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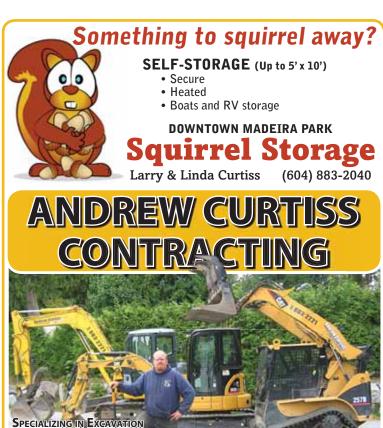


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# The Independent Voice of Pender Harbour & Egmont since 1990.

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#### **EDITOR**

Brian Lee

# **CIRCULATION (2,000)**

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- · Painted Boat Resort
- Pearl's Bakery
- Pier 17
- Prudential Sussex Realty
- · Roberts Creek General Store
- · Sechelt Public Library

# **CONTRIBUTORS**

This month we thank: Deb Cole, Shane McCune and Jan Watson.

Cover photo: Carole Rubin and Jacquie Ordronneau keeping the jazz festival running smoothly. (Brian Lee photo.)

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# NOVEMBER ISSUE MAILS OCT. 30

# editorial

# Respect and consultation work both ways



By Brian Lee

For as long as I've lived here, when members of the Sechelt Indian Band come to Pender Harbour, they usually wear cleats and proceed to

school us in soccer.

So, it surprised me when the former chief of the SIB, Garry Feschuk, issued a press release a couple of years ago claiming:

"In recent decades, the proliferation of private moorages has done significant damage to Sechelt's economy, fisheries, and way of life."

As the band's dispute with the province and subsequent moratorium on Pender Harbour docks enters its 12th year, a cynic might ask,

"What is it they really want?" Last month we got a hint.

The Sechelt Indian Band quietly erected a "longhouse" on provincial park land in Garden Bay.

It stands as a symbolic declaration that the SIB intend to assert themselves in Pender Harbour.

Confirming their political intent, a press release marking its completion opened with a reference to the recent recognition of Ts'ilhquot'in title to their traditional territory by the Supreme Court of Canada.

SIB Chief Calvin Craigan went on to say,

"Kalpilin [Pender Harbour] is at the heart of our territory and the importance of the area cannot be overstated."

Better than most, I would say, I understand Pender Harbour's centrality to the Shishalh people before measles and smallpox decimated their lot and missionaries forced a move to Sechelt in the late 1860s.

Pender Harbour has a rich archeological past and one I'm continuing to expand my appreciation for.

And I would welcome the band's recent interest if it came in the form

of investment and partnership rather than political posturing to exert more control over anyone who chooses to live or do business here.

There's an arrogance on the part of the SIB that rubs many the wrong way and it's exhibited by their complete lack of consultation with *our* community.

Consultation is at the very heart of their dispute with the province yet the band council hasn't the foresight to understand the same holds true with their closest neighbours.

The fact that waterfront owners in Secret Cove, Halfmoon Bay, Sechelt Inlet or Egmont are exempt from the dock ban only increases the wariness many Pender Harbour residents feel toward the band.

The SIB certainly has a legitimate beef with the province but it's not over Pender Harbour's clams.

How much has the ongoing uncertainty for newcomers looking to purchase waterfront property cost our community?

The SIB doesn't feel it owes us an answer.

Despite repeated attempts over the years, I've yet to receive a comment from anyone at the SIB.

Neither our community nor the *Harbour Spiel* were even invited to the longhouse opening celebration.

It seems we're a wealthy hostage whose captors' only interest is what they can ransom us for.

And anyone who cares to look past the cedar boughs and smudging ceremonies will find a corporate ambition that prefers confrontation over compromise.

I challenge anyone who claims a deeper connection to this land than the descendants of pioneer settlers who came here after the Shishalh left.

But we all should be offended by the SIB's refusal to acknowledge that the community that sits here now deserves a voice when it comes to asserting authority over it.

# lt ain treal if it's not in the Spiel.

# A CASE OF CRABS

#### **RECENT COURT OF APPEAL CASE:**

A defendent installed a homemade crabshelling device on his dock and invited his neighbour to use it. The neighbour cut himself, sued and won at trial but lost on appeal. There was no "unreasonable risk of harm." (Occupiers Liability Act.)





Events large or small.

> **Doug Davis** 604,740,2077



# spiel picks

# PENDER HARBOUR FALL FAIRE: Oct. 4, 10 a.m. - 3 p.m.

The 14th annual kickoff to fall in Pender Harbour. There's a harvest exhibition, hay rides, craft fair, dog agility show, chili cook-off, live music, cookie dressing and face painting for kids, pumpkin bowling and more. In Madeira Park — downtown and at the Legion.

The Fall Faire is also the day chosen to kick off the revival of the annual scarecrow contest. Hosted by the P. H. Community School, the scarecrow decorating contest was popular for years as local businesses and residents competed for the honour of creating the best scarecrow. Come out for one of a limited number of scarecrow frames. \$10 fee.

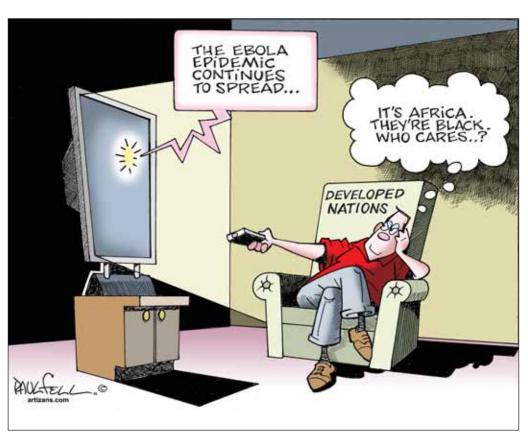
# SIXTH ANNUAL S. C. MUSHROOM FESTIVAL: Oct. 17-19, 10 a.m. - 3 p.m.

It's a three-day event that stretches throughout the Sunshine Coast but on Saturday, Oct. 18, the Sunshine Coast Mushroom Festival presents its popular mushroom show in the P. H. Community Hall from 11 a.m. to 4 p.m. There will be cooking and dyeing displays, identification tables, vendors and more. That night, hit the Ruby Lake Restaurant for their "Wild Mushroom Feast," a five course meal of mushrooms complete with identification displays.

## SUNSHINE COAST ART CRAWL: Oct. 17-19, 10 a.m. - 5 p.m.

While you're taking in the mushroom festival, why not visit one of 141 galleries and artists studios from Langdale to Lund that are taking part in the annual gallery crawl. Visit www.sunshinecoastartcrawl.com for more information on participating galleries.

toon



# P. H. Advisory Council hosts town hall meeting Sept. 14



Brian Lee photo

Over 80 people filled the Pender Harbour Community Hall for a recent town hall meeting hosted by the P. H. Advisory Council.

It's been only two years since the Pender Harbour Advisory Council hosted its first town hall meeting at the Pender Harbour Community Hall on Sept. 9, 2012.

Since then, the directors of the council have worked to fulfil the initial vision of recruiting members to find "Pender Harbour solutions to Pender Harbour issues."

On Sept. 14, the PHAC and representatives from local affiliate organizations updated the community on ongoing projects while outlining current challenges facing the Pender Harbour and Egmont communities.

# LILY LAKE WALKING TRAIL

Area A director Frank Mauro stepped up first to announce recent developments in the formation of a dedicated pedestrian pathway connecting downtown Madeira Park with Tyner Park and the P. H. Health Centre.

Mauro and the SCRD have been working with a consultant to identify how best to apply a portion of funding allocated to Area A from federal gas tax revenues.

Mauro says there is currently \$270,000 "committed" to the Lily Lake walkway project.

The remaining "uncommitted"
October 2014

Area A gas tax reserve sits at \$410,853 with a "good portion" to be used for future bikeway/walkway projects.

Mauro stressed that there has been much discussion with local landowners along the route and that there are still some details to be ironed out.

The current plan (see next page for map) involves a route that would likely follow Lagoon Road to Lily Lake Village where it would turn to follow road right-of-way to connect to lakefront parkland.

The path would then follow road right-of-way along the shore, eventually connecting to Tyner Park via a boardwalk over the water to bypass a section of private property.

Where it didn't follow asphalt roads, the 1.5-metre pathway would be

surfaced with gravel.

Other additions to make roadside portions of the pathway safer may include rumble strips and repainted lines.

# SUNSHINE COAST TRAILS SOCIETY

As the only local member of the Sunshine Coast Trails Society, Maureen Wright announced plans for a Coast-wide signage initiative.

Wright said the initiative came about through consultation with community members last year which indicated one of the biggest needs for accessing local trails is trail signage

> Included in the plan is a com-(continued next page)



Page 5

# PHAC town hall meeting (cont.)

(continued from p. 5)

munity trail map for Area A (location yet to be determined) to be constructed some time in early 2015.

Efforts are underway to engage the community for ideas as to where individual trail markers are needed and how to proceed with installation.

#### **VOICE ON THE COAST**

Voice on the Coast bills itself as an advocate for "attracting, retaining and engaging youth on the Coast."

VOTC co-chair Lori Pratt received a laugh from the crowd when she described her organization's definition of "youth."

"When we say 'youth on the Coast,' we're talking about that under-50 crowd."

Pratt played a short video called "What is Generation Squeeze?" that attempts to identify issues facing the younger generation today.

"What is Generation Squeeze" offers up some startling statistics, such as the fact the average Canadian household income in 1976 was \$65,360 in current dollars.

Today, that figure has risen to only \$68,580, despite the fact that many modern couples both work while the 1976 figure primarily involved a single income.

"Generation Squeeze" can be viewed on YouTube.

# RUBY LAKE LAGOON SOCIETY WOOD DUCK BUS

Dr. Michael Jackson outlined the recent developments and success of the Ruby Lake Lagoon Society's "Wood Duck Bus."

The RLLS has begun using the bus to ferry kids to nature programs at the Iris Griffith Centre but Jackson said it has been increasingly utilized by local community groups, allowing trips that otherwise may not have been feasible.

# P. H. CHAMBER OF COMMERCE (ECONOMIC DEVELOPMENT)

Len Lee outlined a number of initiatives the chamber is undertaking with other local groups including preliminary plans to develop a "mini-park" near the Hotel Lake water intake (across the road from the Sarah Wray Hall) involving the P. H. Living Heritage Society.

Another mini-park proposal, this time involving the P. H. Rotary Club, is hoped to be developed at Irvines Landing.

Elaine Park stood next to outline results from a report recently published by visiting students from UBC's Sauder School of Business.

Park outlined some of the observatons about Area A by the students.

Many of those observations aren't surprising — we have a static population with industry concentrated in construction and tourism.

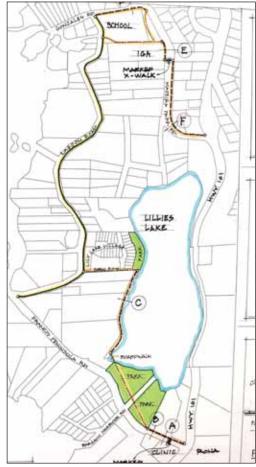
Area A's "beautful environment" was listed as a key strength as was its relatively affordable real estate.

