



WISHING YOU ALL THE BEST FOR A PEACEFUL AND PROSPEROUS

2023!

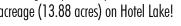
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Halfmoon Bay \$1,100,000



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Halfmoon Bay

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\$249,900

To view all of our listings, visit www.brynelsenoreilly.com

Harbour Spiel



The independent voice of Pender Harbour & Egmont since 1990.

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#### **EDITOF**

Brian Lee

#### CIRCULATION (2,200)

Copies of the *Harbour Spiel* are mailed free to 1,350 homes between Egmont and Middlepoint and are available by paid subscription and free at locations throughout the Sunshine Coast.

Each issue of the Harbour Spiel (since Nov. 2006) is also available online as a PDF download at www.harbourspiel.com.

#### CONTRIBUTORS

This month we thank: Leianne Emery, Jason Hammond, Barry Krangle, Leonard Lee, Robert Livingston and Shane McCune and Jean Pate.

#### COVER

Decorative misteltoe adorned the gazebo at the Pender Harbour Winter Festival Dec. 17. For more photos, see p. 18. (Brian Lee).

#### ADVERTISING

Please reserve by the 15th of the month prior to publication. Advertisers make publication of the *Harbour Spiel* possible — please say thank you, and support our community, by supporting them.

#### SUBSCRIPTIONS

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## It's like there's a different word for everything



Brian Lee

For 2022, the Merriam-Webster word of the year was "gaslighting."

The dictionary publisher said searches for "gaslighting" saw a 1,740 percent increase throughout the year.

It's defined as "the act or practice of grossly misleading someone especially for one's own advantage."

See also: Trump, Donald.

A movie made in 1944, "Gaslight" is set in the 1880s when lamps were fueled by gas and depicts a husband manipulating his wife into believing she's crazy.

I was sure I invented that.

Another word of the past finding favour again is "woke."

It's been around since the 1930s and means being alert to justice.

In 2021, "woke" was runner-up for word of the year after it also became a label for overrighteous intolerance.

Linguists say that as words age, they gain layers of meaning or stigma.

New words fit the times while others naturally get retired.

Consider the list of ugly words
— like idiot, imbecile or retard — that
once commonly described people with
intellectual disabilities.

But those societal shifts that took generations are now accomplished by the internet in months.

In 1965, "Karen" was the third most popular girl's name in the U.S.

In 2020, it ranked 831st.

Now, almost no one names their baby Karen anymore.

And it's all since social media made it a pejorative term for a white woman of a certain age, who is perceived as entitled or racist and may loudly ask to speak to the manager.

The meme made for entertaining Tik Toks but growing calls (by people

named Karen) that the joke has gone too far signals it's shelf life too.

Some words can't be shed quick enough.

Like "manifest" — the mantra of the entitled.

As in, "I'm going to manifest Coachella tickets."

Or "colonizer."

It seems so harsh.

Why not "squatter resident?"

Or what the boys from the band used to call us on the soccer field:

"Whitey."

"Whitey" served equally as a warm greeting or threatening insult.

A runner-up for the 2022 word of the year was LGBTQIA.

I consider myself an ally of those in the sexuality and gender blender but this one is getting cumbersome.

As your hairdresser probably explained, LGBTQ2A (in Canada, the Indigenous "Two-spirit" is included) is the initialism of lesbian, gay, bisexual, transgender/transsexual, queer/questioning, two-spirited, and allied/asexual/aromantic/agender.

It's the only term that doubles in size every decade.

In fact, as I type, it grew again: LGBTQQIP2SAA.

It's a puzzle of inclusivity.

Just know that it's all right to say someone is gay — just not "a gay."

Language is fluid and fascinating and people should be free to experiment with it.

Just not the people who write "Irvings Landing."

If you're new here, it's Irvines. If you're not, there's no excuse.

I even found "Irvings Landing Rd." in a recent *Coast Reporter* story.

It's misspelled so much we should consider changing it to what the shìshàlh call it:

"That road that goes by Mixal Lake there."

#### PENDER HARBOUR AND EGMONT CHAMBER OF COMMERCE AGM: Wednesday, Jan. 18, 4:30

The local chamber of commerce does a lot for the community including managing the washrooms and visitor information centre in Madeira Park. And they need some help. A turnover in directors has left a few open spots on the board. Consider taking your turn. Otherwise, tune in to learn more about projects and details about the upcoming season. Email *chamber@penderharbour.ca* for access to the Zoom hosted meeting.

#### BURNS CEILIDH: CELEBRATION OF THE LIFE OF ROBERT BURNS: Saturday, Jan. 21, 6 p.m.

An annual tradition at the Madeira Park Legion, the 46th annual local celebration of Scotland's national poet will take place on Saturday, Jan. 21 with entertainment by the Coast String Fiddlers and the Pender Harbour Pipe Band. Poet's hour begins at 6 p.m. with a roast beef dinner starting at 7 p.m. Get tickets (\$50) at the Legion or Harbour Insurance.

#### P. H. MUSIC SOCIETY PRESENTS CLANNA MORNA: Sunday, Jan. 29, 2 p.m.

On Jan. 29, Clanna Morna brings their take on the Celtic Traditional genre to Pender Harbour. Their sound is rooted in the traditional Irish, Scottish and English music that many love, and features carefully crafted arrangements, rhythmic spirited energy and captivating storytelling. Comprised of an ensemble of multi-instrumentalists, their collective musicianship and attention to detail create a unique audience experience.

Members of Clanna Morna have been arranging and performing traditional Celtic and original music for over a decade in other projects, sharing their melodic arrangements and stories both locally and internationally. Since their formation in the fall of 2020 Clanna Morna has toured coastal BC constantly, as well as touring Interior BC and Alberta, delivering over 100 performances in just over a year together as an ensemble.

These skilful multi-instrumentalists present superbly crafted arrangements of Celtic traditional folk music. The high energy of this youthful ensemble promises you a finger-snapping, toe-tapping afternoon.



## DAVE MILLIGAN

604.741.7373

DAVE@SUNSHINECOASTHOMES.COM



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#### Homicide victim identified in Dan Bosch Park car fire

The Integrated Homicide Investigation Team identified Shaun Hoole of Sechelt as a homicide victim after his remains were found in a burning vehicle at Dan Bosch Park Sept. 28.

Hoole is the registered owner of the vehicle identified as a white, 2016 Volvo XC90.

IHIT said they are identifying the deceased in hopes of furthering their investigation.

On Sept. 28, at 1:13 a.m., the Sunshine Coast RCMP were called to assist the Egmont Fire Department after human remains were located inside a burning vehicle.

The vehicle was positioned near tinder dry bush and the fire had spread to surrounding bushes.

After it was extinguished, the parking area was cordoned off awaiting IHIT who arrived later that day.

IHIT took over the investigation and continue to work with the Sunshine Coast RCMP, the BC Coroners Service and the RCMP Integrated Forensic Identification Section.

IHIT is appealing to the public for information that could help advance the investigation.

From an IHIT press release:

"Investigators are working to build a timeline of Hoole's movements leading up to his death," said spokesperson Sgt. Timothy Pierotti.

"We are urging anyone who had contact with Hoole in the days leading up to Sept. 28, who has yet to speak to police or those with new information to share, to please come forward."

Anyone with information regarding the homicide, who has yet to speak to police, can contact the IHIT information line at 1-877-551-IHIT (4448) or by email at *ihitinfo@rcmp-grc.gc.ca*.



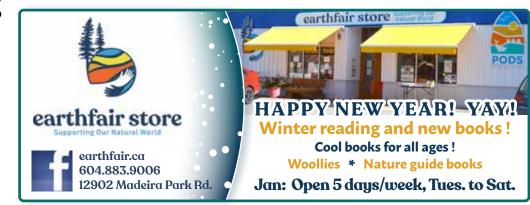
Integrated Homicide Investigation Team

The body of Shaun Hoole was discovered inside a charred vehicle by the Egmont Volunteer Fire Department at Dan Bosch Park in the early hours of Sept. 28.



Brian Lee

The RCMP and Integrated Homicide Investigation Team at Dan Bosch Park Sept. 28.



#### 2022 harbour spiel review



P. H. Seniors' Housing Society

JANUARY: Construction began on the P. H. Seniors' Housing Society's 14-unit apartment building at Lily Lake Village.



Derek McRa

JUNE: The ladies behind the tremendously successful 2022 May Day pose for a group shot after the kids' dance.



Brian Lee

JUNE: The Sunshine Coast Surf Club claimed victory at this year's April Tools Wooden Boat Challenge.



World Skate

DECEMBER: Dane Hanna defended his World Skate cup title on Nov. 12 by winning again in San Juan, Argentina. Page 6



FEBRUARY: McNeill Lake. Glorious opportunities abounded for skating and snow fun during late December and early January.



Ron Minch

JUNE: Ron Minch caight this shot of a bale of turtles taking advantage of a warmer day on Lily Lake May 16.



Brian Lee

JULY: The class of 2022 was made up of 11 enthusiastic grads who took part in the ceremony on June 21.



Brian Lee

NOVEMBER: A body was found inside this vehicle by local firefighters after a car fire in Dan Bosch Park Sept. 28.

Harbour Spiel

### 2022 harbour spiel review



Robin Millar

MARCH: Three boats were destroyed in an overnight blaze at Pender Harbour Resort Feb. 10.



Ted Woodar

MAY: Lee-Ann Ennis and Ted Woodard show off their harvest of sugar kelp at Woodard's Agamemnon Channel operation.



Brian Lee

JULY: Egmont Day on June 4 saw an excellent turnout. Seen here is the parade passing the Egmont Community Hall.



Brian Lee

NOVEMBER: It was a season of whales outside Pender Harbour, like this day on Oct. 1
January 2023



Brian Le

APRIL: The remains of a Northern Pacific fin whale washed up in the Francis Point Ecological Reserve in mid-March.



Sunshine Coast RCM

MAY: Almost 3 years after Thomas Hines went missing, American underwater search experts recovered his body in Waugh Lake.



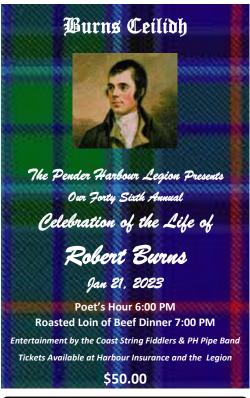
submitted

AUGUST: Some of the volunteers at Madeira Park Bargain Barn posed for a pic at a swanky appreciation tea on July 10



Brian Le

SEPTEMBER: Owned by the Firestone family, the 52-metre (171-foot) sailing yacht *Tamsen* moored at JH Marina Aug. 11.







submitted

Two cheques from funds raised at the Bargain Barn were delivered at the P. H. Health Centre Society AGM on Nov. 27. One, for \$30,000, will go to support the health centre while the second, for \$9,000, will support Harbourside Friendship seniors group. (I-r): Jackie Ordronneau, acting president of the PHHC board, Susann Richter, PHHC chief operating officer and Ileana McBain, Bargain Barn president.

