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HARBOUR SPIEL

April 2019
Issue 340





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EDITOR

Brian Lee

CIRCULATION (2,500)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the *Harbour Spiel* (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

CONTRIBUTORS

This month we thank: Michelle Evelyn, Caron Hawrychuk, Leonard Lee, Robert Livingston and Shane McCune.

COVER

Two common mergansers (*mergus merganser*) take advantage of the warmer weather and early season solitude at Garden Bay Lake on March 18. (Brian Lee photo)

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Next issue arrives May 2

editorial

Local herring crews assaulted by misinformation



Brian Lee

Regardless of where you sit on recent controversies surrounding the Strait of Georgia herring fishery, one thing is clear — fishermen have been treated unfairly.

I could find much in common with some of the conservation groups protesting the fishery if they just didn't lie so much.

In a recent article in the *Tyee*, Ian Gill's intent to paint the fishery as a reckless orgy of greed is clear from its title — *BC's Herring War, and the Sacrifice of the Salish Sea: On Hornby, witnessing the precautionary principle thrown overboard*.

Fisheries and Oceans Canada scientists are consistent in their assurance that a 20-per-cent harvest of this particular herring stock is sustainable.

Despite that, former journalist turned NGO shill Gill confidently opens his opinion piece with, "When the herring finally disappear, we'll have only ourselves to blame."

He goes on to portray fishermen as emotional louts and conservationists like Ian McAllister as thoughtful and brave crusaders for ecojustice.

If Gill had sat down with fishermen, he might have learned what people like McAllister leave out.

From Gill's *Tyee* article:

"And so this year, while all that science-based management has led to the closure of commercial fisheries in four other major areas of the coast — Haida Gwaii, Prince Rupert, the central coast and the west coast of Vancouver Island — the minister took the advice of his boffins and approved the extraction of 21,493 tonnes of herring in the Strait of Georgia."

Here, Gill parrots a frequent talking point of McAllister's — but it's not exactly true.

Two of the four areas, the central coast and west coast of Vancouver Island, are closed not because "herring populations have crashed," as McAllister's Pacific Wild group claims, but because First Nations in those areas seek control of the harvest.

From "DFO shuts down fishery, citing First Nations reconciliation," (*Vancouver Sun*, March 3, 2018):

"Fisheries and Oceans Canada (DFO) has agreed to cancel this year's commercial roe herring fishery on B.C.'s central coast, citing the federal government's commitment to reconciliation with First Nations."

It's unclear what size of commercial harvest either of the stocks could support but it's not a consideration amid ongoing First Nations issues.

Fishermen rightly feel victimized by this hostile publicity machine.

"Fishing" is often prefixed with "industrial" or "corporate" to give the impression that BC's fish harvesters aren't real people, just robots run by Jimmy Pattison.

That commercial fishing is vital to dozens of coastal communities like ours is an inconvenient detail.

Pender Harbour herring fishermen hold about seven per cent of gillnet licenses in the recent fishery (Canfisco holds 12 per cent) and about 30 people from here take part in it.

Last year, full crew-shares topped \$15,000 while gross earnings from the 85 locally owned licences approached \$1.5 million.

One licence-holder told me he estimates the fleet spends about \$50,000 dollars locally before each season on groceries and gear maintenance alone.

If this fishery is doomed, our best science tells us it won't be from over-fishing but from public perception.

And thanks to the slick and well-funded anti-fishing movement, those perceptions will be misinformed.

P. H. LIONS PANCAKE BREAKFAST: Sunday, April 21, 9 a.m. to 1 p.m.

Come out and celebrate Easter with family and friends at the annual LaFarge-sponsored pancake breakfast and Easter egg hunt at the Pender Harbour Lions Park in Kleindale. The Easter egg hunt starts at noon and breakfast will be served until 1 p.m.

18TH ANNUAL APRIL TOOLS WOODEN BOAT CHALLENGE: Sat. April 27, 10 a.m.

In the unofficial end to winter, competitors find out what design or material challenges will be thrown at them by 10 a.m. Boat-building begins at 11 a.m. and stops abruptly at 2 p.m. Then the races begin. There will be wet people, food, things to do for the kids, heritage displays and everyone you know. A fun time not to be missed.

P. H. MUSIC SOCIETY PRESENTS THE KWERKS: Sunday, April 28, 2 p.m.

Backed by a dynamic band, vocalists Laura and Ryan Koch mix equal helpings of folk and bluegrass with a large dollop of pop-rock to create The Kwerks. Voted by their fierce fan base as one of Canada's top 10 bands in CBC's 2018 Searchlight Challenge, The Kwerks are pure musical fun. According to Jeff Bonner, "If the Barenaked Ladies were a married couple, they'd be The Kwerks." (This concert replaces the cancelled concert of Linsey Aitken and Ken Campbell.) Tickets are available at www.penderharbourmusic.ca or Harbour Insurance and Strait Music (Sechelt).



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photojournal



submitted

Good news comes to those who wait. MPES student Sydney Curtiss won first prize in the Sunshine Coast Royal Canadian Legion Remembrance Day poster contest, (black and white, junior division). Here Curtiss (m) is presented her hardware by MPES principal Glen Smith and the RCL No.112's Lyn Charlton.



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Water main upgrade construction costing more than anticipated

Due to higher than expected quantities of rock encountered during construction, water main upgrades to the north and south Pender Harbour water systems may cost close to \$100,000 more than originally budgeted.

In March of 2017, the SCRD received funding from the Ministry of Community, Sport and Cultural Development for upgrades to the north and south Pender Harbour water systems.

The \$2.7 million in funding targeted water mains within the North Pender and South Pender water systems that required upgrading “in order to improve fire flows and overall system reliability.”

That figure was evenly split between the north and south Pender Harbour projects with a further \$561,000 budgeted from the SCRD’s capital reserves to complete the projects.

BA Blacktop was awarded the contract for \$2.5 million to do the bulk of the work and construction began in Oct. 2018.

In a March 14 staff report, Remko Rosenboom, general manager of infrastructure services, updated the SCRD’s planning and community development committee about the current state of construction costs.

Rosenboom wrote that “approximately 90 per cent of water main piping has been constructed and installed to date” but workers have encountered “higher than previously confirmed quantities of rock on site which has resulted in a significant amount of additional blasting and ground disturbance than initially planned.”

According to the report, this extra blasting and paving has been required for the western portion of Francis Peninsula Road.



Brian Lee

Water system upgrades in Garden Bay and Francis Peninsula have gone over budget due to ‘higher than previously confirmed quantities of rock.’ The extra time required for blasting, chipping and asphalt patching has pushed costs to almost \$100,000 over budget. Here crews battle bedrock on Francis Peninsula Road on March 18.

Costs for the North Pender Harbour water system work came in lower than anticipated and the budget surplus will be applied to the South Pender Harbour system work.

Despite this transfer, the report indicates a combined budget increase of \$96,640 that will be funded from capital reserves.

It was recommended the contract to BA Blacktop be increased to a maximum allowable amount of \$3.07 million, an overall increase of \$537,466 (including a contingency amount of \$185,000).

The report’s recommendations were carried at the March 14 SCRD board meeting.



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Warnock Road cemetery rejuvenation project nears completion

Two years ago, as Brenda Scoular was taking her dog for its daily walk past the Forest View Cemetery on Warnock Road, it occurred to her that the property was in rough shape.

The fence that once bordered the property had been damaged along its length from years of fallen trees.

As she took a closer look, she found winter storms had downed at least one large fir tree on the property.

She decided she should do something about it.

"It needed some tender loving care," said Scoular.

"So I took it upon myself to start and then I recruited some volunteers."

