.0	10.9	11.4	12.1	12.9	13.2	12.8	11.6	9.7	7.5	5.4	3.9	3.2	3.5
Wed 16	4.8	6.9	9.3	11.8	13.8	14.9	15.0	14.3	13.1	11.8	10.7	10.2	10.5	11.3	12.3	13.0	13.3	12.7	11.2	9.2	6.9	5.0	3.7	3.3
Thu 17	4.1	5.8	8.2	10.8	13.1	14.7	15.2	14.8	13.6	12.1	10.7	9.7	9.6	10.2	11.2	12.4	13.2	13.3	12.5	10.8	8.7	6.5	4.8	3.9
Fri 18	4.0	5.2	7.3	9.9	12.4	14.3	15.3	15.2	14.2	12.6	10.9	9.5	8.8	9.0	9.9	11.2	12.4	13.2	13.2	12.3	10.6	8.5	6.5	5.1
Sat 19	4.6	5.2	6.7	9.0	11.5	13.7	15.1	15.4	14.7	13.3	11.4	9.6	8.3	7.9	8.4	9.6	11.1	12.4	13.2	13.1	12.1	10.5	8.6	6.9
Sun 20	5.9	5.8	6.7	8.5	10.8	13.0	14.7	15.4	15.1	13.9	12.0	10.0	8.2	7.1	7.0	7.8	9.2	10.8	12.2	13.0	13.0	12.1	10.7	9.1
Mon 21	7.8	7.2	7.4	8.6	10.3	12.3	14.1	15.1	15.3	14.4	12.7	10.6	8.5	6.9	6.1	6.2	7.2	8.7	10.4	11.9	12.8	12.9	12.3	11.2
Tue 22	10.0	9.1	8.8	9.2	10.3	11.9	13.5	14.7	15.1	14.7	13.4	11.5	9.3	7.3	5.8	5.2	5.5	6.5	8.1	9.9	11.5	12.6	12.9	12.6
Wed 23	11.9	11.1	10.5	10.4	10.8	11.8	13.0	14.1	14.8	14.8	14.0	12.4	10.4	8.2	6.3	5.0	4.4	4.8	5.8	7.3	9.1	10.9	12.3	13.1
Thu 24	13.1	12.8	12.3	11.9	11.7	12.0	12.7	13.5	14.2	14.6	14.3	13.3	11.6	9.5	7.4	5.6	4.3	3.8	4.1	5.0	6.6	8.4	10.3	12.0
Fri 25	13.2	13.8	13.7	13.3	12.9	12.6	12.6	13.0	13.5	14.0	14.2	13.9	12.7	11.1	9.0	6.9	5.1	3.8	3.3	3.5	4.5	6.1	8.1	10.2
Sat 26	12.1	13.6	14.4	14.5	14.1	13.5	12.9	12.7	12.8	13.2	13.6	13.9	13.6	12.6	10.9	8.9	6.7	4.8	3.4	2.8	3.0	4.1	5.9	8.2
Sun 27	10.5	12.7	14.2	15.0	15.0	14.4	13.5	12.7	12.2	12.2	12.7	13.2	13.6	13.6	12.8	11.1	9.0	6.7	4.7	3.2	2.5	2.8	4.1	6.1
Mon 28	8.6	11.2	13.4	14.9	15.5	15.1	14.2	13.0	12.0	11.4	11.5	12.1	12.9	13.5	13.7	13.0	11.4	9.2	6.8	4.6	3.1	2.5	2.9	4.5

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)



Brian Lee

Between snowstorms and the thaw, there was a glorious three-day window for skating on McNeill Lake last month.

seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Grateful Harbour Seals of Approval to **Luke Marchand and his friend Al** with the plow for keeping our driveway clear in all the snowy weather. We thank you heaps from the bottom of our hearts.

Dave and Cathy Gibson

A Harbour Seal of Approval to **Harbourside Friendship Group** for the best gift of turkey dinner I received.

With sincere thanks and appreciation.

Krystyna Parranto

A huge armful of thanks and appreciation to **Don and Cherryl Hoffman** who rushed over to console me in the darkest hours of my life. True friends indeed.

