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HARBOUR SPIEL

April 2017
Issue 316



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EDITOR

Brian Lee

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CONTRIBUTORS

This month we thank: Jennifer Edwards, Sandy Hegyi, Frank Mauro, Shane McCune, Gladys McNutt and Jan Watson.

Cover: Local crews prepare for last month's herring gillnet fishery on east Vancouver Island.

Photographer: Sandy Hegyi

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**MAY ISSUE:
April 27**

editorial

Living in Splitsville

Brian Lee



As you gossipy scamps already know, there's been a wave of divorces run through our community lately.

It's nothing new — every few years a raft of marital Scrabble players trade in their letters hoping to find a better word.

But the sheer volume of recent breakups might be unprecedented.

Before anyone starts another rumour, thanks to a potent combination of charm and good cooking, I managed to squeak through the last wave of separations intact.

But if you think this success has yielded insight into what is fuelling the divorce phenomenon, it hasn't.

For that you need to ask a smug Baby Boomer who is still married after four or five decades.

They'll go on about later generations' lack of work ethic and fortitude to soldier on when someone burns the toast.

And, despite their annoying rush to judgment, they might have a point.

Maybe growing up in a throw-away society of material goods has taught us that when something starts to falter, you ditch it for a new one.

But then, what about the kids?

It's a sensitive subject best avoided at social gatherings.

I was chatting with a fellow PHSS grad at the Hopper a few months ago and the subject came up.

A casual conversation turned nasty when I suggested that maybe humans aren't biologically intended to remain monogamous for life.

She lost her shit, stormed off and unfriended me on Facebook.

Divorces make life awkward in a small community.

First, you will see your former spouse around town, sometimes with the person they took up with after you.

And, it should be expected that their new mate will be an acquaintance of yours — maybe even a friend.

If you grew up here, that's old hat.

In high school, if you dated someone and it didn't work out, it was expected of you to give your friends the green light to go there next.

There just aren't enough dating options around here to do otherwise.

But the real tragedy in any divorce is the havoc wreaked on the couple's social periphery.

I hate to make other people's misery all about me but the drama tends to wear on you after the third or fourth or fifth divorce within what was once your social circle.

That's because, when someone divorces, they don't just split the assets and kids, but friends as well.

Men, who are rarely the social planners in a relationship, find themselves at the mercy of their partners when it comes to who fills the seats at dinner parties.

That means invites favour the woman's friends while former mates drift off looking for new social herds.

Still, I like to think this disposable marriage syndrome is just part of an evolving, multi-generational pattern.

Perhaps in another 20 years we will dispense with the antiquated concept of commitment altogether and live in a happy patchwork of co-parenting and Tinder hookups.

But for now, if you're thinking about getting a divorce, this might be the time for it — there's never been such a bounty of single people around here.



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spiel picks

PODS DISCUSSION FORUM (2 DAYS): April 8 & 9, 9 a.m.

Take part in a two-day exchange of information and ideas relating to the proposed Pender Ocean Discovery Station. Day 1 will take place at the P. H. School of Music from 9 a.m. to 5 p.m. Day 2 will resume at Irvines Landing from 9 a.m. to 1 p.m. Pre-register at www.openpods.com.

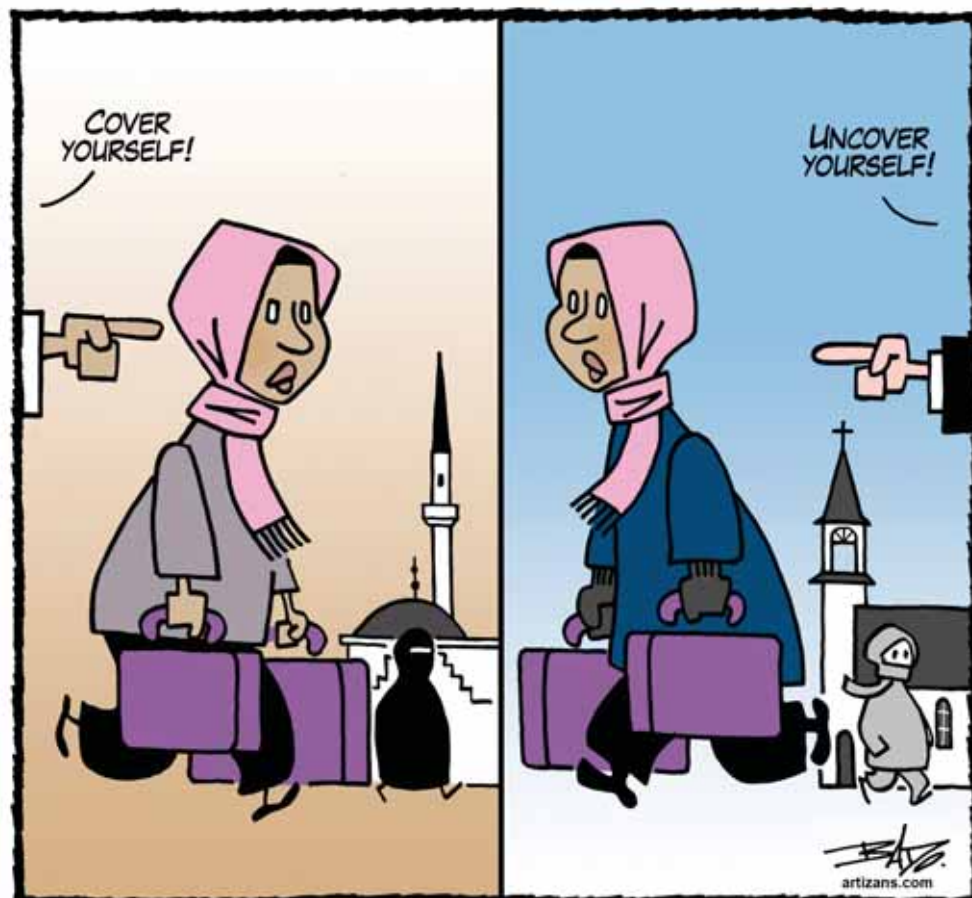
P. H. LIONS PANCAKE BREAKFAST AND EASTER EGG HUNT: April 16

Arrive early to the Pender Harbour Lions Hall for the famous Lions pancake breakfast and stick around until noon for the biggest Easter egg hunt found this side of Sechelt.

PROVINCIAL ELECTION ALL CANDIDATES MEETING: April 26, 6:30 p.m.

The Pender Harbour Advisory Council is organizing a “meet the candidates” event for the 2017 provincial election at the Pender Harbour Community Hall on Wednesday, April 26, 2017 from 6:30 to 9:30 pm. This event, chaired by PHAC president Alan Stewart, is designed to give locals an opportunity to meet and chat with all of the candidates as well as to hear each speak about issues of interest to Pender Harbour. Issues might include economic development, dock management, affordable housing, needs of young families in our community, ferries or issues related to looking after our aging population. There will be an opportunity for those attending to raise issues from the floor.

toon



Edith Iglauer celebrates 100

Friends and fans warmed the Pender Harbour School of Music for local author Edith Iglauer's 100th birthday party on March 11.

Iglauer was born in Cleveland in 1917.

She became a celebrated American author, writing for heavyweights like the New Yorker, Harpers and the Atlantic Monthly.

During a time that presented her with plenty of subject matter, Iglauer ignored moon landings and presidential assassinations to turn her journalistic focus on Canada.

Her first book, *The New People* (updated and reprinted as *Inuit Journey*) started out as a 1961 piece for the New Yorker that chronicled the emergence of Inuit co-operatives, which later played a major role in the march toward independence for Nunavut.

She profiled Pierre Trudeau in 1969.

Her 1979 profile of Canadian architect Arthur Erickson later became a book, *Seven Stones* (1981).

In 1974, Iglauer published *Denison's Ice Road*, a book about the building of a 525-kilometre winter road above the Arctic Circle.

The book would later provide the inspiration for the History Channel series *Ice Road Truckers*.

Iglauer left New York City to marry a Pender Harbourite in the early 1970s after falling in love with the subject for her New Yorker article, local fisherman John Daly.

After Daly died in 1978, Iglauer wrote *Fishing With John*, a memoir about her time fishing on the *MoreKelp* while falling in love with him.

Fishing with John became a BC classic and, later, a movie starring Jaclyn Smith.



Jan Brinton

Local author Edith Iglauer celebrated her 100th birthday with family and friends at the Pender Harbour School of Music on March 11.

In 1989, *Fishing with John* was nominated for a Governor General's award for non-fiction.

A 1991 book, *Strangers Next Door*, collected her magazine articles about Canada into one collection.

