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July 2023
Issue 391



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EDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,260 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the *Harbour Spiel* (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Leonard Lee, Robert Livingston, Richard Massullo, Shane McCune, Randy Picketts and Maureen Wright.

COVER

A two-home blaze on Narrows Road June 16.
(Brian Lee photo)

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August issue mails July 28

(Advertising bookings before July 15.)

editorial

Does changing the name change the place?



Brian Lee

Just like that, Pender Harbour is now kalpilin.

On June 21, seven geographical names were officially changed at the request of the shishálh First Nation:

- The northern arm of Jervis Inlet is now lekw'emin;
- Earls Cove is skelh;
- Pender Harbour is kalpilin;
- Deserted Bay is ts'unay;
- Deserted River is ts'unay stulu;
- Hunaechin Creek is xenichen stulu, and

- Mount Victoria is k'els.

So, what does it mean?

Can a party in kalpilin still be called a “Pender Bender?”

According to BC's Ministry of Tourism, Arts, Culture and Sport, the names will be labelled on provincial and federal government maps, listed in the province's Names Gazetteer and in the BC Geographical Names information system.

On June 22, a search for “Pender Harbour” on the BC Geographical Names website turned up nothing.

A search for “kalpilin” immediately directed me to the place formerly known as “The Harbs.”

From BCGN's website:

For the shishálh, the place name kalpilin has been associated with the use of the region to shelter from wind and rough sea.

Therefore, they associate the name kalpilin with its use as a “sheltered area.”

The direct translation means “coming around/detouring in a certain direction.”

In context, this direct translation refers to the shishálh use of the kalpilin (Pender Harbour) area.

The direct translation further explains how the shishálh would detour or come to this area to live and seek shelter from the wind and rough seas (advice from shishálh Nation Stewardship and Territorial Land Management Division, 2021).

For many, kalpilin has long stood as an alternate name for Pender.

That may be because it rolls off the tongue like rain water down a granite rockface.

Kall-pay-leen.

Kall-pay-leen.

So, what has changed?

Are we Pender Harbourites, or kalpiliners, or kalpinese?

After a lifetime of calling Pender Harbour home, it shouldn't be expected that everyone will adopt its usage.

No one should be judged for that.

Call it what you want, and recognize that Pender Harbour had a name prior to 1860 when Capt. George Richards renamed it after one of his surveyors, Daniel Pender.

But, as the name that now binds Irvines Landing, Garden Bay, Madeira Park and Kleindale, couldn't there have been more involvement with the people who live here?

The province gave organizations the requisite period to comment but considering Pender Harbour's significance, one would expect more.

Perhaps even some communication from the band.

Apparently, they sent out a press release, but I didn't receive it.

Since the dock plan, reconciliation has meant accepting being told how it's going to be.

What will be snuffed next year? Garden Bay?

Ruby Lake?

Egmont?

Some won't care.

For others, it's creating a profound distrust of the intent of our shishálh neighbours and the province who supposedly negotiates agreements like this on our behalf.

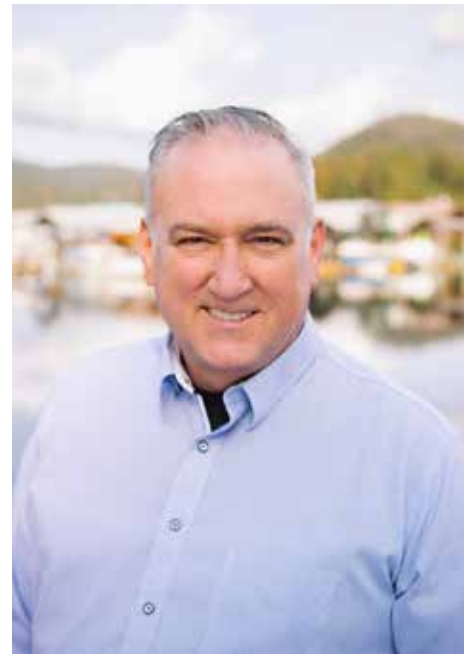
Maybe in 20 years no one will even remember the dusty old Pender Harbour moniker.

Folks will nickname it K-Town. Or Kalpompton.

We'll see.



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Two homes destroyed by fire on Narrows Road June 16

No injuries were reported after a fire destroyed two homes in the 13000 block of Narrows Road June 16.

Jim Cameron, Pender Harbour Volunteer Fire Department chief, told the *Harbour Spiel* that he received the call at 10:40 a.m.

Cameron said it's unknown where or how the fire started but one home was fully engulfed and a carport between the two homes was mostly gone by the time firefighters arrived.

In all, 19 firefighters from PH-VFD along with two members from the Egmont Fire Department showed up to battle the blaze.

A unknown number of police and paramedics attended.

"When we got on scene, both places were burning so it was just a matter of setting up and trying to get water on them," said Cameron.

The homeowners were part-time residents who were away at the time of the fire.

Cameron said both homes were completely destroyed and though trees on the periphery of the two properties were scorched, Cameron said he didn't know of any damage to neighbouring homes.

Though fire crews contained the fire, Cameron said if it had been really dry, or blowing hard westerly as it had been a week earlier, there could have been a different outcome.

"The guys worked their asses off and did a great job," he said.

"They kept at it and it was a long drawn out day.

"Once it was knocked down, it was a long fight to hit the hot spots."

It was the PHVFD's third significant call in two days after a serious workplace accident on Francis Peninsula and a car accident in Middlepoint the previous day.



Two homes were destroyed in this fire on June 16. A carport that sat between the two homes had already burned and disappeared by the time this photo was taken.



Brian Lee photos

Members of the Pender Harbour and Egmont Volunteer Fire Departments worked through the day to knock down the fire. Here, Jim Cameron, PHVFD chief, and Bruno Pepin, PHVFD deputy chief, work to contain the fire and prevent it from spreading to neighbouring homes.

HARBOUR SPIEL

trivia

Where is it?



- ☐ a. St. Vincent Bay
- ☐ b. Nelson Island
- ☐ c. Egmont
- ☐ d. Sechelt



- ☐ a. Francis Peninsula
- ☐ b. Kleindale
- ☐ c. Irvines Landing
- ☐ d. Egmont



- ☐ a. Egmont Heritage Centre
- ☐ b. Garden Bay Marine Park
- ☐ c. Francis Point Park
- ☐ d. Iris & Billy Griffith Nature Ctr.



- ☐ a. Backeddy Pub
- ☐ b. Grasshopper Pub
- ☐ c. Garden Bay Pub
- ☐ d. Irvines Landing Pub



- ☐ a. Gunboat Bay
- ☐ b. Bargain Harbour
- ☐ c. Hospital Bay
- ☐ d. Quarry Bay



- ☐ a. North Lake
- ☐ b. Garden Bay Lake
- ☐ c. Sakinaw Lake
- ☐ d. Waugh Lake

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

Vehicles shot with pellet rifle near Ruby Lake

One Pender Harbour couple was in shock days after their car window was shot out by a pellet gun while driving home from Egmont May 27.

At approximately 9:15 p.m., the Sunshine Coast RCMP received multiple calls that vehicles driving southbound on the Sunshine Coast Highway in the area of Ruby Lake had their driver's side windows shattered by a pellet rifle.

In total, three vehicles were damaged and the drivers were able to stop safely and not drive off the highway.

Police were on scene quickly and located three suspects — two are 11 years old and the third is 12.

A Garden Bay couple was returning home when their driver's side window was shot out.

"My wife was driving and she could have got hit in the head," said one victim.

"We are both still in shock over this.

"It was really quite astoundingly frightening — the window just blew out and flew into our faces.

"Luckily we only have a few minor cuts."

According to Sunshine Coast RCMP there were no physical injuries to the vehicle occupants but all suffered emotional distress due to the incident.

