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HARBOUR SPIEL

October 2015
Issue 298





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The Independent Voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

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CONTRIBUTORS

This month we thank: Rosemary Bonderud, Joe Harrison, Theresa Kishkan, Frank Mauro, Sandra McLean, Shane McCune and Jan Watson.

Cover: Mazacote's Carlos Arias performing in the Pender Harbour Community Hall at the Pender Harbour Jazz Festival. (Nick Westover photo)

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**NOVEMBER ISSUE MAILED
OCTOBER 29**

editorial

Membership has community privileges

By Brian Lee



At the recent Pender Harbour Advisory Council town hall meeting, a few people remarked on the excellent turnout.

I counted about 50 people — I'd call that fair, not excellent.

Maybe it's just me.

I've become used to the feel-good solidarity of looking around the hall at recent meetings packed with 200-300 (mostly) unfamiliar faces.

The dock plan crisis coaxed people out of the bush like never before.

Even at this town hall, in which the DMP was a minor agenda item, it seemed clear that many came to talk docks.

But they also learned about a proposed \$10 million marine research station proposed for Madeira Park and of a much-needed mobilization underway to tackle invasive Japanese knotweed.

The dock issue is the biggest issue to hit our community in many years — but it's not the only one.

It made me think that when the dock dispute is settled, will we ever see these people again?

It's a sad truth that, despite a community proud of its independence and self-reliance, many issues are ignored if they don't threaten the sanctity of people's property lines.

After the meeting, I asked about the current membership of PHAC.

PHAC, along with the P. H. Chamber of Commerce, advocated and informed on the dock plan and many other issues.

PHAC was created to represent local interests when needed and to act as a central liaison between community organizations.

They've been very effective at both and I believe that the advisory council has been one of the more positive developments in Pender Harbour in many years.

So, I was a little shocked to learn that PHAC has only 109 members.

Membership doesn't necessarily reflect the vibrance or ability of a group but it does legitimize its efforts as a representative body when it comes to advocating on our behalf.

For many local non-profits, membership numbers also have a direct effect on their ability to acquire grant funding for projects.

Strong membership empowers an organization to advance its goals and in most cases, those goals are to improve the condition of where we live.

It made me curious about the membership of other local non-profits.

After asking around, I learned the P. H. Health Centre Society currently has 95 members while the P. H. Music Society has 114.

The P. H. Chamber of Commerce — whose members are mainly businesses — has about 90.

The P. H. Community Club has 131 members and the P. H. Living Heritage Society 120.

The Ruby Lake Lagoon Society count is "283 and rising."

Some, like Garbage Recycling in Pender Society, don't sell memberships and others I contacted don't know how many they have.

If you value the work of a local organization, consider becoming a member or attending their AGM.

Check their websites for information or p. 34 for a list of contacts.

A membership in a non-profit society often costs less than a pint of beer but it tastes just as good, and it lasts all year.

It ain't real
if it's not in the Spiel.

DID YOU KNOW?

When a relationship ends, Fido is subject to the usual division of property rules.

Better to mediate when the pet's best interests are at stake.



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spiel picks

SUNSHINE COAST MUSHROOM FESTIVAL: Oct. 16-18, 10 a.m. - 3 p.m.

It's a three-day event that stretches throughout the Sunshine Coast but on Saturday, Oct. 17, the Sunshine Coast Mushroom Festival presents its popular mushroom show in the P. H. Community Hall from 10 a.m. to 3 p.m. That night, hit the Ruby Lake Restaurant at 6 p.m. for their "Wild Mushroom Feast," a five-course meal of mushrooms complete with identification displays.

SUNSHINE COAST ART CRAWL: Oct. 16-18, 10 a.m. - 5 p.m.

While you're taking in the mushroom festival, why not visit one of 125 galleries and artist studios from Langdale to Lund that are taking part in the annual gallery crawl. Galleries are open from 10 a.m. to 5 p.m. each day. Visit www.sunshinecoastartcrawl.com for locations of participating galleries.

CANADIAN FEDERAL ELECTION: Monday, Oct. 19, 7 a.m. to 7 p.m.

Registered voters should have received their voter information card by Oct. 1 indicating where to vote. Polls open for 12 hours on voting day, and advance voting will take place from noon to 8 p.m. on Oct. 9, 10, 11 and 12. Bring your driver's license or two other pieces of ID, of which one must have your current address on it. Visit www.elections.ca for more information.

LADIES NIGHT OUT: SATURDAY, Oct. 24, 6 p.m.

The annual big night out for local ladies at the Royal Canadian Legion No. 112, this year features a delicious dinner, jewellery raffle, \$1,000 Calcutta and raffle prizes. Live music will be performed by Apasionado. Hors d'oeuvres, cocktails and displays at 6 p.m. before dinner served at 7 p.m.

HALLOWEEN FIREWORKS & 7th ANNUAL HALLOWEEN HOWL: Oct. 31

After catching the fireworks at 7:30 p.m. in Millenium Park, throw your costume on and hit the Halloween Howl featuring David Vest and the Grand Koolios. Doors open at 8:30 p.m. and there are prizes for best costumes.

toon



PHAC town hall meeting Sept. 13

Steve Luchkow, president of the Pender Harbour Advisory Council, kicked off the town hall meeting Sept. 13 in the P. H. Community Hall:

“The Pender Harbour area is made up of a number of small communities.

“Our strength as a community comes from working together and that was the basis for establishing the Pender Harbour Advisory Council.”

The town hall has become a popular forum to express views on and learn about local issues with a number of topics landing on the agenda.

P. H. COMMUNITY GARDEN

Needing to catch a ferry, Kym Harris was first up to give an update on the recently constructed community garden at the Pender Harbour Health Centre.

Harris said massive amounts of food were produced and all involved were surprised by how much food can be produced from a small plot.

Harris announced that due to overwhelming demand for the 25 food plots this year, they will host a lottery selection process next season to determine who gets to grow.

See page 35 for a photo of the garden as it looked on Sept. 22 after a successful summer growing season.

P. H. TRAIL SIGNAGE PROJECT

Maureen Wright gave an overview of work so far on installing hiking and biking trail signs for the Pender Harbour area.

The project was launched jointly by the PHAC and the P. H. Hiking Club.

Speaking on why the project was needed, Wright said:

“If you looked at a map that the Sunshine Coast Trails put out, it

almost looked like there was nothing beyond Halfmoon Bay.”

The group applied for and was awarded \$35,800 from the Sunshine Coast Community Forest legacy fund last spring.

Wright explained the money will go toward a three-part project that will include the installation of trail kiosks at prominent hiking areas including Menacher Road, P. H. Lions Park, Middlepoint forest service road, Garden Bay, Egmont and the Malaspina substation.

Two signs promoting the entire trail system will be installed at the visitor information pullouts near Middlepoint and Sakinaw Lake.

The remainder of the project will involve updating an inventory of existing trails, clearing trails and posting signs to ensure they are easily found.

Wright said they are seeking people with carpentry experience to help erect the kiosks.

ILLEGAL DUMPING

Conservation officer Dean Miller had intended to provide some updates on efforts to curb illegal dumping but he couldn't make it.

In his place, Steve Luchkow gave an abbreviated update of Miller's idea to organize a local backroad clean-up every year to augment the SCRD-organized Trash Bash that takes place every three years.

RUBY LAKE LAGOON SOCIETY

Dr. Michael Jackson of the Ruby Lake Lagoon Society discussed two projects — a plan to eradicate Japanese knotweed (see p. 10) and a proposed \$10 million marine research station in Madeira Park (see p. 6).

LILY LAKE WALKING TRAIL

Area A director Frank Mauro announced the tender to build the Lily Lake Walkway closed Sept. 14 and work would soon begin on a path from Madeira Park to the P. H. Health Centre.

He also announced preliminary planning is underway for similar work in Garden Bay and Egmont that is budgeted for next year.

Mauro explained these projects are funded with gas tax revenue to create a one-way “active transportation” route and, because of funding requirements, a recreational circle route around Lily Lake was not possible.

COUNCIL AGM

The advisory council's AGM followed the presentation portion of the town hall meeting.

John McDermott was newly elected to the 11-member board, joining Karen Dyck, Rose Everett, Don Fraser, Francine Clohosey, Leonard Lee, David Pritchard, Barrie Wilbee, Brad Lowell, Steve Luchkow and Janet McIntosh.

PENDER HARBOUR MUSIC SOCIETY PRESENTS:

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Ruby Lake Lagoon Society plans dip in the ocean



Ruby Lake Lagoon Society

This conceptual design is one of two submissions for the Ruby Lake Lagoon Society's proposed 'Pender Ocean Discovery Station' or PODS that is hoped to be built on school district waterfront property in Madeira Park.

The Ruby Lake Lagoon Society is making ambitious plans to build a marine research station in Madeira Park.

At a Sept. 13 town hall meeting organized by the Pender Harbour Advisory Council, RLLS chair Michael Jackson outlined the proposal to build the \$10 million dollar project on school district property near the Madeira Park government wharf.

"We know from what's happening already that there are major changes going on in the ocean," said Jackson.

"That's almost certainly to do with climate change but we have very little knowledge or baseline data

about what the situation is now. We will need that to compare that in the future."

The Lagoon Society's answer to the lack of local marine research is the Pender Ocean Discovery Station or PODS.

"It will be an aquarium and a marine research centre," said Jackson.

"This will obviously be a huge educational resource. We are aiming to partner with Simon Fraser University if we can on this project and many other people as well.

"We think it's going to provide a huge boost to the local economy here and it's going to be operational through most of the year."

The Ruby Lake Lagoon Society has brought over \$5 million into the community since it was formed in 2002.

In 2005, the non-profit organization completed the 2,500 square foot Iris Griffith Interpretive Centre near Ruby Lake.

Since then it has become a hub for research and nature education on the Sunshine Coast.

Because they've been so successful with their freshwater nature education centre, Jackson says the obvious next step is to tackle the ocean.

"So, the idea of this is to create a space that will reconnect us with our natural environment... that's always been our underlying philosophy."

Jackson said the planned facility will include a year-round conference facility, an interactive aquarium, an outdoor children's classroom, marine research laboratories, interactive exhibits and a coffee bar.

The RLLS has had discussions with School District 46 about the property on the waterfront adjacent to Madeira Park Elementary School.

Harbour Spiel

Pender Harbour Seniors Housing Society Outreach Healthy Meal Program



Due to renovations to the Legion kitchen, Healthy Meals will resume Oct. 5.
For emergency service, call Linda or Anky.

Linda: 604.883.2819 or Anky: 604.883.0033.

Conceptual planning has revolved around the property because of its central waterfront location.

"We are very interested in using that property because it's a prime location for what we're recommending," said Jackson.

"We have already been in talks with the school board and those are ongoing and are positive."

Jackson presented two conceptual views of what the proposed facility might look like.

One was a West Coast Log Homes design while the other was an architect's vision that includes three dramatic "pods" that would overlook Pender Harbour.

Both concepts include a "discovery" centre which would house the aquarium and a research centre for researchers and graduate students.

"We decided we need to have a really iconic building because if people are coming in off the water and they see this iconic building, they're going to go and tell other people about it," said Jackson.

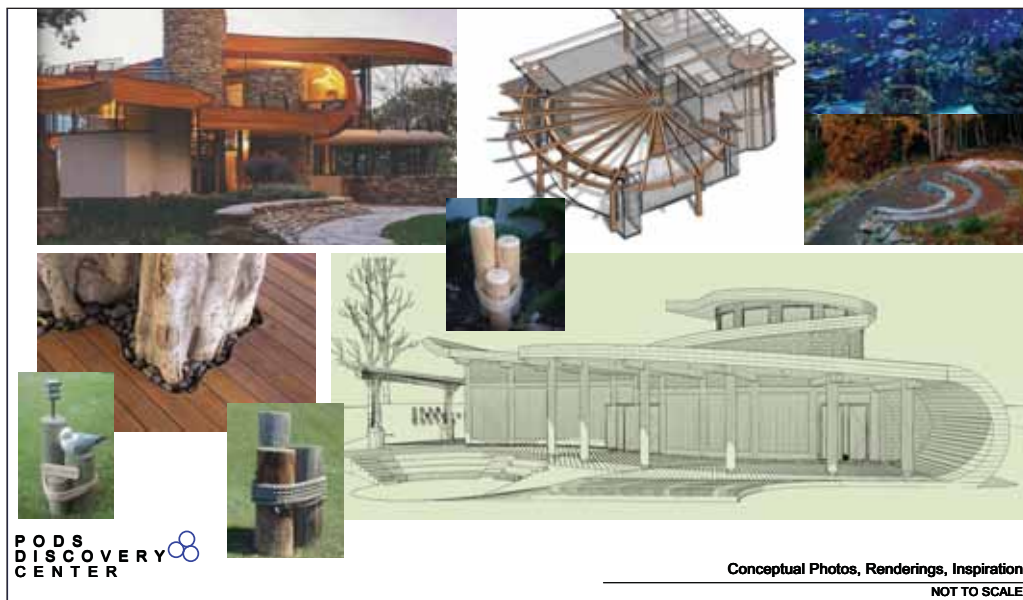
"You have to have a building that will really hit people. That's why we're going for a much more expensive building than we might necessarily have to but we believe there is the money to build it."

