LOCALLY OWNED & OPERATED

The independent voice of Pender Harbour & Egmont since 1990.

HARBOUR SPIEL November 2017 Issue 323





We encourage everyone to come out on November 11 to support our veterans and honour their sacrifice.

The day's ceremonies begin at 10:30 a.m. with a solemn parade through Madeira Park.

It will continue to the Royal Canadian Legion No. 112 where Remembrance Day services will begin at 11 a.m.



1st annual COAST **CHRISTMAS MARKET** AT (John Henry's

Date & Time:

Dates: Dec 1, 2, 3 and 8, 9, 10 (2 weekends!) Friday: 12:00 Noon to 7:00pm Saturday: 11:00am to 7:00pm Sunday: 11:00am to 5:00pm

Featuring:

- Local arts & crafts, food products including holiday baking
- Gifts in John Henry's General Store
- Festive decorations throughout the property.
- Food onsite
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Johnhenrysresortmarina.com

Harbour Spiel Page 2



The Independent Voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,300)

The *Harbour Spiel* is mailed free to 1,400 homes between Egmont and Middlepoint and is available by paid subscription and for free at locations throughout the Sunshine Coast.

CONTRIBUTORS

This month we thank: Wendy Haddock, Rhonda Jackman, Jeannette LeBlanc, Frank Mauro, Shane McCune and Gladys McNutt.

Cover: A juvenile northern harrier (possibly) hunting over a Halfmoon Bay logging slash Sept. 24.

Photographer: Brian Lee

ADVERTISING

Please reserve by the 15th of the month prior to publication. Advertisers make publication of the Harbour Spiel possible — please say thank you, and support our community, by supporting them.

SUBSCRIPTIONS

An annual subscription is \$60 (includes GST).

COLLECTIONS



If you see him coming, it's already too late.

CONTACT

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NEXT ISSUE: Nov. 30 www.harbourspiel.com

editorial

Rewriting the history of our geography



Brian Lee

Ask anyone who has lived in Pender Harbour longer than a fortnight and they'll tell you about the frustration of trying

to explain to their Lower Mainland friends where they are.

"Oh yeah. My uncle has a cabin on Pender Island."

"No. It's Pender Harbour."

"But don't you have to take a ferry to get to it?"

A recent article in the online advertorial *The Daily Hive* has made the distinction even more hazy.

It reported that a Christmas market to be held at John Henry's Resort in Garden Bay next month was on Pender *Island*.

This past spring, *BC Magazine* published a list of of must-visit nine hole golf courses and, of course, our's was on it.

The brief story on the P. H. Golf Course even praised greenskeeper Jason Haines but, at the end of the blurb, they listed *www.penderislandgolf.com* as our course's website.

How was Captain George Richards of the *H.M.S. Plumper* to know, back in 1859, that naming these two places after his senior survey officer Daniel Pender, was going to cause such turmoil?

Pender's name also appears locally on Mt. Daniel, Pender Hill, Daniel Point and farther afield on Pender Lake and Pender Canal (Pender Islands), Mt. Pender (Campania Island) and Pender Rock (Prince Rupert).

Our brand is shared like a Pender Harbour secret.

But if we think we have it bad, consider our neighbours up on the Arbutus Coast where the City of Powell River sits within the Powell River Regional District, an area that includes Lasqueti Island and Toba Inlet.

Prior to 2012, the Powell River area lacked a regionally inclusive name so they simply pulled the Sunshine Coast's blanket over themselves.

Often the misnomer would be qualified with "northern" Sunshine Coast but most thought that meant Egmont and it never caught on.

Finally, in 2012, a controversial contest was held that would see the Powell River area adopt a new name.

"Arbutus Coast" was part-time Garden Bay resident Peter Boronkay's winning submission in the "Name Our Northern Neighbour" contest (see p. 4 for a Nov. 2012 legal notice).

The name stuck and apart from a few brittle holdouts, it was quickly accepted into common usage.

But some Arbutus Coasters remained unhappy with the lack of distinction between the City of Powell River and the Powell River Regional District.

So, a proposal before the PRRD right now considers changing its name to the qathet Regional District — "people working together" in Tla'amin.

It got me thinking about our own hostilities with Pender Island and I wonder now if it isn't time to accept the inevitable.

"Pender Harbour" is so 1859 and much of our tourism marketing effort misdirects people to a Gulf Island.

Perhaps, we too should consider a name change.

Luckily, before Wei Hsu, Pender Harbour's fabled first Asian settler, landed here in 1873, Pender Harbour already had a name — "Kalpilin."

Will we be Kalpilinites, Kalpilinians, Kalpilinish or Kalpilinese?
Discuss.

FLU SHOT CLINIC: Thursday, Nov. 9,

This year's flu season is predicted to be a rough one so protect yourself with a flu shot at the Madeira Park Legion.

P. H. MUSIC SOCIETY PRESENTS PAUL MARLEYN AND MAURO BERTOLI: Sunday, Nov. 12, 2 p.m.

The wait is over – they are coming back to the Harbour. Individually and as a duo, cellist Paul Marleyn and pianist Mauro Bertoli possess exquisite musicality, exceptional technique and a wonderful ability to relate to their audience. Both currently teach in university music faculties in Ottawa and travel internationally to wide acclaim. There is eager anticipation around their return to the Sunshine Coast and tickets will be at a premium.

GREY CUP PARTY AT THE LEGION: Sunday, Nov. 26, 2:30 p.m.

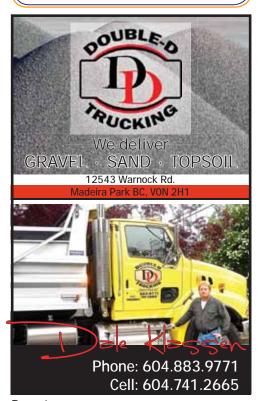
Even if you don't like football, the Grey Cup always makes for a fun day out to visit with people who do. Get to the Madeira Park Legion early for lunch and a good seat.

Thanks!

Thank you so much to the P. H. Advisory Council and the Rotary Club of Pender Harbour for presenting me with a Lifetime Achievement Award.

It has been a pleasure to have worked with the hundreds of volunteers over the years who have helped make our Pender Harbour the beautiful place it is today.

Doreen Lee



spiel archives

The Arbutus Coast

PUBLIC NOTICE

Notice of the formal establishment of "The Arbutus Coast" as a secondary geographical reference to the "Powell River Regional District."

Notice is hereby given under the authority of the British Columbia Secondary Geographical Names Act (Section 6.427B) and pursuant to a citizen's challenge of historical abuses to said Act, that the geographical area colloquially referred to as the "Upper Sunshine Coast," will be officially recognized as "The Arbutus Coast."

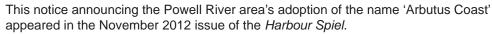
Effective Nov. 1, 2012, "The Arbutus Coast" will apply to the approximately 5,000 square kilometre area encompassing the current municipal boundaries of the Powell River Regional District. Concurrently, this notice effectively prohibits the use of the name "Sunshine Coast" to refer to any geographical entity outside the territorial boundaries of the

"Sunshine Coast Regional District."

This notice is considered legally binding on all parties, "Making use of, referring to and/or representing any formal or informal application of the former name, including, but not limited to: media advisories, marketing associations, constituency boundaries, public/private signage, municipal/provincial/federal communications, federal/provincial navigatory notices, transportation advisories, First Nations territorial disputes, political addresses, public/private partnerships, non-profit societies, business and/or development projects, clothing, souvenirs and cartographic information."

This notice hereby makes it an offence to make public reference (either verbally or written) to "The Sunshine Coast" as related to, residing within, pertaining to or otherwise connected with "The Arbutus Coast" and/or its residents, pets and livestock.

For more information, visit www.harbourspiel.com.



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Ruby Lake Lagoon Society acquires PODS property

After a two year fundraising effort, the Ruby Lake Lagoon Society took possession of the former Irvines Landing Marina property on Sept. 29.

But it came down to the final day to raise the \$2.4 million for the purchase.

"Some extra money came in afterwards which will help us get through this next stage," said Michael Jackson, executive director of the RLLS.

Jackson said they're now working to produce detailed engineering studies and architectural drawings.