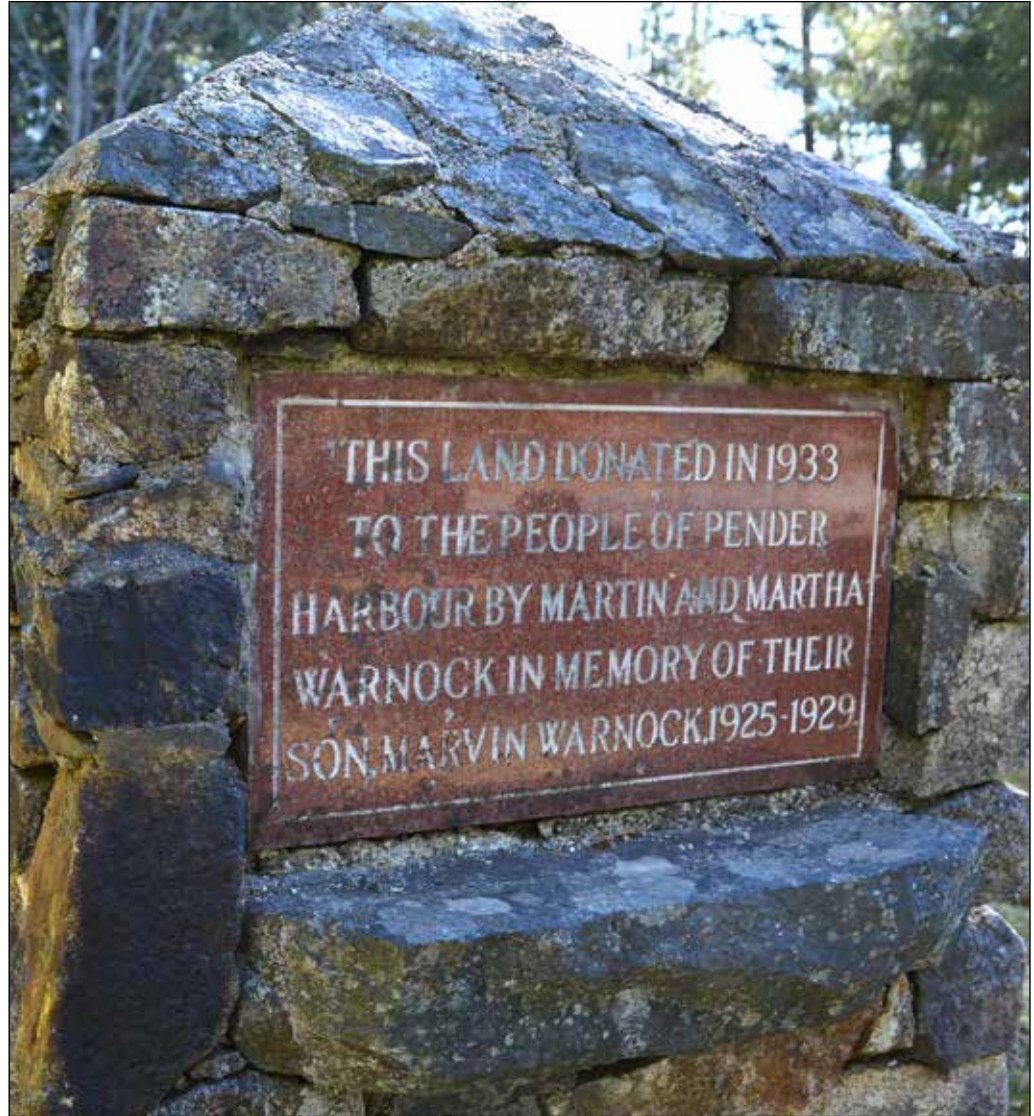
The Forest View cemetery was established in 1933 on land donated by Martin and Martha Warnock.

The Warnocks were the grandparents of Wendy Phillips and for many years, she and her late husband Ron have looked after the maintenance and administration of the one-acre property.

The cemetery has become a family-run labour of love.

According to Scoular, Phillips still manages the details of maintaining the cemetery including the sales of plots — a regular burial plot costs \$300 or \$100 for a cremation plot.

Aside from the odd donation and the Phillips' own contributions, Scoular told the *Harbour Spiel* that these



Brian Lee

A sign in the Forest View Cemetery on Warnock Road.

one-time costs have covered all maintenance costs including mowing.

But they weren't enough to repair the fence and remove the volume of

downed trees ringing the plots, so Scoular started calling neighbours for help.

Soon after, volunteers from the neighbourhood and beyond mobilized to clean up the property and assess the damage.

Now, two years later, the end is in sight.

Scoular said the project received a donation from the Pender Harbour Living Heritage Society which allowed for a survey of the property.

That proved worthwhile when the group discovered some burial

*Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program*



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Wendy (604.883.2514), Anky (604.883.0033) or Linda (604.883.2819).

plots were on road right-of-way bordering the northwest end of the property.

The PHLHS has also assessed and maintained a record of the burial plots — some of which are illegible or host unknown occupants.

Scoular said she has also received a donation from the Rotary Club of Pender Harbour who donated money for tree removal.

On this day, new fencing material lies on the ground, which will soon be installed around some of the property.

Scoular hopes they will eventually be able to fence the entire perimeter

because she is especially concerned about the abrupt cliff at the back of the property.

The bank at the back of the property is eroding and, because the spot might be one of the best public view points on Beaver Island, Scoular is worried a child or a pet could get seriously injured without protective fencing.

As Scoular met with the *Spiel* at the site on March 19, a neighbour pulled up and gave her \$200.

Scoular said the man's son had already pledged to donate a large cedar slab to carry the name of the

cemetery at its entrance.

She said it has been a pattern since she began and many others have pitched in.

Scoular estimates that over \$2,000 has been donated to the effort so far as well as hundreds of volunteer hours put into the clean up.

If all goes well, they hope to complete this phase of the cleanup project later this spring.

Those wanting to get involved with the cleanup and beautification of the cemetery, or who want to donate money towards it, can call Brenda Scoular at (604) 883-9935.

news briefs

BARGAIN BARN HANDS OVER MORE CASH

On Feb. 28, Bargain Barn president Linda Pearson handed a cheque for \$30,000 to the Pender Harbour Health Centre's John Rathbone.

The funds were generated from sales in the Bargain Barn thrift store in Madeira Park.

All sales at the Bargain Barn help fund the Pender Harbour Health Centre.

SD46 ANNOUNCES LEADERSHIP APPOINTMENTS FOR NEXT SCHOOL YEAR

School District 46 recently announced its leadership appointments for the 2019/2020 school year.

The district confirmed that both Glen Smith, principal at Madeira Park Elementary School, and Chris Lekakis, principal at Pender Harbour Secondary School will return to their positions for the next school year.

The district also announced former MPES principal Barry Krangle

will retire at the end of this year.

Krangle has been a teacher in the district for 41 years.

ATTACK OF DANGER BAY 2019 CANCELLED?

Attack of Danger Bay downhill longboard race organizer Bricin Lyons recently announced the cancellation of this year's race on Francis Peninsula.

The race has run for 17 years at Esquire Drive and Murdoch Road and attracts racers from around the world.

Lyons cited drugs and alcohol use at last year's event as the reason for his decision.

"Last year, some of the crowd (were) publicly drinking beer and using the weeds on Carnage Corner," Lyons wrote.

Lyons said it was still possible to save the race and said he is searching for volunteers to make up a "Keep Danger Bay Clean Community Cares" crew in order to help maintain the race as a family event.

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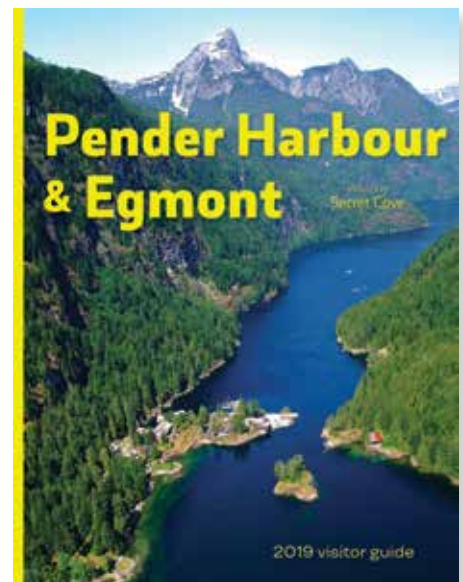
"If the Barenaked Ladies were a married couple, they'd be The Kwerks." (Jeff Bonner)

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- Madeira Park Veterinary Hospital
- Mark Brezer (Royal LePage Sussex)
- Marketplace IGA Madeira Park
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- Pender Harbour Days Maritime Festival
- Pender Harbour Golf Course
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- Pender Harbour Hotel & Marina
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- Pender Harbour Resort & Marina
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- Upper Deck Restaurant
- West Coast Wilderness Lodge



*Produced by the publisher
of the Harbour Spiel*

*Available
April 5!*

Hoping to make local grads' 'dreams come true'

To make sure every female student on the Sunshine Coast feels like Cinderella at her graduation, local hair stylist Jenni Peters has been actively collecting donations of “previously loved gowns and accessories.”

She calls the project “Dreams Come True” and said it came about because she saw few options for shopping for graduation gear on the Sunshine Coast.

“It’s super expensive for just one day,” Peters said.

“I’ve collected 16 donations from different businesses and have about 25 more I’m waiting to hear back from,” said Peters.

“The whole Coast is super excited about it.”

Peters told the *Harbour Spiel* that she has put more than 200 hours into the project so far.

She also has a volunteer crew of approximately 25 people she calls “dream makers” who will be assisting girls one on one at a two-day event this month at Chatelech Secondary School.

“If you add all the volunteers’ hours up — oh my goodness, some are close to 40 hours themselves,” she said.

Peters said she is still looking for more donated dresses, shoes and purses appropriate for grads but her project doesn’t stop there.

Peters is also seeking donations of articles and adventures as prizes for

a grad draw.

She said she is still looking for more hairdressers and makeup artists who are willing to volunteer their time.

“We live in such a throwaway society that I just wanted to help keep things out of our landfill,” she said.