Bill Verbruggen

Huge Harbour Seals of Approval for the installation of an access ramp to our front door by the **Rotary Club of Pender Harbour** and amendment to our porch roof, by the **Sunshine Coast Regional District**.

Karen Dyck

Pender Harbour Reading Centre

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- Feb. 1 ~ **Randy Rayment** and **Earl Stewart**.
 Feb. 2 ~ **Mary Cochet**, **Jennifer Jones** and **Paola Stewart**.
 Feb. 3 ~ **Chloe Campbell** and **Lorna Rousseau**.
 Feb. 4 ~ **Rob Alliston**, **Susan Hardie** and **Joyce Soper**.
 Feb. 5 ~ **Rick Hartley** and **Roland Fritz**
 Feb. 6 ~ **Lachlin Rand**.
 Feb. 9 ~ **Jackie Crowell**.
 Feb. 10 ~ **Eddie Smith**.
 Feb. 11 ~ **Cody Pantages**, **Scott Smith** and **Chris Garbers**.
 Feb. 12 ~ **Tony Rabachuk**.
 Feb. 13 ~ **Kim McCanse**.
 Feb. 14 ~ **Dolly Clayton**, **Steve Morton**, **Christine Fenn** and **Elsie Rennie**.
 Feb. 15 ~ **Shawna Lee Edwardson**.
 Feb. 16 ~ **Carly Bloch**, **Irene Boyd** and **Evan Silvey**.
 Feb. 17 ~ **Dot Farrell**, **Daniel Dore** and **Jessica Munro**.
 Feb. 18 ~ **Rick Smalley**.
 Feb. 19 ~ **Debbie Cole** and **Joan McDougall**.
 Feb. 21 ~ **Ethan Enns**, **Ryan Phillips**, **Helen LeBlanc** and **Cathy Silvey**.
 Feb. 22 ~ **Chelsea Scoular**.
 Feb. 23 ~ **Tony Botticelli**, **Evelyn Cumming** and **Donna Campbell**.
 Feb. 24 ~ **Debbie Rand**.
 Feb. 25 ~ **Bruce Haines**.
 Feb. 27 ~ **Neale Smith**, **Rick Jones** and **Gunnar Silvey**.
 Feb. 28 ~ **Nolan Percival**, **Trevor Morin**, **Bob Walsh**, **Erin Fraser** and **Sharlene Gamble**.

FEBRUARY ASTROLOGY



AQUARIUS: JAN. 20 - FEB. 18

Aquarians are original, independent humanitarians who shy away from emotional expression. This often makes them seem uncompromising and aloof. Aquarians are thoughtful listeners but they rarely tolerate someone they disagree with. The New Year brings a warning — exercise caution in all things! A nakshatra within your zodiac has shifted out of place for the first time since the advent of astrological recording. Until March 14, shelter in place and trust no one. Lottery and keno numbers heavily favour sixes until Feb. 7. After that, threes and eights will deliver.



PISCES: FEB. 19 - MAR. 20

The finest of the signs, Pisceans have a boundless imagination and a natural aptitude for acting. They are sympathetic, highly tolerant and incurable romantics. Pisceans are blessed with the favour of the stars but by Feb. 17, you will clash with a lesser-thanling. Most non-Pisceans will step aside as you pass by in deference to the Piscean superiority. Some may question your astrological dominance. Don't worry, the universe will crush them.

BC BESTSELLERS

For the week ending Jan. 15, 2022

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- Mushrooms of BC** by Andy MacKinnon and Kem Luther (Royal BC Museum)
- Whitewater Cooks Together Again** by Shelley Adams (Alicon Holdings)
- A Is for Anemone** by Robert Budd, illustrated by Roy Henry Vickers (Harbour Publishing)
- Vancouver Vice: Crime and Spectacle in the City's West End** by Aaron Chapman (Arsenal Pulp Press)
- Richard Wagamese Selected** by Richard Wagamese (Douglas & McIntyre)
- Always Pack A Candle: A Nurse in the Cariboo-Chilcotin** by Marion McKinnon Crook (Heritage House Publishing)
- Becoming Vancouver: A History** by Daniel Francis (Harbour Publishing)
- Island Eats** by Dawn Postnikoff & Joanne Sasvari (Figure 1 Publishing)
- The World According to Dogs: An Owner's Manual** by Adrian Raeside (Harbour Publishing)
- The 500 Years of Indigenous Resistance Comic Book** by Gord Hill (Arsenal Pulp Press)

~ Association of Book Publishers of BC



60.1%

Sexually active Canadians aged 15 to 24 years old who used a condom the last time they had intercourse.