But Park noted the students' observation that the promotion and marketing of these strengths, especially on the web, is lacking or at least "unco-ordinated."

Tourism promotion, specifically towards younger tourists who appreciate outdoor activities, was touted as one effort that could have an immediate impact on the local economy.

Improvements to infrastructure like trail signage and more services for campers and boaters were touted as something that would benefit the local economy in the longer term.

Bruce Thompson ended the P. H.



Brian Lee photo

The proposed route for the Lily Lake walking trail (in orange).

Chamber of Commerce's presentation by announcing plans for the creation of an economic development working group for Area A.

Thompson said plans are afoot to bring together "brilliant" business minds to look for ways to attract "bodies with wallets."

Thompson pointed out that every family that moves to the area brings a million dollars to the community in the form of home construction or material purchase.

To encourage those people to move here, Thompson said they are looking at redefining what Area A's "public identity" is through an improved web presence and traditional promotional vehicles like trade shows.

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photo submitted

Before the teachers' strike ended, Doug Elliott and George Connell surprised the teaching and support staff at Pender Harbour Secondary School on Sept. 10 with a barbecue. Elliott and Connell arrived to show their support with a truck full of equipment, skewers, potato salad, squash salad and apple crumble. Connell said the 'guerrilla lunch' took the strikers by surprise but they were obviously moved.

# ALLWELCOME:

# **Carpet bowling:**

Every Wednesday at P. H. Community Hall. Drop-in 1-3pm. \$3

# **Walking Club:**

Every Friday - 10am, P. H. Community Hall.

#### **Lunch Club:**

Oct 17 — Sima Sushi in Trail Bay Centre, 11:30am

## Tai Chi:

Oct 7 at the P.H. Community Hall. Drop-in 10am-11am. \$2

# **Healthy Living Fair:**

Tuesdays, Oct 14, 21 & 28 from 2-4pm Cost \$30 (includes 3 sessions) First & last sessions at Lily Lake Village meeting room. Second session at PH Aquatic Centre. Call to register.

Call Marlene for information and carpooling: **604-883-9900** 





# COMMUNITY CONNECTIONS FOR SENIORS

# **FREE LUNCH and LEARN!**

# Thursday, October 9 Pender Harbour Community Hall

10 a.m. ~ Doors open for tea and coffee 10:30 to 12 p.m. ~ Conversation, questions & answers 12:00 to 1 p.m. ~ Lunch and networking

Meet older adults in your neighbourhood.

Share ideas and concerns.

Learn about services for seniors.

Led by two senior volunteers from your neighbourhood. Free transportation and child or adult care available upon request.

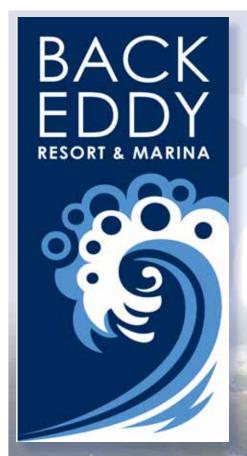
To sign up, call the Community Resource Centre at (604) 885-4088 or

email: admin@communityresourcecentre. in fo

Funded by the Government of Canada's New Horizons for Seniors program







# The best Prime Rib on the Coast is moving!

Starting Friday Oct. 3, the Back Nine Bistro PRIME RIB NIGHT moves to the Backeddy Pub!

# Why not make it an overnighter?

We have Christmas dinner & accommodation specials starting at just \$69 per person + tax (based on double occupancy).

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FRIDAY Noon to 8pm SATURDAY Noon to 8pm

SUNDAY Noon to 7pm



# Back Nine Bistro

Open for private functions (up to 50) from Oct. 15.

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Page 8

# Backroad trash bash collects over five tonnes of garbage

The Sunshine Coast Regional District's third annual "Backroad Trash Bash" attracted over 50 people to clean up trash illegally dumped in the Pender Harbour area on Sept. 13.

"We had a great turnout of really enthusiastic volunteers — it was truly a community effort. We could not be more pleased with the results," Robyn Cooper, SCRD zero waste co-ordinator, said in a press release.

Volunteers collected 5,035 kilograms of garbage made up of household garbage, tires, televisions, appliances, metal, and construction waste.

Included in that tally were seven refrigerators, 32 tires, three propane tanks and numerous batteries.

Volunteers included residents, members of the Pender Harbour Hiking Club, Sunshine Coast Geocachers and staff from BC Conservation Service, BC Parks and the SCRD.

"Public awareness of the illegal dumping problem has increased and there is a strong and unfavourable reaction to it," said SCRD board chair, Garry Nohr.

Afterwards, the Pender Harbour Rotary Club provided a barbecue lunch for volunteers.

If an illegal dump site is found, please report it to the conservation of-ficer service "Report All Poachers and Polluters" line at 1.877.952.7277 or online at www.env.gov.bc.ca/cos/rapp/form.htm.



Brian Lee photo

Trash Bash participants pose beside a full load of garbage at one end of the McNeill Lake Forest Service Road. Pictured (I-r): Poul Larsen, George Brown, Randy Picketts, Maureen Wright and Birgit Larsen



Brian Lee photo

Meanwhile at the end of the McNeill Lake Forest Service Road, another full load of garbage is ready to be transported to the P. H. Landfill. Pictured (I-r): Ted Bentley, Lise Aylmer, Frank Mauro, Joanne Mauro, Elena Mauro and Dick Aylmer.



# Diane Lines Saturday, October 18 · 7pm

Sponsors: SC Credit Union and Stephen & Carol Illingworth

Mimosa

Sunday, November 2 · 2pm

Sponsors: H&R Block and Madeira Park Law Office

School of Music

MADEIRA PARK \$25

PENDER HARBOUR & DISTRICT CHAMBER OF COMMERCE

Annual General Meeting

Wednesday, Oct. 22, 2014
12 noon
Pender Harbour Legion

# RCMP news

#### THIEVES TARGET BOAT MOTORS

Thieves hit Secret Cove and Madeira Park in the early hours of Saturday, Aug. 30, stealing six outboard boat motors.

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the beauty boutique 12374 Sunshine Coast Hwy.

Rona Centre stephsbeautyboutique.com

Sunshine Coast RCMP were called after owners discovered the overnight thefts at Buccaneer and Madeira Park marinas.

Six outboard motors were reported stolen, as well as two fuel tanks.

More thefts may have occurred but have not yet been discovered.

"These thefts were clearly targeted and these guys knew what they were looking for," said Sunshine Coast RCMP Const. Harrison Mohr.

"Even smaller boat motors are bulky and heavy, especially when you have six of them. We're sure that someone out there saw something or knows something that can help us track down these thieves and bring them to justice."

The thefts from Madeira Park occurred sometime after 1 a.m. on

Saturday morning.

Surveillance video shows two adult males leaving in what is believed to be a dark-coloured Jeep Cherokee, 2001 model or older.

The motors range from 3.3 HP to 20 HP and are all either Mercury or Yamaha outboards.

If you have any information related to these thefts, please contact Cst. Kahng with Sunshine Coast RCMP (604-885-2266), quote file #14-6177.

#### **BACKEDDY VANDALS**

Between Aug. 20 and 24, a vandal smashed out a window of a vehicle parked in the 16600 block of Backeddy Road, Egmont.

No other damage was reported and nothing was stolen.







@ scshroom.org

Participating restaurants are

are celebrating the season with

special mushroom dishes:

Wild game and mushroom menu

**Gumboot Restaurant** 

Four course mushroom-themed

dinner with wine pairing on

Ruby Lake Resort

Chasters

Two Can Dine menu

**Painted Boat** 

Saturday, Oct. 18

Chasters

Friday, Oct. 24.

Mushroom tastina menu

# **6TH ANNUAL SUNSHINE COAST**

OCTOBER 17-19, 2014 PENDER HARBOUR COMMUNITY HALL, MADEIRA PARK

SPECIAL GUEST: TAYLOR LOCKWOOD, PROFESSIONAL MUSHROOM PHOTOGRAPHER, AUTHOR, & VIDEOGRAPHER

#### FRIDAY, OCT. 17

#### **Taylor Lockwood 7pm**

Spirits of the Forest presentation Roberts Creek Community Hall

# SATURDAY, OCT. 18

# Mushroom Show 11am - 4pm

Pender Harbour Community Hall, Madeira Park Cooking, dyeing, ID tables, vendors and more.

## **Taylor Lockwood 5pm**

Spirits of the Forest presentation **Sunshine Coast Botannical Society** 

#### SUNDAY, OCT. 19

# Mushroom foray and tasting 11am

Come join our local experts. Registration is limited. Check scshroom.org for details.

**OUR SPONSORS** 









Fall Fare Gala dinner on



#### For more information visit: www.scshroom.org

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# photojournal



Brian Lee photo

The Sechelt Indian Band recently built a longhouse in Garden Bay Marine Provincial Park in Garden Bay. In an SIB press release marking the unveiling of the nicely finished cedar structure, Chief Calvin Craigan said, 'Shíshálh continues to govern our territory to ensure sustainability of our lands and prosperity of our people. As we have done since time immemorial, we are out on the land using and regulating the use of our lands. Today we celebrate the construction of a new longhouse at our village site in kálpílín (Pender Harbour). The longhouse will be used by Shíshálh members for a variety of cultural purposes. Kálpílín is at the heart of our territory and the importance of the area cannot be overstated.'



ohoto submitted

In what may be one of the more committed ways to ditch their kids and husbands in pursuit of wine, this group of local (mostly) moms ran the Kelowna Wine Country Half Marathon on Sept. 6. The 21.1 kilometre course offered up views of Okanagan Lake, the surrounding mountains and downtown Kelowna while it meandered past vineyards, farms and apple orchards. Some opted for the tandem relay option while others ran the entire course. Back row (I-r): Michelle Landry, Amy Perry, Mary Mackay, Darlene Fowlie, Melanie Ewen and Dina Girard. Front row (I-r): Jodee Young, Sherri Halliday, Carley Gooldrup and Anne Pino.

Don't-miss the P. H. Volunteer

Hallowee (weather permitting)

Come on out with the whole family for a great evening of entertainment, hot dogs, hot drinks and a bonfire at Seafarer Millennium Park, the best/viewing spot in all of Pender Harbour!

PLEASE SUPPORT THIS EVENT BY BUYING A RAFFLE TICKET
Tickets available at: the IGA, S.C. Credit Union, John Henry's, Oak Tiree Market
Pharmacy, Rona, P.H. Diesel, Copper Sky Cafe, Harbour Insurance, Java Docks
your favourite Pender Harbour firefighter.