#### news hriefs

#### **MASSULLO FAMILY GROCER NOTCHES 25 YEARS**

This month, Dave and Richard Massullo celebrate 25 years since their arrival and purchase of the Oak Tree Market on Jan. 11, 2003.

Richard Massullo told the Har-

bour Spiel that they had a few setbacks when they tried making friends in their new community.

"I thought we were likeable guys but friendship was tough," said Massullo.

"The Pender Harbour rumour mill spun the story that we were narcs coming to raid all of the mountain herbs being grown."

Massullo said that all it took for "the guy they called 'Shoobie" to start the rumour was the fact that they were "a couple of clean cut boys moving to a new town."

Despite being deep undercover for 25 years, Massullo said the two have yet to make an arrest.



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## Area A water rates to go up in 2023

Water rates are going up again. A staff report presented at the SCRD committee of the whole "special" meeting on Dec. 9 outlined recommendations for increases to water rates throughout the SCRD water system.

The report's authors, Tina Perreault, SCRD general manager of corporate services/chief financial officer and Lana Smith, SCRD manager financial planning, noted that in all water service areas, parcel taxes are intended to fund capital expenditures (acquiring or maintaining fixed assets) and user fees are intended to fund operational expenditures (ongoing costs of running the service).

The report detailed aging infrastructure associated with the supply and distribution systems as the primary factor behind proposed rate hikes.

#### **REGIONAL WATER SERVICE**

The SCRD regional water service manages 11,124 parcels and 11,803 billable users throughout the regional area, including Egmont.

The current parcel tax and user rates per single family dwelling are \$305.53 and \$526.92, respectively.

For 2023, staff recommend a 28.40 per cent increase to parcel tax rates and a 23.64 per cent increase to user rates for an overall rate increase of 25.39 per cent.

#### **NORTH PENDER HARBOUR**

In the North Pender Harbour Water Service Area, historically, a portion of parcel tax revenue has been required to fund operating expenditures.

According to the report, "user fees need to be increased at a rate greater than the increase in operating expenditures."

The NPHWSA consists of ap-

proximately 763 parcels and 577 billable water users.

Current parcel tax and user rates per single family residential dwelling are \$341 and \$711.16, respectively.

For 2023, parcel tax rates will rise by 13 per cent while user rates will increase 29.1 per cent for an overall rate increase of 23.88 per cent.

#### SOUTH PENDER HARBOUR

Similarly, in the South Pender Harbour Water Service area, a portion of parcel tax revenue has historically been required to fund operating expenditures so user fees will also need to be increased at a rate greater than the increase in operating expenditures.

The SPHWSA consists of approximately 1,047 parcels and 1,024 billable water users.

The current parcel tax and user rates per single family dwelling are \$382.15 and \$675.18, respectively.

For 2023, staff recommend a 13 per cent increase to user rates and 13 per cent increase to parcel tax rates for an overall rate increase of 13 per cent.

These recommended adjustments to Water Rates and Regulations bylaw no. 422, were adopted at the Dec.15 board meeting.



**RECYCLING & BOTTLE DEPOT** 883-1165

#### ONE-STOP CONVENIENCE

- Multi-material recycling
- Beverage container refund centre

- Plus, recycling of:
   Small appliances and electronics
   Household batteries

  - Light bulbs and paint

Hwy. 101 & Menacher Rd.

**OPEN: 8:30am to 3:30pm** 

CLOSED ON STAT. HOLIDAYS, Wednesdays and Sundays





#### The Pender Harbour **Secondary School Parents' Advisory Council**

thanks the following for their generous donations to our Wednesday hot lunch program:

**DECEMBER 7:** 

coast.yoga

**DECEMBER 14:** 

**Painted Boat Resort** 

JANUARY 4:

P. H. Rotary

JANUARY 11:

P. H. Rotary

JANUARY 18:

**PHSS PAC** 

JANUARY 25:

**PHSS PAC** 

Special thanks to Chef Marcus and the Oak Tree Market team!

If you would like to sponsor a PHSS hot lunch, email Anne: penderharbourpac@gmail.com

The cost is \$300 and a tax receipt is available.

#### Is our water OK?



Leonard Lee Area A director, SCRD

An extensive, aging and ignored infrastructure, stricter safety regulations and climate change

impacts are having negative effects on our water supply, so we're faced with upgrading supplies, pump stations, valves, and treatment infrastructure.

To avoid last-minute reactive (often too late) measures, we're looking at proactive strategies based on engineering studies which include costs and timelines, to keep ample, safe, and potable water flowing from our taps year-round:

Stage 3 restrictions are being considered for McNeill Lake.

A delay of connecting north and south Pender water systems was recommended because our north Pender system will likely require a new water treatment plant.

We are addressing the challenges of previously identified government regulations, including ongoing water quality testing and disaster mitigation imperatives.

Water projects included in the 2023 pre-budget presentation include preliminary work on treatment plants in Garden Bay (\$200,000) and Egmont (\$275,000), water main replacements in north Pender Harbour (\$850,000) and south Pender Harbour (\$600,000), and a pump station rebuild and access improvements at Cove Cay in Earls Cove (\$250,000).

To reduce taxpayer burden for these projects, the SCRD continues

to apply for grants, but competition is heavy and we must do the preliminary work, at our expense, before we can apply.

A 2023 utility bill increase will partially address the situation.

At the moment our systems are fortunately in serviceable condition, so we're confident we have time to avert a major crisis.

For more detail, video links and pdf documents from the Dec. 5 and 6 finance committee meetings and the Dec. 9 committee of the whole meeting can be found at www.scrd.ca/agendas.

#### SOLID WASTE — IS IT IN HAND?

Organics and food waste collection and composting is now fully implemented and expected to greatly increase diverted tonnage — Sechelt's



## PENDER HARBOUR TRANSFER STATION

Winter Operating Hours
Monday 9:00 a.m. to 5:00 p.m.
Tuesday CLOSED
Wednesday to Saturday
9:00 a.m. to 5:00 p.m.
Sunday CLOSED
No loads accepted after 4:50 p.m.

www.scrd.ca/transfer-station

Area A Director:
Leonard Lee
leonard.lee@scrd.ca
604-212-0406



## **UPCOMING MEETINGS**

Committee of the Whole January 12 at 9:30 a.m.

Regular Board January 12 at 2:00 p.m.

Electoral Area Services Committee Meeting January 19 at 9:30 a.m.

Committee of the Whole January 26 at 9:30 a.m.

Regional Hospital District January 26 at 1:00 p.m.

**Regular Board** January 26 at 2:00 p.m.

For more information, please visit **www.scrd.ca/agendas**.

## NOT ALL WASTE IS GARBAGE

It is now mandatory to keep all food waste, compostable food soiled paper and recyclable paper out of your regular garbage.

Residents in Pender Harbour and Egmont can drop off their food waste in the food waste bin at the Pender Harbour transfer station.

Compostable bags that are BPI certified or paper bags can be used for food waste. Bags with this certification are sold at many local retailers.

For more information, visit www.scrd.ca/reduce-waste.



**www.scrd.ca** 604-885-6800 info@scrd.ca

Pender Harbour Satellite Office 12828 Lagoon Road, Madeira Park 604-885-6877 infrastructure@scrd.ca

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curbside pickup diversion program achieves an annual 40 per cent or 520-tonne reduction in solid waste.

In seeking improved compliance with the new ban, the SCRD will soon conduct a survey about the possible implementation of the mandatory use of clear garbage bags.

The SCRD green waste recycling program diverts 4,900 tonnes of yard and garden waste by providing collection locations for residents to drop off green waste to be hauled to Sechelt and processed into compost.

In an agreement with RecycleBC, the SCRD provides residential packaging and paper products recycling services, a voluntary-use program that keeps an annual 1,600 tonnes of solid waste from our landfill.

In partnership with the Major Appliance Recycling Program, our transfer station and the Sechelt Landfill have been accepting major household/residential appliances since Nov. 1, free of charge.

We expect to launch a Diabetes Canada textile recycling program in early 2023.

It intends to divert textiles and aid in diabetes research, and it will include a drop-off at the Pender Harbour Transfer Station.

#### THE FUTURE OF SECHELT LANDFILL

Results of the 2022 waste composition study of residential and commercial solid waste, which will guide future decisions on solid waste management, will be presented to the SCRD early this year.

The SCRD is considering a new contact-water management system at the Sechelt Landfill, which would have to be constructed in June of 2024, but would potentially increase the landfill's life by three to 3.5 years, to 2029.

#### **FUTURE SOLID WASTE DISPOSAL OPTIONS**

Sperling Hansen Associates is confirming the feasibility of developing a new landfill at three identified sites in Halfmoon Bay and completing a preliminary scan of the region to identify any other feasible sites.

Morrison Hershfield consultants are conducting a comprehensive review of the current solid waste management system, including our programs, services and costs.

Public engagement, which we anticipate this summer, is part of the MH review.

All of the above projects are included in the preliminary 2023 budget and are heading to 2023 round 1 budget deliberations.

#### \$75,000 FIRESMART GRANT

The SCRD is applying for a \$750,000-maximum grant from the BC government to reduce the risk and mitigate the impact of wildfires by providing a dedicated FireSmart team, structure-protection equipment, and a seamless strategy between our four local governments and six fire departments.

This kind of service can create resident expectations for the service to continue beyond the grant, pressuring the taxpayer to provide ongoing funding, but accomplishments will have lasting impact and don't need to be repeated.



JEFF GIRARD 604.740.7916



madeiramarine@telus.net 12930 Madeira Park Rd.

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Pender Harbour Seniors Flousing Society

Outreach Healthy Meal Program



Service will resume February 6, 2023.

We are currently not accepting new clients, emergency referrals only. call Linda — 604.883.2819, Wendy — 604.883.2514 or Anky —604.883.0033

January 2023



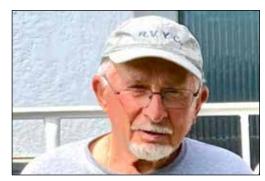
at the Madeira Park government dock?	4. How do local black cod (or sablefish) fishermen catch their prize?
□ a. June 3, 1997	□ a. trap
□ b. June 3, 1998	□ b. gill net
□ c. June 3, 1999	□ c. seine net
□ d. June 3, 2000	□ d. trawl
2. What is the First Nations name for Pender	5. When wind blows out Pender Harbour's mouth,
Harbour?	what overall direction is it typically coming from?
□ a. kalpilin	□ a. southeast
□ b. tewankw	□ b. west
□ c. salalus	□ c. northwest
□ d. sexwamin	□ d. north
3. In logging, what is a widow maker?	6. What is the chemical formula for methane?
□ a. dull chainsaw	□ a. C3H8
	□ b. CO <sub>2</sub>
□ b. detached or broken limb or tree top	□ c. CH4
□ c. pre-1940s skidder	•
☐ d. a green or new crew member	□ d. CH <sub>2</sub> O

Answers: p. 34

Four-plus: Local Two-plus: Newbie Less than two: Townie

#### **Max Kretschmer**

#### **SEPTEMBER 27, 1935 — NOVEMBER 2, 2022**



Max Kretschmer was born in Kunzendorf, Germany in 1935.