He said they require detailed

plans to begin construction, apply for appropriate zoning for the property and to pursue various funding sources.

Jackson said they are also undertaking a transportation and sustainability study.

"There's a whole pile of them," said Jackson.

"But it's great because we'll have a much more accurate detail of the costings of everything."

He said a key project will be the contruction of the aquariums underneath PODS.

"They're fairly complex so we

have an aquarium specialist coming . . . he was the guy who ran the Vancouver Aquarium for many years," said Jackson.

"He has a great deal of experience and has agreed to come and help us."

In the meantime, Jackson said the lagoon society has been working to give the Irvines Landing pier a makeover and a flagpole will soon fly the PODS logo over the property.

Jackson said his group is still holding to their official opening target of summer 2020.

Pender Harbour Chamber of Commerce update

About 20 people attended the annual general meeting of the Pender Harbour and District Chamber of Commerce at the P. H. Legion Oct. 25.

On its website, the PHDCC describes itself as a "not-for-profit, volunteer-run organization supporting the Pender Harbour and Egmont communities" and the "voice of business from Pender Harbour to Egmont."

Chamber president Len Lee opened the meeting with a review of the previous AGM's minutes and a report of the activities over the last year.

Highlights of the financial details:

- In 2017, the PHDCC received \$17,266 in funding from the SCRD;
- They drew \$8,440 from membership fees (a single annual membership costs \$80), and
- Revenue from advertising on the signboards in Middlepoint and north of the P. H. Golf Course added \$7,350 in 2017.

The PHDCC operates the visitor information booth in Madeira Park and Lee provided local tourism statistics that were compiled by the VIB staff.

In 2017, the VIB served 4,931 visitors of which the majority (200-plus November 2017

groups) came from BC.

At least 82 groups visited here from the U.S. while U.K. visitors were third in number (58 groups) and German visitors fourth with 53 groups.

For 2018, Lee listed a number of upcoming projects.

Key among them are to build a better online presence for the chamber, to improve the directional and informational signage for visitors and to improve public access to lakefront and ocean.

To that end, the group has recently completed a water access path beside the pier in Irvines Landing and are working to develop lake access on Hotel Lake.

Other projects include monitoring the progress of the Pender Harbour dock management plan and continued advocacy for the removal of abandoned derelict vessels.

After Lee's presentation, Adam Paling, resort manager at the Painted Boat, presented his perspective as a new resident (with a background in the hospitality field) of the Sunshine Coast.

Paling commutes daily from Davis Bay and suggested there is a huge and willing market of south-Coasters who are increasingly aware of the variety of attractions Pender Harbour and Egmont have to offer.



SCAMS

According to the RCMP, on Oct. 2 a Coast resident reported falling for a common scam after she responded to flashing message on her screen telling her that her computer was infected with a virus and that she needed to contact the number on the screen.

The resident did so, and ended up paying several hundred dollars to have the computer "fixed."

The resident, believing the issue was resolved, did not do anything further until she was advised a friend had received a very odd email from the resident's address.

It appears her computer was still compromised and the resident has since taken her computer in to a local shop to have it professionally cleaned, and has spoken with her bank to ensure her accounts are secure.

To learn more about this and other popular scams, please visit sites

such as the Canadian Anti-Fraud Centre at www.antifraudcentre-centreantifraude.ca or the Better Business Bureau at www.bbb.org.

IMPAIRED DRIVER

According to RCMP, on Oct. 12 police attended a single vehicle incident in the 13200 block of Kammerle Road, Irvines Landing, after a vehicle went off the road and down an embankment.

Fortunately, no injuries were reported.

The driver, who was exhibiting signs of impairment, admitted to drinking alcohol shortly before driving and was taken to the detachment for breath samples.

After two over-limit results, the driver was issued an administrative driving prohibition, a 24-hour driving prohibition, and a court appearance notice on a charge of impaired opera-

tion of a motor vehicle.

The file is still under investigation.

P. H. HEALTH CENTRE RECEIVES \$10,000 DONATION

The Halfmoon Bay branch of the Sunshine Coast Healthcare Auxiliary has provided \$10,000 from its memorial fund to purchase new physiotherapy equipment for the Pender Harbour Health Centre.

Memorial funds are usually given to individual branches of the auxiliary in memory of loved ones for the branch to support a healthcare initiative in their community.

This new equipment will enable residents to receive physiotherapy and acupuncture services in Madeira Park where previously they would have had to drive to Sechelt.

TELUS AGREES TO MEET WITH EGMONT RESIDENTS

Telus representatives have agreed to meet with local residents concerning the Egmont community's lack of cellular and internet service.

There is no cellular telephone, nor TV or internet service after leaving the highway into Egmont.

With the large volume of summer visitors, many residents consider this lack of coverage a serious safety hazard.

Residents can meet with Telus representatives at the Egmont Community Hall on Nov. 16 at 5 p.m. to voice their concerns.

CONSERVATION OFFICER SER-VICE LOOKING FOR INFORMATION ON ILLEGAL KILL

The BC Conservation Officer Service is currently investigating the illegal harvest of a bull elk in the Middle Point/McNeill Lake Road area in September.

photojournal



Gaylene Lueger

The P. H. Advisory Council organized a 'trash bash' on Sept. 23 that saw a total of 2,285 kilograms of garbage cleared from local back roads. Seen here is one of two abandoned vehicles which were disposed of. Organizers said they also retrieved a boat trailer, several refrigerators, a large deep freeze (with rotting meat inside), a large dump of diapers spread all over the forest floor and a cache of auto transmission parts. A conservation officer was on hand to investigate the source of some of these items and told organizers he will be following up on information gathered.

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news briefs

On Sept. 13, a bull elk was shot approximately 350 metres up the Mc-Neill Lake FSR sometime in the late morning or early afternoon.

The bull was shot with a rifle in a no-shooting area and during a closed elk season on the Sunshine Coast.

The BCCOS is asking any member of the public with information regarding this case to call the RAPP line at 1-877-952-7277.

All information submitted to the RAPP line is confidential.

BARRIE FARRELL TO BE HONOURED

Former Pender Harbour boatbuilder Barrie Farrell will be honoured later this month with a Maritime Museum SS Beaver Medal for Maritime Excellence.

Farrell is a well known boat builder (see *Harbour Spiel*, Dec. 2013) who built over 500 commercial fishing and pleasure craft over a long and colourful career.

According to the the museum website, the SS Beaver Medal for Maritime Excellence recognizes individuals who have made outstanding contributions to the marine sector in our province.

"These attainments may include — but are not limited to — science, technology, business, applications of maritime skills and academic contributions. Up to three candidates nominated by the public are selected each year through a rigorous screening process. An organization or ship is also unusually granted an award.

"The awards are selected by a blue-ribbon panel of representatives involved in various aspects of BC's maritime interests."

Farrell will be presented the award by BC Lt.-Gov. Judith Guichon on Nov. 9 at 2:30 p.m. at Government House in Victoria.

photojournal



Sandy Hegyi

Last month, the *Harbour Spiel* received multiple reports from waterfront landowners alarmed to find these three guys examining the beaches around Pender Harbour. Mark Brezer, owner/operator of SloCat Harbour Tours said he 'was contracted to assist archeologists and a representative from the SIB from Oct 16-25.' The three were conducting an archaeological study of the area as part of research that came as one of the recommendations in former MLA Barry Penner's Feb. 2016 report on the controversial Pender Harbour dock managment plan. Further evironmental studies have yet to be undertaken.



John McDonald

Another driver found the bottom of the steep embankment near the south Pender Harbour waterworks corner, south of Madeira Park last month. According to highways maintenance personel, the driver was able to extract himself without serious injury. In November 2016, two vehicles in separate accidents landed down the bank. In one, emergency crews needed to rescue a woman from the fast rushing water of the swollen creek with ropes and a ladder truck before she was airlifted to hospital.

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Autumn issues



Frank Mauro

UNION OF BC MUNICIPALITIES CONFERENCE

We met with provincial cabinet ministers and staff

on a range of topics including the Chapman Lake water supply expansion project and updates on all water initiatives, BC Ferries service levels, Multi-Material BC program funding, support for the construction of bicycle lanes and walking paths, input to areaspecific requirements for highways maintenance contracts and support for seniors' housing and services.