~ Winners will be drawn Halloween night at the fireworks

ALL PROCEEDS GO TOWARDS THE PHYED FIREWORKS

# PRIZES:

- 2.5HP Mercury four stroke outboard motor Madeira Marina
- \$400 local gift certificate Sunshine Coast Credit Union
- 16GB tablet Dave Milligan/Sunshine Coast Homes
- 12 gauge flare gun and rescue kit Pender Harbour Diesel
- \$200 value gas card Prudential: Bill Hunsche/Teresa Sladey
- 2 in 1 Vital grill RONA
- \$200 value gift certificate IGA
- \$200 value meat package Oak Tree Market
- \$200 value boat gas John Henry's Marina
- Inflatable boat with oars Marina Pharmacy
- 100 pc 20V drill set Guillevin Inc.
- \$200 gift pack The Closet Factory
- Two 18 hole green fees w/ cart P. H. Golf Club

The P. H. Volunteer Fire Department thanks the donors and those who purchased raffle tickets. Without your help the fireworks display would not be possible.

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# **Harry George Brown**

JULY 20, 1936 - SEPTEMBER 13, 2014



Harry Brown passed away suddenly at home Saturday, Sept. 13.

He is survived by his loving wife of 57 years, Phyllis, and his five children: Cathy, Donald (Jackie), Glen, Heather and Shelly.

Harry had nine grandchildren and three great-grandchildren

He is also survived by seven

sisters: Margaret, Maxine, Bertha, Donna, Carolyn, Dorothy and Mary, and by brothers Billy and Joe.

Harry was predeceased by his sister Delores and brother Sonny.

Harry was born in Garden Bay to James and Irene Brown and lived as a child at Silver Sands where he attended the Silver Sands school.

When he and Phyllis married, they moved to their home in Garden Bay where Harry lived until his last day.

As a young man, Harry logged but at age 20 he started commercial fishing.

Fishing — and his beloved *Hazel Mae* — took Harry all over the coast and there isn't a port along the way where someone doesn't have a story to tell about him.

Harry was an avid hunter and looked forward to each and every hunting trip with "his boys."

He was a kind, caring man who loved his family and friends and

helped so many people along the way.

He was forever giving away fish and prawns to his neighbours and friends or anyone who just happened to be walking by the dock while he was tying up.

He will be deeply missed by his family and everyone else whose life Harry touched.

Harry's family would like to thank Harry's travelling partners over the years, especially Fernando and Bill who would meet in Pender Harbour for a slice or two of Phyllis's blackberry pie before heading north.

Garden Bay will not be the same without him.

A celebration of life was held on Sept. 28 at the Madeira Park Legion followed by a gathering at the Sundowner Inn, where Harry was born.

In his final days, Phyllis claims Harry's biggest worry was about the dwindling availability of Brylcreem.

But Harry died satisfied — he had just picked up two tubes. "Boy!"

# **Fay Ethel Francis**

**NOVEMBER 11, 1940 - SEPTEMBER 2, 2014** 



It is with great sadness that we report that Fay Francis collapsed at home and passed away the following day in hospital. She was 73.

Fay is best remembered for her capacity to love.

Although it took two previous marriages to get it right, the love between herself and her husband Kory was the stuff of legend.

As epic as was all that, there was still room in her heart for the child Kory brought with him.

Dana became the daughter she never had and a much loved sister to Rod, the child she still had at home.

The strong, nurturing and loving blended family they created would withstand anything.

Fay loved her home, her neighbours and her beautiful community.

Despite failing health, she resisted all attempts to move her and so managed to live and die on her own terms, in the home she loved, and surrounded by the friends and community who were so important to her.

Her family is grateful to all who helped make that possible, especially neighbour and close friend Leanna.

Fay is survived by her son Rod (Lori), grandchildren Kayla and Dallas and stepdaughter Dana, sons George and Michael.

There will be no service by request.

# Trash bash, health wealth and town hall



By Frank Mauro, Area A Director

# **OUR COMMUNITY**

In the past few weeks I have had the opportunity to attend and participate in sev-

eral community events.

I am always amazed and appreciative of the involvement of our residents and volunteers in coming together to work toward improving many aspects of our community.

#### TRASH BASH

I would like to thank everyone who participated and made a great success of the back-road cleanup "Trash Bash" on Sept. 13.

Many illegal dump sites were cleaned up, greatly benefiting the

community and environment.

Six tonnes of waste was collected including household garbage, tires, televisions, appliances, metal and construction waste.

Surprisingly, much of the material found, such as televisions and tires, can be disposed for free under product stewardship programs.

My hope is that, now that we have significantly reduced the amount of garbage in the bush, we can maintain our expectation and reduce illegal dumping.

# 'MY HEALTH, MY COMMUNITY' SESSION

A session was held at the Pender Harbour Legion on Sept. 17 to present and discuss the responses to a Vancouver Coastal Health survey that was circulated in the first half of the year. There were several representatives and speakers from VCH including district health officer Dr. Paul Martiquet.

The preliminary results from the rural areas of the regional district were presented.

Many factors were measured such as socio-demographics, health status, health care access, lifestyle, built environment and community resilience.

The purpose of the session was to engage the public in determining what the key issues are and to get some suggestions for action plans.

There was good discussion, resulting in some interesting suggestions demonstrating "out of the box thinking."

There is a follow-up session scheduled that will include presenting



the results from the whole Sunshine Coast including information gathered from the municipality sessions.

It will be held on Thursday, Oct. 16 at 7 p.m. at the Sunshine Coast Golf and Country Club.

It will be well worth attending.

#### **TOWN HALL MEETING**

A town hall meeting on Sept. 14 held by the Pender Harbour Advisory Council was well attended and very successful.

Presentations on economic development, Voice on the Coast (representing the younger generation), an update on the Madeira Park to Health Clinic walkway (Lily Lake) and an update by the Ruby Lake Lagoon Society on the use and availability of the community "Wood Duck" bus were made.

Many questions, ideas, and discussions on all topics were raised by those attending and all groups and participants appreciated the interaction and benefited from the session.

An example of one economic development idea suggested and explored was to have a descriptive name for the area.

It was noted that "Venice of the North" has not really caught on and perhaps "Lake Country" is more accurate but used elsewhere.

I am positive that this is something worth pursuing and that the creative minds in the area will come up with an appropriate term.

## **UPCOMING LOCAL ELECTION**

Most people are aware of the upcoming local government election and I have been asked many times if I am planning to run again.

My answer to them is that I have mostly enjoyed the last three years

and that it is encouraging to have received much positive feedback.

Also there are projects that have been started such as the official community plan review and the bikeways/walkways projects that I am eager to see completed.

For those reasons I have put my name forward to run again.

#### **OPEN DISCUSSION**

I will be available between 8 a.m. and 10 a.m. on Friday, Oct.3 at the Copper Sky in Madeira Park to answer questions and to listen to your concerns.

I can also be reached at (604) 740-1451 or by email at *Frank.Mauro@scrd.ca*.



Until **November 1**<sup>st</sup>, you can help your
11- or 12-year-old kick-start their savings with the
Humanomics Youth Savings Account.
It teaches investing, provides savings, and gives them
up to **\$125 for free**.\*

Join us for a fun, free interactive workshop that will help you kick off the money conversation & help your child gain important money skills at an early age.

October 18th, Sechelt Branch 11am-12pm Save your seat: **604.885.3255** Content designed for parents & youth age 9-12

# Learn more at HumanomicsCU.ca

604.886.8121 604.885.3255 604.883.9531





\* Offer available for a limited time only and may be withdrawn at any time without notice during the offer period. Terms and conditions apply.

# **Pender Harbour Community Day**

Over 46 community organizations took part in the first ever Community Day at the Pender Harbour Community Hall Sept. 27. Volunteer representatives set up displays and were available to provide information about their services and membership. The event was organized by the Pender Harbour Advisory Council and sponsored by the Sunshine Coast Regional District and the Rotary Club of Pender Harbour. (Brian Lee photos)



P. H. Volunteer Fire Department



P. H. Health Centre Society and Sunshine Coast Better at Home



Royal Canadian Marine Search and Rescue



P. H. Seniors Initiative and P. H. Community Club



P. H. Golf Club and P. H. Lions



P. H. Fall Faire Society and SCSHROOM



P. H. Living Heritage Society



P. H. Music Society



P. H. Reading Centre



P. H. Choir and P. H. Seniors Initiative



P. H. Dragontinis and the recently announced Pender Harbour Days



Ruby Lake Lagoon Society

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P. H. Garden Club and P. H. Women's Connection



Serendipity Child Care Centre



P. H. Blues Festival



P. H. Hiking Club



Rotary Club of Pender Harbour



Royal Canadian Legion Pipe band



**Egmont Heritage Centre** 



P. H. Wildlife Society



Harbourside Friendships and St. Mary's Hospital Auxiliary





# **ORGANIZATIONS DIRECTORY**

Blues Society	883-2642
Bridge Club	
Chamber of Commerce, P. H. & Egmont	
Coast Guard Auxiliary, Unit 61	
Community Club, Egmont	
Community Club, Pender Harbour	883-2583
Community Policing	
Community School Society	883-2826
Egmont & District Volunteer Fire Department	883-2555
GRIPS (Recycling Society)	
Garden Bay Sailing Club	
Guides, Brownies, etc.	
Harbour Artists	883-2807
Harbourside Friendships (Thur. 10:30 -1 p.m.)	883-9766
Health Centre Society	883-2764
Health Centre Auxiliary (Last Monday, 1p.m.)	883-9957
InStitches (Last Thursday, 11 a.m., PHHC)	
Lions Club, Egmont	
Lions Club, Pender Harbour (1st & 3rd Tues.)	883-1361
Men's Cancer Support Group	883-2393
P. H. Aquatic Centre Society	885-6866
• P. H. Choir (7 p.m., Tuesday)	883-9248
• P. H. Garden Club	
• P. H. Golf Club	883-9541
• P. H. Hiking Club (8:30 am, Mon. & Wed.)	883-2054
P. H. Living Heritage Society	
P. H. Music Society (bookings)	
P. H. Paddling Society	
P. H. Piecemakers (quilters)	
• P. H. Pipe Band	
P. H. Power & Sail Squadron	
P. H. Volunteer Fire Dept (Wed. evening)	883-9270
Reading Centre Society	883-2983
Rotary Club (noon Fri. Garden Bay Pub)	883-2544
Royal Canadian Legion No. 112	
Ruby Lake Lagoon Society	
Skookumchuck Heritage Society	
• St. Mary's Hospital Auxiliary (2nd Wed.,1:30 p.m.)	
Seniors' Housing Society	
Serendipity Child Care Centre	
Sunshine Coast Better At Home	
• Sunshine Coast SHROOM	883-3678
• TOPS (Take Off Pounds Sensibly)	740-1509
Wildlife Society (3rd Tues. PHSS)	
Women's Cancer Support	883-9708
Women's Connection (2nd & 4th Tue.)	
Women's Outreach Services	/41-5246

Many of the above organizations urgently require volunteers.

If you have some spare time and talent, please contact one of the clubs or societies to offer help.