Iglauer married the late Frank White (who celebrated his 100th birthday in 2014) in 2006.

At her party, Iglauer's son-in-law (and publisher) Howard White read a poem he wrote for her (excerpted):

*But spending equal time with
ice-road truckers,*

*Dugout carvers and fish-hold
muckers,*

*Edith made Canadians better
known to her native USA,
And made us better known to
ourselves along the way.*

*Nor was her admiration of
northern folk mere play,
As she proved by trading New
York for Garden Bay,
And casting her lot with a
barnacled salmon troller,
Then following him up with a
funny old log-roller.*

Iglauer lives in her home in Garden Bay.

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Pender Harbour has its 72nd May Queen

After a suspense-filled winter waiting to learn who will fulfil the role of Pender Harbour's next monarch, locals can now relax — the 72nd May Queen has been chosen.

Accepting the crown on May Day from retiring queen Frankie Johnson will be Grade 6 student Tyanna Marko.

Joining Marko in the parade will be her attendants Chime Peterson, Kailey Noel, Sharlene Johnson, Stella

Koch, Hanna Bolton, Emma Thornton, Talia Jinks and Annie Vassev.

Accompanying each will be flower girls (all from Grade 1) Maddison Rea, Aurora Brooks, Lily Mackay, June LeBlanc and Zoe McDonald.

The theme for this year's May Day celebration is Canada's 150th anniversary of Confederation, with the community celebration set for May 20 in Madeira Park.

Garden Bay break and enter

Between late December and March 9, someone gained entry to a building and a residence in the 4600 block of Beaumont Road (near Hotel Lake), Garden Bay.

The intruder(s) pried open a door and a window, causing damage in the process.

They rifled through the contents of both buildings, but nothing appears to have been stolen.

While making neighbourhood

enquiries, police noticed another residence with an open rear door.

Police checked the residence and noted it was unoccupied and appeared undisturbed.

The owner was contacted by a property reference who will be checking the house.

Anyone with any information about these two incidents is asked to contact RCMP, reference file 17-1309 and 17-1315.

photojournal



Brian Lee

'This is bull****,' said this cat on Feb. 27 after yet another snowfall.

April 2017

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HARBOUR SPIEL

trivia

1. Of the following, who has never owned the Madeira Park IGA?

- ☐ a. Stan Crowell
- ☐ b. Peter Grabenhof
- ☐ c. Rob Metcalfe
- ☐ d. Morley Luscombe

2. Name of the Madeira Park clothing store where the real estate office is now?

- ☐ a. Taffy's
- ☐ b. Family Fashions
- ☐ c. Tan Jay
- ☐ d. Moe's Menswear

3. What is a yarder?

- ☐ a. A seasonal shore bird
- ☐ b. Logger who handles chokers
- ☐ c. Piece of logging equipment
- ☐ d. Local slang for landscaper

4. Name for Pender Harbour's last operating school ferry.

- ☐ a. Romany Chal
- ☐ b. Lasqueti Breeze
- ☐ c. Maggie Mer
- ☐ d. Dakota Belle

5. Which island is not in our provincial electoral district?

- ☐ a. Stuart Island
- ☐ b. Gambier Island
- ☐ c. West Redonda Island
- ☐ d. Lasqueti Island

6. Nelson Island's largest lake.

- ☐ a. North
- ☐ b. West
- ☐ c. East
- ☐ d. South

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

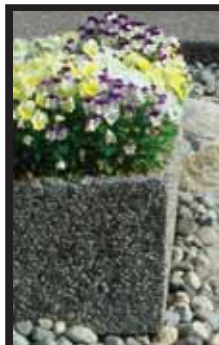
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Local books recognized at BC Book Prizes

The shortlist for the 2017 BC Book Prizes has been announced, and Sunshine Coast-based publishers Harbour Publishing, Douglas & McIntyre, Caitlin Press and Nightwood Editions picked up a total of nine nominations celebrating the best books written and published in the province.

ETHEL WILSON FICTION PRIZE

The Heaviness of Things That Float

by Jennifer Manuel (Douglas & McIntyre)



HUBERT EVANS NON-FICTION PRIZE

Gently to Nagasaki by Joy Kogawa (Caitlin Press).



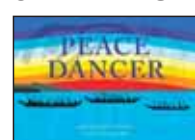
DOROTHY LIVESAY POETRY PRIZE

If I Were in a Cage I'd Reach Out for You by Adèle Barclay (Nightwood Editions).



CHRISTIE HARRIS ILLUSTRATED CHILDREN'S LITERATURE PRIZE

Peace Dancer by Roy Henry Vickers, Robert Budd (Harbour Publishing).



RODERICK HAIG-BROWN REGIONAL PRIZE

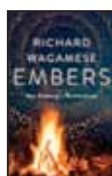


Crossing Home Ground: A Grassland Odyssey through Southern Interior British Columbia by David Pitt-Brooke (Harbour Publishing).



The Peace in Peril: The Real Cost of the Site C Dam by Christopher Pollon, photos by Ben Nelms (Harbour Publishing).

BILL DUTHIE BOOKSELLERS' CHOICE AWARD



Embers: One Ojibway's Meditations by Richard Wagamese (Douglas & McIntyre).



Peace Dancer by Roy Henry Vickers, Robert Budd (Harbour Publishing).



Wade Davis: Photographs by Wade Davis (Douglas & McIntyre).

Winners will be announced at the 33rd annual Lieutenant Governor's BC Book Prizes Gala April 29.

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Brian Lee

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Locals swap homes with German couple

Two active community members leave a big hole to fill as they take part in a one year house swap with a couple from Germany.

On June 29, Maureen Wright and Randy Picketts leave for Hooksiel, Germany where they will live for a year.

Wright said Hooksiel is a town on the North Sea with a population of 2,000 people.

They will live in the home of Gabriela and Britta, a German couple who will arrive in Garden Bay to live in their home for the year.

Wright said Gabriela is a doctor of homeopathy and Britta works in the hospitality tourism industry.

The two are already familiar with

Canada — Britta lived in Canada for 20 years and the couple met while kayaking in Tofino.

Picketts and Wright are active volunteers in the community and are vacating a number of positions that would need to be filled.

To solve that problem the pair hosted a meeting at their home and invited suitable candidates to take over their duties.

Luckily, Wright said, every position was filled.

“I think it will be tons of fun and a year goes by really fast,” said Wright.

“Lots of Pender Harbour people are coming over to visit — we have a three-bedroom house.”



A beach in Hooksiel, Germany.

Karl-Heinz Meurer /Wikipedia

Celebrate our community volunteers

Submitted

Spring seems like the perfect time to celebrate our community and its amazing volunteers.

And April 23 to 29 is national volunteer week.

With that in mind, the P. H. Community School, P. H. Seniors Initiative and the P. H. Aquatic and Fitness Centre have put their heads together to come up with a great idea.

They are inviting you to participate in a community art project and are calling out to all community organizations to send your favourite

group or action shot that portrays your volunteers at work, or some other great photo from your event.

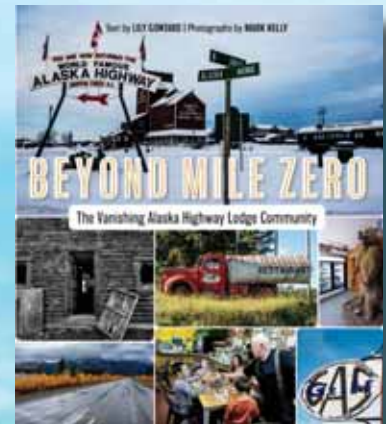
During the month, they will assemble a huge community collage that will be used as a unique display at all community events in 2017.

Send two photos (4" x 6") to phcs@dccnet.com or drop them off at the Harbour Learning Centre, home of the Community School.

If you're new to the community, it's the colourful little building at the Madeira Park Elementary School.

If you want to help or have questions, call Patti at (604) 883-2826.

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Brian Lee

An unfortunate sailboat adorns the island in front of Egmont (Secret Bay). Joe Freitag of Bathgate Resort and Marina, which overlooks the derelict, told the *Harbour Spiel* that 'two guys from Sechelt' ran into the rock about two months before this photo was taken on March 16. 'They were headed through the Skookumchuck but it was getting dark so they turned around. Not knowing how shallow it is around the island, they just got a little close.' Unfortunately the tide was dropping when they grounded and the boat tipped over and filled with water. The Coast Guard attended to check for spills but left the boat in place. 'I don't think the owner is too concerned now even with the small amount of stuff on board,' said Freitag. 'But I'm sure the Egmont pirates have taken care of that now.'

obituary

May Warnock (Burrows)

AUGUST 10, 1918 – FEBRUARY 8, 2017

May was predeceased by her husband Edward George Warnock (1980) and daughter Agnes Walford (2012).