The ministers we met with were very receptive and engaging; however, a reluctance to commit was apparent and understandable, as they were all new in their positions and had just formed government.

The positive result from the meetings is that we stated our case and so are now on their "radar."

A topic of several workshops was the imminent legalization of marijuana.

The federal government is committed to the implementation date of July 2018.

The feeling of the presenters at one of the panel discussions was that the date does not allow sufficient time for the province and local governments to implement regulations for distribution outlets and the appropriate controls.

Questions and comments from workshop attendees indicated the

same concern.

There seemed to be a significant level of support to have the BC Liquor Distribution Branch be the sole distributor but there were apprehensions about selling both liquor and marijuana from the same outlet.

Also, the operation of motor vehicles was identified as a problem in that there is currently no reliable roadside detection system or regime to determine if someone is driving while impaired by marijuana use.

Another common topic for discussion at the conference was short-term rentals.

One panel had several communities presenting how their regulatory regimes worked.

There is a huge diversity in the approaches from little regulation to a

SUNSHINE COAST REGIONAL DISTRICT

UPCOMING MEETINGS

Planning and Community Development Services Committee

November 9 at 9:30 a.m.

Regular Board November 9 at 1:30 p.m.

Corporate and Administrative Services Committee November 23 at 9:30 a.m. Regular Board November 23 at 1:30 p.m.

Special Corporate and Administrative Services Committee (Pre-Budget) November 30 at 9:30 a.m.

Meetings are held at 1975 Field Road, Sechelt. Agendas are available at www.scrd.ca/Agendas-2017.

Subscribe To Our Newsletter at www.scrd.ca/newsletter-signup

Pender Harbour Transfer Station

The Pender Harbour Transfer Station is located at 5545 Garden Bay Road. For a list of accepted materials and tipping fees visit: www.scrd.ca/Tip-Fees.

Winter Operating Hours:

Monday 8:30 a.m. to 4:30 p.m. Tuesday CLOSED Wednesday to Saturday 8:30 a.m. to 4:30 p.m. Sunday CLOSED

Pender Harbour Satellite Office

12828 Lagoon Road, Madeira Park, BC V0N 2H1 604-885-6877 infrastructure@scrd.ca Monday to Friday 8:30 a.m. to 1:30 p.m.

Area A Director: Frank Mauro frank.mauro@scrd.ca 604-740-1451



www.scrd.ca 604-885-6800 info@scrd.ca

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great degree of regulation and enforcement including licensing, the requirement to have the owner occupying the premise, frequent inspections, significant daily fines for infractions, and closure orders.

I expect the SCRD will take some ideas from both models and will end up somewhere in the middle of these two extremes.

WATER ISSUES

In the last few years, the SCRD has had challenges maintaining water supply without restrictions for residents on the Chapman Lake water system, which supplies approximately 60 per cent of the Coast population and has about 10,000 connections.

The drought condition this year forced a stage four for those users during the first week of October, which meant severe restrictions on outdoor water.

The restriction lasted until the week of Oct. 16 when the rains finally came.

It is unprecedented to make this call in early October.

This is the second time in the last four years that stage four has been called due to drought conditions.

It sure seems apparent to me that the climate is changing.

The SCRD has been following the 2013 Comprehensive Water Master Plan which includes several elements to address this issue:

- Conservation through metering, which is well underway and showing significant savings through repairing of leaks:
- Construction of a lower intake in Chapman Lake has been planned to increase the amount of accessible water.

This project has been designed, had a thorough environmental assessment, is shovel-ready and awaiting provincial permits;

- An investigation to find additional water sources is underway with a completed desktop groundwater study showing some promising sites identified for test wells, and
- Investigating additional water storage opportunities is in preliminary stages.

The regional district understands the urgency of the situation and has conveyed that urgency to our MLA and the minister of environment.

CONTACT

I can be contacted at (604) 740-1451 or by email at Frank. Mauro@ scrd.ca.





RECYCLING & BOTTLE DEPOT

883-1165

ONE-STOP CONVENIENCE

Closed Wednesdays and Multi-material Recycling statutory holidays.

Beverage Container Refund Centre

Refunds: 8:30 am to 3:30 pm Recycling 8:30 am to 3:30 pm Hwy. 101 & Menacher Rd.

GRIPS will also be closed Sundays starting Nov. 5 until May 20.

ovember!

Nov 4: Rotary Auction, 5pm

Nov 9: Flu Shot Clinic

Nov 11: Remembrance Day, 10:30 am

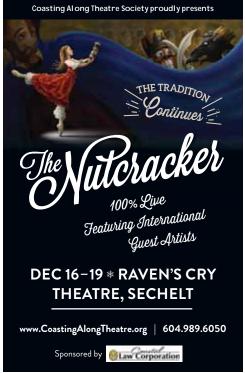
Nov 16: General Meeting, 11am

Nov 17: Quiz Night, 7:30pm

Nov 18: Dance to Playback, 8pm ~ \$10 members/\$12.50 guests ~

Nov 26: Grey Cup Party, 2:30pm





November 2017 Page 9





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Pender Harbour

\$998,000 Garden Bay

\$250,000 Garden Bay

\$1,585,000 Garden Bay

\$1,699,000



& lotto sales. Includes commercial space with a custom-built 3 bedroom home & waterfront apartment.



Historic General Store with liquor licence 5 beautiful acres are yours to enjoy & garage with carriage suite.



Bright & beautifully updated waterfront One of the nicest waterfront lots in Farviews from nearly every room.



home with spectacular ocean & island rington Cove. West facing w/ sunsets all year. Moorage at community dock.

Halfmoon Bay

\$2,895,000 Garden Bay

\$1,400,000 Halfmoon Bay \$1,585,000 Garden Bay

\$425,000



suite and dock with foreshore. 10/10! waterfront Farrington Cove townhome.



Masterfully designed 3 bedroom Private moorage! Luxurious & low waterfront home with separate 2 bdrm maintenance living at this 3 bedroom



This meticulous 5 bedroom view home Stunning West Coast home in the highly SW views out the harbour entrance.



sits atop Pender Harbour with gorgeous desirable "Whittakers at Pender Harbour" complete with private moorage.

Pender Harbour \$1,748,000 Garden Bay

\$699,000 Garden Bay

\$799,000 Garden Bay

\$1,298,000

To view all of our listings, visit www.brynelsonoreilly.com

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PHSS students mobilize to 'make an impact on their world'

submitted

In March 2018, 11 Pender Harbour Elementary Secondary School students will head to the Dominican Republic to take part in a "cultural/humanitarian aid" trip.

The trip is the vision of 14-yearold Mikayla Kozlof, who was inspired by a non-profit group called "Me to We" who made a presentation at PHSS last winter.

Founded in 2008 by Canadian brothers Craig and Marc Kielburger, Me to We provides socially responsible products and services and donates half of its net profits to non-profit partner WE Charity (formerly known as Free The Children).

The "WE Charity is an international charity committed to delivering a sustainable development model that empowers people to transform themselves, their families, their communities and the world."

Kozlov undertook extensive research to come up with a plan that would see her and her peers help others while learning about the culture of the Dominican Republic, all in the hopes of making lasting change.

Kozlov was able to convince teacher Elizabeth Haines to get on board last March and before long, the two of them convinced the school's principal to host an information meeting for parents and students.



submitted

This troupe will soon be off to the Dominican Republic, I-r: Trinity Gee, Elizabeth Haines (teacher), Sarah Gooldrup, Mikayla Kozlof, Kaleigh Charleton, Hannah Kennedy, Tyson Sample, Jordan Jinks, Ryan McCormick, Johnny Gooldrup, and Hannah Stewart. Missing: Matthew Phillips.

They soon had 11 willing volunteers who shared Kozlov's inspiration to make an impact on their world.

Before they can do that, each student will need to raise \$3,200 for the eight-day trip.

This covers flights, accommodation, transportation, food and project materials.

Beside saving from their summer jobs, the students have already held a yard sale, a car wash and, in early September, a "paint night."

The group will host a quiz night and silent auction fundraiser at the Madeira Park Legion on Nov. 17.

