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# HARBOUR

October 2012 Issue 262



Rock beats boat (see photos p. 17)



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#### **Editor**

Brian Lee

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#### **Contributors**

This month we thank: Lucy Archbold, Kathy Bergman, Theresa Kishkan, Frank Mauro, Shane McCune, John Wade and Jan Watson. Cover photo: Brian Lee

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~ NEXT ISSUE MAILS NOV. 1~

#### **EDITORIAL**

# What goes 'Tock... pfffft... tock-tock... tamp?'



By Brian Lee

For the past couple months I've wakened just about every morning at dawn to a series of sounds outside my window.

*Tock... pfffft... tock-tock... whump.* Though not always the same, the series would repeat every five seconds or so until I got up and poured a cup of coffee

Outside sit half a dozen cone-laden fir trees that seem to be the exclusive domain of a caffeinated squirrel.

I noticed the little guy last spring while, for four days, he methodically stripped every blossom from my fluffy white cherry tree.

Even then, I could tell there was something exceptional about him.

I didn't notice the little ball of nerves for a month or so after he deflowered my tree.

I caught a brown blur scampering across the driveway and shooting up one of the small trees bordering the road

Before long he'd dart back with a pine cone almost as big as he is.

Each time he crossed the open kill zone of the driveway, he paused to weigh his odds before momentarily disappearing into the safety of the salal.

It wasn't long before he exhausted the cone supply across the driveway and moved on to the much larger firs outside my window.

He'd stay in the tree for 20 minutes at a time and release one pine cone after another:

> Tock... pfffft... tock... whump. Tock... tock-tock... pffft... whump. Occasionally the series would end

in a metallic "tamp" — the sound of a resinous bomb landing on my girlfriend's new car.

I didn't let on that it was the squirrel causing the damage — just "random drips."

It didn't matter — pretty soon my truck was in its place to chivalrously take the hits.

> Tock... pfffft... tock... TAMP. Tock... pfffft... TAMP.

After a predictable amount of time, the pattern would stop while he worked the ground gathering his spoils.

But not for long.

*Pffft... tock-tock... whump.* 

I'm not usually the type to get sentimental about vermin but I didn't once consider killing this guy.

In another home I once had to euthanize a family of squirrels living in the soffits.

After a winter of sleepless scratching and squirrel hijinx, I was happy to do it.

But this little guy had such focus, I started rooting for him.

All summer long he was like an alarm clock hardwired to my conscience.

*Tock... pfffft... tock... whump.* 

Lately he seems to have throttled back a bit, giving me a chance to sleep in a bit.

I picture him sprawled on a bed of shucked seeds watching Nutflix. licking the resin from another pine cone from his little rodent lips.

He's happy but the satisfaction of his hard work is probably already starting to ebb as he obsesses about tasty spring cherry blossoms.

And how much fun it was dropping pitch bombs on the black truck.

Note: Starting next month and extending indefinitely, the Harbour Spiel's Canada Post distribution will end at the southern boundary of Area A (Middlepoint). For readers from northern Halfmoon Bay, see "Circulation" above for non-mail distribution outlets.

# It ain't real if it's not in the Spiel.



I would like to thank all my customers this year and look forward to Opening Early February 2013.

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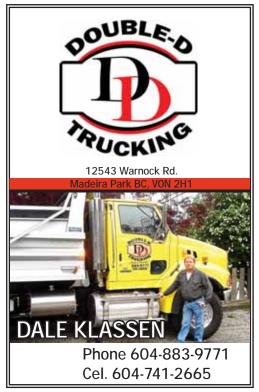
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#### SPIEL PICKS

#### P. H. FALL FAIRE: Oct. 6. 10 a.m.

The 12th annual celebration of community and the harvest season kicks off at 10 a.m at the P. H. Legion and downtown Madeira Park and goes all day.

#### SUNSHINE COAST MUSHROOM FESTIVAL: Oct. 20, 11 a.m.

Organized by the Sunshine Coast Society for the Hunting, Recognition and Observation of Mushrooms (SHROOM), this year's mushroom festival will take place Oct. 20 from 11 a.m. to 4 p.m. at the P. H. Community Hall.

#### P. H. MUSIC SOCIETY PRESENTS "TWO MUCH GUITAR": Oct. 21, 2 p.m.

The 2012/2013 season opens with the return of "Two Much Guitar" — Bill Coon and Oliver Gannon on guitars backed by Darren Radke on bass and Dave Robbins on drums. Coon and Gannon perform at 2 p.m. at the P. H. School of Music.

#### SUNSHINE COAST ART CRAWL: Oct. 19-21

Enjoy a spectacular weekend of 110 open galleries, studios and more. For more information visit: www.sunshinecoastartcrawl.com.

#### P. H. BLUES SOCIETY HALLOWEEN BASH: Oct. 27, 8 p.m.

Dig out your craziest costume and dust off your dancing shoes because the Pender Harbour Blues Society will be holding its fourth annual Halloween Howl Dance and Costume Extravaganza at the P. H. Community Hall on Saturday, Oct. 27. The Society is very excited to present the amazing Russian singer/guitarist extraordinaire, Arsen Shomakhov. In the past five years, Shomakov has become a major blues force in Europe, Canada and the U.S. In 2008 Arsen Shomakhov moved to Vancouver, where he formed the Arsen Shomakhov Trio. His new album "On the Move" was released on Blues Leaf Records in July 2010 and reached No. 1 in the Canada roots music charts and No. 2 in the American top 50 blues chart for the week of August 6, 2010. In November 2010 Arsen was nominated new artist of the year by the Maple Blues Awards.

#### FIREWORKS DISPLAY: Oct. 31, 7:30 p.m.

The traditional Halloween fireworks display is put on by the P. H. Volunteer Fire Department each year and takes place at Millennium Park at 7:30 p.m.



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## Local water meters to transmit data by radio frequency

The Sunshine Coast Regional District board has decided to install radio-frequency transmitters to collect water meter data.

It will apply to the entire regional district but the devices will likely be first installed on south Pender Harbour water connections starting next spring.

Engineering technician Monte Staats recommended the devices in a report presented to the infrastructure services committee meeting Sept. 6.

The report listed two options for data collection:

- 1. Touch technology in which data is collected by physically touching a wand to a reading coil in the meter's touchpad.
- 2. Radio frequency technology in which RF pulses are transmitted for 60 seconds per day.

The pulses can be received by handheld devices up to two kilometres away or mobile devices that can read the devices from up to five kilometres away at a speed of 80 kilometres per hour.

A third RF option, fixed devices permanently installed at a central location, was not considered due to

the Sunshine Coast's "challenging topography."

Considering transmission levels fall below the Health Canada safety limit, broadcasts will last 60 seconds daily and the units are located at the property line, "far enough from the home and residents as to render exposure to RF virtually negligible," the report concludes that RF transmission does not pose a health hazard to Sunshine Coast residents.

Addressing fiscal implications, the report points to operational costs as the most significant factor in recommending RF technology.

The City of Kamloops is currently in the process of installing RF technology in 20,000 meters.

Quarterly reading with the touch option is estimated to be \$200,000 per year while the RF technology would cost \$5,000 to \$10,000 per year.

The report estimates that upfront capital costs would be approximately \$200 more per connection for the touch technology.

For the 1.400 water customers in Pender Harbour, that would add \$280,000 to installation costs.

The report estimates annual operational costs for touch technology in the Pender Harbour area would require 15 person-days to collect the data costing \$13,800 annually.

RF technology would require one person-day per year at a cost of \$920.

The report concludes that conservative estimates (adding the cost in wage and benefit increases) over 20 years would result in savings of \$730,000 for the RF technology over the touch.

These estimates exclude costs of fuel and vehicle maintenance



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(Include full name and phone number.)

#### Contest closes Oct. 1.

The winner (and the Powell River area's new name) will be decided by judges Eric Graham, Dr. Robert Hynd and Howard White and will be revealed at the Pender Harbour Fall Faire on Oct. 6.

## Pender Harbour Communities Association town hall draws crowd

Over 120 people packed the Pender Harbour Community Hall on Sept. 9 for the inaugural meeting of the Pender Harbour Communities Association.

It was the first public opportunity for PHCA volunteers to update residents about the proposed "vision" for the organization resulting from a number of planning meetings held since 2011

One of the PHCA's main objectives at this meeting was to gather feedback on community priorities for future projects and to recruit "members, volunteers and board."

The PHCA came about partly as a result of a meeting in 2011 at the community hall that was hosted by consultants working for the Sunshine Coast Regional District.

The meeting's purpose was to gather input for the SCRD's Parks and Rec master plan and the response indicated overwhelming support for the establishment of safer local pathways.

A group of local volunteers mobilized to tackle the problem but developed a broader mandate.

The vision that came from subsequent meetings (according to the PHCA PowerPoint presentation) are:

• To create a community that is prosperous, vibrant, clean and safe.



Brian Lee photo

Over 120 people showed up to hear about developments with Pender Harbour's newest volunteer organization.

- To protect, preserve and enhance public space and trails.
- To protect and preserve the heritage and natural environment.
- To foster community spirit by encouraging recreational & cultural interest of residents.
- To unite the voices of residents to advocate on behalf of community well-being.
- To complement the work of existing clubs and groups.

Another defining characteristic of the association is a desire to bring together "existing service clubs, community volunteers and citizens with a general interest in community improvement."

To that end, Barrie Wilbee mod-

erated a loose presentation that included a PowerPoint backdrop with input from a number of PHCA volunteers and representatives from local service organizations.

First up was Area A director Frank Mauro who outlined information from his recent columns in the *Harbour Spiel* regarding the implementation of a separate Area A budget function for bikeways and walkways.

Mauro also mentioned the availability of significant gas tax funding for capital projects and outlined the importance of cost saving opportunities by dovetailing with current Ministry of Transportation and Infrastructure projects.

Afterwards, Wilbee presented a brief slideshow of Madeira Park prior to efforts by the Pender Harbour Growth and Development Partnership in the late 1990s.

"That's what it used to look like," said Wilbee.

"And it wasn't that long ago."