May is survived by her nieces and nephews and granddaughter Shirley (Ken) Brown and great-granddaughter Leslie (Jim).

She is also survived by great-grandsons Ryan (Karen) and Kyle

(Jessica) and great-great-grandchildren Madison, David, Riley, Jenna, Kayla and Hunter.

Many thanks to her friends, the staff and home support at both Ironwood Place and Evergreen Seniors Home for their incredible care.

A family service will be held at a later date.

OBITUARIES The *Harbour Spiel* publishes obituaries for free (for local residents) as a longstanding effort to maintain a record of those who have lived in Pender Harbour and Egmont. Submissions must include the date of birth and date of passing. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.



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Sunshine Coast Regional District budget 2017



*Frank Mauro,
Area A Director*

The 2017 budget deliberations have been completed and, while not formally adopted as I write this, the projects and numbers have been largely finalized.

Overall assessments in the whole regional district increased by 22.61 per cent over 2016 with residential assessments increasing by 23.75 per cent on average.

That resulted in a higher tax apportionment to the residential property class as compared to 2016.

Due to costs for some services that Area A does not participate in, such as transit and recreational fa-

cilities, the overall average taxation change for the SCR D was an increase of 3.5 per cent.

Area A assessments increased less than the SCR D average so, if there were no change to the budget amount, Area A's share would have resulted in an overall decrease of 1.26 per cent in the total of SCR D taxes.

Since this year the overall budget total for Area A was less than last year, it resulted in an overall decrease of 1.55 per cent with a residential decrease of 0.26 per cent due to the shift in assessments to the residential class.

APPROVED PROJECTS IN AREA A

The budget deliberations considered and approved a total of 60 projects.

Of these, 42 were classed as mandatory and necessary for business continuation, four were classed as strategic plan-related, five were part of the integrated five-year plan, and nine were low cost/high value opportunities.

Many of the approved projects were a result of the asset management program recently implemented at the SCR D that provides a framework for analyzing and planning for infrastructure and other assets.

Some of the approved work that will be most noticeable in Area A is:

- Sechelt and Pender Harbour solid waste diversion programs;
- Green waste program;
- Sechelt Landfill and Pender Harbour transfer station environmen-

SUNSHINE COAST REGIONAL DISTRICT

UPCOMING MEETINGS

Planning and Community
Development
April 13 at 9:30 a.m.

Regular Board
April 13 at 1:30 p.m.

Infrastructure Services
Committee
April 20 at 9:30 a.m.

Policing Committee
April 20 at 1:30 p.m.

Transportation Committee
April 20 at 2:45 p.m.

Corporate and Administrative
Services Committee
April 27 at 9:30 a.m.

Regular Board
April 27 at 1:30 p.m.

Meetings are held at 1975
Field Road, Sechelt.
Agendas are available at
www.scrd.ca/Agendas-2017.

Pender Harbour Transfer Station
The Pender Harbour Transfer Station is located at 5545 Garden Bay Road. For a list of accepted materials and tipping fees visit: www.scrd.ca/Tip-Fees.

Winter Operating Hours:
Monday 8:30 a.m. to 4:30 p.m.
Tuesday CLOSED
Wednesday to Saturday 8:30 a.m. to 4:30 p.m.
Sunday CLOSED
www.scrd.ca/pender-harbour-transfer-station

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604-885-6877 infrastructure@scr.d.ca
Monday to Friday 8:30 a.m. to 1:30 p.m.

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Area A Director: Frank Mauro
frank.mauro@scr.d.ca
604-740-1451



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tal monitoring program upgrades;

- Pender Harbour landfill closure;
- Trails and parks bridge engineering assessments and capital maintenance plans (which includes the maintenance of those bridges in critical condition);
- Phase 1 of a hazard tree assessment;
- Universal metering, phase 2 – rural areas;
- Pump station energy optimization upgrades, and
- Sound absorption panels and acoustic remediation for the Pender Harbour Aquatic and Fitness Centre.

SCRD AWARDED MAJOR INFRASTRUCTURE GRANTS FOR AREA A PROJECTS

Special mention must be made of major infrastructure projects for North and South Pender Harbour which were made possible by the SCRD being awarded major grants from the water and wastewater fund.

These projects include:

- North Pender water main replacement and upgrade along Garden Bay road (estimated cost of \$1,650,000);
- South Pender water main replacement and upgrade along Francis Peninsula road (estimated cost of

\$1,650,000);

- Canoe Road wastewater replacement of septic field system (cost \$75,000), and
- Merrill Crescent replacement of septic field system (\$65,000).

It must be acknowledged that these projects are made possible by infrastructure grants awarded by both the provincial and federal governments which shared a total of \$2,855,200 of the \$3.44 million total cost of the projects.

The remainder of the costs will come from regional district reserves for the water functions and also from some short-term borrowing of \$23,800 for the wastewater plants, split roughly evenly between the two.

It is also important to acknowledge the diligent work of regional district staff in identifying the need for these projects through our asset management plan and for their work in submitting comprehensive applications for the grants.

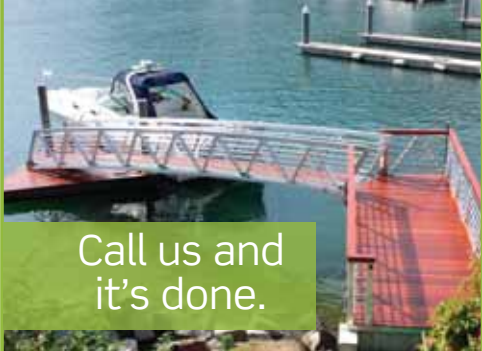
CONTACT

For answers to your questions or concerns please contact me at (604) 740-1451 or by email at Frank.Mauro@scrd.ca.



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PODS community discussion forum: April 8 and 9

submitted

Now that it has completed the necessary groundwork, the Ruby Lake Lagoon Society will hold a forum about the Pender Ocean Discovery Station on April 8 and 9.

The people behind PODS are asking the community for input on the project.

The idea of the Pender Harbour Ocean Discovery Station emerged from the findings of the Lagoon Society's Sunshine Coast Biodiversity Summit.

The SCBS brought together over 150 local stakeholders to explore how we could best preserve and enhance our rich biodiversity.

An overriding conclusion of its resulting biodiversity strategy was that there was a pressing need for more monitoring and research of our coastal waters.

The central purpose of PODS is therefore to establish a series of long-term monitoring and research studies in our local region that will focus on documenting and conserving our marine and freshwater biodiversity and natural resources.

PODS will include a living display of marine habitat and a state-of-the-art research centre.

Included in the plans are confer-



Deutscher Architecture

ence and meeting facilities and indoor and outdoor interactive classrooms for students of all ages.

Since 2015, the Lagoon Society has invested significant time and resources in researching the feasibility of building and operating PODS.

The RLLS commissioned architects to create a concept design that complements the natural characteristics of the site and the ethos of the society itself.

Recently it has also commissioned engineers and other consultants to review the feasibility of the Irvines Landing location and concept design so that it can produce a more accurate construction budget and help forecast future operating costs.

Now that it is completed, the society is looking for ideas about how to make PODS a reality for the benefit and enjoyment of all residents, businesses and visitors to Pender Harbour.

Please pre-register at the PODS

Pender Harbour Music Society presents:

Bergmann Duo

April 16 · 2pm

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penderharbourmusic.ca

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website: www.openpods.com.

The program for the PODS community discussion forum:

SATURDAY, APRIL 8
P. H. SCHOOL OF MUSIC

9-9:30 a.m. — doors open. Coffee, tea and snacks available.

9:30-9:45 a.m. — welcome and meet the board with Michael Jackson (executive director, RLLS).

9:45-10:15 a.m. — The business case for PODS: How the numbers add up with Diana Rae and Walter Kohli.

10:15 a.m.-11 a.m. — Concept and design of PODS with Jeremiah Deutscher (Deutscher Architecture Studio).

11-11:15 a.m. — Break.

11:15-12:30 p.m. — The Irvines Landing site with Mark Porter, Melissa Heinrick, Tom Robinson and Francois Atkinson (Associated Engineering).

12:30-1:30 p.m. — Lunch break (Madeira Park).

1:30-2:15 p.m. — Sustainability Strategies for PODS with Martina Soderlund (Reload Sustainable Design).

2:15-3 p.m. — Landscape design around Irvines Landing with Jordan Lypkie (Happa Collaborative).