“I thought, why not help boost their confidence and be a part of something way more magical than just the dress.”

Interested grads can check out the selection of gowns and accessories in the main foyer at Chatelech Secondary School between 11 a.m. and 5 p.m. on April 5 and 6.

To donate or help, contact Jenni at (604) 399-9072.

rcmp news

IMPAIRED DRIVING

On March 5 police attended a single-vehicle incident in the 11600-block of Highway 101, Madeira Park, after the driver lost control and drove into a ditch.

The driver, who was exhibiting signs of possible impairment, was given, and failed, a roadside alcohol screening test.

The passenger sustained non-life-threatening injuries and was taken to Sechelt Hospital.

The uninjured driver was issued a 90-day roadside prohibition and his damaged vehicle was impounded for 30 days.

The driver was also issued a ticket for failing to keep right and the matter has been referred to Road Safety BC.

FRAUD

On March 12, a Coast resident reported falling victim to a common fraud after he paid an online computer April 2019

repair company to fix his computer in December 2018, apparently satisfactorily.

This month, the resident received an update from the company advising that the company was going out of business and that they wanted to buy back the software that they had installed on the resident’s computer.

The resident agreed to give the company “staff” remote access to his computer to “remove” the software, and through the resident’s online banking, deposit the buy-back fee.

The scammer then advised the

resident that they’d deposited 100 times the buy back fee in error, and requested the resident refund the excess five-figure sum by wire transfer to a foreign bank.

The resident did as instructed, and then discovered that the funds had actually been transferred by the scammer from his line of credit to his bank account when they had remote access to his bank.

Fortunately, the resident’s bank was able to halt the money transfer so in the end, the resident did not suffer any losses.

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HARBOUR SPIEL

trivia

1. What species of salmon predominantly spawns in Anderson Creek?

- ☐ a. Coho
- ☐ b. Chum
- ☐ c. Sockeye
- ☐ d. Chinook

2. Which of the below never occupied Madeira Park's Bargain Barn building?

- ☐ a. Bank
- ☐ b. Firehall
- ☐ c. Restaurant
- ☐ d. Hardware store

3. Where is Harbour Publishing?

- ☐ a. Gulfview Road
- ☐ b. Rondevue Road
- ☐ c. Sinclair Bay Road
- ☐ d. Merrill Crescent

4. If you drink from the tap in Madeira Park, which lake did the water come from?

- ☐ a. McNeill
- ☐ b. Sakinaw
- ☐ c. Ruby
- ☐ d. Lily

5. Who is the fire chief of the Pender Harbour Volunteer Fire Department?

- ☐ a. Monty Rolston
- ☐ b. Bill Hunsche
- ☐ c. Larry Curtiss
- ☐ d. Don Murray

6. Where is "Hardscratch?"

- ☐ a. Irvines Landing
- ☐ b. Garden Bay
- ☐ c. Francis Peninsula
- ☐ d. Kleindale

Answers: p. 34

Four-plus: **Local**

Two-plus: **Newbie**

Less than two: **Townie**

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Local students pitch in to help build homes for critters

Michelle Evelyn

This past fall, students from Madeira Park Elementary School helped the Sunshine Coast Wildlife Project to improve habitat for wildlife.

Students pitched in to help build duck nest boxes, bat houses and owl nest boxes during nature school sessions at the Iris Griffith Centre.

Over the winter these wildlife homes were installed in local parks and wetlands with funding support from Wildlife Habitat Canada and Habitat Conservation Trust Foundation.

Community members interested in volunteering to help monitor installed nest boxes and local wildlife populations are invited to contact the SCWP at coastwildlife@gmail.com or (604) 989-1007.

The SCWP is a small group of biologists working to conserve the Sunshine Coast's natural heritage since 2006.



submitted

MPES teacher Liz Haines and a student build a nest box



submitted

Carole Logtenberg (l) and Madeira Park Elementary students building duck nest boxes at Iris Griffith Centre.

April 2019

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Legion 

Warm memories of winter



*Leonard Lee
Area A director, SCRD*

As I write this report, the sun is shining and temperatures are rising, with lows finally above

freezing.

I can turn off the heater in the truck and open the window, and that means our winter is over.

Looking back, it's heartwarming to remember how our neighbors came together to look after each other in the snow.

Andy Curtiss offered on Facebook to take anyone in need to their destination, free of charge, in his four-wheel-drive truck, and a group of neighbors banded together to have a

contractor plow a secondary road so caregivers could reach those in need of help.

These are only two of many examples in Pender and Egmont, and they make me proud to be part of such a caring community.

GOOD NEWS FOR AREA A TAXPAYERS

On March 4 we completed round 2 of the budgeting process, finalizing next year's funding for the 45 community services grouped in the categories of general government, protective, recreation and culture, transportation, environmental, water, public health, and planning and development.

At 4.1 per cent, Area A has the lowest overall tax increase from last

year.

By comparison, our next-door neighbours in Halfmoon Bay have the largest at 9.33 per cent.

The District of Sechelt has a 6.26-per-cent increase, and the Town of Gibsons, 6.41 per cent.

Solid waste, an SCRD-wide service in which all areas share funding, sees our contribution dropped from 14.84 per cent to 14.02 per cent.

In more good news, our property assessments increased less than other regional districts.

These figures could change slightly as various appeals are adjudicated by March 28 when the budget is finalized, but it looks good for Pender and Egmont taxpayers.

A presentation of financial implications of the budget for Area A,



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SUNSHINE COAST REGIONAL DISTRICT Upcoming meetings

Agendas are available at www.scrd.ca/Agendas-2019.

Planning and Community Development
April 11 at 9:30 a.m.

Regular Board
April 11 at 1:30 p.m.

Infrastructure Services Committee
April 18 at 9:30 a.m.

Policing Committee
April 18 at 1:30 p.m.

Transportation Committee
April 18 at 2:45 p.m.

Regional Hospital District
April 25 at 9:00 a.m.

Corporate and Administrative Services Committee
April 25 at 9:30 a.m.

Regular Board
April 25 at 1:30 p.m.

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prepared by Tina Perrault, SCRD chief financial officer, will be held in Pender Harbour.

It's easy to follow but provides an in-depth explanation, including the impacts of asset management of user-pay services such as water and community waste water systems.

Watch for the when-and-where announcement.

FORESTRY AND DOCK MANAGEMENT

After lengthy discussions at multiple SCRD committee meetings, the board passed two motions.

The first is to contact the Ministry of Forests, Lands, Natural Resource Operations and Rural Development and the Ministry of Indigenous Relations and Reconciliation to request active SCRD involvement, as partners, in the dialogue about land-use planning processes, foreshore agreements, and resource management.

A second, similar motion was sent to the Association of Vancouver Island Coastal Communities.

If passed at their April conference in Powell River, it will proceed to the Union of British Columbia Municipalities agenda, with the intent of strengthening the wording of an earlier 2018 memorandum of understanding.

The Pender Harbour and Area Residents Association recently hosted MLA Nicholas Simons and asked me to present the SCRD's thoughts on Crown land use planning.

My theme was that local government has been successful in preparing land-use plans and policies, facilitating resident participation, and administering SCRD land-use bylaws and policies.

ROADSIDE STORAGE AND PARKING

In all SCRD rural areas, parking on rights of way is under the jurisdiction of the Ministry of Transportation and Infrastructure, with the RCMP contracted to enforce regulations.

Currently, the SCRD has no authority to enforce or intervene.

However, I will work with the RCMP through the policing committee to urge them to prioritize parking enforcement in Pender Harbour.

Also, the SCRD asked MOTI and the Ministry of Public Safety and Solicitor General to jointly review rural parking enforcement.

We have asked them to grant regional districts the authority to enforce parking regulations, or to ensure that related community safety issues are addressed by adequately funding rural RCMP detachments.

I hope that a combination of these two strategies can finally resolve this longstanding issue.

I'M HERE TO HELP

The advocacy part of being an SCRD director is challenging, but it's a challenge I welcome, and I enjoy the satisfaction of solving local issues.

If I can help you with any SCRD-related issues, please feel free to email leonard.lee@SCRD.ca or call my cell, (604) 212-0406.



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Lagoon society calling out for more ‘citizen scientists’



submitted

Research biologist Jenn Blancard (l) and volunteer ‘citizen scientists’ at Thormanby Island.

submitted

In 2012, the Ruby Lake Lagoon Society hosted the first Sunshine Coast Biodiversity Summit.

That gathering resulted in the Sunshine Coast Biodiversity Strategy which provided the organization with

clear biodiversity goals and strategies as well as a plan of action for moving forward.

One major conclusion was that in order to detect changes in biodiversity across a wide range of different ecosystems and habitats, we need to monitor long term trends in key species both spatially and over time.

With the closure of the Department of Fisheries office in Madeira Park, the community has lost a substantial resource.

Now, there are virtually no federal programs in place to keep an eye on local marine and freshwater resources.