The victim told the *Harbour Spiel* that the shooting occurred directly opposite the entrance to the Ruby Lake Resort amphitheatre.

"So it was coming from the resort for sure," he said.

"We called police and they said to come up to the PetroCan and when we got there were three squad cars and another car with a broken window who was just behind us."

Though unconfirmed by police,

the victim believes a motorcyclist was also hit because there were witness reports of a motorcyclist behaving "very oddly."

"And there was a bucket in the road and that bucket seemed a very odd thing," he said.

"The other people said they saw a girl pick the bucket up and run away."

A Sunshine Coast RCMP spokesperson did not say whether the three suspects lived in the area or were visitors.

Police have spoken with Crown counsel and the families of the youths and the file will be processed through the restorative justice program due to the ages of the accused.

The youths' families were all notified and are co-operating with the police investigation.

"You have to wonder what the parents are up to," said the victim.

Seven RCMP respond to Madeira Park threat

On June 14 at approximately 2:45 p.m., Sunshine Coast RCMP received a report of a male threatening to shoot people from his boat at the Madeira Park government wharf.

According to RCMP, witnesses said they heard the male yelling from his boat and brandishing a hand gun, but not at anyone in particular.

One witness told the *Harbour Spiel* that the man had been causing a disturbance the day before also.

"He was just screaming across at some guy on a yacht on the other finger," he said.

It was reported that the male seemed to be intoxicated or in some type of mental distress.

All seven available front line police officers attended the scene.

At 3:20 p.m., police notified the Madeira Park Elementary School and were told that students had already been dismissed for the day.

Witnesses provided police with the suspect's name and a description.

While they were in the process of evacuating people from the area, the suspect exited his boat and began walking down the dock yelling and swearing at people in boats nearby.

Police engaged the suspect and he was taken into custody without incident.

A search of the suspect and his boat was conducted and no firearm or ammunition of any kind was located.

A charge forwarded by police of uttering threats was not approved by Crown counsel.



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**CAMPFIRES BANNED:
EFFECTIVE JUNE 29**

(This story has been updated from the print version).

Effective at noon on Thursday, June 2, campfires are prohibited on the Sunshine Coast, along with tiki and similar kind of torches and chimineas — until October 31, 2023, or until the order is rescinded.

Category 2 and category 3 fires remain prohibited throughout the Coastal Fire Centre.

The category 2 and category 3 prohibition also restricts the following activities and equipment:

- Fireworks;
- Sky lanterns;
- Burn barrels or burn Cages of any size or description;
- Binary exploding targets, and

• Air curtain burners.
The use of outdoor stoves is not prohibited.

According to wildfire regulations, an outdoor stove is a CSA-rated or ULC-rated device used outdoors for cooking, heat or ambiance that burns charcoal briquettes, liquid fuel or gaseous fuel, and has a flame height that is less than 15 centimetres tall.

**SOUTH PENDER MOVES TO
STAGE 2 WATER RESTRICTIONS**

Stage 2 water conservation regulations came into effect June 9 for water users in South Pender Harbour.

Stage 2 prohibits the watering of lawns at any time.

Sprinklers or soaker hoses, or micro-spray can be used two days per week for the watering of trees, shrubs

or flowers:
• Even-numbered addresses — Thursday and Sunday from 7 a.m. to 9 a.m.
• Odd-numbered addresses — Wednesday and Saturday from 7 a.m. to 9:00 a.m.

Hand-held hoses can be used from 7 a.m. to 9 a.m. and 7 p.m. to 9 p.m. only.

Water conservation regulations help ensure that water demand does not exceed the volume of water available from McNeill Lake under the SCRD’s water licence and that there is enough water available for fire protection.

SCRD water users on the Egmont, Earls Cove and North Pender Harbour water systems remain at stage 1 until further notice.

MPES welcomes new principal

Madeira Park Elementary School will receive a new principal in the fall.

Nicole Zilkie will replace current principal Sandy Magnussen who is taking a leave.

Zilkie joined the Sunshine Coast school district in 2018 after 12 years with the Burnaby School district.

In Burnaby she worked in various positions, including in alternative education and as an elementary classroom teacher, literacy teacher, resource teacher and department head of learning support.

For the past five years, Zilkie has been an inclusion support teacher at Gibsons Elementary.

“Growing up in a town of 1,000 people, I believe that schools are the heart of small communities,” said Zilkie in an S.D. 46 statement.

“I look forward to supporting the incredible work of the Madeira Park school team and to serving the community as a whole.”

July 2023



S.D. 46
Incoming MPES principal Nicole Zilkie.



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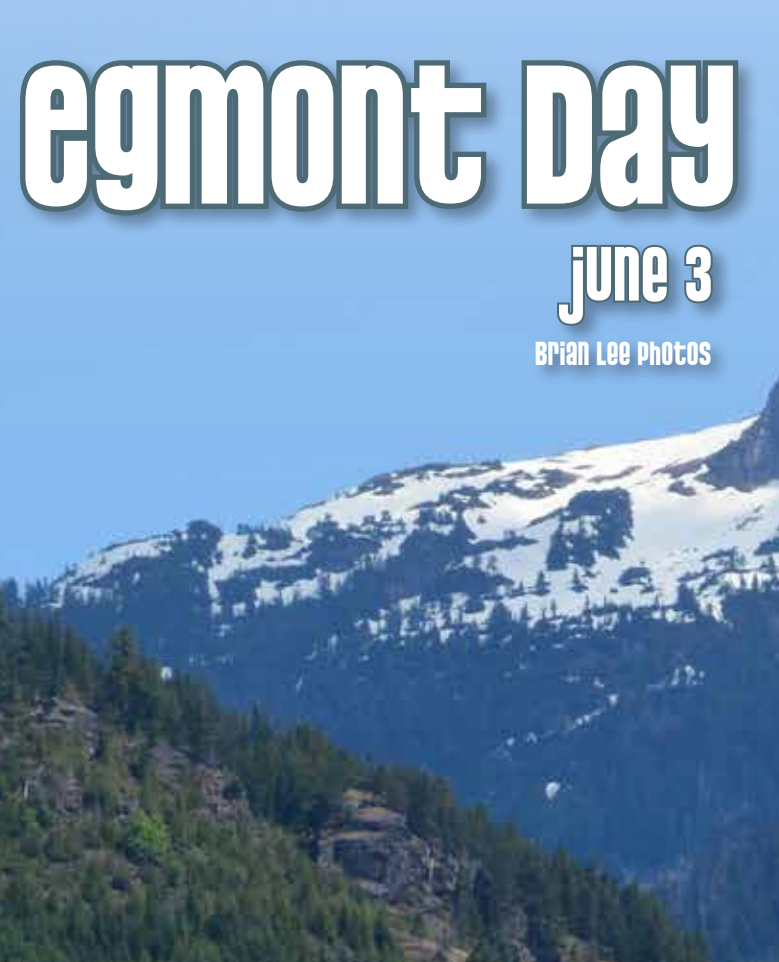
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egmont Day

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Brian Lee Photos



Climate, water and money



*Leonard Lee
Area A director, SCRD*

CLIMATE ANXIETY

We now know that climate change is real, but we debate whether it's caused

by the burning of fossil fuels or the natural ebb and flow of nature, which is out of our control.

This debate doesn't change our reality, but SCRD services must prepare to mitigate its effect on all of us.

Climate anxiety is equally a real thing.

Most of us experience it as we wonder if we'll have enough water this summer for indoor use, health care, and firefighting.

Will we have enough to water

our flowers and gardens and wash our cars?

It manifests when we worry about forest fires wiping out our homes, or even our whole community.

We also wonder if this is as bad as it can get, or if it will be worse this summer.

Media increases our anxiety when they report on droughts throughout the world and forest fires raging in other parts of Canada.