As if to underline his point, one audience member asked, "What is it?" when she was unable to recognize the Bargain Barn from a 1998 photo.

"What you see today has been because of these three things: commu-

Harbour Spiel



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nity leadership, dedicated volunteers and strategic planning," said Wilbee.

"That never changes and if you embrace those things, that's what helps you move forward."

Wilbee went on to introduce the volunteers who have been working to form the association: Elaine Park, Dennis Cotter, Larry Curtiss, Barb DeMott, Len Lee, Randy Picketts, Maureen Wright, Joe Harrison, Jim Cameron, Anne Pino, Don Fraser and Steve Ledgekow.

"When we put this PowerPoint thing together last night, we found a typo. Where it says 'protect' now, it said 'protest,'"said Wilbee.

"It got by everybody and, to some extent, maybe that was a good slip because, at some time, that may have to be neccessary."

Wilbee outlined some of the details of the new organization.

"The geographical area the association covers include the communities of Pender Harbour in the big sense extending to Sakinaw and Ruby Lakes, Egmont and down to Middlepoint."

Looking ahead, Wilbee outlined the group's current efforts to obtain society status in order to be able to work with public funding and then to form a board of directors.

"This planning group is not the new board, one or two of them may stay on, but we really need to push membership," said Wilbee.

"The board's a part of it but there's so many aspects to it, it's going to be important to have as many volunteers as we can."

Egmont resident Doug Elliott, whom Wilbee introduced as "the unofficial mayor of Egmont," spoke about some of the issues facing Egmont,



Brian Lee photo

Barrie Wilbee (I) did most of the talking on behalf of the Pender Harbour Communities Association about the volunteer group's initial planning efforts. Running the PowerPoint display is Randy Picketts (r). On a number of occasions during the meeting, Wilbee emphasized the importance of community participation in order for the organization to be successful.

"First of all, thanks for inviting the north end of Area A but I think we need to change the name from 'Pender Harbour' to 'Area A' because our problems are common and we need to work on them together."

Elliott went on to mention two specific issues limiting growth in the Egmont area:

"We need internet service and cell phone service to act as a foundation for economic development." said Elliott.

"Young families can't move here
— or stay here — unless there are
jobs, even if they're self-created."

According to the PowerPoint outline, the PHCA's next steps are to register members, to establish a society, develop a website and to search for funding.

At some future date, the PHCA will hold a "founding meeting" to elect a board and update residents about progress.

#### **Priorities:**

(The following is a summary of top results from a PHCA questionnaire distributed at the Sept. 9 meeting and afterwards by e-mail.)

- 1. Year round washrooms in Madeira Park and Garden Bay including at Garden Bay Lake and Hotel Lakes and more services including laundry, showers and fuel.
- **2. Bus service** within Pender Harbour for seniors, boaters and youth.
- 3. Walking paths and bikeways (specifically Francis Peninsula Road, Garden Bay Road, Daniel Point, Irvines Landing and Lily Lake).
- **4. More jobs.** Encourage employment and business opportunities to attract and retain young people.
- 5. Public access to lakes and ocean, boat launches.

# Local school enrolment continues to decline

Enrolment was down at both area schools to start the 2012/2013 school season and it doesn't look to be turning around in the near future.

The P. H. Secondary School saw 107 students show up for Grades 7 to 12 in September, down from 117 the previous year and 151 in 2010.

Projections point towards a drop next year as well.

"Right now there's 15 Grade 6s at Madeira," says PHSS principal Mark Heidebrecht.

"We have 17 grads so we have a projected net loss of two."

With funding set by course enrollment, Heidebrecht says its becoming challenging to continue to offer a range of programs.

As an example, Heidebrecht points to some classes for Grades 8 and 9 that have been combined because they would have been too small to fund a teacher otherwise.

"We've been fortunate to have had a surplus that we've been able to carry over which has allowed us to maintain a fairly broad-based program, but in the upcoming years it's hard to say what's going to happen."

Heidebrecht says they're still able to provide classes for any student intending to pursue the post-secondary science/math route but there are plenty of options for those who aren't.

He points to drama, apprenticeship and workplace math and foods.

Students are able to access most elective courses through the Sunshine Coast School District's Students Participating In Distance Education Resources program.

The school district website describes SPIDER as a "unique online learning program for the Sunshine Coast providing teacher support and learning resources close to home."

"The demographics of Pender Harbour are such that the number of younger families has significantly shifted, I guess," said Heidebrecht.

That apparent lack of younger families is costing the Madeira Park Elementary School this year as well.

Only 85 students enrolled this year at the kindergarten to Grade 6 school, down from 107 last year and 108 in 2010.

Barry Krangle is the new principal at MPES and brings to the school a background in developing curriculum in experiential education.

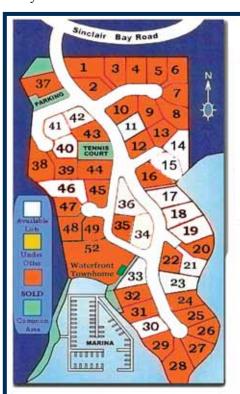
"We're trying to create opportunities for kids where their learning is a little more applicable so the kids actually have experiences to enrich the subjects they're learning in school."

Krangle points to field trips both near and away, such as a Sept. 26 trip to the Port of Vancouver, to bring lessons from the classroom to life.

But, he says that declining enrolment and a funding formula based on the number of students has cost the school a division this year.

Classes at MPES are now defined by four divisions of combined grades.

Just 20 kids in kindergarten and Grade 1 share a classroom while the largest division, a combination of Grades 5 and 6, has 26.



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#### **PHOTOJOURNAL**



Tim Sweeney photo

Bargain Harbour resident Tim Sweeney combined two of his favourite hobbies — hot tubbing and boating — with his 'YachtTub,' an electric powered hot tub that gives new meaning to the phrase 'cruising in comfort. Sweeney built the YachtTub with Ralph Phillips, owner of Dryland Marine in Sechelt. Sweeney says he's testing the market but has made 'no commitment to production yet.' Pictured in the YachtTub is his daughter Siobhan Sweeney-Borger who was visiting from New York for his birthday.

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#### NEWS

## Part three of 2011 census data released

four staggered reports from the 2011 census on Sept. 19.

Titled "Families, households and marital status," it paints a picture of the modern Canadian home.

Across Canada, married couples were the predominant family structure in 2011 at 67 per cent.

For the first time, there were more common-law-couple families (16.7 per cent) than lone-parent families (16.3 per cent) in Canada.

In Area A, married couples made up 74 per cent of the total number of "census families in private households" while common-law couples landed just below the national average at 15.7 per cent.

Ten per cent or 85 families in Area A were listed as having a single parent with the majority (70 per cent) of single parents being female.

The Sunshine Coast average for single parent families was 13.8 per cent.

Area A posted the lowest average for the number of children per house-

Stats Canada released the third of hold on the Sunshine Coast with 0.5 children per census family.

> The Sechelt Indian Government District was the highest averaging one child per census family while Area D (Robert Creek) was second highest with 0.9.

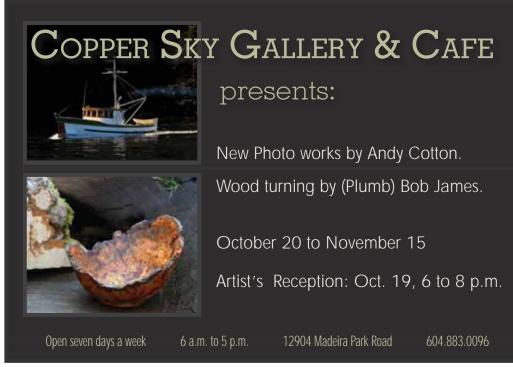
Census data also revealed that the Sunshine Coast is not the best place to find a mate either.

Only 36 per cent of the Area A population aged 15 years and over were listed as single (single, separated, divorced or widowed) while the Sunshine Coast averaged 38 per cent.

The 2011 census supports our provincial capital's long-held reputation as having a wealth of available singles.

Over 57 per cent of those living in the City of Victoria are listed as single, well above the provincial and national averages which both sit at approximately 42 per cent.

The next census release will be titled "Language" and is scheduled to be released on Oct. 24.



#### **PHOTOJOURNAL**





Brian Lee photos

Principal Barry Krangle and and some of teachers at Madeira Park Elementary took advantage of the good weather and dry grass in September to train for a Sept. 26 field trip. As part of an introduction to the Port of Vancouver, the students rode bicycles around the Stanley Park seawall. Key points to learn before letting the kids loose on the narrow and sometimes crowded confines of the seawall included how to ride in a group, bicycle etiquette and how to stay rubber side down.



# **Updates, upgrades and UBCMs**



By Frank Mauro, Area A Director

#### FLOAT PLANES ON DRINKING WATER LAKES

To the shock and surprise of many resi-

dents, a float plane landed on Garden Bay Lake one morning this summer.

Several people communicated to me their concern about planes landing on a lake that is used for public swimming, has motorboat restrictions and is the source of drinking water for the north Pender community.

Upon investigation I found that there are currently no restrictions to prevent float planes from landing on our drinking water sources in the regional district. Several other districts have these restrictions, including Powell River and, of course, the Greater Vancouver Regional District.

The "no landing lakes" are listed in a Transport Canada document called the Canadian Water Aerodrome Supplement.

I received unanimous support from SCRD board members for a resolution to have all drinking water supply lakes in the district protected by adding them to the "no landing" list.

Regional district staff are working with Transport Canada to achieve this.

I am hoping for a positive result and that our lakes will be included in the next list, issued in March 2013.

#### WATER SYSTEMS UPGRADES

I am pleased to report that the UV treatment system and the intake structure changes are complete and operational for the North Pender Water System.

The Egmont System is completely installed but has some startup problems.

The system works fine on manual but the automatic controls do not function correctly as of the time of writing this article.

The supplier is on site and attempting to resolve the problem.

There is some bad news for the South Pender Water System Upgrade.

The received bids did not meet requirements and the contract must be re-tendered, causing a significant delay in the completion of the project.



The new completion date is expected to be near the end of 2013. rather than early in the year.