If anyone is interested in donat-

ing to help with the cost of the trip, there is a change jar at Marina Pharmacy or you can contact the fundraising co-ordinator, Heidi Kozlof, at heidikozlof@gmail.com.

For more information on WE Charity, visit www.wecharity.org.

WILLIAM MERVIN CHARBONEAU

March 31, 1942 - Aug. 1, 2017

Beloved husband, father and grandfather.

The Charboneau family would like to thank all of their family and friends for the beautiful flowers, delicious food and the kind words of sympathy.

We appreciate all of your love and support as we try to go forward with our lives.

Thank you.

Pender Flarbour Seniors Housing Society Outreach Healthy Meal Program



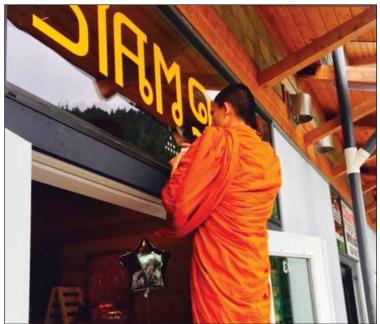
Gift certificates available.

For emergency service call Linda (604.883.2819) or Anky (604.883.0033)

November 2017 Page 11









submitted

Gina Kusuma, owner of Siam99, hosted two traditional Thai Buddhist monks at her store for a blessing ceremony Oct. 25. Phra Prateep Onthum (top left) sprinkled holy water and, with a sacred clay mixed with holy oil, he drew blessing symbols on the window of the store. Pictured on the right are Onthum with Kusuma and Phra Thanakorn Sukha. According to Kusuma, 'Phra' means monk.



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Open: Tues - Sat 9 -5pm, closed Sun and Mon 12374 Sunshine Coast Hwy. stephsbeautyboutique.com

Harbour Spiel Page 14

Dry summer didn't dampen mushroom fest

submitted

According to Sunshine Coast Mushroom Festival organizers, it was feared the identification displays would be sparse due to extremely dry conditions experienced this summer.

The Sunshine Coast SHROOM members made an all-out effort to find specimens in the week before and, once again, filled the community hall with interesting and colourful displays for the festival's ninth edition Oct. 14.

This year featured an added attraction at the P. H. Community Hall—a display from the Sunshine Coast Fibreshed.

The SCF advocates using local fibres and dyes to produce environmentally healthy and sustainable garments — like the 100-mile diet, but for clothing and fashion.



submitted

Part of the Sunshine Coast Fibreshed display at the 9th annual Sunshine Coast Mushroom Festival held at the Pender Harbour Community Hall Oct. 14.

obituary

Don McDougall

FEBRUARY 19, 1930 — JULY 19, 2017



Don McDougall was a long time resident of Gerrans Bay where he ran his marine repair business Blueline Marine Services.

Don repaired boats for many residents of Pender Harbour and

people vacationing here.

For many years, he also ran the Coast Guard Auxiliary (now RCM SAR) Unit 61 where he made many friends.

Don enjoyed taking his son and grandchildren fishing and exploring the coast.

He was also a member of the local power squadron group and often travelled with them as well.

Don will be greatly missed by his wife Joan, son Mark, daughter Sandra, daughter-in-law Vesna and grandchildren Tyler and Katrina.

OBITUARIES The *Harbour Spiel* publishes obituaries free (for local residents) as a longstanding effort to recognize those who have lived in Pender Harbour and Egmont. Submissions must include the date of birth and date of death. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.

Royal Canadian Legion #112

Pender Harbour 2017 Poppy Campaign

Donations to our Poppy Campaign benefit our community:

In 2017, two bursaries were awarded to PHSS graduates.

2017 Poppy Campaign begins Friday, Oct. 27.

Please come to our Remembrance Day Ceremony on

Friday, November 11

Parade marches off at 10:30 am. Service at 11:00 am.

Followed by refreshments in the Legion. Children and families welcome.

Wear yours proudly!



November 2017 Page 15



MASSAGE THERAPY DISPENSARY 9 lintage JEWELLERY

In The HARBOUR SPIRIT CENTRE

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Lori Pratt 604.740.2370

The Pratt Team ... me & you.



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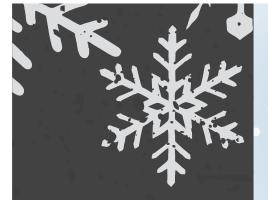
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Christmas be

For information on these and many more events, look for the Pender Harbou

Sunday	Monday	Tuesday	Wednesd
	William .	•	-
3 Sarah Wray market	4	5	6
Xmas Market @ JH			
1 Onto @ Madeira Lions Xmas Dinner P. H. Choir XMAS	11	PHWC Fashion Show	13
Xmas Market @ JH	SILLE	Polar Express light tou	PHSS Xmas
17 Santa @ Garden Bay	18	19	20
The Nu	tcracker (Raven's Cry	Theatre)	
PHMS Xmas concert			
24	25	26	27
31	Marine 1/2		
RCL 112 New Years	Christmas		





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CLOSED MONDAYS THIS MONTH.

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egins Dec. 1!

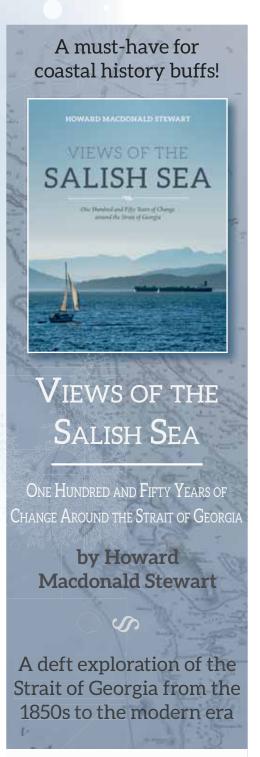
bour & Egmont Community Christmas Guide in the December Harbour Spiel.

day	Thursday	Friday	Saturday	
		Late night shopping	2 _{PHCC Craft Fair}	
		Dec. Harbour Spiel	Rotary HopScotch	
		Santa & Tree lighting	Sarah Wray Craft Fair	
7		Christmas Market at John Henry's		
2	7	8	9	
		Late night shopping	PODS Pier Party	
27-7		Christmas Market at John Henry's		
	14	15	16 WW	
			RCL 112 meat draw	
		The Nutcracker (Raven's Cry Theatre)		
os concert	H. Friendships luncheon	P. H. Carol Ships		
	21	22	23	
	Xmas Bingo @ PHCH	=		
	28	29	30	









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November 2017 Page 19 **L**.....

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• Women's Outreach Services.....(604) 741-5246

organizations

P. H. LIVING HERITAGE SOCIETY XMAS ART SHOW

The PHLHS annual Christmas Art Show will take place on Sunday, Nov. 19 from 1:30 p.m. to 3:30 p.m. at the Sarah Wray Hall on Irvines Landing Road, Garden Bay.

The show will feature new art work by Shelley Stunnell's art students. Enjoy refreshments and Christmas carol sing-alongs with the HUGS ukulele group who will play at 2:30 p.m.

P. H. WOMEN'S CONNECTION

On Nov. 14, the PHWC will host chef Marcus McKeever of the Mad Park Bistro, a man with 25 years of food preparation experience. McKeever will share one of his creations with the group in an interactive demonstration. He will invite attendees to participate from start to finish.

On Nov. 28, the PHWC hosts Art and Debbie Gowling, scuba diving enthusiasts who have travelled all over the world in pursuit of their passion. Art is an accomplished underwater photographer and they hope the group will enjoy a look into an octopus's garden.

P. H. WILDLIFE SOCIETY

The P. H. Wildlife Society presents Calgary geologist Peter Hews on Tuesday, Nov. 14 at 7 p.m. at P. H. Secondary School. Hews' presentation is titled "Dinosaurs: A New Species Discovered."

Twelve years ago, Hews discovered a newly eroded riverbank section of the Oldman River in southern Alberta that had exposed the front part of a dinosaur skull and horn. After much study over a 10-year period, the skull revealed that this was a completely new species and genus of a ceratopsian dinosaur. Hews will share unpublished photos of the original discovery and its 10-year story to get it displayed and into the prehistory books.