3-3:30 p.m. — Tea break.

3:30-5 p.m. — Panel discussion with Deb Cole, moderator.



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SUNDAY APRIL 9
IRVINES LANDING PIER

9-10 a.m. — Beverages and snacks.

10 a.m.-noon — Site tours with architect and consultants.

12-1 p.m. — Round up and thank you.

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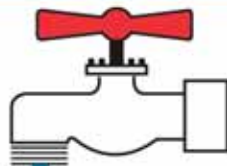
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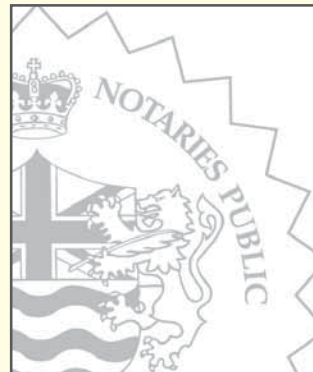
- Miss Sunny's Hair Boutique883-2715
- Steph's The Beauty Boutique883-0511

BOAT LETTERING

- Tom'SIGNS883-0222

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- Coast Builders RONA Madeira Park883-9551
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- Harbour Pizza.....883-2543
- LaVerne's Grill.....883-1333
- Mad Park Bistro.....883-2223
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- Garden Bay Marine Services.....883-2722

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- L.A. Electric.....883-9188
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- Bev and John Thompson, Re/Max Oceanview740-2668
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• Community Policing	883-2026
• Egmont Community Club	883-1379
• Egmont & District Volunteer Fire Department	883-2555
• FLAIR in Pender (3rd Sat 10-12)	883-0660
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club	883-2689
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	883-9900
• Health Centre Society	883-2764
• Health Centre Auxiliary	741-2646
• InStitches (Last Thursday, 11 a.m., PHHC)	883-0748
• Lions Club, Egmont	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.)	883-1361
• Men's Cancer Support Group	883-2393
• P. H. Aquatic Centre Society	885-6866
• P. H. Blues Society	741-1186
• P. H. Choir (7 p.m., Tuesday)	883-0681
• P. H. Community Club	989-0720
• P. H. Community School Society	883-2826
• P. H. Garden Club	883-9798
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.)	883-2930
• P. H. Living Heritage Society	883-0744
• P. H. Music Society (bookings)	883-9749
• P. H. Paddling Society (dragon boating)	399-9596
• P. H. Piecemakers (quilters)	883-2573
• P. H. Pipe Band	883-0053
• P. H. Power & Sail Squadron	883-2086
• P. H. Ramblers (walkers, every Tues. a.m.)	883-1191
• P. H. Volunteer Fire Dept (Wed. evening)	883-9270
• P. H. Reading Room (library)	883-2983
• Rotary Club (noon Fri. RC Legion No.112)	883-2544
• Royal Canadian Legion No. 112	883-2235
• Ruby Lake Lagoon Society	883-9201
• Skookumchuck Heritage Society	883-9994
• S. C. Health Care Auxiliary (2nd Wed., 1:30 p.m.)	741-8413
• Seniors' Housing Society	883-2819
• Serendipity Child Care Centre	883-2316
• Sunshine Coast Better At Home	989-6171
• Sunshine Coast SHROOM	883-3678
• TOPS (Take Off Pounds Sensibly)	740-1509
• Wildlife Society (3rd Tues. PHSS)	883-9853
• Women's Connection (2nd & 4th Tue.)	883-3663
• Women's Outreach Services	741-5246

organizations

P. H. WOMEN'S CONNECTION

Pender Harbour Women's Connection presents Allyson Nelson on Tuesday, April 11 at the P. H. School of Music in Madeira Park at 10 a.m.

In 2015, Nelson purchased both the historic John Henry's and Fisherman's Resort and Marina in Garden Bay. She has since remade these well-known properties with a new look and more services, and sought to maintain their tradition of hospitality to guests. Nelson will share her vision for the tourism industry in Pender Harbour as well as her enthusiasm for food products (samples included).

On April 25, the Women's Connection goes on a field trip to Gibsons to visit Swish, "a little bit of New York in Gibsons."

Since opening its doors in 2010, Swish has been bringing New York style to the West Coast in a big way, evolving from a small co-op space, to the wonderful shopping place-to-be it is today. Car pool from the Kleindale crossroads (Petro Canada) at 9:30 a.m. and the P. H. Legion at 9:45 a.m. Lyn will lead a seminar on wardrobe planning and putting outfits together. Please see www.swishladieswear.com If you have any questions about how this works, please call Judy at (604) 883-3663. Lunch out afterwards.

P. H. GARDEN CLUB

On April 3 at 1 p.m., Ron Knight of Caron Gardens will present "The Wild Rhododendrons of Mt. Elphinstone." He'll start with a history and continue with a virtual expedition up Mount Elphinstone with slides of the famous Pacific rhododendron in its natural environment.

Membership is \$15 or \$5 drop in. Includes social time and coffee/tea and home baked goodies. Visit www.phgardenclub.ca.

WARNOCK ROAD CEMETERY MAINTENANCE

A local effort is taking shape to clean up the Forest View cemetery on Warnock Road after winter storms brought down a tree or two.

Those interested in forming a work party for cleanup and beautification of the cemetery can call Brenda Scoular at (604) 883-9935.

SOM COFFEE HOUSE

The April 14 (Good Friday) School of Music Coffee House will feature Ted and Joan (singer/songwriters), David J. Taylor (original songs with guitar) and Baili and Ange (vocals and guitar). The shows starts at 7:30 p.m.

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The wonders of Myanmar (Burma), its birds and culture

submitted

The Pender Harbour Wildlife Society invites you to join Rand Rudland on a 17-day natural history and cultural exploration of the remote republic of Myanmar on Tuesday, April 18 at 7 p.m., at the Pender Harbour Secondary School.

Rand and wife Elise, with guide Lay Win, visited such locations as Moeyungyi Wetlands, Yangon, Inle Lake, Sankar Village, Mount Victoria, Bagan, and Kalaw, with many points in between.

They visited ancient Buddhist shrines, the golden Shwedagon Pagoda and witnessed numerous novitiation processions.

At the Ramsar site wetlands in Moeyungyi, they experienced a



submitted

Market scene in rural Myanmar

golden sunrise from their long-tail boat among multitudes of storks, herons, bitterns, ibis, swamphens, and pratincoles.

Nearby, local fishermen fished

for what likely became their dinner that evening.

This presentation is free and open to everyone with refreshments served.

harbour seals



Note your (dis)approvals.

Send to: editor@harbourspiel.com.

Include full name and telephone number for confirmation. (Editor reserves the right to edit for length.)

Huge seals of approval to **Wayne Dyck and crew at Pender Harbour Automotive** for the consistently wonderful work they do on my battered 23-year-old Honda station wagon.

And the cost was about 70 per cent less than a Sechelt quote.

John and Barb Nield

A Harbour Seal (wearing a kilt) gives his approval to **George Connell** for all his diligent work during the February snows keeping his entire street and many neighbours' driveways cleared.

Beth Callahan

A great big smushy slobbery Seal of Approval to **the medical staff at the Sechelt Hospital**. I might not be here today had I not spent my first few days in the hospital in Sechelt. The care I received was absolutely above and beyond what was necessary to keep me alive.

Sandra Hughes



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April 3 ~ Jamison Warner and Sandi Whelan
April 4 ~ Frank Roosen Jr., Mike Legge and Bev Thompson.
April 5 ~ Doug Silvey and Breanna Clay.
April 6 ~ Mike Bathgate and Ursula Dornbierer.
April 8 ~ Andrea Clerx and Gloria Fritz.
April 9 ~ Laurie Saunders.
April 10 ~ April Charlton.
April 11 ~ Mackenzie Sutherland.
April 12 ~ Irene Doerksen, Matthew Phillips and Tilley Dougan.
April 13 ~ Bonnie Lindsay, Geoff Warner, Billy Petraschuk and Don Priest.
April 14 ~ Dan Leech and Ann Landry.
April 15 ~ Teresa Sladey and Cathy Collins.
April 17 ~ Sheila McCann and Carly Campbell.
April 18 ~ Russ Foster, Talon Mclean, Howard White, David Brimacombe, Kalen Zayshley and Ron Calvert.
April 19 ~ John Field.
April 20 ~ Sue Kammerle and Katie Tenbroek.
April 22 ~ Dan Choquette.
April 23 ~ Kathy Morant, Sue Richardson, Heidi Vaughan and Jordan Kammerle.
April 24 ~ Len Silvey and Alex Dore.
April 25 ~ Zena Lanteigne, Samantha Stewart and Dietta Edwardson.
April 26 ~ Teyjah Xaveress and Blake Campbell.
April 28 ~ Jeanette Penson.
April 29 ~ Ruth Langton.
April 30 ~ Kasey & Kelly Smith, Marie Reid, Hazel Higgins, "Prawntrap" Patty Jackson, Bill Sutherland, Jeff Wilbee and Ava Young.