I know this will be a disappointment for many residents but this is a large contract and must be done properly — fast-tracking is not an option.

We have received an extension from the grant funder to allow us to re-tender and complete the project.

We had all hoped to see the end of water advisories by now but we will have to be patient.

As previously reported, one condition of the funding is that water meters be installed.

Some meters are already installed in our area and the rest of the district.

A staff report was submitted comparing the ongoing costs of the different methods of meter reading including touch, standard visual, and radio data.

The savings overwhelmingly favour the radio reading system.

Existing meters in the district can be retrofitted by simply exchanging the meter head.

The SCRD board supports the radio reading system for the entire region.

#### PENDER HARBOUR **COMMUNITIES ASSOCIATION**

It was extremely gratifying to see the town hall meeting held by this group held on Sept. 9 so well attended, with standing room only at the Madeira Park Community Hall.

For me, it indicates that our residents are keenly interested in volunteering and collaborating to develop a vision for our communities.

Both the proposed Area A bikeways/walkways function and the upcoming review of our official community plan require a great deal

of community input and the participation shown is a giant step in the right direction.

#### UNION OF BC MUNICIPALITIES **CONFERENCE**

I am attending the UBCM conference in Victoria during the last week in September.

This is an important opportunity to meet with provincial government ministers to present issues confronting our area and the regional district.

To this end, meetings have been scheduled with five ministers to discuss and present various topics, including the dock issue in Pender Harbour, local resource management plans, illegal dumping and enforcement, ferry service, and grants for repairs of older recreation facilities.

The SCRD directors have also sent resolutions to UBCM which will be presented and discussed at the conference on topics including costs for fire protection, funding for BC Conservation service, illegal dumping enforcement, privatization of water systems, exterior full cut-off lighting, asbestos-contaminated gypsum, commercialization of water and emergency preparedness funding.

The conference also has a valuable education component including topics such as local government finance and local government leadership.

I will report on the UBCM conference in my next article.

#### **OPEN DISCUSSION**

I will be available between 8 a.m.and 10 a.m. on Friday, Oct. 5 at the Copper Sky in Madeira Park to answer questions and to listen to your concerns.

I can be reached at (604) 740-1451 or by e-mail at Frank.Mauro@ scrd.ca.

#### **SUPPORT THE HARBOUR SPIEL:**

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Pender Harbour and Egmont Chamber of Commerce

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SEPTIC SYSTEMS

WATER LINES

# **Geraldine Crystal Dougan (Bilcik)**

JULY 11, 1959 — SEPTEMBER 9, 2012



Geraldine was surrounded by her children and many loving family members when she peacefully slipped away.

She put up a strong fight against the cancer that would eventually take her young life.

She is survived by her son Darryl Dougan and her two daughters, Nyla and Sally Dougan.

Geraldine lived in Pender Harbour all her life.

She had and raised her children in the community that she loved.

She started working at Pender Harbour Diesel at age 26 and

eventually became partners in the business.

She was an active member in the community.

Geraldine will be greatly missed by all.

A celebration of her life was held at the Pender Harbour Lions Club in Kleindale on Sept. 15.

Instead of flowers, a donation to the BC Cancer Agency in her memory would be greatly appreciated.

The family would like to thank Dr. Robinson and the nurses at the Pender Harbour Health Centre for their help and support.

# Make Us Part of Your Fall Line Up!

The Pender Harbour Aquatic and Fitness Centre (PHAFC) offers programs and services designed to build personal health and fun for all ages. Registration for Fall programs is now open.



#### **SPECIAL EVENTS IN OCTOBER**

#### 'Fill the Tot Pool' annual Food Bank

**Drive**. From October 1 to 6 join us to support the Pender Harbour Food Bank. With your donation, enter your name to win a prize at the draw taking place at the October 7 Thanksgiving Swim from 1:00 p.m. to 5:00 p.m.

#### Youth Nights

Join us on Friday, October 5 at the Pender Harbour Aquatic and Fitness Centre. This is a joint program with the Pender Harbour Community School. Amy Perry will be teaching Hip Hop 7:30 p.m. to 8:30pm. \$3 drop in.

#### **Zumba Dance Party**

Join us on Saturday, October 6 from 6:00 p.m. to 9:00 p.m. for 30 minute class tryouts, pool games, refreshments and mocktails.

#### October is Breast Cancer Awareness Month

Join us on Wednesday October 10 from 9:00 a.m. to 10:00 a.m. for Deep Water Aquafit to help raise funds for a cure and have some fun!

#### Thriller!

On Sunday, October 28 from 1:00 p.m. to 5:00 p.m. our Hallowe'en family event will include haunting pool activities and the opportunity to learn the famous 'thriller' dance moves with Amy Perry.

#### **POOL CLOSURES**

The pool will be closed on October 8 and on the evening of October 31.

Family Swim Night Every Saturday, 6:00 p.m. to 9:00 p.m for \$5

Early bird Lengths, Monday, Wednesday and Friday from 7:30 a.m. to 9:00 a.m. It's a great way to start your day!

Toonie nights: Every Tuesday from 6:00 p.m. to 9:00 p.m.

You can view all our schedules on our website.

**Try a fitness class for FREE** from October 1 to 6.

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Page 14 Harbour Spiel

## How hard can you hug a tree?

Dear Editor,

A float plane on Garden Bay Lake? What next?

Maybe we should cut all the maple trees within a half a kilometre of the lake because they shed their leaves into the lake in the fall acidifying the water.

First of all, float planes don't leak oil.

If they do, they don't take off. They don't leak gas.

If they do, they don't take off. They don't discharge exhaust into the water like an outboard motor, which is why we don't allow them on the lake.

If they do, they're sinking.

The pollution created by a float plane would be no different than having two canoes on the lake.

If this upsets people, consider the amount of urine being discharged into the lake around the T-dock every day of the summer, or the amount of para-amino benzoic acid being sloughed into the lake all summer. Not to mention the other chemicals being washed into the lake from the sunscreen of the thousands of people swimming all summer.

I'm sure the oil being washed into the lake off Garden Bay Road all year could be measured in litres.

I really don't care if a plane ever lands on the lake again and I'm sure Harbour Air doesn't either, but come on folks, how hard can you hug a tree?

> Rick Smalley Garden Bay

## What about Ruby Lake?

Dear Editor,

Regarding the Ruby Lake water-shed:

We are writing to voice our concern about the increased boat and recreational traffic on Ruby Lake as this is our source of drinking water.

We would like to refer to Dale

Jackson's comment in the September *Spiel* about a pending SCRD bylaw that will disallow planes to land on Garden Bay because it's a watershed.

Shouldn't Ruby Lake also be protected by the same bylaw?

Cathy Anderson/David Carmichael
Earls Cove

# Royal Canadian Legion #112 Upcoming events for October:

## LADIES NIGHT: Sept. 29 Saturday!

Kenny Shaw and Brian Temple
Tix: \$50 each (available at the bar).
Dinner, prizes and \$1,000 Calcutta draw.
Doors: 6:30 p.m. ~ Dinner: 7:30 p.m.

# THANKSGIVING HAM & TURKEY DRAWS/PIE AUCTION: Oct. 6

After the Fall Faire!

**GENERAL MEETING: Oct. 19** 

11 a.m. (Lunch following.)

FLU CLINIC: Oct. 25

10 a.m. to 2 p.m.

# **Malcolm offers mammaries of Powell River**

Dear Editor,

I was just thinking after reading Glenn Nelles comments in the September issue of the *Harbour Spiel* last night:

If he is comparing the Sunshine Coast to the human body and, if the

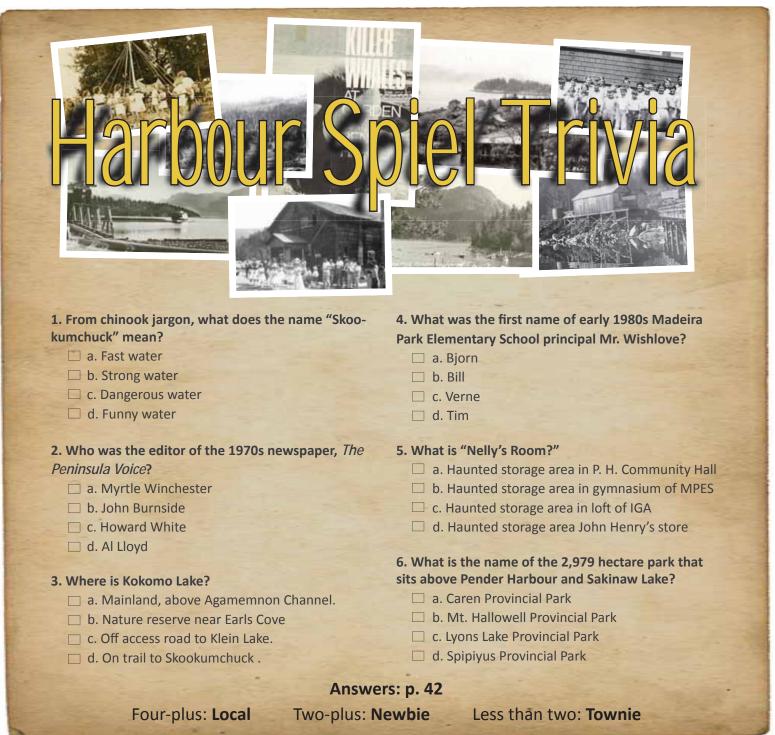
Port Mellon/Langdale area is the foot, wouldn't Lund be the head and wouldn't they (Powell River) be the boobs?

Bev Malcolm Proud Beaver Island belly buttoner

Support and promote local shopping this season by reserving space in the full-colour HARBOUR SPIEL "SHOP LOCALLY" GUIDE coming in the November and December issues.

Limited spots available. Discounts for multiple product insertions. Photography included. **e-mail: xmas@harbourspiel.com** 







Harbour Spiel

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## **PHOTOJOURNAL**



Brian Lee photo

This Wylie 52, Persuasion, sits with its bow on the bottom in Lees Bay shortly after striking a rock off Daniel Point on Aug. 28. Persuasion is registered out of Anacortes, Wash. Seen here are two C-Tow commercial vessels working to refloat the 52-foot sailboat which was taking on water through tears in its hull around its keel, which took the brunt of the collision.