# organizations

#### ROTARY CLUB OF PENDER HARBOUR ART AUCTION

The 13th annual Rotary Club of Pender Harbour Art Auction is bigger and better than ever before. New larger premises at the Royal Canadian Legion in Madeira Park will allow for much more elbow room and comfort. This year the event is set to go on Saturday, Nov. 8 at 6 p.m. There will be a silent auction and a live auction showcasing art for every taste and budget. Funds raised will be used for local and international Rotary projects. The Rotary Club is now looking for auction items for commission sales. For details contact Yvonne Stowell at Fibreworks Studio, (604) 883-2380

#### P. H. GARDEN CLUB

The Pender Harbour Garden Club's October meeting will be a week late because of Thanksgiving. On Oct. 20, at 10 a.m. at the P. H. School of Music in Madeira Park, Michelle Young, master landscaper from Salish Soils will discuss home composting and the technology of Salish Soils compost and other products.

#### P. H. WILDLIFE SOCIETY

The P. H. Wildlife Society is very pleased to welcome Rand Rudland as their guest speaker for October. Rudland is a long-time resident of the Sunshine Coast, often travelling to remote parts of the globe in search of new adventure and new wildlife. Rudland will present an overview of his 24-day, 5,000 kilometre driving trip to Paraguay and the UNESCO World Heritage Iguazu Falls area. He was joined by eight other birders from the Sunshine Coast, including our own Michael Jackson.

Accompanied by a slide show, Rudland will discuss the many varied habitats, birdlife (over 700 species, 60 new in the last 10 years), mammals (167 species), herps, butterflies and geography of Paraguay and the adjoining Iguazu Falls area of Brazil and Argentina. The meeting is at 7:30 p.m. at the Pender Harbour Secondary School on Tuesday, Oct. 21. There is no charge and all are welcome.

# BARD IN THE HAND THEATRE COMPANY

"Bard in the Hand" is a recently-formed theatre company focusing on the upper Sunshine Coast. They will have a "kick it 'til it bleeds" get together at Geopia Gallery and Garden at 1 p.m. on Saturday, Oct. 4. They hope to establish a production team and audition protocol for an upcoming outdoor production of "Midsummer Night's Dream" being staged at the Sunshine Coast Botanical Gardens next August. For information, call George at (604) 883-2299 or gc@extroverse.ca. Lunch will be served.

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# Wake up, boaters!

Dear Editor.

We are writing to express concern about damage being done to docks and the environment within Pender Harbour by large wakes caused by speeding or careless boaters.

Recently, in Farrington Cove, where we live, there has been damage done to water lines, electrical lines and boats.

The resulting property damage has been significant.

Large wakes are also dangerous to other boaters, especially within the harbour where kayaks and other more fragile watercraft and toys abound.

In addition, the action of excessive boat wake and propeller wash physically destroys coastal shorelines and stream banks.

This damage increases the sedimentation and turbidity of the water column creating an environment harmful to fish, releasing nutrients that promote the growth of algal blooms

that further reduce habitat and water quality.

Significant numbers of birds and aquatic wildlife depend on shoreline habitat.

Even a little loss of shoreline soil can cause major declines in wildlife populations that depend on the habitat.

Generated sediments cover fish, frog, and insect eggs in the water, smothering them.

Wakes can swamp or destroy the nests of birds like loons.

We realize that the size of the wake does not necessarily depend only on the speed of the boat.

It is incumbent on each boater to decide on the correct combination of speed and the resulting wake to assure the safety of other boaters, marina assets and of the environment.

Boats proceeding in an unsafe manner within Pender Harbour resulting in a risk of damage should be photographed and reported to the RCMP.

Karen and Jeff Dyck

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   Hormone Balancing
   Stress Management
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Wendie Milner: 604-883-9361

**OCTOBER 18** 

European

Doors open: 6 pm

Dinner: 6:30 pm

Tickets: \$22

(At the Legion or Harbour Insurance.)

ktoberfest

# Laziness killed the beast

Dear Editor,

A big huge Harbour Seal of Disapproval, to the person who had the bear trapped this week.

Quit being lazy and clean up your garbage and pick the fruit off your trees or bushes.

Maybe you should just cut them down if you can't take care of them because the bear is dead now because

of you.

You may not know but another bear will be soon taking over the last bear's territory.

So smarten up or go back to the city or whereever you came from as this is the bear's home just as much as you want it to be yours.

Plus remember the bear let you come here so respect him or her.

Eric Thorne

(604) 883-2235

Roval Canadian Léaion #112

**NEW MEMBERS ALWAYS WELCOME** 

# **LETTERS**

The Harbour Spiel welcomes letters to the editor. Letters should be of local interest, exclusive to the Harbour Spiel and include your full name, address and daytime phone number for verification. Letters may be edited for length and clarity.

e-mail: editor@harbourspiel.com



Shopping Centre? Pender Hill?  □ a. Miss Sunny's Hair Boutique □ a. Hotel Lake	
□ a Miss Sunny's Hair Boutique □ a. Hotel Lake	
a. Wild Sailing Strain Boundace	
□ b. IGA □ b. Sakinaw Lake	
☐ c. Pender Harbour Restaurant ☐ c. Daniel Lake	
□ d. Taffy's □ d. Mixal Lake	
2. What is the key difference between transient and resident Orca whales?  5. When does the Skookumchuck produce the bestanding wave for kayakers?	est
□ a. Size □ a. Noon	
□ b. Slack tide	
☐ c. Vocalizations ☐ c. Ebb tide	
☐ d. Markings ☐ d. Flood tide	
3. What is the Shishalh name for the Marbled Mur-relet?  6. What breed was "Duke," the infamous roving deira Park dog?	Ma-
☐ a. Spipiyus  ☐ a. Golden Retriever	
□ b. German Shepherd	
☐ c. Bloodhound	
☐ d. Héwhíwus ☐ d. Jack Russell Terrier	

Answers: p. 42

Four-plus: Local Two-plus: Newbie Less than two: Townie

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# Start good saving habits early

Submitted

According to a national poll carried out by Ipsos Reid in March, only 44 per cent of Canadian parents speak to their children about money matters.

To combat this trend, a group of credit unions have collaborated to launch a variety of financial literacy tools and tips to assist Canadian parents in undertaking this life skill discussion.

After introducing Canada's firstever bonus savings account for 11and 12-year olds earlier this year, the credit unions behind the "Humanomics youth savings account" are going one step further to improve the knowledge and saving habits of youth.

The Humanomics youth savings account has a preferential interest rate and will provide eligible youth with a bonus of up to \$125 after three years.

Now a free, online workbook designed to facilitate a money skills conversation between youth and parents is being provided along with the fall savings account offer.

"Saving is one habit that really pays off in the long run and the earlier we can instill this in our children, the better," said Shelley McDade, chief executive officer, Sunshine Coast Credit Union.

Here are five simple tips to help parents approach the money conversation:

1. Start young.

Children love to collect things, so build on your child's interest in coins and provide them with a piggy bank they can use to start a collection.

2. Use visuals.

There are a number of websites and apps available that have been designed to help children understand money management by tracking their spending or helping them save for a specific goal.

3. Leverage real life lessons.

Take your child with you when you run errands such as grocery shopping and use store coupons to create a savings game.

> 4. Give your child an allowance. Attach the allowance to specific

duties to reinforce that financial compensation is reliant on certain tasks and responsibilities.

5. Encourage savings.

Show your child that money has profit-making potential all on its own.

If possible, consider contributing to the pot if they save, similar to how interest builds in a savings account.



# It's what you don't see that keeps you safe.

At Pender Harbour Dental, we take safety seriously. It's why we constantly reinvest in equipment upgrades.

Last year we installed a cutting edge hospital grade sterilization centre in an effort to maximize the safety of our patients and staff.

It may not look like much but the LISA sterilizer (left) is as good as it gets exceeding current infection control requirements.

It's just one part of a system that includes ultrasonic disinfection followed by further cleaning in a Hydrim (a specialized dishwasher). The instruments are then wrapped and sterilized under extreme heat and pressure to predictably eliminate any and all pathogens.

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# business directory

#### Look here first.

The Harbour Spiel Business Directory is your best bet for services from longtime and trusted community members.

# **ACCOUNTING & BOOKKEEPING**

Coast Group Chartered Accountants	.885-2254
• Louise McKay Inc	883-2622

#### **AUTO REPAIRS & SERVICE**

Pender Harbour Automotive and Tire	.883-3646
Pender Harbour Diesel	.883-2616

# BACKHOE

#### BEAUTY SALONS

Steph's The Beauty Boutique......883-0511

#### **BUILDING SUPPLIES**

RONA Sunshine Coast	.883-9551
Gibsons Building Supplies	.885-7121

#### CARPET CLEANERS

The Brighterside Carpet Cleaning......883-2060

K•E•R ENTERPRISES Trucking & Excavating

KERRY RAND ..... 883-2154



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Sundays: 10 a.m. to 2 p.m.

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Harbour Spiel

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# **D**...

DINING

Harbour Pizza	.883-2543
Triple B's Burger Stand	.883-9655

# DOCK & RAMP CONSTRUCTION

• Garden Bay Marine Services ......883-2722

# E

# ELECTRICIANS

BG Clerx Electric	.883-2684
• L.A. Electric	.883-9188
Reid Electric	.883-9309

# F

# FINANCIAL INSTITUTIONS

• S.C. Credit Union, Pender Harbour.....883-9531

G

# Residential and Renovation Specialist BILL REID reg. #7598 Telephone 883-9309 Cell phone 885-8200

# GENERAL CONTRACTOR

<ul> <li>Andrew C</li> </ul>	Curtiss Contracting	883-2221
<ul> <li>Carpentry</li> </ul>	and renovation	883-1170

#### GENERAL STORE

<ul> <li>Bathgate General Store, R</li> </ul>	Resort & Marina	883-2222
Oak Tree Market		883-2411

# H

#### HAIF

Pender Harbour Barber	.883-0211
Steph's The Beauty Boutique	.883-0511
Sweet Pea's Hair Studio	.883-9888

# HARDWARE

L

# LANDSCAPING & GARDENING

<ul> <li>Alligator Landscaping</li> </ul>	740-6733
Stephan Landscaping	740-1041

# LAWYER

Dawson & Associates(778)	487-2074
Madeira Park Law Office	.883-2029

# LOGGING

• Sladey Timber ......883-2435



Madeira Park Veterinary Hospital Dr. Rick Smalley, DVM

604-883-2488

DAY AND EMERGENCY

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9 a.m. - 5 p.m.
SATURDAY
9 a.m. - Noon

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MASSAGE

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MOBILE HOMES

MOBILE MECHANIC

Mobile Mechanic Auto and Marine (Dave).....741-2286

P

**PAINTING** 

• Kim's Painting and Decorating ......740-6177

PHYSIOTHERAPY

• Paul Cuppen ......740-6728

PLUMBING

• Road Runner Plumbing......740-2103

POWER POLE & LINE SERVICE

Midway Power Line Services ......885-8822

PRINTING

Coast Copy Centre (Sechelt) ......885-5212

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Tyee Pacific Marine Operations......399-8688

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PUBS

• Garden Bay Pub......883-2674

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• John Thompson, Re/Max Oceanview ......883-9090

Prudential Sussex Pender Harbour......883-9525

REIKI AND BODYWORK

• Gwen Christensen.....(778) 848-3314

S

SEPTIC SERVICES

AAA Peninsula Septic Tank Pumping Service.......885-7710

STORAGE

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Page 26

# business directory

# TRUCKING SERVICES

**V**.....

# VETERINARIAN

Madeira Park Veterinary Hospital Ltd......883-2488

W

# WELDING

• Jim's Welding......883-1337

# WELLS AND WATER PURIFICATION

# WINDOW COVERINGS

#### WINE

• Village Vintner ......865-0640

photojournal



Brian Lee photo

It was the summer for whale sightings on the Sunshine Coast. Here's just another pod passing Francis Peninsula on Aug. 31.