Others increase our anxiety level for personal reasons, such as wanting to demonstrate they understand and lead us to salvation.

Others attempt to reassure us by reporting the facts, but often fail because the details are complex.

We are all part of the climate situation and must work together to

find solutions.

The SCRD is undertaking ongoing projects to help by enhancing public and personal infrastructure to mitigate damage from ongoing and future emergencies.

We also encourage senior governments to provide emergency funding faster.

The world as we know it is changing, we must find ways to adapt, but life on this earth, or here on our beautiful Coast, is not ending anytime soon.

We must learn to manage climate change and climate anxiety as best we can.

THE FUTURE OF OUR WATER

The 2018 water demand analysis, used to guide our infrastructure plans,



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UPCOMING MEETINGS

Committee of the Whole

July 13 at 9:30 a.m.

Finance Committee

July 20 at 2:00 p.m.

Regular Board

July 13 at 1:30 p.m.

Committee of the Whole

July 27 at 9:30 a.m.

Electoral Area Services

July 20 at 9:30 a.m.

Regular Board

July 27 at 1:30 p.m.

Regional Hospital District

July 20 at 1:00 p.m.

SCRD Board and Committee meetings are held in person and electronically on Zoom and video streamed live to YouTube. You can also watch the live-stream recording on the SCRD's YouTube channel.

For more information, please visit www.scrd.ca/agendas.



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considered but underestimated climate change effects.

The water crisis being experienced by Chapman water system users proves that our climate has changed, giving us hotter summers with less rainfall and an extended dry period.

Chapman (our “canary in the coal mine”) wasn’t expanded soon enough to provide a buffer for the droughts predicted in 2018, forcing emergency measures to provide essential water in 2021 and 2022.

This year, South Pender is already at stage 2.

Watersheds allow our lakes to recharge, which determines the amount of water we can draw from them, calculated by community growth, rainfall, and infrastructure capacity.

Warmer weather prompted people to use water at midsummer volumes, causing us to supply more daily water than our licence allows.

Low rainfall and insignificant snowfall stopped water from spilling over McNeill Dam earlier than ever, and sooner than at Chapman.

Ruby Lake, Garden Bay Lake, and Waugh Lake, not depending on dams for storage, have licences much higher than demand, so stage 2 restrictions are unlikely.

To address the three per cent of users consuming 22 per cent of South Pender’s potable water, our short-term plan is a user-pay system to discourage residents from excessive water use and avoid draconian measures, e.g. restricting supply.

To avoid stage 2 restrictions in South Pender, we are considering upgrading the North Pender purification plant and connecting it to South Pender.

These projects are underway to update and consolidate earlier plans:

- Long-term supply source feasibility studies;
- Distribution model update;
- Public participation, and
- Water strategy/action plans implementation.

RESERVE FUNDS

Most SCRD services have operating and capital reserves of unspent money collected in previous years, but funds cannot be transferred between services.

Operating reserves are used when collected taxes are insufficient to cover operating a service for that year.

Without operating reserves we could easily find ourselves unable to provide the service for the entire year if more breakdowns occurred and labour and material costs increased beyond anticipation.

Capital reserves are collected to go towards major infrastructure replacements to avoid excessive repairs, long service outages, and to comply with new environmental and safety requirements.

Best practices are to build capital reserves up in advance so we’re not forced to borrow some or all of the money needed to complete the work, therefore keeping yearly taxes at a consistent, or at least affordable, level.

Staff provides public, quarterly reports to our board, and in June they

presented the 2022 annual report, an overview of SCRD strategic goals and objectives, progress and accomplishments of various services, audited financial statements, and related financial information.

The 2022 annual report included this information on the South Pender water service balances:

- Capital — beginning of year, \$785,008.
End of year, \$1,065,957, and
- Operating — beginning of year, \$852,029.
End of year \$877,487.



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Marjory Mackay celebrates 100 years on July 12

Brian Lee

It will surprise some who know Marjory Mackay to learn that she turns 100 later this month.

She doesn't fit the profile many expect of someone who has lived 10 decades.

She still lives on her own in the house she and her husband built in 1952.

She still drives herself and her friends to social events and exercise classes each week.

And she's still razor-sharp.

Marjory (née Freeman) was born in Carberry, Man., on July 12, 1923.

She recalls that "things were really tight," as the Great Depression set in.

In 1921, Carberry's population had bottomed out at 794 — its lowest population since incorporating about 40 years earlier.

With dwindling prospects for employment, when Marjory was four, her father moved the family to High Prairie, Alta.

High Prairie was a similarly tiny town approximately 370 kilometres northwest of Edmonton.

Even by the time it incorporated



Brian Lee

Centenarian Marjory Mackay on June 14 at the home she's lived in for over 70 years.

in 1946, High Prairie only had a population of 643.

But it had at least one store and the owner of that store gave her father a job.

So, along with three sisters and a brother, that's where Marjory says she "grew up."

In the middle of the Second World War, Marjory and her twin sister Helen left High Prairie for Edmonton to train as nurses.

Marjory says she had no intention of going to war — even if her

parents would have let her.

She never got the choice because the war ended just as she graduated from nursing school.

The Freeman twins were 23 and after a short stint back home, they took a vacation out to the West Coast.

In Victoria they stumbled upon an ad looking for nurses at some tiny hospital up the Coast.

It turned out to be St. Mary's Hospital in Garden Bay.

"There was no real plan, we just decided that we liked being in smaller places because we were used to small towns where you get to know everybody," said Marjory.

"So, we saw an advertisement for nurses and we came here and the rest is history."

They arrived by Union Steamship in August of 1946, and were immediately put to work tending injured loggers and birthing local babies.

Marjory said she worked 12-hour shifts and on her days off would often hop on a ship to Vancouver.

"I had an aunt in Vancouver, so I'd visit her and do some shopping or

Centenarians in Canada (2021 census)

- Over 9,500 centenarians are now living in Canada — a 16% increase from 2016. Centenarians represent 0.03% of the Canadian population.
- Most Canadian centenarians — 7,715 — are women.
- The number of Canadians aged 100 or older was only 1,065 in 1971 — just 4.9 people out of every 100,000 Canadians were 100 or older. By 2021, it was 25.8 per 100,000.
- In 2021, the United Nations expected the number of centenarians to rise to approximately 573,000 worldwide.
- The oldest living person as of May 2023 is Spaniard María Branyas Morera. She is 116 years old, born on March 4, 1907.

maybe go to a show,” said Mackay.

“Do something different than just looking out at the water all the time.”

It wasn’t long before she attended her first dance at the Irvines Landing Hall.

There she met a local fisherman named John Mackay.

Like many female teachers and nurses who came to work in Pender Harbour before and after her, she married a fisherman.

The two married in April 1948, a year after her twin Helen had married another local fisherman, Bob Cameron.

After two years of nursing at St. Mary’s, Marjory left the hospital to start a family.

She raised four children in the Francis Peninsula home that overlooks Malaspina Strait and Pender Harbour’s northwest shore.

Kathy, Ian, Marjory and Sharon Mackay were all born at the little hospital in Garden Bay.

In the late 1970s, her husband John injured his arm, so Marjory went commercial fishing with him as his deckhand.

She ended up working all over the Coast, in all kinds of weather.

“It was an adventure.”

She put off learning to drive a car until 1967.

Prior to that, there were few places she couldn’t get to faster by boat.

Now, at the age of 100, Marjory still drives herself around.

She uses her car to ferry other friends to shopping or seniors’ group sessions at the Pender Harbour Community Hall.

“One of my friends doesn’t have her licence anymore and wants to get out to yoga, so I pick her up twice a week,” says Marjory.

“She enjoys getting out and she doesn’t say anything about my driving — I’m a pretty good driver.”

When asked for her secret, she can’t say.

“I don’t know, I guess I just go in and ask to renew my licence and they just do it.”