Jackson says the conference facilities would hold at least 200 people and provide a direct benefit to the local economy by attracting visitors in the shoulder season.

"It occurred to me the other night we could also have a little cinema if we wanted, but the idea is that we could bring in people in the off-season but we just need a space that is big enough and suitable for it."

Jackson met Lt.-Gov. Judith Guichon when she visited Madeira Park in June and was invited to Victoria for a meeting.

"She asked us if she could be our patron so it looks like the lieutenant-governor of BC will be the patron of the lagoon society, which is a fantastic honour for us and will really help us with this building as well."



Ruby Lake Lagoon Society

Further work on the West Coast Log Homes concept for PODS.

AFFORDABLE HOUSING WORKSHOP Pender Harbour & Halfmoon Bay

As part of the Sunshine Coast Strategic Housing Action Plan, the Sunshine Coast Housing Committee is hosting a series of workshops on affordable housing on the Sunshine Coast.

A joint workshop for Pender Harbour, Egmont and Halfmoon Bay will be held Oct. 15.

Join us for a presentation from housing committee co-ordinator Matt Thomson and a World Café discussion of housing issues and directions for the rural communities of the SCRD.

**Oct. 15
3:30-5:30pm
P. H. Legion**



**Open until Oct. 11
Tuesday to Sunday:
9AM - 7PM**

Thanks to my customers for another wonderful year. Thanks for your patience - being the only family restaurant in Garden Bay is a challenge!

Special thanks to my staff - I couldn't have done it without you. Also, a very special thank you to Nichole Madill - you will always be in our hearts and we will miss you so much!

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604.883.1333



Brian Lee

Madeira Park Elementary School students have been busy helping to finish off a mural adorning all four sides of the Pender Harbour Community School. Seen here is artist Emily Gray supervising one of many student groups who took advantage of the sunny weather on Sept. 22 to get in some painting time. 'We are getting their involvement to finish the project and give them a sense of pride and ownership in this community art mural,' said Gray.

Be a model for
the young:

REDUCE.
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Congratulations Pender!

Your GRIPS bottle donations have raised \$6,000 dollars so far this year for an Iris Griffith Centre education project covering pre-school, elementary and high school.

If you are a part-timer, bring your refundables from town to help teach youngsters to be stewards of our precious Harbor areas.

- **Quit** the wasteful culture of more. Refuse to bury and burn usable items.
- **Think** repair, preserve, and restore rather than trucking to the Sechelt landfill.
- **Buy** only energy efficient energy appliances. Be aware, many new stylish cook stoves have planned short lifetime obsolescence requiring early replacement. Older is often better and cheaper to fix.
- **Support** our famous Bargain Barn and utilize the SCRD Share Shed.
- **Minimize** open burning between the Madeira Park School and Health Clinic during the day. Be mindful of serious health impact of chimneys and yard waste fires on children and seniors.
- **Consider** chipping and composting yard waste rather than burning.
- **Heating** with dry wood? Build a 10' x 10' wood shed. No building permit needed. Also consider investing in a catalytic stove to reduce harmful emissions or a heat pump, more insulation, and solar panels.
- **Pledge** to make your next car electric or hybrid. Consider the carbon footprint of cheap imports made with coal power.

Polls suggest tight race in West Van-Sunshine Coast-Sea to Sky

If the election was held Sept. 16, the member of Parliament for West Vancouver-Sunshine Coast-Sea-to-Sky Country would be Liberal candidate Pamela Goldsmith-Jones.

Or so said a recent poll in the West Vancouver-Sunshine Coast-Sea-to-Sky Country riding conducted by Insights West on behalf of the anti-pipeline Dogwood Initiative.

Since July, Goldsmith-Jones widened her lead very slightly over Conservative incumbent John Weston.

According to a Dogwood Initiative statement:

“The poll indicates NDP candidate Larry Koopman has seen a small decline in support while Green candidate Ken Melamed is in fourth place and showing little momentum.”

It points to a tight race leading up to the Oct. 19 election as Goldsmith-Jones received 28 per cent support of those polled while Weston received 25 per cent.

Koopman and Melamed received 18 and nine per cent respectively

Liberal



Pamela Goldsmith-Jones



John Weston

NDP



Larry Koopman



Ken Melamed

while 20 per cent were undecided.

It should be noted the small sample size of the poll (302 adult residents of West Vancouver-Sunshine

Coast-Sea-to-Sky Country riding) is reflected in the poll's margin of error of plus or minus 5.6 percentage points, 19 times out of 20.

rcmp news

IMPAIRED / PROHIBITED DRIVER

During the evening of Sept. 1, Sunshine Coast RCMP pulled over a vehicle on Madeira Park Road.

The officer found the driver of the vehicle was the same driver he had issued a 90-day immediate roadside prohibition to on Aug. 22, after he had been talking on his cellphone and failed two alcohol screening tests.

The vehicle the driver was using during the August stop is still in the impound lot, and now the vehicle he was driving on Sept. 1 has also been impounded.

Police are recommending a charge of driving while prohibited against the man.

BREAK AND ENTER

Between Sept. 4 and 7, an attempted break and enter was reported at a construction site in the 12600 block of Highway 101, Madeira Park.

The intruder tried to pry open a rear door but did not manage to gain entry.

No other damage or theft was reported.

					
12874 Madeira Park Rd. 604-883-9525 royallepagesussex.com					
					
Patti Gaudet 604-741-8413	Carly Gooldrup 604-740-7512	Bill Hunsche 604-740-1411	Teresa Sladey 604-740-7535	Mary Mackay 604-883-9525	Dave Milligan 604-885-5414
					 Carol Reid 604-740-6188

Lagoon society mobilizes against Japanese knotweed

The battle against Japanese knotweed has begun.

That's the message Michael Jackson announced at a town hall meeting in the P. H. Community Hall Sept. 13.

Jackson detailed the Ruby Lake Lagoon Society's initial work at removing the aggressive plant from the banks of Anderson Creek near John Daly Park.

"We started off with a student from UVic, Heather Scott, who did a project on knotweed for her bachelor's degree," said Jackson.

"We started looking at how to map where knotweed was and we decided to focus in on Anderson Creek."

Jackson said the plant is taking over the banks of Anderson Creek and it is very likely the plant could begin to block the stream itself which could affect spawning chum salmon.

Scott's work modelled the potential spread of the plant.

"It basically completely takes over the whole of the lower watershed in Anderson Creek," said Jackson.

Japanese knotweed is very difficult to kill and Jackson said the safest and most effective treatment was found to be a method in which the herbicide glyphosate is injected into

each stem of the plant.

On Sept. 12, the day before the town hall meeting, Jackson led a team of volunteers in applying glyphosate to 2,000 stems in a test section of knotweed bordering Anderson Creek.

Jackson said environmental regulations that apply to public lands, not private, prohibited the volunteers from injecting stems closer than one metre from the creek's high water mark.

The group also injected a less toxic mix of vinegar, salt and liquid soap into a test patch nearby to compare the results.

Jackson said a researcher from Simon Fraser University will study the environmental effects of the glyphosate application around Anderson Creek.

"They'll look at soil samples, tissue samples in fish and birds, to see whether or not glyphosate does actually get out into the environment," said Jackson.

"We're told by the manufacturers that it doesn't — that as soon as it gets into the soil it becomes inert — but we will make sure we test that out."

There are now over 200 known invasion sites of this plant on the Sunshine Coast.



Brian Lee

Dr. Michael Jackson demonstrates how volunteers recently attempted to control the spread of Japanese knotweed by injecting glyphosate into the stems of the plant in a test section of Anderson Creek.

"Because it wipes out virtually every native plant species where it grows, it is probably now the biggest single cause of loss of biodiversity in this region," said Jackson.

"Not only this, but it can potentially affect property prices as it is known to destabilize concrete foundations of buildings and other infrastructure, which affects obtaining mortgages in many European countries."

Along with the SCRD, which paid for 10 injectors and glyphosate, Jackson's company, Culex Environmental, has pledged one per cent of sales to the Lagoon Society to oversee knotweed eradication efforts.

"We just have to do this because it's going to get so much worse," said Jackson.

"Since we started a year ago, it's doubled in the area that it's growing in Anderson Creek and it's going to double every year."



Laurent Wiese

Aerial photos taken with a drone this past November around Anderson Creek show the spread of Japanese Knotweed (in orange) after it enters its winter dormancy phase.

Exceptional community members recognized by local Rotary club

On Sept. 18, the Rotary Club of Pender Harbour presented four locals with awards to recognize their contributions to the community.

The Rotary club issued a press release detailing the award recipients' contribution:

Dave Bradley is a local Rotary member who with his wife Carmel will be moving to the Fraser Valley in the near future.

Bradley has co-ordinated the local chapter's BC Rotary International student exchange for many years and has taken groups camping throughout B.C. on introductory tours to Canada.

He has taken this on for provincial Rotary organizations even when the local club has not hosted a student.

Mike Ryan has been a driving force in recognizing and remembering our local veterans and most recently starting up the Pender Days Festival.

Ryan was the Rotary of Pender Harbour's president-elect for 2016-2017 but has recently accepted a two-year posting with the UN that will require much travel.

Because he will be attending meetings infrequently, Ryan is stepping down as president-elect but will become the membership director.

Len Lee is a third-generation Pender Harbour resident who helped the Pender Harbour Living Heritage Society spearhead the restoration of the Sarah Wray School.

Lee helped provide the aging building with the modern conveniences required to host community events.

It was a multi-year effort with teams of volunteers but without Len's driving force it would not have been possible.

Glen Bonderud wasn't expecting one but he too received an award acknowledging his contributions to



submitted

On Sept. 18, the Rotary Club of Pender Harbour presented four locals with awards to recognize their contributions to the community. (l-r): Mike Ryan, Dave Bradley, Glen Bonderud and Len Lee.

the Rotary club and community over the years.

Rotary's current president for the 2015-2016 year is Patrick Munro.

The position of president-elect for 2016-2017 will now fall on Sarah

Davies.

Rotary welcomes anyone interested in learning more or taking part to attend their Friday (12-1 p.m.) meetings in the Garden Bay Restaurant.



The parents of
**Brandon Fielding
 & Amanda Martins**
 are happy to announce their marriage on
September 12, 2015
 in the most beautiful setting at Brandon's great
 grandmother's waterfront home in Madeira Park.



Surrounded by love from family and friends,
 the happy couple became
Mr. & Mrs. Brandon Fielding

Maurice Lowings

MAY 24, 1947 – SEPTEMBER 1, 2015



On Sept. 1, Maurice Lowings lost his 14-year struggle with amyotrophic lateral sclerosis (ALS).

Maurice was a kind and gentle man who accepted the challenges of his disease quietly and with dignity.

Maurice and his family came to

the coast in the 1980s, with the logging industry, working as a steel fabricator and welder.

Those who knew him would say, "He is the best damn welder on the Coast."

He was an avid stamp collector and enjoyed a glass of Wiser's whisky and Pepsi.

Maurice is survived by his loving wife of 46 years, Wendy, his dedicated daughters Jodee (Josh Young) and Deena (Charles Fenn), beloved grandchildren, Brenna, Brock, Lauryn, Mason, and Ava (a.k.a. Thumper).

Also mourning his loss are sister Maureen Rutherford (Dale) and her family, his mother-in-law Shirley Pawson and brother-in-law Gerry Poloway.

Maurice was predeceased by his

father Sid Lowings and mother Bernice Johnson.

A heartfelt "thank you" to the incredible and compassionate staff at Shorncliffe, home care, S. C. Hospice and P. H. Health Centre, including exemplary care given by Dr. Bruce Robinson over the years.

The family thanks the wonderful friends and the community of Pender for many kind words they have shared about Maurice and for taking the time to give a caring hug.

A celebration of life will be held on Saturday, Oct. 3 from 1 to 4 p.m. at Pebbles reception room, 5454 Trail Avenue, Sechelt.

In lieu of flowers, please donate to ALS BC or to the Sunshine Coast Hospice Society.