To fill this void, the lagoon soci-

ety answered a call in 2014 by the Pacific Salmon Foundation to establish a “citizen science” crew to conduct oceanographic cruises in Malaspina Strait.

They collected valuable data used by university researchers to determine the health of the Salish Sea with respect to the observed decline in chinook salmon returns.

The Salish Sea marine survival program, now in its fifth year and led by Dr. John Field, is continuing to produce high quality data and provide a snapshot of the Salish Sea not previously possible.

Following the success of this local citizen science initiative, the

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Pender Harbour Coastal Waters Monitoring Program was developed to be part of future PODS programming.

Thanks to a generous contribution from the Sitka Foundation, this program started in 2017 and has grown each year since.

Currently, the lagoon society has established six long-term monitoring programs with two additional programs to be piloted this year.

Programs include:

- Forage fish monitoring and documenting spawning beaches;
- Macro-invertebrate and seaweed monitoring, documenting abundance of mobile and sessile species twice a year;
- Seagrass monitoring, documenting and delineating existing beds;
- Salmon escapement, counting returning salmon to creeks within the Anderson Creek Watershed;
- Pinniped monitoring, conducting counts of seals and sea lions and documenting haul-out locations, and
- Invasive species monitoring to monitor high-traffic marine locations (such as government docks) completing surveys for European green crabs in 2019.

The lagoon society will be piloting juvenile smolt monitoring and conducting a fish inventory in the Anderson Creek watershed in 2019.

This ambitious program involves hours and hours of work in the field at some of the most remote and stunningly beautiful locations on the Coast.

Citizen scientists are the backbone of the program and complete surveys day and night.

In 2018, over 450 volunteer hours were given to the program from people throughout the Coast and the Lower Mainland.



submitted

Research biologist Jenn Blancard during another tough day in her office.

Jenn Blancard is the research biologist for PODS and the brains behind the initial development of 12 extensive long-term monitoring studies that will be fully up and running throughout the Pender Harbour region by 2021.

Blancard has experience conducting environmental assessments and working on research projects within the Fraser River estuary and Burrard Inlet.

She holds an undergraduate degree in biology from Simon Fraser University.

If you would like to join in the fun with our PODS citizen science team, you can't afford to miss this opportunity to help preserve this wonderful place.

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Eric Antilla

OCTOBER 4, 1930 – DECEMBER 31, 2018



Eric Antilla died on New Year's eve, 2018.

Antilla was 88 and lived independently with his wife Annabelle in their home in Madeira Park.

He was a kind man, loved by his wife, children, grandchildren, extended family and many friends.

Eric was born and raised in Vancouver, where his parents owned a downtown bakery.

He became a lifelong commercial fisherman and occasionally worked on tugs moving logs during the winter.

Otherwise, he was skiing the North Shore mountains, where he met his wife of 63 years, Annabelle.

They moved to Pender Harbour in 1960 to raise their two children, Elaine and Earl.

They have five grandchildren, Ross, Benn, Joe, Timo and Ailsa.

He will be greatly missed and in his family's hearts forever.

In lieu of flowers, please donate instead to the Pender Harbour Health Centre.

A celebration of life will be held on Saturday, April 20 during the Easter long weekend in Madeira Park.

"This morning, he slipped his lines free and quietly left home port to join his family and friends on the tack somewhere."

Lucille Thelma Cogger (née Greenall)

JUNE 9, 1921 – FEBRUARY 2, 2019



Lucille Cogger died Feb. 2 at the age of 97.

She was one of the original "Sakinaw-lakers" after she and husband Jack built a log cabin on a remote section of the lake in the late 1940s.

Jack and Lucille had fallen in love with the lake after a fishing trip to the old Sakinaw Lake Lodge at the end of Lee Road and subsequently bought a chunk of land near the Kokomo Lake trail.

The first few years there were few other cottages, and people, and Lucille, a non-swimmer, spent summers pretty well on her own with young children in the wilderness.

For many years, her only trans-

portation was a 1.5-HP inboard, and no vehicle to take her away from the lake until Jack arrived on the weekend with groceries.

The children, Maureen Wright (Randy), Pat Pelly and Shelley Cogger still spend their summers at the lake, along with their children Jennifer, Tod, Reid, Christopher and Heather, and now great-grandchildren.

Love of the lake and Pender Harbour led daughter Maureen to move here permanently a decade ago.

Jack and Lucille provided a wonderful legacy for their family — their daughters, grandchildren and great-grandchildren and hopefully for many generations to come.

OBITUARIES: The *Harbour Spiel* publishes obituaries free (for local residents) as a longstanding effort to recognize those who lived in Pender Harbour and Egmont. Submissions must be timely and include the date of birth and date of death. The editor will edit for length and to remove first-person and personal messages as required to maintain editorial consistency.

Gene Silvey

MAY 28, 1935 – FEBRUARY 13, 2019



Sechelt elder Eugene “Papa” Henry Dennis Silvey died on Feb. 13 after a bout with pneumonia.

Gene was the fourth of nine children, born to Bill and Sarah Silvey in Killam Bay on May 28, 1935.

He made Egmont his home for life.

A father of four, he quickly and affectionately became “Papa” to all when his eldest granddaughter began to talk.

His love of the outdoors was a prominent factor in his employment path — he was a boat and sign painter, logger, boom man and fisherman.

When at play, he encouraged his children, grandchildren and any others to love the outdoors by spending as much time as he could taking them fishing, swimming, camping and hiking up to the Skookumchuck and Killarney (now Klein) Lake.

When indoors, if he wasn’t voraciously reading history, Louis Lamour, Zane Gray or any other western, he could be found watching westerns, history, animal or outdoor shows.

Gene was also an avid crib player.

An enthusiastic social butterfly, Silvey was a great storyteller, dedicated and loyal friend who made sure that no lady sat through an evening without a dance.

Being well known for his “barrel chest,” he was also known to pick Easter lilies at Emerson Creek and deliver them to as many ladies as possible in time for Easter, every year.

Spending his last several years at Totem Lodge, he came to love the staff like family and eagerly awaited visits from Mia.

His family will miss him dearly, but take comfort that he will be overjoyed to be reunited with his parents, siblings, favourite dog Koko and Guy who has been anticipating for 20 years and five months the arrival of his partner in crime.

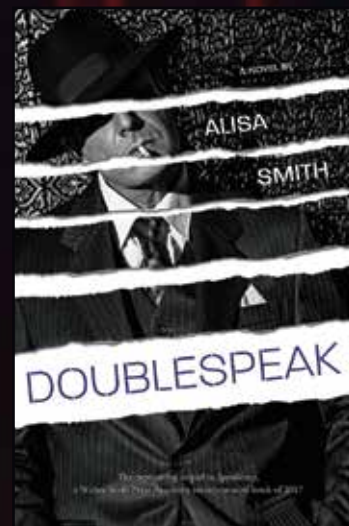


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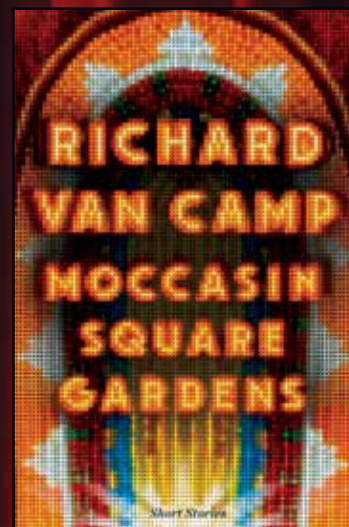
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• Egmont & District Volunteer Fire Department	(604) 883-2555
• FLAIR Cancer Support Group.....	(604) 883-0660
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• Garden Bay Sailing Club	(604) 883-2689
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• Lions Club, Pender Harbour (1st & 3rd Tues.).....	(604) 883-1361
• Men's Cancer Support Group.....	(604) 883-2393
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• Wildlife Society (3rd Tues. PHSS).....	(604) 883-9853
• Women's Connection (2nd & 4th Tue.)	(604) 883-0444
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organizations

SUNSHINE COAST FIBRESHED

On Sunday, April 7, join the Sunshine Coast Fibreshed for a celebration of “slow fashion,” where you will see beautiful garments made by local artisans using local fibre and local dye materials. Watch demonstrations of spinning, carding, weaving, dyeing, and felting, and join in hands-on activities. There will be sales of raw wool and natural dye plants, and everyone is invited to enjoy locally sourced refreshments at Fibreworks Gallery (the yurts north of Madeira Park) from 11 a.m. to 3 p.m.

EGMONT COMMUNITY CLUB

The Egmont Community Club is having its annual general meeting on April 7 at 2 p.m. at the Egmont Community Hall. We hope to see you there.

Also the annual Klein Lake cleanup is scheduled for April 14 at 10 a.m. at Klein Lake. Bring yard tools and gloves for a fun annual meet-up.