4%

Percentage of Canadians (aged 15 and older) who identify as LGBTQ2+ in 2018.

30%

Percentage of LGBTQ Canadians between the ages of 15 and 24 — an age group that accounts for just 14 per cent of the non-LGBTQ population.

85.1%

Percentage of the time that men orgasm during sex, regardless of their sexual orientation.

61.6%

Percentage of the time heterosexual women report orgasm. The rate for lesbian women is 74.7 per cent and bisexual women's rate is 58 per cent.

~ StatsCan, Kinsey Institute, Men's Journal

3.6

The average number of sexual partners women aged 25 to 44 have had, on average, in their lifetime.

6.1

The average number of sexual partners men aged 25 to 44 have had, on average, in their lifetime.

17

In the U.S., the average age of first (vaginal) sexual intercourse for both men and women.

54.1%

Canadians aged 15- to 24 who are currently sexually active.

FEBRUARY WEATHER

TEMPERATURES, MERRY ISLAND

Our average February daily high temperature is 7.5 C; average low is 3.4 C, giving us a mean daily temperature of 5.5 C. The highest February temperature recorded is 14.3 C (Feb. 27, 1986); the lowest is -10.1 C (Feb. 13, 1990).

PRECIPITATION, MERRY ISLAND

February should have about 85.7 hours of bright sunshine (the most since October), 16 days with measurable rainfall and one day with measurable snowfall. February should have a total rainfall of 99 mm and a total snowfall of 7 cm. The highest February daily rainfall recorded is 49 mm (Feb. 11, 1983); the highest February daily snowfall recorded is 22.9 cm (Feb. 15, 1983).

SKOOKUMCHUCK VIEWING TIMES

FEBRUARY

DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

1. 12:00 PM + M
2. 12:45 PM -M
3. 1:28 PM -M
4. 2:09 PM -M
5. 2:50 PM -L
6. 7:48 AM +L, 3:29 PM -L
7. 8:14 AM +L, 4:06 PM -M
8. 8:45 AM +M
9. 9:22 AM +M
10. 10:09 AM +S
11. 11:08 AM +S
12. 9:06 -S, 12:17 AM +S
13. 9:56 -S, 1:25 PM +S
14. 10:37 AM -S, 2:24 PM +S
15. 11:11 AM -S, 3:16 PM +S
16. 11:45 AM -M
17. 12:16 PM -M
18. 12:44 PM -M
19. 1:12 PM -M
20. 1:39 PM -M
21. 2:09 PM -M
22. 2:41 PM -L
23. 3:19 PM -L
24. 9:23 +M
25. 10:25 AM +M
26. 11:38 AM +S
27. 12:56 AM +S
28. 2:09 AM +M

These are estimates only and not intended for navigation.



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

Monika Miller – Hygienist

Rosa Seda – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

(604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSICIANS – (604) 883-2764

Dr. Colin Sutton

By appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Ali Manavi, Coastline Health and Performance Chiropractors

- Wednesdays, call (604) 883-2764 or visit coastlinehealth.janeapp.com to book appointment

HEARING CLINIC – (604) 885-0155

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Terra Dannes – Registered Hearing Instrument Practitioner

In clinic on Thursdays & mobile Mon - Fri

- Full diagnostic hearing evaluations
- Detailed medical reports and referrals
- Fitting, cleaning & maintenance of hearing instruments
- Aural rehabilitation and communication counselling



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment

CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

SOCIAL WORKER: Weekly Tuesday, Wednesday & Thursday ~ call to book an appointment.

First-class health care for the people of the Pender Harbour area.

Do you have osteoarthritis?

*Compiled by Pender Harbour Health
Centre nursing staff*

Osteoarthritis is a disease that causes the cartilage in your joint to break down.