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October 2014



Keith Shaw photos

Rebecca Knowles of Lush Weddings had the Pender Harbour Community Hall looking dazzling for the wedding of Tyler Forsyth and Michelle King (inset) on Aug. 31.



SUNSHINE COAST WOMEN'S SOCCER LEAGUE "SUNSHINE COAST MEN'S SOCCER LEAGUE"

# PENDER HARBOUR BANANA PEPPERS

2014 Game Schedule (Homes games: P. H. Lions Park)

Sun. Oct. 5: BPs vs Source - Lions (12:30 p.m.)

Wed. Oct. 8: BPs vs Blazers - Ted Dixon (7 p.m.)

Wed. Oct. 15: BPs vs Mayhem - P. H. Lions (7 p.m.)

Sun. Oct. 19: BPs vs Mayhem - Brothers (12:30 p.m.)

Wed. Oct. 22: BPs vs Ya Yas - Ted Dixon (7 p.m.)

Sun. Oct. 26: BPs vs Blazers - Cliff Gilker (12:30 p.m.)

Wed. Oct. 29: BPs vs Mayhem - Ted Dixon (7 p.m.)

Sun. Nov. 2: BPs vs Sitas - P. H. Lions (12:30 p.m.)

Wed. Nov. 5: BPs vs TBA - Ted Dixon (7 p.m.)

Sun. Nov. 9: BPs vs Source - Connor (12:30 p.m.)

Wed. Nov. 19: BPs vs Sitas - Ted Dixon (7 p.m.)

Sun. Nov. 23: BPs vs Ya Yas - Ted Dixon (12:30 p.m.)

Sun. Nov. 30: BPs vs Ya Yas - P. H. Lions (12:30 p.m.)

2015 dates/times: TBA

SHINE COAST WEN 3 SOCCER LEAGUE

# PENDER HARBOUR BANANAS

2014 Game Schedule (Homes games: P. H. Lions Park)

Sun., Sept. 21: Bs vs Wolves - P. H. Lions (10:30 am)

Sun., Sept. 28: Bs vs Sitas - Shirley Macey (10:30 a.m.)

Sun., Oct. 5: Bs vs HMB - P. H. Lions (10:30 am)

Sun. Oct. 19: Bs vs Chiefs - Ted Dixon (10:30 am)

Sun. Oct. 26: Bs vs RPFC - Brothers (10:30 am)

Sun. Nov. 2: Bs vs Wolves - Ted Dixon (10:30 am)

Wed. Nov. 9: Bs vs Sitas - P. H. Lions (10:30 a.m.)

Sun. Nov. 16: Bs vs Halfmoon Bay - Connor (10:30 am)

Sun. Nov. 23: Bs vs Chiefs - P. H. Lions (10:30 am)

2015 dates/times: TBA

3



Please join us for a community celebration of clean drinking water at the official opening of the South Pender Harbour Water Treatment Plant.

Come for a tour of the water treatment plant and join the celebration. The Sunshine Coast Regional District wishes to acknowledge and celebrate the funders and leaders whose contributions made it possible to build a water treatment plant for the community of South Pender Harbour.

Date: Tuesday October 7, 2014

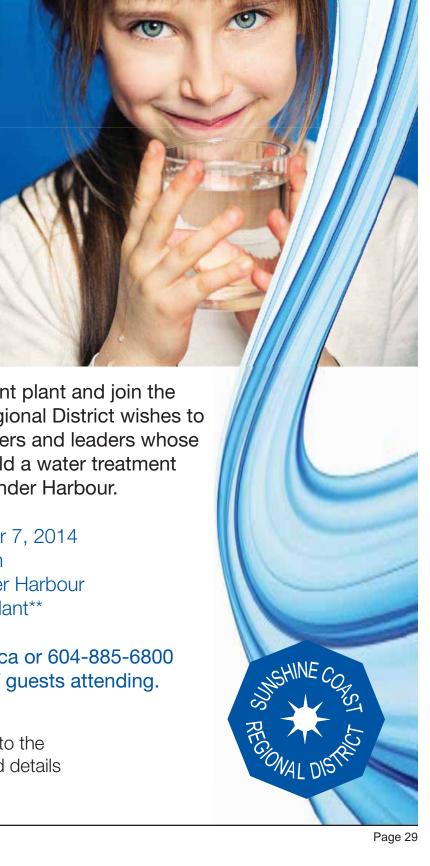
**Time:** 1:30pm

**Location:** South Pender Harbour

Water Treatment Plant\*\*

Please RSVP to infrastructure@scrd.ca or 604-885-6800 by September 30. Include number of guests attending.

\*\* A shuttle bus service will bring guests to the water treatment plant. Meeting place and details available upon RSVP.



October 2014



# PENDER HARBOUR

# HEALTH CENTRE



Please check the website for current hours and information: www.penderharbourhealth.com

# **NURSING SERVICES** – 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections
- Home Care/Palliative care Dressings
- Blood pressure

#### **DENTISTRY** – 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela Darlene Fowlie – Hygienist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Dentures Surgical Extractions

# **PUBLIC HEALTH NURSE** – 883-2764

- Well Baby Clinic
- Child and Adult Immunizations
- \*\*All travel immunizations done in Sechelt

# FAMILY NURSE PRACTITIONER— 883-2764 Annaliese Hasler. NP

Aimanese masier, Ni

• Women and Youth Health Services

# **FOOT CARE NURSE** - 740-2890

Sharon Gilchrist-Reed LPN

- · Foot care nursing
- Reflexology/Kinesiology

#### **COUNSELLING SERVICES**

Siemion Altman – MD Psychiatrist – 885-6101 Tim Hayward – Adult Mental Health – 883-2764

## **PHYSICIANS** – 883-2344

**Drs. Cairns, McDowell, Robinson & Justin L Smith** Monday to Friday 9 a.m. – 5 p.m., by appointment only

# HARBOUR PHYSIOTHERAPY - 740-6728

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- Sports Injury Treatments
- Post-operative Therapy/Home Visits

#### CHIROPRACTORS - 883-2764

Dr. Blake Alderson, DC

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- Home visits available: (604) 885-5850

#### Dr. Terry Dickson, DC, BSc, ART provider

- Second to third Saturdays and Mondays of the month, 8 a.m. noon, by appointment.
- Please call North Shore Wellness Centre, (604) 980-4538 or email: info@nswellness.ca

# MINISTRY OF CHILDREN AND FAMILY DEVELOPMENT:

# CHILD AND YOUTH MENTAL HEALTH

Elaine Hamel and Rhonda Jackman, child and youth mental health clinicians available:

- P. H. Clinic Tues. & Wed. afternoon
- Mental Health Assessments & Therapy: Children age 0-19
- For more information call: Child & Youth Mental Health Intake (604) 740-8900 or (604) 886-5525



THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group in the fall, trained volunteers are available. Call Kathy Bergman at (604) 883-2764.

ALCOHOLICS ANONYMOUS meets Wednesdays at 8 p.m. – everyone welcome.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats, respiratory nebulizers etc.

First-class health care for the people of the Pender Harbour area.

Page 30 Harbour Spiel

# Community Health & Well-being Week, Oct. 5-11

Submitted

The Community Health and Well-being Week was started by the Canadian Association of Community Health Centres which serves as the federal voice for community health centres and community-oriented, people-centred primary health care across Canada.

Through the vision and support of the community, the Pender Harbour and District Health Centre Society owns its building and provides nursing services.

Funding comes from VCH which covers most of the medical costs, the SCRD which provides for most of the upkeep of the premises, donations and rent from doctors, dentists and other health care providers.

Thanks to this unique combination of funding sources, neither you nor MSP are billed for services provided by the nurses.

The health centre is pleased to directly provide or support a number of programs for the benefit of the people of our community.

They are made possible by the dedicated efforts of staff, other health-care professionals and volunteers.

That includes the volunteers of the PHHC auxiliary who work at the Bargain Barn for the benefit of the health centre.

#### HARBOURSIDE FRIENDSHIPS

Harbourside Friendships has operated for over 25 years, thanks to support from the auxiliary.

It is a weekly gathering where seniors can enjoy a variety of activities and a good meal.

A nurse attends regularly to monitor overall health levels and address health-related concerns.

#### P. H. SENIORS INITIATIVE

Funded by the Vancouver Coastal Health SMART Fund, the Pender Harbour Seniors Initiative leads several activities in an effort to reduce seniors' social isolation.

They include carpet bowling, walking group, lunch club and numerous excursions on the Sunshine Coast, usually with the Ruby Lake Lagoon Society's Wood Duck bus.

#### YOUTH CLINIC

The youth clinic is a drop-in centre operated through a collaboration between nurse Susan Nattall and VCH nurse practitioner, Annaliese Hasler.

Open on Tuesday afternoons between 3 and 5 p.m., it provides youth with confidential access to health services including sexual health, counselling and referring as needed.

#### **WOMEN'S WELLNESS**

Susan and Annaliese also provide Women's Wellness, focusing on general health issues, education, screening for cervical cancer and breast health.

## **HEART AND STROKE**

The Pender Harbour Health Centre serves as the Heart and Stroke Foundation resource centre for the Sunshine Coast.

It has offered the Healthy Hearts program, now evolved into the Healthy New Start, starting in October at the P. H. Aquatic and Fitness Centre.

Designed for those with chronic disease such as diabetes, heart, kidney and/or history of stroke and weight management challenges, it offers a safe environment with a certified fitness specialist and registered nurse at each class.

## **CHRONIC CONDITIONS AND PAIN**

Working with the University of Victoria self-management programs, the health centre has supported programs for managing chronic conditions and managing chronic pain.

Health centre staff are currently working towards hosting a managing diabetes program.

#### PALLIATIVE CARE

Trained, caring palliative support volunteers offer support as needed for palliative patients and their families.

#### BEREAVEMENT SUPPORT

A bereavement support group meets at the health centre, providing mutual understanding and guidance for people who have lost loved ones.

#### **BETTER AT HOME**

Better at Home enjoys a good relationship with the health centre and its other programs.

A United Way program, it provides non-medical services for seniors to better enable them to remain in their own homes.

Services include friendly visiting, transportation, grocery shopping, and light yard work and housekeeping.

# **ALCOHOLICS ANONYMOUS**

Alcoholics Anonymous meet on Wednesdays at 8 p.m.

#### **TOPS**

TOPS (Take Off Pounds Sensibly) meets Fridays at 10 a.m.

In keeping with its mission and vision, the Pender Harbour Health Centre is constantly looking to add and improve programs for the health-related benefit of our community.

# Golf is played in your head...



By Jan Watson

The Junior Championship was a nine-hole stroke play event held on Sept. 10

Our new champion is Julian Chiasson.