SOM COFFEEHOUSE

This month's School of Music Coffeehouse is on Friday, April 12 at 7:30 p.m.. The lineup features the Reflections (a ladies vocal ensemble), the J-Tones (Jazz vocal trio), Matt Richards (singer/songwriter and guitarist) and pianist Matthew Douglas.

P. H. LIVING HERITAGE SOCIETY

The Pender Harbour Living Heritage Society annual general meeting is on April 12 at 1 p.m. at Sarah Wray Hall, 4334 Irvines Landing Road, Garden Bay.

Attend for updates on PHLHS 2019 events and activities, as well as a preview of what's in store for the future. We will also discuss our many volunteer opportunities for people of all skill levels.

P. H. WOMEN'S CONNECTION

On April 9, Edmund Arceo, publisher of *Zoom* magazine, will talk about his new publication called *Flavours*. He will share the motivation behind this new project and the challenges he faced in its development.

On April 23, Women's Connection is pleased to announce that Caitlin Hicks, author, international playwright, and highly praised actor will be discussing and presenting an entertaining monologue from her novel *A Theory of Expanded Love*. Hicks's story, told with humour and pathos, is a prosaic yet poignant tale of Annie Shea, the 12-year-old narrator who tries to understand and cope with the events happening in the world, her family and herself in the turbulent year of 1963.

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Canoe Pass bridge construction, March 20, 1955.

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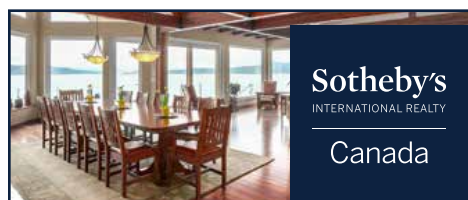
pender harbour tides ~ april 2019

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Mon 01	9.1	11.0	12.6	13.8	14.3	14.0	13.2	12.0	10.7	9.8	9.4	9.6	10.4	11.3	12.1	12.4	12.1	11.1	9.6	8.0	6.7	5.9	5.8	6.6
Tue 02	8.0	9.9	11.7	13.2	14.1	14.1	13.4	12.2	10.7	9.4	8.7	8.7	9.3	10.4	11.6	12.5	12.8	12.3	11.1	9.5	7.9	6.6	6.0	6.2
Wed 03	7.2	8.9	10.8	12.6	13.8	14.2	13.7	12.5	10.9	9.3	8.2	7.7	8.1	9.2	10.7	12.0	12.9	13.1	12.4	11.1	9.4	7.7	6.6	6.3
Thu 04	6.8	8.2	10.0	11.9	13.4	14.1	13.9	12.9	11.2	9.4	7.9	7.0	7.0	7.9	9.4	11.1	12.6	13.4	13.4	12.5	10.9	9.2	7.7	6.8
Fri 05	6.8	7.7	9.3	11.2	12.9	13.9	14.1	13.3	11.7	9.8	7.9	6.6	6.1	6.6	7.9	9.8	11.7	13.1	13.8	13.5	12.4	10.8	9.1	7.8
Sat 06	7.3	7.7	8.8	10.5	12.3	13.6	14.1	13.6	12.3	10.3	8.2	6.5	5.5	5.5	6.4	8.2	10.3	12.2	13.6	14.1	13.6	12.4	10.8	9.2
Sun 07	8.2	8.0	8.7	10.0	11.6	13.1	13.9	13.8	12.8	11.0	8.9	6.8	5.3	4.7	5.2	6.6	8.6	10.9	12.8	14.0	14.2	13.6	12.3	10.8
Mon 08	9.5	8.8	8.9	9.7	11.1	12.5	13.5	13.8	13.2	11.8	9.7	7.5	5.6	4.5	4.3	5.1	6.8	9.1	11.3	13.2	14.3	14.3	13.6	12.4
Tue 09	11.1	10.0	9.5	9.8	10.7	11.9	13.0	13.6	13.4	12.4	10.6	8.5	6.4	4.8	4.0	4.2	5.3	7.1	9.4	11.6	13.4	14.4	14.4	13.7
Wed 10	12.6	11.5	10.6	10.3	10.7	11.5	12.5	13.2	13.4	12.8	11.5	9.6	7.5	5.7	4.4	3.8	4.2	5.4	7.3	9.6	11.7	13.4	14.3	14.4
Thu 11	13.9	12.9	12.0	11.2	11.0	11.2	11.9	12.6	13.1	13.0	12.2	10.7	8.9	7.0	5.4	4.3	3.9	4.3	5.6	7.4	9.6	11.7	13.3	14.3
Fri 12	14.5	14.0	13.3	12.4	11.7	11.3	11.5	11.9	12.4	12.7	12.5	11.7	10.3	8.6	6.9	5.4	4.4	4.1	4.5	5.7	7.5	9.6	11.6	13.3
Sat 13	14.4	14.6	14.3	13.5	12.6	11.8	11.3	11.2	11.5	11.9	12.2	12.3	11.6	10.5	8.9	7.3	5.8	4.7	4.3	4.6	5.8	7.5	9.6	11.7
Sun 14	13.5	14.6	14.8	14.4	13.6	12.5	11.4	10.7	10.5	10.8	11.3	11.9	12.1	11.9	11.0	9.6	7.9	6.3	5.1	4.6	4.8	5.9	7.7	9.9
Mon 15	12.1	13.8	14.9	15.0	14.4	13.3	11.8	10.5	9.7	9.5	9.9	10.7	11.6	12.3	12.3	11.7	10.3	8.6	6.9	5.6	4.9	5.1	6.3	8.2
Tue 16	10.5	12.7	14.4	15.2	15.1	14.1	12.5	10.7	9.2	8.3	8.2	8.9	10.2	11.5	12.5	12.9	12.4	11.1	9.4	7.5	6.1	5.4	5.6	6.9
Wed 17	8.9	11.3	13.4	14.9	15.4	14.8	13.3	11.3	9.3	7.6	6.8	7.0	8.1	9.8	11.6	12.9	13.5	13.1	11.8	10.0	8.1	6.7	6.0	6.4
Thu 18	7.9	10.0	12.3	14.2	15.3	15.3	14.2	12.2	9.8	7.6	6.0	5.5	6.1	7.6	9.7	11.8	13.4	14.1	13.7	12.4	10.6	8.7	7.4	6.9
Fri 19	7.4	9.0	11.1	13.2	14.8	15.4	14.9	13.2	10.8	8.2	6.0	4.6	4.4	5.4	7.4	9.8	12.1	13.9	14.6	14.2	12.9	11.1	9.3	8.1
Sat 20	7.8	8.6	10.1	12.1	13.9	15.0	15.1	14.0	11.9	9.3	6.7	4.7	3.7	3.9	5.3	7.5	10.1	12.6	14.3	14.9	14.5	13.2	11.5	9.9
Sun 21	8.9	8.8	9.7	11.2	12.9	14.3	14.9	14.4	12.9	10.6	7.9	5.5	3.8	3.2	3.8	5.5	7.9	10.6	13.0	14.6	15.1	14.6	13.4	11.9
Mon 22	10.5	9.7	9.8	10.6	11.9	13.3	14.2	14.3	13.5	11.7	9.3	6.8	4.7	3.4	3.2	4.1	6.0	8.5	11.1	13.3	14.8	15.2	14.7	13.6
Tue 23	12.2	11.1	10.4	10.5	11.3	12.3	13.2	13.8	13.5	12.4	10.5	8.2	6.1	4.4	3.5	3.6	4.8	6.7	9.1	11.5	13.5	14.8	15.1	14.6
Wed 24	13.6	12.5	11.5	11.0	11.1	11.6	12.3	12.9	13.1	12.6	11.4	9.6	7.6	5.8	4.5	4.0	4.3	5.5	7.4	9.6	11.7	13.5	14.6	14.9
Thu 25	14.5	13.7	12.7	11.8	11.3	11.3	11.6	12.0	12.4	12.4	11.8	10.6	9.0	7.4	6.0	5.0	4.7	5.1	6.2	7.9	9.9	11.9	13.5	14.5
Fri 26	14.7	14.4	13.7	12.8	12.0	11.4	11.2	11.3	11.5	11.7	11.7	11.2	10.2	8.9	7.6	6.4	5.6	5.4	5.8	6.9	8.4	10.2	12.0	13.4
Sat 27	14.3	14.6	14.3	13.6	12.7	11.8	11.1	10.7	10.7	10.9	11.2	11.3	11.0	10.3	9.2	8.0	7.0	6.3	6.0	6.4	7.4	8.9	10.6	12.2
Sun 28	13.5	14.3	14.4	14.0	13.2	12.2	11.2	10.4	10.0	10.0	10.4	10.8	11.2	11.1	10.6	9.7	8.6	7.5	6.8	6.5	6.9	7.9	9.3	10.9
Mon 29	12.5	13.7	14.3	14.2	13.6	12.5	11.3	10.1	9.3	9.1	9.3	10.0	10.7	11.3	11.5	11.1	10.2	9.1	8.0	7.2	7.0	7.3	8.4	9.8
Tue 30	11.5	12.9	13.9	14.2	13.8	12.8	11.4	10.0	8.8	8.2	8.2	8.8	9.8	10.9	11.7	12.0	11.6	10.7	9.5	8.4	7.6	7.3	7.8	9.0