Cartilage is the hard, white tissue that caps the ends of your bones and acts as a shock absorber for your joint.

You can see it when you tear a drumstick off a chicken.

When you move, it cushions the impact and lets your bones glide smoothly over each other.

As osteoarthritis develops, the cartilage begins to fray and may even wear away entirely, causing your bones to rub directly against each other.

This can make it painful to move your joint. In some cases, little bumpy growths, or spurs, develop on the ends of the bone.

Osteoarthritis can develop in any joint but it usually affects those that carry your bodyweight like the lower back, feet, hips and knees.

It is also seen in finger joints and the joint at the base of the thumb.

SIGNS AND SYMPTOMS

- Continuous achy feeling in your joint;
- Pain when you put weight on your joint;
- Pain in your joint when walking, climbing stairs, sitting down or getting up out of a chair;
- Stiffness, swelling or a loss of flexibility in your joint, and
- Stiffness in your joint for more than half an hour after you get out of bed in the morning.

CAUSES

- Age — osteoarthritis is not a



result of aging, but your chance of developing the disease goes up as you get older;

- Weight — excess weight can strain the joints that carry your body weight, like hips and knees;
- Heredity — if you have a family history of osteoarthritis you may be more likely to develop the disease,

and

- Injury and overuse — old injuries and repetitive activities like heavy lifting, kneeling, or squatting can leave lasting damage in your joints.

Take control of your osteoarthritis through eating well, exercising and learning how you can continue to enjoy everyday life.

*Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program*



Meal service has resumed.

Call Linda — 604.883.2819, Wendy — 604.883.2514 or Anky — 604.883.0033

We look forward to seeing you!



PENDER HARBOUR AQUATIC & FITNESS CENTRE

www.scrd.ca/pender-harbour-aquatic-fitness-centre



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20m, 4-lane pool
hot tub, sauna, gym &
weight room

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13639 S.C. Hwy.
604 885-6801

www.scrd.ca/myrecreation

HOURS OF OPERATION

Monday to Friday: 7:30am to 1pm, Monday to Thursday: 5pm to 8:30pm,
Saturday: CLOSED, Sunday: 1pm to 4pm

COVID-19 INFORMATION

Provincial Health Orders to wear masks and provide proof of vaccines for some activities, are in place. Read more about this before you visit: www.scrd.ca/recreation-restart

SWIM AND AQUATICS

We offer swim lessons, drop-in swimming and aquatic fitness.
Visit www.scrd.ca/pender-harbour-aquatic-fitness-centre
for schedules and information.



FITNESS CLASSES & WEIGHT ROOM

Looking for current information on fitness classes and our weight room?
Our website is up to date on what is available:
www.scrd.ca/pender-harbour-aquatic-fitness-centre

CALLING ALL FITNESS INSTRUCTORS!

Are you a registered fitness instructor? Are you interested in leading a class for the SCRD?
Find out more information on becoming a contract instructor:
www.scrd.ca/recreation-instructors

PASSES

Do you plan to drop in frequently? A pass is convenient and can be cost effective.
Learn more about our passes at: www.scrd.ca/recreation-passes

FEBRUARY 18 COAST REPORTER

Watch for our recreation information in the Coast Reporter (Feb. 18)

We invite you to subscribe to our Recreation Newsletter at
www.scrd.ca/Newsletter-Signup

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www.facebook.com/Pender-Harbour-Aquatic-and-Fitness-Centre-206667126014598



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Sponsored by:
**P. H. Health Centre &
P. H. Health Auxiliary**

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OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900**

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am to 12pm

We will be meeting inside the hall and following self-distancing rules. No lunch will be served at this time. We do encourage all to bring your own packed lunch to enjoy as a group following the program.

****All participants entering the community hall (recreation centre) must show proof of vaccination per updated BC regulations.**

Feb. 3: Creating Valentines for the Students

Feb. 10: Music with Ken Johnson

Feb. 17: Speaker Linda Cordell: Joint Accounts vs Power of Attorney

Feb. 24: Focus on Mindfulness & Gratitude with Krystin Clark

CARPET BOWLING: Wednesdays, Feb. 2, 9, 16 & 23

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

CHAIR YOGA: Mondays & Fridays, Feb 4, 7, 11, 14, 18, 21, 25 & 28

At the Pender Harbour Community Hall, 11am – 12 noon with Maureen Clifford. Improve your balance, strength & flexibility with gentle moves. Cost: \$3

MAHJONG SPECIAL EVENT! Thursdays — Feb. 10 & 17

Learn to play Mahjong at the P. H. Community Hall with instructor Allison Spears from 12:30pm – 2:30pm.