Brian Lee photo

After divers secured tarps underneath the hull, water was pumped from its cabin and bilge while airbags and barrels nudged her back to the surface.



Ryan Lee photo

By evening, the Persuasion was afloat and gently towed into Pender Harbour to be hoisted onto Garden Bay Marine's ways and de-rigged for transport to Vancouver. Persuasion has been a frequent competitor in races in BC including the Swiftsure and the Cadillac Van Isle 360. It's unclear whether she will survive this ordeal to race again or be stripped for parts.



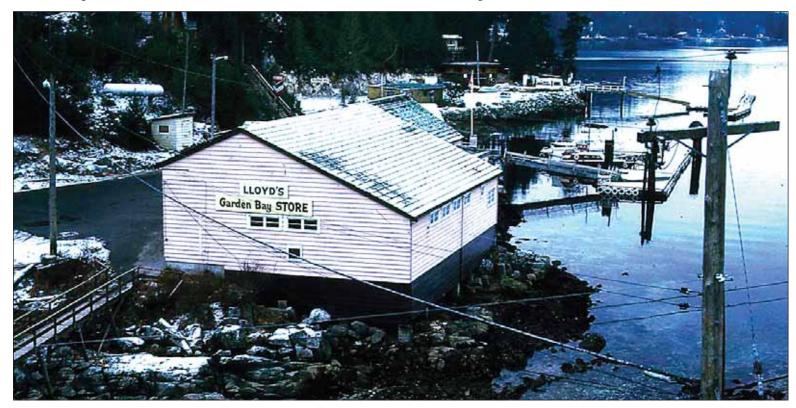
Sunday, October 21 at 2pm School of Music Madeira Park



Tickets \$25 | Harbour Insurance, John Henry's Marina, Sechelt Visitor Centre, Gaia's Fair Trade



# Al Lloyd's General Store a.k.a John Henry's Marina turns 65



Gini Zacharias photo

Lloyd's General Store in 1973 or 1974.

By Lucy Archbold

Picture Pender Harbour in the early 1940s:

No roads.

No water.

No electricity.

Just boats and ocean.

A young man named Al Lloyd worked at Irvines Landing General Store.

It was a general store, the kind where you gave the clerk behind the counter a list of what you needed and then the clerk filled out your order.

Lloyd later went to Vancouver and worked in Woodward's Food Floor.

It was there he had a vision for Pender Harbour

He returned to the Harbour in 1946 and convinced five of his friends to lend him \$5,000 each.

Al bought the entire peninsula in Garden Bay (now Panorama Drive) and the future site of John Henry's Marina.

Even at that time he knew the importance of the three Ls: Location, Location, Location.

He cleared the forest and towed the logs into Bargain Harbour to the be milled.

After barging his lumber back to the beach near the future site of the store, he started building.

Everything had to be delivered by sea — even water for the concrete had to be delivered in barrels.

Boats unloaded at the government dock and everything had be wheeled to the footbridge.

Barrels were rolled over the bridge rails to the store side.

That is why the footbridge is the width it is.

Lloyd finally opened Al Lloyd's General Store in 1947.

There were aisles containing gro-Harbour Spiel

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Page 18

ceries, dairy, hardware, tackle, fridges, stoves, outboard motors and ice.

There was even a toy store display upstairs to help people to decide on their orders.

Much of the community, and especially the five people who financed him, thought he had lost his mind.

It was thought people would rob him blind.

But Al built a very successful business and paid out his backers within a year.

The store's motto was "You Do Better at Lloyd's" and every week he produced his own advertising newspaper with his special and stories.

A funny story was told to me by one of my friends who worked for Al.

At that time, the entrance of the store was where the post office is now while a display picture window sat in place of the future loading dock.

Al arrived at the store one morning to discover that he had been broken into.

The safe had been opened and \$10,000 was missing.

My friend arrived to work just as Al was hoisting the damaged safe up onto the display window with a great big sign that said:

"Even Thieves Do Better at Lloyd's."

Lloyd sold the business to his employee Les Curly who later sold it to John King who, in turn, sold it to Don Locke.

During that time, the front door was moved from the side to its present location looking out over the entrance to Pender Harbour.

Though the new entrance offered a better view of the Harbour, they were forced to move it because the front door kept getting blown off its hinges by the frequent southeast winds that barrelled through Garden Bay.

The store and aisles were also redesigned to accommodate the new entrance.

Later the business was sold to George and Fran Taylor.

The Taylors owned the store for much of the 1970s and seem to have made the biggest impression in the community.

The Taylors sold to Len Otto and George and Verna Parslow who changed the building to the Tudor style seen today and renamed the store John Henry's Marina.

While at the lawyer's office to sign the papers to make the purchase, the lawyer handed over the documents, and said,

"Put your John Henry there."

Otto and Parslow looked at each other and agreed it was a great name for the store

Thus the store became John Henry's Marina.

Later they sold it to Cliff and Mary Alice Orr who sold it to us (Wayne and Lucy Archbold).

Wayne and I lived in Langley; he was a contractor and I was a paralegal.

Friends of ours retired to the Harbour and established the Royal Vancouver Yacht Club outpost.

We would visit them and boat

and party at Irvines Landing and the Garden Bay Pub.

Then we got talking about buying some property in the Harbour and what were we going to do for retirement

One winter we were here for Christmas and New Year's Eve and couldn't get marine fuel because everyone was closed for the holidays.

Wayne joked that we should buy one of the places because surely there were more than just us needing fuel over the holidays.

One thing led to another and in February 1995, Wayne and I bought the store.

Three days into the business, Wayne broke his leg.

While he was in the hospital I had two of our good friends install the window that looks out to our beautiful harbour with its magnificent sunsets.

Wayne returned from the hospital in pain and on crutches, depressed at not being able to help.

I said, "It's OK. Remember, we are 'retired' — all is good."

Wayne tells me I was never a great speller and that we are actually "real tired."

But, life is good and where else could we work right on the water and have such a view in a great community?



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•	Coast Guard Auxiliary, Unit 61	883-2572
•	Community Club, Egmont	883-1379
•	Community Club, Pender Harbour	741-5840
	Community Policing	
	Community School Society	
•	Egmont & District Volunteer Fire Department	883-2555
	GRIPS (Recycling Society)	
	Garden Bay Sailing Club	
•	Guides, Brownies, etc	883-2819
	Harbour Artists	
	Harbourside Friendships (Thur. 10:30 -1 p.m.)	
	Health Centre Society	
	Health Centre Auxiliary (Last Monday, 1p.m.)	
	InStitches (Last Thursday, 11 a.m., PHHC)	
	Lions Club, Egmont	
	Lions Club, Pender Harbour (1st & 3rd Tues.)	
	P. H. Aquatic Centre Society	
	P. H. Cancer Support Group	
	P. H. Garden Club	
	P. H. Golf Club	
	P. H. Hiking Club (8:30 am, Mon. & Wed.)	
	P. H. Living Heritage Society	
	P. H. Music Society (bookings)	
	P. H. Paddling Society	
	P. H. Pipe Band	
	P. H. Power & Sail Squadron (2nd Wed. 7:30 p.m.)	
	P. H. Volunteer Fire Dept (Wed. evening)	
•	Pender Harbour Choir (7:00 pm Tues)	883-9749
	Piecemakers (quilters, 1st & 3rd Wed. 10 a.m.)	
	Reading Centre Society	
•	Rotary Club (noon Fri. Garden Bay Pub)	883-2544
	Royal Canadian Legion No. 112	
	Ruby Lake Lagoon Society	
	Skookumchuck Heritage Society	
	St. Mary's Hospital Auxiliary (2nd Wed.,1:30 p.m.)	
	Seniors' Housing Society (3rd Thur.)	
	Serendipity Preschool	883-2316
•	Sunshine Coast SHROOM	883-3678
•	TOPS (Take Off Pounds Sensibly)	883-3639
	Wildlife Society (3rd Tues. PHSS)	
•	Women's Cancer Support	883-9708
•	Women's Connection (2nd & 4th Tue.)	883-3663
•	Women's Outreach Services	/41-5246

#### LOCAL ORGANIZATIONS

#### P. H. GARDEN CLUB

On Monday, Oct. 15, the Pender Harbour Garden Club will host John Gillespie. John is a professional land-

scape designer and horticulturist, certified master arborist, and green roof technician with a passion for sustainable living. He is the owner of LandWise Landscape Design and co-author of *Everyday Eden* (Harbour Publishing, 2011) and *Sow Simple* (Harbour Publishing, 2012).



The focus of his presentation will be "What does a low-maintenance garden mean?" He will also answer any general gardening questions you may have. The presentation will be held at the Pender Harbour School of Music at 10 a.m. Admission for non-members will be by donation.



#### P. H. WOMEN'S CONNECTION

The P. H. Women's Connection will take a walk on the wild side on Tuesday, Oct. 9. Starting at 10 a.m., members will take a field trip to the Iris Griffith Centre at 15386 Sunshine Coast Highway. Come dressed appropriately for the weather and bring a brown bag lunch.

There, members will learn about the Ruby Lake Lagoon Society and their work in preserving local ecology, hear about local wildlife and meander the trails both before and after lunch.

On Tuesday, Oct. 23, our Area A SCRD representative Frank Mauro will reflect on his first year in office and let us know what is going on at the SCRD. He wants to hear what we are thinking about as well.

This event will start at 10 a.m. at the P. H. School of Music. Remember to bring \$10 cash for your annual membership fee. This fee is easily recouped on a fee reduction on Women's Connection events and goes to support the work of our organization. Only members will get regular meeting reminders, as well. For more information about membership, contact Maureen at (604) 883-0444.

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#### Yeeeee-hawww! The Pender Harbour Fall Faire is this weekend!

The Pender Harbour Fall Faire is this Saturday, Oct. 6.

Come and join us from 10 a.m. until 3 p.m. to view all the entries in the harvest exhibition at the Royal Canadian Legion in Madeira Park.

