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Harbour Spiel



The independent voice of Pender Harbour & Egmont since 1990.

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EDITOR

Brian Lee

CIRCULATION (2,300)

Copies of the *Harbour Spiel* are mailed free to 1,260 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Shari Fader, Leonard Lee, Chris Lekakis, Robert Livingston, Shane McCune, Angela Stearns and Josh Young.

COVER

Pender Harbour herring fisherman Charles Fenn on March 15 — the first morning of a successful herring fishery near Bowser on the east coast of Vancouver Island. Local herring fishermen were able to fill their allocations in a frenetic 32 hours. (Josh Young photo)

ADVERTISING

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A slap in the fish



Brian Lee

Folks can be forgiven if they forget that Pender Harbour is still a commer-

cial fishing hub.

Fewer fishermen are also less visible now that almost all of the work takes place north of Port Hardy.

But economically, and culturally, fishing still has a hefty impact on our community.

A 2017 Harbour Authority of Pender Harbour survey found commercial fishing contributed \$3.3 million in wages to Pender Harbour and Secret Cove that year.

But salmon gillnetting is no longer a significant part of that.

For 120 years, salmon have been an economic anchor for the Harbour and a symbol of pride for fishermen.

According to Fisheries Oceans Canada, 30 to 50 per cent of the salmon fleet hasn't been participating in the fishery over the past five years.

DFO bungling meant only a handful of boats benefitted from last year's fourth largest return in the Skeena River's recorded history.

At least 4.3 million Skeena sockeye found their way home in 2022 — more than three times the previous five-year average.

Ask any fisherman why gillnetters haven't wet their nets and they'll talk all day.

But regardless of the politics or the myriad reasons why salmon runs are less predictable than in the past, gillnetting has become the albatross of the fishing industry.

So, DFO is thinning the herd.

In December they announced details for their "voluntary commercial licence retirement" program.

When catastrophe hits Canadian industry, our government leaps into action with a well-publicized bailout.

In 2019, Canadian dairy farmers

were handed \$4 billion for the hit they took from foreign trade deals.

In 2020, the federal government gave \$18 billion to the oil and gas industry and offered Air Canada nearly \$6 billion in bailout cash.

So, news of compensation to fish harvesters for their loss should have been met with cheers.

Instead, DFO's buyback will not only euthanize a portion of the 1,300 eligible commercial licence holders but make them cannibalize each other like sharks while they do it.

DFO set aside \$123 million to be split between the licence buyback and initiatives to dispose of derelict vessels and allow Indigenous licensees to switch to fishing other species.

But the same agency that limited gillnetters from fishing the Skeena last summer is now in charge of applying a "market pricing" structure to licences they are at least partially responsible for devaluing in the first place.

It's kind of like dating your boss. Who is also your landlord.

Licences are tossed into a reverse bid system where fishermen suggest a price to retire their licence and DFO decides which bids to accept.

Fishermen say it's a predatory race to the bottom.

"It just picks off the most desperate people who need the money and have no other choice," said James Lawson, president of the United Fishermen and Allied Workers' Union, in a Dec. 2022 *National Observer* story.

And there is no planned compensation for the boats and gear left unfishable after the licences are retired.

One fisherman estimates that roughly half of Pender Harbour's 24 gillnet licences will enter the buyback.

If all are successful that *might* amount to \$600,000 or so.

A sad deal for a proud industry and a way of life.

P. H LIONS PANCAKE BREAKFAST & EASTER EGG HUNT: Sunday, April 9, 9 a.m. to 1 p.m.

The annual Pender Harbour Lions Pancake Breakfast has become an Easter tradition not to be missed. Breakfast is served from 9 a.m. to noon. Get there early to make sure you get a seat and finish up by the main event at 12 noon — the beloved Easter egg hunt.

QUIZ NIGHT AT THE LEGION HOSTED BY PHARA: Wednesday, April 26, 7 p.m.

The Pender Harbour and Area Residents Association is hosting a special quiz night at the Royal Canadian Legion in Madeira Park on April 26 at 7 p.m. Get your team together and arrive by 6:30 p.m. (kitchen closes at 7 p.m.). PHARA provides a structure that allows residents to identify issues of broad community concern and have them effectively addressed. Funds raised will support their many ongoing projects. See more at *phara.ca*.

20TH ANNUAL APRIL TOOLS WOODEN BOAT BUILDING CHALLENGE: Saturday, April 29, 10 a.m.

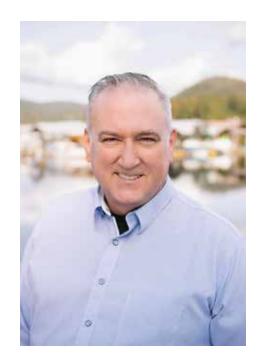
After two decades, the April Tools Wooden Boat Challenge is still entertaining spectators and confounding participants. The fun starts at 10 a.m. when the participants learn how they are supposed to craft a boat to make it through the race course — and win. There's food all day long, displays and events for the kids to make it a complete family fun day.

P. H. COMMUNITY HALL PLANT & GARDEN SALE: Saturday, April 29, 10 a.m. to 3 p.m.

The Pender Harbour Community Hall Club hosts a plant and garden sale on the same day as April Tools. The kitchen will be open all day and serving lunch and refreshments. A horticulturist will be on hand to answer questions about plant selection. Admission is by donation and enters you to win one of the fabulous door prizes.

The PHCC is raising funds to improve the lighting in the hall. Tables are available for vendors (though items do not have to be garden items). The club is asking for donations of plants, vegetable starts and garden items etc. as well as baking for the kitchen and bake sale. Pick up is available. Contact Lesley at *sunshinevillabc@gmail.com* or call (778) 840-1692.





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Sunshine Coast Regional District 2023 budget adopted March 23

The Sunshine Coast Regional District adopted its 2023 budget on March 23.

The entire budget, including operating and capital budgets, was approved at just under \$1.04 million

Overall taxation funding for the 2023 budget increased by \$3.1 million (11.7 per cent) from 2022.

According to a March 20 SCRD media release, the main drivers for taxation in the 2023 budget are:

- Over \$5 million of investment in recreation facilities which will include a roof replacement for the Gibsons and Area Community Centre;
- Additional resourcing requests due to a large number of projects moving forward into 2023, and
- Increased cost in operations and maintenance for all the services it provides, as is the case with other governments across the province.

OPERATING BUDGET

The SCRD's 2023 operating budget projects expenditures of \$58.4 million.

The operating budget refers to the plan for day-to-day operations of the SCRD including salaries, legal/insurance costs and winter control.

These expenses are required annually to run the regional district.

Of that, the largest operating expense function is water and wastewater, costing \$14.9 million in 2023.

The SCRD will employ 330 people or 244 "full time equivalent positions" this year.

Wages and benefits account for \$26.6 million or 45 per cent of the total operating budget.

In 2018, there were 196 FTEPs. In 2023, the majority of FTEPs in the SCRD, 104, work in community services which includes transit and fleet services, parks and recreation.

This year's budget includes 70 new projects, which when combined with projects yet to be completed from previous years, such as water metering, means that over 200 projects and initiatives will move forward in 2023.

This budget projects an operating surplus of more than \$10 million on revenues of \$70.2 million

Of total revenues, \$29.3 million will come from taxation with Area A contributing just over 12.4 per cent, or \$3.65 million.

Remaining revenues will be delivered by grants, frontage and parcel taxes, government transfers, user fees, member municipality debt and investment income.

CAPITAL BUDGET

For 2023, the SCRD's capital budget will be \$45.4 million.

The SCRD's capital budget is the annual plan for the purchase and financing of the SCRD's capital assets.