FEBRUARY EVENTS FOR SENIORS

Pender Harbour Community School Society

www.pendercommunity.ca



Random Acts of Kindness Week ~ Feb 14 to 18

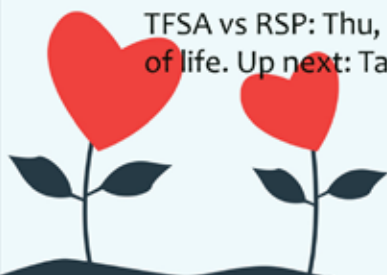
Join us for a week of random acts of kindness. We'll be posting stories and photos and would love to share yours too ~ please send them along to phcs@dccnet.com

Babysitters Course: Saturday, Feb 26, 9am-5pm, \$90

Emergency or Standard First Aid: Saturday, Feb 19, 9am-5pm, \$175

Financial Workshop Series: with Linda Cordell, 1-3pm and 6-8pm, \$25 each

TFSA vs RSP: Thu, Feb 10, Which is the best option for my future goals? Info for all stages of life. Up next: Tax Preparation Mar 10 - Retire and relax! Apr 21 - Investing 101 May 12



Harbour Learning Centre is open Tue/Wed/Fri, 9am to 3pm

phcs@dccnet.com 604.883.2826



HARBOUR SPIEL

trivia

1. What two inlets extend from Sechelt Inlet to the east?

- ☐ a. Jervis, Princess Louisa
- ☐ b. Toba, Salmon
- ☐ c. Bute, Jervis
- ☐ d. Narrows, Salmon

2. How big must a chinook salmon be to be considered a 'tyee'?

- ☐ a. 10lbs
- ☐ b. 20lbs
- ☐ c. 30lbs
- ☐ d. 40lbs

3. What was the population of Sechelt in 2016?

- ☐ a. 4,550
- ☐ b. 10,200
- ☐ c. 18,600
- ☐ d. 31,000

4. Why is 'Misery Mile,' the stretch of Highway 101 immediately south of GRIPS, so nicknamed?

- ☐ a. Shaded with unfavourable road conditions.
- ☐ b. 1980s resident threw rocks at passing cars.
- ☐ c. Location of a series of 1970s murders.
- ☐ d. Last section of Hwy. 101 to be paved (1978).

5. Where was Pender Harbour's first school, which opened in 1915?

- ☐ a. Donley's Landing
- ☐ b. Pope's Landing
- ☐ c. Irvines Landing
- ☐ d. Bargain Harbour

6. Douglas _____?

- ☐ a. hemlock
- ☐ b. fir
- ☐ c. cedar
- ☐ d. spruce

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

The legend of ts'unay (Deserted Bay)



By Al Lloyd

This story originally appeared in Al Lloyd's "Harbour Remembered" column in the Harbour Spiel, June 1996

When I first came to Pender Harbour, a few native people still lived in Garden Bay.

Among them was Chief Dan Johnson and his wife.

They used to travel to Lloyd's Store and around the Harbour in a two-man dugout canoe.

She would be in the bow paddling, while he in the stern, his paddle athwart ships, with arms folded serenely and dignified as he scanned the water and the shore.

Once in awhile he would speak quietly to his wife and sometimes he would pick up his paddle and give a few quick strokes to correct their course.

I did not get to know Dan Johnson until I opened my store in Garden Bay.

He came in sometimes but was always quiet and reserved.

In time we became friends and he would talk of the old days, when many of his people lived at Garden Bay.

Most of his stories had a thread of humour running through them and his eyes would sparkle as he told me of the fun they had, of the girls they chased, the tricks they played and how the Sechelts were converted to Catholicism.

Too often his stories were interrupted by customers but we had many good laughs.

One day he told me a story in a sad, quiet voice.