He had four siblings — Helmut, Erika, Christine and Martin (deceased).

He lived with his family in Gelsenkirchen, Germany until he emigrated alone to Tasmania, Australia, at the age of 18.

Kretschmer worked at house painting, mining, and attended nursing school before returning to mining.

He married Suzanne at the age of 26 and had two daughters, Erika (Brian) and Heidi.

He was an active member of the Methodist Church and played brass instruments in the town's marching band.

In 1971, he left for Canada and lived in Burnaby, B.C. while working at the mine in Britannia Beach.

After the deterioration of his marriage to Suzanne in 1972, he met Geraldine and her children, Kevin, Kandus (Mark), Kerry, Keenan (deceased).

Kretschmer worked in construction in Vancouver until 1995 when the couple moved to Garden Bay to manage the Royal Vancouver Yacht Club outstation.

Geraldine died in 1997 and Max

stayed at the yacht club.

In 1999, he married Edith who had two adult children, Nancy and Heidi.

After Edith died in 2010, Kretschmer met Bernie and they were married shortly after.

Her children are Daniel (Kate), Darren (Margita), and Melanie (Nathan).

He loved his children and many grandchildren.

He enjoyed gardening and tending to the various flowers in the yard.

Kretschmer had a passion for helping those in various ministries.

He retired in 2016 and moved to Madeira Park.

In retirement, he kept busy fixing up his house, volunteering at the church, and puttering around the yard.

**OBITUARIES:** The *Harbour Spiel* publishes obituaries without charge as a longstanding effort to recognize and record those who lived in Pender Harbour and Egmont. Submissions must be timely, include the date of birth and death and be submitted in a digital format. Submissions will be edited for length and to remove first-person and personal messages as required to maintain editorial consistency.



# The second annual **Light up the Town** and **Serendipity Child Development Society** would like to extend a heartfelt thank you to:

Our amazing tree sponsors!



**Black Bill Gilkes** and **Marc Jean** for setting up 45 trees around Madeira Park!



**Pender Harbour Community Club** for supporting us each year!



Harbour Authority of Pender Harbour and Robin Millar for financial support, bringing in Glen from L.A. Electric and joining our epic expansion of the display and the first ever Winter Festival!



Santa Claus for visiting all the kids at the Winter Festival!



Ron Badley at the Harbour Spirit Centre for letting us setup a welcoming avenue to our "Light up the Town!"



**Darryl Dougan** of **BlueWave Systems and Design** for the beautiful music we all enjoyed at the Winter Festival!



And our biggest thank you (2 years worth) to **Reid Electric! Bill Reid** has given his time and donated all supplies to install the many electrical boxes around the Community Hall gardens!

Thanks to our community's network of amazing volunteers,

Light up the Town and the new Pender Harbour Winter Festival have established a new seasonal tradition.

Thanks to everyone who contributed and we hope you all had a wonderful holiday season!

## Invasive plant species on the Sunshine Coast (Pender Harbour Wildlife Society)



Vinca minor



**English Holly** Ilex aquifolium



Hedera helix



**Giant Hogweed** Heracleum mantegazzianum



Himalayan Blackberry Rubus armeniacus



Japanese Knotweed Fallopia japonica



**Leafy Spurge** Euphorbia esula



Pilosella aurantiaca



**Scotch Broom** Cytisus scoparius



Lamium galeobdolon



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## The three pillars of financial health

Jason Hammond

Most people know that the three pillars of physical health are a healthy diet, regular physical activity, and a good night's sleep.

Similarly, financial health also has three pillars — positive net income, emergency savings and long-term financial planning.

In this article, I'll be diving into these three pillars of financial health with tips for improving each.

#### **POSITIVE NET INCOME**

Positive net income means you have more income coming in than payments going out.

As with a healthy diet, there is a continuum where moderately healthy is better than unhealthy, but very healthy is even better.

Deciding on how "healthy" you should be depends on your financial needs and finding the right balance.

Improving your net income boils down to making more money, spending less money, or doing both.

Generally speaking, spending less money tends to be a more realistic goal for most people than making more money.

#### **EMERGENCY SAVINGS**

Emergency savings is exactly what it sounds like — a chunk of money, usually between three and six months worth of income, in a savings account that can be easily accessed in case of emergency.

It doesn't take much of an emergency for someone to be underwater financially.

For example, all it might take is a pet getting sick or an appliance needing to be replaced.

Bigger emergencies, such as get-



ting injured and being unable to work would be that much more serious.

An emergency savings account is a buffer that sets you up to weather the storms that will inevitably occur.

The easiest way for most folks to save is to have funds automatically transferred into a savings account on the same day they get paid.

The money is redirected before you miss it, and emergency savings can build with minimal effort.

## LONG-TERM FINANCIAL PLANNING

After establishing positive net income, and have an emergency savings account in place, you need to think about long term financial planning.

This is longer term saving and investing for known purchases that are more than five years or so in the future.

The most important of these is retirement.

Because we can't work forever,

we need to plan for the day where we live off our savings and investments (supplemented by our Canada Pension Plan and Old Age Security payments).

Other examples of long-term financial planning are saving up a down payment for a home and saving for a child's post-secondary education.

Jason Hammond is a financial service advisor at the Sunshine Coast Credit Union. He can be reached at (604)740-2662.

This article is for informational and educational purposes only and should not be construed as professional financial advice.



January 2023

#### Look here first.

The Harbour Spiel Business Directory has long been your best bet for sourcing services from trusted community members.









A

#### ACCOMMODATION

- Pender Harbour Resort and Marina.....(604) 883-2424
- Sunshine Villa B&B.....(604) 883-2992

#### ACCOUNTING & BOOKKEEPING

- Crowe MacKay LLP.....(604) 697-9271
- Ocean Breeze Accounting.....(604) 885-0366

#### **AUTO REPAIRS & SERVICE**

- Pender Harbour Automotive and Tire.....(604) 883-3646
- Pender Harbour Diesel.....(604) 883-2616

B

#### BACKHOE

• Glenn's Backhoe Services.....(604) 883-2840

#### **BUILDING SUPPLIES**

- Coast Builders RONA Madeira Park.....(604) 883-9551
- Coast Builders RONA Sechelt.....(604) 885-5818
- Gibsons Building Supplies.....(604) 885-7121



- Chipper
- Landscape products
- Gravel
- Debris removal



Steven Sladey:

604.741.1095 ssladey@telus.net

**C**.....

#### CONCRETE

• Swanson's Ready-Mix Ltd.....(604) 885-9666

D

#### DINING

- Harbour Pizza.....(604) 883-2543
- Triple B's Burger Stand.....(604) 883-9655

#### DOCK & RAMP CONSTRUCTION

• Garden Bay Marine Services.....(604) 883-2722

#### DOORS AND GATES

• Malaspina Door And Gate .....(604) 590-4300

E

#### ELECTRICIANS

- L.A. Electric.....(604) 883-9188
- Reid Electric.....(604) 883-9309

F

#### FINANCIAL INSTITUTIONS

• S.C. Credit Union, Pender Harbour.....(604) 740-2662

G

#### GENERAL CONTRACTOR

• Andrew Curtiss Contracting.....(604) 740-7775

#### GENERAL STORE

- Bathgate General Store, Resort & Marina.....(604) 883-2222
- Oak Tree Market.....(604) 883-2411

\_\_\_\_\_

H

#### HARDWARE

• Coast Builders RONA.....(604) 883-9551

#### HOT TUBS

• SunCoast Waterworks.....(604) 885-6127

I

#### INSURANCE

• Wouter Zanen.....(604) 996-7866

L

#### LAWYER

• Coastal Law Corporation.....(604) 885-5831

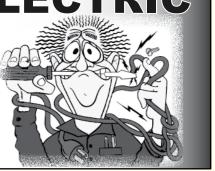
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M

#### MOBILE MECHANIC

Mobile Mechanic Auto and Marine (Dave)....(604) 741-2286

#### MOORAGE

Pender Harbour Resort and Marina.....(604) 883-2424

P

#### PEST CONTROL

• VIP Pest Control Ltd.....(604) 537-4715

#### PROPANE

- Superior Propane.....(877) 873-7467
- Tyee Pacific Marine Operations.....(604) 399-8688

#### PROPERTY MAINTENANCE

Coastal BC Property Maintenance.....(604) 399-8928

R

#### REAL ESTATE

- Brynelsen O'Reilly, Royal LePage Sussex.....(604) 741-1837
- Rachel Manley, Sotheby's Realty.....(778) 229-7694
- Dave Milligan, Re/Max Oceanview Realty.....(604) 741-7373

R

#### RECYCLING

Green Recycling in Pender Society.....(604) 883-1165
 www.penderrecycling.ca

#### ROAD BUILDING/SUBDIVISIONS

• Sladey Timber.....(604) 883-2435

S

#### SEPTIC SERVICES

- AAA Peninsula Septic Tank Pumping Service...(604) 885-7710
- SunCoast Waterworks.....(604) 885-6127

#### **STORAGE**

• Squirrel Storage.....(604) 741-7665

T

#### TREE SERVICE

• Pender Harbour Tree Service.....(604) 989-3624

#### TRUCKING SERVICES

- Double D Trucking.....(604) 741-2665
- KER Enterprises.....(604) 883-2154



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W

• Pacific Pumps and Water Systems.....(604) 885-7867

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- Pacific Pumps and Water Systems.....(604) 885-7867
- SunCoast Waterworks.....(604) 885-6127

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## ORGANIZATIONS DIRECTORY

UNGANIZATIONS DINL	IIIIIII
Chamber of Commerce, P. H. & Egmont	(604) 883-2561
Community Policing	(604) 883-2026
Egmont Community Club	(604) 883-1379
Egmont & District Volunteer Fire Department	(604) 883-2555
FLAIR Cancer Support Group	(604) 883-0660
• FOKUS (10:30 a.m., Fridays @ PHHC)	(604) 740-1151
GRIPS (Recycling Society)	(604) 883-1165
Garden Bay Sailing Club	(604) 883-2689
Guides, Brownies, etc.	(604) 883-2819
Harbour Artists	(604) 883-2807
Harbourside Friendships (Thur. 10:30 -1 p.m.)	(604) 883-9900
Health Centre Society	(604) 883-2764
Health Centre Auxiliary	(604) 741-2646
InStitches (last Thursday of month, 10 a.m.)	(604) 740-1151
Lions Club, Egmont	(604) 883-9463
Lions Club, Pender Harbour (1st & 3rd Tues.)	(604) 883-1361
Men's Cancer Support Group	(604) 883-2393
P. H. Aquatic Centre Society	
P. H. and Area Residents Association	(604) 883-9205
P. H. Blues Society	(604) 741-1186
P. H. Choir (7 p.m., Tuesday)	
P. H. Community Club	
P. H. Community School Society	
P. H. Garden Club	, ,
P. H. Golf Club	` ,
P. H. Hiking Club (8:30 am, Mon. & Wed.)	, ,
P. H. Living Heritage Society	
• P. H. Music Society (bookings)	
P. H. Paddling Society (dragon boating)	
P. H. Piecemakers (quilters)	
P. H. Pipe Band	
P. H. Power & Sail Squadron	
• P. H. Ramblers (hikers, every Tues. a.m.)	` ,
P. H. Volunteer Fire Dept (Wed. evening)	
P. H. Reading Room (library)  Patent Old In Community (No. 140)  Patent Old In Co	, ,
Rotary Club (noon Fri. RC Legion No.112)      Royal Canadian Legion No.110	
Royal Canadian Legion No. 112	
RCM SAR Coast Guard Auxiliary, Unit 61      Report Language Consists	
Ruby Lake Lagoon Society      Skapla methods Haritage Society.	, ,
Skookumchuck Heritage Society	, ,
S. C. Health Care Auxiliary (2nd Wed.,1:30 p.m.)	
Seniors' Housing Society     Serondinity Child Core Contro	` '
Serendipity Child Care Centre      Supplying Coast Rotter At Home	
Sunshine Coast Warran's Outrooch Sondon	
Sunshine Coast Women's Outreach Services     Wildlife Society (3rd Tues PHSS)	, ,
Wildlife Society (3rd Tues, PHSS)      Women's Connection (2nd & 4th Tue)	, ,
Women's Connection (2nd & 4th Tue.)	(004) 083-0444

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#### PENDER HARBOUR WOMEN'S CONNECTION

The Pender Harbour Women's Connection welcomes in the New Year a little late on Jan. 24 with a Celtic gathering for Auld Lang Syne. Special musical guests will be Ginny Byrnes-McKnight and James Fraser McKnight.