She admits that having good health and eyesight doesn’t hurt.

But despite her longevity and upbeat spirit, Marjory has had some health problems.

For one, she’s packing around two artificial hips.

“I’ve had a few blips in my life when I couldn’t get around.

“Hips and one thing or another have slowed me down but I think you have to think positive about everything,” she says.

“If you need to get your hips replaced, ‘Well, get it done and get back on with it.’”

Mackay also credits weekly chair yoga sessions for her continued health and she used to swim regularly at the Pender Harbour Aquatic Centre.

“I think you just have to do what you can and when you get tired, you sit down and have a rest.

“I think when you overdo things, you suffer from them.”

When she’s not meeting up with her seniors’ group, Marjory stays busy crocheting, knitting and cleaning her house.

“I think you have to have something to do.

“You get out and meet people and join things and it really does help.

“It’s one of the things you have to do.”

Looking back, she can’t name a time of life that stands out as best.

“I had a pretty good childhood and I’ve enjoyed most of it, you know.

“Getting married was one of the highlights.

It’s hard to look back and say when the best time was — they were all pretty good you know?

“It was all pretty good.”

Marjory Mackay’s family are hosting an afternoon tea with light refreshments on Saturday, July 8 at the Pender Harbour Community Hall from 1 to 4 p.m.

All are welcome.



Marjory Mackay/Women of Pender Harbour

Marjory (l) and Helen (r) Freeman pose for a photo while undergoing nursing training in Edmonton circa 1943. In 1946, the twins arrived in Pender Harbour to take on nursing positions at St. Mary’s Hospital in Garden Bay.

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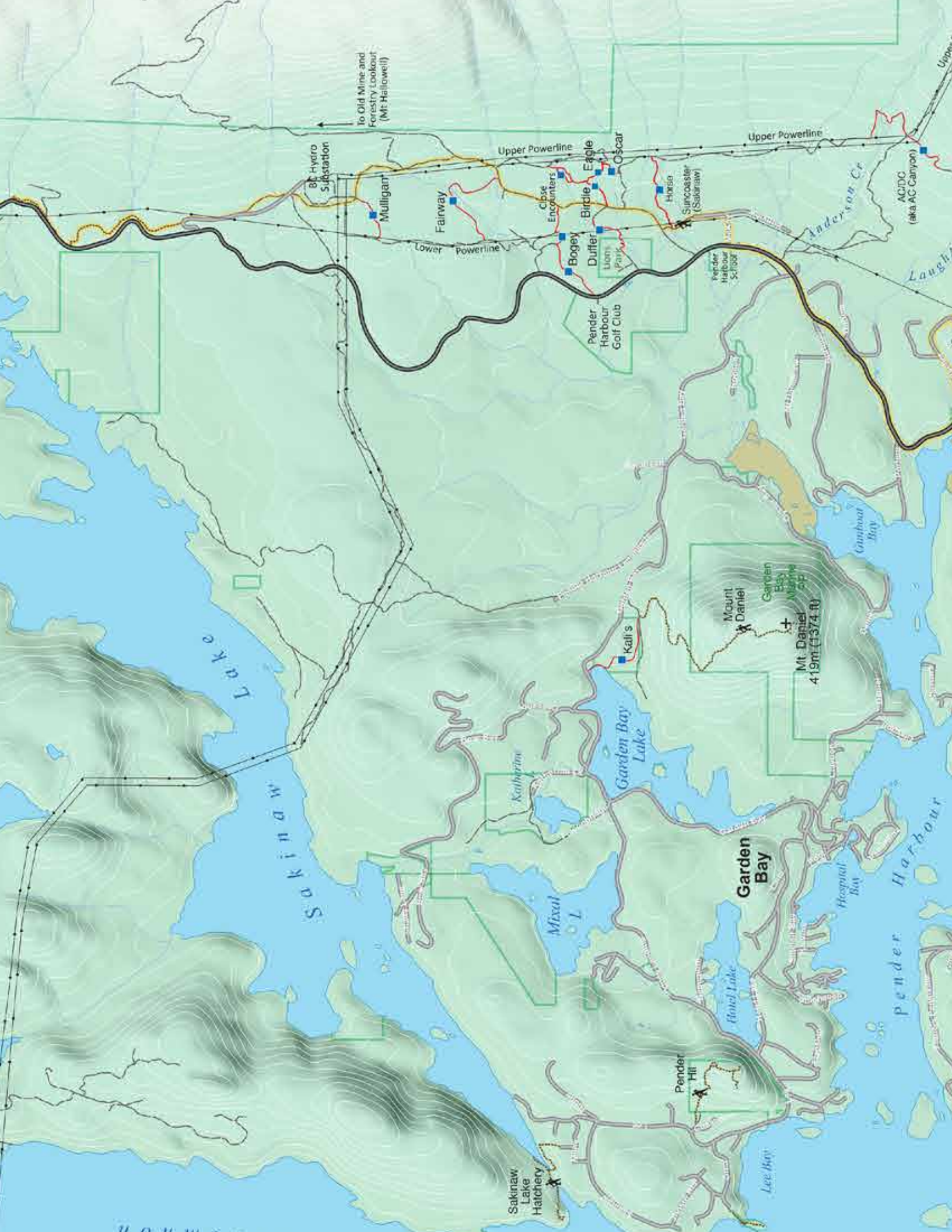
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Trail map is courtesy of the Pender Harbour Hikers and was created by Ryan Robertson of Trailmapapps.com.

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New ATM!

PENDER HARBOUR BRANCH ATM

We are pleased to advise that the new Pender Harbour branch ATM has been installed and is fully operational! Replacing the ATM was necessary due to unfortunate vandalism, which damaged the ATM beyond repair.

We sincerely appreciate the patience, kindness, and support we received from the community and members as we responded to this challenge.

Thank you!



Sunshine Coast
CREDIT UNION

local events

GUNBOAT BAY BLUES 'THE DOCK PROJECT'

What has become an annual summer tradition, the Mellquist family in Gunboat Bay is once again hosting a free blues concert in Gunboat Bay with Peter van Deursen and his band. The concert runs rain or shine on Saturday, July 29. The music starts at 4 p.m. — but get there early so as not to disrupt others' enjoyment.

The band will play on the Mellquist's dock on the north side of Gunboat Bay just after coming through the narrows. All are welcome to join from their own dock or on a boat anchored in the bay. The family asks attendees to be responsible, and enjoy themselves.

For more information, contact Ken Mellquist ken@mellquist.ca.

photo archives



Brian Lee

Eight years ago, on July 2, 2015, the infamous Phare fire was started behind West Sechelt. It was human-caused and ended up taking the life of local logger John Phare after a tree came down on him. This shot was taken not long after it started when the *Harbour Spiel* editor was driving back to Pender Harbour from the ferry and spotted this ominous plume from Davis Bay.



Richard Massullo

Golfers at the Pender Harbour Golf Course's 'Monday Night Scramble' on June 19 were surprised by an unusual hazard on the sixth hole after a black bear decided to have a picnic. Seen here is Mike Bathgate (l) and the bear (r).

seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A bay full of Harbour Seals of Approval to the **Pender Harbour Volunteer Fire Department** and **all the first responders** who successfully tackled two side-by-side house fires on my street June 16.

They did a fantastic job in a very dangerous situation.

We admire and thank you very much.

Cody Pantages and family

Harbour Seals of Approval to **Michael Davison** and **Les Gruber** for their truthful letters in the *Harbour*

Spiel about the plight of "Beautiful Garden Bay" and the in-action of the couldn't-care-less SCRD.

Derek Alltree
Garden Bay

A whale-size Harbour Seal of Approval to the **current board of the Pender Harbour Music Society** for the amazing work they have done in the past year. It has been my honour to serve with them.

Merci beaucoup!