Runner-up was Al Cook and in third place, Cole Charlton.

KP on No. 3 was Al Cook and longest drive went to Julian Chaisson.

The long drive on No. 7 went to Jordon Weir who also shot 47.

#### **MEN'S CLUB**

On Sept. 2, Individual stroke play, low gross winner was Lorne Campbell shooting two under par 70.

Second flight winner was Kirk Mackie with 93.

Low net winners (with a tied score of 67) were Bruce Forbes and John Forward.

KPs on No. 3 was Bruce Forbes, No. 6, Lorne Campbell, No. 12 Wayne Babcock and No. 15 John Forward.

Sept. 9 saw stroke play.

Low gross winner was Merv Oleksyn with 79 and low net winner was Mike Reid with 66.

KPs on No. 3 was Andrew Barker, No. 6 Merv Oleksyn, No. 12 Bob Alexander and on No. 15, Ron Needham.

#### LADIES' CLUB

Nine ladies represented Pender at the Ladies Malaspina Tournament in Powell River on Sept 6 and 7.

Lorraine Wareham won fifth low net with a 36-hole total of 150 and Anita Caspersen was sixth low net with 152.

KP on No. 6 was Moni Langham. On Aug. 21, the ladies had to guess their score and the winner was Lorna Lycan with net 74.

Aug 21 was also the Ditsy-Dotsy Tournament for the higher handicaps and the winner was Jackie Grant with two under par net 70.

It was skins on Sept. 4 and the big winner was Carol Reid with seven skins.

Sept. 11 was low net teams and winners were Reni Ducich and Crystal Klikach.

Ladies Steak Night and Scramble on Sept. 12 was the last of the season.

There were 12 ladies participating and, as usual, they had a great time with a great dinner.

Winners with a one under par score were Roberta Oleksyn, Anita Caspersen, Sandra Pylypiuk and Charlotte Kivari.

#### MONDAY MIXED SCRAMBLES

On Aug. 18 there were six teams. The winners with two under par 34 were Bob Alexander, Lorraine

# THE 19th HOLE

The great Bobby Jones once said, "Golf is played mainly on a five-and-a-half inch course... the space between your ears."

Wareham and Jan Watson.

Second, one stroke behind, were the Hallborg family (Brett, Deb and Pat) and Sarah Davies.

KPs on No. 3 was Sandy Mac-Donald and on No. 6, Pat Hallborg.

Seven teams played Aug. 25 with winners Lorne Campbell, Cathy McEachern, Terry and Ann Spence at four under par 32.

KP on No. 3 was Lorne Campbell and Janet Kitsel.

On No. 6, it was Lorne Campbell and Pat Hallborg.

Eight teams came out Sept. 1 for the Labour Day event and two teams tied with a low score of 32.

After count-back, first prize went to the Clinton family from Toronto — John, Peggy and son Michael.

KP on No. 3 were Jan Watson and Merv Oleksyn while on No. 6, it was Janine Matheson and Michael Clinton.

Sept. 8 saw 20 players participating, two teams tied with 36 and after the tiebreaker, the winners were Glenn Sernyk, Sarah Davies, Roberta Oleksyn and Jan Watson.

KP on No. 3 was Jan Watson and on No. 6. Bob Alexander.



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class ads



# The web is a fad. Buy and sell it here — the old-fashioned way.

Classified advertising must be prepaid. Cost: \$20 for 25 words maximum for non-commercial ads only. By mail or e-mail: **editor@harbourspiel.com**.

#### FOR SALE

• High volume ink cartridge (Q5949X) fitting HP Laserjet 1320, 3390 and 3392 printer models. Still in unopened box, value \$252 (Staples). \$100. Call (604) 883-0770.

# **FOR SALE**

• Quality 4 X 8 lattice made of 1x2 cedar \$45. Also cedar lumber for sale. Call Dave: (604) 883-2132.

#### FOR SALE

• **Firewood.** Truck load delivery (2 loads) @ 1.25 cords, ready split fir/cedar blend. Rustic cedar fence rails \$0.75/foot. Jimmy: (604) 741-1404.

#### HELP WANTED

• Part-time line cook, part-time bartender. Experience an asset, will train. Email resume: rcl@uniserve. com or phone Pat @ 604-883-9558.

#### **WORK WANTED**

- **Knees ripped** in your favourite jeans? For repairs, alterations, refashioning and custom sewing, call Billy. (604) 865-0640.
- Free scrap car removal. Hiab crane service. Reasonable rates for large/heavy items brought from Lower Mainland. Curt (604) 740-7287.

# harbour seals



# Note your approval or disapproval.

Send to: **editor@harbourspiel.com**.

Include full name and telephone number for confirmation.

(Editor reserves the right to edit for length.)

A high voltage Seal of gratitude to **Paul at Madeira Park LCB** for coming to the aid of a damsel in distress when her carriage required a shock to get started. Thank you.

Elaine Lane

A great big Harbour Seal of Approval to **Hardy Kussbauch of the IGA** for finding a diamond wedding and engagement ring in a bin of peppers and returning it to its grateful owner. Thank you so much.

Elizabeth Elwood

A big boatload of bikes to **Lyn** and **Bill Charlton** for organizing the Bikes For Humanity drive on the Sunshine Coast. Congratulations on finding a way to get those bikes to Africa. Thanks from all your friends and neighbours

Solveigh and Joe Harrison

Thank to **everyone** who helped make the Pender Harbour Jazz Festival weekend a success for Comfort Food Catering.

Doug Davis

# MOVIES AT THE P.H. COMMUNITY HALL

······· Oct. 5, 1pm "Labyrinth"

······· Oct. 10, 7pm "Aviator"

.....Oct. 24, 7pm TBA

COST: \$2 for popcorn & refreshments with proceeds to future youth group activities.

For information:

Tess

604-883-0024

Made possible by:





Harbour Seals of Approval to John (Sue) Teleske, Jamie Tufford, Alan Waddell and all the golfers and prize donors for an enjoyable event on Aug 23. More Harbour Seals to the generous donors, volunteers and guests at our salmon barbeque and auction. Special thanks to Ken Johnson and John King.

Pat Wenger P. H. Legion



# EarthFair STORE

Lagoon Society's Charity-Owned, Madeira Park Plaza Store: (604) 883-9006 Wood Duck Community Bus Bookings

## **Mushroom Books!**

Open: Tuesdays - Saturdays, 10am - 4pm Supporting the good life, wild life and bookworms. www.earthfair.ca

# THE DAYS

Oct. 1 ~ Cory Cavalier and Lyn Watters.

Oct. 3 ~ **Maureen Parrott** and **John Farrer.** 

Oct. 6 ~ Rick Higgins.

Oct. 7 ~ Marlene Kracklauer.

Oct. 9 ~ **Norm Caron** and **Jolaine Percival.** 

Oct. 10 ~ Daryl Hegyi, Mitch Jones, Katrina Woodard, Val Silvey and Kate Daniels.

Oct. 11 ~ Bruno Cote.

Oct. 12 ~ Alison Stoutenburg and Bricin Lyons.

Oct. 13 ~ **P. D. Smith** and **Judy Sim.** 

# OCTOBER BIRTHDAYS

Oct. 14 ~ Nicole Forsyth.

Oct. 15 ~ Courtney Hanna, Kaiden Bosch and Richard Norrish.
Oct. 16 ~ Ursula Hardwick,

Dane Hanna and Terri Welander.

Oct. 17 ~ Peter Vaughan.

Oct. 18 ~ Karen Stiglitz, Tommy Gamble, Sandy Matches, Tessa Rand and Cody Honeybourne-Kincaide.

Oct. 19 ~ **Doug Hardwick** and **Hans Schroeder.** 

Oct. 20 ~ **Lonny Edwardson** and **Doug Richardson.** 

Oct. 22 ~ Susan Foreman, Pat

Wood, Katheryn Kelly, Alysa English and Mark Clay.

Oct. 23 ~ **Diane Dennis.** 

Oct. 24 ~ **Roxanne Gregory** and **Larry Honeybourne.** 

Oct. 25 ~ **Doug Davis** and **Kerry Rand.** 

Oct. 27 ~ **Dave Malcolm** and **Cindy Rayko.** 

Oct. 28 ~ Eric McDermott and Rob Metcalfe.

Oct. 29 ~ Colleen Silvey and Nicholas Silvey.

Oct. 31 ~ **Richard Mills** and twins **Savannah & Sawyer Cote.** 

Cooked

# **BC Bestsellers:**

(For the week of Sept. 21, 2014)

- Vancouver Confidential by John Belshaw
- And the River Still Sings by Chris Czajkowski
- 3. The Cougar Lady by Rosella Leslie
- **4.** Cloudwalker by Robert Budd and Roy Henry Vickers
- **5. Sensational Vancouver** by Eve Lazarus
- Cardboard Ocean by Mike Mc Cardell
- **7. Gender Failure** by Ivan Coyote and Rae Spoon
- **8. The Couch of Willingness** by Maureen Palmer and Michael Pond
- **9. Dolphin SOS** by Roy Miki, Slavia Miki and Julie Flett
- 10. The Oil Man and the Sea by Arno Kopecky

~ Assn. of Book Publishers of BC

# **OCTOBER ASTROLOGY**

#### LIBRA: SEPTEMBER 24 – OCTOBER 23

Libras seek perfection and harmony and passionately believe in fairness and equality. You are diplomatic, charming, stylish, self-expressive, and spontaneous. On Oct. 21, as Mercury retrogrades in Scorpio, your home financial situation will come to the forefront. Ensure all debts are paid and check statements for errors. A finance matter will require your attention near the eighth and don't forget to budget for car maintenance (Next month: Timing belt = -\$).

#### SCORPIO: OCTOBER 24 - NOVEMBER 22

Scorpios are highly sensitive and compassionate, with a fierce pride and determination. In the past while you might have reached out to others in an attempt to validate yourself. When these attempts failed, you may have felt temporarily let down and discouraged. Rest assured that Saturn will re-work these feelings, with your help of course, until you reach a point where you have a stronger sense of self. Saturn's efforts will also have beneficial effects on your digestive system and complexion.

Pender Harbour Seniors Housing Society
Outreach Healthy Meal Program
Home

Regular service resumed September 22. 10,520 meals served to date!

Call Linda: 604.883.2819 or Anky: 604.883.0033

# **OF OCTOBER**

# **AARON THE RIPPER?**

A recent discovery claims to have finally solved the famous murder case of Jack the Ripper. DNA on a shawl found near one of the victims, Catherine Eddowes, reportedly contains a match to both her and one of the chief suspects, Aaron Kosminski.

Dr. Jari Louhelainen compared the sample to that of a female descendant of Kosminski's sister, who provided a sample of her DNA swabbed from inside her mouth. Testing two strands of DNA, he found a 99.2 per cent match on the first sample and a 100 per cent match on the second.



Kosminski was a Polish hairdresser,

who moved to England with his family in 1881. The murders attributed to Jack the Ripper began in 1888, with up to 11 deaths around the Whitechapel area linked to the killer. Frances Coles, believed to be the Ripper's last victim, died in February 1891 — the same year Kosminski was forcibly put in Colney Hatch Lunatic Asylum. He remained in mental health facilities until his death in 1919, aged 53.