Robert Livingston (with data provided at www.tbone.biol.sc.edu/tide)

Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



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harbour seals



Note your seal of approval or **disapproval.**

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

A Harbour Seal of approval to **Tim and Landon Brackett and Torvin of Peerless Tree Services** who hauled my truck out of the ditch, several hundred feet up a steep icy hill just after the snow hit in late February.
David Blair

A Harbour Seal of Disapproval to **the person who left their garbage at Mt. Daniel** trailhead and left ruts in the access road. It's rather mystifying as the P. H. Transfer Station is about 500 metres away.
Melli MacMillan

Oceans full of Harbour Seals to **Sydney Curtiss** for winning first prize in the Legion Remembrance Day poster contest (Sunshine Coast, b&w, Jr.). Also, many thanks to Mr. Smith and all students who participated.
Lyn & Bill Charlton
RCL 112

Harbour Seal of Approval to **Pender Harbour Transfer Station (aka the Dump)** staff who went out of their way, to retrieve garbage left at Mt. Daniel trailhead.

Melli MacMillan

Harbour Seals of Approval to our **loyal supporters and donors** who keep the merchandise at the Bargain Barn varied, great quality and re-sellable.

Karen Wells

Harbour Seals of Disapproval to **the person who is using Mt. Daniel Park as their own personal fire-wood woodlot**, felling a couple large healthy trees during our snowy spell.

I regret not calling RAPP sooner, as this feeding frenzy continued for about two weeks. I initially assumed someone had felled diseased trees, but when the snow melted I could see the stumps, remnants of trees and skid marks.

Melli MacMillan

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SKOOKUMCHUCK VIEWING TIMES

APRIL

DATE-TIME-SIZE (small, medium, large, **extra large**)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechart Inlet).

1. 10:02 AM -M, 2:58 PM +M
2. 10:37 AM -L, 3:41 PM +L
3. 11:08 AM -L, 4:24 PM +L
4. 11:36 AM -L, 5:15 PM +L
- 5. 12:00 PM -L, 5:58 PM +XL**
- 6. 12:23 PM -L, 6:41 PM +XL**
7. 12:44 PM -L
- 8. 1:08 PM -XL**
- 9. 1:13 PM -XL**
10. 7:40 AM +M, **1:53 PM -XL**
11. 8:30 AM +M, 2:56 PM -L
12. 9:33 AM +S, 4:20 PM -L
13. 11:07 AM +S, 5:37 PM -L
14. 12:44 PM +S, 6:50 PM -L
15. 8:46 AM -M, 1:53 PM +M
16. 9:35 AM -L, 2:51 PM +L
17. 10:19 AM -L, 3:57 PM +L
- 18. 10:59 AM -L, 4:53 PM +XL**
- 19. 11:37 AM -XL, 5:47 PM +XL**
- 20. 12:12 PM -XL, 6:39 PM +XL**
- 21. 12:39 PM -XL, 7:30 PM +XL**
- 22. 1:17 PM -XL**
- 23. 7:07 AM +M, 1:56 PM -XL**
24. 7:51 AM +S, 2:39 PM -L
25. 8:46 AM +S, 3:25 PM -L
26. 4:18 PM -L
27. 6:52 AM -M, 4:47 PM -M
28. 12:59 PM +S, 6:15 PM -M
29. 1:55 PM +S, 7:16 PM -M
30. 9:19 AM -L, 2:43 PM +M

These are estimates only and not intended for navigation.



AIR TRAVEL SAFETY

3.7 million

Number of global air passengers in 2016.

19

The number of fatal air accidents globally in 2016.

325

The number of air travel fatalities in 2016.

0.6

The number of fatal accidents per one million flights globally for the period 2002 to 2011.

36%

Percentage of air travel accidents occurring on the runway (the highest).

16%

Percentage of air travel accidents that occur due to "loss of control in-flight."

117

Deaths per billion "typical journeys taken" by air travel.

40

Deaths per billion "typical journeys taken" by car travel.

1,640

Deaths per billion "typical journeys taken" by motorcycle.

1,441

The number of commuter and air taxi crashes in the U.S. between 1990 and 2006.

~ wikipedia

APRIL WEATHER

TEMPERATURES, MERRY ISLAND

Our average daily high temperature in April is 12.1 C and our average daily low is 6.5 C, giving us a mean daily temperature of 9.3 C. The highest April temperature recorded is 20.7 C (April 27, 1972); the lowest is -1.1 C (April 3, 1975).

PRECIPITATION, MERRY ISLAND

April has an average of 190.8 hours of bright sunshine and 13 days with measurable rainfall. April averages a total monthly rainfall of 66 mm and a total monthly snowfall of 0.3 cm. The highest April daily rainfall on record is 31.8 mm (April 27, 1962); the highest April daily snowfall on record is 5.1 cm (April 3, 1975).

APRIL ASTROLOGY



ARIES: MARCH 21 - APRIL 19

The sign of the ram gives Arians loyalty, generosity, high energy and courage. They love adventure and often fiercely defend the underdog. As you already know, 2019 delivers two new moons in Aries — March 21 and April 19. If you don't know why this is significant, you should get educated because if you miss this incredible opportunity for self-advancement, the rest of the year will punish you severely. Romantically, wait until midsummer to pursue you know who.



TAURUS: APRIL 19 - MAY 20

Taureans are seekers of peace and stability. Although unambitious, they are happy to be the powerhouse behind the scenes. They are usually sensible and blessed with a healthy dose of cynicism. April brings a sense of existential dread to those Taureans born between April 23 and May 2. (If you live with such a Taurean, be prepared for months of difficulty.) Taureans' bad attitudes will be exceedingly off-putting. Those around them will do well to distance themselves from Taureans until May's new moon.

BC BESTSELLERS

For the week ending March 16

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- The Woo-Woo: How I Survived Ice Hockey, Drug Raids, Demons, and My Crazy Chinese Family** by Lindsay M. Wong (Arsenal Pulp Press)
- George Garrett: Intrepid Reporter** by George Garrett (Harbour Publishing)
- Chop Suey Nation** by Ann Hui (Douglas & McIntyre)
- The Secret Wisdom of Nature** by Peter Wohlleben (Greystone Books)
- 21 Things You May Not Know About the Indian Act** by Bob Joseph (Page Two Strategies)
- One Eagle Soaring** by Roy Henry Vickers & Robert Budd (Harbour Publishing)
- 105 Hikes In and Around Southwestern British Columbia** by Stephen Hui (Greystone Books)
- Murder by Milkshake** by Eve Lazarus (Arsenal Pulp Press)
- The Whole-Body Microbiome** by B. Brett Finlay & Jessica M. Finlay (Douglas & McIntyre)
- Backyard Bounty** by Linda Gilkeson (New Society Publishers)

~ Association of Book Publishers of BC

APRIL BIRTHDAYS

- April 2 ~ Marty Lowe, Elizabeth Buhlert and Desiree Leech.
- April 3 ~ Jamison Warner and Sandi Whelan
- April 4 ~ Frank Roosen Jr., Mike Legge and Bev Thompson.
- April 5 ~ Doug Silvey and Breanna Clay.
- April 6 ~ Mike Bathgate and Ursula Dornbierer.
- April 8 ~ Andrea Clerx and Gloria Fritz.
- April 9 ~ Laurie Saunders.
- April 10 ~ April Charlton.
- April 11 ~ Mackenzie Sutherland.
- April 12 ~ Irene Doerksen, Matthew Phillips and Tilley Dougan.
- April 13 ~ Bonnie Lindsay, Geoff Warner, Billy Petraschuk and Don Priest.
- April 14 ~ Dan Leech and Ann Landry.
- April 15 ~ Teresa Sladey and Cathy Collins.
- April 17 ~ Sheila McCann and Carly Campbell.
- April 18 ~ Russ Foster, Talon Mclean, Howard White, David Brimacombe, Kalen Zayshley and Ron Calvert.
- April 19 ~ John Field.
- April 20 ~ Sue Kammerle and Katie Tenbroek.
- April 22 ~ Dan Choquette.
- April 23 ~ Kathy Morant, Sue Richardson, Heidi Vaughan and Jordan Kammerle.
- April 24 ~ Len Silvey and Alex Dore.
- April 25 ~ Zena Lanteigne, Samantha Stewart and Dietta Edwardson.
- April 26 ~ Teyjah Xaveress and Blake Campbell.
- April 28 ~ Jeanette Penson.
- April 29 ~ Ruth Langton.
- April 30 ~ Kasey & Kelly Smith, Marie Reid, Hazel Higgins, "Prawntrap" Patty Jackson, Bill Sutherland, Jeff Wilbee and Ava Young.