SENIORS HOUSING OPTIONS

ON THE SUNSHINE COAST with SUE JACKAL

Tuesday, Oct. 27 • 10:30am

Royal Canadian Legion #112



Sue Jackal will review the broad categories of seniors housing and care options and describe current proposals for "retirement communities" on the Coast. She will also report on plans by Vancouver Coastal Health to update care facilities.

Jackal is chair of Sunshine Coast Regional Housing Committee, member of the Seniors Advocate Advisory Council, housing liaison to the seniors planning table and an advocate for affordable housing and care facilities on the Sunshine Coast.

For more information:

Linda Curtiss: 604.883.2819 (lcurtiss@eastlink.ca) or Marlene Cymbalist: 604.883.9900

Brought to you by the Pender Harbour Seniors Initiative, a VCH SMART funded program



Nichole Rosina Madill

JULY 25, 1987 — SEPTEMBER 10, 2015



It is with heavy hearts and profound sadness that we announce the passing of Nichole Rosina Madill on Sept 10, 2015, at the age of 28, from pancreatic cancer.

In her last two weeks, many close family and friends surrounded Nichole

with an abundance of love, kindness, generosity and positive energy.

She was truly grateful for this outpouring of love and affection.

Nichole is survived by her father Sean, mother Lana, stepmother Cheryl, brother William, Aunt Kathy, beloved dog Bentley and many dearly cherished family and friends.

She was predeceased by her step-sister Megan and best friend Jasmine.

Nichole grew up on the Sunshine Coast where she loved to swim, ride horses at Malaspina Ranch, and work at LaVerne's Grill during the summer.

She graduated from PHSS in 2005 and moved to Steveston to live with her Aunt Kathy, with whom she had deep and loving bond.

She attended the Culinary Arts Program at Vancouver Community

College and worked in the hospitality industry for several years before she became ill.

Nichole was a free spirit who loved to nurture family and friends through her love of cooking.

She touched many with her beauty, smile and playful personality.

Nichole endured hardships throughout her life and faced her final battle against pancreatic cancer with determination, strength, and humour.

Nichole's celebration of life took place on Sept. 27 at the Pender Harbour Community Hall.

In lieu of flowers, please make a donation in memory of Nichole to the Ruby Slipper Fund, which generously supported Nichole and others living with cancer on the Sunshine Coast.

David VEST
and the **GRAND KOOLIOS**
Tim Hearsey, Chris Nordquist, Rob Becker

HALLOWEEN HOWL
7th Annual Dance & Costume EXTRAVAGANZA
Doors 8:30 Music 9:00
PRIZES for Best Costumes

SATURDAY October 31

PENDER HARBOUR COMMUNITY HALL

TIX \$25 at Java Docks (Madeira Park) & Strait Music (Sechelt) or online at www.PenderHarbourBluesFestival.com

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Strategic plan (2015-2018)



*Frank Mauro,
Area A Director*

The SCRD board recently adopted the strategic plan that sets the vision and will provide the foundation for the board when making decisions which will strengthen the Coast now and into the future.

The current strategic plan outlines why we exist, what we are trying to accomplish, how we will achieve it and how we will measure our success.

The focus in formulating the plan, which will guide us for the next four years, was to focus on delivering the core services that the regional district provides in an efficient, collaborative manner.

The goal is to provide quality

services to our community through effective and responsive government.

In setting the overall policy framework and strategic direction for the regional district, the board identified eight strategic priorities, each with several objectives and their associated measurement criteria.

The priorities, in no particular order, are:

ENSURE FISCAL SUSTAINABILITY

The main objectives are to create a long-term (five-year) integrated service plan and to align service levels with sustainable funding and taxation levels.

SUPPORT SUSTAINABLE ECONOMIC DEVELOPMENT

To be achieved through the adoption and implementation of an eco-

nomie development charter, working with current economic development groups, and applying appropriate land use policies.

ENHANCE COLLABORATION WITH FIRST NATIONS

This involves understanding local First Nations' cultures and strengthening communication, planning and collaboration with the Shíshálh Nation and Squamish Nation.

FACILITATE COMMUNITY DEVELOPMENT

This priority identifies the need to collaborate with community groups and organizations to support their objectives and capacity in order to recognize that a great deal of work and many services on the Sunshine Coast are delivered by volunteers.

We invite you to join the conversation at the SCRD committee meetings below:

Regional Hospital District

October 1 at 10:30 a.m.

Infrastructure Services Committee

October 1 at 1:30 p.m.

Planning and Development Services Committee

October 8 at 1:30 p.m.

Regular Board

October 8 at 7:30 p.m.

Community Services Committee

October 15 at 1:30 p.m.

Corporate and Administrative Services Committee

October 22 at 1:30 p.m.

Regular Board

October 22 at 7:30 p.m.

Our meetings are held at **1975 Field Road** in Wilson Creek at the SCRD **Board Room**. Agendas for these meetings are available at www.scrd.ca/Agendas-2015.

Want to learn about what's going on at the Sunshine Coast Regional District?

Go to www.scrd.ca and click on "Sign up for our Newsletter" button to receive *Coast Current*, our quarterly newsletter.



Pender Harbour Satellite Office
12828 Lagoon Road
Madeira Park, BC V0N 2H1

Phone: 604-885-6877
Email: utilityinfo@scrdd.ca

Monday to Friday
8:30 a.m. to 1:30 p.m.

For information on who we are, and what we do, please visit www.scrd.ca, call 604-885-6800, or email info@scrdd.ca. To contact Area A Director, Frank Mauro, please email frank.mauro@scrdd.ca.



RECRUIT, RETAIN AND ACKNOWLEDGE STAFF

The community feedback regarding the high quality and responsiveness of SCRD staff has been almost unanimous and it is important to maintain that level of service.

ENHANCE BOARD STRUCTURES AND PROCESSES

This priority speaks to improving focus and efficiency through implementing effective governance policies, procedures and practices both internally and when liaising with advisory committees.

EMBED ENVIRONMENTAL LEADERSHIP

Sunshine Coast residents value the environment and this priority speaks of using an “environmental

lens” for planning, policy development, service delivery and monitoring in order to minimize environmental impacts in what we do.

Within each of these priority areas are a number of distinct objectives to be achieved and a description of how we will measure our success in achieving those objectives.

An example of something that our local Area A official community plan review committee is considering at this time is under the priority of “Support Sustainable Economic Development.”

The objective is to “incorporate land-use planning and policies to support local economic development.”

The measurement of progress for the objective, of course, is that

the Area A official community plan has incorporated policies that support economic development.

The ultimate measure of success will be that investors are hopefully encouraged to set up business here with one of the main reasons being that the community has planned to be hospitable to the right kind of business.

There is more information and detail in the strategic plan which is available on the SCRD website.

I encourage you to have a look.

OPEN DISCUSSION

I can be reached at (604) 740-1451 or by email at Frank.Mauro@scrd.ca.

I will be at the Copper Sky between 8 a.m. to 9 a.m. on Oct. 2 to answer questions and listen to your concerns.



14th Annual
Rotary Club of Pender Harbour

ART AUCTION SATURDAY, NOVEMBER 7



AN EVENING OF ART & TAPAS

ROYAL CANADIAN LEGION BRANCH 112

Lillies Lake Road, Madeira Park

Doors open 5pm

\$25 pp includes private Tapas reception 5:30-7:00 pm, welcoming glass of champagne and piano accompaniment by *Ken Johnson*.

Silent Auction viewing 5-7:30pm.

Free admission after 7pm

Live auction begins 8pm

Invite your friends for a evening out, and support local coast artists.
Hundreds of items for every taste and budget! Start your Christmas shopping early!

Tickets available in advance at the Legion & at the door.

Thank you to our community

With your support, our club has raised over \$220,000 for local and international rotary projects. The Rotary Club of Pender Harbour is a young club, started in 2002, with 25 members. Our fundraising activities include barbeques, wine and scotch tastings, calendar sales, April Tools, Show and Shines and the popular Art Auction.

The following is a partial list of projects showing how your dollars help build an even better place to live:

P. H. student and youth leadership programs.....	\$45,000
PHSS and individual student bursaries.....	\$22,700
Egmont Volunteer Fire Dept. equipment fund.....	\$25,300
Harbour trails (benches, signs, trail building).....	\$16,300
P. H. Living Heritage Society (Sarah Wray Hall).....	\$12,500
Egmont Community Hall Building Fund.....	\$5,500
Marine Rescue Society (Coast Guard).....	\$5,370
Rotary International and Polio Plus donations.....	\$24,500

Additional donations have been made to the following:

- | | |
|---------------------------------|-----------------------------------|
| • P. H. Health Centre | • Paddling Society (Dragon boats) |
| • P. H. Reading Centre | • St. Mary's Hospital |
| • Health Meals program | • Herring curtain project |
| • P. H. Living Heritage Society | • Team Irene longboarding |
| • P. H. Jazz Festival Society | • Plus many more |

Through sales at the annual Art Auction, our club has given over \$160,000 back to local artists.

See more at: <http://portal.clubrunner.ca/1875>



Pender Harbour Jazz festival wraps its 19th year



Nick Westover

Jazz icon Louis Hayes on drums and his band the Cannonball Legacy headlined this year's jazz festival at the Pender Harbour School of Music. Seen here is Jeremy Pelt on trumpet.

By Rosemary Bonderud

A much-anticipated autumn tradition, this year marked the 19th Pender Harbour Jazz Festival Sept. 18 to 20.

The headlining act this year was iconic NYC jazz drummer Louis Hayes and the Cannonball Legacy Band.

Festival organizers wisely decided to present two shows on Saturday night at

the P. H. School of Music featuring Hayes and his band.

Hayes and company sensed immediately that this was a knowledgeable jazz audience and they responded with warmth, humour and just plain dazzling artistry.

The weekend kicked off on Friday with students from all three Sunshine Coast high schools at a free clinic taught

by two of Canada's finest jazz musicians, Miles Black and Tom Keenlyside.

About 30 adults took in the clinic as well.

On Saturday morning, local vocalist Trudi Dening and Miles Black were sublime in a beautifully delivered set of jazz standards and personal compositions.

For that afternoon's Jazzapalooza concert, the festival's artistic director Carole Rubin stayed with her winning formula of starting with a blast of big band sound.

James Danderfer's Hummingbird Brigade didn't disappoint with many of BC's finest jazz musicians on hand to delight the crowd with a contemporary take on a New Orleans style brass band.

Then, in a quick turnaround from Bourbon Street to smoky lounge, the

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local music

Wanda Nowicki Quintet enchanted their audience from the first note of Leonard Cohen's sultry *I'm Your Man*.

The afternoon program finished with a fusion of contemporary compositions and jazz standards in the capable hands of BaixaBlue.

Their drummer, Kristian Braathen, grew up in Sechelt and told the audience that it was a festival student clinic more than a decade ago that inspired him to become a professional musician.

That's called "playing it forward."

Sunday dawned grey and damp, but that didn't keep more than 50 keen jazz fans, many of them visiting boaters, from enjoying a morning concert by our local Sh-booms at John Henry's Marina, complete with jive dancing in full rain gear by a couple in the audience.

Back at the hall for Jazzapalooza, Mazacote made the sun shine indoors with two sets of their pulsing Afro-Cuban salsa.

Within minutes, chairs were pushed aside to make room for dancers answering the call of Latin rhythms.

It was steaming.

Up next was a young group, Trespassers Will, with their version of rock jazz.

While it was not to everyone's taste, their core audience responded enthusiastically.

The afternoon ended with a heart-stirring performance by Seattle band Ranger and the 'Re-Arrangers.'

Their music highlights the cross-pollination that occurred in 1920s Paris when American jazz melded with traditional gypsy music and the festival audience loved it.

The packed concert schedule covered all three Festival nights with great jazz and blues offered at the Garden Bay Pub by long-time favourites Doc Fingers, Cannery Row and Bradley/McGillivray.

The Restaurant at the Painted Boat



Nick Westover

Wanda Nowicki and her quintet in high gear.

Resort featured Steve Giltrow on Saturday evening and Miles Black on Sunday to serenade diners.

Creating a festival of this depth and quality takes many months of work and Rubin made a point of acknowledging the sponsors, the Kool Kats — private donors who help to fund the festival and the dedicated volunteers who make jazz magic happen every September in Pender Harbour.

Next year presents a huge milestone as the festival turns 20 — the excitement's already building.

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Special book excerpt: *Patrin*

Theresa Kishkan

Excerpted from her recent book *Patrin: A novella* (Mother Tongue Publishing)

1973

After Spain, I'd gone by train to Italy, but I didn't stop there, apart from changing trains in Rome for one bound for Brindisi. I wanted the sun, and I wanted what waited for me in Greece, on Crete: a chance to be the person I'd always hoped to be. A poet, a young woman whose dark looks would blend in, whose odd name would no longer set her apart.