While the science of the claim waits to hold up to peer scrutiny, others have already dismissed the test as rubbish. At the centre of the dispute is the shawl which has been passed around and handled by countless people over the years. Various expert point to contamination issues with the samples and question whether the shawl belonged to the Eddowes at all.

~ VARIOUS INTERNET SOURCES

# **OCTOBER WEATHER**

# **TEMPERATURES (MERRY ISLAND)**

Our average daily high temperature in October is 12.8 C and our average daily low is 8.5 C, giving us a mean daily temperature of 10.7 C. Our average first-frost date (at sea level) is Oct. 30. The highest October temperature recorded was 21.1 C (Oct. 1, 1975); the lowest October temperature recorded was -0.4 C (Oct. 31, 1984).

## PRECIPITATION (MERRY ISLAND)

October has an average of 115 hours of bright sunshine and averages 16 days with measurable rainfall and a total of 108.8 mm for the month. The highest October daily rainfall recorded at Merry Island in October was 62.2 mm (Oct. 21, 1963). The Canadian record for the greatest rainfall in a 24-hour period is 489 mm (Ucluelet BC, Oct. 6, 1967).



DATE/TIME - SIZE (small, medium, large, extra large), EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

```
Oct. 1 11:23 am +L, 5:45 pm -M
```

# Oct. 17 1:10 pm +XL

Oct. 24 12:30 pm -M, 5:02 pm +L

Oct. 25 1:12 pm -M, 5:36 pm +L

Oct. 26 1:56 pm -M

Oct. 27 8:18 am +XL, 2:42 pm -M

Oct. 28 9:06 am +XL, 3:31 pm -M

Oct. 29 9:57 am +XL, 4:26 pm -M

Oct. 30 10:51 am +XL

Oct. 31 11:46 am +XL

These are estimates only and not intended for navigation.

# PENDER HARBOUR AQUATIC & FITNESS CENTRE

# OCTOBER 2014

Annual Thanksgiving Food Bank Drive, Oct 6-12 With every food donation enter your name into a prize draw.

Bust a Move Aquafit, Wednesday Oct 15, 9-10am
Annual fundraiser event for Breast Cancer

Monster Mash Hallowe'en, Tuesday Oct 21, 5-8pm Free Event — Sponsored by Telus

# Introduction to Strength Training for Women

The Why, What and How. 3 Wednesdays, Oct 15, 22 and 29 10:30-12pm, \$75

# Move Strong, Keep Fit for Seniors

10 Wednesdays, 9-10am Oct 15-Dec 17, \$51.75 Suitable for those ages 65 and older.

# The 'How to' for Bands and Balls

Do you have a band or stability ball you are not quite sure how to use? Come learn Monday Oct 6, 6:30-8pm, \$15

# **Suitcase Fitness**

Travelling? Learn how to build a workout to take with you, no equipment required. Saturday Oct 18, 10:30-12pm \$15

# **Healthy New Start**

A partnership program with the PH Health Centre. Both a Fitness specialist and registered nurse on site for each class. An exercise and education program for those with chronic disease such as diabetes, heart, stroke, weight management challenges.

Mondays (1-2pm) and Wednesdays (1-2:30pm). 8 weeks, 17 classes Oct 15-Dec 17, \$170

# New to our Drop-In Fitness line up:

# **Early Riser Boot Camp**

Monday and Wednesday, 6:30-7:30am.

Check out all our programs in the Fall/Winter Recreation guide or online at : www.scrd.ca/Recreation





604.885.6866 phaquatic@scrd.ca
www.scrd.ca/Recreation

recreation

# Some myths (and truths) about

By Deb Cole

The most obvious benefit of strong, healthy muscles is the ability to perform everyday tasks on your own. With strength comes self-sufficiency, which contributes to a healthy lifestyle. With capable muscles, you can open your own pickle jars, rearrange your furniture when the desire strikes and carry heavy grocery bags from the car to your kitchen. Older adults can maintain their independence by building muscle strength, allowing them live alone as long as possible without the aid of a nurse or caretaker.

#### MYTH:

# Women shouldn't lift big weights or they'll get bulky.

This is the biggest myth with respect to women and strength training. If you believe this, it would mean you couldn't pick up your child, your groceries or move a chair. Those women bodybuilders who look bulky are in training. They eat, train and may take supplements so they can look like that and they have probably been working at it for years. When you pick up heavy things, your muscles get stronger (but not necessarily bigger). If you pump yourself full of testosterone and eat way more calories than you are burning every day, you will get bigger. If you pick up heavy things, and eat a nutritionally sound and healthy diet, your muscles will get stronger and denser; you will burn the fat on top of your muscle, and you will get that "toned" look that you're after. You will not get bulky from picking up heavy things.

When strength training, you want to be able to perform a set of 10-15 reps with the last 2 reps feeling difficult. If you don't feel challenged, increase your weights. Your muscles will get stronger and your functionality for everyday life improves.

#### MYTH:

#### You can spot reduce fat.

Your body cannot spot reduce fat in specific locations. It is common to think that doing lots of sit ups and crunches will reduce belly fat. It just doesn't work that way as no amount of targeted exercise will change how fat disappears. Targeted exercise can improve muscle tone but may not reduce fat in that area unless you change your nutrition habits. Your body is actually genetically predisposed to storing fat in certain locations in a certain order. When you start to lose weight your body will lose the fat perhaps from your arms first, your legs, then your belly, chest or in a different order. Everyone is different.

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# strength training exercise



If you want to make fat disappear faster, you need a healthy nutrition plan. Your diet, what you eat daily, is responsible for 80-90 per cent of fat loss. Exercise alone will not give you the results you are after. By the word "diet," I don't mean a restrictive eating plan that is not sustainable but rather, a healthy nutritional real food plan that you can maintain.

Compare muscle metabolism to fat metabolism (the amount of energy or calories burned). The human body naturally burns more calories each day to maintain a pound of muscle than it does to maintain a pound of fat. Therefore, the more muscle you build, the more calories your body will naturally burn each day at rest.

#### MYTH:

#### You need cardio to lose weight.

Whether you like to run, walk, participate in Zumba, swim laps at the pool, play pickleball, if you enjoy it, do it. Cardio activities are a necessary part of a healthy lifestyle plan and absolutely provide great benefit to your health and your life. However, if you are looking to lose weight and how to get there, cardio is not the whole answer.

Strength training will produce a more efficient weight loss compared with cardio alone. Both are beneficial and both need to be a part of your active living lifestyle but consider this: When you strength train you are actually breaking down your muscles, which are then rebuilt over the next 24-48 hours. During this rebuild time, your body is recruiting more calories and energy to make this process happen. What does this mean? It means that your body will continue to burn calories after the workout, while you are sitting on the couch or driving home in the car. This is commonly referred to as the "afterburn." And we now have learned from the previous point that muscle burns more calories than fat — double win.

# PENDER HARBOUR COMMUNITY SCHOOL

# **OCTOBER 2014**

# Scarecrow Contest Launch ~ Sat, Oct 4

We will be handing out a limited number of scarecrow frames at the Fall Faire for you to decorate! \$10 fee. Winner of the best-dressed scarecrow announced at the Halloween fireworks! Judges needed — please call.

# **Healthy Living Series**

3 Tuesdays: Oct 14, 21 & 28, 2-4pm, \$25 for all Topics include diet, nutrition & fitness, home safety and fall prevention.

# **NEW!** Boxing with Barry Krangle

For Grades 6-plus, Mondays: Oct 6 to Dec 1, 4pm-5pm, \$75 PH Aquatic & Fitness Centre Join former provincial and national boxing coach to learn the fundamentals of the sweet science.

# **Drop in Sports at PHSS**

\$3 drop in Mondays: HOCKEY, 7-9 pm, Ages 12-plus, with Greg Chaisson Wednesdays: PICKLEBALL, 6:30-8:30pm, all ages Thursdays: SOCCER, 7:30-9:30pm, Ages 12-plus, with Michele Mocellin

# NEW! Pro-D Day = Pro-Fun Day

Fri, Oct 24, 9am to 3pm, \$25, Ages 5-12 day camp with lots of fun activities and swimming.

# **Earthquake Preparedness presentation**

Free: Tues, Oct 14, 7pm-8:30pm, Egmont Community Hall Fri, Oct 17, 9-10:30am, Sarah Wray Hall

#### **NEW!** Gaming for Teens

Fri, Oct 10 & 24, 4-6pm with Joe Wilson. \$3 drop in, PH Community School

# **COMING IN NOVEMBER**

# Nutrition for Busy Parents

Mon, Nov 3, 7-9pm, PH School of Music, Free Join nutritionist Meghan Molnar to learn quick tips for healthy eating for your busy family.

# **Computer Café**

Three Tuesdays: Nov 4, 18 & 25, 1pm-3pm, with Karen Dyck, \$10 Nov 4 - iPad Basics; Nov 18 - File Management Nov 25 - Photo Management



604.883.2826 phcs@dccnet.com
www.pendercommunity.ca

# Jazz Fest warms up Pender Harbour

It's like the Pender Harbour Jazz Festival arrived with its own weather this year

Clouds and rain ruled for the entire week until late Friday afternoon when they dissolved to bring August-like heat and sunshine.

It lasted for two days and by Monday, the clouds and rain were back in earnest.

In the meantime, it may have been one of the most successful jazz festivals ever.

Over 400 seats were sold on the Saturday Jazzapalooza event alone.



Brian Lee photos

The Pender Harbour Jazz Festival kicked off to muted crowds and soggy feet on Friday afternoon but things quickly improved.



Laura Crema Quartet at Saturday's Jazzapalooza concert in Madeira Park.



This dog didn't think much of the Laura Crema Quartet.

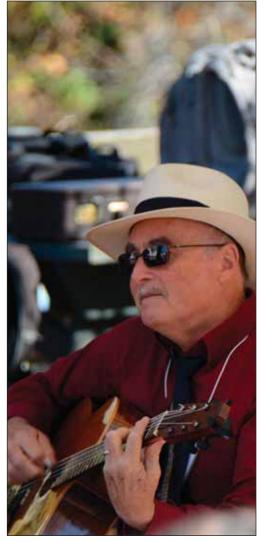
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The many faces of Deanna Knight. Deanna Knight and the Hot Club of Mars played to an appreciative sunny Sunday morning crowd at John Henry's Marina (below).



Hot Club of Mars guitarist Don Kellett.





# Sneaking a peak: P. H. Music Society's 2014-2015 concert series

The Pender Harbour Music Society was formed in 1987 to "nurture, promote and enhance music, music education, and culture on the Sunshine Coast, particularly in the community of Pender Harbour." To that end, the volunteer-driven non-profit manages the Pender Harbour School of Music, a cultural melting pot for meetings, instruction and performances. Every year, the society presents a season of monthly concerts at the P. H. School of Music that have ranged from blues to pop, flamenco to folk and jazz to classical.