BC BESTSELLERS

For the week of March 19

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- | | |
|--|--|
| 1. Embers by Richard Wagamese | 6. Stepping Stones by Margriet Ruurs, illustrated by Nizar Ali Badr |
| 2. The Hidden Life of Trees by Peter Wohlleben | 7. We Sang You Home by Richard Van Camp, illustrated by Julie Flett |
| 3. Hello Humpback! by Roy Henry Vickers & Robert Budd, illustrated by Roy Henry Vickers | 8. The Last Gang in Town by Aaron Chapman |
| 4. The Queen of the North Disaster by Colin Henthorne | 9. Vancouver Tree Book by David Tracey |
| 5. British Columbia Lullaby by P.L. McCarron & Joy Steuerwald | 10. Two Sisters by E. Pauline Johnson, illustrated by Sandra Butt |

~ Association of Book Publishers of BC

APRIL ASTROLOGY



ARIES: MARCH 21 - APRIL 19

The sign of the ram gives Arians loyalty, generosity, high energy and courage. They love adventure and often fiercely defend the underdog. This month, Arians will do well to focus their energies on matters of human rights abuses. You will be ridiculed by co-workers for your new found activism but press on — the horizon promises an escape from your current job, if you want it. Opportunities will present themselves on June 11. Wear light blue on this day to maximize chances of success.



TAURUS: APRIL 19 - MAY 20

Taureans are seekers of peace and stability. Although unambitious, they are happy to be the powerhouse behind the scenes. Usually sensible and blessed with a healthy dose of cynicism, Taureans will be enchanted by mystic thoughts followed by an acute sensitivity to the power of crystals this month. The phenomenon will deliver a positive, transcendent experience for non-Christian Taureans but the faithful of the sign will suffer symptoms similar to vertigo until April 23. Apples provide some relief.



TRUTH & RECONCILIATION

150,000

Total First Nations, Métis, and Inuit children placed in residential schools.

6,000-plus

Estimated number of student deaths in residential schools (according to Truth and reconciliation committee chair, Justice Murray Sinclair).

1 in 25

Odds of a student dying over the life of the residential school program (if 6,000 deaths). The odds of dying for Canadians serving in the Second World War was 1 in 26.

1 in 2

Odds of a residential school student dying in the early years of the program. During the program's first half-century, tuberculosis and then influenza were the primary killers.

139

Total number of residential schools in Canada between 1883 and 1996.

53

Residential schools destroyed by fire. According to the TRC, there were at least 170 additional recorded fires.

40-plus

Residential student deaths in school fires.

60%

Share of the schools operated by the Roman Catholic Church.

\$2.8 billion

Total compensation paid to residential school survivors for "sexual or serious sexual assaults."

80,000

Former students living today.

~ Canada's Truth and Reconciliation Commission report

APRIL WEATHER

TEMPERATURES, MERRY ISLAND

Our average daily high temperature in April is 11.8 C and our average daily low is 6.2 C, giving us a mean daily temperature of 9 C. The highest April temperature recorded is 20.7 C (April 27, 1972); the lowest is -1.1 C (April 3, 1975).

PRECIPITATION, MERRY ISLAND

April has an average of 190.8 hours of bright sunshine and 13 days with measurable rainfall. April averages a total monthly rainfall of 60.4 mm and a total monthly snowfall of 0.3 cm. The highest April daily rainfall on record is 31.8 mm (April 27, 1962); the highest April daily snowfall on record is 5.1 cm (April 3, 1975).

SKOOKUMCHUCK VIEWING TIMES

APRIL

DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 7:33am +L, 2:35pm -L
2. 8:24am +M, 3:33pm -XL
3. 9:29am +M, 4:35pm -L
4. 10:57am +S, 5:42pm -L
5. 7:31am -M, 12:28pm +S
6. 8:39am -M, 1:39pm +M
7. 9:34am -L, 2:49pm +M
8. 10:19am -L, 3:44pm +L
9. 10:58am -L, 4:34pm +L
10. 11:31am -L, 5:20pm +L
11. 11:58am -L, 6:04pm +XL
12. 12:20pm -L, 6:46pm +XL
13. 12:39pm -L
14. 12:53pm -L
15. 1:13pm -L
16. 7:28am +M, 1:38pm -L
17. 8:12pm +S, 2:23pm -L
18. 9:09am +S, 3:29pm -L
19. 10:44am +S, 4:30pm -L
20. 12:27pm +S, 5:55pm -L
21. 8:06am -L, 1:33pm +M
22. 8:53am -L, 2:26pm +M
23. 9:35am -L, 3:15pm +L
24. 10:14am -L, 4:13pm +XL
25. 10:49am -XL, 5:03pm +XL
26. 11:23am -XL, 5:53pm +XL
27. 11:59am -XL, 6:43pm +XL
28. 12:31pm -XL, 7:35pm +XL
29. 6:26am +L, 1:21pm -XL
30. 7:15am +M, 2:18pm -XL

These are estimates only and not intended for navigation.