Gone was the sparkle in his eye

and perhaps for this reason it remains very clear in my mind.

This is the story he told and I only wish I could use his own words but my memory will have to serve:

When the white men first settled on the Coast, the native people were very interested in all the strange and different things he did.

We got great amusement from watching his everyday life; how he worked and especially how he amused himself.

Gastown was the only place on the lower coast where there were lots of white men and was a favourite place for white man watching.

The native families would travel by canoe and spend days and sometimes weeks watching with great interest and quiet amusement.

They watched how the white man worked and the tools he used.

They observed the food he ate and the clothes he wore, they wondered about the houses he lived in, because you must realize that for the most part they had never seen any of these things before and they were totally different from the native ways they had always known.

Of particular interest was the white man's habit of drinking and getting into arguments and fights and sometimes ending up in jail.

Some of the native people tried this strange custom but the results

were not too happy.

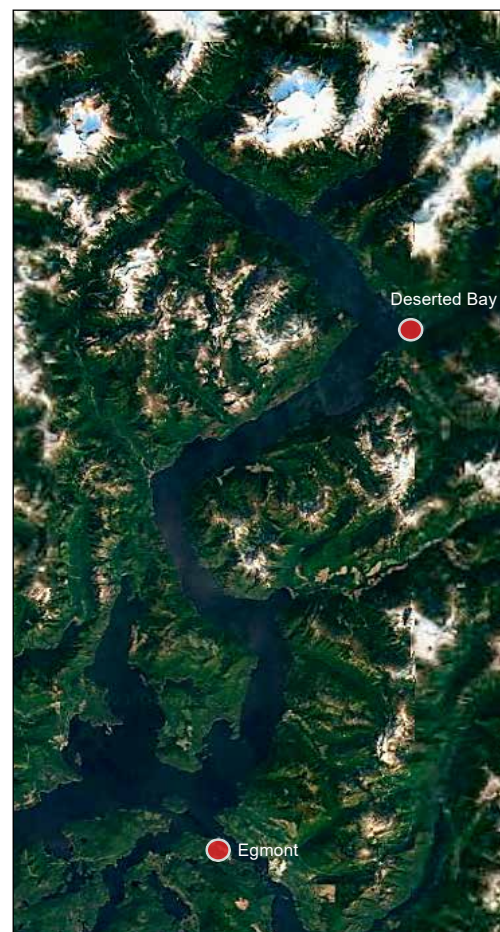
One other thing the white men brought was disease.

Diseases like chickenpox, measles and smallpox.

The white men had been exposed to the diseases for generations and had developed some immunity and know-how to treat them.

Chickenpox and measles were called children's diseases and almost all white children had them early and were not very sick with them.

(continued p. 33)



Google Earth

Deserted Bay sits approximately 47 kilometres (26 nautical miles) up Jervis Inlet from Egmont.

The Pender Harbour and Egmont Visitor Guide is now online:

Pender Harbour & Egmont

including Secret Cove



2021 visitor guide



www.visitpenderharbouregmont.com

Call 604.883.0770 now to reserve space in the 2022 edition!

The legend of ts'unay (cont.)

(continued from p. 31)

Smallpox was worse but not considered too serious.

But for the native people these diseases were very bad. Very dangerous.

They never had them before and did not know how people who caught them should be treated.

So, many of the people who caught smallpox were certain to die.

It happened that a group of people from Jervis Inlet were in Gastown when an outbreak of smallpox happened.

When they saw people become very sick and covered with spots, they decided that home was the best place to be.

They gathered up their belongings and their children loaded them in their canoes and they headed up the inlet as fast as their paddles would drive them.

They did not know that they were carrying not only their belongings and children but the dreaded smallpox germs back to their families and friends at ts'unay.

A short time after this, two men were fishing off ts'unay.

As they fished, they thought it was funny that they couldn't see anyone on the shore or around the houses — no sign of life at all.

They talked about this and their curiosity made them go into the shore to investigate.



Brian Lee

Deserted Bay, Jervis Inlet.

As soon as they put their boat on the beach, they had a bad feeling that something was very wrong.

They looked at the houses and they just saw dead people and more dead people — all dead from the smallpox.