This highly accomplished musical couple have moved to our area from the U.S. Both will be recognized for their contribution to the recent Legion Remembrance Day ceremonies.

Byrnes-McKnight, a lyric soprano, for her beautiful renditions of "O Canada," and Fraser, a member of the Pender Harbour Pipe Band, for his solo piping.

Fraser McKnight has many musical talents and will accompany Byrnes-McKnight's Gaelic songs on the piano. As well as giving us a musical treat, they will speak of their background and what brought them to Pender Harbour.

Doors open at 9:30 a.m. and there is a drop-in fee of \$4.

#### photojournal



Jean Pate

Is this a good hair day or a bad one? Only this Garden Bay buck knows for sure. Photo taken Nov. 11.



#### JANUARY BIRTHDAYS

- Jan. 1 ~ Dave Steppell, Paul Wharton and Cheryl Thompson.
- Jan. 2 ~ **Bill Hunsche, Vince Perreca** and **Salem Taylor**
- Jan. 3 ~ Colton Landry.
- Jan. 4 ~ Crystal White and Avril Maveety.
- Jan. 5 ~ **Sue Lee, Betty Wenman** and **Taylor Phillips.**
- Jan. 8 ~ Sue Natall, Jodi Godkin and Destiny Wallbaum.
- Jan. 9 ~ Arhea Howitt, Mario Lowther and Amanda Mayo.
- Jan. 10 ~ David Pease.
- Jan. 11 ~ Randy Cummings.
- Jan. 12 ~ Lisa Duncan, Mary Ebert and Ryan Logtenburg.
- Jan. 13 ~ **Tia Haase** and **Betty Wray.**
- Jan. 14 ~ **Dominic De La Canal, Norman Edwardson, Karlee Legge** and **Alannah Nichols.**
- Jan. 15  $\sim$  Curtis Sample and Ron Kushner.
- Jan. 16 ~ Cody Angus.
- Jan. 17 ~ Anne Clemence and Tashina McLean.
- Jan. 18 ~ Vanessa Lanteigne.
- Jan. 19 ~ Arieanna Henderson.
- Jan. 20 ~ **Gerald Mackie, Les Dornbierer** and **Hazel Jay.**
- Jan. 22 ~ **Starr Harding, Lil Higgs, Leanne Legge** and **Troy Brown.**
- Jan. 23 ~ Taree Bathgate and Kelly Kammerle.
- Jan. 24 ~ Carolyn Ireland, Don Murray and Warren Dunaway.
- Jan. 27 ~ Leona Colebank.
- Jan. 28 ~ Vanessa Smith and Ikuko Kishimoto.
- Jan. 29 ~ Jordan Field, Glen Scoular, Lorne
  Campbell, Alfie Lajlar and Tanya Bernier.
- Jan. 30 ~ **Lyle Forbes.**

#### JANUARY ASTROLOGY



#### CAPRICORN: DEC. 22 - JAN. 19

Capricorns often experience hardship early in life, but their resourcefulness makes them survivors. Sometimes hard to get to know, they are loyal, responsible and down-to-earth. As your mediocre luck

winds down, its antithesis, chaos, will enter your life. Even the stars can't predict what chaos will bring. Because, as its name suggests, chaos is unpredictable. So buckle up — you are adrift in the cosmos intil Jan 17. Dairy products and cedar smudges will alleviate some of the upcoming stress.

#### AQUARIUS: JAN. 20 - FEB. 18



Aquarians are original, independent humanitarians who shy away from emotional expression. This often makes them seem uncompromising and aloof. Aquarians are

thoughtful listeners but they rarely tolerate someone they disagree with. The sun will also be transiting in your twelfth house in January so you know the time is ripe to hit the casino. Blackjack or slots will be your El Dorado. Avoid roulette. On Jan. 3, something unusual happens that makes you question your sexuality.

#### **BC BESTSELLERS**

#### For the week ending Dec. 10

The BC bestseller list uses sales data from over 80 independent bookstores in BC representing sales of BC published books released within the calendar year.

- 1. Cold Case BC: The Stories Behind the Province's Most Sensational Murder and Missing Person Cases by Eve Lazarus (Arsenal Pulp Press)
- 2. Fortune Knox Once: More Musings from the Edge by Jack Knox (Heritage House)
- 3. Alone in the Great Unknown by Caroll Simpson (Harbour Publishing)
- 4. Return to Solitude: More
  Desolation Sound Adventures... by Grant Lawrence (Harbour Publishing)
- 5. Wildlife for Idiots And Other Animal Cartoons by Adrian Raeside (Harbour Publishing)

- 6. Still This Love Goes On by Buffy Sainte-Marie, illustrated by Julie Flett (Greystone Books)
- 7. The Artful Pie Project by Denise Marchessault, photos by Deb Garlick (Whitecap Books)
- 8. A Season on Vancouver Island by Bill Arnott (Rocky Mountain Books)
- 9. Mushrooming: The Joy of the Quiet Hunt by Diane Borsato, illustrated by Kelsey Oseid (Douglas & McIntyre)
- 10. Incredible Crossings: The History and Art of the Bridges, Tunnels and Inland Ferries That Connect BC by Derek Hayes (Harbour Publishing)

~ Association of Book Publishers of BC



## **2021 CENSUS EDUCATION IN CANADA** (NOV. 30 RELEASE)

88.4%

Percentage of Canadians aged 25-64 who have completed high school. (In BC it's 90.4%.)

Percentage of Area A residents who have completed high school.

32.9%

Percentage of Canadians aged 25-64 who have a bachelor's degree. (In BC Percentage of BC workers using it's 35%.)

9.5%

Percentage of Area A residents who have a bachelor's degree or higher (290 — 105 men, 185 women).

## 24 minutes

The average commuting time in BC

The number of people in Area A with a master's degree.

420

Number of Area A residents who listed their "major field of study" as "architecture, engineering and related trades."

Area A residents whose "major field of study" was "education."

98.2%

BC workers using English on a regular basis at work in 2021.

French on a regular basis at work in 2021. (In Quebec, it was 92.1%).

31.4%

Immigrants share of the BC workforce.

~ Statistics Canada

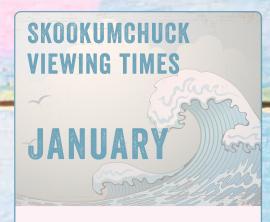
#### JANUARY WEATHER

#### **TEMPERATURES**

January is our coldest month, with an average daily high temperature of 6.3 C and low of 2.9 C, giving us a mean daily temperature of 4.6 C.The highest January temperature recorded at Merry Is. is 13.2 C (Jan. 30, 1989); the lowest is -7.2 C (Jan. 29, 1969).

#### **PRECIPITATION**

We have an average of 46.2 hours of bright sunshine, 17 days with rain and three days with snow in January. Our average monthly rainfall is 118 mm; snowfall, 9 cm. The record daily rainfall recorded at the Merry Island weather station is 78.2 mm (Jan. 18, 1968).



DATE-TIME-SIZE (small, medium, large, extra large)

EBB (-), FLOOD (+) - Standing wave is best on large flood (tide flowing into Sechelt Inlet).

- 1.11:11 AM +L
- 2.11:51 AM +M
- 3. 12:36 PM +S
- 4. 10:07 AM -S, 1:24 PM +S
- 5. 11:00 AM -S, 2:14 PM +S
- 6. 11:45 AM -S, 3:03 PM +S
- 7. 12:22 PM, -S
- 8. 12:56 PM -S
- 9.1:26 PM -S
- 10. 1:55 PM -M
- 11. 2:25 PM -M
- 12. 2:56 PM -M
- 13.3:29 PM -M
- 14. 9:00 AM +L
- 15. 9:40 AM +L
- 16. 10:25 AM +M
- 17. 11:17 AM +M
- 18. 12:15 PM +M
- 19. 9:44 AM -S, 1:18 PM +S
- 20. 10:44 AM -S, 2:20 PM +S
- 21. 11:34 AM -S, 3:19 PM +M
- 22. 12:20 PM -M,
- 23. 1:04 PM -M
- 24. 1:47 PM -M
- 25. 2:31 PM -M
- 26. 3:16 PM -L
- 27. 8:20 AM +L
- 28. 8:52 AM +L
- 29. 9:28 AM +M
- 30. 10:10 AM +M
- 31. 11:02 AM +S

These are estimates only and not intended for navigation.





Please check the website for current hours and information: www.penderharbourhealth.com

#### **NURSING SERVICES** – (604) 883-2764

RNs are on duty 8 a.m. - 4 p.m. weekdays

- Blood tests ECGs Injections Blood pressure
- Home/Palliative care Dressings Holter Monitors

#### **DENTISTRY** – (604) 883-2997

Dr. Robert Hynd, Dr. Lisa Virkela, Dr. Endre Sinkovics Darlene Fowlie – Hygienist

Monika Miller – Hygienist

Rosa Seda – Hygienist

- Braces Cosmetic Dentistry
- Restorative Dental Care Consulting
- Implants Surgical Extractions

#### **PUBLIC HEALTH NURSE** – (604) 883-2764

- Well Baby Clinic
- Child and Adult Immunizations

## **FAMILY NURSE PRACTITIONER** – (604) 883-2764 Annaliese Hasler, NP

• Women and Youth Health Services

#### **FOOT CARE NURSE** – (604) 740-2890

Sharon Gilchrist-Reed LPN

- · Foot care nursing
- Reflexology/Kinesiology

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- Monday (alternate), Tuesday, Thursday, Friday
- Ellen Luchkow, RMT (778) 888-2012
- Monday (alternate), Wednesday, Saturday, Sunday

#### **PHYSICIANS** - (604) 883-2764

**Dr. Colin Sutton** 

By appointment only

#### **CHIROPRACTORS** – (604) 883-2764

Dr. Ali Manavi, Coastline Health and Performance Chiropractors

• Wednesdays, call (604) 883-2764 or visit coastlinehealth.janeapp.com to book appointment

#### **HEARING CLINIC** - (604) 885-0155

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THE SUNSHINE COAST HOSPICE SOCIETY: Compassionate, respectful end-of-life and bereavement care. Whether you want to talk with one person or to join a bereavement group, trained volunteers are available. Call (604) 883-2764.