P. H. GARDENING CLUB

The PHGC speaker for the Nov. 13 meeting will be Gwen Odermatt. Odermatt's topic will be the ongoing building of a garden and will start at 1 p.m and the P. H. School of Music.

Odermatt is a life-long gardener who as a young child was fascinated with plants and bugs. She became a discerning observer of how plants grow in harmony with other plants, insects and the diversity of the natural world. This led to a degree in science at the University of Alberta.

She has some great ways of dealing with deer. There is a \$5 drop in fee for non-members and includes complimentary coffee/tea and sweets.

Page 22 Harbour Spiel

Pender Harbour Christmas happenings

submitted

Believe it or not, Christmas is only 55 days away.

But your chance to get into the spirit comes even earlier.

The Pender Harbour Chamber of Commerce is promoting Pender Harbour as "the Sunshine Coast Christmas destination" this holiday season.

Just one of the many plans underway for December is to light up the town with Christmas lights.

It kicks off with a tree-lighting ceremony on Friday, Dec. 1, beside the P. H. Community Hall.

Santa has committed to attending and will be greeted with hot chocolate and carol singers.

The community hall and tree will be decorated and lit up and so will the entrance to Madeira Park, all local businesses and many of the boats in the harbour.

The same will be true in Garden Bay, centred on the marina at John Henry's.

The first of December will also mark the beginning of two weeks of events happening in the Harbour — see the centrefold calendar in this issue of the *Harbour Spiel*.

Make sure you keep it handy and look for the December issue of the *Spiel* to find more details on the many events planned for Madeira Park and Garden Bay.

Santa Claus has agreed to make an unprecedented number of appearances throughout.

Plan on attending the various craft fairs, a Christmas market, musical performances, the annual carol ships boat parade, late night shopping, PODS's pier party at the PODS site in Irvines Landing and the ever popular P. H. Seniors Initiative Polar Express Christmas light tour and best decorated home judging.

This year the Polar Express will have a new twist — Madeira Park, Garden Bay (and homes facing the Harbour) will vie for being the best decorated home in Pender.

To level the playing field each year, only certain streets will be designated to be viewed for judging, giving area groups the ability to go all out and decorate like the Griswolds.

So get your area lit.

Times and events may change between now and Dec. 1 so look for updates on Facebook, the calendars at *pendercommunity.ca*, *penderharbour.ca* and our very own *penderharbourchristmas.com*.

harbour seals



Note your approval or disapproval.

Send to: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Harbour Seals of Approval to all the **local residents** for their contributions of fresh greens, fruit and vegetables this fall to the local food bank.

Special thanks to the **IGA**, **Oak Tree Market** and **Marina Pharmacy**who continue to supply us with donations and we are so grateful.

Wendy Phillips P. H. Food Bank

A Huge Harbour Seal of Approval to **Bob and Pat Walsh**. You are truly our friends and we appreciate all you have done for us.

And a special thank you to **Matt Thompson**.

Al and Pat Wood

A huge Seal of Approval to **Dan Jinks** for putting in new stairs (free of charge) from the refundable side to the recycling electronics side of GRIPS.

We thank you and so do our knees — it was a tough climb before.

Anna Venalainen
GRIPS Recycling

A big Harbour Seal of Approval to Chad and his wonderful sidekick from Pender Harbour Tree Service.

Many thanks for the beautiful job you did for me.

Lillian Palmer

Harbour Seals of Approval to all of the members of the community who supported Ali Girard's trip to Germany to compete in dance for Team Canada. The fundraiser was a huge success and the response was amazing — thanks to all of you.

Jeff, Dina, Ali Girard

A Harbour Seal of Approval to my amazing husband **Al Wood**.

You are the best.

Pat Wood

A Harbour Seal of Approval to our gardener **Ryan Schroeder** for his excellent work. He is reasonable and efficient.

Pat and Al Wood

November 2017 Page 23



DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1. 9:08am –L, 3:16pm +L
- 2. 10:13am -L, 3:40pm +L
- 3. 11:11am -L, 4:19pm +L
- 4. 12:03pm -L, 4:45pm +L
- 5. 11:51am -M
- 6. 12:39pm -M
- 7. 1:27pm –M
- 8. 8:10am +XL, 2:20pm -M
- 9. 9:05am +XL, 3:31pm -M
- 10. 10:01am +XL
- 11. 10:58am +XL
- 12. 11:53am +XL
- 13. 12:44pm +XL
- 14. 1:37pm +XL
- 15. 8:44am -M, 2:15pm +L
- 16. 9:47am -M, 2:48pm +L
- 17. 10:31am -M, 3:18pm +L
- 18. 11:09am -M, 3:47pm +M
- 19. 11:46am -M
- 20. 12:23pm -M
- 21. 1:02pm -M
- 22. 1:44pm -M
- 23. 8:10am +XL, 2:39pm -M
- 24. 3:32pm -M
- 25. 8:33am +XL
- 26. 9:18am +XL
- 27. 10:51am +XL
- 28. 11:38am +L
- 29. 12:25pm +L
- 30. 1:02pm +L

These are estimates only and not intended for navigation.

harbour almanac



SUNSHINE COAST VITAL SIGNS

50%

Percentage of Sunshine Coasters aged 55 or older. For comparison, the percentage for all of BC is 33%.

36%

The percentage of Sunshine Coasters 75 years or older who live on their own

49.1

The number of long-term care beds on the Sunshine Coast per 1,000 individuals 75 or older. (The provincial guideline is 75 per 1,000.)

1,202

The number of "active psychiatric clients" on the Sunshine Coast in 2016/2017. (In 2013/2014, it was 460.)

72

The number of homeless provided accommodation at the Shelter at St. Hilda's Anglican Church (Sechelt) during 2016/2017.

175/202

The number of nights the Shelter at St. Hilda's Anglican Church was at over-capacity.

\$1,625

Average cost per month (according to an online survey of rental listings) for a two-bedroom rental unit on the Sunshine Coast.

\$1,507

The "monthly shelter payment" an average Sunshine Coast household can afford (calculated as a percentage of median income).

~ Sunshine Coast Community Foundation Vital Signs report (2017)

NOVEMBER WEATHER

TEMPERATURES (MERRY ISLAND)

Our November average daily high temperature is 8.8 C and our average low is 5.2 C, giving us a daily mean of 7 C. The highest November temperature recorded is 15 C (Nov. 4, 1975); the lowest is -7.3 C (Nov. 27, 1985).

PRECIPITATION (MERRY ISLAND)

November averages 55.8 hours of bright sunshine and 19 days with precipitation. November's average monthly rainfall is 148.5 mm; snowfall is 2.5 cm. The highest November daily rainfall recorded at Merry Island is 50 mm (Nov. 3, 1989); snowfall is 9.6 cm (Nov. 25, 1985).

ge 24 Harbour Spiel

NOVEMBER ASTROLOGY



SCORPIO: OCT. 23 - NOV. 21

Scorpios are highly sensitive and compassionate, with a fierce pride and determination. November will test you with a fog of melancholy. Its arrival around the first of

the month will mark a period of inanimation, isolation and contemplation and will peak around the new moon (Nov. 18). By then, your reluctantance to leave your home will already have started to cost you friends. Worry not — they are spiritually dead. Your finances take an uptick in the form of gifted cash. Your gambling luck reaches its zenith on Nov. 21.



SAGITTARIUS: NOV. 22 - DEC. 21

Sagittarians love excitement and adventure. They are easily bored but often trendsetters. They are bold and impulsive, natural explorers who thrive on change

and mental stimulation. But not this month. November presents a holding game when it comes to romantic relationships. Former targets of romantic affection repulse you and members of the opposite sex present severe irritation. These symptoms will persist until late in the month so, if you're single, stay single until then. If you're married, cope as best you can.