Ann Munro
Chair, PHMS

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pender harbour tides ~ july 2023

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



July		1AM	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3PM	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Sat	01	13.5	14.1	14.3	13.7	12.2	10.0	7.5	5.1	3.1	1.9	1.7	2.5	4.2	6.6	9.3	11.8	13.8	14.9	15.1	14.6	13.8	12.9	12.4	12.5
Sun	02	13.0	13.7	14.2	14.2	13.2	11.4	8.9	6.2	3.7	1.8	0.8	0.9	2.1	4.2	7.0	10.0	12.7	14.7	15.7	15.6	14.9	13.9	13.0	12.4
Mon	03	12.5	13.1	13.8	14.2	14.1	12.9	10.8	8.1	5.3	2.8	1.0	0.2	0.5	2.1	4.6	7.6	10.8	13.5	15.4	16.1	15.9	15.0	13.8	12.8
Tue	04	12.3	12.4	13.0	13.8	14.2	13.9	12.6	10.3	7.6	4.7	2.3	0.6	0.1	0.7	2.5	5.3	8.5	11.7	14.3	15.9	16.3	15.8	14.7	13.4
Wed	05	12.3	11.9	12.1	12.8	13.5	14.0	13.6	12.2	10.0	7.3	4.5	2.3	0.8	0.5	1.4	3.5	6.4	9.7	12.7	15.0	16.3	16.3	15.5	14.2
Thu	06	12.8	11.7	11.2	11.5	12.3	13.1	13.5	13.2	11.9	9.8	7.3	4.8	2.8	1.6	1.5	2.7	4.9	7.8	11.0	13.7	15.7	16.4	16.1	15.0
Fri	07	13.5	11.9	10.8	10.4	10.7	11.4	12.3	12.8	12.7	11.6	9.8	7.6	5.5	3.8	3.0	3.1	4.5	6.8	9.5	12.3	14.7	16.1	16.4	15.7
Sat	08	14.3	12.6	10.9	9.7	9.3	9.6	10.3	11.3	11.9	12.1	11.4	10.0	8.3	6.6	5.3	4.7	5.2	6.6	8.7	11.2	13.6	15.4	16.3	16.1
Sun	09	15.1	13.4	11.5	9.7	8.4	8.0	8.3	9.1	10.1	11.0	11.5	11.3	10.4	9.2	8.0	7.1	6.8	7.3	8.7	10.6	12.7	14.5	15.8	16.1
Mon	10	15.6	14.2	12.3	10.3	8.4	7.1	6.6	6.9	7.8	9.0	10.2	11.1	11.3	11.1	10.4	9.6	9.0	8.8	9.3	10.5	12.1	13.7	15.1	15.8
Tue	11	15.8	14.8	13.2	11.1	8.9	7.0	5.7	5.3	5.7	6.6	8.0	9.5	10.8	11.7	11.9	11.7	11.2	10.7	10.6	10.9	11.8	13.0	14.2	15.1
Wed	12	15.5	15.1	13.9	12.0	9.7	7.5	5.7	4.5	4.2	4.7	5.8	7.4	9.2	10.9	12.2	12.9	13.0	12.6	12.1	11.9	12.0	12.6	13.5	14.3
Thu	13	14.9	15.0	14.3	12.8	10.7	8.4	6.2	4.5	3.5	3.4	4.1	5.5	7.4	9.5	11.5	13.0	13.9	14.0	13.6	13.1	12.6	12.5	12.9	13.5
Fri	14	14.1	14.5	14.3	13.3	11.6	9.4	7.1	5.0	3.5	2.8	2.9	4.0	5.7	7.9	10.2	12.3	13.9	14.7	14.7	14.2	13.5	12.8	12.6	12.8
Sat	15	13.3	13.8	14.0	13.6	12.4	10.6	8.3	6.0	4.1	2.8	2.4	2.8	4.2	6.3	8.7	11.2	13.3	14.7	15.2	15.0	14.3	13.4	12.7	12.4
Sun	16	12.6	13.0	13.4	13.6	13.0	11.6	9.6	7.3	5.1	3.4	2.4	2.2	3.1	4.8	7.1	9.7	12.2	14.1	15.2	15.4	14.9	14.0	13.0	12.3
Mon	17	12.1	12.3	12.8	13.2	13.2	12.4	10.8	8.7	6.5	4.4	2.9	2.2	2.4	3.7	5.7	8.2	10.9	13.1	14.8	15.4	15.2	14.4	13.4	12.4
Tue	18	11.8	11.8	12.2	12.7	13.0	12.9	11.9	10.2	8.0	5.8	3.9	2.7	2.3	3.0	4.6	6.9	9.5	12.0	14.0	15.2	15.3	14.8	13.8	12.6
Wed	19	11.7	11.3	11.5	12.0	12.6	12.8	12.5	11.3	9.5	7.4	5.3	3.7	2.8	2.8	3.9	5.8	8.2	10.8	13.1	14.7	15.3	15.0	14.2	13.0
Thu	20	11.8	11.0	10.9	11.2	11.8	12.4	12.6	12.1	10.8	9.0	7.0	5.1	3.8	3.3	3.7	5.1	7.2	9.7	12.1	14.0	15.1	15.2	14.5	13.4
Fri	21	12.1	11.0	10.4	10.4	10.9	11.6	12.2	12.3	11.7	10.4	8.6	6.7	5.2	4.3	4.1	5.0	6.7	8.9	11.2	13.3	14.7	15.2	14.8	13.8
Sat	22	12.4	11.1	10.1	9.7	9.9	10.6	11.3	11.8	11.9	11.3	10.0	8.5	6.9	5.7	5.2	5.4	6.6	8.4	10.5	12.6	14.2	15.0	14.9	14.1
Sun	23	12.8	11.3	10.0	9.1	9.0	9.3	10.1	10.9	11.4	11.5	11.0	10.0	8.6	7.4	6.6	6.4	7.0	8.3	10.1	12.0	13.6	14.6	14.9	14.4
Mon	24	13.2	11.7	10.1	8.8	8.1	8.1	8.7	9.5	10.4	11.1	11.3	11.0	10.2	9.2	8.3	7.8	7.9	8.6	9.9	11.5	13.0	14.1	14.7	14.4
Tue	25	13.5	12.1	10.4	8.8	7.6	7.1	7.2	7.9	8.9	10.0	10.9	11.3	11.2	10.8	10.1	9.5	9.2	9.4	10.2	11.3	12.6	13.6	14.3	14.4
Wed	26	13.8	12.5	10.8	9.0	7.4	6.3	6.0	6.3	7.1	8.3	9.6	10.8	11.6	11.8	11.6	11.2	10.8	10.5	10.7	11.3	12.2	13.2	13.9	14.2
Thu	27	13.9	12.9	11.3	9.4	7.6	6.0	5.0	4.8	5.3	6.3	7.7	9.3	10.8	11.9	12.6	12.6	12.3	11.9	11.7	11.7	12.1	12.8	13.5	13.9
Fri	28	14.0	13.3	12.0	10.1	8.1	6.2	4.6	3.8	3.6	4.3	5.6	7.3	9.2	11.1	12.6	13.4	13.6	13.3	12.8	12.4	12.3	12.5	13.0	13.6
Sat	29	13.9	13.8	12.9	11.2	9.2	6.9	4.9	3.4	2.5	2.6	3.4	5.1	7.2	9.5	11.7	13.4	14.3	14.4	14.0	13.4	12.8	12.5	12.6	13.1
Sun	30	13.6	13.9	13.7	12.6	10.8	8.4	6.0	3.8	2.2	1.5	1.7	2.9	4.9	7.4	10.0	12.4	14.2	15.1	15.0	14.4	13.5	12.7	12.3	12.5
Mon	31	13.0	13.6	14.0	13.8	12.6	10.5	8.0	5.4	3.0	1.4	0.7	1.1	2.6	5.0	7.9	10.8	13.3	15.0	15.6	15.2	14.3	13.2	12.3	11.9

Linda Mills

JULY 28, 1947 — JUNE 2, 2023



Linda Mills was born in Innisfail, Alta., to Charles and Verna Hyatt.