Enter your baked goods, preserves, floral displays or your fruit and vegetables.

There is also an amateur photo contest.

Entry forms for both the harvest exhibition and the photo contest are available in advance at Bluewaters Books in Madeira Park or John Henry's in Garden Bay.

Come out to the Legion to milk

Hilda the Harbour Heifer or to guess the weight of the Pender Pumpkin.

A number of non-profit groups will also have display booths on hand.

Hayrides are available to take you to the Artisan's Show and Sale at the P. H. Community Hall and the Pender Harbour Agility All-Stars Dog Show on the elementary school grounds at 1 p.m.

Hop back on the hayride to take in the Harbour Artists Gallery sale and quilt show.

For the younger set, we have boat building and pumpkin and cookie decorating or join in the activities at the P. H. Reading Room.

Raffle Tickets will be on sale until 1:30 p.m. to win prizes from the Harbour Artists, Oak Tree Market, Pam's Plants and Rona.



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Sundays: 10 a.m. to 2 p.m.

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# P. H. Wildlife Society presents Adrian Nelson

The Pender Harbour Wildlife Society is pleased to welcome Adrian Nelson as the guest speaker at their Oct. 16 meeting.

Nelson is the director of communications for the Protection of Fur-Bearing Animals (also known as Fur-Bearer Defenders) and their inhouse expert on beavers.

The PFBA has been working to protect Canada's wildlife and provide non-lethal alternatives for co-existing with wildlife.

Adrian will give an illustrated talk on beavers.

Come out to learn more about

these industrious creatures and how we can peacefully live together with them

He will lend some insight into the life of a beaver as well as talk about about the use of flow devices to prevent beaver-related flooding.

Adrian has successfully installed these devices in several municipalities across the country as well as here on the Sunshine Coast.

The meeting is at the Pender Harbour Secondary School at 7:30 p.m.

Refreshments will be served ( no charge) and everyone is welcome.

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# Calling all singers!

Voices needed for an adult Christmas Cantata:

# "Behold the Star!"

Practices to be held on Wednesdays at 7 p.m. and Sundays at noon.

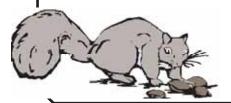
Introductory night will be on Oct.16 at 7 p.m.
Christ the Redeemer Church

Contact Nancy Mackay: (604) 883-2307

Celebrate the Christmas season in song!

# Something to Squirrel away?

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# Sneaking a peak: P. H. Music Society's 2012 — 2013 concert series

Taken in part from Pender Harbour Music Society promotional material

The Pender Harbour Music Society was formed in 1987 to "nurture, promote and enhance music, music education, and culture on the Sunshine Coast, particularly in the community of Pender Harbour."

To that end, the PHMS manages the Pender Harbour School of Music, a cultural melting pot for meetings, instruction and performances.

Every year, the society presents a season of monthly concerts at the P. H. School of Music that have ranged from blues to pop, flamenco to folk and jazz to classical.



# TWO MUCH GUITAR Sunday, Oct. 21, 2 p.m.

The 2012/2013 season opens with the return of "Two Much Guitar" — Bill Coon

and Oliver Gannon on guitars backed by Darren Radke on bass and Dave Robbins on drums.

Sparks fly between Gannon and Coon with conversational quality and intimacy few duos can achieve.

Gannon is the high water mark in the instrument's modern tradition in Vancouver.

He's a direct, earthy, fabulous foil to Coon's breathtaking dexterity, making them a delight to see perform.



#### **ZAPATA NEGRO**

Sunday, Dec. 2, 2 p.m.
This global
blend of AfroCuban rhythms and

jazz is perfect for a winter afternoon.

Featuring musicians from Canada, Cuba, Venezuela and the U.S., the band's members have played this music at the highest level, making contributions of their own internationally to the music as a whole.

Zapato Negro has developed an eclectic and exciting concert repertoire that includes original compositions, underplayed jazz standards done in African rhythm and classics of Latin music reworked, re-harmonized or re-rhythmicized in jazz.

You will dance in your seats.



# JOEL FAFARD & JOEL SCHWARTZ

Sunday, Jan. 13, 2 p.m.

Award-winning guitarist Joel Fafard plays and sings origi-

nal material with the soul of a purist and the showmanship of a seasoned entertainer.

He tells hilarious between-song stories with the confidence of a late show host and when he lets rip a solo on his resonator guitar, it's easy to hear how he once earned both a Juno nomination and a western Canadian music award.

Joining him for this gig is Toronto guitarist Joel Schwartz.

"Think country gentleman guitarslinger hanging out in Chicago to mend a broken heart," wrote Rosemary Phelan of Schwartz.



# WESTERLY A CAPPELLA GROUP

Sunday, Feb. 17, 2 p.m.
Tim Everett (tenor), Susan

Everett (soprano), Doug Austin (bass), and Katrina Bishop (alto) create their music using just the human voice.

Together they bring over 75 years of singing harmony to the stage.

Since their inception in 1987 (as the "4 Tunes") WAG has performed all over British Columbia in evening concerts, as roving performers in Whistler and on the mainstage at the Pacific National Exhibition.

Whether on trains, at festivals, in coffee shops or at the Vancouver Playhouse, WAG's tremendous musicality, honest approach and infectious fun has something for everyone.



#### ARCHIE FISHER Sunday, March 10, 2 p.m.

Guitarist, singer and songwriter Archie Fisher is Scotland's foremost troubadour.

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Fisher is known throughout the country as the host of BBC Radio Scotland's award-winning "Travelling Folk" show, which he has presented for over 25 years.

His Gaelic and Glasgow roots influence his song writing and playing, as have many fellow musicians he has encountered over the years, including Lonnie Donegan, Bert Jansch, John McKinnon, Tommy Makem, John Renbours and Garnet Rogers.

But Fisher remains one of a kind, a gem we are thrilled to have back on our stage.



ROBERT KORTGAARD & PETER TIEFENBACH Sunday, March 24, 2 p.m. Gifted classical

pianists Robert Kortgaard and Peter Tiefenbach recently joined forces to create an impressive new ensemble.

As two of Canada's most accomplished and virtuosic musicians, they

have been amazing concert and broadcast audiences across the country for many seasons, both as individual artists and in collaboration with some of Canada's finest musicians.

Now they lend their unique gifts to the large and varied body of repertoire for piano/four hands.



#### TRIO HOCHELAGA Sunday, April 14, 2 p.m.

Bearing Montreal's original Iroquois name, the Trio Hochelaga consists of violin-

ist Anne Robert, cellist Paul Marleyn and pianist Stéphane Lemelin.

Trio Hochelaga devotes itself to the performance of chamber music for trio, from the Classical period up to the music of today.

Nourishing a special taste for the Romantic and post-Romantic repertoire, and in particular the French repertoire from the end of the 19th to early 20th centuries, the trio has taken

on the mandate of making known the hidden gems of this repertoire to a larger public.



# DANIEL BOLSHOY & CELSO MACHADO

Sunday, May 12, 2 p.m.

The season ends with classical guitarist Daniel Bolshoy and

world music percussionist, guitarist and vocalist Celso Machado.

Machado is considered to be one of the most versatile musician/composers of Brazilian music today.

His guitar technique is but one of his passions; his gift for making music out of anything and everything around him is his mission in life.

Bolshoy is considered the foremost classical guitar teacher and performer in Canada, known for his innate musicality, sensitive interpretations and technical mastery.

This will be riveting.







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 $\mathbf{V}$ .....

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The winners in life think constantly in terms of I can, I will, and I am.

Losers, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do.

- Dennis Waitley

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# Using the rule of three to combat 'canis interruptus'



By John Wade

Dear John,

We have a seven year old male dog. Whenever my wife and I hug and

kiss (not to mention further intimacy) the dog barks non-stop.

Any idea what's causing this? ~ Peter Salt

Hi Peter,

Don't you mean, "How do I stop this?"

This behaviour problem is sometimes referred to as "Canis Interuptus" — Latin for "unexpected cold shower."

It develops when an owner doesn't correctly or consistently say, "No!"

If you're repeatedly not getting the results in the bedroom — I think it's safe to say you're doing it wrong (the saying "No!" part) and I recommend something called the "Rule of Three."

I often hear,

"He knows he's done wrong. You can tell just by looking at him. Why does he keep doing it?"

Chastising or rewarding a dog once is usually not enough for a dog to understand your point.

More likely, it leaves the dog



wondering if you're having mood swings.

Knowing an owner is upset and knowing why are two separate things.

Dogs aren't mind readers.

Sometimes they need you to help them connect the dots, so I encourage dog owners to repeat the lesson three times in quick succession aka the "Rule of Three." Before you can apply the "Rule of Three," you need a dog's attention.

For example, if my dog starts to hump a leg, I use the leash to redirect the dog's attention from leg to me.

The leash is not used to "correct" the dog — I just use it to get my dog to stop thinking, "Hump" and start thinking "John."

Maybe I didn't word that in the





best way but you know what I mean.

Once I have his attention he's going to see in my body language and hear in my tone a dramatic contrast to my usual jovial self.

He may not understand the words, "What are you doing to Grandma," but my tone and body language will be clear something is amiss.

It quickly switches to reward mode the moment he even slightly reins things in so to speak.

If in attempt to avoid disinheritance I then remove him from the room or if Grandma refuses to come down from the dining room table what might he take away from his experience?

He might just think I was critiquing his technique or he might wonder if it's a hierarchy thing and conclude he must have gone out of turn.

Provide clarity by using the Rule of Three.

I follow the first message with two more right away.

I let the dog go back to Grandma's leg (if I must, I ask Grandma to move her leg enticingly).

I don't wait until he's buckled back on.

The second I think he has loving on his mind, I use the leash to redirect his attention to me while applying tone and body language.

And then I do it a third time.

If it doesn't work, it just means I either didn't have his attention or whatever I'm offering as a reward or consequence doesn't compare to the allure of Grandma's leg.

I adjust accordingly until, when offered the leg a third time, the dog finally says, "What leg? I don't see a leg."

If you want a "happy ending" to your bedroom problem you must get

your dog to attempt to interrupt "further intimacy" three times in a row in reasonably rapid succession.