There were many houses but each one was the same — more dead people.

They were not afraid of smallpox as they had both had it so they looked to see if perhaps there was anyone still alive.

Just as they were about to give up, they heard a baby cry, very faint.

They looked and there at her dead mother's breast was a baby

girl, hungrily trying to get milk.

They took the little baby and washed her in the salt chuck, wrapped her in clean clothes and took her — the only living person in ts'unay — to Gastown to be cared for by her own people.

No native people went back to ts'unay for many years and it was called Deserted Bay and is still on the white man's map.

By the time Dan had got this far, his voice was very low and his eyes were sad from remembering.

The a ghost of a smile played over his face and the hint of mischief came back to his eyes and he said,

"That girl, she grew to be a beautiful lady, got herself a good man and had many children."

community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

FEBRUARY

COVID-19 has made planning difficult. Check with organizers for updates regarding scheduling for events.

Thurs. Feb. 3.....P. H. Seniors Initiative Harbourside Friendships, P. H. Community Hall, 10:30 a.m.

Thurs. Feb. 3.....SCRD infrastructure services committee meeting - SCRD boardroom, 9:30 a.m.

Sun. Feb. 6.....Online celebration of life for Wendy Simmonds - via Zoom, 4 p.m.

Mon. Feb. 7Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Thurs. Feb. 10.....P. H. Seniors Initiative Harbourside Friendships, P. H. Community Hall, 10:30 a.m.

Thurs. Feb. 10.....Financial workshop series w/ Linda Cordell - Harbour Learning Centre, 1-3 p.m. & 6-8 p.m.

Mon. Feb. 14.....*Valentine's Day*

Thurs. Feb. 17.....SCRD planning and development committee meeting - SCRD boardroom, 9:30 a.m.

Thurs. Feb. 17.....P. H. Seniors Initiative Harbourside Friendships, P. H. Community Hall, 10:30 a.m.

Thurs. Feb. 17.....SCRD community services committee meeting - SCRD boardroom, 2 p.m.

Sat. Feb. 19.....Emergency (or standard) first aid course - Harbour Learning Centre, 9 a.m.

Tues. Feb. 22.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Thurs. Feb. 24.....SCRD corporate and admin. meeting (budget rnd. 1) - SCRD boardroom, 9:30 a.m.

Thurs. Feb. 24.....P. H. Seniors Initiative Harbourside Friendships, P. H. Community Hall, 10:30 a.m.

Thurs. Feb. 24.....SCRD regular board - SCRD boardroom, 2 p.m.

Sat. Feb. 26.....P. H. Community School babysitters course - Harbour Learning Centre, 9 a.m.

Harbour Spiel Trivia Answers: 1.d 2.c 3.b 4.a 5.a 6.b



FERRY DEPARTURES

Crossing time: Langdale 40 min./Earl's Cove 50 min.

Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.

MASKS ARE NOW REQUIRED TO BE WORN AT ALL TIMES AT TERMINALS AND ON BOARD VESSELS.

Service schedules change regularly,
visit www.bcferries.com for current schedules.

To the world you may be one person, but to one person you are the world.

~ Bill Wilson



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Wages are rewarding, and commensurate with both experience and our current market. If you are a Journeyman or Finish Carpenter (enrolled in the Real Seal Carpentry program, presently or previously), we want to hear from you.

AND if the certificate just wasn't in your cards, but you're both handy and hard working, we value your ability to problem solve and get the job done. Just bring enthusiasm & willingness to work hard, and we'll show you support!



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Keep it Coastal this February!

Keep it Coastal Package - Starting at \$179/night

Two nights accommodation with bundle of board games in your cabin for use during your stay. Your choice of a Local Novel by a Local Authors to cozy up with and take home.

February Staycation Package - Starting at \$119/night

Book two nights accommodation and get the third night for free! Get cozy, curl up and relax for a few days.

Summer Escape Package - Starting at \$134/night

Book three nights accommodation and get the fourth night for free. Explore nature; enjoy the fresh air and sunshine this summer! (Book by February 28th, 2022 - See website for details.)

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New! Sechelt Clinic now open at #103 - 5631 Inlet Ave.

Home visits are also available
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