The family moved to BC when Charles was stationed at Thurston Bay with the BC Forest Service.

She enjoyed several happy years there with a small community of forestry families.

Around age 15, her family moved to the Madeira Park Forestry Station, where she spent her teen years in their home that is now the Pender Harbour Reading Centre.

Mills met her husband Dave at school in Pender Harbour, and they

married in 1967.

She was a selfless and compassionate mom, an avid reader, and enjoyed gardening, and making healthy home-cooked meals for her family.

Later on, when their kids had left home, the couple spent much of their time at Poett Nook Marina near Bamfield, BC.

Mills loved salmon fishing and was known for her fish netting skills.

She was also a fighter, and a cancer survivor of 17 years.

After a period of feeling unwell, she fought another two-month hospital battle with cancer this spring and died peacefully at Sechelt Hospital on June 2.

She was predeceased by her parents Charles and Verna, and brother-in-law Victor Dubois.

She will be missed by her husband Dave, children Mark (Lynn), Kathy (Troy), Richard (Christina), and grandchildren Charlotte, Trevor, Theodore, Nicholas, Laura and Ian.

Her family would like to thank the dedicated nurses and doctors of the Sechelt Hospital who cared for her in her final days.

OBITUARIES: The *Harbour Spiel* publishes obituaries without charge as a long-standing effort to recognize and record the lives of those who lived in Pender Harbour and Egmont. Submissions must be timely, include the dates of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.

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SKOOKUMCHUCK VIEWING TIMES

JULY



DATE-TIME-SIZE (small, medium, large, extra large)
EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 8:31 AM -XL, 5:23 PM +XL
2. 9:59 AM -XL, 6:15 PM +XL
3. 10:59 AM -XL, 7:03 PM +XL
4. 11:50 AM -XL, 7:47 PM +XL
5. 12:39 PM -XL, 8:27 PM +XL
6. 6:39 AM +M, 1:29 PM -XL
7. 7:39 AM +M, 2:22 PM -XL
8. 8:57 AM +M, 3:18 PM -L
9. 10:30 AM +M, 4:17 PM -L
10. 11:46 AM +M, 5:22 PM -M
11. 1:08 PM +L, 5:40 PM -S
12. 8:22 AM -XL, 2:26 PM +L
13. 9:23 AM -XL, 3:35 PM +XL
14. 10:16 AM -XL, 4:34 PM +XL
15. 11:04 AM -XL, 5:26 PM +XL
16. 11:49 AM -XL, 6:09 PM +XL
17. 12:27 PM -XL, 6:49 PM +XL
18. 12:48 PM -XL, 7:24 PM +XL
19. 12:26 PM -XL, 7:53 PM +XL
20. 6:07 AM +S, 12:48 PM -XL
21. 6:52 AM +S, 1:17 PM -L
22. 7:45 AM +S, 1:52 PM -L
23. 8:56 AM +S, 2:36 PM -L
24. 10:20 AM +S, 3:35 PM -M
25. 11:29 AM +M, 4:45 PM -S
26. 12:48 PM +M, 6:29 PM -S
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BC FOREST FIRES

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Total hectares of forest destroyed by fires in 2023 (to June 14).

437,898

Average number of hectares of forest destroyed by fires annually over the last 10 years.

534,300

As of June 18, the size (in hectares) of the Donnie Creek fire near Fort Nelson — the largest ever in BC.

\$204 million

BC Wildfire Service's total budget for the 2023 season.

\$105.3 million

What the B.C Wildfire Service has now spent (as of June 14) fighting fires so far this season.

\$317 million

The average annual cost of fighting forest fires in BC over the last 10 years.

434

Total number of forest fires in BC to date (June 14) in 2023.

1,466

The average number of forest fires in BC annually over the last 10 years.

42%

The percentage that forest fires in BC were recorded as human-caused during the last 10 years

61%

Percentage of fires this year (as of June 14) caused by lightning.

~ CBC.ca

JULY WEATHER

TEMPERATURES (Sechart)

Our average daily high temperature is 24° C and low is 13° C. The highest July temperature recorded is 34.4° C (2022) and the lowest is 9° C (July 1, 1979).

JULY PRECIPITATION (Merry Island)

July averages seven days with rainfall with a total of 41.5 mm. July has an average of 283 hours of bright sunshine. The highest daily rainfall recorded in July is 37.1 mm back on July 19, 1968. Total rainfall for the month averages 41.5 mm.

JULY ASTROLOGY



CANCER: JUNE 21 – JULY 22

Those born under the sign of the crab value security and enjoy the safety and comfort of familiar surroundings and activities. This month, on July 4, Mars moves

out of Aries and into Taurus for six weeks. Expect a period of tumult and pandemonium. Avoid your family — it just won't be worth it. As Sun Tsu reminds us, "The wise warrior avoids the battle." Instead, focus on your creative side and pursue self-pleasure with abandon. On July 23, a mystery will be solved in the form of a staggering revelation from Louise.



LEO: JULY 23 – AUGUST 22

Lions are idealists and romantics, honourable and loyal. Always individualistic, they are usually stylish, charismatic and flamboyant. This month it's all about Jupiter.

Jupiter is largest planet in the solar system with a mass more than two and a half times that of all the other planets combined, and this month, it sits in your ninth house. So things are going to be good — especially when it comes to your love life. Take advantage of your boost in charm to finally win at the game of seduction. You will ask that sexy server out.

BC BESTSELLERS

For the week ending June 17

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

1. **Unbroken: My Fight for Survival, Hope, and Justice for Indigenous Women and Girls** by Angela Sterritt (Greystone Books)
2. **To Track a Traitor: A Lane Winslow Mystery** by Iona Wishaw (TouchWood Editions)
3. **Tracking Giants: Big Trees, Tiny Triumphs, and Misadventures in the Forest** by Amanda Lewis (Greystone Books)
4. **A Complex Coast: A Kayak Journey from Vancouver Island to Alaska** by David Norwell (Heritage House Publishing)
5. **Cold Case BC** by Eve Lazarus (Arsenal Pulp Press)
6. **Still This Love Goes On** by Buffy Sainte-Marie, illustrated by Julie Flett (Greystone Books)
7. **JAJ: A Haida Manga** by Michael Nicoll Yahgulanaas (Douglas & McIntyre)
8. **Sunset and Jericho: A Wakeland Novel** by Sam Wiebe (Harbour Publishing)
9. **The Secret Pocket** by Peggy Janicki, illustrated by Carrielynn Victor (Orca Book Publishers)
10. **The Power of Trees: How Ancient Forests Can Save Us if We Let Them** by Peter Wohlleben (Greystone Books)