The ferry sailed by night from Brindisi to Piraeus. The stars hung low enough to touch, to wish on, and I confess I wished for love. No boy had ever paid attention to me. I attended no dances in high school, no parties. As the ferry moved through the Gulf of Corinth, at dawn, I watched dolphins in the turquoise waters.

And another ferry to Crete, where I tried to sleep while all around me goats bleated, chickens clucked until someone finally put a blanket over their basket, and a man played strangely beautiful melodies on a pear-shaped instrument he cradled in his arms like a sleeping child. His own child leaned against him, her arm across her eyes. Rough red wine was

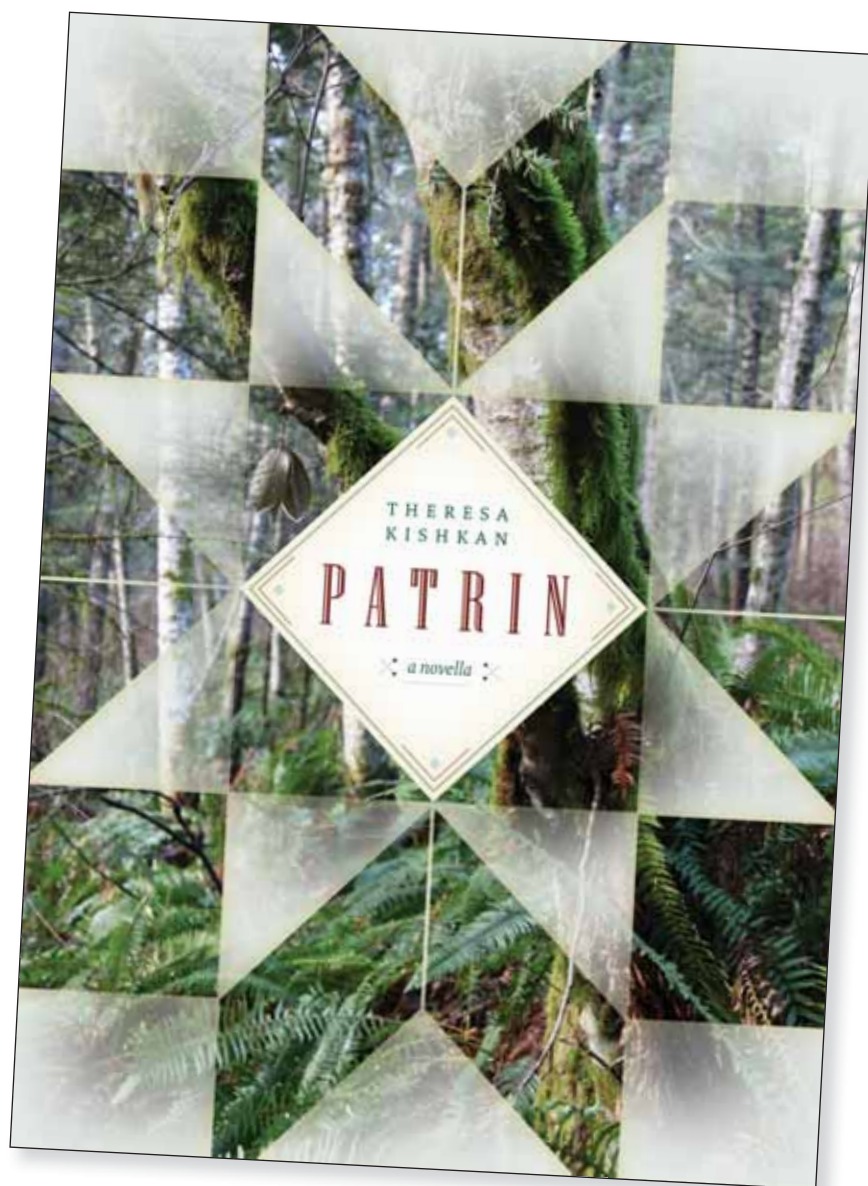
handed around, and I drank deeply, thirsty for whatever would come.

Do you like it? A man stood next to the seat where I'd been trying to doze off. He gestured towards the

player who had finished a song and now simply strummed the strings. Not Greek, eh? He pronounced it "Grik."

No, I'm not Greek. But yes, it's wonderful. What's that instrument called? A lyra. Comes from Crete, but you'll find them all over Greece. Other parts of Europe too. The first ones were made from tortoise shells! He threw back his head and laughed. He had an accent. Was he Greek himself?

Macedonian. Ah, don't ask what that means. It means everything, and nothing. And my mother is Roma so



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I am a kind of nothing too. Part tsi-ganoi, which is what they call us in Greece. But I am a musician and that's something! He was still laughing as he drew a long horn out of a velvet bag he removed from his rucksack. You don't know what this is?

A question, but he was sure of the answer. How could I know? He blew slightly, and it made a deep and beautiful sound. A zurna, he said, stroking its length. Made of apricot wood. A bit loud, maybe, for inside. Let's go out, and I'll play you a welcome to Greece.

On the deck, the horn sounded loud and lonely. Some others gathered to listen. A sky spangled with stars, the eerie moan of air passing through apricot wood. I could have listened all night. Hey, I'm Nestor by the way. And you?

Patrin.

Patrin? He looked closely at me, and then looked again. He said a few words in the language my grandmother had used but I couldn't understand. I must've looked blank. You're

Roma?

My grandmother was, and she got to name me. It means, like, leaves? And can you tell? The Roma part, I mean?

Leaves, yes, but more than that. It's the sign left by travellers for others to follow. Leaves sometimes, or sticks, or pieces of cloth tied to a tree. He used his hands when he talked, giving me the shape of the leaves, the image of the sticks, the act of tying cloth to a tree. Only those that the message was left for would know how to read it. And yes, the Roma always know another. But, hey, it's usually a boy's name. And you're not a boy! A long appraising look that felt as warm as sunlight on my bare skin.

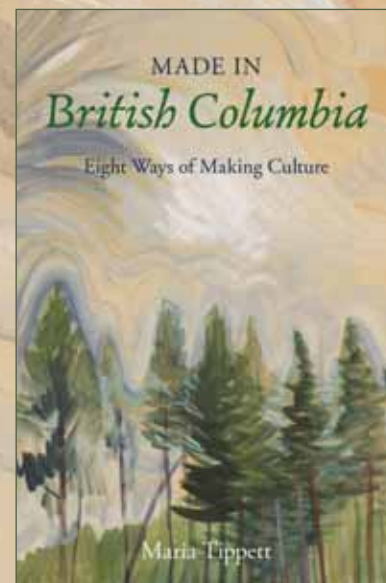
By the time we got to Heraklion, just as the sun rose, he'd invited me to join him for a few days in Chania, where he would play some gigs and teach a short course. He had a small old Deux Chevaux, red, with a canvas roof. With a little work, we managed to fit in my backpack. I held the zurna in its velvet bag.

Patrin: A novella
Theresa Kishkan
978-1-896949-51-2
136 pages, 5.5" x 7.75"
paperback, \$ 17.95

Theresa Kishkan is the author of eleven books of poetry, fiction, and creative non-fiction. *Mnemonic: A Book of Trees* was a finalist for the 2012 Hubert Evans Non-Fiction Prize. She won the Edna Staebler Personal Essay Prize. Her books have been nominated for many awards, including the Ethel Wilson Fiction Prize, the Pushcart Prize, and the Relit Award. She lives near Ruby Lake with her husband John Pass.



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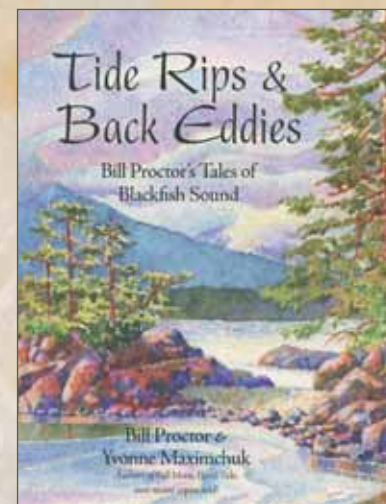


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Brian Lee

More than one curious boater throttled back for a look at a wedding taking place on the Skardon Islands Sept. 5. Despite reports and rumours that circulated for days after that a large group of Sechelt Indian Band members were “on the islands in full regalia beating drums,” it turns out the wedding was hosted by the family of the bride who held a reception at their home in nearby Garden Bay. And it was a jazz band — with no drums.



Poor oral health can limit food choices and diminish the pleasure of eating.

“Persons with extensive or complete tooth loss are more likely to substitute easier to chew foods such as those rich in saturated fats and cholesterol from foods high in carotenes, vitamin C and fibre.”

~ American Journal of Public Health (March 2012)



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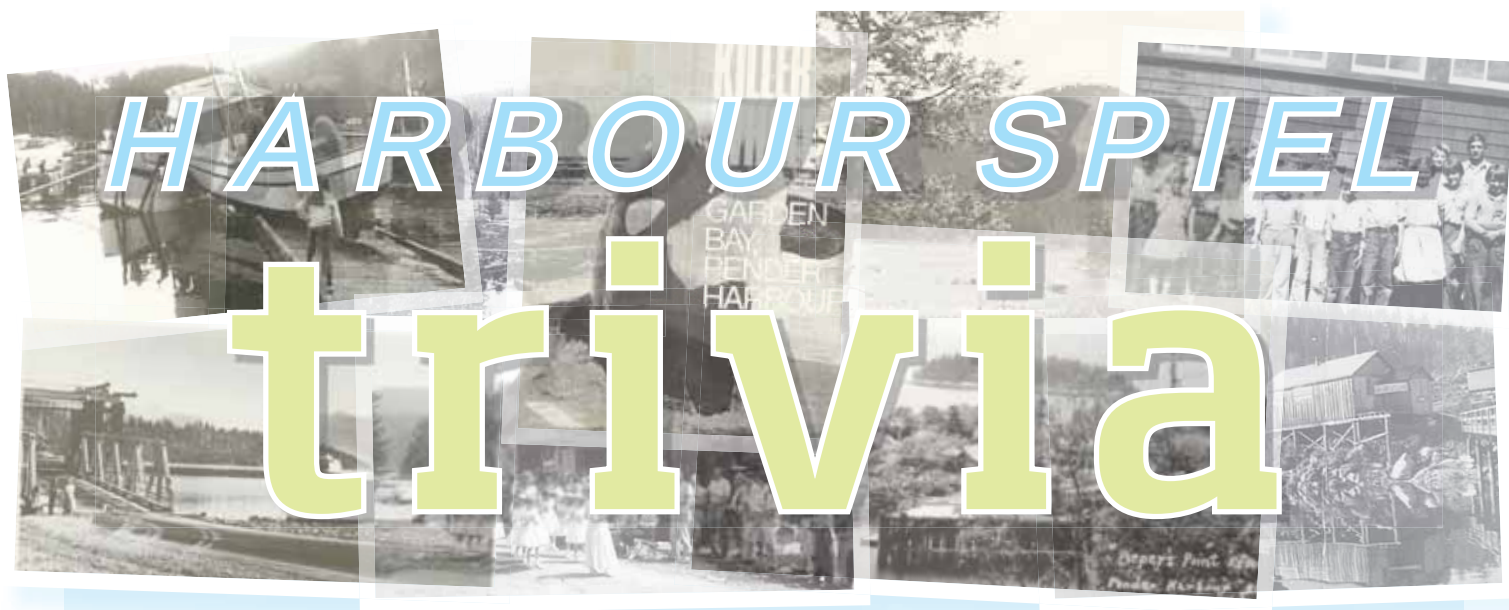
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1. How long did St. Mary's Hospital in Garden Bay operate before relocating to Sechart?

- ☐ a. 24 years
- ☐ b. 34 years
- ☐ c. 44 years
- ☐ d. 54 year

2. Which direction does traffic follow around the lot in the Madeira Park Shopping Centre?

- ☐ a. Depends
- ☐ b. Clockwise
- ☐ c. Counter-clockwise
- ☐ d. Who cares — I have to get to my cabin.

3. Where could you get a "Boat Gas?"

- ☐ a. Backeddy Pub
- ☐ b. Garden Bay Pub
- ☐ c. The Roost
- ☐ d. Irvines Landing Pub

4. Which infamous P. H. Golf Course hole terrorizes golfers with a tee facing a daunting hill?

- ☐ a. No. 2
- ☐ b. No. 4
- ☐ c. No. 6
- ☐ d. No. 8

5. What was the name of the signature burger served at the Irvines Landing Pub?

- ☐ a. Joe Bay Burger
- ☐ b. Silva Sandwich
- ☐ c. Dames Burger
- ☐ d. The Lander

6. What was the first name of the homesteader for which Robert's Beach is named?

- ☐ a. Joe
- ☐ b. William
- ☐ c. David
- ☐ d. Harry

Answers: p. 42

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

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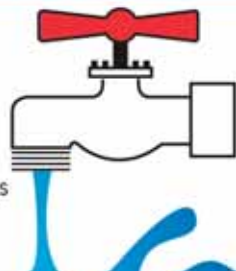
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3. COMPANY B JAZZ BAND

Sunday, Dec. 13, 2 pm



Company B Jazz Band rocked the 2009 Pender Harbour Jazz Festival and fans have been clamouring for their return.