**ALCOHOLICS ANONYMOUS**: Meets Wednesdays at 7 p.m. – everyone welcome. **TEENS' DROP IN CLINIC:** Offered every Tuesday between 3 and 5 p.m.

LOAN CUPBOARD: Crutches, walkers, wheelchairs, commodes, raised toilet seats etc.

**DIABETES & DIETICIAN MANAGEMENT PROGRAM**: Weekly on Thursdays ~ call to book an appointment **CHRONIC DISEASE MANAGEMENT PROGRAM**: Weekly on Wednesdays ~ call to book an appointment. **ADULT DAY PROGRAM**: Dementia Care-Giver Support Group. Call (604) 883-2764 ~ Community Co-ordinator.

First-class health care for the people of the Pender Harbour area.

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#### Alzheimer's disease and dementia

Compiled by Pender Harbour Health Centre nursing staff

If you or someone you know is concerned about memory problems, you're not alone.

But is what you're experiencing normal, or something more serious?

As you age, some forgetting is natural and inevitable but Alzheimer's disease is not part of normal aging.

Alzheimer's disease is more than forgetting where you put your keys.

Symptoms can include loss of memory that affects day to day function, difficulty with regular tasks and changes in mood and behaviour.

There are also other types of dementia although Alzheimer's disease is the most common form.

Some causes of dementia are very treatable, so it's important to find out what's at the root of your concerns.

The word dementia is an umbrella term that refers to many different diseases.

Different types of dementia are caused by different physical changes to the brain.

#### **ALZHEIMER'S DISEASE**

Alzheimer's disease is characterized by plaques and tangles.

Plaques are numerous tiny dense deposits scattered throughout the brain which become toxic to brain cells at excessive levels.

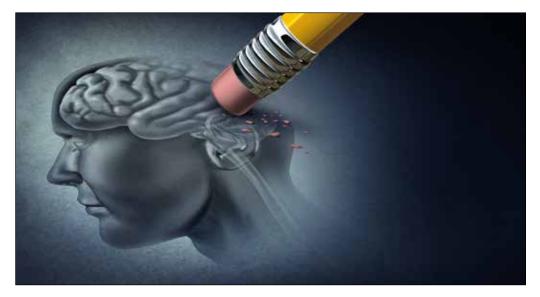
Tangles interfere with vital processes eventually choking living cells.

As brain cells degenerate and die the brain markedly shrinks in some regions.

#### **VASCULAR DEMENTIA**

The second leading cause of dementia occurs when the cells in the brain are deprived of oxygen.

January 2023



It is often the result of a stroke which occurs when blood flow to the brain is blocked.

#### MILD COGNITIVE IMPAIRMENT

MCI is a type of memory change that is different from both Alzheimer's disease and normal age-related memory change.

Some consider it an intermediary stage.

People with MCI have ongoing memory problems but do not experience the other symptoms of dementia like confusion or difficulty with language.

#### WARNING SIGNS

Symptoms of dementia can be caused by conditions that are treatable, such as depression, thyroid disease, infections or drug interactions.

That's why it is important that any concerns you might have be discussed with your doctor.

Getting an early diagnosis is critical for you and your family, to ensure you and your care partners can get the support needed to maintain quality of life.

Some signs may be:

• Memory loss that affects dayto-day functioning;

- Difficulty performing familiar tasks;
  - Problems with language;
- Disorientation of time and place;
  - Poor or decreased judgment;
- Problems with abstract thinking;
  - Misplacing things;
- Changes in mood and behaviour;
  - Changes in personality, and
  - Loss of initiative.

## PUT YOUR MIND TO BRAIN HEALTH

Research shows you can help maintain the health of your brain and reduce your risk of developing conditions like Alzheimer's disease as you get older.

Most Canadians think brain health is at least as important as physical health but aren't sure what it takes to keep their brain in good shape.

What's good for your heart is good for your head.

Choosing to eat well and exercise can help to reduce your risk for developing Alzheimer's.

For more information visit, www.alzheimerbc.org/in-my-community/vancouver-coastal.aspx.



Geraldine Fischer/ PHLHS #2013.3.4

#### Irvines Landing School, 1935/36 (now Sarah Wray Hall)

This is Clara Tippet's (later Lee) class, although she is not in the photo.

**BACK ROW (I-r):** Gerry (Geraldine) Fischer, AnnaBelle Kennedy, Vera Edwardson, Gertrude Edwardson, Tiffy Wray, Mulvert Duncan and Jack Gooldrup.

MIDDLE ROW (crouching I-r): Donald Kennedy, Muriel Wray, Bert Gooldrup, Alvin Edwardson, Edward Edwardson, Melba Duncan and Jean Gooldrup.

**FRONT ROW (I-r):** Flossy Wray, Clifford Edwardson, Vic Gooldrup, Gordon Edwardson, John Kennedy and Laura Gooldrup.

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Barry Krangle

Volleyball teams from Madeira Park Elementary School have sent notice to other schools in the district that they are a force. Two girls' teams attended the annual School District no. 46 girls volleyball championship placing first and fourth in the Grade 5, 6 and 7 division — despite also needing to pull from Grades 3 and 4 to make a full squad. Coach/principal Barry Krangle said that despite them being a much smaller school than many of the others attending, the Madeira Park teams were competitive with every team they they faced.

seals



#### Note your seal of approval or disapproval.

By email only: editor@harbourspiel.com. Include full name and telephone number. (Editor will edit for length.)

Grateful seals of approval to the **Pender Harbour community, Madeira Park businesses, community groups** and **the innumerable individuals** who embraced our cause through COVID and buoyed us through into 2023 on a small life preserver.

Joka Wright Pender Harbour Food Bank

Oceans full of Harbour Seals to all "Spreading Kindness" donors.

Your heartwarming generosity and kindness in helping those locally in need all year long is an example of the caring, community-minded people that make Pender Harbour such a great place to call home.

With sincere thanks and gratitude.

Lyn Charlton

Harbour Seals of Approval to our very own *Harbour Spiel* editor, **Brian Lee**, who always endeavours to provide our community with excellent reporting, keeping us all informed on local happenings, entertaining editorials and so much more. Hats off to Brian for his outstanding contribution to our community.

Lyn and Bill Charlton

A Harbour Seal of Approval to my fire mates for hosting a surprise party to celebrate my 50 years in the hall. Thanks to Garden Bay and Egmont halls, past members and community members for coming out to celebrate with me.

Much appreciated.

**Larry Curtiss** 

A special Harbour Seal of Approval to the volunteers behind our local healthy meals service for their commitment every week to prepare, cook and deliver meals to people who need and appreciate them.

I recently witnessed what goes on behind the scenes in preparation of 83 "healthy meals" and I was pleasantly surprised at how they all work together — and the finished product looked outstanding.

Lisa Borden

A huge Harbour Seal of Approval to **Kyle** for removing the snow on Rondeview Road.

All your neighbours are very thankful.

Donna Brown

## Pender Harbour

## Mad<sub>(eira)</sub>-Libs Community Literacy Initiative



FILL IN BLANKS WITH CREATIVE WORDS AND YOU WILL BE ENTERED TO WIN A PRIZE

Yay! It's road trip day! N	ly family and I h	opped in the		for a	week at			
			(Noun)	(Adj	ective)			
the	! When we sto	pped to fill up th						
(Noun)			(Adje	ctive)				
elk in th	e car while we		out to ge	et :	snacks. We			
(Verb)		(Verb)		(Number)				
back ir	n the car and		got on the _		about 30 minutes in			
(Verb)		(Adverb)		(Noun)				
:he elk _ (Adjective)		onto the		my mom wa	as holding!			
(Adjective)	(Verb)		(Noun)					
"·"	she screamed!	"Get out!" My d	ad thought s	he was	at him			
(Exclamation)					(Verb)			
so he sv (Adverb)	verved the	int	o the	! We				
(Adverb)		(Noun)	(N	oun)	(Verb)			
from left to right. The ell	k	onto the		causing my	dad to slam on the			
	(Verb)		(Noun)					
Snacks w	ent everywhere	! My mom was		and my d	ad			
(Plural Noun)			(Verb)		(Verb)			
out of the car like a(I	My	brother and I		The	elk ran			
(1	Noun)		(Verb)	(Adj	ective)			
nto the					aded back on the			
(Adverb)	•		(Numbe					
to		'What a	r	oad trip!" my n	nom said!			
(Noun)	(Noun)	(Ad	jective)					
Of Course only this kind o	of	could happ	en here in		!			
	(Noun)			(Noun)				
NTRY FORM	<b></b>		<b> </b>	<b> </b>				
ou could win a RANDOM DI	RAW PRIZE to be	announced in ear	ly February					

Family Literacy Week (January 22-29, 2023) in British Columbia. <u>Family Literacy Week</u> is an annual BC campaign that recognizes the importance of family literacy. Family Literacy Day is the largest national family literacy initiative in Canada, created in 1999 by ABC Life Literacy Canada

This community event is being organized by the Pender Harbour community School, Pender Harbour Reading Centre, Seniors Initiative, Pender Harbour Aquatic and Fitness Centre and the Pender Harbour Health Centre.



## PENDER HARBOUR SENIORS INITIATIVE

Sponsored by: Smart Fund



HARBOURSIDE FRIENDSHIP PROGRAM

Sponsored by:

P. H. Health Centre & P. H. Health Auxiliary

FOR INFORMATION OR TRANSPORTATION,

CALL MARLENE: (604) 883-9900

# Happy New Year Seniors!

HARBOURSIDE FRIENDSHIPS: Thursday drop-in, 10:30am – 1 pm

In the Pender Harbour Community Hall. Lunch will be served at 12pm. The cost will be \$10 per person.

Jan. 26 – Acknowledging Literacy Week

Feb. 2 - Creating Valentines for the Students

CARPET BOWLING: Wednesdays, January 25 and February 1

At the Pender Harbour Community Hall, 1-3 pm. Cost \$3.

**CHAIR YOGA: No classes for January** 

At the Pender Harbour Community Hall 11am –12pm with Carole Logtenberg. Cost: \$3 Improve your balance, strength & flexibility with gentle moves.



#### PENDER HARBOUR AQUATIC & FITNESS CENTRE

20m, 4-lane pool hot tub, sauna, gym & weight room

On lower level of PH Secondary School:

13639 S.C. Hwy. 604 885-6801

www.scrd.ca/myrecreation

#### PENDER HARBOUR AQUATIC & FITNESS CENTRE

www.scrd.ca/pender-harbour-aquatic-fitness-centre

This facility includes a pool and weight room (gym).