~ Association of Book Publishers of BC

JULY BIRTHDAYS

- July 1: **Glenn Vincent.**
 July 2: **Richard Massullo.**
 July 3: **Loy Haase** and **Roy LaFave.**
 July 4: **Stephanie Phillips.**
 July 5: **Ali Fraser, Wendy Lowings, Rick Marzolf** and **Andrew Vickers.**
 July 6: **Holly Seabrook** and **Bryce Viitanen.**
 July 7: **Lyn Charlton, Cypher Clerx, Shaun Georgison** and **Alexa Dornbierer.**
 July 9: **Silas White** and **Danielle Silvey.**
 July 10: **Tanner Haase, Carol Logtenberg, Beau Sladey, Sage Wright, Candy Whittaker** and **Maureen Luck.**
 July 11: **Brittany Bouvette** and **Skinny Jimmy Dougan.**
 July 12: **Betty Silvey** and **Bill Jack.**
 July 13: **Steve Morris, Amy Coombes** and **Daron Petraschuk.**
 July 14: **Malcolm Ingram.**
 July 15: **Ty Campbell, Devin Hollis** and **Fred Baldwin.**
 July 16: **Jane McOuat, Shelly Brown, Danielle Gough** and **Jodee Young.**
 July 17: **Amanda Civitareale.**
 July 18: **Maxine Gilkes** and **Lisa Johnston.**
 July 19: **Wade Lajlar.**
 July 20: **Dwight Young** and **Grace Pazur.**
 July 21: **Eric Phillips, Karen Purnell** and **Marlayne Williams.**
 July 22: **Buck Rice, Lee Walters, Mike Zacharias, Christina Wharton, Wyatt Baldwin** and **Tiffany Baldwin.**
 July 23: **Brody Pantages.**
 July 24: **Paige Coombes** and **Renee Harper.**
 July 25: **Adam Dornbierer.**
 July 26: **Chris Schroeder.**
 July 28: **Kevin Farrell, Keith Mackie** and **Rick Wagner Sr.**
 July 29: **Randy Edwardson, Connie Sutherland** and **Tucker Pantages.**
 July 30: **Darlene Fowlie, Robert Hynd, Shane McCune** and **Marvin Wutzke.**
 July 31: **Hugh Baird, Parker Hohn, Bonny Shotropa** and **Ron Sim.**



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela, Dr. Endre Sinkovics

Darlene Fowlie – Hygienist

Monika Miller – Hygienist

Rosa Seda – Hygienist

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- Restorative Dental Care Consulting
- Implants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 984-5070

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

(604) 885-6101 ext. 4422

PHYSICIANS – (604) 883-2764

Dr. Colin Sutton

- By appointment only

CHIROPRACTORS – (604) 886-3622

Dr. Ali Manavi, Coastline Health and Performance Chiropractors

- Wednesdays, call (604) 886-3622 or visit coastlinehealth.janeapp.com to book appointment

HEARING CLINIC – (604) 885-0155

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BETTER AT HOME PROGRAM (UNITED WAY)

(604) 212-2232

Haida Bolton – Program Coordinator

Helping Seniors Remain Independent

- Email: betterathome@penderharbourhealth.com



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment

CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

ADULT DAY PROGRAM: Dementia Care-Giver Support Group. Call (604) 883-2764.

First-class health care for the people of the Pender Harbour area.

All about gout

*Compiled by Pender Harbour Health
Centre nursing staff*

Over the last two decades gout has nearly quadrupled, affecting four per cent of the population.

More common in the developed world, affecting people over the age of 50, gout is an ailment similar to arthritis.

Gout is caused by a buildup of uric acid, a byproduct of normal cell metabolism and the breakdown of purines that are found in foods such as red meats and shellfish.

If too much uric acid is produced or not enough of it is flushed out through the kidneys, it builds up in the blood.

This excess uric acid forms crystals which build up either in the skin, the kidneys or one of the many joints.

About 50 per cent of the time the big toe is involved, though gout can target other joints such as ankles, knees, hands, wrists and elbows.

Over time these crystals can form lumps and if they grow large enough they may distort and even damage surrounding structures.

A person who has had one such acute attack stands a chance of having a recurrent attack.

Gout is all about balance.

If your uric acid levels are stable your gout may be stable.

You may get a flare-up of your gout by just getting dehydrated.

Men get gout three times more than females.

Family history is another factor, as it runs in families.

Impaired kidney function, which interferes with the clearance of uric acid, can also increase the odds of getting gout.

Other risk factors are elevated



triglycerides, blood sugars or elevated blood pressure.

Diet and lifestyle play a huge role in preventing flare-ups.

Avoiding alcohol and reducing the amount of red meat and seafood consumed can help keep gout under control.

Sugary beverages such as pop and fruit juices seem to raise the risk of gout.

HOW DO YOU KNOW THAT YOU HAVE GOUT?

Obviously, a swollen, throbbing, fire-engine-red toe hints strongly of a gout attack, especially if you have a family history of gout or other risk factors.

Sometimes it is diagnosed solely

on the history and symptoms, but often a blood test is done to confirm.

Treatment may be a non-steroidal anti-inflammatory such as indomethacin which is often the first treatment for acute flare-ups.

If the attack is very severe, the doctor may prescribe prednisone either by pill or as an injection.

In mild cases dietary treatment such as avoiding alcohol and cutting back on the red meats may be enough to ward off further attacks.

Persons having two attacks of gout in a year may be put on allopurinol.

If you think you have had a gout attack you need to see your doctor.

Untreated gout can have some long-term effects on your body.



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PENDER HARBOUR AQUATIC & FITNESS CENTRE

www.scrd.ca/pender-harbour-aquatic-fitness-centre

This facility has a pool and weight room (gym).

Use your MYPASS or pay drop-in admission for the following drop-in activities:

EFFECTIVE UNTIL AUG. 4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 am – 1:00 pm Gym/Weight Room	7:30 am – 1:00 pm Gym/Weight Room	7:30 am – 1:00 pm Gym/Weight Room	7:30 am – 1:00 pm Gym/Weight Room	7:30 am – 1:00 pm Gym/Weight Room
7:30 – 9:00 am Use the POOL, HOT TUB & SAUNA	7:30 am – 1:00 pm Use the POOL, HOT TUB & SAUNA	7:30 – 9:00 am Use the POOL, HOT TUB & SAUNA	7:30 am – 1:00 pm Use the POOL, HOT TUB & SAUNA	7:30 – 10:00 am Use the POOL, HOT TUB & SAUNA
9:00 – 9:50 am Aquafit	10:00 – 11:00 am <i>Land Meets Water Aquafit</i>	9:00 – 9:50 am Aquafit	10:00 – 11:00 am <i>Land Meets Water Aquafit</i>	10:00 – 10:50 am Gentle Waves Aquafit
10:00 am – 1:00 pm Use the POOL, HOT TUB & SAUNA		10:00 am – 1:00 pm Use the POOL, HOT TUB & SAUNA	LOW COST ADMISSION 11:30 am – 1:00 pm \$3 admission	10:45 am - 1:00 pm Use the POOL, HOT TUB & SAUNA

DROP-IN FITNESS

- Mix It Up on Thurs. at 8:45 am

IT'S NOT TOO LATE TO REGISTER:

- Swim Lessons level 4/5 and level 1: July 25-28

THREE WAYS TO REGISTER!

- Online www.scrd.ca/myrecreation
- By phone: 604-885-6801
- In person



**PENDER HARBOUR
AQUATIC & FITNESS
CENTRE**

20m, 4-lane pool
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604 885-6801

www.scrd.ca/myrecreation

REGISTRATION FOR FALL PROGRAMS: Starts Aug. 16 at 7 am

Preview fall programs online starting August 9.

ANNUAL POOL MAINTENANCE CLOSURE: Saturday, August 5 to Monday, September 4

Here's what you can expect during this time:

- The entire facility will be closed.
- Sechelt pool will be open during this time and the Gibsons pool will be open effective Tuesday, Aug. 8.

Pender Harbour Aquatic & Fitness Centre will re-open on September 5.

**We invite you to subscribe to our
Recreation Newsletter at**
www.scrd.ca/Newsletter-Signup

Follow us on facebook:

www.facebook.com/Pender-Harbour-Aquatic-and-Fitness-Centre-206667126014598

We look forward to seeing you!



Thank-You Ms. Magnussen!!

and Stella too!

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**FOR INFORMATION
OR TRANSPORTATION,**

**CALL MARLENE:
(604) 883-9900**

Seniors Activities for July:

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1pm

In the Pender Harbour Community Hall. Lunch will be served at 12pm. The cost will be \$10 per person.