Capital assets are projects and expenses where the benefits can be seen over the course of many years, such as roads, bridges, land, buildings, machinery and equipment.

PROPERTY TAX RATES

The preliminary average SCRD tax rate per \$100,000 of assessed value of homes in Area A will be \$222.

This figure only refers to the

SCRD portion of your tax bill.

An Area A home worth \$800,000 will pay \$1,776.

In 2022, the average SCRD tax rate for Area A was \$225.

Pender Harbour Community Club Society's COMMUNITY HALL PLANT & GARDEN SALE

Saturday, April 29,10am-3pm

Plus original art, crafts, decor, baking and more! Something for everyone!

> The kitchen will be open all day serving lunch and refreshments.

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photojournal



Brian Lee

This deer seems to be admiring her own reflection at the Garden Bay Business Centre on Hotel Lake Road March 10.

EXCAVATION SERVICES



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news briefs

PENDER HARBOUR MAY DAY

Planning for the 78th annual May Day on May 20 is well underway.

Prepare to welcome Bella Mc-Cormick as this year's May Queen.

McCormick will be joined on the Royal float by three fellow Grade 6 attendants and almost a dozen Grade 1 flower girls.

After last year's incredibly successful "rainbows" theme, the planning committee is building this year's celebration around a "western" theme.

All funds raised from May Day this year will go towards a new audio and projector system for the Pender Harbour Community Hall. PENDER HARBOUR AND AREA RESIDENTS ASSOCIATION

PHARA recently sent notice to members thanking those who took out one-time fee, lifetime memberships for their initial contribution to the non-profit.

"Membership dues are PHA-RA's primary source of revenue, and in recent years we have noticed a decrease in our annual revenues because many of our members chose life or multi-year memberships.

"About half of all members are life members."

Though they will continue to honour lifetime memberships, PHA-RA has asked lifetime members to voluntarily convert their \$100 memberships to one-year annual renewals and will no longer offer lifetime memberships.

Going forward, there will be one type, a \$30 per year family membership, to be renewed annually.

For new memberships and renewals, visit *phara.ca*.

Pender Harbour Seniors Housing Society

Outreach Healthy Meal Program



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Angela Stearns Photography

Local photographer Angela Stearns captured the northern lights, or aurora borealis, from Menacher Road at 1:30 a.m. on March 24. 'It was pouring rain but we were supposed to have a great show, so when I noticed stars coming out around midnight, I drove to my friend's farm field on Menacher,' Stearns told the *Harbour Spiel*. 'A couple hours in and the show really started to pick up. It was my first time attempting to capture aurora borealis and I may be hooked.'



photojournal



submitted

The P. H. Secondary School field trip to Whistler was put in jeopardy after organizers learned the extremely affordable hostel they have stayed in the past was still unavailable for large groups due to COVID. Luckily, the Rotary Club of Pender Harbour stepped in with a cheque for \$2,250 so the students could stay at at the Blackcomb Springs Suites lodge. Pictured is Anne Pino, PHSS PAC (left), receiving the cheque from Lyn Charlton from our local Rotary club.

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Recent logging in Egmont uncovers an antique

Brian Lee

It's not uncommon to find abandoned chunks of logging equipment in the local bush but recent logging above Klein Lake unearthed a fairly intact gas-powered yarder that was abandoned about 70 years ago.

An Egmonster who lives near the site told the *Harbour Spiel* that he was told that it was once owned by the Kleins (Kleindale) and was burned up in a fire in the 1940s or 1950s.

According to Ray Phillips' book *The Little Green Valley*, a large forest fire burned through the area in 1956.

A stamp indicates the model was patented by the Skagit Steel and Iron Works on April 19, 1921.

Originally the Sedro-Woolley Iron Works, the plant was based in Sedro-Woolley, a town in Washington near Mt. Vernon on the I-5 highway.

In 1914, the SWIW was renamed the Skagit Steel and Iron Works and quickly became the largest plant of its kind north of Seattle.

The company's gas-powered machinery has been said to have revolutionized the coastal logging industry.

By 1929, SSIW had 30 models of yarders (or hoists as they called them), donkey engines, speeders, railcars, locomotives and coaches in production.

A similar unit was produced by Skagit Steel and Iron Works in the 1950s and now sits at the Kaatza Station Museum in Lake Cowichan.

From a sign on that machine:

"The Skagit sales agent in British Columbia was Finning Tractor & Equipment Company Limited.

"This machine was one of several sold to Comox Logging & Railway Company in the early 1950's, for salvage and pull logging operations at Nanaimo Lakes."







Brian Lee

This piece of machinery was abandoned in the bush behind Klein Lake after a fire tore through the area about 70 years ago.



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Squatters: The Prince George solution



Leonard Lee Area A director, SCRD

Prince George suffered a problem similar to ours on Garden Bay Road, but they've designed

an interim solution with "Moccasin Flats," a community of 20-30 residents in tents and trailers, which is expected to grow as the weather warms.

The municipality had many homeless camps throughout the city, but the court rules that they cannot be removed when a lack of adequate shelter space isn't available.

By designating Moccasin Flats as the only municipal property where overnight camping is permitted, they can now legally remove squatters from other locations.

Local service groups have set up porta-potties, and the peer-support organization, Uniting Northern Drug Users, operates a warming/wellness trailer on-site, offering donated food, hygiene supplies, and naloxone kits for reversing overdose.

Prince George is considering increasing policing at the site, but does not plan to provide municipal services, although UNDU requests water, electricity, garbage disposal and more porta-potties.

City officials who originally opposed the concept now agree, "It's not the best solution, but it's the solution we have," and concur that the homeless are citizens who deserve support and compassion.

The Prince George concept of

sanctioned homeless camps is not embraced by the province, including the BC housing minister, who said they "are not an option."

Premier David Eby said, "We had fires, explosions, assaults. It did not work."

But Eby admits that, "Most communities have low- or no-barrier shelters; Prince George does not."

The SCRD continues to petition the province to allow year-round living in RVs and travel trailers, so people can live safely, securely, and comfortably in a home of their own.

WHAT'S HAPPENING WITH GARBAGE?

Dealing with garbage and recycling consumes the most SCRD tax dollars and has a higher percentage



PENDER HARBOUR TRANSFER STATION

Winter Operating Hours
Monday 9:00 a.m. to 5:00 p.m.
Tuesday CLOSED
Wednesday to Saturday
9:00 a.m. to 5:00 p.m.
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Area A Director: **Leonard Lee** leonard.lee@scrd.ca 604-212-0406



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UPCOMING MEETINGS

Committee of the Whole April 6 at 9:30 a.m.

Regular Board April 6 at 2:00 p.m.

Electoral Area Services Committee April 20 at 9:30 a.m.

Regional Hospital District April 20 at 1:00 p.m. Finance Committee April 20 at 2:00 p.m.

Committee of the Whole April 27 at 9:30 a.m.

Regular Board April 27 at 2:00 p.m.

Agendas available at www.scrd.ca/agendas

PENDER HARBOUR TRANSFER STATION SHARE SHED RE-OPENING

On April 5, the share shed at the Pender Harbour Transfer Station will be re-opening. The share shed is a space for users to leave an item that could be picked up and reused by another member of the community at no charge. The share shed operating hours are from Wednesday to Saturday 10:00 a.m. to 2:00 p.m. Pender Harbour and Egmont residents are encouraged to contribute good quality items that are no longer wanted but could still be used by others in the community. Staff at the site will be providing quality control of the items going into the share shed.

For information on what items are accepted or not accepted, visit www.scrd.ca/reduce-tips.

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budgetary increase than any other service.

Our garbage costs increased from \$3.59 million in 2022 to \$4.7 million in 2023 (up 33 per cent), while tipping fees rose from \$2.8 million to \$2.85 million (up two per cent).