This six-piece vintage jazz harmony ensemble met at Capilano College and set out on a mission to recreate the ground-breaking sound of 1940s and '50s groups like the Andrews Sisters accompanied by clarinet, sax, guitar and upright bass.

DON'T MISS OUT!

Post your Christmas shopping ideas in the Harbour Spiel “Shop Locally” spread.

TWO ISSUES:

November and December 2015

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UNWIND KNIT & FIBRE LOUNGE



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Viking Shovel Pin - \$45
FUNKY DINGS



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UNWIND KNIT & FIBRE LOUNGE



Huge selection of kids bikes from \$125
OFF THE EDGE SPORTS



Antique oak chest of drawers - \$275
FUNKY DINGS

4. GARY LEVINSON & BAYA KAKOUBERI (with Andrés Diaz)

Saturday, Jan. 23, 2 pm

Sunday, Jan. 24, 2 pm

Partners in life and performance, Gary and Baya were so impressive at the 2014 Pender Harbour Chamber Music Festival that they were asked to develop a program of two concerts over consecutive days featuring the glorious music of Schumann and Brahms.

Winter's doldrums won't stand a chance in the presence of their passionate and perfectly nuanced playing.



5. CÒIG, CELTIC MUSIC OF CAPE BRETON

Sunday, Feb. 14, 2 pm

An ensemble of stellar Cape Breton musicians, Còig is a young band that has become a serious force in the traditional Celtic music scene.

Their driving tunes, haunting songs and infectious energy earned them the 2014 Canadian folk music award for traditional album of the year as well as the 2015 East Coast music award for roots/traditional group.

Còig will ensure Valentine's Day will be special.



Pam Samson photography

6. MUSIC INTIMA

Sunday,
March 13, 2 pm



Wendy D Photography

Eight singers standing in a half circle, facing each other and singing a cappella — this is musica intima.

Now recognized as one of Canada's truly important choirs, this BC group has built an international reputation on its extraordinary ensemble singing, performed from memory and without a conductor.

Their honours include being one of only 24 international choirs invited to participate in the World Symposium on Choral Music.

7. BRANDON ISAAK

Sunday, April 17, 2 pm

Though born in the Yukon and now living part-time in BC, Brandon Isaak plays the blues as though his soul is rooted south of Memphis.

His fine musicianship and powerful song-writing abilities have been honed through collaboration with greats such as Jim Byrnes, Jeff Healey and Joe Louis Walker and he is now internationally recognized as Canada's emerging blues superstar.



Christian Kuntz

8. DUO RENDEZVOUS: DANIEL BOLSHOY & JASPER WOOD

Sunday, April 15, 2 pm

The Sunshine Coast is well acquainted with Daniel Bolshoy's sparkling artistry and delightful rapport with his audience.

Jasper Wood, a colleague in the Vancouver Symphony and the UBC School of Music, shares Bolshoy's passion for combining well-known masterworks with new commissions from Canada's leading composers to create performance magic.



Join them for the grand finale to the Pender Harbour Music Society's concert season.

For a healthy fall!

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submitted

This local group of women tackled The Mudderella, a seven-kilometre women-only obstacle course race in Whistler on Sept. 26. Looking cold, wet and happy it's over are (l-r), back: Liz Johnson, Carly Gooldrup, Melanie Ewen, Darlene Fowlie, Mary Mackay, Michelle Landry and Brenda Houle. Front: Dina Girard, Amy Perry, Sherri Halliday and Jodee Young.

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submitted

Fred Baldwin (Trophy Charters) landed this 44-pound spring at Bjerre Shoals Sept. 9.

October 2015



SUNSHINE COAST WOMEN'S SOCCER LEAGUE

**PENDER HARBOUR
BANANA PEPPERS**

2015 Game Schedule to Dec. 6
(Homes games: P. H. Lions Park)

- Sun. Sept. 27: BPs vs Supremes - P. H. Lions (12:30 p.m.)
- Wed. Sept. 30: BPs vs Ya Yas - Ted Dixon (7 p.m.)
- Sun. Oct. 4: BPs vs Source - Connor (12:30 p.m.)
- Wed. Oct. 14: BPs vs Supremes - Ted Dixon (7 p.m.)
- Sun. Oct. 18: BPs vs Blazers - Shirley Macey (12:30 p.m.)
- Sun. Oct. 25: BPs vs Sitas - P. H. Lions (12:30 p.m.)
- Wed. Oct. 28: BPs vs Sitas - Ted Dixon (7 p.m.)
- Sun. Nov. 1: BPs vs Supremes - P. H. Lions (12:30 p.m.)
- Sun. Nov. 8: BPs vs Source - Hackett (12:30 p.m.)
- Sun. Nov. 15: BPs vs Ya Yas - Ted Dixon (12 p.m.)
- Sun. Nov. 22: BPs vs Blazers - Shirley Macey (12:30 p.m.)
- Wed. Nov. 25: BPs vs Blazers - Ted Dixon (7 p.m.)
- Sun. Nov. 29: BPs vs Sitas - P. H. Lions (12:30 p.m.)
- Sun. Dec. 6: BPs vs Ya Yas - P. H. Lions (12:30 p.m.)

2016 dates/times: TBA

SUNSHINE COAST MEN'S SOCCER LEAGUE

**PENDER HARBOUR
BANANAS**

2015 Game Schedule to Nov. 29
(Homes games: P. H. Lions Park)

- Sun., Sept. 27: Bs vs RPFC - P. H. Lions (10:30 am)
- Sun., Oct. 4: Bs vs HMB - Connor (10:30 a.m.)
- Sun., Oct. 11: Bs vs Chiefs - P. H. Lions (10:30 am)
- Thurs. Oct. 15: Bs vs Wolves - Kinnikinnick (7 pm)
- Sun. Oct. 25: Bs vs Sitas - P. H. Lions (10:30 am)
- Thurs. Oct. 29: Bs vs RPFC - Kinnikinnick (7 pm)
- Sun. Nov. 8: Bs vs HMB - Connor (10:30 a.m.)
- Sun. Nov. 15: Bs vs Chiefs - Ted Dixon (10:30 am)
- Sun. Nov. 22: Bs vs Wolves - Ted Dixon (10:30 am)
- Sun. Nov. 29: Bs vs Sitas - P. H. Lions (10:30 am)

2016 dates/times: TBA



Nathan Racey takes junior championship



Jan Watson

The nine hole junior championship on Aug. 21 was won by Nathan Racey shooting a 47.

The aged 10 and under championship was won by Keifer Stewart with a 55.

Runner up in this category and girls champion was Rachel Racey.

A special mention goes to Jordan Haines who, while not eligible as he is member of greens staff, shot a 38 off the white tees.

MEN'S CLUB

Mike Reid won the senior men's championship on Aug. 25 with a 36 hole total of 164.

The low net winner was Ron Needham with 138.

On Sept. 1 the men wimped out after listening to the weather forecast.

They ended up playing but there was no competition.

Stroke play on Sept. 8 saw low gross winner Captain Rusty Ellis win with a 79.

Low net was tied between Fred Baldwin and John Maveety with 70. KP on No. 3 was Terry Cowan and on No. 6, Jamie Tufford

It was stroke play again on Sept. 15 with the low gross first flight going

to Bruce Forbes with 80 and the second flight to Garry Noble with 87.

The low net winner was Terry Cowan with 67.

KP on No. 3 went to Bruce Forbes and George Brown and on No. 6 Jammie (formerly Jamie) Tufford and Robbie Cameron.

LADIES CLUB

Congratulations to Stephanie Garner for her first hole-in-one on Sept. 4 at Bridal Falls Executive Course on the 146-yard first hole using a 7 iron.

On Aug. 20 it was the annual Field Day with a "Shoot for the Stars" theme.

Marilyn Monroe and Elvis Presley were among the stars attending.

With 14 four-person teams, with the two best low net scores counting on each hole, winners were Mary Carlsen and Pat Hallborg (Pender) Barb Watts (Myrtle Point) and Judy Husted (Sunshine Coast) with 115.

KP on No. 3 went to Reni Ducich while on No. 6 it was Lori Wilson.

Vegas-style golf with poker chips on Aug. 27 was won by Carol Newman.

A Sept. 3 Skins game was won by Jan Watson taking the princely sum of \$8.

Sept. 10 saw a three-person secret team event shooting for low net score.

THE 19th HOLE

The reason the pro tells you to keep your head down is so you can't see him laughing.

~ Phyllis Diller

Winners Nora Brooks, Lori Wilson and Heather Cranston shot 218.

The BCGA pin winners were Kathy Bergman, first with 284 and Lorraine Wareham, second with 289.

MONDAY MIXED SCRAMBLES

Ten teams turned out on Sept. 10, which was won by Tom and Lori Blockberger, George and Diane Brown with 34.

KP on No. 3 was Jan Watson and Don Ingledew and on No. 6, Heather Duncan and Rob Metcalfe.

Sept. 14 30 players and the winning team with 32 was Jamie Tufford and his ringers Darren and Jo Burgess visiting from the UK.

KP on No. 3 was Darren Burgess and on No. 6, Pat Hallborg and Brad Garner.

WEDNESDAY NINE AND WINE

Blind partner winners on Aug. 19, were Stephanie Garner and Cathy McEachern.

On Aug. 26 it was Pender Hold'em (based on the poker game).

The winner with four fives was Bob Baker.

On Sept. 2 they obviously had too much fun at the "19th hole" as organizer Cathy can't remember who the winners were!

On Sept. 9 Rob Metcalfe (almost) guessed his own score — one shot off his guess of 44, shooting a 45.

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Don't miss the P. H. Volunteer Fire Department's Annual

FIREWORKS

Halloween Night (weather permitting)

FRIDAY, OCTOBER 31

7:30 p.m.

Come on out with the whole family for a great evening of entertainment, hot dogs, hot drinks and a bonfire at Seafarer's Millennium Park, the best viewing spot in all of Pender Harbour!

PLEASE SUPPORT THIS EVENT BY BUYING A RAFFLE TICKET

Tickets available at: the IGA, S.C. Credit Union, John Henry's, Oak Tree Market, Marina Pharmacy, Rona, P.H. Diesel, Copper Sky Cafe, Harbour Insurance, Java Docks or from your favourite Pender Harbour firefighter.

~ Winners will be drawn Halloween night at the fireworks ~

ALL PROCEEDS GO TOWARDS THE PHVFD FIREWORKS DISPLAY FUND.

PRIZES:

- **2.35HP Mercury 15" shaft outboard motor - Madeira Marina**
- **\$400 local gift certificate - Sunshine Coast Credit Union**
- **Two Mustang MD3050 PFDs - Pender Harbour Diesel**
- **16GB tablet - Dave Milligan/Sunshine Coast Homes**
- **Outdoor 110V heater - RONA**
- **One night @ Fisherman's Resort - John Henry's Marina**
- **\$200 value gas card - Bill Hunsche/Teresa Sladey**
- **\$200 value gift card - IGA**
- **\$200 value meat package - Oak Tree Market**
- **\$100 gift card - Marina Pharmacy**
- **Mystery gift - Guillevin Inc.**
- **Two 18 hole Green fees w/cart - P. H. Golf Club**

Tix:
\$2 each or
3 for \$5

The P. H. Volunteer Fire Department thanks the donors and those who purchased raffle tickets. Without your help the fireworks display would not be possible.