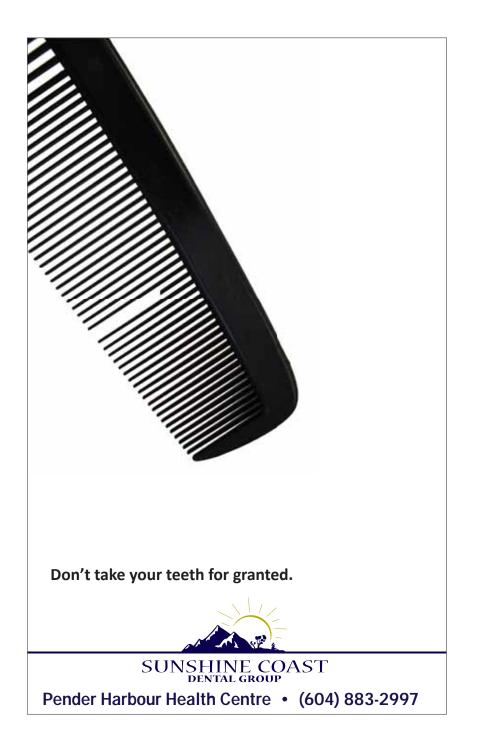
You may have to show your wife this column to get her to believe that the need for three times is for the dog's sake.

For some reason, studies show that younger men have more success

resolving this specific problem.

Pawsitively yours, John Wade

e-mail John at: johnwade@johnwade.ca or visit his website at www. johnwade.ca





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#### HARBOUR SEALS



# Let it be heard with an approval or disapproval.

Send to: **editor@harbourspiel.com**. Include full name and telephone number for confirmation. (Editor reserves the right to edit for length.)

A Harbour Seal of Approval to **Carole Rubin** for a wonderful weekend of great sound. The boaters all loved it.

Robin Millar Harbour Authority of Pender Harbour

A Harbour Seal of Approval and green thumbs up for **Bruce Hillhouse** who organized the community garden at the Egmont Community Hall. The garden is lovely.

**Beverly Saunders** 

Thank you!

Thanks to all of you for the kind words, cards and flowers and to those who helped make possible the celebration of life honouring Geraldine.

It's wonderful to have such good friends who support one another when needed.

Thanks again, Geraldine's family

Page 30 Harbour Spiel

## Rob Cameron hits hole-in-one



By Jan Watson

Another first:
Congratulations
to Rob Cameron for
his hole-in-one on No.
6 during men's day on
Aug. 28.

Cameron used a seven iron off the white tees and was witnessed by Rusty Ellis and Brian Disney.

It was an expensive 19th hole as Rob did not have insurance or his quarter in the pot.



Eight graduates of the Learn Golf @ PHGC program battled it out in the stroke play championship held off the black tees on Aug. 30.

Al Cook took the title by two strokes with Tanner Haase trailing close behind.

Third prize went to Cole Charlton and the closest to the hole prize was won by Fynn Mansbridge-Fafard.

Julian Chiasson, Paulo Cogrossi



photo submitted

The junior stroke play championship on Aug. 30 was won by Al Cook (m). Coming second was Tanner Haase (I) and third was Cole Charlton (r).

and the infamous McDonald boys, Ryan and Ian, rounded out the field.

Over cheeseburgers afterward, the instructors congratulated the players on their sportsmanslike behavior on the course and the progress they had made over the previous five weeks.

Congratulations to all junior participants.

#### FROM THE 19TH HOLE

Golfer: "I'd move heaven and earth to break 100 on this course."

Caddy: "Try heaven, you've already moved most of the earth."

# **PHOTOJOURNAL**



Brian Lee photo

The 171-foot (52-metre) steel-hulled *Tamsen* visited the Harbour on Sept. 6, mooring at the Garden Bay Pub. It was built by Italian shipyard Perini Navi in 2007 and is owned by the extended family of the Firestones of Santa Barbara, CA. The boat takes its name from the wife of Robert Firestone, the patriarch of the Firestone family and is estimated to cost more than \$43 million. The families cruise the globe on her and, after leaving BC, will visit Alaska before they head across the Pacific to Asia.



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October 2012



# PENDER HARBOUR

# **HEALTH CENTRE**



# www.penderharbourhealth.com

Please check the website for current hours and information.

#### NURSING SERVICES – 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays
• Blood tests • ECGs • Injections

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Alcoholics Anonymous meets Wednesdays at 8 p.m. – Everyone welcome. LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area

Page 32 Harbour Spiel

## Physical activity the key to good health

By Kathy Bergman R.N.

Being physically active is the most effective tool seniors have to combat health risks and remain independent.

The question then must be asked, why are two-thirds of elderly Canadians inactive?

Good health is important to Canadians of all ages but for the elderly it can be increasingly difficult to achieve as time takes its toll on bone density, muscle strength, mental acuity and the body's autoimmune system.

Research has shown a significant correlation between level of activity and health status for people aged 65 and older.

A recent national survey showed that 67 per cent of seniors who are active three or more times a week are in good health, compared to only 36 per cent who are infrequently active.

#### THE BENEFITS OF BEING ACTIVE:

- Improves functional capacity, mental health, fitness levels and overall well-being, helps prevent chronic diseases.
- Reduces the risk of falling up to 47 per cent and improves your ability to recover from a fall.
- Reduces the incidence of illness and delays the decline associated with aging.
- Improves the ability to recover from poor health.
- Helps seniors make connections and build social networks that promote overall health.

Despite these benefits, 58 per cent of Canadians aged 65-plus engage in very little or no activity, making this the most sedentary segment of our population.

# WHY ARE SENIORS RELUCTANT TO EXERCISE?

A lack of motivation to exercise isn't exclusive to the elderly but there

are reasons specific to seniors that can explain a reluctance to become active:

- Unaware of the benefits.
- A belief that only strenuous exercise yields results.
- Unsure of which exercises to undertake.
- A feeling that "it's too late" to begin.
  - Fear of pain or injury.
- Lack of supportive environment.

#### WHAT ACTION CAN YOU TAKE?

- Check out the Pender Community Fall Guide and see if there is a program at the Pender Harbour Aquatic and Fitness Centre that you can join.
- Connect with a friend and commit to increasing your physical activity. Start off small and go for a walk on level ground.
- Join the seniors at the community hall and participate in the carpet bowling on Wednesdays at 1 p.m.

# **Upcoming P. H. Health Centre events:**

- Flu vaccine clinics at the P. H. Legion Oct. 25 and Nov. 8. (Times TBA)
- Flu vaccine clinic for children (only with prebooked appointments) Nov. 1 at the P. H. Health Centre from 2 to 4 p.m.
- PAP Awareness Week is Oct. 22-26. Any woman needing a PAP is invited to call the Health Centre at (604) 883-2764 to book an appointment. New patients are welcome and you do not need a referral from a doctor.
- We are preparing to offer the Happy Hearts Program for anyone that has had a myocardial infarction,

cardiac stints or open heart surgery. This will be an 11-week educational and exercise program. Please contact the health centre for more information.

#### HARBOURSIDE FRIENDSHIPS

Harbourside Friendships is excited to present a variety of events for October.

For information please call Cathy at (604) 883-9760.

Oct. 4: Celebrate Thanksgiving with a return visit from Pender's own Skinny Jimmy. Join us at 10:30 a.m. at the Pender Harbour School of Music for a morning of song. Lunch

is served at noon.

Oct. 11: Meet at 10:30 a.m. for coffee at the Pender Harbour School of Music followed with board and card games. Lunch is served at noon.

Oct. 18: Please note change of venue — Movie Morning at the Pender Harbour Legion Hall. Meet for coffee at 10:30 a.m. and then enjoy some short informational videos. Lunch will be served at noon.

Oct. 25: Start with coffee at 10:30 a.m. at the Pender Harbour School of Music. The program will feature a safe driving workshop for mature drivers. Lunch is served at noon.

Don't miss the P. H. Volunteer Fire Department's Annual

# EREWORKS

Halloween Night (weather permitting)

WEDNESDAY, OCTOBER 31

7:30 p.m.

Come on out with the whole family for a great evening of entertainment, hot dogs, hot drinks and a bonfire at Seafarer's Millennium Park, the best viewing spot in all of Pender Harbour!

# PLEASE SUPPORT THIS EVENT BY BUYING A RAFFLE TICKET

Tickets available at: the IGA, S.C. Credit Union, John Henry's, Oak Tree Market, Marina Pharmacy, Rona, P.H. Diesel, Copper Sky Cafe, Harbour Insurance, Java Docks or from your-favourite Pender Harbour firefighter.

Winners will be drawn Halloween night at the fireworks

ALL PROCEEDS GO TOWARDS THE PHYFD FIREWORKS DISPLAY FUND.

# PRIZES:

- 3.5HP Mercury 4-stroke outboard motor Madeira Marina
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- Digital camera w/ card Dave Milligan/Sunshine Coast Homes
- 3,000W porable generator Pender Harbour Diesel
- \$100 value gas card Prudential/Bill Hunsche/Teresa Sladey
- \$100 gift certificate Rona
- \$200 value gift certificate IGA
- \$200 value meat package Oak Tree Market
- \$200 value boat gas John Henry's Marina
- His and hers watches Marina Pharmacy

The P. H. Volunteer Fire Department thanks the donors and those who purchased raffle tickets.

Without your help the fireworks display would not be possible.

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#### PENDER HARBOUR JAZZ FESTIVAL



Brian Lee photo

Although it's not generally regarded as a jazz instrument, Andrea Superstein brought out her ukulele for a rendition of 'Tonight you belong to me' at Saturday's Jazzapalooza at Millennium Park.



Brian Lee photo

'You can't just go and see a big band anymore,' said one audience member to another after the Jill Townsend Big Band's 17 musicians had left the stage at Saturday's Jazzapalooza concert in Millennium Park.



Brian Lee photo

Coast Anagram's Graham Ord performs in front of a familiar landmark.