Our recently approved budget will be spent ensuring our existing assets work for us in the future, establishing a long-term solid waste plan including a waste composition study, updating the SCRD solid waste management plan, and investigating future waste disposal options.

The following are our strategies and projects to achieve them:

• Continue solid waste services. Our severely degraded Pender Harbour Transfer Station infrastructure will be redesigned and implemented at a cost of \$86,000, but with \$100,000 carried over from 2022 and a \$765,000 loan, there will be no taxation impact.

Sechelt Landfill generators have been running 24 hours a day since their 2021 solar-power failure.

They must stay on until a BC Hydro connection is installed at a cost of \$394,000 in 2023, with \$186,000 carried over from 2022, a \$107,000 loan, and \$100,000 in taxes over the next two years.

Area A's 2023 share to help keep the power on is \$7,200.

Extending the Sechelt Landfill's life by 3.5 years (2025-2029) will cost \$122,000 in road work and \$50,000 for design and costing of relocating the water system.

Area A's 2023 share is \$12,000. The Sechelt Landfill closure

plan, including a study on reducing costs by using a biocover, will cost \$2.84 million in 2023, with \$2.71

million carried over from 2022 and \$136,000 from 2023 taxes.

By using reserve funds we avoided additional taxation.

The traditional Islands Clean-up will be extended for two years, at a cost of \$35,000 with Area A's 2023 share being \$5,200.

• Increase solid waste diversion.

A waste composition study (\$169,000) will identify the next recyclable items to be banned from our landfill, and fund a forecasted increase in green waste diversion.

The sum of \$29,000 is carried over from 2022 and \$140,000 will be generated by taxation, with \$21,000 coming from Area A.

• Secure a long-term waste disposal option.

We will spend \$385,000 to update our solid waste management plan and decide whether to export garbage off-Coast or develop a new landfill.

Area A's 2023 taxation share of that is \$11,000.

Powell River's experience proved that shipping off-Coast is significantly costlier.

HOW LONG WILL COOPERS GREEN HALL SURVIVE?

The SCRD will keep the existing hall at Coopers Green Park and

seek partnerships to maintain it, while building a smaller hall in Connor Park and enhancing Coopers Green Park (but not the hall).

Upgrading or replacing Coopers Green Hall is on hold indefinitely because of flood risks induced by climate change and the need for a satisfactory building site, hall design, and further geotechnical studies.

Studies and design work for the Connor Park project must be redone before construction can begin, so we can anticipate years passing before the doors open.

CONTACT ME

The Lee Side helps me effectively represent you by informing you of local issues and inviting you to contact me with questions and comments about what matters to you within the scope of the SCRD.

Email *leonard.lee@scrd.ca* or call/text (604) 212-0406.

Calling all gardeners

The Pender Harbour Community Club Society needs your donations and volunteers for the

COMMUNITY HALL PLANT & GARDEN SALE

Saturday, April 29,10am-3pm
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April 2023



1. Where is the main office of the Sunshine Coast Regional District located?	4. Longtime alternative name for the pub at the Pender Harbour Hotel.
□ a. Selma Park	□ a. The Juice
□ b. Wilson Creek	□ b. The Roost
□ c. Sechelt	□ c. The Joint
□ d. Davis Bay	☐ d. The Perch
2. Name of the private ferry operator that served the Sunshine Coast from 1951 to 1961? □ a. Black Ball Ferries □ b. Red Ball Ferries □ c. Blue Ball Ferries □ d. Brown Ball Ferries	5. In what year did Europeans make first contact with the shìshàlh First Nation? □ a. 1492 □ b. 1654 □ c. 1792 □ d. 1867
3. What local feature is named "Bjerre?" a. strait b. rock c. reef d. shoal	6. How much is a metric tonne? □ a. 1,000 lbs □ b. 1,609 lbs □ c. 2,000 lbs □ d. 2,205 lbs

Answers: p. 34

Four-plus: Local Two-plus: Newbie Less than two: Townie

April Tools runs showers or shine on April 29



Brian Lee

April Tools 2022. Despite the smiles, that water is cold.

submitted

Once again, it's April Tools time. The Pender Harbour Living Heritage Society presents the Sunshine Coast's annual spring kick-off on Saturday, April 29.

This year features a new challenge, but the details won't be revealed until 10 a.m. on event day.

Then, teams will have one hour to formulate their plans then, starting at 11 a.m., three hours to execute them using only hand tools and batterypowered screw guns.

They will rest for an hour as the high schoolers race, then it will be flat out racing for the adults starting around 2:45 p.m.

The top prize is \$700 but second place entrants still get \$400 and third gets \$250.

Aside from fierce competition, there will be free boatbuilding and other activities for the kids, and lots of good food supplied by the Rotary Club of Pender Harbour barbecue. April 2023

The place is Millennium Park (government wharf) in Madeira Park.

The cost to enter is \$200 for a team of four, but the rate is reduced to \$180 if organizers receive your entry before April 1.

To sign up an adult team for a chance to win the big bucks, go to www.apriltools.ca to enter.

You can fill out an entry form online and send your fee by e-transfer, or download an entry form, fill it out and mail it in with your fee by cheque.

The boat ramp at Millennium Park will be closed on April 29 from 10 a.m. to 5 p.m.



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Spring tips and tricks for a thriving garden



Angela Stearns

It's that time of year when we start daydreaming about our gardens again while eagerly awaiting the

warmth of spring.

Although Pender Harbour and Egmont escaped the water restrictions of the Lower Coast last year, I watched in dismay as many local gardens lost countless plants due to drought conditions.

Lasting well into December, it was concerning to find completely dry soil in winter.

Regardless of posted restrictions, we should all be concerned about preserving our drinking water.

Creating a water wise garden isn't as simple as buying drought tolerant plants — there are a lot of nuances involved in creating a garden that will withstand drought conditions.

I'm going to break down some key things to consider for 2023 that should help your garden flourish.

CHOOSING PLANTS

First, we must choose plants that



Angela Stearns

Nepeta is a drought tolerant plant that will thrive in just about any local garden.



Angela Stearns

Water droplets on the leaf of a strawberry plant.

are adapted to drought conditions.

These plants have "built in" adaptations like thicker or waxy leaves, protective hairs and other physiological characteristics that reduce water loss.

While native plants are wellsuited to our climate, this may not always be true when they're in a domestic garden versus their natural ecosystem.

PLANTING

To give your plants the best chance of survival, follow sound planting techniques.

Fall and early spring are the best times to plant, as plants will form more robust root systems before the hot, dry weather kicks in.

Tease apart the root balls or slice the sides and bottoms to encourage roots to spread outwards.

When plants have been in a pot too long, their roots start circling around and can continue to do that in the ground if they're not redirected.

This is especially important for trees and shrubs, where circling roots will eventually girdle the trunk.

This cuts off the flow of water and nutrients and results in an early death.

WATER

After planting I always water the

roots in with a hose or watering can, even if it's pouring rain out.

When you disturb the soil, you introduce air pockets to the planting hole which can cause roots to dry out and die.

Plants are vulnerable when they're newly planted, so it's important to have a strategy to keep them watered consistently for at least a year (or until our winter rains kick in).

This isn't always possible in the summer with water restrictions, so there are other actions we can take to help.

MULCH

Mulch is an essential component of a drought tolerant garden.

It can come in many forms, even rocks and rubber crumble, but not all mulches are created equal.

And please, do not use landscape fabric as a mulch layer.

I will cover the reasons why in a future article, but in the meantime, just trust me on this point.

My preferred mulch is straw or leaves for the veggie garden.

The best mulch for a perennial garden is arborist wood chips.

The mix of coarse woody debris and shredded leaves is "garden gold."