BC BESTSELLERS

For the week of Oct. 21, 2017

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. Chasing Smoke: A Wildfire Memoir by Aaron Williams (Harbour Publishing)
- 2. Embers: One Ojibway's **Meditations** by Richard Wagamese (Douglas & McIntyre)
- 3. Harry: A Wilderness Dog Saga by Chris Czajkowski (Harbour Publishing)
- 4. Speaking Our Truth: A Journey of Reconciliation by Monique Gray Smith (Orca Book Publishers)
- 5. **Hello Humpback!** by Roy Henry Vickers & Robert Budd, (Harbour Publishing)

- 6. On Island: Life Among the Coast Dwellers by Pat Carney (TouchWood Editions)
- 7. The Haunting of Vancouver Island: Supernatural Encounters with the Other Side by Shanon Sinn (TouchWood Editions)
- 8. Opportunity Knox: Twenty Years of Award-Losing **Humour Writing** by Jack Knox (Heritage House)
- 9. You Hold Me Up by Monique Gray Smith, illus. by Danielle Daniel (Orca Book Publishers)
- 10. An Old, Cold Grave by Iona illustrated by Roy Henry Vickers Whishaw (TouchWood Editions)

~ Association of Book Publishers of BC

NOVEMBER BIRTHDAYS

- Nov. 2 ~ Carrie Hillhouse and Charles Lee.
- Nov. 3 ~ Charlene Cote, Sue Rayment and Trevor Ross.
- Nov. 4 ~ Sandy Boyd, Brennan Bennett and Pressley Silvey.
- Nov. 5 ~ Diana Degraaf, Colton Edwardson and Tanis Zayshley,
- Nov. 6 ~ Kathie Atherfold and Max Scoular.
- Nov. 7 ~ Joni Mitchell.
- Nov. 8 ~ Eleanor Reid, Ryan Boyd, Gerry Matheson and Sabine Tamm.
- Nov. 9 ~ Candace Cruikshank and Matthew McKimm.
- Nov. 10 ~ Tom Duncan and Nicole MacDonald.
- Nov. 11 ~ Marge Campbell and Loretta McDonald.
- Nov. 12 ~ Roger Duncan, Dwayne Knock and Cooper Pantages.
- Nov. 13 ~ Hunter Edwardson, Tanya Cummings, Paul Jones, Darrin Jordison and John Maveety.
- Nov. 14 ~ Mary Dumaresq and Amber Kincaide.
- Nov. 15 ~ **Josey Bennett.**
- Nov. 16 ~ Ray Hansen and Janique Peters-Gray.
- Nov. 17 ~ Biada Priest, Rodney Kammerle, Bev McDonald and Barb Watt.
- Nov. 18 ~ Steve McCanse and Amanda Ross.
- Nov. 19 ~ Cheryl Jensen and Dennis Levasseur.
- Nov. 20 ~ **Umeyo Kishimoto** and **Jill Wagner.**
- Nov. 22 ~ Jennifer Girard, Alysa English, Brooke Fraser and Anne Fraser.
- Nov. 23 ~ **Dodie Edwardson, May Silvey, Dave Daiken** and Wayne Griffith.
- Nov. 24 ~ Maggi Guzzi and Chase Campbell.
- Nov. 25 ~ Neil Remmen, Paul Gaudet and Leah Pockrant.
- Nov. 26 ~ Gary Griffith.
- Nov. 27 ~ Betty Sladey and Natasha Landry.
- Nov. 28 ~ Ryder Noble and twins Paige and Lexi Pauls.
- Nov. 29 ~ Marie Coombes, Pete Hannah, John McDonald, Myrna Pickering and Kaila Silvey.
- Nov. 30 ~ Lori Clarke and Brayden Zayshley.

November 2017

Fall golf reigns at Pender course

Wendy Haddock

September's Friday Night Mixer brought out 34 golfers with Jeremy Long winning the 50/50 plus draws for a round of golf for two at Myrtle Point Golf Club.

Winning with a 33 was the team of Grant Hallborg, Pat Hallborg, Lorraine Wareham and Lorna Lycan.

The KP on No. 6 were Hub Matsuzaki and Tricia Kevs while on No. 3 it was Jamie Tufford and Nora Brooks.

MONDAY NIGHT SCRAMBLE

Winners of the Monday night scramble on Sept. 18, with a 31, were Dave/Kerry Milligan, Richard Massuno and Rob Metcalfe.

The KPs on No. 3 were Phyllis Register and Richard Massuno

KP on No. 6 was Eric White.

Sept. 25 was won by Stephanie Garner and Doug Stewart with a score of 34.

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Wendie Milner: 604-883-9361

KPs on No. 3 were Tricia Keves and Carl Rietze while on No. 6 it was Lorna Lycan and Doug Stewart.

FRIDAY NIGHT CHARITY LEAGUE

The 12-week Friday night charity league wrapped up on Aug. 25 with the Pender Harbour Concrete Team of Paul Nicholson, Jim Goodwin and Blake Priebe, with the help of Richard Massullo, Mac Duncan and the late Glenn Higgins prevailing with their best eight scores totalling 31 points.

There was a dead heat for second place with MPES PAC and OGGC even with 26 points.

The Lost Boyz, formerly known as the Pender Harbour Concrete Team 2, placed fourth with a 23 and the local Realtors rounded out the standings with 15 points.

The total cash in the pot was \$1,350 and will be distributed among the P. H. Lion's Club, the PHGC Irrigation fund, MPES PAC and the P. H. Health Centre.

We would like to thank all who participated and the support of donors who helped the prize pot.

LADIES' CLUB

Ladies' Day winners on Sept 14, with a net 67, were Helen Krantz, Lori Wilson, Linda Klilach and Krys Parranto

On Sept. 2, the Ladies' Day 18-Hole Scramble resulted in a two-

24:02 1809 PEOLE

If you are caught on a golf course during a storm and are afraid of lightning, hold up a 1-iron. Not even God can hit a 1-iron.

~ Lee Trevino

way tie between the teams of Kathy Bergman, LaVerne Richardson, Penny Stuart and Carol Reid, June Maynard, and Helen Krantz.

On Sept. 28 and Oct. 5, it was a two-day Eclectic Tournament Turkey Shoot.

In first place was Sandra Pylypiuk who got the turkey instead of being the turkey.

In second was Kathy Needham who won the pumpkin pie.

SUPER SENIORS CHAMPIONSHIP

The Super Seniors Championship was held Sept. 19.

Low Gross winner was Jamie Tufford while low net was Glenn Mc-Cuaig.

HUSBAND AND WIFE ODD COUPLE TOURNAMENT

The Husband & Wife/Odd Couple Tournament held on Sept. 24 was won by husband and wife Ron and Kathy Needham.

The Odd Couple was Lorna Lycan and Mike Reid.

KPs on No. 3 were Jamie Tufford and Sandra Pylypiuk.

KPs on No. 6 were Grant Hallborg and Lorna Lycan.

K.E.R ENTERPRISES Trucking & Excavating





A Christmas classic lands at the Raven's Cry theatre next month

submitted

Coasting Along Theatre Society's "The Nutcracker" has become a must-see tradition for the Sunshine Coast.

The sixth presentation of the holiday favourite will be presented at the Raven's Cry Theatre from Saturday, Dec. 16 to Tuesday, Dec. 19.

Seeing is believing.

The professional production includes a cast of dancers from the whole Coast, the sweetest angel to the gorgeous Dew Drop.

We also have complemented the cast with dancers from Vancouver and Calgary.

Our guest artists from all over the world are currently rehearsing for this production.

We have a new cavalier this year, Kostyantyn Keshyshev, a soloist from the Hong Kong ballet and the Royal Winnipeg Ballet.

Emilie Siqueira is returning as the Sugar Plum Fairy.

She is a beautiful, ethereal ballerina and captures the role perfectly.

Our sets and costumes will be enhanced a bit more again this year.

We are working with Conchita Harding to design new Spanish costumes.

Harding created the Mother Ginger costume for last year's production and it is the most magnificent costume in any production.

The most exciting aspect about this season is that school will still be in session during our Nutcracker run.

This has allowed us to implement our school outreach program, which will see 500 school children bused to see the production.

Live on stage is truly the way to see ballet and thanks to generous support from the Sunshine Coast Credit



Colin Horabin

A scene from the 2016 performance of the Nutcracker at the Raven's Cry Theatre.

Union, the costs will be minimal for the students.

Since school is in session, our Monday and Tuesday matinees now offer a perfect opportunity for seniors.

Coasting Along Theatre Society offers a special rate for those two per-

formances of \$25 per ticket.

Tickets go on sale Nov. 18 at Gourmet Girl in Davis Bay or call (604) 989-6050 for help with finding the best options and payment.