#### WE ALSO OFFER DROP-IN FITNESS CLASSES.

- Mix It Up on Thursdays at 8:45am
- Older Adult Keep Fit: Land Meets Water on Tuesdays & Thursdays at 10:30am
- Mat Pilates on Tuesdays at 6:30pm

Please check online for current schedules of all drop-in classes.

Use your MYPASS or pay drop-in admission.

#### IT'S NOT TOO LATE TO REGISTER FOR WINTER PROGRAMS!

- Online www.scrd.ca/myrecreation
- By phone: 604-885-6801
- In person

#### REGISTER FOR THESE FUN AND SOCIAL WAYS TO BE ACTIVE!

- Latin Dance Fitness on Tuesdays at 5:35pm
- Better Balance on Wednesdays at noon
- Total Body & Core on Mondays and/or Thursdays at 1pm

### We look forward to seeing you!

We invite you to subscribe to our Recreation Newsletter at www.scrd.ca/Newsletter-Signup

Follow us on facebook: www.facebook.com/Pender-Harbour-Aquaticand-Fitness-Centre-206667126014598 Cooler colour codes indicate lower tides. For kayaks and small boats accessing Canoe Pass (Beaver Island), these colour codes (right) indicate what should usually provide sufficient depth for passage. Note: variability occurs due to barometric pressure, wind conditions, etc.

Canoe Pass:



Man   10	January	1AM	2AM	зам	4AM	5AM	6AM	7AM	8AM	9AM	10AM	11AM	Noon	1PM	2PM	3РМ	4PM	5PM	6PM	7PM	8PM	9PM	10PM	11PM	12AM	
The O3	Sun 01	11.3	12.0	12.1	11.8	11.3	10.9	10.9	11.5	12.5	13.6	14.7	15.4	15.4	14.7	13.2	11.2	8.9	6.9	5.3	4.6	4.6	5.4	6.8	8.5	
Med         04         7.4         9.7         12.0         13.7         14.8         15.0         14.6         13.8         13.1         12.6         2.7         13.1         13.6         14.0         14.0         13.1         11.5         93         7.0         4.9         3.4         2.7         2.8         4.0           Fri         06         4.5         6.7         9.3         11.8         13.9         15.2         15.6         15.2         14.4         13.4         12.6         12.2         12.4         12.5         12.5         12.5         13.2         12.5         13.2         13.2         12.5         13.4         12.5         12.5         13.4         12.6         12.2         12.4         12.3         13.3         13.5         12.9         14.0         13.2         14.3         13.2         12.1         12.1         11.6         11.7         12.2         12.7         13.0         18.1         13.0         14.0         13.2         14.3         13.2         14.2         14.1         12.1         11.6         11.1         13.0         12.2         14.0         13.2         14.1         13.2         15.5         14.1         13.2         14.2	Mon 02	10.3	11.9	12.9	13.3	13.1	12.6	12.1	12.0	12.3	13.0	13.9	14.6	15.0	14.8	13.7	11.9	9.7	7.4	5.5	4.1	3.6	4.0	5.1	6.9	
Fri 06	Tue 03	8.9	11.0	12.8	13.9	14.3	14.1	13.5	12.8	12.5	12.6	13.1	13.8	14.4	14.5	14.0	12.6	10.6	8.3	6.1	4.3	3.2	3.0	3.8	5.3	
Fri 06	Wed 04	7.4	9.7	12.0	13.7	14.8	15.0	14.6	13.8	13.1	12.6	12.7	13.1	13.6	14.0	14.0	13.1	11.5	9.3	7.0	4.9	3.4	2.7	2.8	4.0	
Sat 07	Thu 05	5.9	8.2	10.7	13.0	14.6	15.4	15.3	14.7	13.8	12.9	12.5	12.6	13.0	13.5	13.7	13.4	12.3	10.4	8.2	5.9	4.0	2.8	2.4	3.0	
Sun 08   2.9   4.3   6.5   9.1   11.7   13.8   15.2   15.6   15.2   14.2   13.1   12.1   11.6   11.7   12.2   12.7   13.0   12.8   11.8   10.0   7.9   5.8   4.1   3.0     Mon 09   2.9   3.7   5.5   7.9   10.5   12.9   14.6   15.5   15.4   14.6   13.5   12.4   11.5   11.2   11.5   12.0   12.6   12.8   12.4   11.2   94   7.4   5.5   5.5     Med 11   4.4   4.2   4.8   6.4   8.5   10.9   13.1   14.7   15.4   15.3   14.4   13.2   11.8   10.7   10.2   10.3   10.8   11.4   11.9   12.0   11.5   10.3   8.7   7.2     Thu 12   5.9   5.3   5.4   6.3   8.0   10.2   12.3   14.1   15.2   15.4   14.8   13.1   12.2   10.8   9.8   9.4   9.6   10.2   10.9   11.5   11.6   11.2   10.4     Sat 14   9.5   8.6   8.0   7.9   8.5   9.7   11.3   12.9   14.2   15.0   15.0   14.3   13.1   11.4   9.7   8.3   7.5   7.4   7.9   8.7   9.8   9.8   9.4   10.5   11.3   11.4     Sun 15   11.0   10.4   9.8   9.4   9.5   10.1   11.2   12.4   13.7   14.5   14.9   14.3   13.5   11.9   10.0   8.3   6.9   6.2   6.2   6.8   7.9   9.2   10.5   11.5     Mon 16   12.0   12.0   11.6   11.2   10.9   10.9   11.4   12.2   13.2   14.1   14.6   14.6   14.5   13.5   11.9   10.0   8.3   6.9   6.2   6.2   6.8   7.9   9.2   10.5   11.5     Mon 17   11.8   12.8   13.1   12.9   12.5   12.1   12.0   12.2   12.9   13.6   14.3   14.5   13.9   12.5   10.4   8.0   5.7   3.7   4.8   6.5   8.6     Med 18   10.7   12.5   13.7   14.2   14.1   13.6   13.0   12.7   12.7   13.2   13.8   14.3   14.5   13.9   12.5   10.4   8.0   5.7   3.7   2.4   2.1   2.6   1.1     Sat 21   3.9   6.8   10.0   12.9   15.1   16.2   16.2   15.4   14.3   13.1   12.4   12.1   13.3   14.5   13.9   12.5   13.5   14.1   14.6   14.5   13.7   12.1   9.7   7.1   4.6   2.5   13.1   1.1   19.8   13.8   13.8   13.8   14.8   14.5   13.9   12.5   13.5   14.8   14.5   13.5   14.8   14.5   13.9   12.5   13.5   14.8   14.5   13.5   14.8   14.5   13.7   14.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5   13.5   14.5	Fri 06	4.5	6.7	9.3	11.8	13.9	15.2	15.6	15.2	14.4	13.4	12.6	12.2	12.4	12.9	13.3	13.5	12.9	11.5	9.5	7.2	5.1	3.4	2.5	2.5	
The 10	Sat 07	3.5	5.4	7.9	10.5	12.9	14.7	15.6	15.5	14.8	13.8	12.8	12.1	12.0	12.3	12.8	13.2	13.2	12.3	10.7	8.6	6.4	4.4	3.1	2.5	
The 10	Sun 08	2.9	4.3	6.5	9.1	11.7	13.8	15.2	15.6	15.2	14.2	13.1	12.1	11.6	11.7	12.2	12.7	13.0	12.8	11.8	10.0	7.9	5.8	4.1	3.0	
Wed 11         4.4         4.2         4.8         6.4         8.5         10.9         13.1         14.7         15.4         15.3         14.4         13.2         11.8         10.7         10.2         10.3         10.8         11.4         11.9         12.0         11.5         10.3         8.7         7.2           Thu 12         5.9         5.3         5.4         6.3         80         10.2         12.3         14.1         15.2         15.4         14.8         13.7         12.2         10.8         11.5         10.0         10.5         11.0         10.4         9.8         8.5         8.5         8.8         9.5         10.3         11.0         10.4         9.8         8.5         9.7         11.3         11.0         10.4         9.8         8.5         9.7         11.3         12.9         14.2         15.0         14.0         11.4         9.7         8.3         7.5         7.4         7.9         8.7         9.8         10.7         11.3         11.4           Sun 15         11.0         10.4         9.5         10.1         11.2         12.4         13.7         14.5         14.5         14.5         14.5         14.5         14.5	Mon 09	2.9	3.7	5.5	7.9	10.5	12.9	14.6	15.5	15.4	14.6	13.5	12.4	11.5	11.2	11.5	12.0	12.6	12.8	12.4	11.2	9.4	7.4	5.5	4.1	
Thu 12 5.9 5.3 5.4 6.3 8.0 10.2 12.3 14.1 15.2 15.4 14.8 13.7 12.2 10.8 9.8 9.4 9.6 10.2 10.9 11.5 11.6 11.2 10.2 8.9 11.7 13.4 14.7 15.3 15.0 14.0 12.6 11.1 9.7 8.8 8.5 8.8 9.5 10.3 11.0 11.3 11.1 10.4 9.5 8.1 14.9 9.5 8.6 8.0 7.9 8.5 9.7 11.7 13.4 14.7 15.3 15.0 14.0 12.6 11.1 9.7 8.8 8.5 8.8 9.5 10.3 11.0 11.3 11.1 10.4 9.5 8.1 11.0 10.4 9.8 9.4 9.5 10.1 11.2 12.4 13.7 14.5 14.9 14.5 13.5 11.9 10.0 8.3 6.9 6.2 6.2 6.8 7.9 9.2 10.5 11.5 11.5 11.0 10.4 9.8 9.4 9.5 10.1 11.2 12.4 13.7 14.5 14.9 14.5 13.5 11.9 10.0 8.3 6.9 6.2 6.2 6.8 7.9 9.2 10.5 11.5 11.5 11.6 11.2 10.9 10.9 11.4 12.2 13.2 14.1 14.6 14.6 13.8 12.4 10.5 8.5 6.7 5.3 4.7 4.9 5.7 7.1 8.7 10.4 11.1 11.1 11.1 11.1 11.1 11.1 11.1	Tue 10	3.4	3.7	4.9	6.9	9.4	11.8	13.9	15.2	15.5	15.0	14.0	12.7	11.6	10.9	10.8	11.2	11.8	12.3	12.5	11.9	10.6	8.9	7.1	5.5	
Fri 13 7.7 6.8 6.5 6.9 8.0 9.7 11.7 13.4 14.7 15.3 15.0 14.0 12.6 11.1 9.7 8.8 8.5 8.8 9.5 10.3 11.0 11.3 11.1 10.4 Sat 14 9.5 8.6 8.0 7.9 8.5 9.7 11.3 12.9 14.2 15.0 15.0 14.3 13.1 11.4 9.7 8.3 7.5 7.4 7.9 8.7 9.8 10.7 11.3 11.4 Sun 15 11.0 10.4 9.8 9.4 9.5 10.1 11.2 12.4 13.7 14.5 14.9 14.5 13.5 11.9 10.0 8.3 6.9 6.2 6.2 6.8 7.9 9.2 10.5 11.5 Mon 16 12.0 12.0 11.6 11.2 10.9 10.9 11.4 12.2 13.2 14.1 14.6 14.6 13.8 12.4 10.5 8.5 6.7 5.3 4.7 4.9 5.7 7.1 8.7 10.4 Tue 17 11.8 12.8 13.1 12.9 12.5 12.1 12.0 12.2 12.9 13.6 14.3 14.6 14.2 13.1 11.3 9.2 7.0 5.1 3.8 3.3 3.7 4.8 6.5 8.6 Wed 18 10.7 12.5 13.7 14.2 14.1 13.6 13.0 12.7 12.7 13.2 13.8 14.3 14.5 13.9 12.5 10.4 8.0 5.7 3.7 2.4 2.1 2.6 4.1 6.2 Thu 19 8.7 11.2 13.3 14.7 15.2 14.9 14.3 13.5 12.9 12.9 13.3 13.9 14.4 14.5 13.7 12.9 9.7 7.1 4.6 2.5 1.3 1.1 19 3.8 Fri 20 6.3 9.2 12.0 14.2 15.6 15.9 15.4 14.5 13.5 12.8 12.7 13.2 13.9 14.4 14.5 13.7 11.9 9.3 6.5 3.8 1.8 0.6 0.5 1.7 Sat 21 3.9 6.8 10.0 12.9 15.1 16.2 16.2 15.4 14.3 13.1 12.4 12.4 12.9 13.7 14.4 14.6 13.7 11.8 9.1 6.1 3.4 1.4 0.3 0.5 Sun 22 2.0 4.5 7.7 11.0 13.8 15.8 16.6 16.2 15.1 13.7 12.4 11.7 11.8 12.5 13.5 14.3 14.5 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 Tue 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 12.8 11.5 10.9 11.1 11.9 13.0 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 Tue 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 11.8 10.4 9.9 10.2 11.2 12.4 13.3 13.6 13.0 11.3 9.0 6.6 4.6 Wed 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.4 5.5 6.6 6.8 0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Wed 11	4.4	4.2	4.8	6.4	8.5	10.9	13.1	14.7	15.4	15.3	14.4	13.2	11.8	10.7	10.2	10.3	10.8	11.4	11.9	12.0	11.5	10.3	8.7	7.2	
Sat 14 9.5 8.6 8.0 7.9 8.5 9.7 11.3 12.9 14.2 15.0 15.0 14.3 13.1 11.4 9.7 8.3 7.5 7.4 7.9 8.7 9.8 10.7 11.3 11.4 Sun 15 11.0 10.4 9.8 9.4 9.5 10.1 11.2 12.4 13.7 14.5 14.9 14.5 13.5 11.9 10.0 8.3 6.9 6.2 6.2 6.8 7.9 9.2 10.5 11.5 Mon 16 12.0 12.0 11.6 11.2 10.9 10.9 11.4 12.2 13.2 14.1 14.6 14.6 13.8 12.4 10.5 8.5 6.7 5.3 4.7 4.9 5.7 7.1 8.7 10.4 Tue 17 11.8 12.8 13.1 12.9 12.5 12.1 12.0 12.2 12.9 13.6 14.3 14.6 14.2 13.1 11.3 9.2 7.0 5.1 3.8 3.3 3.7 4.8 6.5 8.6 Med 18 10.7 12.5 13.7 14.2 14.1 13.6 13.0 12.7 12.7 13.2 13.8 14.3 14.5 13.9 12.5 10.4 8.0 5.7 3.7 2.4 2.1 2.6 4.1 6.2 Thu 19 8.7 11.2 13.3 14.7 15.2 14.9 14.3 13.5 12.9 12.9 13.3 13.9 14.4 14.5 13.7 12.1 9.7 7.1 4.6 2.5 1.3 1.1 1.9 3.8 Fri 20 6.3 9.2 12.0 14.2 15.6 15.9 15.4 14.5 13.5 12.8 12.7 13.2 13.9 14.4 14.5 13.7 11.9 9.3 6.5 3.8 1.8 0.6 0.5 1.7 Sat 21 3.9 6.8 10.0 12.9 15.1 16.2 16.2 15.4 14.3 13.1 12.4 12.4 12.9 13.7 14.4 14.6 13.7 11.8 9.1 6.1 3.4 1.4 0.3 0.5 Sun 22 2.0 4.5 7.7 11.0 13.8 15.8 16.6 16.2 15.1 13.7 12.4 11.7 11.8 12.5 13.5 14.3 14.5 13.6 11.6 8.9 6.0 3.4 1.5 0.7 Mon 23 1.2 2.9 5.7 9.0 12.2 14.8 16.4 16.6 15.9 14.5 12.8 11.5 10.9 11.1 11.9 13.0 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 Tue 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 11.8 10.4 9.9 10.2 11.2 12.4 13.3 13.6 13.0 11.3 9.0 6.6 4.6 Med 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.7 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.	Thu 12	5.9	5.3	5.4	6.3	8.0	10.2	12.3	14.1	15.2	15.4	14.8	13.7	12.2	10.8	9.8	9.4	9.6	10.2	10.9	11.5	11.6	11.2	10.2	8.9	
Sun 15	Fri 13	7.7	6.8	6.5	6.9	8.0	9.7	11.7	13.4	14.7	15.3	15.0	14.0	12.6	11.1	9.7	8.8	8.5	8.8	9.5	10.3	11.0	11.3	11.1	10.4	
Mon 16	Sat 14	9.5	8.6	8.0	7.9	8.5	9.7	11.3	12.9	14.2	15.0	15.0	14.3	13.1	11.4	9.7	8.3	7.5	7.4	7.9	8.7	9.8	10.7	11.3	11.4	
Tue 17	Sun 15	11.0	10.4	9.8	9.4	9.5	10.1	11.2	12.4	13.7	14.5	14.9	14.5	13.5	11.9	10.0	8.3	6.9	6.2	6.2	6.8	7.9	9.2	10.5	11.5	
Wed 18	Mon 16	12.0	12.0	11.6	11.2	10.9	10.9	11.4	12.2	13.2	14.1	14.6	14.6	13.8	12.4	10.5	8.5	6.7	5.3	4.7	4.9	5.7	7.1	8.7	10.4	
Thu 19 8.7 11.2 13.3 14.7 15.2 14.9 14.3 13.5 12.9 12.9 13.3 13.9 14.4 14.5 13.7 12.1 9.7 7.1 4.6 2.5 1.3 1.1 1.9 3.8 Fri 20 6.3 9.2 12.0 14.2 15.6 15.9 15.4 14.5 13.5 12.8 12.7 13.2 13.9 14.4 14.5 13.7 11.9 9.3 6.5 3.8 1.8 0.6 0.5 1.7 Sat 21 3.9 6.8 10.0 12.9 15.1 16.2 16.2 15.4 14.3 13.1 12.4 12.4 12.9 13.7 14.4 14.6 13.7 11.8 9.1 6.1 3.4 1.4 0.3 0.5 Sun 22 2.0 4.5 7.7 11.0 13.8 15.8 16.6 16.2 15.1 13.7 12.4 11.7 11.8 12.5 13.5 14.3 14.5 13.6 11.6 8.9 6.0 3.4 1.5 0.7 Mon 23 1.2 2.9 5.7 9.0 12.2 14.8 16.4 16.6 15.9 14.5 12.8 11.5 10.9 11.1 11.9 13.0 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 Tue 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 11.8 10.4 9.9 10.2 11.2 12.4 13.3 13.6 13.0 11.3 9.0 6.6 4.6 Wed 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 Sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Tue 17	11.8	12.8	13.1	12.9	12.5	12.1	12.0	12.2	12.9	13.6	14.3	14.6	14.2	13.1	11.3	9.2	7.0	5.1	3.8	3.3	3.7	4.8	6.5	8.6	
Fri 20 6.3 9.2 12.0 14.2 15.6 15.9 15.4 14.5 13.5 12.8 12.7 13.2 13.9 14.4 14.5 13.7 11.9 9.3 6.5 3.8 1.8 0.6 0.5 1.7 sat 21 3.9 6.8 10.0 12.9 15.1 16.2 16.2 15.4 14.3 13.1 12.4 12.4 12.9 13.7 14.4 14.6 13.7 11.8 9.1 6.1 3.4 1.4 0.3 0.5 sun 22 2.0 4.5 7.7 11.0 13.8 15.8 16.6 16.2 15.1 13.7 12.4 11.7 11.8 12.5 13.5 14.3 14.5 13.6 11.6 8.9 6.0 3.4 1.5 0.7 Mon 23 1.2 2.9 5.7 9.0 12.2 14.8 16.4 16.6 15.9 14.5 12.8 11.5 10.9 11.1 11.9 13.0 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 Tue 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 11.8 10.4 9.9 10.2 11.2 12.4 13.3 13.6 13.0 11.3 9.0 6.6 4.6 Wed 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Wed 18	10.7	12.5	13.7	14.2	14.1	13.6	13.0	12.7	12.7	13.2	13.8	14.3	14.5	13.9	12.5	10.4	8.0	5.7	3.7	2.4	2.1	2.6	4.1	6.2	
Sat 21 3.9 6.8 10.0 12.9 15.1 16.2 16.2 15.4 14.3 13.1 12.4 12.9 13.7 14.4 14.6 13.7 11.8 9.1 6.1 3.4 1.4 0.3 0.5 sun 22 2.0 4.5 7.7 11.0 13.8 15.8 16.6 16.2 15.1 13.7 12.4 11.7 11.8 12.5 13.5 14.3 14.5 13.6 11.6 8.9 6.0 3.4 1.5 0.7 mon 23 1.2 2.9 5.7 9.0 12.2 14.8 16.4 16.6 15.9 14.5 12.8 11.5 10.9 11.1 11.9 13.0 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 mon 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 11.8 10.4 9.9 10.2 11.2 12.4 13.3 13.6 13.0 11.3 9.0 6.6 4.6 mon 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 mon 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 mon 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Thu 19	8.7	11.2	13.3	14.7	15.2	14.9	14.3	13.5	12.9	12.9	13.3	13.9	14.4	14.5	13.7	12.1	9.7	7.1	4.6	2.5	1.3	1.1	1.9	3.8	
Sun 22 2.0 4.5 7.7 11.0 13.8 15.8 16.6 16.2 15.1 13.7 12.4 11.7 11.8 12.5 13.5 14.3 14.5 13.6 11.6 8.9 6.0 3.4 1.5 0.7 Mon 23 1.2 2.9 5.7 9.0 12.2 14.8 16.4 16.6 15.9 14.5 12.8 11.5 10.9 11.1 11.9 13.0 13.9 14.1 13.3 11.5 8.9 6.2 3.8 2.1 Tue 24 1.6 2.4 4.4 7.3 10.5 13.4 15.6 16.6 16.4 15.3 13.6 11.8 10.4 9.9 10.2 11.2 12.4 13.3 13.6 13.0 11.3 9.0 6.6 4.6 Wed 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 Sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Fri 20	6.3	9.2	12.0	14.2	15.6	15.9	15.4	14.5	13.5	12.8	12.7	13.2	13.9	14.4	14.5	13.7	11.9	9.3	6.5	3.8	1.8	0.6	0.5	1.7	
Mon 23	Sat 21	3.9	6.8	10.0	12.9	15.1	16.2	16.2	15.4	14.3	13.1	12.4	12.4	12.9	13.7	14.4	14.6	13.7	11.8	9.1	6.1	3.4	1.4	0.3	0.5	
Tue 24	Sun 22	2.0	4.5	7.7	11.0	13.8	15.8	16.6	16.2	15.1	13.7	12.4	11.7	11.8	12.5	13.5	14.3	14.5	13.6	11.6	8.9	6.0	3.4	1.5	0.7	
Wed 25 3.3 3.2 4.2 6.4 9.2 12.1 14.6 16.2 16.6 15.9 14.4 12.5 10.6 9.3 8.8 9.2 10.2 11.5 12.5 13.0 12.5 11.2 9.4 7.4 Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 Sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Mon 23	1.2	2.9	5.7	9.0	12.2	14.8	16.4	16.6	15.9	14.5	12.8	11.5	10.9	11.1	11.9	13.0	13.9	14.1	13.3	11.5	8.9	6.2	3.8	2.1	
Thu 26 5.8 5.0 5.2 6.4 8.5 11.1 13.5 15.5 16.4 16.3 15.2 13.4 11.4 9.5 8.2 7.8 8.2 9.3 10.6 11.7 12.3 12.1 11.3 9.9 Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Tue 24	1.6	2.4	4.4	7.3	10.5	13.4	15.6	16.6	16.4	15.3	13.6	11.8	10.4	9.9	10.2	11.2	12.4	13.3	13.6	13.0	11.3	9.0	6.6	4.6	
Fri 27 8.5 7.4 7.0 7.3 8.6 10.5 12.7 14.6 15.8 16.2 15.6 14.2 12.3 10.2 8.3 7.1 6.8 7.3 8.3 9.6 10.9 11.7 11.9 11.6 sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Wed 25	3.3	3.2	4.2	6.4	9.2	12.1	14.6	16.2	16.6	15.9	14.4	12.5	10.6	9.3	8.8	9.2	10.2	11.5	12.5	13.0	12.5	11.2	9.4	7.4	
Sat 28 10.8 9.9 9.2 9.0 9.4 10.6 12.1 13.7 15.0 15.7 15.7 14.8 13.1 11.1 9.1 7.3 6.2 5.9 6.4 7.4 8.7 10.1 11.3 12.0 sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Thu 26	5.8	5.0	5.2	6.4	8.5	11.1	13.5	15.5	16.4	16.3	15.2	13.4	11.4	9.5	8.2	7.8	8.2	9.3	10.6	11.7	12.3	12.1	11.3	9.9	
Sun 29 12.1 11.8 11.3 10.9 10.7 11.1 12.0 13.1 14.2 15.0 15.3 14.9 13.7 12.0 10.0 8.0 6.4 5.4 5.2 5.6 6.6 8.0 9.6 11.0 Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Fri 27	8.5	7.4	7.0	7.3	8.6	10.5	12.7	14.6	15.8	16.2	15.6	14.2	12.3	10.2	8.3	7.1	6.8	7.3	8.3	9.6	10.9	11.7	11.9	11.6	
Mon 30 12.2 12.8 12.9 12.6 12.3 12.1 12.2 12.8 13.5 14.1 14.6 14.6 14.0 12.7 10.9 8.9 7.0 5.6 4.7 4.6 5.1 6.3 7.9 9.6	Sat 28	10.8	9.9	9.2	9.0	9.4	10.6	12.1	13.7	15.0	15.7	15.7	14.8	13.1	11.1	9.1	7.3	6.2	5.9	6.4	7.4	8.7	10.1	11.3	12.0	
	Sun 29	12.1	11.8	11.3	10.9	10.7	11.1	12.0	13.1	14.2	15.0	15.3	14.9	13.7	12.0	10.0	8.0	6.4	5.4	5.2	5.6	6.6	8.0	9.6	11.0	
Tue 31 11.3 12.7 13.6 13.9 13.7 13.3 12.9 12.8 13.0 13.4 13.8 14.1 13.9 13.1 11.7 9.9 8.0 6.2 4.8 4.1 4.1 4.9 6.3 8.1	Mon 30	12.2	12.8	12.9	12.6	12.3	12.1	12.2	12.8	13.5	14.1	14.6	14.6	14.0	12.7	10.9	8.9	7.0	5.6	4.7	4.6	5.1	6.3	7.9	9.6	
	Tue 31	11.3	12.7	13.6	13.9	13.7	13.3	12.9	12.8	13.0	13.4	13.8	14.1	13.9	13.1	11.7	9.9	8.0	6.2	4.8	4.1	4.1	4.9	6.3	8.1	