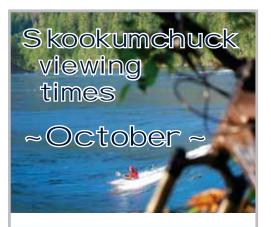
Brian Lee photo

Even the dinghies had a hard time finding parking in Madeira Park during Jazz Fest.



Brian Lee photo

If you ask anyone who was there, they might tell you that Coast Anagram's free show at John Henry's on Sunday morning was one of the highlights of the festival.



DATE/TIME - SIZE (small, medium, large, extra large), EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

Oct. 1	12:39 pm -L, 5:38 pm +L
Oct. 2	1:17 pm -M, 5:57 pm +M
Oct. 3	<b>7:48 am +XL</b> , 1:57 pm -M
Oct. 4	<b>8:33</b> am +XL, 2:39 pm -M
Oct. 5	<b>9:19 am +XL,</b> 3:25 pm -M
Oct. 6	<b>10:08</b> am <b>+XL,</b> 4:15 pm -M
Oct. 7	11:00 am +L, 5:09 pm -M
Oct. 8	11:48 am +L, 6:20 pm -M
Oct. 9	12:49 pm +L
Oct. 10	1:42 pm +L
Oct. 11	7:45 am -L, 2:28 +L
Oct. 12	8:52 am -L, 3:13 pm +L
Oct. 13	9:57 am -L, 3:36 pm +L
Oct. 14	10:56 am -L, 4:12 pm +L
Oct. 15	11:50 am -L, 4:35 pm +L
Oct. 16	12:39 pm -L, 5:12 pm +L
Oct. 17	1:26 pm -M, 5:53 pm +L
Oct. 18	<b>7:57 am +XL,</b> 2:14 pm -M
Oct. 19	<b>8:52</b> am +XL, 3:05 pm -M
Oct. 20	<b>9:49 am +XL,</b> 4:02 pm -M
Oct. 21	<b>10:48 am +XL,</b> 5:17 pm -M
Oct. 22	11:47 am +XL
0-4-22	42.44

These are estimates only and not intended for navigation.

12:44 pm +XL

1:38 pm +XL

8:01 am -M, 2:26 pm +L

9:08 am -M, 3:13 pm +L

10:08 am -M, 3:44 pm +L

11:04 am -M, 4:10 pm +L

11:44 am -M, 4:33 pm +M

12:21 pm -M, 4:57 pm +M

12:58 am -M, 5:23 pm +M

Oct. 23

Oct. 24

Oct. 25

Oct. 26

Oct. 27

Oct. 28

Oct. 29

Oct. 30

Oct. 31

## **BIRTHDAYS**

Oct.  $1 \sim \text{Cory Cavalier}$  and Lyn Watters.

Oct.  $3 \sim$  **Maureen Parrott** and **John Farrer**.

Oct.  $6 \sim$ Rick Higgins.

Oct. 7 ~ Marlene Kracklauer.

Oct. 9 ~ Norm Caron and Jolaine Percival

Oct. 10 ~ Daryl Hegyi, Mitch Jones, Katrina Woodard, Val Silvey and Kate Daniels.

Oct.  $11 \sim \mathbf{Bruno} \ \mathbf{Cote}$ .

Oct. 12 ~ **Alison Stoutenburg** and **Bricin Lyons**.

Oct.  $13 \sim P$ . D. Smith and Judy Sim.

Oct. 14 ~ Nicole Forsyth.

Oct. 15 ~ Courtney Hanna, Kaiden

Bosch and Richard Norrish.

Oct. 16 ~ Ursula Hardwick, Dane

Hanna and Terri Welander.

Oct. 17 ~ Peter Vaughan.

Oct. 18 ~ Karen Stiglitz, Tommy

Gamble, Tessa Rand and Cody Honey-

bourne-Kincaide.

Oct.  $19 \sim$  **Doug Hardwick** and **Hans Schroeder**.

THE DAYS

Oct. 20 ~ Lonny Edwardson and Doug Richardson.

Oct. 22 ~ Susan Foreman, Pat Wood, Katheryn Kelly, Alysa English and Mark Clay.

Oct. 23 ~ Bill Clayton and Diane Dennis

Oct. 24 ~ **Roxanne Gregory** and **Larry Honeybourne**.

Oct. 25 ~ **Doug Davis** and **Kerry Rand**.

Oct. 27 ~ **Dave Malcolm** and **Cindy Rayko** 

Oct. 28 ~ Eric McDermott and Rob Metcalfe.

Oct. 29 ~ Colleen Silvey and Nicholas Silvey.

Oct.  $30 \sim$  **Jack Bowden**.

Oct. 31 ~ **Richard Mills** and twins **Savannah & Sawyer Cote**.

## **OCTOBER ASTROLOGY**

LIBRA: SEPT. 24 - OCT. 23

Libras seek perfection and harmony and passionately believe in fairness and equality. They are diplomatic, charming, stylish, self-expressive, and spontaneous. Librans do not tolerate argument from anyone who challenges their opinions and are impatient with criticism. Vladimir Putin is a Libra.

#### **SCORPIO (OCT. 24 - NOV. 22)**

Scorpios are highly sensitive and compassionate, with a fierce pride and determination. They are capable of great patience and can be profoundly insightful as well as deeply cynical. Like a volcano just under the surface of a calm sea, they may burst into eruption at any moment. Scorpios should avoid sugar, alcohol, cocaine and coffee.



# Healthy meal service has now resumed.

Volunteer drivers for Egmont and Garden Bay needed. Please call: Linda Curtiss (604) 883-2819 or Anky Drost (604) 883-0033.

#### HARBOUR ALMANAC

#### **OF OCTOBER**

## SUKKOT (OCT. 1-7)

The Jewish festival of Sukkot begins on Tishri 15, the fifth day after Yom Kippur. Sukkot is the last of the Shalosh R'galim (three pilgrimage festivals). Like Passover and Shavu'ot, Sukkot has a dual significance: historical and agricultural. Historically, Sukkot commemorates the 40-year period during which the children of Israel were wandering in the desert, living in temporary shelters. Agriculturally, Sukkot is a harvest festival and is sometimes referred to as Chag Ha-Asif, the Festival of Ingathering.

It is quite a drastic transition from Yom Kippur (Sept. 26), one of the most solemn holidays of the year, to one of the most joyous. Sukkot is so unreservedly joyful that it is commonly referred to in Jewish prayer and literature as Z'man Simchateinu — the Season of our Rejoicing.

The holiday lasts seven days. The first day is sabbath-like when work is forbidden. The Hebrew word sukkōt is the plural of sukkah, "booth or tabernacle," which is a walled structure covered with skhakh (plant material such as leafy tree overgrowth or palm leaves). The sukkah is intended as a reminiscence of the type of fragile dwellings in which the Israelites dwelt during their 40 years of travel in the desert after the exodus from slavery in Egypt. Throughout the holiday meals are eaten inside the sukkah and many sleep there as well

On each day of the holiday, members of the household recite a blessing over the Four Species — four plants mentioned in the Torah (Leviticus 23:40) as being relevant to Sukkot. Talmudic Jews take three types of branches and one type of fruit which are held together and waved.

In Talmudic tradition, the four plants are identified as:

- 1. Etrog the fruit of a citron tree;
- 2. Lulav a ripe, green, closed frond from a date palm tree;
- 3. Hadass boughs with leaves from the myrtle tree, and
- 4. Aravah branches with leaves from the willow tree.
  - ~ Source: various internet (including wikipedia.com)

#### **OCTOBER WEATHER**

#### **TEMPERATURES (Merry Island)**

Our average daily high temperature in October is 12.8 C and our average daily low is 8.5 C, giving us a mean daily temperature of 10.7 C. Our average first-frost date (at sea level) is Oct. 30. The highest October temperature recorded was 21.1 C (Oct. 1, 1975); the lowest October temperature recorded was -0.4 C (Oct. 31, 1984).

#### **PRECIPITATION (Merry Island)**

October has an average of 115 hours of bright sunshine and averages 16 days with measurable rainfall and a total of 108.8 mm for the month. The highest October daily rainfall recorded at Merry Island in October was 62.2 mm (Oct. 21, 1963). The Canadian record for the greatest rainfall in a 24-hour period is 489 mm (Ucluelet BC, Oct. 6, 1967).

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# PAQ PRESS Printing & Design

Publisher of the Harbour Spiel

October 2012

# Seeking out the 'wild' in fall non-fiction



By Theresa Kishkan

In the summer of 1995, Cheryl Strayed hiked most of the Pacific Crest Trail on her own, a long

length of arduous gravel and duff (and, as it turned out, snow, in July!) meandering from the Mexico border to Canada. Strayed chose to pick up the trail at Mojave, making her way into the Tehachapi Mountains, then up through the Sierra Nevada, into the Cascade Range, and ending her journey at the Bridge of the Gods on the Columbia River at Cascade Locks. *Wild* (Knopf, 2012) is her account of that hike.

She was 26. Her mother had died

BC Bestsellers:

(For the week of September 16, 2012)

- 1. Whitewater Cooks with Friends by Shelley Adams
- 2. The Book of Kale by Sharon Hanna
- 3. No Sailing Waits and Other Ferry Tales
  by Adrian Raeside
- 4. The Book of Marvels by Lorna Crozier
- 5. **Something Fierce** by Carmen Aguirre
- 6. The Uchuck Years by David Esson Young
- 7. Exploring Vancouver by Harold Kalman and Robin Ward
- 8. *Canada at War* by Paul Keery and Michael Wyatt
- 9. *Indian Horse* by Richard Wagamese
- 10. *Ice Pilots* by Michael Vlessides

~ Assn. of Book Publishers of BC

four years earlier, an event that plummeted Strayed into despair. Her brief marriage ended after a fair amount of infidelity on her part. She was in

retreat from another relationship with Joe:

"He had neon punk-rock hair cut close to the scalp and a garish tattoo that covered half his arm..." When Joe asked, "Have you ever tried heroin," she could only reply,

"Should I?"

And then she did try it. Her former husband rescued her from the beginning of an addiction and Strayed realized

she needed to take another direction. The Pacific Crest Trail, in other words.