pender harbour tides ~ april 2017

April	1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Sat 01	11.6	10.2	9.3	9.3	10.1	11.5	13.0	14.2	14.6	14.1	12.5	10.3	7.8	5.6	4.0	3.5	4.0	5.5	7.7	10.2	12.4	14.0	14.6	14.3
Sun 02	13.3	12.1	10.9	10.2	10.3	10.9	12.0	13.2	14.0	14.1	13.4	11.8	9.7	7.4	5.5	4.1	3.7	4.3	5.7	7.8	10.1	12.2	13.7	14.5
Mon 03	14.3	13.6	12.6	11.6	10.9	10.8	11.3	12.1	12.9	13.5	13.5	12.8	11.3	9.4	7.4	5.7	4.5	4.2	4.6	5.9	7.8	9.9	11.9	13.5
Tue 04	14.4	14.4	13.9	13.0	12.0	11.3	11.0	11.2	11.7	12.3	12.8	12.9	12.4	11.2	9.6	7.8	6.2	5.1	4.7	5.0	6.2	7.9	9.9	11.9
Wed 05	13.5	14.4	14.6	14.1	13.2	12.1	11.2	10.6	10.6	11.0	11.6	12.2	12.5	12.3	11.3	9.9	8.3	6.8	5.6	5.1	5.4	6.5	8.1	10.1
Thu 06	12.1	13.7	14.6	14.8	14.2	13.1	11.8	10.6	9.9	9.7	10.2	11.0	11.8	12.4	12.4	11.7	10.4	8.8	7.3	6.1	5.5	5.7	6.8	8.6
Fri 07	10.6	12.6	14.1	14.9	14.8	13.9	12.6	11.0	9.6	8.9	8.8	9.4	10.5	11.6	12.4	12.6	12.1	10.9	9.3	7.6	6.4	5.9	6.2	7.4
Sat 08	9.2	11.3	13.2	14.5	15.0	14.5	13.3	11.6	9.8	8.5	7.8	8.0	8.9	10.3	11.7	12.7	13.0	12.5	11.2	9.5	7.9	6.7	6.3	6.7
Sun 09	8.1	10.0	12.1	13.8	14.8	14.8	13.9	12.3	10.3	8.5	7.3	6.9	7.5	8.8	10.5	12.1	13.1	13.4	12.8	11.4	9.7	8.1	7.0	6.8
Mon 10	7.5	9.1	11.0	12.9	14.3	14.8	14.2	12.9	10.9	8.9	7.2	6.3	6.3	7.3	9.0	10.9	12.6	13.6	13.7	12.9	11.4	9.7	8.3	7.4
Tue 11	7.5	8.4	10.1	11.9	13.5	14.4	14.4	13.3	11.5	9.4	7.4	6.0	5.5	6.1	7.5	9.5	11.5	13.2	14.0	13.9	12.9	11.4	9.8	8.5
Wed 12	8.0	8.3	9.4	11.0	12.6	13.8	14.2	13.6	12.2	10.1	8.0	6.2	5.2	5.2	6.2	8.0	10.1	12.2	13.7	14.3	14.0	12.9	11.4	9.9
Thu 13	8.9	8.6	9.2	10.4	11.8	13.1	13.8	13.7	12.6	10.8	8.7	6.7	5.3	4.7	5.2	6.6	8.6	10.9	12.8	14.1	14.4	13.9	12.8	11.4
Fri 14	10.1	9.3	9.3	10.0	11.1	12.3	13.2	13.5	12.9	11.5	9.6	7.5	5.8	4.8	4.7	5.5	7.2	9.3	11.5	13.3	14.3	14.4	13.8	12.7
Sat 15	11.4	10.4	9.8	10.0	10.7	11.6	12.6	13.1	12.9	12.0	10.4	8.5	6.6	5.3	4.7	4.9	6.1	7.8	9.9	12.0	13.5	14.3	14.3	13.6
Sun 16	12.6	11.5	10.7	10.3	10.5	11.1	11.9	12.5	12.7	12.2	11.0	9.4	7.7	6.2	5.2	4.8	5.4	6.6	8.4	10.4	12.2	13.6	14.2	14.1
Mon 17	13.5	12.6	11.6	10.9	10.7	10.8	11.3	11.9	12.2	12.2	11.5	10.3	8.8	7.3	6.0	5.3	5.2	5.9	7.1	8.9	10.7	12.4	13.6	14.1
Tue 18	14.0	13.4	12.6	11.7	11.1	10.8	10.9	11.2	11.6	11.8	11.7	11.0	9.8	8.5	7.2	6.2	5.6	5.6	6.3	7.6	9.2	10.9	12.5	13.6
Wed 19	14.1	13.9	13.3	12.5	11.7	11.0	10.6	10.7	10.9	11.2	11.4	11.4	10.8	9.8	8.6	7.4	6.4	5.9	5.9	6.6	7.9	9.5	11.2	12.7
Thu 20	13.7	14.1	13.9	13.3	12.3	11.3	10.5	10.1	10.1	10.4	10.9	11.2	11.3	11.0	10.1	8.9	7.7	6.7	6.1	6.1	6.8	8.1	9.8	11.5
Fri 21	13.0	14.0	14.2	13.9	13.0	11.8	10.6	9.7	9.3	9.4	9.9	10.6	11.3	11.6	11.3	10.5	9.3	8.0	6.9	6.2	6.2	7.0	8.4	10.2
Sat 22	12.0	13.5	14.3	14.3	13.6	12.4	10.9	9.5	8.6	8.3	8.6	9.5	10.6	11.6	12.1	12.0	11.1	9.8	8.3	7.1	6.4	6.4	7.3	8.9
Sun 23	10.8	12.6	14.0	14.6	14.2	13.1	11.4	9.6	8.1	7.2	7.2	7.9	9.3	10.8	12.1	12.8	12.7	11.8	10.3	8.7	7.3	6.6	6.8	7.8
Mon 24	9.6	11.6	13.4	14.5	14.7	13.8	12.2	10.1	8.0	6.5	5.8	6.1	7.4	9.2	11.2	12.8	13.6	13.4	12.4	10.8	9.0	7.6	7.0	7.3
Tue 25	8.6	10.5	12.5	14.0	14.8	14.5	13.1	10.9	8.5	6.3	4.9	4.5	5.3	7.1	9.4	11.7	13.5	14.4	14.1	13.0	11.2	9.4	8.1	7.5
Wed 26	8.1	9.5	11.4	13.3	14.5	14.9	14.0	12.1	9.5	6.8	4.7	3.5	3.5	4.8	7.0	9.7	12.3	14.2	15.1	14.7	13.4	11.6	9.9	8.6
Thu 27	8.3	8.9	10.5	12.3	13.9	14.8	14.7	13.3	10.9	8.1	5.4	3.4	2.5	2.9	4.5	7.1	10.1	12.8	14.7	15.5	15.1	13.8	12.0	10.3
Fri 28	9.2	9.1	9.9	11.3	13.0	14.3	14.8	14.1	12.3	9.7	6.9	4.3	2.6	2.0	2.7	4.6	7.4	10.4	13.2	15.1	15.7	15.3	14.0	12.3
Sat 29	10.8	9.9	9.8	10.6	12.0	13.4	14.3	14.5	13.5	11.5	8.8	6.1	3.7	2.3	2.0	3.0	5.0	7.8	10.8	13.4	15.2	15.8	15.3	14.1
Sun 30	12.6	11.2	10.4	10.4	11.1	12.3	13.4	14.0	13.9	12.7	10.7	8.2	5.7	3.7	2.5	2.5	3.6	5.6	8.3	11.1	13.5	15.1	15.6	15.2

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient water depth for passage. Note: variability occurs due to barometric pressure and wind conditions etc.

Canoe Pass:



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What a winter . . .



Jan Watson

Wow — what a winter we have had.

Normally we would be welcoming the snowbirds back but to be honest, the

true snowbirds are those of us who stayed here and played golf on the few good days between the rotten ones.

It has been a very odd winter with things happening to the greens that have never occurred before.

Some of them have some dormant patches, causing us to use a couple of temporary greens.

Now that spring has sprung things will improve fast.

After 30 years of operating we are delighted to have a resident CPGA professional at the club for the first time.

Now is the time to take some lessons and a wonderful opportunity for the youngsters to join the junior program.

For the first time in many years our Valentine Scramble had to be cancelled.

LADIES CLUB

The ladies had their first day set up for March 9 with the traditional coffee and muffins to be followed by a nine-hole scramble.

Once again Mother Nature crossed us up with snow.

However, the ladies, being resilient, had their coffee and muffins with a couple of the diehard men joining them.

March 16 was a three-club contest and putter game with winner Sandra Pylypiuk shooting net 68.

ST PADDY'S SCRAMBLE

On March 19 there was an 18-hole scramble with 38 players.

It was the last day of winter and a beautiful sunny day.

Many of the golfers wore green in honour of St. Patrick and it made for a fun day of golf.

The winning team with a three under par score of 69 were Kirk Mackie, son Keith Mackie, Heather Cranston and Ray Clouse.

Second place went to a so-called stacked team who were given a five-under stroke handicap.

Rusty Ellis, Jamie Tufford, Jeff Hallborg and Jan Watson notched 70.

Closest to the pin (KP) for the ladies was Carly Bloch and Ray Clouse for the men.

The game was followed by a lovely dinner of Irish stew and corned beef and cabbage.

UPCOMING EVENTS

The 10th annual par 3 tourna-

THE 19th HOLE

A kid grows up a lot faster on the golf course. Golf teaches you how to behave.

— Jack Nicklaus

ment will take place on April 22 (this is a fun tournament with short holes from many strange places).

We plan to have more fun events this year so check with the pro shop at (604) 883-9541, our website (www.pendergolf.ca) or check us out on Facebook.

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PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home Care/Palliative care • Dressings

DENTISTRY – 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures • Surgical Extractions

PUBLIC HEALTH NURSE – 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

REGISTERED MASSAGE THERAPY

Brigit Garrett, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

COUNSELLING SERVICES

Siemion Altman – MD Psychiatrist – 885-6101

Tim Hayward – Adult Mental Health – 883-2764

PHYSICIANS – 883-2344

Drs. Forgie, Lasuta, McDowell, Robinson & Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

First-class health care for the people of the Pender Harbour area.

Diabetes: Just the facts

Jennifer Edwards, RN

Every cell in your body needs glucose, sometimes known as sugar, to function.

When you eat, your body breaks down carbohydrates into glucose, which the body uses for energy.

As the body breaks down glucose, your pancreas releases a hormone called insulin.

Insulin moves glucose from your bloodstream into your body's cells where it is converted into energy.

Without insulin, your body cannot function optimally.

Sometimes the body develops a resistance to insulin, which means the body's fat, liver and muscle cells are unable to take in and store glucose.

Glucose remains in the bloodstream impairing bodily functions.

There are three categories of diabetes: type 1, type 2 and gestational.

TYPE 1 DIABETES

People with type 1 diabetes need supplemental insulin to survive.

Type 1 diabetes is an autoimmune disease where the body's immune system destroys insulin producing cells in the pancreas, thus stopping the organ from producing insulin.

The exact cause of type 1 diabetes is unknown.

TYPE 2 DIABETES

Type 2 diabetes describes a condition in which the pancreas does not make enough insulin and the body can't use insulin effectively.

Type 2 diabetes develops gradually with age and is characterized by insulin resistance in the body.

Again, the cause is not fully understood.



GESTATIONAL DIABETES

Gestational diabetes develops during pregnancy when the pancreas cannot keep up with the increased demand for insulin and the body becomes resistant to insulin.

Symptoms of unmanaged diabetes vary from person to person.