For more information, visit www.coastingalongtheatre.org.



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Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home Care/Palliative care Dressings

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela Darlene Fowlie - Hygienist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- · Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

• Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- · Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Tim Hayward - Adult Mental Health - (604) 883-2764

REGISTERED MASSAGE THERAPY

Brigit Garrett, RMT (604) 741-1202

• Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

• Monday (alternate), Wednesday, Saturday, Sunday

PHYSIOTHERAPY – (604) 989-4828

Jeanette LeBlanc

Book online at backstream.janeapp.com

PHYSICIANS – (604) 883-2344

Drs. Forgie, Lasuta, McDowell, Robinson & Smith Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre. (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome. TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m. LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

First-class health care for the people of the Pender Harbour area.

Page 28 Harbour Spiel

I want to run a half marathon. What should I consider?

Jeannette LeBlanc, physiotherapist

The first thing to consider is appropriate footwear for your foot arch type.

Incorrect footwear can lead to injury — motion control shoes are for over-pronators and absorptive shoes are for supinators.

Next you should have a gradual running schedule over three to four months that is suited to your fitness level and strength.

You may require additional strength and stretching exercises to ensure that you meet your running goal safely.

Proper running biomechanics such as a slight forward lean and a level pelvis are important to increase efficiency and prevent injuries.

A physiotherapist is an expert



in fitness and biomechanics and can provide you with the tools and information to be a successful marathoner.

If you happen to experience any problems during your training, a physiotherapist can treat you and have you back on track quickly.

Correction: Jennifer Edwards was the author of October's health column, "What are your end of life decisions and wishes," which was attributed to Jennifer Chapman.

FOKUS (FOCUS ON KEEPING US STRONG)

The Madeira Park TOPS (Take Off Pounds Sensibly) group has disbanded.

A new group is meeting at the P. H. Health Centre board room on Friday mornings.

FOKUS (Focus On Keeping Us Strong) intends to work towards better health through weekly weigh-ins, personal goal-setting and information sharing.

The weekly weigh-in starts at 10:15 a.m. followed by "personal accountability" and a pep talk at 10:30 a.m.

There is no charge.

Member participation is encouraged to lead discussions and provide a weekly program (pep talk).

Community Opioid Dialogues coming to Pender Harbour

Rhonda Jackman

What are the Opioid Dialogues? They are an opportunity for community members to come together to express concerns, learn and build connection around what is happening in our communities regarding the opioid crisis.

This important forum will be

held at the Royal Canadian Legion No. 112 in Madeira Park on Nov. 21, with doors opening at 6 p.m.

There will be pizza and snacks served before the dialogues that run from 6:30 to 8:30 p.m.

The dialogues are presented by the Child and Youth Mental Health and Substance Use Collaborative, along with their community partners. The Centre for Addictions Research of British Columbia describes the dialogues as an opportunity for community members to have open communication to discuss substance use, its impact on individuals as well as communities as a whole:

Please call the P. H. Community School at (604) 883-2826 to let organizers know you will attend.





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PHAFC PHSI PHCS

3RD ANNUAL CARDBOARD BOAT BUILDING CHALLENGE!



Thank you to everyone who came to participate and watch the racing!

Special thanks to SARS for coming out to help build and join in on the fun!





PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool hot tub & sauna gym & weight room

On lower level of PH Secondary School:

13639 S. C. Hwy. (604) 885-6866

phaquatic@scrd.ca www.scrd.ca/Recreation

The facility will be CLOSED Saturday Nov. 11 and OPEN Monday Nov. 13 with all regular programs in place.

DANCE (with instructor Austin Patterson)

Hip Hop (13+ years) Mondays 4-5pm, Nov. 13-Dec. 18, 6 classes/\$60 Hip Hop (10-12 years) Mondays 5-6pm, Nov. 13-Dec. 18, 6 classes/\$60 Hip Hop(7-9 years) Tuesdays 5-6pm, Nov. 7-Dec. 12, 6 classes/\$60 Music and Movement (2-3 years) Wednesdays 5-5:30pm, Nov. 8-Dec. 13, 6 classes/\$30 Hip Hop Jazz (4-6 years) Thursdays 5-6pm, Nov. 9-Dec. 14, 6 classes/\$60 Stretch and Balance Cabaret (Adults) Thursdays 6-7pm, Nov. 9-Dec. 14, 6 classes/\$60

YOGA (with instructor Carole Logtenberg)

Stretch & Balance Yoga, Thursdays 5:30-6:45, begins Nov. 2-Dec. 14. 6 classes / \$72

HEALTHY NEW START (with instructor Silke Linnmann)

Mondays and Wednesdays 1-2 pm, begins Nov. 20-Dec. 18, 8 classes \$80. If you have been afraid to exercise, this program offers a controlled and safe environment with a certified fitness specialist/life/nutrition coach to lead the exercises and educate on stress management, healthy nutrition and healthy activity. Participants are to participate in both classes each week.

MAT PILATES (with instructor Sandra Buchannan)

Tuesdays 10:45-11:45 am Oct 31-Dec 5, 6 classes / \$72 Tuesdays 6:15-7:15pm Nov. 7-Dec. 12, 6 classes / \$72



PENDER HARBOUR SENIORS INITIATIVE

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HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION,

CALL MARLENE: (604) 883-9900

WALKING GROUP: Tuesdays Nov. 7, 14, 21 & 28

At the P. H. Community Hall from 10:30-11am. Wear runners and join us in an easy pace special exercise program with walking-based moves. Instructor Heidi Kozlof. Drop-in \$3.

CARPET BOWLING: Wednesdays Nov. 1, 8, 15, 22 & 29

At the P. H. Community Hall 1-3pm Drop-in \$3. Join us for a fun game!

HARBOURSIDE FRIENDSHIPS: Thursdays

At the P. H. Community Hall at 10:30. Lunch served at noon. \$10 drop-in.

Nov 2 – Teresa Eckford from Sechelt Library presents "Ancestry Talk"

Nov 9 – Music by Joanne Mauro's a capella

Nov 16 – Jen Edwards (RN) to speak on diabetes

Nov 23 – Sam Campbell to teach how to fold origami gift boxes

Nov 30 – Maureen Lee to share her hand-crafted doll collection

CHAIR YOGA CLASSES: Fridays Nov. 3, 10, 17 & 24

With Judy Gideon at the P. H. Community Hall. 10:30 to 11:30am. Drop-In \$3.

Seniors Programs for November



PENDER HARBOUR COMMUNITY SCHOOL

HARBOUR LEARNING CENTRE HOURS: Tuesday to Friday 9am to 4pm

> Box 232 Madeira Park V0N 2H0

604.883.2826

phcs@dccnet.com

www.pendercommunity.ca

INDIAN COOKING CLASS with Sushma

Wed Nov 15 @ the High School Foods Room, 6:30-8:30pm.Pre-register by Fri Nov 10. Class will create and share a meal together ~ on the menu it's pakora appetizers, and butter chicken with rice for the main meal. \$55 (ask about a student discount)

SERENDIPITY CHRISTMAS FAIR

Sat Nov 25, all day at the Community Hall. Be sure to visit the Community School Art Kids at their annual table! Look for the new Food for Thought art bags which will be available for a \$20 donation.

DROP-IN SPORTS @ PHSS

Pickleball ~ Tuesdays & Thursdays 5:30-7:30pm, \$5, everyone welcome Floor Hockey ~ Tuesdays 7:30-9:30pm, \$3, boys, Grade 7+ NEW! Fusion Sports Night with Xander ~ Mondays 7-9pm, \$3, mixed, Grade 7+

CHILDREN'S PROGRAMS AT MPES

Kids Art (Mon or Tue) ~ Kindersoc (Tue) ~ Boys Club (Mon) ~ Fishing Club (Thu) ~ Kids Cooking Classes (monthly)

Contact Patti at the Community School to sign your child up 604.883.2826

COMMUNITY OPIOID DIALOGUES IN PENDER

Tues Nov 21, 6:30-8:30pm at the Legion in Madeira Park. Presented by the Child and Youth Mental Health and Substance Use Collaborative. Doors at 6pm, light snacks.