I could go on and on about the wonders of arborist wood chips, so I'll just point out a few important tidbits.

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Try to maintain a two-to-three-inch layer.

The mulch reduces runoff, allows water to pass through, reduces evaporation at the soil/air interface, and retains water in the soil.

It also helps reduce soil compaction, regulate soil temperature and supports the microbial life (e.g decomposers and mycelium) which are critical for healthy soils.

Finally, it breaks down slowly and acts as a slow-release fertilizer providing all the nutrients your plants need.



Angela Stearns

Arborist wood chips is the best mulch for perennials.

NUTRIENTS

Speaking of nutrients, if you do need to fertilize, don't feed your plants during the hottest and driest times.

The plants are already struggling, so encouraging rapid growth can actually harm them.

Any new growth will be weaker and less able to tolerate the hot conditions.

On top of that, water is critical for plants to uptake the nutrients, or wash away excess.

Without it, fertilizer salts can build up in the soil and burn (damage or kill) roots.

PRUNING

Pruning is another task to avoid during droughts.

Pruning creates wounds, so the plant will need to use already scarce resources to heal.

Those wounds will make the plant more susceptible to disease and pest insects as well — bad news for an already weak and vulnerable plant.

Pruning can also stimulate growth, putting further stress on the plant.

Removing leaf canopy can cause sunburn on leaves that were previously sheltered and not hardened to full sun exposure.

I love summer pruning for a variety of reasons, but I avoid it during drought conditions if I can.

MORE ON WATERING

Your watering regime can make or break your plants' chances of survival during a drought.

Many people overwater their gardens, or water too lightly and too often.

Let the top one to two inches of soil dry slightly between watering.

Water deeply and less often, so that roots will travel further in search of water.

This will encourage a more robust root system to help plants get through long dry spells.

When you water lightly and often, roots will prefer to stay near the surface and be more susceptible when the upper layers of soil dry out.

WINTER DROUGHT

Believe it or not, drought stress is not just a summer issue.

Plants are at risk of desiccating in winter months as well.

Drying winds and sunshine,



Angela Stearns

Kids love spraying water — use them.

combined with dry or frozen soils can lead to plant death.

Last December was worrisome as there was very little rain and the soil was incredibly dry.

One way you can combat this is by watering the soil in late fall and having a quality mulch layer.

In larger plants, drought stress may not appear immediately.

It can take a few years to see the deterioration of a big tree.

Repeated stress can weaken a plant to the point of no return.

As mentioned earlier, stress can also expose your plants to more disease or pest issues.

No plant can survive with consistently dry soil conditions.

Smart gardening decisions help our plants survive and thrive through the dry times.

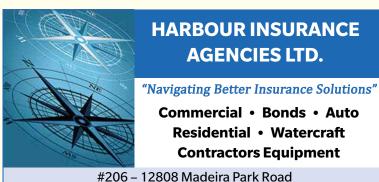
Happy gardening.

Pender Harbour resident Angela Stearns is the owner of The Botanical Concierge. She provides garden consultation, design and maintenance, while helping people gain confidence in their garden. An avid lover of all things plant related, she's a Red Seal landscape horticulturist, ISA certified arborist and has a degree in natural science.

April 2023

Look here first.

The Harbour Spiel Business Directory has long been your best bet for sourcing services from trusted community members.



#206 – 12808 Madeira Park Road 604-883-2794 • harbour insurance@dccnet.com







ACCOMMODATION

- Pender Harbour Resort and Marina.....(604) 883-2424
- Sunshine Villa B&B.....(604) 883-2992

ACCOUNTING & BOOKKEEPING

- Crowe MacKay LLP.....(604) 697-9271
- Ocean Breeze Accounting.....(604) 885-0366

AUTO REPAIRS & SERVICE

- Pender Harbour Automotive and Tire.....(604) 883-3646
- Pender Harbour Diesel.....(604) 883-2616

B

BACKHOE

• Glenn's Backhoe Services.....(604) 883-2840

BUILDING SUPPLIES

- Coast Builders RONA Madeira Park.....(604) 883-9551
- Coast Builders RONA Sechelt.....(604) 885-5818
- Gibsons Building Supplies.....(604) 885-7121



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- Gravel
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C.....

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D

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- Triple B's Burger Stand.....(604) 883-9655

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• Malaspina Door And Gate(604) 590-4300

E

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F

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G

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• Bathgate General Store, Resort & Marina.....(604) 883-2222

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H

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I

INSURANCE

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L

LAWYER

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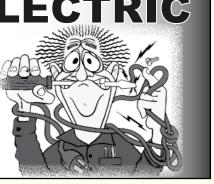
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At least 45 students and eight staff went on the trip which included this dinner at Whistler's Old Spaghetti Factory.

According to PHSS principal Chris Lekakis, the skiers and snowboarders received beautiful sunny days with five centimetres of fresh snow on the first night after they arrived.

Page 18 Harbour Spiel



Though non-skiers on the trip were kept busy taking in attractions like the Audain Art Museum and going on nature hikes and team building activities like the Escape Rooms, all students stopped for a tour of the Squamish Lil'wat Cultural Centre on the way up to Whistler to learn about the local history and culture.

M

MOBILE MECHANIC

Mobile Mechanic Auto and Marine (Dave).....(604) 741-2286

MOORAGE

• Pender Harbour Resort and Marina.....(604) 883-2424

P

PEST CONTROL

• VIP Pest Control Ltd.....(604) 537-4715

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- Tyee Pacific Marine Operations.....(604) 399-8688

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- Eaves to Earth Property Maintenance.....(604) 740-5499

R

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- Dave Milligan, Re/Max Oceanview Realty.....(604) 741-7373
- Joel O'Reilly PREC, Royal LePage Sussex...(604) 741-1837

R

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 www.penderrecycling.ca

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• Sladey Timber.....(604) 883-2435

S

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- SunCoast Waterworks.....(604) 885-6127

STORAGE

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T

TREE SERVICE

- Parker's Tree Services.....(604) 740-7927
- Pender Harbour Tree Service.....(604) 989-3624

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Sunday ♥ April 9 ♥ 9am to 1pm

The Pender Harbour Lions Club also host a community-sponsored Easter egg hunt at 12 noon at the Pender Harbour Lions Park!

Serving pancakes, eggs, sausages and bacon with coffee, tea and juice.

Indoor & outdoor seating, gluten-free available.



V

VETERINARIAN

Madeira Park Veterinary Hospital Ltd.....(604) 883-2488

W

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Pacific Pumps and Water Systems.....(604) 885-7867

WATER TREATMENT, PURIFICATION/WELLS

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Dr. Jackie Ordronneau, DVM

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Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