### Get to know the Sechelt Public Library

Leianne Emery Sechelt Public Library director

Over 32 years ago, the small original library building in Sechelt was staffed with one full-time and two part-time employees that were helped by many volunteers.

Books (and some cassettes) were the only items on the shelves while a DOS-based computer served the entire library's needs.

Staff physically searched through a card catalogue to find books.

Today, the Sechelt Public Library sits adjacent to the Sechelt Aquatic Centre and has 14 full-time, part-time and casual staff and, still, many invaluable volunteers.

Over 45,000 books adorn the shelves but the cassettes, since replaced with CDs, are almost gone.

The library provides a variety of in-house and lendable computers, laptops and tablets.

They have replaced any need for the card catalogue – which is now a much sought-after antique piece.

What has not changed is that when someone wants to know something, they still call a library.

It is a trusted go-to source for almost everything.

Every staff member at the SPL strives to be professional and are passionate about making a positive difference in people's daily lives.

The many programs and events, unique services, books and other interesting library items are all free.

A library's impact is boosted even more when partnered with community organizations.

In the Sunshine Coast Literacy Coalition, the library enjoys a joint membership with the Pender Harbour Community School while many of our "Books for Babies" bags were sent to the Pender Harbour Health Centre for distribution to new parents in the community.

For some time now, the library has enjoyed a good working relationship with Karen Dyck and her team at the Pender Harbour Reading Centre.

The two groups have collaborated on many things including COVID rules, protocols, Wi-Fi sharing areas, Wi-Fi funding, marketing and promotion for PHRC fundraisers, summer reading club, memberships, free "Books for Babies" and a weekly courier service between Sechelt Library and the reading centre for items.

With a Sechelt library card, Area A residents can have the following items from the Sechelt Library collection sent up to the reading centre, and delivered back as well:

- Books, large print books, audiobooks, paperbacks, CDs, DVDs, graphic novels and magazines from our collection;
- Popular surprise packages full of books that we personally choose for the PHRC, and
- The "Books for Babies" package for those who had a baby in 2022.

Of course, we'd love for more upper Coast residents to come into the library and take part in activities, personal one-on-one services (like technology assistance and accessibility assistance), use our free genealogical databases for or be tempted by the many incredible items we have on display, including ukuleles, STEAM kits, radon detection kits, Samsung tablets or Brain Games.

Did you know that you can also officially designate someone on your library card to pick up items for you?

Even from your home and with just a simple library card, you can read or listen to books online (Library2Go), enjoy newspapers and magazines from around the world (Press Reader), learn another language (Mango), find French language books (Bibliotèque Numérique), take online courses (Gale and Linked-In Learning), read and research from BC historical newspapers and much more.

As a public library association, we are governed by a board of directors that for 2022 included Leonard Lee, SCRD Area A director, as a representative on our library board.

The Sechelt Library serves a population of about 20,000 people between Egmont and Sechelt.

And just a phone call away. To contact the Sechelt Public Library, call (604) 885-3260 or visit sechelt.bc.libraries.coop/.



Calendar listings are provided free of charge by the Harbour Spiel. Send information to editor@harbourspiel.com by the 15th of the month.

## JANUARY

Sun. Jan. 1.....New Year's Day

Mon. Jan. 9......Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Thurs. Jan. 12.....SCRD Committee of the Whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. Jan. 12.....SCRD regular board meeting - SCRD boardroom, 2 p.m.

Wed. Jan. 18......P. H. and Egmont Chamber of Commerce AGM - via Zoom, 4:30 p.m.

Thurs. Jan. 19.....SCRD electoral services area meeting - SCRD boardroom, 9:30 a.m.

Sat. Jan. 21......Celebration of Robbie Burns - Royal Canadian Legion No. 112, 6 p.m.

Mon. Jan. 23......Pender Harbour food bank pickup - P. H. Community Church, 11 a.m. to 12:30 p.m.

Tues. Jan 24......P. H. Women's Connection New Year kickoff - P.H. School of Music, doors 9:30 a.m.

Thurs. Jan. 26.....SCRD Committee of the Whole meeting - SCRD boardroom, 9:30 a.m.

Thurs. Jan. 26.....Harbourside Friendships - P. H. Community Hall, 10:30 a.m.

Thurs. Jan. 26.....SCRD regular board meeting - SCRD boardroom, 2 p.m.

Sun. Jan. 29.......P. H. Music Society presents Clanna Morna, P. H. School of Music, 2 p.m.

Harbour Spiel Trivia Answers:

1. d

2. a

3. b

4. a

5. a

6. c



## FERRY DEPARTURES

Crossing time: Langdale 40 min./Earl's Cove 50 min.

Ticket sales end 10 min. before sailing for foot passengers, 5 min. before for vehicles.

Service schedules change regularly, visit **www.bcferries.com** for current schedules.

It is never too late to be what you might have been.



**Garage Doors** 

**Driveway Gates** 

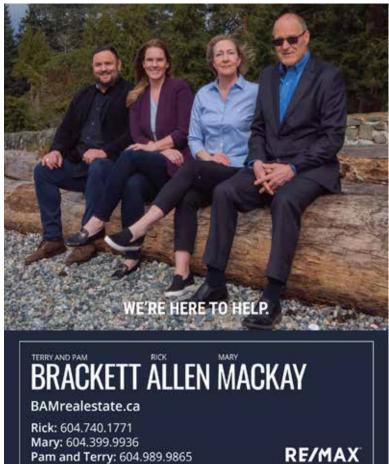
**Automatic Doors** 

Commercial/Industrial Doors of all types

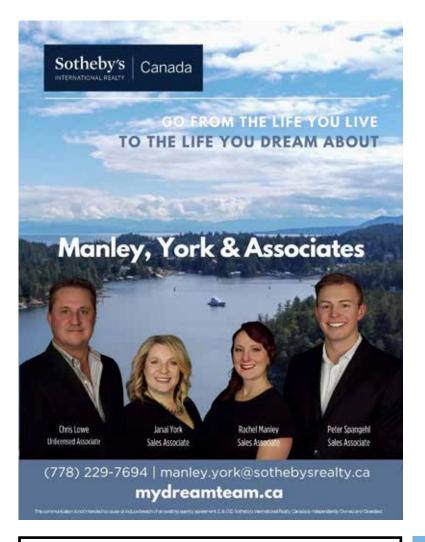
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What could you have advertised here?















#### **BACKEDDY RESORT & MARINA**

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Email **phevg@harbourspiel.com** to reserve space in the 2023 edition — out April15!