July 6 – Come meet the P. H. Health Centre's new social worker — Neora Snitz.

July 13 – Road Trip to GeoPia's for a garden tour followed by lunch at Earls Cove food truck — register to reserve a ride.

July 20 – Music with Eddy Edrick.

July 27 – Come join in a game or learn a new game.

.....
CARPET BOWLING: Wednesdays, July 5, 12, 19 & 26

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

.....
CHAIR YOGA: Mondays & Fridays, July 3, 7, 10, 17, 21, 24, 28 & 31

At the Pender Harbour Community Hall 11am – 12pm. Improve your balance, strength & flexibility with gentle moves. Cost: \$3. **Note: No class on July 14.**

How did all these trails get here?

Maureen Wright

Whether we are walking a dog, hiking, mountain biking or horseback riding, we all appreciate the beautiful forests, streams and mountains here in Pender Harbour.

But do we stop to think about how we gained access to that wilderness by way of forest service roads, trails and trail markers?

Many may take exception, but logging companies opened up the local backcountry by building the forest service roads.

Then along came enterprising mountain bikers who sought more ambitious routes to connect trails from those forest service roads all over Pender Harbour.

However, these trails were known to few.

Most were unmarked and essentially used only by the occasional dog walker, hikers and the bikers.

A group of people interested in hiking formed the Pender Harbour Hikers 10 years ago and started using those trails.



Maureen Wright

Much of the work required in maintaining local trails involves cutting back the brush that never stops growing. This photo was taken at the northern entrance to 'Copperhead,' a trail built by local mountain bikers almost 20 years ago.

They quickly realized that many of the trails had not been included on any of the maps produced down Coast.

So they went to work recording the trails via GPS and added them to local trail maps.

The Pender Harbour Hikers

also carried on using the distinctive blue and yellow trail signs which the mountain bikers had adopted and marked all the currently existing trails.

A few years ago, the P. H. Hikers, along with the Pender Harbour and Area Residents Association, secured funding from Community Forests to build eight trail kiosks.

These are located throughout the community displaying billboard maps of the area trails and their connections.

Now, all these trails are included in the trail apps (e.g. Trailmaps, Trail Forks) so users can plan a route and find where they are on the route.

There are also many "You are here" signs on intersecting trails.

So, now we have trails, we have maps and we have apps — but we also have fast-growing salal, ferns and windstorms that cause trees and branches to fall over the trails making them impassable.

Without a parks department or



Maureen Wright

After a season or two in the bush, bridges get slippery and dangerous. Here, volunteers install some wire mesh to provide grip.

paid employees to maintain the trails it falls on the users in our community.

COVID hit the community hard in many ways, but with little else to do, it also got people out in droves exploring the trails.

They felt more secure getting out into the forest with all the aids and signage now available.

Many took ownership of those trails and now routinely clear them, report to the hiking group when signs need replacing or a team with saws is needed to clear larger windfalls.

They also report dumping of garbage, vehicles, lumber and appliances that are routinely found in our back roads.

Every effort is then made to clean it up, sometimes with the generous donation of landfill passes from the SCRD.

This year, in an effort to ensure the 40 trails in Pender Harbour (not counting the Suncoaster, Pender Hill and Mount Daniel that are maintained by the SCRD) will be cleared and passable for the summer season, members of the P. H. Hikers and P. H. Ramblers (our two formal hiking groups) were asked to step up.

Members chose one or more of the trails and committed to clipping the salal and ferns, lopping off branches overhanging the path (the bikers really appreciate that) and to report



Maureen Wright

A crew rebuilds a 14-year-old bridge over wetland on 'Old Pole Road.'

missing signs, garbage, fallen trees, downed or slippery bridges, and other hazards that need a special team to get in to address.

This project started at the beginning of March and by the end of May, every trail in Pender Harbour was cleared and ready for the season.

Aside from this maintenance project, there are still numerous trail elves quietly working out in the woods, creating beautiful new trails.

It is backbreaking work, but obviously someone's idea of how to get exercise and be productive.

Once new trails are completed, they will be sign posted, added to the trails apps and ready for use.

There are a lot of people out there creating and maintaining a network of trails for you to enjoy yourself or to share with your visiting friends and family.

The next time you run into someone with a pair of loppers and a rake, maybe stop and say "Thanks!"

ROYAL CANADIAN LEGION NO. 112 GOLF TOURNAMENT



Saturday, July 29 • 2PM

- Modified Texas Scramble (P. H. Golf Course)
- Golf plus apples & dinner at Legion — \$60 pp
- Power cart fee extra
- Prizes and fun format

Register at the Legion in Madeira Park.

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community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

JULY

Sat. July 1.....Canada Day

Sat. July 1.....Garden Bay Sailing Club's 34th annual Malaspina Regatta - Malaspina Strait, 10:30 a.m. start

Thurs. July 6.....Harbourside Friendships drop-in (Neora Snitz) - P. H. Community Hall, 10:30 a.m.

Mon. July 10.....Iris and Billy Griffith Centre kids' nature camps start - Iris and Billy Griffith Centre, 9 a.m.

Mon. July 10.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Thurs. July 13.....SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. July 13.....Harbourside Friendships drop-in (road trip to GeoPia) - P. H. Community Hall, 10:30 a.m.

Thurs. July 13.....SCRD regular board meeting - SCRD boardroom, 1:30 p.m.

Thurs. July 20.....SCRD electoral services committee meeting - SCRD boardroom, 9:30 a.m.

Thurs. July 20.....Harbourside Friendships seniors' drop-in (Eddy Edrick) - P. H. Community Hall, 10:30 a.m.

Mon. July 24.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Thurs. July 27.....SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. July 27.....Harbourside Friendships seniors' drop-in (games) - P. H. Community Hall, 10:30 a.m.

Thurs. July 27.....SCRD regular board meeting - SCRD boardroom, 1:30 p.m.

Sat. July 29.....Royal Canadian Legion 112 golf tournament - P. H. Golf Course/RCL 112, 2 p.m.

Sat. July 29.....Gunboat Bay Blues concert (free) - Mellquist's dock, 4 p.m.

Harbour Spiel Trivia Answers: 1. b 2. a 3. d 4. c 5. b 6. a



FERRY DEPARTURES

Crossing time: Langdale 40 min./Earl's Cove 50 min.

Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.

Service schedules change regularly,
visit www.bcferries.com for current schedules.

*"Let a man walk ten miles steadily on a hot summer's day along a dusty English road,
and he will soon discover why beer was invented."*

~ Gilbert K. Chesterton

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Daily table d'hôte, changes weekly. Each course select one option.

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or French Baguette
With Whipped Butter

First Course

Smoked Sablefish Chowder

Garlic Crostini & Lobster Oil

or Soup De Jour

Ask your server about today's selection

Second Course

Wild Salmon Gravlax

Mascarpone & Avocado Mousse, Strawberry & Cucumber Salsa
with Lemon oil

Pacific Octopus & Squid Ink Risotto

Seared Scallop, Chorizo & Micro Greens

Roquefort & Poached Pear Salad

Mescaline Greens, Pickled Grapes in Hazelnut Vinaigrette with
Pear Fluid Gel & Pear Chips

Third Course

Pan Seared Halibut

Mango & Papaya Salsa with
Creamy Lemon Grass Risotto & Seasonal Vegetables

Egmont Bouillabaisse

Spot Prawns, Halibut, Mussels & Daily Catch with Focaccia Crostini

Certified AAA Angus Beef Tenderloin

Roasted Garlic Pomme Puree, Peppercorn Mushroom Demi-Glace
with Seasonal Vegetables

Pistachio Crusted Rack of Lamb

Goats Cheese & Potato Croquette,
Pomegranate Demi with Seasonal Vegetables

Fourth Course

Tiramisu / Cheesecake / Chocolate Lava Cake

Selection of Gelatos

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