Type 1 diabetes tends to come on abruptly and dramatically while symptoms of type 2 diabetes usually develop gradually and often go unnoticed.

Undiagnosed diabetes symptoms occur when blood sugar levels in the body become abnormally elevated.

These symptoms include increased thirst, increased hunger, excessive fatigue, increased urination, blurry vision, unexplained weight loss and infections or wounds that are slow to heal.

Managing diabetes requires keeping track of daily blood sugars levels.

Treating diabetes may include taking insulin and/or other medication.

Establishing healthy eating habits and regular exercises also aid in diabetes management.

If diabetes is not controlled,

serious complications may occur including heart attacks, stroke, kidney disease, nerve damage, eye disease and blood vessel disease.

Self-management is key for improving physical and mental well being for individuals with diabetes.

The Pender Harbour Health Centre is offering an individual-based collaborative approach to self-management for people affected by diabetes.

Together we will review the individual's unique needs, identify potential behavioural changes and provide customized education.

Please phone the Pender Harbour Health Centre at (604) 883-2764 to book a one-on-one diabetes coaching session with a local registered dietitian and registered nurse.

* * * * *

The Pender Harbour Health Centre is running a free six-week workshop on chronic pain self-management, meeting Mondays starting April 3.

The workshop will go from 1 p.m to 3:30 p.m and is open to individuals experiencing chronic pain or their family members.

Please contact the health centre for more information or to sign up at (604) 883-2764.

This month in recreation

PHAFC

PHSI

PHCS

VOLUNTEER WEEK ~ APRIL 23-29

Celebrate our Amazing Community Volunteers

And, we want
YOU
in the picture!



Send your favourite group or action shot that portray volunteers at work, or other great photos from your community event. Send two photos (4x6 size) to phcs@dccnet.com or drop them off at the Harbour Learning Centre.

VOLUNTEERISM IS WHAT MAKES PENDER HARBOUR SUCH AN AWESOME PLACE TO LIVE!

Project sponsored by Community School, Seniors Initiative and PH Aquatic & Fitness Centre.



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR LEARNING
CENTRE HOURS:
Tuesday to Friday
9am to 4pm**

Box 232
Madeira Park
VON 2H0

604.883.2826

phcs@dccnet.com

EASTER FLORAL ARRANGEMENT with FERDINANDO

Thursday April 13, 1-3pm at Sarah Wray Hall. Bring your own container or vase and your favourite spring clippings! Please register by calling 604.883.2826. \$25

COMPUTER CAFÉ: Creating email newsletters

Wednesday April 19, 1-3pm, Harbour Learning Centre. Communicate more efficiently by using email newsletters.

FOOD SENSE: Healthy cooking on a budget

Tuesdays, April 25-May 30, 11am-2pm @ the Legion. Join neighbours and friends for six weeks in the kitchen. Free, pre-registration required, space is limited. Call 604.883.2826

MUSIC LESSONS: Guitar, bass and drums

Mondays after school at School of Music, all ages and levels welcome! Call Patti for more info 604.883.2826.

KIDS COOKING CLUB

First Fridays of month with Haida. Next session Friday April 7, 3-4pm at Euspiria Café. Free for grades 3-4, but pre-registration is required so call 604.883.2826.

DROP-IN SPORTS at the PHSS GYM

Badminton (Monday 7-9pm, \$3), Floor hockey (Tuesday 7:30-9:30pm, \$3, Grade 10 boys+), Pickleball (Wednesday 6:30-8:30pm, \$5) and Soccer (Thursday 7:30-9:30pm, \$3).

OPEN DOOR EMPLOYMENT SERVICES

WorkBC offers employment services from the Community School building on the third Thursday of the month. Next: Thursday April 20, 9:30am-4pm. Call 604.885.3351 for an appointment.

Harbour Spiel

Seniors Helping Seniors

PENDER HARBOUR SENIORS INITIATIVE

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HARBOURSIDE FRIENDSHIP PROGRAM

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P. H. Health Centre &
P. H. Health Auxiliary

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
(604) 883-9900

ORIGAMI CHALLENGE: APRIL 3, 10 & 24

At the Mad Park Bistro from 9:30am. Come enjoy a cup of coffee/tea and learn the art of folding a paper crane for peace and prosperity — our goal is 1,000 cranes.

WALKING GROUP: Tuesdays, April 4, 18 & 25

At the P. H. Community Hall from 10:30-11am. Wear runners and join us in an easy pace special exercise program with walking-based moves. Instructor Heidi Kozlof. Drop-in \$3

CARPET BOWLING: Wednesdays, April 5, 19 & 26

At the P. H. Community Hall 1-3pm Drop-in \$3. Join us for a fun game!

HARBOURSIDE FRIENDSHIPS: Thursdays

At the P. H. Community Hall at 10:30. Lunch served at noon. \$10 drop-in.

April 6 – Speaker Kym Harris on walking the Camino Trail in northern Spain

April 13 – Meet at the Sarah Wray Hall – guest Liz Summerfield with paper hat-making

April 20 – Bring “Lady Luck” with you and join a Rummoli game

April 27 – Show & Tell

CHAIR YOGA CLASSES: Fridays, April 7, 21 & 28

From 10:30 am to 11:30 am at the Pender Harbour Community Hall. Drop-In \$3

NOTE: The Community Hall will be closed April 10-14 (kitchen renovation).

Seniors Programs for April



PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool
hot tub & sauna
gym & weight room

On lower level of
PH Secondary School:

13639 S. C. Hwy.

(604) 885-6866

phaquatic@scrd.ca

www.scrd.ca/Recreation

Continuing with the Canadian theme for special events:

'EH'PRIL: Tuesday April 18, 5-9pm

Bring your 'eh' game for swim and fitness challenges. All ages welcome. Toonie admission.

YOGA, STRETCH & BALANCE: Thursdays, April 13-May 18, 5-6:15pm

\$72/6 classes. Instructor: Carole Logtenberg Pre-registration is required

YOGA, CORE & BACK ESSENTIALS: Mondays April 3-May 15, 9:15-10:45am

\$72/6 classes. Instructor: Brigit Cogrossi. Pre-registration is required.

MYPASS YOGA, DROP IN

Hatha Flow Fridays 9:15 - 10:45am until May 12.

Hatha Flow Wednesdays 9:15-10:45am beginning April 12 – May 10.

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**FACILITY CLOSURE:
GOOD FRIDAY APRIL 14 AND EASTER MONDAY APRIL 17**

The Egmont Story



In the 1920s, Gladys Disney married Egmont logger Fred McNutt and moved to Egmont. She had previously taught school in Roberts Creek and Wilson Creek and would later teach at the Egmont School. McNutt wrote a series of articles about the history of Egmont that appeared in the Coast News in 1955. McNutt died in 1968.

Gladys McNutt

*This article appeared in the
Coast News, May 26, 1955.*

(Continued from March 2017 issue)

After rumours of a cold storage plant to be built in Egmont never materialized, John Wray left there in 1906 to move back to his pre-empted land on Nelson Island.

The 200 acres around Co-op Bay were owned by Captain Archibald.

The Garrett brothers acted as caretakers while Archibald thought the property would make a nice summer resort.

George Vaughn, an American, arrived the same year John Wray left.

He and Joe Silvey, who was married and had a family, built themselves cabins in Co-op Bay and started hand logging.

Joe Silvey's father, a Portuguese, had once lived in the bay and fished hereabouts.

George Vaughn mentions three loggers who became pre-emptors in Hotham Sound but arrived before he did.

One was Linder who took up land north of Twin Falls.

Tacket, a Kentuckian, retired on land toward the head of the sound.

He built a large house of split cedar and planted a lot of fruit trees.

Hollingsworth was logging in Hotham Sound as early as 1901.

He chose the bay south of the falls and called it Granville Bay for his first son.

He replaced the first small house with a larger one.

Mrs. Hollingsworth had a fine garden of which she was very proud.

Said one old-timer, "Mrs. Hollingsworth kept up the social graces in Jervis Inlet."

He never forgot that when invited to dinner there, a linen table napkin



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lay in a ring beside his plate.

In 1907 and 1908, the Archibald place was partly logged by some Japanese.

Apparently the Garrett brothers had left because Walter Wray said:

“When I came to Canada in 1910, I was looking for land and my brother (John Wray) took me to the land commissioner, Mr. Fletcher.

“Fletcher told John to stake the Garrett place and I could have it.

“John, for some reason, would not do this.”

In 1912, things began to happen.

Tug Wilson and his partner Youngblood, Mrs. Earl’s uncle, came to live at Earls Cove.

A man named Rouse, who lived there previously, had gone to Pender Harbour.