The trail was a way to work through the damage in her life, though it wasn't without its own pain and hardship. Her feet hurt the entire time, her toenails falling off and her heels and soles a constant mess of blisters. Calluses formed on her hips and back from the ungainly weight of the pack she calls "Monster."

Her journey is as much a quest into her own past as it is to go higher and farther on the trail. With so much time to think and remember, she parses her life, and learns the solace of her own company.

"Alone wasn't a room anymore, but the whole wide world, and now I was alone in that world, occupying it in a way I never had before."

Strayed writes so well that the reader is carried along on the trip like

an eager companion, seeing what John Muir called "The Range of Light," meeting other hikers in all their idiosyncrasies, watching for bears (there

are many), cougars (only their tracks), a fox in all its beauty, and rattlesnakes dozing on the warm gravel. It is an earthy and exhilarating read.

Wild is full of wisdom and surprises. In an interview this spring, Cheryl Strayed said this:

"The hike very literally forced me to put one foot in front of the other at a time when emotionally I didn't

think I could do that. You have to keep walking, no matter what. If you don't, it's a living death. You're just standing in one place dying. So I love that the hike gave me that metaphor, a map of how to survive life, to keep moving, to go far."

Cheryl Strayed

In 2009, Sechelt writer and gardener extraordinaire Bill Terry published *Blue Heaven: Encounters with the Blue Poppy*, detailing his obsession with that most beautiful of plants. In his new book, *Beyond Beauty: Hunting the Wild Blue Poppy* (TouchWood Editions, 2012), he offers an account of his 2010 expedition from Chendu, in Sichuan Province, to Lhasa, in the Tibet Autonomous Region. He was in search of plants in general but the elusive *Meconopsis baileyi* in particular.

Bill and his wife Rosemary Bates travelled with a party of plant

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enthusiasts in a convoy of eight jeeps, through wild mountain passes and small villages bright with prayer flags. He is generous and witty with his observations. On a botanizing spree at Zheduo Pass, he was delighted with the abundance of wild flowers:

"All told, the plant people found fifty different species in the space between the stupa and the pagoda. Everything was blooming at once.

"Fabulous,' I said to John Mitchell. 'This is mediocre,' he replied. 'Wait till we get to Tibet.'"

Bill is a fine photographer and the book is rich with his images. One quickly realizes that he is in search for visual perfection as much as for M. baileyi. He asks us to imagine the perfect garden.

"Every plant is in its proper place and never elbows out its bedmates. There's no call for weeding because, of course, there are no weeds... No landscape designer has had a hand in the perfect garden's exquisite harmony.

"Fed with minerals from melting snow and nutrients from decaying plants and organisms, it has no

need for watering or fertilizing. There are no slugs. A complex ecosystem in perfect balance, this garden sloughs off pests and diseases..."

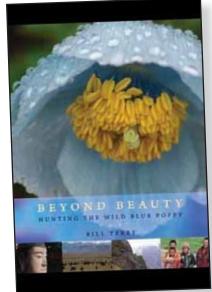
To make his point, there are extraordinary photographs of Alexander rhubarb in a small area of yellow kingcups and Sikkim cowslips, perfectly arranged (by nature) among granite boulders.

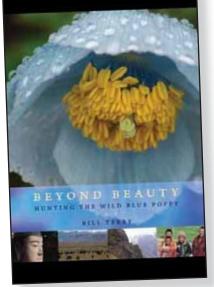
Or tea rose primula and red dwarf rhododendron, the colours saturated and glowing. Or the beautiful soft yellow Meconopsis pseudointegrifolia among sword ferns.

Bill is also generous with stories of earlier plant collectors, giving the landscape a sense of layered

> history, the Chinese and Tibetan contexts as well as the narratives of those ardent pioneering botanists who slept in snow and lived on yak butter as they hunted for rare species to anoint with their own names.

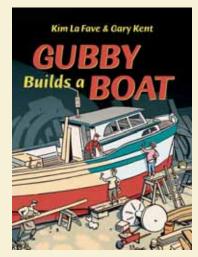
He makes light of his own discomforts on this trip but concludes that "it was the adventure of a lifetime."





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## The continuing story of Wei Hsu, the first non-native resident of



Vague recollections have persisted for many years that the first non-native person to live in Pender Harbour was a Chinese man who operated a fish saltery in Irvines Landing.

Before Charlie Irvine landed here and lent his name to the stretch of beach at the western entrance to Pender Harbour, a family named Hsu had settled there in 1873.

The historic events depicted here are loosely based on the author's own imagination and should not be interpreted as fact — unless it suits the reader to do so.

By Anne Crocker

#### PART XXVII (Continued from September 2012)

## The Copper

The following is Mary Hsu's retelling of a story told to her by family friend Qwuní. For purposes of clarification, [notations] have been added by the author.

For many years my people were fearful. My grandfather said I was born at the end of a dark time when evil people from the north thirsted for slaughter.

The Lekwiltoks [Euclataws or Yucultas] were a tribe that lived in the area of fast moving water to the north. Their villages were a two or three day canoe journey from our own.

Some of the Lekwiltok villages were on islands [Quadra and Hardwicke Islands] while others were up deep inlets [Bute Inlet]. My grandfather said when he was a young boy, the white man's disease hit his people [1791] but the Lekwiltoks weren't affected as severely.

While the affected southern tribes became weaker, the Lekwiltoks became stronger. Later they received firearms and liquor and they changed. They stopped following traditional ways and became bloodthirsty. When they raided villages, they returned with more heads than slaves and killed like it was a game.

By the time I was born, the Lekwiltoks had a large village at the southern end of their territory [Cape Mudge]. They had many slaves but didn't fish or hunt much preferring to steal from tribes even far to the south, always killing whoever was unlucky enough to cross their path.

Anyone who passed through their waters on their way to or from Fort Victoria — the Haida, the Tsimshian, the Bellabellas and even white traders — might be attacked. The Lekwiltoks were so feared that the people would only travel through their territory at night. But even that was dangerous because the Lekwiltoks could make the waters deliver the canoes to their beaches where the people would be killed anyway. My grandfather said the Lekwiltoks were like a great mouth that was always open to swallow whatever tried to pass.

During these years, the southern tribes were mostly peaceful and friendly with each other but feared these raiders from the north. Sometimes different tribes [the Cowichan, the Comox, the Songhees, the Nanoose, the Squamish or Shishalh], would join together to retaliate against the Lekwiltoks but the strong waters around their villages put them at a disadvantage. It was said the Lekwiltoks had medicine to make the water our enemy. They could make the water flow back and forth in circles preventing attack or escape. The southern tribes lost many men attempting to pass through waters guarding Lekwiltok villages.

The Lekwiltok name comes from the word for a big sea worm that cannot be killed. When it is dismembered, the separate pieces continue to go on, wriggling though the water, unkillable.

The Lekwiltoks were one of the reasons my family lived in different villages through the year. We would live here in Kálpilín [Pender Harbour] only during the winter when the storms kept raider canoes closer to home. During the rest of the year we lived in villages farther up the inlets. Most of the time the Lekwiltoks raided

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#### **Pender Harbour**

villages on the other side of the water. They killed many people and pushed them farther south.

I was not yet born when my father's family lived at xénichen [head of Jervis Inlet] in the summer. There were many small villages tucked along the shores of the inlets. My father's sister and her family lived farther south at ts'unay [Deserted Bay]. The inlets provided protection and there was plenty of food. The people felt safe there and for many years they were.

Just before dawn one morning, four Lekwiltok canoes landed at ts'unay. They found little resistance because most of the men were away hunting in the valley behind the village. The men saw the smoke rising from the village below them at dawn and rushed back to find it destroyed. A few women and children had escaped into the forest but many of the families were slaughtered and every building and canoe destroyed.

The smoke could be seen from my family's village father up the inlet. My grandfather cried when he would describe what he found when he arrived.

The charred dead — babies, children, pregnant mothers — lay strewn across the village like rotting carcasses of spawned salmon.

As was Lekwiltok custom, most of the victims were beheaded. Lekwiltok warriors were skilled at severing a human head with one circling cut of their knife. Experienced warriors cut close to the skull, often leaving a patch of hair at the back of the neck. It was a mark of inexperience to cut lower down because it required difficult twisting to remove the trophy.

Their practice of removing heads made it difficult to identify the dead and those taken as slaves. Eventually they learned 10 women and three boys were taken. One of the women was my father's sister.

But, as tragic as the losses were, equally tragic for the survivors was the fact the Lekwiltoks had taken many of their tools, cedar house planks, blankets and food being accumulated for

the winter. The people now faced the threat of starvation during the coming winter.

It was decided they should try give chase immediately for once the Lekwiltoks were safely back in their territory, it would be hopeless to try to attempt an attack.

(Continued next month.)

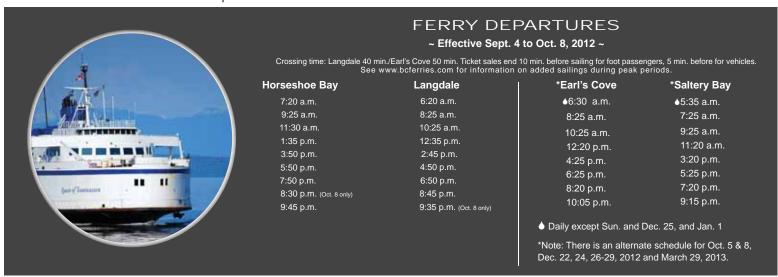


This map shows the southern movement by the fierce Lekwiltok tribe into territories occupied by Coast Salish tribes. According to Morag MacLachlan's *The Fort Langley Journals, 1827-30,* the Lekwiltoks were known to raid villages as far south as the Lower Mainland and Puget Sound.

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

# **OCTOBER**

Harbour Spiel Trivia Answers: 1. b 2. c 3. a 4. c 5. b 6. d



"Me, I'm spiritually retarded, I need to be knee deep in water with a fly rod in my hands, that's about as close to God as I get."

~ Steve Earle

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Prime Rib Saturdays

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11TH ANNUAL ROTARY

ART AUCTION:

NOV. 3



Rotary Club of Pender Harbour

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