Post your events or find out what's happening at www.pendercommunity.ca
Check out the online community resource directory

November 2017

The Egmont Story

In the 1920s, Gladys Disney married Egmont logger Fred McNutt and moved to Egmont.

She had previously taught school in Roberts Creek and Wilson Creek and would later teach at the Egmont School.

McNutt wrote a series of articles about the history of Egmont

that appeared in the Coast News in 1955.

McNutt died in 1968.























Gladys McNutt

This article appeared in the Coast News, Feb. 2, 1956.

(Continued from Oct. 2017 issue)

In the last half of the 1930s, a number of events occurred around Egmont which remain firmly fixed in the memories of the settlers.

Those were still Depression times and as in the old days, people looked to the country whenever possible to help out with living.

As one of them said, "Egmont was one place where you could

always manage to make a living of some sort and keep on living."

It was getting into December when young Johnny Vaughn and Ben Griffith decided to go out and hunt for some "mowich" (Chinook for deer) to help the family larder.

Borrowing two guns and taking a small fish boat, they expressed their intention of going over to Nelson Island.

Some worry was felt when they did not return that night but it was decided that, as it had started to snow that afternoon, they were probably staying in their boat until morning when it would be easier to see their way home.

Morning passed but still no Johnny or Ben.

Engines were started up and the boats went out to look for them.

After some time spent searching, their boat was found anchored a short distance above Westmere.

The cabin door was open, the alarm clock had stopped and snow had drifted in on the floor.

By this evidence, it was plain they had not been back to the boat



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since they left it.

This news was relayed back home.

The following morning, all boats were out searching the shores.

As Ernest Seaton slowly proceeded down the west side of the island, he saw a figure frantically waving onshore.

This turned out to be Ben.

They had to climb up the hill to save Johnny.

He had given up from weariness, hunger and cold.

One of his feet was frozen.

It was soon learned they had climbed up the mountain that first day and it had started to snow.

They had no compass and with the snow falling amongst the trees, soon became lost.

Then it grew dark.

When morning came, they continued on and started downhill going in the direction they thought the boat lay.

After some time, they came upon an open spot and saw they were on the far side of the island.

There was nothing to do but start back up the mountain.

They were travelling pretty slowly by this time.

Johnny complained of feeling tired so Ben suggested that Johnny exchange his fisherman's gum boots for Ben's running shoes.

So this was done but with the snow and all, it was not long before Johnny's feet were soaking wet.

Having reached the higher levels, they once more got turned around amongst the ravines and hills.

The snow made hard going of it too.

On the third morning they discovered they were again going down the far side of the island.

It was then that Johnny gave up and lay down.

Ben wasn't in much better shape but managed to make it to the beach just in time to be seen by Ernie Seaton.

Through all this, they continued to hang on to the guns explaining that they couldn't leave them behind because they were borrowed.

Needless to say, after such an anxious time, their parents were overjoyed to see them.

(Continued next month.)



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Recent client testimonials

We recently engaged Julie Hegyi of Sotheby's International Realty to sell our waterfront home. Julie worked diligently on our behalf and we couldn't be happier with both the process and the results. Beyond displaying a great work ethic, Julie acted professionally and met our every expectation. It is our pleasure to recommend Julie to anyone considering the purchase or sale of property on the Sunshine Coast. Keith Burgess & Alaine Alington

We were extremely impressed with Julie Hegyi, both as a person and a highly professional Realtor. Due to Julie's professional expertise, creative marketing, strong interpersonal skills, extensive client base and incredible work ethic, we sold our home in less than four months. Without hesitation, we would recommend Julie to anyone interested in buying or selling a property on the Sunshine Coast or any other location in the Lower Mainland.

Leslie and Mark McCue, Halfmoon Bay, B.C.

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November 2017

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor @harbourspiel.com by the 15th of the month.

NOVEMBER

Sat. Nov. 4.......16th Annual Rotary Art Auction - RCL No. 112, 5 p.m.

Sun. Nov. 5.........Daylight savings time ends at 2 a.m. (set clocks back one hour)

Thurs. Nov. 9......Flu shot clinic - RCL No. 112,

Fri. Nov. 10......School of Music Coffeehouse - P. H. School of Music, 7:30 p.m.

Fri. Nov. 10.....Listing booking deadline for the 2018 Harbour Spiel calendar

Sat. Nov. 11......Remembrance Day Ceremonies - RCL No. 112, 11 a.m.

Sun. Nov. 12......PHMS presents Paul Marleyn and Mauro Bertoli - P. H. School of Music, 2 p.m.

Mon. Nov. 13......P. H. Food Bank pickup - P. H. Community Church, noon

Mon. Nov. 13......P. H. Gardening Club presents Gwen Odermatt - P. H. School of Music, 1 p.m.

Tues. Nov. 14......P. H. Women's connection presents chef Marcus McKeever - P. H. School of Music

Tues. Nov. 14......P. H. Wildlife Society presents geologist Peter Hews - PHSS, 7 p.m.

Wed. Nov. 15......Indian cooking class with Sushma - PHSS, 6:30 p.m.

Thurs. Nov. 16.....Telus reps meet w/ Egmont residents regarding cellular service - Egmont Hall, 5 p.m.

Fri. Nov. 17......PHSS aid trip Quiz Night fundraiser at the Legion - RCL No. 112, 7:30 p.m.

Sat. Nov. 18......Realtors Care blanket drive (free pick by Alan Stewart)

Sat. Nov. 18.......Dance to "Playback" at the Legion - RCL No. 112, 8 p.m.

Sun. Nov. 19......P. H. Living Heritage Society art show - Sarah Wray Hall, 1:30-3:30 p.m.

Tues. Nov. 21......Community Opioid Dialogues - RCL No. 112, 6 p.m.

Sat. Nov. 25......Serendipity Christmas craft fair - P. H. Community Hall, all day

Sun. Nov. 26......Grey Cup Party at the Legion - RCL No. 112, 2:30 p.m.

Mon. Nov. 27......P. H. Food Bank pickup - P. H. Community Church, noon

Tues. Nov. 28......P. H. Women's connection presents Art and Debbie Gowland - P. H. School of Music

Thurs. Nov. 30.....December issue of the Harbour Spiel hits the mail

Note: Harbour Spiel Trivia will reappear in the December issue.

FERRY DEPARTURES

Effective Oct. 10 to Jan. 1

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

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7:20 am - Daily	6:20 am - Daily
9:25 am - Daily	8:25 am - Daily

 11:30 pm - Daily
 10:25 am - Daily

 1:35 pm - Daily
 12:35 pm - Daily

 3:50 pm - Daily
 2:45 pm - Daily

 5:50 pm - Daily
 4:50 pm - Daily

 7:50 pm - Daily
 6:50 pm - Daily

7:50 pm - Daily **6:50 pm -** Daily **9:45 pm -** Daily **8:45 pm -** Daily

EARLS COVE SALTERY BAY

 6:30 am - Daily except Sun
 5:35 am - Daily except Sun

 8:25 am - Daily
 7:25 am - Daily

 10:25 am - Daily
 9:25 am - Daily

 12:20 pm - Daily
 11:20 am - Daily

 4:55 pm - Daily
 3:50 pm - Daily

 6:55 pm - Daily
 5:55 pm - Daily

 10:30 pm - Daily
 9:25 pm - Daily

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~ C.G. Jung

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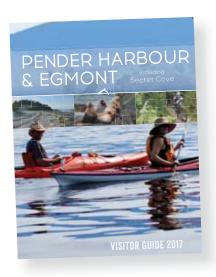


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DOWNTOWN MADEIRA PARK

Squirrel Storage

Larry & Linda Curtiss



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The Backeddy Pub is OPEN on weekends this Fall

Friday-Sunday from 12pm-late (Kitchen will be open from 12pm-8pm)

Amazing Pub Specials

Fridays - 50% off all bottles of wine (dine in only) | Saturdays - Live entertainment | Sundays - All day football specials, wings, nachos, Caesers, and \$4 pints

Fall Accommodation Specials

Book a 3 night stay for the price of 2 in any ocean front cabin or Inn room. (Offer valid until Dec 31, 2017) Cozy ocean view inn rooms and cabins by the sea with wood burning fireplaces and comfort food with flair!