April	1 Δ Μ	2AM	3AM	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11 A M	Noon	1PM	2PM	3РМ	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM
Sat 01	10.1					=						10.6						=	8.0			5.6		
Sun 02						14.0						=						11.1		8.1	6.7		5.8	
Mon 03	7.9	9.8	11.6	13.2	14.0	14.1	13.4	12.1	10.6	9.3	8.6	8.5	9.2	10.3	11.5	12.4	12.8	12.4	11.2	9.7	8.0	6.8	6.1	6.3
Tue 04	7.3	9.0	10.9	12.7	13.8	14.2	13.6	12.3	10.7	9.0	7.9	7.4	7.9	9.0	10.5	11.9	12.9	13.2	12.6	11.3	9.7	8.1	6.9	6.6
Wed 05	7.2	8.5	10.3	12.2	13.6	14.2	13.9	12.7	10.9	9.0	7.4	6.5	6.5	7.4	9.0	10.8	12.5	13.4	13.6	12.8	11.4	9.7	8.2	7.4
Thu 06	7.4	8.3	9.8	11.6	13.2	14.1	14.1	13.1	11.4	9.2	7.2	5.8	5.4	5.9	7.3	9.3	11.4	13.0	13.9	13.9	12.9	11.5	9.9	8.6
Fri 07	8.1	8.4	9.5	11.1	12.7	13.8	14.2	13.5	11.9	9.7	7.5	5.6	4.6	4.6	5.6	7.5	9.7	12.0	13.6	14.4	14.1	13.1	11.7	10.2
Sat 08	9.2	9.0	9.5	10.8	12.2	13.5	14.1	13.8	12.5	10.4	8.1	5.9	4.3	3.7	4.1	5.6	7.8	10.2	12.5	14.0	14.6	14.3	13.3	12.0
Sun 09	10.7	10.0	10.0	10.7	11.9	13.0	13.8	13.9	13.0	11.2	9.0	6.6	4.6	3.4	3.2	4.0	5.7	8.1	10.6	12.8	14.3	14.8	14.4	13.5
Mon 10	12.3	11.3	10.8	11.0	11.7	12.6	13.5	13.8	13.4	12.0	10.0	7.8	5.6	3.9	3.0	3.1	4.1	5.9	8.3	10.7	12.8	14.2	14.7	14.5
						=						=	7.0		3.7	3.0	3.2	4.3	6.1	8.3	10.6	12.7	14.1	14.7
Wed 12						=						=			5.0		3.3	3.5	4.5		8.2			
Thu 13						=						=			6.9	5.4	4.3	3.7	3.8		6.3			
Fri 14						=						=				7.6	6.1	4.9		4.2			8.6	
	12.7					=						\equiv						7.0	5.6	4.8	4.7	5.5	7.1	9.2
Sun 16												10.0						=	7.8	6.4	5.5	5.3	6.2	7.9
Mon 17						14.5				8.0	7.6	8.0						11.9			7.2	6.2		7.2
Tue 18 Wed 19						15.0 15.3				7.4 7.4	6.35.6	4.8						13.4					7.2 8.8	7.3
Thu 20	8.5					15.2						4.0	3.7		6.2			13.9						
Fri 21						14.8						4.3	3.7					11.7						
Sat 22																								
Sun 23						=						=						7.9						
Mon 24						\equiv						\equiv						6.3						
Tue 25						=						=						=			11.2			
Wed 26						=						=						=		7.6	9.4	11.3	13.0	14.1
Thu 27						\equiv						\equiv						5.3	5.7	6.6	8.1	9.8	11.5	13.0
Fri 28	14.0	14.4	14.3	13.8	13.1	12.3	11.6	11.1	10.9	10.9	11.1	11.1	10.8	10.0	9.0	7.9	6.9	6.2	6.0	6.3	7.2	8.6	10.2	11.8
Sat 29	13.2	14.0	14.3	14.0	13.3	12.4	11.4	10.6	10.1	10.1	10.4	10.8	11.0	11.0	10.5	9.6	8.5	7.5	6.8	6.5	6.8	7.7	9.1	10.8
Sun 30	12.3	13.5	14.1	14.1	13.5	12.5	11.3	10.1	9.3	9.1	9.3	9.9	10.7	11.2	11.4	11.1	10.2	9.2	8.1	7.3	7.0	7.4	8.4	9.9

Carole Joanne Fraser NOVEMBER 4, 1950 — FEBRUARY 27, 2023



Carole Joanne Fraser died peacefully on Feb. 27 at Sechelt Hospital with her family by her side.

She is survived by her husband of almost 52 years, Don, her children, Ian and Allison (Michael), her three grandsons, Kaleb, Griffin and Silas, and her siblings Gordon (Darlene), Diane (Dan), Rodney (Candace), and Kenneth (Sharleen), numerous nieces and nephews, as well as countless friends who were more like her family.

She is predeceased by her parents, Henry and Christina Halvorsen.
Fraser was born in Vancouver

and grew up in North Burnaby.

She met the love of her life, Don, and they were married in 1971.

Together, they started two of their greatest projects — their family and their company, Northwest Landscape and Stone Supply.

As the years went by, their business expanded, and so did their family.

Fraser was a devoted and attentive mother and was immensely proud of her two children and her grand children.

Eventually, the couple left Burnaby to become full-time residents of Pender Harbour; this was a dream realized for her.

She was an avid golfer and member of the Pender Harbour Golf Club and could be found on the course almost daily when she could.

She loved the wildlife on the shores, often spending time watching otters play and eagles swoop through the skies.

Fraser was a social creature, and cherished her friendships as though they were her family.

In the late 1960s and early 1970s, she played the tenor drum in the Vancouver Ladies Pipe Band.

She carried many fond memories of her time and travels with her band friends.

She loved her community in Pender Harbour, spending warm summer evenings at barbecues with friends and neighbours.

She and Don frequently travelled — trekking over numerous countries, and meeting various people.

While she enjoyed exploring new places —New Zealand and France being favourites — Fraser was always happy to return to her family and her home.

Carole Fraser was a strong and positive woman.

This was most evident during the last few years of her life, as she faced a number of health challenges.

She took life on with courage and determination, and never failed to greet her grandchildren with enthusiasm and warmth.

Her family would like to extend their gratitude to the wonderful caregivers who supported her and the incredible staff at the Pender Harbour Health Centre.

In lieu of flowers, her family asks you to consider a donation to the Pender Harbour Health Centre.

OBITUARIES: The Harbour Spiel publishes obituaries without charge as a longstanding effort to recognize and record the lives of those who lived in Pender Harbour and Egmont. Submissions must be timely, include the dates of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.



Sunday April 23 2pm

Pianist Meagan Milatz and violinist Amy Hillis place European classical masterworks beside contemporary Canadian compositions.

PENDER HARBOUR SCHOOL OF MUSIC

TICKETS \$30 @ www.penderharbourmusic.ca, Harbour Insurance or Strait Music (Sechelt)

DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1. 9:28 AM -M. 2:20 PM +S
- 2. 10:01 AM -M, 3:06 PM +M
- 3. 10:32 AM -L, 3:49 PM +L
- 4. 11:00 AM -L, 4:32 PM +L
- 5. 11:25 AM -L, 5:17 PM +L
- 6. 11:47 AM -L, 6:10 PM +XL
- 7. 12:09 PM -XL, 6:56 PM +XL
- 8. 12:32 PM -XL
- 9. 12:28 PM -XL
- 10. 1:01 PM -XL
- 11. 7:49 AM +M, 1:51 PM -XL
- 12. 8:45 AM +S, 3:15 PM -XL
- 13. 10:03 AM +S, 4:41 PM -L
- 14. 11:50 AM +S, 5:57 PM -L
- 15. 8:29 AM -M, 1:15 PM +S
- 16. 9:14 AM -L, 2:18 PM +M
- 17. 10:03 AM -L, 3:23 PM +L
- 18. 10:42 AM -L, 4:20 PM +XL
- 19. 11:17 AM -XL, 5:14 PM +XL
- 20. 11:49 AM -XL, 6:07 PM +XL
- 21. 12:16 PM -XL, 6:57 PM +XL
- 22. 12:54 PM -XL, 7:47 PM +XL
- 23. 1:21 PM -XL
- 24. 6:45 AM +M, 1:52 PM -L
- 25. 7:24 AM +S, 2:31 PM -L
- 26. 3:24 PM -L
- 27. 9:19 AM -S, 4:23 PM -L
- 28. 11:55 AM -S, 5:25 PM -M
- 29. 7:59 AM -M, 6:26 PM -M
- 30. 8:38 AM -M, 2:07 PM +S

These are estimates only and not intended for navigation.

harbour almanac



CANADIAN BOOKS

52 million

The number of books sold in Canada in 2021.