BC Bestsellers:

(For the week of Sept. 20, 2015)

1. **Gut** by Giulia Enders
2. **That Lonely Section of Hell** by Lori Shenher
3. **Light Years** by Caroline Woodward
4. **British Columbia and Yukon Gold Hunters** by Donald E. Waite
5. **Orca Chief** by Robert Budd & Roy Henry Vickers
6. **Are You Seeing Me?** by Darren Groth
7. **Letters to My Grandchildren** by David Suzuki
8. **Gerry, Get Your Gun** by Gerry Bracewell
9. **Wild in You** by Lorna Crozier
10. **Born to the Wild** by Rob Kaye

~ Assn. of Book Publishers of BC

OCTOBER BIRTHDAYS

Oct. 1 ~ **Cory Cavalier** and **Lyn Watters**.
 Oct. 3 ~ **Maureen Parrott** and **John Farrer**.
 Oct. 6 ~ **Rick Higgins**.
 Oct. 7 ~ **Marlene Kracklauer**.
 Oct. 9 ~ **Norm Caron** and **Jolaine Percival**.
 Oct. 10 ~ **Daryl Hegyi**, **Mitch Jones**, **Katrina Woodard**, **Val Silvey** and **Kate Daniels**.
 Oct. 11 ~ **Bruno Cote**.
 Oct. 12 ~ **Alison Stoutenburg** and **Bricin Lyons**.
 Oct. 13 ~ **P. D. Smith** and **Judy Sim**.
 Oct. 14 ~ **Nicole Forsyth**.
 Oct. 15 ~ **Courtney Hanna**, **Kaiden Bosch** and **Richard Norrish**.
 Oct. 16 ~ **Ursula Hardwick**, **Dane Hanna** and **Terri Welander**.
 Oct. 17 ~ **Peter Vaughan**.
 Oct. 18 ~ **Karen Stiglitz**, **Tommy**

Gamble, **Sandy Matches**, **Tessa Rand** and **Cody Honeybourne-Kincaide**.
 Oct. 19 ~ **Doug Hardwick** and **Hans Schroeder**.
 Oct. 20 ~ **Lonny Edwardson** and **Doug Richardson**.
 Oct. 22 ~ **Susan Foreman**, **Pat Wood**, **Katheryn Kelly**, **Alysa English** and **Mark Clay**.
 Oct. 23 ~ **Diane Dennis**.
 Oct. 24 ~ **Roxanne Gregory** and **Larry Honeybourne**.
 Oct. 25 ~ **Doug Davis** and **Kerry Rand**.
 Oct. 27 ~ **Dave Malcolm** and **Cindy Rayko**.
 Oct. 28 ~ **Eric McDermott** and **Rob Metcalfe**.
 Oct. 29 ~ **Colleen Silvey** and **Nicholas Silvey**.
 Oct. 31 ~ **Richard Mills** and twins **Savannah & Sawyer Cote**.

OCTOBER ASTROLOGY

LIBRA: SEPTEMBER 24 – OCTOBER 23



Libras seek perfection and harmony and passionately believe in fairness and equality. You are diplomatic, charming, stylish, self-expressive, and spontaneous. This month you will fall under the spell of Saturn — the planet-exalt of the sign of Libra. It will take much effort to resist powerful forces encouraging you to break from your routine. You must not. Now is not the time to experiment. Take solace that Venus, the planet-ruler of this sign, is growing stronger and its energy will be soon turn your sensory-emotional sphere back onto its aphelion.

SCORPIO: OCTOBER 24 – NOVEMBER 22



Scorpios are highly sensitive and compassionate, with a fierce pride and determination. Scorpios will experience the effects of Venus (usually responsible for the expulsion of Scorpio) changing the modality and dynamic of her astral emanations. Her erratic behaviour will suppress the negative effect of the Moon (responsible for the fall of the sign). This means that much of what is happening will be the natural result of your previous actions, positive or negative. It does not matter now — you're just along for the Niyamic ride.

Ladies Night Out!

October 24, 2015

Featuring a delicious dinner, jewellery raffle, \$1,000 Calcutta and raffle prizes.

Entertainment by Apasionado
 (www.apasionado.ca)

Hors d'oeuvres, cocktails & displays @ 6pm
 Dinner @ 7pm Tickets: \$50

Tix @ Harbour Insurance
 & Pender Harbour Legion



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 Legion #112**

OF OCTOBER

‘HAPPY BIRTHDAY’ IS FREE AT LAST!

A federal court judge in Los Angeles has declared the song “Happy Birthday to You” belongs in the public domain, dealing a blow to the music publishing company that has been collecting royalties from the song for decades.

U.S. district judge George H. King ruled on Tuesday the copyright originally filed by the Clayton F. Summy Co. in 1935 applied to a specific arrangement of the song, not the tune itself.

King ruled that Summy never acquired the rights to the song’s lyrics, and the defendants’ claims to the contrary were “implausible and unreasonable.”

“Because Summy Co never acquired the rights to the Happy Birthday lyrics, [the] defendants, as Summy Co’s purported successors-in-interest, do not own a valid copyright in the Happy Birthday lyrics,” King wrote in a judgment posted online.

Up until now, Warner Chappell Music, a division of the Warner Music Group, has charged people for use of the song.

Among the plaintiffs was filmmaker Jennifer Nelson, who was told she would have to pay \$1,500 US in order to include Happy Birthday in a documentary she was making about its history.

Warner Chappell Music has been enforcing the copyright claim since it bought Summy’s successor, Birchtree Ltd, in 1988. It reportedly paid \$25m for the company. Jay Morgenstern, then executive vice-president of the Warner Chappell Music Group, told the New York Times a year after the acquisition the song had proved “a very good investment.”

“Happy Birthday” was written by sisters Parry and Mildred Hill in 1883 and is often claimed to be the world’s most popular song.

Without the court judgment, it would not have been freely available in the public domain in the U.S. until 2030, and in the E.U. until Dec. 31, 2016.

~ The Guardian (Sept, 23, 2015)



Skookumchuck

viewing

times

October

DATE/TIME - SIZE (small, medium, large, extra large),

EBB (-), FLOOD (+) - Standing wave is best on large

flood (tide flowing into Sechart Inlet).

1. 8:00am +XL, 2:21pm -L

2. 8:58am +XL, 3:13pm -L

3. 10:00am +XL, 4:08pm -M

4. 11:04am +XL, 5:21pm -M

5. 12:08pm +XL

6. 1:19pm +XL

7. 2:17pm +XL

8. 8:30am -L, 3:06pm +XL

9. 9:26am -L, 3:46pm +XL

10. 10:14am -L, 4:20pm +L

11. 10:56am -L, 4:46pm +L

12. 11:35am -L, 5:04pm +L

13. 12:14pm -L, 5:17pm +L

14. 1:00pm -M, 5:45pm +L

15. 1:40pm -M

16. 2:22pm -M

17. 8:39am +XL, 3:07pm -M

18. 9:27am +XL, 3:57pm -M

19. 10:20am +XL, 4:53pm -M

20. 10:24am +XL

21. 12:16pm +XL

22. 1:08pm +L

23. 2:08pm +L

24. 8:19am -L, 2:47pm +L

25. 9:29am -L, 3:23pm +L

26. 10:37am -L, 3:58pm +L

27. 11:36am -L, 4:36pm +L

28. 12:28pm -L, 5:15pm +L

29. 1:17pm -L, 5:57pm +L

30. 2:05pm -L

31. 8:43am +XL, 2:54pm -L

These are estimates only and not intended for navigation.

OCTOBER WEATHER

TEMPERATURES (MERRY ISLAND)

Our average daily high temperature in October is 12.8 C and our average daily low is 8.5 C, giving us a mean daily temperature of 10.7 C. Our average first-frost date (at sea level) is Oct. 30. The highest October temperature recorded was 21.1 C (Oct. 1, 1975); the lowest October temperature recorded was -0.4 C (Oct. 31, 1984).

PRECIPITATION (MERRY ISLAND)

October has an average of 115 hours of bright sunshine and averages 16 days with measurable rainfall and a total of 108.8 mm for the month. The highest October daily rainfall recorded at Merry Island in October was 62.2 mm (Oct. 21, 1963). The Canadian record for the greatest rainfall in a 24-hour period is 489 mm (Ucluelet BC, Oct. 6, 1967).

ORGANIZATIONS DIRECTORY

• Blues Society	883-2642
• Bridge Club	883-2633
• Chamber of Commerce, P. H. & Egmont	883-2561
• Coast Guard Auxiliary, Unit 61	883-2572
• Community Policing.....	883-2026
• Egmont Community Club	883-1379
• Egmont & District Volunteer Fire Department	883-2555
• GRIPS (Recycling Society)	883-1165
• Garden Bay Sailing Club	883-2689
• Guides, Brownies, etc.	883-2819
• Harbour Artists	883-2807
• Harbourside Friendships (Thur. 10:30 -1 p.m.)	885-1365
• Health Centre Society	883-2764
• Health Centre Auxiliary (Last Monday, 1p.m.).....	883-9957
• InStitches (Last Thursday, 11 a.m., PHHC)	883-0748
• Lions Club, Egmont.....	883-9463
• Lions Club, Pender Harbour (1st & 3rd Tues.).....	883-1361
• Men's Cancer Support Group.....	883-2393
• P. H. Aquatic Centre Society.....	885-6866
• P. H. Choir (7 p.m., Tuesday).....	883-9248
• P. H. Community Club.....	883-0211
• P. H. Community School Society	883-2826
• P. H. Garden Club.....	883-2595
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.).....	883-2930
• P. H. Living Heritage Society.....	883-0744
• P. H. Music Society (bookings)	883-9749
• P. H. Paddling Society	883-3678
• P. H. Piecemakers (quilters).....	883-2573
• P. H. Pipe Band.....	883-0053
• P. H. Power & Sail Squadron	883-1366
• P. H. Volunteer Fire Dept (Wed. evening).....	883-9270
• Reading Centre Society	883-2983
• Rotary Club (noon Fri. Garden Bay Pub)	883-2544
• Royal Canadian Legion No. 112	883-2235
• Ruby Lake Lagoon Society	883-9201
• Skookumchuck Heritage Society.....	883-9994
• SC. Healthcare Auxiliary (2nd Wed.,1:30 p.m.).....	883-2563
• Seniors' Housing Society	883-2819
• Serendipity Child Care Centre.....	883-2316
• Sunshine Coast Better At Home.....	989-6171
• Sunshine Coast SHROOM.....	883-3678
• TOPS (Take Off Pounds Sensibly).....	740-1509
• Wildlife Society (3rd Tues. PHSS).....	883-9853
• Women's Cancer Support	883-9708
• Women's Connection (2nd & 4th Tue.)	883-3663
• Women's Outreach Services.....	741-5246

organizations

P. H. WOMEN'S CONNECTION

On Oct. 13, Pender Harbour Women's Connection will reconvene with our annual pot luck brunch and get-together. Come along, bring some new friends, and reconnect with old friends over finger food and more at the P. H. School Of Music at 10 a.m.

In addition, Kusum Jain of the Sundowner Inn will be with us to talk about the Sunshine Coast Art Crawl running Oct. 16-18. All women in the community are welcome.

P. H. GARDEN CLUB

Please reserve Monday, Oct. 5 at 1 p.m. for the garden club presentation at the P. H. School of Music in Madeira Park. We will welcome Susan from Deluxe Landscaping in Sechelt who will tell us about new and trendy ideas for containers and gardens. She will also bring some of her recommended plants for sale.

If you have a sprig (or a photograph) of a plant that did exceptionally well, with minimal water, throughout our summer drought, please bring it for a show and tell.

Everyone is welcome — members are free and drop-ins are \$5. Everyone encouraged to purchase a membership to support the garden club's projects and gain a discount at local garden centres.

P. H. WILDLIFE SOCIETY

The P. H. Wildlife Society will meet on Tuesday, Oct. 20 at 7 p.m. at Pender Harbour Secondary School.

The society is very pleased to welcome guest speaker Carole Rubin, a well-known local author and environmentalist. Rubin will present a talk on how we can sustainably grow organic fruits and vegetables and landscape using drought-resistant and native plants. Beautiful examples of her ideas will be presented in a 45-minute PowerPoint show.

Refreshments will be served following Rubin's presentation. There is no charge and everyone is welcome. A short meeting of the society will follow.

SCHOOL OF MUSIC COFFEE HOUSE

The School of Music Coffee House will run on Oct. 9 this month. The October edition of the SoM will feature Poppa Greg and the Chillin' Dylans, a local blues/rock trio.

Also performing this evening will be pianist Brison Geuve and Bonar Harris on guitar and vocals. The SoM runs each month at the Pender Harbour School of Music in Madeira Park at 7:30 p.m.

harbour seals



Note your (dis)approvals.

Send to: editor@harbourspiel.com.
Include full name and telephone number for confirmation.
(Editor reserves the right to edit for length.)

The Pender Harbour Ladies Golf Club would like to thank all the **participants, volunteers, staff and donors** who contributed to our field day — it was a great success!

Pat Hallborg and
Heather Cranston

Huge Harbour Seals to my **group of friends from the Pender Harbour Choir** and others who so kindly and generously helped me out with various projects around the property while I was in the UBC Hospital. What a treat to arrive home and see that the jobs I had not been well enough to do are completed.

Joy McLeod

Harbour Seals of Approval to **Elaine Lane**, our bus driver, for noticing the brakes were not working properly. We are all very appreciative of your diligence.