PENDER HARBOUR HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

NURSING SERVICES – (604) 883-2764

RNs are on duty 8 a.m. – 4 p.m. weekdays

- Blood tests • ECGs • Injections • Blood pressure
- Home/Palliative care • Dressings • Holter Monitors

DENTISTRY – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela

Darlene Fowlie – Hygienist

Jennifer Mejia – Hygienist

- Braces • Cosmetic Dentistry
- Restorative Dental Care Consulting
- Impants • Surgical Extractions

PUBLIC HEALTH NURSE – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

FAMILY NURSE PRACTITIONER – (604) 883-2764

Annaliese Hasler, NP

- Women and Youth Health Services

FOOT CARE NURSE – (604) 740-2890

Sharon Gilchrist-Reed LPN

- Foot care nursing
- Reflexology/Kinesiology

COUNSELLING SERVICES

Lyn Rondeau – Adult Mental Health

(604) 885-6101 ext. 4422

REGISTERED MASSAGE THERAPY

Brigit Cogrossi, RMT (604) 741-1202

- Monday (alternate), Tuesday, Thursday, Friday

Ellen Luchkow, RMT (778) 888-2012

- Monday (alternate), Wednesday, Saturday, Sunday

PHYSIOTHERAPY – (604) 989-4828

PHYSICIANS – (604) 883-2344

Drs. Forgie, McDowell, Robinson & Smith

Monday to Friday 9 a.m. – 5 p.m., by appointment only

CHIROPRACTORS – (604) 883-2764

Dr. Blake Alderson, DC

- Chiropractic care by appointment.
- Walk-in patients welcome after 3 p.m.
- Home visits available: (604) 741-8972

Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. – noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 7 p.m. – everyone welcome.

TEENS' DROP IN CLINIC: Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

FOKUS (Focus On Keeping Us Strong):

Helping each other work towards better health – Fridays, 10:30am *FREE* More info.? Lori 604-740-1151

First-class health care for the people of the Pender Harbour area.

National advance care planning day: April 16

Caron Hawrychuk

It is important that you have a conversation with your loved ones and health care provider about advance care planning while you are healthy.

There may be a time when you are not able to decide for yourself because of illness and your loved ones won't know what kind of care you want unless you tell them.

WHAT IS ADVANCE CARE PLANNING?

Advance care planning helps you have a say about the health care you would like to receive if you get very sick and cannot speak for yourself.

It is a way to reflect on your personal values, wishes and beliefs to make future health care decisions.

Your doctor and family members won't have to guess if you are unable to communicate.

WHO SHOULD DO ADVANCE CARE PLANNING?

Adults who are able to make their own health care decisions — especially those with a chronic or complex health condition — are encouraged to start the advance care planning process.

HOW TO GET STARTED WITH PLANNING

When you're ready to start the conversation about advance care planning, speak with your health care provider and those close to you to make sure they understand your wishes and are willing to honour them.

How you could start the conversation:

"I've been thinking about the future and what kind of health care decisions I might have to make.



"Can we talk about it?"

Give copies to your doctor and the people who are close to you.

YOU ARE NOT LOCKED INTO YOUR PLAN

You can change your advance care plan at any time while you are still capable of making decisions — you are not locked into your plan.

If you do change your plan, give new copies to your health care providers, representative (if you have one), family and friends and revoke your old plan.

DOES A POWER OF ATTORNEY COVER HEALTH CARE DECISIONS?

No.

In British Columbia, your power of attorney can only make legal and financial decisions for you.

They cannot make decisions about health care.

FOUR TYPES OF PLANS

The provincial *My Voice Expressing My Wishes for Future Health Care Treatment* booklet explains the advance care planning options.

It also has the forms you need to make the advance care plan you choose.

- A basic advance care plan is a written statement of your beliefs, values and wishes, with a contact list for people who could be your potential "temporary substitute decision maker."

- A basic advance care plan, plus name a representative in a representation agreement; the representative will make health and personal decisions for you.

- A basic advance care plan, plus make an advance directive.

An advance directive is a capable adult's written instructions that speak directly to their health care provider about future health care treatment.

- A basic advance care plan, plus name a representative in a representation agreement and make an advance directive.

Caron Hawrychuk, advance care planning facilitator for Vancouver Coastal Health, will be at the Pender Harbour Health Clinic on April 16 between 11 a.m. and 2 p.m. to answer your questions.

PENDER HARBOUR & EGMONT COMMUNITY RESOURCE DIRECTORY

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CONVERSATION CAFÉ: All parents/guardians welcome

Parenting is the biggest job we will ever have. Join us for a frank discussion on challenges our kids face every day. We will have special guests who work in the field of child mental health and social well-being. Refreshments and a door prize!

Thur April 11 at Euspiria, 6:30-8:30pm

MOUNTAIN BIKING: Grade 7 & 8 students

8 Weds April 24- June 12 3:15-5:30 PHSS & Lions Park. \$40 Will learn bike safety, handling and trail riding skills. Some loaner bikes available. Space limited!

FINANCIAL LITERACY SERIES: Learn to do your own taxes

Tues Apr 9 at PHCS 6:30-8:00pm. Informal prep with Linda from SCCU. Learn how to do your own simple return on your laptop using the Basic Turbo Tax Program, \$10.

➡ Up next: RRSP's & TFSA's What should I know? Tues May 7 at PHCS 6:30-8pm

COOKING WITH MARCUS

Thurs Apr 18- Asian Cooking & May 16- Spring Salad & Vinaigrette & Salad rolls, \$30 each, PHSS FOODS Room, 6:30-8:30pm Register 604.883.2826

FOODSAFE

Sat May 4, 9am-5pm Ages 15+, Community School. \$155, get certified in time to find summer employment. Register 604.883.2826

INCOME TAX ASSISTANCE

Find help with your income tax return Tuesdays, 9am-12pm, appt. only 604-741-5132



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YOGA with Instructor Brigit Cogrossi*

Core Back Essentials: Mondays April 15- June 10 9:15-10:30 am. \$96/ 8 classes
Tuesdays April 9-May 14 6-7:15pm. \$72/ 6 classes
Restorative: Tuesdays April 9-May 28, 3:30-4:45pm. \$96/ 8 classes.

YOGA with Instructor Carole Logtenberg*

Stretch and Balance: Thursdays April 11- May 9. \$60/ 5 classes

**ELEVATE YOUR WORKOUT SERIES CONTINUES*
with Instructor Amanda Peterson**

Kick up the Cardio: Tuesday April 9, 6:45-7:45pm & Saturday April 13, 10-11 am
Beginner Total Body: Tuesdays and Thursdays 1-2:30pm, Apr 2-18 (\$120/6 classes)

EASTER SCAVENGER HUNT: April 15-21

Check our Facebook page (Pender Harbour Aquatic and Fitness Centre) for the clues and find the answers at the pool. All ages welcome to participate. Prizes!

REGISTRATION IS OPEN! SPRING SWIM LESSONS BEGIN APRIL 1

New! Kids Mini Fit and Swim Fridays from 11:15-12:15 for ages 3-5 years.

BEGINNING APRIL:

Steady Feet (12:00-1pm)* and Aquatic Happy Hips and Knees (11-11:45am)*
Evening HIIT classes, Wednesdays 5:30-6:15pm with Instructor Amanda Peterson

**Pre-registration is required. (View the online guide at www.scrd.ca/recreation)*

Facility will be closed Good Friday April 19 and Easter Monday April 22.

CARPET BOWLING: Wednesdays, April 3, 10, 17 & 24

At the Egmont and Pender Harbour Community Hall 1-3pm Drop-In \$3.

LOW IMPACT AEROBICS (WALKING 15): Mondays, April 1, 8, 15 & 29

At the P. H. Community Hall. Drop-in \$3. From 9:30-10am.

CHAIR YOGA: Fridays, April 5, 12 & 26

At the P. H. Community Hall from 10:30-11:30am. Drop-In \$3. Improve your balance, strength & flexibility with gentle moves with Carole and Maureen.

HARBOURSIDE FRIENDSHIPS: Thursdays, April 4, 11, 18, 25 & May 2

Thursdays at the P.H. Community Hall. Starting at 10:30am lunch served at 12 noon.
Drop-in \$10.

April 4 – Dietitian Diane Paulis to discuss the “new” Canada Food Guide

April 11 – April Playoffs

April 18 – Easter Activity

April 25 – A visit with the Grade 5/6 Class

May 2 – Dietitian Diane Paulis to discuss the “Mind Diet”

Seniors' events for April!



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The Shíshálh Nation's 'Strategic Land Use Plan'

Completed by the Sechelt Indian Band in 2007, the 110-page *Strategic Land Use Plan* intends to be "a living document for the land use planning within the Shíshálh Nation territory."