\$1.12 billion

Total value of books sold in Canada in 2021.

41.3%

In 2021, the market share of "juvenile and young adult" books, the top selling subject in the Canadian book industry.

75%

As of January 2021, 75% of Canadian book purchases were print books.

No. 1

The Subtle Art of Not Giving a F*ck, topped the self-help bestseller list from 2016 until 2020.

-7.7%

At least partially due to COVID, the percentage that total book sales in Canada declined from 2018 to 2020 (driven primarily by a 22% decrease in sales at bookstores).

+23.4%

Internet sales of print books rose 23.4% to \$234.5 million from 2018 to 2020. Ebook sales increased by 31.4% over the same period, to \$226.3 million.

25%

The "industry standard" for author royalties is 25% of net receipts.

66%

Percentage of Canadians who bought ebooks from Amazon in the last 12 months.

~ BookNet Canada, Statistics Canada, Review Moose

APRIL WEATHER

TEMPERATURES, MERRY ISLAND

Our average daily high temperature in April is 12.1 C and our average daily low is 6.5 C, giving us a mean daily temperature of 9.3 C. The highest April temperature recorded is 20.7 C (April 27, 1972); the lowest is -1.1 C (April 3, 1975).

PRECIPITATION, MERRY ISLAND

April has an average of 190.8 hours of bright sunshine and 13 days with measurable rainfall. April averages a total monthly rainfall of 66 mm and a total monthly snowfall of 0.3 cm. The highest April daily rainfall on record is 31.8 mm (April 27, 1962); the highest April daily snowfall on record is 5.1 cm (April 3, 1975).

APRIL ASTROLOGY



ARIES: MARCH 21 - APRIL 19

Aries is a male sign dominant in nature and is ruled by Mars. People born under this sign are very fast in executing tasks. They are highly disciplined and punctual

in nature. This month, Jupiter will be in your first house with Rahu and that means expenses will outpace your income. But not to worry. Saturn will soon arrive and evict Rahu out of your first house to ease the unwelcome financial volatility. Rahu will also scare away romantic targets until at least April 21. During this time, self-pleasure.



TAURUS: APRIL 19 - MAY 20

Taureans are seekers of peace and stability. Although unambitious, they are happy to be the powerhouse behind the scenes. They are usually sensible and

blessed with a healthy dose of cynicism. April will be a time of upheaval for the Taurean. Your health will feel like it is declining. Do not worry — it will only feel that way because of the presence of Rahu in your 12th house. The stress-related discomfort shall pass. Fortunately, almond milk will help with this.

BC BESTSELLERS

For the week ending March 18, 2023

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. Oolichan Moon by
- Samantha Beynon, illus. by Lucy BC's Fraser River in 1858 Trimble (Harbour Publishing)
- 2. Cold Case BC: The Stories Behind the Province's Most Sensational Murder Cases by Eve Lazarus (Arsenal Pulp Press)
- 3. Snorkelling Adventures Around Vancouver Island and the Gulf Islands by Sara Ellison Publishers) (Harbour Publishing)
- 4. Incredible Crossings by Derek Hayes (Harbour Publishing)
- 5. Return to Solitude: More **Desolation Sound Adventures** by Grant Lawrence (Harbour Publishing)

- 6. Gold, Grit, Guns: Miners on by Alexander Globe (Ronsdale
- 7. Alone in the Great **Unknown** by Caroll Simpson (Harbour Publishing)
- 8. Weird Rules to Follow by Kim Spencer (Orca Book
- 9. Be a Good Ancestor by Leona Prince & Gabrielle Prince, illustrated by Carla Joseph (Orca Book Publishers)
- 10. Still This Love Goes On by Buffy Sainte-Marie, illustrated by Julie Flett (Greystone Books)

APRIL BIRTHDAYS

- April 2 ~ Elizabeth Buhlert and Desiree Leech.
- April 3 ~ Jamison Warner and Sandi Whelan
- April 4 ~ Frank Roosen Jr., Mike Legge and Bev Thompson.
- April 5 ~ Doug Silvey and Breanna Clay.
- April 6 ~ Mike Bathgate and Ursula Dornbierer.
- April 8 ~ Andrea Clerx and Gloria Fritz.
- April 9 ~ Laurie Saunders.
- April 10 ~ April Charlton.
- April 11 ~ Mackenzie Sutherland.
- April 12 ~ Irene Doerksen, Matthew Phillips and Tilley Dougan.
- April 13 ~ Bonnie Lindsay, Geoff Warner, Billy Petraschuk and Don Priest.
- April 14 ~ Dan Leech and Ann Landry.
- April 15 ~ Teresa Sladey and Cathy Collins.
- April 17 ~ Sheila McCann and Carly Campbell.
- April 18 ~ Russ Foster, Talon Mclean, Howard White, David Brimacomb, Kalen Zayshley and Ron Calvert.
- April 19 ~ John Field.
- April 20 ~ **Katie Tenbroek.**
- April 23 ~ Kathy Morant, Sue Richardson, Heidi Vaughan and Jordan Kammerle.
- April 24 ~ Len Silvey and Alex Dore.
- April 25 ~ Zena Lanteigne, Samantha Stewart and Dietta Edwardson.
- April 26 ~ Teyjah Xaveress and Blake Campbell.
- April 28 ~ Jeanette Penson.
- April 29 ~ Ruth Langton.
- April 30 ~ Cathy Gudbranson, Kasey & Kelly Smith, Marie Reid, Hazel Higgins, "Prawntrap" Patty Jackson, Bill Sutherland, Jeff Wilbee and Ava Young.

~ Association of Book Publishers of BC





Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

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Darlene Fowlie – Hygienist

Monika Miller – Hygienist

Rosa Seda – Hygienist

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• Monday (alternate), Wednesday, Saturday, Sunday

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Dr. Colin Sutton

• By appointment only

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Dr. Ali Manavi, Coastline Health and Performance Chiropractors

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Haida Bolton - Program Coordinator

Helping Seniors Remain Independent

• Email: betterathome@penderharbourhealth.com



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS: Meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

DIABETES & DIETICIAN MANAGEMENT PROGRAM: Weekly on Thursdays ~ call to book an appointment CHRONIC DISEASE MANAGEMENT PROGRAM: Weekly on Wednesdays ~ call to book an appointment.

ADULT DAY PROGRAM: Dementia Care-Giver Support Group. Call (604) 883-2764.

First-class health care for the people of the Pender Harbour area.

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Cocaine and crack cocaine

Compiled by Pender Harbour Health Centre nursing staff

Cocaine is a drug extracted from the leaves of the coca plant.

It is a potent brain stimulant and one of the most powerfully addictive drugs.

Cocaine is distributed on the street in two main forms: cocaine hydrochloride and crack cocaine.

DESCRIPTION

Cocaine hydrochloride is a fine powder often diluted with sugar, cornstarch or talcum powder.

This form of the drug is usually snorted or dissolved in water and injected.

Crack, the chunk or rock form of cocaine, is a smokable freebase form of cocaine which is made by adding baking soda to a cocaine solution and allowing the mixture to dry.

EFFECTS

The intensity of cocaine depends on the dose and rate of entry to the brain.

Cocaine reaches the brain through the snorting method in three to five minutes.

Intravenous injection of cocaine produces a rush in 15 to 30 seconds, and smoking produces an almost immediate intense experience.

However, the faster the absorption, the shorter the high lasts.

The high from snorting may last 15 to 30 minutes, while that from smoking may last five to 10 minutes.

Once the drug leaves the brain, the user experiences a "coke crash" that includes depression, irritability, and fatigue.

To avoid withdrawal, repeated frequent doses are taken.



Long term effects of high doses of cocaine can trigger paranoia.