Marlene Cymbalist
P. H. Seniors Initiative

Harbour Seals of Approval to all at **Coastal Tires and Mechanical** for doing the emergency fix on our bus and so quickly. The Pender Harbour seniors were still able to catch the next ferry and attend our Sea to Sky Gondola day trip.

Marlene Cymbalist
P. H. Seniors Initiative

photojournal



Brian Lee

The 25 food plots of the P. H. Health Centre's community garden were overflowing after a summer of growing. Photo taken Sept. 15.

October 2015

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VOLUNTEERS NEEDED

P. H. HEALTH CENTRE AUXILIARY VOLUNTEERS NEEDED:

BARGAIN BARN THRIFT STORE

Requires a commitment of a few hours a month in a social setting. Both men and women are encouraged to call Linda at (604) 883-9313.

VOLUNTEER READERS NEEDED AT MPES

Do you have an hour to spare? MPES needs volunteers to read with children from 9-10 a.m. on Monday, Wednesday and Fridays. You can volunteer for as many or as few days as you would like. Please call the Community School for more information or to sign up!



This volunteer listing service is provided free of charge by the Harbour Spiel with listings compiled by the P. H. Community School. If you can help out with any of the above needs or if your non-profit organization would like to submit a listing for specific help, please contact the PHCS: (604) 883-2826 or phcs@dccnet.com



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home Care/Palliative care • Dressings

DENTISTRY – 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures • Surgical Extractions

PUBLIC HEALTH NURSE – 883-2764

- Well Baby Clinic
- Child and Adult Immunizations
- **All travel immunizations done in Sechelt

FAMILY NURSE PRACTITIONER – 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

REGISTERED MASSAGE THERAPY

Brigit Garrett, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

COUNSELLING SERVICES

Siemion Altman – MD Psychiatrist – 885-6101

Tim Hayward – Adult Mental Health – 883-2764

PHYSICIANS – 883-2344

Drs. Cairns, McDowell, Robinson & Justin L Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 885-5850

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca

MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT:

CHILD AND YOUTH MENTAL HEALTH

**Elaine Hamel and Rhonda Jackman, child and youth
mental health clinicians available:**

- P. H. Clinic Tues. & Wed. afternoon
- Mental Health Assessments & Therapy:
Children age 0-19
- For more information call: Child & Youth Mental Health
Intake (604) 740-8900 or (604) 886-5525



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 8 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area.

Colorectal cancer: Don't die of embarrassment

Sandra McLean, RN BScN

As nurses we are more than completely comfortable talking about poop and bums with pretty much anyone.

In homecare, long term care, and hospital nursing it's a big part of our day and we are used to it.

We are aware that not everyone has an inclination for the topic and for some folks the topic is taboo.

It shouldn't be because colorectal cancer is the third most common type of cancer in Canada.

Lung, breast, colorectal, and prostate are the top four types of Cancer in Canada, respectively.

So let's talk about it.

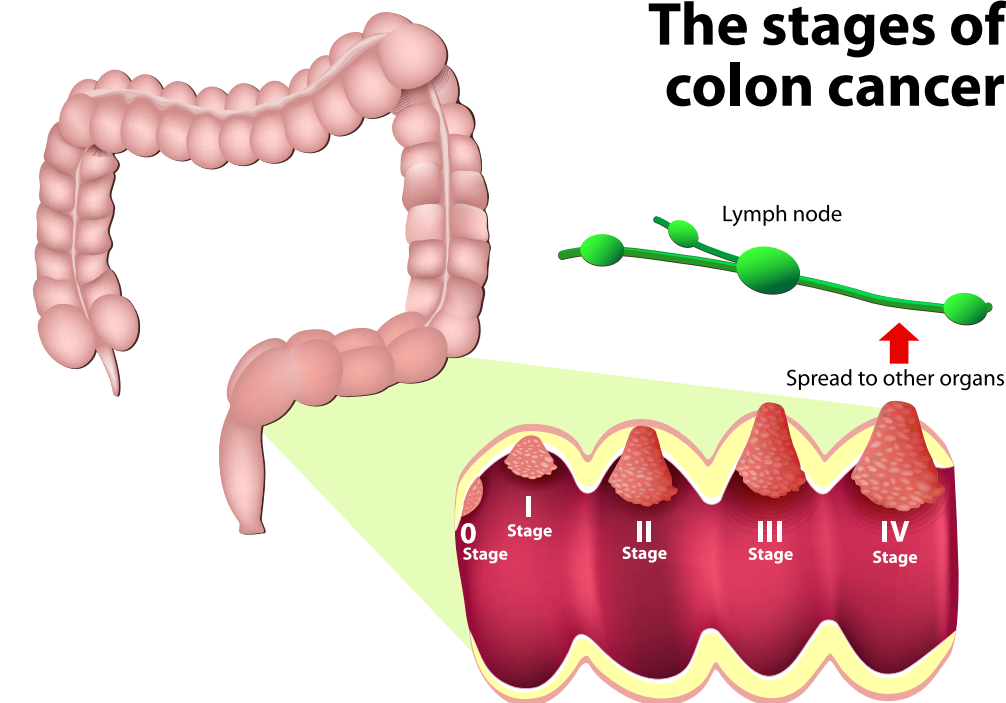
Though colorectal cancer has the second highest mortality rate in Canada, the survival rate for colorectal cancer improved by nearly eight per cent between 1994 and 2006.

In Canada, the probability of developing colorectal cancer is one in 14 for men and one in 16 for women.

RISK FACTORS

The Canadian Research Society lists the following as the main risk factors for developing this kind of cancer:

- Age — especially after the age of 50;
- A family history of colorectal cancer — especially if the affected person (parent, brother, sister or child) was diagnosed before the age of 45;
- Polyps (small benign tumours found in the lining of the large intestine or rectum);
- Chronic disease causing inflammation of the digestive tract — examples include ulcerative colitis or Crohn's disease;
- Hereditary colorectal cancer



without polyposis or familial polyposis of the colon;

- Diet high in red meat (beef, pork, lamb) or processed meat (ham, salami, sausages), and
- Consumption of alcohol, smoking, lack of physical activity, obesity.

SIGNS AND SYMPTOMS

Signs and symptoms of colon cancer include:

- Any change in bowel habits, including diarrhea or constipation or changes in the consistency of your stool;
- Rectal bleeding or blood in your stool;
- Persistent abdominal discomfort, such as cramps, gas or pain;
- A feeling that your bowel doesn't completely empty when you go "number two," and
- Weakness or fatigue.

See your doctor if you have any or a combination of these symptoms and risk factors.

SCREENING IS EASY

Provincial guidelines recommend colon cancer screenings begin at age 50-74, if you have no symptoms of colorectal cancer.

A fecal immunochemical test is an easy test that detects small traces of blood in your stool, which is a common sign of pre-cancer.

Improvements in this test have contributed to the ever increasing survival rate of colorectal cancer by early detection.

There are now no diet restrictions or medication restrictions around the time you take the stool test.

A colonoscopy is another screening test that may be considered for you if you have a family or personal history of adenomas.

Colon cancer is one of the most preventable and, if found early, most treatable types of cancer.

If you're over 50, high risk, or symptomatic don't put it off.

Talk to your nurse or doctor about getting checked — don't die of embarrassment.

Scarecrow Contest

Vote

for your favourite BEST-DRESSED scarecrow!

During the month of October, Madeira Park will turn into a very scary place! The Scarecrows are back and you get select the winner. Check out the creative displays and select your favourite.

~ Drop off your ballot at participating stores or at the Community School by Oct 30. ~

BEST DRESSED SCARECROW CONTEST

Name/Location of scarecrow: _____

Your Name: _____

Why it's your favourite: _____

Contest winner will be announced at the Oct. 31 fireworks display.



**PENDER HARBOUR
COMMUNITY
SCHOOL**

**HARBOUR LEARNING
CENTRE HOURS:**

**Tues/Wed/Fri
9am to 4pm**

Box 232
Madeira Park
V0N 2H0

604.883.2826

phcs@dccnet.com

SCAVENGER HUNT

The launch of the Scarecrow Contest will take place during Fall Faire (Oct. 3) with a scavenger hunt. Join the fun ~ find the clues ~ prizes too.

COMPUTER CAFÉ ~ FACEBOOK FOR GRANDPARENTS

Tuesday, Oct 14, 10am-12pm, \$10 donation, with Karen Dyck

JOIN THE HARBOUR UKULELE GROUP STRUMMERS (HUGS)

Tuesdays 3-4pm at the Community School, all ages, free & loads of fun

DROP-IN SPORTS NIGHTS AT PHSS GYM

Mondays – Soccer with Mr. Mo, 7-9pm, grades 7-12, \$3 drop in
Tuesdays – Mixed Sports with Carol, 7:30-7:30pm, grades 7-12, \$3 drop-in
Wednesdays – Pickleball, 6:30-8:30pm, all ages, \$5 drop-in

HOT BREAKFAST @ PHSS WITH TAMARA

Breakfasts for PHSS students - Mon/Tue/Thu & Fri mornings, 8-9am. Donations welcome!

MPES AFTER-SCHOOL PROGRAMS

Kids Art: Mondays, 3-4:30pm, \$85, Grades 3/4 with Patti & 5/6 with Carla
Baseball: Tuesdays, 3-4pm, Ages 5-12, \$40, Larry Kozlov
KinderSoc: Fridays, 3-4pm, Ages 4-7, \$60, Samantha Stewart
Fishing Club: Fridays 3-4pm, Ages 9-12, weather permitting, Tom

ROTARY SPONSORED PRO-D DAY CAMP ~ FRIDAY, OCT 23

A full day of fun activities for MPES kids, ages 5-12. \$5 (\$10 family). Sign up now.

www.pendercommunity.ca



PENDER HARBOUR SENIORS INITIATIVE & HARBOURSIDE FRIENDSHIP PROGRAM

FOR INFORMATION
OR TRANSPORTATION,
CALL MARLENE:
604.883.9900

All programs are
drop-in and all are
welcome!

Program sponsored by:



Thurs, Oct. 1
10:30am
Harbourside
Friendship -
Games

Fri, Oct. 2
9-11:30am
55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

Tues, Oct. 6
10:30am
Walking @
Kent Rd. mail
boxes

Wed, Oct. 7
1pm
Carpet Bowling
PH Community
Hall, \$3

Thurs, Oct. 8
10:30am
Harbourside
Friendship -
Golf putt &
lunch @ Cove

Fri, Oct. 9
9-11:30am
55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

Tues, Oct. 13
10:30am
Walking @
Merrill Crescent
mail boxes

Wed, Oct. 14
1pm
Carpet Bowling
PH Community
Hall, \$3

Thurs, Oct. 15
10:30am
Harbourside
Friendship -
Ann Harmer:
Shrooms

Fri, Oct. 16
9-11:30am
55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

Tues, Oct. 20
1pm
"Nourishing Your
Body & Mind"
3 sessions - \$25
PH Health Centre

Wed, Oct. 21
1pm
Carpet Bowling
PH Community
Hall, \$3

Thurs, Oct. 22
10:30am
Harbourside
Friendship -
"Stories"

Fri, Oct. 23
9-11:30am
55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

Tues, Oct. 27
10:30am
Seniors Housing
Options -
Royal Cdn. Legion

Wed, Oct. 28
1pm
Carpet Bowling
PH Community
Hall, \$3

Thurs, Oct. 29
10:30am
Harbourside
Friendship -
Dress for
Halloween

Fri, Oct. 30
9-11:30am
55+ Yoga - 9am,
Chair Yoga - 10:30am
Drop-In \$2

Seniors Programs for October



PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4 lane pool
hot tub & sauna
gym & weight room

On lower level of the
PH Secondary School:

13639 S. C. Hwy.
(604) 885-6866

phaquatic@scrd.ca

MOUNTAIN GRIND GROUP TRAINING

Focus on team training. 8 Saturdays, Oct. 3-Nov. 21. 9:15-10:15am \$54
Instructor: Amanda Peterson

ANNUAL FILL THE POOL FOOD BANK DRIVE SPECIAL EVENT

Oct. 5-11. For every donation, enter your name to win a prize.

GYM AND SWIM AGES 5-9 YEARS.

6 Thursdays, Oct. 8-Nov. 12, 3:30-5:30pm. \$60. Gymnastics in the gym and in the pool.

CIRCUS AND SILK

Try a variety of circus skills (juggling, multi-person acrobatics, balancing).
Instructor Brianna Cerkiewicz. Wednesday, Oct. 14, 7:15-8:15pm. \$10. Ages 16+.