This season's menu:

# **DIANE LINES**

Saturday, Oct. 18, 7 pm The 2014 series lifts off with Diane Lines' "Jump! A Celebration of Swing, Boogie, and Jump Blues.' Lines



has been on Pender stages before as principal pianist and vocalist with the Dal Richards Orchestra.

In "Jump!," Lines and her band take us on an exciting musical journey from the demise of the big-band sound at the end of the Second World War through 1950s swing, jump blues and Boogie-woogie to finish at the door of the rock 'n roll era.

#### **MIMOSA**

# Sunday, Nov. 2, 2 pm

If Cleo Laine, Jobim and Serge Gainsbourg all got together one night and jammed, they might sound like Mimosa: Gorgeous melodies, quirky lyrics, incredible groove and sky-high improvisations.

The Vancouver/Sunshine Coast

auintet



Mimosa will have you hooked from their first tune.

## **B3 KINGS**

## Sunday, Dec. 14, 2 pm

Festive jazz at its best, B3 Kings bring funk to Christmas classics with Denzel Sinclaire (vocals and drums), Cory Weeds (sax), Steve Kalstead (B3 organ) and Bill Coon (guitar).

This cast of characters guarantees to get you into the groove this Christmas.



**DON'T MISS OUT!** 

Reserve in the Harbour Spiel "Shop locally" guide now.

TWO ISSUES!

November and December 2014

LIMITED SPACE **DISCOUNTS FOR MULTIPLE INSERTIONS** PHOTOGRAPHY INCLUDED

xmas@harbourspiel.com



#### **ENSEMBLE VIVANT**

Sunday, Jan. 25, 2 pm

Founded and led by pianist Catherine Wilson, Ensemble Vivant deservedly earned the title of "Canada's Chamber Music Treasure," a label given to them by the Toronto Star.

They have dazzled audiences worldwide with innovative, genrediverse programming both in concert and on their many recordings for almost three decades.

A pioneer among piano cham-

ber ensembles. Ensemble Vivant has garnered accolades internationally from the classical and jazz worlds.



# FRANÇOIS HOULE & **JANE HAYES**

Sunday, Feb. 15 2 pm

François Houle (clarinet) and Jane Hayes (piano) have been collaborating for several years to bring fascinating and unusual programs to new audiences across Canada.

They continue to explore clarinet and piano repertoire to uncover rarely heard gems, regardless of era, genre and style.

Expect classics of the clarinet literature to newly commissioned works.



# **BOB EVANS**

Saturday, March 21, 7 pm

Bob Evans is an award winning Canadian fingerstyle guitarist.

He combines an eclectic mix of contemporary finger-style guitar and traditional roots music with a warm vocal



style, tilted sense of humour and down-to-earth stage presence.

Evans performances are definitely not just for "guitar geeks" but provide a refreshing performance experience for all lovers of music.

# **PAUL MARLEYN &** MAURO BERTOLI

Sunday, May 10, 2 pm



A cellist with an eclectic repertoire that ranges from the baroque period to the 21st century, Paul Marleyn tours regularly across Canada and the U.S., Europe and Asia.

Long a local favourite, Marleyn has recently begun performing with pianist Mauro Bertoli.

Bertoli has established himself on the international stage and has been praised by the press for his formidable technique and exceptional sensitivity.

Marleyn and Bertoli are a dynamic duo not to be missed.

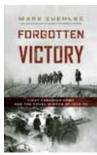
# DOUGLAS & MCINTYRE presents

# FORGOTTEN VICTORY

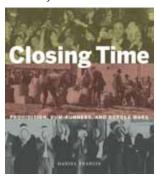
First Canadian Army and the Cruel Winter of 1944-45

the 11th instalment in the Canadian Battle Series

by Mark Zuehlke







# HARBOUR PUBLISHING & CBC Radio's BC Almanac present

# FROM THE WEST COAST TO THE WESTERN FRONT

British Columbians and the Great War by Mark Forsythe & Greg Dickson



Available this month at your local bookstore

douglas-mcintyre.com \* harbourpublishing.com

Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

Thurs. Oct. 2.......Harbourside Friendships, Lyn and Reg will entertain - PHCC, 10:30 a.m. Sat. Oct. 4..........P. H. Community School Scarecrow contest launch Sat. Oct. 4......Bard in the Hand theatre company meeting - Geopia Gallery and Garden, 1 p.m. Sat. Oct. 4..........P. H. Fall Faire - Madeira Park, 10 a.m. - 3 p.m. Sun. Oct. 5.......Movies at the P. H. Community Hall Labyrinth - P. H. Community Hall, 1 p.m. Mon. Oct. 6.......P. H. Food Bank pickup - P. H. Community Church, noon Tues. Oct. 7.......Official opening of South Pender Harbour water treatment plant - on-site via shuttle, 1:30 p.m. Thurs. Oct. 9.......Harbourside Friendships, "Improving Community Connections for Seniors" - PHCC, 10:30 a.m. Fri. Oct. 10......Movies at the P. H. Community Hall Aviator - P. H. Community Hall, 7 p.m. Wed. Oct. 15......Bust a Move Aquafit Breast Cancer fundraiser - P. H. Aquatic and Fitness Centre, 9 a.m. Thurs. Oct. 16......Harbourside Friendships, "Advance Care Planning Guide" - PHCC, 10:30 a.m. Fri. Oct. 17-19.....Sixth annual Sunshine Coast Mushroom Festival - various locations Fri. Oct. 17-19.....Sunshine Coast Art Crawl (3 days) - various Sunshine Coast locations, 10 a.m. -5 p.m. Sat. Oct. 18......P. H. Legion Oktoberfest - P. H. Legion, 6 p.m. Sat. Oct. 18.......Wild Mushroom Feast - Ruby Lake Italian Trattoria, 6:30 p.m. Sat. Oct. 18........P. H. Music Society presents Diane Lines - P. H. School of Music, 7 p.m. Mon. Oct. 20......P. H. Garden Club presents Michelle Young - P. H. School of Music, 10 a.m. Mon. Oct. 20......P. H. Food Bank pickup - P. H. Community Church, noon Tues. Oct. 21.......Future Business Environment of the Sunshine Coast presentation - Raven's Cry Theatre, 2 p.m. Tues. Oct. 21.......P. H. Wildlife Society presents Dr. Rand Rudland - PHSS, 7:30 p.m. Wed. Oct. 22.......P. H. and District Chamber of Commerce annual general meeting - P. H. Legion, noon Thurs. Oct. 23......Harbourside Friendships, "Movie of the Month" - P. H. Community Club, 10:30 a.m. Fri. Oct. 24......Movies at the P. H. Community Hall, movie TBA - P. H. Community Hall, 7 p.m. Mon. Oct. 27.......P. H. Health Centre Auxiliary General Meeting - P.H. School of Music, 1 p.m. Thurs. Oct. 30......Harbourside Friendships, "Dress up for Halloween" - PHCC, 10:30 a.m. Thurs. Oct. 30......Harbour Spiel November issue hits the mail Fri. Oct. 31..........P. H. Volunteer Fire Department fireworks display - Millennium Park, 7:30 p.m. Sat. Nov. 1..........Halloween Scramble - P. H. Golf Course, noon

Harbour Spiel Trivia Answers: 1 . d 5.d 6.c

# FERRY DEPARTURES

~ Effective Sept. 2 - Oct. 13 ~

Crossing time: Langdale 40 min./Earl's Cove 50 min. Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles. See www.bcferries.com for information on added sailings during peak periods.



#### LANGDALE HORSESHOE BAY 6:20 a.m. 7:20 a.m. - Daily except Sun.

5:50 p.m.

7:50 p.m.

9:45 p.m.

Sat. Nov. 1............P. H. Blues Society presents the "Halloween Howl" - P. H. Community Hall, 8:30 p.m.

7:30 a.m. - Sun. only 8:25 a.m. - Daily except Sun. 9:25 a.m. - Daily except Sun. 8:50 a.m. - Sun. only 10:25 a.m. - Daily except Sun. 10:10 a.m. - Sun. only 11:30 a.m. - Daily except Sun. 11:30 a.m. - Sun. only 12:40 p.m. - Sun. only 12:35 p.m. - Daily except Sun. 1:35 p.m. - Daily except Sun. 2:45 p.m. 4:50 p.m. 3:50 p.m.

6:50 p.m. 8:45 p.m. 9:35 p.m. - Oct. 13 only 8:30 p.m. - Oct. 13 only

#### EARLSCOVE SALTERY BAY

6:30 a.m. - Daily except Sun. 5:25 a.m. - Daily except Sun. 7:00 a.m. - Sun. only 6:00 a.m. - Sun. only 8:25 a.m. - Daily except Sun. 7:25 a.m. - Daily except Sun. 9:00 a.m. - Sun. only 8:00 a.m. - Sun. only **10:25 a.m.** - Daily except Sun. 9:25 a.m. - Daily except Sun. 10:55 a.m. - Sun. only 9:55 a.m. - Sun. only 12:20 p.m. - Daily except Sun. 11:20 a.m. - Daily except Sun 4:55 p.m. 3:50 p.m. 6:55 p.m. 5:55 p.m. 10:30 p.m. 9:25 p.m.

"All our final decisions are made in a state of mind that is not going to last."







It is the support and spirit of sponsors, KOOL KATS, venues, advertisers, musicians, community supporters, volunteers and all those who attended that keep the JAZZ FESTIVAL alive.

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Something for every taste and budget, hundreds of pieces from the Sunshine Coast artists and beyond. A welcoming glass of champagne and piano accompaniment by Ken Johnson. Separately the Legion will be serving dinner so set the evening aside, invite friends and support Rotary and the Legion. Dinner tickets will be available in advance at the Legion and at the door.

Above artwork: "Early Start" by Motoko.

New Location & FREE Admission

# ROYAL CANADIAN LEGION BRANCH 112

Lillies Lake Road, Madeira Park

# SILENT AUCTION

6-7:30pm

#### LIVE AUCTION

8pm (following the silent auction)

# NOBODY BEATS OUR MEAT!





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# OAK TREE MARKET

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Join Us!

The Future Business Environment

of the Sunshine Coast

Helmut Pastrick, Chief Economist at Central 1 Credit Union, will discuss the Sunshine Coast's current and future economy including forecasts for industry, demographics and housing.

An introduction will be provided by the Sunshine Coast Community Foundation as they present a summary of Vital Signs 2014.

Oct. 21, 2-3:30 pm

Doors open 1:30 pm Ravens Cry Theatre, Sechelt

RSVP: FutureCoast@sunshineccu.net or 604 886-4467



SUNSHINE COAST'S **Vital**Signs<sup>®</sup>

# Come home for dinner! Baron of Beef every Saturday



OCT. 5: Mike Evans and Playback

OCT. 12: Steve Hinton & the Hinton Hart Band

OCT. 19: Simon Paradis & Bucket of Thunder

OCT. 26: Peter Van B3 w/ guest Karen Graves

# enu specials tamilies welcome

FRIDAYS: Meat Draw (5 p.m.) & \$13 pasta special (4-7 p.m.)

SATURDAYS: Baron of Beef & Apple pie - \$19.95

SUNDAYS: Eggs Benny (until 2 p.m.)



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