Smoking crack cocaine can produce particularly aggressive paranoid behaviour in users.

When addicted individuals stop using cocaine, they often become depressed.

Prolonged cocaine snorting can result in ulceration of the mucous membrane of the nose.

Injectable cocaine users are at risk for infections such as hepatitis and HIV.

There is some evidence that people who use cocaine may participate in HIV- related risky behaviours, such as sharing needles and unprotected sex, more often than people who inject other drugs.

Nasal blood found on straws used for inhaling cocaine can carry hepatitis C and be a source of infection.

DETOX

Cocaine detoxification usually involves the user suffering a crash which is marked by irritability, sleepiness and anxiety.

Typically, the detox involves plenty of rest and a return to a regular

meal schedule.

Clients are typically underweight and dehydrated due to neglect from an extended period of preoccupation with cocaine.

If you or someone in your family is suffering, please know that you are not alone and that there is help available on the Sunshine Coast.

Contact the Pender Harbour Health Centre or your family doctor for more information.





Peninsula Times

Old Style beer ad, Peninsula Times (May 15, 1974)

The Peninsula Times changed hands a number of times during the time it was published on the Sunshine Coast between 1963 and 1979.

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P. H. Wildlife Society presents 'Living with our Coast bears'

submitted

A timely topic, the Pender Harbour Wildlife Society hosts a Zoom presentation "Living with our Coast Bears," on Tuesday, April 18.

Guest speakers Diane Henley and Irina Fox of the Sunshine Coast Bear Alliance Society will start the presentation at 7 p.m.

The presentation will focus on learning to live safely and respectfully with our Coast bears and includes bear behaviours, myths and misconceptions, recreating in bear country, managing garbage and attractants and being bear aware around your home.

Henley is a retired veterinary assistant and registered nurse.

She is one of the founding members, along with Irina Fox, of the Sunshine Coast Bear Alliance Society and it is Henley's hope that by "replacing fear with knowledge," a safe and respectful coexistence between humans and resident bears can be created within our Coast community.

Fox became a dedicated animal activist in 2012 after watching a documentary exposing animal cruelty at factory farms.



Brian Lee

A Beaver Island black bear.

She has volunteered for many organizations including Mercy For Animals, Fur-Bearer's Defenders, and Vancouver Humane Society.

After moving to the Sunshine Coast she co-founded Sunshine Coast Bear Alliance Society with Henley in 2019 and now runs a home business and volunteers at the alliance.

The Sunshine Coast Bear Alliance Society aims to educate our community (residents and visitors) about co-existing with our resident bears.

The education program appears

at local markets, doing door to door educational canvassing, providing online and in-person presentations, and collaborating with local governments to work towards being a community that is bear aware.

Email *info@penderharbourwild-life.com* for a link to the presentation.

seals



Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A Harbour Seal of Approval to **Supermom Julie Roth** for cooking all of our hot lunches this month at PHSS.

And to our generous sponsors Katrina Bishop, Kathie Tweedie and Al Catteau, Haida Bolton, and Wall 2 Wall Carpet and Flooring.

Anne Pino PHSS PAC A MEGA Harbour Seal of thanks to the **Pender Harbour Rotary Club** for honouring us with the Paul Harris Fellow award.

We feel that all the Rotarians deserve it for putting into practice their motto "Service before Self."

Merci beaucoup.

Ann and Patrick Munro







PENDER HARBOUR SENIORS INITIATIVE

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HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION,

CALL MARLENE: (604) 883-9900

Seniors Activities for April!

VOLUNTEER APPRECIATION AFTERNOOON: Wednesday, April 19

At the Pender Harbour Community Hall from 2 to 4 p.m. All volunteers are invited to drop in and see all the displays recognizing the volunteers in our community and enjoy a piece of cake and refreshment.

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1 pm In the Pender Harbour Community Hall. Lunch will be served at 12pm. The cost will be \$10 per person.

April 6 - Bone Health 101 with Dale Sherman via Zoom.

April 13 – Discussion (bring a topic).

April 20 – Healthy Eating as We Age with Dianne Paulus, dietician.

April 27 – Music with Nancy & Ken Johnson.

CARPET BOWLING: Wednesdays, April 5, 12 & 26

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

CHAIR YOGA: Mondays & Fridays, April 3, 14, 17, 21, 24 and 28

At the Pender Harbour Community Hall 11am –12pm. Cost: \$3 Improve your balance, strength & flexibility with gentle moves. Welcome back Carole Logtenberg!

Harbour Spiel



PENDER HARBOUR COMMUNITY SCHOOL

HARBOUR LEARNING CENTRE HOURS: Tuesday to Friday 9am to 3pm

5012 Gonzales Road Box 232 Madeira Park, V0N 2H0

604.883.2826 phcs@dccnet.com www.pendercommunity.ca

This month at the Pender Harbour Community School:

VOLUNTEER TAX ASSISTANCE

Mondays 9:30am-1pm at PHCS.

Call Harry at 604-741-5132 for an appointment, if you are eligible he will help you with your income tax return.

FACE PAINTING with CARLA

Tuesdays 3:30-5pm - April 4, 11, 18 & May 2, 9, 16 at PHSS, \$80

Students will learn face painting and have an opportunity to practice their skills at April Tools and to work as paid facepainters at Mayday!

COOKING with CHEF STEVE (menu TBA) Thursday, April 20, 6-8pm, at PHSS, \$50

Chef Steve from the WCWL is back with his popular Cooking Class.

Call to find out what he will be teaching and to register 604-883-2826. Space is limited



PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool hot tub, sauna, gym & weight room

On lower level of PH Secondary School:

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www.scrd.ca/myrecreation

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www.scrd.ca/pender-harbour-aquatic-fitness-centre
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WE ALSO OFFER DROP-IN FITNESS CLASSES.

- Mix It Up on Thursdays at 8:45am
- Older Adult Keep Fit: Land Meets Water on Tuesdays & Thursdays at 10:30am

Please check online for current schedules of all drop-in classes.

Use your MYPASS or pay drop-in admission.

REGISTER FOR SPRING PROGRAMS!

- Online www.scrd.ca/myrecreation
- By phone: 604-885-6801
- In person

We look forward to seeing you!

We invite you to subscribe to our Recreation Newsletter at

www.scrd.ca/Newsletter-Signup

Follow us on facebook:

www.facebook.com/Pender-Harbour-Aquatic-and-Fitness-Centre-206667126014598

photojournal



Jaeson Olnyk

A small herd of Roosevelt elk has been making downtown Garden Bay residents nervous recently. Though the news that elk have discovered Garden Bay will no doubt please many Kleindaliens who have been plagued with them for years, North Shore gardeners are anxious. Concerned residents can contact the Conservation Officer Service hotline at 1-877-952-7277.



photojournal



submitted

Another cheque from sales at the Bargain Barn in Madeira Park was recently handed over to the Pender Harbour Health Centre. This time, the cheque was for \$10,000 from funds raised by sales at the Bargain Barn during October, November and December 2022. Pictured (I-r): Katie Ayers (nurse), Ileana McBain (Bargain Barn president) and Susann Richter (PHHC chief operating officer).

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PENDER HARBOUR LIVING HERITAGE SOCIETY

The Pender Harbour Living Heritage Society has been working for years collecting and archiving local history and they have now set their sights on compiling a complete collection of Pender Harbour Secondary School vearbooks.

They welcome contributions of the following years — 2022-2019, 2017, 2014, 2012, 2011, 2005, 2004, 2002, 1995, 1989, 1980, 1979, 1978, 1977-1973 and 1965.



P. H. READING CENTRE

Join the Pender Harbour Reading Centre for the 2023 annual general meeting and launch of their second annual Books 'n Blooms Garden Tour fundraiser on Monday, April 17 at 2 p.m. at the P. H. School of Music in Madeira Park. Refreshments will be served along with a fun free raffle. All those interested in the Reading Centre are invited to come and have input on the its future.