The two partners had been contracting, clearing land in the Fraser Valley and supplying wood for the lighting plant in Chilliwack.

They had a team of horses and were logging.

They were ex-Imperial cavalry men and had seen service and adventure on the Gold Coast in South Africa and India.

Said Walter Wray:

“I have been looking up old records which go back to the time I and my sisters came to what was then the Skookum Chuck.

“We came up March 1, 1912 and took up a pre-emption on what is now Col. Codville’s property, northwest of the rapids.

“At that time, no white people were there but a large settlement of Indians was on the reserve and another smaller lot on the reserve opposite Boulder (now Skookum) Island through the rapids.

“During the same summer

George Vaughn and Joe Silvey came back to where they had small cabins in Co-op Bay.

Mrs. Waugh, an American, who later became Mrs. Points, bought the 200 acres around the bay.

“A Mrs. Ellis came up and lived there as a tenant.

“George Vaughn’s cabin was

close by.

“He had recently married and his wife was baking when the house took fire and both places were destroyed.”

Mrs. Vaughn had been a professional pastry chef and had been cooking for a camp when she met and married Vaughn.

(Continued next month.)



On May 9, elect
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Mathew Wilson

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- Effective, affordable and reliable transportation throughout the riding;
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- Collaborating with all levels of government and the private sector on economic development and job creation;
- Funding for health care services that are responsive to the changing needs of the community.

Mathew Wilson Works for You

Mathew works for the Department of Indigenous and Northern Affairs, and commutes to work on the Langdale ferry. He co-parents his two daughters who attend Roberts Creek Community School.

Mathew’s father is former Liberal Leader Gordon Wilson, who served the riding as MLA for 10 years, and his step-mother Judi Tyabji was MLA for Okanagan East and a councillor for the City of Powell River. His mother Elizabeth Kool was elected to School District 46 as a trustee and her partner Grant Clayton is from a business family that has supported the Sunshine Coast community for decades.



Today’s BC Liberals

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community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

APRIL

Mon. April 3.....P. H. Food Bank pickup - P. H. Community Church, noon
 Mon. April 3.....PHSS grad bottle drive
 Mon. April 3.....P. H. Garden Club presents Ron Knight - P. H. School of Music, 1 p.m.
 Thurs. April 6.....Coast Community Investment Co-op information session - P. H. Legion, 5:30 p.m.
 Fri. April 7.....Kids Cooking Club - Euspiria Cafe, 3 p.m.
 Sat. April 8.....Ab and Wendy Haddock's 50th wedding anniversary
 Sat. April 8.....PODS community discussion forum (day 1) - P. H. School of Music, 9 a.m. - 5 p.m.
 Sat. April 8.....Ham/turkey meat draw and pie auction - P. H. Legion
 Sun. April 9.....PODS community discussion forum (day 2) - Irvines Landing pier, 9 a.m. - 1 p.m.
 Sun. April 9.....Sunshine Coast Fibreshed demonstration event - Fibreworks Gallery, 11 a.m. - 4 p.m.
 Tues. April 11.....P. H. Women's Connection hosts Allyson Nelson - P. H. School of Music, 10 a.m.
 Wed. April 12.....Garbage Recycling in Pender Society annual general meeting - GRIPS depot, 1 p.m.
 Wed. April 12.....Alan Stewart's "real estate coffee talk" - Euspiria Cafe, 4 p.m.
 Thurs. April 13.....Easter floral arrangement with Ferdinando - P. H. Community School, 1 p.m.
 Fri. April 14.....School of Music coffeehouse - P. H. School of Music, 7:30 p.m.
 Sun. April 16.....P. H. Lions/Lafarge pancake breakfast and Easter egg hunt - P. H. Lions Park, egg hunt at noon
 Sun. April 16.....P. H. Music Society presents the Bergmann Duo - P. H. School of Music, 2 p.m.
 Mon. April 17.....P. H. Food Bank pickup - P. H. Community Church, noon
 Tues. April 18.....P. H. Aquatic and Fitness Centre "Eh"pril event- PHAFC, 5 p.m.
 Wed. April 19.....Computer Café - P. H. Community School, 1 p.m.
 Thurs. April 20.....Open Door Employment Services - P. H. Community School, 9:30 a.m.
 Sat. April 22.....P. H. Golf Club par 3 tournament - P. H. Golf Course
 Sat. April 22.....Mountain Grind - P. H. Lions Park
 Tues. April 25.....P. H. Women's Connection field trip to Gibsons - Kleindale @ 8:30 a.m., P. H. Legion @ 9:45 a.m.
 Wed. April 26.....Provincial election (May 9) all candidates meeting - P. H. Community Hall, 6:30 p.m.
 Sat. April 29.....April Tools Wooden Boat Challenge - Madeira Park Government wharf, 10 a.m.
 Sat. April 29.....Royal Canadian Legion No. 112 giant garage sale - Pender Harbour Legion, 10 a.m.

Harbour Spiel Trivia Answers: 1. a 2. b 3. c 4. d 5. d 6. b

FERRY DEPARTURES

Effective: April 7 to May 17, 2017

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:20 a.m. - Daily
9:25 a.m. - Daily
11:30 a.m. - Daily
12:05 p.m. - April 14 only
1:35 p.m. - Daily
2:10 p.m. - May 5, 7, 12 & 14 only
3:50 p.m. - Daily
4:20 p.m. - April 13 only
5:50 p.m. - Daily
7:50 p.m. - Daily
9:45 p.m. - Daily

LANGDALE

6:20 a.m. - Daily
8:25 a.m. - Daily
10:25 a.m. - Daily
12:35 p.m. - Daily
1:10 p.m. - April 14 only
2:45 p.m. - Daily
3:15 p.m. - May 5, 7, 12 & 14 only
4:50 p.m. - Daily
5:25 p.m. - April 13 only
6:50 p.m. - Daily
8:45 p.m. - Daily

EARLS COVE

6:30 a.m. - Daily except Sun.
8:25 a.m. - Daily
10:25 a.m. - Daily
12:20 p.m. - Daily
4:55 p.m. - Daily
6:55 p.m. - Daily
10:30 p.m. - Daily

SALTERTY BAY

5:35 a.m. - Daily except Sun.
7:25 a.m. - Daily
9:25 a.m. - Daily
11:20 a.m. - Daily
3:50 p.m. - Daily
5:55 p.m. - Daily
9:25 p.m. - Daily

Spring is nature's way of saying, 'Let's party!'

~ Robin Williams

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or call 604-740-2353



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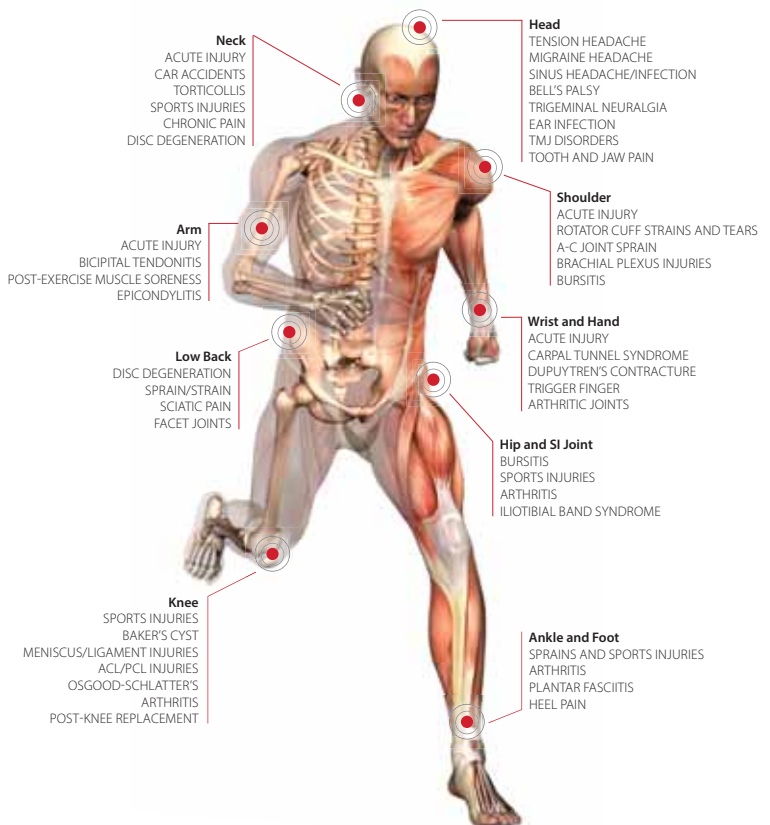
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