Chapters of interest from the SLUP document will be excerpted in upcoming issues of the *Harbour Spiel*. To download the full document, visit www.shishalh.com/docuploads/forms-and-applications/A-Strategic-Land-Use-Plan-for-the-sh--sh--lh-Nation-1416417270-1.pdf.



*Excerpted from the Sechelt Indian Band's
"A Strategic Land Use Plan for the
Shíshálh Nation."*

4. SHÍSHÁLH NATION VISION STATEMENT & GUIDING PRINCIPLES FOR LANDS AND RESOURCES

We, the Shíshálh people, were put here by the Creator as keepers of our waters and lands.

We have lived in our territory according to our own laws and systems of government since time immemorial and will continue to do so forever.

We will give back to the earth

the respect and sanctity it rightfully deserves.

We will honour our lands, waters and air as our ancestors have taught us.

We know how the environment used to be and we will work to rehabilitate our territory's natural resources to what they once were.

The Shíshálh land use plan represents our vision for the management of our territory — a picture of our desired future — that includes the following:

- Our cultural practices and

customs, including those related to the use of land and resources, will be revered and will continue to be handed down from our ancestors through to our Elders and youth with respect.

We will preserve sháshíshálem (our Shíshálh language) and continue to promote its use and our cultural ways so that they continue as they have been for countless generations.

- Our leaders will continue to be guided by our cultural values and by the wishes of our community, who will be fully engaged in planning and management for our future.

PENDER HARBOUR, APRIL 27, 2019!

It's the **18th** annual

APRIL TOOLS



WOODEN BOAT CHALLENGE

LOTS AND LOTS OF FREE ACTIVITIES FOR KIDS!

Has your team got what it takes to build a boat in three hours with materials provided, race it round a short, marked course without sinking, and do it faster than anyone else? Then you could win \$700 (2nd place \$400, 3rd \$250). Get a 4-person team together and challenge your friends to do the same. Entry fee is \$180 (or just \$160 if you register before April 1st); for that you get a materials package and a t-shirt for each team member.

- ◆ Seafarer Millennium Park, Saturday, April 27, 2019.
- ◆ New construction "twist" and materials revealed at 10:00 am.
- ◆ Construction between 11:00 am and 2:00 pm.
- ◆ Youth race starts at 2:00 pm, adult race follows at about 2:45 pm.
- ◆ Concessions, mini boat building, face painting, and more free crafts for kids.

Try paddling or rowing a CLASSIC WOODEN BOAT in the Harbour for FREE!

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The Pender Harbour April Tools Wooden Boat Challenge is a project of the Pender Harbour Living Heritage Society.

Visit our website: www.apriltools.ca

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April Hours

The General Store & Fuel Dock

- Open 10am - 6pm
- **Easter weekend** - Thurs. April 18th to Mon. 22nd: open 9am - 7pm

The Café

- Tuesday - Saturday, 10am - 6pm: self-service gourmet sandwiches, soup, chili, pastries, cake
- **Easter weekend** - open with cafeteria service from 9am to 7pm

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- Our people will welcome opportunities to accept new ideas and innovations that can assist us in managing our land and resources on a sustainable basis.

We will anticipate changes to our territory, and adjust to new challenges such as climate change.

- Our members will be active throughout the territory, and continue to access all areas for economic, subsistence, cultural or other needs.

In this way, we will maintain our connection to the land and waters of our territory, and all that it symbolizes for our people.

We will resettle some of the village sites that were in place before Europeans arrived.

- Key areas of our territory will be protected from development, to preserve areas of cultural importance so that our land and waters can continue to support healthy populations of wildlife and ourselves as a people that depend on them for our way of life.

The natural ecosystem processes that have occurred over thousands of years in our territory will continue unimpeded.

- We will adopt ecosystem-based management approaches that reflect our understanding of the connection among all things, and the need for planning over extended timeframes and at multiple scales.

- Our decisions regarding land and resources will continue to reflect our humility and connection to all things, and our commitment to sustainability for current and future generations.

Our decisions and actions will make clear that our interest in resource development is not driven simply by economics, but by sustainability for all people that choose to

make our territory their home.

- We will secure greater authority over the management of land, water and resources within our territory.

Land within our territory will no longer be alienated from us, and we will secure compensation for resources that have been removed without our consent.

Over-harvesting and destructive resource extraction will cease.

- We will achieve greater self-sufficiency as a people, and will sustain ourselves with more of our own materials and energy so that we can thrive within our territory and reduce our dependency on others for our well-being.

- Our communities will be safe, secure and healthy.

Our young people will achieve health and educational standards that compare favourably with the rest of Canada.

- We will establish co-operative relationships with those who have chosen to make our territory their home, and with commercial and industrial interests that operate within our borders.

- Sustainable industry and commerce will thrive in our territory, and operate in a manner that assures the long-term health of the land, resources and our people as well as the economic well-being of our people.



Brian Lee

The Shíshálh First Nation hosted a community gathering at the Pender Harbour Community Hall on Feb. 28, 2015.

community calendar

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

APRIL

Mon. April 1.....Pender Harbour food bank pickup - P. H. Community Church, noon
Sun. April 7.....Egmont Community Club annual general meeting - Egmont Community Hall, 2 p.m.
Sun. April 7.....Sunshine Coast Fibreshed presents "slow fashion" - Fibreworks Gallery, 11 a.m. to 3 p.m.
Mon. April 8.....P. H. Garden Club presents Sandy Matches - P. H. School of Music, 1 to 3 p.m.
Sun. April 9.....P. H. Women's Connection presents Edmund Arceo - P. H. School of Music, 10:30 a.m.
Thurs. April 11.....SCRD regular board meeting - SCRD offices, 1:30 p.m.
Thurs. April 11.....Conversation Cafe - Euspiria Cafe, 6:30 to 8:30 p.m.
Fri. April 12.....P. H. Living Heritage Society AGM - Sarah Wray Hall, 1 p.m.
Fri. April 12.....School of Music Coffeehouse - P. H. School of Music, 7:30 p.m.
Sat. April 13.....RCL No. 112 presents "Big ham, turkey, meat draw & pie auction" - Madeira Park Legion, 3 p.m.
Sun. April 14.....Egmont Community Club's annual Klein Lake cleanup - Klein Lake, 10 a.m.
Mon. April 15.....Pender Harbour food bank pickup - P. H. Community Church, noon
Tues. April 16.....Caron Hawrychuk hosts "advance care planning" - P. H. Health Centre, 11 a.m. to 2 p.m.
Sat. April 20.....Celebration of life for Eric Antilla - Madeira Park
Sun. April 21.....P. H. Lions/Lafarge pancake breakfast & easter egg hunt (noon) - P. H. Lions Park, 9 a.m. to 1 p.m.
Sun. April 23.....P. H. Women's Connection presents Caitlin Hicks - P. H. School of Music, 10:30 a.m.
Thurs. April 25.....SCRD regular board meeting - SCRD offices, 1:30 p.m.
Sat. April 27.....April Tools Wooden Boat Challenge - Madeira Park wharf, 10 a.m. to 3 p.m.
Sat. April 27.....Royal Canadian Legion No. 112 giant garage sale - Madeira Park Legion, 10 a.m. to 2 p.m.
Sun. April 28.....P. H. Music Society presents the Kwerks - P. H. School of Music, 2 p.m.
Mon. April 29.....Pender Harbour food bank pickup - P. H. Community Church, noon

Harbour Spiel Trivia Answers: 1. b 2. d 3. b 4. a 5. d 6. c



FERRY DEPARTURES

Effective to May 15, 2019

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferrries.com for information on added sailings during peak periods.

HORSESHOE BAY

7:30 am - Daily
8:45 am - Apr 19 only
9:45 am - Daily
11:55 am - Daily
2:10 pm - Daily
2:40 pm - Apr 18, 21, 26, 28 & May 3, 5, 10, 12 only
4:20 pm - Daily
5:30 pm - Daily
6:30 pm - Apr 22 only
7:50 pm - Daily
10:55 pm - Daily

LANGDALE

6:20 am - Daily
8:40 am - Daily
9:50 am - Apr 19 only
10:50 am - Daily
1:05 pm - Daily
3:15 pm - Daily
3:50 pm - Apr 18, 21, 26, 28 & May 3, 5, 10, 12 only
5:25 pm - Daily
6:40 pm - Daily
7:40 pm - Apr 22 only
8:55 pm - Daily

EARLS COVE

6:30 am - Daily except Sun
8:25 am - Daily
10:25 am - Daily
12:40 pm - Daily
5:05 pm - Daily
8:00 pm - Daily
10:30 pm - Daily

SALTERY BAY

5:35 am - Daily except Sun
7:25 am - Daily
9:25 am - Daily
11:20 am - Daily
3:40 pm - Daily
6:05 pm - Daily
9:30 pm - Daily

April is a promise that May is bound to keep.

~ Hal Borland

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