P. H. MUSIC SOCIETY

Pender Harbour School of Music monthly Coffee House is please to present Katrina and Stella Bishop, Michelle Morand and Sean Peters on Friday, April 14. Doors open at 7 p.m. with music starting at 7:30 p.m. There is a \$10 suggested donation at the door for admission.

PENDER HARBOUR GARDEN CLUB

Set yourself up for success this planting season by attending the P. H. Garden Club presentation on April 24 at the Pender Harbour School of Music at 1 p.m. The guest speaker will be Veronica Alice Havill, a certified soil food web lab technician. Come learn about the soil food web and its micro-organisms, soil structure and organic matter, nutrient cycling and how it will help your plants.

Havill is a lifelong food, herb and flower gardener. She operates a mobile lab and is available for on site bookings. Havill also assists backyard gardeners who are working with or wanting to transition into the living system nature provided. There is a \$15 annual membership or \$5 drop-in.

PENDER HARBOUR WOMEN'S CONNECTION

The PHWC gathering on April 11 will feature Barbara McAllister's healing practice of sound bath therapy.

This includes instruments such as Himalayan bowls, crystal bowls, gongs, chimes and numerous other vibrational instruments. The intention of this healing practice is to assist individuals with balancing the autonomic nervous system, releasing congested energies and bringing about a state of deep relaxation.

The PHWC is hosting a community update meeting April 25 featuring Christine Alexander, SCRD, Les Falk, Area A Senior Housing and the Campbell House at Lily Lake Village, Haida Bolton, Better at Home Programme, and Michael Jackson, PODS.

Each speaker will have 15 minutes to speak to their area of interest. Following a refreshment break there will be a short question period. We extend an invitation to our spouses and friends to join us and learn the latest in what's happening in our community.

PENDER HARBOUR, APRIL 29, 2023!

It's the 20th (mostly) annual

WOODEN BOAT CHALLENGE LOTS AND LOTS OF FREE ACTIVITIES FOR KIDS!

Has your team got what it takes to build a boat in three hours with materials provided, race it round a short, marked course without sinking, and do it faster than anyone else? Then you could win \$700 (2nd place \$400, 3rd \$250).

Get a 4-person team together and challenge your friends or co-workers to do the same.

Entry fee is \$200 (or just \$180 if you register before April 1stl); for that you get a materials package and a t-shirt for each team member.

- Seafarer Millennium Park, Saturday, April 29, 2023.
- New construction "twist" and materials revealed at 10:00 am
- Construction between 11:00 am and 2:00 pm.
- Youth race starts at 2:00 pm, adult race follows at

 Mini boat building, face painting, and more free crafts for kids. Try paddling or rowing a CLASSIC WOODEN BOAT in the Harbour for FREE!

FOR A REGISTRATION PACKAGE CALL

604-883-0539 The Pender Harbour April Tools Wooden Boat Challenge is a project of the **Pender Harbour Living Heritage Society** Visit our website: www.apriltools.ca











eastlink community TV

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

APRIL

Sat. April 1......Big ham and turkey meat draw and pie auction - Royal Canadian Legion No. 112, 3 p.m.

Sun. April 2.......P. H. Music Society presents The Slocan Ramblers - P. H. School of Music, 3:30 p.m.

Mon. April 3......Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Wed. April 5.....Share Shed at P. H. transfer station reopens Wed. to Sat., 10 a.m. to 2 p.m.

Thurs. April 6.....SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. April 6.....Harbourside Friendships seniors' drop-in (bone health) - P. H. Community Hall, 10:30 a.m.

Thurs. April 6.....SCRD regular board meeting - SCRD boardroom, 2 p.m.

Sat. April 8.......No Longhairs book launch - Gibsons Public Library, 2 p.m.

Sun. April 9......P. H. Lions' Pancake Breakfast and Easter Egg Hunt - P. H. Lions Park, 9 a.m. to 1 p.m.

Tues. April 11.....P. H. Women's Connection (Barbara McAllister) - P. H. School of Music, 9:30 a.m.

Thurs. April 13...Harbourside Friendships seniors' drop-in (discussion) - P. H. Community Hall, 10:30 a.m.

Fri. April 14......P. H. School of Music Coffee House - P. H. School of Music, doors at 7 p.m.

Mon. April 17.....Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Mon. April 17.....2nd annual Books 'n Blooms Garden Tour fundraiser - P. H. School of Music, 2 p.m.

Tues. April 18.....P. H. Wildlife Society presents "Living with our Coast Bears" - via Zoom, 7 p.m.

Wed. April 19.....Volunteer appreciation tea - P. H. Community hall, 2 p.m.

Thurs. April 20....SCRD electoral services committee meeting - SCRD boardroom, 9:30 a.m.

Thurs. April 20....SCRD finance committee meeting - SCRD boardroom, 9:30 a.m.

Thurs. April 20....Harbourside Friendships seniors' drop-in (healthy eating) - P. H. Community Hall, 10:30 a.m.

Thurs. April 20....Cooking with Steve - P. H. Community School, 6 p.m.

Sun. April 23..... P. H. Music Society presents Megan and Amy - P. H. School of Music, 2 p.m.

Mon. April 24.....P. H. Garden Club presents Veronica Alice Havill - P. H. School of Music, 1 p.m.

Tues. April 25.....P. H. Women's Connection (community update) - P. H. School of Music, 9:30 a.m.

Wed. April 26.....Quiz Night at the Legion hosted by PHARA - Royal Canadian Legion No. 112, 6:30 p.m.

Thurs. April 27.....SCRD committee of the whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. April 27.....Harbourside Friendships seniors' drop-in (music) - P. H. Community Hall, 10:30 a.m.

Thurs. April 27.....SCRD regular board meeting - SCRD boardroom, 2 p.m.

Sat. April 29.......20th April Tools Wooden Boatbuilding Challenge - Madeira Park gov't wharf, 10 a.m.

Sat. April 29.......P. H. Community Hall plant and garden sale - P. H. Community Hall, 10 a.m. to 3 p.m.

Sat. April 29.......Giant Garage Sale - Royal Canadian Legion No. 112, 10 a.m. to 2 p.m.

Harbour Spiel Trivia Answers:

1. b

2. a

3. d

4. b

5. c

6. d



FERRY DEPARTURES

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.

Service schedules change regularly, visit **www.bcferries.com** for current schedules.

"By the time you swear you're his, Shivering and sighing. And he vows his passion is, Infinite, undying. Lady make note of this — one of you is lying."

~ Dorothy Parker

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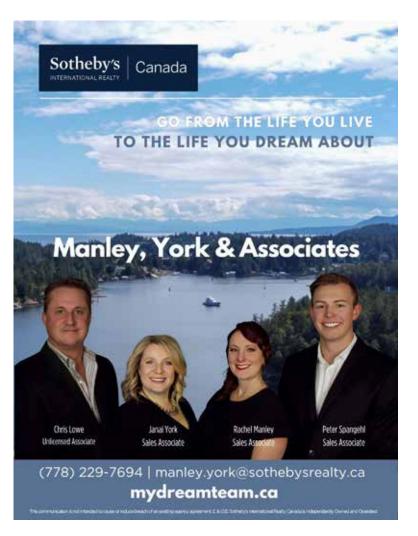
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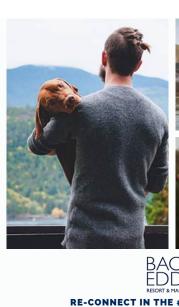
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Pender Harbour Dental

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Pender Harbour Health Centre

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www.penderharbourdental.com