INTRODUCTION TO WOMEN EMPOWERED

Learn physical self-defence techniques against some very common threats and discuss the importance of awareness. Monday, Oct. 19, 7:30-9:30pm or Saturday, Nov. 21, 10:30am-12:30pm \$30 Ages 13 years and older. Instructors: Coast Martial Arts

CORE BACK YOGA ESSENTIALS

Learn how to activate supportive structures for a healthy spine and active core.
6 Mondays, Oct. 19-Nov. 23. 9:15-10:30am \$72, Instructor: Brigit Garret

FEAR FACTOR CREEPY CRAWLIES SPECIAL EVENT

Tuesday, Oct. 20, 5-8:30pm. \$2. Annual Hallowe'en event with a twist.

www.scrd.ca/Recreation (Please register one week prior to start of programs)

Boulders, umbrellas and belly buttons: The Harrisons in Peru



*Story by Joe Harrison
Photos by Solveigh Harrison*

Descending into Cuzco, Peru, early last February came as a pleasant surprise.

Its icy peaks were reminiscent of Whistler, with a blinding sun peaking from towering cumulus, a green patchwork of farmland and neat villages lining our final approach.

Since suffering through a chilly January in the southern highlands of Ecuador, Solveigh and I had been afraid of arriving in what is Peru's rainy season.

Our goal was Machu Picchu, of course.

We landed to a hot summer day with people in shirtsleeves and a tropical sun directly overhead.

As we changed US\$200 for 600 Peruvian soles (so-lays) in the airport (the best deal), our heads were spinning from the thin air of the 3,600-metre altitude (11,000 feet) after taking off from the steamy seaport capital of Lima just over an hour before.

Guidebooks warn seniors about altitude sickness, similar to the impact on scuba divers from surfacing too quickly.

We wisely opted for a \$20 cab to a village in the Sacred Valley and chose Pisac at 2,900 metres elevation.

Pisac was just 32 kilometres and 50 minutes from the airport based on the Google "Pisac Peru images."

By any measure, Cuzco is a beautiful city requiring a week.

The impressive historical construction, red ceramic tile rooves, boxy brick and adobe homes clamber up the hills amongst green park-like shoulders of mountain pasture, pine, and eucalyptus.

Many stay in Cuzco and explore by bus but we opted to be healthy.

Besides, direct contact with people in a smaller centre often provides an authentic experience.

Crawling up out of Cuzco in the

yellow cab, past several of the most significant Inca ruins and temples to well over 4,000 metres, the highway begins a long curving descent through scenic parklands, corn fields, villagers in traditional Andean dress, llamas, burros and wayward chickens.

As we reached the famous Valle Sagrado, our little village unfolded 1,000 feet below in the afternoon light, the first of many spectacular sights to come.

The brown, rain-swollen river below that rushed west towards the Amazon from Cuzco was bordered by steep mountain terraces.

It fell away through maize fields in full tassel to Ollantaytambo, a village 80 kilometres distant and another great Inca site.

We had reserved two leisurely nights at the El Albergue before buying expensive tickets (C\$135 each) on a swaying narrow gauge railway for the two hour trip down jungle gorges to Aguas Calientes and Machu Picchu.

The 25 minute bus ride (C\$30) up nearly vertical cliffs would deliver us to Machu Picchu, nearly a thousand metres above our hotel (C\$85 via online reservation.)

Over the next dozen days, Pisac which means "timorou," (Quechua for a chicken-like grouse) became our base.

Timorou is one of the many Inca constellations of the Milky Way, not made of stars but of the shapes of

Harbour Spiel



The village of Pisac and the muddy of water of the Willkanuta River.

the dark spaces that are prominent in high-elevation skies.

Inexplicably, Pisac has two hostels with the same exact name.

Of course, we turned up at the wrong one.

“Oh, you want Jorge.”

And sure enough, Jorge was three blocks away through the five metre-wide cobblestone streets.

He was waiting with our kitchenette and its marvelous view of mountains and farms across the narrow valley.

The teapot soon on, we had found the kind of spot we love.

Lingering in Pisac, Ollantaytambo, and Aguas Calientes down the length of the Sacred Valley gave us the chance for a bit of luxury and good food that makes the end of a great winter trip memorable.

A one-day dash is not our style.

Looking out over tea, we could see stone walled terraces once necessary for growing food for tens of thousands of soldiers and builders rising to the peaks a thousand metres above, a silent reminder of what once was.



The Incan terraces on the steep hillsides above Pisac are still in use today. In order to build them, they hauled rich topsoil by hand from the lower lands to produce more food than would normally be possible at altitudes of 10,000 feet.

It was from this valley that Inca armies and engineers — with only llamas as pack animals in trains kilometres long and without wheels, cement, or explosives — moved south and north in the 1400s.

Roads, bridges, and cities at high elevations in the Andes required moving and fitting boulders and stone slabs weighing up to 70 tons over

seemingly impossible distances equal to that from Vancouver to Ottawa (over 4,300 kilometres).

Building Canada's CPR Railway was child's play in comparison.

The Inca population crashed in the 1500s when smallpox moved south from Spanish ships in Mexico to leave a remnant 14 million survivors in Ecuador, Peru, and Bolivia.

Today, Peru's population is now equal to that of Canada with half identifying as Quechua, although almost all Peruvians have indigenous ancestors.

Historically, the sudden Inca advance was built upon a long series of cultures from Canada to Chile that began at the end of the last Ice Age.

Domestication of two dozen plants we use every day (including corn, potatoes, beans squash, quinoa and chocolate), material for manufacturing textiles, developments in seismic engineering, mathematics, astronomy, and medicine are all documented as Incan in the Aboriginal Museum of the Americas in Mexico City.

(Continued next month.)



Pisac is well-known for its market that attracts visitors from nearby Cuzco.

OCTOBER

- Sat. Oct. 3.....P. H. Fall Faire - Madeira Park, all day
 Sun. Oct. 4.....Sunday Jam: Joe Stanton - Garden Bay Pub, 2 p.m.
 Mon. Oct. 5.....Seniors outreach healthy meal service resumes
 Mon. Oct. 5.....P. H. Food Bank pickup - P. H. Community Church, noon
 Mon. Oct. 5.....P. H. Garden Club presentation - P. H. School of Music, 1 p.m.
 Fri. Oct. 9.....School of Music Coffeehouse - P. H. School of Music, 7:30 p.m.
 Sun. Oct. 11.....Sunday Jam: Steve Hinton Band - Garden Bay Pub, 2 p.m.
 Mon. Oct. 12.....Thanksgiving Day
 Tues. Oct. 13.....P. H. Women's Connection annual pot luck - P. H. School of Music, 10 a.m.
 Thurs. Oct. 15.....S. C. Housing Committee affordable housing workshop - P. H. Legion, 3:30 p.m.
 Fri. Oct. 16-18.....Sunshine Coast Art Crawl (3 days) - 125 locations @ Sunshine Coast, 10 a.m. to 5 p.m.
 Fri. Oct. 16-18.....7th annual Sunshine Coast Mushroom Festival (3 days) - various locations,
 Sat. Oct. 17.....Ruby Lake Resort 3rd annual Wild Mushroom Feast - Ruby Lake Trattoria Italiana, 6 p.m.
 Sun. Oct. 18.....Sunday Jam: Simon Paradis and Gut Bucket Thunder - Garden Bay Pub, 2 p.m.
 Mon. Oct. 19.....Federal election
 Mon. Oct. 19.....P. H. Food Bank pickup - P. H. Community Church, noon
 Tues. Oct. 20.....P. H. Wildlife Society presents Carole Rubin - PHSS, 7 p.m.
 Sat. Oct. 24.....Royal Canadian Legion No. 112 presents Ladies Night - Madeira Park Legion, 6 p.m.
 Sat. Oct. 24.....P. H. Music Society presents Roy Forbes - P. H. School of Music, 7 p.m.
 Sun. Oct. 25.....Sunday Jam: Peter Van B3 - Garden Bay Pub, 2 p.m.
 Tues. Oct. 27.....Seniors Housing Options with Sue Jackal - P. H. Legion, 10:30 p.m.
 Wed. Oct. 28.....P. H. and District Chamber of Commerce AGM - Royal Canadian Legion (Madeira Park), noon
 Sat. Oct. 31.....P. H. volunteer fire department fireworks display - Millennium Park, 7:30 p.m.
 Sat. Oct. 31.....7th Halloween Howl dance and costume extravaganza - P. H. Community Hall, 8:30 p.m.

Harbour Spiel Trivia Answers: 1. b 2. c 3. c 4. b 5. a 6. d



FERRY DEPARTURES

~ Effective September 8 - October 12 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:20 a.m. - Daily
 9:25 a.m. - Daily
 11:30 a.m. - Daily
 1:35 p.m. - Daily
 2:10 p.m. - Sept. 11, 18 & 25 only
 3:50 p.m. - Daily
 4:20 p.m. - Sept. 13, 20 & 27 only
 5:50 p.m. - Daily
 7:50 p.m. - Daily
 8:30 p.m. - Oct. 12 only
 9:45 p.m. - Daily

LANGDALE

6:20 a.m. - Daily
 8:25 a.m. - Daily
 10:25 a.m. - Daily
 12:35 p.m. - Daily
 2:45 p.m. - Daily
 3:15 p.m. - Sept. 11, 18 & 25 only
 4:50 p.m. - Daily
 5:25 p.m. - Sept. 13, 20 & 27 only
 6:50 p.m. - Daily
 8:45 p.m. - Daily
 9:35 p.m. - Oct. 12 only

EARLS COVE

6:30 a.m. - Daily except Sun.
 8:25 a.m. - Daily
 10:25 a.m. - Daily
 12:20 p.m. - Daily
 4:55 p.m. - Daily
 6:55 p.m. - Daily
 10:30 p.m. - Daily

SALTERTY BAY

5:35 a.m. - Daily except Sun.
 7:25 a.m. - Daily
 9:25 a.m. - Daily
 11:20 a.m. - Daily
 3:50 p.m. - Daily
 5:55 p.m. - Daily
 9:25 p.m. - Daily

*Crazy people are considered mad by the rest of the society
 only because their intelligence isn't understood."*

~ Weihui Zhou

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FABULOUS FOOD AND LIVE MUSIC

SUNDAY JAM - 2 PM

Joe Stanton..... Sun. Oct. 04

Steve Hinton Band..... Sun. Oct. 11

Simon Paradis and Gutbucket Thunder..... Sun. Oct. 18

Peter Van B3..... Sun. Oct. 25

MEAT DRAW - 5 PM FRIDAY

Come join the fun... you might get lucky!

www.GardenBayPub.com

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Sunshine Coast Mushroom Festival & Ruby Lake Trattoria Italiana present:



The 3rd annual Wild Mushroom Feast

Saturday Oct. 17, 6pm

An evening of fine food, fun & mushroom expertise!

FEATURING:

- Five courses of classic northern Italian cuisine prepared with passion by renowned chef Aldo Cogrossi and his team.
- Local wild mushroom display & identification.

\$50 PER PERSON

(Book in advance - space is limited!)

Don't want to drive home? Book a room for just \$80 with the purchase of two dinner tickets.

UPCOMING: END OF SEASON FINALE!

- Halloween Bash • Pig Roast Dinner • Bonfire
- Costume party • MusiC! Look out for details.

OCTOBER HOURS:
Friday to Sunday, 5-9 pm

Ruby Lake Resort

www.rubylakeresort.com

604.883.2269

7th Annual Sunshine Coast Mushroom Festival

Oct. 16-18, 2015 Maderia Park

Door Prizes



Photo by Karen Wells

Festival Schedule

Friday Oct. 16, 2015

7:00 PM - Feature Presentation
Davis Bay Community Hall

Saturday Oct. 17, 2015

10:00 AM-3:00 PM - Mushroom Show
Madeira Park Hall (Tickets \$3)

6:00 PM - Feature Presentation
Botanical Gardens, W. Sechelt

Sunday Oct. 18, 2015

11:00 AM - Mushroom Foray & Tasting with
Langdon Cook ([Book Online](#))

Participating Restaurants

- Bull Bistro and Bar**
Fungus among us tapas. Oct 16-18
- Chasters Restaurant**
2 can dine for \$69. Oct. 18
- Gumboot Restaurant**
Mushroom tasting menu.
- Emelle's Madeira Bistro**
Mushroom themed weekend. Oct 16, 17
- Painted Boat Restaurant**
Four course mushroom dinner. Oct 17
- Ruby Lake Restaurant**
Annual wild mushroom feast. Oct 17

Feature Presentation by Langdon Cook Tales from the Mushroom Trail

Wild mushroom harvesting is the largest all-cash business in North America (that's legal!). Award-winning author Langdon Cook embeds himself in the shadowy subculture, reporting from both rural fringes and big city eateries.

More information at: <http://scshroom.org>

